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ATTN: PUBLIC WELFARE OFFICER

Hatsuji No. 38

May 11th, 1949.

To : Each of Governor of Metropolis, Hokkaido and Prefecture.

From : Vice Minister of Welfare
Vice Minister of Agriculture and Forestry.

Subject: Carrying out the Day Nursery Lunch program.

The plan for the subject matter has been under way and recently with special understanding of G.H.Q. it was decided to make special supply of materials for giving lunch as per the attached "Outline for the Day Nursery Lunch Program". With due considerations on each local situation and effort to permeate the program, adequate operation with the following in your mind is requested.

1. Giving lunch in day nurseries and nursery rooms of mothers' homes (to be referred as day nursery hereinafter) is to be practiced from the viewpoint that care and feeding

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1. Giving lunch in day nurseries and nursery rooms of mothers' homes (to be referred as day nursery hereinafter) is to be practiced from the viewpoint that care and feeding are inseparable and the adequate supplying for nutrition for the infants and preschool children means better nursery care.

2. The agencies eligible for the program are the day nurseries authorized by Child Welfare Law.

3. The management of the materials supplied by the government for the day nursery lunch shall be subject to that of LARA materials and careful considerations must be given for their receipt, delivery, custody etc. so that no preventable accident may happen.

4. In order to secure the needed amount of nutrition for the infants and preschool children, each prefecture shall make WHO?
effort to give special supply of vegetable and other [illegible]-

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out depending solely on the governmental supply and to improve the contents of the lunch by giving guidance for cooking etc., WHO

5. The special subcommittee for Day Nursery Lunch of Local Child Welfare Boord and Function Committee consisting of the agencies involved shall be organized which shall have an effective function with also mutual liaison and not become organs of formalism.

6. It is necessary to gauge the results of the lunch program which must be utilized for better health guiding of infants and preschool children.

In the day nursery least once in a month on a regular day the infants and preschool children shall be weighed.

7. The precaution for not charging too much at a time to the children's guardians and effort to reduce their burden as much as possible shall be made so that the development of this program may not be hindered by too heavy expense on the guardians.

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Outline for the Day Nursery Lunch Program

(March 10th 1949)

1. Purport:

As it is exceedingly important from the standpoint of improving the nursery care to give nutritious food adequately in both public and private agencies caring for the infant and preschool children, it is to be practiced in the day nurseries permanently established as per the following order.

2. Those eligible:

All the infants and preschool children of day nurseries, public and private, permanently established and authorized by Welfare Ministry are eligible for the lunch.

3. Method:

The lunch is to be given with such materials as the imported food, the special supply by the government and the prefecture and whatever the agency managers may be able to get and for 25 days each month per a child as the standard (for the preschool children the food will be cooked as anxsiliary food).

4. Time:

It will be commended from June 1949.

5. Standard quantity per capita per day:

290 Calories and 13 gms of protein per day, 26 calories and 15 gm of protein per preschool child per day.

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290 Calories and 13 gms of protein per day, 26 calories and 15 gm of protein per preschool child per day.

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Effort will be made to maintain the above standards and consideration for adequate amount of fat, calcium, iron, vitamines etc. must be made.

6. Expense

For the expense of the lunch the charge for the cost is to be made to the children's guardians as a rule and its method etc. will be regulated separately.

7. Establishment of the Subcommittee for Day Nursery Lunch:

(1) In order to have successful development and adequate operation of the lunch program for infant and preschool children in day nurseries, Subcommittee for Day Nursery Lunch shall be established in Central Child Welfare Board.

(2) In Local Child Welfare Board, the Special Subcommittee for Day Nursery Lunch of Local Child Welfare Board shall be established which is consisted of those concerned with the day nursery Lunch program, the workers concerned with the materials for the lunch and the suitable persons for guiding for improvement of the lunch, the total of which shall not exceed fifteen of the committees and the temporary committees in the said Board. The Special Subcommittee for Day Nursery Lunch of Local Child Welfare Board shall be concerned with investigation and guidance on the necessary matters concerning the lunch program and distribution of and arraugement of the materials etc.,

(3) In each day nursery a Function Committee of the Lunch

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(3) In each day nursery a Function Committee of the Lunch Program Consisting of those responsible for the management of the day nursery and those with knowledge and experience, not exceeding ten members, shall be established for its operation.

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8. Purpose of the Lunch Program.

(1) Health promotion and prevention of disease by better nutrition.

(2) Tranining for good food habits such as manners at meal, chewing habit, cleanliness etc..

(3) Correction of unbalanced eating habit.

(4) Contribution to the inprovement of food habit in the homes.

(5) Guidance for adequate social life.

(6) Reduction of absence.

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Jihatsu No. 461.

May 11th, 1949.

To : Each of governors of Metropolis, Hokkaido and Prefectures.

From : Director of Children's Bureau Welfare Ministry.

Subject: Administering for the Lunch in Day Nurseries.

Regarding the Subject matter the instruction "May 11th Welfare Ministry Hatsu-Ji No. 38" was already issued in past by Vice Ministers of Welfare and Agriculture-and-Forestry. But this time it is to cover all the day nurseries throughout the country and as the imported materials are its main part careful management is requested. And the attached "Principle" of Dealing With the Day Nursery Lunch Materials" must be kept in mind in order to effect the purpose expected.

Note

1. The day nursery lunch materials to be supplied by the government (to be referred as the present materials hereinafter) are at present the powdered skin milk (imported food), miso (bean paste), soy bean sauce, sugar and oil.

2. The present materials shall not be used for any purpose

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Note

1. The day nursery lunch materials to be supplied by the government (to be referred as the present materials hereinafter) are at present the powdered skin milk (imported food), miso (bean paste), soy bean sauce, sugar and oil.

2. The present materials shall not be used for any purpose other than the day nursery lunch which is administered by Welfare Ministry.

3. Each prefecture shall have a definite person responsible for the receipt, custody and distribution.

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4. Upon the receipt of the present materials, the item , number, quality etc. should be inspected and they shall be kept in order.

In case any imported material which is not good is found, the disposition must be made with the approval of the Prefectural Public Health Department, Prefectural Welfare Department and the Agent designated by the governor and its data must be immedialety reported to the director of children's Bureau, Welfare Ministry.

5. Upon the receipt of present material the receipt per the attached form No. 1 shall be submitted immediately.

6. The present materials must be kept in a safe storage with full precaution against the damage and loss etc.

In case any accident should happen, the condition must be reported by the attached form No. 2.

7. In order to keep the conditions of receipt and delivery clear asways, the "Receipt and Delivery Book of the Day Nursery Lunch Materials" must be kept and the inspection of the materials going in and out and on hand shall be made.

Before 15th of each month the conditions of receipt and delivery of the materials shall be reported to Welfare Ministry in the attached form No. 3.

8. Guidance and supervision shall be given to the each agency

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Before 15th of each month the conditions of receipt and delivery of the materials shall be reported to Welfare Ministry in the attached form No. 3.

8. Guidance and supervision shall be given to the each agency to which the present materials were supplied to provide the "Receipt and Delivery Book of Lunch Materials" as in preceding paragraph and to make monthly, at least once a month, reporting of the conditions how it is carried out in a regular form.

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According to the above reports, the conditions how it is carried out in the day nurseries each prefecture during the preceding month shall be reported in the attached forms No. 4 and 5 before 15th of each month.

In case any trouble in the receiving and delivering the goods, the condition of operation for the lunch, and the handling of the cash etc. were found the report shall be made immediately to welfare Ministry.

9. As for the organizations of the Special Subcommittee for Day Nursery Lunch of Local Child Welfare Board and the Function Committee of the Day Nursery Lunch Program, the "Rules and Regulations of the Special Subcommittee for Day Nursery Lunch of Central Child Welfare Board" and "Rules and Regulations of Function Committee of Day Nursery Lunch Program" shall be referred.

10. As for the expense required for the day nursery lunch the cost price is to be paid generally by the recipient of the benefit and for the children who were admitted to the day nursery under the provision of Child Welfare Law, Article 24 and those who were admitted to the mothers' home by Article 23 of the same Law and are cared in the day nursery attached to the same mothers' home, the same amount which cost for the lunch is to be added to the amount to be paid as the service expense, Further instruction concerning the expense will be given separately.

11. Matters to be advised to the agencies which give the lunch.

Day Nursery Lunch of Local Child Welfare Board and the Function Committee of the Day Nursery Lunch Program, the "Rules and Regulations of the Special Subcommittee for Day Nursery Lunch of Central Child Welfare Board" and "Rules and Regulations of Function Committee of Day Nursery Lunch Program" shall be referred.

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11. Matters to be advised to the agencies which give the lunch.

(1) The kitchen, food utensils, kettles and pans etc. shall be kept clean and careful attention for hygiene must be always given.

(2) Every effort to prevent the fire shall be paid.

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(3) The health of the persons who cooks the food must be carefully considered and the prevention of the acute infections disease must be facilitated.

(4) Careful consideration must be givern for the nutrition, taste, color etc. in cooking these food materials, and it should be avoided to give just what was rationed mechanically.
Daily record of quantity used, calories, protein, expense required,etc. shall be kept.

(5) A definite person responsible for handling these materials shall be assigned, who is to take full charge of a certain store room for the materials to be kept for the burglary, loss, ceanlimess.

(6) Vegetable raising and feeding rabbits, goats etc. by the agencies should be enconraged for supplying foods for the children.

12. In case a report is made to the local military government regarding to the present materials a copy of the report and the reason for reporting shall be submitted to Welfare Ministry.

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Form No. 1

Receipt

The following materials for day nursery lunch have been received.

Date _____

By _____

Govermor of_____

(Stamped)

To Director of Children's Bureau Welfare Ministry

Item	Quantity	Date of receipt	Remarks

Form No. 2.

Accident Report of the Day Nursery Lunch Materials.

_____Prefecture

Item	Quantity received	Quantity damaged	Balance	Remarks

Remarks:

Under the columa of Remarks, how and why the damage was made shall be entered.

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Form No. 3.

Report on Receipt and Delivery

of Day Nursery Lunch Materials

_____ Prefecture

For the month of _____

Item	Quantity Received	Quantity delivered	No. of agencies delivered	Date of delivery	Balance on hand	Name and location of storage	Remarks

Remarks:

(1) Careful corroboration of the figures of current month and the preceding month shall be made so that no error be occured.

(2) [illegible]

For the month of _____

Item	Quantity Received	Quantity delivered	No. of agencies delivered	Date of delivery	Balance on hand	Name and location of storage	Remarks

Remarks:

(1) Careful corroboration of the figures of current month and the preceding month shall be made so that no error be occured.

(2) "Balance on hand" in the report sheet of the preceding month shall be entered in the column of "Quantity received" of the current month sheet with note in the "Remark" column about it.

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Form No. 4.

Report of Day Nursery Lunch

_____Prefecture

(For the month of _____)

Name of Agency	No. of lunch given	No. of children lunch was given			Average Per day				Average Cost Per day		Remarks
		Infants	Pre-school children	Total	Infant	Pre-school children	Infant	Pre-school children	Infants	Pre-school children	

(For the month of _____)

Name of Agency	No. of lunch given	No. of children lunch was given Infants	Pre-school children	Total	Average Per day Infant	Pre-school children	Infant	Pre-school children	Average Cost Per day Infants	Pre-school children	Remarks
Total											

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Form No. 5.

Report of Day Nursery Lunch

_____ Prefecture

Item	Note
(1) How the food materials which were supplied by government are used for the lunch ?	
(2) The condition of the rationed materials other than the governmental.	
(3) Condition of the equipment for the lunch.	
(4) Concensus opinion of the children's guardians	
(5) The effect of the lunch on children	
(6) Condition of hygiene management	
(7) How is the lunch program guided ?	

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(2) The condition of the rationed materials other than the governmental.	
(3) Condition of the equipment for the lunch.	
(4) Concensus opinion of the children's guardians	
(5) The effect of the lunch on children	
(6) Condition of hygiene management	
(7) How is the lunch program guided ?	
(8) The operation of the Lunch Committee.	
(9) How the materials are kept ?	
(10) Any request to Welfare Ministry ?	

Remarks: The entry will be made in the above columns which is applicable only.

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Principle of Dealing with the Day
nursery Lunch Materials

1. The business pertaining to the facility and operation for the lunch to be given by day nurseries (inclusive of the nursery rooms of the mothers' homes) under the jurisdiction of metropolis, Hokkaido or the prefectur shall belong to the jurisdiction of the Department of Social Welfare of the same prefecture.

2. Welfare Ministry shall give each prefecture the standards of management concerning the day nursery lunch planning and the treatment of the food materials etc. necessary for carrying it out.

3. Each prefecture shall make its own standards for planning and carrying out the lunch according to the standards in preceding paragraph and give each day nursery under its jurisdiction.

4. Each prefecture shall select day nurseries which will give the lunch and apply for the allotment of the lunch materials to Welfare Ministry.

5. According to the application of preceding paragraph, Welfare Ministry shall make the allotment of the materials for each prefecture to which the allotment of the goods for each day nursery is delegated.

6. Although the day nursery lunch materials will be distributed through the regualar route by Public Corporation for Food Distribution and Public Corporation for Oil Distribution, its

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of the food materials etc. necessary for carrying it out.

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6. Although the day nursery lunch materials will be distributed through the regualar route by Public Corporation for Food Distribution and Public Corporation for Oil Distribution, its detailed instruction will be expected to be made.

7. Payment for the lunch materials shall be made as a rule in excharge with the goods.

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8. The prefecture shall give day nurseries under its jurisdiction necessary supervision as well as advise and guidance from time to time concerning the receipt, delivery and custody of the lunch materials and how it is carried out and dealing with cash.

9. In distributing the lunch materials to each a gency, it must be done accurately and adequately with the following in your mind.

(1) The amount to be supplied to an agency at one time shall be for a month at maximum and each agency's capacity for the storage must be considered for it.

In supplying for coming month, the surplus or deficit of the materials used by each agency shall be regulated and the distribution must be completed one week before the next month's lunch will be commenced.

In any case of poisioning happened in the day nursery by the present materials. An adequate measure as stopping it immedistely etc. shall be taken and its report shall be made to Welfare Ministry.

For the day nurseries which will start the lunch for the first time, supply will be made after giving full attention concerning the custody etc. of the materials.

Each prefecture shall make the necessary regulation for carrying out this principle so that day nursery Lunch will

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For the day nurseries which will start the lunch for the first time, supply will be made after giving full attention concerning the custody etc. of the materials.

Each prefecture shall make the necessary regulation for carrying out this principle so that day nursery Lunch will be carried out smoothly.

10. In case the superintendent of the day nursery should violate this principle purposely or by mistake and it is considerably against the purpose of giving the lunch, the prefecture shall take a necessary measure as to suspend the allotment of the materials.

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Regulation of Function Committee of so and so

Day Nursery Lunch Program

Article 1. The purpose of Function Committee of so and so Day Nursery Lunch Program (to be referred as Function Committee hereinafter) is to carry out the lunch program successfully.

Article 2. The Function Committee shall be consisted of a chairman and the members not exceeding nine persons.

Article 3. The superintendent of the day nursery shall request the personnel concerned with the lunch program the children's guardians and others who are suitable to become members.

Article 4. The chairman is elected by mutual vote. The chairman shall preside over the affairs of the Committee. In case of the chairman's absence the member who was designated by the chairman shall take his place.

Article 5. The tenure of the office of the member shall be for one year. Provided that for a special reason the release is not to be prevented before the term expires.

Article 6. The Function Committee shall act for the following in order to fulfill to purpose of Article 1.

1. Obtaining of the materials for the lunch.

2. Obtaining of the materials (equipment, fuel etc.) for

Article 3. The superintendent of the day nursery shall request the personnel concerned with the lunch program the children's guardians and others who are suitable to become members.

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Article 6. The Function Committee shall act for the following in order to fulfill to purpose of Article 1.

1. Obtaining of the materials for the lunch.
2. Obtaining of the materials (equipment, fuel etc.) for carrying out the lunch program.
3. Guidance and cooperation for cooking.
4. Any other necessary maters.

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Article 7. The chairman shall call for the committee meeting once in a month.

Article 8. The Function Committee shall have clerks not exceeding two. The clerk shall be appointed by chairman. The clerk shall take the duty for the general business under the direction of the chairman.

Supplementary Rule

This Regulation shall go into effect from _____ 1949.

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Difficulties in using the School Lunch
Committee for Day Nursery Lunch Program

1. As the number of children cared by a day nursery is not very large (averageis 100 childfen) the cooperative purchasment by the School Lunch Committee means the higher cost of office and other distribution expenses for the day nursery.

2. There is no way for getting the capital maney nessary for School Lunch committee.

3. As the number of the children in a day nursery is so small the materials have to be divided for the day nursery. There is apt to be loss at the time of this deviding process by the School Lunch Committee members who are not professional traders; and these losses cannot be refilled.

4. As a matter of fact the School Lunch Committee often has to ask the trads people to handle during the process after the Committee has received the good. Intervention of this Committee is making the situation all the more complicated.

5. The School Lunch Committee has to provide a temporary distribution station when the Committee cannot distribute to the school. For such situation the day nursery has to ask a transport agent, it has no money for such expense. And in case the day nurs-

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4. As a matter of fact the School Lunch Committee often has to ask the trads people to handle during the process after the Committee has received the good. Intervention of this Committee is making the situation all the more complicated.

5. The School Lunch Committee has to provide a temporary distribution station when the Committee cannot distribute to the school. For such situation the day nursery has to ask a transport agent, it has no money for such expense. And in case the day nursery workers should go to the station for the material the whole staff have to go to get the total amount.

i.e. Skim milk for a month for 100 children

25 gm x 25 days x 100 children = 6235 kg.

6. It is difficult to obtain the necessary gasoline and other necessary materials for transportation of the materials to the School Lunch Committee.

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4. Vegitable soup				
Skin-milk	25 gr	9.0 gr	90 cal	
Poteto	40	0.7	31	
Soy-bean	10	3.9	41	
Wheat flour	3	0.4	11	
Carrot	20	0.4	8	
Salt				
Total		14.4	181	

5. Chowder				
Skin-milk	25 gr	9.0 gr	90 cal	
Shell-fish	50	5.4	29	
Welsh onion	50	0.7	15	
Wheat flour	5	0.7	19	
Oil	3	-	27	
Salt				
Total		15.8	180	

6. Cream-soup				
Skin-milk	25	9.0	90	
Oil	5	-	45	
Wheat flour	5	0.6	19	
Pork(inordinary grade)	25	5.4	38	

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Total		14.4	181	

5. Chowder				
Skin-milk	25 gr	9.0 gr	90 cal	
Shell-fish	50	5.4	29	
Welsh onion	50	0.7	15	
Wheat flour	5	0.7	19	
Oil	3	-	27	
Salt				
Total		15.8	180	

6. Cream-soup				
Skin-milk	25	9.0	90	
Oil	5	-	45	
Wheat flour	5	0.6	19	
Pork(inordinary grdde)	25	5.4	38	
Spinach	20	0.6	4	
Salt				
Total		15.6	196	

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7. Cabbage-"Miso" soup				
Skin-milk	25 gr	9.0 gr	90 cal	
Pork	20	4.2	29	
Cabbage	50	0.7	11	
"Miso"	10	1.3	16	
Total		15.2	146	

8. Sardine-dumpling soup				
Skin-milk	25	9.0	90	
Sardine	30	4.7	44	
Welsh onion	50	0.7	12	
"Miso"	8	1.0	13	
Total		15.4	159	

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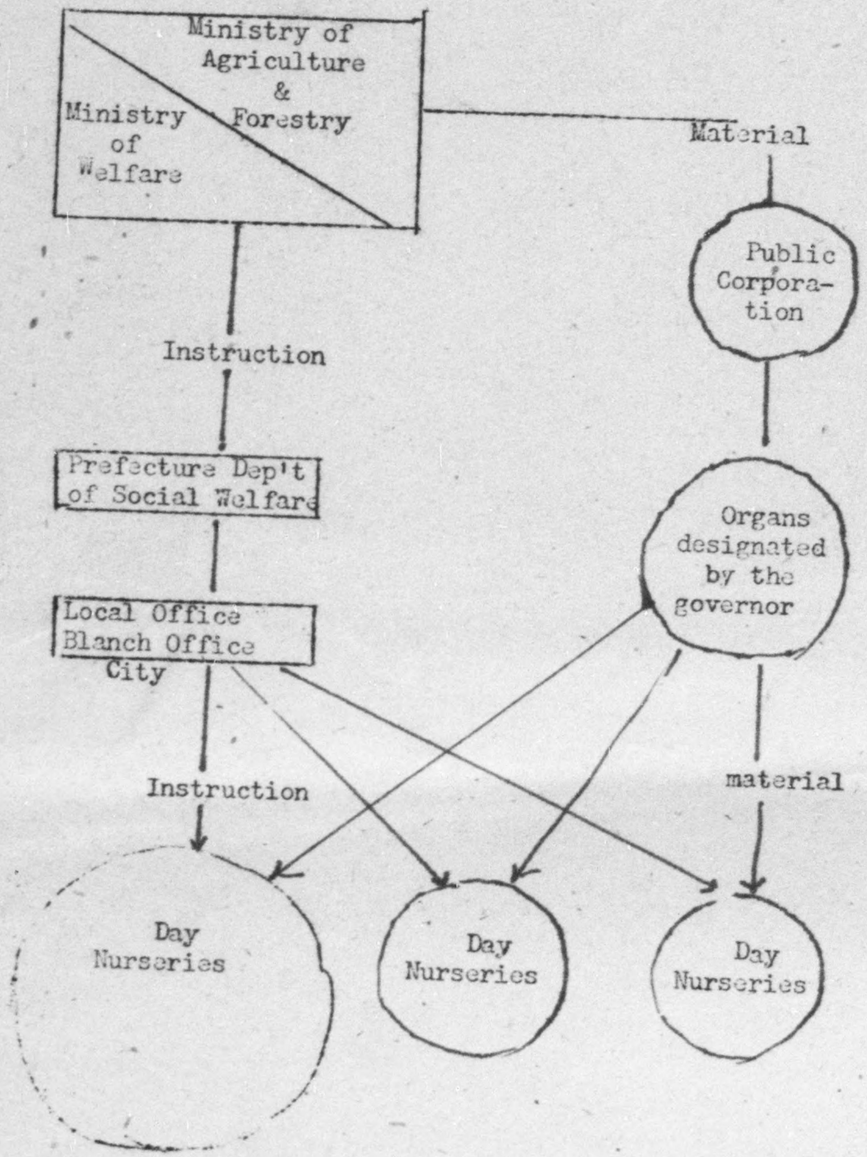
Organization for Distribution of

Day Nursery Lunch Materials (Draft)



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Regulation of special subcommittee of Child Welfare

Council for Day Nursery Lunch Program

Article 1. The Central Child Welfare Council shall have subcommittee for the day Nursery and the Nursery room in Mothers and Children's home lunch program (to be referred as day Nurseries, and day Nursery lunch committee) in order to deliberate the following items.

1. Concerning the matters in puting the day nursery lunch program in practice.
2. Giving guidance and derection for the day nursery lunch program.
3. Securing the necessary materials for the day nursery lunch program.
4. Attending to other necessary matters.

Article 2. The day nursery lunch committee shall be consisted of the members of the Central Child Welfare Council and special members, not exceeding 30.

Article 3. The day nursery lunch committee members shall be appointed from or requested to the following persons:

1. Public officials of the administretive offices concerned.
2. Persons concerned with the materials for the lunch program.
3. Suitable person for the improvement and guidance of the lunch program.

Article 4. The day nursery lunch committee shall have a chairman and a vice chairman appointed.

The chairman and the vice chairman shall be recconmended by the president of the Central Child Welfare Council. The chairman shall preside the

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in practice.

2. Giving guidance and derection for the day nursery lunch program.

3. Securing the necessary materials for the day nursery lunch program.

4. Attending to other necessary matters.

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1. Public officials of the administretive offices concerned.

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3. Suitable person for the improvement and guidance of the lunch program.

Article 4. The day nursery lunch committee shall have a chairman and a vice chairman appointed.

The chairman and the vice chairman shall be recconmended by the president of the Central Child Welfare Council. The chairman shall preside the affairs of the committee.

In case of the chairman absence the vice chairman shall take the chairman's place.

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Article 5. The day nursery lunch committee meeting shall be called by the chairman on the approval of the president of the Central Child Welfare Council.

Article 6. The day nursery lunch committee shall report to the Central Child Welfare Council of the matters of which the study in made.

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