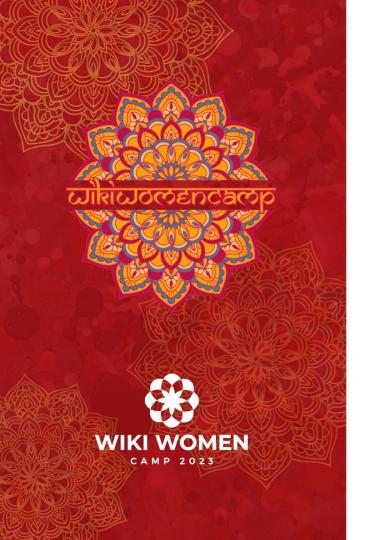


**Communication:** strategies for strong, compassionate conversations

Jackie Koerner JKoerner (WMF) / Jackiekoerner Communication Specialist, Wikimedia Foundation





# Agenda

Empowered communications

Challenging situations

Implicit bias

Cross-cultural strategies



Empowered communications In this section, learners will judge their strength in communicating and elevating their work.

Standing up to systemic bias
Using I statements
Sharing your work

Channels for
communication

#### <u>Activity</u>

Visualize what barriers you experience in communication.



## Standing up to systemic bias

Take up space

- Studies show spreading out your body is important
   Push back firmly
  - We don't do that
  - That is not okay
  - Ask, "Why did you do/say that?"

600	

Mini Activities to give you strength

Systemic bias makes us feel small. *Resist! Know your strength!* 

Everyone - stand or sit tall please

Imagine yourself as a mighty tree, your roots deep in the ground and your branches wide. Your power roots you. Your branches are strong to carry your lived experience.



#### **Using I statements**

# What are I statements? • Start with "I…" instead of "You…"

Using and sharing feelings

# Examples:

- I feel...
- I was hurt when...
- I don't understand why...





#### Share your work

It's easy for us to become shy about our work.

We are taught to take up as little space as possible.

**Resist that feeling!** 

Share what you are doing! You are amazing!





# Channels for sharing your work

Here are some ideas for sharing your work:

- Social media
- Telegram
- On-wiki
- Diff
- Mailing lists

Be sure to explain your message clearly

and add links.





#### **Activity: Empowered communications**

# <u>Activity</u>

Close your eyes if that is comfortable for you. Visualize what barriers you experience in communication. Keep those in mind today as we are in this workshop.



Challenging situations In this section, learners will discover power in setting boundaries regarding acceptable and unacceptable communication.

# • Silent response

- Skills to remind others of acceptable behavior
- Universal Code of Conduct
- Trust and Safety resources

# <u>Activity</u>

Talk in pairs about a situation which was challenging. Apply these skills to plan a response.



#### Silent response





# Reminding others of acceptable behaviors When you see something wrong, speak up.

We are social creatures.



#### **Universal Code of Conduct**

- It is enforceable!
- The Charter for the coordinating community is being prepared for community ratification
- Know harassment and marginalization is not ok in our community.





#### **Trust and Safety**

- When community support fails, email <u>ca@wikimedia.org</u>
- A Trust and Safety staff member will review the situation and reach out to you.
- Your name is not published publicly or revealed to others.





# **Activity: Challenging situations**

# <u>Activity</u>

Talk in pairs about a situation which was challenging. Apply these skills to plan a response.

# Implicit bias

In this section, learners will question their own biases and construct tools to challenge bias.

# • Bias basics

- How bias is developed
- Move beyond your default setting
- Challenge bias in others

# <u>Activity</u>

Write about a time when

- 1. someone was biased
- 2. you were biased



#### **Bias basics**

We all have bias.

Accepting our biases allows us to start to change our biases.

Recognize when you experience bias and when you think in a biased way.





#### How bias is developed

# Bias is learned.

- Media
- Family
- Friends
- Societal experiences and expectations.





Move beyond your default setting

Bias is our default setting.

Bias takes over when we feel strong emotions.

Try journaling about your experiences. It will get easier.





**Challenge bias in others** 

Be gentle.

Aim to educate.

Calling in instead of calling out.





#### **Activity: Implicit bias**

# <u>Activity</u>

Write about a time when

- 1. someone was biased
- 2. you were biased



**Cross-cultural** strategies In this section, learners will prepare to write for a global audience and identify about low and high context cultures.

- Writing for a global audience
- Inclusive writing
- Transcreation
- Communicating with high and low context cultures

<u>Activity</u> Write down some miscommunications you had because of cultural differences.



Writing for a global audience

Use simple English.

Provide examples.

Make links.

Consider varied formats - pictures, videos, podcasts, and so on.



**Inclusive writing** 

Think from other perspectives.

Use they and other inclusive words.

Use people first language.

Have other people read the message and provide comments.





#### **Transcreation**

Creating content together.

Welcoming to and inclusive of languages and cultures.

Provide details and let others create the message for their community.





Low and high context cultures

# **High context**

Communication style includes body language, tone, situation, and context

# Low context

Communication is more straightforward and direct







#### **Activity: Cross-cultural strategies**

# <u>Activity</u>

Write down some miscommunications you had because of cultural differences.

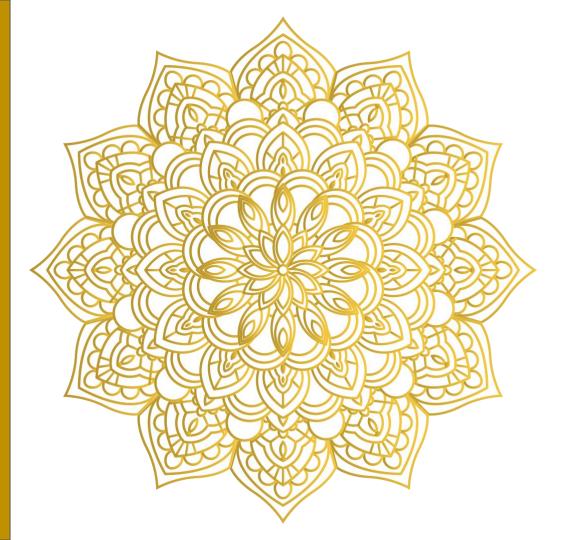
# Thank you for learning with me today!

Let's keep talking jkoerner@wikimedia.org telegram @Jackiekoerner https://calendly.com/jkoerner-wmf





Now let's breathe to reset our energy.





# MAP UP, RISE UP!