Jen Lee (born July 26, 1986) is an ice sled hockey player from the United States. Lee plays goalie and was a member of the U.S teams that won gold in the 2014 Winter Paralympic Games in Sochi and the 2018 Winter Paralympic Games in Pyeongchang. Lee also represented the U.S in the Ice sled world championships in 2012, winning gold and again in 2013, coming second.

Lee is also a staff sergeant in the U.S military currently on active duty stationed at Fort Sam Houston in San Antonio, Texas.

Lee is a single amputee having had his left leg amputated above the knee in 2009 after a motorcycle accident. Lee was then introduced to the sport by Operation Comfort an organisation that work with injured U.S service personnel at the Brooke Army Medical Centre in San Antonio, Texas.

Born in Tapei, Taiwan Lee grew up in Daly City, San Francisco and attended Westmoor High School, graduating in 2004. Lee later attended the University of Texas to study Sport Management, graduating in 2018.