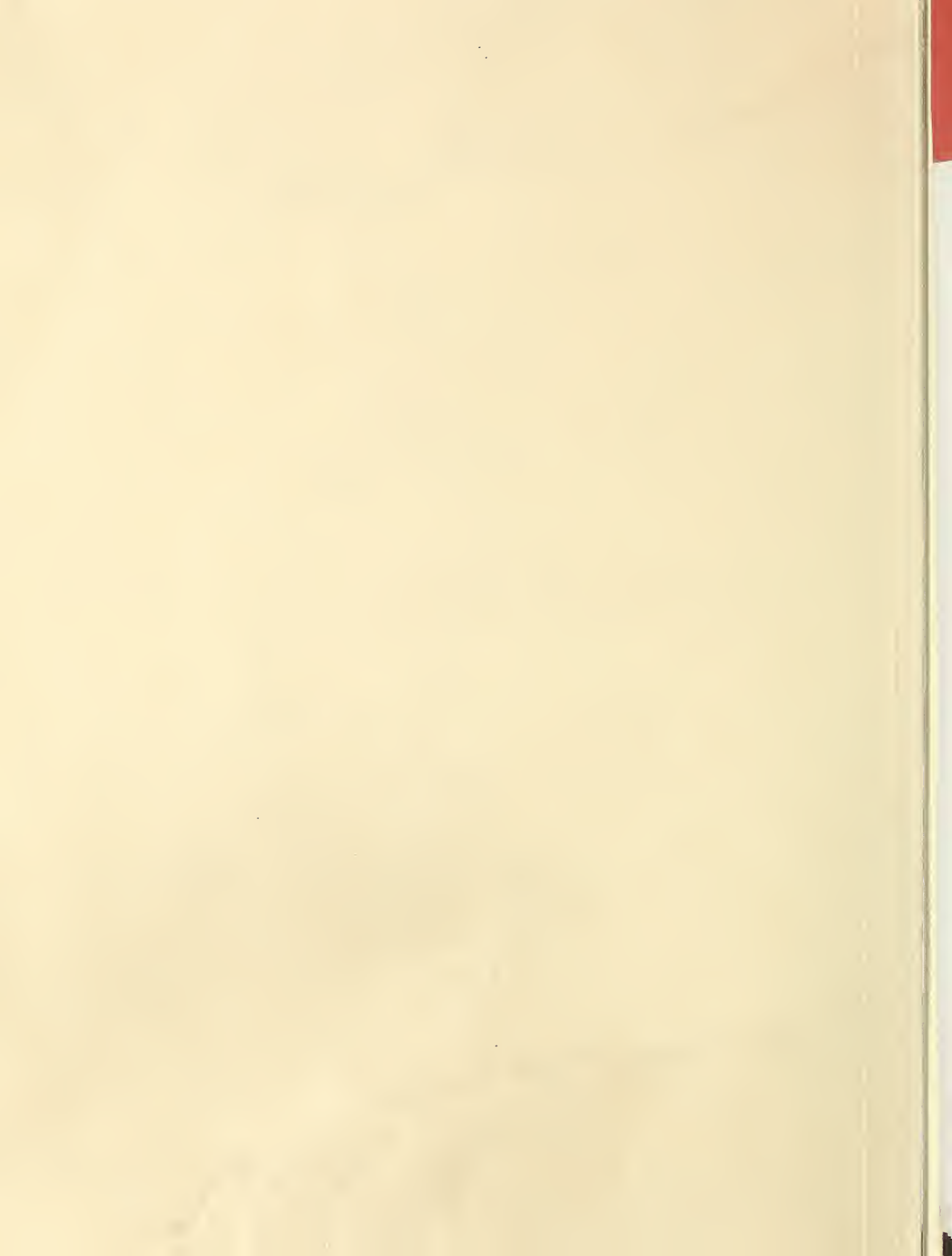


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Contacts for Assistance:

Local Contacts: (refer to your telephone directory)

Ask for the:

Dietetic Association (state or regional chapter)	Registered Dietitian
Extension Service (county or state)	Home Economist or Food and Nutrition Specialist
Health Department	Nutritionist
Hospital	Outpatient Nutrition Services or Registered Dietitian
College or University	Nutrition Department

National Contacts:

American College of Obstetricians and Gynecologists, Office of Public Information, 409 12th St., NW, Suite 250, Washington, DC 20024. (202) 638-5577.

Clearinghouse on Infant Feeding and Maternal Nutrition, American Public Health Association, 1015 15th St., NW, Washington, DC 20005. (202) 789-5600.

Food and Nutrition Information Center, National Agricultural Library, USDA, Room 304, 10301 Baltimore Blvd., Beltsville, MD 20705-2351. (301) 504-5719.

March of Dimes Birth Defects Foundation, 1275 Mamoroneck Ave., White Plains, NY 10605. (914) 428-7100.

National Center for Education in Maternal Child Health, 2000 15th St. North, Suite 701, Arlington, VA 22201-7802. (703) 524-7802.

National Center for Nutrition and Dietetics, The American Dietetic Association, 216 W. Jackson Blvd., Suite 800, Chicago, IL 60606-6995. (800) 366-1655.

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- Kathleen J. Motil, MD, PhD, USDA/ARS Children's Nutrition Research Center, Baylor College of Medicine, Houston, TX 77030.
- Kathleen Rasmussen, ScD, RD, Division of Nutritional Sciences, Cornell University, Ithaca, NY 14853.

- Carol West Sutor, DSc, RD, National Center for Education in Maternal Child Health, Georgetown University, Arlington, VA 22201.
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- Food and Nutrition Information Center staff

This *Nutri-Topics* was compiled by
Natalie Updegrave Partridge, MS, RD, Nutritionist
Food and Nutrition Information Center 1994

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