

# THE HOSPITAL CLIPPER



VOL. 5 NO. 5

NAVAL HOSPITAL MEMPHIS, MILLINGTON, TENN. 38054

MAY 1971

## NURSE CORPS CELEBRATES 63rd BIRTHDAY



On May 13, the Navy Nurse Corps celebrates its sixty-third birthday. Although Nurses have been serving with the Navy since the Civil War, the Nurse Corps was not officially established until May 13, 1908. In World War One, the United States had 1,386 Navy Nurses. They served in civilian hospitals, Naval Base Hospitals and in England, Ireland, Scotland, and France.

When the Japanese captured Manila in January 1942, they took 11 Navy Nurses as prisoners. These Navy Nurses survived 37 months in Japanese prison camps until they were liberated in 1945. Throughout the Korean conflict, Navy Nurses served aboard three hospital ships in Korean waters.

In January 1965, four Navy Nurses became the first women members of the U.S. Armed Forces to receive the Purple Heart in Vietnam. They were injured when Viet Cong terrorists bombed their quarters in Saigon.

Being a nurse in the Navy is a lot like nursing everywhere. You know the satisfying feeling of helping. On the other hand, you know it's not all clean sheets and happy patients in solariums.

Today, the Navy has more than 2,200 Nurses on active duty. There are four assigned to the Naval Hospital at Saigon and approximately 50 are assigned to hospital ships USS REPOSE and USS SANCTUARY. These ships are scheduled for decommissioning in the near future.

As part of the local observance of the Navy Nurse Corps' 63rd birthday, two Nurse Corps officers, LTJG L. D. DANIELS and LTJG M. CHAPMAN, were presented on the Russ Hodge "Good Morning from Memphis" TV Program on Channel 3 at 0700, Tuesday, 11 May.

On May 13th a cake cutting ceremony was held in the officers' dining room from 1400 - 1600. Cake, coffee, and punch were served.

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### PROCLAMATION

WHEREAS 1971 is the 63rd anniversary of the Navy Nurse Corps, a vital organization in the United States Navy and an essential component in the defense of the United States of America; and

WHEREAS, the Navy Nurse Corps supports the fleet by maintaining the health of the members of the United States Navy; and

WHEREAS, the Navy Nurse Corps throughout the world has served its country in the highest traditions of professional excellence in time of peace and in time of national emergency; and

WHEREAS, Navy Nurses continue to carry out this mission, working in the fields of nursing care; teaching and nursing research around the world, afloat and ashore, always striving for greater perfection in these fields.

NOW, THEREFORE, I Winfield Dunn, as Governor of the State of Tennessee, do hereby proclaim the week of May 9 - 15, 1971 as

### NAVY NURSE CORPS WEEK

AND I urge the citizens of Tennessee to support the Navy Nurse Corps and its traditions.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Great Seal of Tennessee to be affixed at Nashville on this 27th day of April, 1971.

WINFIELD DUNN  
GOVERNOR

## C.O. SELECTED FOR RADM



Captain Richard D. Nauman, commanding officer of Naval Hospital Memphis was one of the two Navy Medical Corps officers recently selected for promotion to rear admiral.

President Nixon has approved the selection and sent it to the Senate for confirmation.

A native of Richmond, Va., the 50-year-old doctor is a 1945 graduate of the University of Virginia Medical School.

After a year's internship at the naval hospital in Charleston, S. C., he was assigned to the Charleston Receiving Station. In February 1947, he served his first sea duty aboard the (CONT. ON PG. 6. COL. 1)

CAPTAIN R. D. NAUMAN, MC, USN.....COMMANDING OFFICER  
 CAPTAIN F. M. BARNWELL, MC, USN.....EXECUTIVE OFFICER  
 COMMANDER J. W. YOUNG, MSC, USN.....ADMINISTRATIVE OFFICER

DUPLICATED MONTHLY ON GOVERNMENT EQUIPMENT WITH NON-APPROPRIATED FUNDS AND IN COMPLIANCE WITH NAVEKOS P-35 REV JULY 1958. DISTRIBUTED FREE OF CHARGE TO PERSONNEL OF THE NAVAL HOSPITAL MEMPHIS, MILLINGTON, TENNESSEE. THE HOSPITAL CLIPPER SOLICITS NEWS ITEMS FROM ITS READERS.

EDITOR-IN-CHIEF  
 EDITOR

LCDR F. D. SAINÉ, MSC, USN  
 HM3 D. J. WILLIAMSON, USN

REQUIREMENTS WHICH MUST BE MET PRIOR TO PARTICIPATING IN:

#### HN EXAMINATION

1. Serve six months in pay grade E-2 (HA)
2. Complete correspondence course "BASIC MILITARY REQUIREMENTS"
3. Complete practical factors for Hospitalman
4. Be recommended

#### HM3 EXAMINATION

1. Serve six months in pay grade E-3 (HN)
2. Complete correspondence course "MILITARY REQUIREMENTS FOR PO 3 & 2"
3. Complete Hospitalman "A" School
4. Pass Military Leadership Examination for E-4
5. Complete practical factors for E-4
6. Be recommended

#### HM2 EXAMINATION

1. Serve twelve months in pay grade E-4 (HM3)
2. Complete practical factors for E-5
3. Complete correspondence course "HOSPITAL CORPSMAN 3 & 2"
4. Pass Military Leadership Examination for E-5
5. Be recommended

#### HM1 EXAMINATION

1. Serve twenty-four months in pay grade E-5 (HM2)
2. Complete practical factors for E-6
3. Complete correspondence course "HOSPITAL CORPSMAN 1 & C"
4. Complete correspondence course "MILITARY REQUIREMENTS PO 1 & C"
5. Be recommended

#### HMC EXAMINATION

1. Serve thirty-six months in pay grade E-6 (HM1)
2. Have total of eight years enlisted service
3. Complete practical factors for E-7
4. Completion of correspondence courses required for HM1 if not completed previously (i.e., field promotion)

Time in rate for all rates is computed to 1 May if the examination is to be given in February.

Time in rate is computed to 1 November if the examination is to be given in August.

EXAMPLE: If you take the HM3 examination in February of one year and are not rated HM3 until December of that same year, you would be eligible to compete for HM2 in February of the following year if you met all other requirements.

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The Naval Air Rework Facility announced a Special Suggestion Program - the NARF "Triple E" Contest. This 4th Quarter program is directed to solicit ideas to increase efficiency, effectiveness, or result in economy of operations. In addition to monetary awards paid to suggesters for their adopted ideas, organizational units will be recognized for attainment of the highest per capita dollar savings and the highest suggestion adoption rate. Individuals will be recognized for dollar savings as well as highest awards.

The types of awards that can be earned by individuals and organizational units will include pins, emblems, certificates, and letters of commendation or appreciation. In addition to these awards, the individual and the joint suggestions credited with the highest dollar savings during the period of the contest will receive special command-level honors. Also individual and joint suggestions which are awarded \$150 or more during the period of the contest will be presented with a membership card in the NARF "Triple E" contest. To direct employee thinking toward targets for improvement, they are urged to look for areas where there is -

- a high volume operation-where small savings multiplied many times can result in a substantial total savings.

- a bottleneck-where there is often much room for improvement.

- too much time?-time consuming complicated jobs offer some of the greatest opportunities for improvement.

- chasing around?-for tools, materials, and paperwork is a waste of time and energy.

## SOCIAL SECURITY

Like most civilian workers, armed forces personnel earn Social Security protection through pay roll deduction credits. But special Social Security rules apply to military service in three periods -- during World War II, during the immediate post World War II period, and since 1956.

For Social Security purposes, the World War II period was Sept. 16, 1940, through July 24, 1947. The post-World War II period was July 25, 1947, through Dec. 31, 1956. People on active duty in those years may get free Social Security credit for \$160 a month in pay -- if they served 90 days or more and if their military discharge was not 'dishonorable'.

Since 1956, people on active duty or in training for active duty have received Social Security credit for their armed service earnings.

Since 1967, armed forces personnel have received additional Social Security credit -- generally amounting to \$100 a month -- without deductions from their paychecks. Called "noncontributory" wage credits, they are based on housing, clothing allotments and other military earnings not paid in cash. The nearest Social Security office will welcome inquiries.

## LIBRARY NEWS

### NEW BOOKS IN THE HOSPITAL LIBRARY

Roscoe, T. ON THE SEAS AND IN THE SKIES, A HISTORY OF THE U.S. NAVY'S AIR POWER.

Nader, Ralph. WHAT TO DO WITH YOUR BAD CAR, AN ACTION MANUAL FOR LEMON OWNERS.

Griffin, Al. SO YOU WANT TO BUY A MOBILE HOME.

Dover, Cedric. AMERICAN NEGRO ART. Emerson, Ralph Waldo. SELECTED WRITINGS.

Drotning, P.T. AN AMERICAN TRAVELER'S GUIDE TO BLACK HISTORY.

Toland, John. THE RISING SUN, THE DECLINE AND FALL OF THE JAPANESE EMPIRE.

Graff, Henry F. THE TUESDAY CABINET, DELIBERATION AND DECISION ON PEACE AND WAR UNDER LYNDON B. JOHNSON.

### Reference

INFORMATION PLEASE ALMANAC, 1971.  
 THE STATESMAN'S YEAR BOOK, 1970/71.  
 THE WORLD ALMANAC, 1971.

### Fiction

Berk, Howard. THE SUN GROWS COLD. Science fiction.

Knowles, John. THE PARAGON.

Platt, Kin. THE KISSING GOURAMI.

Weidman, Jerome. FOURTH STREET EAST, A NOVEL OF HOW IT WAS.

Shannon, Dell. WHIM TO KILL. Mystery.

## DEPARTURES



LTJG DIANE L. LOMAN



LTJG URSULA N. SHANER



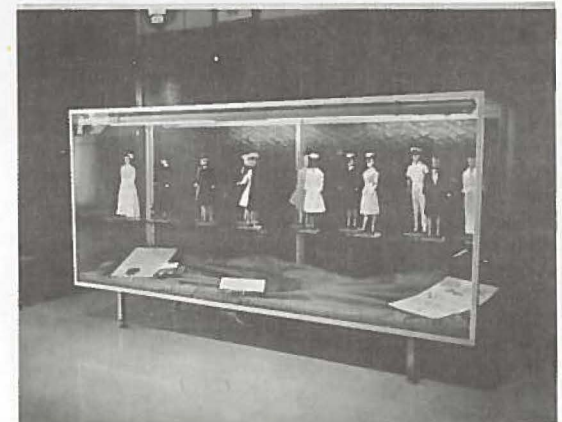
ENS DEBORAH L. KARWOSKI



(L-R) LT M.O. ECKEL, CHIEF, PHYSICAL THERAPY; LCDR JOSEPH HONIGMAN, CHIEF, DERMATOLOGY SERVICE; CAPT F. M. BARNWELL, ACTING C.O.; LCDR ROSEALINE M. CORMIER, CHARGE NURSE, WARD 9. DR. HONIGMAN, CHAIRMAN, COMBINED FEDERAL CAMPAIGN, IS ACCEPTING A CFC AWARD FROM CAPT BARNWELL FOR SURPASSING THE PROJECTED CFC GOAL. LT ECKEL AND LCDR CORMIER ARE CFC COMMITTEE MEMBERS.



(L-R) DTG2 GERALD D. BARGER, DENTAL SERVICE, AND CDR D. D. ALBERS, CHIEF, DENTAL SERVICE. DTG2 BARGER IS REENLISTING FOR A PERIOD OF 4 YEARS.



THE PRIVATE DOLL COLLECTION OF CDR LUCY HAPP, SHOWING THE EVOLUTION OF DRESS OF THE NURSE CORPS OFFICER FROM 1900 TO THE PRESENT, WAS PLACED ON DISPLAY IN THE HOSPITAL AS PART OF THE OBSERVANCE OF NAVY NURSE CORPS WEEK MARKING THE 63RD ANNIVERSARY OF THE NAVY NURSE CORPS.

# NAVNEWS

## HIGH SCHOOL EDUCATION PROGRAMS

WASHINGTON, D.C. (NAVNEWS).....The Navy is stressing more education for its enlisted men. Last year 14,587 men qualified for high school equivalency certificates after successfully passing General Educational Development (GED) exams.

There remains, however, some 13 percent of enlisted men without a high school diploma or equivalency certificate.

Measures are being urged by the Chief of Naval Operations to give these men every chance to qualify for the certificate.

High school completion programs that have been successful in the past included the preparatory high school classes using USAFI instructional materials, organizing study groups with civilian instructors, and encouraging men to attend high school classes under the Navy Predischarge Educational Program, (PREP).

Personnel with more than 180 days of active duty are eligible for PREP. No charge is made against VA entitlements under the program.

## WELCOME ABOARD

- HM2 CLYDE MASON.....NAF, SIGNELLA, ITALY
- HN MICHAEL E. BENNETT.....NAVHOSP, GLAKES, ILL.
- HN DANNY L. HOLDER.....HCS, SDIEGO, CALIF.
- HN DENTON L. CARLTON.....HCS, GLAKES, ILL.
- HN JAMES R. CARRIER....." " "
- HN DONALD V. EVANS, JR. ....HCS, SDIEGO, CALIF.
- HN JAMES P. FOSBINDER.....NAVHOSP, SDIEGO, CALIF.
- HA DONALD E. GROVE.....HCS, GLAKES, ILL.
- HA RUSSELL E. HACKLER....." " "
- HA TERRY L. JENNINGS....." " "
- HA DOUGLAS A. STEINCAMP....." " "
- HA ALBERT W. DOTSON.....HCS, SDIEGO, CALIF.
- HA TERRY A. THURMAN....." " "

## MASTER CHIEFS ON E-8, E-9 SELECTION BOARDS

WASHINGTON, D. C. (NAVNEWS)....Beginning with the Master and Senior Chief Petty Officer Selection Boards convening in June, selection boards will be composed of both commissioned officers and master chief petty officers.

The change will serve a two-fold purpose: (1) the boards will have the advantage of valuable inputs from the chiefs, and (2) those who have served on the boards return to their duty stations able to impart to the men they serve, as senior advisors, an increased awareness of those standards of service which lead to a successful Navy career.

This is one of many improvements initiated by former Master Chief Petty Officer of the Navy (MCPON) Delbert D. Black, who retired April 1 after completing 30 years Naval service.

## CHAMPUS PAYS FOR SOME EYE EXAMS, SPECIAL LENSES

WASHINGTON, D.C. (NAVNEWS)...Glasses and special lenses required in the surgical or medical treatment of pathological conditions are now authorized by the Civilian Health and Medical Program of the Uniformed Services (CHAMPUS).

However, payment for glasses or eye examinations for the purpose of correction of ordinary refraction errors is not authorized.

Eye examinations performed for ruling out pathology is authorized, even if results of the exam show no organic disease exists and the prescription of ordinary glasses for the purpose of refractive error is the only treatment required. Payment will not be made for glasses or lenses in such cases.

CHAMPUS beneficiaries include the spouse and dependent children of active duty personnel; retired personnel and their spouses; and dependent children and the survivors of active duty retired personnel.

Additional information can be obtained from the Health Benefits Counselor (formerly the Health Benefits Programs Information Officer) at Navy hospitals and medical facilities at Navy and Marine Corps commands; and from the Bureau of Medicine and Surgery (Code 39), Navy Department, Washington, D.C. 20390

## FAREWELL

- HM2 MARGARET E. FULLER.....NAVHOSP, CAMP LEJEUNE, N.C
- HM3 JEROME A. OTTO.....NAVHOSP, PORTSMOUTH, VA.
- HM3 JIMMY H. MAY....." " "
- HN JERRY W. MC DANIEL.....NAVHOSP, GLAKES, ILL.
- HN ROBERT M. WILLIAMS.....NAVHOSP, OAKLAND, CALIF.
- HN STEPHEN C. DUFF....." " "
- HN REUBEN A. PRINCE.....HCS, SDIEGO, CALIF.
- HN JOSEPH D. THOMAS, JR. ....NAVHOSP, PORTSMOUTH, VA.



(L-R) CAPT F. M. BARNWELL, EXECUTIVE OFFICER; CAPT R. D. NAUMAN, COMMANDING OFFICER; LCDR JAIME FANDINO, COLOMBIAN NAVY; CAPT A. L. DAVIS, CHIEF, NURSING SERVICE. LCDR FANDINO IS BEING GIVEN A FAREWELL PICTURE OF NAVAL HOSPITAL MEMPHIS AFTER SPENDING SEVERAL MONTHS IN AN OBSERVERSHIP OF HOSPITAL ADMINISTRATION.



(L-R) RADM D. P. OSBORNE, MC, USN, INSPECTOR GENERAL MEDICAL AND LCDR JAIME FANDINO, COLOMBIAN NAVY. RADM OSBORNE IS PRESENTING LCDR FANDINO WITH A CERTIFICATE OF COMPLETION OF AN OBSERVERSHIP OF HOSPITAL ADMINISTRATION.

## SPOTS OF INTEREST

## CHAPLAIN'S CORNER

BY CHAPLAIN DON C. ALEXANDER

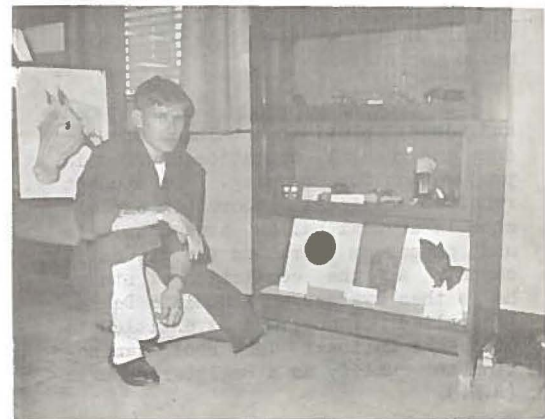
What sort of people does God intend men to be? To this question Christ gave an explicit answer which, if considered seriously, is a real shock to the mind. He gave a complete reversal of conventional values. However, many people miss them because of the poetic form. They are called the "Beatitudes. Most people think the standards of man are this:

1. Happy are the pushers: for they get on in the world.
2. Happy are the hard-boiled: for they never let life hurt them.
3. Happy are they who complain: for they get their own way in the end.
4. Happy are the blase: for they never worry over their sin.
5. Happy are the slave-drivers: for they get results.
6. Happy are the knowledgeable men of the world: for they know their way around.
7. Happy are the trouble-makers: for people have to take notice of them.

Jesus Christ said:

1. Happy are those who realize their spiritual poverty: they have already entered the Kingdom of Reality.
2. Happy are they who bear their share of the world's pain: in the long run they will know more happiness than those who avoid it.
3. Happy are those who accept life and their own limitations: they will find more life than anybody.
4. Happy are those who long to be truly "good": They will fully realize ambition.
5. Happy are those who are ready to make allowances and to forgive: they will know the love of God.
6. Happy are those who are real in their thoughts and feelings: in the end they will see the Ultimate Reality, God.
7. Happy are those who help others to live together: they will be known to be doing God's work.

How do you measure up to God's Word?



LAURENCE BATY, WARD 20, SUBMITTED A MODEL CAR ENTRY IN THE CRAFTS DIVISION WHICH PLACED 3RD IN THE ARTS AND CRAFTS SHOW.

pers need only to provide their own linen, staff, food, and medicinal and sanitary supplies. The Group Camps are rented by the week in the summer.

HIKING is a thrilling outdoor experience on the rim of the plateau. Trails connect areas of spectacular overlooks, streams, and virgin timber. Trails into the gorges suddenly take hikers from modern day surroundings into dark forests on an all but forgotten age.

For outdoor fun in a rugged mountainous atmosphere, try Fall Creek Falls State Park.

For further information, write:  
Fall Creek Falls State Park  
Pikeville, Tenn. 37367  
Phone: 881-3294

## RED CROSS NEWS



JERRY MILLER, WARD 4, IS SHOWN WITH HIS AWARD-WINNING ENTRY WHICH PLACED FIRST IN THE ART DIVISION OF THE RED CROSS SPONSORED ARTS AND CRAFTS SHOW.



Between April 5th and 8th, patients submitted entries into the Red Cross sponsored Naval Hospital Memphis Arts and Crafts Show. On April 8th all entries were judged in three categories- (1) art, (2) crafts, and (3) ceramics. The show was topped off with an Open House and presentation of awards at 3:00P.M. Jerry Miller, Ward 4, won 1st place in the art division; D.C. Abney came in first in crafts; and Albert Outlaw's entry placed first in the ceramics division.



This spectacular 16,000-acre park offers breath-taking views of waterfalls and gorges. Fall Creek Falls, highest in the Eastern United States, plunges 256 feet into a shaded pool. Other falls in the area are equally impressive.

The park is located in Bledsoe and Van Buren counties in East Tennessee, 11 miles from Spencer and 12 miles from Pikeville on State Highway 30.

For real mountain CAMPING there are 110 sites scattered throughout the forest. Modern bath houses, shelters, ball fields, play areas, tables and grills make this a campers' paradise.

PICNICKERS will find shelters and tables located conveniently throughout the park area. Many secluded sites are available.

SWIMMING in Cane Creek is a memorable experience. A modern bathhouse and concession stand are located near the beach.

Park streams offer good year-round FISHING for smallmouth, rock bass, and cream in a true mountainous atmosphere with no charge other than the required statewide license.

The 340-acre FALL CREEK FALLS LAKE also offers excellent fishing for largemouth, bream and catfish. A park permit is required to fish in the lake. A state license is also required.

A SCENIC CRUISER makes regularly-scheduled trips around the lake and row boats are also available to those more studly of the lot. No personally owned boats or motors are permitted on the lake.

Two outstanding GROUP CAMPS are available to all youth-serving groups. Camp No. 1 will accommodate 90 persons and Camp No. 2 will accommodate 114. The camps consist of a fully equipped dining hall, clusters of cabins, rest-rooms, swimming beaches and canoes. Reservations should be made early. Cam-

(C.O. PROMOTED, CONT. FROM PG. 1)

landing ship dock Catamount operating with the Atlantic Fleet Amphibious Force.

Capt. Nauman is also a graduate of the Navy's School of Aviation Medicine and Research at Pensacola, Fla., where he became a flight surgeon in 1948.

In 1949 the captain was at Rhein-Main, Germany, for the Berlin airlift. For his outstanding service in that airlift he was awarded the Air Force Commendation Ribbon and the Humane Ribbon. During the Korean conflict, he was also involved in the Korean airlift and medical air evacuation.

His duties have taken him to naval air stations at Patuxent River, Md., Cecil Field, Fla., and Annapolis, Md. He was promoted to captain in 1960 while serving aboard the aircraft carrier Independence with the Atlantic Fleet.

He was commanding officer of the naval hospital at Patuxent River before reporting to his present assignment in August 1970.

ADAPTED FROM NAS BLUEJACKET)

#### MED-VET PROJECT ASSOCIATE DEGREE NURSING

##### NEED:

The demand for registered nurses is greater today than ever before in the history of our country as the demands for health care increase. Those who choose nursing as a career may expect many professional opportunities.

##### PROGRAM:

El Centro College through a U.S.P.-H.S. grant has developed a program of Associate Degree Nursing leading to licensure. The project will grant college credit to military personnel who are prepared in bedside care of the ill. Through placement examination results, the individual program of study will be constructed to fit the needs of each student and allow him to master the mental and physical skills necessary to become a registered bedside nurse technician.

The program of study, open to men and women, provides a balance of science and general education courses in preparation for nursing. The student receives clinical laboratory experience in several Dallas area hospitals and classroom work on the El Centro campus. At the completion of study, he is then awarded an Associate Degree of Applied Science and is entitled to write the National Test Pool Examination to qualify as a Registered Nurse (R.N.).

(El Centro College, Dallas, Texas)

#### PHYSICIAN'S ASSISTANT PROGRAM

This program will provide special training in order to qualify a select group of hospital corpsmen to become designated physician's assistants. Personnel qualified and selected for the program will receive a twelve month preceptorship in health care services at a naval hospital. The first class of students is scheduled to convene in September of 1971.

Physician's assistants will function under the direct supervision and responsibility of a medical officer in the areas of:

- conducting screening types of routine examinations.
- recording patient's history and other pertinent data.
- ordering and coordinating special diagnostic studies.
- instructing patients in home care procedures.
- supervising administrative work which requires medical insight.

Personnel selected for this program at the E-5 and E-6 level, who have successfully passed the advancement examination to the next higher pay grade or who do so during the preceptorship training, will be automatically advanced one pay grade upon completion of the preceptorship. Completion of preceptorship training will be followed by a two year apprenticeship period in training.

A warrant officer specialty will be established. Selection to warrant officer will be made during the latter part of the apprenticeship. Personnel failing selection to warrant officer will be utilized in duties commensurate with their training and proficiency. Details of the warrant officer program will be promulgated separately.

Applicants for this program must meet the following eligibility requirements:

- Be a volunteer, male or female, with required obligated service for the twelve month period.
- Be a high school graduate and in addition, have completed two or more years of college level training from a regional or nationally accredited institution with a minimum of 8 credits in biomedical sciences and 6 credits in mathematics.
- Have a minimum Navy test score GCT - 55, ARI - 55.
- Be a graduate of Navy Medical Department class "A", "B", or "C" schools with a total of at least thirty-four (34) weeks of classroom training.
- Be in pay grade E-5 or above with the below active service time:

	MINIMUM	NOT MORE THAN
E-5	4 YRS	6 YRS
E-6	6 YRS	10 YRS
E-7	8 YRS	12 YRS
E-8	11 YRS	14 YRS
E-9	13 YRS	16 YRS

f. Present evidence through an interview process of personal attributes necessary for providing quality patient care.

#### NAVY WIVES

Who said that variety is the spice of life?

No doubt 'twas first said by a NAVY WIFE.

For the poor girl never knows where she's "at".

At home is wherever he parks his hat.

She moves every two years into new sets of quarters.

During which time she bears sons and daughters.

She packs up to go to the plains of Nebraska,

The orders are changed and they go to Alaska.

Her house may be a hut with no room for expansion,

It may be a tent or perhaps is a mansion.

Then she uncrates the furniture in snows or in rains,

And lays the linoleum between labor pains.

She wrangles saw horses and builds all the beds,

Makes curtains of target cloth she last used for spreads.

And during each move, now isn't it strange,

The kids catch the mumps, measles or mangle!

They no more get settled when she must dress up pretty,

And go to a party, and be charming and witty.

On every subject she must know how to discourse.

She must learn to play golf, or ski, or ride a horse.

He insists on economy, questions every stub,

Yet her home must be run like a hotel or club.

For she entertains at all hours both early and late,

For any number of guests---eighty or eight.

(CONT. ON PG. 7, COL. 3)



(L-R) LT JOHN W. PHILLIPS, LCDR GERMAN MONTOYA, HM3 DONALD A. HAUPT, LCDR ROSEALINE M. CORMIER. HM3 HAUPT IS RECEIVING A LETTER OF COMMENDATION FOR HIS OUTSTANDING SERVICE AS SENIOR CORPSMAN WHILE ASSIGNED TO WARD 9. HE HAS BEEN TRANSFERRED TO FIGHTER SQUADRON 31 AT OCEANA, VIRGINIA.



(L-R) CAPT R. D. NAUMAN, COMMANDING OFFICER, MR. W. E. MITCHELL, STOCKMAN, AND LT C. M. ALEWINE, CHIEF, FOOD SERVICE DIVISION. CAPT NAUMAN IS PRESENTING MR. MITCHELL WITH A LETTER OF COMMENDATION FOR HIS EXEMPLARY COOPERATION AND ABLE ASSISTANCE PROVIDED TO THE LOCAL WAGE SURVEY COMMITTEE.



CAKE CUTTING AT NURSE CORPS BIRTHDAY PARTY

(L-R) LCDR MARGARET E. REDD, SUPERVISOR; CAPT R. D. NAUMAN, COMMANDING OFFICER; ENS BONNIE E. MORROW, CDR EDITH M. MACHA, DETAIL OFFICER; CAPT ALICE L. DAVIS, CHIEF, NURSING SERVICE, LCDR REDD AND CDR MACHA ARE RETIRING IN THE NEAR FUTURE AND ENS MORROW IS THE YOUNGEST NURSE IN THE HOSPITAL.

**DOWN**  
and  
**UP**  
PUZZLE

W R E T S K C I K P L B V R S Y A V E M A A  
Y A N O Z I R A I N I G R I V T S E W I D N  
K A I N R O F I L A C U A Z X Y S R G N I A  
C N O T G N I H S A W L N A B S T M E N R I  
U S O U T H D A K O T A N E E J J O O E O S  
T M A R Y L A N D L M I H N W N O N R S L I  
N O P U T A H R S T L N N U E J V T G O F U  
E A K A X H O A W O I E Y Z A V E R I T S O  
K K R L S V C D R E T F C I J K A R A A X L  
E S O A A I N A V L Y S N N E P M D S N O P  
R A Y S X H C S R N A G I H C I M N A E T U  
H R W K E H O W Y O M I N G I V S A X Y S Y A  
O B E A T C E M F I L G H T I K L I K I E O  
D E N U K L M N A H M I H E R C A R T N H D  
E N O R T H D A K O T A N A G L B N I D U A  
I S R I R U O S S I M I T A I S A A S I W R  
S N E W H A M P S H I R E X N O M O R A E O  
L W G I P P I S S I S S I M I V A V W N S L  
A Y O C I X E M W E N D E L A W A R E A Z O  
N P N I S N O C S I W R T S A N A T N O M C  
D T T U C I T C E N N O C S I O N I L L I K  
O X T S T T E S U H C A S S A M T R S M Z A

This UP and DOWN PUZZLE contains the names of the 50 states. They may be found among the letters in the block above written out from left-to-right, right-to-left, up-and-down and up-and-down in reverse as well as diagonally.

Answers to the most frequently asked questions about  
**DRUG ABUSE**

**DO DRUG ABUSERS TAKE MORE THAN ONE DRUG AT A TIME?**

People who abuse one drug tend to take all sorts of drugs. Some of them say they are looking for a new "high." Some will take any drug to get outside themselves. Some play chemical roulette by taking everything, including unidentified pills.

**WHY DO SOME AFFLUENT PEOPLE BECOME INVOLVED IN DRUG USAGE?**

At one time we thought that if we could eliminate poverty, drug abuse would fade away. This notion was obviously erroneous. In a world where changes are rapid and yesterday's faiths and values may erode, affluence allows the time and finances to support drug excesses. Loss of goals and drive can be a by-product of affluence. When a person no longer needs to work in order to eat and clothe himself, he may develop problems of leisure. If he has no viable goals, no motivation or drive to create, to study or to help others, he may become bored or alienated, and vulnerable to the temptation of using chemical substitutes for productive living.

**CAN THE EFFECTS OF DRUG ABUSE BE PASSED ON TO THE UNBORN?**

Some babies born to heroin-addicted mothers have shown withdrawal symptoms. Not enough is known about the genetic effects of other drugs. Taking drugs without careful medical supervision during pregnancy is extremely risky.

**To Sleep: Perchance To Dream**

WASHINGTON (AFPS) —People who need more than eight hours sleep each night aren't necessarily lazier than short sleepers, they may just need more time to dream.

That, at least, is the answer provided by Army researchers who found that almost everyone needs about the same amount of sleep—six hours—to rejuvenate and refresh the body. However, short sleepers are more likely to be active, outgoing, flexible and sociable, the researchers said, while the long sleepers are usually introverted and creative, but less successful at sustained work.

The more introverted men, apparently more "conflict-conscious" than active persons, need the longer dream time to work out "intrapsychic problems," the researchers said.



(NAVY WIVES, CONT. FROM PG. 6)

At an age to retire, he's still hale and hearty,  
Fit as a fiddle, the life of the party.  
While she is old and haggard, cranky, and nervous.  
Really a wreck after thirty years of service.

But even then, when all's said and done,  
She still believes that Navy life's fun.  
She has lived every minute and why---- good grief  
She'd have been bored with a barber or a merchant chief.

But there's one fancy medal and Navy men wear it.  
It's their wives who should have it---

THE LEGION OF MERIT.

# MEDIHC For Medics Offers Jobs, Schools

WASHINGTON (AFPS) — Department of Defense officials say that many medically trained servicemen and women are still unaware of a year-old program designed to place them in civilian health jobs or schools when they leave the service.

Of the estimated 3,000 medics — officers and enlisted men alike — who leave the military each month, only about 500 are using the services of Project MEDIHC (Military Experience Directed into Health Careers), according to Lieutenant Colonel Robert C. Barnum, the Pentagon's MEDIHC coordinator.

"It's a relatively new program," Colonel Barnum reports, "but it's expanding. We started with a pilot plan in Texas and now have representatives in 47 states, as well as the District of Columbia, Puerto Rico and the Virgin Islands. We hope to have people in every state soon."

The program is a combined effort of DoD and the Department of Health, Education and Welfare to help relieve the country's health manpower shortage. MEDIHC was begun when the government realized that many of these medically skilled servicemen — technologists, technicians, hygienists, corpsmen, and hundreds of others — left the military to accept jobs in fields unrelated to health.

"We feel many of these trained people would have liked to remain in health fields, or receive more education in health occupations, but had no idea of how to do it," Col. Barnum says. "Now we can help them — if they can't be convinced to stay in the military."

He emphasizes that men can be referred to training and jobs not only in the field in which he has had some military instruction, but also to other health education and jobs.

The Pentagon colonel provides these capsule facts about the program:

### Who's Eligible?

Everyone who has recently left the service, or who is within 90 days of leaving, regardless of his or her training while in the service. Of course, those with some kind of medical training are particularly encouraged to use MEDIHC. Retirees are just as eligible as those leaving after their first tour.

### What Do I Have To Do?

You will probably be contacted by the local MEDIHC representative on your base or post, but to be safe, get in touch with him yourself. Call the local Transition Office or your personnel officer who should know the whereabouts of the nearest MEDIHC expert.

He'll have you fill in a small card, listing education and training, interests, preferred area of the country, temporary and permanent addresses, etc.

### What Happens To the Card?

Your card is sent to the HEW area representative for MEDIHC in the region you stipulated. He mails it to state representatives or directly to potential employers and educators. These MEDIHC agents know the market for your medical talents much better than you could on your own.

### What Are My Chances of Getting a Job?

Depending on the area and your skills, your chances could be excellent. MEDIHC personnel counselors report that civilian hospital officials are quickly becoming convinced that this government program may solve some of their manpower shortages. If the potential employers or educators are interested, you'll be contacted by them perhaps before you leave the service.

# Adjust Eyes Before Driving At Night

WASHINGTON (AFPS) — According to the British Association of Optical Practitioners, your vision will improve 20,000 to 30,000 times if you wait a few minutes before driving off into the dark.



The Association claims it takes about 15 minutes for a driver's eyes to become completely accustomed to the dark — but few motorists wait even 15 seconds. They come out of a lighted building, jump into a car, and drive off — partially blind.

According to the British group, for minimum safety, 17-year-old drivers should wait 2 or 3 minutes and 60-year-old drivers at least 5 minutes for dark adaptation, but it still takes 15 minutes to gain your best dark vision.

# Airlines Need Standby Form After June 1

WASHINGTON (AFPS) — Starting June 1, airlines will be asking for DD Form 1580 along with leave papers when servicemen want to purchase Military Standby and Military Reservation tickets.

The DD 1580 is the military's Authorization for Air Travel. In the past, commercial airlines accepted leave orders or leave papers as a substitute for the form.

If no form is presented, "airline ticket agents will have no recourse but to refuse sale of reduced fare tickets to military personnel," according to officials of the Military Traffic Management and Terminal Service, which monitors the program.

For air travel, fare reductions of two types are offered: The Military Standby Fare and the Military Reservation Fare.

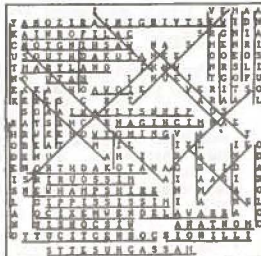
The standby fare permits seats remaining available after all reservations have been claimed to be offered military passengers at approximately half of the applicable fare. The reservation fare, approximately two thirds fare, is accepted in advance of scheduled departure and space is confirmed similar to that for other passengers with full fare reservations.

Military members are eligible for reduced military fares on the following basis:

- On active duty as a member of the Army, Navy, Air Force, Marine Corps or Coast Guard, or a cadet of the respective academies.
- On official leave, pass, liberty, furlough, or within seven days of discharge.
- Traveling at their own expense.
- Traveling in uniform.



## PUZZLE ANSWER



## A Yank Classic

June 3, 1942



# A Day To Remember

Memorial Day commemorates the men and women of our Armed Forces who have given their lives in the service or defense of our Nation and way of life since 1861.

First proclaimed as Decoration Day in 1868 by General John A. Logan, it was to honor the men who had fallen in the Civil War. After World War I it became known as Memorial Day and commemorated those Americans who died in all wars.

The occasion is marked by parades, patriotic observances, memo-



rial services and decorations of graves of servicemen and veterans with flowers.

Since the Civil War, many thousands of American servicemen have died in battle for the cause of freedom and democracy.

This Memorial Day holiday, as you speed on your way to the seashore or mountains, or relax in your backyard, take a moment to say a silent and grateful "Thank You" to the thousands whose supreme sacrifice made it possible to enjoy the freedom you have today. (AFPS)