Are you seeking real good? That is my central question in this video. And by "good" I don't mean the best restaurant to go to or the best place to take a vacation. I'm speaking about good in the world, that is, seeking to find and do good to make the world a better place. Stop and think for a moment, as parents and grandparents, about "passing on" a good world to our children and grandchildren. This is a fine sentiment, but how do we accomplish this? In a world with so much in it that's bad—wars, famine, global warming, living under autocratic regimes, and other calamities—how do we live wisely? Wishful thinking and false hopes religious dogma, quackery, and pseudoscience, to name three—are not answers. Fake good is not going to solve problems that are real bad. We need to find real good, So how do we find real good in the world?