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Description of contents

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(7) Film no. _____ Sheet no. _____

(Compiled by *National Diet Library*)

第二表 体重增减表
Table No. 2 Loss or Gain of Bodyweight

地区別 松山市
Region Matsuyama

年齢 age	性別 sex	減 Loss			増 Gain			平 衡 unchange		計 Total
		定数 Number of cases	調査人数割合 Percentage	平均 Average	定数 Number of cases	調査人数割合 Percentage	平均 Average	定数 Number of cases	調査人数割合 Percentage	平均 Average
0	Male	0	0	0	2	40.0	(1.6) 0.8	3	60.0	5
1	Female	1	20.0	(1.9) 1.9	0	0	0	4	80.0	5
1	Total	1	10.0	(1.9) 1.9	2	20.0	(1.6) 0.8	7	70.0	10
2	Male	3	37.5	(8.8) 2.9	0	0	0	5	62.5	8
1	Female	2	25.0	(6.2) 3.1	1	12.5	(1.6) 1.6	5	62.5	8
5	Total	5	31.2	(15.0) 3.0	1	6.3	(1.6) 1.6	10	62.5	16
6	Male	1	20.0	(2.4) 2.4	1	20.0	(2.7) 2.7	3	60.0	5
1	Female	1	33.3	(2.4) 2.4	0	0	0	2	66.7	3
10	Total	2	25.0	(4.8) 2.4	1	12.5	(2.7) 2.7	5	62.5	8
11	Male	4	30.8	(20.0) 5.0	1	7.7	(2.5) 2.5	8	61.5	13
1	Female	1	33.3	(6.4) 6.4	0	0	0	2	66.7	3
15	Total	5	31.2	(26.4) 5.3	1	6.3	(2.5) 2.5	10	62.5	16
16	Male	1	12.5	(5.8) 5.8	1	12.5	(6.1) 6.1	6	75.0	8
1	Female	3	33.3	(23.6) 7.9	1	11.1	(8.3) 8.3	5	55.6	9
20	Total	4	23.5	(29.4) 7.4	2	11.7	(14.4) 7.2	11	64.8	17
21	Male	4	44.4	(41.6) 10.4	0	0	0	5	55.6	9

10	Male	1	20.0	(2.4) 2.4	1	20.0	(2.7) 2.7	3	60.0	5
	Female	1	33.3	(2.4) 2.4	0	0	0	2	66.7	3
	Total	2	25.0	(4.8) 2.4	1	12.5	(2.7) 2.7	5	62.5	8
11	Male	4	30.8	(20.0) 5.0	1	7.7	(2.5) 2.5	8	61.5	13
	Female	1	33.3	(6.4) 6.4	0	0	0	2	66.7	3
	Total	5	31.2	(26.4) 5.3	1	6.3	(2.5) 2.5	10	62.5	16
16	Male	1	12.5	(5.8) 5.8	1	12.5	(6.1) 6.1	6	75.0	8
	Female	3	33.3	(23.6) 7.9	1	11.1	(8.3) 8.3	5	55.6	9
	Total	4	23.5	(29.4) 7.4	2	11.7	(14.4) 7.2	11	64.8	17
21	Male	4	44.4	(41.6) 10.4	0	0	0	5	55.6	9
	Female	7	43.7	(45.2) 6.5	1	6.3	(6.1) 6.1	8	50.0	16
	Total	11	44.0	(86.8) 7.9	1	4.0	(6.1) 6.1	13	52.0	25
31	Male	4	33.3	(37.1) 9.3	1	8.3	(6.8) 6.8	7	58.4	12
	Female	9	69.2	(80.2) 8.9	0	0	0	4	30.8	13
	Total	13	52.0	(117.3) 9.0	1	4.0	(6.8) 6.8	11	44.0	25
41	Male	2	40.0	(13.6) 6.8	0	0	0	3	60.0	5
	Female	4	50.0	(41.0) 10.3	0	0	0	4	50.0	8
	Total	6	46.2	(54.6) 9.1	0	0	0	7	53.8	13
50	Male	3	50.0	(27.6) 9.2	0	0	0	3	50.0	6
	Female	5	41.7	(46.2) 9.2	0	0	0	7	58.3	12
	Total	8	44.4	(73.8) 9.2	0	0	0	10	55.6	18
合計	Male	27	38.0	(156.9) 5.8	6	8.5	(19.7) 3.9	38	53.5	71
	Female	33	42.9	(253.3) 7.7	3	3.9	(16.0) 5.3	41	53.2	77
	Total	60	40.5	(410.2) 6.8	9	6.1	(35.7) 4.0	79	53.4	148

* 体重, 増減, 標準に 10% を超過せしむる
 Figures show only the cases which were more than 10% either way
 the from standard.

症候發見調査表
Appearance of physical Symptoms

症狀別 Physical signs	年令 Age	13-15			16-20			20-30			31-40			41-50			計 Total
		男 Male	女 Female	計 Total	男 Male	女 Female	計 Total	男 Male	女 Female	計 Total	男 Male	女 Female	計 Total	男 Male	女 Female	計 Total	
1 徐脈 Bradycardia	被調査数 Number of Examinees	7	3	10	8	9	17	9	16	25	12	14	26	5	8	13	6
	症者数 Number of cases	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0
	率 Percentage																
2 月経遅延又は無月経 Delayed menstruation or amenorrhea	被調査数 Number of Examinees		5		12					11			5				
	症者数 Number of cases		0		0				0			1					
	率 Percentage		0		0				0			20.0					
3 乳汁分泌不良 Shortage of Lactation	被調査数 Number of Examinees		0		4					2			0				
	症者数 Number of cases		0		0				1			0					
	率 Percentage		0		0				50.0			0					
4 骨發育不全 Mal-growth of Bone	被調査数 Number of Examinees	0-1			2-5			6-10			11-15			16-20			21
	性 Sex	男 Male	女 Female	計 Total	男 Male	女 Female	計 Total	男 Male	女 Female	計 Total	男 Male	女 Female	計 Total	男 Male	女 Female	計 Total	男 Male
	健康者 Sound	5	10	8	8	16	5	3	8	13	3	16	8	9	17	9	1
有症者 Patient	0	0	0	0	0	0	0	0	0	3	0	3	1	2	3	1	

注 徐脈は満13以上、男女=付調査セルモノナリ
 月経遅延又は無月経は満17才-45才(但シ妊娠又は授乳中ノモノヲ除ク)
 母乳分泌不良ハ現ニ6ヶ月以内、乳児ヲ有スル母ニツイテ調査セルモノナリ
 骨發育不全ハ満6才以下、乳幼児ニツイテ調査セルモノナリ

Note
 No1 is the result of examination for men and women of over 13 years of age
 No2 is the result of Examination for Women of age between 17 and 45 years, ex
 No3 is the result of Examination for Mothers who has infants less than 6 months
 No4 is the result of Examination for the children less than 6 years of age.

發見調査表
physical Symptoms

共 1 二
part 2

地區別 松山市
Region

30		31		40		41		50		51		計														
♀	計	♂	計	♀	計	♂	計	♀	計	♂	計	♂	♀	計												
Female	Total	Male	Total	Female	Total	Male	Total	Female	Total	Male	Total	Male	Female	Total												
16	25	12	14	26	5	8	13	6	12	18		47	62	109												
0	0	0	0	0	0	0	0	0	0	0		0	0	0												
0	0	0	0	0	0	0	0	0	0	0		0	0	0												
40		41		50			計 Total																			
11		5												33												
0		1												1												
0		20.0												30.3												
2		0												6												
1		0												1												
50.0		0												16.7												
10		11		15		16		20		21		30		31		40		41		50		51		計		
♀	計	♂	計	♀	計	♂	計	♀	計	♂	計	♀	計	♂	計	♀	計	♂	計	♀	計	♂	計	♂	♀	計
Female	Total	Male	Total	Female	Total	Male	Total	Female	Total	Male	Total	Female	Total	Male	Total	Female	Total	Male	Total	Female	Total	Male	Total	Male	Female	Total
3	8	13	3	16	8	9	17	9	16	25	12	14	26	5	8	13	6	12	18	71	78	149				
3	8	10	3	13	7	7	14	8	13	21	11	11	22	5	5	10	5	12	17	64	67	131				
100	100	76.9	100	81.2	87.5	77.8	82.4	88.9	81.2	84.0	91.7	78.6	86.6	100	62.5	77.9	83.3	100	94.4	90.1	85.9	89.9				
0	0	3	0	3	1	2	3	1	3	4	1	3	4	0	3	3	1	0	1	7	11	18				
0	0	23.1	0	18.8	12.5	22.2	17.6	11.1	18.8	16.0	8.3	21.4	13.4	0	37.5	22.1	16.7	0	5.6	9.9	14.1	12.1				

ハ授乳中ノモヲ除ク
ニ調査セルモナリ

of women of over 13 years of age
of age between 17 and 45 years, excluding expected women and women child-beti
who has infants less than 6 months
children less than 6 years of age.

ト	①④⑦	"																		
チ	①④⑤⑦	"																		
リ	①⑤⑦	"																		
ヌ	②③④	中何カーツ又ハツル答	71	78	149	6	10	16	8.7	12.8	10.7									
ル	④ト⑤	症状ヲ同時ニ有スル																		
ヲ	⑤ト⑦	"																		
フ	⑥⑪	何カーツ又ハニツアル																		
カ	⑥⑫	症状ヲ同時ニ有スルモ																		
ヨ	①④⑤⑦⑨	症状ヲ有スル																		
タ	①⑤⑨	"																		
レ	①⑨	"																		
ソ	④⑤⑨	症状ヲ有スル																		
ツ	④⑨	"																		
ネ	⑤⑨	"																		

注(1) ①②③④⑤⑥⑦⑨⑪⑫ハ栄養状態調査票中、各症状番号ヲ示ス。

注(2) ①ヨリ⑦迄ハ男女全調査員ニ提出シ得ル症候ニツキ、被調査者数ハ全調査者ニ亘ル
 従ツテ、①ヨリ⑦迄、被調査者数ハ同一ナル

⑦⑪⑫ハ、6才以下ノ男女ニツイテノ見出シ得ル症候ニツキ、被調査者数ハ6才以下ノ男女ニ限り
 又拾ヒ出ス場合ニモ6才以下ヲ探當スレバヨイ。

③ヨリ⑫マデ、同ハ⑨ノ症状ヲ具有スルモノニシテ、⑨ハ13才以上ノ男女ニツイテノ調査セル
 症状ナルヲ以テ、被調査者数ハ13才以上ノ男女ニ限定カレル。従ツテ12才以下ノ男女ニ付テ
 調査票ヲ拾フ必要ハナシ。

集計第二表

食品別・入手別集計表(三日間延)

No.

食品名		區域		調査世帯數							
世帯 番 號	配 給 瓦	自由購入 瓦	自家生産 瓦	其ノ他 瓦	計 瓦	世帯 番 號	配 給 瓦	自由購入 瓦	月家生産 瓦	其ノ他 瓦	計 瓦
2						28					
3						29					
4						30					
5						31					
6						32					
7						33					
8						34					
9						35					
10						36					
11						37					
12						38					
13						39					
14						40					

第二表 体重增减表
Table No.2 Loss or Gain of Bodyweight

地区别 宇和島市
Region

年齢 Age	性別 Sex	減 Loss			増 Gain			平 衡 unchange		計 Total
		実数 Number of cases	調査人数に対する割合 Percentage	平均 Average	実数 Number of cases	調査人数に対する割合 Percentage	平均 Average	実数 Number of cases	調査人数に対する割合 Percentage	平均 Average
0	男 Male	2	22.2	(2.5) 1.3	1	11.1	(1.9) 1.9	6	66.7	9
1	女 Female	2	22.2	(3.5) 1.8	3	33.3	(5.1) 1.7	4	44.5	9
1	計 Total	4	22.2	(6.0) 1.5	4	22.2	(9.0) 1.8	10	55.6	18
2	男 Male	2	40.0	(4.0) 2.0	1	20.0	(1.7) 1.7	2	40.0	5
1	女 Female	0	0	0	1	12.5	(1.7) 1.7	7	87.5	8
5	計 Total	2	15.4	(4.0) 2.0	2	15.4	(1.7) 1.7	9	69.2	13
6	男 Male	1	16.7	(2.2) 2.2	2	33.3	(5.2) 2.6	3	50.0	6
1	女 Female	0	0	0	2	33.3	(5.4) 2.7	4	66.7	6
10	計 Total	1	8.3	(2.2) 2.2	4	33.2	(10.6) 2.7	7	58.5	12
11	男 Male	1	20.0	(4.2) 4.2	2	40.0	(9.4) 4.7	2	40.0	5
1	女 Female	0	0	0	2	40.0	(13.4) 6.7	3	60.0	5
15	計 Total	1	10.0	(4.2) 4.2	4	40.0	(22.8) 5.7	5	50.0	10
16	男 Male	1	12.5	(6.2) 6.2	2	25.0	(13.3) 6.7	5	62.5	8
1	女 Female	0	0	0	1	9.1	(5.0) 5.0	10	90.9	11
20	計 Total	1	5.3	(6.2) 6.2	3	15.8	(18.3) 6.1	15	78.9	19
21	男 Male	1	12.5	(8.4) 8.4	0	0	0	7	87.5	8

0	Male	1	16.7	(2.2) 2.2	2	33.3	(5.2) 2.6	3	50.0	6
1	Female	0	0	0	2	33.3	(5.4) 2.7	4	66.7	6
10	Total	1	8.3	(2.2) 2.2	4	33.2	(10.6) 2.7	7	58.5	12
11	Male	1	20.0	(4.2) 4.2	2	40.0	(9.4) 4.7	2	40.0	5
1	Female	0	0	0	2	40.0	(13.4) 6.7	3	60.0	5
15	Total	1	10.0	(4.2) 4.2	4	40.0	(22.8) 5.7	5	57.0	10
16	Male	1	12.5	(6.2) 6.2	2	25.0	(13.3) 6.7	5	62.5	8
1	Female	0	0	0	1	9.1	(5.0) 5.0	10	90.9	11
20	Total	1	5.3	(6.2) 6.2	3	15.8	(18.3) 6.1	15	78.9	19
21	Male	1	12.5	(8.4) 8.4	0	0	0	7	87.5	8
1	Female	5	21.8	(32.0) 6.4	4	17.4	(24.2) 6.1	14	60.8	23
30	Total	6	17.5	(40.4) 6.7	4	13.0	(24.2) 6.1	21	67.5	31
31	Male	6	50.0	(47.4) 7.9	0	0	0	6	50.0	12
1	Female	4	36.4	(29.1) 7.3	1	9.1	(6.6) 6.6	6	54.5	11
40	Total	10	43.5	(76.5) 7.7	1	4.4	(6.6) 6.6	12	52.1	23
41	Male	0	0	0	0	0	0	8	100.0	8
1	Female	2	28.6	(13.5) 6.3	1	14.3	(5.5) 5.5	4	57.1	7
50	Total	2	13.3	(13.5) 6.3	1	6.7	(5.5) 5.5	12	80.0	15
50	Male	3	23.1	(22.4) 7.5	0	0	0	10	76.9	13
1	Female	5	35.8	(42.6) 8.5	1	7.1	(5.5) 5.5	8	57.4	14
4	Total	8	29.6	(65.0) 8.1	1	3.7	(5.5) 5.5	18	66.7	27
合計	Male	17	23.0	(97.3) 5.7	8	10.8	(31.5) 3.9	49	66.2	74
	Female	18	19.2	(120.7) 6.7	16	17.0	(72.4) 4.5	60	63.8	94
	Total	35	20.8	(218.0) 6.2	24	14.3	(103.9) 4.3	109	64.9	168

* 体重, 増減, 標準より 10% を超過せしもの

Figures show only the cases which were more than 10% either way the from standard.

症候發見調査表
Appearance of physical Symptoms

症狀別 Physical signs	年令 Age	13-15			16-20			20-30			31-40			41-50			51-		
		性 Sex	男 Male	女 Female	計 Total	男 Male	女 Female	計 Total	男 Male	女 Female	計 Total	男 Male	女 Female	計 Total	男 Male	女 Female	計 Total	男 Male	女 Female
1 徐脈 Bradycardia	被調査者数 Number of Examinees		4	3	7	8	11	19	8	23	31	12	13	25	8	7	15	13	14
	有症者数 Number of Cases		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
	比 Percentage																		
2 月経遅延又ハ 無月経 Delayed menstruation amenorrhoea	被調査者数 Number of Examinees			9		15			6				2						
	有症者数 Number of Cases			0		0			0				0						
	比 Percentage																		
3 母乳分泌不良 of Lactation	被調査者数 Number of Examinees			0		1			0				0						
	有症者数 Number of Cases			0		0			0				0						
	比 Percentage																		
4 骨發育不全 Mal-growth of Bone	被調査者数 Number of Examinees																		
	有症者数 Number of Cases																		
	比 Percentage																		
	年令 Age	0-1			2-5			6-10			11-15			16-20			21-		
	性 Sex	男 Male	女 Female	計 Total	男 Male	女 Female	計 Total	男 Male	女 Female	計 Total	男 Male	女 Female	計 Total	男 Male	女 Female	計 Total	男 Male	女 Female	計 Total
	被調査者数 Number of Examinees	9	9	18	5	8	13	6	6	12	5	5	10	8	11	19	8	2	10
健康者 Sound	有症者数 Number of Cases	8	9	17	4	8	12	6	6	12	5	5	10	8	10	18	8	2	10
	比 Percentage	88.9	100.0	94.4	80.0	100.0	92.3	100.0	100.0	100.0	100.0	100.0	100.0	100.0	90.9	94.7	100.0	90.9	100.0
有症者 Patient	有症者数 Number of Cases	1	0	1	1	0	1	0	0	0	0	0	0	0	1	1	0	0	0
	比 Percentage	11.1	0	5.6	20.0	0	7.7	0	0	0	0	0	0	0	9.1	5.3	0	0	0

注 徐脈ハ満13以上、男女ニ付調査セルモノナリ
月経遅延又ハ無月経ハ満17才-45才(但シ妊娠又ハ授乳中ノモノヲ除ク)
母乳分泌不良ハ現ニ6才以内、乳児ヲ有スル母ニツイテ調査セルモノナリ
骨發育不全ハ満6才以下、乳幼児ニツイテ調査セルモノナリ

Note

No 1 is the result of examination for men and women of over 13 years of age
No 2 is the result of examination for women of age between 17 and 45 years,
No 3 is the result of examination for mothers who have infants less than 6 months
No 4 is the result of examination for the children less than 6 years of age.

ナ	①④⑤⑦										
リ	①⑤⑦										
又	②③④	中何カーツ又ハ ツレ以上アイル	74	96	170	0	3	3	0	3.1	1.7
ル	④⑤	症状ヲ同時ニ有スルモ	74	96	170	0	2	2	0	2.1	1.2
ヲ	⑤⑦										
ワ	⑥⑪	何カーツ又ハニツ アイルモ									
カ	⑥⑫	症状ヲ同時ニ有スルモ									
ヨ	①④⑤⑦⑨	症状ヲ有スルモ									
タ	①⑤⑨										
レ	①⑨										
ソ	④⑤⑨	症状ヲ有スルモ									
ツ	④⑨										
ネ	⑤⑨										

注(1) ①②③④⑤⑥⑦⑧⑨⑩⑪⑫ハ、栄養状態調査中、各症状番號ヲ示ス

注(2) (イ)ヨリ(ワ)迄、男女調査員ニ提出シ得ル症候ニツキ被調査者数ハ全調査者ニ画ル
 從ツテ(イ)ヨリ(ワ)迄、被調査者数ハ同一ナル

カ、⑫ハ、6才以下、男女ニツキテ見出シ得ル症候ニツキ、被調査者数ハ6才以下、男女ニ限リ
 又、拾ヒ出ス場合ニモ6才以下ヲ探当スレバヨイ

ヨヨリ(ネ)マデノ箇ハ⑨ノ症状ヲ具有スルモニテ⑨ハ13才以上、男女ニツキテ調査セル
 症状ナルヲ以テ被調査者数ハ13才以上、男女ニ限定サレリ。從ツテ12才以下、男女ニ付テ
 調査票ヲ拾フ必要ハナシ

第二表 体重增减表
Table No. 2 Loss or Gain of Bodyweight

地区別 清水村
Region

年齡 age	性別 sex	減 Loss			增 Gain			平均 Average		計 Total
		定数 Number of cases	調査人算対比割合 Percentage	平均 Average	定数 Number of cases	調査人算対比割合 Percentage	平均 Average	定数 Number of cases	調査人算対比割合 Percentage	
0	男 Male	3	18.8	(6.4) 2.1	2	12.5	(3.2) 1.6	11	68.7	16
1	女 Female	2	25.0	(2.5) 1.3	0	0	0	6	75.0	8
1	計 Total	5	79.1	(8.9) 1.8	2	8.3	(3.2) 1.6	17	70.8	24
2	男 Male	2	16.1	(6.8) 3.4	5	22.8	(12.2) 2.4	11	61.1	18
1	女 Female	2	16.7	(6.2) 3.1	0	0	0	10	83.3	12
5	計 Total	4	13.3	(13.0) 3.3	5	16.7	(12.2) 2.4	21	70.0	30
6	男 Male	0	0	0	6	26.1	(15.4) 2.6	17	73.9	23
1	女 Female	0	0	0	5	23.8	(14.2) 2.8	16	76.2	21
10	計 Total	0	0	0	11	25.0	(29.6) 2.7	33	75.0	44
11	男 Male	0	0	0	7	43.8	(31.0) 4.4	9	56.2	16
1	女 Female	0	0	0	9	47.4	(46.7) 5.2	10	52.6	19
15	計 Total	0	0	0	16	45.7	(77.7) 4.9	19	54.3	35
16	男 Male	1	6.7	(5.1) 5.1	2	13.3	(12.7) 6.4	12	80.0	15
1	女 Female	0	0	0	3	15.8	(20.7) 6.9	16	84.2	19
20	計 Total	1	2.9	(5.1) 5.1	5	14.7	(33.4) 6.7	28	82.4	34

5	Total	4	13.3	3.3	5	16.7	24	21	70.0	20
6	Male	0	0	0	6	26.1	(15.4) 216	17	73.9	23
1	Female	0	0	0	5	23.8	(14.2) 218	16	76.2	21
10	Total	0	0	0	11	25.0	(29.6) 227	33	75.0	44
11	Male	0	0	0	7	43.8	(31.0) 44	9	56.2	16
1	Female	0	0	0	9	47.4	(46.7) 5.2	10	52.6	19
15	Total	0	0	0	16	45.7	(77.7) 4.9	19	54.3	35
16	Male	1	6.7	(5.1) 5.1	2	13.3	(12.7) 6.4	12	80.0	15
1	Female	0	0	0	3	15.8	(20.7) 6.9	16	84.2	19
20	Total	1	2.9	(5.1) 5.1	5	14.7	(33.4) 6.7	28	82.4	34
21	Male	0	0	0	2	10.5	(15.9) 8.0	17	89.5	19
1	Female	4	23.6	(25.6) 6.4	3	17.6	(20.9) 7.0	10	58.8	17
30	Total	4	11.1	(25.6) 6.4	5	13.9	(36.8) 7.4	27	75.0	36
31	Male	4	18.2	(29.1) 7.3	2	9.1	(14.9) 7.5	16	72.7	22
1	Female	4	16.0	(25.0) 6.3	4	16.0	(38.2) 9.6	17	68.0	25
40	Total	8	17.0	(54.1) 6.8	6	12.8	(53.1) 8.9	33	70.2	47
41	Male	1	5.0	(9.5) 9.5	1	5.0	(8.1) 8.1	18	90.0	20
1	Female	1	9.1	(10.8) 10.8	4	36.4	(32.2) 8.1	6	54.5	11
50	Total	2	6.5	(20.3) 10.2	5	16.1	(40.3) 8.1	24	77.4	31
50	Male	2	11.1	(16.5) 8.3	1	5.6	(7.7) 7.7	15	83.3	18
1	Female	7	38.9	(51.6) 7.4	2	11.1	(13.4) 6.7	9	60.0	18
1	Total	9	25.1	(68.1) 7.6	3	8.3	(21.1) 7.0	24	66.7	36
合計	Male	13	7.8	(73.4) 5.6	28	16.8	(121.1) 4.3	126	75.4	167
合計	Female	20	13.3	(121.7) 6.1	30	20.0	(186.3) 6.2	100	66.7	150
合計	Total	33	10.4	(195.1) 5.9	58	18.3	(307.4) 5.3	226	71.3	317

* 体重, 増減, 標準に 10% を超過せしむ

Figures show only the cases which were more than 10% either way the from standard.

症候發見調查表 其一
Physical Symptoms (Part 1.)

症狀	年 age 令	0 - 1			2 - 5			6 - 10			11 - 15			16 - 20			21 - 30		
		性 sex	男 Male	女 Female	計 Total	男 Male	女 Female	計 Total	男 Male	女 Female	計 Total	男 Male	女 Female	計 Total	男 Male	女 Female	計 Total		
Symptoms	被調查者數 No. of exams	16	8	24	18	12	30	23	21	54	16	19	35	15	19	34	19	22	41
貧血 Anemia	有症者數 Number of cases				1	0	1												
	比率 Percentage				5.6	0	3.3												
主汗性角化症 Hyperkeratosis	有症者數 Number of cases																		
	比率 Percentage																		
角膜乾裂症 Xerosis Corneae	有症者數 Number of cases																		
	比率 Percentage																		
口角炎 cheilosis	有症者數 Number of cases																		
	比率 Percentage																		
舌炎口內炎 Stomatitis	有症者數 Number of cases																		
	比率 Percentage																		
眼皮下垂 Loss of H. nagecks	有症者數 Number of cases																		
	比率 Percentage																		
浮腫 Edema	有症者數 Number of cases																		
	比率 Percentage																		
慢性下痢 Chronic Diarrhea	有症者數 Number of cases	1	0	1	1	1	2										0	1	1
	比率 Percentage	6.3	0	4.2	5.6	8.3	6.7										0	4.5	2.4

症候發見調査表
Appearance of physical Symptoms

症狀別 Physical signs	年令 Age	13-15			16-20			20-30			31-40			41-50			51
		男	女	計	男	女	計	男	女	計	男	女	計	男	女	計	
Sex		Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total	
1 徐脈 Bradycardia	被調査数 Number of Examinations	7	11	20	15	19	34	19	22	41	22	27	49	20	11	31	
	有症者数 Number of cases	0	0	0	1	0	1	0	1	1	0	1	1	1	1	2	
	比 Percentage	0	0	0	6.7	0	2.9	0	4.5	2.4	0	3.7	2.0	5.0	9.0	6.4	
	年令 Age	17-20			21-30			31-40			41-50						
2 経遅延又ハ 遅月経 Delayed menstruation amenorrhoea	被調査数 Number of Examinations		11			16			18			8					
	有症者数 Number of cases		1			4			3			2					
	比 Percentage		9.1			25.0			16.7			25.0					
3 乳分泌不良 of Lactation	被調査数 Number of Examinations		0			1			5			0					
	有症者数 Number of cases		0			0			2			0					
	比 Percentage																
	年令 Age	0-1			2-6												
	性 Sex	男	女	計	男	女	計	男	女	計	男	女	計	男	女	計	
	Sex	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total	
4 骨發育不全 Mal-growth of Bone	被調査数 Number of Examinations	6	8	24	18	12	30	23	21	54	16	19	35	15	19	34	
	有症者数 Number of cases	15	8	23	16	11	27	23	21	44	16	19	35	14	18	32	
	比 Percentage	93.3	100.0	95.7	87.5	90.9	90.0	100.0	100	100	100	100	100	93.3	94.7	94.2	
健康者 Sound	有症者 Patient	1	0	1	2	3	0	0	0	0	0	0	0	1	1	2	
		6.7	0	4.3	12.5	9.1	10.0	0	0	0	0	0	0	6.7	5.3	5.8	

注 徐脈ハ満13以上ノ男女ニ付調査セルモノナリ
 経遅延又ハ遅月経ハ満17才-45才(但シ妊娠又ハ授乳中ノモノヲ除ク)
 乳分泌不良ハ現ニ6ヶ月以内ノ乳児ヲ有スル母ニツイテ調査セルモノナリ
 骨發育不全ハ満6才以下ノ乳児ニツイテ調査セルモノナリ

Note

No 1 is the result of examination for men and women of over 13 years of age
 No 2 is the result of examination for women of age between 17 and 45 years.
 No 3 is the result of examination for mothers who has infants less than 6 months
 No 4 is the result of examination for the children less than 6 years of age.

發見調查表 其二
physical Symptoms part 2

地區別 清水町
Region

30		31		40		41		50		51		計					
♀	計	♂	♀	計	♂	♀	計	♂	♀	計	♂	♀	計	♂	♀	計	
Female	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total	
22	41	22	27	49	20	11	31	18	18	36				103	108	211	
1	1	0	1	1	1	1	2	3	2	5				5	5	10	
4.5	24	0	3.7	2.0	5.0	9.0	6.4	16.7	11.1	13.9				4.9	4.6	4.7	
40		41		50			計			Total							
18		8															
3		2															
16.7		25.0															
5		0															
2		0															
															計	Total	
															♂	♀	計
															Male	Female	Total

10		11		15		16		20		21		30		31		40		41		50		51		計				
♀	計	♂	♀	計	♂	♀	計	♂	♀	計	♂	♀	計	♂	♀	計	♂	♀	計	♂	♀	計	♂	♀	計	♂	♀	計
Female	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total
21	54	16	19	35	15	19	34	19	22	41	22	27	49	20	11	31	18	18	36	167	157	324						
21	44	16	19	35	14	18	32	19	16	35	21	21	42	18	8	26	14	16	30	156	138	294						
100	100	100	100	100	92.3	94.7	94.2	100.0	72.7	85.4	95.5	77.8	85.7	90.0	72.7	83.9	77.8	88.9	83.3	93.4	87.9	92.7						
0	0	0	0	0	1	1	2	0	6	6	1	6	7	2	3	5	4	2	6	11	19	30						
0	0	0	0	0	6.7	5.3	5.8	0	27.3	14.6	4.5	22.2	14.3	10.0	27.3	16.1	22.2	11.1	16.7	6.6	12.1	9.3						

授乳中(モ)ヲ除ク
調査セルモトナリ

women of over 13 years of age
of age between 17 and 45 years, excluding expected women and women child-birth
who has infants less than 6 months
children less than 6 years of age.

集計第二表

食品別・入手別集計表(三日間延)

No.

食品名		區域		調查世帯數							
世帯番號	配給 瓦	自由購入 瓦	自家生産 瓦	其ノ他 瓦	計 瓦	世帯番號	配給 瓦	自由購入 瓦	月家生産 瓦	其ノ他 瓦	計 瓦
1						27					
2						28					
3						29					
4						30					
5						31					
6						32					
7						33					
8						34					
9						35					
10						36					
11						37					
12						38					
13						39					

公保第一〇一九號

昭和三年九月六日

愛媛縣衛生部公衆保健課長

愛媛軍政部中



國民栄養調査八月の結果報告書

標記國民栄養調査八月分の集計を別紙の通り取纏めを報告す

る

愛媛県

昭和三十三年八月分栄養調査表教

愛媛縣

775013

DECLASSIFIED E.O. 12065 SECTION 3-402/NNDC NO.

愛 媛 縣

職業別	地 区 名	松 山 市	通 町	新 和 島 市	明 倫 校 区	越 智 郡	高 水 町
官 公 吏			6		5		3
教 員			6		3		1
會 社 員			12		9		2
商 業			5		8		1
醫 師			1		5		2
勞 働 者			2		3		2
自 由 業			2		1		
農 業					2		44
學 職			6		1		4

775013

DECLASSIFIED E.O. 12065 SECTION 3-402/NNDG NO.

國民營養調查職業別攝取量調查結果報告

一人一日攝取量

弘前市通町

職業名	配給		自由購入		自家生産		其他		合計		脂肪	全水素
	数量	蛋白 熱量	数量	蛋白 熱量	数量	蛋白 熱量	数量	蛋白 熱量	数量	蛋白 熱量		
官公吏	469.5	27.5 100.88	451.66	41.16 89.8	486.83	3.5 100.33	100.16	5.33 81.83	126.8	76 194.75	17.66	369.66
教官	505.83	32.16 111.8	358.5	28.6 40.38	376	1.33 19.66	79.66	3.33 46.16	129.7	72.5 176.8	17.5	129.33
會社員	519.66	26.58 107.8	550.4	131.41 45.78	101.91	2.83 54.08	73.83	2.16 96.58	149.24	63.25 110.85	12.23	346.25
商業	425.2	21.4 94.36	569.8	26.4 53.78	202.6	7 234.2	23.8	2.6 47	124.4	57.4 179.4	12.4	358.4
醫師	311	21 88.4	770	69 90.2	13	0 4	70	1 11	116.4	91 190.1	19	315
労働者	594.5	32.5 141.9	585	61 72.85	180	6 12.9	65	4 61	144.5	102.5 230.75	26.5	419
自由業	273.5	24 92.5	437.5	23.5 52.45	483.5	13.5 27.5	108.5	16.5 250	129.8	77.5 1190.5	11	291.5
無職	510.5	32.16 120.4	449.33	31 33.4	277.16	11.16 26.9	41.5	2.803 55.16	127.3	92.83 189.4	19.5	473

愛 媛 縣

成人一人一日攝取量

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DECLASSIFIED E.O. 12065 SECTION 3-402/NNDG NO.

醫師	311	21	884	770	89	902	13	0	4	70	1	71	1164	91	19	119	315	
勞働者	584.5	325	1419	585	61	7285	180	6	129	85	25	11	1495	102.5	23	75	26.5	419
自由業	273.5	24	926.5	437.5	23.5	524.5	483.5	13.5	279.5	108.5	16.5	150	1298	77.5	180.5	11	291.5	
兼職	510.5	32.16	1204.83	449.33	31	334	277.16	11.16	269.16	41.5	2.803	55.16	1273.3	92.83	188.8	19.547		

愛 媛 縣

成人一人一日之摂取量

職別	配給		自由購入		自家生産		その他		合計	
	蛋白	熱量	蛋白	熱量	蛋白	熱量	蛋白	熱量	蛋白	熱量
官公吏	29.5	1346.83	45.16	1940.84 5245	3.66	117	5.83	104	24.16	2407.6
教官	34.83	1318	31	476.83	9.3	233.5	3.83	75.5	78.83	210.33
會社員	27.84	1296.70	33.15	689.61	3.46	646.9	2.30	72.15	66.69	2123.5
商業	24	1216.2	27.0	653.8	8.0	316.8	3	53.6	62.0	2442.4
区師	28	1262	93	1208	0	6	0	16	121	2573
勞働者	27.5	1250	33.5	358	7.5	155	4.0	72.5	72.5	1838.5
自由業	28.5	1213.5	25.5	617	13.5	310	16.5	166.5	84	2311
兼職	38.16	1646.33	38	311.6	14.5	386.33	28.33	77.8	86	266.5

775013

DECLASSIFIED E.O. 12065 SECTION 3-402/NNDG NO.

國民栄養調査職業別摂取量調査結果報告

一人一日摂取量

昭和島市

職別	既給		自給購入		自家生産		その他		合計								
	数量	蛋白	熱量	数量	蛋白	熱量	数量	蛋白	熱量	数量	蛋白	熱量	脂肪	水分			
官公吏	352.10	27.2	1077	395	420	4956	3654	7.4	190	78.6	15.8	59.2	126.16	74.4	1900	22.4	370.4
教官	178.33	10	461.66	60.8	31	1027.63	349.33	5	168.66	69.66	9.33	178.33	1190.33	65.33	1039.66	20	349
会社員	408.44	28.33	1122.11	465.77	2855	622.88	253	5.33	601.77	49.33	2.33	46.88	1165.22	172.55	1298.66	92.33	359.74
高業	308.54	23	922.37	591.37	119.75	932.63	19.75	1.25	158.7	16.37	1.04	86.63	1129.44	67.59	1106.7	17.37	39.95
医師	413.4	24.8	1046.8	33.2	714.2	99.2	3.4	73.2	123	8.8	63.8	1052.4	70.2	200.8		5.6	376.2
その他	345	28	1061	578.66	27	70.8	93.33	2.33	86	39.33	2	35.33	1035	69.33	1140.3	13	370.33
自由業	436	31	1425	916	39	430						1352	70	1355	16	358	
農業	142	1.5	369.5	253.5	38	532.5	619	22	903.5	5.11	2	27	1040.5	19.5	172.4	16	329.5
業職	445	23	1293	757	30	563	1242	21	911			2446	74	2717	21	550	

愛媛県

成人一人一日摂取量

既給	自給購入	自家生産	その他	合計
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775013

DECLASSIFIED E.O. 12065 SECTION 3-402/NNDCG NO.

労働者	245	24.8	1061	571.6	27	70.8	1500	2.33	86	39.83	3823	1035	6233	1140	10	3700
自由業	436	31	1425	916	39	430					1352	70	1855	16		358
農業	442	1.3	369.5	253.5	38	532.5	619	22	903.5	5.11	27	104.05	18.5	172.6	16	228.5
無職	445	23	1293	757	30	563	1240	21	911		3446	7.4	2717	21		550

愛 媛 縣

成人一日摂取量

職別	配給		自由購入		自給生産		其の他		合計	
	蛋白	熱量	蛋白	熱量	蛋白	熱量	蛋白	熱量	蛋白	熱量
官公吏	32.4	1323.4	27.8	638.2	9.0	210.4	20.2	190.8	89.8	2362.6
教員	12	610.33	52	1058	6.66	225.66	6.2	214.33	78	2405
会社員	46.11	1520	33.11	794.33	5.88	142.5	2	49.11	72.11	2555
高学	11	1358	35	260.66	1.66	29.66	3	26.33	72.11	2190.33
醫師	28.04	1516.8	38.8	926.6	3.8	93.8	10	81	83	2558.2
労働者	33.33	773.6	30	490	1.6	26	1.6	30.8	46.4	1316.4
自由業	33	1695	41	510					74	2205
農業	15	527.5	48.55	240	26.55	471.5	2.5	38.5	86	2277.5
無職	31	1775	41	904	29	1301			101	3880

國民栄養調查職業別攝取量調查結果報告
一人一日攝取量

越智郡清水村

職別	配給		自由購入		自家生産		その他		合計		脂質	食塩					
	数量	蛋白質	数量	蛋白質	数量	蛋白質	数量	蛋白質	数量	蛋白質							
官公吏	293.33	29	1015	84	15.66	120	515	15	596.6	251.66	7.66	121	1122.7	766	1849.33	60.66	391.7
教員	14			2			560	40	1384	72	6	90	648	46	1470	10	300
会社員	241.33	19.3	754.66	269.66	9.23	301.66	509.66	30.66	1002	86.6	2.33	38.66	1176.33	72	2099.66	13	423.3
商業	240	22	853	126	22	609							1169	44	1462	2	305
労働者	199.5	31	1232.5	615	261	801	275	0.5	10	355	25	46	1078	90	2039.5	22	391.3
農業	45.704	2.70	143.56	87.75	44.59	87.91	1088.6	55.79	2026.45	19.38	1.38	19.81	1212.36	73.84	2259.9	12.15	233.91
業職	295.5	20	950	394	24.75	570.75	314.5	17.5	326.5	125	15	45.25	943	63.75	1892.5	12	381.75

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DECLASSIFIED E.O. 12065 SECTION 3-402/NNDG NO.

商業	240	20	853	126	20	609							1169	44	1469	2	205
勞公者	197.5	31	12325	615	201	801	275	0.5	10	355	75	46	1078	90	2089.5	22	391.3
農業	45.704	2.70	14356	87	44.59	87.91	1098.6	55.79	2026.45	19.38	1.38	19.81	12/236	73.84	225.91		
業職	295.5	20	950	394	2475	570.75	314.5	17.5	326.5	125	15	45.25	943	63.75	1912.5	12	391.75

愛 媛 縣

職別	配給		自由購入		自家生産		其 他		合 計	
	蛋白	熱量	蛋白	熱量	蛋白	熱量	蛋白	熱量	蛋白	熱量
官公吏	36.33	1484.66	19.66	169.33	22	202	9.66	189	911	2307.83
教員	—	—	—	—	59	1870	8	121	62	1991
會社員	21.66	970	21.33	407.66	34.33	1051.66	29.33	2.33	80	2761.66
商業	28	1160	28	828	—	—	—	—	56	1988
勞公者	35	1512.5	44.5	949.5	9.5	745	—	—	89	2581.5
農業	3.18	77.44	14.9	104.27	63.72	2330.5	159	329	843	2892.6
業職	25.25	1273	295	776.5	18	413	2	64.5	74.75	2520.5

昭和二年八月

國民榮養狀況調查報告（其一）

榮養狀態調查報告書

愛媛縣

宇和島市
新島市
清水市

國民榮養攝取調查報告書
 Report on the inquiry into the average
 calory taken by the people. 愛媛縣
 (EHIME PREFECTURE)

1. 調査期日 (地区別)

Appointed Day (Area)

地区別 Area	調査期日 Appointed Days	備考 Note
○ 松山市 Matsuyama City	昭和21年8月5, 6, 7, 日 August 5, 6 & 7, 1946	戦災都市 War calamious city

2. 調査地区別 被調査世帯数, 被調査世帯員数, 同成人換算数

Area, Inquired Families, Inquired Family-Members, Per One Adult

地区別 Area	被調査 世帯数 Number of Families	被調査 世帯員数 Number of Family-Members	同成人換算員数 Quantity (per one adult)		同成人換算率 Per one Adult		地理的特徴 Note War Calamious City
			蛋白質 Albumen	熱量 Calory	蛋白質 Albumen	熱量 Calory	
○ 松山市	237	1136	2888.0	2687.3	0.862	0.802	戦災都市 City

愛 媛 縣

3. 地区別 摂取量状況

& Quantity

Area, Injured Families, Injured Family-Members, per one adult

地区別	被調査 Number of Families	被調査 Number of Family-Members	同成人換算員數 Quantity (per one adult)		同成人換算率		地理的特徴
Area	世帯數	世帯員數	蛋白質 Albumen	熱量 Calory	蛋白質 Albumen	熱量 Calory	Note War Calamitous City
松山市	237	1136	2888.0	2687.3	0.862	0.802	戦災都市 City

戦 災 市

3. 地区別摂取量状況

& Quantity

(1) 一人一日當摂取量 calory taken ~~per~~ by one person a day

(Object of inquiry) (Area) (Albumen) (Calory)

種別	地区名	蛋白質				計 Total	熱量
		動物性 Animal Albumen	% per cent	植物性 Vegetable Albumen	% per cent		
War Calamitous City	Matsuyama	瓦 Grams	% per cent	瓦 gram	% per cent	瓦 gram	カロリ Calory
戦災都市	松山市	9.5	20.8	36.2	79.2	45.7	1345.4

(Notice 1)
(Notice 2) Including baby, children, adult, youngmen (women)
old men (women)

(口) 成人男子一人一日当摄取量

Sex (Male). Calory taken by one ADULT a day.

種別 Classification Object of inquiry	地区名 Ared	蛋 Albumen 白 質				計 Total グラム	熱量 Calory カリ-
		動物性 Animal		植物性 Vegetable			
		グラム	% per cent	グラム	% per cent		
戦災都市	松山市	11.0	20.8	42.0	79.2	53.0	1676.4

War Calamitous city, Matsuyama

(Sources from which)

4 (Resources whereby people get food stuffs &

Calory taken by one person a day

4 入手別摄取量状況 (1) 一人一日当摄取量 (N.B.)

地 Ared	How to get 手 別	蛋 Albumen 白 質				計 Total		熱量 Calory	
		動物性 Animal		植物性 Vegetable		グラム	%	カリ-	%
名	別	グラム	%	グラム	%	グラム	%	カリ-	%
Matsuyama	配給食糧	0.4	4.2	16.6	45.8	17.0	37.2	665.6	49.5
Official Ration									
山	自由購入 - Black Food	7.5	78.9	6.6	18.2	14.1	30.9	251.9	18.7
	自家生産	0.1	1.1	12.2	33.7	12.3	26.9	390.5	29.0
市	其他	1.5	15.8	0.8	2.3	2.3	5.0	37.4	2.8
	計	9.5	100.0	36.2	100.0	45.7	100.0	1345.4	100.0

Produced on

地 Area 名	入 手 別 Category	蛋 Albumen 日 頃				計 Total		熱 量 Calory		
		動物性 Animal		植物性 Vegetable		瓦 Gram	%	カリ-	%	
		瓦 Gram	%	瓦 Gram	%	瓦 Gram	%			
Matsuyama	配給食糧	0.4	4.2	16.6	45.8	17.0	37.2	665.6	49.5	
	Official Ration									
	山	自由購入 Black Food	7.5	78.9	6.6	18.2	14.1	30.9	251.9	18.7
		自家生産	0.1	1.1	12.2	33.7	12.3	26.9	390.5	29.0
	市	其他	1.5	15.8	0.8	2.3	2.3	5.0	37.4	2.8
		計	9.5	100.0	36.2	100.0	45.7	100.0	1345.4	100.0
↓ Produced on one's own vegetable-field Unattached to any category										
(N.B.2) Including baby, children, youngmen (women) adults, oldmen (women)										

5. 入手別摂取量状況 ~~Classification of~~

(口) 成人一人一日當

Resources whereby people get food stuffs
(Sources from which)

& Calory taken by one ADULT a day

Area How to get.

地 区 名	入手別	蛋 Albumen 白 質				計 Total		熱 量	
		動物性 Animal		植物性 Vegetable		計 Total		Calory	
		瓦 GRAM	%	瓦 Gram	%	瓦 GRAM	%	加里-	%
Matsuyama	配給食糧 official Rations	0.5	4.2	19.2	45.8	19.7	37.2	829.3	49.5
松	自由購入 Black Food	8.7	78.9	17.7	18.2	16.4	30.9	313.9	18.7
山	自家生産	0.1	1.1	14.2	33.7	14.3	26.9	486.6	29.0
市	其他	1.7	15.8	0.9	2.3	2.6	5.0	46.6	2.8
	計 Total	11.0	100.0	42.0	100.0	53.0	100.0	1676.4	100.0

↓ Produced on one's own vegetable field
 ↓ Unattached to any category

愛媛縣

6. 食品群別一人一日當攝取量狀況 Classification of Foodstuffs

(1) 食品群別 地区別一人一日當攝取食糧表 & ~~Quantity~~ taken from each food by one person a day.

食 品 群		戰災都市 松山市	Matsuyama (war calamitous) city
1. 穀類 Crops	米 Rice	74.7	Gram
	大麥 Barley	146.5	
	小麥 wheat	35.1	
	雜穀 Cereals	0.9	
2 乾果類 Dried fruits			
3. 蒟薯類 Potato	甘藷 Sweet Potato	4.1	
	馬鈴薯 potato	40.4	
	其他芋類 others.	0.1	
4 砂糖類 Sugar		0.1	
5. 油脂類 Fat, Lard Suet		1.6	
	大豆 Soy beans	1.3	
		變 壞 縣	
6. 豆類 Pulse	大豆製品	8.6	
	其他豆類 others	4.0	
7. 魚介類 Fish		22.0	

	其他子類 others.	0.1		
4 砂糖類	Sugar	0.1		
5 油脂類	Fat, lard Suet	1.6		
	大豆 Soy beans	1.3		
	Products from soy-beans		雙	媛
				縣
6 豆類	大豆製品	8.6		
	Pulse			
	其他豆類 others	4.0		
7 魚介類	Fish	22.0		
8 獸鳥肉類	Flesh	6.2		
9 卵類	Egg	0.8		
10 牛乳及乳製品	Milk & Dairy products			
11 黃色綠色野菜類	Green vegetables	403.9		
12 柑橘類	Citrus Citrus fruits			
13 其他果實類	Other Fruits	4.9		
14 其他野菜	Ordinary vegetables	311.0		
15 海藻類	Sea weeds	1.0		
16 乾燥野菜類	Dried vegetables	1.7		
17 野菜漬物	Pickled vegetables	3.0		
18 調味嗜好品	Articles of luxury	13.2		
合計	& Condiments	1085.1		

Total calory

(四) 食品群別一日當「攝取營養量表 (地区平均=ツキ記入)

Classification of foodstuffs		Quantity & Calory taken from each food		攝取營養量				食品群別			
食品群別	Classification of foodstuffs	攝取量 Gram	動物性 Animal	植物性 Vegetables		計 Total	食品群別 蛋白質比率 Component	脂肪 Albumen	含炭素 Carbon-Hydrate	熱量 Calory	食品群別 熱量比率 %
				豆	計						
	米 Rice	74.7	—	豆	3.3	3.3	7.2%	0.9	55.8	250.8	18.1%
1. 穀類	大麥 Barley	146.5	—		13.9	13.9	30.5	2.1	105.8	509.7	38.0
	小麥 Wheat (including flour) (粉類)	35.1	—		4.7	4.7	10.3	0.8	23.4	122.3	9.1
	雜穀 Cereals	0.9	—		0.1	0.1	0.2	0.1	0.6	3.3	0.2
2. 乾果類	Dried fruits	—	—	—	—	—	—	—	—	—	—
	甘藷 Sweet potato	4.1	—		0.1	0.1	0.2	0.0	1.8	7.8	0.6
3. 薯芋類	馬鈴薯 Potato	40.4	—		0.8	0.8	1.7	0.0	7.0	31.9	2.4
	其他芋類 others	0.1	—		0.0	0.0	0.0	0.0	0.0	0.1	0.0
4. 砂糖類	Sugar	0.1	—		0.0	0.0	0.0	0.0	0.0	0.0	0.0
5. 油脂類	Fat, Lard, Suet	1.6	—		0.0	0.0	0.0	1.7	—	15.1	1.1
	大豆 Soy-beans	1.3	—		0.1	0.1	0.2	0.2	0.3	5.4	0.4
6. 豆類	大豆製品 Products from soy beans	8.6	—		1.1	1.1	2.4	0.4	1.4	13.8	1.0
	Pulse	—	—		—	—	—	—	—	—	—
	其他, 豆類 others	4.0	—		0.5	0.5	1.1	0.0	1.0	6.4	0.5
7. 魚介類	Fish	22.0	7.8	—	7.8	7.8	17.1	0.8	0.1	38.6	3.0
8. 獸肉類	Flesh	6.2	1.6	—	1.6	1.6	3.5	0.2	—	8.4	0.6

松山市

4. 砂糖類	Sugar	0.1	—	0.0	0.0	0.0	0.0	0.0	0.0	0.0
5. 油脂類	Fat, Lard Suet	1.6	—	0.0	0.0	0.0	1.7	—	15.1	1.1
	大豆 Soy-beans	1.3	—	0.1	0.1	0.2	0.2	0.3	5.4	0.4
6. 豆類	大豆製品 Products from soy-beans	8.6	—	1.1	1.1	2.4	0.4	1.4	13.8	1.0
	Pulse									
	其他豆類 others	4.0	—	0.5	0.5	1.1	0.0	1.0	6.4	0.5
7. 魚介類	Fish	22.0	7.8	—	7.8	17.1	0.8	0.1	38.6	3.0
8. 獸肉類	Flesh	6.2	1.6	—	1.6	3.5	0.2	—	8.4	0.6
9. 卵類	Egg	0.8	0.1	—	0.1	0.2	0.1	—	1.3	0.1
10. 牛乳及乳製品	Milk & Dairy Products		—	—	—	—	—	—	—	—
11. 綠黃色野菜類	Green vegetables	403.9	—	6.7	6.7	14.7	0.8	52.6	251.3	18.7
12. 柑橘類	Citrus Fruits		—	—	—	—	—	—	—	—
13. 其他果實類	Other Fruits	4.9	—	0.0	0.0	0.0	0.0	0.2	1.2	0.1
14. 其他野菜類	Other vegetables	311.0	—	3.9	3.9	8.5	0.6	10.9	66.4	4.9
15. 海藻類	Seaweeds	1.0	—	0.0	0.0		0.0	0.0	0.0	0.0
16. 乾菜類	Dried vegetables	1.7	—	0.1	0.1	0.2	0.0	0.0	0.0	0.0
17. 野菜漬物	Pickled Vegetables	3.0	—	0.0	0.0		0.0	0.2	1.1	0.1
18. 調味嗜好品	Articles of luxury & Condiments	13.2	—	0.9	0.9	2.0	0.0	0.7	6.5	0.5
一人一日	合計	1085.1	9.5	36.2	45.7	100.0	8.7	262.6	1345.4	100.0

Per One Person
Per One Day

7. 食品群別入手別成人換算攝取營養量狀況 (Sources where by people get foodstuffs)

松山市

類別	食品名	成人換算蛋白質 Quantity of protein					食品群別 營養比率	成人換算熱量 Calory					備考	
		配給 Rations	自由 購入 Black gram	自家 生產 Products on ones own field	其他 Unattached to any category	計 Total		配給 Official Rations	自由 購入 Black food	自家 生產 No.1	其他 No.2	計 Total		食品群別 營養比率
1. 穀類	米 Rice	2.5	0.3	0.9	0.1	3.8	17.1	211.9	26.2	68.2	6.2	312.5	18.6%	
	大麥 Barley	13.7	0.8	0.9	0.1	16.1	30.3	540.5	31.8	59.7	3.1	635.1	37.9	
	小麥 Wheat	1.0	1.4	2.9	0.2	5.5	10.4	28.8	36.8	78.7	8.1	152.4	9.1	
	雜穀 Cereal	—	—	—	0.1	0.1	0.2	—	—	2.0	2.1	4.1	0.2	
2. 乾果類	Dried Fruits	—	—	—	—	—	—	—	—	—	—	—	—	
3. 蒔薯類	甘藷 Sweet potato	—	0.1	—	—	0.1	0.2	0.9	3.9	2.4	2.6	9.8	0.6	
	馬鈴薯 potato	—	0.2	0.7	—	0.9	1.7	—	11.0	28.4	0.4	39.8	2.4	
	其他芋類 others	—	—	—	—	—	—	—	—	0.1	—	0.1	0.0	
4. 砂糖類	Sugar	—	—	—	—	—	—	—	—	—	—	—	—	
5. 油脂類	Fat, Lard, Suet	—	—	—	—	—	—	16.3	0.6	—	1.9	18.8	1.1	
6. 豆類	大豆 soy-beans	—	—	0.1	—	0.1	0.2	—	3.0	2.9	0.9	6.8	0.4	
	大豆製品 Products from	0.6	0.1	0.6	—	1.3	2.5	8.1	2.4	5.5	1.2	17.2	1.0	
	其他豆類 soy-beans	—	0.1	0.3	0.1	0.5	0.9	0.1	1.6	5.4	0.9	8.0	0.5	
others														
7. 魚介類	Fish	0.5	7.0	—	1.6	9.1	17.2	2.2	37.3	—	8.6	48.1	3.0	
8. 獸肉類	Flesh	—	1.7	—	0.2	1.9	3.6	0.1	10.1	—	0.2	10.4	0.6	
9. 卵類	Egg	—	—	—	—	—	—	—	0.5	0.7	0.4	1.6	0.0	

5. 油脂類	Fat, Lard, Suet	—	—	—	—	—	—	16.3	0.6	—	1.9	18.8	1.1
6. 豆類	大豆 Soy beans	—	0.1	—	0.1	0.2	—	3.0	2.9	0.9	6.8	0.4	
	大豆製品 Products from	0.6	0.1	0.6	—	1.3	2.5	8.1	2.4	5.5	1.2	17.2	1.0
	其他豆類 soy beans	0.1	0.3	0.1	0.5	0.9	0.1	1.6	5.4	0.9	8.0	0.5	
others													
7. 魚介類	Fish	0.5	7.0	—	1.6	9.1	17.2	2.2	37.3	—	8.6	48.1	3.0
8. 獸鳥肉類	Flesh	—	1.7	—	0.2	1.9	3.6	0.1	10.1	—	0.2	10.4	0.6
9. 卵類	Egg	—	—	0.1	—	0.1	0.2	—	0.5	0.7	0.4	1.6	0.0
10. 牛乳及 乳製品	Milk & Dairy Products	—	—	—	—	—	—	—	—	—	—	—	—
11. 綠色黃色 野菜類	Green Vegetables	0.1	3.0	4.6	0.1	7.8	14.7	4.1	117.3	186.3	5.4	313.1	18.8
12. 柑橘類	Citrus Fruits	—	—	—	—	—	—	—	—	—	—	—	—
13. 其他 果實類	Other Fruits	—	—	—	—	—	—	—	1.4	—	0.1	1.5	0.0
14. 其他 野菜	Other vegetables	0.5	1.4	2.6	0.1	4.6	8.7	9.1	24.9	45.7	3.0	82.7	5.0
15. 海藻類	Seaweeds	—	—	—	—	—	—	—	—	—	—	—	—
16. 乾燥 野菜類	Dried Vegetables	—	0.1	—	—	0.1	0.2	0.6	2.9	—	1.5	5.0	0.3
17. 野菜漬物	Pickled Vegetables	—	—	—	—	—	—	0.2	0.5	0.6	—	1.3	0.0
18. 調味 嗜好品	Articles of Luxury & Condiments	0.8	0.2	—	—	1.0	1.9	6.4	1.7	—	—	8.1	0.5
Total calory													
合計	Total Quantity	19.7	16.4	14.3	2.6	53.0	100.0	829.3	313.9	486.6	46.6	1676.4	100.0
百分率	%	37.2	30.9	27.0	4.9	100.0	100.0	49.5	18.7	29.0	2.8	100.0	100.0

No.1 : Products on one's own field.

No.2 : Unattached to any category.

都道府縣別 愛媛縣		Object of inquiry ; City	
Ehime Prefecture		Matsuyama city	
Tomatoes taken by one person per one day		松山市	
一人一日當り トマト使用量		12.7g	
備考	11番 緑色黄色の野菜類 12番 柑 橘 類 13番 其の他の果實類 14番 其の他の野菜類		
八月調査報告の際		に記入す	
K		愛媛縣	

SUBJECT: Nutrition Report (Matsuyama Prison)

<u>Classification</u>	<u>Average Calories of each meal</u>	<u>One day's Ration</u>	<u>Calories</u>
2nd class	Rice	77 gr	231 gr 808 cal
	Wheat	78 gr	234 gr 814 "
	Sweet Potato	297 gr	891 gr 1,069 "
	Total	452 gr	1,356 gr 2,691 cal
3rd. class	Rice	67 gr	201 gr 703 cal
	Wheat	68 gr	204 gr 709 cal
	Sweet Potato	259 gr	777 gr 932 cal
	Total	1,394 gr	1,182 gr 2,344 cal
4th class	Rice	57 gr	151 gr 528 cal
	Wheat	58 gr	174 gr 605 cal
	Sweet Potato	220 gr	660 gr 792 cal
	Total	335 gr	985 gr 1,925 cal
5th class	Rice	44 gr	132 gr 462 cal
	Wheat	45 gr	135 gr 469 cal
	Sweet Potato	171 gr	513 gr 615 cal
	Total	260 gr	780 gr 1,546 cal

November 5th 1946

TO : Lt. Lawrence, Medical Officer of Ehime M.G. Team
 FROM : Chief of Sanitary Section, Ehime Ken
 SUBJECT: Information on the medical survey over the nutrition of the people

1. Medical inspection on physical symptoms.

a. Date: From November 5 to 8
 " " 11 " 14

b. Total number of the people who are to undergo the medical inspection is 2,400 persons.

1030 am.

c. Date	Area	Place
November 5	Aratama Ward	Aratama National School
" 6	Yasaka "	Taga Shinto Shrine ✓
" 7	Soga "	Mr. E. Kumamoto's house Hinode-cho, Matsuyama
" 8	Yugun "	Miyakushi, Izumi-cho, Matsuyama
" 11	Shimizu "	Mr. H. Onishi's house Yamagoe-cho, Matsuyama
✓ " 12	Misaka "	Shomyo Temple, Kaya-machi, Matsuyama
✓ " 13	Bancho "	Mr. Tauchi's house ✓ Toyosaka-machi, Matsuyama
" 14 15	Shinonome "	Wakamiya Shinto Shrine Mochida-machi, Matsuyama

2. Survey over the nutrition of the people.

a. Date: From November 8 to 10

b. Matters to be surveyed over:

- | | |
|-------------------------------------|---------------------------|
| (1) Lose in weight | (6) Edema |
| (2) Amemia | (7) Hyper Keratosis |
| (3) Cheilosis | (8) Chronic Dearth |
| (4) Glossith | (9) Abnormal Menstruation |
| (5) Loss of knee jerk | (10) Decrease of pulse |
| (11) Xelasio Cornea, Herato Malacio | |
| (12) Undeveloped Physique | |

3. Survey over the calorie taken by each person a day

4. Persons in charge of survey.

a. Physical symptoms.

Mr. Go	Sanitary engineer
Mr. Yoneda	" "
Mr. Karatsu	Official of Education Section

b. Survey over the calorie

Mr. Ikeyama	Sanitary engineer
Mr. Kaneko	Assistant-engineer

Subject: Report on the past inquisition of nutrition taken by the selected groups of the Japanese people.

Remarks: People of 4 districts, each of which has its own different characteristic were subjected to this examination.

1. Matsuyama:

It is a war damaged city, 90% of which was burned to ash by war fire.

2. Aiji-Mura, Kita-Uwa-Gun, Ehime:

It is rich in rice crops, but short of vegetables.

3. Minami-Yamasaki-Mura, Iyo-Gun, Ehime:

It is a farm village with mountains around, and capable of self-supporting and self-sufficiency, at least with regard to food.

4. Maana-Mura, Nishi-Uwa-Gun, Ehime:

It is a small island, where people live wholly on sweet-potatoes.

Report on the past inquisition of the physical condition
of the selected groups of the Japanese people

<u>Date</u>	<u>Region</u>	<u>Number of people subjected to the examination</u>			<u>Characteristics</u>
		<u>Male</u>	<u>Female</u>	<u>Total</u>	
Nov. 5 & 6, 1946	Matsuyama	1093	1209	3202	War damaged city
Nov. 6 & 7, 1946	Aiji-Mura, Kita-Uwa- Gun, Ehime	126	132	258	Rich in rice crop, but short of vegetables
Nov. 8 & 9, 1946	Minami- Yamasaki- Mura, Iyo- Gun, Ehime	121	128	249	Farm-village with mountains around. Capable of self-support- ing and self- sufficiency, at least with regard to food
Nov. 1, 2 & 3, 1946	Maana-Mura, Nishi-Uwa- Gun, Ehime	252	300	552	Small island, where people live wholly on sweet- potatoes

42 -

As stated above, our project will help save food and promote the delivery of thus saved food by enlightening consumers and farmers on practical dietetics. We sincerely hope to establish the institute which will be the mainspring in our whole project. Accordingly it is earnestly solicited that you will kindly arrange to allow us to make the following expenditures on the establishment of the institute.

Building of the institute covering 42 "tsubo" : ¥ 420,000 ✓

Interior structure & fixtures : ¥ 100,000 ✓

Instruments for experimental & analytical purposes :
¥ 350,000 ✓

Reagents : ¥ 60,000 ✓

Japanese & Foreign books : ¥ 120,000 ✓

TOTAL : ¥ 1,050,000 ✓

Sueji Shimizu
Chief Director of
Ehime Ken Food Corporation

Y:TK

Oct. 27, 1947.

TO : Minister of Agriculture & Forestry.
FROM : Chief Director of Ehime Ken Food Corporation.
SUBJECT: Application for authorization of Ehime Ken Food Corporation's expenditure on establishment of Cooking Guidance & Research Institute.

This prefecture produces not a small amount of food-stuffs. Notwithstanding the people's nourishment is in a poor condition and the food crisis still persists. This state of affairs is believed to be attributed chiefly to the people's inability to utilize food-stuffs to the utmost on account of their poor knowledge of dietetics. Appointing regular guides of cooking, we have made our best to popularize the dietetic knowledge and ways of cooking imported food in cooperation with the Food Sect., Ehimeken.

But our efforts in this direction have mainly been made along the cooking principles established by the central research institutes --- generalities which are not founded on the practical use of the various local products. After all we have failed in this task. Unscientific ways of cooking still prevail among consumers, resulting in the waste of precious food-stuffs.

Those individuals and associations who are interested in this aspect of living earnestly asked us to speedily establish an authoritative cooking guidance & research institute and to organize an association for improvement of cooking under the direction of the institute. We decided to comply with their request, considering that we are in charge of rationing food to the general public and we naturally stand for the public good. On Aug. 12, 1947, we organized the Ehime Ken Dietetic Improvement Association, joined by interested big persons from various spheres of activities in this prefecture. Then exhibitions were held to show how to overcome the present food crisis and lectures were given to teach how to cook imported food in the six cities in this prefectures. Pamphlets were also printed and distributed in an effort to popularize how to cook imported food-stuffs. On the other hand we have been enthusiastically preparing to establish a cooking guidance & research institute which will play a leading part in our project.

But we have been forced to suspend the planned institute owing to the restriction on the designated associations which is prescribed in Article 2, Provisional Materials Demand & Supply Adjustment Law.

Ex. 10. Matsuyama 1947

TO : Sueji Shimizu, Chief Director of Ehime Food Corp.

FROM : Hisako Kamino, Chief of Shuso-gun United Women's Assn.
& nine others.

SUBJECT: Application for permission to establish Cooking
Guidance and Research Institute and Ehime Ken
Dietetic Improvement Assn.

In spite of the imported food-stuffs released, the food distribution for the people of Matsuyama City is scarcely over the level of sustaining their lives.

On the other hand, those farmers who raise agricultural products are consuming too much rice and wheat to lower the food standard of the prefectural populace from the viewpoint of both quantity and quality.

To meet the postwar situation of foodstuffs of our country, the prefectural people must give up the traditional unscientific diet to make the most of all eatables. Furthermore, more rational cooking methods must be introduced to fully utilize the superior quality of the imported foodstuffs.

To our great regret, however, the prefectural people's knowledge of food problem is too poor to tide over the stringent food situation confronting a drastic diet mode reformation period.

Even at this moment of aggravating food conditions, the consumers have no working knowledge how to utilize food materials on hand and they are wasting a quantity of edibles.

Accordingly, it is an urgent matter to disseminate a right and adequate way of cooking among the prefectural population, if we are to secure their ideal nutrition through reasonable cooking without spoiling nutritive value.

No cooking guidance organization is set up at present to guide the cooking technique of the people of this prefecture, and their daily nourishment is jeopardized.

As your kind office, Ehime Ken Food Corporation, is the only organ which is responsible for the food distribution to the consuming masses, we are to request herewith, representing the intention of 1,400,000 populace, to materialise promptly proposed establishment of the Cooking Guidance and Research Institute in your office and of another organization, Ehime Ken Dietetic Improvement Assn. composed of all bodies concerned in this prefecture.

/s/ : Hisako Kamino, Chief of Shuso-gun United Women's Society
Chiyo Nomoto, Chief of Matsuyama Women's Society
Harue Mukai, Chief of Iyo-gun United Women's Society
Michiyo Nomoto, Delegatee of Iyo-gun United Women's Society
Aiko Kimura, Delegatee of Iyo-gun United Women's Society
Ai Uba, Leader of Matsuyama Tomono-kai
Naoyuki Ueda, Chief of Nishiuwa-gun United Women's Society
Haruo Ishiki, Chief of Ehime Ken United Youth's Assn.
Yoshio Nishioka, Standing Director, Ehime Ken Health
Preservation Society.
Shizuo Nakao, Chief of Ehime Ken Teachers' Union,

25 Oct., 1947

Nutrition

TO : Minister of Agriculture & Forestry
FROM : Governor of Ehime Ken
SUBJECT: Recommendation for authorization of Ehime Ken
Food Corporation's expenditure on establishment
of Cooking Guidance & Research Institute.

In view of the present food situation it is imperative that people in this prefecture should be educated to dietetics so as to make an efficient use of food-stuffs.

As this prefecture has not a practical guiding agency in this matter which is conversant with the local affairs, it has had difficulty in enlightening them in this respect.

It is quite timely that the Ehime Ken Food Corporation has decided to establish a cooking guidance & research institute in compliance with people's wishes.

We earnestly solicit your kind consideration of its establishment.

S. Aoki
Governor of Ehime Ken

YT:I

Am't. of food taken per man per

Districts 地名	職別	Ration			Free market			Home grown food			Others		
		配給		Amount 数量	自由購入		Amount 数量	自家生産		Amount 数量	その他		
		Amount 数量	Protein 蛋白質		Protein 蛋白質	Calorie 熱量		Protein 蛋白質	Calorie 熱量		Protein 蛋白質	Calorie 熱量	
Gov. Officials	官公吏	470	26	1069	452	41	692	240	4	100	100	5	8
Teachers	教 官	506	32	1111	335	29	403	376	8	193	80	3	6
Company Workers	松 会社員	519	27	1096	550	31	559	102	3	54	73	2	6
Business Men	山 商 業	425	21	964	569	26	538	204	7	234	24	3	4
Doctors	市 医 師	311	21	884	770	69	902	13	0	4	70	1	1
Manual laborers	市 勞 働 者	429	22	977	200	26	277	173	6	127	30	3	5
Independent workers	自由業	273	24	926	437	23	524	478	13	279	109	17	15
Unemployed	無 職	504	32	1203	449	31	354	279	11	271	42	3	9
Gov. Officials	官公吏	293	29	1015	409	16	120	518	18	583	252	8	13
Teachers	清 教 官	14	0	0	2	0	0	560	40	1384	72	6	9
Co. Workers	会社員	241	19	755	300	19	303	509	31	1002	87	2	3
Business Men	水 商 業	243	22	853	926	22	609						
Manual Workers	村 勞 働 者	398	31	1233	615	41	801	28	0	10	36	8	9
Farmers	Shimizu 農 業	46	3	143	86	13	89	1059	56	2007	19	1	2
Unemployed	無 職	296	20	950	394	25	571	312	18	327	125	2	4
Gov. Official	官公吏	423	27	1077	395	24	497	365	8	180	78	16	14
Teachers	宇 教 官	148	10	461	608	41	1028	334	5	169	70	9	17
Co. Workers	和 会社員	408	28	1122	465	28	623	242	5	107	49	2	4
Business Men	和 商 業	385	23	922	591	42	928	120	1	16	16	2	2
Doctors	島 医 師	413	25	1155	417	33	714	99	3	73	123	9	6
Manual laborers	市 勞 働 者	345	28	1061	582	27	708	95	2	36	13	2	3
Independent workers	自 業	436	31	1425	916	39	430						
Farmers	農 業	142	6	369	253	38	534	618	22	803	8	2	2
Unemployed	無 職	445	23	1243	759	30	563	1242	21	911			

Food taken per man per day

Home grown food

Others

Total

自家生産			其の他			合計				
Amt. 数量	Protein 蛋白質	Calorie 熱量	Amt. 数量	Protein 蛋白質	Calorie 熱量	Amt. 数量	Protein 蛋白質	Calorie 熱量	fats 脂肪	Sugar 糖質
240	4	100	100	5	87	1261	76	1948	18	370
76	8	193	80	3	63	1297	72	1770	18	329
02	3	54	73	2	61	1242	63	1750	12	346
04	7	234	24	3	47	1221	57	1783	12	360
13	0	4	70	1	11	1164	91	1801	19	315
73	6	127	30	3	55	832	57	1436	17	261
78	13	279	109	17	150	1297	77	1879	11	290
79	11	271	42	3	57	1274	77	1885	20	343
18	18	583	252	8	131	1172	71	1849	14	360
60	40	1384	72	6	90	648	46	1474	10	300
09	31	1002	87	2	39	1137	71	2099	13	423
						1169	44	1462	8	305
28	0	10	36	8	45	1077	80	2089	22	392
59	56	2007	19	1	20	1210	73	2259	13	460
2	18	327	125	2	45	1127	65	1893	12	382
5	8	180	78	16	147	1271	75	1901	22	350
4	5	169	70	9	178	1190	65	1836	20	348
2	5	107	49	2	47	1164	63	1898	20	364
0	1	16	16	2	22	1112	68	1888	17	365
9	3	73	123	9	64	1052	70	2006	16	396
	2	36	13	2	35	1035	59	1840	13	370
						1352	70	1855	16	358
	22	803	8	2	27	1022	68	1734	16	329
	21	911				2446	74	2717	21	550

4
 (1) 撮
 一取
 人 榮
 一 養
 日 食
 当 量
 量 攝
 取 調
 榮 查
 養 量

CORRECTION

THIS DOCUMENT
HAS BEEN REPHOTOGRAPHED
TO ASSURE LEGIBILITY

Amount of Food Taken per Adult per

Districts 区名	Occupation 職別	Ration 配給		Free Market 自由市場		Food Grown in The Homes 自家生産		Others その他	
		Protein 蛋白質	Calorie 熱量	Protein 蛋白質	Calorie 熱量	Protein 蛋白質	Calorie 熱量	Protein 蛋白質	Calorie 熱量
Matsuyama 松山市	Govt Official	29	1347	45	891	4	117	6	10
	Teachers	35	1318	31	497	9	233	4	7
	Company Workers	30	1405	36	747	4	170	2	7
	Business men	24	1218	27	654	11	370		
	Doctors	28	1262	93	1288	0	6	0	1
	Laborers	27	1250	33	358	7	155	4	7
	Independent Workers	28	1213	25	617	13	314	16	16
	Unemployed	38	1646	35	497	14	386	3	78
	Govt. Officials	36	1481	20	169	2.2	802	10	18
	Teachers	22	970	21	338	54	1870	8	12
Co. Workers	28	1160	28	828	35	1354	2	50	
Business Men	35	1512	44	947	0	11	9	58	
Laborers	33	195	15	104	64	2389	1	29	
Farmers	25	1273	30	777	20	477			
Unemployed									
Shimizu 清水村	Govt. Workers	32	1323	28	638	9	210	20	19
	Teachers	12	616	49	1354	7	226	10	21
	Co. Workers	32	1509	33	850	6	141	2	55
	Business men	29	1231	51	177	1	21	2	30
	Doctors	28	1457	39	927	4	93	10	81
	Laborers	33	1289	30	816	3	43	3	44
	Independent Workers	33	1695	41	510				
	Farmers	9	527	48	746	26	971	2	38
	Unemployed	31	1475	41	804	29	1301		
	Matsuyama 松島市	Govt. Workers	32	1323	28	638	9	210	20
Teachers		12	616	49	1354	7	226	10	21
Co. Workers		32	1509	33	850	6	141	2	55
Business men		29	1231	51	177	1	21	2	30
Doctors		28	1457	39	927	4	93	10	81
Laborers		33	1289	30	816	3	43	3	44
Independent Workers		33	1695	41	510				
Farmers		9	527	48	746	26	971	2	38
Unemployed		31	1475	41	804	29	1301		

Food Taken per Adult per Day.

Ket	Food Grown in The Homes		Others		Total	
	自家生産 Protein 蛋白質	Calorie 熱量	其の他 Protein 蛋白質	Calorie 熱量	合計 Protein 蛋白質	Calorie 熱量
591	4	117	6	104	24	2409
497	9	233	4	75	79	2103
747	4	70	2	78	72	2300
84	11	370			62	2242
88	0	6	0	16	121	2572
58	7	155	4	72	71	1835
17	13	314	16	166	82	2310
77	14	386	3	78	90	2607
69	22	802	10	188	88	2640
	54	1870	8	121	62	1991
8	35	1354	2	50	80	2782
8					56	1988
7	0	11	9	58	88	2530
4	64	2389	1	24	84	2692
7	20	477			75	2527
	9	210	20	191	89	2362
	7	226	10	214	78	2404
	6	141	2	55	73	2555
	1	21	2	30	83	2585
	4	93	10	81	81	2558
	3	43	3	44	69	2192
					74	2205
	26	971	2	38	85	2276
	29	1301			101	3880

(口) 成人 一人一日当 摄取 栄養量

愛 媛 県

From. Prefecture Public Health Section.

Because of the error in the previous report dated 6 Sept. 1948 no. 1017, we are sending the accompanying report to correct it.

國民營養調査八月分結果報告についで
曩に昭和二十三年九月六日付公保第一〇一九号を以て標記の
調査報告書を提出したか誤りがあるので別紙の通り報
告を再提出いたします。

愛媛軍政部御中

愛媛縣衛生部公衆衛生課長



昭和二十三年十月二十三日

公保第一〇一九号

Nutrition

SUBJECT: Asking your help in the forthcoming nutrition survey and physical examination

TO : Lt. Lawrence

FROM : Dr. Akiyama

In conformity with the request of the Japanese Welfare Ministry, this Prefectural Health Section is going to carry out the physical examination and nutrition survey in accordance with the program as has been reported.

People have been very indifferent, and we have had much difficulty with calling the requested number of people together.

Would you please request the Mayor of Matsuyama to take some step so that they will come in without exception?

NUTRITION

2/20

SUBJECT: Nutrition Survey and Physical Examination

TO : Lt. Lawrence

FROM : Dr. Akiyama

1. Physical Examination:

<u>Region</u>	<u>Date</u>
Matsuyama	Feb. 15, 17, (18, 19, 20, 21, 22, 24.)
Kawakami-mura, Nishi-Uwa-gun	Feb. 12, 13, 14.
↓ Sangawa-mura, Kani-Ukina-gun	Feb. 10, 11.

2. Nutrition Survey:

<u>Region</u>	<u>Date</u>
Matsuyama	Feb. 12, 13, 14.
Kawakami-mura, Nishi-Uwa-gun	Feb. 9, 10, 11.
Sangawa-mura, Kani-Ukina-gun	Feb. 9, 10, 11.

TIME : From 10 A.M. To 2:30 P.M. - - - - -

<u>Date</u>	<u>Place of nutrition survey & physical examination</u>
Feb. 18	2CHO-ME, MASAMI-MACHI, Public Hall
Feb. 19	MINAMI-YAMAGOE-CHO Mr. H. Onishi's Home
Feb. 20	IZUMI-MACHI YAKUSHI-JI (Temple)
Feb. 21	HINODE-MACHI Mr. S. Sugi's Home
Feb. 22	NAGAKI-MACHI Mr. K. Sumiyoshi's Home
Feb. 24	ARATAMA-MACHI Office of federated neighbours' group

NUTRITION

Subject: Report on the summary investigation of Thyroid Gland
To : Lt. Lawrence
From : Chief of Health Office, Ehime Ken

1. Location: Sangawa-Mura, Kami-Ukina-Gun, Ehime Ken.
2. Geographical characteristic:

This village is almost entirely surrounded by the high mountains, and faces a small river. The soil survey shows acid, but the detailed geological survey has not yet been carried out. This village has a population of about 3,870.

- a. Classification of inhabitants' occupations:

Farming: 90% Forestry: 5% Other: 5%

- b. Physical condition of the inhabitants:

People inhabiting on the mountain-side live almost entirely on durra and cereals. People along near the river side (of which number is very few) live on wheat and rice beside the above two. Generally speaking the physical constitution is in a very undesirable condition from lack of albumen and fat. This condition is considered to be partially due to the abnormal custom of meal.

- c. Water for drinking purpose:

80% of the inhabitants get the water supply from the river near by. 20% of them from wells.

- d. Sanitary condition:

People are very ignorant of hygienic living, and sanitary arrangements are extremely scarce, too.

Remarks: There occurred 3 cases of typhus in June 1946.

3. a. Many of the patients are found on the mountain-side.
b. Lactated babies are entirely free of this disease, but a few of the weaned children are sometimes found out to have contracted this disease. 80% of the school children of junior class are reported to be patients of Thyroid gland.
c. Some of the school-children who took refuge from air-bombing or war fire for safety from cities have been found out to be patient of thyroid gland.

Remarks (2)

- Invisible
- + Suspected patient
- x Sometimes visible
- xx Always visible
- xxx Particularly large

School Grade - Size of Gland	7-8		7-8		8-9		School-Children who came in for safety from air-bombing	
	1st Junior Grade of Primary School- Course		The Junior Grade of Primary School- Course		2nd Senior Grade of Primary School- Course		male	female
-	4	2	6	3	8	3	7	3
+	7	6	6	3	5	3	2	2
x	9	24	16	13	5	14	1	6
xx	6	7	1	6	0	0	0	0
xxx	0	1	0	0	0	0	0	0
	15	32	17	19	5	14	1	6

Inspection on thw whole children:

Size of gland	Number of children who were found out to be pateints of thyroïd gland	Proportion of the pa- tients to the whole children
-	32	7.3%
+	63	14.5%
✓ x	230	52.7%
✓ xx	108	24.8%
✓ xxx	3	0.7%
	<u>436</u>	<u>100.0%</u>

1
230
108
3

341

(Total number of the school children is 480)

d. Statistic on rates of death and birth:

	<u>Total Population</u>	<u>Birth</u>		<u>Death</u>	
		<u>No. of new babies</u>	<u>Proportion of birth to 1,000 people</u>	<u>No. of death</u>	<u>Proportion of death to 1,000 people</u>
1940	3,706	137	36.6%	68	18.3%
1941	3,781	148	39.1%	69	18.0%
1942	3,829	114	29.8%	61	15.8%
1943	3,899	136	35.0%	62	15.9%
1944	3,925	116	29.5%	79	20.1%
1945	3,915	95	24.3%	78	19.7%
1946 (as of 31 Oct.)	3,874	130	33.5%	62	16.5%

4. Estimated sources of this curious disease;

- a. Food.
- b. Water for drinking.
- c. Soil.
- d. Geographical environment.

5. Classification of patients from the point of age:

Most of the patients are around 10 years old. At about 7 years old, children begin to show the clinical sign. As children grow up, the sign gradually comes to be invisible.

6. Clinival signs:

Gland is quite hard, and about the size of an ostrich-egg, at the biggest. It is sometimes spread around the neck.

Remarks (1) Japanese School System.

<u>School Grade</u>	<u>1st Junior Grade</u>	<u>2nd "</u>	<u>3rd "</u>	<u>4th "</u>	<u>5th "</u>	<u>6th "</u>	<u>1st Senior Grade</u>	<u>2nd "</u>
Age	7-8	8-9	9-10	10-11	11-12	12-13	13-14	14-15

Subject: Interim report on the nutrition
survey

Location	Number of people examined underwent
Matsuyama	2,595
Kawakami-Mura, Nishiuwa-Gun	590
Sangawa-Mura, Kamiukina-Gun	556

Total: 3,751

SUPPLEMENTARY PERSONAL HISTORY STATEMENT

HEADQUARTERS KOBE B/ SB

NAME _____ SEX _____
 (last) (first)

PRESENT ADDRESS: _____
 (Number) (Chome) (Ward)

 (District) (City) (Prefecture)

PERMANENT PLACE OF RESIDENCE: _____
 (Number) (Chome) (Ward)

 (District) (City) (Prefecture)

1. Are you now employed by the U.S. Army? Yes () No ().
 a. If so, place, name of organization and position now held.

2. Have you been previously employed by the U.S. Army? Yes () No ().
 a. If so, inclusive dates, place, name of organization and position held.

3. State the place and dates and name of organization of any previous interrogations in applying for employment in the Occupation Forces.

4. Were you formerly a member of the Intelligence, Counter Intelligence, State or Secret Police, Kempei Tai, or other Special or Secret Intelligence, or military or naval police organizations, or public agencies responsible for the control of thought, speech or assembly? Yes () No ().
 a. If so, inclusive dates and name of organization.

5. Were you ever removed from office from any of the public or private educational institutions in Japan, either as a teacher or educational official, in compliance with SC/P Directives? Yes () No ().
 a. If so, date, name of city, name of school, and position formerly held.

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Nutrition Affairs
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SUBJECT: Report on Nutrition Survey
 TO : Lt. Lawrence
 FROM : Dr. Akiyama

Examination of physical symptoms:

<u>Place</u>	<u>Date</u>
1. Kawakami-mura Nishiuwa-gun, Ehime Ken	May 5 & 6.
2. Sangawa-mura Kamiukena-gun, Ehime Ken	May 5 & 6
3. Matsuyama-shi	From May 12 to May 20.

Nutrition Survey

Nutrition Official's (Mr. Ikeyama)
Opinion as to the survey.

1. The idea "Rice is best of all other foodstuffs" must be changed.

In the lives of the Japanese people, the idea "Rice First" has, for many centuries, stuck fast to their brain. In the past we attached much more importance upon rice than any other foodstuffs.

Now we are confronted with the necessity of the drastic change of this conventional idea. It seems to be quite difficult to change this tradition in a night.

The latest nutrition survey, however, shows that this old idea is gradually being changed; some people find out that they can get much more nutrition from other foodstuffs, which have been regarded unsuitable for eating.

2. Loss of mothers' bodyweight.

In the examination of physical condition, loss of mothers' bodyweight is conspicuous.

This results in shortage or lack of lactation.

3. Co-operation from people is desired.

The Japanese Government can't announce the result of nutrition survey without the permission of SCAP.

Sometimes the announcement is delayed. It is desired that G.H.Q. would grant the permission to the Japanese Government to make public the result of the nutrition survey as soon as people can realize the latest situation of national nutrition. The importance of nutrition survey is not understood by the ordinary people.

Conclusion

The average amount of calories necessary to support human body is estimated 2160.

The ration of foodstuffs, however, is very small. It is no exaggeration that the Japanese people can't live a day without the black good.

The Ehime Ken people are better fed as compared with the nutrition condition of big cities in Honshu. However the food ration is delayed even here.

The Prefectural Nutrition Dept must embark upon the education movement of the improved dietary livings.

Report on Nutrition Survey.

In conformity with the instructions from the Welfare Ministry, Ehime Ken Health Dept. carried out the nutrition survey at Matsuyama, Sangawa-Mura, and Kawakami-Mura,

Date	Place	Examined Number		Remarks
May 19 May 30	Matsuyama	997 (Male)	1753 (Female)	War-damaged city
May 6 May 7	Kawakami- Mura	237 (Male)	336 (Female)	People live almost wholly on corn
May 6 May 7	Sangawa- Mura	297 (Male)	256 (Female)	People live almost wholly on sweet-potato.

Remarks; Sangawa-Mura is well known for many cases of swollen thyroid gland.

Physical Symptoms

Symptoms	Matsuyama		Kawakami		Sangawa	
	Male	Female	Male	Female	Male	Female
Anemia	913 (1.3%)	36 (2.7%)	12 (5.1%)	18 (5.4%)	6 (2.0%)	6 (2.3%)
Hyperkeratosis	0	1 (0.1%)			0	2 (0.8%)
Xerosis Cornea	0	1 (0.1%)				
Cheilosis	55 (5.6%)	55 (4.1%)	12 (5.1%)	12 (3.6%)	41 (13.8%)	32 (12.4%)
Stomatitis & Glossitis	0	1 (0.1%)				
Loss of Knee jerks	116 (11.8%)	142 (10.5%)	33 (13.9%)	44 (13.1%)	32 (10.8%)	28 (10.8%)
Edema	4 (0.4%)	12 (0.9%)	0	4 (1.2%)	1 (0.3%)	0
Chronic Diarrhea	12 (1.2%)	15 (1.1%)	7 (3.0%)	5 (1.5%)	8 (2.7%)	8 (3.1%)

Physical Symptoms

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Symptoms	Matsuyama		Kawakami-Mura		Sangawa-Mura	
	Male	Female	Male	Female	Male	Female
Bradycardia	4 (0.9%)	4 (0.5%)	2 (1.6%)	0	1 (0.5%)	0
Delayed menstration, Menstrual Discharge	37	37 (9.9%)		10 (11.0)	72 (9.7%)	→
Shortage or Lack of Lactation		27 11 (40.7%)		29 5 (17.2%)	9 (0.03%)	→

Calories taken by each person a day

Region	Albumen			Calories
	Animal	Vegetable	Total	
Matsuyama	9.8gr	46.5gr	56.3gr	1857.6
Kawakami-Mura	6.5gr	37.0gr	43.5gr	2038.9
Sangawa-Mura	1.5gr	54.8gr	56.3gr	2273.4

Calories taken by each adult a day.

Region	Albumen			Calories
	Animal	Vegetable	Total	
Matsuyama	11.2gr	52.8gr	64.0gr	2293.3
Kawakami-Mura	7.5gr	42.9gr	50.4gr	2548.6
Sangawa-Mura	1.7gr	33.6gr	35.3gr	2131.2

Classification of channels

Region	Channels	Albumen		Total	Calories
		Animal	Vegetable		
Matsuyama	Legal channel (Ration)	0.6gr	22.2	22.8	1040.3
	Black channel	7.1	8.5	15.6	245.2
	Self-production	0.1	14.4	14.5	522.0
	other	2.0	1.4	3.4	50.1
	Total	9.8	46.5	56.3	1857.6
KawaKami-Mura	Legal channel (Ration)	/	6.7	6.7	355.9
	Black channel	4.5	5.9	10.4	268.5
	Self-production	2.4	29.5	31.9	1906.3
	Other	0.6	0.8	1.4	17.9
	Total	7.5	42.9	50.4	2548.6
Sangawa-Mura	Legal channel (Ration)	/	14.8	14.8	649.0
	Black channel	1.3	7.4	6.0	45.4
	Self-prod.	0.1	41.3	41.4	1740.6
	Other	0.3	2.8	3.1	196.2
	Total	1.7	63.6	65.3	2631.2

Subject: A few findings on the nutrition survey.

In conformity with the program of the Public Welfare Ministry, the nutrition survey and the physical examination were done in three places — Matsuyama-shi, Sangawa-mura, Kamiukino-gun, and Kawakami-mura, Nishiura-gun.

~~The~~ Matsuyama-shi was selected as a ~~representative~~ representative of the war-damaged cities.

In Matsuyama-shi, the physical examination was done on August 11, 12 and 13; and about 2580 people were examined.

The nutrition survey there was done on August 18, 19, 20, 21 and 22; 240 units of families were examined.

In Kawakami-mura, Nishiura-gun, where people eat sweet-potatoes as the staple food, the physical examination was done to 550 people, and the nutrition survey done to 55 units of families.

In Sangawa-mura, Kamiukino-gun, where

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the people eat corn and cereals as the staple food, and many patients of swollen thyroid gland are found out, the physical examination was done to 550 people, and the nutrition survey to 55 units of families.

Since the dissolution of Tonari-Gumi (neighbours' association organized during the war), it has been quite difficult to carry out the mass-examination at ~~the definite~~ ^{one} place and on the definite day.

However, due to the enthusiasm shown by the people, much more people than were expected could be examined as to the physical condition.

Any definite conclusion pertaining to the physical examination and the nutrition situation can't be indicated without the detailed and accurate statistics of them. However, it can be said that "Rice First" is being revised. ^{the idea} is being ^{gradually}