MENTAL HEALTH

A G E N D A

November 7-10, 1956



AGENDA

CONFERENCE OF

THE SURGEON GENERAL

of the

PUBLIC HEALTH SERVICE



with the

STATE AND TERRITORIAL
MENTAL HEALTH AUTHORITIES

and their

COMMUNITY MENTAL HEALTH PROGRAM DIRECTORS

November 7-10, 1956

Department of Health, Education, and Welfare Building Washington 25, D. C.



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#### MEETING ROOMS

The general session for the combined conferences will be in the Auditorium (first floor) of the Department of Health, Education, and Welfare Building, North, 4th and Independence Avenue, S.W. Other general sessions and executive sessions are to be held in Room 5051 (fifth floor) of the same building.

Conference committees meet at the Hotel Washington, 15th Street and Pennsylvania Avenue, N.W. on Sunday, November 4. On other days conference committees meet in the North and South Buildings, Department of Health, Education, and Welfare, 4th and Independence Avenue, S.W. in the rooms noted on the Committee Agenda.

Technical sessions for the hospital and medical facilities program directors will be held in Room 5051 (fifth floor) of the North Building, Department of Health, Education, and Welfare. The opening general session of the technical sessions for the community mental health program directors will be in the Auditorium of the same building. Group sessions will be in the rooms indicated in the program.

#### HEADQUARTERS

Official conference headquarters for the Association of State and Territorial Health Officers is the Hotel Washington, 15th and Pennsylvania Avenue, N.W.

#### REGISTRATION AND INFORMATION

Registration. The registration desk is located in the main lobby of the Department of Health, Education, and Welfare Building, North, facing the Auditorium entrance on the first floor. Check here to register and pick up your conference badge.

Information. The information desk is located in the main lobby of the Department of Health, Education, and Welfare Building, North, next to the registration desk. Messages for those attending the conferences will be placed on a bulletin board near the information desk.

Stenographic service. Arrangements for stenographic service may be made at the registration or information desk.

#### ADMISSION TO HEW BUILDINGS

During regular office hours, 9:00 - 5:30, all entrances of the Department buildings are open. After hours, and on Saturdays and Sundays,

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the only open entrance to the North Building is on the C Street side. This is the street between the North and South buildings. Your conference badge will be your pass for admission to the North Building for evening and Saturday sessions.

#### SOCIAL EVENTS

The Association dinner is scheduled for Thursday night, November 8, 7:30 P. M. at the Hotel Washington. Other social events will be announced during the conference.

#### FOOD SERVICE

Dining rooms are located on the first floor of the Department of Health, Education, and Welfare Buildings, North and South. They are open between 11:30 - 1:30.

Cafeterias are located in the basements of the Department of Health, Education, and Welfare Buildings. They are open as follows:

	North	South
Breakfast	7:30 - 8:45	7:50 - 8:30
Snacks	10:00 - 3:30	10:00 - 3:30
Lunch	11:00 - 2:00	11:00 - 1:30

Several snack stands are located in the basements of the Department of Health, Education, and Welfare Buildings. The snack bar near the entrance to the tunnel in the North Building is open from 8:00 a.m. to 9:00 p.m.

#### TRANSPORTATION

Street cars and busses: Fare - one trip  $20\phi$ ; tokens 5 for  $95\phi$ ; no charge for transfers; weekly permit  $90\phi$  entitles person to unlimited number of rides at the rate of  $10\phi$  each.

To Union Station: #30 street car to Capitol Hill, transfer at Library of Congress to #90 car.

To National Airport: Arrange with airline ticket office to meet airport limousine - fare \$1.25. To airport via taxicab \$1.50 per person or \$1.00 group riding.

To White House, Treasury, and Downtown Area: #30 street car (Friendship Heights) on opposite side of street in front of North Building. To Capitol, House and Senate Office Buildings, Congressional Library and Supreme Court: #30 street car (17th and Penna. Ave., S.E.) at stop directly in front of North Building.

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#### FOR YOUR INFORMATION (contod)

To Government Accounting Office: (from HEW) #70 street car to 7th and G, transfer to #80 street car and ride to 4th and G., N.W.; (from Washington Hotel) #42 street car on F street.

Taxicab: Best service available on the corner of Fourth Street (West) end of North Building parking area. Fares range from  $40\phi$  and up for individual according to distance -  $30\phi$  and up for each individual riding in group.

Shuttle Service is available between the Department of Health, Education, and Welfare Buildings and the National Institutes of Health. Reservations must be made in advance by calling Ext. 2247. The schedule is as follows:

From NIH (Leaving Adm. Bldg. 1)	To NIH (Leaving 4th St. entrance of No. Bldg.)
8:45	8:45
10:00	10:15
12:05	11:10
1:05	1:15
2:25	2:25
3:40	3:40

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#### SCHEDULE OF EVENTS

		When		Where	What
Nov.	2	Fri.	9:00 a.m.	Room 5051 - North	Technical Session of Hospita and Medical Facilities Program Directors
Nov.	3	Sat.	9:00 a.m.	Room 5051 - North	Technical Session of Hospital and Medical Facilities Program Directors
Nov.	4	Sun.	10:00 a.m.	Washington Hotel District Room	Civil Defense Special Committee
			10:00 a.m.	Washington Hotel Capital Room	Penalty Mail Subcommittee
			2:00 p.m.	Washington Hotel Council Room	Indian Affairs Special Committee
			4:00 p.m.	Washington Hotel Capital Room	Migrant Labor Special Committee
			7:30 p.m.	Washington Hotel District Room	Meeting of the Executive Committee, Chairmen of Standing and Special Committees, CB and PHS liaison and other repre- sentatives
Nov.	5	Mon.	9:00 a.m. 5:30 p.m.	Room 5051 - North	Conference with State Hospital & Medical Facilities Survey and Construction Authorities
			12:30 p.m.	Room 5006 - South	Luncheon meeting of the Executive Committee with the Chief, BSS
			7:30 p.m.	Room 5051 - North	Association of State and Territorial Health Officers Discussion: State & Local Health Department Parti- cipation in Research.
Nov.	6	Tues.	9:00 a.m.	Room 5051 - North	Executive Session of the Association of State and Territorial Health Officers
Me	eet	ings of	Standing Com	mittees on Conference a	and Association Buriness

10:00 a.m.

Room 5051 - North Federal Relations Committee Room G-759A - North Environmental Sanitation

Committee

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	When		Where	What
		10:00 a.m.	2305 - Tempo "R" Room G-743A - North Penthouse - North	Hospital Committee Infectious Diseases Committee Maternal & Child Health Committee
			Penthouse - North Room G-751 - North	Mental Health Committee Special Health & Medical Services Committee
		1:00 p.m.		Lunch
			Room 5069 - North	Luncheon meeting of the Executive (ommittee with the Surgeon General
		2:00 p.m.	(Same as morning room assignments)	Standing Committee Meetings
		5:30 p.m.		Adjourn
Nov.	7 Wed.	9:00 a.m.	HEW - Auditorium	General Session of the Conference - CB & PHS Program
		11:00 a.m.	HEW - Auditorium	Discussion: Principles of Legislation for Chronic Illness and Health of the Aged
		11:45 a.m.	Room G-743A - North	Lunch - Mental Health Planning Group
		1:30 p.m.	HEW - Auditorium	General Technical Session - Community Mental Health Program Directors
		2:00 p.m.	Room 5051 - North	Executive Session of the Association - Consideration of Committee Reports
		2:00 p.m.	G-743A - North G-747A - North G-759A - North	Group Technical Sessions - Community Mental Health Program Directors
Nov.	8 Thurs.	9:00 a.m.	Room 5051 - North	Business Meeting of the Association of State and Territorial Health Officers
		9:00 a.m.	Penthouse - North Room H - GAO Bldg. Room 2518 - GAO Bldg.	Group Technical Sessions - Community Mental Health Program Directors

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When		Where	What
	12:30 p.m.	(Room to be announced)	Luncheon meeting of the Executive Committee of the Association of State and Territorial Health Officers, Cutgoing and Incoming Chairmen of Standing and Special Committees with PHS & CB representatives
	2:00 p.m.	Room 5051 - North	Executive Session of the Association - Reports from Association Representatives to Outside Organizations
	3:15 p.m.	Penthouse - North	General Technical Session - Community Mental Health Program Directors
	4:00 p.m.	Room 5051 - North	General Session - State & Territorial Health Officers Discussion: Accident Prevention Programs
	7:30 p.m.	Hall of Nations (lower lobby)	Banquet of the Association of State and Territorial Health Officers
Nov. 9 Fri.	9:00 a.m. 5:30 p.m.	Room 5051 - North	Conference with State Mental Health Authorities
Nov. 10 Sat.	9:00 a.m.	Room 5051 - North	Conference with State Mental Health Authorities
	11:00 a.m.	Room 5051 - North	Meeting of Mental Health Planning Group

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### STATE MENTAL HEALTH AUTHORITIES

November - 1956

#### ALABAMA

D. G. Gill, M.D. State Health Officer State Department of Health State Office Building Montgomery 4, Alabama

#### <u>ALASKA</u>

Charles R. Hayman, M.D. Acting Commissioner of Health Alaska Department of Health Alaska Office Building Juneau, Alaska

#### ARIZONA

C. G. Salsbury, M.D. Commissioner of Fublic Health State Department of Health State Office Building Phoenix, Arizona

#### ARKANSAS

J. T. Herron, M.D. State Health Officer State Board of Health State Health Building State Capitol Grounds Little Rock, Arkansas

#### CALIFORNIA

Walter Rapaport, M.D., Director State Department of Mental Hygiene 1320 K Street Sacramento, California

#### COLCRADO

R. L. Cleere, M.D. Executive Director State Department of Public Health State Office Building Denver 2, Colorado

#### CONNECTICUT

John J. Blaske, M.D., Commissione State Department of Mental Health 165 Capitol Avenue Hartford, Connecticut

#### DELAWARE

M. A. Tarumianz, M.D., Superintendent State Board of Trustees Delaware State Hospital Farnhurst, Delaware

#### DISTRICT OF COLUMBIA

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Director of Public Health
District of Columbia Department
of Public Health
300 Indiana Avenue, N.W.
Washington 1, D. C.

#### FLORIDA

Wilson T. Sowder, M.D. State Health Officer State Board of Health 1217 Pearl Street Jacksonville 1, Florida

#### GEORGIA

T. F. Sellers, M.D.
Director
Georgia Department of Public
Health
State Office Building
Atlanta 3, Georgia

#### HAWAII

Richard K. C. Lee, M.D.
President, Board of Health
Territory of Hawaii Department
of Health
Kapuaiwa Building
P. O. Box 3378
Honolulu, Hawaii

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ROSTER OF STATE MENTAL HEALTH AUTHORITIES (cont'd)

#### IDAHO

L. J. Peterson Director of Health Idaho State Board of Health State Capitol Boise, Idaho

#### ILLINOIS

Otto L. Bettag, M.D., Director State Department of Public Welfare State House Springfield, Illinois

#### INDIANA

Margaret E. Morgan, M.D., Commissioner Division of Mental Health Department of Health 1315 West Tenth Street Indianapolis 7, Indiana

#### AWOI

Paul E. Houston, M.D., Director Psychopathic Hospital State University of Iowa 500 Newton Road Iowa City, Iowa

#### KANSAS

Thomas R. Hood, M.D. Executive Secretary State Board of Health State Capitol Building Topeka, Kansas

#### KENTUCKY

Frank M. Gaines, M.D., Commissioner State Department of Mental Health 620 South Third Street Louisville 2, Kentucky

#### LOUISIANA

Jesse H. Bankston, Director Louisiana Department of Hospitals 10th Floor-State Capitol Building Baton Rouge, Louisiana

#### MAINE

Dean H. Fisher, M.D. Commissioner Maine Dept. of Health and Welfare Augusta, Maine

#### MARYLAND

Perry F. Prather, M.D. Director of Public Health State Department of Health 2411 North Charles Street Baltimore 18, Maryland

#### MASSACHUSETTS

Jack R. Ewalt, M.D., Commissioner of Mental Health State Department of Mental Health 15 Ashburton Place Boston 8, Massachusetts

#### MICHIGAN

Charles F. Wagg, Director State Department of Mental Health Cass Building Lansing 13, Michigan

#### MINNESOTA

Morris Hursh, Commissioner State Department of Welfare 117 University Avenue St. Paul 1, Minnesota

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ROSTER OF STATE MENTAL HEALTH AUTHORITIES (cont'd)

#### MISSISSIPPI

Felix J. Underwood, M.D. Secretary and Executive Officer State Board of Health Old Capitol Building Jackson 5, Mississippi

#### MISSOURI

James R. Amos, M.D.
Director of Health
Division of Health
Missouri Department of Public Health
and Welfare
State Office Building
Jefferson City, Missouri

#### MONTANA

R. J. Spratt, M.D., Superintendent Montana State Hospital State Department of Mental Hygiene Warm Springs, Montana

#### NEBRASKA

E. A. Rogers, M.D. Director of Health State Department of Health State Capitol Building Lincoln 9, Nebraska

#### NEVADA

Daniel J. Hurley, M.D. Acting State Health Officer State Department of Health Carson City, Nevada

#### NEW HAMPSHIRE

Anna L. Philbrook, M.D., Director Mental Hygiene and Child Guidance Clinics State Commission of Mental Health 274 Pleasant Street Concord, New Hampshire

#### NEW JERSEY

John W. Tramburg, Commissioner State Dept. of Institutions & Agencies 135 West Hanover Street Trenton 7, New Jersey

#### NEW MEXICO

Stanley J. Leland, M.D.
State Director of Public Health
New Mexico Department of Public
Health
Santa Fe, New Mexico

#### NEW YORK

Paul H. Hoch, M.D., Commissioner State Department of Mental Hygien State Office Building Albany, New York

#### NORTH CAROLINA

J. W. R. Norton, M.D. Secretary and State Health Officer State Board of Health North McDowell Street Raleigh, North Carolina

#### NORTH DAKOTA

Jerome H. Svore, Director of Public Health State Department of Health Capitol Building Bismarck, North Dakota

#### OILLO

C. Earl Albrecht, M.D.
Acting Director
State Department of Mental Hygien
 & Correction
Columbus 16, Ohio

#### OKLAHOMA

G. F. Mathews, M.D. Commissioner of Health State Department of Health 3400 Block of North Eastern Oklahoma City 5, Oklahoma

#### OREGON

Harold M. Erickson, M.D. State Health Officer State Board of Health 1400 South West Fifth Avenue Portland 1, Oregon

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ROSTER OF STATE MENTAL HEALTH AUTHORITIES (cont'd)

#### PENNSYLVANIA

Harry Shapiro, Secretary of Welfare State Department of Welfare State Capitol Harrisburg, Pennsylvania

#### PUERTO RICO

Juan A. Pons, M.D. Secretary of Health Puerto Rico Department of Health Ponce de Leon Avenue San Juan 18, Puerto Rico

#### RHODE ISLAND

Edward P. Reidy, Director State Department of Social Welfare 40 Fountain Street Providence 3, Rhode Island

#### SOUTH CAROLINA

W. P. Beckman, M.D., State Director of Mental Health
South Carolina Mental Health Commission
1100 Senate Street
Columbia 1, South Carolina

#### SOUTH DAKOTA

G. J. Van Heuvelen, M.D. State Health Officer State Department of Health State Capitol Pierre, South Dakota

#### TENNESSEE

Cyril J. Ruilmann, M.D., Commissioner Tennessee Department of Mental Health 300 Cordell Hull Building Nashville 3, Tennessee

#### TEXAS

Henry A. Holle, M.D. Commissioner of Health State Department of Health 410 East Fifth Street Austin 14, Texas

#### UTAH

Joseph P. Kesler, M.D.
Acting Director of Public Health
State Department of Health
130 State Capitol Building
Salt Lake City 1, Utah

#### VERMONT

Robert B. Aiken, M.D. State Health Commissioner Vermont Department of Health 115 Colchester Avenue Burlington, Vermont

#### VIRGIN ISLANDS

Commissioner of Health
Virgin Islands Department of
Health
Knud-Hansen Memorial Hospital
St. Thomas, Virgin Islands

#### VIRGINIA

Joseph E. Barrett, M.D., Commissioner State Department of Mental Hygiene and Hospitals 9 North Twelfth Street Richmond 19, Virginia

#### WASHINGTON

Bernard Bucove, M.D. Director of Health State Department of Health 1412 Smith Tower Seattle 4, Washington

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ROSTER OF STATE MENTAL HEALTH AUTHORITIES (cont'd)

#### WEST VIRGINIA

N. H. Dyer, M.D. State Director of Health State Department of Health State House Building No. 3 Washington and Duffy Streets Charleston 5, West Virginia

#### WISCONSIN

Wilbur J. Schmidt, Director State Department of Public Welfare State Capitol Building Madison 2, Wisconsin

#### WYOMING

Franklin D. Yoder, M.D.
Director of Public Health
State Department of Public
Health
State Office Building
Cheyenne, Wyoming

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#### COMMUNITY MENTAL HEALTH PROGRAM DIRECTORS

#### ALABAMA

John M. McKee, Ph.D. Bureau of Administration Division of Mental Hygiene

#### ALASKA

Oscar Hubbard, M.D. Section of Mental Health

#### ARIZONA

Harriet M. Beck, Ph.D. Division of Mental Health

#### ARKANSAS

E. J. Easley, M.D. Bureau of Local Health Services Division of Mental Health

#### CALIFORNIA

Portia Bell Hume, M.D. Department of Mental Hygiene (Community Services)

#### COLORADO

Lynwood M. Hopple, M.D. Mental Hygiene Section

#### CONNECTICUT

E. J. Marsh, M.D. Division of Community Services

#### DELAWARE

M. A. Tarumianz, M.D. Mental Hygiene Ext. Clinics

#### DISTRICT OF COLUMBIA

Marvin E. Perkins, M.D. Mental Health Division

#### FLORIDA

W. Laney Whitehurst, M.D. Bureau of Mental Health

#### GEORGIA

Henry Raymaker, Jr. Chief, Division of Mental Health Planning and Evaluation Section

#### ILAWAH

Elmer W. Haertiz, M.D. Division of Mental Health

#### IDAHO

Dale D. Cornell, M.D. Mental Health Services

#### ILLINOIS '

Charles R. Meeker Assistant Deputy Director Department of Public Welfare

#### INDIANA

Margaret E. Morgan, M.D. Division of Mental Health

#### LOWA

M. Opal Fore, Executive Director Iowa Mental Health Authority

#### KANSAS

Leila N. Myers Division of Mental Hygiene

#### KENTUCKY

Harold L. McPheeters, M.D.
Asst. Comm. for Div. of Community
Services, Dept. of Mental Health

#### LOUISIANA

E. Roy Rogillio (Psychiatric Social Consultant) Mental Hygiene Division

#### MAINE

Margaret R. Simpson, M.D. Mental Health

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ROSTER OF MENTAL HEALT H
PROGRAM DIRECTORS (cont'd)

#### MARYLAND

Robert Thomas, M.D. Division of Mental Health

#### MASSACHUSETTS

Warren T. Vaughan, M.D. Division of Mental Hygiene

#### MICHIGAN

Charles F. Wagg, Director State Department of Mental Health

#### MINNESOTA

Dale C. Cameron, M.D. Division of Medical Services

#### MISSISSIPPI

Estelle Magiera, M.D. Child Guidance Program Division of Maternal and Child Health

#### MISSOURI

Henry Guhleman, Jr., M.D. Bureau of Mental Hygiene

#### MONTANA

R. J. Spratt, M.D., Superintendent Montana State Hospital
State Department of Mental Hygiene

#### NEERASKA

E. A. Rogers, M.D. Division of Mental Health Bureau of Prev. Med. Services

#### NEVADA

Martin S. Levine Mental Health Section Division of Prev. Med. Services

#### NEW HAMPSHIRE

Anna L. Philbrook, M.D. Mental Hygiene & Child Guidance Clinics

#### NEW JERSEY

E. H. Plwasants, M.D. Mental Hygiene and Hospitals

#### NEW MEXICO

Mary Allen, M.D. Division of Mental Health

#### NEW YORK

Robert C. Hunt, M.D. Community Mental Health Services

#### NORTH CAROLINA

Edward S. Haswell, Mental Health Section Division of Local Health

#### NORTH DAKOTA

Chester J. Eugene (Associate Psychologist) Acting Director Division of Mental Hygiene

#### OHIO

C. Earl Albrecht, M.D. Acting Director State Dept. of Mental Hygiene & Correction

#### OKLAHOMA

A. A. Hellems, M.D. Mental Health Unit Chronic Disease Control Division

#### OREGON

John Waterman, M.D. Mental Health Section

#### PENNSYLVANIA

Preston W. Thomas, M.D.
Division of Community Mental
Health Services
Bureau of Mental Health

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Carlo Barrella Carlo

ROSTER OF MENTAL HEALTH PROGRAM DIRECTORS (cont'd)

#### PUERTO RICO

Dolores G. LaCaro Bureau of Mantal Health

#### RHODE ISLAND

Edward P. Reidy Mental Hygiene Services

#### SOUTH CAROLINA

W. P. Beckman, M.D. Mental Hygiene Division

#### SOUTH DAKOTA

Florence Dunn (registered nurse)
Division of Preventive Disease
Control and Local Health Services
Mental Health Section

#### TENNESSEE

C. J. Ruilmann, M.D. Department of Mental Health

#### TEXAS

Charles A. Mitchell Division of Mental Health

#### UTAH

Carlos Madsen, M.D. Bureau of Mental Health

#### VERMONT

Arthur Funke, Acting Director Division of Guidance Clinics

#### VIRGINIA

Joseph E. Barrett, M.D., Commissioner State Department of Mental Hygiene and Hospitals

#### VIRGIN ISLANDS

Mrs. Eldra Shulterbrandt (Psychologist) Bureau of Mental Health

#### WASHINGTON

L. Prosser, M.D. Mental Health Consultant Mental Health Section

#### WEST VIRGINIA

Jackson C. Rhudy Bureau of Mental Health

#### WISCONSIN

Wilbur J. Schmidt, Director State Department of Public Welfare

#### WYONING

A. R. Taylor, M.D.

Maternal & Child Health &

Crippled Children Division

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# Proposed Rules and Procedures Conference of the Surgeon General of the Public Health Service with the State and Territorial Mental Health Authorities

- 1. Matters for Conference action shall be presented in the manner indicated by the attached form, "Proposed Conference Action."
- 2. Agenda items submitted by State authorities will be screened by the Conference Planning Croup prior to the compilation of the official Conference agenda for the purpose of ensuring adherance to the required format, of consolidating like items, of clarifying recommendations to be made or actions to be taken, and of evaluating the timeliness and national significance of the items presented for Conference consideration.
- 3. Items not on the official agenda will be considered after all items on the agenda have been acted upon by the Conference.
- 4. Voting on official Conference actions shall be by States.
- 5. Each State shall have one vote which will be cast by the State official who has been selected by the State to be the Mental Health Authority, or by a representative whom that official has designated in writing.
- 6. The Conference will be called to order by the Surgeon General or his representative.
- 7. The Chairman of the Conference Planning Group will chair the Conference sessions during the discussion of and voting on the disposition of agenda items and the selection of the State members of the Planning Group for the next annual Conference,
- 8. Any necessary Conference committees will be appointed by the Chairman of the Conference Planning Group.
- 9. The Conference Planning Group will consist of five State Mental Health Authorities and a representative of the Surgeon General. Three of the five State authorities shall be selected to serve as Chairman, Vice-Chairman and Secretary of the Conference Planning Group.
- 10. Conference proceedings will be published by the Public Health Service.

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#### TECHNICAL SESSIONS

Group Discussion Leaders and Recorders

#### GROUP 1

Discussion Leader Alternate Discussion Leader Dale C. Cameron (Minnesota) E. J. Marsh (Connecticut)

Recorder
Alternate Recorder

Marvin E. Perkins (D. C.) Jackson C. Rhudy (West Virginia)

Wednesday, November 7 - Room G-743A, HEW Building North Thursday, November 8 - Penthouse, HEW Building North

#### GROUP 2

Discussion Leader Alternate Discussion Leader Charles S. Mitchell (Texas)
Robert C. Hunt (New York)

Recorder
Alternate Recorder

Warren T. Vaughn, Jr. (Massachusetts) John M. McKee (Alabama)

Wednesday, November 7 - Room G-747A, HEW Building North Thursday, November 8 - Room H, GAO Building, 4th & G, N.W.

## GROUP 3

Discussion Leader Alternate Discussion Leader

Carlos Madsen, M.D. (Udah) Portia Bell Hume (California)

Recorder
Alternate Recorder

Florence B. Dunn (South Dakota) Henry V. Guhleman, Jr. (Missouri)

Wednesday, November 7 - Room G-759A, HEW Building North Thursday, November 8 - Room 2518, GAO Building, 4th & G, N.W.

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## TECHNICAL SESSIONS

AGENDA

for

ALL DISCUSSION GROUPS



#### TRAINING AND RESEARCH

#### Training

- 1. Problem of recruitment.
- 2. Problem of supervision of multidisciplinary staff.
- 3. Medical residents non-medical direction and supervision of mental health programs.
- 4. Practices and procedures developing in mental health education possible sources of trained personnel for this work centers for training in this area.
- 5. Residency training programs in State Institutions especially review of 3-1 year residencies.
  - What are the safeguards and essentials of a State mental health training and research program?
  - Special aspects of training (child psychiatry administration, etc.)
- 8. Consultant services, types of staffs, content of training program for consultant staffs.

#### Research

6.

7.

- 1. Techniques and procedures used in programs where there has been some study of "so-called" problem families in community.
- 2. The development of training and research activities in State Mental Health Programs.
- 3. New operational research studies in mental health, particularly in community services.

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#### PROGRAM DEVELOPMENT AND ADMINISTRATION

#### Legislation

- 1. Discuss legislative and program trends.
- 2. Interstate compacts (like Conn.).
- 3. Reports on experience of New York with its Community Mental Health Service Act.
- 4. Should legislation for community clinical services be quite general with authorization to establish regulations or be more specific?
- 5. Is State licensing of community clinics an accepted method of maintaining good personnel and other standards?
- 6. Admission, commitment and discharge procedures for mentally deficient.
- 7. Desirability of preparing guidelines for item 6.

#### Development and Coordination

- 1. Coordination of existing programs.
- 2. Methods of developing over-all plan on blueprints for more efficient functioning of existing agencies and possible guide for expanding services.
- 3. Problem of developing psychiatric services in general hospital .
- 4. Interdisciplinary relations in a mental health program.
- 5. Provision of consultation by Regional mental health personnel to State agencies other than State mental health authority.
- 6. Clarification of services from Regional mental health personnel to school for mentally retarded when apart from State mental health authority Children's Bureau consultants available also.
- 7. Development of increasingly responsible role for mental health in a department of public health change from Division of Mental Health to bureau status.

#### Financing

1. Sources of financial assistance in the form of grants-in-aid and special study or research grants available to State programs. How to make application for such assistance - also possible ramifications and coordination with Vocational Rehabilitation and Social Security aides.

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#### SPECIFIC PROGRAM EFFORTS

- Development of community mental health programs in rural areas. 1. Sparsely populated States
- 2. Mental retardation programs.
- 3. Foster homes and home-care programs for mentally retarded, juvenile delinquent and post-hospital patients.
  - Evaluation of effectiveness of mental health education efforts.
  - Alcoholism programs.

4.

- **5.** 6. Parent study group programs.
- 7. Services of Boards of Directors in operation of clinics and community interpretation.
- 8. New patterns of community organ and functions.
- Experiences of local health department in providing post-hospital 9. services to mental patients and their families.
- Development of programs to support the discharged "tranquilized" LO. patients.

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CONFERENCE AGENDA



Submitted by: Connecticut State Department of Mental Health

#### Training of Community Mental Health Personnel

#### Action desired:

ADOPTION OF RECOMMENDATION:

THAT THE PUBLIC HEALTH SERVICE ENCOURAGE THE TRAINING OF MORE PERSONNEL FOR COMMUNITY MENTAL HEALTH PROGRAMS BY GIVING PRIORITY TO APPLICATIONS FOR GRANTS-IN-AID FROM TRAINING CENTERS THAT ARE TRAINING COMMUNITY MENTAL HEALTH PERSONNEL, AND BY ENCOURAGING EXISTING TRAINING CENTERS TO INCLUDE TRAINING IN COMMUNITY MENTAL HEALTH PRACTICES IN THEIR TRAINING CURRICULA.

#### Supporting statement:

Recently the State of Connecticut advertised nationally for applicants for a job as director of its community mental health programs with no responses except from one individual already in the State service. Other States have had similar difficulties in recruiting personnel for community mental health programs. On a local level community mental health clinics are finding it extremely difficult to recruit personnel with any experience or ability in community mental health work. The cause of the shortage is very complex but one item is the lack of adequate training of people for these jobs. Action by the Public Health Service to encourage community mental health training in training curricula is one positive step that could be taken to alleviate the shortage.

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Submitted by: New York State Department of Mental Hygiene Washington State Department of Health

#### Training Programs for Mental Health Services

#### Action desired:

ADOPTION OF RECOMMENDATION:

THAT THE PUBLIC HEALTH SERVICE CONSULT WITH AND KEEP THE STATE MENTAL HEALTH AUTHORITIES INFORMED CONCERNING THE ALLOCATION OF TRAINING GRANTS FOR MENTAL HEALTH POSITIONS WHICH ARE TO BE UTILIZED IN THE RESPECTIVE STATES AND THAT CONSIDERATION BE GIVEN TO ENLARGING THE ROLE OF THE STATE MENTAL HEALTH AUTHORITIES IN THE UTILIZATION OF TRAINING FUNDS.

#### Supporting statement:

State mental health authorities are handicapped in their development of State supported training programs by lack of information, or information received too late to be effective, about grants made by the training division of the National Institute of Mental Health to agencies and individuals within the respective States. For example, a recent application by the Seattle Community Psychiatric Clinic for Adults for a training grant was approved, and the first knowledge that the Washington State Mental Health Authority had of either the application or the approval was a news release in the papers. Fuller utilization of training resources and better integrated training programs will result from a closer relationship between the training programs administered from Bethesda and those operated by the individual States.

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Submitted by: Public Health Service

#### Needs for Advanced Training in Mental Health in States

#### Action desired:

ADOPTION OF RECOMMENDATION:

THAT THE STATE MENTAL HEALTH AUTHORITIES AND THEIR PROGRAM DIRECTORS EXAMINE THEIR NEEDS FOR ADVANCED GRADUATE TRAINING OF PERSONNEL TO CARRY ON COMMUNITY MENTAL HEALTH WORK AND ADMINISTRATION; AND THAT THE AUTHORITIES COMMUNICATE THIS NEED TO THE SURGEON GENERAL.

#### Supporting statement:

The need for more personnel and more suitable training for directors of community mental health programs at all levels has been repeatedly reaffirmed by many States. The National Advisory Mental Health Council has approved the use of stipends at a relatively high level for psychiatrists, psychologists, psychiatric social workers and psychiatric nurses in order to get more personnel into these needed areas. In order to implement this training, the States and communities with vacant positions and no training program or funds of their own to support training may wish to make an inventory of their ability to recruit candidates for advanced training and to make arrangements with training centers that can conduct the type of training which is needed to carry on community mental health work. Such information would be useful to the National Institute of Mental Health and others who are interested in meeting training needs in the field of mental health.

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Submitted by: Oregon State Board of Health

#### National Register for Mental Patients

#### Action desired:

ADOPTION OF RECOMMENDATION:

THAT THE PUBLIC HEALTH SERVICE OR OTHER SUITABLE AGENCY ESTABLISH AND MAINTAIN A NATIONAL REGISTER FOR MENTAL PATTENTS.

#### Supporting statement:

In order to develop effective follow-up treatment and rehabilitation programs for paroled and discharged mental hospital patients it is essential to know their history and disposition subsequent to parole or discharge. Many such patients leave the State and subsequent developments are lost. A national register would enable follow-up and history continuity on many of these cases readmitted to hospitals in other States.

Registration would be obtained by submission to the national register of all hospital admissions, paroles, and discharges. Such information from private hospitals would probably have to be on a voluntary cooperative basis.

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Submitted by: California State Department of Mental Hygiene

#### Intensification of Mental Health Programs and Facilities in the Schools

#### Action desired:

ADOPTION OF RECOMMENDATION:

THAT THE STATES UNDERTAKE, AS A MATTER OF FORMAL POLICY, THE IMPLEMENTATION AND SUPPORT OF A PROGRAM FOR ENCOURAGING INTENSIFIED MENTAL HEALTH ACTIVITIES IN THE PUBLIC SCHOOL SYSTEM:

- (1) THROUGH TEACHER-TRAINING IN THE PRINCIPLES OF GOOD MENTAL HEALTH AND METHODS FOR DETECTING MENTAL OR EMOTIONAL DISORDER IN ITS EARLY STAGES,
- (2) THROUGH ADEQUATE PROVISION FOR A MENTAL HEALTH STAFF IN EACH SCHOOL SYSTEM TO INCLUDE PSYCHIATRISTS, CLINICAL PSYCHOLOGISTS AND PSYCHIATRIC SOCIAL WORKERS AS CONSULTANTS, AS WELL AS SCHOOL PSYCHOLOGISTS AND TRAINED COUNSELING PERSONNEL,
- (3) THROUGH IMPROVED COORDINATION OF THE EFFORTS OF TEACHER, PARENT AND COMMUNITY IN REARING MENTALLY HEALTHY CHILDREN.

#### Supporting statement:

Community programs for teaching of mental health principles and for the prevention of emotional and mental disorders generally reach only the people who have already developed an interest in this field. A more far reaching and more fully effective mental health program can be carried out through the public school system.

A mental hygiene program in the schools, to be fully effective, must be solidly founded on the general appreciation of the importance of mental hygiene by the entire educational system. Mental health principles must be incorporated in the teachertraining program, kept in mind in the selection of candidates for positions, form a part of the inservice training program, be considered in the development of curricula and the school's program of extra-curricular activities, and bear on the formation of administrative policy all to the same degree that the educational system is concerned with the physical health of its charges. (See Mental Health Recommendation No. 6 of the 1953 Conference).

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Submitted by: Oklahoma State Department of Health

#### Promotion of Mental Health in Industry

#### Action desired:

#### ADOPTION OF RECOMMENDATION:

THAT THE NATIONAL INSTITUTE OF MENTAL HEALTH, IN COOPERATION WITH STATES AND LOCALITIES, MAKE A STUDY OF VARIOUS PROGRAMS FOR PROMOTION OF MENTAL HEALTH IN INDUSTRY AND PROVIDE INFORMATION THAT WILL ENABLE THE STATE MENTAL HEALTH AUTHORITIES TO IMPLEMENT A COOPERATIVE PROGRAM FOR PROMOTING INDUSTRIAL MENTAL HEALTH.

#### Supporting statement:

That National Institute of Mental Health consider the feasibility of regional conferences on this subject that would bring together management, personnel departments, counsellors in industrial relations, union officials, industrial medical consultants, psychiatrists and others interested in the mental health of workers on the job. Such conferences would provide discussion of mutual problems and methods and techniques to be utilized in an educational program.

That National Institute of Mental Health finance such conferences and provide consultants. This could be done on a regional basis or on request by the individual States.

It has been recognized that emotional conflicts are a major factor in absenteeism, alcoholism, and lack of efficiency on the job. Often these conflicts are due to difficulties in interpersonal relations between the man and his supervisors, or perhaps his concern about his private family life or financial problems.

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Submitted by: California State Department of Mental Hygiene

Establishment of Minimum Standards for Community Coverage by Outpatient Psychiatric Clinics

#### Action desired:

ADOPTION OF RECOMMENDATION:

THAT EITHER THE NATIONAL INSTITUTE OF MENTAL HEALTH OR A PRIVATE RESEARCH FOUNDATION INTERESTED IN THE GENERAL AREA OF MENTAL HEALTH UNDERTAKE SURVEYS IN DIFFERENT COMMUNITIES TO DETERMINE THE PREVALENCE OF PSYCHIATRIC DISORDERS, THE TYPES AMENABLE TO OUTPATIENT CLINIC TREATMENT, THE OPTIMUM STAFF TIME REQUIRED FOR PSYCHIATRIC DIAGNOSIS AND TREATMENT AS WELL AS PREVENTIVE SERVICES, AND THE DEVELOPMENT OF MINIMUM STANDARDS OF THE NUMBER AND KINDS OF PSYCHIATRIC PERSONNEL PER UNIT POPULATION.

#### Supporting statement:

Current standards for providing outpatient facilities to meet the needs of a community are based largely on speculation and subjective judgments. To our knowledge, no measure has been taken of the full extent of a community's needs. Intelligent long-term planning requires the establishment of reliable standards as well as a reliable measure of the psychopathology in a given population. (See Recommendation No. 1 of the Mental Health Committee adopted by the 1954 Conference.)

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Submitted by: Connecticut State Department of Mental Health

#### Old Age Assistance for Former Mental Hospital Patients

#### Action desired:

ADOPTION OF RECOMMENDATION:

THAT THE PUBLIC HEALTH SERVICE IN COOPERATION WITH OTHER OPERATING AGENCIES OF THE DEPARTMENT OF HEALTH, EDUCATION, AND WELFARE WORK OUT A PLAN THAT CAN BE RECOMMENDED TO THE STATES WHEREBY PERSONS WHO HAVE BEEN PATIENTS IN MENTAL HOSPITALS ARE NOT DISCRIMINATED AGAINST AS POTENTIAL RECIPIENTS OF FEDERALLY-AIDED STATE PUBLIC ASSISTANCE PROGRAMS.

#### Supporting statement:

There are many individuals who have profited so much from hospitalization in mental hospitals that their potential for rehabilitation is high, but the facilities available to the hospital for a rehabilitation program are entirely inadequate. The patients in question are not yet ready for complete independence of action, but no longer require the close supervision provided by a hospital. At the present time the Federal law appears to discriminate against these patients and in line with the current trend to eliminate such discrimination some way should be devised to establish a program on a state level that would meet the requirements of the Federal law while at the same time giving to the former mental patient all the rights and privileges of any other citizen in the community.

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Submitted by: California State Department of Mental Hygiene

#### Definition of "Mental Health Authority"

#### Action desired:

ADOPTION OF RECOMMENDATION:

THAT THE SURGEON GENERAL'S CONFERENCE OF STATE MENTAL HEALTH AUTHORITIES FORMALIZE AND ADOPT A WORKING DEFINITION OF A "MENTAL HEALTH AUTHORITY."

#### Supporting statement:

At present there is some confusion between (a) a State's total mental health program (in whatever agency of State government it may be located) and (b) that part of a State program which is receiving federal grant-in-aid. It should be made clear whether the State "Mental Health Authority" refers to (a) and includes (b), or whether the term is to be applied to (b) alone.

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Submitted by: California Department of Mental Hygiene

Definition of "Broad Preventive Activities." \*

#### Action desired:

ADOPTION OF RECOMMENDATION:

THAT THE SURGEON GENERAL'S CONFERENCE OF STATE MENTAL HEALTH AUTHORITIES FORMALIZE AND ADOPT A WORKING DEFINITION OF "PREVENTION" THAT IS SUFFICIENTLY BROAD TO INCLUDE PROFESSIONAL ACTIVITIES THAT PROTECT MENTAL HEALTH AND PREVENT PSYCHIATRIC DISORDERS, BUT THAT IS ALSO SUFFICIENTLY LIMITED SO AS TO MAKE PRACTICABLE BOTH SURVEYS AND EVALUATIONS OF ORGANIZED PREVENTIVE PROGRAMS.

#### Supporting statement:

The term "mental hygiene" is generally considered to include both the prevention of psychiatric disorders and activities that conserve or promote mental health. Such a broad definition rightly includes a wide variety of activities on the part of both professional and lay groups; it also gives appropriate recognition to many differing techniques, approaches, theories of psychopathology or social apathology, and philosophies of mental health. For many purposes, such a broad definition is highly desirable. However, when it comes to surveying or evaluating an existing preventive program, and to planning or inaugurating a new program, some agreement delimiting the scope of "broad preventive activities" becomes necessary. This is particularly true when quantitative measurements are attempted. It would, therefore, appear that a working definition of prevention is needed by mental health authorities and agencies for purposes of communication, fact-finding, programming, research, etc. Such a definition would be admittedly and designedly less broad than a definiserving to promote the general public interest in mental health; it would, rather, be designed as a tool for specific professional and legislative purposes.

<sup>\*</sup> See Mental Health Recommendation No. 3 of the 1953 Conference.

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#### (continued)

A working definition of "prevention" needs to be clearly descriptive of the activities included in the definition. (See the New York State Department of Mental Hygiene's Community Mental Health Services Law and the California State Department of Mental Hygiene's "Proposed Program for Community Mental Health Services.") If the definition includes remedial as well as other preventive activities, it must clearly delineate which is being prevented, e.g., any degree of psychiatric disorder or that degree of psychiatric disorder necessitating hospitalization. For example, if the definition includes the conservation of mental health then the prevention of any degree of psychiatric disorder is implied, and not merely the prevention of hospitalization.



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