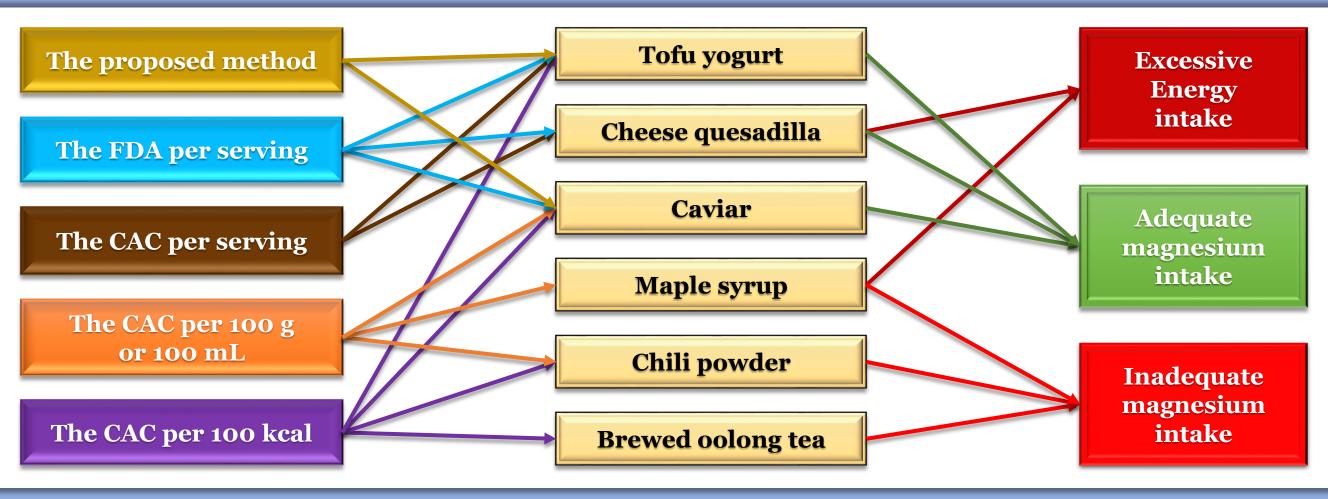
Results of food choices based on different methods for achieving adequate magnesium intake



Suggested citation: Forouzesh A, Forouzesh F, Samadi Foroushani S, Forouzesh A. A new method for calculating magnesium content and determining appropriate magnesium levels in foods. SSRN 2022. DOI: 10.2139/ssrn.4133396