YEAR IN REVIEW











INSIDE

Director's Reflection Reserve Corps Admirals' Opening Remarks Regional Highlights Spotlight on Awards

Nurse Corps News Staff Layout: LT Nikki Pritchard & LT Eric Banker Editor In Chief: LCDR Melani Harding

YEAR IN REVIEW



Rebecca McCormick-Boyle, RADM, NC, USN

Director, Nurse Corps

Director's Reflection



It is my great pleasure to introduce the Nurse Corps' Year in Review 2016! I am so proud of Navy Nurses' drive to serve and collective accomplishments. So much has been accomplished over the past year. Clinical care, education and training, executive medicine, operational medicine and research; across each of these areas, Navy Nurses from all specialties leaned in to make a difference, to serve the mission, to reach for the vision.

This is our time to celebrate Navy Nurses. You each have modeled our Professional Practice Model principles of Caring, Compassion, and Competence through Professional Development, Operational Readiness, and Transformational Leadership.

In 2016, we promoted two Nurse Corps Flag Officers; enhanced High Reliability and Patient Safety through implementation of postpartum hemorrhage bundles; improved patient care quality and access

through Nurse Run Protocols; forged new relationships and roles with multinational partners; cared for patients and communities across the globe; advanced nursing knowledge through research and evidence-based practice initiatives; and earned recognition through publication and distinguished award presentations. And this represents only a small fraction of the Navy Nurses' impact over this past year.

I hope you enjoy reading this year-end newsletter. Thank you for your dedication, expertise, and service. I wish you the best for the New Year and look forward to applauding your continued accomplishments!



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Reserve Corner



It has been my honor to serve as the Deputy Director of the Nurse Corps for Reserve Component (RC) since 2013. Together, we have accomplished extraordinary results which will continue to yield positive returns for many years. This year was no exception; 2016 was an exciting and productive year with unprecedented teamwork and success in meeting our FY 16 strategic goals in the areas of Clinical Excellence, Professional Excellence, Workforce, Strategic Partnership, and Strategic Communication. The accomplishments achieved by the Reserve Nurse Corps teams provide momentum for our FY 17 strategic work. As I transition into my new position as Deputy Chief for Reserve Policy and Integration, I will remain forever thankful for the opportunity to lead the finest Corps of nurses in the world. It is with great pride and enthusiasm that I extend a warm welcome to RDML Mary Riggs who assumes the role of Deputy Director of the Nurse Corps for Reserve Component. RDML Riggs and I began our career together as Ensigns at Naval Hospital Bethesda many years ago, and



Tina Alvarado RADM, NC, USN

Deputy Director, Reserve Component January—October 2016

I have witnessed her exemplary commitment to the Nurse Corps. She will undoubtedly lead with a clear vision, strategic direction and a positive organizational culture which will continue the Reserve Component's track record of mission accomplishment and the provision of exemplary clinical care.

Let me close by reiterating how proud I am of each and every one of you. Together, we have



Mary Riggs RDML, NC, USN

Deputy Director, Reserve Component October 2016– Present achieved an unprecedented number of nurses obtaining critical leadership goals at the Detachment level all the way through Command and Post Command. Positions of great significance can only be made possible through hard work, determination, and talent but most of all, I believe it is the Nurse Corps tradition of loyalty and support to each other that creates the collaborative relationships in which we all can grow and excel. I know you will keep that momentum going.

It is truly an honor to represent you as I step into the Deputy Director role. In taking this responsibility seriously, I look forward to hearing from you. I want to be aware of your struggles and frustrations as well as all the great ideas that you have to continue to move our Corps forward. My goal is twofold: 1) Ensure a ready, willing and able Reserve NC force and 2) Leverage our community talent to meet the Surgeon General's goals in bringing quality care to our warfighters and their families. I look forward to working with all of you and wishing you and your families a wonderful and successful New Year!

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Navy Nurse Corps' Newest Admirals



On October 7, 2016, Captain Mary Riggs was promoted to the rank of Rear Admiral (Lower Half). Rear Admiral Tina Alvarado served as the promoting officer. RDML Riggs is currently serving as the Deputy Director, Nurse Corps Reserve Component and Commander, Expeditionary Medicine Reserve Component. A week later, on October 14, 2016, Captain Tina Davidson was promoted to the rank of Rear Admiral (Lower Half). Rear Admiral Rebecca McCormick-Boyle served as the promoting officer, and remarks were given by RDML Riggs. RDML Davidson is currently serving as the Director, Medical Resources, Plans, and Policy (OPNAV N0931), Office of the Chief of Naval Operations. Both promotion ceremonies were held at the Army Navy Country Club in Arlington, Virginia, and both events were attended by many shipmates, Navy Medicine leaders, family and close friends.









Following her promotion, RDML Mary Riggs presents RDML Tina Davidson with her Admiral's Flag. (All Photos by PO2 Jonathan Correa/Released)

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Navy Medicine West

CAPT Jay Chambers

NMW Senior Nurse Executive

Throughout 2016 Navy Medicine West (NMW) has seen tremendous personal and unit level accomplishment in all aspects of our mission. Naval Medical Center San Diego's (NMSCD) CAPT Andrea Petrovanie's selection as the Military Health System senior nurse of

the year and U. S. Naval Hospital (USNH) Okinawa's Operating Room's recognition by the Competency & Credentialing Institute for obtaining 100% RN certification are just two glaring examples. Accomplishments such as these led the region to a tremendous year of success at all levels.

Direct support for the warfighter, wherever the warfighter needs us, remains a bedrock mission set. This year, ninety-one Navy Nurses from NMW deployed forward in various operations from trauma support in Afghanistan to theater engagement in PACIFIC PARTNERSHIP. In addition, we provided direct support to 12 field and afloat exercises and a host of "in house" training events and drills.

Driving quality is a day to day adventure with the NMW nursing staff out front. This year, 22 nurses led formal process improvement projects improving patient safety at all levels. Most noteworthy is the direct involvement in the collaborative effort to establish a standard bundle for prevention, detection and treatment of postpartum hemorrhage.

Navy Medicine West Nurses have also been actively engaged in establishing partnerships. The Southern California nurses have seen the addition of multiple USMC nursing billets and established great working relationships with those forces. Throughout the Pacific Northwest and Hawaii, they are actively engaged in the eMSM and partnering with our sister services. In Okinawa, a fantastic multi-cultural nursing conference was conducted that brought nurses from multiple countries and cultures together for common sharing. The highlight of the year was the ability for NMSCD to host the Chinese Hospital Ship Ark Peace.

This truly has been an eventful year. I have no doubt that the Nursing staff of NMW is ready and able to meet the challenges of the next year with equal energy and success.

Navy Medicine East

In July of 2016, I reported to Navy Medicine East (NME) and have found this assignment both eye opening and inspiring. Most impressive to me has been the high OPTEMPO throughout the Navy Medicine enterprise and the phenomenal effort put forth by each of our Commands

CAPT Jamie Wise

NME Senior Nurse Executive

to support our wartime mission, further the Surgeon General's priorities of readiness, health and partnerships while embarking on a demanding journey towards becoming a High-Reliability Organization.

Over the past year, 115 active duty NME nurses have deployed in support of a diverse array of operational platforms. We have reached out within and across regions to cover critical nursing shortfalls in our inpatient facilities both overseas and in CONUS. Despite navigating these challenges, Navy Nurses have continued to support our Commander's vision to be the "Preferred Choice" for patients to receive care in our facilities and for staff to desire to work in them. It has been my honor over the past six months to have witnessed the tremendous contributions of our Navy Nurses in support of these endeavors.

INTRIBATION

National Capital Region Medical Directorate

CAPT Valerie Morrison

The National Capital Region Medical Directorate (NCRMD) was established in October 2013, to exercise authority, direction, and control

WRNMMC Director for Nursing over the Walter Reed National Military Medical Center (WRNMMC), Fort Belvoir Community Hospital (FBCH) and their subordinate clin-

These joint facilities bring together a nursing staff composed of Army, Navy, Air Force, Public Health, federal civilian and contract registered and licensed practical nurses (RNs, LPNs).

Walter Reed National Military Medical Center is America's academic health center and the global leader for military medical readiness. There are approximately 7,000 staff members at WRNMMC, 18% being Advanced Practice RNs, RNs and LPNs. Nurses work in every command directorate in a variety of roles. Some of the accomplishments of the nurses at WRNMMC in 2016 include the following:

- Nurses provided professional expertise in 14,604 admissions, 1,320 births, 30,168 Emergency Room visits and 990,600 outpatient visits
- Nurses intervened in 595 Rapid Response Team and Code Blue events
- Nurses championed 401 clinical education sessions, 7,463 training encounters, and offered 2,623 CE units
- Nurses precepted and oriented 28 Navy and 32 Army officers through the Clinical Nurse Transition Program, graduating 100% of these new nurses
- Nurses in the inpatient areas championed eight performance improvement projects, four evidence-based practice projects, six policy updates, and led 15 Interdisciplinary Practice Councils
- Nurses are spearheading efforts toward Pathway to Excellence designation. An application for Pathway to Excellence was submitted and accepted by the American Nurses Credentialing Center in November.

Fort Belvoir Community Hospital is committed to providing each beneficiary with an outstanding patient experience through safe, quality, and compassionate care every day. Of the approximately 3,000 employees, nurses comprise almost 20% of the workforce. Advanced Practice Registered Nurses, Registered Nurses and Licensed Practical Nurses work in every command directorate in a variety of roles. A few accomplishments of the nurses at the Belvoir Hospital in 2016 include the following:

- •Nurses provided professional expertise in 7,768 admissions, 1,648 births, 49,484 Emergency Room visits and 824,459 outpatient visits
- •Nurses intervened in 104 Rapid Response Team events, 11 ST-Elevation Myocardial Infarction events, and 13 Code Blue events
- •Nurses performed poster and podium presentations on two projects at the Tri-Service Nurse Research Program Evidence-Based Practice (TSRNP EBP) Course; the same projects were presented at the NCRMD Quality Symposium (placed in top 6 posters) and Association of Military Surgeons of the United States (AMSUS)
- •Nurses recertified Baby-Friendly Accreditation in 2016 and FBCH became the first Military Health System (MHS) facility and one of only seven total hospitals in VA to be given five stars by the Virginia State Department of Health for their efforts in implementing a breastfeeding-friendly environment for patients
- •Department of Defense's (DoD) National Patient Safety Award recipient three years in a row
- •FBCH Operating Room obtained the CNOR Strong Certification

NAVAL HOSPITAL BREMERTON



LCDR Trevr Eborn, SA
Alma Torres and CDR Christopher
Tepera of NH Bremerton take part in a Code
Purple drill incorporating the NMW Obestetric
Hemorrhage Bundle. All of the items found
within the bundle are designed to optimize the
care team response to postpartum hemorrhage
and to enhance teamwork by engaging in effective communication and a shared mental model.

(Photo by Doug Stutz/Released)

NAVAL HEALTH CLINIC QUANTICO



Naval Health Clinic Quantico nurses assist with, and teach, heat casualty resuscitation in support of USMC Officer Candidate training. In 2016, OCS logged over 36,000 encounters including saving over 50 lives due to heat casualties with body temperatures as high as 108 degrees Fahrenheit. LT Lesley Washington, CAPT Stacia Fridley, LT Travis Storey, CDR Sharon House, LCDR Thomasena Wicker and CDR Roslyn Jackson are pictured on an Officer Candidate School heat deck. (Photo by PO2 Matthew Emigh/Released)





NAVAL HEALTH CLINIC CORPUS CHRISTI

CAPT Kim Taylor and her NC team at NHC Corpus Christi established a partnership with Texas A&M, Corpus Christi to allow their military nurses to utilize the simulation lab for completing clinical competencies. The first two Nurse Corps officers completed four sessions on Friday, November 18.

NAVAL HEALTH CLINIC CHERRY POINT

Members of Naval Health Clinic Cherry Point's National Committee for Quality Assurance (NCQA) committee take a moment for a group photograph on Nov. 18, 2016, in front of NHCCP. The committee's tireless efforts and attention to detail enabled NHCCP to receive a stellar score of 99/100 on the clinic's recent NCQA inspection. (Photo by Eric Sesit/Released)







NAVAL HEALTH CLINIC NEW ENGLAND

At Naval Health Clinic New England the nursing staff implemented nine Nurse Run Protocols over the past 18 months. Working at the top of their license, monthly nurse encounters with CPG illnesses have increased from 10-25 percent. The above poster was presented at a recent Command skills fair. LCDR Jenny Paul presented this initiative to the regional SNEs in October 2016. (Photo by Kathy Macknight/Released)

NAVAL HEALTH CLINIC HAWAII



CDR Tara Moore teaches Trach Care to Naval Health Clinic Hawaii staff in the field at Marine Corps Base Hawaii (MCBH). Sixteen NHCH Nurse Corps officers and one Army Nurse



Corps officer taught at the Team Building Course and Skill Stations during NHCH's semi-annual Training Standdown. (Photo by Commander Marlene Sanchez/ Released)

NAVAL HOSPITAL CAMP LEJEUNE

Naval Hospital Camp Lejeune celebrated Certified Nurses Day on 18 March 2016 with a cake cutting. One hundred nurses were recognized for achieving national certification at a celebration on the quarterdeck. A framed poster was displayed at each work center with the names of the certified nurses and each nurse received a letter from the Commanding Officer thanking them for their dedication. (Photo by Michael Cole/Released)



FORT BELVOIR COMMUNITY HOSPITAL

Fort Belvoir Community Hospital (FBCH) has launched a one-of-a-kind air Medical Evacuation (MEDEVAC) program with the assistance of the District of Columbia Army National Guard (DCANG). Throughout the past year, Fort Belvoir paramedics and Emergency Department nurses have been training alongside DC Army National Guardsmen stationed at Davison Army Airfield to transport patients as medical attendants in the UH-72 Lakota. Pictured here, FBHC and DCANG members prep a patient in the FBCH ED for transport in to Walter Reed. (Photo by Lieutenant Katelin Clardy/Released)







NAVAL HOSPITAL LEMOORE



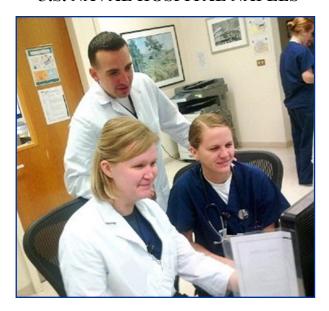
Naval Hospital Lemoore nurses, LT Erica Khoury, LTJG Jaslyn Bushong and LTJG Mary Birdsall, assist with a Pandemic Flu Exercise. (Photo by Constancio Alvarez/Released)

NAVAL MEDICAL CENTER PORTSMOUTH

The inpatient pediatrics department was selected as NMC Portsmouth's 4 Disciplines of Execution (4DX) Wildly Important Goal (WIG) 6th round winner after decreasing PRN medication errors from three to zero and decreasing PRN medication documentation lag time by 80%. This change in culture has led to increased patient safety and improved delivery of care to pediatric patients. Left to right: LCDR Kathryn Stewart, LT Michael Lanthorn, CAPT Sandra Hearn and CDR Lonnie Hosea. (Photo by Petty Officer Second Class Terah Bryant/Released)



U.S. NAVAL HOSPITAL NAPLES



U.S. Naval Hospital Naples MSW staff, LT Amanda Doll, PO3 Joel Olague and LTJG Ell Keffer go through the Screen-2-Screen turnover process in ESSENTRIS, reviewing all screens/dimensions of the patients. Performing this review, in TeamSTEPPS fashion, is done by the oncoming and off-going RNs/HMs to include reviewing medications, orders, procedures, diagnostics and plans. (Photo by Captain Dale Ramirez/Released)

NAVAL BRANCH HEALTH CLINIC IWAKUNI



Marine Corps Air Station Iwakuni Commanding Officer, Col. Richard Fuerst, receives his seasonal influenza vaccination from Naval Branch Health Clinic Iwakuni Officer-In-Charge, CDR Jessica Beard, to kick off the seasonal influenza vaccination for 2016-2017. (U.S. Marine Photo by Lance Corporal Donato Maffin/Released)



U.S. NAVAL HOSPITAL YOKOSUKA

U.S. Naval Hospital Yokosuka Maternal Infant Unit Department Head, LCDR Rie Tamayo, acclaimed author of the What to Expect When You're Expecting series of pregnancy guides, Heidi Murkoff, and MIU nurse, LCDR Michelle Westcott, pose for a group photo upon completion of Murkoff's tour of the facility in October. (Photo by Greg Mitchell/Released)



YEAR IN REVIEW

Reserve Corner: Readiness Training

The Navy Reserve Nurse Corps finished 2015 manned at 100%. Recruitment and retention dipped slightly in 2016 but remains strong at 90%. The various platforms of the US Navy afford our nurses the unique opportunity to practice their profession on land, sea and air; options that are appealing to many nurses.

The Navy Nurse Corps Reserve provides seamless support across Medical Treatment Facilities both stateside and abroad, augment operational and humanitarian missions, and serve in primary clinical staff and leadership roles in various settings. Reserve nurses representing almost all areas of professional practice deliver safe, high quality, value based nursing care in all settings and bring civilian experience and expertise to the Navy. The reserve component stands side-by-side with active duty forces and consistently brings a high degree of knowledge, skills and expertise to every assignment. Assigned to Expeditionary Medical Facilities and Operational Health Support Units, reserve nurses are deployed in support of Kandahar Role 3 MMU, Joint Medical Group in Guantanamo Bay, Cuba and other parts of the world where the US Navy is currently positioned. Reserve nurses acquire training through Joint Operational field training exercises, provide humanitarian care through Innovative Readiness Training (IRT) and serve thousands of hours providing care to military beneficiaries in support of Medical Treatment Facilities. Reserve nurses participated in readiness training exercises such as Golden Coyote, a large-scale joint field exercise in the Black Hills of South Dakota, and Northern Lights, a joint field exercise with simulated combat zone conditions. Additionally, reserve nurses provided humanitarian support for missions in various underserved areas: Arctic Care in Kodiak, Alaska, IRT Chenango in rural New York and IRT Bluegrass in Kentucky.

Together, we have had an exciting and productive year with unprecedented teamwork and extraordinary results in meeting our FY 16 strategic goals which comprised: Clinical Excellence, Profession-

al Excellence, Workforce, Strategic Partnership and Strategic Communication. The accomplishments achieved in 2016 provide momentum for our FY 17 strategic work.

Lt. Lunas Ajumobi, a nurse in the U.S. Navy Reserve Expeditionary Medical Facility Bethesda, and Petty Officer 3rd Class Steven Hanson, hospital corpsman with the U.S. Navy Reserve Expeditionary Medical Facility Great Lakes One Detachment V in Peoria, Ill., take vital signs and review medical history for a patient at Graves County High School, Mayfield, Ky., July 18,

2016. The Kentucky Air National Guard and the U.S. Navy Reserve are providing medical and dental care at no cost to residents in three Western Kentucky locations from July 18 to 27. The program is co-sponsored by the U.S. Department of Defense and the Delta Regional Authority. (U.S. Navy Reserve photo by Petty Officer 2nd Class Cathan Bricker)

YEAR IN REVIEW



CDR Justice Parrott

Operation Bushmaster

The Uniformed Services University (USU) in Bethesda, MD, provides our nation with the highest quality Advanced Practice nurse clinicians, scientists and scholars dedicated to federal health service and health readiness. As a part of the curriculum, the Daniel K. Inouye Graduate School of Nursing (GSN) offers readiness opportunities not found in any other military or civilian graduate program.

OPERATION BUSHMASTER is a field training exercise (FTX) conducted at Fort Indiantown Gap, Pennsylvania. During this exercise, Navy Advanced Practice nursing students, along with other USU graduate nursing students, medical students and international military medical officers, are formally evaluated on their medical knowledge and leadership abilities in a week-long simulated, resource constrained, far forward tactical field setting. Under the watchful eye of seasoned faculty, students assume leadership positions in a joint battalion aid sta-

tion where they are presented with operationally current, reality-based missions and operational problems for which they must plan and execute while simultaneously managing the medical care of simulated Disease and Non-Battle Injury (DNBI) patients, combat stress casualties, and combat trauma casualties. The exercise augments classroom content and serves as a capstone event that provides unparalleled readiness for Navy advanced practice nurses as they near graduation and prepare to care for those in harm's way.



FORT INDIANTOWN GAP, Pennsylvania (October 18, 2016)- Under the watchful eye of CDR Justice Parrott, students work through a field problem during OPERATION BUSHMASTER. (Photo by Tom Balfour/Released)

FORT INDIANTOWN GAP, Pennsylvania (October 19, 2016)- CDR Darren Couture provides one-on-one education for USU students during OPERATION BUSHMAS-TER. (Photo by Tom Balfour/ Released)





FORT INDIANTOWN GAP, Pennsylvania (October 19, 2016)- LT Mary Pelton, a USU Graduate School of Nursing Psychiatric Mental Health Nurse Practitioner Student, participates in a simulated mental health scenario during OPERATION BUSHMASTER. (Photo by Tom Balfour/Released)

YEAR IN REVIEW

USNS Mercy Pacific Partnership 2016

Pacific Partnership 2016 Nurse crew set sail to enhance relationships and multinational-interoperability through knowledge exchange and cooperative training, ensuring partner nations are prepared to collectively and effectively respond when disaster strikes.

The Military Sealift Command hospital ship, USNS Mercy (T-AH 19), departed San Diego on 11 May for Pacific Partnership 2016, an annual maritime operation designed to improve disaster response preparedness while enhancing partnerships with participating nations in the Indo-Asia-Pacific region.

Pacific Partnership, in its 11th year, served as the largest annual multilateral humanitarian assistance and disaster relief preparedness mission conducted in the region, and was born out of the military-led response to the tsunami that struck parts of Southeast Asia in December 2004.

With her crew of more than 800 military and civilian personnel from the U.S., Australia, New Zealand, Canada, the United Kingdom, Malaysia, Singapore, Republic of Korea and Japan, Mercy visited the host nations of Timor-Leste, the Republic of the Philippines, Vietnam, Malaysia, and Indonesia, before returning to San Diego on 30 September.

The Directorate for Nursing Services (DNS), one of the largest directorates on Mercy, was led by **CAPT Jeana Kanne**. The 40 Navy Nurses embarked had the responsibility of providing nursing care in specialty areas of casualty receiving, intensive care, adult and pediatric inpatient nursing, and surgical care onboard Mercy, serving 268 host nation patients onboard. Additionally, they presented individual specialty expertise in support of more than 180 Subject Matter Expert Exchanges and Collabo-

rative Health Engagements held ashore across five host nations.



PEARL HARBOR, Hawaii (May 20, 2016)- Nurses pictured first row left to right: LT Battad, LT Espinosa, LCDR McBee, LT Baldino, CAPT McCrary, CAPT Kanne, LCDR Grimshaw, LT Wentz, LT Bene. Second row: LT Hildebrandt, LCDR Jimenez, CDR Reseter, CDR Kutschman, LCDR Hood, LT Bohus, ENS Delacruz, LT Claypool, LTJG Woods, LCDR Cook, LT Jack, Back row: Project Hope, Ms. Gardner, Mr. Moeller, CDR Klimkewicz, ENS Barlow, LTJG Waite, LTJG Lewisky, LT Comer, ENS Carr, LT Hendricks, LT Samules, ENS Dalton, LT McLamb, LTJG Chambers, LTJG Meier, LCDR Phillip-Cyprien, ENS MacDonald, LT Duenas,

LCDR Davenport, CAPT Spence, LCDR Pinon. (U.S Navy Photo by PO1 Elizabeth Merriam/Released)

YEAR IN REVIEW

"Buna Dimineata" from Romania!

Located at Naval Support Facility Deveselu, the Navy Nurse Corps has played an integral role in the establishment of the Medical Department for the first ever Aegis Ashore Missile Defense System (USAAMDS) Forward Operating Base. The past year has been a time of construction and transition, moving from temporary structures into the newly constructed base with a Housing Dining Facility, Gym, and most importantly, medical facilities. Upon completion of construction in January 2016, the medical team, led by a Navy Family Nurse Practitioner (FNP), transitioned to a new medical building, which opened for patient care in February 2016.

The Aegis Ashore platform represents a unique opportunity for a FNP to lead in a non-traditional operational environment while providing care in a medically isolated duty station. The USAAMDS Medical Department is manned with a three-person medical team consisting of a Family Nurse Practitioner, an Independent Duty Corpsman, and a General Duty Corpsman. For the last year, they have been challenged with construction projects and overcoming supply challenges while continuing wide range clinical services, including preventive medicine, occupational health, and sick call.

CDR Paul Allen, FNP, HM1 Dinsley Harris, IDC, and HM2 Vennesa Child served as the first medical team to staff the USAAMDS medical department. CDR Allen and his team quickly validated proof of concept that an FNP can fulfill a stand-alone, independent billet. This is a historical achievement for the Navy FNP Community and sets the stage for FNPs to fill future independent billets, broadening the contribution capabilities of the FNP.



A service member deployed to Naval Support Facility (NSF) Deveselu stands at parade rest after the official establishment of assumption of NSF Deveselu, during an establishment and assumption of command ceremony. (U.S. Navy photo by LTJG Alexander Perrien/Released)

YEAR IN REVIEW

Navy Nurse Research (1900D)

In 2016, CDR Lisa Braun assumed the Navy Nurse Research Specialty Leader (1900D) position from CAPT Lisa Smith. Recent graduates have completed their Ph.D. studies and have joined our community. These graduates and their dissertation topics include: CDR Wendy Cook, U.S. Military Service Member Health Research Participation: Research Trends, Recruitment Challenges, and Reasons for Research Participation; CDR Jennifer Buechel, Increasing HPV Vaccine Uptake and HPV Vaccine Knowledge among U.S. Military Personnel Through Research; and CDR William Danchanko, Impact of Embedded Military Metal Alloys on Skeletal Tissue in an Animal Model.

Navy Nurse Researchers have significantly contributed to the advancement of military health research over this past year. Of particular note are: **CDR Virginia Blackman**, Navy's RADM Mary Hall Publication Award winner and TSNRP 3rd Place Research Award and **CDR Lalon Kasuske**, 2nd Place Evidence-Based Practice Award. Additional contributions are available at: https://www.milsuite.mil/book/groups/navy-nurse-corps. **CDR Abigail Yablonsky** (below) is a research scientist at Naval Health Research Center and is the Navy lead on a Phase II Congressional Military Women's Health Gap Study, which is aligned with the TSNRP Military Women's Health Research Interest Group. This study is a comprehensive review of literature published on military women's health from 2000-2015. This TSNRP-supported study is invaluable in exploring gaps in research and for adding direction to future research endeavors.

We look forward to our work in defining the role of the regional Navy Nurse Researcher and in coordinated efforts with TSNRP to standardize the Nurse Researcher role across the services.



CDR Abigail Marter Yablonsky at Naval Health Research Center (NHRC) San Diego.

(Photo by R. Kowitz/Released)

Navy Medicine Supporting the "Greenside"

The transition to the NMISOMC Billets is officially underway. For those who don't know, the NMISOMC acronym stands for Navy Medicine in Support of Marine Corps, and it is a way for the Marine Corps to have Force Ready nurses available to deploy in support of operations. Being the first nurse to transition from an Military Treatment Facility setting to 2nd Medical Battalion under this billet designation has truly been an eye-opening experience. From day one, the learning curve has been quite steep, even for someone who has deployed several times during a career. The Marine Corps speaks and does things completely different, acronyms for everything!! In addition, it is another set of uniforms you must purchase and learn how to wear in accordance with Marine Corps Orders.

All that aside, I cannot express how truly welcoming everyone has been on the "greenside." We have a wonderful cadre of military officers and enlisted members ready to teach the Marine Corps' way. I am excited for all the wonderful opportunities these billets will provide to our Nurse Corps Officers; the ability to grow as a well-rounded Naval Officer is limitless. For example, as the Battalion Training Officer, I will be overseeing the training of our medical and non-medical staff through courses such as TCCC, HSAP, and ACLS. Other leadership opportunities include positions within the compa-



nies such as Company Commanders or Company Executive Officers, as well as opportunities to participate in the planning and execution of exercises amongst all services. If you are looking for a rewarding non-traditional experience and would like more information, please feel free to contact the Operational Specialty Leader CDR Carl Goforth; LCDR David Goodrich or LCDR Aaron Bowlin at 1st Med Battalion; myself (LCDR Danilo A. Garcia-Duenas) or LCDR Heather Kirk at 2nd Med Battalion; or LT Kathryn Barger at 3rd Med Battalion. SEMPER FIDELIS!

Doctor of Nursing Practice

The Doctor of Nursing Practice (DNP) is a terminal professional degree in nursing practice, an alternative to the research-focused doctoral degree. The curriculum builds on traditional master's programs by providing education in evidence-based practice, quality improvement, and systems leadership. These focus areas contribute to Navy Medicine High Reliability Organizational initiatives as well as profession of nursing practice.

Beginning this year in May, the Nurse Corps had its inaugural graduation of 26 DNP Nurse Corps Officers. The three-year DUINS education pipeline is currently available for Advanced Practice Registered Nurses in the following areas: Certified Registered Nurse Anesthetist, Family Nurse Practitioner, Psychiatric Nurse Practitioner, Neonatal Nurse Practitioner, Pediatric Nurse Practitioner and Certified Nurse Midwife.

This education opportunity is primarily available Full-Time In service through the Uniformed Services University of the Health Sciences, but is also available Full-Time Out service at accredited Universities for Certified Midwife and Neonatal Practitioner. All available training opportunities are posted on the annual DUINS plan.

YEAR IN REVIEW

No Ship—No Problem! Southern Partnership Station 2016



LCDR Ebony Ferguson

CHALATENANGO, El Salvador (Sep. 1, 2016)- LCDR Ebony Ferguson, a clinical nurse specialist assigned to Fort Belvoir, helps an Operation Blessing Medical Brigade doctor check a patient's vitals at a temporary treatment site in Chalatenango, El Salvador during Southern Partnership Station 2016. (U.S. Navy Combat Camera Photo by Petty Officer First Class Torrey Lee/Released)

Southern Partnership Station 2016 (SPS-16) is an annual series of deployments which blends humanitarian, training and interoperability missions, and is conducted with several partner nations in Central and South America. Planned by Commander, U.S. Naval Forces Southern Command/U.S. 4th Fleet, it is carried out by deployed Adaptive Force Packages (AFPs). This year, I was fortunate enough to be THE nurse assigned to the medical engagement team (MET). The MET was comprised of seven medical personnel; a nurse, entomologist, environmental health officer, two physicians and two preventive medicine technicians.

From August to October 2016, our team deployed to Honduras, El Salvador and Colombia. We were originally scheduled to travel via the USNS Spearhead, the first Spearhead-class expeditionary fast transport to be operated by the Military Sealift Command. However, due to unforeseen maintenance requirements, our team was redefined as a flyaway mission, flying into each country.

In Honduras, we partnered with Operation Blessing to conduct subject matter expert exchanges (SMEEs) with more than 600 students and 70 medical personnel. Our focus centered on the Zika virus and preventive treatments

to promote environmental health. As a dual-certified Adult-Gerontology Primary Care nurse practitioner and Clinical Nurse Specialist, I partnered with one of the MET physicians to develop a health education program to train medical professionals and rural-area residents on life-saving techniques and health promotion.

We collaborated again with Operation Blessing in El Salvador, but also included the Ministry of Health so our team had the opportunity to do more robust SMEEs. I had the opportunity to practice as a nurse practitioner, working alongside an Operation Blessing Medical Brigade doctor at a temporary treatment site.

Our last stop was Colombia, where the MET joined the construction engagement team to help construct a sanitation station for rural residents in Cartagena, Colombia, which allowed the community to no longer rely on outhouse-style facilities. The MET was involved in vector-borne diseases SMEEs, teaching life-saving techniques, and health promotion classes at Naval Hospital Cartagena.

Part of our Zika virus preventive measures involved delivering turtles and fish to local villages. The turtles and fish would eat mosquito larva and support Operation Blessing as they attempt to use biological methods to combat the Zika virus. This provided a very intimate look into the lives of those we were there to help. We

were able to establish rapport and better gauge the needs of the community to adjust our educational plans to create sustainable solutions.

EL PROGRESSO, Honduras (Aug. 19, 2016) U.S. Navy CDR Tony Silvetti, a gynecologist assigned to Naval Hospital Camp Lejeune, and LCDR Ebony Ferguson, a clinical nurse specialist assigned to Fort Belvoir, demonstrate different techniques to resuscitate a baby during a subject matter expert exchange with the medical staff of Hospital El Progresso as part of Southern Partnership Station 2016 (SPS-16). (U.S. Navy Combat Camera photo by Petty Officer First Class Torrey Lee/Released)



YEAR IN REVIEW

Military Health Service Awards

The annual Military Health Service (MHS) Military and Federal Civilian Nursing Excellence Awards were established to acknowledge and honor Registered Nurses who have demonstrated exemplary leadership and skill, resulting in noteworthy clinical or administrative accomplishments, thereby contributing to the improved image and practice of nursing in the MHS. The MHS Award Winners for 2016 were:

Overall Senior Military Category

CAPT Andrea Petrovanie, Naval Medical Center San Diego

Overall Senior Federal Civilian Category

Ms. Kathleen Davitt, Naval Hospital Jacksonville

2016 Nursing Award
LCDR Heather Shattuck, Naval Hospital Sigonella, Italy

Navy Junior Military Category

LCDR Shane Lawson, USS FORD (CVN 78)

Navy Junior Federal Civilian Category

Ms. Judith Graff, Naval Health Clinic Annapolis



NATIONAL HARBOR, Maryland (December 1, 2016) The MHS Nursing Leadership Excellence Awards were given out during an Awards Ceremony conducted during the AMSUS Convention. The winners are pictured here (from left to right), RN Kathleen Davitt, LCDR Shane Lawson, CAPT Andrea Petrovanie, and RN Judith Graff. (Photo by CAPT Carolyn McGee/Released)



NATIONAL HARBOR, Maryland (December 1, 2016) LCDR Heather Shattuck is presented with the 2016 Nursing Award by Rear Admiral Moulton. LCDR Shattuck was selected from nominees across all services for her work at Fort Belvoir Community Hospital. (Photo by Kenneth Hamilton/Released)

YEAR IN REVIEW

RADM Hall and RADM Niemyer Awards

The RADM Mary F. Hall and RADM Elizabeth S. Niemyer Awards recognize Navy nurses who have positively contributed to the nursing profession through professional publication or implementation of a successful evidence-based practice project. These awards are given annually in August and are selected by a committee comprised of Nurse Corps Officers from the Doctor of Philosophy, Doctor of Nursing Practice, and Clinical Nurse Specialist communities. The winners for 2016 were:

RADM Hall Award for Nursing Publication First Place Winner

CDR Virginia Blackman for her article *Prevalence and Predictors of Prehospital Pain Assessment and Analgesic Use in Military Trauma Patients, 2010-2013*, published in <u>Prehospital Emergency Care.</u>

First Runner Up

CDR Heather King for her article *Exploring Self-Reported Benefits of Auricular Acupuncture Among Veter*ans with Posttraumatic Stress Disorder, published in the <u>Journal of Holistic Nursing</u>.

RADM Niemyer Award for Evidence-Based Practice First Place Winner

LT Thomas Diggs for the project entitled *Measuring Competency in Ultrasound Guided Regional Anesthesia*.

First Runner Up

LCDR Patricia Butler for her contributions to the project entitled *More Bloody Pit: A Novel Oxytocin Protocol for Active Management of the Third Stage of Labor.*

Health Professions Loan Repayment Program

The Health Professions Loan Repayment Program (HPLRP) for Retention of Nurse Corps (NC) Officers is a retention program within the Armed Forces Health Professions Financial Assistance Programs. The HPLRP is a means to assist eligible personnel in the repayment of qualified loans incurred while earning a Bachelor of Science degree in Nursing. The NC HPLRP Selection Board met in April 2016 and selected the following recipients:

LT Adam Arrogante
LT Melissa Barry
LT Augusta Chavez
LT Shannon Evans
LT Brandi Gibson
LT Dianna O'Donnell
Naval Medical Center San Diego
Naval Hospital Okinawa, Japan
Naval Hospital Rota, Spain
Naval Hospital Yokosuka, Japan
Fort Belvoir Community Hospital
Naval Hospital Sigonella, Italy

Alternates:

LT Kelly Kelleher USS Abraham Lincoln (CVN 72)

LT Alainna Crotty NH Okinawa, Japan

YEAR IN REVIEW

Welcoming New Faces

The goal of the Nurse Corps (NC) Career Development Board (CDB) Program is to provide guidance for NC officers in planning their careers, meeting key milestones, and setting and achieving short-term and long-term professional goals. A CDB is an opportunity for a NC officer to meet with senior officers in a supportive environment to discuss career interests. The board members provide tools and recommendations to assist the member in preparing for career advancement, promotion, applying for Duty Under Instruction or other professional growth opportunities, or preparing for a career transition. Nurse Corps officers should communicate with their chain of command and local CDB Program Coordinator to schedule at least one CDB per duty station.

CDR Johannes Bailey has been the CDB Program Manager (PM) for the past three years. He has been assisted by **LCDR Sheron Campbell** and together this team has done an outstanding job managing the program and providing guidance and support to Program Coordinators at individual commands. Now it is time for CDR Bailey to turn over this responsibility and **CDR Coby Croft** will assume the PM role in 2017.

Congratulations and welcome to our new MilSuite Manager, LCDR Jessica Pipkin, and Assistant Manager, LTJG Julia Camp. Over the past year, the Navy Nurse Corps has truly leveraged MilSuite as our premier communication platform. With growth comes the need for continued innovation, structure and planning, and LCDR Pipkin and LTJG Camp will assist us in meeting those expectations. They will be our go-to subject matter experts and residential assistants. The Navy Nurse Corps will continue to lead the way on MilSuite.



The Navy Nurse Corps News is also an exceptional communication tool and resource, and we look forward to reading each new publication. This summer, we welcomed new members to the team. LCDR Melani Harding assumed the role of Editor in Chief and will be working with LT Eric Banker and LT Nikki Pritchard, both Layout Editors. They are committed to making the Nurse Corps News valuable to each member of the community, and have worked hard to present this first-ever "Year in Review" to you!

YEAR IN REVIEW

Planning the Way Ahead

The Navy Nurse Corps Strategic Planning Meeting was held 20-22 September 2016 at Joint Base Andrews. Senior Nurse Corps leadership gathered for this annual meeting to evaluate the current status of the Corps and identify new objectives aligned with Navy Medicine goals. The Nurse Corps Senior Leadership Team (formerly known as the Virtual Office) assembled the first day to review the accomplishments and challenges of FY16 and lay the foundation for the planning meeting. Senior Nurse Executives (Active and Reserve Components) joined the group on 21-22 September to establish the FY17 Strategic Objectives and Initiatives. Two dynamic civilian nursing leaders presented on how they developed and implemented Professional Practice Models at their respective institutions, reinforcing the importance of the work on the Navy Nursing Professional Practice Model. The Objectives and Initiatives identified for FY17 are:



Operational Readiness/Jointness (Readiness)

Objective: Improve clinical readiness of the Navy Nurse Corps Total Force by 2022.

Initiatives:

- 1. Define the Total Force competency management business rules no later than December 2016.
- 2. Regional S.E.A.T. will provide Swank report orientation for nursing competency management by March 2017.
- 3. Ensure 90% completion of the core competencies for primary and secondary subspecialty codes by June 2017.

Professional Development (Health)

Objective: Align nursing practice to achieve unity of effort within the Navy Nurse Corps Total Force via full implementation of the Professional Practice Model (PPM) by 2020.

Initiatives:

- 1. Develop a PPM toolkit for the Senior Nurse Leaders in non-traditional and operational roles by March 2017.
- 2. 100% of SNEs and Senior Nurse Leaders in non-traditional and operational roles will launch a strategic communication plan using the PPM toolkit by August 2017.
- 3. Develop and propose a shared governance structure that reflects the tenets of the PPM by August 2017.

Transformational Leadership (Partnership)

Objective: Improve alignment of the Navy Nurse Corps Total Force by 25% to Navy Medicine Mission by 2022.

Initiatives:

- 1. Evaluate 100 % of the Navy Nursing infrastructure by September 2017.
- 2. Develop a strategic communication plan to promulgate MHS Nursing Shortage information by September 2017



A wonderful addition to this year's planning meeting was the assistance with facilitation and administrative tasks by five Navy Nurse Corps "Interns." These nurses were competitively selected to participate in the event which was a tremendous benefit to the leadership group and the interns.

JOINT BASE ANDREWS, Maryland (September 22, 2016) Senior Nurse Leaders and Interns meet to plan the goals for the Nurse Corps in 2017. (Photos by LCDR Melissa Troncoso/Released)

100.2% **MANNED**

COMMANDERS



FLAG OFFICERS



379 **ENSIGNS**



RETIREMENTS

126



PROMOTIONS: 26 PROMOTED TO THE RANK OF CAPTAIN, 50 PROMOTED TO COMMANDER AND 92 PROMOTED TO LIEUTENANT COMMANDER



LIEUTENANTS

SERVING AS EXECUTIVE OFFICERS

449



LIEUTENANT **JUNIOR GRADES** 617

NURSE CORPS OFFI

SERVING AS

LIEUTENANT **COMMANDERS**



GAINS TO THE COMMUNITY: 65 DIRECT ACCESSIONS, 60 ROTC, 71 NURSE CANDIDATE PROGRAM, 37 MECP AND 1 STA-21