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INSTRUCTIONS

## iviudelling in Clay.

a By A. L. VAGO.


LONDON:
SIMPKIN, MARSHALL \& CO.

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## INSTRUCTIONS

IN THE ART OF

# M0DELLING IN CLAY. 

By A. L. VAGO.


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## PREFACE.

From having been frequently asked for a Book of Instructions in the Art of Modelling, and being unaware of the existence of anything of the kind, I have presumed to furnish the information contained in the following pages as being likely to supply what appears to me to be an increasing want, now that the world is growing wise enough to appreciate the fact that the mind is improved and refined by the classical turn which it receives from being engaged in such an art. To this may be added the advantage arising from the fact, that by thus employing our leisure time, many of us are weaned from such courses as tend to lighten the pocket and impair the health. It should be known too, that by practising in the arts of either drawing, painting, or modelling, merely as a sort of pastime, many of the intellectual faculties acquire an acuteness which cannot fail to be of
advantage in every pursuit, whether of a literary, commercial, or mechanical character.

In thus undertaking to give instructions in the art of modelling, namely, by means of a book, I feel that I have engaged myself to a task by no means easy to accomplish. I may say here what at the same time will be well for the pupil to know, that one practical lesson in an artist's studio is more useful to the learner than a dozen books full of theory. It is easy enough to read in a book that a mountain can be removed by shovelfuls, but to accomplish such a thing practically requires much steady and untiring perseverance.

I do not know that it is different in other arts, but in modelling the pupil will find that he will not become master of the art merely by looking to see what the book says. By attending to what is herein advised, the pupil will learn how to set to work, which is somewhat desirable to know, as from setting out without any previous knowledge, the wrong way is mostly adopted, and the difficulty arising therefrom is apt to tire, and disgust, and to discourage from any further attempt
after the first failure. It is probably owing to this that the false notion is generally accepted, that "artists must be born ;" and as such an error is apt, in some cases, to deter many from making trial of their abilities, such a fallacy should be quashed. With this object in view I venture to say that no one can boast of a proficiency in any art that was not acquired by long and patient application. So much, then, for "born artists." It is certainly true that some persons are naturally of weaker perception than others; for while some persons can form a very correct estimate of dimensions and proportions by the eye alone, others dare not trust themselves without rule or measure. But even those of weak perception should not be deterred trying their hand at modelling on that account ; in fact, I would recommend persons to engage in the art for that very reason, since nothing could serve better to develop the perception and correct the judgment. Hence the advantage of the "Kinder-garten" system of teaching children, wherein modelling is included, by which knowledge is imparted not only through
the ear, but also through the eye, and even the finger-ends.

Those who feel diffident about producing anything worth while the trying, may take courage from the distorted forms that fill the market in Parian ware. It should be known that all productions in Parian ware shrink about one-fifth in the " firing," and previous to undergoing this process many of them warp, and what were intended to represent classical subjects often assume very grotesque shapes. Hence the preference, with a correct taste, for plaster casts to Parian ware.

In modelling, it is not always those who start with the best judgment that become the most successful in the art, for often when the eye is in advance of the hand, the "attempt," though even good for the "start," not being equal to what is desired, the tools are cast aside and the matter ended. Those void of such qualifications as constitute the connoisseur are often charmed by the first effort, and thereby encouraged to go on again and improve as they go. It was my own experience to be so delighted with my first attempt
that I thought there was nothing equal to it in this world; in fact, I prized it so much that, as the phrase goes, I " wrapped it up in lavender," that is, I stowed it carefully away. I went on dabbling occasionally in the clay, and forgot all about my original model. Some long time afterwards, while searching for something else, I came across a package, and being curious to know what it contained, I opened it, and beheld my much treasured model with a feeling of disgust, then as strong as my delight was great at the first. It was, of course, " disposed of under the hammer;" and this I acknowledge without shame, knowing as I do that the works of even great masters have sometimes been similarly subjected.

I feel thankful, however, that as an amateur I was not too wise for myself, as, like some critics whose knowledge is not founded upon experience, I might have known wonders and have remained too clumsy to snuff a candle without putting out the light.

I feel greatly inclined to believe that every teacher of music has experienced much the same
thing with regard to the musical faculty, namely, that those pupils having a quick ear for music are most reluctant to go through the ordeal of learning to perform on an instrument, because they cannot endure the jarring sounds which frequently occur from mistakes while practising: whereas those less sensitive in this respect go through their exercises more willingly, and become proficient soonest. From these instances it will be seen that any scruple arising from fear of failure should be abandoned; while the idea of "born artists" must appear as ridiculous as that of born washerwomen.

In the preceding and what is to follow, I hope that I shall not be found guilty of having trespassed upon territory belonging exclusively to that class represented by Messrs. Moore and Burgess, who may with impunity propose as facts worthy the serious consideration of the Darwinite-that pigs lay eggs and that sausages grow on trees.

That the object of this preliminary be not missed, I may add in concluding it that patience and perseverance will do much to develop, where
latent, those faculties so necessary to the proper comprehension of such subjects as engage us in the affairs of daily life. Although, as a fact, no kind of training will produce faculties, yet on this account we may not claim the excuse of being deficient, for excepting in cases of idiotcy, it is as unusual for a person to lack any one of the natural faculties as it is to see a face without a nose. The prospect, therefore, is clear to all who may wish to improve themselves as far as it is possible to do so by engaging in modelling, while success in the art will be in proportion to the diligence of the pupil.
A. L. Vago.

London, 1879.

## INSTRUCTIONS IN THE ART OF MODELLING IN CLAY.

WHAT TO PROVIDE AND HOW TO BEGIN.
Clay is the material generally used in modelling. That of the lightest colour is preferable, as dark clay obscures the shadows by which form is, to a certain extent, rendered distinguishable. If the clay be $d r y$ and hard when procured, it should be broken into small pieces and sprinkled with clean water. It should then be left to soak and occasionally stirred about so that it be moistened evenly throughout. It is possible to have the clay too stiff, as also too wet, to work it easily. When too dry or stiff add a little more water, and if too flabby and wet add a little dry clay finely powdered. It should then be well kneaded; this should be done by the person who is going to use the clay, as thereby the hands will become
used to its nature, and the ability to manipulate it facilitated.

It is advisable to begin not on too large nor on too small a scale, nor on any difficult or intricate subject ; neither should the novice attempt to model anything " out of his own head." Some common object should be chosen to copy from; say an old boot, to begin with, as this may be started on a flat piece of wood, and will not need interior props to support the clay; although a peg driven into the flat board will prevent the clay from slipping off.

In beginning to model, do not squeeze the clay into form in the hands, but lay it on the flat board, and gradually build it up until it assumes the form of the object being copied. Before introducing any detail see that the proportions are tolerably correct. It is of the greatest importance to attend to the contour previous to putting in the finishing strokes, as where it is attempted to finish from the beginning it is likely to be found, on making a general survey, that the work on the whole is out of proportion. To
correct work that has been once finished frequently necessitates much remodelling, unless the alteration can be effected by cutting out or letting in a wedge of clay, as the case may need.

## TOOLS.

With regard to tools, much may be accomplished with the fingers, although there are three

kinds in particular without which the progress of the pupil cannot be but slow. These are represented in the annexed cuts. That numbered ( I ) is used for roughing out, (2) for reducing and making grooves, and (3) for giving the finishing touches. With this tool numbered 3 , the small end of which resembles the bowl of a spoon, more work
may be done in one hour and with better effect than could be accomplished in three hours with a tool of any other shape.

The old boot, when attempted, will enable the pupil to understand better how to use these tools than words can inform. The tendency of the clay to slip or shift from its base will suggest the necessity of inserting pegs, by means of which the clay may be secured to the board. When the work is left unfinished it should be carefully wrapped round with wet cloths, for when left not thus covered up, the clay is apt to get dry and inflexible. When this should happen, an occasional sprinkling with water will restore its pliancy-a brush will serve best for this purpose. A glass shade placed over the model so as to exclude the air answers better to keep the clay moist than wet cloths. When the model is too large for a shade, a piece of oiled cloth laid over it may answer to prevent its moisture from evaporating.

The old boot or whatever other object may be chosen, is intended to give the "prentice han'"
something of dexterity in managing the clay, rather than for producing something for its sake. Although there may be no desire to set any great store by the first production, yet it is advisable to bestow as much care and attention upon it as if it were intended to be sent to the Royal Academy for exhibition; for the more proficient the hand is made by the first piece of work, the greater will be the ease of accomplishing the second.

When the model is finished, it will be well to invite a friend or several friends to inspect it, as defects are thus often detected which have been overlooked by the person engaged on the work. A person need not be a Royal Academician to be able sometimes to make suggestions which may be of advantage to the artist. A painter, while engaged on some pigs at a farmhouse, was told by the crow-boy that "the picter isn't nat'ral, for I never see'd three pigs feeding together without one at least of them had his foot in the trough." When a fault is pointed out in this manner, and it appears evident to the
artist, it is advisable to correct it. A little discretion should be used, however, even with regard to the criticisms of our friends, as otherwise we may fare the fate of the man who led the donkey, then rode the donkey, next carried the donkey, and got laughed at in the end, all from following the advice of several kindly disposed persons.

Should the old boot be adopted as a copy to work from, it should be filled with paper or whatever else may serve to fix its shape, for if this gets altered after the model is begun, it will give the trouble of altering the model to the last shape. On this account there is a disadvantage in working from a flexible copy, though in some cases it might be considered convenient on the same account, since it admits of being twisted to suit the model where it is wished to avoid the trouble of working the model up to the original shape of the copy. The moral to this kind of deception is, that the cheat alone gets cheated. The business of the pupil is to reproduce his copy faithfully, and not to cheat himself out of that practice intended to advance
him to a class which should be above such chicanery.

Having faithfully executed his initiatory model, the pupil will have learned how to work the clay and how to ply the tools. The next object chosen should still be neither too large nor too small, and the copy should be done nearly as possible the same size as the object being copied. This will admit of testing the proportions by means of calipers or compasses. It is better to work without using these until after the building up and roughing out is done, purposely to quicken the judgment with regard to dimensions and proportions, and then to correct by measuring before finishing off. It will be easy to take from where there is too much, and to add where necessary.

At this stage I would recommend a plaster cast of the mouth for the next study. This should be worked upon until it is accurately copied, even if it should take one hour's working daily for one month. Then a cast of the eye should be copied; after which a cast of the ear. Such casts can be obtained at one shilling
each. Those of classical shape are preferable. It is advisable not to go from one to the other until the first has been well copied.

The pupil may now choose such subjects as may be most agreeable to the inclination. If there be a preference for architectural modelling, a boss, not too elaborate, will make a good subject to start with. In the same way of basso-relievo, or modelling in low relief. But this branch of the art, in some cases, conjoins that of the painter, wherein it is necessary to observe the rules of perspective, where figures in the foreground are represented larger than those which appear in the distance.

I do not know whether any rule is recognised among painters which may direct the pupil with regard to perspective other than that of watching his work at such distance as it is intended to be viewed from by the spectator, where the eye affords the only guide. This method of reviewing the work at a distance may be employed with advantage in every instance, during the roughing out, as thereby the general effect is brought under
notice, which is of much more importance than fine finish.

THE FACE.
If the desire be to excel in modelling busts, the next best study is a cast of the face of the Venus

Fig. 2.

Fig. I.


MASK, VENUS DI MILO.


MASK, ST. JEROME, BY MICHAEL ANGELO.
di Milo (Fig. r) : copies of this can be had for 3s. 6d. each. This will be quite sufficient to test the patience of the pupil ; for in this study is some hair which should be copied, first the mass, and
then the minutir. The hair, which might be considered but as a minor point, will, in practice, be found most difficult to treat; but by diligence it may be mastered. The mask of St. Jerome by Michael Angelo is the next best study. In this cast the beard is represented in masses and not by fine lines. Where it is possible, it is better to represent hair by masses or tufts, than by lines, which give a harsh or hard effect rather than that of a wavy softness (Fig. 2).

It is of the greatest importance to copy correctly the contour and inequalities of the head, at least equally so as those of the face. Where the head is represented short in proportion to the face, the bust is apt to be regarded as that of a malefactor. In the illustrations which frequently appear in Punch, malign characters are represented as such with more force by a shortness of the head. It is not necessary to believe in the principles of phrenology, but an observance of them in modelling busts will materially assist the artist. The geography of the head, as furnished by the phrenological
divisions, supplies landmarks whereby the ground can be reconnoitred with precision.

## EXPRESSION OF CHARACTER.

It may be taken for what it is worth; but if the pupil cannot appreciate the fact that the head and face are indicative of character, he will be insensible to the chief charm in modelling busts, and he had better turn at once to still life, where it is not attempted to make " art stand substitute for nature," by giving to the clay a living form, that is, an expression of life and character.

French artists, who do not hesitate to recognise physiognomy, excel on that account in the art of portraying character in their busts. By certain strokes they can heighten those qualities for which the character is noted. This art cannot be conveyed in writing, it can be acquired only by attending to physiognomic indications while we are engaged in the clay. A little experimenting with this object in view will be advantageous.

That the pupil may not adopt half measures by neglecting to attend to the shape of the head,
under the impression that the face alone will answer the purpose of indicating character, I will here quote Lavater, that the importance of attending to the shape of the head may have more weight from being supported by an authority so pre-eminent. In his universally popular work on "Physiognomy," Lavater says, "I pay more attention to the form and arching of the skull, as far as I am acquainted with it, than any of my predecessors, and that I have considered this most firm and least changeable, and far best defined part of the human body as the foundation of physiognomy."

Having about me busts executed by the first masters, of poets, composers, philosophers, statesmen, and generals, I find from the biographies I have read of them, that the form of the head corresponds phrenologically in every particular to their known characteristics; and that marked proclivities are invariably accompanied by particular impressions upon the head.

Such then being my own experience, I cannot but think that a knowledge of phrenology must
be of advantage to those engaged in either painting or modelling portraits.

## MODELLING STOOLS, ETC.

At starting to model a bust in the absence of a modelling stool, some boxes should be arranged one upon another to such a height as to bring the work within easy access of the operator, so as to prevent stooping or over-reaching. The boxes in which " condensed milk" is packed can be obtained of any family grocer. These are strong and most suitable for the purpose. The next requisite is a turn-table. This is made by two pieces of ${ }^{\circ}$ board about a foot or more square, to suit the size of the work, being placed one upon the other, the top piece to turn upon a pivot fixed in the bottom piece. Six small sash rollers fixed equidistant in a circle under the upper piece will prevent the board becoming unmovable from the weight of the clay. The dampness of the clay will be apt to cause the turn-table to warp. This may be prevented by screwing two flat pieces together, with the way of the grain in the one
piece going crosswise that of the other. The turn-table is then placed upon the boxes or stool, and upon this comes the flat piece of wood or board with a prop fixed to the centre in a perpendicular direction.

HOW TO SUPPORT THE CLAY WHILE MODELLING.
On the board and about the prop, the clay is then laid and worked up into a bust. This prop going up the centre of the bust is to support the head and prevent it falling from its proper position. The prop should be about an inch shorter in height than the bust. If the lower part of the prop be of wood and the upper part of composition pipe, as used by gasfitters, it will admit of the head being twisted or inclined in such direction as may improve the general appearance of the bust. The pipe should be fixed to the wooden prop by being bound round with thin wire. If string be used instead of wire it will give to the clay an unpleasant or musty smell. Where the entire human figure is being modelled without drapery or what otherwise would
serve to support it, two props are necessary-one for each leg. These should be of iron, and bent, before fixing to the wooden base, in such direction as to admit of their coming within the centre of the legs and body. After the supports have been properly placed they should be firmly fixed to the base so as to prevent the figure yielding to the pressure employed in working on the clay. Should any part of the iron protrude as the model progresses, it is better to leave it projecting than to distort the model by altering its form on purpose to cover in such part, as any prominence of this kind in the model may be easily removed from the plaster cast. It will make the props more firm by binding one to the other in the body where they should meet. One prop at least should go through the whole length of the figure. If the arms are not resting against the body, they will need supporting ; a piece of composition pipe inserted at the shoulders, and branching out in the direction the arms should take, will best serve for supporting the arms. Composition pipe may be easily bent, even with the clay upon it, should
this be necessary ; it will also admit of being cut through, which is convenient when the arms have to be removed for the purpose of moulding the figure. This method of supporting the limbs in figures should be adopted when modelling in alto-relievo, that is, in those parts that would be in danger of falling off from want of such internal support. If the figure be draped down to the ground, a single prop going through the centre as in a bust will be sufficient.

When animals are being modelled in a standing position, it is necessary to have a prop in each leg, each to be previously bent to the form, and placed in the position required. Leaden pipe is best for this purpose, as the lower ends may be easily flattened, turned up and nailed down to the board. As the leaden pipe is not of itself sufficiently tough to support the body and to resist the pressure of working, a prop either of iron, wood, or clay, should be introduced between the stand and the centre of the body. In the plaster cast where iron rods are inserted in the legs, the centre prop can then be dispensed with, and may
be easily removed. When the centre prop is used to uphold and fix the body, it will not be necessary to nail down the leaden pipe, for the legs, to the stand, and then, should the position of the legs be not quite right, it will be possible to shift or remove them.

How to work with cleanliness and without WASTE.
The model should not be carved from a solid block, but the clay should be laid on in pieces one upon another, and beaten together into the shape desired by means of a short stick. The tool for roughing out is then employed to remove the clay from those parts where there is too much, and to spread the same where there is insufficient, after the manner of spreading butter upon a piece of bread. The clay has a tendency to adhere to the tools and to accumulate thereon. Such clay as is found clinging to the tool while working should be taken off and applied to the model where an addition may be needed. By this method of working, the clay will be economised and saved from falling and making a mess on the floor.

## LIGHT.

If it is possible to choose the place for modelling, it is better where the light comes in from above than from the side. When only a side light can be obtained, it will be necessary, after working on one side, to remove the model so that the light may fall on the other side, otherwise the likeness will be perceptible only under one particular light, and from only one point of view. A good portrait should strike from every aspect. When working by gas or candle light, the position where the light can come down upon the front of the work is best. It is most safe, where possible, to vary the position of the light either by shifting the light or the position of the model.

As previously advised, it is useless to introduce details until the contour has been completed. This applies in every branch of modelling, and particularly in busts. As in map-drawing, if the counties are wrong, the introduction of towns and rivers will not make them right. Before introducing the mouth and eyes, the pupil should watch that the head is in proportion to the
shoulders; that the width of the head is in proportion to its length. The nose may then be roughly indicated; after this, the ears, whose position at the sides of the head should be determined from the nose, as the position of the ears varies in different heads. In some cases the ears are situated farther back from the face than in others, and sometimes higher up than in others. The opening or orifice of the ear is, in some heads, in a line with the lower part of the nose ; in others, it is as high up as the eyes. The place of the mouth should be judged of from the nose, and indicated near to or distant from the nose according to the length of the upper lip. The eyes, too, in some heads are set nearer to the nose than in others, and sometimes more deeply. These differences should not be overlooked by the pupil who wishes to engage successfully in the art of modelling portrait busts.

Some busts are arranged to stand on their own base, as in term or block busts which terminate before reaching the outer ends of the shoulders. Shoulder busts, in which the arms
are partly represented, would look squattish if left to rest on their own bases; their appearance is improved when such busts are elevated upon a plinth or stand. Most of the antique busts are mounted on a round stand, something of the ogee or torus pattern. It is usual to model the bust without this stand, and to mount it on a stand after it has been cast in plaster. The stands may be had ready made.

## WHEN TO MOULD THE MODEL.

To make a mould from the clay model, and to make a plaster cast from the said mould, is an art distinct from that of modelling. When a model has been sufficiently well executed as to be worth reproducing in plaster, it is most safe to employ a professional moulder to do it. In the best hands it is very risky work, and in most cases the plaster cast has to be retouched by the artist. Clay models should be moulded as soon as possible after they are finished, because if left to get dry they crack and lose much of their original character. Where it is inconvenient to
call in a moulder, and the modeller, on this account, is anxious to do the moulding, a few hints on this art may be found useful. These will be given farther on.

In modelling the human figure, a knowledge of the external muscles will, be of great advantage. This may be gleaned from anatomical figures (Fig. 3). Plaster casts of these, ranging about two feet high, can be obtained at ios. each. There is a very fine reduction about this size, by Flaxman, of the Gladiator, which is most useful in the study of figure drawing or modelling. In schools of art this is a favourite subject to copy (Fig. 4).

## DRAPERY.

In modelling draped figures much attention is needed in the proper arrangement of pleats and folds. In drapery, one particular fold necessitates another, where a graceful consistency is maintained, as much as a given position of the arm necessitates a particular disposition and elevation or contraction of its different muscles. The best draped studies are found in casts from the antique
sculptures. In these the folds or pleats are represented by straight rather than by curved lines. Even where a fold assumes a circular form, it is effected in the best models, not by


FIGHTING GLADIATOR.
curved, but by broken straight lines (Fig. 5). I have somewhere read something about the line of beauty consisting of curved lines, but the engravings intended to illustrate this seemed, to
me at least, unnatural in the extreme, and altogether inartistic. If it be a rule that beauty consists of curved lines, I cannot think that it

Fig. 3.


ANATOMICAL FIGURE.

Fig. 5.

applies to drapery. The zigzag strokes which occur in rough or unfinished sketches, whether drawn or modelled, have an artistic effect which
is often lost or made to look mechanical, where rounding off or high finish is attempted. In modelling, mere indications have often a more artistic effect than a studied roundness. I do not know that any fixed rules on this matter are recognised by the great masters, the knowledge of which might save students from groping in the dark; but it has been my own experience to find that running lines, whether curved or straight, exist only in inferior work, while in the works of the best masters these are carefully broken up, and arranged in such manner as to avoid an offensive repetition. What is here said with regard to drapery, applies equally to the hair, where balance should be maintained but repetition avoided.

Previous to starting on the entire figure, I would recommend learners to begin with models of the hand and foot; casts of these are plentiful, and may be had in various positions.

In producing original models of draped figures it is usual, even among experienced sculptors, to clothe a lay figure and then to copy the same. Some artists are so particular with regard to their
model, in fixing the attitude and in arranging the folds of the dress so as to fall gracefully, as to spend several days thereon before they commence to copy it. And being aware that each kind of fabric has its own anatomy or physiognomy, they will provide for their model silk, satin, or whatever material they wish to represent in their work. This method I shall here recommend as furnishing the best and most safe rule to adopt to guard against the errors that may be made in modelling drapery, especially since each different attitude of the body determines its appropriate folds in the dress.

> PROPORTION.

In well-proportioned figures it is usual to find the length of the body from head to foot to be about eight times the length of the face measured from the lower part of the chin to that part of the forehead which forms the boundary between the organs of the intellectual faculties and those of the moral sentiments. The length of the hands bears a certain proportion to the fore-arm, and this to the arm from the elbow to the shoulder.

The foot is in length shorter than the leg from the ankle to the knee-joint, and this is shorter than the leg from the knee to the hip.

An idea of the proportion which the limbs bear to each other may be inferred from the following numbers which appertain to a figure measuring five feet ten inches from head to foot.

| From ground to ankle | 2 inches 7 eighths. |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| From ankle to knee | 18 | " | - |  |
| From knee to hip | 19 | " | 2 | " |
| From hip to collar-bone | 16 | " | 6 |  |
| From collar-bone to top of head | 13 | " | 1 |  |
| Length of foot, from heel to toe | 10 | " | 5 |  |
| Hand, finger-end to wrist-joint | 8 | " | 3 |  |
| Wrist-joint to elbow-joint | 10 | " | - |  |
| Elbow to shoulder | 2 |  | - |  |

These numbers apply to casts from antique models of the most symmetrical kind ; and for the reason that such models convey the best information, they are now adopted in every school of art as the most useful studies; and as therefore the foregoing numbers indicate what have been regarded, in both ancient and modern times, as the most perfect proportions of the limbs of the body,
they may now be adduced as a standard or rule, by the observance of which the student may avoid errors with regard to the proportion which the limbs bear to each other, the body, and to the entire length of the figure.

## DISPROPORTION.

It is difficult to lay down rules relating to Nature's handiwork to which she does not furnish exceptions; for we frequently meet with persons whose proportions will in no way fall in with the measurements given above. Some have bodies so long and legs so short as to be in a degree even painful to behold. I have seen persons with arms so short as to resemble much the appearance of a kangaroo; and others with arms so long as to appear like those of the gorilla; some with a giraffe-like length of neck, and others with legs so long compared with the body as to suggest the figure of an ostrich. Although such diversities show that Nature is not restricted by any bounds, they nevertheless do not excite that appreciation which we feel for what is intuitively regarded as
perfect. What, therefore, is inappreciable, not to say objectionable, in nature should be sedulously avoided in art ; while the importance of observing just proportions will be self-evident.

To render applicable the foregoing measurements to figures of any size, I now propose the following easy method for securing correct proportions.

METHOD OF MEASURING TO SECURE CORRECT PROPORTIONS.
Cut a stick of wood the same length as the figure intended to be modelled, whatever its size may be; mark off the same into twenty-four equal parts, then number each part in regular order from end to end. (Fig. 6.)
Number I marks about the ankle-joint from bottom of foot.

| " | 7 | " | " | knee | " | " |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| " | $13 \frac{1}{2}$ | " | " | hip | " |  |
| " | 20 | " | " | shoulder | " | " |
| " | 24 | " | " | top of head | " | " |
|  | Length of foot about $3 \frac{1}{2}$ parts. |  |  |  |  |  |
|  | Long finger-end to wrist-joint 3 parts. |  |  |  |  |  |
|  |  |  | " | elbow $6 \frac{1}{2}$ |  |  |
|  |  |  | " | shoulder 10 |  |  |

Length of face about $2 \frac{3}{4}$ or nearly 3 parts.

The head varies in size according to the character represented in the figure. Where physique is the predominating quality, as in athletes, the head will be small compared with the body. Where


Fig. 6.-hercules.
mind is in the ascendency, as in able statesmen and philosophers, the head is larger and forms the most attractive feature. The female head is smaller than the male head. To measure the
body, therefore, by lengths of the head, is a method, though common, by no means infallible. The head in children is much larger compared with the body, even than in statesmen.*

## PROPORTION IN CHILDREN.

The body is longer in the child than in the adult figure, to which alone the foregoing measurements apply. The growth is greater in the limbs during youth until manhood.

The method herein proposed of measuring the

* The fact that the head is larger in children than in adults, compared with the rest of the body, was pointed to by anti-phrenologists as being opposed to the phrenological theory. In answer to this I beg to state, that even if it were a principle of phrenology, which it is not, that the size of the head, compared with that of the body, decided the amount of mental power, the doctrines of phrenology would remain unaffected by such an objection, for though the head of the less intelligent child is larger than that of the more intelligent man, it should be remembered that the brains of infants are more taxed than those of adults. The child is ushered into the world as a stranger, but what is stranger still is the world to him, for he knows nothing of it, nor of anybody about him. About the "earth and the fulness thereof" he has everything to learn. He at first perceives objects, he next learns to distinguish and remember them, and after much floundering
proportion of the limbs applies equally to slim or thickly-set figures ; accordingly there can be no settled or fixed measurements employed to decide what should be the width or circumference of the chest compared with the height of the figure. In the male figure the circumference of the chest should be greater than that of the loins or about the hips, while in the female figure this order is nearly reversed (Fig. 7). In nature there are exceptions to this rule which should be studiously avoided as models to work from.
about, he directs his tiny hands to reach them. Every movement thus made is the result of brain work, although to all appearance performed mechanically, and without consciousness; for when the nerve is severed which connects the limbs with the brain, all such movements cease. Before the child can walk he has to learn to balance himself, and during this lesson he often gets a hard thump for the slightest mistake. In short, he has to learn many rudiments, a task much more difficult than their application. It is the first part of life's business that is most difficult. The child has a larger head than the man, admitted; and the largest amount of mental taxation to endure, indisputable. Let this settle the matter. As it is upon phrenological principles that I take my standpoint in directing the pupil through these pages, I hope to be excused for this digression.

COMFORMABLENESS OF THE BODY TO THE HEAD.
Just as the head and face are expressive of the character, so will the whole body bear a general correspondence to these, and is, necessarily, as a

consequence, indicative of character also. Indeed, there is an unswerving relationship of the head to the body down to the very finger-ends. With
the feet and body of the hawk we need not the head to know them to be of a rapacious creature. Here is a law which if observed will save the pupil from joining parts which nature repudiates without exception. How ridiculous it would seem if the nervous and philosophic head of Voltaire had been placed upon the body of the Farnese Hercules, a head of the most delicate lineaments on a body of full-blooded muscles.

I give it upon hearsay that a naturalist of high repute, on being furnished with a single bone of an unknown animal, drew the entire skeleton, and when the drawing was compared with the entire skeleton, which was afterwards found, the resemblance was perfect.

If a single bone bears about it characteristics by which the naturalist is enabled thus to determine its place, the number and relative proportions of the bones composing the entire skeleton, it leaves no doubt whatever of the existence of a relationship between the difterent parts of the same body; bearing, as it were, a sort of family
likeness one to the other, while the fact distinctly points to the existence of a law (fixed principles in Nature), the knowledge of which would materially assist both the painter and sculptor.

Even at the present time there seems to be a deplorable ignorance among artists of those principles, the knowledge of which supplies the man of science with so unerring a guide. Even the Royal Academician is found guilty of combining incongruities, by placing the head of a profound and deep-thinking philosopher upon the body of a gaunt slouch.

## CHARACTERISTICS IN DRESS.

In Nature, where the head is expressive of delicacy and refinement, we find the same conveyed by a delicacy of form throughout the entire body, even to the folds of the dress. Take the sporting gent on the morning of the race, his face is full of life and animation, his gait is light and active; but behold him at night with eyes bleared, countenance fallen; does his
body retain its morning's elasticity? no! like his face, it has a downward hanging. Even his dress, so prim in the morning, is now, like the body within, dull and heavy.

In heraldry, where we meet with various combinations, the savage is not joined to the docile creature. The griffin with its eagle-like head is not supported with the legs of the gazelle, but upon sinuous claws; even the wings and tail are forked, and convey the fierceness expressed in the head.* The sluggish pig's head is never joined to the graceful neck of the swan. In the legions of fabled monsters such digressions are not admitted which artists frequently commit in ignorance of the law which invests every part of the animal system with the same characteristics.

If the ancients were not possessed of any systematised theory on the subject, they seem, at least in their sculptures, to have observed such a law. The statue of Apollo, which is so much admired for its symmetrical proportions,

* See title-page.
shows the face to be almost expressionless, and this quality is conveyed throughout the whole body by its smooth and unbroken surface. The fighting gladiator, on the body of which every external muscle is markedly shown, is much more attractive on this account, and though its character is only that of an athlete, the head is quite in conformity with this, showing a fulness at the lower part of the forehead, indicating a suitableness for grappling with physical difficulties, but wanting in that height usual in those who engage in refined and philosophic studies.


## PHRENOLOGY, ITS AID IN MODELLING.

It may appear presumptuous to those who are prejudiced against phrenology, but it is my own opinion that the pupil who aims at perfection in the art of modelling will do well to attend to the principles propounded by the phrenological theory. I do not mean to imply that a knowledge of scientific principles alone will constitute an artist, but aided by such knowledge the pupil will be enabled to anticipate the result
of each stroke with a degree of certainty which will bring him to a state of proficiency that goes a long way towards making him a master of the art of modelling. It will inspire him with a confidence which will make his strokes masterly; but unguided by such knowledge, however expert in the use of the tools, his work may be well done, but look blank and meaningless. It is not the man who writes the best hand that pens the best essay. That man who can only scrawl, but understands his subject, will carry the palm. The rough-hewn works of Michael Angelo are not improved upon by the highly finished productions of the amateur.

But some are so insensible to human nature, that any reference made to character is, to such, as futile as an oration delivered to the deaf, or as an essay on colours to the blind.

There is not a single object in Nature which, in its outward form, does not bear physiognomic indications of its internal nature.

In the vegetable kingdom there are thousands of plants possessing each a particular medicinal
property. It is by the form and general appearance of each that the botanist knows to distinguish these. This has to be done with a degree of certainty to make them useful for pharmacopial preparations, on the quality of which human life often depends. It is well known that many wholesome plants have their spurious prototypes, which, when mistaken for the genuine, prove very injurious. In cases of this kind, although the resemblance is so great, there is a difference by which any one experienced in such matters can distinguish the good from the bad.

In mankind, such resemblances are not uncommon, and require an experienced judge to know the gentleman from the dissembler; and while such differences are to be distinguished by such slender shades, the artist cannot be too wary of them, nor should he consider that time but as well spent which will lead him to a knowledge of those principles by which he may guide his strokes to a desired end ; for should he produce anything good without such knowledge, either inherent or
acquired, it will be the result more of chance than art, and he can have no dependence on himself.

Phrenology points not only to forms and proportions in deciphering character, but in the name of "temperament" it directs the attention to constitutional conditions, which decide the quality of the bulk. This is an item which the artist, understanding his business, will not allow to be passed over as unimportant. He will then know that it will be but spoiling his work to engage upon a sitter whose face from indisposition is flaccid and inanimate. Grief or a slight cold will sometimes obliterate for a time the delicate lineaments of the face, and make it look inert and dead. Cases of this sort have been known sometimes to disgust persons with their own appearance. The artist seeing from this the important part which these fine chisellings form in portraying character should not fail to insert them in his work when his model demands their presence, nor fail to represent them correctly lest the least deviation should alter the expression. By a knowledge of the temperaments the artist will understand that
a feature insufficiently developed in proportion to the rest of the face will make that part look weak, while an excess is likely to give the part the appearance of being diseased.

Should the pupil be unable to appreciate this, and still wish to become a sculptor, I would advise him to turn from living subjects and choose dead ones, such as monuments and tombstones. Here I shall leave the pupil to himself, who must not forget that continued practice, and not theory or books, will make the artist.

TO CAST CLAY MODELS IN PLASTER.
To make a plaster cast from the clay model, say a bust, a mould is first made in two parts. To accomplish this, the model has first to be specially arranged, by placing a band or ridge of clay around the head after the manner of the rim of a hat, about the back part of the head rather than at the top, after the fashion that hats are worn by sailors. A thin layer of plaster is then carefully thrown about the bust, until the part below the rim is thoroughly covered right up to the edge
of the clay margin, avoiding as much as possible the plaster splashing on to the model above the clay ridge. The quantity of plaster to be mixed for this purpose will depend on the size of the model, and must be judged of by the operator. In mixing the plaster for the first layer, some water, about sufficient for the purpose, is poured into a basin sufficiently large to admit of mixing. The water is then tinted by throwing in a little dry Venetian red or yellow ochre as supplied by colourmen in powder. After one or other of these colours has been well stirred into the water by means of a spoon, the plaster is then lightly but quickly sprinkled in until it is seen rising nearly level in all parts with the surface of the water; it is then stirred up, and not before, and without delay applied to the model by throwing on with the hand or a spoon, whichever is found to answer best. This should be done expeditiously, for plaster when mixed, like " time and tide, waits for no man." The plaster should be used while in a thin fluid state, for if applied when it becomes thick or stiff, it will impress or distort the model.

After the first layer of tinted plaster, about the thickness of two or three penny pieces, is on, it should be slightly sprinkled with a little clayey water, that is, water with a little clay stirred into it, about sufficient to give it a milky consistency. This is used to serve to separate the first thin tinted layer of plaster from the second thick white layer which follows. After the first layer has been sprinkled with the clay water, it has then to be covered with another layer of plaster mixed as the previous one, but without colour, and spread on about half an inch or more in thickness all over. Large models require the mould to be thicker than small ones for fear of a collapse while working. When this part of the mould has been made sufficiently strong or thick, the clay band or rim is next carefully removed from around the head, and any roughness about the margin of the mould, formed by the clay band, should be carefully cut away, and four or more sloping notches cut equidistant in the margin of the mould, which is then brushed over with clay water; then a thin layer of tinted plaster is
applied to the uncovered part of the model, extending right to the outer edge of margin of the first part. This is sprinkled with clay water, and then covered with a thick layer of uncoloured plaster, as in the previous part of the mould. The mould has now to be sprinkled with water (not clayey), until it is thoroughly saturated and shining with wetness. Plaster, even when recently mixed, is, as soon as it is set, very porous and absorbent, and requires a deal of sprinkling, or soaking where possible, to sufficiently saturate it. Any superfluous plaster that may be overlapping where the mould should separate, should be removed by cutting away. The top piece of the mould is now to be pulled off: should it resist, it may be prized at the opening with a chisel at different points. When the top piece is removed, the clay model is then carefully withdrawn from the interior of mould piecemeal. Whatever instrument is found best for this purpose may be used. It is best to clear the clay from the middle of the model, until it gets thin enough to bend away the rest remaining on the
interior of the mould. In getting the clay out some care is necessary to avoid notching the interior of the mould, for any impressions thus made will produce corresponding defects in the cast; although these may be easily remedied, it is better to save this trouble by a little previous care. When every particle of clay has been removed, the mould should be carefully washed throughout the interior with a limp haired brush. When thoroughly washed the mould should be left to drain for awhile, and then washed with soft soap reduced to a creamy consistency with boiling water, about a pint and a half to a half pound of soft soap. It is best applied with a brush as when shaving. After the interior of the mould has been well brushed all over, some sediment of the soap will remain on the surface, but this must be all carefully brushed out, but no water to be used for this purpose. When thus prepared the top piece is to be replaced and bound down firmly with cord. The exterior should now again be well saturated with water. A layer of plaster, mixed as previously advised
without colour, is now thrown in and shaken all over the interior of the mould. Other layers are to follow this in quick succession until the cast becomes thick enough.

In twenty minutes after throwing in the last coat of plaster the cast should be sufficiently set to remove the mould therefrom. With chisel and mallet the exterior mould is gently chipped away from the interior tinted layer, which is next removed by being picked off with whatever kind of tool is found best for the purpose-one flat, pointed and slightly curved at the end, is mostly used. The cast may now be finished at leisure.

In making casts from full-length figures the same method is employed, excepting that the clay band, used to form the separation in the mould, is made to extend from over the top of the head down the sides towards the back right to the base, so as to form a sort of back and front to the mould. In moulding masks or relievos one piece will be sufficient, without making the mould in parts. Should the mould break into pieces
before the cast is made, the pieces should be put together accurately, and fixed with plaster on the outside.

The first layer of tinted plaster should be thrown into all the interstices, so that every part of the model be covered by it. The tinted plaster is used to distinguish the mould from the cast, so as to guard against chipping beyond the one and into the other, of which there would be great danger if the mould were not thus distinguished from the cast.

This method of casting models is known as waste-moulding, probably because the mould is destroyed in getting out the original cast.

Where the arms or other parts of a figure extend away from the body, it is usual to cut these off, and to mould and cast them separately. Undraped figures, standing with only their legs to support them, should, when being cast, have rod iron inserted in the legs to strengthen them. The iron should be previously cut to the proper length, and then bent to suit the curves of the legs. This is best done by fitting to the mould previous
to preparing, and tying it up for casting. The iron is put in through the opening at the base as soon as possible after the plaster has been thrown in. The iron should be bent up at the bottom end to prevent it slipping away through the legs into the body, otherwise its purpose will be lost. The iron by being thus bent into the stand, will add to the strength of the figure. The arms should be strengthened in the same way, with the iron jutting a little way out where the arm joins the body. The part jutting out, by being let into a hollow purposely made in the body, will make the joint more secure. Where plaster casts have to be joined up from being made in parts, the parts to be joined should be hollowed by cutting inward ; the hollows are then to be well wetted, filled in with plaster, put together, and held firmly until set. The plaster that oozes to the surface, as it should for the joint to be a firm one, is then to be carefully scraped away. The iron used for strengthening the casts, after it is cut and bent to the length and shape required, should be made hot and rubbed all over with common sealing-wax.

This will prevent it rusting, and staining the cast with iron-mould.

The art of making piece moulds, from which a number of casts may be produced, requires almost an apprenticeship to learn, and consequently cannot be acquired theoretically. From such moulds impressions in clay may be taken, and terra-cotta copies repeated when clay specially prepared for such work is used. Such impressions, or clay squeezes, as they are otherwise called, require some trimming-up after leaving the mould, and must be allowed to get thoroughly dry before being submitted to the kiln for baking.

The original model may be done in terracotta clay, and if built up hollow may be baked, and so preserved without being cast in plaster.

To make a waste mould and cast will be found much more easy to read about than to do, especially by those who have never seen such work done. A practical lesson would save a deal of bungling.

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