

HGAPS Wikimedia User Group

Annual Report for 2021



HELPING GIVE AWAY PSYCHOLOGICAL SCIENCE

HGAPS

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Executive Summary

We continued to operate primarily over Zoom, with one affiliated chapter (University of North Carolina at Chapel Hill) switching to a hybrid format with 20-30 people meeting on campus in person (following current local public health protocols) while also using Zoom to include volunteers from other regions of the USA, Mexico, Canada, and Ireland. The 501c3 completed expansion of its Board of Directors to 16 members drawn from 5 different countries (USA, Canada, Singapore, United Kingdom, and Australia), with Anna Van Meter, PhD, becoming President, and Eric Youngstrom, PhD, moving into the role of Executive Director. The 501c3 received additional grants from professional organizations, leading to the expansion of the free Assessment Center to include 65 measures used more than 50,000 times. The Evidence-Based Assessment page pile on Wikiversity expanded to more than 1,600 printed pages of material (using the “print a book” tool) with more than 300,000 views (using Massviews tool). Wikiversity content accrued more than 500,000 total views across all of our page piles. Membership in the Wikimedia User Group increased. More students presented work at professional societies based on HGAPS affiliated projects (see appendix). HGAPS also engaged with two classes in

the Shuford Entrepreneurship Minor at the Kenan Flagler Business School of the University of North Carolina at Chapel Hill, resulting in 8 different student projects focused on raising visibility or rebranding HGAPS platforms. A new internship program was started with the North Carolina School of Science and Mathematics, a state-wide magnet high school program. Eric Youngstrom delivered a Presidential Address to Division 5 of the American Psychological Association about HGAPS and opportunities for psychologists to collaborate with HGAPS and engage with various Wiki platforms (Wikiversity, Wikidata, and Wikipedia, as well as other language versions besides English).

Goals for 2022

Goals for 2022 include:

- Increase membership,
- Actively reach out to experienced editors to enlist them in working with professional societies and HGAPS to improve key articles to GA status,
- Improve technical skills of volunteer editors, with an increased emphasis on Wikidata,
- Continue to gather psychological assessment materials,
- Increase usage of the Assessment Center,
- Increase awareness of HGAPS and engagement by mental health professionals, researchers, and educators,
- Expand our following on social media platforms
- Change tax filing to 990EZ instead of 990N with the Internal Revenue Service of the United States of America
- Provide increased detail about budget and accounting corresponding with the 990EZ
- Apply for Wikimedia Foundation Project Grant
- Engage in strategic planning for growth and increased engagement with the WikiMedia Foundation over the next five years.

Our Vision and Mission

Helping Give Away Psychological Science (HGAPS pronounced as two syllables: "H-Gaps") is a volunteer-based non-profit (501c3) that is dedicated to helping the best information about psychological science reach the people who would benefit. HGAPS aims to bridge the gap between students, clinicians, researchers, and the public by creating and spreading accessible and free resources. We bring together students and content experts to gather and present the best information about psychological science to the people who benefit. We aim to link Wikipedia (and Google) with high-quality resources and information about psychological science, improving the next generation of training, and creating tools that help practitioners and researchers.

The official vision and mission statements are:

Vision: Share psychological science to help improve lives.

Mission:

Bridge the science-practice gap by collecting, distilling, and sharing psychological science to promote well-being in the community

HGAPS Wikimedia User Group

The HGAPS Wikimedia User group is one of the most important parts of the many ways that HGAPS is executing its mission objectives. One of the goals for 2021 was to better document on Meta-Wiki and on Wikiversity what HGAPS has been doing *outside* of Wiki. We made a lot of progress on this, visible [here](#).

Having better documentation visible on-Wiki will improve communication and coordination of activities. A strategic goal is to increase partnerships between content experts and professionals with little or no experience with Wiki paired with experienced Wikimedians. Success will require building bridges between existing communities inside and outside of Wiki.

This page under-went rapid updates at the end of 2021, sharing the "back catalog" of activities outside of Wiki that will make the range and scope of activity more visible to the Wiki communities.

Plans and activities

A notable list of our activities are as follows:

- We have worked on a set of more than 300 pages on Wikiversity focused on psychological assessment ([views here](#))
 - We are working on reorganizing our page piles to have them be easier to review, and increased our use of categories in late 2021 and going forward.

A complete list of our current and past projects can be found:

- [HGAPS Wikiversity Page](#)
- [Official Helping Give Away Psychological Science Page.](#)

Past Events

Event	Date	Location
Edit-a-thon	3/11/2021	UNC Chapel Hill, Chapel Hill,

		NC, USA
Edit-a-thon	4/8/2021	UNC Chapel Hill, Chapel Hill, NC, USA
North Carolina Psychological Association Annual Meeting	9/17/2021 - 9/18/2021	Durham, NC, USA
Future Directions Forum	6/17/2021 - 6/19/2021	Washington, D.C., USA
American Psychological Association Annual Convention	8/11/2021 - 8/14/2021	(virtual)
Association for Behavioral and Cognitive Therapies Annual Convention	11/16/2021 - 11/21/2021	(virtual)

Coming soon: Links to talks focused on HGAPS and sharing with the professional community about Wiki and Creative Commons licensing as well as some other projects and initiatives of HGAPS.

List of Grants

HGAPS has received a series of grants from a variety of sources, including professional societies (e.g., the Association for Psychological Science [APS], the American Psychological Association [APA], the Society for Clinical Child and Adolescent Psychology [SCCAP, Division 53 of the APA], the Society for Clinical Psychology [SCP, Division 12 of the APA], and the Society for a Science of Clinical Psychology [SSCP]), as well as foundations, grants, and awards made directly to students and affiliated student organizations (such as the Student Senate grants made by Student Government Associations at universities with affiliated HGAPS student club chapters).

The funds received in the calendar year covered by the report are listed below.

[Creating an Open Teaching Toolkit to Level the Playing Field for Access to Research Skills for Analysis and Presentation at Conferences](#)

Funded Fall 2021, \$4,997 by the Association for Psychological Science

Co-PI: Eric Youngstrom; Wilson Jacobs

Student Senate grant to HGAPS for Community Engagement

Funded January 2021, \$4,500 by the Student Government Association of the University of North Carolina at Chapel Hill

PI: Taylor Steele; Faculty Mentor: E. Youngstrom

Appendix I: List of student projects for 2021

Students are connecting with HGAPS around a variety of topics, and learning and using a wide variety of skills. It is exceptional experiential learning. One of the neatest aspects is how many of them lead to tangible products. Often these are things that they can add to their resume or *curriculum vitae* (CVs). Even better, many of these are things that they share with larger audiences. These include professional societies, conferences, social media, and --increasingly often -- various Wikis!

We also built our own [project dashboard](#) and attached our most active editors and collaborators to it.

[HGAPS Student Products complete list](#)

Selected Class Projects

HGAPS also has been partnering with students in the Kenan-Flagler School of Business at the University of North Carolina at Chapel Hill, with Chris Mumford as the professor teaching design thinking and innovation.



Splash screen from presentation

Projects have included presentations about ways to improve visibility of free resources and increasing student engagement with HGAPS and Wiki resources.

2021

- **Karamitros, V., **Andrews, A., **DeBlois, N., & **Riginos, A. (2021, November). [HGAPS Social Media Campaign](#). Project presented in Shuford Entrepreneurship Minor Program, Kenan Flagler School of Business, University of North Carolina (UNC) at Chapel Hill, NC.
- **Berridge, E., **Nielsen, M., **Miller, P., & **Huffman, C. (2021, November). [Academic Publishing](#). Project presented in Shuford Entrepreneurship Minor Program, Kenan Flagler School of Business, University of North Carolina (UNC) at Chapel Hill, NC
- **Ramirez, C., **Rivell, M., **Zhang, J., & **Desto, J. (2021, November). [HGAPS Google Ads Initiative](#). Project presented in Shuford Entrepreneurship Minor Program, Kenan Flagler School of Business, University of North Carolina (UNC) at Chapel Hill, NC
- **Hearn, L., **Hinojosa, J., **Lahoti, R., **Burnett, R., **Vann, T. (2021, November). [Competitive Landscape for Assessment](#). Project presented in Shuford Entrepreneurship Minor Program, Kenan Flagler School of Business, University of North Carolina (UNC) at Chapel Hill, NC.

- **Glass, K., Shuford, J., Berry, J., & Brown, S. (2021, November). [HGAPS YouTube Channel](#). Project presented in Shuford Entrepreneurship Minor Program, Kenan Flagler School of Business, University of North Carolina (UNC) at Chapel Hill, NC.

Peer Reviewed Student Presentations (Oral Paper Presentations and Posters)

Note that these only include peer reviewed conferences or invited addresses at state or national meetings.

These are currently an under-count, as they are only the ones tracked by Eric Youngstrom (who shared a list with HGAPS), and we are in the process of adding other independent presentations to the list during first quarter of 2022.

KEY:

**Undergraduate Student or postbaccalaureate individual

*Graduate Student

2021

- Youngstrom, E.A., **Wilson, E., *Langfus, J.A., *Choplin, E.G., **Vincent, C., & **Kim, H. (2021, November). Best of the Free Resources for Untangling Mood and Anxiety Problems: Finding, Using, and Improving Our Toolkits. Three-hour workshop presented at the annual meeting of the Association for Behavioral and Cognitive Therapies (virtual). [Slides CC BY 4.0](#)
- *Choplin, E.G. (2021, November). Connecting OSF.io with Wikiversity and GoogleDocs to Speed Workflow with an Eye towards D & I. Paper presented in E.A. Youngstrom (Chair) Research and Professional Development Seminar at the Annual Meeting of the Association for Behavioral and Cognitive Therapies (virtual).
- *Wilson, E.L. (2021, November). Assessment center -- A demonstration project for having our science help immediately. Paper presented in E.A. Youngstrom (Chair) Research and Professional Development Seminar at the Annual Meeting of the Association for Behavioral and Cognitive Therapies (virtual).
- **Miller, J.V., **Little, G.A., **DuBois, C.M., & *Kang, R.M. (2021, November). Mentorship in the Dissemination and Implementation Space: What I Did With my Summer With HGAPS. Paper presented in E.A. Youngstrom (Chair) Research and Professional Development Seminar at the Annual Meeting of the Association for Behavioral and Cognitive Therapies (virtual). [Slides CC BY 4.0](#).
- *Kim, H. (2021, November). Using Creative Commons Licensing to Leverage Social Media as a Way of Sharing Science. Paper presented in E.A. Youngstrom (Chair) Research and Professional Development Seminar at the Annual Meeting of the Association for Behavioral and Cognitive Therapies (virtual).
- *Langfus, J.A. (2021, November). So You Want to Write on Wiki? Dos and Don'ts for Writing About Science Where the Most People Will See It. Paper presented in E.A.

- Youngstrom (Chair) Research and Professional Development Seminar at the Annual Meeting of the Association for Behavioral and Cognitive Therapies (virtual).
- **Miller, J.V., **DuBois, C.M., **Little, G.A., *Kang, R.M., Youngstrom, E. A. (2021, November) Examining a Three-Factor Model of the Hypomania Checklist (HCL-32) in an International Sample. Poster presented at the meeting of the Association of Behavioral and Cognitive Therapies (virtual). <https://doi.org/10.17605/OSF.IO/4ZBK6>
 - *Langfus, J.A. (2021, August). Writing for Wikipedia: A Unique Method for Student Engagement. In K. Geisinger (Chair) Building from the Ground UP: Methods for Early Career Engagement in Division 5 [Symposium presentation]. Annual meeting of the American Psychological Association (virtual).
 - **Toth, S. (2021, June). Conformity to Asian Cultural Norms Is Associated with Less Concern About Eating Behavior, and Uncorrelated with Restraint Eating Disordered Behaviors on the EDE-Q. Poster presented at the Annual meeting of the Journal of Clinical Child and Adolescent Psychology (JCCAP) Future Directions Forum (FDF), (virtual). (PSYC 525)
 - **DuBois, C.M., Youngstrom, E. A., Youngstrom, J.K., Feeny, N.C., & Findling, R.L. (2021, June). Sexual abuse and female identity significantly predict PTSD symptom presentation in children and adolescents. Poster presented at the Annual meeting of the Journal of Clinical Child and Adolescent Psychology (JCCAP) Future Directions Forum (FDF), (virtual). (PSYC 525)
 - **Jacobs, W., **Lu, B., *Langfus, J., & Youngstrom, E. A. (2021, June). Gender Differences in How Agreeableness Predicts Suicidal Ideation. Poster presented at the Annual meeting of the Journal of Clinical Child and Adolescent Psychology (JCCAP) Future Directions Forum (FDF), (virtual). (PSYC 525)
 - **Smith-Ayala, A., & Youngstrom, E. A. (2021, June). Does Hispanic Heritage Moderate the Relationship Between Gender and Social Anxiety Scores? Poster presented at the Annual meeting of the Journal of Clinical Child and Adolescent Psychology (JCCAP) Future Directions Forum (FDF), (virtual). (PSYC 525)
 - **Hager, K., & Youngstrom, E. A. (2021, June). Men and Nonbinary People Have Significantly Higher Suicidal Ideation Than Women Even When Controlling for Severity of Depression. Poster presented at the Annual meeting of the Journal of Clinical Child and Adolescent Psychology (JCCAP) Future Directions Forum (FDF), (virtual). (PSYC 525)
 - **Murphy, C., & Youngstrom, E. A. (2021, June). Contribution of Anhedonia Symptoms to Reported Burden of Depression. Poster presented at the Annual meeting of the Journal of Clinical Child and Adolescent Psychology (JCCAP) Future Directions Forum (FDF), (virtual). (PSYC 525)
 - **Harmon, J.E., & Youngstrom, E. A. (2021, June). Arousal and Avoidance as Predictors of Child PTSD Symptom Scale Total Scores with Age and Gender as Moderators. Poster presented at the Annual meeting of the Journal of Clinical Child and Adolescent Psychology (JCCAP) Future Directions Forum (FDF), (virtual). (PSYC 525)
 - **Shive, C., & Ljungstrom, E. (2021, June). A Cross-Cultural Study on the Role of Gender and Birth Country in Agreeableness & Openness. Poster presented at the Annual meeting of the Journal of Clinical Child and Adolescent Psychology (JCCAP) Future Directions Forum (FDF), (virtual). (PSYC 525)
 - **El Hadad, S., & Youngstrom, E. A. (2021, June). Impacts of highs as predictors of sunny and dark scores on the HCL-32 in an international sample. Poster presented at

- the Annual meeting of the Journal of Clinical Child and Adolescent Psychology (JCCAP) Future Directions Forum (FDF), (virtual). (PSYC 525)
- **Little, G., & Youngstrom, E. A. (2021, June). The Effects of Average Length of 'Highs' and Respondent Gender on Reported Response of Others to Highs Assessed Through the Hypomania Checklist (HCL-32). Poster presented at the Annual meeting of the Journal of Clinical Child and Adolescent Psychology (JCCAP) Future Directions Forum (FDF), (virtual). (PSYC 525)
 - Youngstrom, E.A., **Steele, T., **Kim, H., **Vincent, C., & **the School Mental Health HGAPS Team (2021, March). School Mental Health meets COVID: Free online resources from HGAPS.org. Talk presented at 2021 Southeastern School Behavioral Health Conference, Virtual.