

VOL V No. 8

Naval Regional Medical Center, Orlando, Florida

1 June 1982

JUNE - a month for patriotism and pride

Flag Day - 14 June; HospCorps 84th

- 17 June



"White is for purity;

Red, for valor;

Blue, for justice.

...and all together -

bunting, stripes, stars, and colors,
blazing in the sky,
make the flag of our country,
to be cherished by all our hearts,
to be upheld by all our hands."

Charles Sumner



The Hospital Corps came into existence as an organized unit of the Medical Department under the provisions of an Act of Congress, approved 17 June 1898. Hospital Corps was reorganized by another Act of Congress approved 29 August 1916. From the period of World War I to World War II, the Hospital Corps became one of the outstanding corps of the military services. During World War II, there was a total of 15 enlisted Navy men awarded the Medal of Honor - 7 of them were hospital corpsmen. The other personal medals awarded to corpsmen (Navy Cross, the Silver Star, the Bronze Star, etc.) are far too numerous to count.

The Corps has a heritage and a history of proud tradition. The Corpsmen of the past have handed it down to the Corpspersons of today. They can wear their caduceus with pride -- they are members of an elite corps!

We're sorry you're leaving

CDR J. Sutphin, MC, to Baylor College of Medicine, Houston, TX CDR P. Martel, MC, to NRMC, Portsmouth LCDR F. Conroe, MSC, to NRMC, Camp Lejeune LCDR E. Truchelut, MC, to civilian life LCDR L. Johnson, MC, to NRMC, Camp Pendleton LCDR M. Williams, MSC, to NRMC, Okinawa LT D. Thomas, MC, Graduate Medical Education, Pensacola LT R. Miser, NC, to NRMC, Yokosuka LT F. Lane, NC, to NRMC, Portsmouth CWO3 R. Enderez, PA, to NRMC, Charleston HN M. Norris to FMSS, Camp Pendleton and 3rd FSSG, Okinawa HN K. Larue to FMSS, Camp Lejeune and 2nd Marine Air Wing HM3 C. Tiffany to FMSS Camp Lejeune and 2nd MarDiv HN D. Quirante to 2nd MarDiv HM3 R. South to NSHS, Bethesda HMC J. Harmon to FMSS, Camp Pendleton and 1st MarDiv HN R. Holley to FMSS, Camp Pendleton and 3rd MarDiv, Okinawa HN L. Holton to BrHosp, Naval Home, **Gulfport** HN N. Tabbot to NSHS, Bethesda HN W. Reed to PCO NEW JERSEY HN C. Forsman to NRMCL, Hawaii HN K. Toomer to FMSS, Camp Lejeune and 1st MarDiv, Camp Pendleton HN M. Saiffer to NAF, Sigonella HM2 A. Matthews to 2nd MarDiv, Camp Lejeune HM3 T. Swanson to NAMI, Pensacola HN S. Hall to NavHosp, Roosevelt Roads HN C. Holcomb to 3rd MarDiv, Okinawa

Whoooizzit?



Do you know this staff member? The answer is on Page 8.

Sailing off to the Fleet Reserve



HMCM(SS) Clements, C/MC, presented HM1 Brantley Russell, RIF Optical, with a duty station plaque on his transfer to Fleet Reserve, 28 May 1982.



ENC James Plough, Operating Management Service, transferred to the Fleet Reserve on the same day and received his duty station plaque from Master Chief Clements.

American Red Cross



Volunteer hours

for

April - 2233 1/2

Vital Signs' Staff

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HMCM(SS) R. C. Clements, USN

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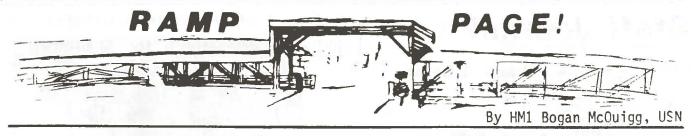
HM1 Bogan McQuigg, USN

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Commanding Officer: CAPTAIN L. R. FOUT, MC, USN Editor: HMCM(SS) R. C. CLEMENTS, USN

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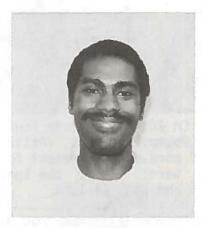
What changes would you like to see at NRMC?



LCDR R. A. Warcholak, MSC, Podiatrist: "I see no need for any organizational change -- just a daily re-affirmation of our spirit of commitment, not only to ourselves, but to our Navy, our Country, and our Creator."



LCDR I. Schneider, MC, Internal Medicine: "I would like to see more recognition for outstanding performance and a more thorough screening of Letters of Appreciation."



HM3 A. White, Patient Affairs: "A better example by our seniors -- uniforms, haircuts, weight, etc."



Emogene Heismann, Collection Agent: "More communication between departments."



HMC D. McGowan, Pharmacy: "I would like to see lockers and more showers made available for those of us who exercise at noontime. I would also like to see an exercise program for the staff -- it would eliminate weight problems."

Staff Journal

HMCS Roger R. Wright Reenlists



On 20 May, Captain Fout reenlisted HMCS Roger R. Wright, Patient Affairs, for 4 more years. Present for the ceremony were: Judy, the Senior Chief's wife, and son, Carl.

They're trying to help you stop!



HMC Anthony Washington, a member of NRMC's Smoking Cessation Committee, talks with Kathy Allrid from the American Cancer Society. Kathy, on invitation from the Committee, set up a display near the Pharmacy which consisted of buttons, pamphlets, posters, and a video tape machine. Kathy was on hand for two days to answer questions and give out pamphlets. If you want to quit, the Smoking Cessation Committee will give you all the help you need.

Soldier of the Month for April 1982



Specialist Five Marlynn A. McNeley, assigned to NRMC's Veterinary Service, was honored recently when she was selected as the Soldier of the Month for April 1982. She was selected by the U.S. Army Medical Department Activity, Ft. Stewart, Georgia, for her loyalty, dedication, and professionalism as a Medical Veterinary Specialist and Soldier. Specialist Five McNeley has been on board NRMC since March 1981.

Captain Fout made the presentation on behalf of the U.S. Army on 19 May.

1/2 of the Cole team departs



Captain Fout presented HN Robert W. Cole, Nursing Service, with a Letter of Appreciation on his departure 19 May. His wife, HM2 Beverly Cole, will remain at NRMC Orlando until her husband completes his training at the Naval Aerospace Medical Institute.

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CAPT Schefstad's presentations



On 14 May, a Letter of Commendation for HMC Gerald Turner, Patient Affairs Service, as he departed for duty with the 2nd Marine Division, Camp Lejeune.



A Letter of Appreciation for HM2 Tamara Scott, Family Practice Service, on her departure for the Naval School of Health Sciences, Portsmouth, VA.



Another Letter of Appreciation for HM2 Stanley MacDonald, Medical Repair Branch, Fiscal and Supply Service, on his departure for the Naval School of Health Sciences, Portsmouth, VA.



2 new E-8's



The 1982 E-8/E-9 Selection Board results brought "stars" to the eyes of two of our NRMC Chief Petty Officers. HMC Pelagio Granados and HMC James E. Silvers were frocked to their E-8 rate by Captain Fout. Congratulations to Senior Chief Granados and Senior Chief Silvers.



Senior

Chief

Granados

Senior

Chief

Silvers



The "good guys"



On 20 May, Captain Fout assembled the current group of "good guys" to recognize their accomplishments. Shown with the Captain (left to right - front row): HM2 J. R. Moran, 1st Award, GCM; HM2 B. J. Stone, 1st Award, GCM; HM2 R. R. Taylor, 1st Award, GCM; HM2 S. D. Scruton, 1st Award, GCM; HM3 P. E. Paige, 1st Award, GCM; and HM2 P. Shockey, who was presented with her Diploma from AHS, Ft. Sam Houston, TX, for completion of her X-ray speciality course. Back row: HM1 John Dailey, 5th Award, GCM; HM1 J. K. Solomon, 3rd Award, GCM; HM2 S. Cronkhite, 1st Award, GCM; HMC D. G. Rich, 3rd Award, GCM, and HM2 N. A. Neal, 1st Award, GCM.

Pediatric Service ... small patients but ...

The Pediatric Service provides health care to children up to the age of sixteen. CDR Willard Nettles, the Chief of Service, along with newly promoted CDR Joseph Navoy and LCDR Martin Harris, provide a wide variety of care ranging from the treatment of ear infections to more complex problems such as hyperactivity. A typical day will find one of the pediatricians making an unscheduled ambulance ride to Orlando Regional Medical Center with a sick infant, a full patient load, and some hectic re-arranging of schedules to accomodate all patients in a timely manner.

CAPT Elizabeth Jean, a Pediatric Nurse Practitioner, provides her expertise to the Clinic especially with the "well baby check-ups." The Clinic Corps staff includes HN Louise M. Holton, Senior Corpsperson, HN Debra Buscanera, and HN Stephen Lary. The corps personnel function under the supervision of LCDR Suzanne McMullen, Charge Nurse. Immunizations, telephone advice to anxious parents and triage of telephone calls are a large part of the corps staff's responsibilities.

Mrs. Willis, the receptionist, creates a warm, happy atmosphere for the patients as they enter the Clinic. The Clinic staff will be sad to see Dr. Nettles depart this summer but they are looking forward to the arrival of Dr. Harris' wife, LT Robin L. Rhodes, a pediatrician, who will be a new addition to the staff.

By LCDR S. McMullen, NC, USN



LCDR Martin H. Harris, MC, USNR, with patient Ronald Pollard



CDR Willard H. Nettles,
MC, USN
Chief of Service



HN Debra Buscanera, USN



LCDR Suzanne T. McMullen, NC, USN, with patient Laura Bruckbauer

large quantities of L O V E!



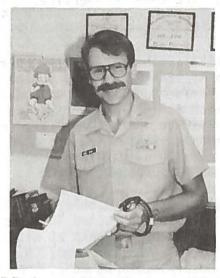
CAPT Elizabeth A. Jean, NC, USN, with patient Nathan Eggins, III



Marie Willis



HN Louise Holton, USN, with patient Patrick DeGroff



CDR Joseph F. Navoy, MC, USN



HN Stephen Lary, USN, with patient William Wofford

CAREER COUNSELOR'S



CORNER

HMC Rex M. Reeder, USN

LAB

LINE

CAPT P. E. Petit, MC, USN

Nuclear Submarine Medicine Technician

At this point in time, when so much emphasis is being placed on nuclear subs for our Navy, it might be a good idea to take another look at the Nuclear Submarine Medicine Technician NEC. Another good reason is that there are changes being made in the eligibility requirements as well as the program.

Beginning in October 1982, HM-8402 training will be conducted in two phases: Phase I will be 46 weeks at either NSHS Portsmouth, VA, or San Diego, CA. Phase II will be 15 weeks at NUMI, Groton, CT. Applicants must be HM2, HM1 or HMC. HM2's must have two years in grade and have been an HM for six years. There are no NEC restrictions for this training. Those HM's who already possess the HM-8425 NEC may be assigned directly into the 15 week Phase II training.

So, if you have any interest in being a Nuclear Submarine Medicine Technician, stop by and see me or give me a call, X4904.

A valiant Hospital Corpsman

On 19 March 1969, a North Vietnamese Battalion tore through a First Marine



through a First Marine Division compound in Quang Nam Province, blasting American troops with round after round of mortar fire. Among the most severely wounded was HM2 David Ray, USN, of Nashville, who neglected his own injuries to aid others while firing at his attackers, who were almost at arm's length. Severe-

at arm's length. Severely wounded and out of ammunition, Ray
sacrificed his own life to save a wounded
Marine by shielding him from the fragments of an exploding hand grenade. For
his unselfishness, HM2 Ray was posthumously awarded the Medal of Honor.

Lab welcomes the Dupont ACA

The recent installation of the Dupont ACA (Automated Clinical Analyzer) was the final step in totally automating the biochemistry laboratory. The ACA will automate all test procedures that were previously performed manually. This will eliminate technician variability and significantly improve the overall quality and reliability of the testing results.



HN Marino Quinsay is shown programming the instrument with calibration data. We are in the process of training all the staff technicians in the operation and maintenance of the instrument and expect to be able to put it into full service in the next few weeks. As a discrete test analyzer, the ACA performs only one test at a time programmed by insertion of a discrete reagent package. It stays operation around the clock, requires no extensive start-up or shut-down procedures, and is ideal for emergency response testing. It has a wide range of test capabilities and rapid start to finish output.

We are excited about the potential of this instrument and invite interested staff members to come to the Lab and see the ACA in operation. HN Quinsay, or one of the technicians will be delighted to show you this versatile new instrument.



NURSING SERVICE



LT S. W. Tudhope, NC, USN

We mark the 74th!

The 13th of May marked the 74th Anniversary of the establishment of the Navy Nurse Corps. Established by an Act of Congress, on 13 May 1908, the first twenty nurses reported in October of that year. They were known as the "Sacred Twenty" and they all reported to the U. S. Naval Hospital, Washington, D.C., for orientation and duty. In 1947, the Nurse Corps was established as a permanent staff corps of the U.S. Navy. Permanently established and strong in force of personnel, nurses began various and diverse assignments in CONUS as well as world wide.

1965 marked another milestone in Navy Nurse Corps history with the commissioning of Ensign George M. Siever as the Navy's first male nurse.

Another first for Navy Nurses happened in July 1972 when Captain Alene B. Duerk, Director of the Navy Nurse Corps, was promoted to the rank of Rear Admiral. She was the first woman in the United States Navy to be promoted to Flag rank!

Of course, the Nurse Corps of 1982 differs tremendously from that of 1908. The Nurse Corps of today totals approximately 2600 and the type and scope of their duties has kept pace with their growth. Our established independent and supportive roles include: Nurse Anesthetist, Nurse Practitioner, Computer Programming Management, Hospital Administration, and the list goes on and on. The possibilities of future endeavors are endless if we continue to build on the dreams and aspirations of our predecessors standing independently as practitioners and united and proud as officers of the Navy Nurse Corps!

RADM Bartholomew W. Hogan Award

Junior Navy Nurse of the Year

LT Steven W. Tudhope, NC, USN, was selected as this year's recepient of the RADM Bartholomew W. Hogan Award as NRMC's most Outstanding Junior Navy Nurse of the Year. LT Tudhope received the RADM Bartholomew W. Hogan Award Certificate as well as a \$100 check from the Admiral. LT Tudhope also received a Letter of Commendation from the Commanding Officer.

Each year, in conjunction with the Navy Nurse Corps Anniversary, the junior Navy Nurses on the staff of NRMC, select, from among their peers, the junior nurse whom they consider to be the most outstanding.

Vital Signs is very proud of our Nursing Service subeditor. Congratulations, LT Tudhope!



Captain Nickerson, Director of Nursing Service (left), and Captain Schefstad, Acting Commanding Officer, with LT Steven Tudhope.



The official cake cutting party: (left to right) Captain Nickerson, Ensign Marilyn L. Mangum, NC, USNR, and Captain Schefstad.



CHAPLAIN'S COMMENTS

LT J. L. Doss, CHC, USN

Guest columnist: CDR Robert R. Baldwin, III, CHC, USNR-R

There is a Butterfly in the ugliest Caterpillar of us

Several years ago, on vacation with my family, we were all relaxing on the front porch of our Aunt's home. My wife and I were seated on the wicker couch and the children were in chairs facing us at the end of the porch. All at once one of my daughters cried, "Yuk, look at that ugly caterpillar crawling on the arm of the couch!" So we gathered around to inspect the ugly caterpillar. It was brownblack and hairy; and looked frightening and threatening. No one wanted to touch it.

Then my wife said, "Say, do you suppose this little caterpillar will turn into a Butterfly? With that statement, our attitudes changed from revulsion to interest. This little fellow would soon turn into a thing of glorious beauty. Before we left the porch, we were petting the little thing -- our pet caterpillar; a thing of interest and new beauty.

God works in us and with us that way. No matter how awful we are or have been, God still sees in us the possibility of beauty and good. Indeed, even before we are "beautiful" or "righteous" or "transformed," we are loved and accepted by God. Look at John 3:16-17. Everyone knows the first part: "God so loved the world that he gave his only begotten Son that whoever believes in him should not perish but have life eternal." But listen to what comes next: "For God sent not his Son into the world to condemn the world, but the world through Him might be saved (transformed)."

Caterpillars become Butterflies. God in Christ is making a transformation, a metamorphosis in us. By commitment to live a Christian Life style, by care of others, by loving concern for the world,

we are being shaped by God's spirit to be new creatures. There is a butterfly in the ugliest caterpillar of us.....

God's spirit does reach into every soul to create anew the spirit of joy and mercy.

There are a couple of implications of this reality. First, it means that "If God is for us, who can be against us?" If God is for us and accepts us even as ugly and stained by sin as we may be, then we may find hope in that kind of loving God. Secondly, it means that all my neighbors are children of God, loved by him. Can I do less? So I love my brothers and sisters -- always seeking to discover the Butterfly in each rather than focusing on the ugly caterpillar.

"Lord make us instruments of thy peace. where there is hatred, let us sow love; where there is injury, pardon where there is discord, union where there is doubt, faith where there is despair, hope where there is darkness, light where there is sadness, joy for thy mercy and for thy truth's sake."

Ame

St Francis of Assisi

First wedding in NRMC chapel

On 16 April 1982, the first wedding in the NRMC chapel took place. LT Mary E. Wynn, NC, USN, Nursing Service, was married to Mr. Ralph F. DeSalvo. The ceremony was performed by Chaplain Gordon Boone, a retired Navy Chaplain. Since Vital Signs' photographer was not on hand to record the memorable event, the happy couple graciously agreed to pose again for their picture. Congratulations, Mr. and Mrs. DeSalvo!



Mr. and Mrs. Ralph DeSalvo

Combined disaster drill huge success

By LT A. J. Smith, MSC, USN

Months of preparation and coordination of disaster plans for Orange County culminated on 18 May when a drill was touched off by a simulated L1011 aircraft accident at Orlando International Airport. Volunteers from the Nuclear Power School, Service School Command, RTC "AT" School, the American Red Cross, and the Naval Regional Medical Center joined with other volunteers from all over Orange County to support the exercise of the Orange County Mutual Aid System.

The Naval Regional Medical Center Annex served as the make-up area. The "make-up" was unbelievable -- strong, sound bodies became maimed, burned, and mutilated. The "victims" were then transported by Marine Corps Reserve Center volunteers, using tactical vehicles, to the crash site.

At 1900, the accident site was set on fire followed by an immediate response from the Greater Orlando Aviation Authority Fire Department and crash crews. After a quick on-site evaluation, the Orange County Mutual Aid System was activated. Within minutes the area was flooded with emergency rescue squads from several county resources. The emergency medical technicians and firemen, with some of our outstanding corpsmen, treated the casualties in the field, triaged them, and utilized county ambulances and Marine Corps trucks to transport the casualties to the area hospitals.

The area hospitals, having been put on immediate alert via a dedicated elaborate Orange County radio communication network, activated their own diaster response teams to handle the sudden influx of mass casualties.

The drill was considered a huge success. The mass casualties had been completely cleared from the disaster site in approximately two hours; the hospitals had successfully proved they could cope with the sudden influx of mass trauma victims, and the participants were keenly aware of Orange County's ability to deal ith a disaster.





Photos by Ken Bumpus

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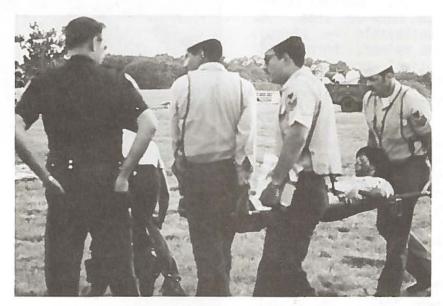
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Photos by Ken Bumpus







Photos by Ken Bumpus



Master Shipwreck

HMCM(SS) R. C. Clements, USN

The History of the Hospital Corps

In conjunction with the 84th Anniversary of the Hospital Corps, I will devote this column, and the one in July, to the history of the corps. I take great pride in being a member of the Hospital Corps and am proud of our heritage and I would like to share it with you.

"From the very beginning of the Navy it was found necessary to make provisions for the care of the sick and injured. An Act of Congress 1799 provided: 'A convenient place shall be set apart for the sick and hurt men, to which they are to be removed, and some of the crew shall be appointed to attend them.' That portion of the ship assigned for the care of the sick was designated as the cockpit. It was usually located in the forward part of the vessel, below the water line as a protection from shot and shell. The cockpit was also referred to as the 'sick berth' and in later years it became known as the 'sickbay,' as the rounded shape of the recess or bay was located in the forward part of the ship between decks.

During the Revolutionary War period there were apparently no enlisted men trained in the care of the sick and injured. A number of the least necessary members of the crew were assigned this duty. Most of the ships of this period, depending on the size, carried a surgeon and a surgeon's mate.

In 1814, Navy Regulations referred to the 'loblolly boy' who was to serve the surgeon and surgeon's mate. It was, among many others, the duty of the loblolly boy to go fore and aft the gun and berth decks ringing a small bell to give notice to 'those slightly indisposed and with ulcers' to attend the surgeon at the mainmast."

This History of the Corps is being taken from the "Handbook of the Hospital Corps, United States Navy, 1953."

Command Master Chief Feature

Meet another of our Enlisted Advisors



HM1 Larry Mullis, USN

HM1 Larry Mullis, Central Processing and Distribution Branch, Fiscal and Supply Service, serves as an Enlisted Advisor to 12 junior personnel. Petty Officer Mullis reported to NRMC in October 1980 for his second tour in Orlando.

HM1 Mullis is the Enlisted Advisor for the following personnel: HA Michael Bingham, HM2 Sandra A. Bryer, HM2 Gerald R. Cate, HN Michael Champagnie-Davis, HA Donald W. Clark, HM2 Stuart Cronkhite, HN Paul A. Csizmadia, HN Kimberly Davies, HM1 Patrick Ferguson, HA Kevin M. Leep, HN Donna M. Perrin, and HN Billy S. Sowards.



CRA BIRTHDAY GREETINCS TO: Donald Abbey on 1 Jun; Inell Baldwin and Alice Wilson on 3 Jun; June Hicks on 5 Jun; Joseph Callender on 6 Jun; Patricia Debow on 8 Jun; Clyde Howard on 9 Jun; Carolyn Mastin and Betty Wimberly on 10 Jun; Mary Graham on 14 Jun; Albert Larrivee on 24 Jun; Carol Ryals on 25 Jun; Carolyn Edwards and Dianna Woodrum on 26 Jun; Linda Hewitt on 27 Jun; Mary Van den Heuvel on 28 Jun; and Tessie Martin on 30 Jun.



CAPT Fout's

Skipper gram

Whatever happened to

.... courtesy at a 4-way stop

.... being the first with a cheerful "Good Morning"

.... respect for others

.... respect for NRMC property

.... safeguarding NRMC property and supplies

.... being personable

.... people willing to say,
 "It's my fault"

.... mutual concession

.... the nicest two words, "Thank you"

.... people who say, "I'm not busy -- may I help?"

.... being a friend and shipmate

.... showing empathy

.... a positive outlook

.... showing your patriotism for the good ole "Red, White and Blue"





BRAVO

ZULU

The Commanding Officer has received patient "LOA's" for the following staff members for their devoted, compassionate, high quality health care:

HN I. K. Wojcik, Internal Medicine
Janet Cuccia, Radiology
LCDR L. Opoliner, MC, Surgical Service
CAPT R. Daniels, MC, Surgical Service
(two letters)
CAPT L. Nickerson, Director of Nursing
Service
CDR G. Dunn, NC, Family Practice Clinic
HM2 M. Stroud, Radilogy
LT S. Zorn, MSC, Ophthalmology
HN C. Travis, Otolaryngology
CWO3 R. Woodruff, PA, Acute Care Clinic
CDR R. Bulusu, MC, Internal Medicine
LCDR J. Meek, MC, Urology - 2 letters
CDR J. Sutphin, MC, Ophthalmology
CWO3 R. Enderez, PA, Acute Care Clinic
HA Russell Hart, Patient Affairs
CAPT R. Gold, MC, Chief, Surgical Svc
LCDR M. Harris, MC, Pediatric Clinic
CDR W. Nettles, MC, Pediatric Clinic
CDR W. Nettles, MC, Pediatric Clinic
CDR M. Miller, MC, Family Practice
CDR A. Ascione, MC, OB-GYN - two letters
LCDR W. Miller, MC, Family Practice
Shirley Stanton, Family Practice Clinic
Fleanor Stetson, Family Practice Clinic

The following Services received Letters: Fourth Floor, Surgical; Anesthesiology, Recovery Room staff, Pediatric Nursing staff, Intensive Care Nursing staff, Surgical Service, Family Practice Service, Emergency Room staff, Operating Room staff, Corps staff of Family Practice, Laboratory Service, and Patient Affairs Service.

Whoooizzit

It's LCDR Suzanne McMullen, NC, USN, Charge Nurse for the Pediatric Service.



LCDR McMullen reported to NRMC in September 1979 after a period of duty under instruction at the University of South Carolina where she obtained her BS degree. LCDR McMullen has a total of nine

years in the Navy and hails from Belle Harbor. New York.