**Skin depression**
in front of elbow

**Triangular Shape**

**Cubital Fossa**

**Skin depression**
in front of elbow

**Triangular Shape**

**Clinical aspects**
- BP measurements for stethoscope
- palpate for the brachial pulse
- used for venous access (phlebotomy)

**Cubital tunnel**
- allows the Ulnar nerve to travel over the elbow
- Cubital Tunnel Syndrome

**Borders**
- superficial boundary
- deep fascia
- bicipital aponeurosis
- superficial to the bicipital aponeurosis separates it from the brachial artery
- Protect it during intravenous injections and blood transfusions
- medial cubital vein
- cephalic vein
- basilic vein
- Radial nerve deep branch
- Tendon of Biceps
- Brachial artery
- Median nerve
- Brachioradialis and supinator
- Line between Epicondyles
- Skin
- Medially Pronator teres
- Laterally Brachioradialis and supinator

**Medial boundary (floor)**
- Brachioradialis and supinator

**Bicipital aponeurosis**
- "grace of God" protect contents of the fossa

**Deep fascia**
- protect contents of the fossa

**Superficial boundary**
- separa...