

VITAL SIGNS



VOL XVI No. 8

Naval Hospital, Orlando, Florida

September 1990

Naval Hospital Orlando tied in "Yellow Ribbon"

Naval Hospital Orlando is proudly displaying 50 yellow ribbons on 50 trees with 50 sets of initials ... all for our 50 staff members who have deployed to help during the Middle East crisis. We have deployed 53 staff members, but fortunately, three have been returned.

The first group that left received a big send-off from the staff with RADM Louise Wilmot, Center Commander, and CAPT McKee leading the way. The single departures and smaller groups have received a personal send-off from CAPT McKee. The staff has been most eager to show their support, and not content with just being on hand to say goodbye, they are displaying yellow ribbons throughout the hospital.

Ms Sandi Bragg and Mrs. Jean Booras decorated the trees ... all the way from the front entrance to the hospital gate. This caught the eye of the TV news cameras and with the resultant publicity, a retired Chief Hospital Corpsman, Rol Eide, owner of Orlando Safety Supply, Inc., offered a helping hand. To ensure the ribbon was weather-proof, he donated over 1,000 feet of special plastic safety ribbon. So, we want each of our deployed shipmates to know he will not be forgotten. The ribbons will be there until each one comes back and personally takes his ribbon off his tree.

Ms Sandi Bragg (left) and Mrs. Jean Booras tied the ribbons in place.



HMC Rol Eide, USN (Ret) presented the plastic yellow ribbon to CAPT McKee.





Anchors Aweigh



LCDR Donald Floyd, NC
 LCDR Marc D. Shellhammer, MC
 LT Carroll J. Greene, NC
 LT Christopher T. Kalkines, MSC
 LTJG Margaret M. McGinty, NC
 HMC John D. Arias
 HMC George B. Dubaz
 HMC Meden A. Jamo
 HMC William R. Miller
 HM1 Robert Bernico
 HM1 Paul N. Broadus
 HM1 Harold W. Burns
 HM1 Scott A. MacDonald
 HM1 Richard J. Reiser
 HM1 Wilton D. Scott
 HM1 Ronald A. Walker
 HM1 Christopher E. Wallace
 HM2 Michael K. Allen
 HM2 James M. Brooks
 HM2 Rogelio Garcia
 HM2 Michael P. Kautzman
 HM2 Richard G. May
 HM2 Jose L. Medina
 HM2 Ragu Parvatikar
 HM2 Roger D. Woodall
 MA2 Cathryn M. Lovell
 HM3 John R. Bethune
 HM3 Terrell K. Clayton
 HM3 Brian A. Forbes
 HM3 Kenneth W. Johnson
 HM3 Michael H. Veal
 HN Robert W. Coan
 HN Patrick P. Ellis
 HN Virgilio Figueras
 HN David C. Figueroa
 HN Orrin M. Gain
 HN Robert A. Gilmore
 HN David K. Lynn
 HN Daniel G. Tracy
 HA Steven J. Bade
 HA John A. Bolding
 HA Jaime Canales
 HA Rudy R. Carrasco
 HA Dwayne L. Hawkins
 HA Shawn E. Johnson
 HA Lance D. Kitchen
 HA Michael A. Prince
 HR Jeffrey D. Grothouse
 HR Yeshua Ledee
 HR Eric J. Seybolt

Mailing addresses for our deployed shipmates will be posted on Command Master Chiefs Bulletin Board as soon as they are available.

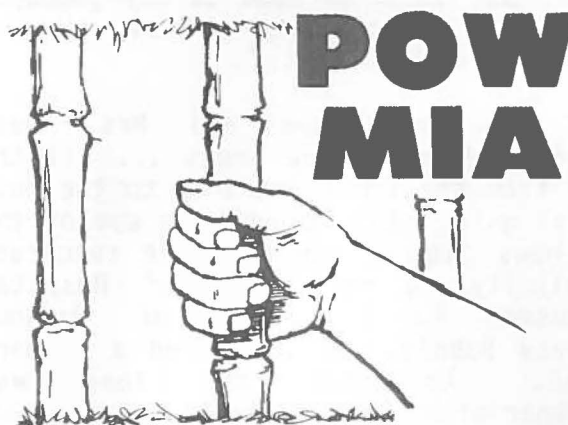
American Red Cross



Hope Larsen is the new Chairman of Medical Services for the American Red Cross volunteers at the Naval Hospital. Hope, a veteran of 16 years as a volunteer, works in Internal Medicine every Monday morning.

Fourteen new volunteers have been welcomed at the Naval Hospital by the NTC Red Cross Station during July and August. The new workers are Liegh Sanders, Elenita Alagado, Martha Portoni, Mary Van Nice, Luis Rios-Matta, Marie Rosas, Karina Sanchez, Barbara Strock, Stanley Llewellyn, Martha Michel, Henry Phillips, Diana Guzunski, Lorri Kitchens, and Anthony Winston.

The Red Cross Station reports that 77 active volunteers gave 1,407 hours of hospital service during the month of July.

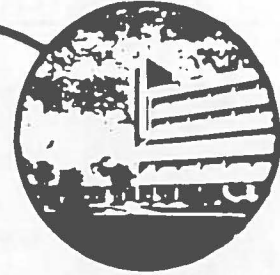


Recognition Day, Sept. 21

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Vital
Signs

STETH-O-SCOOP



If you had to deploy, what would be your most cherished possession packed in your seabag?



HM3 Kim Cathey, Manpower:
A picture of my wife, Mary, and son, Josh, and a picture of my boat so I can dream of fishin' the Florida lakes!"



ENS Manuel Naguit, MSC, Medical Staff: "I would pack Master Chief Vaughn so I would be sure to have my right hand!"



HMC Eldon Peterson, Medical Repair: "I would pack a personal letter to my family to be mailed in case something happened to me."



HT1 Robert Warthen, Facilities Mgmt: "Pictures of my mother, Glinice, and my three children: Tamika, Robert, and Juston."



DN Collette Owsley, Dental: "My photo album with all my family's pictures. I had it aboard the USS LEXINGTON and I really treasured it!"



HM2 Peter Abais, Laboratory: "Loads and loads of good underwear!"

Staff Journal

Presentations of 17 August



LCDR James S. Hogerson, MSC, USN, Head, Fiscal Department, received the Navy Commendation Medal for his meritorious service as Comptroller at the Naval Hospital, Corpus Christi, TX.



LT Ronald D. Whipple, MSC, USN (Ret), a former NHO staff member, received the Navy Commendation Medal (Gold Star in Lieu of a Second Award), for his meritorious service as Officer in Charge of the Naval Hospital Branch Clinic, Naval Air Station, Glenview, IL.



LCDR Suzanne T. McMullen, NC, USN, Emergency Medicine Department, received the Navy Achievement Medal for her professional achievement while serving as the Director, Ambulatory Care Division, at Naval Submarine Base, Kings Bay, GA.



HM1 John F. Kelly, USN, Occupational Health and Preventive Medicine Department, received the Navy Achievement Medal for his achievement as a Preventive Medicine Technician. He researched, developed, and instituted the command's new Group "A" Beta-Hemolytic Streptococcal Pharyngeal Infection Surveillance Program. CAPT HARRY J. CANDELA, MC, USN, his department head, did the honors.



CAPT McKee presented LT Alan V. Siewertsen, MSC, USNR, Head, Clinical Nutrition Department, with a Letter of Commendation from the Commander, Naval Training Center, Orlando for his efforts as NHO's keyperson for the Navy Relief Fund Drive.



HM1 Richard Krug, USN, Branch Medical Clinic, NTC, received a Letter of Commendation for his outstanding performance during the period he was assigned as the Leading Petty Officer for the Recruit Inprocessing Medical/Optical Branch.



LT Lisa D. Gordon, MSC, USNR, Mental Health Department, received a Letter of Commendation from CAPT McKee on 22 August as she departed on Separation Leave.



Ms Janet Cuccia, Diagnostic Radiologic Technologist at Branch Medical Clinic, NTC, received a Letter of Commendation from CAPT James A. Beil, MSC, USN, Clinic Director, on 24 August. Ms Cuccia has resigned from Civil Service.



LT Danielle A. Morrow, NC, USNR, OB/GYN Ward, received a Letter of Commendation on 24 August for her outstanding performance during her Active Duty for Special Work. The letter was presented by LT Dawn Guarno, NC, USN.



HM1 Terry J. Jackson, USN, Laboratory Department, received the Navy Achievement Medal on 29 August for his professional achievement during his tour of duty at NHO. Petty Officer Jackson has transferred to the Fleet Reserve.



LTJG Joy F. Deitle, MSC, USNR, received her promotion to her new rank on 7 September. CAPT McKee administered the oath and he and CAPT J. A. Beil, MSC, USN, Director of the Branch Medical Clinic, NTC, assisted with the new shoulder boards.

Staff Picnic, 17 August --- Were you there?



Mr. Clyde King, NHO's Safety Manager, retired from Civil Service on 23 August. Mr. King received a Letter of Commendation from CAPT McKee for his outstanding performance of duty during his tenure.



LCDR Miguel A. Deleon-Blanco, MC, USN, Branch Medical Clinic, NTC, received a Letter of Commendation from CAPT McKee on 31 August as he departed for duty as Senior Medical Officer on board the USS PELELIU.



LT Peter E. Crowl, MSC, USNR, here on TAD from the Branch Medical Clinic, Naval Weapons Station, Earle, NJ, received a Letter of Commendation on 31 August from CAPT McKee for his outstanding support as a Physician Assistant.



The Otrubas transferred to Naval Hospital Charleston on 31 August. CAPT McKee presented Letters of Commendation and Hospital Pictorial Boards to LT Michael S. Otruba, MC, USNR, Internal Medicine Department, and to LT Christine T. Otruba, MC, USNR, Pediatrics Department.



MS1 Vallon U. Lawrence, USN, Food Service Department, was re-enlisted on 4 September. His Re-enlistment Officer was LT Alan V. Siewertsen, MSC, USN, Head, Clinical Nutrition Department.



MS1 (MSC Selectee) Rueben O. Sample, Jr., USN, BEQ Manager, re-enlisted on 5 September at the BEQ. LCDR Larry N. Newton, MSC, USN, Head, Operating Management Department, served as his Re-enlistment Officer.



DT3 Paula E. Pittenger, USN, Dental Department, received a Letter of Commendation from CAPT McKee on 24 August as she departed the Navy at her EAOS.



HM3 Michael T. Parker, USN, Communications Center, was frocked to his new rate on 10 September by CAPT J. M. Ricciardi, MC, USN, Acting Commanding Officer.



HM2 Charles W. Price, USN, Operating Room Department, reenlisted on 7 September. CDR Linda A. Hayes, NC, USN, his department head, served as Reenlistment Officer. Petty Officer Price's wife, Gwendolyn, and daughter, Candace, were on hand for the ceremony.

Mrs. Dee Thompson retires



Mrs. Dolores (Dee) Thompson, RN, Branch Medical Clinic, NTC, retired on 31 August. During the ceremony, the Navy Meritorious Civilian Service Award was presented. This rare award, the highest locally approved award and the first ever presented in the history of this hospital, was read by CAPT McKee as RADM Louise Wilmot, USN, Commander, Naval Training Center, Orlando, pinned on the medal. The Citation read in part: "For twenty-four years of sustained meritorious service in support of the United States Armed Forces... Her diligence and unsurpassed dedication as Charge Nurse of the Obstetrics/Gynecology Clinic served as the basis for her reassignment to the newly established Active Duty Women's Treatment and Information Center at the Branch Medical Clinic, Naval Training Center Orlando ... Her efforts were critical to the development of an ongoing health maintenance program which will benefit the Naval Training Center for years to come ... Mrs. Thompson's exemplary contributions reflected great credit upon herself and were in keeping with the Naval Hospital Orlando's pledge to provide 'Quality Care for Quality People.'"

CAMIS

By LTJG J. S. Myers, Jr., MSC, USNR

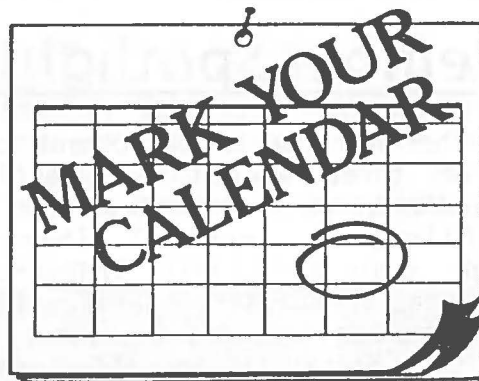
The CAMIS, an acronym for Computer Assisted Medical Interactive Video System is a highly sophisticated, state-of-the-art, learning tool. Through the combination of laser video disc technology and microcomputer technology, CAMIS presents uniquely life-like scenarios that give medical personnel experience in many different medical emergency situations.

Originally, CAMIS was developed to help cut the attrition rates at the hospital corpsman and dental technician "A" schools. Among some of the early programs developed are: Oral Examination Assisting I & II and a series on Anatomy and Physiology that includes: Introduction/Homeostasis, the Circulatory System, the Respiratory System, the Digestive System, the Urinary and Reproductive System, the Endocrine System, the Nervous System, Integumentary System and Special Senses. These programs are available here for use and are very helpful in providing a basic to somewhat more advanced knowledge of physiology and for refreshing the memory of medical personnel.

One of the latest programs, "Advanced Combat Trauma Life Support" portrays five variations of a penetrating thoracic wound inflicted by enemy fire. This case study takes place in a field hospital setting. It may be of interest to some that five hours of Continuing Medical Education (CME) credit is awarded through the American Osteopathic Association and HSETC for completing this program.

There are many other exciting programs available for use and others that are in development. Stop by Staff Education and Training Department to pick up a copy of a list of the programs or contact LTJG Myers at X-4955/4956 and I will be glad to answer any questions you may have.

Civilian employees:



Civilian personnel and supervisors of civilian personnel -- mark your calendars! Jim Sellers, of the Consolidated Civilian Personnel Office, will hold a "Brown Bag Forum" on 3 October from 1130 to 1230 in the Lawson Room. Discussions will be open to the floor. If you wish to review your Personnel Folder or require any other personnel documents, please call Jim at X-4203 prior to the 3rd. A similar discussion will be open to supervisors during the same time on 24 October.

Dental Corps celebrates No. 78



At a ceremony on 24 August, the Dental Corps celebrated their 78th Anniversary. Messages of congratulations were read followed by the official cake cutting. Doing the honors this year, were DT3 Paula E. Pittenger and LT Richard C. Montz, DC, USN.

Departments - the "heart" of our quality care

September Spotlight: Orthopaedics Department

The Orthopaedic Department consists of three areas of expertise: Orthopaedic Surgery, Podiatry, and the Cast Clinic. Physical Therapy, although administratively independent (falls under Ancillary Services) is part of the Orthopaedic Department in all matters pertaining to patient care. The clinics combined operations service our active duty and, most recently, their dependents, retirees and their dependents by consultation referral only. We currently treat on the average of 1600 patients monthly, who come from an area stretching from Mayport to Central America.

Our military staff is presently being increased to six orthopaedic surgeons (three board certified and three board eligible): CAPT G. G. Telesh, MC, USN, Head, Orthopaedic Department; CAPT J. M. Ricciardi, MC, USN, Executive Officer; CDR C. H. Veurink, MC, USNR; LCDR R. B. McShane, MC, USNR; LCDR M. D. Shellhammer, MC, USNR; and LCDR R. C. Smith, MC, USNR. In addition we have LT M. J. Murphy, NC, USN; CWO4 A. Caffarelli, PA, USN; and five Cast Technicians (NEC 8489): HM2 Terry Rouse, Leading Petty Officer; HM2 Brian Odom; HM2 Chris Thomsen; HM3 Ellis Turner; and HM3 Rodney Robinson (OJT). Lest we forget, we have one Limited Duty member assigned, FN Kip Krogh, who takes on the responsibility of our department's statistical reporting while learning all aspects of our department including casting. FN Krogh will be the second man assigned to our department on limited duty to request to change his rate to HM.

The Podiatry Section has two locations: one at the Branch Medical Clinic, NTC, and one within our Orthopaedic Department. It consists of three podiatrists and one corpsman: LCDR R. Conroe, MSC, USN; LT R. Miles, MSC, USNR; LT B. Schieber, MSC, USNR; and HM3 Jose Perez. They rotate appointment schedules within our clinic

By Ms Sarah Kunerth

seeing NHO staff and their dependents, and retirees and their dependents.

As patients arrive at the Clinic, they are greeted by our Medical Clerk, Ms Diana Ortiz. Ms Ortiz checks in patients, takes calls and makes appointments, often all at the same time! Her "calm and cool" professional courtesy keeps our patients at ease. Our clinic civilian nurse, Ms Lynn Repp, LPN, takes on the full responsibility of scheduling our patients for surgery, ensuring all lab, x-ray and other required studies are done in the time allotted to ensure a smooth flow of patient care on 3SURG. Ms Repp is also our Patient Contact Representative, as well as our QA Coordinator for Ambulatory Nursing Care within the department. The secretary, Ms Sarah Kunerth, has many years experience in administration and is always available to assist in all areas of hospital management. She says when a boss wears two hats (Chief of Medical Staff and Head, Orthopaedic Department) and, on occasion, more -- the secretary wears the boots and follows through!

The Orthopaedic Department continues to strive to bring quality care to our patients. We have been first in bringing new state-of-the-art equipment to this command to better serve our patients: fully updated Arthroscopy Systems capable of surgery on all body joints; the FluoroScan Imaging System which provides immediate assessment of fractures in the cast room; and FootTech Orthotic Fabrication System which manufactures orthotics for patients on the spot. We definitely have the "TEAM" approach and our morale is the best in the Navy.



CHAPLAIN'S COMMENTS

LCDR James E. Pope, CHC, USN

Look at yourself

The recent events in the Middle East have had a direct effect upon all of us. I don't have to tell you that. Some of our shipmates have been deployed; others stand-by to go when called.

Times like these cause us to stop and look at ourselves. We consider who we are and what we have. We think about life and family and events with an intensity or urgency not normally experienced. We even make arrangements for the orderly transfer of our possessions, through wills and powers of attorney.

What is your most valuable possession? Have you thought about it? If you were asked to list your most important assets would you include your "image?" Not the image you like to project, but the real you ... the face behind the mask. That "image" is the quality which makes you unique. It makes you special.

We generally view ourselves in terms of what we do, how we feel or how we appear: successful or struggling, happy or sad, attractive or unappealing, etc. One could probably argue that all of those factors help to make you, you. However, the "image" of which I speak runs deeper than that. It is an "image" beyond the physical or emotional and one which is not made vulnerable to the changes around us.

Augustine, a 4th century priest, said that within each person the "imago dei," (image of God) remains. That image cannot be battered, bruised, disturbed, or distorted. It is who you are. Whatever else you may be, whatever you may do, you are God's child. Let's remember that "image" as we pray for our deployed shipmates. May God bless them and us.

Senior Leadership Award

HMC David L. Cubert, USN, the Administrative Assistant to the Director of Medical Services, has been selected as the recipient of Naval Hospital Orlando's Senior Leadership Award for the period January to June 1990.



At a ceremony on 5 September, CAPT McKee presented Chief Cubert with his certificate which read: "For personal excellence as a senior petty officer, setting a high example for others to emulate. Your leadership, exemplary performance, conduct and loyalty are in keeping with the highest traditions of the United States Naval Service."



HMCM H. T. Carley, USN, Command Master Chief, presented Chief Cubert with the Naval Hospital plaque.



"The Pulse"



CAPT R. E. McKee, MSC, USN

Ever since we've been on alert with this Mid-East crisis, the opening words of our Marine Corps Hymn have been popping in and out of my mind ... "From the halls of Montezuma to the shores of Tripoli" ... and, of course, "Anchors Aweigh, my boys ..." has been there too, particularly as they climbed into the bus and vans in front of NHO in the early morning hours -- off to distant shores. Since the first alert, fifty-three staff have deployed, including two women; however, three men were fortunate to be returned to our command.

Probably the opening words to the Marine Corps Hymn best speak of how I feel about the Hospital Corps and of the whole Medical Department. Wherever the Marine Corps serves ... and certainly no Navy ship has ever sailed without them ... the Navy Medical Department has sailed as an inherent part of this great team.

So, to all our deployed shipmates, I say: "You're part of an ongoing history of the Navy and Marines, and we should all carry both tunes with us as guidons as we serve and help write another chapter of our proud history." Surely there were Hospital Corpsmen with the Corps at Montezuma and Tripoli. The Lob Lollies, Surgeon's Stewarts, Pharmacist's Mates, Hospital Corpsmen, Doctors and Nurses, Dentists and Dental Techs, and Medical Service Corps Officers have been and are a vital team supporting our fighting men -- "keeping as many men, at as many guns, as many days, as possible" -- defending freedom.

"Shipmates, our hearts and prayers remain with you and your families, and I hope you'll draw comfort as I do from two of my favorite tunes ... 'From the halls of Montezuma' ... 'Anchors Aweigh, my boys...' Hurry home and God be with you."



Underway



HMCM H. T. Carley, USN

Training and its priority

Last month, the deployment of our shipmates was a sharp reminder of our need for continuous training and readiness. In last month's issue of Vital Signs, CAPT McKee and I shared the results of our CMEQ Surveys with you. CAPT Ricciardi and I would now like to provide training on how the CMEQ program works. Our CO has directed resources to: Create and maintain a positive EO climate; identify and resolve EO/Sexual harassment problems; provide the mechanism for monitoring the EO climate; ensure that merit, ability, performance, and potential are the factors which affect individual promotion, training, duty assignments, and any other action.

CMEQ is a management system which has the flexibility to respond to command specific needs. The elements that support this program are the Command Managed Equal Opportunity Coordinator (EO Officer), Command Training Team, (CTT), Navy Rights and Responsibilities Workshop (NR&R) which must be attended by all personnel within 90 days of reporting, Command Assessment Team (CAT) and our newly formed Human Relations Council (HRC).

We implemented the HRC on 22 August and CAPT Ricciardi, the Chairman, called his first meeting on 10 September. The responsibility of the Council is to keep the CO informed and aware of all human relation matters. If you are unable to work out a problem/issue through your chain of command, you can request in writing to personally appear before the Council. All inquiries and actions will be kept confidential. Please submit your requests to the Chairman, Human Relations Council, Room 1617, Building 500.