

# THE CLIPPER

NRMC

MEMPHIS

NAVAL REGIONAL MEDICAL CENTER

MEMPHIS, TN.

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## THANKSGIVING THOUGHTS

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PARTY UPCOMING...

President Jimmy Carter sends the following Thanksgiving message to Servicemembers around the world:

"On this Thanksgiving Day we can be truly grateful for the blessings we enjoy. America is at peace and new international cooperation promises a more harmonious world. Our Armed Forces are well trained, vigilant and dedicated to maintaining that peace.

Our country would not be secure this Thanksgiving without the selfless service and devotion to high ideals of the men and women who wear its uniforms. Rosalynn and I send our special wishes to them and to their families for a wonderful Thanksgiving holiday of good fellowship and personal fulfillment."

### *A Special Thanks*

We are happy to quote this expression of appreciation which this command received recently:

'I would like to express my gratitude to the individuals who took care of me 27 AUG 78 when brought to the Emergency Room.

Their professional care was outstanding.'

Thank You,

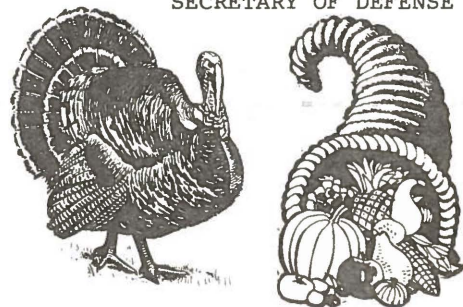
Carmen Shields

"The approach of another Thanksgiving Day is a signal to put aside our usual preoccupations and give thought to the benefits we enjoy as citizens of a free country and inheritors of a tradition of individual liberty and responsibility which was observed in New England more than 350 years ago.

The preservation of our freedom depends upon the spirit and will of the men and women of the Armed Services, who stand guard around the clock and around the world.

On this occasion, I offer my personal best wishes and appreciation to all of you in uniform, your families, and those in the Department of Defense who, though not in uniform are part of our military structure. Your efforts maintain the physical security that makes the freedom we all enjoy possible. You have my thanks on this and every day.

HAROLD BROWN  
SECRETARY OF DEFENSE



CAPTAIN C.W. BRAMLETT, MC, USN.....COMMANDING OFFICER  
 CAPTAIN R.H. MEADERS, MC, USN.....DIR., CLINICAL SERVICES  
 COMMANDER B.L. STEPHENS, MSC, USN.....DIR., ADMINISTRATIVE SERVICES

DUPLICATED BI-MONTHLY ON GOVERNMENT EQUIPMENT WITH NON-APPROPRIATED FUNDS AND IN COMPLIANCE WITH NAVEXOS P-35 REV. JULY 1958. DISTRIBUTED FREE OF CHARGE TO PERSONNEL OF THE NAVAL REGIONAL MEDICAL CENTER MEMPHIS, MILLINGTON, TENNESSEE, THE CLIPPER SOLICITS ITEMS FROM ITS READERS.

LT J.W. SHEPHERD, MSC, USN.....EDITOR-IN-CHIEF  
 HM3 DAWN LAWING.....EDITOR  
 HM3 MARK SMITH.....ART EDITOR

# REFLECTIONS

By: LT CARL CRUIT, MSC, USN

Today there are approximately 17,500 hospital administrators in the United States and by 1990 there will be about 20,000. As you look forward to the future and a career in the hospital administration, there are some important things to consider.

According to Cynthia DeWitt who is a feature editor of Hospitals magazine, there are approximately 2,000 to 3,000 graduates of health services administration or health management programs each year, each hoping to find a position in the health care field. Many - perhaps all - will be employed. One thing for sure, they will face extreme competition in the job market.

From the Dixon Commission report of 1975, we learn that 45% of hospital administrators had a B.A. degree or less in 1971, while 55% had a M.A. degree or more. The following projection should motivate you to action. By 1990 these proportions are expected to shift to about 10% and 90%.

In 1977 seventy four (74) per cent of American College of Hospital Administration members held a master's degree or above. This is eleven percent higher than the 1973 figure of 66%.

Many questions remain unanswered but one thing is for certain. Your credentials are your keys to success. Today is the day to prepare for the future, not after you leave the Navy. There will probably never be a better opportunity for you to earn a degree than here at Navy Memphis.

Soon you will decide whether to stay in the Navy or leave it. Regardless of your decision, self improvement is the answer. The important thing is to get an education and gain some experience. This officer never expected to earn a B.S. in Health Care Administration nor did he expect to ever be commissioned a Naval Officer.

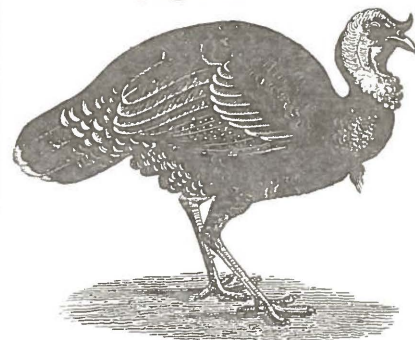
Don't set your goals to low. Prepare for your military and civilian careers simultaneously. Learn all you can. Enroll in an off-duty college course. Apply for a Navy school such as pharmacy, lab, x-ray. The Navy has some 36 schools that you can attend.

Today continues to be the most important of all days. Your education and experience comes one day at a time. You have daily opportunity to earn the respect of your peers. One once wrote that the greatest of all things is the ordinary life lived well. The decision to succeed is yours.



Southern Illinois University will commence their Spring Semester for their Health Care Service Program on 6 Jan 1979. Registration will be held on 3 Jan 1979. Personnel interested in a BS degree in Health Management should contact Jim New in Room 227 or by calling 872-8621 prior to 3 Jan 1979.

# Beware Of Old 'Ptomaine Tom'



During the holidays, "scrump-tious" meals are prepared in dining halls and homes. Refrigeration space is taxed, and pots which haven't been used for some time are brought out. Highly vulnerable foods, such as turkey, ham, giblet gravy, dressing, cream-topped pumpkin and mince-meat pie are served.

But lack of attention to proper food handling and sanitation in preparing and serving these holiday specialties can result in food poisoning.

One of the major causes of food-related illness has been roasting whole turkeys with the abdominal cavity filled with dressing. The problem is getting the internal temperature high enough to cook the dressing without burning the outside to a crisp. This can be prevented by baking the turkey and the dressing separately.

Another cause of sickness is merely warming and not boiling the giblet gravy. Leaving vulnerable foods on the buffet or table too long at a low temperature range between 45-140 degrees is also asking for trouble. This is the range at which bacteria and toxins develop rapidly.

At home parties or buffets, insure that hot foods are kept hot (well above 145 degrees) and cold foods are kept cold (below 45 degrees). Food should not be left out for several hours after cooking.

Some simple rules to remember are: thaw foods in the refrigerator and not at room temperature; adequately heat foods that are served hot; cover and refrigerate left over foods immediately and try to use them within 24 hours. Happy Eating!



# HAPPY THANKSGIVING





**HM3 RICHARD GLENN:**  
Having been selected Petty Officer "SAILOR OF THE QUARTER" at this command for the quarter ending 30 September 1978, is to be accorded those privileges and distinctions which shall accrue to all those who distinguish themselves by their outstanding performance of duty and participation in those military, educational, social and religious activities which characterize good leadership and citizenship, awarded this sixteenth day of October, Nineteen Hundred and Seventy Eight.

# SAILORS OF THE QUARTER



**HN RAYMOND CAST:**  
Having been selected Non-Petty Officer "SAILOR OF THE QUARTER" at this command for the quarter ending 30 September 1978, is to be accorded those privileges and distinctions which shall accrue to all those who distinguish themselves by their outstanding performance of duty and participation in those military, educational, social and religious activities which characterize good leadership and citizenship, awarded this sixteenth day of October, Nineteen Hundred and Seventy Eight.

## HAIL & FAREWELL

HM2 EARL CHAMBERS: NRMC PORTSMOUTH  
HM3 DAVID LANDES: NRMC GLAKES  
HR RICHARD KNOBLAUCH: NAVRECDIS JOPLIN, MO.  
HA MIKE CARLSON: NSHS SAN DIEGO  
HR TODD LENEGAR: NSHS SAN DIEGO  
HM3 BRENT WHITE: 3rd FORCE SRR OKINAWA  
HM1 TOM TOMCZAK: NAS NORFOLK  
HM3 STEVE TURNER: NSHS SAN DIEGO  
HA WAYNE TURNER: NSHS SAN DIEGO  
HM3 MAUREEN LENINGTON: NSHS BETHESDA  
HM1 TROY RUPPERT: NAVSTA KEFLAVIK, ICE.  
HN EILEEN TAGGART: NHCS GLAKES  
HMC ROBERT HRDLICKA: NSHS SAN DIEGO  
HR STORMIE WATKINS: NHCS GLAKES  
DR DENNIS EDWARDS: DET HSETC SAN DEIGO  
HN TIMOTHY KIRKEY: NHCS GLAKES  
HM2 GINGER JACKSON: NRMC NEW ORLEANS  
HA GILLMAN DEMARS: NAVRECRUIT FERGUSON, MO.  
HM3 MICHAEL CUMMINGS: 2nd MARDIV FMF LANT  
HR TERESA COYNE: NHCS GLAKES  
HM MICHAEL FARNSTROM: LISHS PORTSMOUTH

LT LANCE MONROE: MCAS YUMA  
LT EARL MONTGOMERY: NAVAEROSPMEDINS PENSACOLA  
LT CARLTON CRUIT: 3rd FSSG FMF PAC OKINAWA  
LT MILAN IVANCIC: NMMC BETHESDA  
ENS JOHN HARRISON: NETC NEWPORT  
ENS NOREEN PAYONK: NETC NEWPORT

HM2 JOYCE THOMPSON: NRMC BERMUDA  
HM2 DANNY LAQUITAN: USS CLEVELAND LRD-7  
HM1 JIM SHERMERHORN: DISCH  
HN SCOTT SCHULTZ: NRMC GLAKES  
HM3 ROBERT ENNIS: RAD  
HM1 JAMES MCPHERSON: 2nd FSSG CAMP LEJUNE  
HM3 KEITH DWYER: RAD  
HM2 THOMAS YANCEY: FMF CAMP PENDLETON  
HM2 JOHN DOTTER: NMMC BETHESDA  
HM2 DAVID MARTIN: 1st MARDIV FMF LANT CAMP LEJUNE  
HM3 ALAN TAYLOR: RAD  
HM3 CHARLIE WEATHERS: DISCH  
HM3 STARLINO BARLAAN: NMMC BETHESDA  
HM3 DON CLEMENS: RAD  
HM3 LORA LEWIS: NSHS PORTSMOUTH  
HM2 DAN HOLLENKAMP: RAD  
HM3 DARREL JOHNSON: NAVHOSP GUANTANAMO  
HM3 REYES RINCON: NSHS SAN DIEGO

LTjg MICHAEL SIMPSON: RAD  
CAPT ALFONSO MANNARELLI: RES  
LT CYNTHIA HAGSTROM: NRMC LONG BEACH  
LTjg KORT MEYER: NRMC ORLANDO  
LT ALICE SCHROEDER: NRMC CAMP PENDLETON  
LT JEANNE HANNUM: DISCH

# Christmas Party

It's party time for NRMC's staff members (civilian and military alike).

The recreation committee has announced that a Christmas party is in the making for December 1 at the CPO Club.

For the price of three bits (75¢) for military and \$1.50 for civilians (per person), staff members and their spouses may enjoy the buffet dinner and all the free beer they can consume starting at 1900. Dinner will be served at 1930 and a band is scheduled to play at 2100.

Tickets may be purchased from the following personnel: HMC Cox Karen Carney, CDR Riddle, Steve Malizweski, Al Cadogan, Bob Norton, Jan Patton, Paula Turner, and Don Langlias.

Attire for the evening is semi-formal. Come join in the festivities.

# BOWLING UPDATE

TEAM	WON	LOST
#4 PHARMERS	29.5	06.5
#7 CHECKERS	23	13
#1 MSC's	22.5	13.5
#2	18.5	17.5
#3 EBONY II	17.5	19.5
#5 WGAS	12	24
#8 PHINO's	11	25
#6	10	26
HI AVE:	HERING	167
HI SER:	MALISZEWSKI	567
HI GAM:	STONE	220

30 DAYS HAS  
SEPTEMBER... APRIL,  
JUNE, & NOVEMBER....  
ALL THE REST  
HAVE 31, EXCEPT  
CPL MARTIN... WHO  
ONLY HAS 28...



100KSAFNS

# Systems

# FAIR

An Informal Affair

September brought about a new phase in educating our corpsmen here at NRMC and the Branch Clinic with the first System Fair.

Originated by CDR Smith and LT Hinger, these showings are set up to inform us of recent developments in medications and equipment with regard to their uses in patient treatments. During these demonstrations, representatives from pharmaceutical companies and hospital equipment companies present their latest solutions or aids to treating systemic problems. The first system covered was the genitourinary system.

October 19th was the second fair. Mr. Andy Boyles, Scherling Mr. Thomas Bloodgood, Penwalt, and Mr. Denny Parker, Ohio Medical Products, were on hand to present recent developments concerning the respiratory system.

According to CDR Smith, these fairs will be held monthly in Rm 009 at the Center and in the training room at the Branch Clinic. The November showing will pertain to the digestive system; in December the emphasis will be on the cardio-vascular system.

It's a "come and go" affair, so plan to stop by and learn what's the latest!



MR. THOMAS BLOODGOOD AND PENWALT DISPLAY INFORMATION ON NEW AND IMPROVED MEDICATIONS!



IF YOU DRINK, - DON'T DRIVE!

# FOOTBALL

They asked for it; they got it - tackle! Yes folks, it's been three years since the NAS Memphis complex has witnessed the painful aftermaths of a game of tackle. For the most part, the guys seemed to enjoy the bumps and bruises, especially those they handed out.

But, it was another story on the receiving end of the bruises. Coach Majni commented that if the season was any longer, they would have never made it. During the first scrimmage game against NATTC Maroons, Andrew 'Cat' Hairl was put out for the remaining season due to a knee injury. Jim Shadden suffered an abdominal injury, Barry Hood tore a ligament in his knee, Larry Gatlin ended the season with a knee injury which required surgery, and Rick Finnestad had problems keeping his chin out of the way, he had to have it sutured twice. It wasn't an uncommon sight to see the players limping around the Center after a game.

NRMC's last game was against the infamous NATTC Maroons which was a playoff game. However, NATTC took the lead 14 to 12 which ended the season for NRMC with a 1 and 5 record. Our win being against NATTC Outlaws 42 to 8.

Personnel participating in the 1978 football season from NRMC were: Mark Smith, Joe Smith Morris Moulton, Rick Yadevia, Jim Treitler, Jim Lombardo, Mike Kirby, Joe Johnson, David Windham, Dan McCrary, Dave Owens, Dale Roland, Steve McCleskey, Joe Weingarten, Don Langlias, Perry Payne, Richard Alvarado, Reyes Rincon, Tom Selman, and Norris Powell. Karen Carney was assistant coach.

# NOTICE

The long wait is over. Our hospital patches and mugs have arrived and can be purchased at Personalized Services in the Main Exchange or from HMCM Majni. The cups are running for \$3.50 while the patches are going for \$4.25.

# DOCTORS - DIFFER

## PROVING NEED FOR STANDARD LIST

Annually or semi-annually, the standard hospital abbreviations for NRMCMemphis are reviewed. The professional staff review these abbreviations and may suggest additions and/or deletions to the Standard List.

The results are then reviewed by the Medical Boards Committee and then submitted to the Executive Committee with recommendations for approval.

The following are some of the humorous and/or misinterpretations as the result of a Self-Test Quiz sent to Staff Members. The abbreviations used were ones that were received from the various services wishing to add to the Standard List.

<u>ABB.</u>	<u>QUIZ RESULTS</u>	<u>ACTUAL MEANING</u>
OCT	OCTAGONAL OCTOBER PRECEDES NOV	OXYTOCIN CHALLENGE TEST
DOE	DATE OF ENTRY DEAD ON ARRIVAL A FEMALE DEER	DYSPNEA ON EXERTION
TV	TELEVISION THE BOOB TUBE TOTAL VOLUME	TIDAL VOLUME
RV	RIGHT VENTRICLE RECREATIONAL VEHICLE	RECTOVAGINAL
CV	CURRICULUM VITAL CIVILIAN VEHICLE A BIG GREY SHIP	CARDIOVASCULAR
PCT	PERCENT	POST COITAL TEST
ARM	AN EXTREMITY THE TWO UPPER EXTREMITIES	ARTIFICIAL RUPTURE OF MEMBRANES
NIL	"0" ZERO VERY LITTLE SHORTEST	NOT IN LABOR
PEEP	WHAT LITTLE CHICKENS DO POSITIVE END PRESSURE	POSITIVE END-EXPIRED PRESSURE
PMB	PREMATURE BIRTH PREVIOUS MENSTRAL BLEEDING	POST MENOPAUSAL BLEEDING
IMF	INFERIOR MENTAL FORAMEN	INTERMAXILLARY FIXATION
PROM	HIGH SCHOOL DANCE PASSIVE RANGE OF MOTION PROLONGED RUPTURE OF MEMBRANES	PREMATURE RUPTURE OF MEMBRANES
NSVD	NON SPECIFIC VAGINAL DISCHARGE	NORMAL SPONTANEOUS VAGINAL DELIVERY
PNC	CHIEF PERSONNELMAN	PREMATURE NODAL CONTRACTIONS
SUI	GO PIG GO ARKANSAS BATTLECRY	STRESS URINARY INCONTINENCE
A. FIB	A "LITTLE" FALSEHOOD	ATRIAL FIBRILLATION

## ADVANCEMENTS

### SEPTEMBER

HM2

ANDREW FISHER  
VIVIAN GAMBLES  
RANDY HALL  
DAWN LAWING

HN

WILLIAM CARRASQUILLA  
TERRY GLIDEWELL  
WAYNE HARKINS  
PHILLIP MCCANCE  
CONNIE MORIARITY  
KEVIN REGAN  
JERRY SCOTT  
JIM TREITEER

HA

GLENN TURSKEY  
RICHARD KNOBLAUCH  
GILLMAN DEMARS

### OCTOBER

2nd CLASS

BRENDA DUENSING DT2  
KAREN CARNEY HM2

HN

DEBRA GRUMAN  
MICHAEL LAWLOR  
DOYLE SHARP

### NOVEMBER

HM1

CECIL BLACKMORE  
GEORGE BERNAL

HM2

RAYMOND DECKER  
MARK SMITH

HA

TERESA COYNE

DA

DENNIS EDWARDS

## Clipper Close-up:

# Patient Affairs

CHAMPUS, admissions, medevacs, active duty discharges, and the list of the various services rendered by LCDR Blackford and his staff in Patient Affairs goes on.

The Patient Affairs Department is one of the busiest sections in the Center. They operate between 0745 and 1630, Monday - Friday, in Room 222 with Medical Boards, TDRL's and the Medevac sections located in room 225.

11 civilians and 8 military personnel staff this multi-tasked department.

The major attraction in room 222, is the CHAMPUS office with Mr. Roscoe Brewer counseling active duty, retired and their dependents regarding CHAMPUS and other health/dental insurances including non-availability forms for care received from civilian sources. Mr. Brewer is also the Decedent Affairs Program Coordinator which consists of the administrative care of the deceased (death certificates, transfer paperwork, escort counseling and scheduling for movement).

Other desks located in room 222 include: Mrs. Arnette Allison's, the department's secretary; HM3 Frank Barby at the active duty discharge desk, and SSGT Ed Oliver, the Marine Liaison. The distribution desk is handled by HN Carl Powell. HM1 Dennis Halley is the senior corpsman.

Between rooms 222 and 225, five ladies sit and transcribe reports and forms for inpatient and outpatient care received at this Center. They are: Mrs. Eva Anderson, supervisor; Mrs. Barbara Ricketts; Ms. Elizabeth Fleming; Mrs. Lois Lindsey; and newcomer, Isabelle Storment.

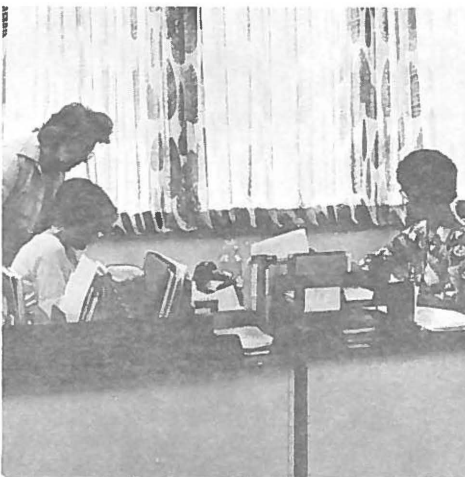
In room 223, ENC Stone, the Disability Evaluation Systems Counselor, Ms. Barbara Roesger, and HM2 Rodney Mantle compose the Medical Boards/TDRL (Temporary Retirement List) section. ENC Stone counsels active duty members being processed for medical boards prior, during and after board procedures. Barbara compiles and keeps the Medical Board files as well as routing and completeness.



Standing: HM3 Penny Halley, Mrs. Arnette Allison, & Mr. R. Brewer  
Front row: HN Carl Powell, HM3 Frank Barby & HN 'Rooster' Hamilton.



The Transcribing ladies: Elizabeth Flemming (sitting), Barbara Ricketts, Mrs. Eva Anderson, and Isabelle Storment. Not pictured: Lois Lindsey.



Irma Sutherland assists Myra Slover (on left). Polly McKay sits on the right.

HM2 Mantle schedules appointments and maintains records of treatment for personnel on the TDRL including receipt and endorsement of orders. He also has charge of the Medevac System where he coordinates all patient movement via the Aero-Medical Evacuation System to include preparation of orders, baggage security, and pre-flight counseling.

In the room off to the left as one walks into room 225, one will find the insurance counselor, HN 'Rooster' Hamilton, who counsels and prepares 3rd party claims for dependents and retirees. He also receives and prepares transmittals for patient records.

Myra Slover, Polly McKay, and Irma Sutherland compile and compare all this Center's patient statistical facts in the Medical Information Service. They also prepare minutes of most committee meetings, audit summaries, and maintain archives for all in patient records held at this Center.

The Admissions Desk, located in the Outpatient Department, is managed by HN Mario Carter who ensures proper admission procedures, maintains a log of all admissions, and sends out messages to other commands when active duty is admitted. The admission desk is operated day and night.

We've taken a look at some of the services provided by the P.A staff and found them to be numerous. The staff is confronted each day with new problems which task their ability to keep their cool, yet, somehow they manage to keep it together as problem after problem is brought to a solution. Patient Affairs continues to provide top notch service to NRMCM patients and The Clipper is proud to put them in the spot light this month. Keep up the good work gang!



Chief Stone and Barbara Roesger of the Medical Boards Section.