



December 16-January 5

Got A Question On Food? Try Dial-A-Dietitian

454-7445.

You can phone a question about nutrition to that number between 9 and 5 Mondays through Fridays.

Within 48 hours you'll have an answer phoned back from a registered dietitian.

Dial-A-Dietitian is a community service cosponsored by the Genesee Valley Heart and the Genesee Dietetic Associations.

Half of the 100 members of the Genesee Dietetic Association have volunteered their time to answer the public's questions about the foods they eat.

Janet Sim, assistant professor of dietetics, in the Department of Food Administration and Tourist Industries Management at RIT is this year's chairperson. Her co-chairperson is Dr. Carol Whitlock, another member of the department. They took over from Ivan Town, an assistant professor in the same department at RIT.

The most common questions to Dial-A-Dietitian concern saturated fats, heart disease, weight reduction, vitamin supplements and health foods.

Some typical responses are:

On Vitamin E: "Despite claims that large doses of Vitamin E may benefit patients with heart disease, the weight of evidence appears to be strongly against the hypothesis. Dietitians agree that self-medication with Vitamin E is not necessary."

On health foods: "These are usually expensive sources of the nutrients which can be obtained readily in foods available on the

grocery shelf."

On food additives: "Assume that the food products available on the market are safe unless the federal government finds otherwise; its decisions are legally binding, and scientific advisory help is almost unlimited."

On vitamin supplements in general: "Nutrition authorities agree that normally we can get the required nutrients in the food we eat."

If a caller says he wants to lose weight, he's referred to his physician first. If he says his physician has put him on a restricted calorie diet, the dietitian receiving the call will suggest menu plans.

A major function of the service seems to be to soothe people's fears, says Professor Sim. The nutritional advances of the past 50 years have confused the public, she says, because the lay person can't keep up with the latest information.

Sometimes the calls solve immediate practical problems. One woman, for instance, wanted a recipe for cranberry sauce she could serve to a diabetic Thanksgiving guest. The service provided it. After Thanksgiving she called back her thanks--and said she'd received many compliments on the sauce.

Most callers are grateful, says Professor Sim. The only major problems she's encountered is that many people expect an immediate response.

They don't realize they're phoning the question in to an

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Larsen

Environment Gets New Boost From RIT Task Force

The environment has a new defender. Called the RIT/Community Task Force on Environmental Improvement, the organization is the result of a proposal made to RIT in 1972 by concerned business people in the Genesee-Finger Lakes area.

The task force office was formally established this fall under the direction of RIT Provost Dr. Todd H. Bullard, and Dr. Robert Desmond, professor in the College of Engineering. Task force activities will be coordinated by William C. Larsen, who has been appointed executive director.

Noted in the original proposal for creation of a task force was the need for a continuing exchange of environmental plans and ideas among individuals, governmental and private agencies, business groups, and educational institutions.

"We don't want to duplicate efforts already underway," explains William Larsen, "we hope we can add something."

Larsen is owner of William C. Larsen, Consulting Civil and Sanitary Engineers, and adjunct professor at RIT. Known locally for his interest in environmental projects, he had completed drainage programs for both the towns of Odgen and Greece. His proposals for the Honeoye Lake Watershed won state and national awards from the Consulting Engineers Council in 1972.

The first project of the new RIT/Community Task Force will be a Saturday morning forum for county and town environmental management councils and conservation boards to be held in January. The seminar will focus attention on common problems and individual successes in the preservation of the environment.

"We hope discussions of problems and a sharing of expertise will accomplish some measure of positive environmental improvement," says Larsen.

In the works is a spring 1975 conference entitled "Whatever

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Foreign students attending RIT recently spent a week sharing ideas about their homelands with students from Henrietta's James E. Sperry High School. Their visits were coordinated by Betty Saunders of Institute College and the Rochester International Friendship Council. At left, above and below, Rosli Kamili, a food administration student from Malaysia, talks with high school students during lunch. Below, Salmah Basri, also a food administration student from Malaysia, during her talk with students.



Environment

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Happened to Earth Day?" to include participants from business and academic sectors, public officials, private citizens, and community groups. A local assessment of environmental progress since the 1970 Earth Day will be made and environmental goals for the next five

years will be explored.

The RIT/Community Environmental Task Force hopes to work closely with other groups, including the county and town environmental management councils and conservation boards, public agencies, citizen groups, and the recently formed Center for Environmental Information.

Some Student Veterans Must Be Re-certified

Veterans who have been taking less than 6 credit hours (2-3-4-5) Fall quarter must be re-certified for V.A. Benefits for the Winter Quarter.

If you are going to change your hour load in the Winter quarter (different than Fall) you must be re-certified for V.A. Benefits.

Veterans should stop at the Veterans Affairs table at Registration so that appropriate action regarding your enrollment for benefits can be taken.

Registration dates are: CCE: December 17th and 18th, 1 p.m. to 8 p.m.; Day: Jan. 6th, from 9 a.m. to 4:40 p.m.

Grant Deadlines

The Office of Grant & Contract Administration reminds all faculty, staff and students that the following are deadlines for proposal application. Since Institute review and approval must be accomplished prior to mailing a proposal, applicants are requested to forward their proposals to Grants Administration one week before the listed deadline.

Guidelines and application forms for listed programs are either on hand in, or on order by Grant & Contract Administration Office. For additional information and/or assistance, please call ext. 2388.

NATIONAL SCIENCE FOUNDATION

Dec. 13, 1974 - Instructional Scientific Equipment Program (75-15).

Dec. 15, 1974 - Improved Dissemination and use of Scientific and Technical Information (74-38).

Dec. 20, 1974 - Postdoctoral Energy Related Fellowships.

\$12,000 Research Stipends for Scientist and engineers and \$1,500 maximum travel allowance.

Jan. 1, 1975 - Research in Antarctica (73-12).

Jan. 6, 1975 - Energy Related Graduate Traineeships (75-20).

Jan. 15, 1975 - Senior Foreign Energy Scholars Program (75-38).

Feb. 7, 1975 - Faculty Fellowships in Science (applications of science to social problems, 3-9 months stipends for Faculty with maximum of 5 year teaching).

March 1, 1975 - NATO Senior Fellowships in Science (This program is oriented toward the study of new scientific techniques and developments during short visits abroad; awards to be announced on May 15, 1975).

OPEN - Science Information Grants (Research, Development and Demonstration projects to improve scientific and technical information service).

U.S. DEPARTMENT OF THE INTERIOR

Jan. 5, 1975 - Title II Water Resources Research Projects:

(1) Improving Water Resources Planning and Management.

(2) Encouraging Indian Self-Determination.

(3) Problems of Energy Related Water Supply.

(4) Promotion of Water Use Efficiency.

(5) Protection of the Environment.

BUREAU OF EDUCATION FOR THE HANDICAPPED

Jan. 2, 1975 - Field Initiated Research Grants for Faculty.

PUBLIC HEALTH SERVICE

Jan. 25, 1975 - Public Health Service Research Grants to be reviewed in

June '75 for Sept. 1, 1975 beginning date.

U.S. INFORMATION AGENCY

Jan. 1, 1975 - Student Grants up to \$3,000 for production of sound films or videotapes for foreign distribution - films to be documentary dramatizations or animation.

NOTE: EXTENSION TO JAN. 1, 1975.

DEPARTMENT OF HEALTH EDUCATION & WELFARE

Jan. 15, 1975 - Preliminary proposal for fund for Improvement of Postsecondary Education. If approved, final proposal due March 17, 1975.

Jan. 15, 1975 - Special Focus Program - proposals related to a particular educational need or approach deemed important and timely target of opportunity.

NATIONAL ENDOWMENT FOR THE HUMANITIES

Jan. 1, 1975 - Education Programs. Program Grants, beginning after August 1, 1975. Development Grants beginning after August 1, 1975.

Jan. 24, 1975 - Public Programs. Projects beginning after July 15, 1975.

Feb. 17, 1975 - Fellowships.

Summer seminars for College Teachers 1975.

March 15, 1975 - Education Programs. Education Projects Grants beginning after Dec. 1, 1975.

April 1, 1975 - Youthgrants. Projects beginning after Sept. 1, 1975 (Student Directed Research).

April 17, 1975 - Public Program. Projects beginning after Oct. 15, 1975.

NATIONAL ENDOWMENT FOR THE ARTS

Dec. 20, 1974 - Draftsmen Fellowships FY75.

Jan. 1, 1975 - Works of Art in Public Places, Group II and Group III FY75.

Master Craftworkers Apprenticeship Program FY75.

Jan. 15, 1975 - Photography-Exhibition Aid FY75.

Visual Arts in the Performing Arts FY75.

Feb. 1, 1975 - Artists Services FY75.

May 30, 1975 - Photographers Fellowships FY76.

DEPT. OF TRANSPORTATION

Dec. 30, 1974 - R.F.P. 182-School Located Near Highway - Problems & Prospects.

New GARC Catalogue Now Available

The Graphic Arts Research Center at RIT has announced the availability of its 1974 catalog of products and services for graphic arts and reproduction photography. The 16-page catalog lists 33 products and services such as quality control tools, publications, seminars, research, testing, information, and consulting. Entries are illustrated when feasible.

Several new products have been added to those listed in 1974. Modification and improvements on products have been made with quantity discounts available for many items. New seminars are offered. A number of research reports have been added along with english translations of three Russian books. The offerings are a continuation of GARC's effort to understand and answer the needs of the industry.



"I'm not so concerned about the future of art; I'm concerned about the future of the world," Elaine deKooning, distinguished American painter, said in an interview during her recent visit to RIT. Ms. deKooning was on campus for two days to work with art students. Her visit was arranged by Philip Bornarth, chairman, fine arts, faculty member who met deKooning while working as a master printer at the Tamarind Lithography Workshop in New Mexico. Well-known for her portraits of John F. Kennedy, Ms. deKooning lives in New York City where she has 3600 sq. ft. of studio space. "In New York where everything is so crowded you feel a need to have a large space to work in," she said.

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Events

THE STAR OF CHRISTMAS - A holiday tradition which captures the joy of the first Christmas while searching for an explanation of THE star. Strassenburgh Planetarium. Call 244-6060 Ext. 56. (November 25 through Jan. 5)

JOE RUTHER - An exhibition of photography and offset at the **LITTLE GALLERY**, Gannett Building. (Dec. 1-20)

STILL-PHOTO A-V PRODUCTION - Gannett Building. All day. Contact Judy Torkington at 2757. (Dec. 16-20)

UNIVERSAL PRODUCTS CODE - Dec. 17 - Clark Dining Rm., 5:30 - 9 p.m.; Dec. 18 - Van Peursum Aud. - 8 a.m. - noon. Contact Bill Siegfried at 2758.

CPA's - PRIVATE FOUNDATIONS - M-2, 9 a.m.-5:30 p.m. Contact Bill Gasser at 2312. (Dec. 18)

THE PRINT CLUB of Rochester's annual show is on at the Gallery through December 15. The exhibition of recent work by Rochester print-makers was selected by Stanley Witmeyer.



Smith

Student Will Study Textiles In Spain

Debbie Smith, third year student in RIT's textiles program, is going to learn more about her craft in Barcelona, Spain.

Leaving Rochester on January 10, Ms. Smith will spend three months working with internationally known tapestry maker and painter Jose Grau-Garriga. Ms. Smith worked with Grau-Garriga this past summer when he taught a course on the

RIT campus.

"I think he was impressed with my work habits," says Ms. Smith in commenting on the invitation to work as the artists' apprentice during preparation for a Paris show scheduled in February. "I'm willing to work all day and all night until a piece is finished," she explains.

Ms. Smith will be paying her

GARC To Conduct Web Workshop

The Graphic Arts Research Center at RIT will conduct a Commercial Web Offset Workshop on February 12-14, 1975. This three-day workshop is for management-level personnel, people in supervision, sales, service, mill management, research and sales management in all areas of graphic arts. These workshops attract a wide range of people interested in the operation and technology of web offset.

Dietitian

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answering service.

Each of the participating dietitians answers one day's questions every two months. There have been more than 600 calls this year, and more than 1,100 since the service started in 1971. Town was one of the originators.

Rochester is one of the few cities in New York State to have such a service, Town says.

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