

Here are Your Results

This is only an assessment and not a diagnosis. If you feel like further examining your mental health, it is important that you make an appointment with a mental health professional. At the bottom of the report you will find an option to download a PDF summary of your scores. Giving this score summary to primary care provider or mental health professional provider may help them connect you to resources that could benefit you.

Inattention Score: 9

Hyperactivity/Impulsivity Score: 0

Opposition/Defiance Score: 7

How to Interpret Your Scores

Questions 1-9: Inattention Score

Less than 13	Symptoms not clinically significant
13 - 17	Mild symptoms
18 - 22	Moderate symptoms
23 - 27	Severe symptoms

Questions 10-18: Hyperactivity/Impulsivity Score

Less than 13	Symptoms not clinically significant
13 - 17	Mild symptoms
18 - 22	Moderate symptoms
23 - 27	Severe symptoms

Questions 19-26: Opposition/Defiance Score

Less than 13	Symptoms not clinically significant
13 - 17	Mild symptoms
18 - 22	Moderate symptoms
23 - 27	Severe symptoms

Mental Health Resources

The following is a [link to resources](#) that provide more information on ADHD and oppositional defiant disorder, as well as many other concerns and resources for seeking help.

[Click Here for Resources for Clinicians](#)

Below is a summary of your responses

[Download PDF](#)

SNAP-IV Rating Scale for Attention-Deficit/Hyperactivity Disorder

This is a questionnaire designed to be taken by a **caregiver about a child or adolescent.**

This assessment is **entirely confidential**, allowing you to have a simple and anonymous way to engage with this resource. Upon the completion of the questionnaire, you will get your results, some recommended tools, and further reading.

If you or someone you know has thoughts of death or suicide, call **(800) 273-TALK (800-273-8255) or 9-1-1 immediately**. Or contact a medical professional, clergy member, loved one, friend, or hospital emergency room.

For each item, check the column which best describes this child:

Often fails to give close attention to details or makes careless mistakes in schoolwork or tasks

Not At All

Just A Little

Quite A Bit

Very Much

Often has difficulty sustaining attention in tasks or play activities

Not At All

Just A Little

Quite A Bit



Very Much



Often does not seem to listen when spoken to directly

Not At All



Just A Little



Quite A Bit



Very Much



Often does not follow through on instructions and fails to finish schoolwork, chores, or duties

Not At All



Just A Little



Quite A Bit



Very Much



Often has difficulty organizing tasks and activities

Not At All



Just A Little



Quite A Bit



Very Much



Often avoids, dislikes, or reluctantly engages in tasks requiring sustained mental effort

Not At All



Just A Little



Quite A Bit



Very Much



Often loses things necessary for activities (e.g., toys, school assignments, pencils, or books)

Not At All



Just A Little

Just A Little



Quite A Bit



Very Much



Often is distracted by extraneous stimuli

Not At All



Just A Little



Quite A Bit



Very Much



Often is forgetful in daily activities

Not At All



Just A Little



Quite A Bit



Very Much



Often fidgets with hands or feet or squirms in seat

Not At All



Just A Little



Quite A Bit



Very Much



Often leaves seat in classroom or in other situations in which remaining seated is expected

Not At All



Just A Little



Quite A Bit



Very Much



Often runs about or climbs excessively in situations in which it is inappropriate

Not At All



Just A Little



Quite A Bit



Very Much



Often has difficulty playing or engaging in leisure activities quietly

Not At All



Just A Little



Quite A Bit



Very Much



Often is “on the go” or often acts as if “driven by a motor”

Not At All



Just A Little



Quite A Bit



Very Much



Often talks excessively

Not At All



Just A Little



Quite A Bit



Very Much



Often blurts out answers before questions have been completed

Not At All



Just A Little



Quite A Bit



Very Much



Often has difficulty awaiting turn

Not At All



Just A Little



Quite A Bit



Very Much



Often interrupts or intrudes on others (e.g., butts into conversations/games)

Not At All



Just A Little



Quite A Bit



Very Much



Often loses temper

Not At All



Just A Little



Quite A Bit

Quite A Bit



Very Much



Often argues with adults

Not At All



Just A Little



Quite A Bit



Very Much



Often actively defies or refuses adult requests or rules

Not At All



Just A Little



Quite A Bit



Very Much



Often deliberately does things that annoy other people

Not At All



Just A Little



Quite A Bit



Very Much



Often blames others for his or her mistakes or misbehavior

Not At All



Just A Little



Quite A Bit



Very Much



Often touchy or easily annoyed by others

Not At All



Just A Little



Quite A Bit



Very Much



Often is angry and resentful

Not At All



Just A Little



Quite A Bit



Very Much



Often is spiteful or vindictive

Not At All



Just A Little



Quite A Bit



Very Much





Powered by Qualtrics [↗](#)