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# **American Wildcelery (Vallisneria americana): Ecological Considerations for Restoration**

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# Contents

# American Wildcelery (Vallisneria americana): Ecological Considerations for Restoration

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#### Abstract

The success of vegetation management programs for waterfowl is dependent on knowing the physical and physiological requirements of the target species. Lakes and riverine impoundments that contain an abundance of the American wildcelery plant (*Vallisneria americana*) have traditionally been favored by canvasback ducks (*Aythya valisineria*) and other waterfowl species as feeding areas during migration. Information on the ecology of *V. americana* is summarized to serve as a guide for potential wetland restoration projects. Because of the geographic diversity and wetland conditions in which *V. americana* is found, we have avoided making hard-and-fast conclusions about the requirements of the plant. Rather, we present as much general information as possible and provide the sources of more specific information. *Vallisneria americana* is a submersed aquatic plant that has management potential. Techniques are described for transplanting winter buds from one location to another. Management programs that employ these techniques should define objectives clearly and evaluate the water regime carefully before initiating a major effort.

Habitat management projects for restoring and managing lakes and riverine impoundments for waterfowl in general, and canvasback (*Aythya valisineria*) migration and wintering habitats in particular, have led to a better understanding of one of the most important components of this habitat—the American wildcelery plant (*Vallisneria americana*). We compile and summarize information related to the ecology of American wildcelery and provide recommendations for its propagation. Habitat management programs based on natural succession patterns and an understanding of ecological tolerances of target species produce the most ecologically and economically sound results.

According to Cottam (1939), the scientific name of the canvasback derives from association with the American wildcelery plant. McAtee (1917) wrote about the value of this plant as a waterfowl food.

"The names wildcelery and canvasback duck have been closely associated in the annals of American

sport. To a certain extent this association is justified, since the canvasback evidently is very fond of the subterranean propagating buds of this plant. However, the assertion that the flavor of the canvasback is superior to that of any other duck and that this depends on a diet of wildcelery is not proved, to say the least. The scaups, or bluebills, and the redhead also are very fond of wildcelery, and are fully as capable of getting the delicious buds as is the canvasback. Several other ducks get more or less of this food, the writer finding that even the scoters on a Wisconsin lake in fall lived almost exclusively on it for the time. All parts of the plant are eaten by ducks, but the tender winter buds and rootstocks are relished by most. Wildcelery buds can usually be obtained only by the diving ducks, as the bluebills, redhead, canvasback, and scoters. The nondiving species, as the mallard, black duck, baldpate and the geese, get an occasional bud, but more often they feed upon the leaves. Wild fowl not thus far specifically mentioned which also feed upon wildcelery include wood ducks, pintail, ruddy duck, buffle-head, whistler, green-winged and blue-winged teals, greater and lesser scaups or bluebills, white-winged and surf scoters, and whistling swan."

F.



Fig. 1. Schematic of Vallisneria americana (Donnermeyer 1982). (About 0.25 scale.)

# Description

#### Taxonomy

Often referred to as wildcelery, tape grass, or eel-grass, Vallisneria americana (Michx.) is a dioecious (bearing staminate and pistillate flowers on different plants) freshwater perennial aquatic plant having fibrous roots (Lowden 1982). Along with Limnobium spongia and Elodea spp., American wildcelery belongs to the Hydrocharitaceae family.

In 1803 Michaux first described the North American Vallisneria plant as a distinct species, Vallisneria americana (Fernald 1918). However, many authors (e.g., Gray 1848, 1874; Chapman 1883; Britton and Brown 1913) named the plant a variety of the European species V. spiralis. Flower morphology and differences in pollination appear to be the major differences between the two species (Svedelius 1932; Kausik 1939). Sculthorpe (1967) suggested that V. americana may be a geographical race of V. spiralis. Current treatment recognizes the North American population as a separate species under the name V. americana (Lowden 1982). Lowden (1982) lists probable synonyms for V. americana Michaux var. americana as V. spiralis, V. gigantea, V. asiatica, V. subulispatha, V. neotropicalis, V. higoensis, and V. natans.

#### Morphology

Vallisneria americana has linear submerged or floating leaves that are strap- or tape-shaped (Fig. 1), and may extend 2 m or more depending on water depth. The stem is vertical with a short axis and bears stolons. Lowden (1982), who provided a detailed morphological description of V. americana from many North American locations, recognized both narrow- and broad-leaved forms of V. americana. In the former, leaves are less than 10 mm wide with 3-5 prominent longitudinal veins and margins entire to finely toothed. The leaf blade has perceivable to invisible transverse pigmented striations. This form is found in freshwater inland waterways, lakes, and lagoons. The broad-leaved form has leaves 10-25 mm wide with 5-9 veins and conspicuously toothed margins. The leaf blade has many visible transverse pigmented striations. This form is found in coastal freshwater inlets or spring-fed waterways subject to nearly constant temperatures. Many of these areas receive brackish water at high tide.

#### Distribution

Vallisneria americana is found primarily in eastern North America, occurring west from Nova Scotia to South Dakota and south to the Gulf of Mexico (Fassett 1957). The plant has recently been reported in the western States of Washington, Nebraska, New Mexico, and Arizona (Lowden 1982; Fig. 2). Table 1 provides specific citations of selected distribution records throughout its geographical range.

# Reproduction

Although V. americana is a plant capable of both asexual and sexual reproduction, it lives in a habitat where asexual reproduction is apparently favored (Titus and Stephens 1983).



Fig. 2. Distribution of Vallisneria americana in North America: bisexual populations with solitary female flowers (solid circles), umbel or spikelike inflorescences (triangles), and representative unisexual or sterile collections (open circles; Lowden 1982).

#### Sexual

The pistillate flower is borne on a pedicel that increases length by cell elongation to carry the flower to the airwater interface for pollination in late summer (Donnermeyer 1982). Male inflorescences are borne submerged in the axils of leaves. Each inflorescence consists of about 2,000 flowers, each less than 1 mm long (Wylie 1917).

Location	Source	Page	Annotation
New England	Crow and Hellquist 1982	13	Shows distribution in six States
Maine	Seymour 1969a	53	Occasional; ponds and rivers with muddy or sandy bottoms in Oxford, Kennebec, and Androscoggin Counties
	Bean et al. 1948	9	Found in Penobscot, Somerset, Oxford, Washington, Waldo, Androscoggin, Sagadahoc, Kennebec, and York Counties
Vermont	Seymour 1969b	44	Occasional in ponds and rivers of Franklin, Chittenden, Groton, Addison, and Rutland Counties
New Hampshire	Seymour 1969a	53	Occasional; ponds and rivers with muddy or sandy bottoms in Coos County
Massachusetts	Seymour 1969a	53	Occasional; ponds and rivers with muddy or sandy bottoms in Essex, Middlesex, Bristol, and Hampden Counties
Connecticut	Seymour 1969a	53	Occasional; ponds and rivers with muddy or sandy bottoms in New London, Hartford, and Litchfield Counties
Delaware	Tatnall 1946	17	Common in ponds and slow streams of the Coastal Plain
Pennsylvania	Wherry et al. 1979	26	Shows State distribution
New York	Ogden 1974	13	Quiet water of ponds and slow streams, usually with muddy
	-8		or sand and coarse silt bottoms
		41	Shows State distribution
Rhode Island	Seymour 1969a	53	Occasional; ponds and rivers with muddy or sandy bottoms
			in Little Compton and South Kingston
Maryland	Haramis and Carter 1983		Distribution in the tidal Potomac River
Virginia	Massey 1961	22	Found in quiet waters of Accomac, Arlington, Northhamp- ton, and Princess Ann Counties
West Virginia	Strausbaugh and Core 1970	64	Found in the Cacapon, Gauley, Greenbriar, Little Kanawha, and Ohio rivers and other streams and springs of the State (Calhoun, Greenbriar, Hampshire, Hardy, Marion, Mono- galia, Ohio, Pocahontas, Summers, Tucker, and Webster Counties)
North Carolina	Beal 1977	72	Infrequent in lakes, streams, and sounds of the Coastal Plain
	Radford et al. 1968	56	Shows State distribution
South Carolina	Radford et al. 1968	56	Shows State distribution
Florida	Godfrey and Wooten 1979	74	Found in many of the large springs and spring-fed streams in which the water is cool and remains at very nearly a constant temperature (about 21° C) throughout the year
	Burkhalter et al. 1973	63	Thrives in many spring-fed streams throughout Florida
Louisiana	Chabreck and Condrey 1979	106	Locally abundant in bayous, ponds, and lakes with salinities ranging from fresh to brackish
Mississippi	Jones 1974	366	Found in freshwater streams near the coast that may be brackish at high tides
		368	Shows State distribution
Kentucky	Braun 1943	_	Found in Kentucky River
Tennessee	Sharp et al. (n.d.)	2	Found in water bodies of valleys of East Tennessee and the Cumberland Plateau
Indiana	Deam 1940	92	Infrequent to common in the lakes of the area; shows State distribution
Ohio	Cooperrider 1982	41	Found in shallow to deep quiet water ponds, lakes, and rivers; bays of western Lake Erie, northeast, and scattered elsewhere
	Braun 1967	60	Shows State distribution
Upper Mississippi River	Minor et al. 1977	T2-11	Distribution on photomaps of Navigation Pools 2-10
	Hagen et al. 1977	T2-27	Distribution on photomaps of Navigation Pools 11-26

Table 1. Annotations on the distribution of Vallisneria americana.

Table 1. Continued.

Location	Source	Page	Annotation
	Mohlenbrock 1983	221	Distribution records for counties bordering the Upper Missis- sippi River in Minnesota, Wisconsin, Illinois, Iowa, and Missouri
Illinois	Mohlenbrock and Ladd 1978		Shows State distribution
	Ladd and Mohlenbrock 1983	18	Adds to citation above
	Winterringer and Lopinot 1977	106	Distributed in northern part of the State
Missouri	Steyermark 1975	67	Found mostly in streams (Meramec, Gasconade, Black, and Current river drainage of the Ozarks); locally introduced north of the Missouri River in Boone County
Iowa	Beal and Monson 1954	26	Shows State distribution
	Crum and Bachman 1973	152	Table showing abundance in northwestern Iowa lakes
	Lammers and Van Der Valk 1979	141	Shows State distribution
Michigan	Voss 1972	106	Shows State distribution
•	Schloesser and Manny 1982	_	Distribution in the St. Clair-Detroit River
Wisconsin	T. Cochrane (personal communication)		Shows State distribution
Wisconsin	Zimmerman 1953	12	Distribution in selected lakes
Minnesota	Game Lake Surveys, Minn. Dep. Nat. Resour. (unpublished)	-	Distribution in game lakes
	Ownbey and Morley (personal communication)	_	Shows State distribution
	Moyle and Hotchkiss 1945	42	Common in lakes and larger streams throughout the State except in the southwest and extreme west
North Dakota	Stevens 1963	52	Only record is from Wood Lake, Benson County
Texas	Correll and Johnston 1970	102	In lakes and beds of flowing streams, rare in the eastern half of State
Arizona	Correll and Correll 1975	161	Recently discovered in Maricopa County
New Mexico	Martin and Hutchins 1981	95	Shows State distribution
	Correll and Correll 1975	161	Found in Rio Arriba County
Washington	Hitchcock et al. 1977	153	Introduced in Dry Fall Coulee (Grant County) and Lakes Washington, Terrell, Shaver, and Hicks
Manitoba	Scoggan 1978	217	Found north to Elphinstone about 80 km northwest of Brandon
Ontario	Scoggan 1978	217	Found north to Lakes Nipigon and Abitibi
Quebec	Scoggan 1978	217	Found north to Lake Timiskaming and the Quebec City District
New Brunswick	Scoggan 1978	217	Found near St. John

Upon maturity, the male flowers break from the pedicels and float to the surface (Kaul 1970). The male flowers are spread about by air and water currents on the surface where they may encounter a female flower. Male flowers may be captured inside the perianth of the female flower as it closes during temporary immersion by a wave (Sculthorpe 1967). After pollination the pedicel contracts into a spiral, thus retracting the flower underwater where fruit development takes place. In late summer or early fall, some of the fruit capsules rupture and release a gelatinous matrix containing seeds. This mass settles to the bottom in close proximity to the parent plant (Kaul 1978). Other fruits do not rupture until the plants have broken free of the substrate and floated away, thereby providing a dispersal mechanism (J. E. Titus and C. E. Korschgen, unpublished data). Choudhuri (1966) determined that  $30-35^{\circ}$  C (86-95° F) was the optimum germination temperature for V. spiralis seeds near Varanasi, India. He concluded that germination was favored by a shortened day but was not affected by light intensity. Muenscher (1936) however, found that seeds of V. americana exposed to bright light were slow to germinate, whereas those kept in diffuse light germinated more uniformly. Dried seeds gave almost no germination.

During the 1978 growing season in Chenango Lake, New York, only 24% of the V. americana rosettes sampled by Titus and Stephens (1983) flowered, yielding a population mean of less than 0.6% of dry weight allocated to sexual reproduction. Zamuda (1976) noted no germination from V. americana seeds in the Pamlico River estuary, North Carolina. However, at seven deep-water stations (4.2–6.2 m) in Douglas Lake, Michigan, Bromley (1967) found growing V. americana that had seed coats still attached to the rooting structures, thus indicating origin from seeds. C. E. Korschgen (unpublished data) has observed seedlings in Lake Onalaska of the Upper Mississippi River.

#### Asexual

Shoots of V. americana emerge in late spring from overwintering buds (morphologically called turions). Winter buds become dormant during winter and resume growth in spring when water temperatures reach 10-14° C (Zamuda 1976). Winter buds are buried in the sediment about 8-10 cm in Lake Mendota, Wisconsin (Titus 1977) and 5-27 cm (mean 15 cm) in the Potomac River (Carter et al. 1985) but depth is governed by the type of substrate. In very organic sediments, the buds might be buried more than 15 cm (C. E. Korschgen, unpublished data). In spring, the second internode of the winter bud elongates to form a stolon that carries a compact rosette of ribbonlike leaves to the sediment-water interface (Wilder 1974). In a favorable experimental environment, one winter bud may produce as many as 20 rosettes during a growing season (C. E. Korschgen, unpublished data). The ribbonlike leaves usually reach the water surface (water depth, 95-120 cm) in early to midsummer at southern Wisconsin latitudes (Donnermeyer 1982). Near the close of the growing season in late summer, the production of rosettes ceases and some rosettes develop one or more winter buds on stolons (Fig. 3) that grow down into the sediment (Titus and Stephens 1983). After winter bud formation, the remaining stem tissue degenerates, breaks free of the substrate, and floats until it decomposes (Titus and Adams 1979a).



Fig. 3. Gross morphology of *Vallisneria americana* winter buds (from Donnermeyer 1982). (About 1.5 scale.)

### Phenology

Donnermeyer (1982) observed the following phenology for V. americana in Navigation Pool 9 of the Upper Mississippi River: Production was low early in the growing season. Primary production increased by midsummer and peaked during the second half of July. Maximum seasonal biomass was observed at the beginning of September. The greatest rate of shoot production occurred from late June to mid-July. The maximum nonphotosynthetic production (stolons and winter buds) rate was from mid-August to early September.

Titus and Stephens (1983) reported the following changes in proportional distribution of biomass within V. americana beds in Chenango Lake, New York: In late May, stems elongated from winter buds to produce small, leafy rosettes, at which time winter buds constituted the largest plant fraction by dry weight. Leaves dominated the plant biomass from mid-June through early August. Winter buds again rose to importance by late August just before the senescence of other plant parts. By mid-June, roots composed 13% of total plant biomass and continued to do so until the end of August. During the same period, stolons constituted 12–15% of total plant biomass. Flowers and fruits that developed in late summer usually did not exceed 0.6% of total plant biomass.

During the 1978 growing season in Chenango Lake, New York, V. americana winter buds accounted for 11% of total dry weight (Titus and Stephens 1983). Asexual reproduction was at least an order of magnitude greater than sexual reproduction in Chenango Lake.

# Ecology

# Water Depth and Turbidity

In plotting the depths of V. americana against secchi disk transparencies (Fig. 4), Davis and Brinson (1980)



Nicholson and Aroyo 1975

Crum ond Bochmonn 1973

Sheldon and Boylen

Hunt 1963

Rickett 1924

Wilson 1935

Wilson 1935

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found it has the capacity to maintain a relatively high biomass in turbid systems. Davis and Carey (1981) suggested that this species may even spread with perturbations that increase turbulence. Vallisneria americana increased in lower Currituck Sound, North Carolina, in 1978 during conditions of increased turbidity (Davis and Brinson 1980). In contrast, tropical storm Agnes, which struck the East Coast in 1972, was cited as a factor in the decrease of V. americana in different portions of Chesapeake Bay (Bayley et al. 1978; Kerwin et al. 1976). The main effects were increased turbidity and uprooting of plants. Bourn (1932) also believed that the turbidity levels existing in Back Bay and Currituck Sound during the late 1920's and early 1930's prohibited growth of submerged macrophytes.

Vallisneria americana may be disadvantaged in deep turbid water because of its limited elongation potential resulting in inability to concentrate photoreceptive biomass

at or near the water surface in low light environments (Barko et al. 1984). Vallisneria americana compensates for possibly disadvantageous morphological features (in comparison with a plant such as Myriophyllum) by a greater physiological adaptability to low light regimes (Titus and Adams 1979b). This species was the most shade-adapted of five macrophytes studied by Meyer et al. (1943). In Trout Lake, Wisconsin, V. americana was found growing in 4.5 m of water where the light intensity was 4.5% of that at the surface (Spence and Chrystal 1970a, 1970b). Vallisneria americana is light adaptable; it acclimates rapidly to increasing light and efficiently uses low light (Titus and Adams 1979b). Plants emerging from winter buds under laboratory conditions have the ability to elongate to a mean length of 44.0 cm in total darkness (C. E. Korschgen, unpublished data).

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Hunt (1963) found 30-150 cm to be the optimum depth for growth of V. americana in the Detroit River,

CONWAY LAVE (W POOL), FLA

PAMLICO RIVER, N.C.

Crum and Bachmann 1973

Dovis and Brinson 1976

Noll and Schardt, unpubl

Nall and Schardt, unpubl

Bourn 1932

Sincock 1965

BACK

POOLJ, FLA

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CONWAY LAKE

Michigan, although the plant occurred as deep as 335 cm. Vallisneria americana exhibited a constant decrease in the rate of apparent photosynthesis with an increase in depth of immersion, but it maintained an appreciable rate of photosynthesis (25% of that at the surface) to a depth of 10 m, where light intensity was 0.5% of that at the surface (Meyer et al. 1943). Carter and Rybicki (1985) observed that the water depth in which most V. americana was growing was above or slightly below the 10% photic zone as determined from spring measurements. The deepest spring biomass occurred where the photic zone was about 5% of the surface measurements.

#### Hydrostatic Pressure

Hydrostatic pressure, rather than light availability, probably controls maximum depth distribution of aquatic macrophytes, according to Davis and Brinson (1980). They concluded that 6 to 7 m is the maximum depth for *V. americana*. The plant is commonly found at depths of 1–5 m and densities of 100–1,000 rosettes/m<sup>2</sup> in Lake George, New York; densities at maximum depth (7 m) were 16–400 rosettes/m<sup>2</sup> (Sheldon and Boylen 1977).

#### Substrate

Vallisneria americana grows in substrates ranging from gravel to hard clay, but grows best in silty sand (Hunt 1963). The plant seemed to grow as well in mud as in sand in Lake Mendota, Wisconsin (Denniston 1921); however, V. americana was restricted to sandy-textured sediment of University Bay, Lake Mendota in 1966 (Lind and Cottam 1969). Hunt (1963) believed that only an impervious substrate or a soft, shifting one prevented establishment of V. americana. In Lake Onalaska. Wisconsin, Navigation Pool 7 of the Upper Mississippi River, V. americana beds are distributed over substrates of all textures and degrees of organic matter (G. A. Jackson and C. E. Korschgen, unpublished data). Vallisneria americana grows in organic, peatlike substrates at Rice Lake National Wildlife Refuge in central Minnesota (C. E. Korschgen, unpublished data). In the tidal Potomac River, the majority of winter buds were between 10 and 20 cm deep in silty clay and between 5 and 15 cm in sand (Rybicki and Carter 1986). Laboratory experiments by Carter et al. (1985) showed that emergence of winter buds was affected by the depth of the substrate. Most winter buds emerged from the substrate when buried by 15 cm of sediment. Only 25% emerged when covered with 20 cm of sediment, and none emerged when covered with 25 to 55 cm of sediment.

#### Temperature

Barko et al. (1982, 1984) found that the growth of V. americana was severely restricted at water temperatures less than 20° C. Vallisneria americana grew at water temperatures of 19 to  $31.5^{\circ}$  C in the Detroit River (Hunt 1963) and 22.7 to  $26.3^{\circ}$  C in Lake Erie (Meyer et al. 1943). In laboratory tests (Wilkinson 1963) V. americana grew best within a water temperature range of 33 to  $36^{\circ}$  C; below 19° C arrested growth occurred and above 50° C plants became limp and disintegrated. Vallisneria americana has not been found to overwinter in green form in Lake Mendota, Wisconsin (Lind and Cottam 1969).

Water temperature effected a greater range of response in *V. americana* leaf length than did light. However, at water temperatures of 20° C or more, overall *V. americana* biomass production and shoot density generally increased with increasing light, particularly between low and middle light levels (Barko et al. 1982). Total chlorophyll in *V. americana* increased with decreasing irradiance irrespective of temperature, but total chlorophyll content increased with rising temperature (from 12 to 32° C at 4 Celsius degree increments) at all light levels (Barko and Filbin 1983).

#### Flow

Vallisneria americana is common in both lotic and lentic water bodies. Rooted plants that occur in moving water have tough, flexible stems or leaves, a creeping growth habit, frequent adventitious roots, and vegetative reproduction (Hynes 1970). The plant's greater allocation of biomass to below-sediment parts may allow the species to maintain itself in shallow water having relatively great wave action (Titus and Adams 1979a). McAtee (1939) recommended planting V. americana in quiet to slight-current waters. Some current is usually necessary for V. americana growth (Moyle and Hotchkiss 1945).

#### Water Chemistry

Aquatic macrophytes have wide tolerances to water chemistry regimes (Pip 1979; Hellquist 1980), and V. americana is no exception. The plant may tolerate a broader range of water chemistry characteristics than those discussed here; the published information is influenced by the lakes available for study. Only a few field and laboratory studies have been conducted to determine the exact tolerance limits of V. americana.

	Alkali	nity (mg/L)	рН		
Location (no. of sites)	Mean	Minmax.	Mean	Minmax.	Source
New England (38)			7.4	5.8-10.2	Crow and Hellquist 1982
Lake Erie				6.8-8.9	Meyer et al. 1943
Lake Erie		71-94			Hunt 1963
Detroit River, Michigan				6.5-9.0	Hunt 1963
Back Bay, Virginia				6.8-8.9	Chamberlain 1948
Wisconsin (2)				5.7-7.8	Wilson 1935
Northeastern Wisconsin (3)		18-34		7.3-9.0	Fassett 1930
Pool 7, Upper Mississippi River	133	87-175	8.0	8.0-9.2	Dawson et al. 1984
Minnesota (55)			8.2	7.0-8.9	Moyle 1945
Minnesota		19- <b>27</b> 7			Moyle 1945
Minnesota		<40-200		6.8-8.8	Moyle and Hotchkiss 1945
Lake Opinicon, Ontario		80-93		7.7-8.5	Crowder et al. 1977
Central Canada (141)	80	10-200			Pip 1979
Ontario lakes (5)				5.5-7.0	Harvey et al. 1981

Table 2. Literature references to alkalinity and pH of aquatic habitat for American wildcelery (Vallisneria americana).

#### Alkalinity

Bourn (1934), citing studies conducted in North Dakota and Nebraska, concluded that V. *americana* does not grow in saline or alkaline lakes typical of western watersheds. Other reports list alkalinity (mg/L) in water bodies where V. *americana* is found (Table 2).

#### pН

Titus and Stone (1982) found that the dissolved inorganic carbon (used in photosynthesis) uptake rates by V. americana declined with increasing pH. The uptake rate declined by 61% from pH 7 to 8, but changed only slightly from pH 8 to 9. Vallisneria plant weight, number of rosettes per plant, and number of buds per plant were found to decrease with declining pH (Hoover 1984; Grise 1983). Vallisneria americana is rarely reported growing in lakes with pH values below 6. Grise et al. (1986) found that at pH 5 iron and aluminum toxicity may limit plant growth. In laboratory experiments in which plants were grown at pH 5 the leaf tips browned and senesced prematurely and winter buds were small and less able to support growth the following spring. Other references to pH in water bodies where V. americana are found are in Table 2.

#### Salinity

Although V. americana is considered a freshwater plant, it will grow in water that has elevated salt concentrations (Hunt 1963). Salt content of water consists principally of chloride, sulfate, sodium, magnesium, and calcium (Todd 1970). Vallisneria americana has survived in salt concentrations as great as 20% (7,000 ppm) of seawater and thrived at 12% (4,200 ppm; Bourn 1934). Distribution of submerged aquatic vegetation in Chesapeake Bay tends to be determined by a salinity regime. The plant is found in areas where salinity is 3,000 to 5,000 ppm (Steenis 1970). Haller et al. (1974) determined that water with more than 6,660 ppm salinity is toxic to V. americana. Haramis and Carter (1983) found V. americana to be the only plant to persist in the transition zone of the Potomac River where the salinity was 500 to 10,000 ppm; it grew at 10,000 ppm but died and decayed at 13,500 ppm (Carter et al. 1985). Vallisneria americana did not grow in Potomac River water, which had a chlorine content equivalent to 6,000 to 8,000 ppm of sodium chloride (Martin and Uhler 1939).

Sincock (unpublished report) concluded that V. americana plants in Currituck Sound were capable of tolerating higher salinities when grown in a silt substrate rather than sand. This difference is possibly due to high cation exchange in silt soils that protect the root structure. Sand substrates are not found to have the same buffering capacity.

#### Other

Water samples were analyzed monthly from Pools 7 and 8 navigation channel area of the Upper Mississippi River for 10 years (1972–81; Dawson et al. 1984). These data (Table 3) illustrate a water chemistry regime in which

	Mean		Mean	
Parameter	Minmax.	Parameter	Minmax.	
Nitrite nitrogen (mg/L)	0.03 <0.008-0.040	BOD <sup>a</sup> (mg/L)	2.8 2.3-4.0	
Nitrate nitrogen (mg/L)	0.49 <0.37–0.68	Total hardness (mg/L as CaCO <sub>3</sub> )	157 152–164	
Ammonia nitrogen (mg/L)	0.13 <0.07-0.15	Dissolved oxygen (mg/L)	8.5 6.0–11.5	
Total phosphate (mg/L as PO <sub>4</sub> )	0.63 <0.42-1.00	Suspended matter (mg/L)	27.3 16.0–57.3	

 Table 3. Mean and monthly variation of water chemistry parameters of Pool 7 (navigation channel) of the Upper

 Mississippi River, May to September, 1972-81 (Dawson et al. 1984).

<sup>a</sup>Biological oxygen demand.

V. americana has been very prolific for more than 25 years (C. E. Korschgen, unpublished data). In water chemistry analyses (Crowder et al. 1977) of Lake Opinicon, Ontario (Table 4), V. americana showed the highest percent frequency and second highest total abundance of all aquatic macrophytes sampled in the lake.

#### Chemical Control

The toxicity of most chemical compounds to specific aquatic macrophytes under different environmental conditions has yet to be thoroughly investigated, but chlorine, chromates, cyanides, heavy metals, phenols, and aromatic solvents are probably toxic to all macrophytes, even in low concentrations (Sculthorpe 1967). Stevenson and Confer (1978) discussed the uptake of heavy metals and effects of petrochemicals.

Forney and Davis (1981) concluded that the concentrations of atrazine and glyphosate normally found in farm field runoff water will not pose any threat to V. americana. However, they did not state the concentrations found in runoff water. Correll and Wu (1982) determined that 650 g/L dissolved atrazine significantly inhibited photosynthesis in *V. americana*, and 120 g/L caused 100% mortality within 30 days. After 47 days *V. americana* had a 50% mortality at 12 g/L; the production of new plants at the end of runners and the leaf surface area increase of survivors was significantly reduced.

A 100-ppm concentration of 2,4-D killed *V. americana* and 10-ppm concentrations inhibited its growth (Gerking 1948). Lakes containing 0.5 and 0.25 ppm simazine suppressed *V. americana* growth but did not eliminate it (Norton and Ellis 1976). Other herbicides varied in their effects on *V. americana* (Table 5).

Vallisneria americana experienced retarded growth, loss of chlorophyll, and collapse when exposed to total available chlorine levels of 0.5 to 0.125 ppm in laboratory studies by Webster and Rawles (1976). They suggested that chlorine pollution may have been a cause for the loss of submersed aquatic plants in Chesapeake Bay in the 1970's.

Parameter	Range	Parameter	Range
Dissolved oxygen (mg/L)	10.7-15.2	Potassium (mg/L)	11.7
		Sodium (mg/L)	2.5
Free CO <sub>2</sub> (mg/L)	0-2.4	Calcium (mg/L)	192
Total Kjeldahl nitrogen (mg/L)	0.39-0.43	Magnesium (mg/L)	24.3
Total phosphorus (mg/L)	0.014-0.026	Chloride (mg/L)	4-8.2

Table 4. Chemical properties of water in Lake Opinicon, Ontario, Canada (from Crowder et al. 1977).

Table 5. Control of Vallisneria americana by selected herbicides (Lawrence and Hollingsworth 1969).

Herbicide	Concentrations	Degree of control		
Silvex	0.5 to 2 ppm	None		
	5 to 30 ppm	70 to 100%		
	2 ppm	Satisfactory		
Diquat dibromide	0.25 ppm	30 to 90%		
Diquat dichloride	0.25 to 0.5 ppm	30 to 100%		
Paraquat dichloride	0.25 to 0.5 ppm	67 to 93%		
2,4,-D IOE granules	16.5 to 27.5 kg/ha	Unsatisfactory		
2,4-D D, E granules	44 kg/ha	None		
Acrolein	2.55 ppm	Killed		
Endothall, DDS	2 to 3 ppm	Seasonal		

#### **Biological Control**

#### Influence of Other Plants

Rapid increases of Eurasian milfoil, Myriophyllum spicatum (such as those that occurred in the late 1950's and early 1960's in Chesapeake Bay) probably reduced native species, including V. americana (Orth and Moore 1981). But when Eurasian milfoil declined in the late 1970's, native species returned to approximately their former abundances. The ability of Eurasian milfoil to extend its growing season in relation to that of V. americana (by photosynthesizing at low temperatures) may have been a factor in its replacement of V. americana in Lake Wingra, Wisconsin (Titus and Adams 1979b). Also, because V. americana distributes the major portion of its shoot biomass near the sediment surface (hence lower light regime) it was apparently incapable of successfully competing with canopy-forming species such as Hydrilla verticillata in Florida (Barko et al. 1984) and M. spicatum in Lake Wingra in Wisconsin (Titus and Adams 1979b).

However, Titus and Adams (1979a) have given two possible reasons for why M. spicatum has not completely replaced V. americana in University Bay of Lake Mendota or in Lake Wingra, Wisconsin. First, V. americana has an inherently higher productivity during summer months. Second, it has a better rooting system that allows it to exist in shallow water subject to wave wash.

Titus and Stephens (1983) studied the neighbor influences of *Chara vulgaris* and *Potamogeton amplifolius* on seasonal growth patterns of *V. americana* in Chenango Lake, New York. They determined that plant dry weight was consistently, but not significantly, lower for plants with neighbors than those without neighbors; leaf numbers, stolon length, and winter bud production did not differ significantly. *Vallisneria americana* allocated more biomass to vertical extension in the presence of neighbors and to horizontal extension in the absence of neighbors. Titus and Stephens (1983) speculated that neighbor influences may have greater importance in more productive macrophyte communities, whereas dense macrophyte growth may have a more profound effect on the physicochemical environment.

By reducing photosynthetic light, epiphytic algae may sufficiently light-stress submerged macrophytes enough to jeopardize growth the next year (Phillips et al. 1978).

#### Influence of Animals

Carter and Rybicki (1985) studied transplanted V. americana in the Potomac River and observed that grazers such as waterfowl, muskrats (Ondatra zibethicus) and red-bellied turtles (Pseudemys rubriventris) influenced the establishment of plant beds. Plants grown in full exclosures during their first year became established and were evident the following year.

Common carp (*Cyprinus carpio*) are implicated in the loss of submersed macrophyte beds, either by uprooting plants or by increasing turbidity or sedimentation. Carp do not seem to feed directly off the bottom; instead they uproot the vegetation and then feed on the shoots and roots that settle to the bottom. When the fish have stirred up a cloud of mud, debris, and plants, they swim through the cloud sucking up whatever is edible (Eddy and Underhill 1974). Carp introduced into Lake Wingra in the late 1800's probably caused *V. americana* to disappear from the lake by 1929 (Davis and Brinson 1980). One year after carp removal by rotenone in the Middle Harbor of Lake Erie, Ohio, *V. americana* was found in areas where it had not been present before treatment (Anderson 1950).

Grass carp (*Ctenopharyngodon idella*) feed on *Chara*, *Najas*, *Hydrilla*, *Myriophyllum*, and *V. americana* in decreasing order (Sutton and Blackburn 1973).

A great variety of invertebrates are known to attack waterfowl food plants and occasionally become highly destructive. Leaves of V. *americana* in Potomac River beds are occasionally riddled by certain fly larvae (Martin and Uhler 1939). Plant beds in Pool 7 have many invertebrates on and in the leaves (E. Chilton, personal communication). The effect of these invertebrates on the productivity of, or disease introductions to, V. *americana* plants is unknown.

Site	Average biomass dry weight (g/m <sup>2</sup> )	Source
Trout Lake, N.E. Wisconsin	0.001	Wilson (1941)
Silver Lake, N.E. Wisconsin	0.02	Wilson (1935)
Sweeny Lake, N.E. Wisconsin	0.04	Wilson (1937)
Green Lake, S.E. Wisconsin	0.5	Rickett (1924)
Green Lake, S.E. Wisconsin	3.9	Bumby (1977)
Lake Mendota, S.E. Wisconsin	67.0	Rickett (1922)
Navigation Pool 8, Upper Mississippi River	93.4	Sefton (1976)

Table 6. Vallisneria americana biomass from various locations in Wisconsin (from Donnermeyer 1982).

170.3<sup>a</sup> (1980)

149.5<sup>a</sup> (1981)

171.1<sup>a</sup> (1980)

176.0<sup>a</sup> (1981)

154.6<sup>a</sup> (1980)

109.7<sup>a</sup> (1981) 176.6<sup>b</sup>

144.5<sup>c</sup> 217.3<sup>d</sup>

173.6<sup>e</sup> 344

<sup>a</sup>Shoot biomass only, measured in August 1980.

Lake Mendota, S.E. Wisconsin

Navigation Pool 7, Upper Mississippi River

Navigation Pool 9, Upper Mississippi River

<sup>b</sup>Shoot biomass only, measured on 1 September 1980.

<sup>c</sup>Shoot biomass only, measured on 14 August 1980.

<sup>d</sup>Total biomass, measured on 1 September 1980.

eTotal biomass, measured on 14 August 1980.

# Productivity

#### Rosettes

Zamuda (1976) reported a maximum V. americana density of 280 rosettes/m<sup>2</sup> in August and a seasonal mean of 200 rosettes/m<sup>2</sup> for the Pamlico River Estuary, North Carolina. Donnermeyer (1982) measured a maximum density of 214 rosettes/m<sup>2</sup> in Navigation Pool 9 of the Upper Mississippi River. After sampling rosette densities along six transects within V. americana beds in Navigation Pool 7 of the Upper Mississippi River in 1980-83, C. E. Korschgen (unpublished data) determined densities of 50-253 rosettes/m<sup>2</sup>. Table 6 shows the variability of V. americana biomass in various Wisconsin locations.

#### Winter Buds

A maximum winter bud density of  $233/m^2$  and a mean of  $55/m^2$  were reported for the lower Detroit River; the maximum and mean winter bud (wet weight) biomass was  $68.7 \text{ g/m}^2$  and  $16.6 \text{ g/m}^2$ , respectively (Hunt 1963). When Hunt's biomass data was converted to dry weight by using a conversion factor of 30.2% dry matter (C. E. Korschgen, unpublished data), the Detroit River had a maximum and mean winter bud (dry weight) biomass of  $20.8 \text{ g/m}^2$  and  $5.0 \text{ g/m}^2$ , respectively. Donnermeyer and Smart (1985) reported a maximum winter bud density of  $158/\text{m}^2$  and a maximum and mean (dry weight) biomass of  $30.1 \text{ g/m}^2$  and  $20 \text{ g/m}^2$ , respectively. Variation of winter bud biomass for the years 1980, 1983, and 1984, of  $36 \text{ g/m}^2$ ,  $32 \text{ g/m}^2$ , and  $47 \text{ g/m}^2$  (oven dry weight), respectively, was found (C. E. Korschgen, unpublished data) in Lake Onalaska, Wisconsin (Navigation Pool 7, Upper Mississippi River). The variations may be attributable to annual changes in density of *V. americana* or sampling error.

C. E. Korschgen (unpublished data)

C. E. Korschgen (unpublished data)

C. E. Korschgen (unpublished data)

Donnermeyer (1982)

Donnermeyer (1982)

Titus and Adams (1979a)

#### Value

#### General

Roots, rhizomes, and stolons of most aquatic plants help to reduce erosion and facilitate colonization by benthic algae and invertebrates; their foliage offers shelter, support and, at least during daylight, a locally enriched oxygen supply (Sculthorpe 1967). Macrophytes also provide a direct or indirect source of food for an immense variety of aquatic invertebrates and fishes, and for birds and mammals that frequent aquatic habitats (Sculthorpe 1967).

#### Wildlife Food

All parts of V. americana are important food items for many species of waterbirds (Sculthorpe 1967). McAtee (1939) reported that V. americana was eaten by 19 species of wild ducks. Martin and Uhler (1939) examined 7,998 stomachs of 18 species of ducks; V. americana accounted for about 2% of the food eaten, making it the seventh most popular plant food. The plant was the most important food used by ducks in the Lower Detroit River (Hunt 1963). Vallisneria americana and Potamogeton spp. were the most important plant foods as measured by percent volume and the collection of 47 greater scaup (Aythya marila), 44 lesser scaup (A. affinis), and 39 common goldeneye (Bucephala clangula) in the Detroit River during the winters of 1980 and 1981 (Jones and Drobney 1986).

Foods consumed by canvasbacks and food availability were studied on Navigation Pool 7 of the Upper Mississippi River in 1978, 1979, and 1980 (Korschgen et al. 1988). Canvasbacks fed primarily on winter buds of V. americana and consumed 40% of the standing crop of 380,000±44,350 SD kg (dry weight) in Lake Onalaska in 1980. Traditionally, canvasbacks have been primarily obligated to two foods during fall migrationsago pondweed (Potamogeton pectinatus) and V. americana (Cottam 1939; Perry 1982). The proliferation of V. americana in Navigation Pools 7, 8, and 9 of the Upper Mississippi River (C. E. Korschgen, unpublished data) occurred at the same time that historically important migrational habitats deteriorated elsewhere. During the 1960's and 1970's, canvasbacks shifted their migration routes to respond to the food supplies produced by V. americana on the Upper Mississippi River. An estimated 75% of the canvasback population in the three eastern flyways use this food resource each fall (Korschgen et al. 1988).

#### Nutritive Value

#### Shoot Material

The nutritive value of aquatic macrophytes is dependent on the fertility of their water medium. Protein content is usually considered the most valuable constituent of foodstuffs (Boyd and Blackburn 1970). Crude protein (dry weight) has been measured for V. americana from several locations. Proximate analysis of entire shoots collected near Fort Lauderdale, Florida, revealed a crude protein range of 17.6-27.0% of dry weight (Boyd and Blackburn 1970). Plants collected from Lake Mendota, Wisconsin, had 12.4-24.1% crude protein (Schuette and Alder 1927; Gerloff and Krombholz 1966); plants from Lake Chemung, Ontario, had 18.1-19.8% (Muztar et al. 1978a). Donnermeyer (1982) determined the crude protein content of various parts of V. americana over the growing season (Table 7). Levels of various amino acids showed a similar pattern in 12 species of aquatic macrophytes collected from Lake Chemung, Ontario; of the essential amino acids, V. americana had moderate amounts of leucine, arginine, and valine, but was relatively low in lysine (Muztar et al. 1978b).

Mineral and nutrient content of V. americana leaves is similar to that of land forages in the United States (Hentges et al. 1973; Easley and Shirley 1974). Although the nutritive value of dried V. americana was similar to alfalfa hay according to Linn et al. (1975), Muztar et al. (1977) fed dried pelleted V. americana leaves to tame roosters and ducks and determined that it had a true metabolizable energy value of about half that of dehydrated alfalfa. However, the V. americana in the study by Muztar et al. (1977) was not washed before it was dried and surface contamination may have caused excessive amounts of surface ash, therefore a lower true metabolizable energy value. If V. americana is grown in soft water and washed, ash might decrease; V. americana should then have metabolizable energy values comparable to alfalfa and other forage plants (Muztar et al. 1977).

#### Winter Buds

Winter buds are high in dry matter and low in ash and fiber content, consequently giving them high nutritional potential (Donnermeyer and Smart 1985). Winter buds harvested from September 1980 through April 1981 from Navigation Pool 9 of the Upper Mississippi River contained 10.4% crude protein and averaged 3,978 cal/g dry weight (Donnermeyer and Smart 1985). Vallisneria americana winter buds collected in 1980 from Lake Onalaska Navigation Pool 7 of the Upper Mississippi River had mean caloric contents of 4,075 cal/g dry weight (Korschgen et al. 1988). Winter buds collected from Lake Onalaska in fall 1980 had a mean crude protein value of 11.0%; ash, 4.6%; crude fiber, 2.8%; crude fat, 0.8%; and nitrogen-free extract, 80.8% (C. E. Korschgen, unpublished data).

				Da	ite				
Crude protein content	5-28	6-27	7-13	7-29	8-14	9-1	9-16	10-6	Mean
Leaves								· · · · · · · · · · · · · · · · · · ·	
Crude protein (%)	21.4	16.4	16.0	14.4	16.5	15.8	14.0	13.5	16.0
Crude protein (% ash-free)	28.1	25.8	26.1	29.7	22.8	20.4	18.5	18.8	22.7
Rootstocks									
Crude protein (%)	_ь	12.8	10.4	12.8	14.1	11.3	8.0	14.0	11.9
Crude protein (% ash-free)		17.4	15.3	18.2	17.6	14.0	10.5	19.1	16.0
Stolons									
Crude protein (%)	17.1	16.0	13.2	9.4	10.6	6.9	6.3	9.4	11.1
Crude protein (% ash-free)	19.5	19.3	16.9	11.7	12.8	8.2	8.1	12.5	13.6
Fruits									
Crude protein (%)			_	12	.2 <sup>c</sup>	11.8	12.1	10.9	11.7
Crude protein (% ash-free)	_	_	_	13	.4	12.8	13.2	11.9	12.8
Pedicels									
Crude protein (%)	_	_	_	11	.5°	7.	4 <sup>d</sup>	9.2	9.4
Crude protein (% ash-free)	_		_	14	.4	9.	4	12.1	12.0

 Table 7. Crude protein content (dry weight) of Vallisneria americana organs, Navigation Pool 9, Upper Mississippi

 River, 1980<sup>a</sup> (from Donnermeyer 1982).

<sup>a</sup>All values are means of triplicate analyses.

<sup>b</sup>Specific organs were not present in biomass.

<sup>c</sup>Samples from 7-29 and 8-14 were combined for analyses.

<sup>d</sup>Samples from 9-1 and 9-16 were combined for analyses.

#### Invertebrate Cover

A mixed stand of Chara and V. americana in Anchor Bay, Lake St. Clair, Michigan, contained high numbers of amphipods, midge larvae, and other important yellow perch (Perca flavescens) food items (Heberger 1978). When comparing introduced Myriophyllum spicatum beds and mixed native Potamogeton-V. americana communities as habitat for fish and their invertebrate prey in Lake Opinicon, Ontario, five major zoobenthos taxa were found to be 3 to 7 times more abundant in the mixed native communities than in the introduced M. spicatum beds (Keast 1984); significantly more Isopoda, Chironomidae larvae, Ephemeroptera nymphs, Trichoptera larvae, and small gastropods were found in the Potamogeton-V. americana communities in May and July. Densities of foliage invertebrates in May were 4 times as great on combined samples of Potamogeton robbinsii and V. americana than on M. spicatum foliage, twice as great in June, 3 times as great in July, and twice as great in August (Keast 1984). Vallisneria americana had a greater quantity of benthic organisms beneath it than did Elodea canadensis and Najas flexilis; V. americana, with its more extensive root system, may have provided a more stable substrate for the benthos (Gerking 1957).

In a study of Lake Mendota, Wisconsin, Andrews and Hasler (1942) found that V. americana had a smaller standing crop of invertebrates (number/kg dry weight of plant) than did Ceratophyllum demersum, Myriophyllum exalbescens, and Potamogeton pectinatus.

#### Fish Cover

Eight times as many bluegills (Lepomis macrochirus) and twice as many pumpkinseeds (Lepomis gibbosus) were netted by day in Potamogeton-V. americana mixed communities than in M. spicatum beds (Keast 1984). For bluegills, the ratio was maintained in night collections. Numbers of yellow perch were also higher at night in the mixed native plant communities. In July, 3 to 6 times as many bluegills, pumpkinseeds, and yellow perch were netted, day or night, in the mixed communities. In several Florida lakes, 35 species of juvenile fish inhabited dense aquatic plant communities that included V. americana (Barnett and Schneider 1974).

#### Other

Submersed aquatic macrophytes serve as important primary producers, using  $CO_2$  and inorganic nutrients as

raw materials for carbohydrate and protein production. Submerged macrophytes, including V. americana, act as nutrient buffers by using dissolved nitrogen and phosphorus for growth (Stevenson et al. 1979). When these nutrients are removed from the water, they become unavailable for use by algae. Submerged macrophytes also act as nutrient cyclers. Most shoot nutrients are obtained from the sediments through the roots; the nutrients and organic matter leak into the water from living shoots and are liberated during decomposition of dead plant material. Dissolved nutrients and organic matter released to the water may then be transported by currents throughout the water body. In this way, littoral vegetation is a potential source of materials for pelagic production (Carpenter 1981).

# Propagation

When poor light penetration of aquatic habitat makes environmental conditions marginally suitable for vegetation growth, a minimum bed size or a critical population density per unit area may be required to establish populations of plants. Plants alter their environment in ways that may increase the long-term survival of the population by reducing turbidity locally and anchoring the sediments (Carter and Rybicki 1985).

Considerable work has been conducted to develop propagation techniques for some of the subtropical seagrass species such as eelgrass (Zostera marina), shoalgrass (Halodule wrightii), and manatee grass (Syringodium filiforme; Fonseca et al. 1982; Kenworthy et al. 1984). We have summarized methods of harvest, storage, planting, and the labor required for this work.

#### Methods of Planting

Depending on the water quality regime, *V. americana* can probably be best established by transplanting winter buds. Techniques for planting both seeds and winter buds follow.

When establishing V. americana, one must first determine if the planting area is suitable for V. americana growth. For instance, did the area historically have V. americana, and do areas of similar water quality, depth, turbidity, and bottom substrate have V. americana growing in them, or do they support plants with similar habitat requirements such as Potamogetan pectinatus, Heteranthera dubia, Myriophyllum spicatum, or M. exalbescens? Unless conditions appear to be favorable for V. americana, small test plantings should be made the first year. The area to be planted should have a water depth of 0.7 to 1.8 m with 0.9 to 1.2 m preferred. The most important requirement for sprouting winter buds or seeds is light energy, which is a function of water transparency. Secchi disk readings multiplied by a constant (2.7-3.0) will give the approximate depth of the photic zone required by plants (Cole 1979). Winter buds should be planted so that they will be well within this photic zone. The substrate should be of firm silt or a sand-silt mixture. Hard clay or silty soft mud should be avoided. A slow current is better than stagnant or rapidly flowing water.

Consideration should be given to enclosing the experimental planting area with a fence (wood-slatted snow fence, chicken wire, or welded wire) that will persist in water for several months. Fencing serves several purposes: it protects the young plants from rough fish, acts as a wave break, delimits the planting area, and holds plants that float to the surface at the end of the growing season. A marked but open plot, adjacent to the fenced plot, should be set up as a control planting to see if fencing is needed. Whether fencing is used or not, the planting area should be permanently marked so it can be relocated.

#### **Planting Seeds**

Most studies recommend mixing seeds with wet, sticky mud or clay soil before planting. Pieces of this mixture are then scattered in the planting area, ideally in spring. Muenscher (1936) recommended spring planting over fall planting because seeds planted in fall may be removed from the planting area by water currents, waves, or ice movement during spring breakup; buried by sediment; or eaten by migrating waterfowl. Moyle and Hotchkiss (1945) suggested making balls out of the mud and seed mixture, or placing pieces of it in a single thickness of cheese cloth.

Vallisneria americana fruiting structures containing the seeds can be gathered in late summer with a rake or net (Moyle and Hotchkiss 1945). The harvested fruits can be allowed to decompose in a water-filled container (Muenscher 1936) or broken into pieces (Moyle and Hotchkiss 1945). If planting in the next spring is desired, the seeds or pieces of fruit should be stored in cold water (1-3° C) under dark conditions (Muenscher 1936). Hoover (1984) found that V. americana seeds germinated 2-5 weeks later on the more organic sediments of his study areas. This could be ecologically important because such plants might have competition from other species that are phenologically advanced.



Fig. 5. Hydraulic dredge used to harvest winter buds of American wildcelery.

#### **Transplanting Winter Buds**

If winter buds are going to be harvested for transplanting, a V. americana bed should be found in the same locale. The size of winter buds is influenced by the pH (acidic conditions produce smaller buds) and the type of substrate (Hoover 1984). Small winter buds produce smaller plants than large buds (Hoover 1984); therefore, more desirable results will be obtained by planting large buds.

Winter buds can be collected by sieving substrate collected from an existing V. americana bed by shovel or with a hydraulic dredge. Winter buds normally float to the water surface when loosened from the sediments. They can then be collected in great numbers with little effort by moving the substrate with a high pressure and volume water pump. We constructed a dredge (pump, dredge, davit) for collecting winter buds (Fig. 5). The gasoline pump had specifications of 8 horsepower and 7.62-cm (3 inches) suction and discharge hoses and an output volume of 83,270 L per hour. The long dredge pipe was 7.62-cm (3 inches) galvanized iron pipe reduced to three 5.08-cm (2 inches) copper nozzles about 15 cm (6 inches) apart. The nozzles (shaped by heating copper tubes with a torch) terminated with 1.27-cm  $\times$  7.62-cm openings. The dredge was suspended from the davit by 0.95-cm (3/8 inch) cable. In this way the dredge could easily be moved to any position above the substrate to ensure adequate water pressure for excavating a trench 45 cm wide and about 15 cm deep. The depth of the trench could also be regulated through movement of the boat.

When ready to start excavating, we searched areas that were about 1 m deep (so that persons in chest waders could be in the water). We used a long metal fence post as an anchor for the boat and ran a nylon line from the post through a C-clamp on the bow of the boat. The boat was then moved in an arc with the rope restricting backward but not lateral movement. At the end of the arc a small length of rope was released so that the dredge would excavate a trench parallel to the one made on the previous pass. This technique permitted efficient harvest of an area with the least amount of effort to maneuver the boat.

Two or more persons waded around the boat (or downstream if in a current) and swept up the winter buds with dip nets. In some situations the buds rose to the water surface 30 m or more from the boat so it was best to initially determine the pattern of the water current.

Because winter buds do not store well for extended periods (C. E. Korschgen, unpublished data), they should be collected just before transplanting, and stored in water in a refrigerator (at less than  $10^{\circ}$  C) to prevent the shoots from elongating.

Muenscher (1936) recommended that winter buds be transplanted in spring for the reasons previously described for seeds. At northern latitudes, the winter buds should be planted from mid-April to early May, when the water temperature is  $10-14^{\circ}$  C.

An efficient method for planting winter buds is to place one or more winter buds in a reinforced paper envelope in which holes have been punched, or in a cottonpolyester, nylon, or plastic mesh bag (0.64 cm holes) filled with a gravel mixture for weight (Fig. 6). Paper and cotton-polyester bags should be tested in the field to ensure that they will not deteriorate before the winter buds sprout and root. The bags can be prefilled with gravel to avoid delays in the transplanting process. After the winter buds are placed in the bags, the bags should be closed with a twist tie and kept wet until they are deposited at the transplant site.



Fig. 6. Examples of three packaging techniques for American wildcelery winter buds.

Trial plantings are recommended for new areas. Success can be determined at minimal cost by establishing two or three paired plots (fenced vs. open) of about 7.5 m on a side. Initially, about 250 to 300 winter buds per exclosure should be planted to determine if the location is suitable. A high-density planting compensates for injured or inferior winter buds that do not grow.

The ideal method for planting V. americana winter buds is to bury them 5 to 10 cm in the sediment. Divers may plant the winter buds by hand, or if water drawdown is possible, the water may be lowered to a level where the winter buds may be planted by hand. Because contracting SCUBA divers is expensive and water drawdown may not be possible, we generally recommend placing the buds in weighted mesh sacks. A planting density of 1,000 per 0.4 ha is recommended.

#### **Evaluation of Transplants**

Records should be kept of how many winter buds were transplanted at each site. The planting should be evaluated during and at the end of the growing season. The simplest way to determine if the winter buds have sprouted and are growing well is to place a couple of the transplant bags that contain winter buds in a sunken container filled with substrate from the site. A float attached to the container helps to locate the plants for periodic inspection. A fivegallon plastic bucket works well if a hole is cut in the side of the bucket to permit water to drain when the bucket is lifted.

Leaves will grow rapidly in a favorable environment and, within a few weeks, new rhizomes should irrupt from the primary plant, giving rise to additional plants (Fig. 7). At northern latitudes (Wisconsin) the plants will flower around 1 August, produce winter buds around 1 September, and senesce around 1 October. If the transplant is successful, the plot should contain a dense stand of plants by September (Fig. 8).

In a favorable environment, each winter bud should produce at least three or more new plants. The net gain of plants can be quickly estimated by counting the number of floating rosettes within the fenced area as the plants senesce. Careful examination of these rosettes for the descending rhizome, which terminated in a winter bud,



Fig. 7. American wildcelery plants growing from nylon mesh bag.

will indicate whether or not the plants produced buds. The density and size of the winter buds can be determined by searching for them in the substrate with a post-hole digger, corer, or long-handled shovel; the number of winter buds per unit area may then be estimated and the size measured.

The planting should be monitored for a second growing season.

#### Materials

#### Transplanting

Fencing Posts Mesh bags Gravel scoops Twist ties Winter buds, coolers for transport of winter buds Carrying tray (plastic bread loaf carriers as used by

bakeries)

Boat, chest waders, hip boots Marking buoys Harvesting Pump, gasoline Dredge Boat with davit Ice chests Dip nets Chest waders Anchor post Nylon line

#### Costs

Winter buds are available from commercial supply companies that raise and harvest their own stock and cost about 10c each. If a trial program or a small-scale operational program is going to be initiated, purchasing winter buds is probably more cost effective than buying the equipment to harvest them (except for long-handled shovels and a sieving box).



Fig. 8. Three-month-old transplanted American wildcelery plants growing in an enclosure on Lake Puckaway, Wisconsin.

#### Sources

In the event that winter buds or seeds are not available from a nearby water body, they can be purchased from wild game food nurseries. Many suppliers sell American wildcelery parts adapted to a northern environment. It is unknown how well these winter buds would tolerate the climate of southern areas or brackish water conditions.

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#### Korschgen, Carl E., and William L. Green. 1988. American wildcelery (Vallisneria americana): Ecological considerations for restoration. U.S. Fish Wildl. Serv., Fish Wildl. Tech. Rep. 19. 24 pp.

The success of vegetation management programs for waterfowl is dependent on knowing the physical and physiological requirements of target species. Lakes and riverine impoundments that contain an abundance of the American wildcelery (Vallisneria americana) have traditionally been favored by canvasbacks (Aythya valisineria) and other waterfowl as feeding areas during migration. Information on the ecology of American wildcelery is summarized to serve as a guide for potential wetland restoration projects. Techniques are described for transplanting winter buds. Management programs that employ these techniques should define objectives clearly and evaluate the water regime carefully before initiating major restoration.

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