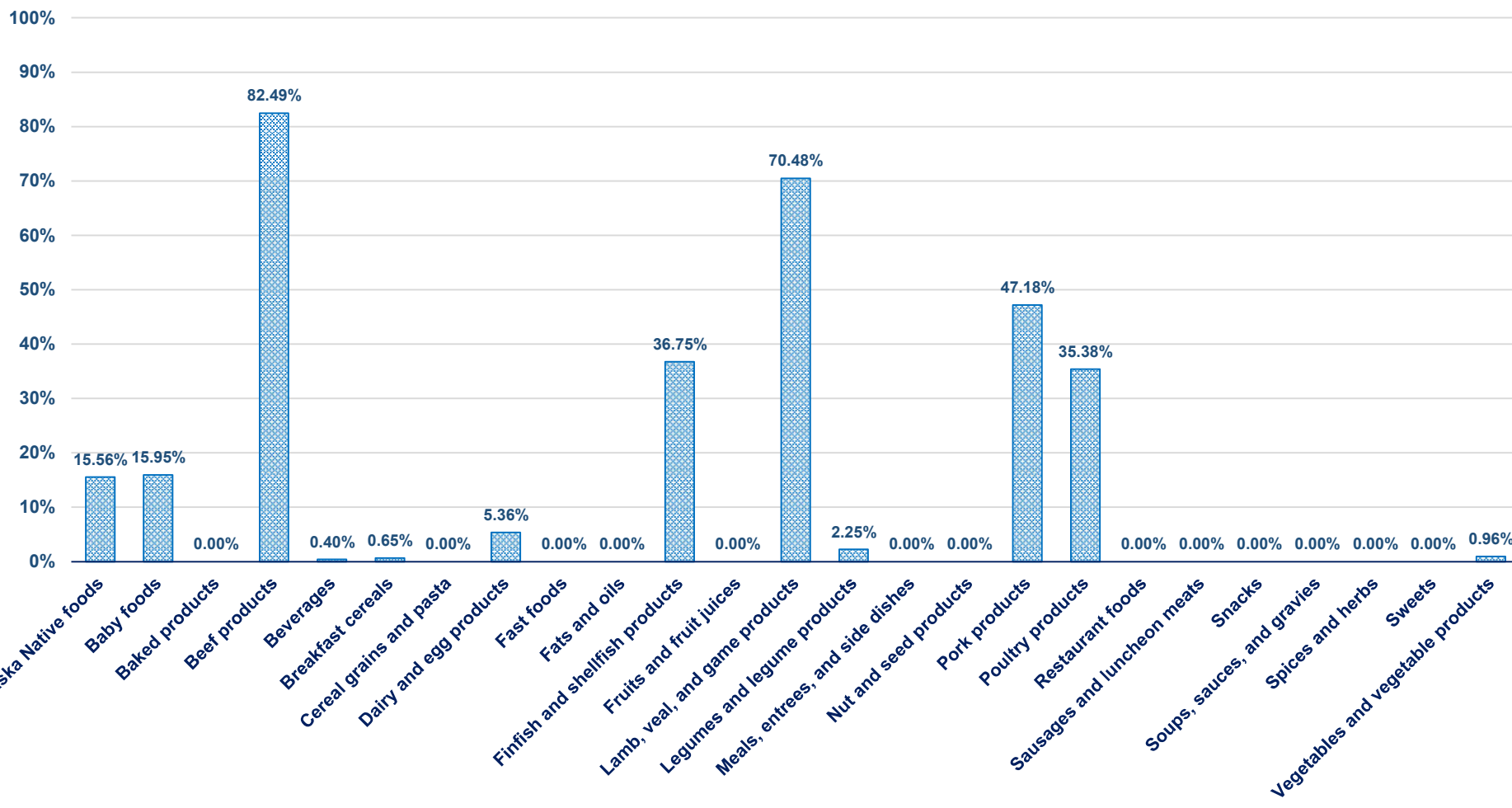


## Choline - Sodium



Averages (%) of foods containing appropriate levels of choline and sodium (to achieve adequate choline intake and to limit sodium intake) based on the proposed method in food groups

**References:**

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