



Naval Hospital 
Camp Pendleton, California

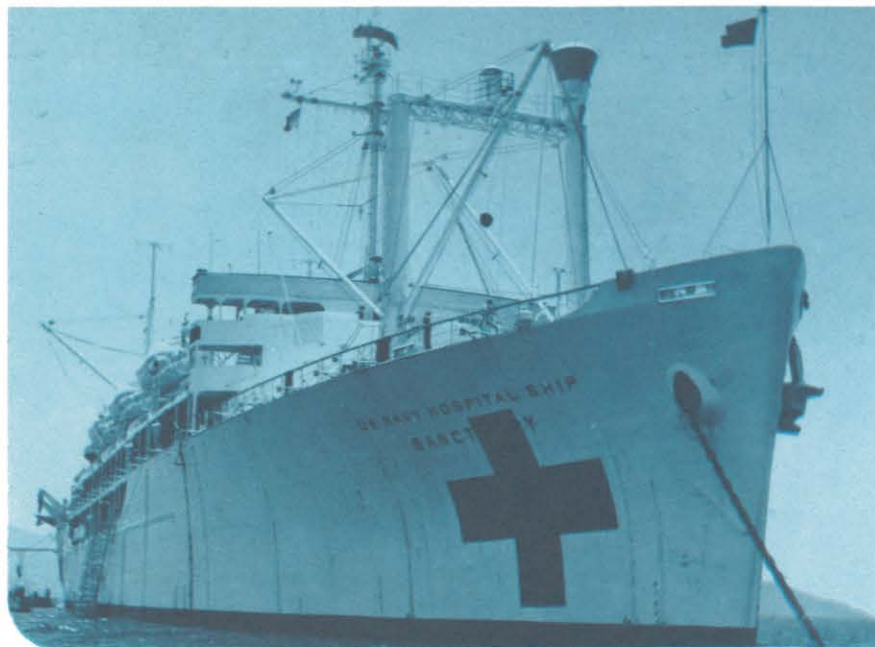


Medical education is the basis for quality patient care. The Navy wholeheartedly supports this thesis through programs spanning a medical officer's entire career, beginning with an internship. The internship is regarded as the keystone of the educational program, and this brochure is intended to acquaint you with some of the opportunities available in the Navy Medical Corps to further your professional capability.

G. M. Davis
G. M. DAVIS
Vice Admiral, MC, USN
Surgeon General

Internship in the United States Navy

The Naval intern is not only a physician, but a Naval officer. His rank is Lieutenant in the Medical Corps and he is entitled to all of the privileges of this rank at all military bases. At the Naval Hospital, Camp Pendleton, he will come into close contact with the Marine Corps, as well as the Navy. While his duties at the hospital will not differ from those of interns in hospitals elsewhere, his close contact with military personnel will give him an excellent working knowledge of the Armed Forces and the medical and preventive medical problems associated with their mission. In addition he will develop leadership qualities which will be valuable to him in any walk of life.



Requirements for Application

(1) Be a graduate or potential graduate of a medical school listed as approved by the Council on Medical Education and Hospitals of the American Medical Association.

(2) Qualification of graduates of foreign medical schools may be established through satisfactory completion of the American Medical Qualification Examination administered by the Educational Council for Foreign Medical Graduates, 1633 Central Street, Evanston, Illinois 60201.

Appointment

Appointments to naval internship are necessarily limited to those successful applicants, regardless of sex, race, creed, or national origin, who are matched to the Navy under the terms of the National Intern Matching Program. They must be of good moral character and possess qualities of leadership, which cause them to be recommended for an officer's commission in the Navy by the Dean of their medical school.

Prospective interns interested in a naval internship may list any of the ten Naval Hospitals with internship programs in their Matching Program application. Prospective interns not matched to a Naval Hospital shall be released upon request, without prejudice, to intern elsewhere.

Listed below are several pertinent facts to remember in seeking an appointment as a naval intern:

(1) Register with the Matching Program at the time and in the manner prescribed.

(2) Contact the recruiting station or naval hospital through which you intend to apply for commission and internship as early as possible. (Ensigns 1915 are furnished applications to submit by mail.)

(3) The Navy Recruiting Service is maintained to serve and assist those persons interested in naval service. Answer all correspondence from the Recruiting Service promptly and follow the instruction of your Recruiting Officer.

(4) Feel free to contact the Bureau of Medicine and Surgery, Department of the Navy, Washington, D. C., 20390, at

any time for information and/or assistance in this or any other related matter.

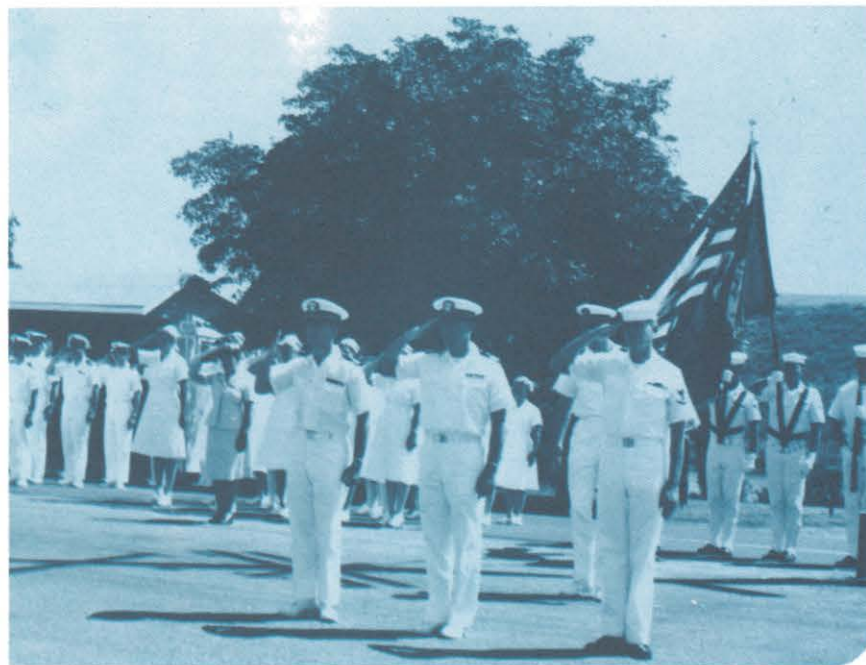
(5) Participation in the Navy Ensign Medical Program while in medical school is not a prerequisite for appointment to a naval internship.

Service Benefits

Listed below are the approximate annual incomes of naval interns during training and immediately following. The naval intern is provided with excellent medical and dental care including hospitalization. His dependents are eligible for medical care and hospitalization.

Officers Clubs and hospital recreational departments provide a wide variety of recreational and entertainment facilities amid attractive surroundings at reasonable or no cost.

Naval interns are entitled to all of the rights and privileges of a naval officer, including retirement if disabled, and transportation of himself, his dependents and household effects to and from his place of duty.



APPROXIMATE ANNUAL INCOME	With Dependents	Without Dependents
Lieutenant (During internship)	\$11,034.36	\$10,733.76
Lieutenant (Following internship)	\$12,234.36	\$11,933.76

Service Obligations

There is no obligated service required in return for a naval internship. Male interns who are under 35 years of age and have not served on active duty for one year or more will be retained on active duty after internship for two years, or if so obligated, for a longer period.

Where to Apply

Applications may be submitted by visiting any one of the continental naval hospitals or any recruiting station. As previously noted, Ensigns (1915) will be supplied applications to be submitted by mail.

When to Submit Applications

Applications for commissions in the Navy Medical Corps for intern training are accepted between 1 September and 1 December of each year. That portion of the application pertaining to internship is supplied for submission during the period 1 October to 1 December, in accordance with the provisions of the National Intern Matching Program. In order to permit processing in sufficient time to meet all deadline dates, it is suggested that all applications be submitted as early as possible.

Term of Contract

Navy internships generally begin on 1 July. Off-season graduates (other than May or June) can begin training at any mutually agreeable time.



The seal of the United States Naval Hospital is a large, circular emblem in the background. It features a central eagle with wings spread, perched on a shield. The eagle is surrounded by a rope-like border. The words "UNITED STATES" are arched across the top, and "NAVAL HOSPITAL" is arched across the bottom. The seal is rendered in a light blue color.

General Information

The Naval Hospital, Camp Pendleton, is located on the shores of Lake O'Neill in the heart of the 125,000 acre Marine Corps Base, property which was once a Spanish land grant called the Rancho Santa Margarita y Las Flores, but bears little resemblance to that sleepy ranch today.

The hospital is a 650-bed general hospital and is located 12 miles inland from the Pacific Ocean in one of the most beautiful sections of Southern California. Although located on the sprawling Marine Corps Base, it is situated on a 344-acre tract of land owned and operated by the Navy.

The hospital is commanded by a Captain, Medical Corps, U. S. Navy, and is under the Management Control of the Bureau of Medicine and Surgery.

The hospital's primary mission is to provide general clinical and hospitalization services for the 55,000 active duty Navy and Marine Corps personnel and to provide these same services to their dependents, and to retired personnel and their dependents.

The Naval Hospital, Camp Pendleton has played a significant role in providing medical care for the large population it supports at Camp Pendleton and in the surrounding civilian communities. In addition to the enviable reputation established medically, the Hospital has also conducted a Continuing Education Program. This is attested to by the accomplishments of the Staff members who, in the period from July 1968 through May of 1969, submitted 49 papers which were published in National Medical Journals, with 11 pending publication. Four members of the Staff presented papers at National Meetings and during this same period 4 exhibits were presented at National Meetings. A medical program titled "Operation Second Life" was nationally televised on the Walter Cronkite News Program and appeared in Time Magazine. Three medical teaching films have been produced. Also, 4 Research projects are underway, which have been supported by research grants from the Bureau of Medicine and Surgery. The Second Symposium on Trauma, held on 25 and 26 April, attracted 500 military and civilian physicians.

History

The history of the sprawling Marine Corps Base at Camp Pendleton and the Naval Hospital dates back to 1769 when Don Gaspar de Portola, Fr. Serra and their party of sixty-three left San Diego for Monterey, California. En route they camped in a green valley which they named Santa Margarita for the martyred Saint whose day it was, and which today is part of the 125,000 acres which make up Camp Pendleton.

Ghosts of Spanish Dons may still linger in the vicinity of the historical Ranch House and Chapel, but the activities which are carried out today on the sprawling Base are a far cry from the roundup's, fiestas and revelry which were a part of a ranchero's way of life in the early 1800's.

The rancho passed through a number of owners before it was acquired by Jerome O'Neill in 1882.

It was O'Neill who built a dam and formed the lake which now bears his name; who introduced irrigation and began raising successful crops as well as cattle. Reminiscences of those days are evident throughout the Camp.

With the purchase of the land by the U. S. Navy in 1942 for more than four million dollars (\$4,000,000), the land was destined for an existence far more complex and important to the nation's welfare than could ever have been dreamed by its former owners.

The Naval Hospital, Camp Pendleton, was established in 1942 on the banks overlooking Lake O'Neill, and was commissioned in September 1943 as the U. S. Naval Hospital, Santa Margarita, California. Wartime urgency and a minimum of construction time dictated the design of a sprawling, one-story complex of approximately 90 buildings.



Program

All intern training in naval hospitals is conducted in accordance with the requirements of the Council on Medical Education and Hospitals of the American Medical Association, published in the essentials of an Approved Internship. The Naval Internship at Camp Pendleton is of 12 months' duration and rotating in type.

There are 12 interns assigned each year. The training program provides for rotation through the Medical, Surgical, Obstetrical and Gynecological and Pediatric services, as prescribed for an approved internship, and additional time on these or other services of the hospital during an elective period. There is a staff medical conference weekly, Journal Clubs, frequent conferences on the major services, and conferences in specialties not included in the normal intern rotation.

The interns are supervised by the staff of the hospital which includes American Board certified or qualified specialists. Additionally, the Naval Hospital Camp Pendleton has established close ties with four Medical Schools: namely, the University of Southern California, University of California at Los Angeles, Loma Linda University and the University of California School of Medicine at San Diego. In addition, consultants from Orange County Medical Center, Scripps Clinic and Research Foundation at La Jolla, and the Naval Hospital, San Diego, frequently visit the hospital and engage in teaching functions in the clinical specialties, subspecialties and the basic sciences.



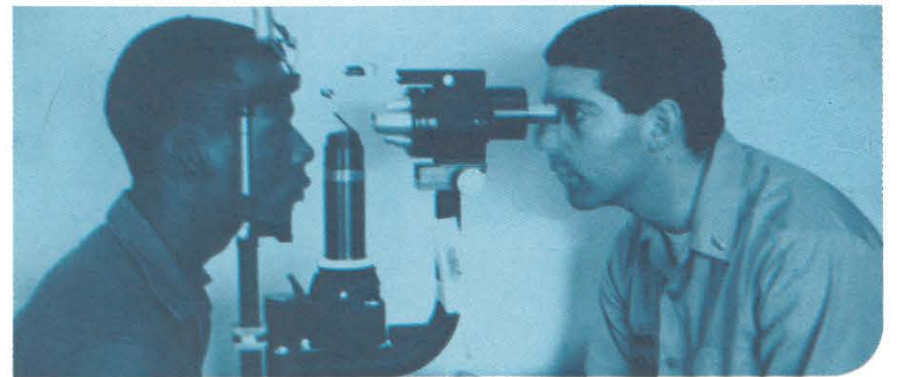


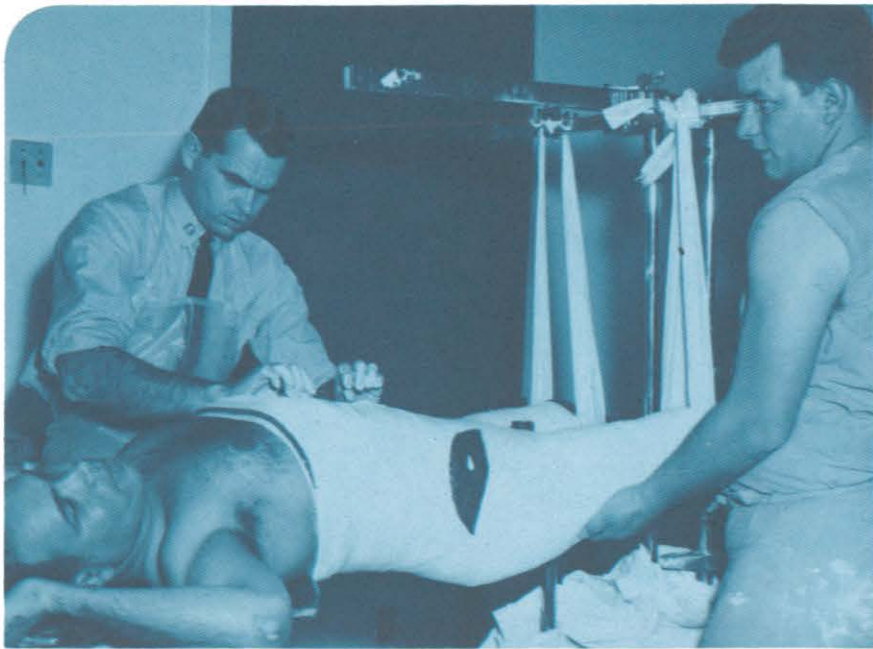
Department of Medicine

In the Department of Medicine, the intern will rotate on 2 general male medical wards, a female medical ward, and an infectious and pulmonary disease service over a 4-month period. He will have an opportunity to share with the fully trained ward medical officers the care of patients with all the common medical diseases. Specialty acute care is provided on the Medical Intensive Care Ward.

Besides the medical subspecialties of cardiology and gastroenterology, the intern on Medicine will also care for Neurology and Dermatology cases. An association with psychiatry is provided through management of psychiatric cases requiring initial intensive medical care, as well as routine psychiatric emergencies which are admitted during the night watch. Lectures are provided by the Neurology, Dermatology, and Psychiatry Departments to orient and familiarize the intern with the management of cases pertaining to those services.

The intern on Medicine is provided instruction and will perform bone marrow and liver biopsies, central venous pressure, and cardiac monitoring, and the reading of electrocardiograms. He will also assist at gastroscopy and with cardioversion. He is responsible for daily ward rounds on all of his patients. Clinics are available for follow up ward cases, and for the teaching of ambulatory medical care. A formal medical conference is scheduled weekly with twice weekly ward conferences. Medical journal club is held on Saturday mornings and Grand Rounds are held weekly on each medical ward.





Department of Surgery

The intern rotation through the Surgical Services is four months, and is divided as follows:

- 1 month in Male General Surgery
- 1 month in Female and Pediatric General Surgery
- 1 month in Orthopedics
- 2 weeks in Anesthesiology
- 2 weeks in Elective of choice

The elective may be in any of the regular rotation services or in one of the remaining professional services: Dermatology, Neuropsychiatry, Neurology, Neurosurgery, Ophthalmology, Otolaryngology, Pathology, Radiology, or Urology. While on the General Surgical Service, the intern will work under the full time supervision of a fully trained general surgeon. However, he will be given the opportunity of assuming complete preoperative, operative, and postoperative management of many patients. The intern will be expected to perform many of the less complicated surgical procedures such as appendectomies, hernioplasties, breast biopsies, excision of dermal and subdermal



lesions, repair of lacerations, etc. He will be expected to assist on all operative procedures on patients on his service. The intern is encouraged to be in attendance at all clinics.

During the month on Orthopedics, the intern will perform and assist in orthopedic operative procedures under the supervision of a fully trained orthopedist. Because of many acute trauma cases, a great deal of experience can be gained in reduction of fractures and dislocations and applications of casts. With a large outpatient clinic population, adequate opportunities are available for evaluation of the more frequent orthopedic problems such as low back pain, trick knee, fractures and sprains.

While on the Anesthesiology Service, the intern will be made familiar with anesthetic agents and techniques and their practical applications. The intern will administer general anesthesia, with and without endotracheal intubation, and spinal, regional, and local anesthetics under the guidance of a staff anesthesiologist. The intern will be responsible for preoperative and postoperative anesthesia rounds on his patients.

While on the elective of his choice, the intern will actively participate in all aspects of that service.



Department of Obstetrics and Gynecology

The intern is an integral part of both the Obstetrical and Gynecological Services. During the month rotation period on obstetrics he admits patients, follows them in labor and delivers them under the supervision of fully trained Obstetricians. He participates in the ante-partum care of patients on the ward and post-partum patients. He also assists at Cesarean sections. On Gynecology he admits patients, participates in their pre-operative work-up, assists at gynecological surgery and in post-operative care. Interns participate actively in weekly staff conferences by presenting cases and are required to give at least two short talks on gynecological subjects.

Department of Pediatrics

The two month rotation through the Pediatric Service affords an ample and exciting exposure to Pediatrics.

During this period, the intern spends one month on the pediatric ward and one month in the outpatient clinic, including a two week rotation managing cases in the new born nursery. Along with his ward duties, the pediatric intern treats acute pediatric problems in the Emergency Room at night.

The intern will have the opportunity to learn many procedures and to treat cases ranging from the common acute pediatric illnesses to handling the more challenging problems of diabetes, nephrosis, hemophilia and meningitis.

The department has eight fully trained pediatricians, and extends its service to run an active teaching program along with its busy inpatient and outpatient workload. The Pediatric Service at the Naval Hospital, Camp Pendleton established the first full time Adolescent Clinic in the Military Armed Forces.

Individual instruction by each staff member forms the foundation of the teaching program. Daily conferences are held by the staff, visiting consultants and other specialists. A conference on common pediatric problems is held monthly for all interns.



Statistics

SERVICES	BEDS	TOTAL TEACHING ADMISSIONS	DEATHS	AUTOPSIES		TOTAL OUTPATIENT CLINIC VISITS	AVERAGE DAILY CENSUS
				NUMBER	%		
MEDICINE	271	4,111	42	28	67	57,320	179
PEDIATRICS	33	1,369	23	9	39	41,875	21
OBSTETRICS	42	1,669	0	0	0	16,135	17
GYNECOLOGY	7	556	0	0	0	19,641	7
SURGERY: General	119	2,803	22	16	73	18,950	110
NEUROSURGERY	35	562	3	1	33	816	18
ORTHOPEDICS	103	1,533	0	0	0	31,533	84
OPHTHALMOLOGY	15	193	0	0	0	9,127	16
OTOLARYNGOLOGY	25	743	0	0	0	5,003	25

TOTALS	650	13,809	90	54	60	200,400	477
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STILL BIRTHS			20	16	80		
DOAs			22	12	55		

EMERGENCY ROOM	AVERAGE DAILY VISITS					138
GENERAL MEDICAL CLINIC	AVERAGE DAILY VISITS					157

Advantages and Opportunities

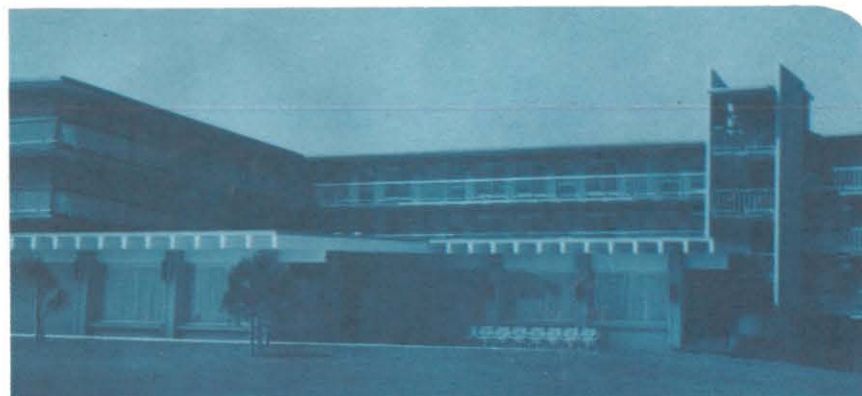
QUARTERS — Three and four bedroom individual units and two bedroom duplex units are available for assignment to interns, depending on the size of the individual's family. These quarters are centrally located on the base and are in the immediate vicinity of the Naval Hospital. Each unit has a kitchen and utility room, dinette, living room, bath, and bedrooms. Four-bedroom units have two baths. A kitchen range and refrigerator are furnished. Additional government owned furniture may be issued to the unit as needed. Garages are available for most units. TV antenna are furnished.

BACHELOR OFFICER'S QUARTERS — Quarters are available, upon request at the Naval Hospital, Camp Pendleton, or at the new Marine Corps Base, BOQ overlooking the Pacific.

MOVEMENT OF HOUSEHOLD GOODS — As an active duty military officer the government will move your household goods and personal belongings to your new duty station at government expense. This includes the moving of your effects from your present location to the Naval Hospital, Camp Pendleton. Where the government has paid for the movement of household effects the service member is expected to utilize these furnishings in the quarters assigned. If you require additional pieces of furniture to furnish the assigned quarters, government owned furniture may be utilized to supplement your personal items.

SCHOOLS — Kindergarten and first through sixth grade school children attend Mary Fay Pendleton Elementary School located in the quarters area. Junior High School and High School students attend school in neighboring Fallbrook. Bus transportation is available.

COMMISSARY STORE — Camp Pendleton's commissary store is a complete, modern supermarket featuring a full line of name brand groceries, fresh fruits and vegetables, USDA choice



grade meats, dairy products, frozen foods, and picnic supplies. The prices in the commissary are considerably less than in the regular civilian supermarkets, and the intern and his family can realize measurable savings by shopping at the base commissary

MARINE CORPS EXCHANGE — The Marine Corps Exchange provides shopping facilities for servicemen and their families. These facilities include complete merchandise stores, service stations, snack bars, and restaurant. Other activities operated under the cognizance of the Marine Corps Exchange include barber shops, beauty shops, cobbler shop, laundry, dry cleaning, tailoring services, radio and TV repair shop, optical shop, watch repair service, and portrait studio. As with the commissary, considerable monetary savings can be realized by utilization of the Marine Corps Exchange Facilities.

“Through the Looking Glass”

— Carroll

The President of the United States, Secretary of Defense, Chief of Naval Operations, Commandant of the Marine Corps, Surgeon General of the Navy, and many other important dignitaries, both military and civilian, have visited the Naval Hospital, Camp Pendleton.

Many Hollywood celebrities frequently make the short trek from Hollywood to visit and entertain patients. Nancy Sinatra, Buddy Ebsen, Carol Burnett, Marty Allen, Barbara Moore, Julie London, Archie Moore are but a few of the headliners who have entertained here at the Naval Hospital, Camp Pendleton.





Recreation

The Naval Hospital at Camp Pendleton, because of its proximity to the sea, mountains and desert, has a remarkable range of facilities for recreation. The excellent sunny, Southern California climate is conducive to an active sports program throughout the year.

Tennis is one of the most popular sports at the hospital, and the two championship courts are in constant use. Such notables as Rod Laver, Pancho Gonzales, Arthur Ashe, Charlie Pasarell, Billie Jean King and Rosie Cassals have appeared in invitational tournaments and exhibitions.

The Hospital, located on the banks of Lake O'Neill, is a popular picnic, fishing and boating area. Special Services maintains several sailboats and 14 foot Hobie Cat Catamarans for the sailing enthusiasts.

Other recreational activities at the hospital include a large open air swimming pool, volleyball and basketball courts, 9 hole Pitch-n-Putt golf course, archery range, soft ball field, movie theater, picnic grounds.

In addition to the hospital recreational facilities, there are many Base facilities which are available to all Staff members. The Camp Pendleton Memorial Golf Course, which is reputed to be one of the finest in Southern California, is located in Windmill Canyon, 3 miles from the hospital. The huge modern clubhouse includes a snack bar, lounge, locker facilities and well equipped pro shop.

Horseback riding is one of the most popular sports on the Base. There are miles of riding trails, and horses can be boarded at a nominal fee, or are available for rent. The Camp Pendleton Rodeo Club culminates its year long activities with the famous Camp Pendleton Rodeo.

For those interested in scuba diving, Southern California offers some of the finest scuba diving in the world. The waters off Camp Pendleton are clear and extremely warm during the

summer and early fall. The water teems with game fish, including albacore, sea bass, opal eyes, sculpin and yellowtail. Marlin are regularly caught from the Oceanside and San Diego fishing terminals. Scuba divers in the area have encountered their best luck in the La Jolla, Encinitis, Carlsbad and San Clemente areas, all within a short distance of the Naval Hospital, Camp Pendleton.

Abalone and lobsters are readily available to proficient scuba and skin divers. For those who would like to take scuba lessons, the Marine Corps Base, Camp Pendleton, sponsors a scuba diving club known as the "Sea Devils". Lessons may be obtained through this club at no charge, leading to complete registration as a certified scuba diver.

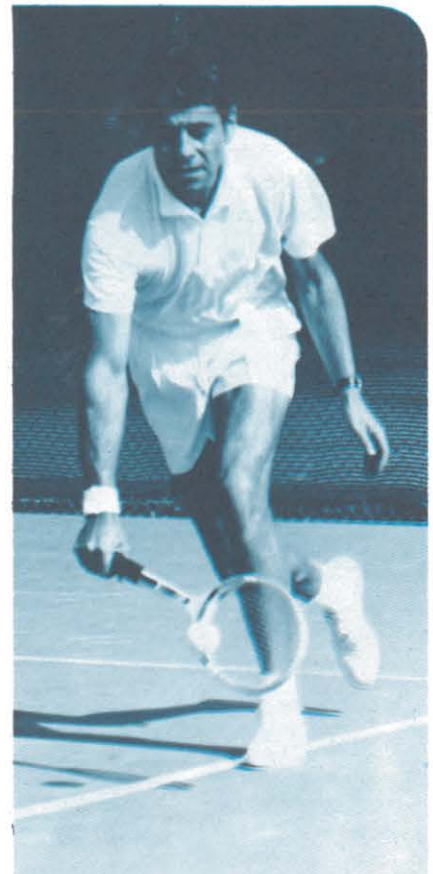
In addition to the numerous swimming pools throughout the Camp Pendleton area, there are 17 miles of beach located on the Base. Some of the finest surfing in the world is found off San Onofre beach in the northern part of Camp Pendleton. In this area, 25,000 feet of beach has been reserved for surfing.

Other Base recreational facilities include skeet and trap shooting, an archery range, the Camp Pendleton Play House, the Camp Pendleton band, hunting, fishing and skydiving. Also, there is a fully franchised Little League baseball program and Pop Warner Football League.

A short distance from the Base, the Laguna Mountains and San Bernardino Mountains offer excellent skiing. These same mountains offer an excellent source of recreation for "rock hounds" — those who are interested in discovering, cutting, polishing and shaping rocks for jewelry.

Major League baseball, football, basketball are played at San Diego and Los Angeles. Special Services offer tickets at discount prices for these sporting events, as well as to Disneyland, Sea World, Marineland and many other important events.

In summer, the recreational facilities of the Camp Pendleton area are unexcelled for a wide variety of outdoor sports to provide the intern and his family a wide diversion of activities in his off duty hours.



Wives' Activities

I have been asked to write upon Wives' Activities for intern's wives coming to Camp Pendleton. I am most happy to do this because not long ago I was a new intern's wife going to a new base.

Firstly, may I say welcome to Camp Pendleton — we are glad to have you aboard.

Your life in the Navy as a Navy Wife is really up to you. There are so many activities for you available here that your activities depend upon you and your desires.

May I speak very broadly to start, and mention a few generalities. When accepted for internship, you will receive a letter from a current intern's wife to tell you of Camp Pendleton. Please do not hesitate to ask her about your quarters, viz drape sizes, floor coverings, room sizes. It might be well to ask her to send you a check list as to where you get your I.D. card, how you get a telephone installed, where to check on housing, etc.

There are no washing facilities aboard the Base so be prepared to bring your washing machine and dryer. There are no gas connections in DeLuz where you will live — it is all electric.

You can drive into adjacent Oceanside or Fallbrook where there are laundromats to use.

May I also suggest you read carefully the glossy book you will receive about Camp Pendleton. It contains many facts you will want to know. You will find living in DeLuz housing central to all activities. Your husband will be close to the hospital and you are not far from the Commissary or Marine Corps Exchange.

Listed in the book is the Base Nursery which provides good care for your children while you do your errands.

Now to be very specific. The Navy Officers' Wives Club is not large because we are on a huge Marine Base. The Club endeavours to acquaint you with the surrounding areas and Base by providing luncheon program of varied interest. I recommend that you join (the cost is nominal) so that you receive the newsletter and can participate in the activities that interest you. For example, we saw the Laguna Ballet, visited Sea World, the Ramona Festival and went on a whale hunt. As Navy wives our group tours gave us the opportunity to know one another better.

I would recommend that living aboard Camp Pendleton which is a Marine Base, you look into the Marine Officers' Wives Club's activities. This group of ladies sponsor the bowling, bridge, golf, arts projects and various other groups. They are a great group of ladies who are fun to be with.

Shortly after you arrive there will be a coffee for all the new Navy wives on Camp Pendleton. There you will receive packets containing information on the surrounding area.

The coffee also gives you a chance to ask questions. I would strongly suggest you attend, the whole idea is to help you orient yourselves to your new life.

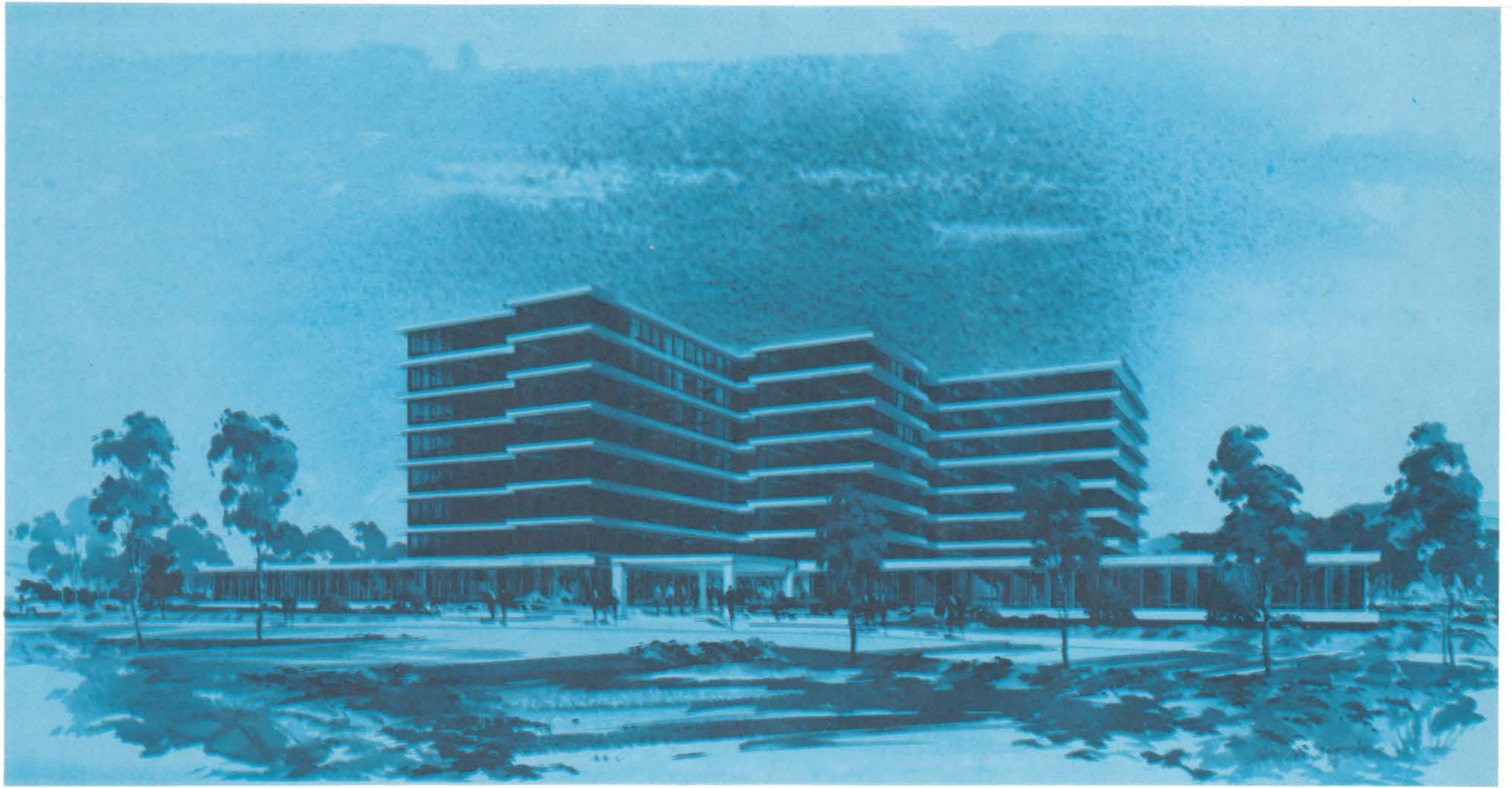
Again, may I say welcome to Camp Pendleton. Please remember Navy wives stay together so please contact us if you need information or help.

A Navy Wife





If you, too, would like to be a graduating intern from the Naval Hospital, Camp Pendleton . . . contact the Chairman, Intern Committee, Naval Hospital, Camp Pendleton, California 92055. Telephone: Area Code 714, 722-4111, Extension 2308 or 4302



**Proposed New Hospital
Camp Pendleton, California
Tentative Completion Date 1972**