

THE HOSPITAL CLIPPER



VOL. 5 NO. 9

NAVAL HOSPITAL MEMPHIS, MILLINGTON, TENNESSEE 38054

SEPTEMBER 1971

THREE RETIRE

The past month has seen the retirement of one Nurse Corps officer and two Chief Hospitalmen.

ICdr. D. J. Shields, NC, USN, retired from active duty in ceremonies held 31 August 1971. ICdr. Shields first reported to Naval Hospital Memphis on 21 September 1970 from the Naval Aeromedical Center in Pensacola, Florida. While at this command, Miss Shields served as a charge nurse, working primarily in the Dependent Services Division. Miss Shields left the Navy after ceremonies in Captain Nauman's office for her new home in Broken Arrow, Oklahoma.

HMC R. J. Marker, Jr., USN, retired 13 August 1971 at ceremonies held during the personnel inspection. Chief Marker, who reported aboard Naval Hospital Memphis on 29 July 1969, worked initially

in radiology and most recently in the Personnel Division. Chief Marker who entered the Navy in February 1952 has made his new home in the Millington area.

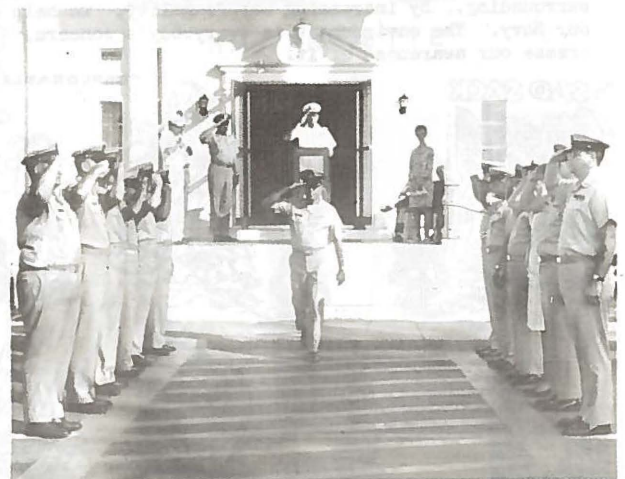
HMC R. E. Sells, USN, retired from active duty 7 September 1971 in ceremonies held at the hospital. Chief Sells reported to Naval Hospital Memphis from the Service School Command, NTC San Diego on 19 August 1970. While stationed in Memphis, Chief Sells worked in the Nursing Education Office and later headed the Education and Training Office. Upon receiving his retirement papers and letter of commendation from Capt. R. D. Nauman, Chief Sells departed for his new home in Louisville, Kentucky.



ICdr. Shields, NC, USN, receives a letter of commendation and best wishes from Capt. R. D. Nauman upon her retirement from active duty as Capt. Davis looks on.



Chief Marker is piped ashore in retirement ceremonies at last month's inspection.



Chief Sells is piped ashore in military retirement ceremonies held 7 September 1971.

CAPTAIN R. D. NAUMAN, MC, USN.....COMMANDING OFFICER
 CAPTAIN C. R. HAMLIN, MC, USN.....EXECUTIVE OFFICER
 COMMANDER J.W. YOUNG, MSC, USN.....ADMINISTRATIVE OFFICER

DUPLICATED MONTHLY ON GOVERNMENT EQUIPMENT WITH NON-APPROPRIATED FUNDS AND IN COMPLIANCE WITH NAVEXOS P-35 REV JULY 1958. DISTRIBUTED FREE OF CHARGE TO PERSONNEL OF THE NAVAL HOSPITAL MEMPHIS, MILLINGTON, TENNESSEE. THE HOSPITAL CLIPPER SOLICITS NEWS ITEMS FROM ITS READERS.

EDITOR-IN-CHIEF
 EDITOR

ICDR F. D. SAINES, MSC, USN
 HM3 D. H. RESLER, USN

EDITORIAL: OUR ENVIRONMENT

by HM3 David Resler

Some of the national fervor over the problems of the environment seems to have waned in the past year. The national concerns seem to have shifted more toward current economic problems and inflation. Nevertheless, the environment represents probably the greatest challenge to the citizens of the United States and even the world in the last three decades of this century.

As consumers, we all tend to try to shift the blame for pollution to the faceless industrial giants in our society. The real offenders though are not only these corporate titans, but you and I - the John Q. Citizens of the U. S. It is our automobiles that account for well over half our atmospheric pollution and a significant portion of the noise pollution. It is our wastefulness and garbage that is flooding city disposal systems with tons of paper, bottles, cans, and food waste each day.

Our technology has made at least an initial response to the challenge of saving our environment. We now have the technical know-how to recycle glass, metal, paper and organic wastes. But, the solution requires the cooperation of everyone - consumers and corporations alike.

Alright, you say, what can I do? As goes the saying - "charity begins at home," so too does the personal charity of environmental awareness. Cities across the nation, including Memphis, have embarked on experimental projects designed to solve some of the problems of waste disposal. Consumers are asked to separate their trash into separate containers for cans, paper, and glass and then deposit these at various collection centers around the city. The collected trash is then recycled into new paper, cans, and bottles. Admittedly, such a program requires great cooperation on the part of the consumer, but the cost of not doing so may be far greater - the loss of our nation's beauty as we have known it.

Further, as Navy men we can all do our part even while on duty. Keeping our working spaces neat adds to our efficiency and enhances our environment. Wastefulness on our part hurts us at least two ways - as taxpayers and as people who enjoy a pleasant surrounding. By increasing our frugality, we help ourselves and our Navy. The environment is everybody's concern, so let's increase our awareness of it.

LIBRARY NEWS

Ritter, Lawrence S., MONEY.
 Gibbons, Euell, STALKING THE GOOD LIFE:
 MY LOVE AFFAIR WITH NATURE.
 THE RADIO AMATEUR'S HANDBOOK.
 Phillips, M. W., STEP-BY-STEP MACRAME.
 A complete introduction to the craft of creative knotting.
 Tompkins, Peter, SECRETS OF THE GREAT PYRAMID.
 Gaines, Ernest J., THE AUTOBIOGRAPHY OF MISS JANE PITTMAN. A fictional autobiography of a black lady born in slavery on a Louisiana plantation who is freed at the end of the Civil War and lives for one hundred more years to see the second emancipation.
 Wager, Walter, VIPER THREE. It was impossible. There were too many safeguards. Not even Fort Knox had security as tight as that surrounding the underground control center of an ICBM launch site. Yet five condemned murderers had penetrated to the very heart of the Minuteman site code-named VIPER THREE...

CHAPLAIN'S CORNER

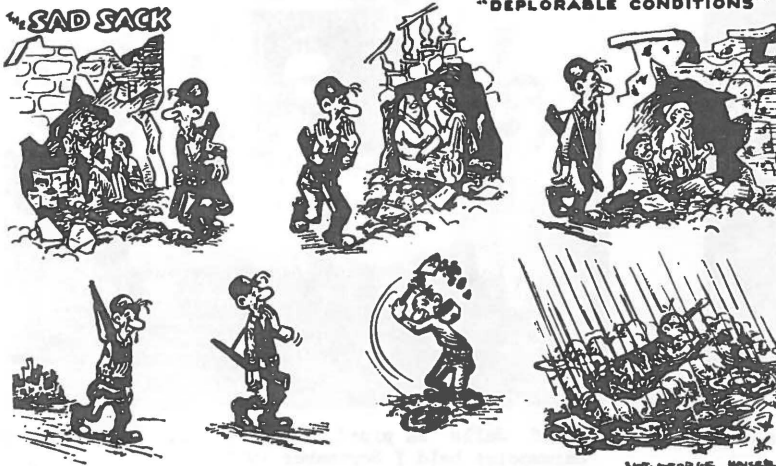
by Cdr. D. C. Alexander

A missionary in Iran was learning the language. One day he asked his native teacher to tell him a story. The teacher thought and then told this story:

The great and good Shah Abbas liked to mingle with his people in disguise. Once dressed as a poor man he visited the fireman who heated the water for the public baths. The Shah sat with him and they talked. When meal time came the fireman shared his black bread and his jug of water with his crew and his new friend. The Shah came often. The fireman opened his heart to him, because he loved him.

One day the Shah told him who he really was. The fireman only looked at him in love and wonder. He asked nothing. The Shah asked, "Do you not understand, I can make you rich?" The fireman replied, "Yes, my Lord, I understand. You have left your palace to come sit with me in this dark place. You have shared my coarse bread. You have listened to my thoughts. You care whether I am glad or sad. You can give me nothing greater, nothing richer. For others you may give riches, but to me you have given yourself. I ask only that you will never take your friendship from me.

"Behold I stand at the door and knock; if any one hears my voice and opens the door, I will come in to him and eat with him, and he with me."





CDR. CAMPBELL



LTJG. FARMER



HM2 THOMASEK



HM3 RANEY

D
E
P
A
R
T
U
R
E
S



L CDR. ECHOLS



HMC ROWE



HM3 PREVETTE



HN SMITH

**O-R WINS
BOWLING TITLE**

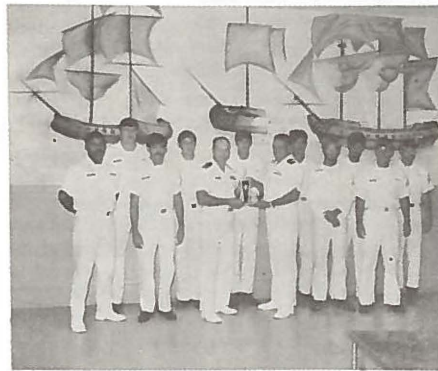
The Operating Room bowling team claimed first place honors in the Medical Intramural Summer League. The O-R team edged the Security team to claim the league title.

Having won the first 15-week session in the bowling league, the Operating Room team must win the championship two more times to claim permanent rights to the trophy. The league trophy which goes to the championship team of each session must be won three times to be kept by any one team.



Pictured above are (L-R) LCdr. C. W. Null, league vice-president HM2 W. M. Young, O-R team captain, and HMI G. R. Ross, league president.

**Softball Team
Places Second**



Pictured above is the 1971 Hospital softball team as Capt. Nauman presents the second-place trophy to team captain. LCdr. C. W. Null. The softball team, having claimed second place in regular season play, dropped the final game in the championship play-off series to NATTC by a score of 3-1.

Departmental Spotlight On:

ORTHOPEDIC SERVICES

The Organization Manual of the Naval Hospital Memphis states that the "orthopedic service shall provide and coordinate services relative to the examination, diagnosis, care, treatment, rehabilitation, and appropriate disposition of patients requiring orthopedic service." To accomplish this rather extensive task the service has been subdivided into surgery, clinical, and physical therapy branches.

As Chief of Orthopedic Services, Capt. E.M. Hemness, MC, USN, has direct supervision and responsibility for the entire department- the largest professional department at this command. Assisting Capt. Hemness are Medical Corps Officers: LCdr. J. J. Williford, Lcdr.T. F. Connally, and Lt. G. A. Busbee.

These officers act both in the surgery and clinical branches of Orthopedic Services. As surgeons, they specialize in surgery for abnormal conditions of bones, joints, muscles, fascia, and tendons. Wards 4 and 6, under the supervision of Nurse Corps officers LCdr. J. T. Dennis, and LCdr. P. J. Van Cleave, respectively, pro-



Capt. E. M. Hemness, Chief of Orthopedic Services, reviews some charts at his desk.

vide both pre-operative and post-operative care for orthopedic patients. These two wards handle approximately 85 patients per month as in-patients. Acting as senior corpsmen on the two wards are HN M. S. Smith, Ward 4, and HM3 W. R. Brown, Ward 6.

The Orthopedic Clinic sees approximately 1300 patients per month. HN "Skip" Barkley acts as senior corpsman for the clinic. The clinic examines, diagnoses, and treats both in-patients and outpatients and provides consultation to other department's patients.

The Physical Therapy branch provides prescribed treatments to both in-patients and outpatients. Lt. M. O. Eckel, MSC, USN, a physical therapist, has direct charge of the PT branch. He is assisted in his supervision by HM2 Obusek who acts as senior corpsman for PT.

The Orthopedic Services Department provides care to all active duty members of the Armed Forces and their dependents as well as retired personnel. Its patient load per medical officer is comparable to other Naval hospital orthopedic services.

**NHMFS Corpsman
Completes
Program**

BETHESDA, Md. -HM3 Leland W. Calhoun of the Naval Hospital Memphis is among twenty hospital corpsmen who have completed the first phase of the newly created Physician's Aid (Screening) Course at the National Naval Medical Center.

The two-phase course consists of four weeks of instruction at the medical center, followed by six weeks of general training in health care service in a family practice environment and two weeks in pediatrics at the student's duty station. During the instruction each student works under the supervision of a Navy medical officer.

When they finish the course, the students will be qualified to assist Navy physicians in the out patient clinics of Naval hospitals.

These trainees will be qualified to take medical histories, order lab and X-ray examinations, and prepare prescription refill forms.

Ignore the problem . . .



And it'll haunt you!

TWO COMPLETE ITC SCHOOL

Two enlisted men from Naval Hospital Memphis recently completed a four week Navy instructor training course at NATTC.

SD1 N. Almachar and HM3 D. H. Resler were graduated on 10 September 1971 from the ITC school. The training consisted of specialized instruction in teaching procedures and techniques used in the Navy training programs.

HM3 Resler graduated as class honor-man with a final grade average of 93. He also received an official letter of commendation from Capt. O'Callaghan, Commanding Officer of NATTC, for outstanding performance of duty while in the school.

SD1 Almachar is assigned to Staff Personnel, while HM3 Resler is assigned to the Education and Training Office.



(L-R) Capt. Neuman; Capt. Davis; Mrs. Coker, R.N.; Barbara Powers; Nancy Booth, president of the Wives Club; Lois Hester; Sharon Ross, vice-president; and, Mary Williams.

Lab Proficiency Exams Offered

WASHINGTON (AFPS)- Proficiency examinations, a milestone on the road to career mobility in medical laboratories, will be offered for the first time on Saturday, November 20, at test centers throughout the country. Deadline for application is October 22.

The new examinations, administered by the Educational Testing Service for the National Committee for Careers in the Medical Laboratory, are open with no eligibility requirements, to all laboratory workers. For this, courtesy of the United States Department of Labor Manpower Administration.

An important aim of the examinations is to equate military training and experience in terms of civilian employ ability, thus easing the transition of military lab specialists into civilian laboratory jobs.

Four examinations will be offered in the clinical laboratory areas of Blood Banking, Clinical Chemistry, Hematology, and Microbiology. They can be taken individually, or all together. The examinations were developed by a committee of experts in each field, representing laboratory directors, teaching supervisors and specialists.

Information regarding this exam can be had by writing:

Medical Technology Proficiency Examinations, Educational Testing Service, Princeton, New Jersey 08540.

WIVES CLUB PRESENTS GIFTS

The Navy Hospital Enlisted Staff Wives Club recently presented the hospital with toys and equipment for the Pediatrics Department. The Enlisted Wives Club raised the funds for gifts through bake sales and other service projects. Included among the gifts were toys, a high chair, and a stroller.

The Wives Club meets bi-monthly on the second and fourth Thursday of each month in the Enlisted Mess Hall of the hospital at 2130.

Capt. Neuman, Commanding Officer, and Capt. Davis, Chief Nurse, gratefully received the gifts from the wives on behalf of the hospital.

Mother's Club Donates

The Navy Mothers Club of America, number 951, of High Ridge, Missouri recently presented the hospital Red Cross with various gifts. Mr. and Mrs. Hahne Clement brought the gifts to Memphis from High Ridge.

Included among the gifts were 100 paint sets, 100 model cars, and 60 shaving mirrors.

W-P Freeze

Hits Military

President Nixon in his address to the nation last August 15, set forth by administrative order a strict wage and price freeze affecting all segments of the economy. Members of the Armed Forces as well as civilians are affected by the order.

The Secretary of the Navy, in an effort to comply with the Chief Executive's order, advised that all longevity increases, increases in special pay for Medical and Dental officers and increases in incentive pay for flying crew and submarine duty, which were not in effect prior to Sept. 1, 1971, are suspended.

The only exceptions to this order are POW/MIA's, members in pay grade E-1 with four months service and hospitalized persons wounded in action.



Pictured above are (L-R) Miss Benton Red Cross service; LCdr. Null; and, Mrs. Hahne Clement.

AWARDS & PROMOTIONS



LCdr. D. C. Swearingen, MC, USNR, is promoted to his present rank by Capt. Nauman and Capt. Hamlin.



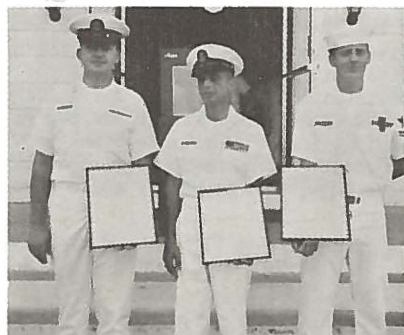
LCdr. Griffin, MC, USN, is presented a letter of commendation from the USS Roosevelt by Capt. Nauman as Capt. Hamlin looks on.



HCM M. C. Henry receives a Good Conduct Award from Capt. Nauman.



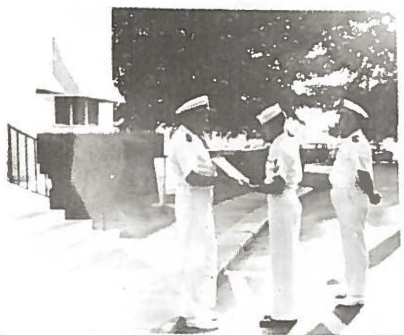
HMC R. L. Olley is presented a Good Conduct Award by Capt. Nauman at the August inspection ceremonies.



HMC S. D. Henderson received his seventh Good Conduct Award, as HMC M. L. P. Campbell received his sixth and HM2 C. S. Ramsey, Jr., his first.



Lt. John K. Crowe and LCdr. R. L. King present HN Randy Karfs, HM3 David Blake, and HN Patrick Ullmer with certificates of completion of x-ray school.



HM2 J. W. Moore, USN, was named Sailor of the Quarter, for the fourth quarter of the Quarter, for the fourth quarter by Capt. R. D. Nauman in ceremonies held on 13 August 1971. Moore was cited for outstanding performance of his duties while assigned to the office of the Administrative Officer.



Pictured above are the personnel who were advanced to HM3 on 1 September. (L-R) W. R. Brown, S. C. Mothershed, R. C. Warren; back row, J. A. Bishop, S. C. McCants, J. S. Davis, and J. K. Sapp.



Mr. Delashmit, Fiscal and Supply Department, is presented a letter of appreciation upon his retirement from the Civil Service. Cdr. Young and LCdr. Peterson present Mr. Delashmit with his certificate.



Pictured above are (L-R) LCdr. Quinn, HM3 S. A. South, and Capt. Nauman. HM3 South recently completed a program of training in which he has been certified as a qualified urology technician. South is assigned to the Urology Clinic.

HOSPITAL TOPS CFC GOAL



Above Cdr. Honigman and Capt. Nauman display a certificate stating that Naval Hospital Memphis has surpassed its Combined Federal Campaign Fair Share Goal. Cdr. Honigman, the drive leader for hospital officers, pointed out that the hospital had achieved 119% of the designated goal before the campaign officially opened on 17 September 1971. LCdr. Dennis coordinated the campaign for the nurses while Lt. Eckel directed the program for enlisted personnel.

HANDBOOKS AID SHOPPERS

BROOKLYN, N. Y. (NAVNEWS) The Navy Resale System Office (NRSO) here has announced that by October all Navy commissary stores and Navy exchanges operating snack-type food outlets will have date code handbooks available for their customer's use. These handbooks will explain the most commonly used manufacturer's packaging codes.

According to NRSO, the books will contain information on perishable products, such as baked goods, dairy products, and prepackaged meats. Both types of handbooks are designed for in-store reference by the customer. By using them, the consumer should obtain a better understanding of the products being offered.

In addition to making handbooks available, Navy commissaries will soon be marking store packaged produce, meat, and poultry items with the day of the week that the items were packaged.

New Liberty Policy CONTEST ANNOUNCED

WASHINGTON, D. C. (NAVNEWS) As a further step in the program of encouraging a more liberal leave and liberty policy, the following new rules are effective immediately.

Liberty may be granted by commanding officers for a period up to 96 hours on special occasions or in special circumstances, or to particularly deserving personnel. Examples include: reward for sailor or Marine of the month, quarter, etc.; compensation for long and arduous deployments afloat or in the field; personnel on ships in overhaul away from homeports; for duty at a unit or activity for which normal liberty is inadequate due to isolated location; and as a traffic safety consideration for long weekends or avoidance of peak traffic periods.

A 72-hour liberty period commences at the end of the normal working hours on a given day and expires with the start of normal working hours three and one half days later.

Under no circumstances may this 72-hour liberty period be combined with holidays or other off-duty periods where the combined period of continuous absence exceeds 72 hours.

The 96-hour liberty must include two consecutive non-work days and may not, under any circumstances, be extended beyond 96 hours.

The Freedoms Foundation at Valley Forge has announced its 1971 Letters from Armed Forces Personnel contest. The Foundation is soliciting letters from active duty and reserve component military men and women for the purpose of giving the Valley Forge Patriots Awards.

The 1971 theme is- "What is an American?" The Freedoms Foundation is inviting all interested personnel to put their thoughts on paper in less than 500 words and send that letter to Freedoms Foundation at Valley Forge, Pennsylvania 19481, before the November 1, 1971 deadline. Contestants are reminded to include their full name, social security number, complete military address, service or reserve component and their complete permanent home address.

The two best letters- one from an active duty member and one from a reserve component member will win a principal award of \$1000 plus an encased George Washington Honor Medal for their authors.

Other Awards include up to 50 \$100 and \$50 awards, each with a George Washington Honor Medal. The 13 top winners will also be invited to Valley Forge and Washington, D. C.





STOCK UP — The best way to take stock of America, suggests Sevi Aberg, is by buying U.S. Savings Bonds. "Do it today!" (Photo courtesy 20th Century-Fox)

HARASSMENT PROTECTION

The Federal Trade Commission has recently been considering new laws to aid in consumer protection and credit reporting. Unfortunately, recent surveys have shown that debtor harassment is still prevalent among many collection agencies.

A typical case would include the receipt of a flood of pressing notices from a collection agency written on stationery which appears to be that of a government-controlled organization. These letters threaten legal action and damage to a debtor's credit rating. All too often debtors are also subjected to repeated phone calls at all hours of the day and night, both at home and on the job.

Persons should be aware that many times the individual calling will falsely represent himself to be a lawyer, policeman or private detective. Sometimes these calls are even made to neighbors, relatives and employers. In the event you are subjected to any of this type harassment, you should immediately contact the base legal office.

All too often legal officers hear the statement, "I'm afraid I'll lose my stripes if I do not pay this bill." Nothing could be further from the truth. The burden is on the creditor to show that a lawful debt exists. In the event a military member has been subjected to fraud or has received inferior merchandise, these could serve as the basis for denying liability.

The person to talk to, naturally, is a lawyer to aid you in making this determination. Of course, the failure to pay a lawful debt could make one subject to action under the Uniform Code of Military Justice.

One of the best ways to insure against this type of bother is to personally get to know the creditors with whom you deal. Whether you shop for your money at a credit union, bank or savings and loan, be sure you know and can trust the people with whom you deal. (AFPS Editorial by Capt. John B. Holden Jr., George AFB, Calif. Legal Office)

QUIZ

American Youth Press Service

Now that the 1971 pro football season is almost upon us, let's review last year. Who:

1. kicked the longest field goal in the history of the NFL?
2. is the oldest player in pro football?
3. transferred to the American division, as the result of the realignment of the two leagues?
4. had the season's best won-lost record (excluding playoff games)?
5. had the season's worst won-lost record?
6. was the first draft choice of 1971?

ANSWERS:

1. Tom Dempsey, New Orleans Saints, 63 yards on November 3, 1970.
2. George Blanda, Oakland Raiders, 44 this year.
3. Baltimore Colts, Cleveland Browns, Pittsburgh Steelers.
4. Minnesota Vikings, 12-2.
5. Boston Patriots, 2-12.
6. Jim Plunkett, Stanford, to the Boston Patriots.

Advice On Blowouts

Blowouts should be met with two "don'ts": Don't oversteer and don't jam on the brakes. Steer to maintain direction until you slow down. A blown front tire will pull the vehicle to the blowout side, and a rear blowout will cause the rear end to weave.

Jamming on the brakes may cause a spin, so brake smoothly and limp along until you can pull to the side of the road and change the tire. Make sure you signal your intention to change your lane with your flasher. (AFPS)

Pollution & Death

By Capt. Michael O. O'Donnell, Center Bioenvironmental Engineer, Lackland AFB, Tex.

Studies by the Public Health Service indicate that there is a direct correlation between air pollution and deaths caused by cancer of the respiratory system and gastrointestinal tract.

These studies also indicate that air pollution can cause intensification of existing diseases, particularly cardiac and respiratory diseases.

In 1948 in the small industrial town of Donora, Pa., a thermal inversion (a meteorological condition resulting in a large mass of stagnant air) hung over the community for three days.

During this time a zinc reduction plant, a steel mill and other factories continued to operate at full capacity. This resulted in a large accumulation of pollutants over the town.

At the end of the three days 5,910 people (4 per cent of the population) were ill. A similar incident lasting a week in London in 1952 resulted in an increase of 4,000 deaths over the normal weekly rate.

Air pollutants also do considerable damage to plants and animals. The pollutants cause discoloration, stunted growth and death of vegetation.

A national study was conducted in 1968 by the Department of Health, Education and Welfare to identify the contribution



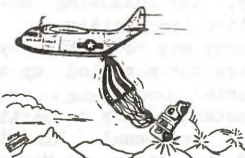
of various sources of air pollution. The finds were as follows: motor vehicles—60 per cent, industry—16 per cent, power plants—14 per cent, space heating—6 per cent, and refuse disposal—4 per cent.

There are two types of air pollution, particles and gases i.e., sulfur oxides, carbon monoxide, hydrocarbons and nitrogen oxides.

The major sources of air pollution are particles from industrial operations and gaseous emissions from motor vehicles.

Present efforts to control air pollution are hampered by a lack of inexpensive technology to remove pollutants from emissions, a lack of means to easily measure air pollution and a lack of effective local enforcement. (AFPS) (Reprinted from Lackland AFB, Tex. Tailspinners).

Second Name For 'Air Force 1'



WASHINGTON (AFPS) — The Air Force VC-137C aircraft used by President Nixon for most of his distant travels has been named "The Spirit of '76" at the suggestion of the American Revolution Bicentennial Commission. It joins Independence and Columbine on the rolls of former Presidential aircraft

names. The more familiar "Air Force 1" designation remains unchanged. The communication call sign is assigned to any Air Force plane in which the President is traveling. Likewise, if the President is aboard a Marine or Army helicopter, the call sign is Marine 1 or Army 1.

