

## **Commonly Used Drugs**

Many drugs can alter a person's thinking and judgment, and can lead to health risks, including addiction, drugged driving, infectious disease, and adverse effects on pregnancy. Information on commonly used drugs with the potential for misuse or addiction can be found here.

For information about treatment options for substance use disorders, see NIDA's <u>Treatment pages</u>. For drug use trends, see our <u>Trends and Statistics page</u>. For the most up-to-date slang terms, please see <u>Slang Terms and Code Words: A Reference for Law Enforcement Personnel (DEA, PDF, 1MB)</u>.

The following drugs are included in this resource:

- Alcohol
- Ayahuasca
- Central Nervous System Depressants
- Cocaine
- ➤ DMT
- ➢ GHB
- Hallucinogens
- > Heroin
- Inhalants
- Ketamine
- Khat
- > Kratom
- ➤ LSD
- Marijuana (Cannabis)
- MDMA (Ecstasy/Molly)
- Mescaline (Peyote)

- Methamphetamine
- Over-the-Counter Medicines--Dextromethorphan (DXM)
- Over-the-Counter Medicines--Loperamide
- ▶ PCP
- Prescription Opioids
- Prescription Stimulants
- Psilocybin
- Rohypnol® (Flunitrazepam)
- > Salvia
- Steroids (Anabolic)
- Synthetic Cannabinoids
- Synthetic Cathinones ("Bath Salts")
- Tobacco/Nicotine

<sup>\*\*</sup>Drugs are classified into five distinct categories or schedules "depending upon the drug's acceptable medical use and the drug's abuse or dependency potential." More information and the most up-to-date scheduling information can be found on the Drug Enforcement Administration's <u>website</u>.

#### **Alcohol**

People drink to socialize, celebrate, and relax. Alcohol often has a strong effect on people—and throughout history, people have struggled to understand and manage alcohol's power. Why does alcohol cause people to act and feel differently? How much is too much? Why do some people become addicted while others do not? The National Institute on Alcohol Abuse and Alcoholism is researching the answers to these and many other questions about alcohol. Here's what is known:

Alcohol's effects vary from person to person, depending on a variety of factors, including:

- How much you drink
- How often you drink
- Your age
- Your health status
- Your family history

While drinking alcohol is itself not necessarily a problem—<u>drinking too much</u> can cause a range of consequences, and increase your risk for a variety of problems. For more information on alcohol's effects on the body, please see the <u>National Institute on Alcohol Abuse and Alcoholism's</u> related web page describing <u>alcohol's effects on the body</u>.

#### **Ayahuasca**

A tea made in the Amazon from a plant (*Psychotria viridis*) containing the hallucinogen DMT, along with another vine (*Banisteriopsis caapi*) that contains an MAO inhibitor preventing the natural breakdown of DMT in the digestive system, which enhances serotonergic activity. It was used historically in Amazonian religious and healing rituals. For more information, see the <u>Hallucinogens and Dissociative Drugs Research Report</u>.

Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule
Aya, Hoasca, Vine, Yagé	No commercial uses	Brewed as tea	Swallowed as tea	DMT is Schedule I, but plants containing it are not controlled
	Po	ssible Health Effects		controlled
Short-term	Strong hallucinations incl	luding altered visual and a sea; burning sensation in t	uditory perceptions; increase ne stomach; tingling sensation	
Long-term	Possible changes to the serotoninergic and immune systems, although more research is needed.			
Other Health-related Issues	Unknown.			
In Combination with Alcohol	Unknown.			
Withdrawal Symptoms	Unknown.			
Treatment Options				
Medications		ayahuasca is addictive. The asca or other hallucinogen	ere are no FDA-approved med 5.	dications to
Behavioral Therapies	More research is needed therapies are effective.	to find out if ayahuasca is	addictive and, if so, whether	behavioral

## **Central Nervous System Depressants**

Medications that slow brain activity, which makes them useful for treating anxiety and sleep problems. For more information, see the <u>Misuse of Prescription Drugs Research Report</u>.

Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA
	(Common)			Schedule
Barbs, Dolls, Phennies, Red/BlueBirds, Tooties, Yellow Jackets, Yellows	Barbiturates: pentobarbital (Nembutal®)	Pill, capsule, liquid	Swallowed, injected	II, III, IV
Benzos, Downers, Poles, Tranks, Totem Z-Bars, Vs, Yellow/Blue Zs, Zannies	Benzodiazepines: alprazolam (Xanax®), chlorodiazepoxide (Librium®), diazepam (Valium®), lorazepam (Ativan®), triazolam (Halicon®)	Pill, capsule, liquid	Swallowed, snorted	IV
Forget-me pill, Looney Bar, Mexican Valium, R2, Roche, Tic-Tacs, Sleepeasy, Symphony, Zombie flip	Sleep Medications: eszopiclone (Lunesta®), zaleplon (Sonata®), zolpidem (Ambien®)	Pill, capsule, liquid	Swallowed, snorted	IV
	Po	ssible Health Effects		
Short-term	•	ch, poor concentration, con lowered blood pressure, slo	fusion, dizziness, problems v owed breathing.	vith
Long-term	Unknown.			
Other Health-related Issues	·	metimes used as date rape d other infectious diseases f	_	
In Combination with Alcohol	Further slows heart rate	and breathing, which can le	ad to death.	
Withdrawal Symptoms	Must be discussed with a health care provider; barbiturate withdrawal can cause a serious abstinence syndrome that may even include seizures.			
Treatment Options				
Medications	There are no FDA-approved medications to treat addiction to prescription sedatives; lowering the dose over time must be done with the help of a health care provider.			
Behavioral Therapies	More research is needed prescription sedatives.	to find out if behavioral the	erapies can be used to treat a	iddiction to

## Cocaine

A powerfully addictive stimulant drug made from the leaves of the coca plant native to South America. For more information, see the <u>Cocaine Research Report</u>.

Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule	
Blow, Bump, C, Coke, Crack, Dust, Flake, Nose Candy, Rock, Snow, Sneeze, Sniff, Toot, White Rock With heroin: Speedball	Cocaine hydrochloride topical solution (low dose anesthetic used in certain medical procedures)	White powder, whitish rock crystal	Snorted, smoked, injected	II	
	Po	ssible Health Effects			
Short-term	pressure; headache; abd insomnia, restlessness; a	enlarged pupils; increased body ominal pain and nausea; euphor nxiety; erratic and violent behav problems, heart attack; stroke, s	ia; increased energy, ale ior, panic attacks, parar	ertness;	
Long-term	Loss of sense of smell, nosebleeds, nasal damage and trouble swallowing from snorting; infection and death of bowel tissue from decreased blood flow; poor nutrition and weight loss; lung damage from smoking.				
Other Health-related Issues	children prenatally exposed.	rery, low birth weight, deficits in self- ner infectious diseases from shared ne	•	chool-aged	
In Combination with Alcohol	Greater risk of cardiac to	xicity than from either drug alor	ie.		
Withdrawal Symptoms	Depression, tiredness, in movement, restlessness.	creased appetite, insomnia, vivid	d unpleasant dreams, slo	owed	
	Treatment Options				
Medications	There are no FDA-approv	ved medications to treat cocaine	addiction.		
Behavioral Therapies	<ul><li>Contingency mar</li><li>The Matrix Mode</li><li>Community-base</li></ul>	oral therapy (CBT) nagement, or motivational incenel el ed recovery groups, such as 12-S application: reSET®	_	S	

## **DMT**

Dimethyltriptamine (DMT) is a synthetic drug that produces intense but relatively short-lived hallucinogenic experiences; it is also found naturally in some South American plants (see Ayahuasca). For more information, see the <u>Hallucinogens and Dissociative Drugs Research Report</u>.

Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule
Businessman's Special, DMT, Dimitri	No commercial uses	White or yellow crystalline powder	Smoked, injected	I
	Po	ssible Health Effects		
Short-term  Intense visual hallucinations, depersonalization, auditory distortions, and an altered perception of time and body image, usually peaking in about 30 minutes when drank as teat Physical effects include hypertension, increased heart rate, agitation, seizures, dilated pupi				ank as tea.
Long-term	Unknown			
Other Health-related Issues	At high doses, cardiac an	d respiratory arrest have o	ccurred.	
In Combination with Alcohol	Unknown.			
Withdrawal Symptoms	Unknown.			
	1	reatment Options		
Medications	It is not known whether DMT is addictive. There are no FDA-approved medications to treat addiction to DMT or other hallucinogens.			
Behavioral Therapies	More research is needed therapies are effective.	to find out if DMT is addic	tive and, if so, whether behav	ioral

#### **GHB**

Gamma-hydroxybutyrate (GHB) is a depressant approved for use in the treatment of narcolepsy, a disorder that causes daytime "sleep attacks".

Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule
G, Gamma-oh, GEEB,	Gamma-	Colorless liquid, white	Swallowed (often	I
Georgia Home Boy,	hydroxybutyrate or	powder	combined with	
Gina, Goop, Grievous	sodium oxybate		alcohol or other	
Bodily Harm, Liquid	(Xyrem®)		beverages)	
Ecstasy, Liquid X,				
Scoop, Soap				
	Po	ssible Health Effects		
Short-term	Euphoria, drowsiness, nausea, vomiting, confusion, memory loss, unconsciousness, slowed			
	heart rate and breathing, lower body temperature, seizures, coma, death.			
Long-term	Unknown.			
Other Health-related	Sometimes used as a dat	e rape drug.		
Issues				
In Combination with	Nausea, problems with b	reathing, greatly increased depr	essant effects.	
Alcohol				
Withdrawal	Insomnia, anxiety, tremo	rs, sweating, increased heart ra	te and blood pressure, p	sychotic
Symptoms	thoughts.			
Treatment Options				
Medications	Benzodiazepines			
Behavioral Therapies	More research is needed addiction.	to find out if behavioral therap	ies can be used to treat (	ЭНВ

## Hallucinogens

Drugs that cause profound distortions in a person's perceptions of reality, such as ketamine, LSD, mescaline (peyote), PCP, psilocybin, salvia, DMT, and ayahuasca. For more information, see the <a href="Hallucinogens and Dissociative Drugs">Hallucinogens and Dissociative Drugs</a> <a href="Research Report">Research Report</a>.

#### Heroin

An opioid drug made from morphine, a natural substance extracted from the seed pod of various opium poppy plants. For more information, see the <u>Heroin Research Report</u>.

Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule	
Brown sugar, Chiva Dope, H, Horse, Junk, Skag, Skunk, Smack, White Horse	No commercial uses	White or brownish powder, or black sticky substance known as "black tar heroin"	Injected, smoked, snorted	I	
With OTC nighttime cold medicine: Cheese					
With Marijuana: A- Bomb					
	Po	ssible Health Effects			
Short-term	Euphoria; dry mouth; itcl	ning; nausea; vomiting; ana	gesia; slowed breathing and	heart rate.	
Long-term	•	Collapsed veins; abscesses (swollen tissue with pus); infection of the lining and valves in the heart; constipation and stomach cramps; liver or kidney disease.			
Other Health-related Issues		Pregnancy: miscarriage, low birth weight, neonatal abstinence syndrome.  Risk of HIV, hepatitis, and other infectious diseases from shared needles.			
In Combination with Alcohol	Dangerous slowdown of	heart rate and breathing, co	oma, death.		
Withdrawal	•	l bone pain, insomnia, diarr	hea, vomiting, cold flashes wi	ith goose	
Symptoms	bumps ("cold turkey").				
		Freatment Options			
Medications	Methadone				
	Buprenorphine				
	Naltrexone (shor	t- and long-acting forms)			
Behavioral Therapies	<ul> <li>Contingency mar</li> </ul>	nagement, or motivational i	ncentives		
	12-Step facilitation	on therapy			

#### Inhalants

Solvents, aerosols, and gases found in household products such as spray paints, markers, glues, and cleaning fluids; also prescription nitrites. For more information, see the <a href="Inhalants Research Report">Inhalants Research Report</a>.

Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule	
Air blast, Aimies, Bullets, Laughing gas, Moon gas, Oz, Poppers, Snappers, Snotballs, Toilet Water, Whippets, Whiteout	Various household products  Amyl nitrite (a prescription solution) is used to relieve pain of angina attacks (chest pain).	Paint thinners or removers, degreasers, dry-cleaning fluids, gasoline, lighter fluids, correction fluids, permanent markers, electronics cleaners and freeze sprays, glue, spray paint, hair or deodorant sprays, fabric protector sprays, aerosol computer cleaning products, vegetable oil sprays, butane lighters, propane tanks, whipped cream aerosol containers, refrigerant gases, ether, chloroform, halothane, nitrous oxide, prescription nitrites	Inhaled through the nose or mouth	Not scheduled	
	Po	ssible Health Effects			
Short-term	disinhibition, lightheaded due to heart failure (from asphyxiation, suffocation	Confusion; nausea; slurred speech; lack of coordination; euphoria; dizziness; drowsiness; disinhibition, lightheadedness, hallucinations/delusions; headaches; sudden sniffing death due to heart failure (from butane, propane, and other chemicals in aerosols); death from asphyxiation, suffocation, convulsions or seizures, coma, or choking.  Nitrites: enlarged blood vessels, enhanced sexual pleasure, increased heart rate, brief			
Long-term	Liver and kidney damage	Liver and kidney damage; bone marrow damage; limb spasms due to nerve damage; brain damage from lack of oxygen that can cause problems with thinking, movement, vision, and hearing.			
Other Health-related Issues	·	ght, bone problems, delayed bel olism and body composition.	navioral development du	e to brain	
In Combination with Alcohol	Unknown.				
Withdrawal Symptoms	Nausea, tremors, irritabil	lity, problems sleeping, and moo	d changes.		
		Treatment Options			
Medications	, ,	ved medications to treat inhalant			
Behavioral Therapies	More research is needed addiction.	to find out if behavioral therapi	es can be used to treat in	nhalant	

#### Ketamine

A dissociative drug used as an anesthetic in veterinary practice. Dissociative drugs are hallucinogens that cause the user to feel detached from reality. For more information, see the <u>Hallucinogens and Dissociative Drugs Research Report</u>.

Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule
Cat Valium, K, Lady K, Special K, Vitamin K	Ketalar®, a surgical anesthetic  Spravato™ (esketamine), prescribed for treatment resistant depression used under strict medical supervision  Ketaset, a surgical anesthesia used by veterinarians	Liquid, white powder	When misused: Injected, snorted, smoked (powder added to tobacco or marijuana cigarettes), swallowed  Prescription formulas are injections or nasal sprays.	III
	Pos	ssible Health Effects		
Short-term	Short-term Problems with attention, learning, and memory; dreamlike states, hallucinations; sedation; confusion; loss of memory; raised blood pressure; unconsciousness; dangerously slowed breathing.			
Long-term	Ulcers and pain in the bla	adder; kidney problems; stom	ach pain; depression; poor	memory.
Other Health-related	Sometimes used as a dat	e rape drug.		
Issues	Risk of HIV, hepatitis, and	d other infectious diseases fro	m shared needles.	
In Combination with Alcohol	Increased risk of adverse	effects.		
Withdrawal Symptoms	Unknown.			
Treatment Options				
Medications	There are no FDA-approv drugs.	ed medications to treat addic	tion to ketamine or other c	lissociative
Behavioral Therapies	More research is needed dissociative drugs.	to find out if behavioral thera	pies can be used to treat a	ddiction to

#### Khat

Pronounced "cot," a shrub (*Catha edulis*) found in East Africa and southern Arabia; contains the psychoactive chemicals cathinone and cathine. People from African and Arabian regions (up to an estimated 20 million worldwide) have used khat for centuries as part of cultural tradition and for its stimulant-like effects.

Street Names	Commercial Names	Common Forms	Common Ways	DEA
			Taken	Schedule
Abyssinian Tea, African	No commercial uses	Fresh or dried leaves	Chewed, brewed	Cathinone is
Salad, Catha, Chat, Kat,			as tea	a Schedule I
Oat				drug, making
				khat use
				illegal, but
				the khat
				plant is not
				controlled
	Po	ossible Health Effects		1
Short-term	Euphoria, increased aler	tness and arousal, increased	blood pressure and hear	t rate,
	depression, paranoia, he	eadaches, loss of appetite, ins	somnia, fine tremors, los	s of short-term
	memory.			
Long-term	Gastrointestinal disorde	rs such as constipation, ulcer	s, and stomach inflamma	tion; and
	increased risk of heart a	ttack.		
Other Health-related	In rare cases associated	with heavy use: psychotic rea	actions such as fear, anxi	ety, grandiose
Issues	delusions (fantastical be	liefs that one has superior qu	ialities such as fame, pov	ver, and
	wealth), hallucinations, a	and paranoia.		
In Combination with	Unknown.			
Alcohol				
Withdrawal	Depression, nightmares,	low blood pressure, and lack	of energy.	
Symptoms				
Treatment Options				
Medications	Medications It is not known whether khat is addictive. There are no FDA-approved medications to treat			
	addiction to khat.			
Behavioral Therapies	More research is needed	to find out if khat is addictive	ve and, if so, whether bel	navioral
	therapies are effective.			
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#### Kratom

A tropical deciduous tree (*Mitragyna speciosa*) native to Southeast Asia, with leaves that contain many compounds, including mitragynine, a psychoactive (mind-altering) opioid. Kratom is consumed for mood-lifting effects and pain relief and as an aphrodisiac. For more information, see the <u>Kratom DrugFacts</u>.

Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule
Herbal Speedball, Biak-b	iak, None	Fresh or dried leaves,	Chewed (whole leaves);	Not
Ketum, Kahuam, Thang,		powder, liquid, gum	eaten (mixed in food or	scheduled
Thom			brewed as tea);	
			occasionally smoked	
	Possik	ble Health Effects		
Short-term	Nausea, dizziness, itching, sv	veating, dry mouth, cons	tipation, loss of appetite.	
	Low doses: increased energy	v. sociability. alertness.		
	2011 0.00001 0.00001 0	, 555.65, , 6.5		
	High doses: sedation, euphoria, decreased pain.			
Long-term	Anorexia, weight loss, insomnia, skin darkening, constipation. Hallucination and paranoia			
	with long-term use at high doses.			
Other Health-related	Unknown.			
Issues				
In Combination with	Unknown.			
Alcohol				
Withdrawal	Muscle aches, insomnia, hos	tility, aggression, emotio	nal changes, runny nose, je	rky
Symptoms	movements.			
Treatment Options				
Medications	No clinical trials have been c	onducted on medication	s for kratom addiction.	
Behavioral Therapies	More research is needed to kratom.	find out if behavioral the	rapies can be used to treat	addiction to

## LSD

A hallucinogen manufactured from lysergic acid, which is found in ergot, a fungus that grows on rye and other grains. LSD is an abbreviation of the scientific name *lysergic acid diethylamide*. For more information, see the <u>Hallucinogens</u> and <u>Dissociative Drugs Research Report</u>.

Street Names	Commercial Names	Common Forms	Common Ways	DEA
			Taken	Schedule
Acid, Blotter, Boomers,	No commercial uses	Tablet; capsule; clear liquid;	Swallowed, absorbed	I
Cid, Golden Dragon,		small, decorated squares of	through mouth	
Looney Tunes, Lucy		absorbent paper that liquid	tissues (paper	
Mae, Microdots, Tabs,		has been added to	squares)	
Yellow Sunshine				
	Po	ssible Health Effects		
Short-term		distortion of a person's ability to ners; raised blood pressure, hear ; enlarged pupils.		
Long-term	Frightening flashbacks (called Hallucinogen Persisting Perception Disorder [HPPD]); ongoing visual disturbances, disorganized thinking, paranoia, and mood swings.			
Other Health-related Issues	Unknown.			
In Combination with Alcohol	Unknown.			
Withdrawal	Unknown.			
Symptoms				
Treatment Options				
Medications	There are no FDA-approved medications to treat addiction to LSD or other hallucinogens.			
Behavioral Therapies	More research is needed hallucinogens.	l to find out if behavioral therapi	es can be used to treat a	ddiction to

# Marijuana (Cannabis)

Marijuana is made from the hemp plant, *Cannabis sativa*. The main psychoactive (mind-altering) chemical in marijuana is delta-9-tetrahydrocannabinol, or THC. For more information, see the <u>Marijuana Research Report</u>.

Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA
420, Blunt, Bud, Doobie, Dope, Ganja, Grass, Green, Herb, Joint, Mary Jane, Pot, Reefer, Sinsemilla, Skunk, Smoke, Stinkweed, Trees, Weed, Hashish: Boom, Gangster, Hash, Hemp Concentrates: Budder, Crumble, Shatter, Wax In food: Edibles Added to hollowed out cigar: Blunt	Various brand names in states where the sale of marijuana is legal	Greenish-gray mixture of dried, shredded leaves, stems, seeds, and/or flowers; resin (hashish) or sticky, black liquid (hash oil)	Smoked, Vaped, Eaten (mixed in food or brewed as tea)	Schedule
3	Po	ssible Health Effects		
Short-term	Enhanced sensory perception and euphoria followed by drowsiness/relaxation; slowed reaction time; problems with balance and coordination; increased heart rate and appetite; problems with learning and memory; anxiety.			
Long-term	Mental health problems,	chronic cough, frequent res	piratory infections.	
Other Health-related Issues		nesses and deaths. Pregnand	cetate (and possibly other chars; babies born with problem	=
In Combination with Alcohol	Increased heart rate, block time.	od pressure; further slowing	of mental processing and re	action
Withdrawal Symptoms	Irritability, trouble sleepi	ng, decreased appetite, anxi	ety.	
	1	reatment Options		
Medications	There are no FDA-approv	ed medications to treat mar	ijuana addiction.	
Behavioral Therapies	<ul><li>Contingency mar</li><li>Motivational Enh</li><li>Behavioral treatr</li></ul>	oral therapy (CBT) hagement, or motivational in hancement Therapy (MET) ments geared to adolescents hpplication: reSET®		

# MDMA (Ecstasy/Molly)

A synthetic, psychoactive drug that has similarities to both the stimulant amphetamine and the hallucinogen mescaline. MDMA is an abbreviation of the scientific name *3,4-methylenedioxy-methamphetamine*. For more information, see the MDMA (Ecstasy) Research Report.

Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule		
Adam, E, X, XTC, Beans, Candy, E- bomb, Thizz, Love Drug, Molly, Rolls, Skittles, Sweets, Vitamin E or X.	No commercial uses; is being researched as therapy for Post Traumatic Stress Disorder (PTSD) under strict medical supervision.	Colorful tablets with imprinted logos, capsules, powder, liquid	Swallowed, snorted	I		
	<u> </u>	ssible Health Effects				
Short-term		faintness; chills or sweating	creased heart rate and blood; sharp rise in body temperat	•		
Long-term	Long-lasting confusion, depression, problems with attention, memory, and sleep; increased anxiety, impulsiveness; less interest in sex.					
Other Health-related Issues	Unknown.					
In Combination with Alcohol		of alcohol's effects. Alcohol ase the risk of neurotoxic ef	can increase plasma concent fects.	rations of		
Withdrawal Symptoms	Fatigue, loss of appetite, depression, trouble concentrating.					
	Treatment Options					
Medications	There is conflicting evide medications to treat MD		is addictive. There are no FD	A-approved		
Behavioral Therapies	More research is needed addiction.	to find out if behavioral the	erapies can be used to treat I	MDMA		

# Mescaline (Peyote)

A hallucinogen found in disk-shaped "buttons" in the crown of several cacti, including peyote. For more information, see the <u>Hallucinogens and Dissociative Drugs Research Report</u>.

Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule
Big Chief, Buttons, Cactus, Mescalito	No commercial uses	Fresh or dried buttons, capsule	Swallowed (chewed or soaked in water and drunk)	ı
	Po	ssible Health Effects		
Short-term	1 '	d feeling; hallucinations; euphor blood pressure; sweating; prob	• • • • • • • • • • • • • • • • • • • •	dy
Long-term	Unknown.			
Other Health-related Issues	Unknown.			
In Combination with Alcohol	Unknown.			
Withdrawal Symptoms	Unknown.			
		Freatment Options		
Medications	There are no FDA-approvhallucinogens.	ved medications to treat addiction	on to mescaline or other	
Behavioral Therapies	More research is needed hallucinogens.	to find out if behavioral therap	ies can be used to treat a	ddiction to

# Methamphetamine

An extremely addictive stimulant amphetamine drug. For more information, see the  $\underline{\text{Methamphetamine Research}}$  Report.

Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule	
Crank, Chalk, Crystal, Dunk, Gak, Ice, Meth, Pookie, Quartz, Rocket Fuel, Scooby Snax, Speed, Trash With cocaine: Croak, Shabu	Desoxyn® used to treat Attention Deficit Hyperactivity Disorder.	White powder or pill; crystal meth looks like pieces of glass or shiny blue-white "rocks" of different sizes	Swallowed, snorted, smoked, injected	II	
With MDMA: Hugs and Kisses, Party and Play (P&P)					
	Ро	ssible Health Effects			
Short-term		nd physical activity; decreas nperature; irregular heartbe	ed appetite; increased breatl at.	hing, heart	
Long-term	Anxiety, confusion, insomnia, mood problems, violent behavior, paranoia, hallucinations, delusions, weight loss, severe dental problems ("meth mouth"), intense itching leading to skin sores from scratching.				
Other Health-related Issues	Pregnancy: premature delivery; separation of the placenta from the uterus; low birth weight; lethargy; heart and brain problems.  Risk of HIV, hepatitis, and other infectious diseases from shared needles.				
In Combination with Alcohol	Masks the depressant effect of alcohol, increasing risk of alcohol overdose; may increase blood pressure.				
Withdrawal Symptoms	Depression, anxiety, tiredness.				
Treatment Options					
Medications		ved medications to treat me	thamphetamine addiction.		
Behavioral Therapies	<ul><li>Contingency mar</li><li>The Matrix Mode</li><li>12-Step facilitation</li></ul>		ncentives		

# Over-the-Counter Medicines--Dextromethorphan (DXM)

Psychoactive when taken in higher-than-recommended amounts. For more information, see the <u>Over-the-Counter Medicines DrugFacts</u>.

Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule
Poor Man's PCP,	Various (many brand	Syrup, capsule	Swallowed	Not
Robo, Robotripping,	names include "DM")			scheduled
Skittles, Triple C				
Possible Health Effects				
Short-term	Cough relief; euphoria; s nausea; vomiting;	lurred speech; increased h	eart rate and blood pressure;	dizziness;
Long-term	Unknown.			
Other Health-related	Breathing problems, seizures, and increased heart rate may occur from other ingredients in			
Issues	cough/cold medicines.			
In Combination with	Unknown.			
Alcohol				
Withdrawal	Unknown.			
Symptoms				
Treatment Options				
Medications	There are no FDA-approv	ved medications to treat ac	ddiction to dextromethorphan	
Behavioral Therapies	More research is needed dextromethorphan.	to find out if behavioral th	nerapies can be used to treat a	addiction to

# Over-the-Counter Medicines--Loperamide

An anti-diarrheal that can cause euphoria when taken in higher-than-recommended doses. For more information, see the <u>Over-the-Counter Medicines DrugFacts</u>.

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Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA	
				Schedule	
Lope dope, Poor	Imodium®, an OTC	Tablet, capsule, or liquid	Swallowed	Not	
man's methadone	medication for diarrhea			scheduled	
Possible Health Effects					
Short-term	Controls diarrhea sympto	oms. In high does, can produ	ice euphoria. May lessen cra	vings and	
	withdrawal symptoms of	withdrawal symptoms of other drugs.			
Long-term	Unknown.				
Other Health-related	Fainting, stomach pain, constipation, loss of consciousness, cardiovascular toxicity, pupil				
Issues	dilation, drowsiness, dizziness, and kidney failure from urinary retention.				
In Combination with	Unknown.				
Alcohol					
Withdrawal	Severe anxiety, vomiting,	, and diarrhea.			
Symptoms					
	7	Freatment Options			
Medications	There are no FDA-approv	ved medications to treat add	liction to over-the-counter c	ough/cold	
	medicines.				
Behavioral Therapies		oral therapies that have hel diction to loperamide.	ped treat addiction to heroi	n may be	
	Contingency mar	nagement, or motivational ir	ncentives		

#### **PCP**

A dissociative drug developed as an intravenous anesthetic that has been discontinued due to serious adverse effects. Dissociative drugs are hallucinogens that cause the user to feel detached from reality. PCP is an abbreviation of the scientific name, *phencyclidine*. For more information, see the <u>Hallucinogens and Dissociative Drugs Research Report</u>.

Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule
Angel Dust, Embalming fluid, Hog, Rocket Fuel, Sherms, Mixed with marijuana: Zoom	No commercial uses	White or colored powder, tablet, or capsule; clear liquid	Injected, snorted, swallowed, smoked (powder added to mint, parsley, oregano, or marijuana)	1, 11
	Po	ssible Health Effects		
Short-term	environment, anxiety.  Low doses: slight increas shallow breathing; face r with movement.	e in breathing rate; increased bloedness and sweating; numbness iting; flicking up and down of the res, coma, and death.	ood pressure and heart r of the hands or feet; pr	rate; oblems
Long-term	Memory loss, problems v	with speech and thinking, loss of	appetite, anxiety.	
Other Health-related Issues	PCP has been linked to se Risk of HIV, hepatitis, and	elf-injury. d other infectious diseases from	shared needles.	
In Combination with Alcohol	Unknown.			
Withdrawal Symptoms	Headaches, increased ap	petite, sleepiness, depression		
Treatment Options				
Medications	There are no FDA-approv drugs.	ved medications to treat addiction	on to PCP or other dissoc	iative
Behavioral Therapies	More research is needed dissociative drugs.	to find out if behavioral therapi	es can be used to treat a	iddiction to

## **Prescription Opioids**

Pain relievers with an origin similar to that of heroin. Opioids can cause euphoria and are often used nonmedically, leading to overdose deaths. For more information, see the <u>Misuse of Prescription Drugs Research Report</u>.

Street Names	Commercial Names (Common)	Common Forms	Common Ways Taken	DEA Schedule
Captain Cody, Coties, Schoolboy, With soft drinks/candy: Lean, Sizzurp, Purple Drank With hypnotic sedatives: Doors & Fours, Loads, Pancakes and Syrup	Codeine (various brand names)	Tablet, capsule, liquid	Injected, swallowed (often mixed with soda and flavorings)	II, III, V
Apache, Blonde, Blue Diamond, Blue Diamond, Snowflake, Humid, Jackpot, Murder 8, Tango and Cash, TNT, White Ladies, With heroin: Birria With heroin pills: Facebook	Fentanyl (Actiq®, Duragesic®, Sublimaze®)	Lozenge, sublingual tablet, film, buccal tablet	Injected, smoked, snorted	II
Vikes, Veeks, Idiot Pills, Scratch, 357s, Lemonade, Bananas, Dones, Droco, Lorries, With valium and vodka: Triple V	Hydrocodone or dihydrocodeinone (Vicodin®, Norco®, Zohydro®, and others)	Capsule, liquid, tablet	Swallowed, snorted, injected	II
D, Dillies, K4, Needle Candy,	Hydromorphone ( <i>Dilaudid</i> ®)	Liquid, suppository	Injected, rectal	II
Demmies, Pain Killer	Meperidine (Demerol®)	Tablet, liquid	Swallowed, snorted, injected	II
Amidone, Biscuits, Fizzies , Jungle Juice, Maria, Wafer With MDMA: Chocolate Chip Cookies	Methadone (Dolophine®, Methadose®)	Tablet, dispersible tablet, liquid	Swallowed, injected	II
Dreamer, First Line, Joy Juice, Morpho, Miss Emma, Monkey, White Stuff, Mister Blue, Unkie	Morphine (Duramorph®, MS Contin®)	Tablet, liquid, capsule, suppository	Injected, swallowed, smoked	11, 111

30s, 40s, 512s, Oxy, Beans, Blues, Buttons, Cotton, Hillbilly Heroin Kickers, Killers, Percs, Roxy Biscuits, Blue Heaven, Blues, Mrs. O, O Bomb, Octagons, Stop Signs	Oxycodone (OxyContin®, Percodan®, Percocet®, and others)  Oxymorphone (Opana®)	Capsule, liquid, tablet  Tablet	Swallowed, snorted, injected  Swallowed, snorted, injected	II II
	Ро	ssible Health Effects		
Short-term	Pain relief, drowsiness, n	ausea, constipation, euphor	ia, slowed breathing, death.	
Long-term	Increased risk of overdose or addiction if misused.			
Other Health-related Issues	Pregnancy: Miscarriage, low birth weight, neonatal abstinence syndrome.  Older adults: higher risk of accidental misuse because many older adults have multiple prescriptions, increasing the risk of drug-drug interactions, and breakdown of drugs slows with age; also, many older adults are treated with prescription medications for pain.  Risk of HIV, hepatitis, and other infectious diseases from shared needles.			
In Combination with Alcohol	Dangerous slowing of heart rate and breathing leading to coma or death.			
Withdrawal		· · · · · · · · · · · · · · · · · · ·	nea, vomiting, cold flashes wi	th goose
Symptoms	bumps ("cold turkey"), leg movements.			
Treatment Options				
Medications	<ul> <li>Methadone</li> </ul>			
	Buprenorphine			
	-	t- and long-acting)		
Behavioral Therapies	The same behavioral the prescription opioid addic		t addiction to heroin are use	d to treat

## **Prescription Stimulants**

Medications that increase alertness, attention, energy, blood pressure, heart rate, and breathing rate. For more information, see the <u>Misuse of Prescription Drugs Research Report</u>.

Street Names	Commercial Names (Common)	Common Forms	Common Ways Taken	DEA Schedule	
Addys, Bennies, Beans, Black Beauties, Crosses, Hearts, Ivy League Drug, Pep Pills, Speed, Truck Drivers, Uppers	Amphetamine (Adderall®)	Tablet, capsule	Swallowed, snorted, smoked, injected	II	
Diet Coke, JIF, Kiddie Coke, MPH, R-Ball, R- Pop, Skippy, Study Buddies , The Smart Drug, Vitamin R	Methylphenidate (Concerta®, Ritalin®)	Liquid, tablet, chewable tablet, capsule	Swallowed, snorted, smoked, injected, chewed	II	
	Possible Health Effects				
Short-term	Increased alertness, attention, energy; increased blood pressure and heart rate; narrowed blood vessels; increased blood sugar; opened-up breathing passages.  High doses: dangerously high body temperature and irregular heartbeat; heart disease; seizures.				
Long-term	Heart problems, psychosis, anger, paranoia.				
Other Health-related Issues	Risk of HIV, hepatitis, and	Risk of HIV, hepatitis, and other infectious diseases from shared needles.			
In Combination with Alcohol	Masks the depressant action of alcohol, increasing risk of alcohol overdose; may increase blood pressure.			increase	
Withdrawal Symptoms	Depression, tiredness, sleep problems.				
	Treatment Options				
Medications	There are no FDA-approv	ved medications to treat stir	nulant addiction.		
Behavioral Therapies	methamphetami	pies that have helped treat ne may be useful in treating application: reSET®	addiction to cocaine or g prescription stimulant addic	ction.	

# Psilocybin

A hallucinogen in certain types of mushrooms that grow in parts of South America, Mexico, and the United States. For more information, see the <u>Hallucinogens and Dissociative Drugs Research Report</u>.

Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule	
Little Smoke, Magic Mushrooms, Purple Passion, Sacred Mush, Sewage Fruit, Shrooms, Zoomers	No commercial uses; being researched as therapy for treatment- resistant depression under strict medical supervision.	Fresh or dried mushrooms with long, slender stems topped by caps with dark gills	Swallowed (eaten, brewed as tea, or added to other foods)	I	
	Po	ssible Health Effects			
Short-term			o tell fantasy from reality, pa nlarged pupils, nausea, vomi	-	
Long-term	Risk of flashbacks and memory problems.				
Other Health-related Issues	Risk of poisoning if a poisonous mushroom is accidentally used.				
In Combination with Alcohol	May decrease the percei	ved effects of alcohol.			
Withdrawal symptoms	Unknown.				
Treatment Options					
Medications	-	osilocybin is addictive. There bin or other hallucinogens.	are no FDA-approved medio	cations to	
Behavioral Therapies		to find out if psilocybin is ac treat addiction to this or oth	ddictive and whether behavioner hallucinogens.	oral	

# Rohypnol® (Flunitrazepam)

A benzodiazepine chemically similar to prescription sedatives such as Valium® and Xanax®. Teens and young adults tend to misuse this drug at bars, nightclubs, concerts, and parties. It has been used to commit sexual assaults due to its ability to sedate and incapacitate unsuspecting victims.

Forget-Me Pill, La Rocha, Mexican Valium, Mind Eraser, Pingus, R2, Rib, Variations of: Roaches, Roapies, Rochas Dos, Roofies, Rope, Rophies, Rowie, Ruffies  Short-term  Drowsing reaction aggressic  Long-term  Unknown	nitrazepam, ypnol®	Tablet	Swallowed (as a pill or as dissolved in a drink), snorted	IV  Rohypnol® is  not approved  for medical use	
reaction aggressic  Long-term Unknown				in the United States; it is available as a prescription sleep aid in other countries.	
reaction aggressic  Long-term Unknown	Possible Health Effects				
	Drowsiness, sedation, sleep; amnesia, blackout; decreased anxiety; muscle relaxation, impaired reaction time and motor coordination; impaired mental functioning and judgment; confusion; aggression; excitability; slurred speech; headache; slowed breathing and heart rate.				
Other Health-related Unknown	1.				
Issues	Unknown.				
In Combination with Severe se death.	edation, unconsciou	sness, and slowed hear	t rate and breathing, which	can lead to	
	Headache; muscle pain; extreme anxiety, tension, restlessness, confusion, irritability; numbness and tingling of hands or feet; hallucinations, delirium, convulsions, seizures, or shock.				
Treatment Options					
Medications There are sedatives	• • •	medications to treat ad	diction to Rohypnol® or oth	er prescription	
· ·	More research is needed to find out if behavioral therapies can be used to treat addiction to Rohypnol® or other prescription sedatives.			addiction to	

#### Salvia

A dissociative drug (*Salvia divinorum*) that is an herb in the mint family native to southern Mexico. Dissociative drugs are hallucinogens that cause the user to feel detached from reality. For more information, see the <u>Hallucinogens and Dissociative Drugs Research Report</u>.

Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule	
Chia seeds, Diviner's Sage, Magic Mint, Sally-D, Ska Pastora,	Sold legally in most states as Salvia divinorum	Fresh or dried leaves	Smoked, chewed, or brewed as tea	Not Scheduled (but labeled drug of concern by DEA and illegal in some states)	
Possible Health Effects					
Short-term	Short-lived but intense hallucinations; altered visual perception, mood, body sensations; mood swings, feelings of detachment from one's body; sweating.				
Long-term	Unknown.				
Other Health-related Issues	Unknown.				
In Combination with Alcohol	Unknown.				
Withdrawal Symptoms	Unknown.				
Treatment Options					
Medications	It is not known whether addiction to salvia or oth		e no FDA-approved medication	ons to treat	
Behavioral Therapies	More research is needed used to treat addiction t		ctive, but behavioral therapie	s can be	

## Steroids (Anabolic)

Man-made substances used to treat conditions caused by low levels of steroid hormones in the body and misused to enhance athletic and sexual performance and physical appearance. For more information, see the <u>Steroids and Other Appearance and Performance Enhancing Drugs (APEDs) Research Report</u>.

Street Names	Commercial Names (Common)	Common Forms	Common Ways Taken	DEA Schedule
Gear, Gym Candy, Juice, Pumpers, Roids, Stacking	Nandrolone (Oxandrin®), oxandrolone (Anadrol®), oxymetholone (Anadrol-50®), testosterone cypionate (Depo-testosterone®)	Tablet, capsule, liquid drops, gel, cream, patch, injectable solution	Injected, swallowed, applied to skin	III
	Po	ssible Health Effects		
Short-term	Builds muscles, improved athletic performance. Acne, fluid retention (especially in the hands and feet), oily skin, yellowing of the skin, infection.			
Long-term	Kidney damage or failure; liver damage; high blood pressure, enlarged heart, or changes in cholesterol leading to increased risk of stroke or heart attack, even in young people; aggression; extreme mood swings; anger ("roid rage"); extreme irritability; delusions; impaired judgment.			
Other Health-related Issues	Males: shrunken testicles, lowered sperm count, infertility, baldness, development of breasts.  Females: facial hair, male-pattern baldness, enlargement of the clitoris, deepened voice.  Adolescents: stunted growth.  Risk of HIV, hepatitis, and other infectious diseases from shared needles.			
In Combination with Alcohol	Increased risk of violent behavior.			
Withdrawal Symptoms	Mood swings; tiredness; restlessness; loss of appetite; insomnia; lowered sex drive; depression, sometimes leading to suicide attempts.			
	1	reatment Options		
Medications	Hormone therapy.			
Behavioral Therapies	More research is needed addiction.	to find out if behavioral the	rapies can be used to treat s	teroid

## **Synthetic Cannabinoids**

A wide variety of herbal mixtures containing man-made cannabinoid chemicals related to THC in marijuana but often much stronger and more dangerous. Sometimes misleadingly called "synthetic marijuana" and marketed as a "natural," "safe," legal alternative to marijuana. For more information, see the <a href="Synthetic Cannabinoids DrugFacts">Synthetic Cannabinoids DrugFacts</a>.

Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule	
Black Mamba, Bliss, Bombay Blue, Fake Weed, Fire, Genie, K-2, Moon Rocks, Solar Flare, Skunk, Smacked, Spice, Yucatan, Zohai	No commercial uses, but new formulations are sold under various names to attract young adults. Many formulations have been outlawed.	Dried, shredded plant material that looks like potpourri and is sometimes sold as "incense"	Smoked, swallowed (brewed as tea)	I	
	Possible Health Effects				
Short-term	Increased heart rate; vomiting; agitation; confusion; hallucinations, anxiety, paranoia; increased blood pressure.				
Long-term	Unknown.				
Other Health-related Issues	Use of synthetic cannabinoids has led to an increase in emergency room visits in certain areas.				
In Combination with Alcohol	Unknown.				
Withdrawal Symptoms	Headaches, anxiety, depression, irritability.				
	Treatment Options				
Medications	There are no FDA-approved medications to treat synthetic cannabinoid addiction.				
Behavioral Therapies	More research is needed to find out if behavioral therapies can be used to treat synthetic cannabinoid addiction.				

## Synthetic Cathinones ("Bath Salts")

An emerging family of drugs containing one or more synthetic chemicals related to cathinone, a stimulant found naturally in the khat plant. Examples of such chemicals include mephedrone, methylone, and 3,4-methylenedioxypyrovalerone (MDPV). For more information, see the <a href="Synthetic Cathinones">Synthetic Cathinones</a> ("Bath Salts") DrugFacts.

Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule
Bath Blow, Bloom, Blue Silk, Bubbles, Cloud Nine, Cosmic Blast, Flakka, Ivory Wave, Lunar Wave, Salting, Scarface, Vanilla Sky, White Lightning, Wicked X	No commercial uses for ingested "bath salts." No relation to "Epsom salt," sold as a bath product.	White or brown crystalline powder sold in small plastic or foil packages labeled "not for human consumption" and sometimes sold as jewelry cleaner; tablet, capsule, liquid	Swallowed, snorted, injected	I Some formulations have been banned by the DEA
Possible Health Effects				
Short-term	Increased heart rate and blood pressure; euphoria; increased sociability and sex drive; paranoia, agitation, and hallucinations; violent behavior; sweating; nausea, vomiting; insomnia; irritability; dizziness; depression; panic attacks; reduced motor control; cloudy thinking.			
Long-term	Death.			
Other Health-related Issues	Risk of HIV, hepatitis, and other infectious diseases from shared needles.			
In Combination with Alcohol	Unknown.			
Withdrawal Symptoms	Depression, anxiety.			
Treatment Options				
Medications	There are no FDA-approved medications to treat addiction to synthetic cathinones.			
Behavioral Therapies	_	oral therapy (CBT) nagement, or motivational incen	tives	
	Motivational Enhancement Therapy (MET)			
		ments geared to teens		

## **Tobacco (and Nicotine)**

Tobacco is a plant grown for its leaves, which are dried and fermented before use. Tobacco contains nicotine, an addictive chemical. Nicotine is sometimes extracted from the plant and is used in vaping devices. For more information, see the <u>Tobacco, Nicotine and E-Cigarettes Research Report</u>.

Street Names	Commercial Names	Common Forms	Common Ways Taken	DEA Schedule	
Cigarettes/Cigars: Butts, Cancer sticks, Ciggys, Cigs, Coffin nails, Smokes, Stogies, Stokes Cigar hollowed out with marijuana added: Blunt	Multiple brand names	cigarettes, vaping devices, e-cigarettes, cigars, bidis, hookahs, kreteks Smokeless tobacco: snuff, spit tobacco, chew	Smoked, snorted, chewed, vaporized	Not Scheduled	
Vaping: Cig-A-Like, E-Hookah, E-Juice, JUULing, vape pens, mods					
Possible Health Effects					
Short-term	Increased blood pressure, breathing, and heart rate. Exposes lungs to a variety of chemicals. Vaping also exposes lung s to metallic vapors created by heating the coils in the device.				
Long-term	Greatly increased risk of cancer, especially lung cancer when smoked, and oral cancers when chewed; chronic bronchitis; emphysema; heart disease; leukemia; cataracts; pneumonia.				
Other Health-related Issues	Nicotine: in teens it can affect the development of brain circuits that control attention and learning.  Tobacco products: Use while pregnant can lead to miscarriage, low birth weight, stillbirth, learning and behavior problems.  Vaping products: Some are mixed with the filler Vitamin E acetate and other chemicals, leading to serious lung illnesses and deaths.				
In Combination with Alcohol	Unknown.				
Withdrawal Symptoms	Irritability, attention and	sleep problems, depression,	increased appetite.		
	Treatment Options				
Medications	<ul><li>Bupropion (Zybar</li><li>Varenicline (Char</li><li>Nicotine replacer</li></ul>				
Behavioral Therapies	Self-help materia	oral therapy (CBT) Ils internet quitting resources			