

Auxiliary Stries

GV 563 .175 1911 Set 1

OFFICIAL HANDBOOK

Inter-Scholastic Athletic Association of Middle Atlantic States

EDITED BY

EDWIN B. HENDERSON and WILLIAM A. JOINER

=1911=

AMERICAN SPORTS PUBLISHING Co.



A.G. SPALDING & BRC

MAINTAIN THEIR OWN HOUSES FOR DISTRIBUTING THE

SPALDING

CO IPLETE LINE OF

ATHLETIC GOODS

IN THE FOLLOWING CITIES

NEW YORK

124-128 Nassau St.
Disserting 29-33 West 42d St.
NEWARK, N. J.
S45 Broad Street
BOSTON, MASS.
141 Federal Street

BUFFALO, N. Y. 611 Main Street SYRACUSE, N. Y. University Block PITTSBURGH, PA. 608 Wood Street

PRILADELPHIA, PA. 1210 Chestnut Street BALTIMORE, MD. 208 E. Baltimore St. WASHINGTON, D. C. 613 14th St., N.W.

LONDON, ENG.
Three Stores
317-318,
High Holborn, W. C.
78, Cheapside
West End Branch
29, Haymarket, S. W.

CHICAGO 147-149 Wabash Ave. ST. LOUIS, MO. 416 North Seventh St. KANSAS CITY, MO.

KANSAS CITY, MO.
1120 Grand Ave.
DENVER, COL.
1616 Arapahoe St.

CINCINNATI, O. 119 East Fifth St. CLEVELAND, O. 741 Euclid Ave. COLUMBUS, O. 191 South High St.

DETROIT, MICH.
254 Woodward Ave.
LOUISVILLE, KY.
328 West Jefferson St.
INDIANAPOLIS, IND.
136 N. Pennsylvania St.

BIRMINGHAM, ENG.
57, New Street
MANCHESTER, ENG.
4, Oxford St. and
1, Lower Moseley St.
EDINBURGH, SCOT.
3 South Charlotte St.
(Cor. Prisees St.)

SAN FRANCISCO 156-158 Geary St. SEATTLE, WASH. 711 Second Ave. LOS ANGELES, CAL. 435 South Spring St.

MILWAUKEE, WIS. 379 East Water St. MINNEAPOLIS, MINN. 44 Seventh St., South ST. PAUL, MINN. 356 Minnesota St.

ATLANTA, GA.
74 N. Broad Street
NEW ORLEANS, LA.
140 Carondelet St.
DALLAS, TEX.
1503 Commerce St.

MONTREAL, P. Q. 443 St. James St. TORONTO, ONT. 189 Youge St.

SYDNEY, AUSTRALIA 228 Clarence St.

Communications directed to A. G. SPALDING & BROS., at any of the above addresses, will receive prompt attention.



THE SPALDING TRADE-MARK IS THE FOUNDATION OF THE SPALDING BUSINESS

GV 563

EDITORS OF SPALDING'S ATHLETIC LIBRARY



WALTER CAMP

For quarter of a century Mr. Walter Camp of Yale has occupied a leading position in college athletics. It is immaterial what organization is suggested for college athletics, or for the betterment of conditions, insofar as college athletics is concerned, Mr. Camp has always played an important part in its conferences, and the great interest in and high plane of college sport to-day, are undoubtedly due more to Mr. Camp than to any other individual. Mr. Camp than reachely unritery more en ellege.

athletics than any other writer and the leading papers and magazines of America are always anxious to secure his expert opinion on foot ball, track and field athletics, base ball and rowing. Mr. Camp has grown up with Yale athletics and is a part of Yale's remarkable athletic system. While he has been designated as the "Father of Foot Ball," it is a well known fact that during his college career Mr. Camp was regarded as one of the best players that ever represented Yale on the base ball field, so when we hear of Walter Camp as a foot ball expert we must also remember his remarkable knowledge of the game of base ball, of which he is a great admirer. Mr. Camp has edited Spalding's Official Foot Ball Guide since it was first published, and also the Spalding Athletic Library book on How to Play Foot Ball. There is certainly no man in American college life better qualified to write for Spalding's Athletic Library than Mr. Camp.



DR. LUTHER HALSEY GULICK

The leading exponent of physical training in America; one who has worked hard to impress the value of physical training in the schools; when physical training was combined with education at the St. Louis Exposition in 1904 Dr. Gulick played an important part in that congress; he received several awards for his good work and had many honors conferred upon him; he is the author of a great many books on the subject; it was Dr. Gulick, who, where the subject; it was Dr. Gulick, who, where the subject; it was Dr. Gulick, who,

acting on the suggestion of James E. Sullivan, organized the Public Schools Athletic League of Greater New York, and was its first Secretary; Dr. Gulick was also for several years Director of Physical Training in the public schools of Greater New York, resigning the position to assume the Presidency of the Playground Association of America. Dr. Gulick is an authority on all subjects pertaining to physical training and the study of the child.



JOHN B. FOSTER

Successor to the late Henry Chadwick ("Father of Base Ball") as editor of Spalding's Official Base Ball Guide; sporting editor of the New York Evening Telegram; has been in the newspaper business for many years and is recognized throughout America as a leading writer on the national game; a staunch supporter of organized base ball, his pen has always been used for the betterment of the game.









MICHAEL C. MURPHY

The world's most famous athletic trainer; has been particularly successful in developing what might be termed championship teams; now with the University of Pennsylvania; during his career has trained only at two colleges and one athletic club, Yale and the University of Pennsylvania and Detroit Athletic Club; his most recent triumph was that of training the famous American team of athletes that swept the field at the Olympic Games of 1908 at London.

DR. C. WARD CRAMPTON

Succeeded Dr. Gulick as director of physical training in the schools of Greater New York; as secretary of the Public Schools Athletic League is at the head of the most remarkable organization of its kind in the world; is a practical athlete and gymnast himself, and has been for years connected with the physical training system in the schools of Greater New York, having had charge of the High School of Commerce.

DR. GEORGE J. FISHER

Has been connected with Y. M. C. A. work for many years as physical director at Cincinnati and Brooklyn, where he made such a high reputation as organizer that he was chosen to succeed Dr. Luther Halsey Gulick as Secretary of the Athletic League of Y. M. C. A.'s of North America, when the latter resigned to take charge of the physical training in the Public Schools of Greater New York.

DR. GEORGE ORTON

On athletics, college athletics, particularly track and field, foot ball, soccer foot ball, and training of the youth, it would be hard to find one better qualified than Dr. Orton; has had the necessary athletic experience and the ability to impart that experience intelligently to the youth of the land; for years was the American, British and Canadian champion runner.

HARRY A. FISHER

Graduate Manager of Athletics at Columbia University. Recognized as the leading authority on basket ball in the college world; played on the Columbia 'Varsity team for three years, for two years of which the team did not meet a defeat in the intercollegiate schedule; coach of the team for six years, three of which were championship teams; played on the 'Varsity base ball team of 1903, and was manager of the foot ball team of 1904; member of the New York Athletic Club.



TIM MURNANE

Base Ball editor of the Boston Globe and President of the New England League of Base Ball Clubs; one of the best known base ball men of the country; known from coast to coast; is a keen follower of the game and prominent in all its councils; nearly half a century ago was one of America's foremost players; knows the game thoroughly and writes from the point of view both of player and an official.



HARRY PHILIP BURCHELL

Sporting editor of the New York Times; University of Pennsylvania and Columbia University; editor of Spalding's Official Lawn Tennis Annual; is an authority on the game; follows the movements of the players minutely and understands not only tennis but all other subjects that can be classed as athletics; no one is better qualified to edit this book than Mr. Burchell.



GEORGE T. HEPBRON

Former Young Men's Christian Association director; for many years an official of the Athletic League of Young Men's Christian Associations of North America; was connected with Dr. Luther H. Gulick in Young Men's Christian Association work for over twelve years; became identified with basket ball when it was in its infancy and has followed it since, being recognized as the leading exponent of the official rules; succeeded Dr. Gulick as editor of the Official Guide.



JAMES S. MITCHEL

Former champion weight thrower; holder of numerous records, and is the winner of more championships than any other individual in the history of sport; Mr. Mitchel is a close student of athletics and well qualified to write upon any topic connected with athletic sport; has been for years on the staff of the New York Sun.



FREDERICK R. TOOMBS

A well known authority on skating, rowing, boxing, racquets, and other athletic sports; was sporting editor of American Press Association, New York; dramatic editor; is a law, yer and has served several terms as a member of Assembly of the Legislature of the State of New York; has written several novels and historical works.



R. L. WELCH

A resident of Chicago; the popularity of indoor base ball is chiefly due to his efforts; a player himself of no mean ability; a first-class organizer; he has followed the game of indoor base ball from its inception.



DR. HENRY S. ANDERSON

Has been connected with Yale University for years and is a recognized authority on gymnastics; is admitted to be one of the leading authorities in America on gymnastic subjects; is the author of many books on physical training.



CHARLES M. DANIELS

Just the man to write an authoritative book on swimming; the fastest swimmer the world has ever known; member New York Athletic Club swimming team and an Olympic champion at Athens in 1906 and London, 1908. In his book on Swimming, Champion Daniels describes just the methods one must use to become an expert swimmer.



GUSTAVE BOJUS

Mr. Bojus is most thoroughly qualified to write inteligently on all subjects pertaining to gymnastics and athletics; in his day one of America's most famous amateur athletes; has competed successfully in gymnastics and many other sports for the New York Turn Verein; for twenty years he has been prominent in teaching gymnastics and athletics; was responsible for the famous gymnastic championship teams of Columbia University now with the Jersey City high schools.



CHARLES JACOBUS

Admitted to be the "Father of Roque;" one of America's most expert players, winning the Olympic Championship at St. Louis in 1904; an ardent supporter of the game and follows it minutely, and much of the success of roque is due to his untiring efforts; certainly there is no one better qualified to write on this subject than Mr. Jacobus.



DR. E. B. WARMAN

Well known as a physical training expert; was probably one of the first to enter the field and is the author of many books on the subject; lectures extensively each year all over the country.



W. J. CROMIE

Now with the University of Pennsylvania; was formerly a Y. M. C. A. physical director: a keen student of all gymnastic matters; the author of many books on subjects pertaining to physical training.



G. M. MARTIN

By profession a physical director of the Young Men's Christian Association; a close student of all things gymnastic, and games for the classes in the gymnasium or clubs.



PROF. SENAC

A leader in the fencing world; has maintained a fencing school in New York for years and developed a great many champions; understands the science of fencing thoroughly and the benefits ** be derived therefrom.

Giving the Titles of all Spalding Athletic Library Books now in print, grouped for ready reference

Spalding's Official Base Ball Record

Official Base Ball Guide

Spalding's Official Collegiate Base Ball Annual

OFFICIAL ANNUALS

SPALDING

IC

No. 344

No. 324

No. 2A

No. 286

No. 335

IC Spalding's Official Co	llegiate Base Ball Annual
2 Spalding's Official Fo 2A Spalding's Official So 3 Spalding's Official Cri 4 Spalding's Official Lat 5 Spalding's Official Co 6 Spalding's Official Lot	ot Ball Guide
2A Spaiding's Official So	ccer Foot Ball Guide
3 Spalding's Official Cr 4 Spalding's Official La 5 Spalding's Official Co	cket Guide
4 Spalding's Official La	wn Tennis Annual
5 Spalding's Official Co	If Guide
6 Spalding's Official Ice	Hockey Guide
7 Spalding's Official Ba	sket Ball Cuide
7 Spalding's Official Ba 7A Spalding's Official Wo	men's Basket Ball Guide
8 Spaiding's Official La	crosse Guide
9 Spalding's Official Inc	loor Base Ball Guide
10 Spalding's Official Ro	ller Polo Guide
12A Spalding's Official Ath	iletic Rules
Group I. Base Ball	FOOT BALL AUXILIARIES
No.1 Spalding's Official Base Ball Guide	No. 351 Official Rugby Foot Ball Guide.
No. 1A Official Base Ball Record,	No. 332 Spalding's Official Canadian
No. 1C Collegiate Base Ball Annual.	
No. 202 How to Play Base Ball.	group iii. Crickei
No. 223 How to Bat.	No. 3 Spalding's Official Cricket Guide.
No. 232 How to Run Bases.	No. 277 Cricket and How to Play It.
No. 230 How to Pitch.	Group IV. Lawn Tennis
No. 229 How to Catch.	No. 4 Spalding's Official Lawn Ten-
No. 225 How to Play First Base. No. 226 How to Play Second Base.	nis Annual.
No. 226 How to Play Second Base. No. 227 How to Play Third Base.	No. 157 How to Play Lawn Tennis.
No. 228 How to Play Shortstop.	No. 279 Strokes and Science of Lawn
No. 224 How to Play the Outfield.	Group V. Tennis. Golf
Mow to Organize a Base Ball	
League. Club.	No. 5 Spalding's Official Golf Guide
How to Organize a Base Ball	No. 276 How to Play Golf.
No. How to Manage a Base Ball	Group VI. Hockey
How to Train a Base Ball Team	No. 6 Spalding's Official Ice Hockey
How to Captain a Base Ball	Guide,
How to Umpire a Game, Team	No. 304 How to Play Ice Hockey.
Technical Base Ball Terms.	No. 154 Field Hockey.
No. 219 Ready Reckoner of Base Ball	Lawn Hockey. No. 188 Parlor Hockey.
Percentages. No. 350 How to Score.	Garden Hockey.
No. 350 How to Score. BASE BALL AUXILIARIES	No. 180 Ring Hockey.
No. 348 Minor League Base Ball Guide	HOCKEY AUXILIARY
No. 352 Official Book National League	No. 256 Official Handbook Ontario
of Prof. Base Ball Clubs,	Hockey Association.
No. 340 Official Handbook National	
Playground Ball Assn.	Group VII. Basket Balt
Group II. Foot Ball	No. 7 Spalding's Official Basket
No.2 Spalding's Official Foot Ball Guide	Ball Guide.
NY OLD A DY COLO TO CAS ASSESSED A	No. 7A Spalding's Official Women's

A Digest of the Foot Ball Rules

How to Play Foot Ball.

Spalding's Official Soccer Foot
Ball Guide.

How to Play Soccer.

How to Play Rugby.

Basket Ball Guide.

BASKET BALL AUXILIARY

No. 353 Official Collegiate Basket Ball

No. 193 How to Play Basket Ball.

Handbook,

Group VIII. No. 8 Spalding's Official Lacrosse	Group XIII. Athletic
Guide.	No. 177 How to Swim.
No. 201 How to Play Lacrosse.	No. 296 Speed Swimming.
Group IX. Indoor Base Ball	No. 128 How to Row. No. 209 How to Become a Skater.
No. 9 Spalding's Official Indoor Base	No. 209 How to Become a Skater. No. 178 How to Train for Bicycling.
GPOUD X. Ball Guide. Polo	No. 23 Canoeing.
No. 10 Spalding's Official Roller Polo Guide,	No. 23 Canoeing. No. 282 Roller Skating Guide.
No. 129 Water Polo.	Group XIV. Manly Sports
No. 199 Equestrian Polo.	No. 18 Fencing. (By Breck.) No. 162 Boxing.
Group XI. Miscellaneous Games	No. 165 Fencing. (By Senac.)
No. 248 Archery.	No. 140 Wrestling.
No. 138 Croquet.	No. 236 How to Wrestle. No. 102 Ground Tumbling.
No. 271 Roque.	No. 102 Ground Tumbling. No. 233 Jiu Jitsu.
(Racquets. No. 194 Squash-Racquets.	No. 166 How to Swing Indian Clubs.
(Court Tennis.	No. 200 Dumb Bell Exercises
(Court Tennis. No. 13 Hand Ball.	No. 143 Indian Clubs and Dumb Bells.
No. 167 Quoits.	No. 262 Medicine Ball Exercises.
No. 170 Push Ball. No. 14 Curling.	No. 29 Pulley Weight Exercises. No. 191 How to Punch the Bag.
No. 14 Curling. No. 207 Lawn Bowls.	No. 289 Tumbling for Amateurs.
No. 188 Lawn Games.	No. 326 Professional Wrestling.
No. 189 Children's Games.	Group XV. Gymnastics
No. 341 How to Bowl.	No 104 Creding of Cymnostic Fron
Group XII. Athletics	No. 104 Grading of Gymnastic Exercises. [Dumb Bell Drills.
No. 12 Spalding's Official Athletic	No. 214 Graded Calisthenics and
Almanac.	No. 254 Barnjum Bar Bell Drill. [Games
No. 12A Spalding's Official Athletic	No. 158 Indoor and Outdoor Gymnastic
Rules. No. 27 College Athletics.	No. 124 How to Become a Gymnast. No. 287 Fancy Dumb Bell and March-
No. 27 College Athletics. No. 182 All Around Athletics.	ing Drills. [Apparatus.
No. 156 Athletes' Guide.	No. 327 Pyramid Building Without
No. 87 Athletic Primer.	No. 328 Exercises on the Parallel Bars.
No. 273 Olympic Games at Athens, 1906	No. 329 Pyramid Building with
No. 252 How to Sprint. No. 255 How to Run 100 Yards.	Wands, Chairs and Ladders.
No. 174 Distance and Cross Country	GYMNASTIC AUXILIARY
Running. [Thrower.	No. 345 Official Handbook I. C. A. A.
No. 259 How to Become a Weight	Gymnasts of America.
No. 55 Official Sporting Rules. No. 246 Athletic Training for School-	Group XVI. Physical Culture
No. 317 Marathon Running. [boys.	No. 161 Ten Minutes' Exercise for
No. 331 Schoolyard Athletics.	Busy Men. giene.
No. 342 Walking for Health and Competition.	No. 208 Physical Education and Hy- No. 149 Scientific Physical Training and Care of the Body.
ATHLETIC AUXILIARIES	No. 142 Physical Training Simplified.
No. 349 Intercollegiate Official Hand-	No. 185 Hints on Health. No. 213 285 Health Answers.
book.	No. 213 285 Health Answers.
No. 302 Y. M. C. A. Official Handbook.	No. 238 Muscle Building. [ning.
No. 313 Public Schools Athletic League Official Handbook.	No. 234 School Tactics and Maze Run- No. 261 Tensing Exercises. [nastics.
No. 314 Girls' Athletics.	No. 261 Tensing Exercises. [nastics. No. 285 Health by Muscular Gym- No. 288 Indigestion Treated by Gym-
No. 308 Official Handbook New York	No. 288 Indigestion Treated by Gym-
Interscholastic Athletic	No. 290 Get Well; Keep Well, [nastics.
Association.	No. 325 Twenty-Minute Exercises.
No. 347 Official Handbook Public Schools Athletic League of	No. 330 Physical Training for the School and Class Room.
San Francisco.	No. 346 How to Live 100 Years.
Dan I I and do	TO THE TOTAL CONTRACTOR TOURS.

Base Ball Group I.

Official 1-Spalding's Base Ball Guide.



The leading Base Ball annual of the country, and the official authority of the game. Contains the official playing rules, with an explanatory index of the rules compiled by Mr. A. G. Spalding; pictures of all the teams in the National,

American and minor leagues: reviews of the season; and a great deal of interesting information. Price 10 cents.

No. 1A - Spalding's Official Base Ball Record.

Contains records of all kinds from the beginning of the National League and official averages of all professional organizations for past season. Illustrated with pictures of leading teams and players. Price 10 cents.

1C-Spalding's Official

Contains matters of interest exclusively for the college player; pictures and records of all the leading colleges. Price 10 cents.

No. 202-How to Play Base Ball.

Edited by Tim Murnane. New and revised edition. Illustrated with pictures showing how all the various curves and drops are thrown and portraits of leading players. Price 10 cents.

No. 223-How to

There is no better way of becoming a proficient batter than by reading this book and practising the directions. Numerous illustrations. Price 10 cents. 232-How to Run the

Buses.

directions for excelling as a Lase runner; tells when to run and when not to do so; how and when to slide; team work on the bases; in fact, every point of the game is thoroughly explained. Illustrated. Price 10 cents.

No. 230-How to Pitch.

of their art. All the big leagues' pitchers are shown. Price 10 cents.

No. 229-How to Catch.

Every boy who has hopes of being a clever catcher should read how wellknown players cover their position. Pictures of all the noted catchers in the big leagues. Price 10 cents.

No. 225-How to Play First Base.

Illustrated with pictures of all the prominent first basemen. Price 10 cents.

No. 226-How to Play Second Base.

The ideas of the best second basemen have been incorporated in this book for the especial benefit of boys who want to know the fine points of play at this point of the diamond. Price 10 cents.

No. 227-How to Play Third Base.

Third base is, in some respects, the most important of the infield. All the points explained. Price 10 cents.

No. 228-How to Play Shortstop.

Shortstop is one of the hardest posi-Collegiate Base Ball An-tions on the infield to fill, and quick thought and quick action are necessary for a player who expects to make good as a shortstop. Illus. Price 10 cents.

224-flow to Play the Outfield.

An invaluable guide for the outfielder. Price 10 cents.

No. 231-How to Conch; How to Captain a Team; How to Manage a Team; How to Umpire; How to Or-ganize a League; Tech-nical Terms of Base Ball. A useful guide. Price 10 cents.

219-Ready Reckoner of Base Ball Percentages.

To supply a demand for a book which would show the percentage of clubs without recourse to the arduous work of This book gives clear and concise figuring, the publishers had these tables compiled by an expert. Price 10 cents

No. 359-How to Score.

A practical text book for scorers of base ball games, both amateur and expert. The most complete book of instruction on the art of scoring that has yet been published. An appendix A new, up-to-date book. Its contents includes answers to numerous problems are the practical teaching of men who which arise in scoring a game and is have reached the top as pitchers, and of great value in deciding what course who know how to impart a knowledge to pursue when an intricate point in of their art. All the big leagues' the rules arises. Compiled by J. M. Cummings. Price 10 cents.

BASE BALL AUXILIARIES. No. No. 348-Minor League Base Ball Guide.

The minors' own guide. Edited by President T. H. Murnane, of the New England League. Price 10 cents.

No. 352-Official of the National League of Professional Base Ball Clubs.

Contains the Constitution, By-Laws, Official Rules, Averages, and schedule of the National League for the current year, together with list of club officers and reports of the annual meetings of the League. Price 10 cents.

Handbook No. 340-Official National Playground Ball Association.

This game is specially adapted for playgrounds, parks, etc.; is spreading rapidly. The book contains a description of the game, rules and list of officers. Price 10 cents.

Foot Ball Group II.

Official 2-Spalding's Foot Ball Guide



Edited by Walter Camp. Contains the new rules, with diagram of field; All-America teams as selected by the leading authorities: reviews of the game from various sections of the country: scores: pictures. Price 10 cents.

No. 344-A Digest Foot Ball Rules.

This book is meant for the use of officials, to help them to refresh their memories before a game and to afford them a quick means of ascertaining a point during a game. It also gives a ready means of finding a rule in the Official Rule Book, and is of great help to a player in studying the Rules. Compiled by C. W. Short, Harvard, 1908. Price 10 cents.

No. 324-How to Play Foot Ball.

Edited by Walter Camp, of Yale. Everything that a beginner wants to know and many points that an expert will be glad to learn. Snapshots of leading teams and players in action, described concisely and illustrated with with comments by Walter Camp. Price 10 cents.

2A-Spalding's Official Association Soccer Foot Ball Guide.

A complete and up-todate guide to the "Soccer" game in the United States. Contains instructions for playing the game, official rules, and interesting news from all parts of the country. Illustrated. Price 10 cents.



No. 286-How to Play Soccer.

How each position should be played, written by the best player in England in his respective position, and illustrated with full-page photographs of players in action. Price 10 cents.

No. 335-How to Play Rugby.

Compiled in England by "Old International." Contains directions for playing the various positions, with diagrams and illustrations. Price 10 cents.

FOOT BALL AUXILIARIES. No. 332-Spalding's Official Canadian Foot Ball Guide.

The official book of the game in Janada. Price 10 cents.

No. 351-Official Rugby Foot Ball Guide.

The official handbook of the Rugby game, containing the official playing rules, referee's decisions, articles on the game in the United States and pictures of leading teams. Price 10 cents.

Group III. Cricket

3-Spalding's Official Cricket Guide.



The most complete year book of the game that has ever been published in America. Reports of special matches, official rules and pictures of all the leading teams. Price 10 cents.

No. 277-Cricket; and How to Play it.

By Prince Ranjitsinhji. The game full-page pictures posed especially for this book. Price 10 cents.

Group IV.

Official No. 4-Spalding's Lawn Tennis Annual.



Contents include reports of all important tournaments; official ranking from 1885 to date; laws of lawn tennis; instructions for handicapping; decisions on doubtful points; management of tournaments: directory of clubs;

laving out and keeping a court. Illustrated. Price 10 cents.

No. 157-How to Play Lawn No. 154-Field Hockey. Tennis.

A complete description of lawn tennis; a lesson for beginners and directions telling how to make the most important strokes. Illustrated. 10 cents.

No. 279-Strokes and Science of Lawn Tennis.

By P. A. Vaile, a leading authority on the game in Great Britain. Every stroke in the game is accurately illustrated and analyzed by the author. Price 10 cents.

Golf Group V.

No. 5-Spalding's Official Golf Guide.

Contains records of all important tournaments, articles on the game in various sections of the country, pictures of prominent players, official playing rules and general items of interest. Price 10 cents.



By James Braid and Harry Vardon, records of prominent the world's two greatest players tell teams, reports on the game how they play the game, with numer- from various parts of the ous full-page pictures of them taken country. Illustrated. Price on the links. Price 10 cents.

Lawn Group VI. Hockey

Tennis No. 6-Spalding's Official Ice Hockey Guide.



The official year book of the game. Contains the official rules, pictures of leading teams and players, records, review of the season, reports from different sections of the United States and Canada, Price 10 cents.

304-How to Play Ice Hockey.

Contains a description of the duties of each player. Illustrated. Price 10 cents.

Prominent in the sports at Vassar, Smith, Wellesley, Bryn Mawr and other leading colleges. Price 10 cents.

. 188-Lawn Hockey, Parlor Hockey, Garden Hockey.

Containing the rules for each game. Illustrated. Price 10 cents.

No. 180-Ring Hockey.

A new game for the gymnasium, Exciting as basket ball. Price 10 cents.

HOCKEY AUXILIARY.

256-Official Handbook of the Ontario Hockey Association.

Contains the official rules of the Association, constitution, rules of competition, list of officers, and pictures of leading players. Price 10 cents.

Basket Group VII.

No. 7-Spalding's Official Basket Ball Guide.

Edited by George T. Hepbron. Contains the No. 276-How to Play Golf, revised official rules, decisions on disputed points, 10 cents.



7A-Spalding's Official Women's Basket Ball Guide.

Edited by Miss Senda Berenson, of Smith College. Contains the official playing rules and special articles on the game by prominent authorities. Illustrated. Price 10 cents.

No. 193-How to Play Basket Ball.

By G. N. Messer. The best book of instruction on the game yet published. Illustrated with numerous pictures and diagrams of plays. Price 10 cents.

BASKET BALL AUXILIARY. No. 353-Collegiate Ball Handbook.

The official publication of the Collegiate Basket Ball Association. Contains the official rules, records, All-America selections, reviews, and pictures. Edited by H. A. Fisher, of Columbia. Price 10 cents.

Group VIII. Lacrosse

No. 8-Spalding's Official Lacrosse Guide.

Contains the constitution, by-laws, playing rules, list of officers and records of the U.S. Inter-Collegiate Lacrosse League. Price 10 cents.

No. 201-How to Play Lacrosse.

of the game ever published. Illustrations, rules and valuable informatrated with numerous snapshots of imtion. Price 10 cents. portant plays. Price 10 cents.

Indoor Group IX. Base Ball

No. 9-Spalding's Official Indoor Base Ball Guide.

America's national game is now vieing with other SPALDINGS indoor games as a winter pastime. This book contains the playing rules, pictures of leading teams, and interesting articles on the game by leading authorities on the subject. Price 10 cents.



Group X.

Polo

No. 10-Spalding's Official Roller Polo Guide.

Edited by A. W. Keane. A full description of the game; official rules, records; pictures of prominent players. Price 10 cents



No. 129-Water Polo.

The contents of this book treat of every detail, the individual work of the players, the practice of the team, how Basket to throw the ball, with illustrations and many valuable hints. Price 10 cents.

No. 199-Equestrian Polo.

Compiled by H. L. Fitzpatrick of the New York Sun. Illustrated with portraits of leading players, and contains most useful information for polo players. Price 10 cents.

Group XI. Miscellane-

No. 271-Spalding's Official Roque Guide.

The official publication of the Na-Every position is thoroughly ex-tional Roque Association of America. plained in a most simple and concise Contains a description of the courts manner, rendering it the best manual and their construction, diagrams, illus-

No. 138-Spalding's Official Croquet Guide

Contains directions for playing, diagrams of important strokes, description of grounds, instructions for the beginner, terms used in the game, and the official playing rules. Price 10 cents.

No. 341-How to Bowl.

The contents include: diagrams of effective deliveries; hints to beginners; how to score; official rules; spares, how they are mdae; rules for cocked hat, quintet, cocked hat and feather, battle game, etc. Price 10 cents.

A new and up-to-date book on this fascinating pastime. The several varieties of archery; instructions for shooting; how to select implements; how to score; and a great deal of interesting information. Illustrated. Price 10 cents.

194-Racquets, Squash-Racquets and Court Tennis.

How to play each game is thoroughly explained, and all the difficult strokes shown by special photographs taken especially for this book. Contains the official rules for each game. Price 10 cents.

No. 167-Quoits.

Contains a description of the plays used by experts and the official rules. Illustrated. Price 10 cents.

No. 170-Push Ball.

This book contains the official rules Price 10 cents.

No. 13-How to Play Hand

By the world's champion, Michael Egan. Every play is thoroughly explained by text and diagram. Illustrated. Price 10 cents.

No. 14-Curling.

A short history of this famous Scottish pastime, with instructions for play, rules of the game, definitions of terms and diagrams of different shots. Price 10 cents.

No. 207-Bowling on the Green; or, Lawn Bowls.

How to construct a green; how to play the game, and the official rules of the Scottish Bowling Association. Illustrated. Price 10 cents.

No. 189-Children's Games.

These games are intended for use at recesses, and all but the team games have been adapted to large classes, important A. A. U. rules and their ex-Suitable for children from three to planations, while the pictures comprise eight years, and include a great variety. many scenes of champions in action. Price 10 cents.

Lawn Hockey, Garden Hockey, Hand Tennis, Tether Tennis; also Volley Ball, Parlor Hockey, Badminton, Basket Goal. Price 10 cents.

Group XII. Athletics

12-Spalding's Athletic Almanac.

Compiled by J. E. Sullivan, President of the Amateur Athletic Union. The only annual publication now issued that contains a complete list of amateur best-on-records; intercollegiate, swimming, inter-



scholastic, scholastic, English, Irish, Scotch, Swedish, Continental, South African, Australasian; numerous photos of individual athletes and leading athletic teams. Price 10 cents.

12A-Spalding's Official Athletic Rules.

The A. A. U. is the governing body and a sketch of the game; illustrated. of athletes in the United States of America, and all games must be held under its rules, which are exclusively published in this handbook, and a copy should be in the hands of every athlete and every club officer in America. Price 10 cents.

No. 27-College Athletics.

M. C. Murphy, the well-known athletic trainer, now with Pennsylvania, the author of this book, has written it especially for the schoolboy and college man, but it is invaluable for the athlete who wishes to excel in any branch of athletic sport; profusely illustrated. Price 10 cents.

182-All-Around No. Athleties.

Gives in full the method of scoring the All-Around Championship; how to train for the All-Around Championship. Illustrated. Price 10 cents.

No. 156-Athlete's Guide.

Full instructions for the beginner, telling how to sprint, hurdle, jump and throw weights, general hints on training; valuable advice to beginners and Price 10 cents.

No. 273-The Olympic Games at Athens.

A complete account of the Olympic Games of 1906, at Athens, the greatest International Athletic Contest ever held. Compiled by J. E. Sullivan, Special United States Commissioner to the Olympic Games. Price 10 cents.

No. 87-Athletic Primer.

Edited by J. E. Sullivan, Secretary-Treasurer of the Amateur Athletic Union. Tells how to organize an athletic club, how to conduct an athletic meeting, and gives rules for the government of athletic meetings; contents also include directions for laying out athletic grounds, and a very instructive article on training. Price 10 cents.

No. 200. Yards. 255-How to Run

champion. Many of Mr. Morton's methods of training American athletes, but his success is the best tribute to their worth. Illustrated. Price 10 cents.

No. 174-Distance and Cross-Country Running.

By George Orton, the famous University of Pennsylvania runner. The quarter, half, mile, the longer distances, and cross-country running and steeplechasing, with instructions for training; pictures of leading athletes in action, with comments by the editors Price 10 cents.

No. 259-Weight Throwing.

Probably no other man in the world has had the varied and long experience of James S. Mitchel, the author, in the weight throwing department of athletics. The book gives valuable information not only for the novice, but for the expert as well. Price 10 cents.

246-Athletic Training for Schoolboys.

By Geo. W. Orton. Each event in the intercollegiate programme is treated of separately. Price 10 cents.

55-Official No. Sporting Rules.

Contains rules not found in other publications for the government of many sports: rules for wrestling, shuffleboard, snowshoeing, professional racing, pigeon shooting, dog racing, pistol and revolver shooting, tables, pentathlon rules, pictures of leading Y. M. C. A. athletes. Price ball rules. Price 10 cents.

No. 252-How to Sprint,

Every athlete who aspires to be a sprinter can study this book to advantage. Price 10 cents.

No. 331-Schoolyard Athletics.

By J. E. Sullivan, Secretary-Treasurer Amateur Athletic Union and member of Board of Education of Greater New York. An invaluable handbook for the teacher and the pupil. Gives a systematic plan for conducting school athletic contests and instructs how to prepare for the various events. Illustrated. Price 10 cents.

No. 317-Marathon Running.

A new and up-to-date book on this popular pastime. Contains pictures of the leading Marathon runners, methods of training, and best times made in various Marathon events. Price 10 cents.

No. 342-Walking; for Health and Competition.

Contains a great deal of useful and interesting information for the pedestrian, giving the best methods of walking for recreation or competition, by leading authorities. A history of the famous Fresh Air Club of New York is also included, with specimen tours, rules for competitive walking, records and numerous illustrations. Price 10

ATHLETIC AUXILIARIES.

No. 349-Official Intercollegiate A.A.A.A. Handbook.

Contains constitution, by-laws, and laws of athletics; records from 1876 to date. Price 10 cents.

No. New 308-Official Handbook Interschol-York Athletic Associaastic tion.

Contains the Association's records. constitution and by-laws and other information. Price 10 cents.

302-Official V.M.C.A.

10 cents.

No. 313-Official Handbook the Public Schools Athletic League.

Contains complete list of records, constitution and general review of the season in the Public Schools Athletic League of Greater New York. Illustrated. Edited by C. Ward Crampton, M.D. Price 10 cents,

No. 314-"Girls" Athleties." Official Handbook of the Girls' Branch of the Public Schools Athletic League.

Contains 10 cents. The official publication. Contains constitution and by-laws, list of officers, donors, founders, life and annual members, reports and illustrations, schoolroom games. Edited by Miss Elizabeth Burchenal, B.L. Price 10 cents.

347-Official Handbook Public Schools Athletic League of San Francisco.

Comprises annual report: records: trophies: athletic rules: hints on training; constitution and by-laws. Illustrated. Edited by Ray Daugherty. Price 10 cents.

Group XIII. Athletic Group XIV. Accomplishments No. 140-Wrestling.

No. 177-How to Swim.

Will interest the expert as well as the novice; the illustrations were made from photographs especially posed, showing the swimmer in clear water; a valuable feature is the series of "land drill" exercises for the beginner. Price 10 cents.

No. 296-Speed Swimming.

By Champion C. M. Daniels of the New York Athletic Club team, holder of numerous American records, and the best swimmer in America qualified to write on the subject. Any boy should be able to increase his speed in the water after reading Champion Daniels' cents.

No. 128-How to Row.

By E. J. Giannini, of the New York Athletic Club, one of America's most famous amateur oarsmen and champions. Shows how to hold the oars, able information. Price 10 cents.

No. 23-Canoeing.

Paddling, sailing, cruising and racing canoes and their uses; with hints on rig and management; the choice of a canoe; sailing canoes, racing regulations; canoeing and camping. Fully illustrated. Price 10 cents.

No. 209-How to Become a Skater.

Contains advice for beginners; how to become a figure skater, showing how to do all the different tricks of the best figure skaters. Pictures of prominent skaters and numerous diagrams. Price

No. 282-Official Roller Skating Guide.

Directions for becoming a fancy and trick roller skater, and rules for roller skating. Pictures of prominent trick skaters in action. Price 10 cents.

178-How to Train for Bieyeling.

Gives methods of the best riders when training for long or short distance races; hints on training. Revised and up-to-date in every particular. Price 10 cents.

Manly Sports

Catch-as-catch-can style. Seventy illustrations of the different holds, photographed especially and so described that anybody can with little effort learn every one. Price 10 cents.

No. 18-Fencing.

By Dr. Edward Breck, of Boston, editor of The Swordsman, a prominent amateur fencer. A book that has stood the test of time, and is universally acknowledged to be a standard work. Illustrated. Price 10 cents.

No. 162-Boxing Guide.

Contains over 70 pages of illustrations showing all the latest blows, posed especially for this book under the supervision of a well-known instructor of instructions on the subject. Price 10 boxing, who makes a specialty of teaching and knows how to impart his knowledge. Price 10 cents.

No. 165-The Art of Fencing

By Regis and Louis Senac, of New York, famous instructors and leading authorities on the subject. Gives in the finish of the stroke and other valu- detail how every move should be made. Price 10 cents.

No. 236-How to Wrestle.

The most complete and up-to-date book on wrestling ever published. Edited by F. R. Toombs, and devoted principally to special poses and illustrations by George Hackenschmidt, the "Russian Lion." Price 10 cents.

No. 102-Ground Tumbling.

Any boy, by reading this book and following the instructions, can become proficient. Price 10 cents.

No. 289-Tumbling for Amateurs.

Specially compiled for amateurs by Dr. James T. Gwathmey. Every variety of the pastime explained by text and pictures, over 100 different positions being shown. Price 10 cents.

No. 191-How to Punch the Bag.

The best treatise on bag punching that has ever been printed. Every variety of blow used in training is shown and explained, with a chapter on fancy bag punching by a well-known theatrical bag puncher. Price 10 cents,

No. 200-Dumb-Bells.

The best work on dumb-bells that has ever been offered. By Prof. G. Bojus, of New York. Contains 200 photographs. Should be in the hands of every teacher and pupil of physical culture, and is invaluable for home exercise. Price 10 cents.

No. 143-Indian Clubs and Dumb-Bells.

By America's amateur champion club swinger, J. H. Dougherty. It is clearly illustrated, by which any novice can become an expert. Price 10 cents.

No. 262-Medicine Ball Exercises.

A series of plain and practical exercises with the medicine ball, suitable for boys and girls, business and professional men, in and out of gymnasium. Price 10 cents.

No. 29-Pulley Weight Exercises.

By Dr. Henry S. Anderson, instructor in heavy gymnastics Yale gymnasium. In conjunction with a chest machine anyone with this book can become perfectly developed. Price 10 cents.

No. 233-Jiu Jitsu.

Each move thoroughly explained and illustrated with numerous full-page pictures of Messrs. A. Minami and K. Koyama, two of the most famous exponents of the art of Jiu Jitsu, who posed especially for this book. Price 10 cents.

No. 166-How to Swing Indian Clubs.

By Prof. E. B. Warman. By following the directions carefully anyone can become an expert. Price 10 cents.

No. 326-Professional Wrestling.

A book devoted to the catch-as-catchcan style; illustrated with half-tone pictures showing the different holds used by Frank Gotch, champion catchas-catch-can wrestler of the world. Posed by Dr. Roller and Charles Postl. By Ed. W. Smith, Sporting Editor of the Chicago American. Price 10 cents,

Group XV. Gymnastics

No. 104-The Grading of Gymnastic Exercises.

By G. M. Martin. A book that should be in the hands of every physical director of the Y. M. C. A., school, club, college, etc. Price 10 cents.

No. 214—Graded Calisthenics and Dumb-Bell Drills.

For years it has been the custom in most gymnasiums of memorizing a set drill, which was never varied. Consequently the beginner was given the same kind and amount as the older member. With a view to giving uniformity the present treatise is attempted. Price 10 cents.

No. 254-Barnjum Bar Bell Drill.

Edited by Dr. R. Tait McKenzie, Director Physical Training, University of Pennsylvania. Profusely illustrated. Price 10 cents.

No. 158-Indoor and Outdoor Gymnastic Games.

A book that will prove valuable to indoor and outdoor gymnasiums, schools, outings and gatherings where there are a number to be amused. Price 10 cents.

No. 124-How to Become a Gymnast.

By Robert Stoll, of the New York A. C., the American champion on the flying rings from 1885 to 1892. Any boy can easily become proficient with a little practice. Price 10 cents.

No. 287-Fancy Dumb Bell and Marching Drills.

All concede that games and recreative exercises during the adolescent period are preferable to set drills and monotonous movements. These drills, while designed primarily for boys, can be used successfully with girls and men and women. Profusely illustrated. Price 10 cents.

No. 327-Pyramid Building Without Apparatus.

By W. J. Cromie, Instructor of Gymnastics, University of Pennsylvania. With illustrations showing many different combinations. This book should be in the hands of all gymnasium instructors. Price 10 Cents.

No. 328-Exercises on the Parallel Bars.

By W. J. Cromie. Every gymnast should procure a copy of this book. Illustrated with cuts showing many novel exercises. Price 10 cents.

No. 329-Pyramid Building with Chairs, Wands and Ladders.

By W. J. Cromie. Illustrated with half-tone photographs showing many interesting combinations. Price 10 cents. GYMNASTIC AUXILIARY.

No. 345-Official Handbook Inter-Collegiate Association Amateur Gymnasts of America.

Edited by P. R. Carpenter, Physical Instructor Amherst College. Contains pictures of leading teams and individual champions, official rules governing contests. records. Price 10 cents.

Group XVI. Physical Culture

No. 161-Ten Minutes' Exercise for Busy Men.

By Dr. Luther Halsey Gulick, Director of Physical Training in the New York Public Schools. A concise and complete course of physical education. Price 10 cents.

No. 208-Physical Education and Hygiene.

This is the fifth of the Physical Training series, by Prof. E. B. Warman (see Nos. 142, 149, 166, 185, 213, 261, 290.) Price 10 cents.

No. 149-The Careof the Body.

A book that all who value health should read and follow its instructions. By Prof. E. B. Warman, the well-known lecturer and authority on physical culture. Price 10 cents.

No. 142-Physical Training Simplified.

By Prof. E. B. Warman. A complete, thorough and practical book where the whole man is considered—brain and body. Price 10 cents.

No. 261—Tensing Exercises. By Prof. E. B. Warman. The "Tensing" or "Resisting" system of muscular exercises is the most thorough, the most complete, the most satisfactory, and the most fascinating of systems. Price 10 cents.

No. 346-How to Live 100 Years.

By Prof. E. B. Warman. Helpful and healthful suggestions for attaining a vigorous and happy "old age," with numerous instances of longevity and the methods and babits pursued by those who lived beyond the allotted span of life. Written in Prof. Warman's best style. Price 10 cents.

No. 185-Health Hints.

By Prof. E. B. Warman. Health influenced by insulation; health influenced by underwear; health influenced by color; exercise. Price 10 cents.

No. 213-285 Health Answers.

By Prof. E. B. Warman. Contents: ventilating a bedroom; ventilating a house; how to obtain pure air; bathing; salt water baths at home: a substitute for ice water; to cure insomnia, etc., etc. Price 10 cents.

No. 23S-Muscle Building.

By Dr. L. H. Gulick. A complete treatise on the correct method of acquiring strength. Illustrated. Price 10 cents.

No. 234-School Tactics and Maze Running.

A series of drills for the use of schools. Edited by Dr. Luther Halsey Gulick. Price 10 cents.

No. 325-Twenty Minute Ex-

285-Health; by Muscular Gymnastics.

With hints on right living. By W. J. Cromie. If one will practice the exercises and observe the hints therein contained, he will be amply repaid for so doing. Price 10 cents.

No. 288-Indigestion Treated by Gymnastics

By W. J. Cromie. If the hints therein contained are observed and the exercises faithfully performed great relief will be experienced. Price 10 cents

No. 290-Get Well; Keep Well.

By Prof. E. B. Warman, author of a number of books in the Spalding Athletic Library on physical training. Price 10 cents.

No. 330-Physical Training for the School and Class Room.

By Prof. E. B. Warman, with chapters on "How to Avoid Growing Old," and "Fasting; Its Objects and Benefits." Price 10 cents.



Physical Director Colored High Schools, Washington, D. C., General Manager I.S.A.A., Chairman High School Games Committee, Secretary P.S.A.L.

OFFICIAL HANDBOOK

Inter-Scholastic Athletic Association of Middle Atlantic States

EDWIN B. HENDERSON
WILLIAM A. JOINER

PUBLISHED BY THE AMERICAN SPORTS

PUBLISHING CO.

21 WARREN STREET :: NEW YORK

COPYRIGHT, 1911 BY AMERICAN SPORTS PUBLISHING COMPANY

175

CONTENTS

	PAGE
Foreword	5
Report of the General Manager of the I. S. A. A	7
Officers of the I. S. A. A	13
Report of the Secretary of the Washington P. S. A. L	17
Officers of the P.S.A.L	29
Amateur Athletics in the Cities	37
Washington, D. C	37
Alexandria, Va	39
Baltimore, Md	39
Athletics in Philadelphia, Pa	41
Some Facts Concerning Athletic Clubs in Brooklyn and New Jersey	45
Athletics in New York City	55
College Athletics	65
Records of Athletic Games—	
Track	73
Basket Ball	77
Base Ball	77
Foot Ball	79
Athletic Courtesy	83
Hints on Training	85
Constitution of the I. S. A. A	89
By-Laws of the I. S. A. A.	93
Laws of Athletics	96
Announcer	101
Chief Field Judge	98
Chief Scorer	100
Clerk of Course	100
Competitors	101
Costume	112
Course	103
Field Judges	98
Finish	103
Games Committee	96
Handicap Rules	104
Hurdles	110
Inspectors	97
Judges at Finish	97
Marhals	100

Laws of Athletics—Continued.	PAGE
Officials	96
Pole Vault	108
Potato Racing	112
Protests	102
Recorder of Times	98
Referee	96
Relay Racing	103
Reporter	101
Running Broad Jump	107
Running High Jump	106
Running Hop, Step and Jump	108
Shot Put	105
Standing Broad Jump	107
Starter	99
Three Standing Broad Jumps	107
Throwing the Discus	109
Throwing the Hammer	109
Ties	111
Timekeepers	98
Track	102
Constitution of the P. S. A. L., of Washington, D. C	113
By-Laws of the P. S. A. L., of Washington, D. C	115
Athletic Rules of the P. S. A. L	119
Athletic Badge Competition	122
Athletic Membership	119
Base Ball	129
Basket Ball	127
Championship Meets	125
Class Athletics	132
Classification of Competing Athletes	121
Conditions	123
Cross-Country Run	129
Eligibility	119
Entries	121
Inducements	130
Protests	130
Records	131
Sanctions	131
Soccer Foot Ball	128
Constitution of Division Athletic Leagues	134
Suggested Form of Constitution for School Athletic Associations	136





Superintendent State Normal and Industrial Department, Wilberforce University, Wilberforce, Ohio; Ex-President 1.S.A.A.

FOREWORD

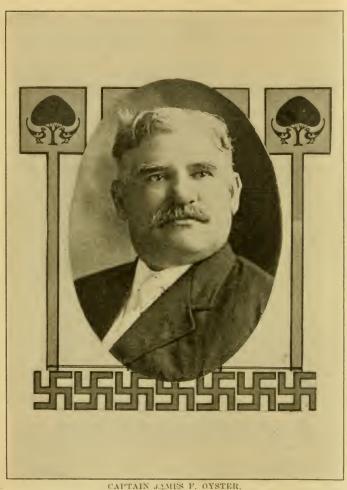
The 1911 Handbook of the Interscholastic Athletic Association is now on hand to give evidence of some progress made in the work for the physical improvement of our race and to stimulate efforts for further advancement. Through the kindness of the publishers of the American Sports Publishing Company and the direct interest of Mr. James E. Sullivan, who has kept in touch with our growing athletic activities, our records are to be annually published as regular numbers of the world-wide known Spalding Athletic Library. Over 8,000 copies of the 1910 edition have been distributed among negro schools and communi-

ties, where they have worked untold benefits,

Communities in cities and towns are wrestling with the problem of public health. School authorities of America and Europe are realizing it is within the province of the school that not alone the brain area controlling thought power be developed, but that the great two-thirds motor brain space be cultivated for the health and increasing effectiveness of the physical make-up of man. The New York Public Schools have put a premium on the voluntary work of teachers who find opportunity to train boys and girls in athletic games by giving credit toward promo-tion for such work. The Board of Regents of Wisconsin University have voted a course leading to the degree of Bachelor of Arts, in which one-third athletic and physical training, combined with two-thirds academic work, make up the requirements. Leading health experts are advocating the passage of a bill by Congress to create a National Department of Health, which is expected to be of service along national health lines, in a manner somewhat similar to the methods of the departments of conservation of natural resources and of agriculture.

To an exceptionally large extent our racial existence is a problem which needs the consideration of our leaders in community and school life. The efforts of the Interscholastic Athletic Association, Public Schools Athletic Leagues, and Athletic Clubs are recorded on these pages. It is the earnest desire of the editors that careful, accurate and complete records of athletic games be kept and sent to the office of the Interscholastic

Athletic Association before June 1, of each year.



CAPTAIN J.MES T. 048120.

President Chamber of Commerce, Washington, D. C.; President Board of Education and Chairman of the Athletic Committee. Captain Oyster works continuously for the full development of the children of our schools.

Harris & Ewing, Photo.

REPORT OF GENERAL MANAGER

MAY 30, 1911.

Mr. James A. B. Callis, President Interscholastic Athletic Association.

SIR:—It pleases me to submit to you the following report as General Manager of the Interscholastic Athletic Association for

the year ending May 30, 1911:

In the greatest measure it is due to the influence of the Interscholastic Athletic Association of the Middle Atlantic States that the field of Negro athletics has increased largely in extent and that better athletic work is being done. Colleges, secondary schools and elementary school systems are generally recognizing, adopting or planning for systematic courses of physical education as co-ordinate branches of the subjects of the regular curricula. Athletics, one of the phases of a course of physical education, is growing in the estimation of educators as a virile agent in the shaping of character and the development of individuals, and is especially useful in the more modern aim of head, heart and hand education. Athletic clubs and teams have sprung up throughout the country. They have created opportunities for self development to the detriment of less honorable

pleasures and positive conditions of vice. It is still a positive fact that the Negro death rate in cities is higher than those of other people. This is largely due to devitalizing environments. Vicious pleasures and harmful recreation are among the causes. In better environment the ignorance of the proud, dignified and narrowly educated individuals is responsible for a puny, undeveloped type that is non-resistant to the prevalent ills. Tuberculosis yet slays an abnormally high percentage of Negroes. Often the years spent is time lost and the money expended is squandered, when, after years of education, individuals die in the commencement of maturity. Let churches, citizen associations, school authorities, municipal governments and other agencies that can be of real service, be persuaded to strive for better living quarters; cleaner sources of food; cleaner streets; attractive, interesting, harmless, beneficial, recreative and amusement enterprises, city owned and free to all; the abolishment of vice halls; saloons removed from congested living districts; the use of school buildings and grounds as a continual source of intelligence, development and recreation to the young



1. R. R. Horner, Member Athletic Committee of the Board of Education, Washington, D. C. He believes in the athletic development of the Negro youth and has supported the P.S.A.L. and I.S.A.A. 2—Ernest H. Daniel, Member Athletic Committee of the Board of Education, Washington, D. C. He is strongly in favor of vigorous manly sports for boys as a means to health and better citizenship.

and old of the locality; parks; playgrounds; athletic games fostered by school, church, or club—and death rates will approach a normal condition.

It is to further this doctrine that the Interscholastic Athletic

Association is working in community and school life.

Track and field athletics are spreading rapidly in this section. The Association during the past season conducted the largest indoor track meet ever held in the South, and for the number of events and competitors it was the largest ever held in the country for colored athletes. There were twenty track and field events, 241 entries and 1,500 spectators. Dismond of Howard University Preparatory School won the scholastic 440-yard race on three laps in 61 4-5 seconds; James Burwell of Armstrong Technical High School won the scholastic 50-yard dash in 5 3-5 seconds, and Clayton George of Howard Academy won the high jump at 5 feet 7 inches. Howard University track athletes won the trophy in open competition and Armstrong Technical High School won the secondary school trophy. Howard University relay team lost to the crack New York Association team in the big inter-city relay. Financially the meet was successful, over \$140 being cleared after an expense approaching the one thousand dollar mark was met.

The Evening Star, the Washington Herald, the Bee, and the Washington American were generous with their columns for the

games.

The sixth annual track and field games were held May 30 on the campus of Howard University. Armstrong Technical High School track team had no difficulty winning the scholastic meet by a margin of 40 points over M Street High School and Howard Academy. James Burwell of Armstrong equalled the scholastic record of 101-5 seconds for the 100 yards dash; Phillip Dines of Armstrong clipped one-fifth of a second from the record of Vickers and Bacon by running the 220 yards dash in 232-5 seconds, and Otis Walker ran the half mile in 2 minutes 142-5 seconds, beating Wilson's record of 1908 by a full second.

The I.S.A.A. Track and Field Committee for the past season consisted of Chairman W. J. DeCatur, G. C. Wilkinson, B. Washington, W. A. Joiner, J. A. B. Callis, E. Marshall, and

E. B. Henderson.

The championship basket ball season was a complete success from an athletic point of view. The season lasted from December 17 to March 4, 1911. M Street High School quint was awarded the championship, only one game having been lost by one point to Howard Academy team, which game was forfeited by the Academy for playing an ineligible player during the



ROSCOE C. BRUCE,
Assistant Superintendent Public
Schools of Washington, D C.

WILBUR THIRKIELD, President Howard University

series. Howard University basket ball team, after the disbandment of the Y.M.C.A. team of Washington, proved to be the best amateur team in the East by winning every game but one of the number played. The last game of the season was played at Convention Hall in Washington, D. C., and was won by Howard from the Alpha Physical Culture Club of New York City in one of the best confested games held in the city.

The Basket Ball Committee of the I.S.A.A. consisted of Chair-

man G. C. Wilkinson, S. Compton and E. B. Henderson.

The first cross-country run of the I.S.A.A. was held on April 26 and was won by the team representing the Armstrong Technical High School of Washington. Quarles of Howard Academy won first place in the time of 16 minutes and 30 seconds over a course of 3 miles. The run gained popularity for cross-country work. The handsome Dr. W. B. Evans trophy cup was awarded Armstrong High School for one year. The I.S.A.A. Cross Country Committee consisted of Chairman R. N. Mattingly, W. J. DeCatur and E. B. Henderson.

Swimming sports were conducted by the I.S.A.A. as a part of the safe and sane project for celebrating Independence Day. This was the first swimming contest to be participated in by colored athletes in this vicnity. The Swimming Committee of the I.S.A.A. consisted of Chairman E. B. Henderson, H. G.

Douglass and S. Compton.

The annual business meeting of the I.S.A.A. took place on May 30, 1011. The reports of the various committees were read and recommendations were made to increase the efficiency of the work planned for next year. New officers were elected and committees appointed.

EDWIN B. HENDERSON, General Manager.



Edward C. Williams, Principal M Street High School of Washington,
 D. C.; 2, Mason A. Hawkins, Principal Colored High School of Baltimore,
 Md.; 3, Dr. Wilson B. Evans, Principal Armstrong Technical High School of Washington,
 D. C.

I. S. A. A. OF THE MIDDLE ATLANTIC STATES

OFFICERS, REPRESENTATIVES, COMMITEES. SEASON: 1911-1912.

President,
HALEY G. DOUGLASS,
M Street High School, Washington, D. C.

Vice-Presidents,

JAMES A. B. CALLIS,

Colored High School, Baltimore, Md.

BENJAMIN WASHINGTON, Armstrong Technical High School, Washington, D. C.

Recording Secretary,
SAMUEL COMPTON,
Armstrong Technical High School, Washington, D. C.

Corresponding Secretary,
WILLIAM J. DECATUR,
Howard University, Washington, D. C.

Treasurer,
GARNET C. WILKINSON,
M Street High School, Washington, D. C.

General Manager,

EDWIN B. HENDERSON,

Physical Director, M Street and Armstrong High Schools.

Washington, D. C.



1, R. N. Mattingly, Chairman Cross-Country Committee, 1.8.A.A.; 2, G. C. Wilkinson, Trensurer 1.8.A.A., one of the organizers, and Vice-President of the P.S.A.L., Washington, D. C.

REPRESENTATIVES.

WILLIAM A. JOINER, Supt. State Normal and Ind. Dept., Wilberforce University, Wilberforce, Ohio.

R. N. Mattingly, Armstrong Technical High School, Washington, D. C.

W. H. J. BECKETT, Sumner High School, St. Louis, Mo.

E. MARSHALL, Howard University, Washington, D. C.

R. D. WILLIAMS, Morgan College, Baltimore, Md.

R. V. Cook, Colored High School, Baltimore, Md.

JAMES THOMAS, Colored High School, Baltimore, Md.

G. DAVID HOUSTON, M Street High School, Washington, D. C.

COMMITTEES.

Track and Field—William J. DeCatur, Chairman; J. A. B. Callis, W. A. Joiner, E. Marshall, G. C. Wilkinson, E. B. Henderson.

Basket Ball.—G. C. Wilkinson, Chairman; S. Compton, W. J. DeCatur, J. Thomas, B. Washington, E. B. Henderson.

Cross Country—Robert N. Mattingly, Chairman; G. David Houston, E. B. Henderson.

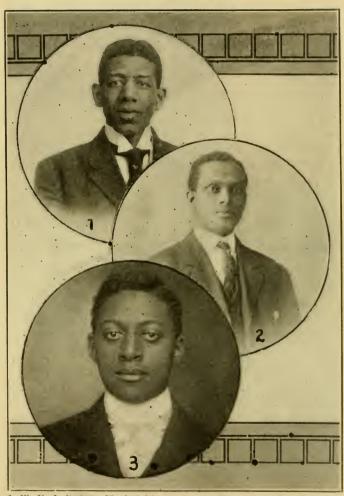
Swimming—Edwin B. Henderson, Chairman; S. Compton, H. G. Douglass.

Football—Haley G. Douglass, Chairman; B. Washington, R. N. Mattingly, G. C. Wilkinson, Ernest Marshall.

Legislation and Finance—Garnet C. Wilkinson, Chairman; W. A. Joiner, G. D. Houston.

Registration—Samuel Compton, Chairman; J. A. B. Callis, E. Marshall.

Records—Benjamin Washington, Chairman; R. D. Williams, R. V. Cook,



W. H. J. Beckett, Physical Director Summer High School, St. Louis, Mo.;
 W. J. DeCatur, Corresponding Secretary 1.8.A.A.;
 Hiley G. Douglass, President 1.8.A.A., 1911, M Street High School, Washington, D. C.

REPORT OF SECRETARY OF THE PUBLIC SCHOOLS ATHLETIC LEAGUE OF WASHINGTON. D. C.

JULY 1, 1911.

To President and Board of Directors, Public Schools Athletic League.

LADIES AND GENTLEMEN: I take pleasure in presenting my first report as Secretary of the Public Schools Athletic League. In June, 1910, Assistant Superintendent of Schools Roscoe C. Bruce talked to your secretary and Mr. G. C. Wilkinson with regard to the formation of a P.S.A.L. in the schools. With the permission and aid of Mr. Bruce and the Assistant Director of Physical Training, Miss Anita J. Turner, work was begun on a constitution and plan of activities. The constitution, by-laws, and plan of work were submitted to the Athletic Committee of the Board of Education and by them recommended favorably to the Board of Education. Permission was then granted your secretary to organize the P.S.A.L. by vote of the Board of Education in meeting on October 19, 1910. Assistant Superintendent Bruce then called a meeting of officers, school principals, and all male teachers. At this meeting, on November 8, a constitution and by-laws were adopted, officers were elected, and at a later meeting on November 19 the members of the several committees were chosen.

Soon after this meeting, elementary school athletic associations organized all over the city, and every school in the tenth, eleventh, twelfth and thirteenth divisions, but one, of more than four

session rooms joined the league.

The track activity of the year began with the big indoor games held jointly with the I.S.A.A and T.B.A.A. on March 11. Teams from schools in all sections of the city were represented and the boys acquitted themselves like veterans. The results of training and encouragement afforded by teachers and principals were evident. Robert Ford of Langston School won the fifty yards dash from a field of the best dash men in the 120-pound class. Mott School 95-pound relay team captured the junior relay race and Banneker School's relay team won the heavyweight relay championship of the city. Many school games and inter-school games were held during the season. The outdoor championship



1. Benjamin Washington, Vice-President I.S.A.A.; 2, Samuel Compton, Recording Secretary I.S.A.A.; 3, J. A. B. Callis, ex-President I.S.A.A.

events were held on May 30 in conjunction with the I.S.A.A. track and field games. Events were arranged with other weight qualifications than those used at the indoor games so that a different class of athletes would enter. Ford of Langston School again proved a hero by winning the 100 yards dash in which boys of any weight were eligible. Mott School won the championship of the city while Banneker, Stevens, and Birney won championships in their respective divisions. The events of July were arranged to admit of elementary school athletic competition and numbers of boys were entered. Summaries:

INDOOR CHAMPIONSHIP EVENTS.

- 50 yards dash (120-lb. class)—6 1-5s., R. Ford, Langston School, 12th D.A.L.; J. Ellis, James G. Birney School, 13th D.A.L.; I. Nutt, William L. Garrison School.
- 600 yards relay race (95-lb. class), 10th division winners—1m. 13s., Lucretia Mott School.
- yards relay race (95-lb. class), 12th division winners—1m. 27s., Daniel Payne School. 600
- 600 yards relay race (95-lb. class), 13th division winners-1m. 27 1-5s..
- James G. Birney School.

- 500 yards relay race (unlimited weight class), D.A.L. No. 10 winners—
 Im. 21 1-5s., Myrtilla Miner School.
 600 yards relay race (unlimited weight class), D.A.L. No. 11 winners—
 Im. 22 1-5s., John F. Cook School.
 600 yards relay race (unlimited weight class), D.A.L. No. 12 winners—
 Im. 57s., Benjamin Banneker School.

- 1m. 578., Benjamin Banneker School.
 obyards relay race (unlimited weight class), D.A.L. No. 13 winners—
 1m. 23 1-5s., James Birney School.
 600 yards relay race (95-1b. class), City Championship—1m. 25s., Lucretia Mott School (Jackson, Taylor, Terry, Jones).
 600 yards relay race (unlimited weight class), City Championship—1m. 25s., Benjamin Banneker School (Lacy, Riddick, Sparrow, Whiting).

OUTDOOR GAMES, MAY 30, 1911.

- 60 yards dash (95-lb. class—73-5s., E. Winters, John F. Slater School, won; W. Taylor, Lucretia Mott School, second; E. Green, James Blrney School, third.
- 100 yards dash (unlimited weight class)-11 3-5s., R. Ford, John M. Lang-
- ston School, won; A. Bell, Thaddeus Stevens School, second; R. Johnson,
 Thaddeus Stevens School, third.

 360 yards relay race (115-lb. class), City Championship—Lucretia Mott
 School, won; Thaddeus Stevens School, second; John M. Langston School
 and John F. Slater School, third.

 360 yards relay race (unlimited weight class), City Championship—Thaddeus
 Stevens School, won; Lucretia Mott School, second; Benjamin Banneker
- School, third.

BASKET BALL.

The basket ball team of Thaddeus Stevens School, D.A.L. No. 10, won the championship of the city after one of the best series of games that has been played in Washington. On March 4, Mott School team, champions of D.A.L. No. 11, met Stevens School and lost after an exciting, evenly contested struggle. This game was the deciding game for the championship of the city. Summary:



1. J. Moria Saunders, Chairman Washington P.S.A.L. enoncity and remained Committee; 2, Ernest Marshall, Physical Director Howard University, Washington, D. C.; Representative to the I.S.A.A.; 3, A. K. Savoy, Chairman Elementary Schools Games Committee P.S.A.L., Washington, D.C.

D.A.L. No. 10 champions—Thaddeus Stevens School.

D.A.L. No. 11 champions—Lucretia Mott School. D.A.L. No. 12 champions—Benjamin Banneker School.

D.A.L. No. 13 champions—Eliza Randall School.

City champions—Thaddeus Stevens School, D.A.L. No. 10.

BASE BALL.

During the spring of 1911, thirty-one elementary schools were represented on the base ball field in a series of elimination contests within the divisions for division championships. There were entered in the contest three schools in the D.A.L. No. 10; nine in D.A.L. No. 11; ten in D.A.L. No. 12, and nine in D.A.L. No. 13. The boy teams showed remarkable skill and, under the influence of teachers, were conducted better than the majority of well organized leagues of older players. Cook School and Mott School played one of the prettiest games of the season in their contest for supremacy in the eleventh division. Mott School won in a 6 to 4 contest and later won the championship of the city in a series of games with the champions of the other division leagues. The games were handled in faultless style by the Elementary Schools Games Committee. Summary:

D.A.L. No. 10 champions—Thaddeus Stevens School. D.A.L. No. 11 champions—Lucretia Mott School. D.A.L. No. 12 champions—Alfred Jones School. D.A.L. No. 13 champions—George Bell School.

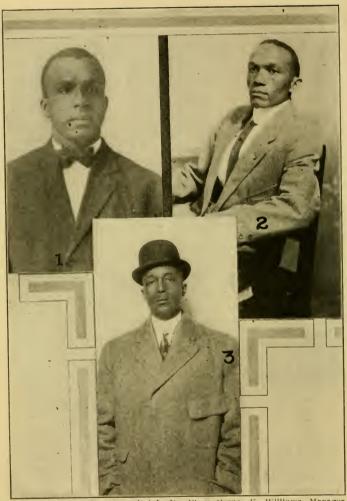
City champions—Lucretia Mott School D.A.L. No. 11.

STANDING OF TEAMS.

	Won.	Lost.	P.C.
Mott School	3	0	1.000
Stevens School	I	2	-333
Bell School	I	2	-333
Iones School	I	2	-333

HIGH SCHOOL GAMES.

Track and field and basket ball sports of the high schools are recorded in the summary of the activities of the I.S.A.A. Armstrong Technical High School won the secondary school football championship in this section. She could, however, only manage to play with M Street High School a tie game on Thanksgiving Day. The excellent coaching received and the spirit shown saved the day for the M Street High School, but it is due to the excellent showing throughout the season that Armstrong can be decided champion.



1. Eugene Clarke, President, D.A.L. No. 13; 2. George K. Williams, Manager of Athletics, Western University, Kausas City, Kau.; 3, E. S. Plummer, Former Coach of Western University, Prominent in Athletic Circles in the West.

Business High School's base ball team, by defeating both M Street and Armstrong, captured the first base ball series ever pulled off among the high schools. Summary:

Foot ball championship—Armstrong Technical High School. Base ball championship—Business High School. Basket ball championship—M Street High School. Track championship—Armstrong Technical High School.

It is extremely difficult to state how effective and beneficial the work of the P.S.A.L. has been during this one year of existence. Although the majority were sanguine at the outstart, still there were many teachers who looked upon the scheme as one tending to increase the already heavy burden of school work, but it has been satisfactory to note that many who saw a hard road ahead have become the most enthusiastic workers and supporters. As in other movements where only individual desire prompts effort, there have been workers in office and adornments in office, but the majority of officials and teachers connected with the League gave hearty support. Many spent evening after evening, Saturdays, holidays, and recess periods in an endeavor to get with the boys and girls at their games and to train, encourage or supervise. These teachers have undoubtedly been able to learn more of practical psychology of the school boys and girls than can be gotten only in the school room; their control over the boys makes them indispensable aids to effective discipline, and the benefits derived from such service to individuals, school, and community are immeasurable. New York and other cities have taken the lead in making this type of school service worth more in school salaries than the simple fulfillment of stated class room duties. The female teacher who serves efficiently for the betterment of the community and is not averse to doing a little more than the course of study prescribes, is superior in worth to the man whose efforts are in narrower lines. In New York and other large cities the yearly efficiency rating of the teacher is based to a large extent upon just such work.

That scholarship, discipline, and attendance can be improved through the proper handling of the means afforded by the rules and activities of the P.S.A.L. is no untried theory, but is a practical fact that has been demonstrated here in many instances during the past year, and has been proven beyond question in New York, Cincinnati, New Orleans, Seattle, Troy, Newark, and many other cities, where a P.S.A.L. exists. To secure the benefits of the P.S.A.L. the rules and regulations must be strictly adhered to, and the qualities of fairness, moderation of thought and

action, and truth must be cultivated in and by all.

The splendid character of the men and women of our teach-



1—Cournd V. Norman, Teacher P.S. 83. New York City, and an active P.S.A.L. worker. A leading competing exponent of clean, fair amateur sport; an expert on athletic games; one of the organizers and stands supporters of the Alpha Physical Culture Club. 2—George Lattimore, Smart Set A.C., Brooklyn, N. Y. A most prominent worker for clean athletic sport among young men.

ing corps has been demonstrated in many ways, chiefly during the strenuous occasions of competition. I have heard of but few cases of lack of control on the part of teachers or principals. Some of these were due to misunderstandings of authority, which the rules printed herein will make clear hereafter; however, one or two occasions of lack of sportsmanship were due directly to human failings which the persons concerned will endeavor to remove. On the other hand the many instances of ideal conduct and attitude on the part of teachers as officials who participated in the affairs of the league are an honor to

any athletic system.

The officers and games committees of the four Division Athletic Leagues are to be commended for the very efficient and enthusiastic way that the great majority entered into a work absolutely new to nine-tenths of those concerned. The officers of the league have generally proven efficient in all ways, but the organization must beware of those who but desire positions for the honor minus the duties. The two Games Committees have done excellent work, especially in connection with the base ball series, when much time was demanded of the members. The Finance Committee worked hard and faithfully in connection with the indoor meet. The Publicity Committee has made itself felt continually during the year. The periodically occurring bulletins have, in schools where the principals are progressive, done much to stimulate activity and improve school life, while the newspaper items have caused progress.

A number of trophies have been secured and are now the property of the league. Many more will be gotten during the com-

ing season.

It is perhaps well to state in this report a few facts and suggestions that will tend to make more efficient the future league. That the benefits of the League be increased, it is highly advisable that large numbers of boys and girls be encouraged and persuaded to take part in the various activities. School teams should be developed, but time and training should be provided for the mass of boys. Class games and intra-school games should be regular features of the school athletic association plans. It is foolish to condemn athletic teams as undesirable, but it is wise to control the team. The school team creates a school loyalty that develops a pride in all students. This pride can be appealed to in the effort to make better scholarship, help discipline or maintain attendance. A manly vigorous boy likes to attend a school that appeals to his athletic instincts as well as to his desire for knowledge and will do much to aid and may be influenced to do nothing to injure the reputation of the school or his own reputation. Not only do boys on the team get the exercise and benefits, but



1, E. B. Henderson, Phys. Dir.; 2, Dr. W. B. Evans, Prin.; 3, S. Compton, Coach; 4, Dines; 5, Jenifer; 6, Walker; 7, Bowie; 8, Warf; 9, Tolliver; 10, Burwell; 11, Johnson; 12, Jenifer; 13, Thomas; 14, Henderson; 15, Jones; 16, Settlers; 17, Hunt; 18, Taylor.

ARMSTRONG TECHNICAL HIGH SCHOOL TRACK TEAM, WASHINGTON, D. C.



1, E. B. Henderson, Phys. Dir.; 2, E. C. Williams, Prin.; 3, Goines; 4, Yafes; 5, Randall; 6, Diekinson, Capt.; 7, Nutt: 8, Trigg; 9, Johnson; 10, Muse; 11, Lewis; 12, Newson; 13, Holland; 14, Ramsey; 15, Miller; 16, Logan; 17, Tyler; 18, Dixon; 19, Butler; 20, Ward; 21, Shippley; 22, Bowle, M STREET HIGH SCHOOL TRACK TEAM, WASHINGTON, D. C.

it is safe to say that nearly ninety per cent of the boys at school will be influenced by the contests or teams to take an active interest in the games on the playground, at home, or elsewhere that they might achieve some of the skill, strength or fame of the members of their team. It is simply up to the head of the institution or the teachers in charge to see to it that the team does not occupy all of the time or space for the game, but that some coaching, time and space is allowed to the future athletes or

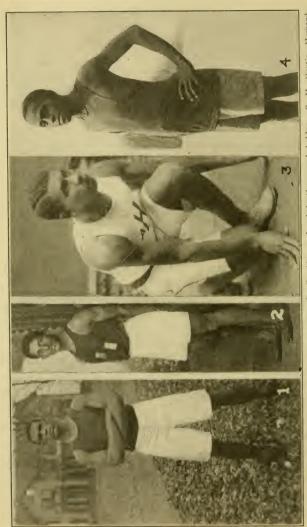
less able players.

The crowd spirit of the future, that is such a factor in the city of to-day can largely be influenced by the proper training of the school crowd in its attendance upon the highly exciting school contests. It is within the power of the good school principal and faculty to develop fairness in the relations of his pupils towards one another. General rudeness, lack of courtesy and bad sportsmanship shown in school crowds are often due to careless neglect, improper discipline, or wilful intention to develop this reprehensible conduct. School spirit usually indicates the trend of school management or the attitude and relation of the members of the faculty to each other and to their work. The school spirit developed is bound to influence strongly the lives of the students.

By developing leaders in sport or in the administration of the school athletic association functions, leaders of men of the world are being trained. Therefore, encourage active work on the part of the officers of the athletic associations. These few suggestions stated above should be considered by workers and officials connected with the League, and, also, our officials should remember that in this section it is for us to create opportunities for our boy and girl athletes that our race growth may not be hampered

by the general tendency to limit our field of endeavor.

EDWIN B. HENDERSON, Secretary.



Howard 1.S.A.A. 1.S.A.A. H. B. Dismond, Howard Academy, Washington, D. C., 440 yard scholastic record holder.
 M. Curtis, University, winner 50 yards dash, LaSAA, Indoor meet, 1941.
 Maiter Fowe, Howard Academy, Winner 440 yards run, May 30, 1941.
 P. Dines, Armstrong Technical High School, Washington, D. C. scholastic 220 yards dash record holder.

PUBLIC SCHOOLS ATHLETIC LEAGUE OF WASHINGTON, D. C.

OFFICERS AND COMMITTEES, 1910-1911.

President.

JAMES E. WALKER.

Vice-President. GARNET C. WILKINSON.

Treasurer.

MISS ANNA E. THOMPSON.

Secretary.

EDWIN B. HENDERSON.

Executive Board-J. E. Walker, A. K. Savoy, E. B. Henderson, J. C. Bruce, Miss A. E. Thompson, H. G. Douglass, G. C. Wilkinson, Miss M. L. Jordan, B. Washington.

Finance Committee—G. S. Wormley, W. A. Hamilton, Eugene Clark, W. B. Hartgrove, R. B. Greene.

Publicity and Printing Committee-J. M. Saunders, Miss A. V. Shorter, B. C. Dodson, E. H. Lawson.

High School Games Committee-E. B. Henderson, G. D. Houston, G. H. Murray, S. E. Compton, Miss A. J. Turner. A. P. Lewis, J. L. Chestnut.

Elementary Schools Games Committee—A. K. Savoy, G. S. Wormley, F. J. Cardozo, J. L. Chestnut, Miss Julia Davis, Miss Harriet Edmonds.

OFFICERS.

PUBLIC SCHOOLS ATHLETIC ASSOCIATIONS.

D. A. L. No. 10.

Officers-F. J. Cardoza, president; Miss E. F. Wilson, vicepresident: Miss M. E. Gibbs, secretary-treasurer.

Games Committee-N. L. Guy, R. A. Gillem, Miss Enola McDaniels.



1-Dr. A. M. Curtis, Washington, D. C., President National Medical Association, and a strong supporter of athletic projects, 2-L. E. Johnson, Secretary Y.M.C.A., Washington, D. C. A great worker for virile manhood.

SCHOOL OFFICERS.

Briggs, Martha B., A.A.—Harry Wills, president; Percival Walso, vice-president; Carl Steward, secretary; Tinsley Dishman, treasurer.

Montgomery, H. P., A.A.—Neville Waters, president; Marshall Owens, vice-president; James Brown, secretary; Miss F. S. Bruce, treasurer.

Stevens, Thaddeus, A.A.—William Watkins, president; John Maddox, vice-president; Thomas Swann, secretary; Miss A. E. Charity, treasurer.

Wilson, Henry, A.A.—Barnard Hill, president; George Shields, vice-president; Alphonso Jones, secretary; Miss L. S. Lacy, treasurer.

Miner, Myrtilla, A.A.—William Johnson, president; Charles Wilson, vice-president; Jacob Walker, secretary; Charles Johnson, treasurer.

Phillips, Wendell, A.A.—Austin Sewall, president; Guy Lee, vice-president; Carl Bell, secretary; Miss E. M. Hall, treasurer.

Sumner, Charles, A.A.—William Forcey, president; Arthur Brooks, vice-president; Charles Braxton, secretary; Miss Ellen Truman, treasurer.

D. A. L. No. 11.

Officers—A. P. Lewis, president; Miss K. C. Lewis, vice-president; Miss M. E. Shorter, secretary-treasurer.

Games Committee—J. F. N. Wilkinson, C. O. Lewis, Miss H. V. Edmonds.

SCHOOL OFFICERS.

Bruce, Blanche K., A.A.—Raymond Savoy, president; Ernest Johnson, vice-president; James Whittly, secretary; M. G. Lucas, treasurer.

Cook, John F., A.A.—Charles Harris, president; George Frye, vice-president; Serrol Gibbs, secretary; Miss S. C. Lewis, treasurer.

Garrison, William Lloyd, A.A.—William F. Thomas, president; John Pierce, vice-president; Alonza Collins, secretary; Miss R. A. Boston, treasurer.

Military Road A.A.—Henry Clark, president A. A. Hill, vice-president; William Riggins, secretary; John S. Harris, treasurer.

Bunker Hill A.A.—Paul Richardson, president; Alfred Jackson, vice-president; George Robinson, secretary; Lord McKenzie, treasurer.

Garnet, Henry H., A.A.-Warren Walker, president; Girard



START OF THE B.A.L. THREE-MILE CROSS-COUNTRY RUN, MAY 20, 1911.



TRACK TEAM, DUNBAR ATHLETIC ASSOCIATION, BALTIMORE, MD.

Edmonds, vice-president; Benjamin Parker, secretary; Miss E. E. Perry, treasurer.

Langston, John M., A.A.—Robert Ford, president; Clarence Gilmore, vice-president; Ralph McKenny, secretary; Miss R. E. Tolliver, treasurer.

Mott, Lucretia A.A.—Romeo Horad, president; Wayman Flemming, vice-president; Thomas Parks, secretary; Miss N. Atwod, treasurer.

Patterson, James W., A.A.—Ernest Truss, president; Stanley Thomas, vice-president; Robert Brown, secretary; Edward Marshall, treasurer.

Slater, John F., A.A.-Miss A. V. Thompson, principal.

D. A. L. No. 12.

Officers—J. C. Payne, president; Miss M. L. Jordan, vice-president; J. A. Richardson, secretary-treasurer.

Games Committee—D. I. Renfro, G. B. Key, Miss E. Williamson.

SCHOOL OFFICERS.

Banncker, Benjamin, A.A.—George Lacy, president; Prentiss Hutchinson, vice-president; Montgomery Shenn, secretary-treasurer.

Ivy City A.A.—Russell H. Stewart, president; Oliver Mallory, secretary; B. F. Hall, treasurer.

Logan, John A., A.A.—James T. Stokes, president; Lawrence Quander, vice-president; Thomas Barton, secretary; Miss J. R. Bush, treasurer.

Douglass, Fred, A.A.—J. A. Richardson, president; Walter Brooks, secretary; J. C. Payne, treasurer.

Jones, Alfred, A.A.—Milton Martin, president; James Martin, secretary; James Jackson, treasurer.

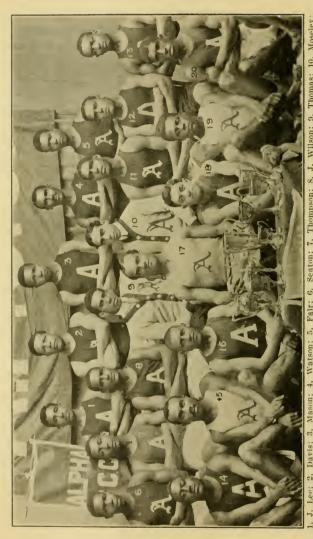
Payne, Daniel A., A.A.—Edward Greene, president; William Ross, vice-president; Pearl Scott, secretary; G. B. Key, treasurer.

Deanwood A.A.—Ernest Dodson, president; Charles Coates, secretary; E. H. Lawson, treasurer.

D. A. L. No. 13.

Officers—Eugene Clark, president; Miss J. E. Page, vice-president; S. D. Matthews, secretary-treasurer.

Games Committee—J. E. Syphax, R. B. Greene, Miss H. V. Edmonds.



J. Lee; 2. Davis; 3. Mason; 4, Watson; 5, Falr; 6, Senton; 7, Thompson; 8, J. Wilson; 9, Thomas; 10, Moseley; H. Wilson; 12, Simmelkiner; 13, Lucas; 14, Younger; 15, G. Norman; 16, C. Thompson; 17, C. Norman, Capt.; Murray; 19, F. Lee; 20, Taylor. Mallison, Photo. TRACK TEAM, ALPHA PHYSICAL CULTURE CLUB, NEW YORK CITY.

SCHOOL OFFICERS.

Ambush, Enoch, A.A.—George Moore, president; Clarence Minor, vice-president; G. W. Peterson, secretary; Percy Washington, treasurer.

Birney, James G., A.A.—Augustus Frye, president; Clarence Berry, vice-president; Jane Hawkins, secretary; Miss L. A. Robinson, treasurer.

Garfield James A., A.A.—Edward Cook, president; Lawrence Howard, vice-president; Thomas Bowman, secretary; Elias Brown, treasurer.

Randall, Eliza G., A.A.—Oscar Randall, president; Ruby Davis, vice-president; Genevieve Turner, secretary; Miss S. E. Jackson, treasurer.

Bell, George, A.A.—Benton Yates, president; Eugene Reed, vice-president; Everett Porter, secretary; Miss M. E. Burrell, treasurer.

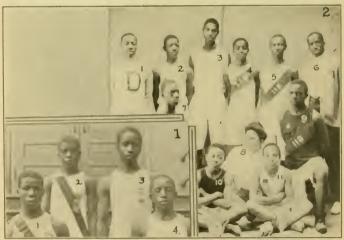
Cardozo, F. L., A.A.—Clinton Nickens, president; Morris Carter, vice-president; Prince Johnson, secretary; Miss J. E. Page, treasurer.

Giddings, Joshua R., A.A.—Miss L. A. Smith, principal. Lincoln, Abraham, A.A.—Mr. Stafford, principal. Syphax, William, A.A.—Miss A. V. Smith, principal.



1, Stanley, Capt.; 2, Bannett; 3, McShann; 4, Scruggs; 5, Barnett; 6, Winroe; 7, Thomas; 8, Luvall; 9, Jackson; 10, Hall.

WESTERN UNIVERSITY TRACK TEAM, KANSAS CITY, KAN.



1—Thaddeus Stevens School Relay Team, Washington, D. C., City Champions Heavyweight Class. 1, Bell; 2, Johnson; 3, Watkins; 4, Magruder. 2—P.S. 116, Baltimore, Md.

AMATEUR ATHLETICS IN THE CITIES

Less than a decade ago colored amateur athletics, apart from school sports, did not exist in cities south of Philadelphia. Semi-professional base ball teams were about the only forms of athletic teams known. In 1906 the I.S.A.A. was organized and. due largely to its influence, the Middle Atlantic and Southern fields have developed remarkably. In the cities of the north the athletic clubs composed of members of our race are doing much to better the lives of the youth of their cities. The status of athletics is better told by the men closely related with the situation

Washington, D. C.—About six years ago Washington was but little known in the athletic world. Howard University base ball and foot ball teams were the sole features of athletic interest that outsiders knew of. To-day, Washington exists as the center of athletic interest, and in three branches of sport this city now excels all others. The Howard University foot ball team is perhaps the best of the teams of the South, and its basket ball team is easily the champion team of the season. The Y.M.C.A. team held that honor until its disbandment in December. No greater interest exists among track and field athletes than does here, nor are there more track athletes in any other city than here. Two base ball leagues composed of entirely amateur players under commission management run in season, and one of the best tennis teams in the country exists as a branch of the physical department of the Y.M.C.A. A Public School Athletic League has been organized and will undoubtedly do much to build up a more virile race of men and women. M Street High School and Armstrong Technical High School are yearly sending out scholars to the larger institutions of learning who make enviable records in major college sports, but not to the sacrifice of scholastic attainments. The new Normal School, a new M Street High School and an addition to Armstrong Technical High School will have gymnasiums, thus making it possible for physical training and athletics on a scale equal to possibilities of the other race here. The new Y.M.C.A. building will be occupied this fall, and large municipal and school playgrounds already exist for the improvement of the physique and mentality of the race. I.S.A.A. records will furnish much data regarding activities.



1, Lacy; 2, Riddicks; 3, Whiting; 4, Sparrow.
BANNEKER SCHOOL RELAY TEAM, WASHINGTON, D. C.
Winners Indoor Heavyweight Class Elementary Schools.



SCHOOL 116, CHAMPION HEAVYWEIGHT RELAY TEAM, BALTIMORE (MD.) A.L. MAY 20, 1911.



1, Matthews; 2, Ellis; 3, Berry; 4, Thomas; 5, Shaw; 6, Cartwright, WINNING MEMBERS JAMES G. BIRNEY ELEMENTARY SCHOOL TRACK TEAM, 1910-11.

City champions, indoor meet. D.A.L. champions, outdoor games, May 30.

ALEXANDRIA, VA.—This city boasts of a young and growing athletic club that is destined to become one of the strong organizations in this vicinity. The club has a good foot ball team that annexed for itself the championship of Northern Virginia after a series of well played games. The schoolboys of the city are in for athletics and they are showing good form in

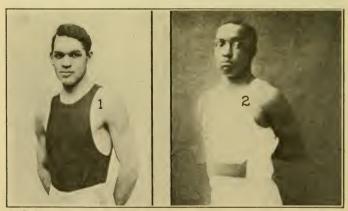
many branches.

BALTIMORE, MD.—For a long time this city has been in the shadow of professional athletics. A few professional base ball teams and star pugilists have been the central athletic features. with a corresponding tendency of the young towards those branches of sport. Here again the I.S.A.A. has been felt. The high school of that city has been fortunate in having the services of many willing workers in the athletic field and have succeeded in awakening a growing desire for all branches of amateur athletic sport. The schoolboys have done remarkably well in the performances of the I.S.A.A., and now there exists a club composed of graduates of the high school and interested citizens that will be heard of in the realm of negro athletics. The Dunbar Athletic Association has already won the cham-pionship in amateur club athletics at track and field for two years and holds quite a few records. The ideals of fair play and squareness in competition for which this club stands are having beneficial effect on the athletes and spectators alike in the city. The club is largely composed of interested school followers and teachers who, in the example of Washington, and with the aid of the Baltimore Public Athletic League, have developed a Public School Athletic League which has already done much good work. The colored newspapers of the city have helped to build an athletic environment, and especial work in this line has been done by the Baltimore *Times* in offering prizes for athletic games. Among the noted athletic workers in the city are: James Callis, ex-president of the I.S.A.A.; Mr. Giles, James Thomas, Ralph Cook, Dwight Holmes, and members of the D.A.A.



1, Green; 2, B. Key, Coach; 3 Campbell; 4, Christian; 5, Douglass,
PAYNE SCHOOL RELAY TEAM, WASHINGTON, D. C.
Junior Indoor Champions, 1911. Scurlock, Photo,

- Junior Indoor Champions, 1911. Seurlock, Photo



1—G. Kyle, Howard University, Washington, D. C., record holder discus throw and 120 yards high hurdle, open events. A leader in competitive college events. 2—Robert Ford, John M. Langston School, Washington, D. C., winner elementary school 50 yards dash, indoors; 120 pounds class; winner 100 yards dash, outdoors, unlimited weight class.

ATHLETICS IN PHILADELPHIA

BY HARRY DUPLESSIS, STENTONWORTH A.C.

In Philadelphia, during the last two years, there has been a steady and increasing interest in distinctive colored athletics. both among the athletes themselves and with the public. the non-separation of the races in the high schools of the city. colored athletes are thrown into competition with the whites. and many have played and still play on the school teams with much credit to themselves. The colored people, a few years ago. took but little interest in athletics in general, and little encouragement was given individuals or teams. The Stentonworth A.C. and the Wissahickon School Club have done much to awakeninterest and to train and develop young boys. The Stenton-worth A.C. is an organization of high school or former high school athletes and fosters foot ball, track, basket ball and tennis sports. The season of 1910-1911 has been very successful. The foot ball team again won the championship of Phila-delphia, but lost to the heavier and better trained team of Lincoln University. F. Forbes, the old Southern Manual player, was star of the team; Turner, Ramsey and J. Duplessis played well. Basket ball was taken up two years ago, and a strong team slowly but steadily developed despite the great handicap of poor facilities for practising and playing. Only one game was lost this season, that to the Wissahickon School Club. Lincoln University, the Iroquois of Media, and in the last game of the season the Wissahickon club were defeated. Blue, the captain, Dr. Hart and Townsend were the stars of the team.

The Wissahickon School Club has done great work by interesting the boys of its section of the city in athletics and they have developed many stars. They had the first colored basket ball team in the city, and much of the popularity of the game is due to their efforts. This year the team played a schedule of thirty games, with but four defeats, two at the hands of the champion team of Howard University, and one each by Jersey City and the Stentonworth A.C. The second team, the Alton, lost but one game out of sixteen during the season. This club also organized the Middle Atlantic League, composed of Trinity, Berean, St. Simon, Zion A.C. and the Wissahickon team, which had the strongest team and easily won the championship. The league interest did much to increase the interest and develop players among the smaller teams. W.



1-George Coverdale, Wissahickon School Club, Philadelphia, Pa., sprinter. 2-J. Clifford, Washington, D. C., record holder one mile open. 3-Davis, second in the B.A.L. cross-country run; Jones, a strong D.A.A. runner.

Smith, C. Smith and Simmons were the best players. Wissahickon has also a very fast track team: Coverdale, W. Armstrong and C. Smith in the sprints; Yancy, Robinson and W. Smith in the middle distances; Armstrong in the hurdles and

broad jump, have all made good records.

Track work is developing to an encouraging extent throughout the city. Jones is one of the best broad jumpers in the U. of P. In competition with the pick of the college world at the Penn relay games, he won fourth place with a leap of 21 feet 9 inches. C. F. White came to Penn from Exeter with a reputation as a broad jumper, sprinter and hurdler, and proved to be the best all-round man on the freshman team. He took part in the all-round championship at Chicago in 1909 and won three places. This year he is a candidate for the 'varsity team. Armstrong of the Central High School is one of the fastest sprinters and hurdlers on the team. He has done 100 yards in 10 2-5 seconds and the 220 yards hurdles in 25 3-5 seconds. He holds the school record for the hurdles and is a product of the Wissahickon School Club. W. Young is also a member of the same track team, whose specialty is the half-mile run. Elsey is the best sprinter at the Southern Manual and has negotiated the 100 yards dash in 103-5 seconds. J. Duplessis is a member of the Trades' School relay and done 5 feet 5 inches in the running high jump. Yancy has won his letter for distance running at the Northeast Manual. Other athletes who have made places on the school teams are: I. Armstrong, base ball, School of Pedagogy; E. Powell, foot ball, Southern Manual; J. Duplessis, foot ball, basket ball and track, Philadelphia Trades' School.

The future of athletics among the colored boys and men of the city is very bright. One of the most encouraging features is the attitude of the churches towards athletics and the organization of teams. St. Simon's under Rev. Logan, have taken the lead, and other than organizing basket ball and track teams and gymnasium classes in the church, have, by permitting the use of their gymnasium, made it possible for other teams to get practice. Two teams of girls, the Upsilon Tays and the Marathons, practice there. Berean, Zion and Holy Trinity Chapel also support athletics and have track and basket ball teams.

With the completion of the colored Y.M.C.A. branch, for which \$100,000 has been subscribed, much is expected in the way of athletics. Already they have organized a basket ball team, which, though late in starting, made quite a good record.



Middle row-Miss G. Cole; Miss D. Cole, Capt.; Mallison, Photo. NEW YORK GIRLS' BASKET BALL TEAM. Top row—Miss L. Saunders; C. Norman, Coach; Miss L. Norman, Miss M. Thomas, Front row—Miss B. Campbell; Miss C. Cole.

SOME FACTS CONCERNING ATHLETIC CLUBS IN BROOKLYN AND NEW JERSEY

By George William Lattimore.

The 1910-1911 season in the world of sports has evidenced to a marked degree rapid and remarkable progress among the athletic organizations of Brooklyn and New Jersey. The development has not been within narrow lines, but, on the contrary, has covered a broad expanse in the field of athletics. Weighing what has been accomplished with the inadequate facilities at hand for training, coaching and practicing, among a major portion of the organizations, exhibits, indeed, brilliant signs for some wonderful achievements with a few less of these handicaps. It may here be stated that the athletic associations in these outlying metropolitan districts appreciate the necessity of grappling with the situation in a firm, determined and sportsmanlike manner, and the outlook for continued progress and future successes, to express it conservatively, is indeed gratifying.

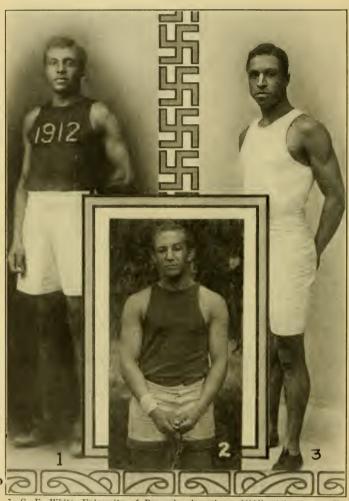
Among many of the clubs the detail work of keeping accurate records, etc., have not been, up to the present stage, systematized to a state of perfection, and rather than treat crudely with the great liability of errors, along these lines, I have chosen at this time to speak generally of the work of the more active

associations.

At a meeting, a short time ago, of the officials of the Amateur Athletic Union of the United States, it was the expressed opinion of these gentlemen that the leading colored athletic club of the Metropolitan District is the Smart Set Athletic Club of Brooklyn, and I therefore take occasion to first mention some facts in connection with this organization.

SMART SET ATHLETIC CLUB.

With a membership considerably smaller, and an average age much younger, perhaps, than any other organization comprising what might be termed "the big ring," the Smart Set Athletic Club has certainly taken a place among the most active, and has for some time held the distinction and honor of being a "forerunner" among the clubs in the vicinity of the various



1—C. F. White, University of Pennsylvania, winner Middle Atlantic A.A.U. 50 yards dash, Atlantic City, 1911. Well known all-round athlete. 2—D. B. Evans, Lincoln University, captain and manager track team, manager basket ball team, and 'varsity foot ball player. An earnest worker for clean collegiate athletics. 3—W. English, record holder, 100 yards dash, 220 yards dash, shot put, and running broad jump, open events. Washington, D. C.

fields of athletics. The club has a large and valuable collection of trophies, while the total individual prizes held by members

are high in the hundreds.

Together with the St. Christopher Club of New York City, they were the first to establish a basket ball team, and for four consecutive seasons were the recognized championship team, which title was lost to the Y.M.C.A team of Washington, D. C., in 1010.

The 1910-1911 team, whose photograph is elsewhere displayed in this book, were the winners of the big local attraction of

It was the Smart Set A.C. who established the precedent of the inter-city basket ball games, first going to Washington, D. C., to play the championship team of the Interscholastic A.A. in

February, 1000.

Still another distinction enjoyed by the Smart Set A.C. is that of being the first and only organization in this district to hold an indoor track meet and athletic carnival. The first was given on March 31, 1910, at the Fourteenth Regiment Armory, Brooklyn, N. Y., one of the finest in the city, with an attendance of about twenty-five hundred persons. The affair was again repeated this year on April 26, with about three thousand persons attending, and was said to be the largest of its kind

ever held in the city of Brooklyn.

This club has for several years maintained a successful track and field team, some of its foremost representatives being Robert R. Barnard, fast sprinter, hurdler and broad jumper; Lester R. Trice, a distance runner of much merit; Charles L. Williams, quarter-mile runner; Harry W. Brown, a very fast man at any distance from 300 yards to one mile; Robert P. Lattimore, broad jumper, hurdler and sprinter; Edwin F. Horne, quarter-miler; Harry I. Gray, a former member of the high school championship one-mile relay team; William F. Franklin, former captain of the Commercial High School track team—and a good school of others. Their latest acquisition is Henry Binge Dismond, the well-known Howard University runner, who will represent them between school seasons. Dismond has been rated as the best quarter-mile runner of his race since the late John B. Taylor.

The members of this club are active in all lines of sports,

hase ball, swimming, rowing, bowling, boxing, wrestling, etc.
The present officers are: J. Hoffman Woods, Frederick B.
Watkins, Walter B. Warren, Oscar A. Scottron, Thaddeus
Lowry, board of directors; Chester B. Moore, manager; Robert P. Lattimore, Assistant manager; Rushford Lord, secretary; Edwin F. Horne, assistant secretary; Howard C. Warren, treasurer.



Scurlock, Photo. 1, Chestnut; 2, Nixon; 3, Anderson; 4, Johnson; 5, Oliver; 6, Clifford; 7, Gray; 8, Henderson; 9, Curtis. Y.M.C.A. BASKET BALL TEAM, WASHINGTON, D. C. Has never lost a game nor objected to a decision.

MOZART CLUB.

The Mozart Club was organized in 1908 and now numbers

more than thirty members.

The present officers of the club are: Louis C. Taylor, president; Ira A. Williams, vice-president; Clinton F. Oliver, financial secretary; Thomas H. Williams, treasurer; Jules C. Laster, recording secretary; Chester A. Gardeen, assistant recording secretary; John Williams, chaplain; William Summers, sergeantat-arms.

The Jersey City basket ball team, which has for the past three years played under the name of the Jersey City A.C., has become affiliated with the Mozart Club and will hereafter play

under the name of Mozart exclusively.

The team won two large silver cups during the season, one from the Wissahickon team and the other from the Columbia theatrical team.

The team this year was composed of the same players as during the previous season, but were captained by Thomas H.

Williams, who played guard.

The line-up was as follows: Charles Alexander, right forward; H. Clay Thomas, left forward; Ira A. Williams, center; Clinton F. Oliver, right guard; Thomas H. Williams, left guard; Albert Thomas, substitute; Jules C. Laster, substitute.

Junior Team—Albert Thomas, right forward; Frank Cornell, B. Conyers and Eugene Johnson, left forwards; Percy Carter,

center; J. C. Laster, left guard; C. Jones, right guard.

The Junior team went through the season with but one defeat, and in that contest they were greatly outweighed. Their most notable victories were those over the Alpha Physical Culture Junior team, whom they twice defeated; the St. Christopher Juniors, the Strollers (twice), the Owl Juniors and the Imperial Juniors.

Next season both teams will play under the name of the

Mozart Club.

During the season of 1910 the base ball team from the club won many games, but the one that gave them the most pleasure was the defeat of the Alpha Physical Culture Club's team at the picnic and games given by the latter organization, when the Jersey boys won a fine silver cup by the score of 13 to 5. The base ball team was captained by H. Clay Thomas.

The track team, under Captain Albert Smith, has been doing very good work since its organization and has several trophies to show for their prowess. Captain Smith is a capable athlete and gave a very creditable performance at the games held by

the Smart Set A.C. in Brooklyn in March.

For a young club there has been made quite a record in the



1, Greene; 2, E. C. Williams, Prin.; 3, E. B. Henderson, Phys. Dir.; 4, Hayes; 5, Nutt; 6, Jones, Capt.; 7, Moody; 8, Hughes, Scurlock, Photo. M STREET HIGH SCHOOL BASKET BALL TEAM, WASHINGTON, D. C. Scholastic Champions, 1910-11.



Top row—Miss E. Wallace, Miss R. Smith; Bottom row—Miss E. Taylor, Miss B. Jones, Miss N. Hope.

M STREET HIGH SCHOOL BASKET BALL TEAM, WASHINGTON, D. Č.

various lines, and, with the added experience, the members expect soon to be able to make a showing the equal of any organization in this vicinity.

LAETITIA ATHLETIC CLUB.

The Laetitia Athletic Club of Brooklyn, N. Y., was organized in 1908, and has a membership of over forty. The basket ball, base ball and track teams of the club have always made creditable showing. A. C. King, a well-known miler, is captain of the track team. A most prominent member of the track team is Clarence Nicholson, who is undoubtedly the peer of colored sprinters in the Metropolitan District. In the E. R. C. A. L. championships he lowered the record for the 70 yards dash from 8 to 7.3-5 seconds, and a few weeks later he finished second to G. Henry, the national champion, in the fast time of 10 seconds in the 100 yards dash. Other promising track men are C. A. Jackson, J. T. Bailey, T. Martin, W. Dixon, C. Boone and W. Robinson.

The club officers are: C. L. Mayo, president; J. T. Bailey, vice-president; J. J. Wilson, treasurer; Q. H. Vaughn, secretary; F. D. Scott, assistant secretary; C. L. Jackson, sergeant-

at-arms.

SPARTAN ATHLETIC CLUB.

The first athletic club for girls in the vicinity of Brooklyn was organized August 25, 1910. The club has grown from eight to over thirty active members. Its aim is to provide healthy recreative competitive sport for girls. Basket ball and track games have been participated in. Of ten games played during the past season in basket ball, only two were lost. In the 60 yards dash and in longer runs for girls, E. Clements, G. Moore, E. Mars and E. Trice are usually point winners. Credit should be given Sydney Jackson for his splendid coaching.

The officers of the club are: Miss B. Harris, president; Miss E. Mars, vice-president; Miss G. Moore, secretary; Miss E.

Trice, treasurer; Miss M. Harris, general manager.

INDIAN ATHLETIC CLUB.

The Indian Athletic Club of Brooklyn was organized August 14, 1907, under the name of the Ramblers A.A., which was later changed as above. The first public attraction given by the club was in June, 1909, and proved a great success. During the summer season of 1910, the track team made an excellent showing. William Murray, a distance runner of merit who has captured many prizes, and Charles A. Thompson, a fast sprinter, were the principal point-makers.



1, Gray; 2, M. Curtis; 3, A. Curtis; 4, Nixon, Capt.; 5, Oliver; 6, Winthrop; 7, Gilmore; 8, Brown, Mgr.

HOWARD UNIVERSITY BASKET BALL TEAM.



 Laster; 2, Oliver; 3, A. Thomas; 4, Alexander; 5, C. Thomas; 6, I. Williams; 7, T. Williams; 8, A. Turner, Mgr. Wilms, Photo, JERSEY CITY (N. J.) BASKET BALL TEAM.

The membership in this organization is now over seventy-five, and it is anticipated they will take a prominent part in

local athletics during the season of 1911-12.

The present officers are: Sherman Partee, president; James H. Hollon, vice-president; William J. Truley, Jr., secretary; Willus Hodges, financial secretary; Albert Richardson, treasurer; Raymond Watkins, sergeant-at-arms; C. Edward Hicks, director of athletics.



1, Miss Merlwether; 2, Miss Sylvia Piper; 3, Miss Sadie Sumner; 4, Miss Gertrude Walker; 5, Miss Beatrice Skinker; 6, Miss Viola Menard. Scurlock, Photo.

NORMAL SCHOOL NO. 2 BASKET BALL TEAM, WASHINGTON, D. C.



1. Wheeler; 2, Jacobs, Cupt.; 3, Green; 4, Simpson; 5, Hill; 6, Perkins; 7, Sanford.

WILBERFORCE (OHIO) UNIVERSITY BASKET BALL TEAM.

ATHLETICS IN NEW YORK CITY

BY CONRAD V. NORMAN.

The past year in athletics has been a most promising one. Several new clubs have been formed, and the old clubs have grown stronger and more firmly established. Public interest has been aroused, and the achievements of our athletes have been rewarded by the enthusiastic support of our people in

this great metropolis.

All the branches of sport have flourished and gained favor with the public. Non-athletics bodies such as the social, political or religious organizations which give entertainments, picnics, dances and the like have been quick to recognize and to take advantage of this fact. Almost every picnic was given at a park containing an athletic field, so that base ball and track and field athletics could be a part of the picnic programme. As a preliminary to many a winter dance given by these same organizations, a basket ball game was played. Each of the larger athletic clubs held one track and field meet during the spring or summer season, and all the clubs indulged in base ball or basket ball matches. Basket ball, in particular, has taken great strides in the past year, and is now enjoying the good atmosphere of healthy organizations, unusual publicity and interesting competition. Inter-city matches furnished exciting and popular spectacles and have become an established feature of winter entertainments. The young women, too, have taken up the sport, and pursue it with zest and benefit.

The future of athletics in New York City and vicinity promises to be even brighter. The success of the past and present will be far eclipsed. For our athletic life, though already large, and occupying as it should an important place in the community's existence, is but in a formative stage. To-day, numerous clubs are active and successful, and are working with might and main. A healthy rivalry exists between them, spurring on the members to still greater efforts. The great work of awakening our people to the vital necessity and importance of building up the race, by building up the physical units of the race, is being done. The next great step in development will be the combining of the many active forces in this work under one governing body. This will be accomplished when the separate athletic clubs form themselves into an

athletic league.



1, Keyes; 2, Moss; 3, A. Smith; 4, Bowies; 5, Majors; 6, M. Smith, Capt. OWL BASKET BALL TEAM, NEWARK, N. J.



BALTIMORE (MD.) COLORED HIGH SCHOOL BASKET BALL TEAM. Inter-class Champions, 1910-11.

Such an organization could better afford to give our athletes the facilities for development enjoyed by the members of the neighboring white clubs. It could, when the occasion demanded, gather the best of our athletes together, support, encourage and enter them in the large meets such as the Metropolitan and National Championships, where they would have a chance to measure themselves with the best in the country. They would compete under the name of the league. Thus all the points would be totaled and credited to one organization, and the results of our athletic prowess would not be wasted by being scattered, but would be summed up, and would redound to the glory of the whole race.

The individual clubs would not lose their identities, for the organization would be but a loose confederation, for the purpose of promoting harmony, altruism, and whatever is higher and best in athletics. A settled understanding concerning the rules and regulations of athletic competition would be reached and the moral phases of athletics cultivated. Honor, obedience and justice will be held up as the standard of the general body. The individual athlete would be benefited, the clubs would be strengthened, and the general public persuaded to give their moral and financial support in even greater degree than they

do now.

As this article goes to press, it is with sincere pleasure that I can report that just such a league as we have described has been successfully formed. It is to include all of the athletic clubs of New York and New Jersey, and is to be called the Vulcan Athletic League. The league will be admitted soon to the A. A. U. of the United States. Thus the final stage of the development of athletics in New York City has been reached. We shall be able now to achieve something, and to see that recognition is made of all such athletic achievements. The account of "Athletics in New York and New Jersey," in the next year's handbook, must necessarily resolve itself into the history of the first year of the Vulcan Athletic League.

A few words concerning the individual New York athletic

clubs will be of interest:

ALPHA PHYSICAL CULTURE CLUB.—This club has indeed lived up to the significance of the name. During the past season its membership increased, hosts of new friends were gained, and in both indoor and outdoor sports the athletes excelled those of the other local clubs. The Alpha relay team proved invincible on every track, maintained a clean record, and brought home seven silver cups to adorn the trophy rooms. The Alpha basket ball team was undoubtedly the strongest and most skillful organization on the courts in New York and New Jersey.



Top row—Miss Bernadine Harris, S. Jackson, Coach; Miss Agnes Green, Miss Genevieve Harris Sitting—Miss Edna Clements, Miss Mary Harris, Capt.; Miss Edith Trice. On floor—Gladys Moore.

SPARTAN ATHLETIC CLUB BASKET BALL TEAM, BROOKLYN, N. Y.



R. Lattimore, Capt.; 2, Williams; 3, Franklin; 4, Moore; 5, Kingsland;
 Horne; 7, Rector; 8, G. Lattimore, Mgr.; 9, Smith; 10, Lowry.
 SMART SET A. C. BASKET BALL TEAM, BROOKLYN, N. Y.
 Jackson, Photo.

They defeated all the local teams, lowering their colors to but one team—the champion Howard University team of Washington, D. C. The support accorded the Alpha Physical C.C. by the New York public was flattering in the extreme. During the basket ball season over one thousand dollars were cleared and added to the club treasury. At present the building fund amounts to fifteen hundred dollars. The prospects are very bright for the coming season in both basket ball and track and field. The club members to a man credit their success, athletically and financially, to a policy of straightforward, manly dealing with the public, and a stern adherence to principle.

THE ST. CHRISTOPHER CLUB.—Last year this club numbered among its members some sterling performers on track and field. The most prominent were: James Ravanelle, the high school 100 yards champion and indoor record-holder, who, at the Thirteenth Regiment Armory, ran his distance in 101-5 seconds in both his trial and final heats. He was acknowledged by all the New York papers to be the athletic "find" of the year, and no less an authority than Bernie Wefers said that not more than half a dozen men in the country could defeat Ravanelle in the century dash. Alonzo Hunter, the track captain, a student at Pratt Institute, was last year the star athlete of that institution. He was a point winner in both the high and broad jumps, with a mark of 5 feet II inches in the former and 21 feet 6 inches in the latter. Hunter is also a very good sprinter and an excellent base ball player. Charles Green, the present holder of the Inter-Settlement League record of 264-5 seconds for the 220 yards low hurdles, and a most successful competitor in the 100, 220 and 440 yards races. He was a member of the St. Christopher relay team and the best quarter-miler in the club. Lloyd Gilbert, many times winner of the 440 yards dash in the high school games, and an allround athlete. He was a prominent member of the DeWitt Clinton High School base ball and foot ball teams. Benjamin Wright, shot-putter, discus thrower, broad jumper and quartermiler, and one of the best men on the Townsend Harris foot ball team. Henry Hammond, a star 100 yards sprinter of New York University, and a good basket ball guard. Raymond Hargrove, winner of the Church A.L. potato race championship, is also captain of the club basket ball team. Williams, a member of the Dartmouth College track team, and other good performers on track and field are Edward Cunningham, Clarence Lewis, John Wilson, and William Stokely. who won the first mile race he competed in. The basket ball team last year, although severely handicapped by lack of a practice court, gave a good account of itself. A new gym-



1, Felton; 2, Bird; 3, Giles, Capt.; 4, Johnson; 5, Norris; 6, Stewart; 7, Evans.

Mgr.

LINCOLN UNIVERSITY BASKET BALL TEAM



1—Lactitia Basket'Ball Tenm—1, Powell; 2, Scott; 3, Boyer; 4, Jackson; 5, Vaughn; 6, Mayo; 7, Wilson; 8, Hodges; 9, Logan; 10, White; 11, Jackson, 2—Nixon, Captain Howard University basket ball team and 'Varsity foot ball player.

nasium for the St. Christopher Club was opened in the new building of the Parish House. When completed it will be the largest and best equipped gymnasium possessed by any colored club in the country, and will be a great incentive to the members. Hereafter St. Christopher expects to figure even more prominently in sports than they have in the past.

The Williamsbridge Colored Men's Association was organized in October, 1910, at Williamsbridge, New York City, by David Black of the Williamsbridge Y.M.C.A., S. W. Williamson, Mr. Morgan and Mr. Snowden. The activities of the club include gymnastics, bowling and educational work. Suitable facilities for carrying on these activities are found in the building. The board of directors consists of M. M. Snowden, chairman; J. D. Boyd, M. Scott, E. Nichols, A. Ross, J. C. Canty, D. Prince, W. H. Whitly, J. W. Stevenson, T. W. Hawthorne and W. T. Anderson. E. A. Nichöls conducts the classes in gymnastics. An athletic club under the direction of W. Royal has some promising athletes in its ranks. Two basket ball teams exist and play throughout the winter.

The St. Cyprian A.C.—Last year this club produced the best lightweight basket ball team in New York or New Jersey. Their record is as follows: Games won, 26; games lost, 1; total number of points made, 346; average points per game, 13.3. The coming season will find the St. Cyprian club with four strong basket ball teams entered in the different weight classes of the Vulcan Athletic League. The St. Cyprian gymnasium is now the best possessed by any of the New York or New Jersey clubs.

The Salem Crescent A.C.—Though recently organized by the Rev. F. A. Cullen, this club is already possessed of some very good athletes. Among them may be mentioned D. Weinglass, the jumper, and LaBeet, the quarter-miler, president and track captain of the club. D. Jones is a sprinter fast coming to the front, and H. L. Anderson is a P.S.A.L champion in the 60 yards dash. This club, although but eleven months old, gave a set of games on July 22 at Olympic Field under sanction of the A.A.U. and offered prizes which were of much beauty and value. Much credit must be given Rev. F. A. Cullen and the officers of this club.

THE R. X. CLUB.—A newly organized athletic club of Yonkers, N. Y., gives great promise. By next season their teams will be formed, and with the excellent facilities afforded, they will be sure to give a good account of themselves.

THE NEW YORK GIRLS' BASKET BALL TEAM.—Mentioned last, but by no means the least, are a group of girl athletes of



1, Watkins; 2, Baron; 3, Swann; 4, Bell; 5, Young; 6, Magruder; 7, Maddox, THADDEUS STEVENS SCHOOL BASKET BALL TEAM, WASHINGTON, D. C. City Champions.



1—Lucretia Mott School Basket Ball Team, D.A.L. No. 11, Champions 1911. 1. Herriot; 2, Wiseman; 3, Miller; 4, Horad; 5, Flemming, 2—Hudson Ofiver, one of the best basket ball players in the country. Captain Howard University base ball team.

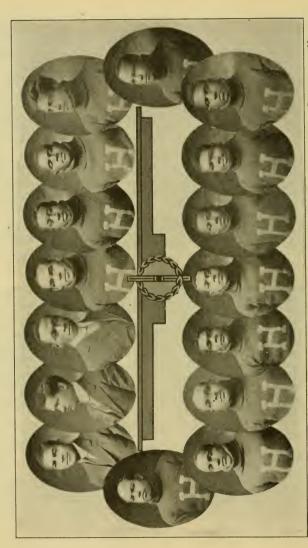
which New York is proud. The cause of athletics is indebted to them for proving the benefit of real exercise for the fair sex. They are all splendid examples of what physical training will do for our young women, each member of the team being far above the average in health, strength, and nervous and muscular co-ordination. They played basket ball hard and fast, and yet always retained their sweet womanliness and native dignity, thus clearly demonstrating that athletic games conducted in the right spirit can safely be indulged in by young ladies.

The team has been in existence for over two years and has a clean record. Like the famous Washington Y.M.C.A. team, they have never been defeated. They twice decisively defeated the Spartan team of Brooklyn, girl champions of Brooklyn and New Jersey, thus holding, in 1911, the female championship of New York and New Jersey, which they had won in 1910.

It will be many years before another such exceptional aggregation of girls can be gotten together. Basket ball experts hereabouts who have seen them play, expressed the opinion that this team could defeat any girls' team in the country. Their teamwork was scientific, the shooting accurate, and the

guarding very close.

The members are all representative New York young ladies, and most of them are members of the Upsilon Sigma Club. The two forwards, Miss Carrie Cole and Miss Rose Mitchell, are wonderful shots. The center, Miss Dora Cole, is a brainy player and the best shot of all the players around New York and New Jersey Miss Madge Thomas and Miss Beatrice Campbell are excellent defensive players. The Cole sisters were former stars of the Wadleigh High School team, and are good all-round athletes. Miss Rose Mitchell was a star athlete at the Ethical Culture School and an excellent basket ball player.



Top row-Curley, Mgr.; Brent, Surgeon; Marshall, Coach; Allen, Capt.; Brice; Terry; Tyson. Bottom row-Moore; Gray. Durrah; Clelland; Slaughter; Howard; Smith: Nixon; Bell. HOWARD UNIVERSITY FOOT BALL TEAM.

COLLEGE ATHLETICS

Colleges for the higher or the industrial education of the colored race afford fertile fields for the development of virile manhood and womanhood, and can do much to maintain the vital forces of the race that are now fast losing ground in the struggle with evil influences resulting from modern habits of life and of ignorance. Some few institutions have developed a department of physical education, but the great majority are yet wedded to the belief that mental training is enough for the school to concern itself with. However, the normally virile constitutions of the youth of any race when restricted to a mental diet solely, find a way to get rid of excess vitality, and, just as the other college youth in America have done, so the colored youth take hold of athletics. A few college presidents have been wise enough to develop the situation to the improvement of the student body from mental and moral as well as physical standpoints. Athletic coaches, physical directors and athletic facilities have in some cases been secured. Howard University authorities are working out a plan for beneficial athletics. Lincoln University, Hampton Institute, Tuskegee Institute, Atlanta Baptist College, Wilberforce University, Western University at Kansas City, Kan., and other institutions are making progressive strides in this direction

Foot ball is the big athletic game among negro colleges, with base ball ranking second, and track and field athletics and basket ball as young and developing sports. The best game is played by the college teams of the Middle Atlantic and South Atlantic sections. Howard University proved the winning aggregation in this section and closed a victorious season with an uncrossed goal line. It has been always with Lincoln University in Pennsylvania that Howard finds its hardest struggle, a battle nearer akin to a Crimson vs. Eli contest than could be seen elsewhere. Hampton and Tuskegee were among the losers to Howard. Shaw University, Hampton, St. Augustine, Lincoln and Howard teams are the best in this section. The lack of data and the neglect to print athletic news by many of the leading newspapers of the race prevent full and accurate accounts of the season.

There are many points of commendation and criticism with regard to foot ball that might be considered. First, a most



capable list of officials now exists in the Middle Atlantic States. which fact has guaranteed gentlemanly contests in a spirit of prevailing sportsmanship. College graduate foot ball coaches of the types of Marshall, Bullock, Roberts and Craft ary improving the game. Secondly, it is high time that the leading colleges were agreeing and insisting upon rules of eligibility of players, which in large measure should be similar to the code governing eligibility in the larger intercollegiate contests in America. It is a lamentable fact that at some of our institutions of learning an athlete may represent his college for more than twelve years throughout preparatory, collegiate and professional school courses, or may play collegiate foot ball for as long a period at more than one school. This outlaws all present procedure in intercollegiate athletics and greatly handicaps the collegiate institutions that should be in the same class of competition. Although many reasons may be advanced by the larger institutions against such regulations, yet all admit that the adoption of rules governing collegiate athletics will prove beneficial.

Next to a beautiful campus, nothing so tends to the creation of college tradition and school spirit as does an enclosed and well equipped athletic field. An outlay of funds for such an enterprise will not be spent unwisely and will place athletics

upon a supporting basis.

Base ball does not occupy the position that it should. Eligibility rules play havoc here as in foot ball, but the smaller institutions are more likely to contest equally with their

stronger opponents than in foot ball.

Basket ball has but lately been developed. Howard University had the strongest team of collegiate class, and after the disbandment of the champion Y.M.C.A. team of Washington, Howard's team was the superior of the Eastern club teams. Four of the five players were former members of the Y.M.C.A. team of the city. Lincoln University, mainly through the effort of D. B. Evans, a student, has been represented on the court for two years, and the team has acquitted itself creditably. Wilberforce University, Hampton Institute and Union University are among the few to have basket ball teams.

Track athletics are a comparatively recent addition to collegiate sport. No purely intercollegiate contests have yet been held in the Middle Atlantic States, although Lincoln University and Howard University have competed in the open games of the I.S.A.A. Matthew Bullock is responsible for a growing interest in the field of Southern colleges and for three years has caused a collegiate track meet in the vicinity of Atlanta, Ga.

Matthew Bullock, the former Dartmouth end, now professor



1, Jackson; 2, Lane; 3, Beander; 4, Murray; 5, Rich; 6, Lumpkins; 7, Tucker; 8, Watson; 9, Baker; 10, Burke; 11, Brooks; 12, Truitt; 13, Savoy; 14, Hawkins; 15, Jackson; 16, Murray; 17, Dixon; 18, Murray, Mascot, LINCOLN ATHLETIC CLUB, ALEXANDRIA, VA.



1, Mizell; 2. Rountree; 3, Stewart; 4, Johnson; 5, Dixon; 6, Martin; 7, Nixon; 8, Daniels; 9, Law; 10, Armstrong; 11, Cummings; 12, McLean; 13, Postell; 14, Livingston; 15, Smith; 16, Simmons; 17, Hogans; 18, Young; 19, Mason; 20, Robinson; 21, Donald.

FLORIDA AGRICULTURAL AND MECHANICAL COLLEGE FOOT BALL SQUAD, TALLAHASSEE, FLA,

and coach at Atlanta Baptist College, writes the following concerning the athletic field in the South:

"The most prominent schools, athletically, in this section are Fisk University, Alabama State Normal, Talladega College, Tuskegee Institute and Atlanta Baptist College. In Atlanta are four colleges: Atlanta University, Clark University, Morris Brown and Atlanta Baptist College, all of which had foot ball teams except Clark. Morris Brown College and Atlanta University teams played a 0—0 game, while Atlanta University teams played a 0—0 game, while Atlanta University was defeated by the Atlanta Baptist College eleven by the score of 40 to 0. The Baptist College team has been the leading team in this section for the past few years. Fisk University last year defeated a much crippled team, for the first time in six years that the Atlanta College has lost. Tuskegee has excellent material, but the team does not seem to round into shape as one would expect. Talladega seems to have gone back and is not the aggregation of the days of Ish, Terry and others. Fisk plays a fast, snappy game, but has found it extremely difficult to win from Atlanta Baptist College or Meharry."

Atlanta University and Atlanta Baptist College have tennis

teams and have met in tournaments.

The third annual Intercollegiate track meet was held in Atlanta in April. Atlanta Baptist College won in 1909 and 1910, and was second to Atlanta University by the narow margin of two points in 1911. The students and people are not yet educated up to track meets, but each year shows improvement.

Of the Atlanta schools, all four have good base ball teams. Atlanta Baptist College won the trophy offered by the A. G. Spalding firm in this city, with Morris Brown College second

and Clark University third.

Plans are on foot to have an intercollegiate track meet for

all colleges south of Mason and Dixon's line.

George K. Williams of Western University, Kansas City. Kan., writes regarding the situation in the West as follows:

"The outlook for athletics in the West and Middle West is very bright, although it will require some time to interest the masses of our people in college athletics. Foot ball is growing in popularity and is bringing good results from all standpoints. For the past eight years, Western University has kept apace with the athletic trend. Its foot ball team, after playing a schedule of six games, closed a victorious season with a win over Lincoln Institute of Kansas City by a score of 6 to 3. Base ball and basket ball are popular. Track work is in its infancy and is hampered much, owing to the distance apart of



1. C. Williams, Phys. Dir.; 2. J. Smith; 3. Winhush; 4. Dudley; 5, Monroe, Coach; 6, Gholston; 7, Lassiter; 8, Riddick; 9, Capt. Washington; 10, F. Sectt; 11, Walton; 12, White; 13, Nicholson; 14, Types; 15, Moore; 16, Flynt; 17, Jackson; 18, Wolfe; 19, Stoney; 20, Vaughn; 21, Warner; 22, Shearer; 23, W. Aiken; 24, J. Aiken; 25, Holmes; 26, Hood; 27, Butts; 28, Smith; 29, Scott, Capt.; 30, Turner; 31, McAllister.

HAMPTON (VA.) NORMAL AND AGRICULTURAL INSTITUTE FOOT BALL SQUAD.



McDonald, Coach;
 McGhee;
 Brimage;
 Crawford;
 Makel;
 Thomns;
 Lesten;
 Whenton, Capt.;
 Palmer;
 Mossett;
 Scott;
 Howelt;
 D. Shields;
 Mascot.
 STORER COLLEGE FOOT BALL TEAM, HARPER'S FERRY,
 W. VA.

the competing schools, but the future is bright. On the whole, the athletic future of this section appears well, and undoubtedly the athletes will be heard of in the world of college athletics."

Charles Williams of Hampton Institute writes of the work of this institution, where he is physical director:

"Athletics at Hampton Institute have been partially developed for a number of years among the students, but intercollegiate athletics as we have them to-day have come in the last five years. They are provided for by the Student Athletic Association. Foot ball, base ball, basket ball, tennis and track athletics are encouraged and supervised. There is a well-equipped gymnasium, where every student is given some gymnastic training, including calisthenics and apparatus work. Basket ball, volley ball and indoor base ball are played indoors.

"The outlook for athletics in the future is very encouraging. Each year greater interest and more enthusiasm have grown among the students, so that now more men participate in the games than formerly. The aim of athletics in Hampton is to reach the entire student body, thus affording all recreation and pleasure, and an opportunity to develop health, vitality and

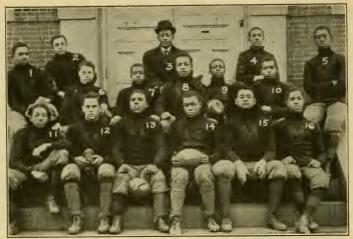
strength.

W. C. Nixon writes of athletics at the Florida A. and M. College as follows:

"The principal sports engaged in are base ball, foot ball and tennis. Basket ball has been started. The foot ball team was able to go through the season without a defeat by any of the Florida teams and lost only one game to Tuskegee Institute. The weakness of opponents prevents the strongest team that might be developed from the material on hand. Mason, our quarter-back and captain, possesses remarkable speed and dodging ability; McLean is of wonderful physique, speed and ability; Law is a dangerous man with the ball; and with Daniels, a consistent player, these four formed a formidable backfield.

"The base ball team established a name for itself in this section. No team defeated the team on its home grounds. One of the notable features of the past season was the splendid work of Rhanes. His pitching, coupled with team's support, won many battles. MacFadden on first, Martin at second, and Refore at short were usually the star performers. The entire team comes in for commendation, as it was largely due to teamwork and harmony that this season was superior to many

others."



1, Johnson; 2, Mitchell; 3, H. Douglass, Coach; 4, Sudler; 5, Roulac; 6, Lofton; 7, Green; 8, Shippley; 9, Williams; 10, Jones; 11, Moody; 12, Trigg; 13, Talbert; 14, Brown, Capt.; 15, Randall; 16, Dickinson, Scurlock, Photo. M STREET HIGH SCHOOL FOOT BALL TEAM, WASHINGTON, D. C.



1—B. I. Bird, quarter-back and captain Lincoln University foot ball team. The best quarter-back in this section. 2—H. Lee, captain and crack forward of the St. Cyprian lightweight basket ball team of New York City.

SUMMARIES IN TRACK AND FIELD. BASKET BALL, BASE BALL AND FOOT BALL

(Of these records sent to the Editors, some are incomplete. This data must be sent to the Editors before June I, annually.)

TRACK MEETS. I. S. A. A. MEET, MAY 31, 1910.

SCHOLASTIC EVENTS.

SCHOLASTIC EVENTS.

100 yards dash—10 4-5s., J. Burwell, A.T.H.S., won; P. Dines, A.T.H.S., second; Mason, Baltimore H.S., third.

220 yards dash—25s., W. McKinney, M. Street H.S., won; P. Dines, A.T.H.S., second; Mason, Baltimore H.S., third.

40 yards run—55 ±-5s., J. Burwell, A.T.H.S., won; W. Lawson, M. Street H.S., second; H. Shipley, M. Street H.S., third.

80 yards run—2m. 16s., O. Walker, A.T.H.S., won; H. Shipley, M. Street H.S., second; D. Boley, Baltimore H.S., third.

1-mile run—5m. 4s., O. Walker, A.T.H.S., won; Cromwell, Baltimore H.S., second; D. Boley, Baltimore H.S., third.

120 yards hurdle race—20 1-5s., Dickinson, M. Street II.S., won; R. Beckwith, A.T.H.S., second; Curtis, Baltimore H.S., third.

220 yards hurdle race—29 2-5s., A. Brown, A.T.H.S., third.

12-pound shot-put—40ft, 3 1-2im., R. Beckwith, won; Gibson, Baltimore H.S., second; P. Barbosa, A.T.H.S., third.

Running high jump—5ft, 3im., A. Mann, M. Street H.S., won; Johnson, Baltimore H.S., second; R. Beckwith, A.T.H.S., third.

OPEN EVENTS.

100 yards dash—11s., W. Thomas, Garrison School, won; E. Moore, D.A.A., second; Bantrum, D.A.A., third.
220 yards dash—241-5s., W. Thomas, Garrison School, won; T. Jones, D.A.A., second; Boston, D.A.A., third.
440 yards dash—58s., J. E. Bantrum, D.A.A., won; Bullock, unattached, second; E. Hut, A.T.H.S., third.
880 yards run—2m. 12 1-5s., W. Wilson, D.A.A., won; J. D. Johnson, D.A.A.,

second; L. Moore, third.

1-mile run—5m. Ss., J. D. Johnson, D.A.A., won; H. Adams, unattached, second; L. Moore, unattached, third.

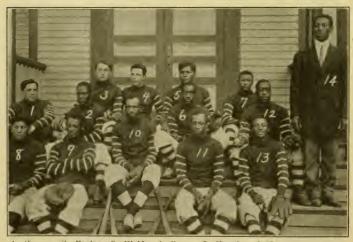
2-mile run—13m. 41.5s., H. Adams, unattached, won; G. Bowie, A.T.H.S.,

2-mile run—13m. 4 1-3s., H. Adans, unattached, vol., etc. second: L. Moore, unattached, third. 12-pound shot-put—36ft. 3in., T. Peck, D.A.A., won; D. B. Evans, Lincoln University, second; W. F. Williams, third. Running high jump—5ft. 3in., W. McLendon, unattached, won; W. F. Williams, second; S. Watt. D.A.A., third. Running broad jump—19ft. Sin., W. Flemming, unattached, won; W. F. Williams, second; S. Watt. D.A.A. third.

Williams, second; S. Watt, D.A.A., third.



1. Johnson, Mgr.; 2. Bird; 3, Barnm; 4, Ogburn; 5, Shedrick; 6, Perry; 7, Redd; 8, F. Jamison; 9, Barey, Trainer; 10, Myers; 11, Duckery; 12, Goss, Capt.; 13, Maxwell; 14, Frazier; 15, W. Jamison; 16, Midgette, LINCOLN UNIVERSITY BASE BALL TEAM,



1, Gurnoe; 2, Easley; 3, Wolfe; 4, Coons; 5, Vaughn; 6, Johnson; 7, Beauchamp; 8, Mannington; 9, J. Williams; 10, V. Brown, Capt.; 11, P. Brown; 12, Young; 13, Davis; 14, C. Williams, Coach.

HAMPTON (VA.) NORMAL AND AGRICULTURAL INSTITUTE BASE BALL TEAM.

I. S. A. A. MEET, MAY 30, 1911.

SCHOLASTIC EVENTS.

100 yards dash--10 1-5s., J. Burwell, A.T.H.S., won; W. Thomas, A.T.H.S.,

100 yards dash—10 1-5s., J. Burwell, A.T.H.S., won; W. Thomas, A.T.H.S., second; Salinear, H.A., third.
220 yards dash—23 2-5s., P. Dines, A.T.H.S., won; Salinear, H.A., second; Dickinson, M. Street H.S., third.
440 yards run—55s., Powe, H.A., won; J. Burwell, A.T.H.S., second; C. Miller, M. Street H.S., third.

Miller, M Street H.S., third.

880 yards run—2m. 14 2-5s., O. Walker, A.T.H.S., won; R. Taylor, A.T.H.S., second; C. Johnson, M Street H.S., third.

1-mile run—5m. 3 2-5s., O. Walker, A.T.H.S., won; R. Taylor, A.T.H.S., second; I. Warf, A.T.H.S., third.

220 yards hurdle race—29 2-5s., R. Beckwith, A.T.H.S., won; C. Dickinson, M Street H.S., second; P. Dines, A.T.H.S., third.

12-pound shot-put—38ft, Sin., R. Beckwith, A.T.H.S., won; Randall, M Street H.S., second; D. B. Evans, third.

Running broad jump—17ft, 11in., Wallace, H.A., won; J. Burwell, A.T.H.S., second; W. Foster, H.A., third.

Relay race, 1,460 yards—Armstrong Technical H.S., won.

NOVICE EVENT.

100 yards dash—10 4-5s., H. J. Berry, Lincoln University, won; L. B. Moore, unattached, second; W. Tolliver, A.T.H.S., third.

*OPEN EVENTS.

100 yards dash—10 1-5s. E. P. Moore, D.A.A., won; R. Ellis, B.S., second; W. Gowens, H.U., third.
440 yards run—56 3-5s., W. Gowens, H.U., won; J. E. Bantrum, D.A.A., second; C. Norman, unattached, third.
1-mile run—5m., 9s., T. Jones, D.A.A., won; G. Lacy, B.S., second; G. Bowie, A.T.H.S., third.
Running high jump—5ft. Sin., W. McLendon, 5ft, 5in., won; C. George, H.U., 5ft. Sin., second; R. Beckwith, 5ft., third.

MUNICIPAL GAMES, JULY 4, 1911.

50 yards dash, junior—J. Lucas, Magruder School, won; R. Logan, M Street H.S., second; W. Taylor, Mott School, third.
75 yards dash, junior—C. Nutt, Garrison School, won; C. Gilmore, Langston School, second; K. Miller, M Street H.S., third.
Standing broad junior—C. Nutt, Garrison School, won; K. Miller, M Street H.S., second; C. Gilmore, Langston School, third.

SENIOR EVENTS.

SENIOR EVENTS.

100 yards dash. novice—10 3-5s., S. Warner, unattached, won; Miller, unattached, second; W. Malord, A.T.H.S., third.

100 yards dash, handicap—10 4-5s., W. Thomas (scratch), A.T.H.S., won; W. Williams (scratch), second; R. Ford (2 yards), third.

220 yards dash, handicap—25s., W. Thomas (scratch), won; R. Ford (6 yards), second; S. Warner (6 yards), third.

440 yards run, handicap—56s., W. Gowens (scratch), won; S. Bullock (5 yards), second; S. Warner (6 yards), third.

880 yards run, handicap—2m. 25s., I. Warf (8 yards), won; S. Bullock (8 yards), second; A. Bowie (8 yards), third.

1. mile run, handicap—5m. 7s., R. Taylor (5 yards), won; I. Warf (5 yards), second; L. P. Moore (8 yards), third.

Running broad jump, handicap—18t. 4 1-2in., W. Gowens (3 inches), won; W. F. Williams (scratch), second; W. Muse (12 inches), third.

INDOOR TRACK MEET, WASHINGTON, D. C., MARCH 11, 1911.

50 yards dash, scholastic—5 3-5s., J. Burwell, A.T.H.S., won; W. Thomas, A.T.H.S., second; H. Dismond, H.A., third. 50 yards dash, open—5 4-5s., M. Curtis, H.U., won; G. Coverdale, W.S.J., second; W. F. Williams, unattached, third.



1, Bell; 2, Marshall; 3, Murphy; 4, Gray; 5, Toby; 6, Young; 7, Westmoreland; 8, Hightower; 9, Slaughter; 10, Brice; 11, Jones; 12, Turner; 13, Hunt; 14, Oliver, Capt. Scurlock, Photo.

HOWARD UNIVERSITY BASE BALL TEAM, 1911.



1, Tomlinson; 2, Taylor, Scorer; 3, McDonald, Pres.; 4, McGhee, Scorer; 5, Craig; 6, Scott, Capt.; 7, Fisher; 8, Howard, Mgr.; 9, King; 10, Tindley; 11, Green; 12, Wheaton; 13, Crawford; 14, Mossell; 15, Morris.

STORER COLLEGE BASE BALL TEAM, HARPER'S FERRY, W. VA.

440 yards run, scholastic—Im. 1 4-5s., H. Dismond, H.A., won; J. Burwell, A.T.H.S., second; C. Miller, M Street H.S., third.
440 yards run, open—Im. 1 3-5s., W. Gowens, H.U., won; W. F. Williams, unattached, second; C. Thompson, I.A.C., third.
1-mile run, scholastic—5m. 18s., R. Taylor, A.T.H.S., won; H. Quarles, H.A., second; G. Bowie, A.T.H.S., third.
1-mile run, open—5m. 17 3-5s., I. Warf, A.T.H.S., won; H. Quarles, H.A., second; W. Goines, M Street H.S., third.
Running high jump, open—5ft. 7in., C. George, H.U., won; W. Williams, unattached, second; W. McLendon, third.
Relay race, 1 mile, scholastic—4m. 10 3-5s., A.T.H.S. (Burwell, Thomas, O. Walker, G. Walker), won.
Relay race, 1 mile, New York vs. Washington—3m. 56s., N.Y.A. (Murray, Brown, Harris, Thompson), won.

BASKET BALL.

Y. M. C. A., TWELFTH STREET BRANCH, WASHINGTON, D. C.

24-Smart Set A.C., in Wash., 15 24—Smart Set A.C., in Wash., 15
34—Alpha P.C.C., in N. Y., 18
32—Alpha P.C.C., in Wash., 15
44—St. Christopher, in Wash., 19
20—Smart Set A.C., in Brooklyn, 17
49—Elite A.C., in Wash., 4 32-Armstrong T.H.S. 12 27-Crescents A.C. 11 49-M Street H.S. 15 39-Howard Academy 7 24-Alpha P.C.C., 1911, 19

HOWARD UNIVERSITY, WASHINGTON, D. C.

16—N. Y. All-Stars 17 61—Wissahicken S.C. 10 51—Howard Medical 16 44-N. Y. All-Stars 18 42—Jersey City A.C. 14 28—Alpha P.C.C. 16

JERSEY CITY A.C., NEW JERSEY.

27—Brooklyn Y.M.C.A. 12 34—Mohegans, J.C. 14 17-Seneca B.B. 38 45—St. Marks 26 18—St. Christopher A.C. 11 17—Montelair Y.M.C.A. 9 11—Star A.C. 8 25—Owl Field Club 15 20-St. Cyprians 7 30-Smart Set A.C. 19

28-Hudson A.C. 16 14-Howard University 42 20-Alpha P.C.C. 37 14—Dominions 11 10—Alpha P.C.C. 36 39—Elite Five 27 26—Owl Field Club 30 20—Wissahicken S.C. 12 18—Columbia Theatrical 16

M STREET HIGH SCHOOL, WASHINGTON, D. C. 16-Armstrong H.S. 8

35-Business H.S. 10 22-Baltimore H.S. 12

WASHINGTON (D. C.) P. S. A. L. ELIMINATION SERIES.

Stevens 17-Mott 11 Stevens 12-Randall 1 Stevens 17—Garnet 2 Stevens 27—Sumner 1 Mott 11—Stevens 17 Mott 17-Birney 4

Mott 30—Patterson 4 Mott 20—Briggs 10 Briggs 10-Mott 20 Briggs 14—Garnet 2 Briggs 10—Sumner 4 Briggs 13—Patterson 7

BASE BALL.

HAMPTON INSTITUTE, HAMPTON, VA.

15-Hampton Giants 5 5-Virginia Union University 0 13-Scotland Giants 2

A. AND M. COLLEGE, TALBAHASSEE, FLA.

3-Allen Normal 3 11—Allen Normal 4 3—Florida Institute 6 5—Florida Institute 2 6-Florida Institute 6

11—Bainbridge 2 2-Bainbridge 18 12-Bainbridge 4 7-Apalachicola 4 5-Tallahassee 3



1, Harris; 2, Hudson; 3, Young; 4, Johnson; 5, Robinson; 6, Martin; 7, Hogan; 8, McFadden; 9, Marshall; 10, Livingston; 11, Mason; 12, Rhanes; 13, Refore, Capt.; 14, Nixon; 15, Rountree.

FLORIDA AGRICULTURAL AND MECHANICAL COLLEGE BASE BALL
TEAM, TALLAHASSEE, FLA.



1, Baker; 2, Lane: 3, Raleigh; 4, Waters, Capt.; 5, Martin; 6, Flipping: 7, Cothern; 8, Valentine; 9, Grinage; 10, Goodloe; 11, Milburn; 12, Brown; 13, Robins; 14, Foster, Mgr.

HOWARD ACADEMY BASE BALL TEAM, 1911.

COLORED DEPARTMENTAL LEAGUE.

	Won.	Lost.	PC.		Won.	Lost.	PC:
Interior	15	9	.625	Bureau	.8	11	.421
War and Navy	8	11	.421	Agriculture	r 6 ,	14	.300

STORER COLLEGE, HARPER'S FERRY W VA

14-Millwood 3	12—Frederick 9
9-M Street H.S. 4	12-Charlottsville, Va.,
5—Millwood 7	1—Purcellville 0
16—Frederick 3	12—Alumni 1

WASHINGTON (D. C.) P. S. A. L. ELIMINATION SERIES.

D. A. L. No. 11.

Mott 14-Garnet 10 Cook 13-Military Road 4 Cook 15-Langston 7 Mott 6-Cook 4 ·

D. A. L. No. 12.

Logan 21—Douglass 5 Douglass 19—Simmons 6 Logan 16-Ivy City 4 Payne 7-Lovejoy 3

Logan 4-Jones 8 Deanwood 7—Payne 2 Jones 13—Banneker 1 Jones 9-Deanwood 7

D. A. L. No. 13.

Bell 7-Birney 2 Ambush 11-Cardoza 8 Syphax 9-Giddings 3

Bowen 12—Syphax 9 Birney 21—Randall 1 Bell 12—Bowen 3

HIGH SCHOOLS.

Business H.S. 3-M Street H.S. 2 M Street H.S. 14-A.T.H.S. 9

Business H.S. 12-A.T.H.S. 8

FOOT BALL.

HOWARD UNIVERSITY, WASHINGTON, D. C. 17-Tuskegee 0 39-Hampton Institute 0 5-Lincoln University 0

HAMPTON INSTITUTE.

69-Virginia Seminary 0 75-St. Augustine 6 5-Lincoln University 6

0-Howard University 39 15-Tuskegee 12

A. AND M. COLLEGE, TALLAHASSEE, FLA.

10-Americus Institute 5 0-Tuskegee Institute 48 40-Florida Baptist Academy 0 6-Y.M.C.A. 12

STORER COLLEGE, HARPER'S FERRY, W. VA.

21-M Street H.S. 0 54-Chambersburg A.C. 0 0-A.T.H.S. 0

ARMSTRONG TECHNICAL HIGH SCHOOL, WASHINGTON, D. C.

11-Howard Academy 5 10-Manassas Institute 0 11-Lincoln A.C. 0 6-M Street H.S. 6

I. S. A. A. RECORD HOLDERS.

TRACK AND FIELD-SCHOLASTIC.

100 yards dash-1906, F. M. Steele, H.A., 101-5s.; 1911, J. Burwell,

A.T.H.S., 10 1-5s. F. M. Steele, H.A., 23 4-5s.; 1908, W. Bacon, M Street H.S., 23 4-5s.; 1908, Vickers, H.A., 23 3-5s.; 1911, P. Dines, A.T.H.S., 23 2-5s.

440 yards dash-1907, C. Young, H.A., 54 3-5s.; 1908, H. B. Dismond, H.A., 52 2-5s.



1. Brown; 2. Barco; 3. Tyson; 4. Young; 5. Duncan; 6. Long; 7. Turner; 8. Dagler; 9. Montgomery; 10. Gray; 11. Sykes; 12. Cowan; 13. Hodge, Capt; 14. Oliver; 15. Brown.

HOWARD UNIVERSITY BASE BALL TEAM, 1910, WASHINGTON, D. C.



 De Vlele; 2. Martin; 3. Collins, Mgr.; 4, Holcombe; 5, Epps; 6, Jackson; 7. Borders; 8, Hairston; 9, Fantroy.
 ALFRED JONES SCHOOL BASE BALL TEAM, WASHINGTON, D. C. Champions D.A.L. No. 12.



1. Jackson; 2, Johnson; 3, Bell; 4, Magruder; 5, Parker; 6, Swann; 7, Wood; 8, Greenfield; 9, Carroll; 10, Bradford; 11, Watkins. Worthington, Photo. THADDEUS STEVENS SCHOOL BASE BALL TEAM, WASHINGTON, D. C.

880 yards run—1907, W. Wilson, Baltimore H.S., 2m. 15 3-5s.; 1911, 0. Walker, A.T.H.S., 2m. 14 2-5s.

1-mile run—1906, I. Milton, H.A., 5m. 28s.; 1907, Turner, A.A., 5m. 5 3-5s.; 1908, Bristol, H.A., 5m. 3s.; 1909, H. Penn, M Street H.S., 4m. 57 1-5s. 120 yards hurdle race—1907, W. F. Williams, M Street H.S., 18 3-5s. 120 yards hurdle race—1906, E. Gray, M Street H.S., 27s. 12-pound shot-put—1906, G. Kyle, H.A., 36ft.; 1907, Barber, M Street H.S., 37ft.; 1908, E. Gray, M Street H.S., 37ft., 91-2in.; 1910, R. Beckwith, A.T.H.S., 40ft. 3 1-2in. 12-pound hammer—1906, E. Gray, M Street H.S., 96ft.; 1907, E. Gray, M Street H.S., 11ft. 5in. Running high jump—1906, W. F. Williams, M Street H.S., 5ft. 7in. Running hread jump—1909, W. Haynes, M Street H.S., 17ft. 8in.; 1910, H. Wallace, H.A., 18ft. 4 1-2in.

OPEN EVENTS.

OPEN EVENTS.

100 yards dash—1906, D. Boston, Baltimore H.S., 11 1-5s.; 1907, McMechen, H.U., 10 1-5s.; 1908, W. English, unattached, 10 1-5s.
220 yards dash—1908, W. English, unattached, 24 4-5s.
440 yards dash—1907, D. Munroe, unattached, 54 1-5s.
880 yards run—1908, O. Walker, Garrison School, 2m. 19s.; 1909, M. Curtis, 'A.A.C., 2m. 14 1-5s.; 1910, W. Wilson, D.A.A., 2m. 12 1-5s.

1-mile run—1907, D. Munroe, unattached, 5m. 15s.; 1909, J. Clifford, unattached, 5m. 8s.
120 yards hurdle race—1908, G. Kyle, H.U., 18 4-5s.
12-pound shot-put—1907, W. English, unattached, 38ft, 9 1-4in.
12-pound bammer throw—1907, H. Thurman, H.U., 121ft,
Running high jump—1907, T. Watkins, H.U., 5ft. 3in.; 1908, D. Munroe, unattached, 5ft. 3in.; 1911, C. George, H.A., 5ft. 8in.
Running broad jump—1907, W. English, 21ft. 1in.; 1908, W. English, unattached, 21ft. 7in.
Pole vault—1907, T. Warrick, H.U., 9ft. 3in.; 1908, J. B. Brown, H.U., 9ft. 6in.

9ft. 6in.

Discus throw-1908, G. Kyle, H.U., 81ft. 3in. 2-mile run-1909, A. Toomey, M Street H.S., 11m, 47s.



Magruder; 2, Turner; 3, Sudler, Capt.; 4, Larkin; 5, Penwick; 6, Nash;
 Atkinson; 8, Fairfax; 9, Parker; 10, West; 11, Bush; 12, Hawkes, Mgr.;
 Thomas; 14, Jefferson; 15, Wooden; 16, Brown.

POST OFFICE BASE BALL TEAM, WASHINGTON, D. C. Winners Departmental League Base Ball Series.



SOME TROPHIES OF THE BALTIMORE ATHLETIC LEAGUE FOR COLORED SCHOOLS.

ATHLETIC COURTESY

The League endeavors to foster clean sport between gentlemen. The following statements express the spirit to be sought and maintained in such sport. It is the privilege and duty of every committee and person connected with the League to embody these principles in his own actions and to earnestly advocate them before others:

(1) The rules of games are to be regarded as mutual agreements, the spirit or letter of which one should no sooner try to evade or break than one would any other agreement between gentlemen. The stealing of advantage in sport is to be regarded in the same way as stealing of any other kind.

(2) Visiting teams are to be honored guests of the home team, and all their mutual relationships are to be governed by the spirit which is understood to guide in such relationships.

(3) No action is to be taken nor course of conduct pursued which would seem ungentlemanly or dishonorable if known to one's opponent or the public.

(4) No advantages are to be sought over others except those

in which the game is understood to show superiority.

(5) Officers and opponents are to be regarded and treated as honest in intention. When opponents are evidently not gentlemen, and officers manifestly dishonest or incompetent, future relationships with them may be avoided.

(6) Decisions of officials are to be abided by, even when they

seem unfair.

(7) Ungentlemanly or unfair means are not to be used even

when they are used by opponents.

(8) Good points in others should be appreciated and suitable recognition given.



1, Holmes; 2, Bristol; 3, Desmond; 4, Goggins; 5, De Catur; 6, Brannon; 7, Brown; 8, Wright; 9, Franklin; 10, Gilbert; 11, Quarles; 12, Jones; 13, Wilson; 14, Johner, Conch; 15, Kyle; 16, Hunt; 17, Jackson; 18, Vickers, Capt.; 19, Taylor; 20, Wade; 21, Taylor.

HOWARD UNIVERSITY TRACK TEAM, 1907.



Track Team—1, Brooks; 2, Wright; 3, Anderson; 4, Rev. F. A. Cullen, Club Founder and Mgr.; 5, Leftwich. 1, Weinglass, broad jumper; 2, LaBeet, 440 yards runner.

SALEM-CRESCENT ATHLETIC CLUB, NEW YORK CITY.

HINTS ON TRAINING

I. Always warm up slowly and cool off gradually when finished.

2. Stop practice before you are exhausted.

3. Dress lightly for practice or competition, but put on warm clothing at once when you have finished.

4. Practice regularly; a little each day, if possible.
5. Have regular hours for eating and sleeping.

6 DON'T SMOKE

TRAINING SCHEDULE.

FOR RUNNERS.

(a) Warm up; never fail to do this.

(b) Practice five or six starts. Before taking the line trot a dozen steps up the track and back. On the start run at full speed about twenty yards; slow up gradually and walk back to the line.

(c) Wait a minute; take a few deep breaths; trot a few steps and repeat the start, running a few yards further than before. After two or three trials put as much speed as possible into the start, run moderately for a few yards and finish at top speed.

(d) Once a week run your full, distance at top speed. This

may be done oftener for distances under 100 yards.

(e) Always end practice by walking about until breathing becomes nearly normal; then take a rub down and dress.

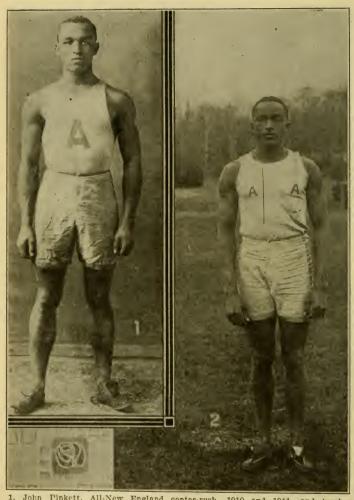
For Jumpers.

(a) Warm up.

(b) Devote a large part of the practice to getting the "take

off" properly.

(c) Decide which foot you will jump from, then starting on this foot from the "take off" run back six, eight or some even number of strides and mark off the spot where you strike on your last stride. Let your jumping foot strike this mark in the run to the "take off." Run with the natural stride until the last two paces, which may be lengthened a few inches. If you do not hit the "take off" right, move your starting mark backward or forward by just the distance that you go over or fall short, Some jumpers have two marks. This is often helpful; the first mark serving as a guide to bring the jumper to the second mark on the proper stride.



1, John Pinkett, All-New England center-rush, 1910 and 1911, and track athlete at Amherst College; 2, Edward Gray, former third All-America half-back, 1908, a star in foot ball, basket ball, and in track athletics at Howard University. Both are graduates of M Street High School of Washington, D. C.

(d) At first try easy jumps, raising the knees quickly and as high as possible when the jump is being made. Practice this until you learn how to land and to control your body while in the air,

(e) Do not try for height or distance in the high and broad jump more than once or twice a week, and take a good rub down and dress quickly when you have finished practicing.

FOR SHOT PUTTERS.

(a) Warm up by swinging the arms, bending the body and springing forward, at the same time giving the body a sharp turn forward and to the right.

(b) Practice should be done from a stand so as to get the spring with the legs, the turn and lunge of the body and the

heave with the shoulders.

(c) Before making a put always limber the muscles of the arm and shoulder by stretching the arm up to its full length.

(d) Use a light shot until the fundamental motions are mastered.

FOR HURDLERS.

(a) Warm up and practice starts the same as for running.

(b) Practice with one hurdle at first to get the stride and to overcome any hesitancy in taking the hurdle.

(c) Go no higher than is necessary in clearing the hurdle.

Both time and strength may be saved in this way.

(d) Later practice with two or three hurdles, aiming to get a uniform stride between the hurdles and to maintain a good balance. A good preliminary exercise is to raise the legs alternately, bringing the knees to the level of the armpit.

(e) Once or twice a week take the full number of hurdles

for time.

WARMING UP PROGRAM.

(a) Take a dozen steps, rising slightly on the toes at each step.
(b) Trot a dozen steps. Repeat, swinging the arms at the sides.

(c) Trot thirty steps, lifting the knees well at each step. Re-

peat, lifting the heels high.

(d) Take several deep breaths. Now trot fifty steps at a good swinging pace, then walk fifty.

(e) Breathe deeply.

Always do this, no matter what your event may be.



1—Dan Boley, winner three-mile cross-country rnn and 880 yards dash B.A.L. 1911. 2—Randolph Granger, Newark High School and Owl Field Club. 880 yards and one mile scholastic champion, 1910. 3—Roland Elsey, Sonthern High School, Philadelphia, Pa., City High School 100 yards champion.

CONSTITUTION OF THE I. S. A. A.

ARTICLE I

NAME

This Association shall have for its name the Interscholastic

ARTICLE II

OBJECT

The object of the Association shall be the development of amateur athletic sports among preparatory, high schools and colleges and the control of all events given under the name of the I. S. A. A.

ARTICLE III

MEMBERS

Membership in this Association shall be limited to institutions of learning.

ARTICLE IV
GOVERNMENT

Sec. 1. The government and general direction of affairs of the Association shall be committed to the Executive Committee.

Sec. 2. The Executive Committee shall consist of the charter representatives of the I. S. A. A., and two faculty representatives of each member of the Association.

Sec. 3. The officers of the Association shall be a President, two Vice-Presidents, a Secretary, a Treasurer and a General

Manager.

Sec. 4. One Executive Officer, the Secretary and the Treasurer shall be resident citizens of the city of Washington, D. C.

Sec. 5. Two representatives to the Executive Committee shall be allowed Public School Athletic Leagues and they shall be teachers of the elementary schools of the Leagues.

ARTICLE V

ATHLETIC GAMES

Sec. 1. The Annual Championship Games shall be held in the city of Washington, during the month of May.

Sec. 2. At the discretion of the Executive Committee other athletics contests may be held.

ARTICLE VI

Annual Business Meeting

The Annual Business Meeting of the Association shall be held in the city of Washington, upon the day of the Annual Championship Games.



1, C. Norman, Capt.; 2, Murray; 3, Lee; 4, Thompson. Mallison. Photo RELAY TEAM, ALPHA PHYSICAL CULTURE CLUB, NEW YORK CITY. Outdoor and Indoor Champions, 1910-1911.



1, Norman; 2, Watson; 3, Mason; 4, Younger. Mallison, Photo.
SECOND RELAY TEAM, ALPHA PHYSICAL CULTURE CLUB,
NEW YORK CITY.

ARTICLE VII

Dues

The Annual dues shall be three dollars (\$3.00) for each member. The payment of said dues shall accompany the making of entries to the Championship Games, and entries shall not be allowed unless accompanied by said dues.

ARTICLE VIII

SUSPENSION AND REINSTATEMENT

Sec. 1. The Executive Committee may suspend any mem-

ber by a two-thirds (2-3) vote.
Sec. 2. No suspended member shall be reinstated, nor shall any member that has forfeited membership be readmitted without the payment of all back dues and assessments.

ARTICLE IX

FORFEITURE

Any member that for two successive years shall fail to compete at Championship Games of the Association shall forfeit membership, unless excused from competition by a two-thirds vote of the Executive Committee at the annual business meeting.

ARTICLE X NEW MEMBERS

Upon the receipt of a written application for admission into the Association, the Secretary shall at once submit such application to a mail vote of the Association. Each application must be accompanied by an admission fee of five (\$5.00) dollars. It shall require a two-thirds vote of the Association to admit any new member.

ARTICLE XI

Obligation of Members

Each member agrees to abide by the Constitution, By-Laws and Rules of the Association.

ARTICLE XII

AMENDMENTS

No addition, alteration, or amendment shall be made to this Constitution, or to the By-Laws of this Association save by a two-thirds (2-3) vote of the Association. Such amendment to be submitted in writing at least thirty days prior to the vote.



1. Buchanan; 2, Anderson; 3, Bullock; 4. Garnett; 5, Harley; 6, Berry; 7, Bird; 8, Evans, Mgr. and Capt.; 9, Adger; 10, Hawes.

LINCOLN UNIVERSITY TRACK TEAM.



1, C. Williams, Phys. Dir.; 2, Tynes; 3, Scott; 4, Warner; 5, Patterson; 6, Winbush; 7, Cash; 8, Coles; 9, Stephens.
HAMPTON (VA.) NORMAL AND AGRICULTURAL INSTITUTE TRACK
TEAM,

BY-LAWS

ARTICLE I

DUTIES OF OFFICERS

- Sec. I. The President, or in his disability the Vice-Presidents in order shall preside at all meetings of the Association, and shall upon a written request of two members submit any matter to a mail vote of the Association; such vote shall close ten days from date and the vote then received shall constitute a quorum of the Association. He shall have power to call meetings of the Executive Committee, and may upon his own motion put any matter to vote before the Association.
- Sec. 2. The Secretary shall keep the minutes of the Association and of the Executive Committee. He shall have charge of and be responsible for all writings and keep account of all moneys belonging to the Association and upon authority of the Executive officer draw orders upon the Treasury and properly report the same at the Annual Business Meeting. The Secretary shall mail each member the result of each mail vote.
- Sec. 3. The Treasurer shall receive and be responsible for all moneys belonging to the Association, and shall pay all bills authorized by the Association, upon the written order of the Secretary, and when called upon make a report of the same to the Association.
- Sec. 4. The General Manager shall be a member of the Championship Games Committee and conduct arrangements for the Games held under the Auspices of the I. S. A. A. He shall have charge of the properties of the I. S. A. A.
- Sec. 5. The Executive Committee shall have charge and direction of all athletic meets of the Association; shall decide all cases of protest and shall have the power to determine the manner of hearings and rulings on all such protests. The Committee shall also direct the general policy of the Association

and make a report to the Association at each Annual Business meeting. When necessary to the workings of the Association, the said Committee shall also have power to levy special assessment on the members of the Association, not to exceed fifteen dollars (\$15.00) in any one year, said members to be reimbursed when the treasury warrants.

ARTICLE II

ENTRIES AND PROTESTS

- Sec. 1. Entries to the Championship Games shall be filed with the Secretary at least twenty-one (21) days before the day assigned for the Games,
- Sec. 2. All entries shall be made on printed entry blanks furnished by the Secretary, and such blanks shall have printed on their face the rules of eligibility of this Association, and also a certificate in the following form, which certificate shall be signed by an I. S. A. A. representative of the school from which the competitors are entered.

"I hereby certify that the following men, ——— in number, are eligible according to the Rules of Eligibility of the I. S. A. A."

Sec. 3. At least fifteen days before the annual games a list of all entries shall be sent by registered mail by the Secretary to all members of the Association. Protest against any competitor must be filed ten (10) days before the Championship Games.

ARTICLE III

Sec. 1. No member shall enter more than eight men for any one event or start more than three,

ARTICLE IV

Rules of Eligibility.

Sec. 1. No person shall be allowed to compete at any athletic meet of this Association who is not an amateur as set forth in the rules of the I. S. A. A.

- Sec. 2. The four-year rule shall apply in each class of competition.
- Sec. 3. No one shall represent any institution of learning at the annual field meeting (or other athletic contest) who is not a bona fide member of the same.
- Sec. 4. An amateur is a person who has never competed for money, or under a false name, or with a professional for a prize, nor has ever taught or assisted at athletic exercise for money.
- Sec. 5. No boy shall be eligible to compete in any branch of athletics in secondary or high school competition who has attained the age of twenty-one years.

ARTICLE V

THE TROPHY

- I. The I. S. A. A. trophy shall be competed for annually at the Championship meet of the I. S. A. A.
- 2. The following shall be a method of deciding the winner, annually: First place 5 points, second place 3 points, and the third place 1 point. The institution whose students win the largest number of points on the above basis shall be champion for that year in its class, and the name of the institution, together with the number of points scored, shall be engraved or placed upon the trophy.
- 3. The Executive Committee of the I. S. A. A. is appointed trustee of the trophy.
- 4. The trophies shall be returned to the Executive Committee on the first day of May and shall be held by them until the Championship Games are decided.
- 5. All disputes with regard to the possession of the trophies shall be referred to the Executive Committee of the Association.

LAWS OF ATHLETICS

RULE I.

Every meeting of the Interscholastic Athletic Association shall be under the control of the following officials:

A Games Committee.
One Director.
One Assistant Director.
One Referee.
Three or more Judges at Finish.
One Chief Field Judge.
Four or more Field Judges.
One Recorder of Times.
Three or more Inspectors.
Three Timekeepers.
One Starter.
One Clerk of the Course with assistants.
One Announcer.
One Chief Scorer with assistants.
One Marshal with assistants.
One Official Reporter.

RULE II.

The Games Committee shall have general supervision over the games, but it shall not interfere with officials in the performance

of duties assigned to them by these rules.

If possible, it shall decide all protests except (a) those that must be settled immediately by the Referee, (b) those concerning a boy's amateur standing, which matter must be referred to the General Manager of the Interscholastic Athletic Association.

RULE III.

It shall be the duty of the Referee to decide all questions relating to the actual conduct of the meeting, whose final settle-

ment is not otherwise covered by these rules.

The Referee may change the order of events and add to, or change, the arrangements of heats. After heats have been drawn, however, he shall not be allowed to transfer a contestant from one heat to another.

If a foul is made in a heat other than the final, and the foul, in the opinion of the Referee, is intentional, or due to calpable negligence, he may disqualify the contestant guilty of fouling, and may allow the hindered contestant, or contestants, to compete in another trial heat.

In a final heat, however, he may disqualify the competitor who is at fault and shall use his own discretion as to ordering

another race between the competitors hindered by the foul.

In the case of a dead heat in track events where the competi-

tors cannot agree on method of settling, the Referee may decide.

Any competitors acting in an ungentlemantly manner, whether

Any competitor acting in an ungentientally mainter, whether toward competitors, spectators or officials, may be disqualified by the Referee from that and all other events at the meeting. If the Referee thinks the offence worthy of further punishment, he shall make a full report on the case to the Secretary of the Interscholastic Athletic Association for further action.

If for any reason the Referee as selected cannot attend, the Senior Judge shall act as Referee and have all his powers. In

this event the second Judge becomes Senior Judge.

The Referee, and he only, shall signal the Starter that everything is in readiness for the heat, or race, and the race shall not be started until the Starter has received such signal.

The Referee may delegate to the Senior Judge this duty of

signaling to the Starter.

RULE IV.

INSPECTORS.

The Inspectors shall be assigned their positions by the Referee. They shall watch closely the conduct of the competitors during the course of the race, and in case of a foul, whether a claim is made or not, they shall make a report at once, before the next heat, or race, is called, of what they have seen to the Referee. They have no power to make decisions.

RULE V.

JUDGES AT FINISH.

There shall be three or more Judges at finish, namely, a Senior Judge. Second Judge, Third Judge, Fourth Judge and so on. The Judge whose name appears at the head of the list shall be Senior Judge, second on the list Second Judge and so on.

The Judges shall stand at the finish line and pick the contestants in the order in which they cross the finish line, the Senior Judge picking first boy: Second Judge, second boy; Third Judge, third boy; Fourth Judge, fourth boy, and so on. Their

decision is final and without appeal. In case of disagreement a

majority shall govern.

Any competitor crossing the finish line without a number shall not be selected by the Judges unless with the consent of the Referee.

In absence of the Referee, the Senior Judge shall act as

Referee.

RULE VI.

THE CHIEF FIELD JUDGE.

There shall be appointed a Chief Field Judge, who will represent the Referee. It will be his duty to see that the field events are started promptly, and that there will be no unnecessary delay in the competition. He shall receive from the Field Judges and report to the Chief Scorer the results of the competition in the field events.

RULE VII.

FIELD JUDGES.

They shall measure and judge each trial of each competitor in all events where the performance is measured. Their decision is final and without appeal. In case of disagreement the majority

shall govern.

In case a boy is competing in a track event as well as a field event, they shall excuse him from his part in the field event for as long a period as is necessary to take part in the track event, and shall then allow him to take his missed turns within a reasonable time after the track event. If the boy is competing in two field events that are taking place at the one time the same rule shall apply.

RULE VIII.

RECORDER OF TIMES.

The Recorder of Times shall read the watch of each of the Timers after each heat and shall make known the official time to the Referee of the meeting and the Official Announcer. In the case of a new record he shall be careful to receive the signatures of the Timers vouching for the performance.

RULE IX.

THE TIMEKEEPERS.

There shall be three Timekeepers. They shall time all events which are recorded by time and shall report individually to the Recorder of Times their record of the time of each heat and race.

Should two of the three watches mark the same time and the third disagree, the time marked by the two watches shall be accepted. Should all three disagree, the time marked by the intermediate watch shall be accepted.

If two watches only are started on a heat, or race, and they

fail to agree, the longest time shall be accepted.

To have a record allowed three watches must be started on a

The flash of the pistol shall denote the actual start of the

race or heat.

In time handicap events the Timekeeper shall receive the time allowance of each competitor from the Clerk of the Course and shall start them with the word "GO."

RULE X.

THE STARTER.

The Starter shall be in charge of the competitors after they have been assigned to their marks by the Clerk of the Course.

He shall start the heat, or race, by the report of the pistol, except in the case of time handicap events, when the competitors shall be started by the Timekeepers with the word "GO." The following formula shall be used by the Starter: I. Take your mark; 2. Get set; 3. The report of the pistol.

Until the pistol has been purposely discharged it shall not be considered an actual start. In case the pistol goes off accidentally, the Starter shall recall the competitors by discharging his

The Starter shall not start the heat, or race, until he receives the signal from the Referee that everything is in readiness. The Referee may delegate to the Senior Judge this duty of signalling to the Starter.

A false start is one where any part of the person of a competitor touches the ground in front of his mark before the Starter purposely discharges his pistol. The competitor shall keep his

hands behind the mark assigned to him.

The following penalties are imposed by the Starter for false starts: In all races up to and including 125 yards the competitor shall be put back one yard for the first and one more for the second attempt; in races over 125 yards and including 300 yards, two yards for the first and two more for the second attempt; in races over 300 yards and including 600 yards, three yards for the first and three more for the second attempt; in races over 600 yards and including 1,000 yards, four yards for the first and four more for the second attempt; in races over 1,000 yards and including one mile, five yards for the first and five more for the second attempt; in all races over one mile, ten yards for the first and ten more for the second attempt. In all races the third false start shall disqualify the offender from that event.

Should any boy attempt to advance from his mark after the Starter has given word to get ready, the Starter shall disqualify

him from that event.

RULE XI.

THE CLERK OF THE COURSE.

The names and numbers of all the competitors in each event shall be given to the Clerk of the Course, who shall call them by name and check them off on the programme immediately before the event.

After the competitors' names have been called, the Clerk of the Course shall, in handicap events, assign them to their respec-

tive marks.

The Clerk of the Course shall not allow any competitor to start without his number, except with the consent of the Referee.

The Assistant Clerks of the Course shall perform whatever duties are assigned them by the Clerk of the Course.

RULE XII.

CHIEF SCORER.

The Chief Scorer shall keep track of the order in which each competitor finishes and also the time for the event. He shall also keep a tally of the laps made by each competitor in all races round a turn and shall announce by means of a bell or pistol shot when the leading man is entering on the last lap.

The Assistant Scorers are subject to the Chief Scorer and shall

perform whatever duties are assigned them by him.

RULE XIII.

THE MARSHAL.

The Marshal shall prevent any but officials and actual competitors from entering into the inner circle or remaining therein.

Any competitor entering into the inner circle before or after competition, and not there for the purpose of competition, must leave the inner circle when requested by the Marshal. If, after the second request, the competitor still refuses to leave, the Marshal, or his assistants, must report the matter to the Referee who may disqualify the offender.

The Assistant Marshal shall be under the control of the Marshal and shall assist him in keeping the inner circle as clear as

is possible.

RULE XIV.

OFFICIAL ANNOUNCER.

The scorers shall make known to the Official Announcer the results of each event and he shall announce them to the spectators.

RULE XV.

OFFICIAL REPORTER

The Official Reporter shall receive from the Scorers the order of finishing and the time made by the competitors in the running events and the height or distance covered by the competitors in the field events. This information he shall immediately make known to the representatives of the press.

RULE XVI.

THE INNER CIRCLE.

With the exception of officials and actual competitors, no one shall be allowed within the inner circle. Competitors must leave the inner circle immediately after the finish of their event, or when requested to do so by the Marshal.

No attendant, friend or trainer shall be allowed to accompany

the competitors on the track or infield.

RULE XVII.

THE COMPETITORS.

The competitors shall report to the Clerk of the Course at the starting point of each competition, after they have been called

to the inner circle.

Each contestant must provide himself with a number corresponding to the number opposite his name on the programme. This number he must wear conspicuously while he is competing, and without it he shall not be allowed to start except with the consent of the Referee.

In handicap events, competitors, whether they be scratch or limit mark men, must start from positions in which they are placed by the Clerk of the Course.

If in straightaway races the competitor does not confine himself to his own lane, but instead crosses into the lane of his

opponent, the Referee shall disqualify him.

In races around a turn, the competitor shall, after turning the last corner, continue in a straight line to the finish and not cross either to the outside or the inside in front of any of the other competitors.

Any competitor who wilfully jostles, crosses in front of, or otherwise impedes an opponent, shall be disqualified by the

Referee from that event.

The Referee shall further disqualify from the meeting any competitor who, in his opinion, is trying to lose, to coach, or to impede in any way the chances of another competitor. He shall further notify the Games Committee, who will take further action.

Any competitor acting in an ungentlemanly manner, whether toward competitors, spectators or officials, may be disqualified by the Referee from that and all other events at that meeting, and if the Referee thinks the offence worthy of further punishment, he shall make a full report on the case to the Secretary of the Interscholastic Athletic Association for further action.

RULE XVIII.

PROTESTS.

Protests against any competitor entered in any games may be made verbally or in writing, to the Games Committee before the meet, or to the Referee during the meet.

If the protest is a claim of foul committed during the meet, the Referee shall decide the matter at once as laid down in the

duties of Referee (Rule III.).

If possible, the Games Committee shall decide all protests before the events are run off. If it is a case requiring the taking of evidence, the Games Committee shall decide the matter within one week after the date of the games. If it affects the contestant's amateur status, however, the case must be referred to the Secretary of the Interscholastic Athletic Association for action.

When a contestant is allowed to compete under protest, the prizes that he may win shall be withheld until the case is settled.

RULE XIX.

THE TRACK.

The distance to be run shall be measured on a line eighteen inches outward from the inner edge of the track. This edge shall be a solid curb raised three inches above the level of the track.

In straightaway races, distance shall be measured in a direct

line from the starting mark to the finishing line.

In indoor races on board floors courses may be marked plainly (with whitewash) on the track.

RULE XX.

THE COURSE.

In straightaway races the competitor must keep his own course from start to finish. In these races separate courses, called lanes. shall be laid out for each competitor by means of stakes driven into the ground, to which cord or wire is attached and which are placed about fifteen yards apart.

In all races the competitors must not cross to the pole, or inner edge of the track until he is at least two strides in advance of

his nearest competitor.

In all championship races positions shall be drawn for, numbering one, two, three, and so on, from border out, and the drawing shall be in the names of the schools. The Clerk of the Course shall then allot positions. The school having the first choice shall have the position next the pole, or inner edge of the track, the school having second choice, second position and so on, the schools alternating, so that, if possible, there will not be two contestants from the one school in the same heat.

In championship events on straightaway tracks, the drawing shall be by schools, and the Referee shall see that no two contestants from the same school shall start in one heat. There shall be a drawing for the choice of lanes, the school winning first choice selecting whatever lane the first runner for that school desires, the school having second choice the next best lane

and so on.

In handicap events the contestants, when called, must take any lane assigned them by the Clerk of the Course.

RULE XXI.

THE FINISH.

The finish of a course shall be represented by a line between two finishing posts drawn across and at right angles to the sides of the track and four feet above which shall be placed a tape attached to both finishing posts.

The finish of any race shall be counted when any part of com-

petitor's body except his hands and arms shall reach the finising

No competitor shall be considered to have finished unless his entire body shall have crossed the finish line.

RULE XXII.

RELAY RACING.

A line shall be drawn twenty feet in front of each starting line. Between these two lines each runner must touch the succeeding runner. Failure to do this shall disqualify the team in that event. There shall be Judges of Relay Racing whose duties it shall be to see that all touches are properly made.

The same rules with reference to fouling, coaching, pacing,

or impeding a runner in any manner, disqualifies the team.

In the case of a handicap relay race, the boy on the first relay

is granted the total handicap allowed each team,

Only those boys are allowed to run in the final heat of a relay race who have competed in the trial heats.

SHUTTLE RELAY.

In these races separate courses, or lanes, shall be laid out for

each team, as provided in Rule XX, first paragraph.

All members of a team must wear, in plain view, the name of the school, and the members of each team must be numbered 1, 2, 3, etc., to the number composing the team. Those with the odd numbers stand at the finish line, the even numbers at the distant end of the track. No. 1 runs to No. 2, touching him, whereupon No. 2 runs and touches No. 3, etc., until the last member of the team crosses the finish line. Failing to touch, starting before being touched, fouling, coaching, pacing, or impeding a runner in another lane, disqualifies the team.

RULE XXIII.

HANDICAP RULES.

The handicap allowed in the different races shall not exceed one-tenth of the distance to be run; for instance, the limit in the 50 yards dash shall be 5 yards, in the 100 yards dash, 10 yards.

The limit in the pole vault shall be 18 inches; in the running high jump 9 inches; in the running broad jump, 30 inches; in the 8-lb. shot put, 48 inches; in the 12-lb. shot put, 60 inches;

in the standing broad jump, 12 inches.

The penalty for winning shall be as follows: For races of 50 yards and under, 3 feet, 2 feet and 1 foot shall be taken off for winning first, second and third places respectively; in races over 50 yards and including 100 yards, 2 yards, 1 yard and 2 feet; over 100 yards and including 220 yards, 5, 3 and 2 yards; over 220 and including 440 yards, 10, 6 and 3 yards; over 440 yards and including 880 yards, 20, 12 and 6 yards; in races over 880 and including one mile, 40 yards, 24 yards and 12 yards; in the pole vault, 9, 7 and 4 inches; in the running high jump, 5, 4 and 2 inches; in the running broad jump, 14, 10 and 7 inches; in the 8-lb. shot put, 20, 15 and 11 inches; in the 12-lb. shot put,

24, 18 and 13 inches; in the standing broad jump, 7, 5 and 3 inches.

RULE XXIV.

THROWING BASKET OR MEDICINE BALL.

A plainly visible line must be drawn. The competitor stands so that his toes touch this line, with his feet about twenty inches apart. The ball is placed between the feet. The competitor bends forward, picks up the ball with both hands, raises it over his head and throws with both arms, moving forward at the same time. If, in throwing, one arm precedes the other (thus making it a one-arm throw), or his feet leave the ground, or any part of his body touches the ground on the far side of the line, or he steps forward over the line before the throw is measured, that throw shall be called a foul and counted as a trial without result. Each competitor shall have three throws, the best to count. The first, second and third may have three additional throws, but the best throws shall count, whether made in the trials or finals.

The basket balls shall be of regulation size and make, as used in basket ball games. Medicine balls shall weigh four pounds.

RULE XXV.

THE SHOT.

The shot shall be a metal sphere of any weight decided upon by the Games Committee. For indoor games for record purposes a filled shot covered with any material and being a perfect and solid sphere may be used.

solid sphere may be used.

The shot shall be "put" with one hand, and in making the

attempt, it shall be above and not behind the shoulder.

All puts shall be made from a circle seven feet in diameter. The circle shall be a metal or wooden ring, painted or whitewashed, and sunk almost flush with the ground, and it shall be divided into two halves by a line drawn through the center. In the middle of the circumference of the front half shall be placed a stop-board four feet long and four inches high, and firmly fastened to the ground. In making his puts, a competitor may rest his foot against, but not on top of, the stop-board.

That put shall be considered a fair put when no part of the body of the competitor touches the top of the stop-board, the circle, or the ground outside of the circle, provided the competitor shall leave the circle by its rear half, which shall be the half directly opposite the stop-board. A put shall be considered foul if any part of the body of the competitor shall touch the ground outside the front half of the circle before the put is

measured.

The Field Judges shall measure each put from the nearest mark made by the fall of the shot to the circumference of the circle on a line from the mark made by the shot to the center of the circle.

Foul puts and letting go the shot in making an attempt shall

be counted as trials without result.

Each competitor shall have three trial puts, and the first, second and third in the trials shall have three more trials each in

The best put made by a competitor, whether made in the trials or finals shall count as his best put and the result will be decided accordingly.

The minimum distance for which points are allowed in high school contests is 32 feet for seniors and 30 feet for juniors.

RULE XXVI.

RUNNING HIGH TUMP.

A fair jump shall be one that is made without the assistance of weights, diving, somersaults or handsprings of any kind,

The bar shall be a thin stick two inches in width and shall rest on pins which shall project not more than three inches from the uprights. When this bar is removed, it shall constitute a trial jump without result.

The height at which the jump shall commence and the height to which it shall be raised at each succeeding jump shall be

decided by the Field Judges.

The height shall be measured from the middle of the bar to

the ground on a direct line.

Each competitor shall be allowed three trial jumps at each height, and if on the third trial he shall fail, he shall be declared

out of the competition.

At each successive height each competitor shall take one trial in his proper turn; then those failing, if any, shall have their second trial in a like order, after which those who have failed at the second trial may take their third and final trial at that

A competitor may decline to jump at any height in his turn, and by so doing, forfeits his right to again jump at the height declined.

If, however, a competitor takes a trial at any height and fails in the first trial, he shall not pass the other two trials.

Running under the bar in making an attempt to jump shall be counted as a balk, and three successive balks shall constitute a trial jump.

There shall be no limit to the run a competitor may take before

attempting a jump.

The minimum height for which points are allowed in high school contests is 4 feet 10 inches for seniors, and 4 feet 6 inches for juniors.

RULE XXVII.

RUNNING BROAD JUMP.

A joist five inches shall be sunk flush with the ground. The outer edge of the joist shall be called the scratch line and the measurement of all jumps shall be made from it at right angles to the nearest break in the soft ground, or in the turf or earth outside the soft ground by any part of the body of a competitor.

In front of the scratch line the ground shall be removed to the depth of three and the width of twelve inches outward.

A foul jump shall be one where the competitor in jumping off the scratch line makes a mark on the ground immediately in front of it, or runs over the line without jumping, and shall count as a trial jump without result.

Each competitor shall have three trial jumps, and the competitors finishing one, two, three in the trial jumps, shall each have

three more trial jumps.

The competition shall be decided by the best of all the trial jumps of the competitors.

A fair jump shall be one that is made without the assistance of weights, diving, somersaults or handsprings of any kind.

The minimum distance for which points are allowed in high school contests is 18 feet for seniors and 17 feet 4 inches for suniors.

RULE XXVIII.

STANDING BROAD TUMP.

The feet of the competitor may be placed in any position, but shall leave the ground once only in making an attempt to jump. When the feet are lifted from the ground twice, or two springs are made in making the attempt, it shall count as a trial jump without result. A competitor may rock back and forward, lifting heels and toes alternately from the ground, but may not lift either foot clear of the ground, nor slide either foot along the ground in any direction.

In all other respects the rules governing the running broad

jump govern the standing broad jump as well.

RULE XXIX.

THREE STANDING BROAD JUMPS.

The feet of the competitor shall leave the ground only once

in making an attempt for each of the three jumps, and no stoppage between jumps shall be allowed. In all other respects the rules governing the standing broad jump shall also govern the three standing broad jumps.

RULE XXX.

RUNNING HOP, STEP AND JUMP.

The competitor shall first land upon the same foot with which he shall have taken off. The reverse foot shall be used for the second landing, and both feet shall be used for the third landing. In all other respects the rules governing the running broad

jump shall also govern the running hop, step and jump.

The minimum distance for which points are allowed in high school contests is 36 feet for seniors, and 34 feet for juniors.

RULE XXXI.

THE POLE VAULT.

The height at which the vaulting shall commence and the height to which the bar shall be raised at each succeeding vault shall be determined by the Field Judges.

The height of the bar shall be measured on a direct line from

the ground to the middle of the bar.

Each competitor shall have three trials at each height, and, if he fails at the third trial, he shall be declared out of the competition.

Each competitor shall make an attempt at each successive height in the order in which he is called; then those who have failed shall have a second trial in like order. Those failing on the second trial shall then take their third and final trial.

Displacing the bar counts as a try.

Leaving the ground in an attempt shall constitute a try.

A line shall be drawn fifteen feet in front of the bar and parallel with it; crossing this line in an attempt shall be a balk. Two balks shall constitute a try.

A competitor may decline to vault at any height, but, if he fails at the next height, he shall not be allowed to go back and

try the height he omitted.

If, however, contestant takes one trial at any height, he shall not pass the other two trials.

Any competitor shall be allowed to dig a hole not more than one foot in diameter at the take-off in which to plant his pole.

The poles shall have no assisting devices, except that they may be wound or wrapped with any substance for the purpose

of affording a firmer grasp, and may have one spike at the lower

end. The poles shall be unlimited as to size and weight.

No competitor shall, during his vault, raise the hand which was uppermost when he left the ground to a higher point on the pole, nor shall he raise the hand which was undermost when he left the ground to any point on the pole above the other hand.

The minimum height for which points are allowed in high school contests is 7 feet 6 inches for seniors, and 7 feet for

juniors.

RULE XXXII.

THE DISCUS.

To execute the throw, the competitor places himself in the pedestal with the feet apart, the right foot forward, provided he is right-handed, and vice versa, if he is left-handed, and holding the discus in either hand. He then grasps it with both hands and raises it straight above his head. As the discus is held aloft the body should lean forward slightly, and as the thrower starts to make his effort the trunk should be turned slightly to the right and the body bent sharply so that the left hand, when free, swings outside and below the right knee, and the right, holding the discus, is stretched as far back as the extension of the shoulder will allow. At this moment the right knee should be bent, with the foot resting full on the sole, the left leg almost straight, and the foot resting on the toes. Then, by a sharp and simultaneous exertion of the whole body, the thrower scales the discus away in front of him. The critical part of the throw is the action of the arm at the moment of delivery. The final sweep of the arm must be distinctly by the side and be clearly in an underhand direction. Round arm, like a cricket bowler, horizontal, arch, or overarm swings to be foul. Neither must there be the least tendency of the arm to swing around the body.

The measurement of the throw to be from the center of the

pedestal to where the discus first strikes the ground.

The thrower may leave the pedestal at the moment of throwing.

Trials and other conditions of competition to be the same as

the hammer or shot.

The minimum distance for which points are allowed in high school contests is 75 feet for seniors, and 70 feet for juniors.

RULE XXXIII.

THROWING THE HAMMER,

The head and handle may be of any size, shape and material,

provided that the length of the complete implement shall not be more than four feet and its weight not less than sixteen pounds.

The competitor may assume any position he chooses, and use

either one or both hands.

All throws shall be made from a circle seven feet in diameter, the circle to be a metal or wooden ring, painted or whitewashed

and sunk almost flush with the ground.

A fair throw shall be where no part of the person of the competitor touches the circle or the ground outside the circle, and the competitor leaves the circle by its rear half, which shall be that directly opposite the half occupied by the competitor at the mement of delivery, and shall be designated by an imaginary line drawn through the center of the circle at right angles to the direction of the throw.

Foul throws and letting go of the hammer in an attempt shall

count as trial throws.

The measurement of each throw shall be from the nearest mark made by the fall of the head of the hammer to the inside circumference of the circle, on a line from the mark to the center of the circle.

The number of trials and methods of decision shall be the

same as in the running broad jump.

Hammers shall be furnished by the Games Committee. Any contestant may use his private hammer, if correct in weight and length; in which case the other contestants must also be allowed to use it if they wish.

The minimum distance for which points are allowed in high school contests is 99 feet for seniors, and 85 feet for juniors.

RULE XXXIV.

THE HURDLES.

In the 120 yards hurdle race, ten hurdles shall be used; height of hurdles to be decided upon by the Games Committee. They shall be placed ten yards apart, with the first hurdle fifteen yards distant from the starting point, and the last hurdle fifteen yards before the finishing line.

In the 220 yards hurdle race ten hurdles shall be used; height of hurdle to be decided upon by the Games Committee. They shall be placed twenty yards apart, with the first hurdle twenty yards distant from the starting mark, and the last hurdle twenty

yards from the finishing line.

In hurdle races of other distances, and with different numbers of hurdles, the hurdles shall be placed at equal distances, with the same space between the first hurdle and the starting point and the last hurdle and the finishing line as between each of the hurdles.

In making a record it shall be necessary for the competitor to jump over every hurdle in its proper position, nor shall the performance be considered a record unless every hurdle is left standing.

Knocking down more than three hurdles disqualifies the runner.

RULE XXXV.

TIES.

In all contests whose results are determined by measurement of height or distance, ties shall be decided as follows:

In handicap contests the award shall be given to the competitor who received the least allowance. In case of a tie between two or more competitors who received the same allowance, the decision shall be made as in scratch contests.

In case of a tie in a scratch contest at high jumping, the tieing competitors shall have three trials at the height last tried, and if still undecided the bar shall be lowered to the height next below, and three trials taken at that height. If no one clears it, the bar shall be lowered again and again until one of the competitors clears it. In case of a second tie, the award shall be given to the competitor who cleared the bar with the least number of trials.

In case of a tie in a scratch contest in any event decided by distance, each of the tieing competitors shall have three additional trials, and the award shall be made in accordance with the distance cleared in these additional trials. In case of a second tie three more trials shall be allowed, and so on, until a decision is reached. In case of a dead heat in track events, the competitors shall not be allowed to divide the prize or points, or to toss for them, but must compete again at a time and place

appointed by the Referee.

In case of a tie in the pole vault the officials shall raise or lower the bar at their discretion, and those competitors who have tied shall be allowed one trial at each height.

RULE XXXVI.

ORDER OF COMPETITION IN FIELD EVENTS.

In all scratch events the competitors shall take their trials in the order of their names as printed on the programme.

In all handicap events the competitor having the greatest allowance shall make the first trial, and so on, in regular order,

up to the competitor at scratch or with the least allowance, who shall have the last trial.

RULE XXXVII.

COSTUME.

Only boys with pants reaching approximately to the knees and shirts that adequately cover the body shall be allowed to compete.

RULE XXXVIII.

Pacing a runner or coaching any contestant by any individual on the field will disqualify the contestant.

RULE XXXIX.

POTATO RACING.

The potato race shall be one in which three or more potatoes are placed two yards apart on a direct line. The first potato shall be two yards from the receptacle, which shall be either a pail, basket, box, or can, not over 36 inches in circumference at the opening.

The finish shall be a line five yards back of the receptacle, which must be crossed after the last potato has been placed in

the recentacle.

If the competitor should drop a potato, he must replace it in the receptacle before he touches another potato; otherwise, he shall be disqualified.

In handicap events the mark is taken off back of the receptacle.

CONSTITUTION OF THE PUBLIC SCHOOLS ATHLETIC LEAGUE (COLORED) OF WASHINGTON, D. C.

ARTICLE I.

NAME.

This association shall be known as The Public Schools Athletic League of the Tenth, Eleventh, Twelfth and Thirteenth Divisions of Public Schools of Washington, D. C.

ARTICLE II.

OBJECT.

The object of this League shall be to encourage and regulate the athletic activities and to stimulate the spirit of true sportsmanship among the pupils of the schools.

ARTICLE III.

MEMBERSHIP.

The League shall consist of regular, athletic and honorary members, and patrons, as provided for in the By-Laws.

ARTICLE IV.

OFFICERS.

The officers of the League shall be a President, a Vice-President, a Secretary and a Treasurer. These officers shall be elected by the League at the regular annual meeting, and they shall hold office for one year, or until their successors are elected.

ARTICLE V.

EXECUTIVE BOARD.

The Executive Board shall consist of the officers of the League and five additional members, elected at the annual meeting. At least one of the members of this board shall be from the High Schools.

ARTICLE VI.

COMMITTEES.

Section I. There shall be an Elementary Schools Games Committee, consisting of the Assistant Director of Physical Training, two other members of the Physical Training Department to be appointed by the President of the League, and four additional members from the elementary schools, one each to be appointed by the Presidents of the Division Athletic Leagues.

SEC. 2. There shall be a High Schools Games Committee, consisting of the Assistant Director of Physical Training, the male physical directors, one additional member from each high school, and two members from the elementary schools, to be

appointed by the President of the League.

SEC. 3. The President of the League shall appoint a Finance

Committee, consisting of five members.

SEC. 4. The President of the League shall appoint a Publicity and Printing Committee, consisting of five members.

ARTICLE VII.

AMENDMENTS.

This Constitution may be amended at any regular meeting of the League or at a meeting called for said purpose, provided, however, that written notice of said change shall have been given to the members of the League at least four weeks previous to said meeting.

BY-LAWS

ARTICLE I.

MEMBERS.

(a) Regular: All male teachers in the Public Schools of the Tenth, Eleventh, Twelfth and Thirteenth Divisions.

I. All male teachers and principals of the Public Schools of the Tenth, Eleventh, Twelfth and Thirteenth Divisions, provided that an initiation fee and the annual dues of one dollar for each school be paid.

2. All male teachers of the special departments who may

apply for membership.

3. Any male citizen of Washington interested in school athletics and games, whose application is approved by the Executive

Board and whose annual dues of one dollar is paid.

(b) Athletic: The Public Schools Athletic League recognizes as athletic members all public schoolboys of the elementary and high schools of the Tenth, Eleventh, Twelfth and Thirteenth Divisions who take part in athletic competitions that are given under the direction of the League.

(c) Honorary officers and members to be elected by the

Executive Board.

(d) Patron: Any member paying \$10 may become a patron.
(e) Charter and elected representatives of the I. S. A. A. who are resident citizens of Washington, D. C.

ARTICLE II.

TIME OF ANNUAL MEETING AND ELECTION.

The annual meeting of the League and election of officers shall be held on the fourth Thursday of September, at 4 P. M.

ARTICLE III.

Annual dues, as specified in Article I, are due and payable at the beginning of the school year, and membership is forfeited if dues are not paid by December 1 of the same year.

ARTICLE IV.

EXECUTIVE BOARD MEETINGS.

The Executive Board shall hold monthly meetings on dates to be chosen by the Board.

ARTICLE V.

QUORUM.

Ten members of the League shall constitute a quorum. Five members of the Executive Board or of either Games Committee shall constitute a quorum to do business.

ARTICLE VI.

DUTIES OF OFFICERS.

(a) The President, Vice-President, Secretary and Treasurer shall exercise such duties as appertain to their respective offices,

in accordance with general usage.

(b) The Executive Board shall consider and act upon all business connected with the Public Schools Athletic League between meetings of the League not especially reserved for the Games and Finance Committees, respectively, and it shall act as a Court of Appeals in all matters not reserved for the respective Games Committees and Referees.

ARTICLE VII.

FUNCTIONS OF THE GAMES COMMITTEES.

The respective Games Committees shall have power, subject to the general regulations contained in these by-laws, to:

First—Enact and enforce such laws of athletics and athletic rules as may be necessary to carry out the purpose of the League

in the several games and other athletic events.

Second.—Decide all questions of eligibility within their respective jurisdictions, prepare all schedules, control all inter-school games and competitions under the authority of the League, and to decide all protests made in events sanctioned by them, except those left by them to referees, and such decisions shall be final.

Third.—Sanction all games or events that are open to public school boys, whether given by the public schools or other organi-

zations.

Fourth.—Suspend any pupil who competes in the games or events that are not sanctioned by this League, and if a pupil persists in this participation in unsanctioned events, cut him off entirely from all events given under sanction of this League.

ARTICLE VIII.

GENERAL RULES OF ELIGIBILITY.

The following general rules of eligibility shall govern the respective Games Committees in their special regulations:

(a) Only those pupils who have a passing grade of scholarship

shall be entitled to represent the schools in athletics.

(b) No pupil under penalty of discipline in his school shall be eligible to represent such school, the Principal of the school to be the sole judge concerning this.

(c) Only those pupils who are in good standing as amateurs

shall be eligible to represent their school.

(d) No pupil may participate in any competition or event without the written consent of his parents.

ARTICLE IX.

THE FINANCE COMMITTEE.

The Finance Committee shall devise and promote plans for raising funds to defray the expenses of the League, audit accounts of the treasurer and co-operate with the Games Committee in securing suitable grounds for games and contests when such cannot be secured without cost.

ARTICLE X.

SUSPENSION AND EXPULSION.

Any member guilty of ungentlemanly conduct, or of intentional violation or habitual neglect of any by-law, rule or regulation of the League, or conduct prejudicial to the interest of the League, may be suspended or expelled by a two-thirds vote of the Executive Board after an opportunity has been given him to be heard before it. No such action shall be taken against him for any of these causes until the charges made against him shall have been reduced to writing, filed with the Secretary, and a copy thereof served upon him.

ARTICLE XI.

DIVISION LEAGUES.

Division Athletic Leagues shall be organized by the Games Committee of the Elementary Schools; each division to include such schools as are now stated to be members of the 10th, 11th, 12th and 13th Divisons of Public Schools; to carry on preliminary athletic games and competitions, and the Committee shall prepare rules for their government.

ARTICLE XII.

School Athletic Associations may be organized according to a form prepared by the Executive Board.

ARTICLE XIII.

A Girls' Branch may be organized under regulations of the Executive Board.

ARTICLE XIV.

These by-laws may be changed or amended by the unanimous vote or written consent of all the Executive Board without previous notice at any meeting of the Board. Also by a vote of two-thirds of all the members of the Board at any meeting, provided notice specifying the intended change shall have been served on each member, or such notice shall have been given at a previous meeting, at least five days before the meeting.

ATHLETIC RULES

RULE I.

ATHLETIC MEMBERSHIP.

The Public Schools Athletic League recognizes as athletic members all Public School boys of Elementary and High Schools of the City of Washington, who take part in athletic competitions that are given under the direction of the League.

RULE II.

(A) General.

ELIGIBILITY.

Attendance of at least twenty school days shall be required of all pupils before they shall be entitled to represent the school in athletics.

No boy who has represented any outside organization shall be eligible to compete for any school organization of this League until one year has elapsed from the time of such competition, except that summer schools and vacation playgrounds under the jurisdiction of the Board of Education, public playgrounds, and organizations especially designated by the Executive Board, shall not be considered outside organizations. This rule is also intended to apply to the various clubs formed within these organizations; that is, a boy may not represent in athletics a club of one organization against a club of another organization and still be eligible to represent his school, because such clubs are really departments of these organizations. This does not in any way debar boys from taking part in athletic competitions that are closed to their own organizations, even though it may be between different clubs within that organization.

Boys taking part in unsanctioned events render themselves

liable to suspension.

Only those pupils who maintain a grade of scholarship which will entitle them to promotion (if continued without improvement) shall be entitled to represent the school in athletics.

No pupil under penalty of discipline in his school shall be eligible to represent such school, the Principal of the school to

be sole judge concerning this.

Only those pupils who are in good standing as amateurs shall be eligible to represent their school.

Boys who maintain their amateur standing may participate in athletics during the summer vacation.

(B) Elementary Schools.

Elementary school boys are allowed to represent both their

church and school in athletics.

No elementary school pupil coming from another school shall represent the school unless he has attended the school for twenty school weeks, except

(a) He has been promoted from one school to another;

(b) He has been transferred from one school to another by order of the Supervising Principal.

(c) He has been transferred on account of a change in resi-

dence;

(d) He has been admitted from a school outside the public

school system of Washington.

In order to be eligible for athletics, elementary boys must have received for the month previous a passing mark in effort, proficiency, and deportment.

Elementary school boys are allowed to enter one event only at any set of games unless by special permission of the Games

Committee. Spiked shoes are not allowed.

No entry shall be accepted unless countersigned by the Principal of the school.

ATTENDANCE.

(C) High Schools.

(a) All pupils who participate in the spring or summer contests must be enrolled in one of the public high schools on or before February 15 last preceding, and must be in accordance

at least four-fifths of the time after enrollment.

(b) All pupils who participate in the fall or winter contests must be enrolled in one of the public schools on or before the first Monday in October last preceding, and must be in attendance at least four-fifths of the time after enrollment.

TRANSFERS.

(a) Any pupil who is transferred from one high school to another after the first Monday in October shall forfeit the right to participate in any fall or winter contest, unless such transfer be due to a change of residence.

(b) Any pupil who is transferred from one high school to another after February 15 shall forfeit his right to participate in any of the spring or summer contests, unless such transfer

be due to a change of residence.

STUDIES.

All pupils who participate in an athletic contest must be carrying at least sixteen periods of school work per week distributed among at least four major studies.

CONDUCT AND SCHOLARSHIP.

(a) Only those pupils are eligible to represent their schools in any athletic event whose conduct is certified as satisfactory

by the principal of the school.

(b) Only those pupils are entitled to represent their school in athletics who maintain a passing grade of scholarship and which entitles them to promotion; the record of the current term's work shall be used as a basis.

ENTRIES.

(0) No pupil shall be barred from any contest because of scimilarship without having been given ten days' notice of his ineligibility; all entries to any contest must be submitted to the Chairman of the Games Committee at least two weeks in advance thereof.

(b) A list of the eligible contestants in any event must be certified by the Principal of each school and submitted to the Chairman of the Games Committee at least three days previous

to such event.

AGE.

No pupil who has reached the age of twenty-one years shall be eligible to represent his school in any athletic contest.

No pupil who is a graduate of a four-year secondary school

course shall be eligible to represent any school.

RULE III.

CLASSIFICATION OF COMPETING ATHLETES.

Elementary Schools.

An elementary school boy shall be considered a novice until he has won a medal in Public Schools Athletic League games open to all elementary schools, or in an event sanctioned by the Public Schools Athletic League to elementary schools of the city.

In track and field events, swimming, skating, etc., the following classifications are made: Midget, 80 pounds; lightweight, 95 pounds; middleweight, 115; unlimited weight, boys of any

weight.

The Games Committee may arrange special classes of events to meet special needs. For example: Events may be given for

boys who have never even competed in a set of athletic games; or weight classes may be arranged other than those regularly prescribed.

High Schools.

A novice in high school is an athlete who has never won a prize in competition that is open to two or more secondary schools or organizations, except that there shall be two classes of novices in high schools, namely, track and field, and the loss of noviceship in one class shall not debar a boy from competing as a novice in another class. In the High Schools Novice Championships, a boy who competes in the novice meet retains his noviceship throughout that meet, this to include a novice relay.

Members of a track team in the high schools that win a trophy shall not lose their noviceship unless they receive personal prizes.

Where junior and senior events are given in high school games boys under 16 years of age shall be considered juniors, and all other boys under 21 years of age shall be considered seniors.

(a) The boy's age on the date of competition shall determine

the class in which he shall compete.

In events where weight classes are used the following classifications shall be recognized: Midget, 100 pounds; middleweight, 120 pounds; unlimited weight, boys of any weight.

General.

Boys will be weighed in athletic costume minus shoes. A boy shall not be allowed to weigh in a second time in any set of games in case he is found to be over weight at the first weighing. The scales shall be set at the weight specified for each class, and any competitor raising the beam so that it touches above shall be ineligible to compete. The average weight of teams shall not be taken for relay teams. Boys found to be too heavy for the class in which they enter will not be allowed to compete in any other class.

RULE IV.

ATHLETIC BADGE COMPETITION,

The standards have been set as follows:

The Athletic Badge Tests may be held at any time during the year. The names of the successful boys should be sent to the office of the Public Schools Athletic League not later than May I. During the month of May the official test will be held.

STANDARDS.

Class A.—Bronze Badge.

60 yards dash, 8 3-5 seconds. Pull up (chinning on bar), 4 times. Standing broad jump, 5 feet 9 inches.

Class B.—Bronze Silver Badge.

60 yards dash, 8 seconds.
(or) 100 yards dash, outdoors, 14 seconds.
Pull up (chinning on bar), 6 times.
Standing broad jump, 6 feet 6 inches.

CONDITIONS.

Only those boys shall be admitted to the Athletic Badge Test who received a passing mark for the month previous in effort, proficiency and deportment, and who are making satisfactory effort to secure good posture.

In order to win a badge a boy must qualify in all three events

in his class.

Winners of last year's badges are not debarred from competi-

RULES

The following general rules shall govern the final competition. There shall be but one trial chinning, one in the dashes and three in the jumps.

60 yards dash and 100 yards dash.—The general rules of competition, as set forth in the I.S.A.A. Handbook, shall govern

this test, except there shall be no finals.

Chinning.—The boy shall extend himself to his full length before and after each pull-up, and shall be obliged to raise his body without a kick, snap, jerk or swing to such a height as

to bring his chin higher than the bar.

Jumping.—The rules of the I.S.A.A., as set forth in the Handbook, shall govern this test, except that, as there is no real contest, *i.e.*, there is no striving for first, second or third places, the finals shall be dispensed with. With reference to false starts, a competitor shall be penalized in accordance with Rule X.

The following order of events is suggested:

Chinning, Jumping, Running.—As the first two events can in most cases be tried out at the schools, thus leaving the smallest possible number of boys to take the third test of running, which of necessity must be held at some athletic field.

No boy shall be admitted into any contest who has not received a passing mark for the month previous in effort, proficiency and deportment, the Principal of the school to be sole judge in this

matter.

Duplicate lists of the successful competitors, classified as seniors and juniors, should be made out on blanks furnished by the Public Schools Athletic League. One copy should be forwarded to the Secretary of the League, and the other placed on file in the school.

The Athletic Badge Competition shall take place once a year,

and the reports must be sent in before May 1.

The juniors of the elementary schools shall receive a bronze and athletic badge; the seniors in elementary schools shall receive

a bronze and silver athletic badge.

The trophy will be awarded for one year to the school that qualifies for the Athletic Badge the highest percentage of its enrolled grammar boys (fifth, sixth, seventh and eighth year pupils). Boys below the fifth may compete for the Athletic Badge but are not to be counted in determining the school's percentage. The school reporting the highest percentage in the Athletic Badge competition will be officially tested, and if the percentage attained at the official test is still higher than any other reported percentage, the school will be awarded the trophy. If, however, in the official test the school falls below other reported percentages these other schools will be tested in the order of their standing until a school is found whose official percentage is higher than any other reported percentage.

Each school is expected to conduct its own tests. If assistance is required, application should be made to the Secretary of the

P.S.A.L.

High Schools.

220 yards run, 28 seconds. Pull up (chinning on bar), 9 times. Running high jump, 4 feet 4 inches.

In order to be eligible for the Athletic Badge competition a high school boy must maintain the same scholastic standing that

is required in other branches of athletics.

The competition for Athletic Badges in each high school shall be in charge of the school's representative on the High Schools Games Committee. He shall forward the names of the successful candidates to the Secretary of the League on blanks furnished by the league for this purpose.

The high school boys shall receive a Silver Athletic Badge. These tests may be held twice each year in high schools, but no boy shall receive more than one badge during any school year.

Reports must be sent in before June 1.

RULE V.

CHAMPIONSHIF MEETS.

Indoor and outdoor track and field, base ball and basket ball championship meetings shall be held annually at such times and places and with such schedules of events as may be decided upon by the Games Committee.

Indoor and outdoor track and field novice meetings shall be held at such times and places and with such schedules of events

as may be decided upon by the Games Committee.

All entries shall be sent to the Games Committee, which Committee may reject any entries it may deem objectionable.

The Games Committee shall choose all the officials for the championship meetings and shall decide all questions concerning the competitions.

RULE VI.

LIST OF CHAMPIONSHIP EVENTS.

There shall be special lists of championship events for the Elementary Schools, High Schools and Normal School No. 2.

ELEMENTARY SCHOOLS INDOOR CHAMPIONSHIP EVENTS.

80-pound Class.

50 yards dash. Running high jump. Standing broad jump. 360 yards relay race.

95-pound Class.

60 yards dash. Running high jump. Standing broad jump. 440 yards relay race. 115-pound Class.

70 yards dash, 8-lb. shot put. Standing broad jump, 440 yards relay race.

Unlimited Weight Class.

100 yards dash. 12-pound shot put. Running high jump. 880 yards relay race.

ELEMENTARY SCHOOLS NOVICE AND CHAMPIONSHIP OUTDOOR EVENTS.

80-pound Class.

50 yards dash. Running high jump. Running broad jump. 360 yards relay race.

115-pound Class.

70 yards dash. 8-pound shot put. Running broad jump. 44c yards relay race. 95-pound Class.

60 yards dash. Running high jump. Running broad jump. 440 yards relay race.

Unlimited Weight Class.

100 yards dash. 12-pound shot put. Running high jump. 880 yards relay race.

The number of entries allowed from each school, shall be determined upon by the Elementary Schools Games Committee.

The distance for any midget race shall not exced 440 yards for the team and wherever possible, it is recommended to have

the race limited to 360 yards for the team.

Two substitute entries shall be allowed on each relay team; such entries to be made in regular form on entry blanks and to be printed on the programme. The entry fee shall be ten cents per boy, including substitutes on the relays. Boys entered as substitutes shall not be entered in regular events.

No substitutes shall be allowed in individual events.

There will be a trophy for the all-round championship at each meet, the school scoring the greatest number of points in each

meet to win the trophy for that meet.

The points are scored-for individual and relay events alikeon a basis of 5 points for first, 3 for second, 2 for third, and I for fourth places. All events on the programme count toward the all-around championship trophy.

Prizes will be given to those finishing first, second and third,

respectively, in each event.

The signature of the Principal must appear on all entry blanks.

HIGH SCHOOLS INDOOR CHAM-HIGH SCHOOL NOVICE PIONSHIP EVENTS.

50 yards dash, junior. 220 yards run, junior. 50 yards dash. 220 yards run. 440 yards run. 880 yards run.

One mile run. 50 yards low hurdles.

Junior relay race (880 yards).

Senior relay race (one mile) Putting 12-pound shot.

Running high jump.

CHAMPIONSHIP OUTDOOR

EVENTS.

100 yards dash, junior. 220 yards run, junior.

100 yards dash. 220 yards run. 440 yards run.

880 yards run. One mile run.

120 yards high hurdle race. 220 yards low hurdle race.

Junior relay race (880 yards).

Senior relay race (one mile)

The following events are open to boys of Normal School No. 2:

50 yard dash

880 yards run.

No entry shall be accepted unless countersigned by the school's representative on the High Schools Games Committee.

The signature of the representative of the High Schools-Games Committee on each separate entry blank shall be sufficient to approve entries, and the Principal need not sign each separate entry blank, but he shall certify by one signature that all the entries are acceptable.

No pupil who has gone from one school to another shall be allowed to compete unless he has attended the second school

for twenty weeks.

Exception.—Any extraordinary case shall be submitted to the

High Schools Games Committee.

The entries from each school shall be limited to five men in each event except the two hurdle races and the 440 yards run, where three entries only shall be received.

There shall be a championship trophy at each meet for the

school scoring the most points.

Relay races shall not count points for the championship trophy. Prizes will be given to those finishing first, second and third, respectively, in each event.

Points shall be counted as follows: 5 for firsts, 3 for seconds,

2 for thirds, and I for fourths.

RULE VII.

RULES GOVERNING BASKET BALL TOURNAMENTS—ELEMENTARY SCHOOLS.

Regular basket ball rules, as they appear in Spalding's Official Basket Ball Guide, shall be used, but time shall be fifteen (15) minute halves with ten (10) minutes' intermission.

As far as possible all games shall be played upon neutral

courts.

There shall be two classes in elementary school basket ball, namely: Boys weighing not to exceed 95 pounds, and boys

weighing not to exceed 125 pounds.

The weighing-in for basket ball shall be done at the beginning of the basket ball season by the Chairman of the Games Committee, in each District Athletic League, assisted by at least two other members of the Committee. Boys weighing within the prescribed limit at that time shall be eligible, as far as weight is concerned, throughout the tournament.

Members of teams must have received for the term previous to any games in which they play a passing mark in effort, proficiency and deportment. Public Schools Athletic League Rules of eligibility shall apply in basket ball, the same as in other

branches of athletics.

All boys who play at any time during the tournament must be weighed in on the date set by the Committee. In order that teams may not be handicapped by disqualifications of players on account of scholarship, deportment, etc., fifteen boys may be

weighed in if desired. The players must be selected from these boys. If, for any cause, a player becomes ineligible, he cannot be reinstated during the tournament.

The Chairman of the Games Committee shall have full power

to arrange and conduct the games.

Representatives of the Division Athletic Leagues shall send to the Chairman of the Basket Ball Committee of the P.S.A.L. the names of the winning teams in their Divisions.

The ball to be used in all match games shall be the Spalding

Official Basket Ball No. M.

No boy is allowed to play on more than one basket ball team.

HIGH SCHOOLS.

The High Schools Basket Ball Championship shall be decided not by a tournament, but by a series of games whereby each school will play every other school entered in the championship. Spalding's Official Basket Ball Rules shall govern the contests, except "when an official calls a foul, the opposing team shall receive one point without a try for goal."

The haives shall be fifteen minutes each.

Each school shall present to the official at every game a team certificate naming the boys eligible to play. These "team certificates" are to be signed by the official and forwarded with score and remarks to the Secretary of the League.

Rules as to eligibility apply to these championships as to other

contests.

The ball to be used in all match games by the high schools

shall be Spalding's Official Basket Ball No. M.

After the selection of neutral courts for the Basket Ball Championships, no games shall be played nor practice allowed on said courts.

RULE VIII.

RULES GOVERNING SOCCER FOOT BALL TOURNAMENTS-ELEMENTARY SCHOOLS.

Regular P.S.A.L. rules of eligibility shall apply.

The tournament shall be held during the fall, and must be

completed by January 1.

The rules as printed in Spalding's Association Foot Ball Guide shall be official, except that the game shall consist of two halves of twenty minutes each, with ten minutes' intermission and that any number of substitutes shall be allowed at any time during the game.

HIGH SCHOOLS.

The schedule for this tournament shall be arranged by the High Schools Games Committee. It shall take place in the fall,

P.S.A.L. Rules of eligibility shall govern.

Spalding's Association Foot Ball Guide shall be official, except

that the game shall consist of two halves of thirty minutes, with an intermission of ten minutes, and that any number of sustitutes shall be allowed at any time during the game

The home team shall furnish the ball, which shall be the Spalding Official No. L Association "Soccer" Foot Ball.

RULE IX.

RULES GOVERNING BASE BALL TOURNAMENTS-ELEMENTARY SCHOOLS.

Schedules will be arranged for each of the different "Divisions."

The Elementary Schools Games Committee will then arrange a schedule for the winners of the Division Championships to play for the Group Championship. The Committee will have general charge of the competitions.

The general rules of athletics, as they appear in these Rules, shall govern these contests in all questions that may arise as

to eligibility.

The rules, as published in Spalding's Official Baseball Guide for each year, shall govern all competitions in the elementary schools except that a full game may consist of seven innings. This is to be decided by the Committee.

HIGH SCHOOLS.

A schedule for the High Schools tournament shall be arranged by the High Schools Games Committee at its first meeting after the opening of school in the fall.

The general rules of eligibility shall govern base ball as in

other branches of athletics.

Spalding's Official Base Ball Rules shall apply in the high schools tournament.

RULE X.

RULES GOVERNING CROSS-COUNTRY RUNNING.

Regular P.S.A.L. rules of eligibility shall apply.

In championship competitions there shall be five members per team and three substitutes.

The course shall be three miles in length, and must be so marked that runners may be able to follow it without difficulty.

Only those boys shall be allowed to take part in competitions who have prepared themselves by participation in preliminary

Points shall be awarded in the order in which the runners finish. One for first, two for second, three for third, four for fourth, etc.

A trophy shall be awarded for one year to the team scoring

the smallest number of points.

Prizes shall be given to the first five boys to finish.

RULE XI.

INDUCEMENTS.

No school, under penalty of expulsion from the League, shall, through any of its officers, or by any other means, directly or indirectly, offer any inducement to a pupil of any other school to sever his connection with such school for athletic purposes.

RULE XII.

PROTESTS.

All protests referring to the eligibility of the contestant must be submitted in writing to the Games Committee.

All other protests must be submitted to the Referee of the games, who has it in his power to allow the protested individuals

or teams to run under protest.

No protests with reference to scholarship, amount of work, time in school or age of boys shall be considered when the same have been certified to by the Principal by his signature on the entry blank. Evidences as to any of these points may be presented to the Principal, who shall have full power to pass upon it.

In the case of a boy who is large and mature for his age, the Principal shall be requested to look up the record of his birth with all possible care, as a precaution in case he is pro-

tested, and have him secure a birth certificate if possible.

In case of impossibility to produce birth certificates, all evidence in regard to age of pupils shall be submitted to the Games Committee and the Committee shall have full power to pass upon such evidence

The League holds it within its jurisdiction to decide all protests made in events sanctioned by it. These protests are set-

tled by the Games Committee and their decision is final.

In case a boy's amateur status is questioned, the matter shall be referred to the secretary of the League for action.

RULE XIII.

ENTRIES.

All entries for competition held under the Public Schools Athletic League must be made on the entry forms adopted by the League.

These entry forms must be carefully filled out and must be signed by the Principal of the School; otherwise they will be

rejected.

No post entries shall be received.

If any competitor enters an event and then fails to compete, he must send a valid excuse to the Secretary of the Public Schools Athletic League, Failing in this, he may be suspended.

RULE XIV.

SANCTIONS.

All events or games, whether given by public schools or other organizations, that are open to public school boys, must be sanc-

tioned by the Public Schools Athletic League.

Any boy who competes in games or events that are not sanctioned by the Public Schools Athletic League renders himself liable to suspension, and, if he persists in this participation in unsanctioned events, he may be cut off entirely from competition in all events or games given under the sanction of the Public Schools Athletic League.

The following conditions must be complied with before sanc-

tion can be given by the League:

CONDITIONS.

A club or organization giving a public school event must secure the sanction before announcing the same.

. The conditions under which the event will be held must be

printed plainly on the entry blank.

At least five days before the event takes place the names of the contestants must be submitted to the Secretary of the Public Schools Athletic League for approval or disapproval.

In accepting this sanction, the club or organization agrees to

abide by the decision of the Games Committee of the Public Schools Athletic League in so far as the eligibility of the different contestants or schools is concerned.

All rules of the Public Schools Athletic League as to eligibility, age, class standing, etc., must be insisted upon in all events

open to school boys.

Promoters of athletic meets must distinctly state whether the scholastic event is open to the public schools of Washington or the public schools of the United States.

The Secretary will notify all schools of the class invited of

every event for which sanction has been issued.

All protests as to eligibility, etc., will be settled by the Games

Committee of the Public Schools Athletic League.

When an event is sanctioned and prizes duly announced, the event must be run, and prizes awarded according to announcement.

RULE XV.

RECORDS.

No record shall be allowed unless the performance has been timed by at least three timekeepers or measured by at least three field judges. The Games Committee shall investigate every performance to which their attention is called, and shall reject any record which shall not be supported by the affidavits of at least six witnesses, including the officials, certifying as to the place, time of day, state of weather, condition of path or field, force and direction of wind, level or grade of grounds, weight, measurement, and material of implement and correctness of announced time or distance.

In hurdling events the competitor must clear every hurdle and all the hurdles must remain standing; otherwise no record shall

be allowed.

No record shall be allowed unless made in open competition. A record made in any championship meet of the Public Schools Athletic League shall be known as a Public Schools Athletic League record. A record made at a meet sanctioned by the Public Schools Athletic League, but not open to all schools, shall be known as an Interscholastic record.

RULE XVI.

CLASS ATHLETICS.

Athletics for All the Boys-

In this form of athletics a record is made by the whole class instead of by an individual.

At least 80 per cent of the boys enrolled in the class must take

part in order to have the record stand.

The number taking part must not be less than eight.

Trophies to be held one year will be awarded in each Division by the Public Schools Athletic League to the 5th, 6th, 7th and 8th year classes for the best Class Records made in each of the following events:

Standing broad jump, tested in the fall. Pull up, or "chinning," tested in the winter. Running, tested in the spring.

(Distances for running: 5th year, 40 yards; 6th year, 50 yards; 7th year, 60 yards, 8th year, 80 yards.)

Classes may be tested as follows:

STANDING BROAD JUMP.

The best record made in three trial jumps is taken for each boy. The class record is determined by adding the individual records and dividing the total by the number of boys competing. Jumping must be done from a line. Many schools cannot have a "take off" without considerable inconvenience.

PULL OF (CHINNING).

The boy shall extend himself to his full length before and after each pull-up, and shall be obliged to raise his body without a kick, snap, jerk or swing to such a height as to bring his chin higher than the bar.

RUNNING.

In order to lessen the possibility of error in timing the competitors, the following method has been adopted: The boys are lined up behind the starting mark in the order in which they are to run; the timer, who also acts as starter, stands at the finish line and gives the signal for each boy to start. As the first runner crosses the finish line the second runner is given the signal to start. As the last boy crosses the finish line the watch is stopped. The record is found by dividing the time elapsed by the number of boys competing. If an ordinary watch is used the first boy should be started when the second hand is over the "60" mark.

Blanks will be furnished for reporting the tests, which are to be sent in as follows:

Standing broad jump, on or before December 1. Pull up, on or before April 1. Running, on or before June 1.

Each school is expected to conduct its own tests.

All boys are considered eligible for Class Athletics, subject to

the approval of the Principal.

When the records are all in, the three classes in each Division having the best records for their grade will be tested officially. If a record is then made better than any other record sent in, the trophy will be awarded to the class making it. If, however, the records made at the official test are lower than other reported records, the classes will be tested in order until a record is made at an official test that is higher than any other reported or official record.

The trophies are perpetual. They are in the form of a shield, with bronze plates for engraving the names of schools that win them from time to time. These trophies are offered for competition once each year. Each school winning a trophy will re-

ceive an engraved certificate as its permanent property.

This form of athletics is especially desirable, as it gives every boy an opportunity to take part, and the size of the school does not in any way affect the chances of winning a trophy.

The boys should practice by themselves in the yard, on the

street, at home, or elsewhere, prior to the tests.

Frequent preliminary tests are recommended.

CONSTITUTION OF DIVISION ATHLETIC LEAGUES

ARTICLE I.

NAME.

The organization shall be known as Divison Athletic League No.....

ARTICLE II.

PURPOSES.

Its purpose shall be to promote athletics among the following public schools of Washington, D. C.:...

under and in connection with the Public Schools Athletic League. In doing this it will:

(a) Take charge of competitions for and distributions among the schools in the Division the buttons awarded by the P.S.A.L.

(b) Select the competitors who are to compete from such schools in athletic meetings of the P.S.A.L.

(c) Supervise and promote athletic contests in and among the

schools in such division.

(d) Assist in providing grounds, apparatus and other things required for the promotion of athletics and physical training among the children attending other schools.

ARTICLE III.

MEMBERSHIP.

It shall consist of:

(a) Not more than two faculty athletic representatives from each of the several schools of Division No.....

(b) The Supervising Principal of such division(c) The physical training teachers of the Division.

(d) Such other persons as may be interested in promoting the purpose for which the League is formed and who shall be chosen by a two-thirds vote of the foregoing persons for such period and upon such terms as they shall think proper.

ARTICLE IV.

OFFICERS AND COMMITTEES.

The officers shall consist of a President, Vice-President, and Secretary-Treasurer who shall be elected at each annual meeting. These shall respectively have the general powers incidental to those offices.

ARTICLE V.

GAMES COMMITTEE.

The President shall appoint a Games Committee for the Group, to consist of one physical training teacher and two other members who, subject to the control of the P.S.A.L. Games Committee, shall arrange for all competitive athletic events, arrange the schedules in this division, and decide all contests therein not decided by referees appointed by them.

ARTICLE VI.

SPECIAL COMMITTEES.

The President shall appoint any other committees that the members determine to be necessary and one member of the Elementary Games Committee of the P.S.A.L.

ARTICLE VII.

MANAGEMENT.

All rules and regulations adopted by the P.S.A.L. shall be binding upon the organization, and it will accept and abide by all decisions that may be made by the Executive Board of said League.

ARTICLE VIII.

MEETINGS.

The annual meeting of this league shall be held on the first Thursday of October in each year. Regular meetings shall be held as determined at the annual meeting. Special meetings may be called by the President, and a meeting shall be called by him on the written request of three members. Two days' notice of all meetings shall be given by the Secretary to each member. Five members shall constitute a quorum.

SUGGESTED FORM OF CONSTITUTION FOR SCHOOL ATHLETIC ASSOCIATIONS

CONSTITUTION

OF THE

ATHLETIC ASSOCIATION OF PUBLIC SCHOOL, (NAME).

DIVISION NO. CITY OF WASHINGTON, D. C.

ARTICLE I.

NAME.

ARTICLE II.

OBJECT.

The object of this Association shall be to advance and direct clean athletics among the pupils of this school.

ARTICLE III.

MEMBERSHIP.

Section 1. The members of this Association shall be those teachers and pupils who agree to work for the honor of the school in this direction.

SEC. 2. Any public spirited citizen interested in the development of athletics in this school may be elected to membership.

SEC. 3. The regular membership dues shall be five cents per month.

ARTICLE IV.

OFFICERS, ELECTION AND DUTIES.

Section 1. The officers of this Association shall be a President, Vice-President, Secretary, Treasurer, and Assistant Treasurer.

Sec. 2. Officers shall be elected annually on the first Friday of the October term.

SEC. 3. The regular duties of officers, as stated in Cushing's

Manual, shall be recognized in this Association.

SEC. 4. The Treasurer shall be a member of the faculty of the school.*

SEC. 5. The Principal of this school shall have absolute veto power in all matters of the Association.

ARTICLE V.

COMMITTEES.

Section i. There shall be two regular committees, known as

the Executive Committee and the Games Committee.

SEC. 2. The Executive Committee shall consist of the regular officers and one representative from each of the four upper grades.

SEC. 3. The Games Committee shall have charge of all ath-

letic competitions.

ARTICLE VI.

CONDUCT OF MEMBERS.

Section I. Any member doing that which will bring discredit on the school may be reprimanded or suspended by vote of the Executive Committee.

All things that are dishonest or discourteous are accounted as

detrimental

SEC. 2. No person who is a member of this Association and who is under 18 years of age shall smoke. Violation of this rule shall involve suspension.

ARTICLE VII.

AMENDMENTS.

This Constitution may be amended by a two-thirds vote of members present at any regular meeting, provided such amendment shall have been approved by the Principal of the school.

What an Athlete Needs



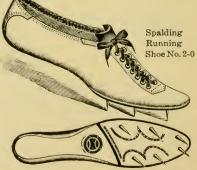
Spalding Cross Country Shoe No. 14C.

It is very important that the beginner in athletics should know what to wear for the different sports. The cross country runner requires a shoe with a low, broad heel, and spikes in sole of shoe: he can have spikes in the heel or not, just as it suits him. A pair of Spalding's No. 14-C shoes, which are made of the finest kangaroo leather, and used by all the prominent crosscountry runners. \$6.00 per pair.

sprinter will require a pair of sprinting shoes, No. 2-0, that cost \$6.00. The sweater, No. A, of finest Australian lamb's wool, was made originally by special order for the Yale foot ball team and now used by all college athletes, is one of the best in the market, sells for \$6.00; athletic shirt, No. 600, at \$1.25; athletic

pants, No. 3, at 75 cents; a supporter is very essential for an athlete and nearly all the champions use them; No. 5 is the most suitable one and retails at 75 cents; a pair of corks will cost the athlete 15 cents; pushers for the running shoes, 25 cents; the bath robe is now an essential part of an athlete's outfit—these cost from \$2.50 up.

The second quality of the same line of goods can be bought as fol-



lows: Sprinting shoes, No. 10, \$5.00; sweater, No. B, \$5.00; shirt, No. 6E, 50 cents; pants, No. 4, 50 cents; supporter, No. 72, 50 cents; corks, No. 1, 15 cents; pushers, No. 5, 25 cents; bath robe, from \$2.50 up

SPALDING'S ATHLETIC LIBRARY.

The pole-vaulter will want the same outfit, with the exception of a pair of jumping shoes, No. 14-H, which sell for \$6.00, and a pair of wrist supporters, No. 200, which can be bought for 40 cents. There is one article that a pole vaulter must have, and that is his own pole. There is everything in getting used to a pole and having confidence in the one that is yours, because

no other contestant is allowed to use it, according to the rules, which is quite right, for it has often occurred where a pole-vaulter made the mistake of allowing much heavier men to use his pole and break it. Any one can naturally understand that a man who weighs 160 pounds cannot use a pole designed for a man weighing 115 pounds. The pole now most commonly used is the Spalding Bamboo Pole. The 10-foot lengths cost \$4.00, 12-foot \$4.50, and



Spalding Jumping and Hurdling Shoe No. 14H

the 14 and 16-foot lengths, \$5.00. Usually the vaulter will wrap the pole to suit his own tastes. For those who prefer the spruce poles, they come in 14-foot lengths at \$6.00 each and 16-foot lengths at \$7.00. The greatest care is exercised in making these poles and only the most perfect and thoroughly seasoned pieces of spruce are used. All of this goes to make them what we claim to be—the only poles really fit and safe for an athlete to use.

The high jumper and the broad jumper will want an outfit as follows: Jumping shoes, No. 14-H, \$6.00; sweater, No. A, \$6.00; shirt, No. 600, \$1.25; pants, No. 3, 75 cents; supporter, No. 5, 75 cents; corks, No. 1, 15 cents; pushers, No. 5, 25 cents; bath robe, from

\$2.50 up.

An outfit with several of the articles of a cheaper grade than the above, costs: Jumping shoes, No. 14-J, \$4.50; sweater, No. B, \$5.00; shirt, No. 6-E, 50 cents; pants, No. 4, 50 cents; supporter, No. 2, 50 cents; corks, No. 1, 15 cents; pushers, No. 5, 25 cents; bath robe, from \$2.50 up.

For the runner who wishes to pay less than the previous prices quoted (Nos. 2-0 and 10 are hand made), Spalding's make two styles of machine-made shoes which will give good service. They

SPALDING'S ATHLETIC LIBRARY.

are catalogued as No. 11T, at \$4.00, and No. 11 at \$3.00 per pair. For the schoolboy they make up especially No. 12, complete with

spikes, in sizes 12 to 5 only, for \$2.50 per pair.

Indoor shoes require a little different construction from outdoor. Spalding's No. 111, made of fine leather, rubber tipped sole, with spikes, cost \$4.00 per pair. No. 112, without spikes, but with special corrugated rubber tap sole, costs \$3.00, while there is still another quality, No. 114, at \$2.50 per pair. The boys' special shoe, in sizes 12 to 5 only, without spikes, cost \$2.00 per pair. Indoor jumping shoes, No. 210, cost \$5.00 per pair.

For the long distance runner Spalding makes a line of shoes known as the "Marathon," finished inside so as not to hurt the feet in a long race. They are hand sewed and cost \$5.00 per

pair, in either high cut or low cut.

The walking event in an athletic competition requires a low cut shoe of light but strong leather, and should not have spikes, as the latter have a tendency to bring the walker on his toes, thereby causing him to walk unfairly and subject himself to disqualification. Spalding's Olympic walking shoe, No. 14W, is

made of finest kangaroo leather and costs \$5.00 per pair.

The man who throws the weights will require the same wearing apparel as the pole-vaulter or the runner. John Flanagan and James Mitchel, two of the greatest weight throwers in the world, and Martin Sheridan, the all-around champion of America, wear what is known as the No. 14-H shoe, with a short spike, which retails for \$6.00. It is very essential that the weight thrower and the discus thrower should have his own implements; in fact nearly all the champion weight throwers carry their own weights

with them and guard them jealously.

Without doubt the best hammer in the market to-day is the ball-bearing championship hammer as designed and used by John Flanagan, the record holder and champion thrower of the world. This sells for \$5.50. An extra leather case for carrying these hammers will cost the athlete \$2.00. The regulation hammer, lead, you can get for \$5.00 and the iron at \$3.75. The 56-lb. weight, lead, will cost \$12.00. A weight thrower who wants to become expert should carry his own weights and particularly his own hammer. He can then arrange to have the grip made to suit himself, and when necessary to cover it with leather, and he will not be called upon when he goes to a competition to take the ordinary hammer with a handle with which he is not familiar. The 16-lb. shot, lead, will cost \$3.50, and the iron, \$1.75.

As these weights, however, are too heavy for the youthful athlete, the Spalding 5-lb. shot for schoolboy use has been devised, and has met with the instant approval of leading athletic authorities and been endorsed by the Public Schools Athletic League.

It is made in the most thorough manner and will stand any amount of use. Two styles are made, one for indoor the other for outdoor use. For use in schoolyard playgrounds, or where it is desirable to have the shot roll only a short distance, the No. 5 lead shot, covered with special reinforced and cushioned leather, is recommended; price \$4.00. This shot will not lose weight, even after considerable use, and its construction renders it specially adapted to board floors, as the latter will not sustain any injury from the shot striking it, as would be the case if the unprotected solid style were used. However, for those who prefer the uncovered solid iron shot, that style is also made in the 5-lb. weight, and costs \$1.00. An 8-lb. shot is also made for juvenile use; in lead, leather covered, it costs \$5.00, and in solid iron, not covered, \$1.25.

Owing to the interest in the Olympic Games since their revival at Athens in 1896, and the capture of the classical Greek event by Americans, first by Robert Garrett in 1896 and subsequently by Martin Sheridan, an athletic meeting is not considered complete now without that event on the programme. The Spalding Official Discus costs \$5.00. For schoolboy events the proper discus, as officially adopted by the Public Schools Athletic League, is the "Youths' Discus," and costs \$4.00.

An event that has come into prominence is throwing the javelin, which was a feature at the Olympic Games and is very popular in Sweden, and is also now included in the A. A. U. programme. It necessarily requires plenty of space. The winner at the Olympic Games in London in 1908 was Lemming of Sweden, who also carried off the prize at Athens in 1906. His distance at London was 179 feet 10½ inches. The Spalding javelin, made in correct length, weight and balance, steel shod, costs \$5.00 each.

Two events that always attract interest at an athletic meet, usually when held indoors, are the three-legged race and the sack race. In the former the two contestants have their adjoining legs fastened together by means of straps at the thigh and ankle, leaving the other leg of each free. These straps preclude the possibility of falling or coming undone in the contest. Ankle

straps and thigh straps, complete, cost \$2.50.

For sack racing, a light but strong bag, but not too large, is necessary. Spalding makes a bag of burlap, with draw strings and reinforced at the bottom, where the wear comes, with a strong piece of canvas. These cost \$1.00 for boys' size and \$1.50 for men's size and will last indefinitely. A boy who goes in for this event, should by all means have his own bag, to accustom himself to its use.

Every athlete has heard of Mike Murphy, the famous trainer of the University of Pennsylvania, formerly of Yale, and the wonderful qualities he can develop in an athlete. He is famous for the perfect condition in which he brings his charges into a contest and the ingredients and method of preparation of his "Rub In" liniment have been a closely guarded secret. He has now turned the formula over to A. G. Spalding & Bros., knowing that it will be prepared in the same careful manner as if he compounded it himself. Small bottles cost 25 cents and large ones 50 cents. Every athlete should keep a bottle always at hand.

Clubs or schools outfitting their athletes would do well to secure Spalding's combination prices on athletic apparel, which are quoted on lots of six or more suits. They represent a material reduction from the cost when individual articles are purchased separately. A letter to any Spalding store (see inside of front cover for one nearest to you) will bring a catalogue and

full information by return mail.

Athletes should make it a point to have two suits of athletic apparel, one for competition and one for practice purposes. The clothing that some of our crack athletes wear in competition is a disgrace to athletics, and it adds a great deal to an athlete's appearance to appear neat and clean when taking part in athletic competition. In practice within one's club or grounds almost any kind of clothing can be used. A sprinter should have two pairs of running shoes, one a very heavy pair for practicing in (the cross-country shoe, No. 14-C, makes a very good shoe for this purpose, and can be had with or without spikes on heels), and a light pair for racing. One of the best professional sprinters that ever wore a shoe made it a point to train for all his races in very heavy sprinting shoes. Aside from the benefit that is claimed for practicing in heavy shoes, you always feel as though you have a pair of shoes that will be ready for any race that s scheduled, and bear in mind it does not pay to buy athletic implements or clothing that are cheap. They don't wear and cannot give you the service that you will get from articles that are official and made by a reputable house.

No athletic contest can be successfully held unless the competitors have numbers that can be easily distinguished, not only by the officials, but by the spectators. The price of Spalding numbers, on strong manila paper, is so cheap that the management of any set of games can afford to get them. They cost 25 cents for a set of numbers from 1 to 50, and at the same rate in

sets of 75, 100, 150, 200, 300, etc., up to 2,000.

Athletes and athletic club officials would do well to procure a copy of the Athletic Primer (No. 87 of Spalding's Athletic Library). This book fully covers the construction of athletic grounds and tracks, the management of games, formation of new clubs, etc. It also contains illustrations and diagrams of what might be considered a perfect athletic track.

SPALDING'S ATHLETIC LIBRARY.

The formation of Public Schools Athletic Leagues and the great interest now taken in athletics in the schools has led to the compilation, by Mr. J. E. Sullivan, secretary-treasurer of the Amateur Athletic Union and member of the Board of Education of Greater New York, of a book entitled "Schoolyard Athletics," which is published in Spalding's Athletic Library, price to cents. It is designed for the use of both teacher and pupil and is written in a clear and concise style that will make it invaluable to all who are interested in that branch of physical training now distinctively classified as "athletics."

An athlete, or follower of athletics, cannot afford to be without a copy of Spalding's Athletic Almanac, which is published in January of each year. It contains all the authentic records of track and field events and swimming that are the best on record, collegiate events, foreign records and pictures of leading athletes and prominent athletic teams. It is No. 12 of Spalding's Athletic

Library and costs 10 cents, postpaid.

The foregoing descriptions and prices form but a small portion of the complete list of goods in the Spalding catalogue, which contains pictures and prices of everything that an athlete wears or uses. This catalogue will be sent free to any address on request to a Spalding store, a list of which can be found on inside front cover of this book.

OFFICIAL RULES FOR ALL ATHLETIC SPORTS.

The following list contains the Group and the Number of the book of Spalding's Athletic Library in which the rules wanted are contained. See front pages of book for complete list of Spalding's Athletic Library.

EVENT-	Group	No.	EVENT.	Group	No.
					005
All-Round Athletic Cham-			Lawn Bowls	11	207
pionship	12	182	Lawn Games	11	188
A. A. U. Athletic Rules	12	12A	Lawn Tennis	4	4
A. A. U. Boxing Rules	12	12A	Obstacle Races	12	55
A. A. U. Gymnastic Rules.	12	12A	Olympic Game Events-Mar-		
A. A. U. Water Polo Rules.	12	12A	athon Race, Stone Throw-		
A. A. U. Wrestling Rules	12	12A	ing with Impetus, Spear		
Archery	11	248	Throwing, Hellenic Method		
Badminton	11	188	of Throwing Discus, Dis-		
Base Ball	1	1	cus, Greek Style for Youths	12	55
Indoor	9	9	Pigeon Flying	12	55
Indoor	7	7	Pin Ball	12	55
Collegiate	7	353	Playground Ball	1	340
Women's	7	7 A		10	199
Water	12	55	Polo (Equestrian)	12	55
Basket Goal	6	188	Polo, Rugby	12	12A
Bat Ball	12	55	Polo, Water (A. A. U.)		12A
	12	55	Potato Racing	12	14A
Betting	11	341	Professional Racing, Shef-		
Bowling	11	0.47	field Rules	12	55
Boxing-A. A. U., Marquis			Public Schools Athletic		
of Queensbury, London	4.4	162	League Athletic Rules	12	313
Prize Ring	14		Girls' Branch; including		
Broadsword (mounted)	12	55	Rules for School Games.	12	314
Caledonian Games	12	55	Push Ball	11	170
Canoeing	13	23	Push Ball, Water	12	55
Children's Games	11	189	Quoits	11	167
Court Tennis	11	194		11	194
Cricket	3	3	Racquets	12	55
Croquet	11	138	Ring Hockey	6	180
Curling	11	14		10	10
Dog Racing	12	55	Roller Polo Roller Skating Rink	10	10
Fencing	14	165		11	271
Foot Ball	2	2	Roque	13	128
A Digest of the Rules	2	344	Rowing		
Association (Soccer)	2	2 A	Sack Racing	12	55
English Rugby	12	55	Shuffleboard	12	55
Canadian	2	332	Skating	13	209
Golf	5	5	Skittles	12	55
Golf-Croquet	6	188	Snowshoeing	12	55
Hand Ball	11	13	Squash Racquets	11	194
Hand Polo	10	188	Squash Tennis	4	354
Hand Tennis	11	194	Swimming	13	177
Hitch and Kick	12	55	Tether Tennis	11	188
Hockey	6	304	Three-Legged Race	12	55
Ice	6	6	Volley Ball	6	188
Field.	6	154	Wall Scaling	12	55
Garden	6	188	Walking	12	55
Lawn	6	188	Water Polo (American)	12	12A
Parlor	6	188	Water Polo (English)	12	55
	12	55	Wicket Polo	10	188
Ring Ontario Hockey Ass'n	6	256	Wrestling	14	236
Indoor Base Ball	9	9	Y. M. C. A. All-Round Test.	12	302
	12	349	Y. M. C. A. Athletic Rules.	12	302
Intercollegiate A. A. A. A. A.	15	345	Y. M. C. A. Hand Ball Rules.	12	302
IC. Gymnastic Ass'n	8	201	Y.M.C.A. Pentathlon Rules.	12	302
Lacrosse	8	8	Y.M.C.A. Volley Ball Rules.	12	302
U. S. IC. Lacrosse League	0	. 6	1.m.C.A. voney Dan Rules.	10	1 004

SPALDING **Indoor Running and Jumping Shoes**

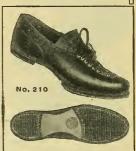


No. 111. Spalding Indoor Running Shoe. Calfskin, special corrugated rubber sole, with Per pair, \$4.00 spikes. Spalding Indoor Jump-No. 210. ing Shoe. Hand made. Calfskin uppers; rubber tap sole and rubber heel. Pair. \$5.00

CHAMOIS PUSHERS

No. 5. Fine chamois skin. Used with running, walking, jumping and other athleticshoes







PROTECTION FOR RUNNING SHOE SPIKES

No. N. Thick wood, shaped and perforated to accommodate spikes. Pair, 50c.

CORK ATHLETIC GRIPS

No. 2. Best quality cork, with elastic bands. Per pair. 20c. No. 1. Selected cork, shaped. Per pair, 15c.





No. 112. Spalding Indoor Running Shoe. Good leather; with rubber tap sole. No spikes. Pair. \$3.00 * \$32.40 Doz.

No. 114. Spalding Indoor Run-

ning Shoe. Leather uppers; rubber tap sole. No spikes. Pair. \$2.50 * \$27.00 Doz.

JUVENILE INDOOR RUNNING SHOES

No. 115. Leather, good quality, without spikes. Sizes, 12 to 5 Per pair, \$2.00



For Indoor Shoes, especially when the feet perspire, the uppers should be kept soft and pliable with SPALDING WATERPROOF OIL. It will extend the life of shoes. Per can, 25c.

The prices printed in italics opposite items marked with * will be quoted only on orders for one-half dozen or more. Quantity prices NOT allowed on items NOT marked with *

PROMPT ATTENTION GIVEN TO ANY COMMUNICATIONS ADDRESSED TO US

A. G. SPALDING & BROS. RES IN ALL LARGE CITIES

TRADE-MARK GUARAI THE SPALDING (

ng "Olympic Championship" S
Running and Walking

All of these shoes are hand made. Finest kangaroo leather uppers and best white oak leather soles. They are the same style shoes that we supplied to the American athletes who were so successful at the last Olmypic Games in London, and they are worn in competition by all prominent athletes in this country.





No. 2-0

No. 14C

No. 14W

Spalding "Olympic Championship"

No. 2-0, "Sprint" Running Shoe. Extremely light and glove fitting. Hand made steel spikes firmly riveted on This shoe is worn by all champions in sprint and short distance races. Per pair, \$6.00

No. 1 4C. "Distance" Running Shoe. | No. 14W. For distance races on athletic Low, broad heel, flexible tracks. shank. Hand made steel spikes in sole. No spikes in heel.

Per pair, \$6.00

Walking Shoe. competition and match races. style shoe is used by all champion walkers. Per pair, \$5.00

Spalding

MARATHON Magarian LONG DISTANCE

Running Shoes



Keep the uppers of all Running Shoes soft and pliable by using SPALDING WATERPROOF OIL.

It will greatly add to wear of shoes. Per Can, 25c.



Spalding "Marathon" Long Distance Running Shoes

No. MH. High cut but light in weight. Well finished inside so as not to hurt the feet in a long race, especially over uneven roads. Corrugated rubber tap sole, and light leather heel covered with rubber; special quality black calfskin uppers. Hand sewed. Pair, \$5.00

No MO. Low cut, otherwise same as No. MH. shoe being low cut is lighter than the regular high cut of same grade. It is made so that it will not chafe, and is recommended where lightness is particularly desired in a Marathon run. Hand sewed Pair, \$5.00

PROMPT ATTENTION GIVEN TO ANY COMMUNICATIONS ADDRESSED TO US

ACCEPT NO THE SPALDING (TRADE-MARK QUARANTEES QUALITY

Spalding "Olympic" Jumping and Hurdling Shoes



SPALDING "OLYMPIC CHAMPIONSHIP"

No. 14 H. Jumping Shee. Specially stiffened sole. Hand made steel spikes placed according to latest ideas of champion jumpers. This is also the correct shee to use for shot putting and weight and hammer throwing.

Per pair, \$6.00



SPALDING JUMPING SHOE

No. 14J. Calfskin Jumping Shoe. Partly machine made. Satisfactory quality and durable. Per pair, \$4.50



SPALDING
"OLYMPIC CHAMPIONSHIP"

No. 14F. Hurdling Shoe. Made on same last as our Sprint Running Shoe. Hand made steel spikes. A really perfect shoe for hurdling. Made to order only. Not carried in stock.

Per pair, \$6.00

SPALDING POLE VAULTING AND RUNNING SHOES





SPALDING "OLYMPIC CHAMPIONSHIP"

No. 14V. Pole Vaulting Shoe. High cut; special last; hand made; finest kangaroo leather uppers and best white oak leather soles. This is the style shoe we supply to the record holders for pole vaulting. Steel spikes in sole; one spike in heel. Made to order only; not carried in stock. Per pair, \$6.00

SPALDING RUNNING SHOES

No. 10. Finest Calfskin Running Shoe. Light weight; hand made; steel spikes. Per pair, \$5.00

The nppers and soles of all Running, Jampling and Vaulting Shoes should be kept soft and pilable by using SPALDING

WATERPROOF OIL. It prevents deterioration of the leather due to perspiration. Per can. 25 Cents.

PROMPT ATTENTION GIVEN TO ANY COMMUNICATIONS ADDRESSED TO US A.G. SPALDING & BROS

Spalding Running Shoes and Suits



Running Shoes

No. I IT. Calfskin, ma-chine made, solid leather tap sole holds spikes firmly in place

Per pair, \$4.00 Calfskin, ma-No II. chine made.

Per pair, \$3.00 * \$30 00 Doz.

Juvenile Running Shoes

No 12. Outdoor Leather Running Shoes, complete with spikes, in sizes 12 to 5 only Per pair \$2 50



Spalding Boys'

Combination prices will be quoted on order for one or more suits as specified. Stripling down sides or around waist, 20c, per pair axtra. Waist, 24 to 20 (unches: Chest, 28 to 30 lunches. Shoe sizes, 11 to 2, inclusive.



With canvas rubber soled shoes

No 6E Shirt..... No 44 Running Pants No KX Shoes. ... Price, if articles are purchased separately Combination Price \$150

SPECIAL COMBINATIONS-We supplied many different styles of running suits to boys for use at Public Schools Athletic League and other athletic meets, particularly in the large cities, but we refer to simply a few of these combination outfits that

have proven popular.

No. 7 Quality With canvas rubber soled shoes					
With	canvas	rubber	soled	sho	es
Consi	sting of			Re	tail
No	16 Shir	t		\$	25
No.	17 Runi	ning Pan	ts		25
No.	KX Sho	oes ,			70
Price,	if art	icles ar	e pur-	_	_
chase	d separa	tely		\$1	.20
	a- 1.	· · ·	\$1	10	

No. A Quality

With leather spiked shoe	8
Consisting of	Retail
No. 6E Shirt	\$.50
No 44 Running Pants	. 45
No 12 Running Shoes	2.50
Price, if articles are pur-	40.45
chased separately	\$3 45

Ronbinatio Prest 3:35

No. B Quality				
With leather spiked shoes.				
Consisting of	Retall			
No. 16 Shirt	\$ 25			
No. 17 Running Pants	25			
No. 12 Running Shoes	2 50			
Price, if articles are pur-				
chased separately	\$3 00			
Author mat 680				

The prices printed in italics opposite items marked with * will be guoted only on orders for one-half dozen Quantity prices NOT allowed on items NOT marked with *

MPT ATTENTION GIVEN TO ANY COMMUNICATIONS ADDRESSED TO US

Consisting of

THE SPALDING (RADE-MARK

SHIRTS.

STOCK COLORS AND SIZES. OUR WORSTED GOODS are turnished in Gray, White, Navy Blue, Maroon, and Black only. Stock sizes: Shirts, 26 to 44 lach, chest. Tights, 28 to 42 lach waist. SANITARY COTTON GOODS. Colors: Bleached White, Navy, Black, Maroon, and Gray, Stock sizes: Shirts, 26 to 44 lach, white, Navy, Black, Maroon, and Gray, Stock sizes: Shirts, 26 to 42 lach weist.

Spalding Sleeveless Shirts-Plain Colors

No. 600. Good quality worsted, stock colors and sizes. Each, \$1.25 \pm \$12.60 Doz. No. 800. Worsted, stock colors and sizes.

Each, \$1.00 * \$10.50 Doz.

No. 6E. Sanitary Cotton, stock colors and sizes. Each, 50c. * \$4.75 Doz.

Spalding Striped Sleeveless Shirts

No. 600S. Good quality worsted, with 6-inch stripe around chest, in following combinations of colors: Navy with White stripe; Black with Orange stripe; Maroon with White stripe; Red with Black stripe; Royal Blue with White stripe; Black with Red stripe; Gray with Cardinal stripe stripe; Gray with Cardinal stripe Each, \$1.50 \(\stripe \)\$15.00 Doz. No. 800S. Worsted. Colors same as No. 600S. Stock sizes. Each, \$1.25 * \$13.50 Doz.

No. 6ES. Sanitary Cotton, solid color body, with 6-inch stripe around chest, in same combinations of colors as No. 600S. Each, 75c. * \$7.50 Doz.

Spalding Shirts with Sash

No. 6WD. Sanitary Cotton, sleeveless, with woven sash of different color from body. Same combinations of colors as No. 600S. To order only; not carried in stock · Each, \$1.25 ★ \$12.00 Doz. No. 6ED. Sanitary Cotton, sleeveless, solid color body with sash stitched on of different color. Same combinations of colors as No. 600S. Each. 75c. * \$7.50 Doz.

Spalding Quarter Sleeve Shirts

No. 601. Good quality No. 6F. Sanitary Cotton, worsted, stock colors and sizes. Each \$1.50 \stacks15.00 Doz. Each, 50c. \stacks4.75 Doz.

Spalding Full Sleeve Shirts

No.3D. Cotton, Flesh, White, Black. Ea. \$1.00 ★\$10.00 Doz.

Spalding Knee Tights No. 604. Good quality worsted, stock colors and sizes. Pair, \$1.25 \(\subseteq \) \$12.60 Doz.

No. 804. Worsted, stock colors and sizes. Pair, \$1.00 * \$10.80 Doz.

No. 4B. Sanitary Cotton, stock colors and sizes. ! Pair, 50c. * \$4.75 Doz.

Spalding Full Length Tights No. 1 A. Best worsted, full fashioned. Stock colors: Black, Navy Blue, and Maroon. Sizes, 28 to 42 inch waist. Pair, \$4.00

No. 605. Good quality worsted, stock colors and sizes.

Pair, \$2.00 \(\pmu \) \$21.60 Doz.

No. 3A. Cotton, full quality. White, Black, Flesh.

Pair. \$1.00 * \$10.00 Doz.

Spalding Worsted Trunks

No. 1. Best worsted, Black, Maroon, and Navy. Pair, \$2.00 No. 2. Good quality worsted, Navy, and Black. Special colors to order. Per pair, \$1.00

Spalding Juvenile Shirts and Tights ONLY SIZES SUPPLIED: Chest, 26 to 30 inches, inclusive; Waist, 24 to 26 inches, inclusive. No.65. Sleeveless Shirt, quality of No. 600. \$1.00 | No.66. Quarter Sleeve Shirt, quality of No.601. \$1.26

The prices printed in italics opposite items marked with * will be quoted only on orders for one-half dozen or more. Quantity prices NOT allowed on items NOT marked with *

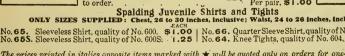




No. 6WD









IN ALL LARGE CITIE

FOR COMPLETE LIST OF STORE SEE INSIDE FRONT COVER OF THIS BOOK

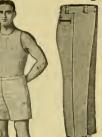
1.15

No. 6005

No. 601

ADE-MARK GU THE SPALDING (

Spalding Athletic Pants



Spalding Y.M.C.A. Trousers

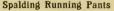
REGULATION STYLE No. 2. Men's Leaders. Blue or Grav flannel, stripe down side of Per pair, \$3.50

No. 3. Flannel, good quality. Per pair, \$3.00 No. 4. Flannel, medium quality. Pair. \$1.75 * \$18.00 Doz.



Spalding Boys' Knee Pants

No. 2B. Boys' Leaders. Blue flannel Y. M. C. A. Knee Pants, stripe down side. . Per pair. \$2.50 No. 14B. Boys' Knee Pants, material same quality as No. 4 Y. M. C. A. trousers, with stripe down side, Per pair, \$1.00 ★ \$10.80 Doz.



White or Black Sateen, fly front, lace back. Pair. \$1.25 * \$12.00 Doz.

No. 2. White or Black Sateen, fly front, lace back. Pair. \$1.00 \ \$10.00 Doz. No. 3. White or Black Sateen, fly front, lace back.

Pair, 75c. * \$7.80 Doz. No. 4. White, Black or Gray Jean, fly front, lace back.

Per pair, 50c. * \$5.00 Doz. No. 44. Same quality as No. 4, but in juvenile sizes, not over 26-inch waist. Pair. 45c.

Silk Ribbon Stripes down sides or around waist of any of Per pair, extra, 25c. * \$2.40 Doz. these running pants.

Spalding Velvet Trunks

No. 3. Fine Velvet. Colors: Black, Navy, Royal Blue, Maroon. Special colors to order. Pair, \$1.00 \ \$10.00 Doz. No. 4. Sateen, Black, White. Pair, 50c. ★ \$5.00 Doz.

The prices printed in italics opposite items marked with * will be quoted . only on orders for one-half dozen or more. ? Quantity prices NOT allowed on items NOT marked with *



No. 6E Shirt, white. \$0.50 No. 4 Running Pants.

. 40

\$4.25

Retail

1.50

Spalding Basket Ball Suits



are purchased singly. Combination Price 2.15

No. 600 Shirt. \$1 25 No. 5B Pants. 1.00 No. 3RC Stockings No. K Shoes. Price, if separate articles are purch Combination Price 3.35

Consisting of

No. 4RC Stockings. No. K Shoes. .QO Price, if separate articles composing \$2.30 chased singl Contination Price 1.90 Retait | No. 4T SUIT Consisting No. 6005 Shirt. \$1.50 No. 5B Pants. 1,00 No. 3RC Stockings. No. M Shoes. 1 00

Price, if separate ar-

ticles composing

Confiration Price 360 SPALDING GYMNASIUM SUITS



Consisting of Retait No. 6E Shirt, white. \$0.50 No. 4 Running Pants. No K Shoes Price, if separate articles composing are purchased singly. Contination Price 160

outfit are purchased singly

No. 2G SUIT

Consisting of No. 6E Shirt, white. . \$0.50 No. 14B Knee Pants. No. K Shoes. Price, il separate articles composing \$2 40

Consisting of No. 600 Shirt M. C. No. 4 Y Tronsers I Shoes. rice, if separate articles composing outfit are purchased singly.

are purchased singly,

No. 3G SUIT

Combination Price 3.75

OMPT ATTENTION GIVEN TO ANY COMMUNICATIONS ADDRESSED TO US

ACCEPT NO THE SPALDING (TRADE-MARK QUALITY QUALITY



SPALDING AUTOMOBILE AND WINTER SPORTS SWEATERS

Cuts on this page all show the No. WJ Sweater with collar turned in various shapes to suit the convenience and comfort of the wearer.





FOR automobiling, training purposes, reducing weight, tramping during cold weather, golfing, shooting, tobogganing, snowshoeing. High collar may be turned down quickly, changing into neatest form of button front sweater. Sizes 28 to 44 inches. Carried in stock in Gray and White only. See list below of colors supplied on special orders.

No. WJ. Highest quality special heavy weight worsted.

Each, \$7.50 * \$81.00 Doz.

No. WDJ. Fine quality standard weight worsted. Same style as No. WJ, but lighter weight.

Each, \$6.00 * \$63.00 Doz-

The dozen prices printed in italics will be quoted only on orders for one-half dozen or more.

We allow four inches for stretch in all our sweaters, and sizes are marked accordingly. It is suggested, however, that for very

Theavy men a size about two inches larger than coat measurement be ordered to insure a comfortable fit.

SPECIAL ORDERS—In addition to stock colors mentioned, we supply these sweaters without extra charge, on special orders only, not carried in stock, in any of the following colors:

Black Maroon Scarlet

Navy Columbia Blue Dark Green Seal Brown

N. B.-We designate three shades which are sometimes called RED. They are Scarlet, Cardinal,

Maroon. Where RED is specified on order, we supply Cardinal.

Plain colors, other than the above, to order only, 50c. each garment extra.

SPECIAL NOTICE—Solid colored sweaters with one color body and another color (not striped) collar and cuffs furnished in any of the colors noted, on special order at no extra charge,



A. G. SPALDING & BROS. STORES IN ALL LARGE CITIES

Jacket Sweaters

Sizes: 28 to 44 inches chest measurement.

We allow four inches for stretch in all our sweaters, and sizes are marked accordingly. It is suggested, however, that for very heavy men a size about two inches larger than coat measurement be ordered to insure a comfortable fit.



No. VG. Showing special trimmed edging end cuffs aupplied, if desired, on jacket sweaters at no extra charge.

BUTTON FRONT

No. VG. Best quality worsted, heavy weight, pearl buttons. Carried in stock in Gray or White only. See list below of colors supplied on special orders.

Each, \$6.00 * \$63.00 Doz. No. DJ. Fine worsted, standard weight, pearl but-tons, fine knit edging. Car-ried in stock in Gray or White only. See list below of colors supplied on special orders. Each, \$5.00 * \$54.00 Doz.

No. VK. Special broad knit. good quality worsted, pearl buttons. Carried in stock in Gray or White only, See list below of colors supplied on special orders.

Each. \$5.00 \ \$54.00 Doz.



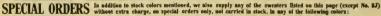


WITH POCKETS

No. VGP. Best quality worsted, heavy weight, pearl buttons. Carried in stock in Gray or White only. See list below of colors supplied on special orders. With pocket on either side, and a particularly convenient and popular style for golf players. Each, \$6.50 \(\pm\$ \\$69.00 Doz.

Shaker Sweater

No. 3J. Standard weight, Shaker knit, pearl buttons. Carried in stock and supplied only in Plain Gray. , Each, \$3.50 \pm \$39.00 Doz.



BLACK CARDINAL

No. DJ

MAROON SCARLET NAVY BLUE COLUMBIA BLUE

DARK GREEN SEAL BROWN

Other colors to order only in any quality, 50c. each extra.

SPECIAL NOTICE—Wa will furnish any of the solid color sweaters listed on this page with one color body and another color (not striped) collar and outfis in any of the above colors on special order, at no extra charge. This does not apply to the No. 3J Sweater.

The prices printed in italics opposite items marked with * will be quoted only on orders for one-half dozen or Quantity prices NOT allowed on items NOT marked with *

ROMPT ATTENTION GIVEN TO ANY COMMUNICATIONS ADDRESSED TO US

FOR COMPLETE LIST OF STORE SEE INSIDE FRONT COVER OF THIS BOOK

Prices in effect July 5, 1911. Subject to change without notice. For Capadian prices see special Canadian Catalogue

Spalding "Highest Quality" Roll Collar Sweaters

Worsted Sweaters. Special quality wool, exceedingly soft and pleasant to wear. Full fashioned to body and arms and put together by hand, not simply stitched up on a machine as are the majority of garments sold as regular made goods.



All made with 9-inch roll collars. Sizes 28 to 44 inches.

We allow four inches for stretch in all our sweaters, and sizes are marked accordingly. It is sug-gested, however, that for very heavy men a size about two inches larger than coat measurement be ordered to insure a comfortable fit.

PLAIN COLORS-Sweaters on this page are supplied in any of the colors designated, at regu-lar prices. Other colors to order only in any quality, 50c. each garment extra.

SPECIAL ORDERS-in addition to stock colors mentioned, we also supply any of the sweaters listed on this page without extra charge, on special orders only, not carried in stock, in any of the following colors:

Cardinal Seal Brown Black Maroon Navy Dark Green Columbia Blue Scarlet

N. B.—We designate three shades which are some-times called RED. They are Scarlet, Cardinal, Maroon. Where RED is specified on order, we supply Cardinal.

SPECIAL NOTICE-Solid color sweaters with one color body and another color (not striped collar and cutts furnished in any of the colors noted. on special order at no extra charge.



No. AA. The proper style for use after heavy exercise, inducing copious perspiration, for reducing weight or getting into condition for athletic contests. Particularly suitable also for Foot Ball and Skating. Heaviest sweater made. Carried in stock in White or Gray only. See list above of colors supplied on special orders.

No. A. "Intercollegiate." Colors same as No. AA. Special weight. 50.0 \$ 66.00 \$ supplied on special orders.

No. A. "Intercollegiate." Colors same as No. No. B. Heavy weight. Colors same as No. AA.

Shaker Sweater



Good quality all wool sweater, shaker knit, well made throughout. Sizes 30 to 44 inches. Standard weight. slightly lighter than No. B. Colors

same as

No. AA. No. 3. Each. \$3,50 + \$39.00 Doz.

Spalding Combined Knitted Muffler and Chest Protector



No. W. Fancy knit; good weight, special quality worsted. Stock colors, White or Gray. Each, \$1.50 No. M. Special weight; highest quality worsted. Stock colors, White or Gray, ... ·Each, \$1.00 PRICES SUBJECT TO CHANGE WITHOUT NOTICE

The prices printed in italics opposite items marked with *will be quoted only on orders for one-half dozen or more. Quantity prices NOT allowed on items NOT marked with *

ROMPT ATTENTION GIVEN TO ANY COMMUNICATIONS ADDRESSED TO US

A. G. SPALDING & BROS. STORES IN ALL LARGE CITIES



Jerseys are being used more and more by foot ball players instead of canves Jacketa. On account of the special Spalding knit they are very durable, and at the same time they offer no restraint on the free movement of the player,

Worsted, solid colors,

Spalding Worsted Jerseys

Following sizes carried in stock regularly in all qualities: 28 to 44 Inch chest. Other sizes at an advanced price.

We allow two inches for stretch in all our Jerseys, and sizes are marked accordingly. It is suggested, however, that for very heavy men a size about two inches larger than coat measurement be ordered to insure a comfortable fit.

Stock Colors PLAIN COLORS—We carry in stock in all Spalding Stores our line of worsted Jerseys (NOT Nos. 12XB, RJ, 6 or 6X) in following colors: Navy Blue Black Gray Maroon

Special Orders We also furnish, without extra charge on special orders for one-half dozen or more, not carried in stock and NOT supplied in Nos. 12NB, 6 or 6X, the following colors. On orders, for less than one-half dozen 10 per cent when the stock of be added to regular price.

Scarlet Dark Green Irish Green Seal Brown Cardinal Royal Blue Columbia Blue Orange Purple Old Gold.

Other colors than as noted above to order only in any quality (EXCEPT Nos. 12X8 6 and 6X), 50c. each extra. N. 8.-We designate three shades which are sometimes called REO. They are Scarlet, Cardinal and Maroon. Where RED is specified on order, Cardinal will be supplied.

SPALDING INTERCOLLEGIATE JERSEY This jersey we consider in a class by itself. No other manufac-

turer makes a garment of anywhere near the same gride. We

recommend it to those who really want the best.

No. 1P. Full regular made; that is, fashioned or knit to exact shape on the machine and then put together by hand, altogether different from cutting them out of a piece of material and sewing them up on a machine, as are the majority of garments known as Jerseys. Special quality worsted. Solid colors. Each, \$4.00 \(\struct \) \$42.00 Doz.

No. 1 OP. Special quality worsted, fashioned. Solid colors

Each, \$3.00 \(\pm \\$30.00 Doz. \\ 2.50 \(\pm \\$25.20 \) Good quality worsted; solid colors. 2.00 * \$21 00

No. 12XB. Boys' Jersey. Worsted. Furnished in sizes 26 to 34 inches chest measurement only. Solid colors only: Navy Blue, Black, Gray and Maroon. No special orders. . Each, \$2.00 * \$21.00 Doz.

SPECIAL MILITARY COLLAR JERSEY

No. RJ. Special quality worsted, fashioned. Solid stock colors. Straight collar, one inch high. Not carried in stock. Each, \$3.00

SPECIAL NOTICE. We will furnish any of the above solid color Jerseys (except Nos. 12XB, 6 and 6X), with one color body and another color (not striped) collar and cuffs in stock colors only at no extra charge,



Nos. 1P, 10P and 12P

SPALDING COTTON JERSEYS

No. 6. Cotton, good quality, fashioned, roll collar, full length sleeves. Colors: Black, Navy Blue, Gray and Marcon only.

Each, \$1.00 ★ \$10.80 Doz.

No. 6X. Cotton, same as No. 6, but with striped sleeves in following combinations only: Navy with White or Red stripe; Black with Orange or Red stripe; Maroon with White stripe. Each, \$1.25 * \$13.20 Doz.

Woven Letters, Numerals or Designs

We weave into our best grade Jerseys, No. 1P, Letters, Numerals and Designs in special colors as desired. Prices quoted on application. Designs submitted.

PRICES SUBJECT TO ADVANCE WITHOUT NOTICE

The prices printed in italics opposite items marked with * will be quoted only on orders for one-half dozen or more. Quantity prices NOT allowed on items NOT marked with *

OMPT ATTENTION GIVEN TO ANY COMMUNICATIONS ADDRESSED TO DS

No. 12P.

No. 14P.

STORES IN ALL LARGE

Spalding Striped Jerseys

Following sizes carried in stock regularly in all qualities: 28 to 44 inch chest. Other sizes at an advanced price.

We allow two inches for stretch in all our Jerseys, and sizes are marked according ly. It is suggested, however, that for very heavy men a size about two inches larger than coat measurement be ordered to insure a comfortable fit.



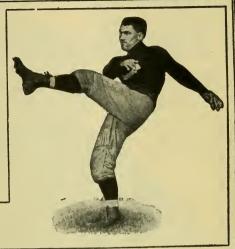
Nos. TOPX and T2PX

No. 1 OPX. Special quality worsted, fashioned; solid stock color body, with stock color striped sleeves, usually alternating two inches of same color as body, with narrow stripes of any other stock color. Colors as noted.

Each. \$3.25 + \$33.00 Doz.

No. 12PX. Good quality worsted; solid color body, with striped sleeves, usually alternating two inches of same color as body, with narrow stripes of some other color. Colors as noted.

Each, \$2.75 * \$30.00 Doz.



STOCK COLORS:

Black and Orange Navy and White Black and Scarlet Royal Blue and White Columbia Blue and White Scarlet and White Maroon and White

Second color mentioned is for body stripe or for stripes on sleeves. Other colors than as noted above to order only, not more than two colors in any garment, 50c. each extra.

PRICES SUBJECT TO CHANGE WITHOUT NOTICE



No. 12PW

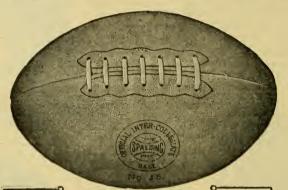
No. 12PW. Good quality worsted; solid stock color body and sleeves with 6-inch stock color stripe around body. Colors as noted.

Fach. \$2.75 \ \$30.00 Doz.

The prices printed in italics opposite items marked with ★ will be quoted only on orders fo**r one-half dozen** or more. Quantity prices NOT allowed on items NOT marked with ★

PROMPT ATTENTION GIVEN TO ANY COMMUNICATIONS ADDRESSED TO US

A. G. SPALDING & BROS. STORES IN ALL LARGE CITIES



Complete, \$5.00 No. J5

This is the ONLY OFFICIAL COLLEGE FOOT BALL, and is used in every important match played in this country.

GUARANTEED ABSOLUTELY IF SEAL OF BOX IS UNBROKEN

Each ball complete in sealed box, including leather case, guaranteed pure Para rubber bladder (not compounded), inflater, lacing needle and rawhide lace. GUARANTEE every J5 Spalding Foot Ball to be perfect in material and workmanship and correct in shape and size when inspected at our factory. If any defect is discovered during the first game in which it is used, or during the first day's practice use, and if returned at once, we will replace same

under this guarantee. We do not guarantee against ordinary wear nor against defect in shape or size that is not discovered immediately after the first day's use. Q Owing to the superb quality of every Spalding Foot Ball, our customers have grown to expect a season's use of one ball, and at times make unreasonable claims under our guarantee

which we will

not allow.

MPT ATTENTION GIVEN TO ANY COMMUNICATIONS

ACCEPT NO THE SPALDING (TRADE-MARK QUARANTEES QUALITY



PROMPT ATTENTION GIVEN TO ANY COMMUNICATIONS ADDRESSED TO US A. G. SPALDING & BROS, STORES IN ALL LARGE CITIES

ACCEPT NO THE SPALDING (TRADE-MARK QUARANTEES) SUBSTITUTE THE SPALDING

Spalding College Foot Ball

Good quality leather case, pebbled graining. Each ball packed complete with guaranteed pure Para rubber blader (not compounded), rawhide lace and needle in sealed box. Regulation size.

No. S. Each, \$2.00



Spalding College Foot Ball

Well made leather case, pebbled graining. Each ball is packed complete with guaranteed pure Para rubber bladder (not compounded) in sealed box. Regulation size.

No. C. Each, \$1.50

No. C.

Spalding College Foot Ball

Leather case, pebbled graining. Each ball is packed complete with guaranteed pure Para rubber bladder(not compounded), in sealed box. Regulation size.

No. D. Each, \$1.25

Don't permit your Foot Ball to become water soaked and then expect it to keep in good playing condition.



PROMPT ATTENTION GIVEN TO ANY COMMUNICATIONS ADDRESSED TO US A. G. SPALDING & BROS.
STORES IN ALL LARGE CITIES

TRADE-MARK GUARA CEPT NO THE SPALDING



The Carlisle Indian Runner, who won the New York Evening Mail's Modified Marathon, May 6, 1911, over 1053 competitors

Mike Murphy "Rub-In" Athletic Liniment

THIS PREPARATION is the same as has been used by Mike Murphy, the famous athletic trainer, in conditioning the Yale, University of Pennsylvania and other college teams which have been under his charge. He is famous for the perfect condition in which he brings his athletes into a contest, and the ingredients and proper preparation of his "Rub-In" Liniment has been a closely guarded secret. He has finally turned the formula over to A. G. Spalding & Bros, with perfect confidence that the proper materials will always be used in preparing the liniment and that no considerations will induce us to cheapen it in any way.

> Large bottles. Each, 50c. Small bottles.





Spalding Elastic Bandages

Spalding Shoulder Bandage

Give circumference around arm and chest. Mention for which shoulder required.

No. 101. Cotton thread. Each. \$3.50

No. 101A. Silk thread. Each, \$5.00 Spalding Knee Cap Bandage

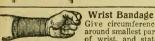
25c.

Give circumference below knee, at knee and just above knee, and state if light or strong pressure is desired.

Cotton thread. No. 104. Each. \$1.00 No. 104A. Silk thread. Each. \$2.00

Elbow Bandage Give circumference above and below

elbow; state if for light or strong pressure. No. 102. Cotton thread. Each, \$1.00 No. 102A. Silk thread. 2.00



Give circumference around smallest part of wrist, and state

whether for light or strong pressure. EACH. No. 106 Cotton thread. 50c.

No. 106A. Silk thread Spalding Ankle Bandage Give circumference around ankle and overinstep; state if light

No. 105. Cotton thread.
No. 105A. Silk thread.

or strong pressure is_

desired.

Each, \$1.00 2.00 Spalding Elastic Belt Our elastic foot ball belt stretches with the length of body and may be attached to jacket and pants, thus forming one continuous suit.

By closely fitting the body, the opposing player has less chance of tackling. Allows perfect freedom in all positions. No. 1. Width 6 inches. Each, \$1.50



No. 30. Width 3 in., 5 yds. long (stretched). Each, \$1.00 No. 25. Width 2 in., 5 yds. long (stretched). .76

OMPT ATTENTION GIVEN TO ANY COMMUNICATIONS ADDRESSED TO US

The Only Official Association Foot Ball

An old favorite-lust as popular as ever



THE SPALDING OFFICIAL

es No. L ASSOCIATI "SOCCER" FOOT BALL

'HE case of our No. L Ball is constructed in four sections with capless ends, neat in appearance and very serviceable. Material and workmanship are of highest quality and fully guaranteed. Each ball is packed complete in sealed box, with pure Para rubber (not compounded) guaranteed bladder, foot ball inflater, rawhide lace and lacing needle. Con-

tents guaranteed if seal is unbroken.
Used by the Pilgrims and all other prominent Soccer teams the world over.

No. L. Each. \$5.00

TIVE GUARANTEE every Spald-

October 4, 1909.

Messrs. A. G. SPALDING & BROS. 124-128 Nassau Street, New York City.

Dear Sirs: I wish to thank you for the ball you sent me on Saturday and which we used in the Inter-national Soccer Match (Pilgrims of England vs. All New York) at Staten Island Cricket Club Grounds, New 10th, at Staten Island Cricket Club Grounds, Saturday, October 2d. It gave perfect satisfaction and held its shape well. I trust you will have great success in your sales. I feel sure clubs cannot do better than buy this ball. Yours very truly,

HARRY MANLEY,

Chairman Staten Island Foot Ball Club.

President New York State Foot Ball Association.

Chicago, October 23, 1909.

Messrs. A. G. SPALDING & BROS., 147 Wabash Avenue, Chicago, Illinois.

Gentlemen: We have used your Official Association Foot Ball for our games played in the United States, and have found this ball to be perfectly satisfactory in every respect. Yours truly,
FRED H. MILNES,
Captain-Manager "Pilgrims" Foot Ball Club, England.

ing Foot Ball to be perfect in material and workmanship and correct in shape and size when inspected at our factory. If any defect is discovered during the first game in which it is used. or during the first day's practice use, and if returned at once, we will replace same under this guarantee. We do not guarantee against ordinary wear nor against defect in shape or size that is not discovered immediately after the first day's use. Owing to the superb quality of every Spalding Foot Ball, our customers have grown to expect a season's use of one ball, and at times make unreason-

able claims under our guarantee, which we will not allow.

DMPT ATTENTION GIVEN TO ANY COMMUNICATIONS ADDRESSED TO US

A.G.SPALDING & BROS.

SPALDING EQUIPMENT

Is used by practically every "Soccer" team in the United States and Canada, in addition to many of the more prominent teams in the British Isles. Quality of material and finish of every article absolutely best.



Spalding Association Foot Ball No. O

Regulation size, extremely well made and will give excellent satisfaction. The case is made of best grade English leather and the bladder of pure Para rubber (not compounded), fully guaranteed. Each ball packed complete with rawhide lace and lacing needle in sealed box.

No. O. Each, \$3.50

Spalding Association Foot Ball No. N

No. P. Regulation size. Leather case; full size, good quality. Complete with pure Para rubber (not compounded) guaranteed bladder in sealed box. Each, \$1.50

Spalding "Official" Gaelic Foot Ball

No. K. Made in the improved style with 8 sections and "black button" ends. Material and workmanship of highest quality and fully guaranteed. Each ball is packed complete in sealed box, with a pure Para rubber (not compounded) guaranteed bladder, inflater, rawhide lace and lacing needle. Contents guaranteed perfect if seal is unbroken.

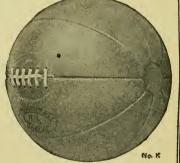
Each, \$5.00

Spalding Guaranteed Association Foot Ball Bladders



All Rubber Bladders bearing our Trade-Mark are made of Pure Para Rubber (not compounded) and are guaranteed Perfect in Material and Workmanship. Note special explanation of guarantee on tag attached to

each bladder.									
	No. C	A.	For	No.	L	Ball.		Each,	\$1.00
	No. C	B.	For	No.	K	Ball,	e	**	1.25
	No. A	۱.	For	No.	0	Ball.		(Fe J	1.00
	No. S	B.	For	Nos	N	I and	P	76.6	.75





Spalding Association Foot Ball Goal Nets

Made in accordance with official specifications. Heavy tarred nets, pegs, guys, and everything necessary except the posts and cross pieces, which can be put up by any carpenter.

No. O. Per set, complete, \$15.00

PROMPT ATTENTION GIVEN TO ANY COMMUNICATIONS ADDRESSED TO US

A. G. SPALDING & BROS. STORES IN ALL LARGE CITIES

Spalding Combination "Soccer" Suits

COMBINATION PRICES WILL BE QUOTED ON ONE OR MORE SUITS AS SPECIFIED.
DIFFERENT COMBINATIONS MAY BE MADE UP BY FIGURING THE QUANTITY PRICES
ON OTHER ARTICLES

QUOTATIONS ON SPECIAL SUITS MADE PROMPTLY ON REQUEST

No. 1A Suit Consisting of	
No. U Soccer	
Shoes.	\$3.50
No. 4RC Stock-	
ings.	.40
No. 4 Running	F0 .
Pants. No 6FS Shirt, quarter sleeve.	.50
with body stripe.	.75
Price, if separate articles com-	
posing outfit are purchased	
singly, .	\$5.15
1 1 1 2	#
Combination Price	94.75
No. 2A Suit Consisting of	
No. 2A Suit Consisting of No. U Soccer	Retail
No. 2A Suit Consisting of No. U Soccer Shoes	
No. 2A Suit Consisting of No. U Soccer Shoes No. 4RC Stock-	Retail \$3.50
No. 2A Suit Consisting of No. U Soccer Shoes . No. 4RC Stock- ings.	Retail
No. 2A Suit Consisting of No. U Soccer Shoes No. 4RC Stock- ings No 4 Running	Retail \$3.50
No. 2A Suit Consisting of Shoes Shoes No. 4RC Stockings No. 4 Running Pants.	Retail \$3.50 .40
No. 2A Suit Consisting of No. U Soccer Show ARC Stockings. No. 4RC Stockings. No. 601S Shirt, quarter sleeve, with body stripe.	Retail \$3.50
No. 2A Suit Consisting of Shoes Shoes No. 4RC Stockings. No. 4Running Pants. No. 601S Shirt, quarter sleeve, with body stripe.	Retail \$3.50 .40
No. 2A Suit Consisting of No. U Soccer Shoes No. 4RC Stock- ings No. 601S Shirt, quarter sleeve, with body stripe. Price, if separate articles com- posing outful are purchased	Retail \$3.50 .40 .50
No. 2A Suit Consisting of Shoes Shoes No. 4RC Stockings. No. 4Running Pants. No. 601S Shirt, quarter sleeve, with body stripe.	Retail \$3.50 .40 .50 1.75



No. 3A Suit	
Consisting of	
No. U Soccer	Retail
	3.50
No. 3RC Stock-	
ings	.75
No. 6B Pants.	1.75
No. D Shirt, sash on front.	1.75
Price, if separate articles com-	
posing outfit are purchased	
singly.	37.75
2	1 -
Combination Price &	700
No. 4A Suit	
No. 4A Suit	
No. 4A Suit Consisting of	Retail
No. 4A Suit Consisting of No. U Soccer	Retail
No. 4A Suit Consisting of No. U Soccer Shoes.	
No. 4A Suit Consisting of No. U Soccer Shoes. No. 4RC Stock-	Retail
No. 4A Suit Consisting of No. U Soccer Shoes. No. 4RC Stock- ings.	Retail 3.50
No. 4A Suit Consisting of No. U Soccer Shoes, No. 4RC Stock- ings. No. 5A Knicks.	Retail 3.50 .40 1.50
No. 4A Suit No. U Soccer Shoes, No. 4RC Stock- No. 5A Knicks, No. 4F Cannel Shirt.	Retail 3.50 .40 1.50 2.00
No. 4A Suit No. U Soccer Shoes, No. 4RC Stockings. No. 4Flannel Shirt. No. 23 Belt.	Retail 3.50 .40 1.50
No. 4A Suit Consisting of No. U Soccer Shoes. No. 4RC Stockings. No. 4 Flannel Shirt. No. 23 Belt. Price, if separate articles com-	Retail 3.50 .40 1.50 2.00
No. 4A Suit No. U Soccer Shoes, No. 4RC Stockings. No. 5A Knicks. No. 4 Flannel Shirt. No. 23 Belt. Price, if separate articles composing outfit are purchased	Retail 3.50 .40 1.50 2.00

Combination Price \$7.00

ASSOCIATION or Soccer Foot Ball is a safe game for the boys to play and it is becoming more and more popular each year with the elementary, high schools and preparatory schools throughout the United States, because it is a game they can all take part in, and it is an exercise that fits them for other field pastimes. It is the greatest field sport we have. There has been some opposition to popularizing the Soccer game in some of our schools because it was feared it would ween them over from college foot ball, but it has been proven that such is not the case. Mr. Sidney S. Peixotto, of the West, who is interested in boys' work, likes the game of Soccer, and he makes the statement that it fits them for all games of foot ball. It is a good kicking game, and if they desire to play our college variety, they will certainly be better off than if they had never had the chance to kick a ball in their elementary school days.

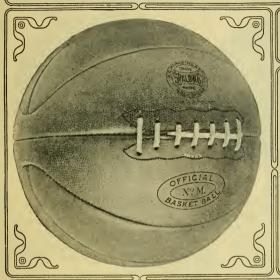
kick a ball in their elementary school days.

Tom Brown, of the Commercial High School of Brooklyn, is an ardent enthusiast of the game of Soccer, and he makes the statement that over 400 boys of the school have played Association foot ball in one year, which is a great manifestation of the popularity of the game. He likes it because it is a kicking game; carrying the ball or tackling an opponent is prohibited, and it is the kind of a good lively rough play that the boys like. The rules of the game are simple, and that is what appeals to

the boys.

PROMPT ATTENTION GIVEN TO ANY COMMUNICATIONS ADDRESSED TO US A. G. SPALDING & BROS.

The Spalding Official Basket Ball



THE ONLY OFFICIAL BASKET BALL

WE GUARANTEE
this ball to be perfect in material and workmanship and
correct in shape and size
when inspected at our factory. If any defect is discovered during the first game
in which its used, or during
the first day's practice use,
and, if returned at once, we
will replace same under this
guarantee. We do not guarantee against ordinary wear
nor against defect in shape or
size that is not discovered immediately after the first day's
use.

Owing to the superb quality of our No. M Basket Ball, our customers have grown to expect a season's use of one ball, and at times make unreasonable claims under our guarantee, which we will not allow.

A. G. SPALDING & BROS.

FFICIALLY ADOPTED AND STANDARD. The cover is made in four sections, with capless ends, and of the finest and most carefully selected pebble grain English leather. We take the entire output of this superior grade of leather from the English tanners, and in the Official Basket Ball use the choicest parts of each hide. Extra heavy bladder made especially for this ball of extra quality pure Para rubber (not compounded). Each ball packed complete, in sealed box, with rawhide lace and lacing needle, and guaranteed perfect in every detail. To provide that all official contests may be held under absolutely fair and uniform conditions, it is stipulated that this ball must be used in all match games of either men's or women's teams.

No. M. Spalding "Official" Basket Ball. Each, \$6.00

Extract from Men's Official Rule Book

RULE II—BALL.
SEC. 3. The ball made by A. G. Spalding & Bros. shall be the official ball.
Official balls will be stamped as herewith, and will be in sealed boxes.

SEC. 4. The official ball must be used in all match games.

Extract from Official Collegiate Rule Book The Spalding Official Basket

Ball No. M is the official ball of the Intercollegiate Basket Ball Association, and must be used in all match games.

Extract from Women's Official Rule Book
RULE II—BALL.

SEC. 3. The ball made by A. G. Spalding & Bros. shall be the official ball. Official balls will be stamped as herewith, and will be in sealed boxes.

SEC. 4. The official ball must be used in all match games.

PROMPT ATTENTION GIVEN TO ANY COMMUNICATIONS ADDRESSED TO US A. G. SPALDING & BROS.
STORES IN ALL LARGE CITIES

SPALDING BASKET BALLS



Spalding "Special" No. E

No. E. Imported pebble grain leather case. Extra heavy guaranteed pure Para rubber bladder (not compounded). Complete in box, with rawhide lace and lacing needle. Superior to any other except our No. M Official Ball.

Each. \$4.00



Spalding "Practice" No. 18

No. 18. Good quality leather cover. Each ball complete in box with pure Pará rubber (not compounded) bladder, guaranteed; rawhide lace and lacing needle.

Each, \$3.00

SPALDING CANVAS HOLDER

No. O1. For carrying an inflated basket ball. Useful for teams to carry properly inflated ball. Each. \$1.00

SPALDING THUMB PROTECTOR

No. T. Substantial support that players will appreciate.

Each. 50c.

SPALDING BLADDERS

GUARANTEED QUALITY

Rubber bladders bearing our Trade-Mark are made of pure Para rubber (not compounded), and are guaranteed perfect in material and workmanship. Note special explanation of guarantee on tag attached to each bladder.

No. OM. For Nos. M and E balls. Ea. \$1.50 For No. 18 ball.

SPALDING BASKET BALL SCORE BOOKS

No. 1. Paper cover, 10 games. Each, 10c. No. A. Collegiate, paper cover, 10 games. Ea. 1 Oc. No. B. Collegiate, cloth cover, 25 games. " 25c. No. 2. Cloth cover, 25 games. 25c.

BOMPT ATTENTION GIVEN TO ANY COMMUNICATIONS ADDRESSED TO US

G. SPALDING & BROS.

ACCEPT NO THE SPALDING (



FRADE-MARK GUARAN

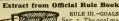
SPALDING "OFFICIAL" BASKET BALL GOALS

No. 80. Officially adopted and must be used in all match

this rigid style.

No. 80 We are equipping our basket ball goals now with nets constructed so that the bottom may be left open in practice games to permit ball to drop through. The

opening is closed readily by a draw string for match games. Pair, \$4.00 No. 80H. To answer the demand for



RULE III. -GOALS SEC. 3. The goal made by A. G. SPALDING & BROS. shall be the official goal.

Sec 4. The official goal must be used in all match games.



an extra heavy construction goal in large gymnasiums, we submit Per pair. \$6.00

Spalding Detachable Basket Ball Goals

No. 50. Made so that they may be detached readily from the wall or upright, leaving no obstruction to interfere with other games or with general gymnasium work.

Same size basket, and brace same length as on official goals.



Pair. \$6.00

Spalding Practice Goals

No. 70. Japanned Iron Rings and Brackets. Complete Per pair. \$3.00 with nets.

SPALDING OUTDOOR GOALS

No. 160. The upright post is made of 4x6 inch selected chestnut. The backstop itself is made of tongue and groove chestnut, all of the woodwork being given

two coats of durable outdoor paint. Furnished complete with pair of No. 80 Official Basket Ball Goals.

Pair. \$40.00

Spalding Backstops Only for Basket Ball Goals

No. 100. These backstops are made of %-inch matched hard wood. The back of the board is reinforced by three cleats of 2x212-inch material. On flat walls the two end cleats extend above and below the backstop, which is attached to the wall by bolting through these cleats. Per pair, \$20.00

Nets Separate for Goals Heavy twine; hand knitted; white.' Per pair. 50c. Per pair, 50c.

Spalding Referees' Whistles



Nickel-plated whistle, well No. 1. made. No. 2.

Each. 25c. Very reliable. Popular design. Each. 25c.

No. 2.

No. 7. Nickel-plated. heavy metal whistle. The most satisfactory and loudest of any.

Each, 75c.



SPALDING SPECIAL BASKET BALL PANTS

Good quality, either Gray or White flannel, padded lightly on hips; very loose fitting. Pair, \$1.75 ★ \$18.00 Doz.

No. 5B. Heavy Brown or White canvas, padded lightly on hips; very loose fitting. Pair, \$1.00 ★ \$9.60 Doz. hips; very loose fitting.

White silesia, hips padded; loose fitting. No. 7B. Pair, 75c. *

No. 40P. Padded knee length pants. White silesia. Pair, \$1.00 * 10.20

No. 40. Similar to No. 40P, but unpadded. Pair, 75c. * 7.80

Stripes down sides of any of above pants, extra. Pair, 25c. ★ 2.40



No. 5B

Knee Protectors. No. 1. Heavily padded with woolskin. Prevents bruised knee caps. Pair, 75c. The prices printed in italics opposite items marked with * will be quoted only on orders for one-half dozen or more. Quantity prices NOT allowed on items NOT marked with *

PROMPT ATTENTION GIVEN TO ANY COMMUNICATIONS ADDRESSED TO US

A. G. SPALDING & BROS. STORES IN ALL LARGE CITIES

SPALD

Spaiding Basket Ball Shoes, on account of their general satisfactory qualities, are worn by the most prominent teams and fastest players in the country.



SPALDING "SPRINTING" BASKET BALL SHOES

No. BBS. Made with flexible shank, on same principle as on "sprinting," base ball and foot ball shoes. Extremely light in weight, well finished in-side and with extra long counter to keep foot from tiring. Pure gum thick rubber suction soles with reinforced edges. Laces extremely far down. Made of best quality black genuineKangaroo leather. This is a strictly bench-



made shoe. The soles are perfectly made, but we do not guarantee as to length of service. Per pair, \$8.00

SPALDING BASKET BALL SHOES

No. AB. The red rubber suction soles we use on these shoes are superior quality and 1-16 inch thicker than the soles on the No. BB shoes. One of the principal advantages of this style of sole is that it enables the player to obtain a good, firm purchase on the floor. Superior quality light drab chrome tan leather. Laces extremely far down. Per pair, \$5.00 No. BB. Suction soles of good quality red rubber. Uppers of good quality black leather.

Per pai
No. BBL. Spalding Basket Ball Shoes for Ladies. These are otherwise same as No. BB shoes. Per pair, \$4.00 4.00

SPALDING CANVAS TOP BASKET BALL SHOES

No. HH. High cut white canvas upper. Sole surface is similar to our popular gymnasium shoes, but of white, best quality rubber, twice as thick as on best rubber sole gymnasium shoe. A very durable and Per pair, \$2.25 * \$24.00 Doz. 2.00 * 21.00

white, best quality rubber, three as a satisfactory shoe. Sizes 6 to 12, inclusive.

No. HHB. Boys', 2's to 5's, inclusive. Otherwise same as HH.

No. HHX. Youths', 11 to 2, inclusive. Otherwise as HH.

No. H. Same as No. HH, low cut, 6 to 12, inclusive. 1.80 2.00 * No. HB Boys', 2½ to 5½, inclusive. Otherwise as No. H. Youths', 11 to 2, inclusive. Otherwise as No. H. 1.75 * No. HX. 1.60 # 17.20



Spalding Juvenile Basket Ball Shoes

No. BBX. A Boy's Basket Ball Shoe made on special boys' size lasts. Material of good quality and general construction similar to our regular line of men's shoes. Sole similar to No.BB shoe. Furnished in boys' sizes 12 to 5, inclusive, only. Pair, \$2.50



The prices printed in italics opposite items marked with * will be quoted only on orders for one-half dozen or more. Quantity prices NOT allowed on items NOT marked with *

PROMPT ATTENTION SIVEN TO ANY COMMUNICATIONS ADDRESSED TO US

FOR COMPLETE EIST OF STORES SEE INSIDE FRONT COVER OF THIS BOOK

19.20 6.6

20,40

18.60 "

RADE-MARK GUARA THE SPALDING

CHAMPIONSHIP SPALDING



With Ball Bearing Swivel

The Spalding Championship Ball Bearing Hammer. originally designed by John Flanagan, has been highly endorsed only after repeated trials in championship events. The benefits of the ball bearing construction will be quickly appreciated by all hammer throwers. Guaranteed absolutely correct in

		W CIBILO	EACH
No.	12FB.	12-lb., with sole leather case.	\$7.50
No.	12F.	12-lb., without sole leather case.	5.50
No.	ı 6FB.	16-lb., with sole leather case.	7.50
No.	16F.	16-lb., without sole leather case.	5.50

Spalding Rubber Covered Indoor Shot

(Patented December 19, 1905)



This shot is made according to scientific principles, with a rubber cover that is perfectly round; gives a fine grip, and has the proper resiliency when it comes in contact with the floor; will wear longer than the ordi-

nary leather covered, and in addition there is no possibility that the lead dust will sift out, therefore it is always full weight.

No. P. 16-lb. \$12.00 | No. O. 12-lb. \$10.00

Spalding Indoor Shot

With our improved leather cover, Does not lose weight even when used

constantly. No. 3. 12-lb. . . Each, \$6.50



Regulation Shot, Lead and Iron Guaranteed Correct in Weight



No. 4. 16-lb.

No. 16LS. 16-lb., lead. Each, \$3.50 No. 12LS, 12-lb., lead. 3.00 1.75 No. 16 IS. 16-lb., iron. No. 12 IS. 12-lb., iron. . 1.50

7.50

Spalding Regulation Hammer With Wire Handle Guaranteed Correct in Weight

		Lead	EACH
Vo.	12LH.	12-lb., lead, practice.	\$4.50
Vo.	16LH.	16-lb., lead, regulation	5.00
		Iron	

No. 12 IH. 12-lb., 1ron, practice. No. 161H. 16-lb., iron, regulation. 3.75

Extra Wire Handles

No. FH. For above hammers, improved design, large grip, heavy wire. Each, 75c.

Spalding Regulation 56-lb. Weight



Made after model submitted by Champion J. S. Mitchel, and endorsed by all weight throwers. Packed in box and guaranteed correct in weight and in exact accordance with rules of A. A. U.

No. 2. Lead 56-lb, weights Complete, \$12,00

SPALDING JUVENILE ATHLETIC SHOT AND HAMMERS

Spalding Juvenile Athletic Shot and Hammers are made according to official regulations. Weights are guaranteed accurate and records made with these implements will be recognized. JUVENILE HAMMER

No. 8 IH. 8-lb., Iron, Juvenile Hammer. Each, \$2.50 JUVENILE SHOT .

8-lb., Leather Covered Shot, for indoor, schoolyard and playground use.
5-lb., Leather Covered Shot, for indoor, schoolyard and playground use.
No. 8 IS. 8-lb., Solid Iron Shot, not covered. Each, 81.25
No. 5 IS. 5-lb., Solid Iron Shot, not covered. No. 26.

PROMPT ATTENTION GIVEN TO ANY COMMUNICATIONS ADDRESSED TO US

G. SPALDING & BROS. STORES IN ALL LARGE CITIES

FOR COMPLETE LIST OF STORES SEE INSIDE FRONT COVER OF THIS BOOK

Each, \$5.00

4.00

Spalding Olympic Discus

Since the introduction of Discus Throwing. which was revived at the Olympic Games, at Athens, in 1896, and which was one of the principal features at the recent games held there, the Spalding Discus has been recognized as the official Discus, and is used in all competitions because it conforms



exactly to the official rules in every respect, and is exactly the same as used at Athens, 1906, and London, 1908. Packed in sealed box, and Price, \$5.00 guaranteed absolutely correct.

Spalding Youths' Discus Officially adopted by the Public Schools Athletic League

To satisfy the demand for a Discus that will be suitable for the use of the more vouthful athletes, we have put out a special Discus, smaller in size and lighter in weight than the regular Official size. The Youths' Discus is made in accordance with official specifications. Price \$4.00

Spalding **Vaulting Standards**



There is nothing flimsy about these standards, and the measurements are clearly and correctly marked, so as to avoid any misunderstand-

ing or dispute.
No. 109. Wooden uprights, graduated in half inches, adjustable to 13 feet.

Complete, \$15.00 No. 1 1 1. Wooden uprights, inch graduations, 7 feet high. Complete, \$9.00 high. Co Cross Bars. Hickory Dozen, \$3.00

Indoor Pole Vaulting Board



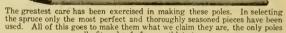
Made up of sectional blocks of wood placed on end so that the spike of the vaulting pole will not split them. Glued and nailed together; bound in by heavy wood frame, made of ash, reinforced with corner irons.

117. Complete, \$16.50

Spalding Official Javelins

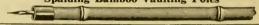
No. 53. Swedish model, correct in length, weight, etc., and of proper balance. Steel shod. Each. \$5.00

Spalding Vaulting Poles-Selected Spruce, Solid



really fit and safe for an athlete to use. No. 103. 14 ft. long Ea., \$6.00 | No. 104. 16 ft. long, Ea., \$7.00 We guarantee all of our wood vaulting poles to be perfect in material and workmanship, but we do not guarantee against breaks while in use, as we have found in our experience that they are usually caused by improper use or abuse.

Spalding Bamboo Vaulting Poles



Owing to differences in climatic conditions it is impossible to keep Bamboo Vaulting Poles from eracking. These cracks or season checks do not appreciably detract from the merits of the poles, although they may be wide open and extend through several sections on one side. All of our tests would seem to prove that poles with season checks may be accepted as sale and durable. Very frequently such splits or season checks can be entirely closed by placing the pole in a damp place for a day or so.

Tape wound at short intervals. Thoroughly tested before leaving our

factory Fitted with special spike.

No. | OBV. 10 ft. long. Ea., \$4.00 | No. | 4BV. 14 ft. long. Ea., \$5.00 | No. | 4BV. 12 ft. long. 5.00

Competitors' Numbers

			Prin	ited on He	avy Manii.	a Paper	or Strong	Linen	
				Manila, Set	Linen, Set			Manila, Set	Linen, Set
No.	١.	- 1 to	50.	25c.	\$1.50	No. 4.	. 1 to 150.	\$.75	\$4.50
		1 to					1 to 200.		6.00
No.	3.	1 to	100.,	50c.	3.00	No. 6.	1 to 250.	1.25	7.50

For larger meets we supply Competitors' Numbers on Manila paper only in sets as follows:

No.						No.				
7.	1 to	300.	P	er set, \$	1.50	16.	1 to :	1200.	Per	set, \$6.00
8.	1 to	400.		**	2.00	17.	1 to 1	1300.		6.50
9.	1 to	500;	Set,	\$2.50			18.	1 to	1400.	7.00
10.	1 to	600	4.6	3.00			19.	1 to	1500.	7.50
11.	1 to	700.	18.8	3.50			20.	1 to	1600. '	' '8.00
12.	1 to	800.	**	4.00			21.	1 to	1700.	8.50
13.	1 to	900.	4.0	4.50			22.	1 to	1800. '	9.00
14.	1 to	1000.	1.6	5.00			23.	1 to	1900.	9.50
15.	1 to	1100.	1.0	5.50			24.	1 to	2000. "	10.00

ROMPT ATTENTION GIVEN TO ANY COMMUNICATIONS ADDRESSED TO US

ORES IN ALL LARGE CITI

Spalding Athletic Paraphernalia

Foster's Patent Safety Hurdle

The frame is 2 feet 6 inches high, with a swinging wooden hurdle 2 feet high, the swinging joint being 6 inches from one side and 18 inches from the other. With the short side up it measures 2 feet 6 inches from the ground, and with the long side up, 3 feet 6 inches. The hurdle can be changed from one height to the other in a few seconds, and is held firmly in either position by a clamp lever Single Hurdle, \$3.50.



Foster's Safety Hurdle at the World's Fair, St. Louis

Spalding 7-Foot Circle

The discus, shot and weights are thrown from the 7-foot circle. Made of one piece band iron with bolted joints. Circle painted white. Each. \$10.00

Spalding Take-off Board The Take-off Board is used for the

running broad jump, and is a necessary adjunct to the athletic field. top painted gray.

Regulation size; Each. \$3.00

Spaiding Toe Board or Stop Board

Used when putting the 16-lb. shot, throwing weights and discus, and is curved on the arc of a 7-foot circle. Toe Board, regulation size, painted tantially made. Each, \$3.50 gray and substantially made,

Spalding Referees' Whistles

No. 7. Nickel-plated, heavy metal whistle. The most satisfactory and loudest of any. Each, 75c.

No. 1. Nickel-

well made. Each, 25c. No. 2. Very reli-Popular deable.

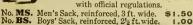
Each. 25c. sign. Spalding Lanes for Sprint Races

We supply in this set sufficient stakes and cord to lay out four 100-yard lanes. Stakes are made with pointed end and sufficiently strong, so that they can-

be driven into hard ground. No. L. Per set. \$15.00

Spalding Official Sacks for Sack Races

Spalding Official Sacks for Sack Races are made in two sizes, for men and boys. They are all strongly reinforced, will wear for a great length of time, and by their construction it is practically impos-sible for racers to work their feet free. These sacks are made in exact accordance



Patent Steel Tape Chain on Patent Electric Reel For Measuring Distances in Athletic Competitions

Made of superior steel about 1/4 inch wide. The reel allows the entire tape open to-dry and can be reeled and unreeled as easily as tapes in cases.

- Especially adapted to lay off PAT MAY 24. '92 courses and long measurements.

100 feet long. Each. \$5.00 No. 1 1 B. 200 feet long.

Patent "Angle" Steel Measuring Tape

Especially adapted for laying off base ball diamonds, tennis courts and all kinds of athletic fields, both outdoors and indoors. Right angles accurately determined; also equally good for straight or any kind of measuring. Enclosed in hard leather case, flush handles. All mountings nickel-plated.

50 feet long, 3 inch wide. 100 feet long, 3 inch wide. Each. \$4.00

Spalding Stop Watch

Stem winder, nickel-plated case, porcelain dial, registered to 60 seconds by 1-5 seconds, fly back engaging and disengaging mechanism. Each, \$7.50



Spalding Starter's Pistol

32 caliber, two inch barrel, patent Each, \$6.00 ejecting device.

Official Harness for Three-Legged Racing



Made according to official rules. Complete set of straps for fastening men and with extra straps for keeping fastenings at required height in

long distances races.

Official Harness for Three-Legged Racing, Per set. \$2.50

PROMPT ATTENTION GIVEN TO ANY COMMUNICATIONS ADDRESSED TO US

ACCEPT NO THE SPALDING (TRADE-MARK GUARANTEES SUBSTITUTE THE SPALDING (TRADE-MARK GUARANTEES)





SPALDING GYMNASIUM SHOES

No. 15. High cut, kangaroo uppers, genuine elkskin sole, and will not slip on floor. Extra light, hand made. Per pair, \$5.00

No. 155. High cut, elkskin sole, and will not slip on floor. Soft and flexible: in ladies' and men's sizes.

Per pair. \$4.50

No. 166. Low cut, selected leather, extra light and electric sole; ladies' and men's sizes.

No. 90L. Ladies'. Low cut, black leather, elec-

tric sole and corrugated rubber heel. Per pair, \$2.00

No. 85L. Ladies'. Low cut, black leather, roughened electric sole. Per pair, \$2.00 No. 21. High cut, black leather, electric sole. Hand sewed; turned; which makes shoe extremely light and flexible. Per pair, \$2.00

No. 20. Low cut. Otherwise same as No. 21. Per pair, \$1.76

No. 20L Ladies'. Otherwise same as No. 20.

Per pair, \$1.75 No. 25. Low cut, all leather shoe. Excellent quality for the money, but not guaranteed 'Pair, \$1.00 No. 25L. Ladies'. Otherwise same as No. 25.

Juvenile Gymnasium Shoes

Per pair, \$1.00

No. 86. Low cut, black leather, roughened electric sole. Sizes 12 to 5, inclusive, only. Pair. \$1.50





PROMPT ATTENTION GIVEN TO ANY COMMUNICATIONS ADDRESSED TO US

A.G. SPALDING & BROS STORES IN ALL LARGE CITIES

SPALDING GYMNASIUM SHOES



BOYS'

Sizes 21/2 to 51/2, inclusive.

No. IHB. High cut, best quality white rubber soles. Boys' of white canvas, girls' of black. Pair, \$1.60 \\$fic.20 Doz. o. IB. Low cut. Otherwise as No.IHB. Pr.,\$1.50 \\$15.00 Doz.

No. IB. High cut. No. MS.

Pair, 90c. * \$9.00 Doz. No. KB. Low cut. Pair, 80c. ★\$8.40 Doz.

Spalding Canvas Shoes with Rubber Soles

MEN'S.

Sizes 6 to 12, inclusive. No. IH. High cut, best quality white rubber soles. Men's of white canvas, ladies' of black. soles. Pr., \$1.75 \\$18.00 Doz. No. I. Low cut. Otherwise

as No. IH. Pr., \$1.50 \\$15.00 Doz. No. M. High cut.

Pr.,\$1.00 \\$10.20 Doz. No. K. Low cut. Pair, 90c.★\$9.60 Doz.

YOUTHS'

Sizes 11 to 2, inclusive.

No. IHX. High cut, best quality white rubber soles. Youths' of white canvas, misses' of black.

Pair, **\$1.35** ★ \$14.40 Doz. to. IX. Low cut. Otherwise as No. IHX. Pr., **\$1.25** ★ \$13.50 Doz. No. IX. No. MX. High cut. Pair, 80c. * \$8.40 Doz.

No. KX. Low cut. Pair, 70c. ★\$7.80 Doz.



Canvas Gymnasium and **Acrobatic Shoes**

No. FE. Extra high cut, best quality canvas shoe with leather sole. Made specially for acrobatic work.

Pair, \$1.25 * \$13.20 Doz.

Low cut canvas shoe. canvas sole. Per pair. 35c.

Gymnasium Shoes Spalding Ladies' FLEXIBLE SOLES



No. BHL. Good quality selected leather, black color, with elkskin sole, high cut. Pr., \$1.50 \\$16.20 Doz.

No. PL. Elkskin, pearl color, elkskin soles, high

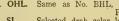
Pr., \$1.50 \\$16.20 Doz. No. OPL. Same as

.No. PL, except low cut. Pr., \$1.25 \$\$13.80 Doz.

No. OHL. Same as No. BHL, but low cut,

Per pair, \$1.25 \ \$13.80 Doz. Selected drab color leather, high cut. No. SL.

· Per pair, \$1.00 * \$10.20 Doz. Same as No. SL, except low cut: No. OSL.



Per pair. 90c. * \$9.60 Doz.

No. OPL

The prices printed in italics opposite items marked with * will be quoted only on orders for one-half dozen or Quantity prices NOT allowed on items NOT marked with *

ROMPT ATTENTION GIVEN TO ANY COMMUNICATIONS ADDRESSED TO US

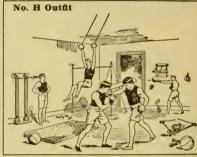
STORES IN ALL LARGE CITIES

Spalding Exercising Equipment

Outfit No. H, referred to below, is suggested exclusively for recreation rooms, being suitable for use by those of varying ages, with sufficient equipment shown to supply as many as are likely to be using the room at the same time under ordinary circumstances, while additional equipment may be added as required to take care of a larger number without disarranging the balance of the outfit.

No. H Recreation Room Exercising Outfit

No. n Recrea	ILIUH IV
Consisting of	Price
1 No. 12 Chest Weight Machine	\$10.00
1 No. 3 Head and Neck Attachment	1.50
1 pr. No.3 Swing. Rings, leather covered.	8.00
1 No. 119 Laffin Rowing Machine.	16.00
1 No. 1 Moline Platform	12.00
1 No. 18 Striking Bag	6.00
1 No.74 Wall Horizontal and Vault'g Bar	35.00
1 No. 03 Mattress	25.00
2 pairs No. 6 Sandow Dumb Bells.	6.00
1 pair No. 5 Sandow Dumb Bells.	2.00
1 set No. 15 Boxing Gloves	4.00
1 set No. 118 Boxing Gloves	7.00
1 No. 12 Medicine Ball	6.00
1 No. 11 Medicine Ball	5.00
TOTAL	\$143.50



TOTAL, \$143.50

Price is F.O.B nearest A. G. Spalding & Bros. Store. Shipping weight of complete outfit, 570 pounds.

Outfit No. G is arranged particularly for use in recreation room of a private house. It provides a great variety of simple exercising apparatus at a very moderate cost. The equipment is suitable for use by those of varying ages of both sexes.

No. G Home Exercising Outfit

No. G	Home E
Consisting of	Price
1 No. 5 Chest Weight Machine	\$15.00
1 No. 3 Head and Neck Attachment,	1.50
1 No. 2 Foot and Leg Attachment.	1.50
1 No. 20H Bar Stall	8.00
1 No. 205 Bar Stall Bench	4.00
1 No. A Doorway Horizontal Bar.	4.00
1 No. 1 Home Gymnasium	6.00
1 No. 600 Kerns' Rowing Machine:	30.00
1 No. PR Striking Bag Disk	5.00
1 No. 10 Striking Bag	4.00
1 No. 1 Abdominal Masseur	10.00
1 pair No. 6 Sandow Dumb Bells.	3.00
1 pair No. 2 Sandow Dumb Bells.	2.00
1 No. 02 Mattress	15.00
1 No. 12 Medicine Ball	6.00

No. G Outfit

TOTAL BII5.0C

Price is F O. B. nearest A. G. Spalding (Bros. Store.

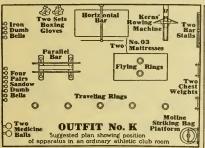
shipping weight of complete outfit, 450 pounds.

PROMPT ATTENTION GIVEN TO ANY COMMUNICATIONS ADDRESSED TO US

A.G. SPALDING & BROS

Exercising Equipment of Spalding Home Apparatus





No. J Athletic Club Exercising Outfit

THOSE SHIP CHE CHARLES CHARLES	Outill
CONSISTING OF	PRICE
1 No. 5 Chest Weight Machine 9	15.00
1 No. 3 Head and Neck Attachment	1.50
1 No. 2 Leg and Foot Attachment	1.50
1 No. 20H Bar Stall.	8.00
1 No. 600 Kerns' Rowing Machine.	30.00
1pr. No. 3 Swinging Rings, leather cov'd.	8.00
1 No. 74Wall Horizontal and Vault'g Bar.	35.00
2 No. 03 Mattresses	50.00
1 No. 1 Moline Striking Bag Platform.	12.00
1 No. G Striking Bag	8.00
1 set No. 15 Boxing Gloves	4.00
1 set No. 118 Boxing Gloves	7.00
2 pairs No. 6 Sandow Dumb Bells	6.00
1 pair No. 5 Sandow Dumb Bells	2.00
1 pair No. 2 Sandow Dumb Bells	2.00
1 No. 12 Medicine Ball.	6.00
1 No. 11 Medicine Ball.	5.00
TOTAL, \$2	201.00
IOIAL, Ga	

Price is F.O.B. nearest A. G. Spalding & Bros. Store Shipping weight of complete outfit, 725 pounds

No. K Athletic Club Exercising Outfit

2 No. 5 Chest Weight Machines	\$30.00
1 No. 3 Head and Neck Attachment.	1.50
1 No. 2 Foot and Leg Attachment	1.50
2 No 20H Bar Stalls	16.00
1 No. 600 Kerns' Rowing Machine	30.00
1 pair No. 3 Swinging Rings, leather	
covered '	8.00
5 only No. 3 Swinging Rings, leather	
covered	20.00
(For traveling rings - 40 ft, length	
of room required; 15 to 16 ft. height.)	
1 No. 1 Moline Striking Bag Platform.	12.00
1 No. G Striking Bag	8.00
1 No. 74 Wall Horizontal and Vaulting	
Bar	35.00
1 No. 101 Parallel Bar	35.00
2 No. 03 Mattresses	50.00
2 pairs No. 6 Sandow Dumb Bells	6.00
1 pair No. 5 Sandow Dumb Bells, .	2.00
1 pair No. 2 Sandow Dumb Bells	2.00
1 set No. 218 Boxing Gloves	5.00
1 set No. 118 Boxing Gloves	7.00
1 No. 12 Medicine Ball	6.00
1 No. 11 Medicine Ball	5.00
1 pair 10-lb. Iron Dumb Bells	1.00
1 only 25-lb. Iron Dumb Bell	1.25
1 only 50-lb, Iron Dumb Bell	2.50
a composition and a composition of the	

TOTAL, \$284.75

Price is F.O.B. nearest A. G. Spalding & Bros. Store Shipping weight of complete outfit, 1250 pounds

NOTE—Where space and lunds permit we recommend as a desirable addition to either at No.WX. Size 12x12 ft. Price, 890.00 the above Onlife, one of our special Wrestling Mats. Size 15x15 ft " 135.00

PROMPT ATTENTION GIVEN TO ANY COMMUNICATIONS ADDRESSED TO US A. G. SPALDING & BROS.

The Official Ball

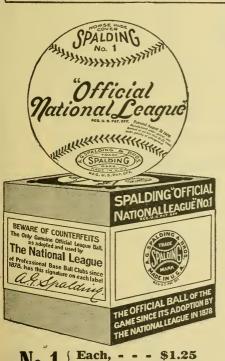
In adopting the Spalding Official National League Ball for TWENTY YEARS the Secretary of the National League, Mr. John A. Heydler gave the following as the reason for this action:

"The Spalding Ball was adopted by the National League for Twenty Years, because we recognized it as the best ball made. We have used it satisfactorily for Thirty-four Years. The new Cork Center Ball, introduced for the first time last year and used in the World's Series, we believe to be the only ball for the future, and it is absolutely the best that has been used by the National League in its history."

SPALDING"Official National League" Ball

(REG. U. S. PAT. OFF.)

CORK CENTER



No. 1 Each, - - - \$1.25

Official Ball of the Game for over Thirty Years

This ball has the Spalding "Patented" Cork Center, and it is made throughout in the best possible manner and of highest quality material obtainable.

Adopted by the National League in 1878, and the only ball used in Championship games since that time. Each ball wrapped in tinfoil, packed in a separate box, and sealed in accordance with the latest League regulations. Warranted to last a full game when used under ordinary conditions.

The Spalding "National Association"
Ball at \$1.00 each is the highest
grade Pure Para Rubber Center ball
made.

PROMPT ATTENTION GIVEN TO ANY COMMUNICATIONS ADDRESSED TO US A.G. SPALDING & BROS. STORES IN ALL LARGE CITIES

Gold Medal "Players' Autograph" Bats

For over thirty years we have turned out special model bats to suit the. leading players of the prominent professional leagues, and our records will show hundreds of different bats made in accordance with the ideas of the individual player, many of whom have been league record-The models makers. that have been adopted have been duplicated by

us from time to time as they have required additional bats, and in hundreds of cares we have been requested to furnish to other playersduplicate bats that have been made for and used by well-known players.



Autograph Model

A well balanced small handle Bat of very popular model. The Bats supplied will weigh not less than 38 nor over 41 ounces.

In order to satisfy the ever increasing demand from our customers for bats of the same models as used by the leading players, we have obtained permission from many of the leading batters of the country to include in our line of high grade bats these Gold Medal "Players" Autograph" Bats, bear-

ing their signature. Space will not permit a description of all the various models, but the following models have been selected as examples of what we are producing in this special "Players" Autograph" Bat Department.



No. 100.

Spalding Gold Medal "Players' Autograph" Bats.

Each, \$1.00

Autograph Model



Samuel & Crawford

Autograph Model A large Bat, almost the length of the Chance Model, but with much less wood, especially in the handle part of the Bat. Bats sapplied will not weigh less than 41 nor over 44 ounces.



This Bat is somewhat shorter than the Chance Model, medium thick handle and rounded end. Bats sopplied will weigh not less than 41 nor over 43 ounces. Length about 32% Inches.



Autograph Model

A symmetrically shoped Bat, good bulk, medium thick handle. Bats balk, medium thick handle. Buts of the Buts supplied will not weigh not less than 41 nor more than 43 ounces. weigh less than 39 nor over 41 ounces.

Milly Huggins Autograph Model

A short But with a small handle, but with good bolk in the balance

Autograph Model This Model and the Chance touch the two extremes used by pro-lessional players. Short Bat with fuirly thin handle. Weighs not less than 36 nor over 39 ozs. Length 31 int

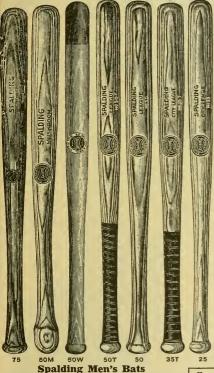


We can also supply on special orders Donlin, Stone and Oakes Models

ROMPT ATTENTION GIVEN TO ANY COMMUNICATIONS ADDRESSED TO US

TRADE-MARK GUARA OF THE SPALDING

Spalding Trade-Mark Bats



Taped "League," Ash, extra quality,

'League,'' Ash, plain handle. 50c.
Taped ''City League,'' finest straight

Spalding Record Bat Plain Oil Finish

Made from the most popular models, finished in rough and ready style, with no polish—simply the plain oil finish. Packed one dozen in a crate (assorted lengths from 30 to 35 inches and weights from 36 to 42 ounces), as nearly as pos-

sible in the following proportion: [-WEIGHTS LENGTHS 1-36 Oz. 2-39 Oz. -30 Inch. 2-33 Inch. 4-34 Inch. 1-37 Oz. 1-31 Inch. 4-40-41 0z.

2-35 Inch. 2-38 Oz. 2-32 Inch. These lengths and weights are given approximately and as a rule the shortest lengths will be the lightest weights.

The Record Bat is especially recommended for club use, including college and school teams. No. 75. Plain Oil Finish. Each, 750 Each. 75c.

Spalding Mushroom Bat Potented Aug. 1, 1905 The Knob Arrangement at end of bat enables

us to get a more even distribution of weight over the whole length than is possible under the old construction, making it for certain kinds of play practically invaluable, and as an all around bat we have received many letters from prominent professionals testifying to their appreciation of the good points in its con-Best struction. quality of air-dried timber used, and every one care-fully tested before leaving factory.

No. 50M. Spalding Mushroom Bat, plain, special finish Each, 50c.

Special Bat for "Fungo" Hitting No. 50W. "Willow,"

light weight, full size Bat, Ea., 50c. plain handle

Hold bat properly and strike the ball with the grain. Don't blame the manufacturer for a break which occurs through abuse or improper use.

No. 25. "City League," plain handle.

No. 50T.

No. 50.

No. 35T.

grained ash.

special finish.

Spalding Boys' Bats

Each, 50c.

Each, 35c.

25c.

No. 50B. "Boys' Record," same finish, quality and 50B 25B models as the Record, but shorter lengths and proportionate weights. Each, 50c. No. 25B. "Junior League." Plain; extra quality ash, spotted burning. No. 25BT. Taped "Junior League." Tape wound handle, specialfinish, No. 10B. "Boys' League" Bat, good quality ash, varnished.

PROMPT ATTENTION GIVEN TO ANY COMMUNICATIONS ADDRESSED TO US

FOR COMPLETE LIST OF STORES SEE INSIDE FRONT COVER OF THIS BOOK

25c.

25c.

100.

Spalding Base Ball Catchers' Mitts

Are made after the most approved designs and of materials best suited for hard usage.

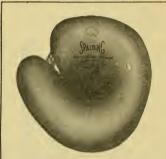
The SPALDING TRADE-MARK is a Guarantee of Quelity.

SPALDING

World Series" Professional Catchers' Mitt

No. 10-0

Patented Jan. 2, 1906; Sept. 29, 1908; March 30, 1909, and including King Patent Padding Patented June 28, 1910.



This is the style mitt that actually won the "World Series." It is made with the patented Molded Face, and is modeled after the ideas of the greatest base ball catchers in the country who have tested it out thoroughly and pronounce it in every respect the most perfect Catchers' Mitt ever put out for the Professional Player—the man whose livelihood depends upon his success on the playing field and who is, therefore, vitally interested in obtaining playing equipment that will really be an aid to him in the game.

Patent felt padding, hand stitched, arranged so that it may be adjusted readily to suit the individual wishes of the player. Leather is finest selected ealfskin, picked out particularly for this style mitt. Patent laced back; metal eyelets; leather strap and brass buckle fastening. Felt lined strap and hecl of hand piece.

No. 10-0. "World Series" (Professional) Catchers' Mitt. . Each, \$8.00

SPALDING "Three-and-Out" Catchers' Mitt

Patented January 2, 1906; September 29, 1909; March 30, 1809.

This mitt has the patented Molded Face and the hand formed pocket, padded correctly and according to the sideas of the best catchers on the big League teams. Material throughout is best obtainable and we select for the face only leather which is perfectly tanned, because of the peculiar stretching and molding process which enables us to produce a perfect "pocket" with no seams or rough places of any kind on the face. Padded with best hair felt; patent laced back; metal eyelets; leather strap and brass buckle fastening.

No. 9-0. "THREE-AND-OUT" CATCHERS' MITT.



Each, \$8.00

ALL STYLES MADE IN RIGHTS AND LEFTS. WHEN ORDERING FOR LEFT HANDED PLAYERS SPECIFY "FULL RIGHT."

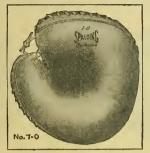
PROMPT ATTENTION GIVEN TO

A. G. SPALDING & BROS.

Spalding Catchers' Mitts

Spalding "Perfection" Catchers' Mitt

Patented Jan. 2, 1906, Sept. 29, 1908, March 30, 1909



Made of best quality brown calfskin throughout; patent combination molded face; patent hand formed padding of best hair felt, making a perfect pocket without any breaking in; leather laced back and thumb; strap-and-buckle fastening.

No. **7-0** Each, **\$6.00**

Spalding "Collegiate" Catchers Mitt

Molded Face

Pat. Jan. 2, 1906, Sept. 29, 1908, March 30, 1909



No. 6-0. Made of special olive colored leather, excellent quality, perfectly tanned to enable us to produce the necessary "pocket" with an absolutely smooth surface on face; hand formed felt padding; leather laced back and thumb; strapand-buckle fastening,

Each, \$5.00

Spalding "League Extra" Catchers' Mitt

Pat, Sept. 29, 1908, March 30, 1909



No. 5-O. Special drab tanned buck, very soft and pliable, patent hand formed felt padding; strap-and-buckle fastening at back; reinforced and laced at thumb, and made with our patent laced back.

Each, \$4.00

ALL STYLES MADE IN RIGHTS AND LEFTS. WHEN ORDERING FOR LEFT HANDED PLAYERS SPECIFY "FULL RIGHT."

PROMPT ATTENTION GIVEN TO ANY COMMUNICATIONS ADDRESSED TO US

A. G. SPALDING & BROS. STORES IN ALL LARGE CITIES

SPALDING CATCHERS' MITTS

SPALDING "SEMI-PRO" CATCHERS' MITT



Black leather; strap-and-buckle fastening; reinforced and laced at thumb; patent laced back.

No. 1R. Each, \$2.00

SPALDING "ATHLETIC" CATCHERS' MITT



Made with smoked horse hide, face and finger piece correctly padded, reinforced and laced at thumb; patent laced back; strap-and-buckle fastening.

No. IS. Each, \$2.00

SPALDING "BACK-STOP" CATCHERS MITT



Good quality special tanned buff colored leather face and finger piece; correctly padded; strap-andbuckle fastening; reinforced and laced at thumb; patent laced back.

No 1C. Each, 81.50

SPALDING "ASSOCIATION" MITT



Men's size. Special black smooth tanned leather face, back and finger-picce; correctly padded; reinforced and laced at thumb; strap-and-buckle fastening at back.

No. 2R. Each, \$1.00

ALL STYLES MADE IN RIGHTS AND LEFTS. WHEN ORDERING FOR LEFT HANDED PLAYERS SPECIFY "FULL RIGHT."

PROMPT ATTENTION GIVEN TO ANY COMMUNICATIONS ADDRESSED TO US

A. G. SPALDING & BROS. STORES IN ALL LARGE CITIES

Spalding Basemen's Mitts

"WORLD SERIES" PROFESSIONAL MODELS

Special Professional Model Patented June 28, 1910.



Larger in area than our No. AX and made with patented King Padding so that the amount and position of the padding may be adjusted readily by the player to suit himself. Made of finest quality white tanned leather throughout; leather lacing; strap-andbuckle fastening. Leather strap support at thumb. No. AXP. Each. \$4.00

Spalding "League Special" No. AX Basemen's Mitt



Made of absolutely finest quality white tanned buckskin, face, back and lining; leather lacing all around; strap-and-buckle fastening. Leather strap at thumb.

No. AX. Each, \$4.00

It is in the Spalding Basemen's Mitts that the full advantages of the special "molded face" feature can be seen and appreciated. These mitts, which from the very moment they are put into play should adapt themselves to the conformation of the hand, cannot be simply slapped together without regard to shape. The leather in the face must first of all be most carefully selected, and only the very best portions picked out for the peculiar stretching and molding process which goes so far towards making Spalding Basemen's Mitts the perfect articles they are. Then the padding must be shaped properly by hand to form the necessary "pocket" and after that the other special features, only found in our goods, must be added, in order to make them worthy to bear the Spalding Trade-Mark.

ALL STYLES MADE IN RIGHTS AND LEFTS. WHEN ORDERING FOR LEFT HANDED PLAYERS SPECIFY "FULL RIGHT."

Special Professional Model



Slightly larger model than No. BXS but made regularly with less padding. The padding is arranged according to the King Patent, permitting the player to adjust posi-tion and amount of padding to suit his individual ideas. Made of finest quality selected calfskin

of niest quality selected cairskin throughout; leather lacing; strap-and-buckle fastening. Leather strap support at thumb. No. BXP. Each, \$4.00 Spalding "League Special" No. BXS Basemen's Mitt



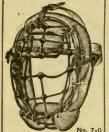
Made of finest selected brown calfskin, face, back and lining; leather lacing all around; strap-and-buckle fastening. Leather strap at thumb.

No. BXS. Each. \$4.00

ROMPT ATTENTION GIVEN TO ANY COMMUNICATIONS ADDRESSED TO US

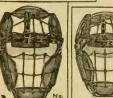
TRADE-MARK GUARAN SETITUTE THE SPALDING (

SPALDING BASE BALL MASKS.











Spalding "World Series". Mask
No. 7-0. This mask possesses a combination of good points that are not equalled in any other style. The frame is of specially annealed steel wire, extra heavy and black finish. Each joining of wires is carefully reinforced and then heavily soldered. The padding is of the most comfortable "continuous" style ever put in a base ball mask, all hair-filled and leather covered. Improved patent elastic head Each, \$5.00 to the calculations

Spalding "Special Soldered" Mask

No. 6-0. Each crossing of the wires very heavily soldered. Extra heavy wire frame, black finished; continuous padding on sides, special forehead pad and molded leather chin-piece; special elastic head-band and detachable cloth sun-shade. Each, \$4,00

Spalding "Sun Protecting" Mask

No. 4-0. With patent molded leather sun-shade, protecting the eyes without obstructing the view. Made throughout of finest steel wire, extra heaviblack finish. Fitted with molded leather chin-strap, improved design; hair-filled pads, including forehead pad and special elastic head-band. Each, \$4.00

Spalding "Neck Protecting" Mask

No. 3-0. The neck protecting arrangement affords positive protection to the neck. Finest steel wire, extra heavy and black finish, hair-filled pads and special elastic head-strap. Each, \$3.50

Spalding "Semi-Pro" League Mask

No. O-P. Extra heavy best black annealed steel wire. Special continuous side pads, leather covered. hair-filled; special forehead pad; molded leather chin-strap; elastic head-band. Each, \$2.50

Spalding "Regulation League" Masks

No. 2-0. Extra heavy best black annealed steel wire. Hair-filled padding of improved design, including forehead pad, and molded leather chin-strap; special elastic head-band. Each, \$2.00

No. 0-X. Men's size, heavy soft annealed steel wire, finished in black. Improved leather covered pads, including forehead pad

and molded leather chinstrap. Each. \$1.50

No. OXB. Best vouths' mask, black finish. soft annealed steel wire, similar quality throughout to

No. O-X. Each, \$1.50







Spalding Umpires' Mask

> No. 5-0. With neck protecting attachment and a special

ear protection. nicely radded. Safest~

and most con-O'Loughin, the venient. American League Umpire. Each, \$5.00

ROMPT ATTENTION GIVEN TO ANY COMMUNICATIONS ADDRESSED TO US

TRADE-MARK GUAR NO THE SPALDING

SPALDING BASE BALL SHOES



Spalding Sprinting Base Ball Shoe

Selected kangaroo leather and built on our famous running shoe last. This shoe is strongly made, and, while extremely light in weight, will be found substantial in construction. Hand sewed and a strictly bench made shoe. Rawhide thong laces.

No. 30-S. Pair, \$7.00

Spalding "Featherweight" Base Ball Shoe

Owing to the lightness and fineness of this shoe, it is weight durable shoe for general use we accommend No. 30-S. Hand sewed and a strictly bench made shoe. Rawhide thong laces.



Spalding Club Special

Carefully selected satin calfskin. machine sewed, very substantially constructed, and a first-class shoe in every particular. Steel plates riveted to heel and sole.

No. 0. Per pair, \$5.00

Spalding Amateur Special

Made of good quality calfskin, machine sewed; a serviceable and durable shoe, and one we can specially recommend. Plates riveted to heel and sole.

No. 35. Per pair. \$3.50

Spalding Junior

A leather shoe, made on regular base ball shoe last. Plates riveted to heel and sole. An excellent shoe for the money, but not Guaranteed.

No. 37. Per pair, \$2.50

Juvenile Base Ball Shoes Made on special boys' size lasts; similar to those that we use in our regular men's shoes. The shoes are made in the Spalding Factory and in exactly the same careful manner as our regular line of men's shoes. Good quality material throughout and steel plates.

No. 38. Furnished in boys' sizes, 12 to 5, inclusive, only. Per pair, \$2.00

SPECIAL NOTICE. We recommend for use on base ball shoes to keep the leather pilable and in good condition, even when shoes are used during wet weather, "Spaiding Waterproof Oil for Athletic Shoes." Per can, 25 Cents.

PROMPT ATTENTION GIVEN TO ANY COMMUNICATIONS ADDRESSED TO US

FOR COMPLETE LIST OF STORES SEE INSIDE FRONT COVER OF THIS BOOK

hange without notice For Canadian prices see





TOTAL SUCCESS We have met with in putting out this racket accompanied by the broadest guarantee

ever given on an article of this kind is the best evidence as to the truth of our assertions regarding the great care which we exercise in watching every detail of its manufacture. The racket is sold upon its own reputation and the Spalding Guarantee is your assurance of satisfaction.

The difference between Styles A and B is in the additional strings reinforcing the central portion of the latter. Handles 5 and 51, inches in circumference. Stringing of clearest and absolutely best quality lambs' gut. Tag attached to each racket, giving particulars of special in-spection. Each racket enclosed in special quality mackintosh cover.

We use a dogwood insertion in shoulders, after proving to our satisfaction, by experience, that it is far superior to cane or other material for the purpose.

No. GM.

EITHER STYLE A OR STYLE B STRINGING.

Each, \$8.00

GUARANTEE

Eguarantee Lawn Tennis Rackets for a period of 30 days from date of pur-Guarantee Tag attached



to each Spalding Lawn Tennis Racket reads as follows: If this Racket proves defective in workmanship or material within 30 days from date of purchase, please return, transportation charges prepaid, to any Spalding Store, and the defect will be rectified. Imperfectly strung Rackets will be restrung, and in the event of a broken frame due to workmanship or delective material, the Racket will be replaced. **Notice.**—This Guarantee does not apply to Rackets weighing less than 13 ounces

We urge that at the conclusion of play this Racket be rubbed dry, and When not in use be covered with a Waterproof Cover, placed in a Racket Press, and the gut occasionally varnished.

EEP YOUR RACKET IN A DRY PLACE, otherwise the Guarantee is Void.

ROMPT ATTENTION GIVEN TO ANY COMMUNICATIONS ADDRESSED TO US