

Nurse Corps News

VOLUME 2, ISSUE II

JUNE 27, 2008

Celebrating 100 Years of the Navy Nurse Corps

Several events and activities were conducted in San Diego in recognition of the Navy Nurse Corps Centennial Anniversary. On Saturday, March 8, 2008, the U.S. Marine Corps Silent Drill Team honored and recognized the Navy Nurse Corps by dedicating that afternoon's performance at Marine Corps Recruit Depot to the nurses of the Navy Nurse Corps. An exhibit of uniforms and memorabilia reflecting the rich 100-year history of the Navy Nurse Corps was displayed for public viewing at the Coronado Public Library from April 4 until May 31, 2008.

On May 10, 2008 over 320 active-duty, retired and former Navy Nurse Corps officers, civilian nurses, and friends and family members from across Southern California, including the commands of Naval Medical Center San Diego (NMCSD), NH Twentynine Palms and NH Camp Pendleton, gathered together in celebration at the Manchester Grand Hyatt Ballroom in San Diego. The event's guest speaker was Rear Admiral Christine Bruzek-Kohler, the 21st Director of the Navy Nurse Corps and the Chief of Staff, Bureau of Medicine and Surgery.

On May 13, 2008, a traditional birthday cake cutting ceremony with the "Wisest" and "Most Junior Navy Nurse Corps Offi-



CDR (Ret) Mary Lindner, NC, USN and ENS Brett Salazar, NC, USN cut the traditional birthday cake celebrating 100 years of Navy Nursing.

cer," 100 year-old CDR Mary Lindner, NC, USN, (Ret) and ENS Brett Salazar, NC, USN, was held in the NMCSD Courtyard. The ceremony consisted of a formal proclamation by the Mayor of San Diego and speaker comments from Rear Admiral Christine Hunter, Commander, Naval Medical Center San Diego. Rear Admiral (Ret) Fran Shea-Buckley, former Director Navy Nurse Corps (1979-1983), was the guest speaker for an evening reception, on May 13, 2008 and concluded the week's Nurse Corps events.

LT Vorachai Sribanditmongkol, NC, USN

COMING SOON: LOG INTO NKO AND SEE OUR NEWLY UPDATED NURSE CORPS HOME PAGE ON 30 JUNE!!

ALSO INSIDE THIS ISSUE:



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MARK YO CALENDA FOR UPC ING NC L VTCS REAR ADMIRAL MARY F. HAL AWARD



Celebrating Navy Nurse Corps Centennial Birthday

Centennial Gala in Washington, DC



CAPT Susan Herrold, RADM (ret) Betsy Morris, CAPT Margaret Beaubien, CAPT Kathleen Thorp, CAPT Karin Lundgren, RDML Karen Flaherty, CAPT Kathleen Pierce, CAPT Lisa Raimondo, and CDR Valerie Morrison



CDR Morrison, CAPT Pierce and CAPT Mike Vernere



RADM Cynthia Dullea with her husband, Jim



RADM Morris, RADM Christine Bruzek-Kohler and CDR Morrison



Celebrating doing the Conga Line at the Gala birthday in Washington D.C.

Photos submitted by CDR Morrison.



Admiral Alene Duerk, Admiral Maxine Condor, and Mrs. Vinci



Celebrating Navy Nurse Corps Centennial Birthday



Nursing Staff at Naval Hospital Beaufort



Nurses deployed aboard USS Boxer (LHD-4) during Operation Continuing



Naval Health Clinic Hawaii nurses: At the top of the pyramid LT Diane Kiiluhea then 2nd row left to right LTJG Marcelo Centaure, ENS Greg Zaryske, Paradisc cove dancer J. CDR Fawn Snow; 3rd row left to right CAPT Diane Aldrich, LCDR Lisa Clearman, CDR Rachele Cruz, CAPT Lori Carlson, CDR James Beasley, bottom row LCDR Dondria Smith Hollies and LCDR Rosemary Frieson



NH GTMO nurses: CAPT Linda Ireland (XO), LT Gloria Pierce, LT Charlene Hinch, LTJG Narlo Abenojar, LTJG Regina Grice, RN Debbie Blitch, RN Karen Meneley, CDR Cynthia Kuehner, CDR Stacy Ham, CAPT Collette Armbruster (DNS) Second Row: LTJG Tawanda Moore, LTJG Christopher Linger, LCDR Noel Lynn, LT Jeffery Peterson, LT Charles Patterson, LT Karen Ortolani, LT Frederick Huss



CDR Larry Bateman and his wife, Jackie, at the gala celebration in Washington D.C.



Navy Medicine Manpower, Personnel, Training and Education (Front Row) LCDR Myra McCune, CDR Janine Allen, CDR Fay Wahle, LCDR Rhonda Hinds, CDR Terri Kinsey (Back Row) CDR Timothy Bleau, CDR Christopher Pratt, CDR Marc Sullivan, CAPT Karen Biggs, LCDR Heather Holmes



Naval Hospital Guam Supervises Change Management Projects

Eleven senior University of Guam nursing students recently completed change management projects at U.S. Naval Hospital Guam as part of their "Leadership in Nursing" practicum. Each student completed 36 hours of clinical experience shadowing nurses in leadership roles at Naval Hospital Guam and at the Branch Medical Clinic. The nursing students and their preceptors reviewed areas for process improvement and change management projects, applying both theoretical and practical knowledge. Projects ranged from facilitating family-centered care in the Mother-Baby Unit and incorporating best business practices into daily clinic operations to addressing nursing shortages from a Director of Nursing Services perspective. Coming up with ideas for change projects was not difficult. "There are always processes that need to be improved. I gave my student three or four projects to choose from," said LCDR George Reichert, Division Officer of Branch Medical Clinic.

Some nurses provided leadership at the bedside with one nursing student piloting and evaluating a daily goals worksheet to improve communication in the Intensive Care Unit. Some provided leadership in the outpatient setting, helping their students understand pay for performance initiatives and adherence to evidence-based practices. Finally, other nurse leaders assisted students with evaluating command level initiatives regarding safe staffing ratios and Joint Commission requirements, issues common to both civilian and military hospitals. The nursing students were excited about the opportunity to display and apply their knowledge and abilities. Dan Macaraeg, who was mentored by Joint Commission Readiness Officer LCDR David Keating, said, "The change management project was interesting because there are multiple solutions to the problem--the factors of being user friendly, less time consuming, easily implemented, minimal paper-



Nursing staff at Naval Hospital Guam and nursing students from the University of Guam.

work, and other criteria...That was really challenging and interesting to address in the project."

Several nurses had previously volunteered as preceptors and enjoyed the experience. CDR Valerie Beutel, Assistant Director for Nursing Services, said, "It is a very rewarding experience to influence our future." LT Robert Krecji, Division Officer for the Intensive Care Unit, added, "Being a preceptor for University of Guam nursing students has reassured me that the future of nursing is in good hands."

LCDR Mary K Parker, NC, USN

Naval War College Fleet Seminars

The Fleet Seminar Program is offered on an academic year basis (August-May) at various locations throughout the country. Three courses, National Security Decision Making, Strategy and War, and Joint Maritime Operations are offered although not all courses are offered at all locations every year. Enrollment is open to eligible active and reserve officers in the grade of O-3 and above. Seminars meet one evening per week (34 times per year) for three hours per night under the direction of a Naval War College adjunct faculty member. The seminars are conducted at the graduate level. For more information, please see: https://www.nwc.navy.mil/admissions/fsp.aspx. Deadline for the 2008-09 academic year is 30 June 08! Additional information on the Naval War College is available at: https://www.nwc.navy.mil/admissions/nrsapp/.



Naval Medical Center Portsmouth's Code Blue Response Course

Naval Medical Center Portsmouth (NMCP) has recently developed a unique interactive hands-on Code Blue Emergency Response course. The four-hour course discusses how to respond to a medical emergency and then assist the "code blue" team once they arrive. Emphasis is placed on performing cardiopulmonary resuscitation (CPR) and crash cart familiarization to include defibrillator and AED use at skill stations. As part of nursing orientation at NMCP, all nurses and corpsmen are required to attend this training. More recently, this course has become one of ten annual nursing core competencies. The purpose of the course is to engage nurses and corpsmen with hands on practice in simulating real-life emergent scenarios. Whether it is a new graduate nurse or a more seasoned veteran, the course is a great review and at the end of the course attendees come away feeling more comfortable and confident in responding to code blue situations. To find out more information please contact CDR Kathleen Knight at (757)-953-8160 or LTJG Abreail Tetzlaff at (757)-953-3689.



LCDR Yaden gives hands on instructions during a "Cool Headed" Code Blue Response course.

CDR Kathleen Knight, NC, USN

Free GRE Test Prep Guide

Do you need help reviewing for the Graduate Record Exam (GRE)? Are you thinking about applying for DUINS and need to take the GRE? The Navy has a full text (624 pages) Peterson's "Master the GRE 2009" on the Navy Knowledge Online website. This book is \$24 on Amazon.com but is provided free to individuals with NKO access. This comprehensive guide is a test taker's key to success on the GRE, offering exercises, practice questions, and drills. All of these skills are designed to enhance your performance on the GRE.

How do you find the book on NKO?

- I. Log in to NKO https://wwwa.nko.navy.mil/portal/splash/index.jsp.
- 2. Under the tan-colored "Reference" tab (top right hand side of page / tan box) click on "Navy Library E-content".
- 3. Click in the box titled "Peterson's Navy Education Resource Center" (3rd box down on the right).
- 4. Create a users account.
- 5. Under Additional Recourses (left hand side of page) click on "Online Books".
- 6. Scroll down to the "Master the GRE 2009" and click on "Read Book Now".

This book is in a PDF format and can be saved to your computer. Other books are also provided. Your staff members (especially enlisted) may be interested in many of the other books on this site. POC is LCDR Lonnie Hosea: Lonnie.hosea@med.navy.mil

LCDR Lonnie Hosea, NC, USN

Mark Your Calendar for Upcoming NC Live

The next Nurse Corps VTC is scheduled 10 July at 1100 ET on Hospital Corps School. For questions or if you have ideas for future VTCs, please contact LCDR Christine Palarca christine.palarca@med.navy.mil

LCDR Christine C. Palarca, NC, USN



Rear Admiral Mary F. Hall Award

The Rear Admiral Mary F. Hall Award for Nursing Publication was established in 1991 to encourage professional publication and to recognize Navy Nurse Corps officers who have positively contributed to the image of nursing through publication. Criteria for submission are:

- *Active Duty and Reserve Navy Nurse Corps officers are eligible.
- *Author(s) should be identified as a Navy Nurse Corps officer in article or by line.
- *Waivers may be granted by the Chairman, Selection Committee.
- *The publication may be an individual or collaborative effort.
- *The award is to recognize a publication from 01 January 2007 to 31 December 2007.
- *If the entry has not been published by the award submission deadline, a letter of acceptance from the publisher must accompany the entry.
- *Submissions may be a journal, magazine article or an editorial.
- *Editorials: a minimum of one-half page in length.
- *The publication must contribute to the body of knowledge in nursing practice, education, research, or Navy Medicine.
- *Author(s) may submit an unlimited number of publications.
- *Books or book chapters are no longer accepted (not a fair review comparison with journals and magazine articles).
- *Publications will be reviewed in (4) categories for winners: Clinical nursing, nursing research, education/education technology, and leadership.

Please include your full name, rank, duty station, address and telephone number. Submission deadline has been extended to 30 June 2008. Email a copy of your article published in the year 2007 to regina.mercado@med.navy.mil or submit a copy to:

CAPT Regina Mercado, NC, USN

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Want to write a news article for Nurse Corps News?

Submit your article via your chain of command to:

LCDR Kathleen Harlow, NC, USN Editor, Nurse Corps News

KathleenHarlow@texashealth.org

