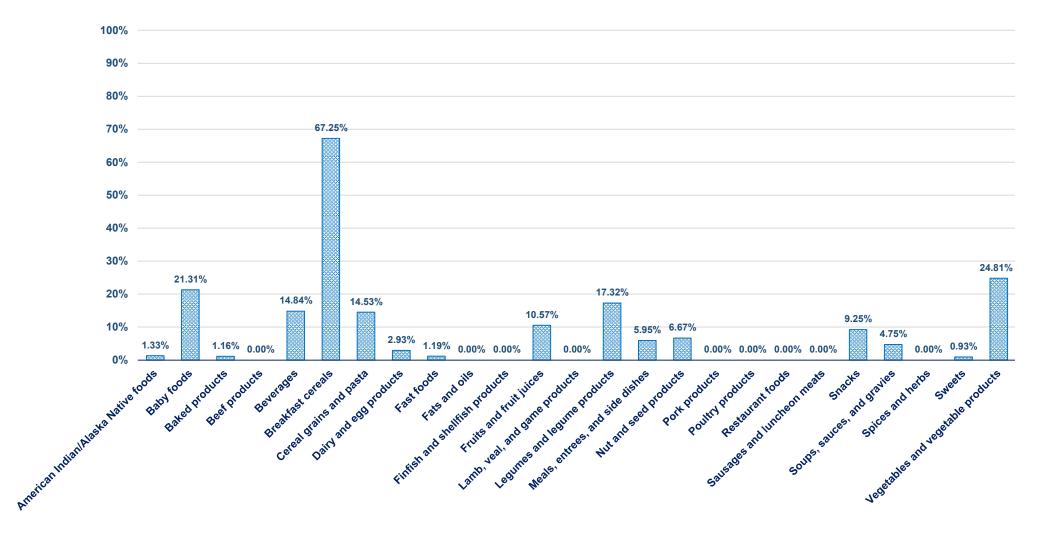
## Cholesterol - Vitamin B<sub>6</sub>



Averages (%) of foods containing appropriate levels of cholesterol and vitamin B<sub>6</sub> (to limit cholesterol intake and to achieve adequate vitamin B<sub>6</sub> intake) based on the proposed method in food groups

## References:

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