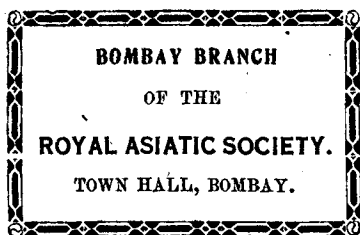




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NOT TO BE
OUT OF THE



THE HISTORY

OF THE

MANNERS AND CUSTOMS

OF

ANCIENT GREECE.

BY J. A. ST. JOHN.

IN THREE VOLUMES.

VOL. II.



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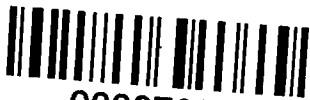


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THE HISTORY
OF THE
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ANCIENT GREECE.

BOOK III.

CHAPTER IV.

MARRIAGE CEREMONIES.

WHEN marriage was determined on, whether love or interest prompted to it, the business part of the transaction, which in all countries is exceedingly unromantic, was delegated, as in China, to a female matchmaker,¹ whose professional duties appear to have been considered important. She carried the lover's proposals to the family of his mistress, or rather, perhaps, broke the ice and paved the way for him. In the earlier ages men, no doubt, performed this delicate office themselves, or entrusted it to their parents; as in Homer we find Achilles declaring, that his father Peleus shall choose a wife for him. Earlier still, if we may credit certain prevalent traditions, men dispensed altogether with such

¹ Προμνηστρία. Aristoph. Nub. 41. et Schol. Poll. iii. 41.
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preliminaries and lived "more pœcudum" with the first females who came in their way, a state of barbarism from which it is said they were reclaimed by Cecrops.¹ But, to whomsoever this fable may trace its origin, it is evidently unworthy of the slightest credit. Of times sunk in such an abyss of ignorance no record could remain, or even of many succeeding revolutions of manners touching close upon the orbit of civilisation. If, however, the tradition arose originally out of any real innovation in manners, it may refer to the partial abolition of polygamy, which, whether made by Cecrops or not, was an important step in the progress of the Greeks towards polished life.

But if Cecrops ever lived, and should not be regarded as a mere mythological creation, we must still reject the comparatively modern tradition which fetches him from Egypt. Coming from the East, he would more probably have instituted polygamy than the contrary. In every point of view the tradition is absurd; for it at once represents the people of Attica as savages, and as having made considerable advances in the science of civil government. They have already emerged from the state of patriarchal rule, not by any means the lowest, and have arrived at the monarchical period in the history of society—for Cecrops marries the daughter of king Actæos—yet have not made the first step in refine-

¹ Athen. xiii. 2. Mr. Mitford defers too much to "the traditions received in the polished ages" when, upon the authority of such traditions and of such writers as Justin (ii. 6.), he appears to conclude that, before the time of Cecrops, the people of Attica were in knowledge and civilisation inferior to the wildest savages. Hist. of Greece, i. 58. Upon legends and authors of this description no reliance can be placed. If society existed, every-

thing "indispensable" to society also existed; therefore, if marriage be so, it could not be unknown. Besides, how happens it that this same Cecrops who instituted marriage did not likewise teach them to sow corn, which, if Egypt was, when he left it, a civilized country, must have been as familiar to him as matrimony? This most necessary acquisition, however, they were left to make many ages afterwards, during the reign of Erechtheus. Justin, ii. 6.

ment,¹ have not passed the barrier dividing the rudest savage from even the barbarian,—had not made the discovery that, for the preservation of society, children must be cared for and maintained, which is impossible until they have other fathers than the community. We must, therefore, reject this Cæcopian legend, and acknowledge that, from the earliest times of which any record remains, the people of Hellas married and were given in marriage.

Whatever the original practice of the Greeks may have been, traces of polygamy long continued discernible in their manners. Heracles maintained a seraglio worthy of an Ottoman sultan. His wives, indeed, like those of a wandering Brahmin, were scattered at convenient points over the country, that, whithersoever he roamed, he might find lodging and entertainment; but, as rumours of his different establishments travelled about, the jealousy of the ladies was at last excited and proved fatal to him. Ægeus, too, and his brother Pallas, old Priam, Agamemnon, Theseus, and nearly every public man in the heroic times, are represented as possessing a harem. Indeed, to judge by the practice of princes, it would seem

¹ Cf. Goguet, *Origine des Loix*. iv. 394, where the learned author contends most chivalrously for the received theory. Apollodorus, however, represents Cæcrops as an Autochthon, *συμφύες ἔχων σῶμα ἀνδρός καὶ δράκοντος*. iii. 14. 1.—The reason why he was thus said to partake of two natures—half-man and half-snake—has been very variously and very fantastically explained. Diodorus Siculus, (i. p. 17,) derives his title to be considered half a man and half a beast, from his being, by choice a Greek, by nature a barbarian. Yet he conceives that it was the beast that civilised the man. Others explain *διφυής* somewhat differently

to mean that he was of gigantic stature and understood two languages: *διὰ μῆκος σώματος οὕτω καλούμενος, ὡς φήσιν ὁ Φιλόχορος, ἢ ὅτι Αἰγυπτίων τὰς δύο γλώσσας ἠπίστατο*.—Euseb. No. 460.—Eustathius, familiar with the fables of the mythology, turns the tables upon Cæcrops, and conceives that he may have civilised himself, not the Athenians, by settling in Attica. He supposes him *ἀπὸ ὄψεως εἰς ἀνθρώπῳ ἐλθεῖν, ἐπειδὴ ἐκεῖνος ἐλθὼν εἰς Ἑλλάδα καὶ τὸν βάρβαρον Αἰγυπτιασμὸν ἀφείας, χρηστὸς ἀναλάβετο τρόπους πολιτικούς*.—In Dionys. Peneg. p. 56.

as if polygamy were the law of every land; so habitual is it with them to transgress, in this point, against public opinion. A report, still current among certain writers, represents Socrates with two wives, the gentle nature of Xantippe encouraging him, perhaps, to venture on a second! But even that diligent retailer of scandal, Athenæus,¹ rejects this story, which, no doubt, originated with some sophist, who owed the philosopher a grudge. If not in the son of Sophroniscos, however, at least in Philip of Macedon, the kings of heroic times found an exact imitator. This Pellæan fox, though he did not, like the Persian monarch, lead about with him an army of concubines in his military expeditions, yet, from policy or other motives, contracted numerous marriages, as many, perhaps, as Heracles. Satyros has bequeathed to us a curious account of his majesty's matrimonial exploits. During his long reign, of from twenty to four-and-twenty years, the dishes of one nuptial feast had scarcely time to cool before a new one was in preparation. It was nothing but truffles and rich soup from June till June. I am unable to furnish a list of all the ladies who claimed, through Philip's diffusive love, to be queens of Macedon; but it may be proper to name a few, to show how the morals of his subjects must have been improved by his example. The first lady whose landed attractions won Philip's heart was *Andatè*, an Illyrian, by whom he had a daughter, called *Cynna*. To her succeeded *Phila*, sister of *Derda* and *Macatè*. His next wives were two Thessalian women, *Phevè* of *Nikesipolis*, mother of *Thessalonia*,

¹ Deipnosoph. xiii. 2.—Compare the account in Diogenes Laertius, ii. 5. 10.—The conduct of Socrates, who married Xantippe to prove the goodness of his temper, was imitated, we are told, by a Christian lady, who “desired of St. Athanasius to procure for her, out of the wi-

“dows fed from the ecclesiastical
“corban, an old woman morose,
“peevish, and impatient, that
“she might by the society of
“so ungentle a person have often
“occasion to exercise her pa-
“tience, her forgiveness, and
“charity.”—Jeremy Taylor's *Life*
of Christ, i. 384.

and *Philinna* of Larissa, mother of Aridaeos. Had he sought merely the women these might have sufficed; but Philip had other views, and, finding marriage a still more expeditious method of extending his dominions even than conquest, he forthwith added to the list *Olympias*, who brought him the kingdom of Molossia in dowry, and, as every one knows, was mother of Alexander. Had the crafty prince stopped here, posterity, overlooking his immorality, might have applauded his prudence. But, elated by success, he proceeded to augment the number of his queens. To *Olympias* succeeded *Meda*, daughter of Cithalas, king of Thrace; and, lastly, *Cleopatra*, sister of Hippostratos, and niece of Attalos. By this time he was somewhat advanced in years, for Alexander, son of *Olympias*, approached manhood. At the feast given in honour of this new marriage, when the wine had circulated, as was customary among Macedonians, Attalos, who had probably drunk deep, observed, "At length we shall have legitimate princes, not bastards!" Alexander, who was present, in resentment of the affront, threw his goblet in the face of Attalos, who saluted him in the same way. Upon this, perceiving how matters were likely to proceed, *Olympias* fled to Molossia, Alexander into Illyria. Philip lived to have by *Cleopatra* one daughter, *Europa*; but, shortly afterwards, at the instigation, it is supposed of *Olympias* and Alexander, was murdered by Pausanias.¹

Ordinary individuals, however, were restrained from the commission of such immoralities by the laws, more particularly at Athens, where marriage was contemplated with all the reverence due to the great palladium of civilisation. As a necessary consequence, celibacy could be no other than disreputable, so that, to a man ambitious of public honour, the possession of a wife and children was

¹ Athen. xiii. 5.

no less indispensable than the means of living.¹ Among the Spartans, bachelors were delivered over to the tender mercies of the women, and subjected to very heavy penalties. During the celebration of certain festivals they were seized by a crowd of petulant viragoes, each able to strangle an ox,² and dragged in derision round the altars of the gods, receiving from the fists of their gentle tormentors such blows as the regular practice of boxing had taught the young ladies to inflict.³

“And ladies sometimes hit exceeding hard.”

But we shall be the less inclined to judge uncharitably of this somewhat unfeminine custom, if we consider that, in the ancient world, no less than in the modern, unmarried and childless women were held but in slight esteem. And this feeling, which never for a moment slumbers in society, teaches better than the cant of a thousand sentimentalists what the true origin of love is.

Of the impediments to marriage arising, among ancient nations, from relationship or consanguinity, very little is with certainty known. In the heroic ages, all unions excepting those of parents with their children appear to have been lawful; for, in the *Odyssey*, we find the six sons of *Æolos* joined in marriage with their six sisters, the manners of the olden times, abandoned on earth, still lingering among the gods.

Iphidamos has to wife his mother's sister,⁴ and *Alcinoös*, by no means a profligate or immoral prince, is united with his brother's daughter;⁵ *Deiphobos*, after *Paris's* death, takes possession of *Helen*,⁶ and *Helenos*, the seer, is united in wedlock with *Andromache*, the widow of his brother *Hector*.⁷ But without alleging any further examples, we may, from

¹ *Dinarch.* in *Demosth.* §11. Cf. *Poll.* viii. 40. *Comm.* p. 644.

² *Aristoph.* *Lysistrat.* 78, seq.

³ *Athen.* xiii. 2.

⁴ *Hom.* *Il.* λ. 221, seq.

⁵ *Hom.* *Odyss.* η. 55, seq.

⁶ *Keightley, Mythology,* p. 490.

⁷ *Serv. ad Virg. Æn.* iii. 297.

the practice imputed to the gods, among whom scarcely any degree of relationship was a bar to marriage, infer that, in very early ages, few scruples were entertained upon the subject. Later mythologists have even imputed to Zeus an illicit amour with his daughter Aphrodite,¹ but libellously, and in contradiction to the best ancient authorities.² Nature, indeed, has so peremptorily prohibited the union of parents with their own children, that positive laws forbidding connexions so nefarious, have in all ages been nearly unnecessary, though the superstition of the Magi³ in ancient, and the profligacy of popes and princes in modern times, have been accused of transgressing these natural boundaries.

Could we credit the sophist of Naucratis, there was likewise one distinguished person⁴ among the Athenians who coveted the reputation of equal guilt.

¹ Virg. Cir. 133.

Sed malus ille puer, quem nec
sua flectere mater,
Iratum potuit, quem nec pater,
atque avus idem
Jupiter.

² For Valckernaer's correction of Eurip. Hippol. 536, where for *ὁ Δίος παῖς*, he reads *ὄλιγος παῖς*, should, I think, be adopted. Diatrib. in Eurip. Perd. Dram. xv. p. 159, c. His whole defence of Zeus on this *count* is triumphant. Still the notes of Monk, Beck, Musgrave, and the Classical Journal, vi. 80, should be compared.

³ Diog. Laert. Proœm. § 6. To this practice Euripides probably alludes in the *Andromache*, v. 173, sqq., where Hermione describes, with scorn, the profligate manners of the barbarians. Catullus, inveighing against the impious depravity of a contemporary, observes—

“ Nam Magus ex matre et gnato
gignatur oportet,
Si vera est Persarum *impia re-*
ligio.”

Epig. lxxxiii. 3, seq. Pope Alexander VI. and the Emperor Shah Jehan have, in modern times, been accused of similar crimes. Bayle, Dict. Hist. et Crit. Art. Alexandre VI. and Bernier, Voyages, t. i. On the prohibited degrees of consanguinity, see Sepulveda, de Ritu Nupt. et Dispens. i. § 20, where he says, that the Pope could authorize all unions, save those between parents and children. “ Et ideo hodiè non ligant, nisi quatenus ab ecclesia sunt assumptæ; ac propterea Papa dispensare potest cum omnibus personis, nisi cum matre et patre, ut matrimonium contrahant.” Card. Cajetan. ap. Sepulved. ub. sup.

⁴ Alcibiades. Athen. xii. 48. xiii. 34. Lysias, fr. p. 640.

The marriage of brothers with their own sisters was, in later ages, considered illegal; not so with respect to half sisters by the father's side, whom no law forbade men to marry.¹ Still the recorded examples of those who availed themselves of this privilege are few; but among them we find the great Cimon, son of Miltiades, who, from affection, observes Cornelius Nepos, and in perfect conformity with the manners of his country, took to wife his sister Elpinice.² Plutarch, too, speaks of the union as public and legal, but Athenæus³ characteristically insinuates that Elpinice was merely her brother's mistress. The Spartan law took a different view of what constitutes sisterhood. Here the father was everything, and therefore with an uterine sister, as no near relation, marriage might be contracted.⁴ All connexions in the direct line of ascent or descent were prohibited; but the prohibition extended not to the collateral branches,⁵ uncles being permitted to take to wife their nieces, and nephews their aunts.

The precise age at which an Athenian citizen might legally take upon him the burden of a family, is said, without proof, though not altogether without probability, to have been determined by Solon; for such matters were in those ages supposed to come within the legitimate scope of legislation.⁶ They attributed to the season of youth a much greater duration than comports with our notions. It was, in

¹ Sch. Aristoph. Nub. 1353.

² Corn. Nep. Vit. Cim. i. Plut. Cim. § 4, where we find this lady accused of an amour with the painter Polygnotos, who introduced her portrait among the Trojan ladies in the Stoa Pœcile.

³ Deipnosophist. xiii. 56. Muræus, Var. Lect. vii. i. discusses the question, but without throwing much new light upon it.—Andocides cont. Alcibiad. § 9, assigns

Cimon's amour with Elpinice as the cause of his banishment. We find, however, Archeptolis, son of Themistocles, marrying his half-sister Mnesiptolema. Plut. Themistocl. § 32.

⁴ Meurs. Themis Attica. i. 14. Philo. De Leg. Spec. ii. Eurip. Orest. 545. sqq.

⁵ Cf. Herod. v. 39. Pausan. iii. 3, 9.

⁶ Censor. de Die Natal. 14.

fact, thought to extend to the age of thirty-five or thirty-seven, more or less: when entering upon the less flowery domain of manhood, men would need the aid and consolation of a helpmate. But if there ever existed such a law it was often broken,¹ for early marriages, though less common perhaps than in modern times, are constantly alluded to both by historians and poets. Apprehensions of the too great increase of population already led philosophers, even in those early ages, vainly to apply themselves to the discovery of checks, which the irresistible impulses of nature always render nugatory; and viewing in that light the regulation attributed to Solon,² they, with some variation, adopt it in their political works. Plato,³ in accordance with Hesiod's notion, fixes for the male, the marriageable age at thirty; but Aristotle, who chose on most points to differ from his master, allows his citizens seven years more of liberty. For women the proper age, he thought, is about eighteen. His reasons are, that the husband and wife will thus flourish and decay together; and, their offspring inheriting the bloom and highest vigour of their parents, be at once⁴ healthy in body and energetic in mind.

Winter, more particularly the month of January, thence called Gamelion, or the "Nuptial Month," was regarded as the fittest season⁵ of the year for the celebration of marriage; and if the north wind happened to blow, as at that time of the year it often does, the circumstance was supposed to be peculiarly auspicious. For this notion several physiological reasons are assigned; as that, during the

¹ Thus Mantitheos, in Demosthenes, marries at the age of eighteen, in obedience to his father's wishes.—Contr. Bæot. ii. § 1.

² Aristot. Polit. ii. 7. vii. 14. Gættling.—Cf. Malthus on Population, i. 9, 10.

³ Repub. v. t. vi. p. 237. De

Legg. vi. t. vii. p. 452. Hesiod, Opp. et Dies, 696. Gættling.

⁴ Polit. vii. 16. Hist. Anim. vii. 5, 6. Cf. Tac. de Mor. Germ. 20. Just. Instit. t. x. Brisson. de Jur. Nupt. p. 99.

⁵ Olympiod. in Meteor. c. 6. Meurs. Grec. Fer. v. 240.

prevalence of that wind, the human frame is peculiarly nervous and full of energy; that the spirits are consequently light, and the temper and disposition sweet, cheerful, and flexible. Lingered sparks of ancient superstition may also have had their share in establishing this persuasion: towards that quarter of the heavens, as towards an universal *Kebleh*, all the civilised nations of antiquity turned as the home of their gods; in that direction point all the openings of the Egyptian pyramids; thither to the present moment turn the Chinese and Brahmins when they pray, and in the holy tabernacle of the Jews the Table of Shewbread¹ likewise faced the north. Attention, too, was paid to the lunar influences; for, no other circumstance preventing it, it was usual to fix on the full of the moon, when the festival denominated *Theogamia*, or "Nuptials of the Gods" was celebrated, in order that religion itself, by its august and venerable ceremonies, might appear to sanctify the union of mortals effected under its auspices.

To this practice there are several allusions in ancient writers. Agamemnon, in Euripides, when questioned by his wife respecting the time of Iphigenia's marriage, replies, that it shall take place

"When the blest moon its silvery circle fills."²

And Themis, adjudging Thetis to Peleus, to terminate the contentions of the gods, selects the same season for the solemnization of the nuptial rites.

"But when next that solemn eve
Duly doth the moon divide,
For the chieftain let her leave
Her lovely virgin zone aside."³

Most ancient nations, as the Hebrews, Indians,

¹ Exod. xl. 22.

² Iphigen. in Aul. 717.

³ Pindar, Isth. Od. viii. 44, seq.

Dissen.—Rev. H. F. Cary's translation, admirable for its closeness and spirit, p. 212.

Thracians, Germans, and Gauls, regarded women as a marketable commodity; and, in this respect, the Greeks of early times perfectly agreed with them, buying and selling their females like cattle.¹ But, by degrees, as manners grew more polished, this barbarous custom was discontinued, though, in remembrance of it, presents were still made both to the father and the bride, even in the most civilised periods. We must, nevertheless, beware that we infer not too much from these gifts; for equally primitive and prevalent was the custom imposing upon fathers the necessity of dowrying their daughters.² In the case, too, of the husband's death this matrimonial portion devolved to the children, so that if the widow chose,—as widows sometimes will,³—to embark a second time on the connubial sea, her father was called upon to furnish a fresh outfit. But, if the husband grew tired of his better half, and would insist on a divorce, or if, after his death, the sons were sufficiently unnatural to chase their mother from the paternal roof, the right over the entire dowry reverted to her.⁴

Parties were usually betrothed before marriage by their parents. And young women, whose parents no longer survived, were settled in marriage by their brothers, grandfathers, or guardians. Husbands on their deathbeds sometimes disposed of the hands of their wives, as in the case of Demosthenes' father, who bequeathed Cleobula to Aphobos, whom he likewise appointed guardian of his children. In this instance, the widow had better have chosen for

¹ Aristot. Polit. ii. 6. Tacit. de Mor. Germ. 18. Heracl. Pont. v. *Θρακων*. Leg. Salic. Art. 46. Hist. Gen. des Voy. vi. 144. Cf. Goguet, Orig. des Loix, i. 53.

² In cases where the fathers were unable to dowry them, we find daughters growing old in the paternal mansion. Demosth. in Steph. i. § 20. Dowries were

frequently considerable, amounting sometimes to a hundred minæ. § 18.

³ On their anxiety to discover the designs of the Fates in this respect, see Schol. Aristoph. *Lysist.* 597.

⁴ Goguet, Orig. des Loix, iii. 127, sqq.

herself. Aphobos possessed himself of the dowry, and consented to fulfil the office of guardian, that he might plunder the children; but the marriage he declined. Another example occurs in the case of Phormio who, having been slave¹ to an opulent citizen, and conducted himself with zeal and fidelity, received at once his freedom and the widow of his master. In all serious matters the Athenians were a very methodical people, and conducted everything, even to the betrothing or marrying of a wife, with an attention to form worthy the quaintest citizen of our own great city.

Potter observes, with great naïveté, that, before men married, it was customary to provide themselves with a house to live in. The custom was a good one, and the thrifty old poet of Ascera, undertaking to enlighten his countrymen in economics, is explicit on the point—

“First build your house and let the wife succeed:”²

which, no doubt, is better advice than if he had said “first marry a wife and next consider where you shall put her.” And we find that, even among pastoral, young ladies who, in modern poets, make their meat and drink of love, and hang up a rag or two of it to preserve them from the elements, in antiquity posed their lovers with interrogations about comforts. “You are very pressing, my dear Daphnis, and swear you love me; but that is not just now the question. Have you a house and harem to take me to?”³

But prudent as they may be considered, the Athenians were still more pious than thrifty. Before the virgin quitted her childhood's home, and passed from the state she had tried, and in most cases, perhaps, found happy, to enter into one altogether unknown to her, custom demanded the performance, on

¹ Demosth. pro Phorm. § 8—
10.

² Opera et Dies, 405.

³ Theocrit. Eidyll. xxvii. 36.

the day before the marriage, of several religious ceremonies eminently significant and beautiful. Hitherto, in the poetical recesses of their thalamoi, they had been reckoned as so many nymphs attached to the train of the virgin goddess of the woods. About to become members of a noviciate more conformable to nature than that of the Catholic church, they deemed it incumbent on them to implore their Divinity's permission to transfer their worship from her to Hymen; and, the more readily to obtain it, they approached her, in the simplicity of their hearts, with baskets full of offerings such as it became them to present and her to receive.¹ Nor was Artemis the only deity sought, on this occasion, to be rendered auspicious by sacrifice and prayer. Offerings were likewise made to the Nymphs, those lovely creations with which the fancy of the Greeks peopled the streams and fountains of their native land.² These rites performed, the future bride was conducted in pomp to the citadel, where solemn sacrifice was offered up to Athena, the tutelar goddess of the state, with prayers for happiness, peculiarly the gift of supreme wisdom.³ To Hera, also, and the Fates,⁴ as to the goddesses that watched over the connubial state and rigidly punished those who transgressed its sacred laws, were gifts presented, and vows preferred; and on one or all of their several altars did the maiden deposit a lock of her own hair, in remoter ages, perhaps, the whole of it, to intimate that, having obtained a husband, she must preserve him by other means than beauty, and the arts of the toilette.⁵ At Megara the young women

¹ Theocrit. Eidyll. ii. 66, ibique Schol.

² Schol. Pind. Pyth. iv. ap. Meurs. Græc. Fer. p. 238.

³ Suid. v. *προτέλεια*. t. ii. p. 629. v. Æschyl. Eumen. 799. Cf. Cœl. Rhodig. xxviii. 24.

⁴ Poll. iii. 38. Schol. Pind.

Pyth. x. 31. Aristoph. Thesmoph. 982. Kust.

⁵ Poll. iii. 38. ibique Comm. p. 529, seq. Cf. Spanh. Observ. in Callim. 149, 507. The youth usually cut off their hair on reaching the age of puberty. Athen. xiii. 83.

devoted their severed locks to Iphinoë. Those of Delos to Hecaerga and Ops,¹ while, like the Athenians, the maidens of Argos performed this rite in honour of Athena.²

Having, by the performance of the above rites and others of similar significance, discharged their instant duties to the gods, and impressed on their own minds a deep sense of the sacred engagements they were about to contract, they proceeded to perform the nuptial ceremonies themselves, still intermingling the offices of religion with every portion of the transaction. An auspicious day having been fixed upon, the relations and friends of both parties assembled in magnificent apparel, at the house of the bride's father, where all the ladies of the family were busily engaged in the recitation of prayers and presentation of offerings. These domestic ceremonies concluded, the bride, accompanied by her paranymp^h or bridesmaid, was led forth into the street by the bridegroom and one of his most intimate friends,³ who placed her between them in an open carriage.⁴ Their dresses, as was fitting, were of the richest and most splendid kind. Those of the bridegroom full, flowing, and of the gayest and brightest colours,⁵ glittered with golden ornaments, and diffused around, as he moved, a cloud of perfume. The bride herself, gifted with that unerring taste which distinguished her nation, appeared in a costume at once simple and magnificent—simple in its contour, its masses, its folds, magnificent from the brilliance of its hues and the superb and costly style of its ornaments. She was not, like some modern court dame, a blaze

¹ Pausan. i. 43. 4. Callim. in Del. 292. Spanh. Observat. t. ii. p. 503, sqq.

² Stat. Theb. ii. 255, with the ancient commentary of Lutatius.

³ Πάροχος. Suid. v. Ζεύγος ἡμιονικόν. t. i. p. 1123, b. Eurip. Helen. 722, sqq.

⁴ This was the usual practice. When the bride was led home on foot she was called χαμαίπους a term of disrespect not far removed in meaning from our word *tramp*. Poll. iii. 40.

⁵ Aristoph. Plut. 529, et Schol. Suid. v. βαπτά. t. i. p. 533, b.

of precious stones tastelessly heaped upon each other ; but through the snowy gauze of her veil flashed the jewelled fillet and coronet-like spondone which, with a chaplet of flowers,¹ adorned her dark tresses ; and between the folds of her robe of gold-embroidered purple, appeared her gloveless fingers, with many rings glittering with gems. Strings of Red Sea pearls encircled her neck and arms ; pendants, variously wrought and dropped with Indian jewels, twinkled in her ears ; and her feet, partly concealed by the falling robe, displayed a portion of the golden thonged sandal, crusted with emeralds, rubies, or pearls. But all these ornaments often failed to distract the eye from those which she owed to nature. Her luxuriant hair, which in Eastern women often reaches the ground :

Her hair in hyacinthine flow,
When left to roll its folds below,
As 'midst her maidens in the ball
She stood superior to them all,
Hath swept the marble, where her feet
Gleamed whiter than the mountain sleet,
Ere from the cloud that gave it birth
It fell and caught one stain of earth ;

her hair, I say, perfumed with delicate unguents,² such as nard from Tarsos, œranthe from Cypros, essence of roses from Cyrene, of lilies from Ægina or Cilicia, fell loosely in a profusion of ringlets over her shoulders, while in front it was confined by the fillet and grasshoppers of gold.³ More perishable ornaments, in the shape of crowns of myrtle, wild thyme,⁴ poppy, white sesame, with other flowers

¹ Eurip. Iphig. in Aul. 905. This chaplet was placed on the bride's head by her mother. Hopfn. in loc.—In *Loceansibus* usu erat, ut matronæ ex lectis floribus nectant coronas. Nam

emptagestare sarta, vitio dabatur. Alex. ab Alexand. p. 58. b.

² Aristoph. *Plut.* 529. id. *Pac.* 862.

³ Thucyd. i. 60.

⁴ *Σισυμβρία*. Dioscor. ii. 155.

and plants sacred to Aphrodite, adorned the heads of both bride and bridegroom.¹

The relations and friends followed, forming, in most cases, a long and stately procession, which, in the midst of crowds of spectators, moved slowly towards the temple, thousands strewing flowers or scattering perfume in their path, and in loud exclamations comparing the happy pair to the most impassioned and beautiful of their nymphs and gods.² Meanwhile, a number of the bride's friends, scattered among the multitude, were looking out anxiously for favourable omens, and desirous, in conjunction with every person present, to avert all such as superstition taught them to consider inauspicious. A crow appearing singly was supposed to betoken sorrow or separation, whereas, a couple of crows,³ issuing from the proper quarter of the heavens, presaged perfect union and happiness. A pair of turtle doves, of all omens, was esteemed the best.⁴

On reaching the temple, the bride and bridegroom were received at the door by a priest, who presented them with a small branch of ivy, as an emblem of the close ties by which they were about to be united for ever. They were then conducted to the altar,⁵ where the ceremonies commenced with the sacrifice of a heifer,⁶ after which Artemis, Athena, and other virgin goddesses, were solemnly invoked. Prayers were then addressed to Zeus and his consort, the supreme divinities of Olympos;⁷ nor, on this occasion, would they overlook the ancient gods, Ouranos and Gaia, whose union produces fertility and

¹ Schol. Aristoph. Av. 160. In Bœotia the bride was crowned with a reed of wild asparagus, a prickly but sweet plant. Plut. Conjug. Præcept. 2. Bion. Epitaph. Adon. 88. On Nuptial Crowns vide Paschal. De Coronis, lib. ii. c. 16. p. 126, sqq.

² Charit. Char. et Callir. Amor. iii. 44.

³ Orus Apollo Hieroglyph. viii. p. 6. b.

⁴ Meziriac sur les Epitres d'Ovide, p. 190, sqq. Ælian de Animal. Nat. iii. 9. Alex. ab Alexand. ii. 5, p. 57, b.

⁵ Theod. Prodrom. de Rhodanth. et Dosiel. Amor. ix.

⁶ Eurip. Iphig. in Aul. 1113.

⁷ Poll. iii. 38.

abundance,¹—the Graces, whose smile shed upon life its sweetest charm, and the Fates, who shorten or extend it at their pleasure, were next in order adored; and, lastly, Aphrodite, the mother of Love, and of all the host of Heaven, the most beautiful and beneficent to mortals.² The victim having been opened, the gall was taken out and significantly cast behind the altar.³ Soothsayers skilled in divination then inspected the entrails, and if their appearance was alarming the nuptials were broken off, or deferred. When favourable, the rites proceeded as if hallowed by the smile of the gods. The bride now cut off one of her tresses, which, twisting round a spindle, she placed as an offering on the altar of Athena, while, in imitation of Theseus, the bridegroom made a similar oblation to Apollo, bound, as an emblem of his out-door life, round a handful of grass or herbs.⁴ All the other gods, protectors of marriage, were then, by the parents or friends, invoked in succession, and the rites thus completed, the virgin's father, placing the hand of the bridegroom in that of the bride, said, "I bestow on thee my daughter, that thine eyes may be gladdened by legitimate offspring."⁵ The oath of inviolable fidelity was now taken by both, and the ceremony concluded with fresh sacrifices.

The performance of rites so numerous generally consumed the whole day, so that the shades of evening were falling before the bride could be conducted to her future home. This hour, indeed, according to some, was chosen to conceal the blushes of the youthful wife.⁶ And now commenced the secular portion of the ceremony. Numerous attendants,

¹ Procl. in Tim. t. v. Mezi-riac. p. 155.

² Etym. Mag. 220, 53. sqq. Cf. Plut. Conj. Præcept. procem. t. i. p. 321. Tauchnitz.

³ Plut. Conj. Præcept. 27. Cæl. Rhodig. xxviii. 21.

⁴ Meurs. Lect. Att. iii. 6, 106, sqq. Herod. iv. 34.

⁵ Menand. ap. Clem. Alexand. Stromat. ii. p. 421, a. Heins.

⁶ Potter, Arch. Græc. ii. 281.

bearing lighted torches,¹ ran in front of the procession, while bands of merry youths dancing, singing, or playing on musical instruments, surrounded the nuptial car. Similar in this respect was the practice throughout Greece, even so early as the time of Homer, who thus, in his description of the Shield, calls up before our imagination the lively picture of an heroic nuptial procession :

“ Here sacred pomp and genial feasts delight,
 And solemn dance and Hymeneal rite.
 Along the streets the new-made brides are led,
 With torches flaming, to the nuptial bed.
 The youthful dancers in a circle bound
 To the soft flute and cittern’s silver sound.²
 Through the fair streets the matrons, in a row,
 Stand in their porches and enjoy the show.”³

The song on this occasion sung received the name of the “ Carriage Melody,” from the carriage in which the married pair rode while it was chaunted.⁴

The house of the bridegroom, diligently prepared for their reception, was decorated profusely with garlands, and brilliantly lighted up. When, among the Bœotians, the lady, accompanied by her husband, had descended from the carriage, its axletree was burnt, to intimate that having found a home she would have no further use for it.⁵ The celebration of nuptial rites generally puts people in good temper, at least

¹ Eurip. Helen. 722. Hesiod, Scut. Heracl. 275, seq. where the torches are said to be borne by Dmoës.

² In Hesiod a troop of blooming virgins, playing on the phorminx, lead the procession. αἱ δ’ ὑπὸ φορμιγγῶν ἀναγον χορὸν ἱμερόεντα. A band of youths follow, playing on the syrinx. See the note of Gœtting on Scut. Heracl. 274, p. 117, sqq.

³ Iliad. σ. 490, sqq. Pope’s Translation.

⁴ Ἀρματεῖον μέλος. Leisner, in his notes on Bos (Antiq. Græc. Pars. iv. c. ii. § 4.), observes, that in Suidas, Hesychius, and Eustathius (ad Il. χ. p. 1380. 5), these words have a different meaning from that which, with Bos and Potter (Antiq. Græc. ii. 282), I have adopted. But in the passage quoted by Henri de Valois (ad Harpocrat. p. 222), they would seem to bear the signification above given them.

⁵ Plut. Quæst. Roman. xx. 19. Valckenæer ad Herodot. iv. 114.

for the first day; and new-married women at Athens stood in full need of all they could muster to assist them through the crowd of ceremonies which beset the entrances to the houses of their husbands. Symbols of domestic labours, pestles, sieves,¹ and so on, met the young wife's eye on all sides. She herself, in all her pomp of dress, bore in her hands an earthen barley-parcher.² But, to comfort her, very nice cakes of sesamum,³ with wine and fruit and other dainties innumerable, accompanied by gleeful and welcoming faces, appeared in the background beyond the sieves and pestles. The hymeneal lay,⁴ with sundry other songs, all redolent of "joy and youth," resounded through halls now her own. Mirth and delight ushered her into the banqueting-room, where appeared a boy covered with thorn branches, and oaken boughs laden with acorns, who, when the epithalamium chaunters had ceased, recited an ancient hymn beginning with the words, "I have escaped the worse and "found the better."⁵ This hymn, constituting a portion of the divine service performed by the Athenians during a festival instituted in commemoration of the discovery of corn, by which men were delivered from acorn-eating, they introduced among the nuptial ceremonies to intimate, that wedlock is as much superior to celibacy as wheat is to mast. At the close of the recitation, there entered a troop of dancing girls crowned with myrtle-wreaths, and habited in light tunics reaching very little below the knee, just as we still behold them on antique gems and vases, who, by their varied, free, and somewhat wanton, movements, vividly represented all the warmth and energy of passion.

The feast which now ensued was, at Athens, to prevent useless extravagance, made liable to the in-

¹ Poll. iii. 37.

² Poll. i. 246.

³ Schol. Aristoph. Pac. 834.

⁴ Athen. xiv. 10. Anac. Od. xviii. Schol. Hom. Il. σ. 493.

Pind. Pyth. iii. 17. Dissen. Schol. ad v. 27.

⁵ Suid. γ. ἐφνγον κακόν. τ. i. p. 1113, d.

spection of certain magistrates. Both sexes partook of it; but, in conformity with the general spirit of their manners² and institutions, the ladies, as in Egypt, sat at separate tables.¹ At these entertainments we may infer that, among other good things, great quantities of sweetmeats were consumed, since the woman employed in kneading and preparing them, and in officiating at the nuptial sacrifices, was deemed of sufficient importance to possess a distinct appellation, (*δημιουργός*),² while the bride-cake, which doubtless was the crowning achievement of her art, received the name of Gamelios. The general arrangement of the banquet, however, they entrusted to the care of a sort of major-domo, who received the appellation of Trapezopoiος.³

Among the princes and grandees of Macedonia the nuptial banquet differed very widely, as might be expected, from the frugal entertainments of the Athenians; but as it may assist us in comprehending the changes introduced into Hellenic manners by the conquests of Alexander and his successors, I shall crave the reader's permission to lay before him a description, bequeathed to us by antiquity, of the magnificent banquet⁴ given at the marriage of Caranos.

The guests, twenty in number, immediately on entering the mansion of the bridegroom, were crowned by his order with golden stlengides,⁵ each valued at five pieces of gold. They were then introduced into the banqueting-hall, where the first article set before them on taking their places at the board was, no doubt, exceedingly agreeable, consisting of a silver

¹ Luc. Conviv. § 8. In the sepulchral grottoes of Eilithyia, in the Thebaid, we find a rough fresco representing a marriage-feast, at which the men and women sit as described in the text.

² Schol. Aristoph. Pac. 421. Poll. iii. 41. The water of the bath used on this occasion by the bride was, according to ancient

custom, brought from the fountain of Enneakrounos. Etym. Mag. 568, 57, seq.

³ Poll. iv. 41.

⁴ Athen. iv. 2, seq.

⁵ Cf. Schol. Aristoph. Eq. 578. "Ἔστι τι σπλεγγίς, δῆρμα κεχρυσωμένον, ὃ περὶ τὴν κεφαλὴν φοροῦσι. — Poll. vii. 179.

beaker presented to each as a gift, which, when they had drained off, they delivered to their attendant slaves, who, according to the custom of the country, stood behind their seats with large baskets intended to contain the presents to be bestowed on them by the master of the feast.¹ There was then placed before every member of the company a bronze salver, of Corinthian workmanship, completely covered by a cake, on which were piled roast fowls and ducks and woodcocks, and a goose, together with other dainties in great abundance. These, likewise, followed the beakers into the corbels of the slaves, and were succeeded by numerous dishes, of which the guests were expected to partake on the spot. Next was brought in a capacious silver tray, also covered by a cake, whereon were heaped up geese, hares, kids, other cakes curiously wrought, pigeons, turtle-doves, partridges, with a variety of similar game, which, likewise, after they had been tasted, I presume, were handed to the servants.²

When the rage of hunger had been appeased, as it must soon have been, they washed their hands, after which crowns, wreathed from every kind of flower, were brought in, and along with them other golden stlengides, equal in weight to the former, were placed, for form's sake, on the heads of the company, before they found their way to the baskets in the rear.

While they were still in a sort of delirium of joy, occasioned by the munificence of the bridegroom, there entered to them a troop of female flute players,

¹ When the host happened to be less rich or generous, people sometimes, in the corruption of later ages, endeavoured to steal what they could not obtain as a gift. Thus the sophist Dionysodoros is detected in Lucian with a cup stuffed into the breast of his mantle. — Conviv. seu Lapith. § 46.

² This singular kind of liberality continued in fashion down to a very late period: — καὶ ἅμα εἰς ἐκικόμιστο ἡμῖν τὸ ἐντελές ὀνομαζόμενον δεῖπνον, μία ὄρνις ἐκάστω, καὶ κρέας ὄδες, καὶ λαγῶα, καὶ ἰχθύς ἐν ταγήνον, καὶ σησαμῶντες, καὶ ὅσα ἐν τραγεῖν, καὶ ἐζῆν ἀποφέρεισθαι ταῦτα. Luc. Conviv. § 38.

singers, and Rhodian performers on the Sambukè,¹ naked in the opinion of some, though others reported them to have worn a slight tunic. When these performers had given them a sufficient taste of their art, they retired to make way for other female slaves, bearing each a pair of perfume vases, containing the measure of a cotyla, the one of gold, the other of silver, and bound together by a golden thong. Of these every guest received a pair. In fact, the princely bridegroom, in order, as we suppose, that his friends might share with him the joy of his nuptials, bestowed upon every one of them a fortune instead of a supper; for immediately upon the heels of the gift above described came a number of silver dishes, each of sufficient dimensions to contain a large roast pig, laid upon its back, with its paunch thrown open, and stuffed with all sorts of delicacies which had been roasted with it, such as thrushes, metræ, and becaficoes, with the yolk of eggs poured around them, and oysters and cockles. Of these dishes every person present received one, with its contents, and, immediately afterwards, such another dish containing a kid hissing hot. Upon this, Caranos observing that their corbils were crammed, caused to be presented to them wicker panniers, and elegant bread-baskets, plaited with slips of ivory.² Delighted by his generosity, the company loudly applauded the bridegroom, testifying their approbation by clapping their hands. Then followed other gifts, and perfume vases of gold and silver, presented

¹ The Sambukè was a stringed instrument of triangular form, invented by the poet Ibycos. It was sometimes called lambukè, because used by chaunters of Iambic verse.—Suid. in v. t. ii. p. 709, c. d. Poll. iv. 59.

² Casaubon is particular in his explanation of this passage, lest any one should fall into the singular mistake of supposing these

nuptial bread-baskets to have been made with plaited thongs of elephant's hide: "*Lora elephantina* fortasse aliquis capiat de *corio elephantis*: sed *ἰπδντας* arbitror appellare Hippolochum *virgas subtiles ex ebore*, quibus ceu vimine utebantur in contextendis panaribus istis."—Animadv. in Athen. t. vii. p. 392.

to the company in pairs as before. The bustle having subsided, there suddenly rushed in a troop of performers worthy to have figured in the feast of the Chytræ,¹ at Athens, and along with them ithyphalli, jugglers, and naked female wonder-workers, who danced upon their heads in circles of swords, and spouted fire from their mouths. These performances ended, they set themselves more earnestly and hotly to drink, from capacious golden goblets, their wines, now less mixed than before, being the Thasian, the Mendian, and the Lesbian. A glass dish, three feet in diameter, was next brought in upon a silver stand, on which were piled all kinds of fried fish. This was accompanied by silver bread-baskets, filled with Cappadocian rolls, some of which they ate, and delivered the rest to their slaves. They then washed their hands, and were crowned with golden crowns, double the weight of the former, and presented with a third pair of gold and silver vases filled with perfume. They by this time had become quite delirious with wine, and began a truly Macedonian contest, in which the winner was he who swallowed most; Proteas, grandson of him who was boon companion to Alexander the Great, drinking upwards of a gallon at a draught, and exclaiming—

“Most joy is in his soul
Who drains the largest bowl.”

The immense goblet was then given him by Caranos, who declared, that every man should reckon as his own property the bowl whose contents he could despatch. Upon this, nine valiant bacchanals started up at once, and sought each to empty the goblet before the others, while one unhappy wight among the company, envying them their good fortune, sat down and burst into tears because he should go cupless away. The master of the house,

¹ Vid. Animadv. in Athen. t. vii. p. 393. Meurs. Græcia Feriata. i. p. 30, seq.

however, unwilling that any should be dissatisfied, presented him with an empty bowl.¹

A chorus of a hundred men now entered to chaunt the epithalamium; and after them dancing girls, dressed in the character of nymphs and nereids.

The drinking still proceeding, and the darkness of evening coming on, the circle of the hall appeared suddenly to dilate, a succession of white curtains, which had extended all round, and disguised its dimensions, being drawn up, while from numerous recesses in the wall, thrown open by concealed machinery, a blaze of torches flashed upon the guests, seeming to be borne by a troop of gods and goddesses, Hermes, Pan, Artemis, and the Loves, with numerous other divinities, each holding a flambeau and administering light to the assembled mortals.

While every person was expressing his admiration of this contrivance, wild boars of true Erymanthean dimensions, transfixed with silver javelins, were brought in on square trays with golden rims, one of which was presented to each of the company. To the *bon vivants* themselves nothing appeared so worthy of commendation, as that, when anything wonderful was exhibited, they should all have been able to get upon their legs, and preserve the perpendicular, notwithstanding they were so top-heavy with wine.

"Our slaves," says one of the guests, "piled all the gifts we had received in our baskets; and the trumpet, according to the custom of the Macedonians, at length announced the termination of the repast." Caranos next began that part of the potations in which small cups alone figured, and commanded the slaves to circulate the wine briskly; what they drank in this second bout being regarded as an antidote against that which they had swallowed before.

¹ In like manner, Alexander, son of Philip, when he entertained nine thousand persons at a marriage feast at Susa, presented each of them with a

golden goblet, and paid all their debts, amounting to nearly ten thousand talents. — Plut. Alex. and. § 70.

They were now, as might be supposed, in the right trim to be amused, and there entered to them the buffoon Mandrogenes, a descendant, it was said, of Strato the Athenian. This professional gentleman for a long time shook their sides with laughter, and terminated his performances by dancing with his wife, an old woman, upwards of eighty.¹ This fit of merriment would appear to have restored the edge of their appetites, and made them ready for those supplementary dainties which closed the achievements of the day. These consisted of a variety of sweetmeats, rendered more tempting by the little ivory-plated corbels in which they nestled, delicate cakes from Crete, and Samos, and Attica, in the boxes in which they were imported.

Hippolochos, to whose enthusiasm for descriptions of good cheer, the reader is indebted for the above picturesque details, concludes his important narrative by observing, that, when they rose to depart, their anxiety respecting the wealth they had acquired sobered them completely. He then adds, addressing himself to his correspondent Lynceus, "Meanwhile you, my friend, remaining all alone at Athens, enjoy the lectures of Theophrastus with your thyme, rocket and delicate twists, mingling in the revels of the Linnean and Chytrea festivals. For our own part we are looking out, some for houses, others for estates, others for slaves, to be purchased by the riches which dropped into our baskets at the supper of Caranos."

The marriage feast having been thus concluded,

¹ If octogenarian dancers were held in admiration in England, it would, according to Lord Bacon, be easy to form an army of them; since "there is, he says, scarce a village with us, if it be any whit populous, but it affords some man or woman of fourscore years of age; nay, a few years

since there was, in the county of Hereford, a May-game, or morrice-dance, consisting of eight men, whose age computed together, made up eight hundred years, inasmuch as what some of them wanted of an hundred, others exceeded as much." *History of Life and Death*; p. 20.

the bride was conducted to the harem by the light of flambeaux, round one of which, pre-eminently denominated the "Hymeneal Torch," her mother, who was principal among the torch-bearers, twisted her hair-lace,¹ unbound at the moment from her head. On retiring to the nuptial chamber the bride, in obedience to the laws, ate a quince, together with the bridegroom, to signify, we are told, that their first conversation should be full of sweetness and harmony.² The guests continued their revels with music, dancing, and song, until far in the night.³

At daybreak on the following morning their friends re-assembled and saluted them with a new epithalamium, exhorting them to descend from their bower to enjoy the beauties of the dawn,⁴ which in that warm and genial climate are even in January equal to those of a May morning with us. On appearing in the presence of their congratulators, the wife, as a mark of affection, presented her husband with a rich woollen cloak,⁵ in part, at least, the production of her own fair hands. On the same occasion the father of the bride sent a number of costly gifts to the house of his son-in-law, consisting of cups, goblets, or vases of alabaster or gold, beds, couches, candelabra, or boxes for perfumes or cosmetics, combs, jewel-cases, costly sandals, or other articles of use or luxury. And, that so striking an instance of his wealth and generosity might not escape public observation, the whole was conveyed to the bridegroom's house in great pomp by female slaves, before whom marched a boy clothed in white, and bearing a torch in his hand, accompanied by a youthful basket-bearer

¹ Senec. Thebais, Act. iv. 2, 505.

² Plut. Conjug. Præcept. i. t. i. p. 321. Meurs. Them. Att. i. 14, p. 39. Petit. Legg. Att. vi. i. p. 449.

³ See Douglas, Essay on certain

points of resemblance between the ancient and modern Greeks, p. 114, and Chandler, Travels, ii. 152.

⁴ Theocrit, Eidyll. xviii. 9.

⁵ Ἀπωλοιστηρία. Poll. iii. 40.

habited like a canephora in the sacred processions.¹ Customs in spirit exactly similar still survive among the primitive mountaineers of Wales, where the newly-married couple, in the middle and lower ranks of life, have their houses completely furnished by the free-will offerings, not only of their parents but of their friends. It is, however, incumbent on the recipients to make proof in their turn of equal generosity when any member of the donor's family ventures on the hazards of housekeeping.

¹ Etymol. Mag. 354. 1. sqq. Suid. v. *ἐπανλία*, t. i. p. 964, e. sqq.

CHAPTER V.

CONDITION OF MARRIED WOMEN.

FROM the spirit pervading the foregoing ceremonies it will be seen, that married women enjoyed at Athens numerous external tokens of respect. We must now enter the harem, and observe how they lived there. Most, perhaps, of the misapprehensions which prevail on this subject arise out of one very obvious omission,—a neglect to distinguish between the exaggeration and satire of the comic poets, much of which, in all countries, has been levelled at women, and the sober truth of history, less startling, and therefore, less palatable. To comprehend the Athenians, however, we must be content to view them as they were, with many virtues and many vices, often sinning against their women, but never as a general rule treating them harshly. Indeed, according to no despicable testimony, their errors when they erred would appear to have lain in the contrary direction.¹

Certainly the mistress of a family at Athens was not placed above the necessity of extending her solicitude to the government of her household, though too many even there neglected it, degenerating into the resemblance of those mawkish, insipid, useless things, without heart or head, who often in our times fill fashionable drawing-rooms, and have their reputations translated to Doctors' Commons. Of female education I have already spoken, together with the several acts and ceremonies, which conducted an

¹ For example, public opinion kill a woman than a man.—regarded it as more atrocious to Arist. Prob. xxix. 11.

Athenian woman to the highest and most honourable station her sex can fill on earth. In this new relation she shares with her husband that domestic patriarchal sovereignty, pictures of which abound in the Scriptures. How great soever might be the establishment, she was queen of every thing within doors. All the slaves, male and female, came under her control.¹ To every one she distributed his task, and issued her commands; and when there were no children who required her care, she might often be seen sitting in the recesses of the harem, at the loom, encircled, like an Homeric princess, by her maids,² laughing, chatting, or, along with them, exercising her sweet voice in songs,³ those natural bursts of melody which came spontaneously to the lips of a people whose every-day speech resembled the music of the nightingale.

Xenophon, in that interesting work, the *Œconomics*, introduces an Athenian gentleman laying open to Socrates the internal regulations of his family. In this picture, the wife occupies an important position in the foreground. She is, indeed, the principal figure around which the various circumstances of the composition are grouped with infinite delicacy and effect. Young and beautiful she comes forth hesitating and blushing at being detected in some slight economical blunders. The husband takes her by the hand; they

¹ She wakes them in the morning.—Aristoph. *Lysist.* 18. This comic poet gives a concise sketch of an Athenian woman's morning work, which rendered their going out difficult at such an hour:—

Χαλεπή τε γυναικῶν ἕξοδος· ἢ μὲν γὰρ ἡμῶν περὶ τὸν ἀνδρ' ἐκύπτασεν· ἢ δ' οἰκέτην ἤγειρεν· ἢ δὲ παιδίον κατέκλινεν· ἢ δ' ἔλουσεν· ἢ δ' ἐψώμισεν.—*Lysist.* 16, sqq.

presented in the interior of Jason's palace at Pheræ, where we find the tyrant's mother at work in the midst of her handmaidens.—Polyæn. *Stratag.* vi. i. 5.

³ Plat. de *Legg.* t. viii. p. 36. —Among the Thracians, and many other people, women were employed in agriculture, as they are in England and France, as herdswomen and shepherds, and every other laborious employment, like men.—*Id. ib.*

² Precisely the same picture is

converse in our presence, and while the interior arrangements of a Greek house are unreservedly laid open,* we discover the exact footing on which husband and wife lived at Athens, and a state of more complete confidence, of greater mutual affection, of more considerate tenderness on the one side, or feminine reliance and love on the other, it would be difficult to conceive.

Ischomachos, I admit, is to be regarded as a favourable specimen; he unites in his character the qualities of an enterprising and enlightened country gentleman, with those of a politician and orator of no mean order, and his probity as a citizen infuses an air of mingled grandeur and sweetness into his domestic manners. Describing a conversation which, soon after their marriage, took place between him and his youthful wife, he observes:—“When we had together taken a view of our possessions I remarked to her that, without her constant care and superintendence, nothing of all she had seen would greatly profit us. And taking my illustration from the science of politics, I showed that, in well-regulated states, it is not deemed sufficient that good laws are enacted, but that proper persons are chosen to be guardians of those laws, who not only reward with praise such as yield them due obedience, but visit also their infraction with punishment. Now, my love,” said I, “you must consider yourself the guardian of our domestic commonwealth, and dispose of all its resources as the commander of a garrison disposes of the soldiers under his orders. With you it entirely rests to determine respecting the conduct of every individual in the household, and, like a queen, to bestow praise and reward on the dutiful and obedient, while you keep in check the refractory by punishment and reproof. Nor should this high charge appear burdensome to you; for though the duties of your station may seem to involve deeper solicitude and necessity for greater exertion

“than we require even from a domestic, these greater
 “cares are rewarded by greater enjoyments; since,
 “whatever ability they may display in the improving
 “or protecting of their master’s property, the mea-
 “sure of their advantages still depends upon his
 “will, while you, as its joint owner, enjoy the right
 “of applying it to whatever use you please. It fol-
 “lows, therefore, that as the person most interested
 “in its preservation you should cheerfully encounter
 “superior difficulties.”

Having listened attentively to the somewhat quaint discourse of the Economist, Socrates felt anxious, as well he might, to learn the result; for the lady, expected thus wisely “to queen it,” was as yet but fifteen. His faith, however, in womanhood was great; and Xenophon, who but reflects from a less brilliant mirror the Socratic wisdom, delivers, under the mask of Ischomachos, the mingled convictions both of the master and the pupil. The moral beauty of the dialogue, and its truth to nature, would have been lost had the lady at all shrunk from the duties of her high office. But her ambition was at once awakened. The obscurity to which, in the time of Pericles, women were, by the manners of the country, condemned, now no longer seemed desirable, and the love of fame was urged upon her as a motive to extraordinary exertions.¹ Her reply is highly characteristic. Running, with the unerring tact of her sex, even in advance of her husband, she desired him to believe that he would have formed an extremely erroneous opinion of her character, had he for a moment supposed that the care of their common property could ever have proved burdensome to her: on the contrary, the really grievous thing would have been to require her to be neglectful of it!

Men always conceive they are complimenting a

¹ That this passion led women to interfere too frequently with politics may be inferred from the remark of Theophrastus, that to be

versed in the science of domestic economy was more honourable to them.—Stob. 85. 7. Gaisf.

woman when they attribute to her a masculine understanding, and they thus, in fact, do place her on the highest intellectual level known to them. Socrates adopted this style of compliment in speaking of the wife of Ischomachos. And I may here remark, that we need no other proof of how differently the Athenians felt on the subject of women from the Orientals with whom they have been compared, than the mere circumstance of their conversing openly with strangers respecting their wives. In the East, a greater affront could scarcely be offered a man than to inquire about his female establishment. The most an old friend does is to say, "Is your house well?" — whereas at Athens, women formed a never-failing theme in all companies; which proves them to have been there contemplated in a different light. In fact, the sentiments of Ischomachos, every way worthy the most chivalrous people of antiquity, could only have sprung up in a society where just and exalted notions of female virtue prevailed; for, under the word "high-mindedness," we find him grouping every refined and estimable quality which a gentlewoman can possess.

But, perhaps, the reader will not be displeased if we introduce dramatically upon the scene an Athenian married pair discussing in his presence a question closely connected with domestic happiness. There is little risk of exaggeration. The picture is by Xenophon, a writer whose subdued and sober colouring is calculated rather to diminish than otherwise the poetical features of his subject.

By Heaven! exclaimed Socrates, according to this account, your wife's understanding must be of a highly masculine character.

Nay, but suffer me, answered the husband, to place before you a convincing proof of her high-mindedness, by showing how, on a single representation, she yielded to me on a subject extremely important.

Proceed, cried the philosopher, (who had not found Xantippe thus manageable,) proceed; for, believe me, friend, I experience much greater delight in con-

templating the active virtues of a living woman, than the most exquisite female form by the pencil of Zeuxis would afford me.

Observing, said Ischomachos, that my wife sought by cosmetics¹ and other arts of the toilette to render herself fairer and ruddier than she had issued from the hands of Nature, and that she wore high-heeled shoes in order to add to her stature,—Tell me, wife,² I began, would you now esteem me to be a worthy participator of your fortunes if, concealing the true state of my affairs, I aimed at appearing richer than I am, by exhibiting to you heaps of false money, necklaces of gilded wood for gold, and wardrobes of spurious for genuine purple?

Nay, exclaimed my wife, interrupting me, put not the injurious supposition: it is what you could not be guilty of. For, were such your character I could never love you from my soul.

Well, by entering together into the bonds of marriage are we not mutually invested with a property in each other's persons?

People say so.

They say truly: and since this is the case shall I not more sincerely evince my esteem for you by watching sedulously over my own health and well-

¹ Xen. Œcon. x. ii. 60. Among the Orientals we find there existed a peculiar collyrium for the white of the eye. Bochart, Hieroz, Pt. ii. p. 120.

² *Γύναϊ*, a term of greatest endearment among the Greeks, as with the French "ma femme." On this point our language is more sophisticated. The practice reprehended by Ischomachos, in the text, was generally prevalent in Greece, where certain classes of the community, who could afford nothing better, used, when they had painted the rest of their skin white, to dye the cheeks

with mulberry-juice, and paint the eyelids black at the edge. In hot weather, therefore, dusky streamlets sometimes flowed from the corners of their eyes; and the roses melted from their cheeks, and dropped into their bosoms. They imitated old age, too, by covering their hair with white powder. (Athen. xiii. 6.) It was likewise, at one time, the fashion to bring forward their curls so as to conceal the forehead, as was the practice in France and England during a part of the eighteenth century.—Lucian, Dial. Meret. i. t. iv. p. 123.

being, and displaying to your gaze the natural hues of a manly complexion, than if, neglecting these, I presented myself with rouged cheeks, eyes encircled by paint, and my whole exterior false and hollow?

Indeed, she replied, I prefer the native colour of your cheeks to any artificial bloom, and could never gaze with so much delight into any eyes as into yours—bright and sparkling with health.

Then believe no less of me, said I; but be well persuaded that, in my judgment, there are no tints so beautiful as those with which nature has adorned your cheeks. The same rule indeed holds universally. For, even in the inferior creation, every living thing delights most in individuals of its own species. And so it is with man whom nothing so truly pleases as to behold the image of his own nature mirrored in another and a fairer form of humanity. Besides, false beauties, though they may deceive the incurious glance of strangers,¹ must inevitably be detected by persons living always together. Women necessarily appear undisguised when first rising in the morning, before they have undergone the renovation of the toilette; and perspiration, or tears, or the waters of the bath, will even at other times float away their artificial complexions.

And what, in the name of all the gods, did she say to that? inquired Socrates.

What? replied the husband. Why, that for the future she would abjure all meretricious ornaments, and consent to appear decked with that simple grace and beauty which she owed to nature.

At Sparta married persons, as in France, occupied separate beds; but among the Athenians and in other parts of Greece a different custom prevailed. The same remark may be applied to the Heroic Ages. Odysseus and Penelope, Alcinoös and Arete, Paris and Helen, occupy the same chamber and the same couch. The women in the *Lysistrata* of Aristophanes appealed to this circumstance in justifica-

¹ Cf. Lucian, *Amor.* § 42. Aristoph. *Nub.* 49.

tion of their late appearance at the female assembly held before day, and Euphiletos in the oration of Lysias on Eratosthenes' murder, who admits us freely into the recesses of the harem, confirms this fact, except, that when the mother suckled her own child she usually slept with it in a separate bed. At Byzantium also the same practice prevailed, as we learn from a very amusing anecdote. Python an orator of that city who, like Falstaff, seems to have been somewhere about two yards in the waist, once quelled an insurrection by a jocular allusion to this part of domestic economy. "My dear fellow-citizens," cried he to the enraged multitude, "you see how fat I am. Well! my wife is still fatter than I, yet when we agree one small bed will contain us both; but, if we once begin to quarrel, the whole house is too little to hold us."¹

We have seen above how absolute was the authority of women over their household, and this authority likewise extended to their children. The father no doubt could exercise, when he chose, considerable influence; but as most of his time was spent abroad, in business or politics, the chief charge of their early education, the first training of their intellect, the first rooting of their morals and shaping of their principles devolved upon the mother.² There have been writers, indeed, to whom this has seemed a circumstance to be lamented. But their judgment probably was warped by theory. In the original discipline of the mind, great attainments and experience of the world are less needed than tact to discern, and patience to apply, those minute incentives to action which women discover with a truer sagacity than we do. In this task, ever pleas-

¹ Athen. xii. 74.

² Xenoph. Œcon. vii. 12. 24. Cf. A. Cramer. de Educ. Puer. ap. Athen. 9. This writer acutely remarks, (p. 13,) that the words *καὶ αὐτὸς ὁ πατήρ* in Plat. Protag. p. 325. d. show that it was seldom

the father meddled with the matter. The mother, therefore, from early habit, was held in greater love and reverence than the father. Casaub. ad Theoph. Char. p. 187.

ing to a true mother, the aid of nurses, however, was usually obtained; nor are we, as Cramer observes, on this account to blame the Athenian ladies, so long as they did not, as in after times was too much the fashion, consider their whole duty performed when they had delivered their children to the nurse.

It will be evident from what has been said, that an Athenian lady who conscientiously discharged her duties was very little exposed to ennui. She arose in the morning with the lark, roused her slaves, distributed to all their tasks,¹ superintended the operations of the nursery, and, on days frequently recurring, went abroad in the performance of rites specially allotted to her sex. But, one effect of democracy is to confer undue influence upon women.² And this influence, where by education or otherwise they happen to be luxurious or vain, must infallibly prove pernicious to the state. At Athens, the number of this class of women, extremely limited in the beginning, augmented rapidly during the decline of the republic, and the comic poets substituting a part for the whole, invest their countrywomen generally with the qualities belonging exclusively to these.—But, the success of such writers depending generally on ingenious extravagance and exaggeration, we must be on our guard against their insinuations. Their faith in the existence of virtue, male or female, has, in all ages, if we are to judge by their works, been very lanksided. In their view, if there has been one good woman since the world began, it is as much as there has. Accordingly when these lively caricaturists describe the female *demos* as addicted extravagantly to wine³ and pawning their

¹ Aristoph. Lysist. 18. Plato, who admired the practice, requires his airy female citizens to go and do likewise. Καὶ δὴ καὶ δέσποιναν ἐν οἰκίᾳ ὑπὸ θεραπαινίδων ἐγείρεσθαι τινῶν καὶ μὴ πρῶτην αὐτὴν ἐγείρειν τὰς ἄλλας, αἰσχρὸν λέ-

γειν χρῆ πρὸς αὐτοὺς δοῦλόν τε καὶ δούλην καὶ παῖδα, καὶ εἰ πως ἦν οἶόν τε, ἔλθην καὶ πᾶσαν τὴν οἴκιαν. De Legg. vii. t. viii. p. 40. Bekk.

² Cf. Plat. de Rep. t. vi. p. 102.

³ Arist. Lysist. 113, seq. 205.

wardrobe to purchase it—as compelling the men by their intemperance to keep their cellars under lock and key, and still defeating them by manufacturing false ones—as forming illicit connexions, and having recourse to the boldest stratagems in furtherance of their intrigues, we must necessarily suppose them to have amused themselves at the expense of truth; though that, among the Athenians, there were examples enough of women of whom all this might be said, it would be absurd to deny.

We know that where the minds of married dames are fixed chiefly upon dress and show their anxiety has often very little reference to their husbands. And if it be their object to excite admiration out of doors, it is simply as a means to an end, which end, in too many cases, is intrigue. Proofs exist that among the Athenian ladies there were numbers whose idle lives and luxurious habits produced their natural results—loose principles and dissolute manners. The beauty of Alcibiades drew them after him in crowds,¹ though we do not read that, like another very handsome personage in a modern republic, the son of Cleinias found it necessary to carry about a club to defend himself from their importunities. They went abroad elaborately habited and adorned merely to attract the gaze of men,² and having thus sown the first seeds of intrigue, they took care to cultivate and bring them to maturity. The felicitous invention of Falstaff's friends, which

¹ Xenoph. Memor. i. 2. 24. Ἀλκιβιάδης δ' αὖ διὰ μὲν κάλλος ὑπὸ πολλῶν καὶ σεμνῶν γυναικῶν θηρόμενος. κ. τ. λ.

² Aristoph. Nub. 60. Married ladies occasionally rode out in carriages with their husbands. Demosth. cont. Mid. § 44. Even at Sparta we find young ladies possessed of their carriages called Canathra, resembling in form griffins, or goat-stags, in which they rode abroad during religious

processions. Plut. Ages. § 19. Cf. Xenoph. Ages. p. 73. Hutchinson. cum not. et add. p. 89. Athen. iv. 16, cum annot. p. 449. Scheffer. de Re Vehic. i. 7. p. 68. The same custom prevailed in Thessaly and elsewhere. Athen. xii. 37. Luxurious ladies at Athens used to perfume even the soles of their feet. Their lapdogs lived in great state, and slept on carpets of Miletos. Athen. xii. 78.

got him safe out of Ford's house in a buck-basket, was not so new as Shakspeare, perhaps, imagined. His predecessors on the Athenian stage had already discovered stratagems equally happy among their countrywomen, whose lovers we find made their way into the harem wrapped up in straw, like carp—or crept through holes made purposely by fair hands in the eaves—or scaled the envious walls by the help of those vulgar contrivances called ladders.¹

The laws of Athens, however, were more modest than its women. For, from the very interference of the laws, it is evident, that the example of the Spartan ladies, who enjoyed the privilege of exposing themselves indecently, found numerous imitators among the female democracy. To repress this unbecoming taste, it was enacted, that any woman detected in the streets in indecorous deshabelle² should be fined a thousand drachmæ, and, to add disgrace to pecuniary considerations, the name of the offender, with the amount of the fine, was inscribed on a tablet and suspended on a certain platane tree in the Cerameicos. However, what constituted *indecorous deshabelle* in the opinion of Philippides, who procured the enactment of the law, it might be difficult to determine. Possibly it may have consisted in the too great exposure of the bosom, for the covering of which ladies in remoter ages appear to have depended very much on their veils. Thus in the interview of Helen with Aphrodite she saw, says the

¹ Xenarch. ap. Athen. xiii. 24.

² Ἄκοσμοῦσαι. Harpocrat. v. ὄτι χίλιας. κ. τ. λ. Potter, Arch. Græc. ii. 309, understands his law to have meant, women who literally appeared *laconically* in the streets. "Undressed," is his word. But will ἀκοσμοῦσαι, which Meursius, Lect. Att. ii. 5, 62, renders by "inornatus," bear such a signification? Κόσμος γυναικῶν does not, as Kühn

observes, signify *ornamentum mulierum*, nor ἀκοσμοῦσαι *inornatus prodeuntes feminae*; but κόσμος is εὐραξία and ἀκοσμοῦσαι means ἀτακτοῦσαι, that is, women who acted in any way whatever contrary to decorum and good manners, which persons appearing indecently dressed in public unquestionably do.—Ad. Poll. viii. 112. p. 763. On the manners of the Tyrrhenian women, Cf. Athen. xii. 14. sqq.

poet, her beautiful neck, desire-inflaming bosom, and eyes bright with liquid splendour. Her garments concealed the rest.¹ Now, as it was customary for ladies to appear veiled in public, the object of the law of Philippides may simply have been to enforce the observance of this ancient practice. The magistrates who presided over this very delicate part of Athenian police were denominated "Regulators of the women,"² an office which Sultan Mahmood in our day took upon himself. They were chosen by the twenty from among the wealthiest and most virtuous of the citizens, and in their office resembled the Roman Censors and similar magistrates in several other states.³

The evil influence of women of this description,⁴ who, as Milton expresses it, would fain at any rate ride in their coach and six, was perceived and lamented by the philosophers. To their vain and frivolous notions might be traced, in part at least, the love of power, of trifling distinctions, of unmanly pleasures, which infected the Athenians towards the decline of their republic. By them the springs of education were poisoned, and the seeds sown of those inordinate artificial desires which convulse and over-

¹ Il. γ. 396. sqq. Cf. 141.

² Γυναικόσμοι. Poll. viii. 112.

³ Cf. Arist. Pol. iv. 15. 120.

⁴ On the luxurious manners of the Syracusan women see Athen. xii. 20. In such disorders may be discovered the first germs of the decay of states; on which account prudent statesmen even in oligarchies have sought to restrain the licentious manners of women. Thus Fra Paolo: "Let the women be kept chaste, and in order to that, let them live retired from the world; it being certain that all open lewdness has had its first rise from a salutation, from a smile."—i. § 20. To this

let us add the opinion of the female Pythagorean Phintys: *ἴδια δὲ γυναικός, τὸ οἰκουρὲν, καὶ ἔνδον μένειν καὶ ἐκδέχεσθαι καὶ θεραπεύειν τὸν ἄνδρα.* Stob. Florileg., 74. 61. Both the philosophical lady, however, and the Venetian monk have their views corroborated by the authority of Pericles: *τῆς τε γὰρ ὑπαρχούσης φύσεως μὴ χεῖροσι γενέσθαι, ὑμῖν μεγάλη ἡ δοξα, καὶ οἷς ἂν ἐπ' ἐλάχιστον ἀρετῆς ἢ ψόγου ἐν τοῖς ἄρσεσι κλέος ᾗ.* Thucyd. ii. 45. Besides leading a retired life, ladies were likewise expected to cultivate the virtue of silence. Soph. Ajax, 293. Hom. Il. ζ. 410.

throw states. In vain did philosophers inculcate temperance and moderation, while the youth were imbued *with different opinions by their mothers. The lessons of the Academy were overgrown and checked in the harem. Such dames no doubt would grieve to find their husbands content with little¹ (as was the case with Xantippe) and not numbered with the rulers, since their consequence among their own sex was thus lessened. They would have had them keen worshipers of Mammon, eagerly squabbling and wrangling in the law-courts or the ecclesiæ, not cultivators of domestic habits or philosophical tranquillity and content: and in conversing with their sons would be careful to recommend maxims the reverse of the father's, with all the cant familiar to women of their character.²

Our review of female society at Athens would be incomplete were we to overlook the Hetairæ who exerted so powerful an influence over the morals and destinies of the state. They occupied much the same position which the same class of females still do in modern communities, cultivated in mind, polished and elegant in manners, but scarcely deserving as a body to be viewed in the light in which a very distinguished historian has placed them.³ Their position, however, was anomalous, resembling rather that of kings' mistresses in modern times, whose vices are tolerated on account of their rank, than that of plebeian sinners whose deficiencies in birth and fortune exclude them from good society. There is much difficulty in rightly apprehending the notions of the ancients on the subject of these women. At first sight we are shocked

¹ Which, according to Plato, well-educated men generally are. De Repub. t. vi. p. 173.

² Plat. De Repub. viii. 5. t. ii. p. 182. Stallb.

³ Mitford, Hist. of Greece, iii. 4. sqq. It appears not to have

been common for these women to rear the children they bore, more particularly when they were girls. They flew to the practice of infanticide that they might remain at liberty. Lucian, Hetair. Diall. ii. 5. iv. 124.

to find that, during one festival, they were permitted to enter the temples in company with modest ladies. But in what Christian country are they excluded from church?¹ Again, behold in our theatres the matron and the courtesan in the same box, while at Athens even foreign women were not suffered to approach the space set apart for the female citizens. Nevertheless, though on this point so rigid, they were in their own houses permitted occasionally to visit them² and receive instructions from their lips, as in Turkish harems ladies do from the *Almè*.

It is not permitted here to lift the curtain from the manners of these ladies. But their position, pregnant with evil to the state through its contaminating influences on the minds of youth, must be comprehensively explained before a correct idea can be formed of the internal structure of the Athenian commonwealth, of the germs of dissolution which it concealed within its own bosom, or the premature blight which an unspiritual system of morals was mainly instrumental in producing. No doubt the question whether the existence of such a class of persons should be tolerated at all, is environed by difficulties almost insurmountable. They have always existed and therefore, perhaps, it is allowable to infer that they always will exist; but this does not seem to justify Solon for sanctioning, by legislative enactments, a modification of moral turpitude debasing to the individual, and consequently detrimental to the state. To do evil that good may come, is as much a solecism in politics as in ethics. On this point I miss the habitual wisdom of the Athenian legislator. Lycurgus himself could have enacted nothing more at variance with just principles, or more subversive of heroic sentiments.

¹ Besides, from a passage in Lucian it appears that the ladies and the hetairæ frequented together

the public baths.—Diall. Hetair. xii. 4.

² Cf. Antiphon. Nec. Venef. § 5.

The Hetairæ,¹ recognised by law and scarcely proscribed by public opinion, may be said to have constituted a sort of monarchical leaven in the very heart of the republic; they shared with the sophists, whom I have already depicted, the affections of the lax ambitious youths, panting at once for pleasure and distinction, fostered expensive tastes and luxurious habits, increased consequently their aptitude to indulge in peculation, shared with the unprincipled the spoils of the state, and vigorously paved the way for the battle of Chæronea. But if their existence was hurtful to the community, so was it often full of bitterness to themselves. In youth, no doubt, when beauty breathed its spell around them, they were puffed up and intoxicated with the incense of flattery²—their conversation at once sprightly and learned seemed full of charms—their houses spacious as palaces and splendidly adorned were the resort of the gay, the witty, the powerful, nay, even of the wise—for Socrates did not disdain to converse with Theodota or to imbibe the maxims of eloquence from Aspasia. But when old age came on, what were they? It then appeared, that the lively repartees and grotesque extravagancies which had pleased when proceeding from beautiful lips, seemed vapid and poor from an old woman. The wrinkles which deformed their features were equally fatal to their wisdom that flitted from their dwellings, and became domiciliated with the last beauti-

¹ Vice is generally superstitious; and these ladies accordingly when they lost a lover, instead of attributing it to the superior beauty or accomplishments of their rivals, or the common love of novelty of mankind, always supposed that enchantments had been employed.—Luc. Diall. Hetair. i. t. iv. 124.

² Statues, for example, were

sometimes erected in their honour—Winkelm. iv. 3. 7. They were generally well educated, and there were none probably who could not read.—Drosè, in Lucian, complaining of the philosopher who kept away her lover, observes that his slave came in the evening bearing a note from his young master.—Diall. Hetair. x. 2. 3.

ful importation from Ionia. Thus deserted, the most celebrated Hetairæ became a butt for the satire even of the most clownish. The wit went to set the table in a roar scarcely served to defend them against the jests of the agora.

"How do you sell your beef?" said Laïs to a young butcher in the flesh-market.

"Three obels the *Hag*," answered the coxcomb.

"And how dare you, said the faded beauty, here in Athens pretend to make use of barbarian weights?"

The word in the original signifying an old woman and a Carian weight, it suited her purpose to understand him in the latter sense.¹

Worshiped and slighted alternately they adopted narrow and interested principles in self-defence. Besides, generally barbarians by birth, they brought along with them from their original homes the creed best suited to their calling—"Let us eat and drink for to-morrow we die." They were often the lumber of Asia and hence known under the appellation of "strange women," though it is very certain, that many female citizens were from time to time enrolled among their ranks, some through the pressure of adversity, others from a preference for that kind of life. Their education it must be conceded, however, was far more masculine than that of other women. They cultivated all the sciences but that of morals, and concealed their lack of modesty by the dazzling splendour of their wit. Hence among a people with whom intellect was almost everything

¹ Athen. xiii. 43. where the word is κίεδα. — The Turkish practice of drowning female delinquents in sacks, is merely an imitation of what was performed by a tyrant of old, who disposed of wicked old women in this manner. — Idem. x. 60. In France likewise formerly it was customary to avoid the scandal of a public trial, for noblemen and

gentlemen to be examined privately by the king who, when he could satisfy his conscience that they were guilty, ordered them to be "without any fashion of judgment put in a sack and in the night season, by the Marshall's servants, hurled into a river and so drowned." Fortescue, Laud, Legg. Angl. chap. 35. p. 82. b.

their company was much sought after and highly valued, not habitually perhaps by statesmen, but by wits, poets, sophists, and young men of fashion.

Many of the *bons mots* uttered by those ladies have been preserved. One day at table Stilpo the philosopher accused Glycera of corrupting the manners of youth.

"My friend," said she, "we are both to blame; for you, in your turn, corrupt their minds by innumerable forms of sophistry and error. And if men be rendered unhappy, what signifies it whether a philosopher or a courtesan be the cause?"

It is to her that a joke, somewhat hackneyed but seldom attributed to its real author, was originally due. A gentleman presenting her with a very small jar of wine sought to enhance its value by pretending it was sixteen years old. "Then," replied she, "it is extremely little for its age." Gnathena too, another member of the sisterhood, sprinkled her conversation with sparkling wit, but too redolent of the profession to be retailed. Some of her sayings, however, will bear transplantation, though they must suffer by it. To stop the mouth of a babbler who observed that he had just arrived from the Hellespont—"And yet," she remarked, "it is clear to me that you know nothing of one of its principal cities!" "Which city is that?"—"Sigeion,"¹ (in which there appears to be a reference to the word Silence) answered Gnathena. Several noisy gallants, who being in her debt sought to terrify her by menaces, once saying they would pull her house down, and had pickaxes and mattocks ready, "I disbelieve it," she replied, "for if you had, you would have pledged them to pay what you owe me." A comic poet remarking to one of these ladies that the water of her cistern was delightfully cold—"It has always been so," she replied, "since we have got into the habit of throwing your plays into it." The repartee of Melitta

¹ Athen. xiii. 47.

to a conceited person who was said to have fled ignominiously from the field of battle is exceedingly keen. Happening to be eating of a hare which she seemed much to enjoy, our soldier, desirous of directing attention to her, inquired if she knew what was the fleetest animal in the world. "The run-away," replied Melitta.

The same taste which induces many persons of rank in our own day to marry opera dancers and actresses, in antiquity favoured the ambition of the *Hetairæ*, many of whom rose from their state of humiliation to be the wives of satraps and princes. This was the case with Glycera, whom after the death of Pythionica, Harpalos sent for from Athens, and domiciliated within his royal palace at Tarsos. He required her to be saluted and considered as his queen, and refused to be crowned unless in conjunction with her. Nay, he had even the hardihood to erect in the city of Rossos, a brazen statue to her, beside his own.¹ Herpyllis, one of the same sisterhood, won the heart of Aristotle, and was the mother of Nicomachos. She survived the philosopher, and was carefully provided for by his will.² Even Plato, whose genius and virtue are still the admiration of mankind, succumbed to the charms of Archæanassa, an *Hetaira* of Colophon, whose beauty, which long survived her youth, he celebrated in an epigram still extant.³

Of all these ladies, however, not even excepting Phryne, or the Sicilian Laïs,⁴ Aspasia⁵ has obtained

¹ Athen. xiii. 50.

² Athen. xiii. 56.—Diog. Laert. v. 12.

³ Diog. Laert. iii. 31.

⁴ She was a native of Hyccara, but taken prisoner in childhood, and carried to Corinth, whence that city has generally the honor of being regarded as her birth-place.—Athen. xiii. 54.— Cf.

Thucyd. vi. 62. Sch. Aristoph. Lysist. 179.

⁵ Of the younger Aspasia, who had the reputation of being the loveliest woman of her time, we have the following sketch in *Ælian*:—"Her hair was auburn, and fell in slightly waving ringlets. She had large full eyes, a nose inclined to aquiline, (*ἐπιγροπος*) and small delicate ears.

the most widely extended fame. This illustrious woman, endowed by nature with a mind still more beautiful than her beautiful form, exercised over the fortunes of Athens an influence beyond the reach of the greatest queen. Her genius, unobserved for some time, by degrees drew around her all those whom the love of letters or ambition induced to cultivate their minds. Her house became a sort of club-room, where eloquence, politics, philosophy, mixed with badinage, were daily discussed, and whither even ladies of the highest rank resorted to acquire from Aspasia those accomplishments which were already beginning to be in fashion. From her Socrates professed to have in part acquired his knowledge of rhetoric, and it is extremely probable that he could trace to the habit of conversing with one so gifted by nature, so polished by rare society, something of that exquisite facility and lightness of manner which characterize his familiar dialectics. No doubt, we may attribute something of the reputation she acquired to the desire to disparage Pericles. It was thought that by appropriating many of his harangues to her they could bring him down nearer their own level. She was, in influence and celebri-

“Nothing could be softer than her skin, and her complexion was fresh as the rose; on which account the Phœceans called her ‘Milto, or ‘the Blooming’. Her ruddy lips, opening, disclosed teeth whiter than snow. She, moreover, possessed the charm on which Homer so often dwells in his descriptions of beautiful women, of small, well-formed ankles. Her voice was so full of music and sweetness, that those to whom she spoke imagined they heard the songs of the Sirens. To crown all she was like Horace’s Pyrrha, simplex munditiis, abhorring superfluous

“pomp of ornament.”—Hist. Var. xii. 1. Some persons, however, would not have admired the nose of Milto:—thus, the youth in Terence (*Heauton*, v. 5. 17. seq.) “What? must I marry?”

“Rufamne illam virginem Cæsiam, sparso ore, adunco naso? Non possum, pater.”

Aristotle (*Rhet.* i. 2) does not undervalue the slightly aquiline nose; and Plato appears rather to have admired it in men.—*Repub.* v. § 19. t. i. p. 392.—Stallb. where the philosopher calls it the Royal Nose.

ty, the Madame Roland of Athens, though living in times somewhat less troubled.

The name of Phryne, though not so celebrated, is still familiar to every one, partly, perhaps, through the accusation brought against her in the court of Heliæa,¹ by Euthios. She was a native of Thespiæ, but established at Athens, and beloved by the orator Hyperides, who undertook her defence. His pleading, it may therefore be presumed, was eloquent. Perceiving, however, he could make but little impression on the judges, he had her called into court, and, as if by accident, bared her bosom,² the fairness and beauty of which heaving with anguish and terror—for it was a matter of life and death—so wrought upon the august judges that her acquittal immediately followed. The Heliasts, renowned for their upright decisions, were suspected on this occasion of undue commiseration, though the charge was probably grounded on some frivolous pretence of impiety; and, to prevent the recurrence of similar partiality in future, a decree was passed, rendering it illegal thus to extort the pity of the court, or, on any account, to introduce the accused, whether man or woman, into the presence of the judges. It was on her figure that Apelles chiefly relied in painting his Aphrodite rising from the sea, as Phryne herself rose before all Greece on the beach at Eleusis; and Praxiteles also wrought from the same model his Cnidean Aphrodite.³ This sculptor, who was the rival of Hyperides, and, indeed, of all Athens, in the affections of Phryne, permitted her one day to make choice for herself from two statues of his own workmanship—the Eros and the Satyr. Discovering, by a stratagem,

¹ Poseidip. ap. Athen. xiii. 60.

² Honest old Burton, whom few anecdotes of this description escaped, imagines this artifice to

have been the only defence he made.—Anatomy of Melancholy. ii. 222.

³ Athen. xiii. 59. seq.

that he himself preferred the former, she was guided by his judgment, and dedicated the winged god in a temple of her native city. In admiration of her beauty, a number of gentlemen erected, by subscription, in her honour, a golden statue at Delphi. It was the work of Praxiteles, and stood on a pillar of white marble of Pentelicos, between the statues of Archidamos, king of Sparta, and Philip, son of Amyntas. The inscription ran simply thus:—

“ Phryne, of Thespiæ, daughter of Epicles.”

On seeing this statue, Crates, the cynic, exclaimed, “ Behold a trophy of Hellenic wantonness! ”

It is not, of course, among women of this class, that we should expect to discover proofs of female truth or enduring attachment. But the human heart sometimes triumphs over adverse circumstances.¹ History has preserved the memory of more than one act of heroism performed by an Hetaira, to show that woman doth not always put off her other virtues, though habitually trampling on the one which constitutes for her the boundary between honour and infamy.

Ptolemy, son of Philadelphos, while commanding the garrison of Ephesos, had along with him the courtesan, Irene, who, when his Thracian mercenaries rose in revolt, fled along with him to the temple of Artemis, where they fell together, sprinkling the altar with their blood.² Alcibiades, too, of all his friends, found none adhere to him in his adversity but an Hetaira, who cheerfully exposed her life for his sake; and, when the assassins of Pharnabazos had achieved their task, performed, like another Antigone, the last duties over the ashes

¹ Athen. xiii. 59.—In the apprehension of Lucian, too, they were anything but mercenary; and stripped themselves cheerfully of all their personal orna-

ments to bestow them, like so many sisters, on the person they loved.—Diall. Hetair. vii. 1.

² Athen. xiii. 64.

of the man she loved.¹ Other anecdotes might be added equally honourable to their feelings and fidelity, but these will sufficiently illustrate their character and the estimation in which they were generally held.

¹ Plut. Alcib. § 39.

CHAPTER V.

TOILETTE, DRESS, AND ORNAMENTS.

HAVING now described the condition and influence of women, it will be necessary to institute some inquiry into one of the principal means by which they achieved and maintained their empire. At first sight, perhaps, the disquisition may appear scarcely to deserve all the pains I have bestowed upon it; but, as the dress of the ancients is connected on the one hand with the progress of the useful arts, as spinning, weaving, dyeing, &c., and on the other with the forms and developement of sculpture, it can scarcely, when well considered, be reckoned among matters of trifling moment. Besides, the costume and ornaments of a people often afford important aid towards comprehending the national character, constituting, in fact, a sort of practical commentary on the mental habits, and tone and principles of morals, prevailing at any given period among them.

The raiment of the Grecian women, of which the public generally obtain some idea from the remaining monuments of ancient art, may be said to have been regulated by the same laws of taste which presided over the developement of the national genius in sculpture and painting. Every article of their habiliment appeared to harmonise exactly with the rest. Nothing of that grotesque extravagance which in some of the fleeting vagaries of fashion transforms our modern ladies, with their inflated balloon sleeves and painfully deformed waists, into so many whalebone and muslin hobgoblins, was ever allowed to disfigure the rich contour of a

Greek woman. As she proceeded lovely from the hands of nature, her pride was to preserve that loveliness. Her garments, accordingly, were not fashioned with a view to disguise or conceal her form, but by graceful folds, flowing curves, ornaments rich and tastefully disposed, to afford as many indications of its matchless symmetry and perfection as might be compatible with her sex's delicacy and the severity of public morals. Consequently the art of dress, like every other conversant with taste and beauty, reached in Greece its highest perfection. A woman draped according to the prevalent fashion in the best ages of the Athenian commonwealth, was an object not to be equalled for elegance or grace. From the snow white veil which probably shaded her countenance and ringlets of auburn or hyacinth, to the sandals of white satin and gold that ornamented her small ankle, the eye could detect nothing gaudy, affected, or out of keeping. There was magnificence without ostentation, brilliance of colours, but a brilliance that harmonised with whatever was brought in contact with it; the splendour of numerous jewels and trinkets of gold, but no appearance of display, or of a wish to dazzle. Everything appeared to stand where it did, because it was its proper place.

But in Sparta where there existed little tendency towards art or refinement,¹ a costume the antipodes of all this prevailed. That of the virgins differed in some respects from that of the matrons, and the difference arose out of a peculiar feature of manners, in which, if in nothing else, they resembled the English. In several Ionic countries, as at present on the continent, girls were previously to marriage guarded with much strictness. At Sparta, on the contrary, and among the Dorians generally,² they were permitted, as in England, to

¹ Cf. Montaigne, *Essais*, t. iv. p. 214, seq.

² See above, chapter ii.

walk abroad in company with young men, and, of course, to form attachments at their own discretion. In this, too, as in their dress, they only preserved the customs of antiquity; for in Homer we find the Trojan ladies making anxious inquiries of Hector respecting their relations and friends in the field, and going forth from their houses attended only by their maids. The married women led more retired lives, and when they went abroad fashion required that they should be veiled, as we learn from the following apophthegm of Charillos, who being asked why the maidens went abroad uncovered while the matrons concealed their faces, replied: "Because it is incumbent on the former to find themselves husbands, on the latter only to keep those they have."¹

The principal, or, rather, the sole garment of the Dorian maidens was the chiton, or himation,² made of woollen stuff, and without sleeves, but fastened on either shoulder by a large clasp, and gathered on the breast by a kind of brooch. This sleeveless robe, which seldom reached more than half way to the knee, was moreover left open up to a certain point on both sides,³ so that the skirts or wings, flying open as they walked, entirely exposed their limbs, closely resembling the shift of the Bedouin women,⁴ slit up to the arm-pit, but gathered tight by a girdle about the waist. When the girdle was removed it reached to the calves of the legs,⁵ and would then, but for the side-slits, have been quite as becoming as the blue chemise of the modern Egyptian women, which is open in front from the

¹ Plut. Apophtheg. Lacon. Charill. 2. t. i. p. 161.

² Herod. v. 87. Duris. ap. Schol. Eurip. Hecub. 922. Æl. Dionys. ap. Eustath. ad Il. p. 963. 17. ed. Basil. Æl. Var. Hist. i. 18. Cf. Spanh. Observ. in Hymn. in Apoll. 32. t. ii.

p. 63. Schol. Pind. Nem. i. 74.

³ Poll. vii. 54. seq. Mus. Chiamont. pl. 35. Antich. di Ercol. t. iv. tav. 24.

⁴ Castellan, Mœurs des Ottomans, vi. 47.

⁵ Schol. Eurip. Hecub. 922.

neck to the waist.¹ When dressed in this single robe, their whole form breathing health, and modesty in their countenance, there was no doubt a simple elegance in their appearance, little less attractive, perhaps, than the exquisite and elaborate *mise* of an Ionian or an Attic girl. In this costume Melissa, daughter of Procles, of Epidaurus, was habited when, as she poured out wine to her father's labourers, Periander, the Corinthian,² beheld and loved her. The married women, however, did not make their appearance in public *en chemise*, but when going abroad donned a second garment which seems to have resembled pretty closely their husbands' himatia.³

Of the simple wardrobe of a Doric lady, which in ancient times was that of all women of Hellenic race, exceedingly little can be said. It is altogether different with respect to that of the gentlewomen of Attica, where, though inferior in personal beauty to none, the women exhibited so much fertility in the matter of dress, that they appeared to depend on that alone for the establishment of their empire. For this reason it would be vain to pretend to describe all their vestments and ornaments, or the arts of the toilette by which they were adapted to

¹ Suidas, however, supposes these garments to have been less becoming when the girdle was removed, and adds *ἐν Σπαρτῇ δὲ καὶ τὰς κόρας γυμνὰς φαίνεσθαι*.—v. *διωριάζειν*. t. i. p. 772. Montaigne observes, that the ancient Gauls made little use of clothing; and that the same thing might be said of the Irish of his time, t. iv. p. 214.—The French ladies, also, of his own day, affected a costume in no respect less indelicate than that of the Spartan girls: “nos dames, ainsi molles et délicates qu’elles sont,

elles s’en vont tantôt entre ouvertes jusques au nombril.”—Essais, II. xii. t. iv. p. 213.

² Athen. xiii. 56.

³ Cf. II. ε. 425.—In the life of Pyrrhus, the difference between the dress of married women and that of the virgins is distinctly pointed out:—*ἀρχομένοις δὲ ταῦτα πράττειν, ἦκον ἀντοῖς τῶν παρθενῶν καὶ γυναικῶν, αἱ μὲν ἐν ἱματίοις, καταζώσασθαι τοὺς χιτωνίσκους, αἱ δὲ μονοχιτώνες, συναργασόμεναι τοῖς πρεσβυτέροις*. Plut. Pyrrh. § 27.

their purposes. To do so properly would, in fact, require a volume: But all that can be crowded into one short chapter shall be given, since I am not deterred by any such scruples as formerly arrested the pen of a very learned writer, who apprehended that, if he proceeded, he might be supposed to have been rummaging the boudoir notes of an Athenian lady!¹

The primary garment,² answering to the *chemise* of the moderns, was a white tunic reaching to the ground,³ in some instances sleeveless, and fastened on the shoulders with buttons, in others furnished with loose hanging sleeves descending to the wrist, and brought together at intervals upon the arm by silver or golden agraffes.⁴ It was gathered into close folds under the bosom by a girdle,⁵ or riband, sometimes fastened in front by a knot, sometimes by a clasp.⁶ This inner robe, made in the earlier ages of fine linen,⁷ manufactured in Attica, or imported from Tyre, Egypt, or Sidon, came, in after times, to be of muslin from Tarentum, or woven at home from Egyptian cotton. The use of linen, however, for this purpose was not wholly superseded. A very beautiful kind, from the island of Amorgos,⁸ one of the Cyclades, was often substituted down to a very late period in place of the byssos, or fine muslin of Egypt; and this insular fabric,⁹ whether snow-white or purple, would have rivalled the finest cambric, being of the most delicate texture and semi-transparent,¹⁰ like the Tarentine and Coan vests of the Roman ladies, the sandyx-coloured Lydian

¹ Taylor ad Demosth.

² Athen. xii. 5. 29. Boeckh. i. 141. Aristoph. Lysist. 43. sqq.

³ Ἐκ δὲ λίνου, λινούε χιτῶν, ὃν Ἀθηναῖοι ἔφορον ποδῆρη.—Poll. vii. 71.

⁴ Ælian. V. H. i. 8.

⁵ On the ζώνη, Cf. Il. ξ. 181. Odys. τ. 231. Damm. 988. On the Cestus Il. ξ. 214. Aris-

toph. Lysist. 72. βαθυζώνοι Æschyl. Pers. 155. et Schol. — Bættig. Les Furies, p. 34.

⁶ Achilles Tattius. ii. cap. xi. p. 33, seq. Jacobs

⁷ Thucyd. i. 6.

⁸ Aristoph. Lysist. 150. 735, et Schol.

⁹ Poll. vii. 75.

¹⁰ Aristoph. Lysist. 48. Poll. vii. 57. 74.

robe, or the silken chemises of the Turkish sultanas, described by Lady Montague.¹ It is in a tunic of this linen that Lysistrata, in Aristophanes, advises the Athenian ladies to appear before their husbands in order to give full effect to the splendour of their charms.²

Because the Amorginean linen was often, perhaps commonly, dyed purple, it has been inferred, that none purely white was produced; but this, as Bochart³ observes, is, probably, a mistake. At all events, it was of extraordinary fineness, superior, in the opinion of Suidas,⁴ even to the byssos and carbasos, or lawn of Cyprus, and appears to have been of a thin, gauze-like texture, like the drapery of "woven air" which Petronius⁵ throws around his female characters.

Over the chiton was worn a shorter robe not reaching below the knee, and confined above the loins by a broad riband. This also was, in some instances, furnished with sleeves, and of a rich purple or saffron colour, generally ornamented, like the chiton, with a broad border of variegated embroidery. To these, in order to complete the walking-dress, was added a magnificent mantle, generally purple, embroidered with gold, which, being thrown negligently over the shoulders,⁶ floated airily about the person, discovering the under garments exquisitely disposed for the purpose of displaying all the contours of the form, particularly of the waist and bosom. The Athenian ladies being, like our own, peculiarly jealous of possessing the reputation of a fine figure, and nature sometimes failing them, had

¹ Works, ii. 191.

² Aristoph. Lysist. 48.

³ Chanaan. I. 14. p. 449.

⁴ Corrected by Bochart, who reads *ἔστι δὲ σφόδρα λεπτὸν ὑπὲρ τὴν βύσσον ἢ τὴν κάρπασον*. Cf. Suid. v. Ἀμοργ. t. i. p. 204. c. Etym. Mag. 85. 15.

⁵ Satyricon. cap. 55. p. 273. Burmann.

⁶ We find, from ancient monuments, that persons likewise wore over their shoulders an article of dress exactly resembling the modern cape or tippet.—Mus. Cortonens. tab. 58.

recourse to art, and wore what, among milliners, I believe, are called *bustles*.¹ I am sorry to be obliged to add, that there were, also, mothers at Athens who anticipated us in the absurdity of tight lacing, and invented corsets for the purpose of compressing the abdomen and otherwise reducing the figures of their daughters to some artificial standard which they had already begun to set up in defiance of nature.² Some women, too, when apprehensive of growing fat, would collect on fine wool a quantity of summer dew, which they afterwards squeezed out and drank, this liquid having been supposed to be possessed of deleterious qualities, more particularly the ascending dew.³

Like the eastern ladies of the present day, they seldom went abroad without their veil, which was a light fabric of transparent texture, white or purple, from Cos, or Laconia. It was thrown tastefully over the head, raised in front on the point of the sphen-done,⁴ as in modern Italy by the comb, and hung waving on the shoulders and down the back in glittering folds. But this was not the only covering they made use of for their head. Those modern writers who have so thought are mistaken, since it is clear, both from contemporary testimony and numerous works of art still remaining, that very frequently they wore caps or bonnets. Several examples occur in Mr. Hope's work, on the Costumes of the Ancients;⁵ and Mnesilochos, in Aristophanes, when putting on the disguise of a woman for the purpose of being present at the Festival of Demeter, like Clodius at that of the Bona Dea, desires to borrow from Agathon a net or mitre for the

¹ Athen. xiii. 23. Alex. Frag. v. 13, seq.

² Victor. Var. Lect. ii. 6. 32.

³ Plut. Quæst. Nat. § 6. t. v. p. 321.—Coray sur Hippocrate, t. II. p. 82, seq.

⁴ See an exact representation

of it in the Mus. Chiaramont. pl. 8, where we likewise find an example of the sleeves closed with agraffes.—Cf. pl. 16.

⁵ Plates. Nos. 98. 108. 131. 162. 172.

head. "Will you have my night-cap?" inquires the poet. "Exactly," replies Euripides, "that is just what we want."¹

But we have hitherto scarcely entered upon the list of their wardrobe, in enumerating some of the articles of which, I must crave the reader's permission to employ the original terms, our language, in most cases, furnishing us with no equivalent. And, first, following the order of Pollux, who observes no principle of classification, we have the *Epomis*, a robe with sleeves, opposed to the *Evomis*, which had none. The *Diploidion*, an ample cloak, or mantle, capacious enough to be worn double. The *Hemidiploidion*, a more scanty mantle; the *Katastiktos*, adorned with flowers or figures of animals, or richly marked with spots, the *Katagogis*, the *Epiblema*, or cloak, and the *Peplos*,² a word of very equivocal character, used to signify a veil or mantle, a sofa-carpet, or a covering for a chariot. Generally, it seems to have designated a garment of double the necessary size, that, at pleasure, it might be put on, or cast, like a cloak, over the whole body, as appears from the *Peplos* of Athena.³ That the word sometimes was used to signify a tunic appears from Xenophon, who says "the peplos being rent above, the bosom appeared."⁴ He, how-

¹ Aristoph. Thesmoph. 256.

² Poll. vii. 49, seq.—The *peploma* of Pindar (Pyth. ix. 219) is now *paplo*ma. Wordsworth, Athens and Attica, p. 32. Cf. Iliad. ε. 315.—The peplos was sometimes embroidered with figures.—Il. ζ. 289—295.

³ Sch. Aristoph. Eq. 564. Poll. vii. 50.

⁴ Poll. vii. 50. Cf. Cyrop. iii. 1. 13.—3. 67. In Homer, Iliad, γ. 385, &c. the word, *εἰσὸς*, signifying a richly-wrought vest or robe, is synonymous, as Pollux re-

marks, with *πέπλος* vii. 51. This is, likewise, the opinion of Buttmann, who, however, supposes it to mean a "flexibly soft garment."—Lexil. Art. 41. Others draw a distinction between *εἰσὸς* and *πέπλος*, the former, they say, being employed to signify a veil unwrought and purely white, the latter, one which was variegated with colours and embroidery. Passow considers it to be a mere adjective signifying "clear, light," and says, that *εἶμα* or *ἰμάτιον* is always understood with it.

ever, considers it to have formed part of the male costume.

Another article of female dress was the *Zoma*, a short vest fitting close to the shape, and adorned at the bottom with fringe, as appears from a fragment of Æschylus in the Onomasticon. A character of Menander, too, exclaims,—"Don't you perceive the nurse habited in her *Zoma*?"—for, adds Pollux, it was generally worn by old women. An elegant woollen dress, called *Parapechu*, white, but with purple sleeves, was imported from Corinth, and would appear to have been much worn by the Hetairæ.¹ Other garments seem to have been affected by the middle class of citizens, who, being unable to dress in purple,² the distinguishing colour of the wealthy and the noble, brought into fashion the *Paruphes* and *Paralourges*, robes adorned on either side with a purple stripe. As much dignity is supposed to belong to ample drapery, our citizen ladies took care not to be sparing of stuff, their dresses trailing to the ground, and displaying numerous folds, produced purposely at the extremity by a band passing round the edge. These garments were generally of linen; but when a lady, in Homer, is said to be wrapped in her shining mantle, the poet³ is supposed to intend a fine, light, woollen cloak, like the white burnouses of the Tunisian and Egyptian ladies.⁴

Several sorts of dresses obtained their appellation from their colours; as the *Crocotos*, a saffron robe of ceremony, the *Crocotion*, a diminutive of the same; the *Omphakinon*, of the colour of unripe grapes, which, though prescriptively appropriated to women, was much affected by Alexander the Great. Modern ladies have delighted in flea-coloured dresses, and, in

¹ Poll. vii. 53. Jam παρά-
πηχυν λήδιον vel ἰμάτιον, collatis
Hesyehii et Pollucis interpreta-
tionibus, intelligi videtur dic-
tam fuisse vestem albam cui ma-
nicæ adpositæ essent purpureæ.

— Schweig. ad Athen. xiii. 45.
t. xii. p. 146.

² Athen. xiii. 45. Poll. *ubi*
supra.

³ Iliad, γ. 141.

⁴ Poll. vii. 54.

like manner, the ancients had theirs of asinine hue, called *Killios*, from a Doric name for the ass, and afterwards *Onagrinos*,¹ which, if they really resembled the wild ass in hue, must have been exceedingly beautiful. There was a scarlet robe, with the appellation of *Coccobaphes*, the *Sisys*, a thick heavy cloak, likewise called *Hyphandron Himation*, resembling the *Amphimалlos*, which had a double warp, and was hairy on both sides.²

Not to extend this list of dresses beyond the patience of a milliner, we will now pass on to the principal ornaments for the head,³ in which the Greek ladies evinced extraordinary taste and invention.⁴ Among these one of the most elegant was the *Ampyx*, a fillet by which they confined their hair in front. It sometimes consisted of a piece of gold embroidery, the place of which was often supplied by a thin plate of pure gold, studded with jewels. Another Homeric ornament, the *Kekruphalos*,⁵ can only be alluded to as a critical puzzle which has baffled all the commentators, in which predicament the *Plekte anadesme*⁶ also stands; all that we know being, that it found its place

¹ Among the Dorians the ass (*όνος*) was called *κίλλος*, and an ass-driver (*όνηλάτης*) *κιλλακτήρ*. Poll. vii. 56.

² Poll. vii. 56, seq.

³ Cf. Winkelmann, iv. 2. 76. Alex. Pædag. ii. 12.

⁴ Theoc. Eidyll. i. 33. Æmil. Port. Lex. Dor. in voce.

⁵ Iliad. χ. 469. Heyne in loc. Pollux. v. 95, enumerates the *ἀμπυξ* among female ornaments, but without giving any description of it. Cf. Pind. Olymp. vii. 118. Dissen. Comm. ad v. 64. Bœttiger. Pictur. Vascul. i. 87. — The *κεκρύφαλος*, or *κροκύφαντος*, which occurs once in the Iliad, was a female ornament for the head, unknown to the later Greeks. The scholiast describes it as *κόσ-*

μος τις περί κεφαλῆν; and Damm observes that, it was “redimiculum vel reticulam quo mulieres crines cœrcent.”—1158. Heyne is equally unsatisfactory. The commentators on Pollux. v. 95, avoid the subject altogether. Cf. Foës. Econ. Hippoc. p. 202.

⁶ Iliad, χ. 469. Πλεκτή ἀναδέσμη· οἱ μὲν διάδημα, says Apollonios, οἱ δὲ μίτραν. Πλὴν κοσμον εἶδος περί τὴν κεφαλῆν. This is the basis of Hesychius' article. The Leyden scholia say:—ἀναδέσμη λέγεται, σείρα, ἣν περί τοὺς κροτάφους ἀναδούνται καλεῖται δ' ὑπ' ἐνίων καλαντάκη. (In which Heyne imagines we may detect *calantica*, “a hood, hurlet, or coif.”) Κρήδεμνον δὲ πάλιν τὸ μαφόριον.

in the female head-dress, though whether as a mitre or a diadem Apollonios is unable to determine. It may possibly have been, under another appellation, that graceful wreath or garland, consisting of fragrant flowers interwoven or bound together by their stems, described among female ornaments by Pollux.¹

Another article of the same ambiguous character was the *Pylæon*, supposed to have derived its name from φύλλον, *a leaf*. Athenæus,² on a subject of this kind, perhaps, one of the best authorities, describes it as the crown which, during certain festivals, the Spartans placed upon the head of Hera. Doubtless, however, the most tasteful and elegant of this class of female ornaments was the *Kalyx*, a golden syrinx or reed, passed like a ring over each several tress to keep it separate.³ Eustathius describes it as a ring resembling a full-blown, but not expanded, rose; and this explanation will not be inconsistent with that of Hesychius, if we suppose the golden tubes to have terminated in the form of that flower. The *Strophion* was a band or fillet⁴ with which women confined their hair, as we discover from many ancient statues. Parrhasios the artist, who used to bind his luxuriant locks with a white strophion, was therefore accused of effeminacy.⁵ The name, however, appears to have been applied to any kind of band, even to the broad belt worn to support the bosom: "My strophion being untied the walnuts fell out," says the girl in Aristophanes.⁶ There was also an ornament of the same name worn by priests.⁷

¹ Poll. v. 96. Iliad. σ. 595. In Homer the epithet, however, is not πλεκτή but καλή Hemsterhuis ad Poll. t. iv. p. 998.

² Deipnosoph. xv. 22. Cf. Poll. v. 96.

³ Cœl. Rhodig. xxvii. 27, imagines it to mean a female head-dress, or a parasol. Jungermann.

ad Poll, v. 96. Eustath. ad Iliad. ε. 401.

⁴ On a mask, engraved among the Gemm. Antich. of Agostini, we find an exact representation of the modern feronet, pl. 24.

⁵ Athen. xii. 62. Pollux. v. 96.

⁶ Poll. vii. 67. 95.

⁷ Plut. Arat. § 58.

The *Opisthosphendone*,¹ one of the female ornaments enumerated in a fragment of Aristophanes, was worn only on the stage. Its proper name *sphendone* it derived from its resemblance to a sling, being broad and elevated in front,² and terminating in narrow points at the back of the head where it was tied. On the comic stage it was sometimes worn for sport with the fore part behind.³ The *Anadesma*⁴ was a gilded fillet or diadem of gold, used like the *strophion* for encircling the forehead. What was the precise use or form of the *Xanion*, another golden ornament fashionable in remote antiquity, could not be ascertained in the age of Pollux, who says that many writers supposed it to have been a comb. Of this number are Hesychius, Suidas,⁵ and Phavorinus. But a learned modern conjectures with more probability, that it was some talismanic idol worn as a spell against the evil eye.⁶ In fact it is expressly observed in the *Etymologicon Magnum*,⁷ that the Hellenic women reckoned it among their phylacteries.

Of the ear-rings worn by Grecian women the variety was very great. The most ancient kind were called *Hermata*, of which mention occurs both in the *Iliad* and the *Odyssey*.⁸ They were usually

¹ Clem. Alexand. *Pædag.* ii. 12. Winkelmann, *Histoire de l'Art.* iv. 2. 75. note 6, and i. 2. 18. See also *Cabinet Pio Clement*, t. i. pl. 2, with the observations of Visconti.

² Cf. *Mus. Chiaramont*, pl. 20.

³ Poll. v. 96. vii. 95. Eustath. ad *Dion. Perieg.* v. 7. Comment. ad Poll. iv. 999. On the *καλαμος*, named but not described by Pollux, v. 96, see Eustath. ad *Il.* τ. p. 1248. Phavor. et Hesych. *in voce καλαμς*. What the *ἐντροπον* was, Jungermann confesses he does not know; nor do I, though it appears probable that

it may have been the golden or gilt ornament with which the hair when gathered on the top of the head was bound together.

⁴ Damm. 444. Aristoph. *Plut.* 589. Poll. v. 96.

⁵ This lexicographer speaks of it as follows:—*κρέτιον. ὁ φοροῦσιν αἱ γυναῖκες ἐν τοῖς ἀναδέμασιν, οἷς κόσμος χρυσοῦς ἐπὶ κεφαλῆς.* t. ii. p. 252. b.

⁶ 612, 23, seq.

⁷ Hemsterhuis. ad Poll. t. iv. p. 1000.

⁸ *Il.* ξ. 182. *Odys.* σ. 296. *Ælian.* Var. *Hist.* i. 18.

adorned with three emerald drops,¹ for which reason they were by the Athenians denominated *Triopia* or *Triopides*,² and by the other Greeks *Triopthalma* or "the triple eye." By this word, as an ancient grammarian informs us, some understood an animal like the beetle, supposed to have three eyes, whence a necklace with three hyaline or crystal eyes, depending from it in front, was likewise called by the same name. Pollux³ supposed the earrings of Hera to have been adorned with three diminutive figures in precious stones, or gold, probably of goddesses. The *Diopos* seems to have been an earring with two drops. The *Helix* appears in Homer⁴ rather to mean an earring than an armlet, and to have received its name from its circular shape or curvature; but the spiral gold rings round the walking-stick of Parrhasios are also called *Helices* by Athenæus.⁵ Another name for this sort of earring was *Heliktes*.⁶ In the Æolic dialect earrings were called *Siglai*, in the Doric *Artiala*. A particular kind denominated *Enclastridia* and *Strobelia*, by the comic poets, had gold drops in the form of a pine cone.⁷ Two very curious kinds of earrings were the *Caryatides*, and the *Hippocampia*, the former representing in miniature the architectural figures, so called, the latter little horses with tails ending in a fish. There were earrings, likewise, with drops in the forms of centaurs and other fantastic creations.⁸

The names and figures of necklaces were scarcely less numerous.⁹ A jewelled collar fitting tight to the throat formed, under the name of *Peritrachelion*,

¹ Fabri. Thes. v. auris.

² Damm. 2195, reads *τριόπρραια*, and *τριοπριίδες*, in the passage of Eustathius, which forms the basis of my text; but Kuhn and Jungermann ad Poll. t. iv. p. 1003, correct as above.

³ Onomast. v. 97.

⁴ Il. σ. 401. Cf. Eustath. ad Odys. ω. 49.

⁵ Deipnosoph. xii. 62.

⁶ Poll. v. 97.

⁷ Jungermann ad Poll. t. iv. 1001.

⁸ Poll. v. 95.

⁹ Odys. σ. 290. Hymn, in Ven. ii. 11, seq. Necklaces of gilded wood. Xen. Econ. x. 3. 61.

the principal of these ornaments, of which another was the *Perideraion*.¹ The *Hypoderaion* was as its name imports a necklace that hung low on the bosom, and the same was the case with the *Hormos*.² On the *Tantheuristos Hormos* little information can be obtained, for which reason the commentators would alter the text; but the most probable conjecture is, that it obtained its appellation from the flashing and glancing of the jewels depending from it upon the breast.³ The *Triopis* was a species of necklace distinguished for having three stars or eye-like gems depending from it as drops. This being the most fashionable necklace was known under a variety of names, as the *Kathema*, and *Katheter*, and *Mannos* or *Monnos*, among the Dorians.⁴

Of armlets and bracelets there was likewise a great variety. Some worn above the elbow were denominated *Brachionia*, others called *Pericarpia*, or *Echinoi* encircled the wrists and were often in the form of twisted snakes of gold, which the woman-hater in Lucian would have converted into real serpents.⁵ The *Psellia* or chain bracelets were much worn; the *Clidones* adorned the rich and luxurious only. As stockings were not in common use, and shoes and sandals frequently dispensed with when within doors, fashion required that the feet and ankles should not remain unadorned. Ancient writers, accordingly, enumerate several kinds of anklets, or bangles, all of gold, and varying only in form, the distinction between which I have been unable to discover. The *Ægle* the *Pede* and the *Periscelides* were so many ornaments for the instep or ankle.⁶

¹ Plut. Mar. § 17. Bulenger,
De Spoliis Bellicis, c. 12.

² Sch. Aristoph. Vesp. 677.

³ Comment. ad Poll. v. 98 p.
1003.

⁴ Theocrit. xi. 41. Casaub.
Lect. Theocrit. c. 13.

⁵ Amor. § 41.

⁶ Poll. v. 100. Golden periscelides are enumerated by Longus l. i. among the possessions of the young Lesbian girl; and Horace, Epist. i. xvii. 56, speaks of the periscelis being snatched away

Among the ornaments for the bosom we find the *Egis*, evidently like the ægis of Athena, a sort of rich covering with two hemispherical caps to receive the breasts, such as we find worn by the Bayadères of the Dekkan. Extending from this on either side, or passing over its lower edge was the *Maschalister*, a broad belt which covered the armpits, though in Herodotus the word merely signifies a sword-belt.¹

Like all other delicate and luxurious women, the Grecian ladies displayed upon their fingers a profusion of rings, of which some were set with signets, others with jewels remarkable for their colour and brilliance. To each of these their copious language supplied a distinct name.² Other female ornaments are spoken of by the comic poets; but in their descriptions it is difficult to distinguish satire from information. Among these were the *Leroi*, golden drops attached to the tunic; the *Ochthoiboi*, which seem to have been a sort of rich tassels; the *Helleboroi*, ornaments shaped perhaps like the leaves or flowers of that plant; and the *Pompholuges*, which, though left unexplained by the commentators, probably signified a large clear kind of bead, as the word originally meant a "water-bubble," which a transparent bead resembles.³

The Athenian ladies, likewise, displayed their taste for luxury and splendour in their shoes and sandals.⁴

from a courtesan. Here Dr. Bentley understands the word to mean *tibialia*, and observes, — "delicatulae fasciis involvunt bant sibi crura et femora." But Gesner ad Horat. p. 503, seq. rather supposes "compedes mulierum," to be intended, and he is probably right. Cf. Petron. Sat. c. 67.

¹ Cf. Mus. Chiaram. pl. 14. pl. 18.

² Poll. v. 101. Rhodig. vi. 12.

³ Poll. v. 101. Cf. Schol. Aristoph. Ran. 249. Bergler ad loc.

renders it by *bullæ*, which, among the Romans, signified "a golden ornament worn about the neck, or at the breast of children, fashioned like a heart, and hollow within, which they wore until they were fourteen years old, and then hung up to the household gods."—Porphyr. in Horat. vid. et Fab. Thes. in v.

⁴ Diog. Laert. ii. 37. c. Sch. Aristoph. Lysist. 417. Wooden shoes were worn in Thessaly. With these the women killed Lais in the temple of Aphrodite —

Like our own fashionable dames, they seldom contented themselves with articles of home manufacture, but imported whatever was considered most elegant or tasteful from the neighbouring countries. Sometimes, perhaps, the fashion only and the name were imported, as in the case of the Persian half-boot, fitting tight to the ankle.¹ The same thing may probably be said of the Sicyonian slipper. But there was an elegant sandal, ornamented with gold, which, down to a very late period, continued to be imported from Patara, in Lycia,² Snow-white slippers of fine linen, flowered with needlework, were occasionally worn; and from many ancient statues it would seem, that something very like stockings had been already introduced. Short women, desirous of adding, if not a cubit, at least a few inches to their stature, adopted the use of *baukides* with high cork heels, and soles of great thickness.³

An Athenian beauty usually spent the whole morning in the important business of the toilette.⁴ The crowd of maids who attended on these occasions appears to have exceeded in number the assistants at similar rites in a modern dressing-room, the principle of the division of labour having been pushed to its greatest extent. Like Hera, who was said by mythologists to renew her virgin charms as often as she bathed in the fountain of Canathos,⁵ the Attic lady appeared to undergo diurnal rejuvenescence under the hands of her maids.⁶ Her lovely face grew tenfold more lovely by their arts. Clustering in interesting

Athen. xiii. 55. There was a species of shoes peculiar to female slaves called *peribarides*.—Poll. vii. 87. Aristoph. *Lysist.* 47.

¹ Sch. Aristoph. *Nub.* 152. See in *Antich. di Ercol.* t. vi. p. 11, a representation of half-boots open in front.

² Lucian, *Diall. Meret.* xiv. 3. *ἐκ Πατάρων σανδάλια ἐπίχρυσα.*

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³ Athen. xiii. 23. Poll. vii. 94.

⁴ Their perfumes and essences were kept in alabaster boxes from Phœnicia, some of which cost no more than two drachmæ.—Lucian, *Diall. Meret.* xiv. 2.

⁵ Paus. ii. 37, 38.

⁶ Aristoph. *Concion.* 732, et Schol.

groups around her, some held the silver basin and ewer, others the boxes of tooth-powder, or black paint for the eyebrows, the rouge pots or the blanching varnish, the essence-bottles or the powder for the head, the jewel-cases or the mirrors.¹ But on nothing was so much care bestowed as on the hair.² Auburn, the colour of Aphrodite's tresses³ in Homer, being considered most beautiful,⁴ drugs were invented in which the hair being dipped, and exposed to the noon-day sun, it acquired the coveted hue, and fell in golden curls over their shoulders.⁵ Others, contented with their own black hair, exhausted their ingenuity in augmenting its rich gloss, steeping it in oils and essences, till all the fragrance of Arabia seemed to breathe around them. Those waving ringlets which we admire in their sculpture were often the creation of art, being produced by curling-irons heated in ashes;⁶ after which, by the aid of jewelled fillets and golden pins, they were brought forward over the smooth white forehead,⁷ which they sometimes shaded to the eyebrows, leaving a small ivory space in the centre, while behind they floated in shining profusion down the back. When decked in

¹ Pignor. de Serv. p. 195.

² Cf. Suid. v. κομῆ. t. i, p. 1489. b.

³ See Pashley, i. 247. Pignor. de Serv. 193.

⁴ "The beautiful colour we call auburn, and which the ancients expressed by the term golden, is the most common among the Greeks; and they have gilt wire and various other ornaments (among which might yet perhaps be recognised the Athenian grasshopper) in ringlets, which they allow to float over their shoulders, or bind their hair in long tresses that hang upon the back." — Douglas, Essay, &c. p. 147, seq.

⁵ This is beautifully described by Lucian: — Γυναικὶ δὲ αἰεὶ πάση ἢ τοῦ δαψιλεῖς μὲν ἀπὸ τῶν βοστρύχων τῆς κεφαλῆς ἔλικες, ὑακίνθοις τὸ καλὸν ἀνθοῦσιν ὅμοια πορφύροντες· οἱ μὲν, ἐπινώτιοι κέχυνται μεταφρένων κόσμος, οἱ δὲ παρ' ὧτα καὶ κροτάφους, πολὺ τῶν ἐν λειμῶνι οὐλότερον σελίνων· τὸ δ' ἄλλο σῶμα, μηδ' ἀκαρῆ τριχῶς αὐταῖς ὑποφουμένης ἡλεκτρον, φάσιν, ἢ Σιδωνίας ἕλεον διαφεγγέσιρον ἀπαστράπται. — Amor. § 26.

⁶ Pignor. de Serv. 194, seq.

⁷ The young lady, in Lucian, describes thin hair drawn back so as to expose the forehead as a great deformity. — Diall. Meret. i.

this manner, and dressed for the harem¹ in their light flowered sandals and semi-transparent robes already described, they were scarcely farther removed from the state of nature than the Spartan maids themselves.

Contrary to the fashion prevalent in modern times the bosom, however, was always closely covered, because being extremely full shaped it began very early to lose its firmness and beauty.² Earrings, set with Red-Sea pearls of great price, depended from their ears, and an orbicular crown studded with Indian jewels surmounted and contrasted strikingly with their dark locks. Add to these the jewelled throat bands, and costly and glittering necklaces. Their cheeks though sometimes pale by nature, blushed with rouge,³

¹ A taste not greatly dissimilar presides over the in-door dress of the modern Greek women. "In the gynæceum," says Chandler, "the girl, like Thetis, treading on a soft carpet, has her white and delicate feet naked; the nails tinged with red. Her trowsers, which in winter are of red cloth, and in summer of fine calico or thin gauze, descend from the hip to the ankle, hanging loosely about her limbs, the lower portion embroidered with flowers, and appearing beneath the shift, which has the sleeves wide and open, and the seams and edges curiously adorned with needle-work. Her vest is of silk, exactly fitted to the form of the bosom and the shape of the body, which it rather covers than conceals, and is shorter than the shift. The sleeves button occasionally to the hand, and are lined with red or yellow satin. A rich zone encompasses her waist, and is fastened before by clasps of silver

"gilded, or of gold, set with precious stones. Over the vest is a robe, in summer lined with ermine, and in cold weather with fur. The head-dress is a skull-cap, red or green, with pearls; a stay under the chin, and a yellow fore-head cloth. She has bracelets of gold on her wrists; and, like Aurora, is rosy-fingered, the tips being stained. Her necklace is a string of zechins, a species of gold coin, or of the pieces called Byzantines. At her cheeks is a lock of hair made to curl toward the face; and down her back falls a profusion of tresses, spreading over her shoulders."
—ii. 140.

² Lucian. Amor. § 41. Homer in numerous passages celebrates the deep bosoms of his country women, and Anacreon, also, touches more than once on the same topic.

³ Anchusa. Theoph. Hist. Plant. vii. 8. 3. Dion. Chrysost.

and they even possessed the art to superinduce over this artificial complexion that peach-like purple bloom which belongs to the very earliest, dewiest dawn of beauty. To the tint of the rose they could likewise add that of the lily. White paint was in common use,¹ not merely among unmarried women, and ladies of equivocal reputation, but with matrons the chastest and most prudent in Athens, for we find that pattern of an Attic gentlewoman, the wife of Ischomachos, practising after marriage every delusive art of the toilette.²

It by no means follows that all this attention³ to dress had any other object than to please their husbands; for the Turkish Sultanas who pass their lives in the most rigid seclusion are no less sumptuous in their apparel; but we know that at Athens, as in London, much of this care was designed to excite admiration out of doors. For it is highly erroneous to transfer to Athens the ideas of female seclusion acquired from travellers in the East, where no such rigid seclusion was ever known. Husbands, indeed, who had cause, or supposed they had, to be jealous, might be put on the rack by beholding the crowds of admirers who flocked around their wives the moment they issued into the streets. But there was no remedy. The laws and customs of the country often forced the women abroad to assist at processions and perform their devotions at the shrines of various goddesses.⁴

i. 262. Poll. vii. 95. Aristoph. Lysist. 46. et Schol. Muret. Not. in Xen. Cyrop. p. 743, seq. Xen. Cyrop. i. 3. 2.

¹ Poll. v. 101, vii. 95.

² Xenoph. Œconom. x. 2, 60.

³ Cf. Xen. de Vect. iv. 8.

⁴ Luc. Amor. § 41, seq. Cf. Casaub. ad Theoph. Char. p. 339. Aristoph. Plut. 1015, et schol. Plut. Vit. x. Orat. Lycurg. In the country, too, women went

often abroad, and evidently led a very comfortable life; their habits, in fact, greatly resembled those of English country ladies; the wives of men whose estates lay contiguous freely visiting and gossiping with each other. Thus in the action on the damage caused by the torrent, we find the wife of Tisias and the mother of Callicles discussing the spoiling of the barley and the

The dress of men included many of the garments worn by women; for example, the chiton of which there were several kinds, some with and some without sleeves. Among the latter was the *Exomis*,¹ a short tunic worn by aged men and slaves, but the name was sometimes applied to a garment thrown loosely round the body, and to the chiton with one sleeve.² Over this in Homeric times was worn as a defence against the cold, the *Chlaina*³ a cloak strongly resembling a highlander's tartan, or the burnoose of the Bedouin Arab. It was, in fact, a square piece of cloth, occasionally with the corners rounded off, which, passing over the left shoulder, and under the right arm, was again thrown over the left shoulder, leaving the spear arm free.⁴ This is what the poet means where he terms the *Chlaina* double. It was wrapped twice round the breast, and fastened over the left shoulder by a brooch.⁵ Even this, however, was not deemed sufficient in very cold weather, and a cloak of skins sown together with thongs was wrapped about the body as a defence against the rain or snow. Some persons appear to have worn skin-cloaks all the year round, for we find Anaxagoras, in the midst of summer at Olympia, putting on his when he foresaw there would be rain.⁶ Rustics also appear to have considered a tunic and skin-cloak necessary to complete their costume.⁷

barley meal, and meeting, evidently, as often as they thought proper. In fact, before the quarrel, the footpath across the field was clearly well worn. — Demosth. in Call. § 7.

¹ Aristoph. Lysist. 662.

² Poll. vii. 49.

³ If the appearance of a ghost can be regarded as good testimony, it may be concluded that the Thessalians wore the chlamys, since Achilles when called up by

Apollonios of Tyana, presented himself in that garment.—Philost. Vit. Apoll. iv. 16.

⁴ Müll. Dor. ii. 283. Diog. Laert. ii. 47. Clothes were suspended in the house on pegs.—Odyss. a. 440.

⁵ Il. ω. 230. Poll. vii. 49.

⁶ Diog. Laert. ii. iii. 5. Cum not. Menag. t. ii. p. 49.

⁷ Dion. Chrysost. i. 231. Reiske. On the dress of the Arcadians, Polyæn. Stratagem. iv. 14.

The Dorian style of dress formed the point of transition from the simple elegance of the Homeric period to the elaborate splendour of the historic age at Athens. In this mode of clothing, a modern author remarks, a peculiar taste was displayed, an antique simplicity "equally removed from the splendour of Asiatics, and the uncleanness of barbarians."¹ They preserved the use of the Homeric chiton, or woollen shirt, and over this wore also the *Chlaina* or *Himation*, in the manner described above. To these was added the *Chlamys*, which, as the Spartan laws prohibited dyeing, was universally white, and denominated *Hololeukos*.²

It was of Thessalian or Macedonian origin, of an oblong form, the points meeting on the right shoulder, where they were fastened with a clasp. This garment was not in use in the heroic ages, and the earliest mention of it occurs in Sappho;³ but when once introduced, it quickly grew fashionable, at first among the young men, afterwards as a military cloak. At Athens it was regarded as a mark of effeminacy, and was fastened with a gold or jewelled brooch on the breast.⁴

The men of Sparta, though less thinly clad than the women, still went abroad very scantily covered. Their *Tribon*, a variety of the himation,⁵ like the cloak of the poor Spanish gentleman, was clipped so close that it would barely enclose their persons, like a case, but was thick and heavy, and calculated to last. Accordingly, the youth were allowed only one of these per annum, so that, in warm weather, it is probable that, with an eye to saving it for winter, they exchanged it for that more lasting coat with

¹ Müller. Hist. Dor. ii. 277. See the picturesque description which Hesiod gives of the rustic winter costume of Bœotia. Opp. et Dies, 534, sqq. Goettl.

² Poll. vii. 46.

³ Σαπφὸν πρώτη γὰρ μέμνηται τῆς χλαμύδος.—Ammonius, p. 147. Valcken.

⁴ Heliodor. i. and ii.

⁵ Sch. Aristoph. Nub. 415. Cf. Vesp. 116, 475.

which nature had furnished them.¹ In the towns, however, and as often as they thought proper to put on the appearance of extreme modesty, the young Spartans drew close their cloaks around them so as to conceal their hands,² the exhibiting of which has always been regarded as a mark of vulgarity. Hence the use of gloves, and the affectation of soft white hands in modern times. The same notions prevail even among the Turks, who, like Laertes in Homer, wear long sleeves to their pelisses for the purpose of defending the hand, to have which white and well-shaped is among them a mark of noble blood.

The Spartans had the good taste to suffer their beards and hair to grow long, and were at much pains to render them glossy and shining. Even in the field, contrary to the practice at Athens, they preserved this natural ornament of their heads, and we find them busy in combing and putting it in order on the very eve of battle.³ It was usually parted at the top, and was, in fact, the most becoming covering imaginable. But they set little value on cleanliness, and bathed and perfumed themselves seldom, being evidently of opinion,⁴ that a brave man ought not to be too spruce. However, having no object to gain by aping the exterior of mendicants, they eschewed the wearing of ragged cloaks, which, indeed, was forbidden by law.

But the Athenians ran into the opposite extreme, Wealthy, and fond of show, they delighted in a style of dress in the highest degree curious and magnificent, appearing abroad in flowing robes of the finest linen, dyed with purple and other bril-

¹ Plut. Lyc. § 16. Inst. Lac. § 5.

² Xenoph. de Rep. Laced. iii. 4. Of Phocion, an imitator of Spartan manners, the same thing is related.—Plut. Phoc. § 4.

³ Herod. vii. 208, with the notes of Valckenaar and Wesseling.

⁴ Plut. Instit. Lacon. § 5.

liant colours.¹ Beneath these they wore tunics of various kinds, which, though the fashion afterwards changed, were at first sleeveless, since we find the women, in Aristophanes, suffering the hair to grow under their arm-pits to avoid being discovered when, disguised as their husbands, they should hold up their hands to vote in the assembly.²

Like the women, they affected much variety and splendour in their rings, which were sometimes set with a stone with the portrait engraved thereon of some friend or benefactor, as Athenion wore on one of his the portrait of Mithridates.³

In his girdle and shoes,⁴ too, the Athenian betrayed his love of splendour. The hair worn long like that of the ladies,⁵ was curled or braided and built up in glossy masses on the crown of the head, or arranged artfully along the forehead by golden grasshoppers.⁶ But as all this pile of ringlets could not be thrust into the helmet, it was customary in time of war to cut the hair short, which the fashionable young men reckoned among its most serious hardships. Hats⁷ were not habitually worn, though

¹ Thucyd. i. 6. Plat. de Rep. t. vi. p. 167. Tim. Lex. 188. Aristoph. Eccles. 332. Sch. Aristoph. Eq. 879. Lucian. Amor. § 3.

² Aristoph. Concion. 60, et Schol.

³ Athen. v. 49.—Even slaves were in the habit of wearing rings set with precious stones, sometimes of three colours, of which several specimens are found in the British Museum. Thus, in Lucian, we find Parmenon, the servant of Polemon, with a ring of this kind on his little finger.—Diall. Meret. ix. 2. Cf. Hemster. ad Poll. ix. 96. t. vi. p. 1193.

⁴ Poll. vii. 92, seq.

⁵ Casaub. ad Theoph. Char. p. 329.

⁶ Athen. xii. 5. Sch. Aristoph. Eq. 1328. Nub. 971.

⁷ It is very clear from a passage in Demosthenes (De Fals. Leg. § 72), that hats or caps were sometimes worn in the city. There are those indeed who suppose the word to mean a wig; but Brodæus disposes of this by inquiring whether sick persons would be likely to go to bed with their wigs on as men did with their *πάλδια*. Miscell. i. 13. However, I must confess their wearing hats in bed is still less likely. The Bœotians appeared in winter with caps which covered the ears. Hesiod. Opp. et Dies, 545. On the form of which, see Theoph. Hist. Plant. iii. 9. 6, with the note of Schneid. t. iii. p. 191.

on journeys or promenades undertaken during hot weather they formed a necessary part of the costume. Above all things the Athenian citizen affected extreme cleanliness and neatness in his person, and the same taste descended even to the slaves who in the streets could scarcely be distinguished by dress, hair, or ornaments, from their masters.¹

Even the philosophers, after holding out a long time, yielded to the influence of fashion, and, lest their profession should suffer, became exquisites in its defence. Your truly wise man, says an unexceptionable witness in a matter of this kind, has his hair closely shaved, (this was an eastern innovation,) but suffers his magnificent beard to fall in wavy curls over his breast. His shoes, fitting tight as wax, are supported by a net-work of thongs, disposed at equal distances up the small of the leg. A chlamys puffed out effeminately at the breast conceals his figure, and like a foreigner he leans contemptively upon his staff.²

But the art of dress appears to have received its greatest improvements in Ionia, where, according to Democritus, the Ephesian, both the garments, at one time in fashion, and the stuffs of which they consisted, were varied with a skill and fertility of invention worthy of a polished people. Some persons, he says, appeared in robes of a violet, others of a purple, others of a saffron colour, sprinkled with dusky lozenges. As at Athens, much attention was bestowed on the hair, which they adorned with small ornamental figures. Their vests were yellow, like a ripe quince, or purple, or crimson, or pure white. Even their tunics, imported from Corinth, were of the finest texture, and of the richest dyes, hyacinthine or violet, flame-coloured or deep sea-green. Others adopted the Persian *calasiris*,³ of all tunics

¹ Xenoph. de Rep. Athen. i. 10.

² Athen. xi. 120. On the gorgeous dress of the painter Parrhasios. xii. 62.

³ We find mention made of Persian dresses variegated with the figures of animals. Philost. Icon. ii. 32.

the most superb, and there were those among the opulent who even affected the Persian *actæa*, a shawl-mantle of the costliest and most gorgeous appearance. It was formed of a close-woven, but light stuff, bedropped with golden beads in the form of millet-seed, which were connected with the tissue by slender eyes passing through the stuff and fastened by a purple thread.¹

Duris, on the authority of the poet Asios, draws a scarcely less extravagant picture of the luxury and magnificence of the Samians, who, on certain festivals, appeared in public adorned, like women, with glittering bracelets, their hair floating on their shoulders, skilfully braided into tresses. The words of Asios preserved in the Deipnosophist are as follow: "Thus proceed they to the fane of Hera, " clothed in magnificent robes, with snowy pelisses, " trailing behind them on the ground. Glistening " ornaments of gold, like grasshoppers, surmount the " crown of their heads, while their luxuriant tresses " float behind in the wind, intermingled with golden " chains. Bracelets of variegated workmanship adorn " their arms, as the warrior is adorned by his shield " thongs."² This excess of effeminate luxury, attended as everywhere else by enervating vices, terminated in the ruin of Samos. Similar manners in the Colophonians drew upon them a similar fate, and so in every other Grecian community; for men never learn wisdom by the example of others, but hurry on in the career of indulgence as if in the hope that Providence might overlook them, or set aside, in their favour, its eternal laws.

¹ Athen. xii. 29.

² Athen. xii. 30.

BOOK IV.

CHAPTER I.

PRIVATE DWELLINGS.

THE opinion appears to prevail among certain writers, that the private dwellings of the Hellenes, or at least of the Athenians, were always mean and insignificant.¹ This imaginary fact they account for by supposing, that nobles and opulent citizens were deterred from indulging in the luxuries of architecture by the form of government and the envious jealousy of the common people. But such a view of the matter is inconsistent with the testimony of history. At Athens, as everywhere else, things followed their natural course. In the early ages of the commonwealth, when manners were simple, the houses of the greatest men in the state differed very little from those of their neighbours. As wealth, however, and luxury increased, together with the development of the democratic principle, individuals erected themselves mansions vying in extent and splendour with the public edifices of the state;² and as the polity

¹ But even from a fragment of Bacchylides we may infer the magnificence of Grecian houses; for the poor man who drinks wine, he says, sees his house blazing with gold and ivory:

χρυσῶ δ' ἐλέφαντί τε
μαρμαίρουσιν οἴκοι.

Athen. ii. 10.

Men had by this time advanced considerably from the state in which they are supposed to have built their huts in imitation of the swallow's nest. Vitruv. ii. 1.

² Plat. *Repub.* iv. t. vi. p. 165.
Dion Chrysost. i. 262. ii. 459.
Dem. cont. Mid. § 44.—Lucian.
Amor. § 34.

degenerated more and more into ochlocracy, the dwellings of the rich¹ increased in size and grandeur, until they at length outstripped the very temples of the gods. A similar process took place at Sparta, where shortly after the Peloponnesian war, the more distinguished citizens possessed suburban villas, which seem to have been of spacious dimensions and filled with costly furniture.²

Upon these points, however, I dwell, not from any belief that they are honourable to the Greek character, but because they are true. It would have been more satisfactory to find them preserving, in every period of their history, the stern and lofty simplicity of republican manners, far outshining in the eyes of the philosopher the palaces of Oriental kings glittering with gold and ivory and jewels, inasmuch that the cottage of Socrates, erected in the humblest style of Athenian domestic architecture, would be an object, were it still in existence, of far deeper interest to the genuine lover of antiquity than the mansions of Meidias or Callias, or even than the imperial abodes of Semiramis, Darius, and Artaxerxes.

Nevertheless, wherever there exists opulence, it will exhibit itself in the erection of stately dwellings; and accordingly we find that, prior even to the Trojan war,³ commerce and increasing luxury had already inspired the Greeks with a taste for splendour and magnificence, which displayed itself especially in the architecture and ornaments of their palaces and houses of the great.⁴

Homer, minute and graphic in his descriptions, delineates a very flattering picture of Greek domestic architecture in his time, when the chiefs and nobles had already begun to enshrine themselves in spacious edifices, elaborately ornamented

¹ Dem. Olynth. iii. § 9. De Rep. Ord. § 10.

² Xenoph. Hellen. vi. 5. 27.

³ Cf. Athen. i. 28.

⁴ Cf. Müll. Dor. ii. 272.

with, and surrounded by, all the circumstances of pomp known to their age.¹

In those days the greatest men did not disdain to apply themselves to agriculture, to have their dwellings surrounded by the signs and implements of the pursuit in which they were engaged.² And as in southern Italy the ancient nobles erected shops in front of their palaces or villas, in which the produce of their land was disposed of, so in the Homeric houses the same space was occupied by the farm-yard enclosed by strong and lofty walls, surrounded by battlements, within which were their heaps of manure, harrows, ploughs, carts, and waggon, and stacks of hay and corn;³ and hither, too, in the evening were driven in their numerous flocks and herds, to protect them from the nightly marauders. The great entrance gates were in the heroic ages guarded by ban dogs,⁴ which afterwards made way for porters,⁵ and in still later times were succeeded by eunuchs.⁶

Occasionally for the canine doorkeepers were substituted in commercial states gold and silver representations, more likely to attract than repel thieves; for example, at the entrance to Alcinoös's palace were groups of this description, attributed to the wonder-working Hephæstos.⁷ A coarse imitation of this practice prevailed among the Romans, for we find

¹ Il. ε. 657, sqq.

² A similar taste prevailed among the Merovingian princes of France: "The mansion of the long-haired kings was surrounded with convenient yards and stables for the cattle and the poultry; the garden was planted with useful vegetables; the various trades, the labours of agriculture, and even the arts of hunting and fishing were exercised by servile hands for the emolument of the sovereign; his magazines were filled with

"corn and wine, either for sale or consumption, and the whole administration was conducted by the strictest maxims of private economy."—Gibbon, Decline and Fall of the Roman Empire, ii. 356.

³ Hesych. v. ἀβλήε.

⁴ Feith. Antiq. Hom. iii. 10. p. 242.

⁵ Casaub. ad Theoph. Char. p. 145.

⁶ Plat. Protag. t. i. p. 159. Cf. Aristid. t. i. p. 518. Jebb.

⁷ Odyss. η. 93.

in Petronius that Trimalchio had his court guarded by a painted mastiff, over which in good square characters were the words "Beware of the dog."¹

Along the walls of this enclosure the cattle-sheds would in remoter ages appear to have been ranged, where afterwards stood suites of chambers for the domestics, or piazzas, or colonades, to serve as covered walks in extremely hot or bad weather. Within, on either side the gateway,² chiefly among the Dorians, rose a pillar of conical shape, sometimes an obelisk, in honour of Apollo or of Dionysos, or, according to others, of both, while in the centre was an altar of Zeus Herceios, on which family sacrifices were offered up.³ At its inner extremity you beheld a spacious portico, adjoining the entrance to the house, where in warm weather the young men often slept. From the descriptions of the poet, however, it would appear to have been something more than a common portico, resembling rather the porches of our old English houses, roofed over and extending like a recess into the body of the house itself. In the dwellings of the great, this part of the building, adorned with numerous statues, was probably of marble finely polished if not sculptured, and being merely a chamber open in front could not in those fine climates be by any means an unpleasant bedroom, particularly as it usually faced the south and caught the early rays of the sun. Here Odysseus⁴ slept during his stay with Alcinoös, as did likewise Priam and the Trojan Herald while guests of Achilles in his military hut.⁵

In this porch were seats of handsome polished

¹ Satyr. c. 29. p. 74. Hel-lenop.

² Sch. Aristoph. Vesp. 875. Here the Romans sacrificed to Janus, the Greeks to Apollo. Macrobian Saturn. l. i. c. 9. Poll. iv. 123. Comm. p. 790.

³ Eustath ad Od. χ. 376. p.

790. Cf. Poll. i. 22, seq. Muret. in Plat. de Rep. p. 635. Soph. Œdip. Tyr. 16.

⁴ Odyss. η. 345. Cf. Il. ζ. 243. Hesych. v. πρόδομος.

⁵ Il. ω. 673, sqq. Cf. Feith. Antiq. Hom. iii. 10. p. 244.

stone, as in the palace of Nestor at Pylos, which, to render them more shining, would appear to have been rubbed with oil.¹ Similar seats are found to this day before the houses of the wealthy at Cairo and other cities of the East, where in the cool of the evening old men habitually take their station, and are joined for the purpose of gossip by their neighbours. In the larger towns of Nubia an open space planted with dates, palms, or the Egyptian fig-tree, more shady and spreading than the oak, and furnished with wooden seats, collects together the elders, who there enjoy what the Englishman seeks in his club, and the Greek found in his *lesche*—the pleasure of comparing his opinions with those of his neighbours.

When, in after times, this plain porch had been succeeded by a magnificent peristyle or colonnade, the primitive custom of sleeping in the open air was abandoned; but here the master of the house with his guests took their early walk to enjoy the morning sun. It was customary among all ranks at Athens to rise betimes, as it generally is still in the warm countries of the South. Socrates and his young friend, the sophist-hunter,² coming to the house of Callias, soon after day-break, find its owner taking the air with several of his guests in the colonnade, the young men moving in the train of their elders, and making way for them as they turn round to retrace their steps. There was usually at Athens a similar peristyle on both sides of the house—one for summer the other for winter, and a door generally opened from the women's apartment into that communicating with the garden, where the ladies enjoyed the cool air in the midst of laurel copses, fountains, and patches of green sward,³ interspersed with rose-trees, violet-beds, and other sweet shrubs and flowers.

¹ *Odyss.* γ. 406, sqq. Cf. π. 343, seq.

³ *Plat. Epist.* t. viii. p. 403. *Athen.* v. 25. *Poll.* ix. 466.

² *Plat. Protag.* t. i. p. 160.

The town-houses of Homeric times had generally no aulè, but the porch opened directly into the street, since it is here that, in the description of the shield, we find the women standing to behold the dancers and enjoy the music of the nuptial procession.¹ Afterwards, as the taste for magnificence advanced, the whole façade of the corps de logis² was richly ornamented, while the outer gates were purposely left open, that the passers-by might witness the splendour of the owner. Occasionally, likewise, the great door, leading from the portico into the house, was concealed by costly purple hangings,³ which, being passed, you entered a broad passage, having on either side, doors⁴ leading into the apartments on the ground floor, and conducting to an inner court, surrounded by a peristyle, where the gynæconitis,⁵ or harem, commenced.

The apartments of palaces displayed, even in very early times, the taste of the Greeks for splendour and magnificence. The walls were covered with wainscoting inlaid with gold and ivory, as we still find in the East whole chambers lined with mother-of-pearl.⁶ At first, the gold was laid on in thin plates, which, in process of time, led to the idea of gilding.⁷ Even Phocion, who affected great simplicity and plainness, had the walls of his house adorned with laminae of copper,⁸ probably in the same style as that subterraneous chamber discovered, during the last

¹ Il. σ. 496. Cf. Sch. Aristoph. Nub. 93.

² Hesych. v. ἐνώπια. Casaub. ad Theoph. Char. p. 330. Compare the whole character of the "Vain Man," pp. 57—59. Etyim. Mag. 346. 10.

³ Athen. v. 25. Hesych. v. ἀνλεία. Suid. in v. t. i. p. 491. d.

⁴ "The doors (at Tanjeers) are richly carved, and placed in arches shaped like an ace of spades, a form so completely oriental, that there is no mis-

"taking its origin; these, when they opened on the verandah, were further ornamented with curtains of rich crimson silk." —Napier, Excursions along the Shores of the Mediterranean, i. p. 264.

⁵ Hesych. v. γυναικωνίτις.

⁶ Lady Montague's Works, ii. 234.

⁷ Plin. xxxiii. 18. Cf. Dion. Chrysost. t. i. p. 262. t. ii. p. 259. Pignor. de Serv. p. 214.

⁸ Plut. Phoc. § 18.

century, in the excavations made at Rome. It appears, too, that, occasionally, the walls of the apartments at Athens, as at Herculaneum and Pompeii were decorated with paintings in bright colours,¹ probably in the same style, though as much superior in beauty and delicacy of execution, as art, in the age of Pericles, was superior to art in the days of Nero. Still the paintings discovered in the excavated Italian cities,—sometimes² grotesque and extravagant, as where we behold the pigmies making war upon the cranes, winged geniuses at work in a carpenter's or shoemaker's shop, or an ass laden with hampers of wine, rushing forward to engage a crocodile, whilst his master pulls him back by the tail—sometimes rural and elegant, consisting of a series of wild landscapes, mountains dotted with cottages, sea-shores, harbours, and baths, Nymphs and Cupids angling on the borders of lakes, beneath trees of the softest and most exquisite foliage,—may enable us to form some conception of the landscapes with which Agelarcos³ adorned the house of Alcibiades.

The halls and saloons on the ground-floor were paved with marble or mosaic work,⁴ which often, if we may judge from the specimens left us by their imitators, represented pictures of the greatest elegance, containing, among other things, likenesses of the loveliest divinities of Olympos.⁵ These mosaics were wrought with minute shards of precious marbles of various colours, interspersed with pieces of amber,⁶ and, probably, also, of glass, as was the fashion in Italy, where whole hyaline floors have been found consisting either of one piece or of squares so finely joined together, that the sutures

¹ As, *minium*, Dioscor. v. 109.

² Antich. di Ercol. t. i. tav. 34. p. 181. tav. 35. p. 187. tav. 36. p. 191. tav. 48. pp. 253, 257. t. ii. tav. 39. p. 273. Cf. Poll. x. 34.

³ Andocid. cont. Alcib. § 7.

⁴ Plin. xxxvi. 60. Poll. vii. 121. Cf. Sir W. Hamilton, Acc. of Discov. at Pomp. p. 7, seq. pl. 5.

⁵ Galen. in Protrept, § 8. t. i. p. 19.

⁶ Hom. Eires. 10. p. 199. Franke.

were invisible to the naked eye. No mention, I believe, is made in Greek authors of lining the walls of apartments with glass, or even of glass windows,¹ which, however, were common in the cities of Magna Græcia in the age immediately succeeding that of our Saviour. It is extremely probable, however, that as the Greeks were as well acquainted as the Romans with the properties of the lapis specularis;² they likewise made use of thin plates of this stone, or talc, or gypsum, as they still do in Egypt for window-panes. So much, indeed, seems inferable from a passage of Plutarch,³ as, also, that transparent squares of horn were employed for the same purpose, as oyster-shells and oiled paper still are in China. Previously, however, the windows⁴ (sometimes square and situated high in the wall, sometimes reaching from the ceiling to the floor) were closed with lattice-work⁵ in iron, bronze, or wood, over which, in bad weather, blinds of hair-cloth or prepared leather were usually drawn.

The ceilings at first consisted merely of the beams, rafters, and planks, forming the roof, and supporting the layers of earth or straw that covered it; but, by degrees, the wood-work was carefully painted, and

¹ See the authorities collected by Nixon, *Phil. Trans.* t. i. p. 126, sqq. Seneca speaks of glass windows as a new invention, *Epist.* 90. Sir William Hamilton, however, in his *Account of Discoveries made at Pompeii*, observes: — “Below stairs is a room with a large bow-window; fragments of large panes of glass were found here, shewing that the ancients knew well the use of glass for windows.” — p. 13. Cf. Caylus, *Rec. d'Ant.* t. 2. p. 293. Mazois, *Pal. de Scaur.* p. 97. Castell. *Villas of the Ancients*, p. 4. Vitruv. vii. 3.

² In lieu of the lapis specularis, they make use in Persia of thin slabs of Tabreez marble for the windows of baths, and other buildings requiring a soft subdued light. — See Fowler, *Three Years in Persia*, where the growth of this stone is curiously described.—i. 228, sqq.

³ De Plac. *Phil.* iii. 5, ed. Corsin. *Flor.* 1750, p. 81. Cf. *Plin. Hist. Nat.* xi. 37.

⁴ Sir W. Hamilt. *Acc. of Discoveries at Pomp.* p. 7, seq. *Antich. di Ercolano.* t. i. tav. i. p. 1. tav. 3. p. 11. Cf. *Schol. Aristoph. Eq.* 996.

⁵ Mazois, *Pal. de Scaur.* p. 98.

arranged so as to form a succession of coffers and deep sunken panels. Sometimes the whole ceiling consisted of chamfered, or fretted cedar work,¹ or of cypress wood, or was covered with paintings in blue and gold, and supported on columns² lofty and deeply fluted for the purpose, as has been ingeniously conjectured,³ of receiving spears into the semi-cylindrical cavities thus formed. If this idea be well founded, we have a very satisfactory reason of the origin of fluting columns, and it appears to be perfectly consistent with Homer's account of Odysseus's chamber, where a number of lances are spoken of standing round a pillar.⁴

The principal apartments, according to the fashion still prevailing in the East, were furnished with divans,⁵ or broad immovable seats, running along the walls, which are now stuffed soft atop with cotton, and covered with scarlet or purple, bordered by gold fringe a foot deep. In the Homeric age they would appear to have been of carved wood, inlaid with ivory and gold, and studded with silver nails.⁶ For these divans they had a variety of coverings, sometimes skins, at others purple carpets, in addition to which they, as now, piled up, as a rest for the back or elbow, heaps of cushions, purple above, and of white linen beneath.⁷ By degrees, these seats became movable and were converted into couches or sofas, manufactured of bronze, or silver, or precious woods, veneered with tortoiseshell.⁸ In the palaces of oriental sultans they are sometimes made of alabaster, encrusted with jewels. Somewhere in the

¹ Athen. ix. 67. Plat. de Rep. t. vi. p. 353. Cf. Gog. Origine des Loix, t. v. p. 443. Poll. Onom. x. 84. Comm. p. 1552. Maz. Pal. de Scau. p. 102. Tibull. iii. 3. 16. Luc. de Dea Syr. § 30. Cynic, § 9. Eurip. Orest. 1361.

² Odyss. δ. 45, seq. Luc. Somn. seu Gall. § 29.

³ By Payne Knight, Prolegg. ad Hom. § 47. Cf. Feith. Antiq. Homer, iii. 11. 6.

⁴ Odyss. α. 127, seq.

⁵ Id. η. 95, seq.

⁶ Id. θ. 65. π. 32.

⁷ Id. κ. 352, seq.

⁸ Lucian, Luc. siv. Asin. § 53.

more retired parts of the *Domos* were the picture-gallery and library, of neither of which have we any exact description. The former, however, faced the north, and the latter the west. If the libraries of the Greeks at all resembled in form and dimensions those found at Pompeii, they were by no means spacious; neither, in fact, was a great deal of room necessary, as the manuscripts of the ancients stowed away much closer than our modern books,¹ and were sometimes kept in circular boxes, of elegant form, with covers of turned wood. The volumes consisted of rolls of parchment, sometimes purple at the back,² or papyrus, about twelve or fourteen inches in breadth, and as many feet long as the subject required. The pages formed a number of transverse compartments, commencing at the left, and proceeding in order to the other extremity, and the reader, holding in either hand one end of the manuscript, unrolled and rolled it up³ as he read. Occasionally these books were placed on shelves, in piles, with the ends outwards, adorned with golden bosses,⁴ the titles of the various treatises being written on pendant labels.

If we proceed now to the court⁵ dividing the *Domos* from the *Thalamos* we shall perceive, on both sides of the door leading out of the *Andron*, flights of steps ascending to the upper chambers where, in the heroic ages, the young men and strangers of distinction usually slept. Thus, in the palace of Ithaca, Telemachos had a bed-chamber on the second story, whence the poet is careful to observe he enjoyed a good prospect.⁶ In later times, however,

¹ Antich. di Ercol. t. ii. tav. 2. p. 13.—Books were preserved from the moth by cedar-oil.—Geopon. v. 9.

² Luc. de Merced. Conduct. § 41.

³ Luc. Imag. § 9.

⁴ Luc. de Merced. Conduct. 41.

⁵ Similar courts in the houses of Magna Græcia are described as having had in the middle a square tank where the rain-water was collected, and ran into a reservoir beneath.—Sir W. Hamilt. Acc. of Discov. at Pomp. p. 13.

⁶ Odyss. a. 425. seq.

there were, on the ground floor, suites of apartments, denominated Xenon, appropriated to the use of guests, who there lived freely and at ease as in their own houses.

At the further extremity of the interior court a steep flight of steps led to an elevated basement and doorway, which formed the entrance into the thalamos.¹ This part of the house would appear to have been laid out in a peculiar manner, consisting, first, of a lofty and spacious apartment,² where all the females of the family usually sat while engaged in embroidery or other needlework.³ It likewise formed the nursery, and, at its inner extremity, in a deep recess, the bed of the mistress of the family appears to have stood, on either side of which were doors leading to flights of steps into the garden, set apart for the use of the women.

It has by many been supposed, that the Thalamos was a chamber particularly appropriated to the use of young unmarried ladies; but, since we find Helen and Penelope inhabiting the Thalamos, it may be presumed that it was common to all the females of the house. Hector, in his visit to Paris, finds him in the Thalamos, turning about and polishing his arms, as if he meant to use them, while, close at hand, are Helen and her maids engaged in weaving or embroidery. The word was often used in the same signification as Gynæconitis,⁴ or "the harem;" and,

¹ Eustath. ad Odys. χ. p. 776. — These female apartments were sometimes hired out and inhabited by men. — Antiph. Nec. Venef. § 3. — Mr. Fosbroke's account is curious: — "The thalamos was an apartment where *the mothers of families* worked in embroidery, in tapestry, and other works, *with their wives*, or their friends." — Encyclop. of Ant. i. 50.

² Sometimes, at least, roofed

with cypress-wood, as we learn from Mnesimachos, in his Horse-breeder: βαίν' ἐκ θαλάμων κυπαρισσορόφων ἕξω, Μάνη. — Athen. ix. 67.

³ We find ladies, however, sometimes dining with their children in the Aulè. — Demosth. in Ev. et Mnes. § 16.

⁴ Hesych, v. γυναίκ. p. 866. Cyrill. Lex. Ms. Bren. Bret. ad Hesych. l. c.

therefore, when Theocritus¹ speaks of a "maiden from the Thalamos," and Phocylides, with the suspicious caution of a more vicious age, advises that young women be kept in "well-locked Thalamoi," it is clear that the female apartments generally are meant. These were, in Sparta, called *oö* (which, as is well known, in the common language of Greece, signifies eggs), whence, according to Clearchos,² the fable which describes Helen proceeding from an egg, because born and educated in the chambers so called. Throughout the Iliad and the Odyssey we find the poet speaking of this part of the house as inhabited by women. Here lived Penelope,³ far from the brawls of the suitors who crowded the halls of the Domos; and here Ares pressed his suit with success to Astyoche and Polymela, who both became the mothers of valiant sons.⁴ From which, among many other circumstances, it is manifest that, in those ages, the sexes met easily, even the entrance to the harem not being impracticable to a lover.

The bedchambers of the young unmarried women appear to have flanked the great central hall of the Thalamos, and here the female slaves likewise slept, apparently in recesses, near the chamber-doors of their mistresses, as we find particularly remarked in the case of Nausicaa and her maids. At Athens, the door of communication between the Andron⁵ and the Gynæconitis was kept carefully barred and locked to prevent all intercourse between the male and female slaves, the keys being entrusted solely to the mistress of the house.

As these apartments were less exposed than any other portion of the building, and far more carefully guarded, it became customary, as in the East it still is, to lay up in the Thalamos, more especially in the dark basement story, much valuable

¹ Eidyll. ii. 136. Phocyl. v. 198.

² Athen. ii. 50. Cf. Sch. Aristoph. Vesp. 68.

³ Odys. o. 516.

⁴ Il. ε. 514. π. 184.

⁵ Cf. Poll. vi. 7. Cælar. Rhodig. xvii. 24.

property, such as arms, gold, silver, the wardrobe of both sexes, and even oil and wine. Among the Romans, or, indeed, among the Greeks, of a later age,¹ this step would scarcely have been taken, lest the ladies should have grown too assiduous in their attention to the skins. But in remoter ages these sordid fears had no existence. Accordingly, we find the prudent Odysseus, who apprehended, perhaps, the tricks of his domestics, stowing away his casks of choice old wine in the *Thalamos*, doubtless, considering it safer there, under the keeping of *Euryclea*, than it would have been anywhere else in the palace.²

In later and more civilized ages, the *Thalamos* was still used for the same purposes; for, in the establishment of *Ischomachos*, a pattern of Attic economy, we find that the more valuable portion of the family wardrobe, with the plate and other costly utensils, was there deposited. Corn, according to the suggestions of common sense, they laid up in the driest rooms, wine in the coolest. The apartments into which most sunshine found its way were appropriated to such employments and to the display of such furniture as required much light.³ Their dining-rooms, where, also, the men usually sat when at home, they carefully contrived so as to be cool in summer and warm in winter, though, in severe weather, a good fire was often found necessary.⁴ The same judicious principle commonly regulated the erection of their habitations, which were divided

¹ *Plut. Paral. Vit.* § 3.

² *Odyss. ε.* 337, 345. *χ.* 442. *Schol.* 459, 466. *Poll.* vii. 397.

³ *Xen. Memorab.* iii. 8, 9.

⁴ *Anaxand. ap. Athen.* ii. 29. —So also thought *Socrates*, who observes, that in winter every one will have a fire who can get wood. And, though he himself wore the same garments all the year round, he considered it, ap-

parently, a judicious practice in others to put on warm clothing. —*Xen. Econ.* xvii. 3. *Sch. Aristoph. Acharn.* 716. When the dining-room was not furnished with a chimney, braziers were kindled outside the door, and carried in when the worst fumes of the charcoal had evaporated.—*Plut. Symp.* vi. 7.

into two sets of apartments, suited to the two great divisions of the year. As we have already remarked, the principal front looked towards the south, that it might catch the rays of the wintry sun, whose more vertical summer beams were excluded by broad verandahs, or colonnades.

In what part of the edifice stood the bathing-room (*Ἐαλανεῖον*, so called from its having, in remoter ages, been heated with acorns, *Ἐάλανος*)¹ I have been unable to discover, though it appears certain that, even so far back as the heroic ages, a chamber was always set apart for the bath. At first, doubtless, they were content with cold water; but that this was soon succeeded by warm water² may be conjectured from the tradition ascribing the first use of it to Heracles, whence warm baths were ever afterwards called the Baths of Heracles.

The form of the *Puelos*,³ or vessel in which they bathed, appears occasionally to have resembled an Egyptian sarcophagus, and to have been sometimes round, and constructed of white or green marble, or glass, or bronze, or common stone, or wood,⁴ in which case it would seem to have been portable. In the baths of Pompeii the marble basins, whether parallelogramatic or circular, were of spacious dimensions, and raised two or three feet above the pavement. A step for the convenience of the bathers extends round it on the inside, and at the bottom are marble cushions upon which they rested. In the *labra* of the Grecian female baths rose a smooth cippus in the form of a truncated cone, denominated *omphalos*, on which the ladies sat while chatting with their female companions.⁵

When once the warm bath came into use, people

¹ Etym. Mag. 186, 8. Athen. i. 18. Phot. Bib. 60. b. Hesiod. Frag. 53. Baths, at Sparta, were common to both sexes.—Goguet, v. 428. Cf. Pashley, Travels. i. 183.

² Baccius, de Thermis, p. 365. Schol. Aristoph. Nub. 1034.

³ Cf. Etymol. Mag. 151, 52, seq. Schol. Aristoph. Eq. 1055.

⁴ Baccius, de Therm. p. 399.

⁵ Athen. xi. 104.

employed it to excess, bathing as frequently as five or six times a day, and in water so hot as to half scald themselves.¹ Immediately afterwards, to prevent the skin from chapping, they anointed their bodies with oils and perfumed unguents.² Occasionally, instead of plunging into the water, they sat upright, as is still the custom in the hammāms of the East, while the water was poured with a sort of ladle on their head and shoulders.

The public baths, of which no full description referring to very ancient times remains, were numerous in all Hellenic cities, more particularly at Athens, where they were surmounted with domes,³ and received their light from above. These establishments were frequented by all classes of women who could afford to pay for such luxury, rich, poor, honourable, and dishonourable.

The attendants, in later and more corrupt times at least, were men, whose sole clothing consisted of a leathern apron about the loins, while the ladies, who undressed in the Apodyterion, went through the various processes of the bath in the same primitive clothing. It was, however, customary for them to enter the water together in crowds,⁴ so that they kept each other in countenance. Here the matrons who had sons to marry studied the form and character of the young ladies who frequented the baths; and as all the defects both of person and features were necessarily revealed, it was next to impossible for any lady, not sufficiently opulent to keep up a bathing establishment in her own house, to retain for any length of time an undeserved celebrity for beauty. In the baths of the East, the bodies of the bathers are cleansed by small bags of camel-hair, woven rough,

¹ Schol. Aristoph. Nub. 1034.

² Plut. Alexand. § 40.

³ Athen. xi. 104.

⁴ Victor. ad Aristot. Ethic. p. 214. There was a set of vicious fellows, called *τριβαλλοι*, who

passed their lives disorderly in the baths.—Etym. Mag. 765. 55. Aristophanes bestows the name on certain barbarian divinities.—Aves. 1528.

and passed over the hand of the attendant; or with a handful of the fine fibres of the Mekka palm-tree combed soft, and filled with fragrant and saponaceous earths, which are rubbed on the skin till the whole body is covered with froth. Similar means were employed in the baths of Greece, and the whole was afterwards cleansed off the skin by gold or silver stlengides, or blunt scrapers somewhat curved towards the point.¹

The architectural arrangements of these baths,² if we may draw any analogy from similar establishments in a later age, were nearly as follows:—Entering the building by a lofty and spacious portico, you found yourself in a large hall, paved with marble and adorned with columns, from which, through a side-door, you passed into the Apodyterion, or undressing-room; next, into a chamber where was the cold water in basins of porphyry or green jasper; immediately contiguous lay the Tepidarium, to which succeeded the Sudarium, a vaulted apartment furnished with basins of warm water, and where the heat was excessive; from this, moving forward, you successively traversed saloons of various degrees of temperature and dimensions, until you found yourself in the dressing-room, whither your garments had been carried by your domestic, or the attendants on the baths.³ These establishments were likewise provided with water-closets,⁴ placed in a retired part of the building, and furnished with wooden seats, basin and water-pipe, as in modern times.

To diminish the chances of being robbed, stealing from a bath was at Athens made a capital offence;⁵ so that the persons who frequented them

¹ Xenoph. Anab. i. 2. 10. See one of these stlengides in Zoëga, Bassi Rilievi, tav. 29.

² Cf. Etymol. Mag. 384. 10. Poll. vii. 166, and Plut. Alexand. § 20, where he describes the luxurious baths of Darius.

³ Lucian. Hippias. § 5, sqq.

⁴ Sir W. Hamilton's Acc. of Discov. at Pompeii, p. 41. Cf. Casaub. ad Theoph. Char. p. 269.

⁵ Aristot. Problem. xix. 14. Casaub. ad Theoph. Char. p. 215.

ran very little risk. The price was usually moderate, though in some cities, as for example at Phaselis, they were in the habit of doubling their charges to foreigners, which drew from a witty sophist a very cutting remark; for his slave disputing with the keeper of the bath, and contending that his master ought not to be charged more than other persons, the sophist, who overheard the dispute, exclaimed, "Wretch, would you make me a Phaselitan for a farthing?"¹

The roofs of the more ancient Greek houses were generally flat,² not sloping upwards to a point, as was afterwards the fashion.³ In Egypt and Syria, and almost throughout the East, the same taste still obtains; and as palm trees, loftier than the buildings, often grow beside the walls, and extend their beautiful pendulous branches over a great part of the roof, nothing can be more delightful on a mild serene evening than to sit aloft on those breezy eminences sipping coffee, gazing over the green rice fields, or watching the stars as they put forth their golden lamps through the violet skirts of day. But there a parapet usually preserves him who enjoys the scene from falling. It was otherwise of old in Greece. The roof consisted simply of a number of beams laid close together and covered with cement, so that, as was proved by the fate of Elpenor,⁴ the practice of sleeping there in warm weather, quite common throughout the country, was not wholly without danger.

On the construction of the kitchen,⁵ which in Greek houses was sometimes a separate little building erected in the court-yard, our information is extremely imperfect. It is certain, however, con-

¹ Athen. viii. 45.

² Æsch. Agam. 3, sqq. We find, however, an allusion to the pointed roof in Iliad. ψ. 712, seq.

³ Antich. di Erc. tav. 3, p. 11.

⁴ Odyss κ. 559. Eustath. ad loc. p. 1669, l. 15. Feith. Ant. Hom. iii. 10, p. 249.

⁵ Cf. Athen. ix. 22. iii. 60.

trary to the common opinion, that it was furnished with a chimney,¹ and that the smoke was not permitted to find its way through an aperture in the roof. Thus much might be inferred from a passage in the Wasps, when the old dicast, in love with the courts of law, is endeavouring to escape from the restraint imposed on him by his son, by climbing out through the chimney. It is clear that he has got into some aperture, where he is hidden from sight, for hearing a noise in the wall, his son Bdelycleon, cries out, "What is that?" upon which the old man replies, "I am only the smoke." It is plain, that he would not, like a Hindù Yoghi, be balancing himself in the air, otherwise the young man must have beheld him sailing up towards the roof. But the matter is set entirely at rest by the Scholiast, who observes, that the *καπνοδόχη* was a narrow channel like a pipe through which the smoke ascended from the kitchen. This explanation has been confirmed by the discoveries of Colonel Leake,² who on the rocky slopes of the hill of the Museion and Pnyx, found the remains of a house partly excavated in the rock, in which the chimney still remained.

The same convenience, also, existed in the Roman kitchens,³ though they would appear to have been unskilfully constructed in both countries, since the cooks complain of the smoke being borne hither and thither by the wind, and interfering with their operations. However, this may have arisen from the numerous small furnaces which, as in France, were ranged along the wall for the purpose of cooking several dishes at once. The chimneys having been perpendicular, as in our old farm-houses, were

¹ Cf. Sch. Aristoph. Nub. 91. Vesp. 139, 147.

² Topog. of Athens, p. 361.

³ Cf. Perrault, sur Vitruv. vi.

9. Mazois, Pal. de Scaur. p. 178. On the interior of a Roman house, see Pet. Bellori, Frag. Vet. Rom, p. 31.

furnished with stoppers to keep out the rain in bad weather.¹

That the kitchens were sometimes not sufficiently airy and comfortable may be inferred from the practice of a philosophical cook in Damoxenos, who used to take his station immediately outside the door, and from thence give his orders to the inferior operatives. Great care was nevertheless taken that it should be well lighted, and that the door should be so situated as to be as little exposed as possible to whirling gusts of wind.² From a passage in the Scholiast on the Wasps, and the existence of drains in the excavations on the hill of the Museion, it is clear that the Athenian houses were furnished with sinks,³ though in the Italian kitchens there seem merely to have been little channels running along the walls to carry off the water. The floor, too, was constructed in both countries with a view at once to dryness and elegance,⁴ being formed of several layers of various materials all porous though binding, so that it allowed whatever water was spilt to sink through instantaneously. The upper layer, about six inches thick, consisted of a cement composed of lime, sand, and pounded charcoal or ashes, the surface of which, being polished with pumice-stone, presented to the eye the appearance of a fine black marble. The roof in early times was no doubt of wood,⁵ though afterwards it came to be vaulted or run up in the form of a cupola. The walls were sometimes decorated with rude paintings.⁶

The street-door of a Grecian house, usually, when single, opened outwards, but when there were fold-

¹ Schol. Aristoph. Vesp. 148.

⁴ Vitruv. viii. 4.

² Athen. iii. 60 ix. 22.

³ Leake, Topog. of Ath. p. 361. Yet we find them sometimes throwing the water out of the window, crying, Stand out of the way. Schol. Aristoph. Acharn. 592.

⁵ Mazois, Palais de Scaurus, p. 177.

⁶ Representing, for example, a sacrifice to Fornax. Mazois, p. 177.

ing doors they opened inwards as with us.¹ In the former case it was customary when any one happened to be going forth, to knock, or call, or ring a bell, in order to warn passengers to make way.² These doors were constructed of various materials,³ according to the taste and circumstances of the owner, sometimes of oak, or fir, or maple, or elm; and afterwards as luxury advanced they were made of cedar, cyprus, or even of citron wood, inlaid as in the East, with plates of brass or gold.⁴ Mention is likewise made of doors entirely composed of the precious metals; of iron also, and bronze and ivory.

The jambs were generally of wood;⁵ but likewise sometimes of brass or marble. The doors were fastened at first by long bars passing into the wall on both sides;⁶ and by degrees smaller bolts, hasps, latches, and locks and keys succeeded. For example the outer door of the *Thalamos* in Homer was secured by a silver hasp, and a leathern thong passed round the handle and tied, perhaps, in a curious knot.⁷ Doors were not usually suspended on hinges, but turned, as they still do in the East, upon pivots inserted above into the lintel and below into the threshold.⁸ In many houses there were in addition small half-doors of open wood-work,⁹ which alone were commonly closed by day, in order to

¹ Cf. *Antich. di Ercol. t. i. tav. 34. pp. 175. 181. Sagittar. de Januis Veterum. p. 23.*

² *Plut. Poplic. § 20.*

³ *Sagitt. de Jan. Vet. p. 152, seq. Plin. xvi. 40. Theoph. Hist. Plant. v. 4. 2. iii. 14. 1. Martial. xiv. 89. ii. 43. Lucian. l. ix. Tertull. de Pall. c. 5. Plin. xiii. 15. Ovid. Metamorph. iv. 487.*

⁴ *Aristoph. Acharn. 1072.*

⁵ *Sagitt. de Jan. Vet. p. 29, sqq.*

⁶ *Sagitt. de Jan. p. 67.*

⁷ *Odyss. a. 441. Schol. et Eustath. ad loc.—d. 862. p. 186. Cf. Schol. Aristoph. Vesp. 155.*

⁸ *Sagitt. de Jan. Vet. p. 41.*

⁹ *Antich. di Ercol. t. i. tav. 3. p. 11. It should perhaps be remarked, that when houses were built on a solid basement the door was sometimes approached by a movable pair of steps. Id. ibid. tav. 8. p. 39. tav. 43. p. 228.*

keep the children from running out, or dogs or pigs from entering. The doors usually consisted of a frame-work, with four or six sunken panels, as with us; but at Sparta, so long as the laws of Lycurgus prevailed, they were made of simple planks fashioned with the hatchet.¹ In the great Dorian capital the custom was for persons desirous of entering a house to shout aloud at the door,² which, at Athens,³ was always furnished with an elegant knocker.⁴ Door-handles, too, of costly materials and curious workmanship,⁵ bespoke even in that trifling matter the taste of the Greeks.

The materials commonly used in the erection of a house were stones and bricks. In the manufacture of the latter⁶ the ancients exhibited more skill and care than we; they had bricks of a very large size, and half bricks for filling up spaces, which prevented the necessity of shortening them with the trowel. Of these some were simply dried in the sun, used chiefly in building the dwellings of the poor.⁷ At Utica in Africa there were public inspectors of brick-kilns,⁸ to prevent any from being used which had not been made five years. In several cities on the Mediterranean bricks were manufactured of a porous earth, which when baked and painted, as it may be conjectured, on the outside, were so light that they would swim in water.⁹ To

¹ Plut. Lycurg. § 13. Agesil. § 19.

² Plut. Inst. Lac. § 30. Cf. Theocrit. Eidyll. xxix. 39.

³ Schol. Aristoph. Nub. 133.

⁴ Sometimes in form of a crow. Poll. i. 77.

⁵ See Donaldson's Collection of Doorways. pl. 8.

⁶ Winkelm. Hist. de l'Art. ii. 544. Cf. Xen. Memor. iii. 17. Cyropæd. vi. 3. 25. Plin. xxxv. 14. Polyb. x. 22. Plat. de Repub. t. vi. p. 15.

⁷ Sanchon. ap. Euseb. Præp. Evang. i. 10. p. 35.

⁸ Vitruv. ii. 3.

⁹ Id. *ibid.* 3. In lieu of these light bricks, pumice stones are now frequently used on the shores of the Mediterranean, more particularly in turning arches. They are, consequently, cut into parallel-pipeds, and exported in great quantities from the Lipari islands. — Spallanzani, Travels in the Two Sicilies, &c. vol. ii. pp. 298, 302, sqq.

diminish the weight of bricks, straw was introduced into them in Syria and Egypt, which was altogether consumed in the baking. In roofing such of their houses as were not terraced they employed slates, tiles, and reed-thatch.¹ Possibly, also, the wealthy may have tiled their houses with those elegant thin flakes of marble, with which the roofs of temples were occasionally covered.

¹ Poll. x. 170. Luc. Contemplant. § 6. Schol. Aristoph. Nub. 174.

CHAPTER II.

HOUSEHOLD FURNITURE.

THE movables in a Grecian house were divided into classes after a very characteristic manner. First, as a mark of the national piety, everything used in domestic sacrifices was set apart. The second division, placing women immediately after the gods, comprehended the whole apparatus of female ornaments¹ worn on solemn festivals. Next were classed the sacred robes and military uniforms of the men; then came the hangings, bed-furniture, and ornaments of the harem; afterwards those of the men's apartments. Another division consisted of the shoes, sandals, slippers, &c., of the family, from which we pass to the arms and implements of war, mixed up familiarly in a Greek house with looms, cards, spinning-wheels, and embroidery-frames, just, as Homer describes them in the *Thalamos* of Paris at Troy. Even yet we have not reached the end of our inventory in mere classification. The baking, cooking, washing, and bathing vessels formed a separate class, and so did the breakfast and dinner services, the porcelain, the plate of silver and gold, the mirrors, the candelabra, and all those curious articles made use of in the toilette of the ladies.²

In well-regulated families a second division took place, a separation being made of such articles as

¹ This profusion of wearing apparel was laid up in trunks and *mallekins* of wickerwork. The former were called *κιβωτοί*, the latter *κίστραί*.—Casaub. ad Theoph. Char. p. 233. Clem.

Alexand. Pæd. iii. Hesych. v. *κιβωτός*—*κίστη*. Mention is also made of presses.—Mazois, Pal. de Scaur. p. 120.

² Xenoph. Œconom. ix. 6, sqq. Aristot. Œconom. i. 6.

might be required for daily use, from those brought forward only when routs and large parties were given. The movables of all kinds having been thus arranged in their classes, the next step was to deposit every thing in its proper place.¹ The more ordinary utensils were generally laid up in a spacious store-room, called *tholos*,² a circular building detached from the house, and usually terminating in a pointed roof, whence in after ages a sharp-crowned hat obtained among the people the name of *Tholos*. When a gentleman first commenced housekeeping, or got a new set of domestics, he delivered into the care of the proper individuals his kneading troughs, his kitchen utensils, his cards, looms, spinning wheels, and so on; and, pointing out the places where all these, when not in use, should be placed, committed them to their custody.

Of the holiday, or show articles, more account was made. These, being brought forward only on solemn festivals, or in honour of some foreign guest, were entrusted to the immediate care of the housekeeper, a complete list of everything having first been taken; and it was part of her duty, when she delivered any of these articles to the inferior domestics, to make a note of what she gave out, and take care they were duly returned into her keeping.³

But the above comprehensive glance over the articles of furniture made use of in an Athenian gentleman's establishment, though it may give some notion of the careful and economical habits of the people, affords no conception of the splendour and magnificence often found in a Grecian house: for, as we have already seen, their opinions are highly erroneous who imagine that in the Attic democracy the rich were by any prudential or political considerations

¹ Cicero ap. Columell. De Re Rust. xii. 3.

Ithaca.—Odys. χ. 442, 459, 466.

² Odysseus had a storehouse of this kind in his palace at

³ Xen. Œconom. ix. 10. 57.

restrained from indulging their love of ostentation by the utmost display they could make of wealth.¹ In fact, not content with outstripping their neighbours in the grandeur of their dwellings, furniture, and dress, these persons had often the ludicrous vanity, when they gave a large party, to excite the envy of such dinnerless rogues as might pass, by throwing out the feathers of game and poultry before their doors.² Indeed, since the Athenians exactly resembled other men, the exhibition of magnificence tended but too strongly to dazzle them; so that, among the arts of designing politicians, one generally was, to create a popular persuasion that they possessed the means of conferring important favours on all who obliged them.

To proceed, however, with the furniture. Though the principal value of many articles arose from the exquisite taste displayed in the design and workmanship, the materials themselves, too, were often extremely rare and costly. Porcelain, glass, crystal, ivory, amber,³ gold, silver, and bronze, with numerous varieties of precious woods, were wrought up with inimitable taste and fancy into various articles of use or luxury. Among the decorations of the dining-room was the side-board, which, though sometimes of iron, was more frequently of carved wood, bronze, or wrought silver, ornamented with the heads of satyrs and oxen.⁴ Their tables, in the Homeric age, were generally of wood, of variegated colours, finely polished, and with ornamented feet. Myrleanos, an obscure writer in Athen-

¹ That the sycophants were sometimes troublesome, however, is certain; that is to say, in later ages. Speaking of the time of his youth, Isocrates says:—*Ὁὐδέεις οὐτ' ἀπεκρύπτετο τὴν οὐσίαν οὐτ' ἄκνει συμβάλλειν. κ. τ. λ.*—*Arcop.* § 12. Cf. Bergmann. in loc. p. 362. But their persecution must always have been confined to a very few individuals, as people generally continued to display whatever they possessed

down to the final overthrow of the state.

² *Aristoph. Acharn.* 398.—*Mitchell.* The learned editor fails to remark how little this custom harmonizes with the fears which he imagines rich people felt at Athens.

³ On the attractive power of this substance, see *Plat. Tim. t.* vii. p. 118.

⁴ *Athen. v.* 45. *Lys. Frag.* 46. *Orat. Att. t. ii.* p. 647.

æus, imagines¹ they were round, that they might resemble the disc of the sun and moon; but from the passage in the *Odyssey*,² and the interpretation of Eustathius, they may be inferred to have been narrow parallelograms,³ like our own dining-tables. The luxury of table-cloths being unknown, the wine spilled, &c., was cleansed away with sponges.⁴ But the poet had witnessed a superior degree of magnificence, for he already, in the *Odyssey*,⁵ makes mention of tables of silver. The poor were, of course, content with the commonest wood. But as civilisation proceeded, the tables of the wealthy became more and more costly in materials, and more elegant in form.

It grew to be an object of commerce, to import from foreign countries the most curious kinds of wood,⁶ to be wrought into tables, which originally supported on four legs, rested afterwards on three, fancifully formed, or on a pillar and claws of ivory, or silver, as with us. There was a celebrated species of table manufactured in the island of Rhenea;⁷ the great, among the Persians, delighted in maple tables with ivory feet, and, in fact, the knotted maple appears at one time to have been regarded as the most rare and beautiful of woods.⁸ But the rage for sumptuous articles of furniture of this kind did not reach its full height until Roman times, when a single table of citron wood

(Gorgeous feasts
On citron tables or Atlantic stone)⁹

¹ Deipnosoph. xi. 78.

² *a.* 111. 138.

³ This is also the opinion of Potter, ii. 376, 377; and Damm. in *v. τράπεζα*, col. 1822.

⁴ *Odys.* τ. 259. Pind. *Olymp.* i. 26.

⁵ κ. 354, seq. 361, seq. In the letters attributed to Plato we find mention made of silver tables.

t. viii. p. 397. Sometimes, also, of brass. Athen. ix. 75.

⁶ Plin. *Nat. Hist.* xvi. 27.

⁷ Athen. xi. 27.

⁸ Athen. ii. 31.

⁹ *Paradise Regained*, iv. 114, seq. where see Mitford's curious and learned note. ii. 350, seq. and cf. Plin. v. 1. t. ii. p. 259. Hard. not. a. 261. xiii. 29. t. iv. p. 746,

sometimes cost six or seven-thousand pounds sterling. Already, however, in the best ages of Greece, their tables were inlaid with silver, brass, or ivory, with feet in the form of lions, leopards, or other wild beasts.¹

In more early times, before the effeminate Oriental habit of reclining at meals obtained,² the Greeks made use of chairs which were of various kinds, some being formed of more, others of less costly materials, but all beautiful and elegant in form, as we may judge from those which adorn our own drawing-rooms, entirely fashioned after Grecian models. The thrones of the gods represented in works of art, however richly ornamented, are simply arm-chairs with upright backs, an example of which occurs in a carnelian in the Orleans Collection,³ where Apollo is represented playing on the seven-stringed lyre. This chair has four legs with tigers' feet, a very high upright back, and is ornamented with a sculptured car and horses. They had no Epicurean notions of their deities, and never presented them to the eye of the public lounging in an easy chair, which would have suggested the idea of infirmity. On the contrary, they are full of force and energy, and sit erect on their thrones, as ready to succour their worshipers at a moment's warning. In the Homeric age these were richly carved, like the divans, adorned with silver studs, and so high that they required a footstool.⁴ The throne of the Persian kings was of massive gold, and stood beneath a purple canopy, supported by four slender golden columns thickly crusted with jewels.

sqq. Petronius speaks of the "citrea mensa," p. 157. Erhard. Symbol. ad Petron. 709, seq. shows that Numidian marble was in use at Rome.

¹ Potter, ii. 377.

² In the Antichita di Ercolano, we have the representation of a very handsome armed chair, with

upright back, beautifully turned legs, and thick and soft cushions, with low footstool. t. i. tav. 29. p. 155. Athen. xi. 72.

³ Pierres Gravées, du Cabinet du Duc d'Orleans, t. i. No. 46. Cf. No. 7, representing Zeus thus seated.

⁴ Odyss. η. 162. Il. σ. 390, 422.

Bedsteads were generally of common wood such as deal,¹ bottomed sometimes with planks, pierced to admit air, sometimes with ox-hide thongs,² which in traversing each other left numerous open spaces between them. Odysseus's bedstead, which the hero was sufficient joiner to manufacture with his own hands, was made of olive-wood, inlaid with silver, gold, and ivory. Sometimes the bed was supported by a sort of netting of strong cord, stretched across the bedstead, and made fast all round.³ Later ages witnessed far greater luxury,—bedsteads of solid silver,⁴ or ivory embossed with figures wrought with infinite art and delicacy,⁵ or of precious woods carved, with feet of ivory or amber.⁶ Occasionally, also, they were veneered with Indian tortoiseshell, inlaid with gold.⁷ This taste would appear to have flowed from the East, where among the kings of Persia still greater magnificence was witnessed even in very early times. Thus, speaking of the royal feast celebrated at Susa, the Scripture says, there were in the court of the garden of the king's palace "white, green, and blue hangings, fastened "with cords of fine linen and purple to silver "rings, and pillars of marble. The beds were of "gold and silver, upon a pavement of red, and "blue, and white, and black marble." A similar style of grandeur is attributed by Hellenic writers to the Persian king, who, according to Chares,⁸ reclined in his palace on a couch shaded by a spread-

¹ Athen. xi. 48. i. 60. ii. 29. Plat. de Rep. t. vi. p. 468. Cf. Xenoph. Memor. ii. 1, 30.

² This bedstead was called *δέμνιον*; (Odyss. η. 336, seq.) when heaped with soft mattresses it was *πυκνὸν λέχος* (345); *εὐνή* was the term applied to the whole, bed and bedstead. Iliad. ω. 644. Odyss. δ. 297, &c. Pind. Nem. i. 3.

³ Odyss. ψ. 189, seq. Schol. ad Il. γ. 448.

⁴ Plat. de Legg, t. viii. p. 397.

⁵ Athen. vi. 67. ii. 30.

⁶ Schol. Aristoph. Eq. 530.

⁷ Lucian. Luc., sive Asin. § 53. Bedsteads of solid gold are spoken of in scripture.—Esther i. 6. Bochart. Geog. Sac. i. 6. 30.

⁸ Athen. xii. 9, 55.

ing golden vine, the grape clusters of which were imitated by jewels of various colours.

Four-post bedsteads were in use in remoter ages, as appears from a white sardonyx in the Orleans Collection,¹ representing the surprisal of Ares and Aphrodite, by Hephæstos. There is a low floating vallance fastened up in festoons, the tester is roof-shaped, and the pillars terminate in fanciful capitals. The figure of an eagle adorns the corners of the bedstead below. From a painting on the walls of Pompeii we discover, that the peculiar sort of bedstead at present found almost universally in France was likewise familiar to the ancients, made exactly after the same fashion, and raised about the same height above the floor. With regard to the beds themselves they were at different times manufactured from very different materials, and those of some parts of Greece enjoyed a peculiar reputation. From a phrase in Homer,² it would appear that, in his times, beds were stuffed in Thessaly with very fine grass. Those of Chios and Miletos were famous³ throughout Greece. In other parts of the country, persons of peculiar effeminacy slept on beds of sponge.⁴ Sicily was famous for its pillows, as were also several other Doric countries. At Athens the rich were accustomed to sleep upon very soft beds, placed on bedsteads considerably above the floor;⁵ and sometimes, it has been supposed, adorned with coverlets of dressed peacocks' skins with the feathers on.⁶

But the Greeks appear to have consulted their ease, and sunk more completely into softness and effeminacy, in proportion as they approached the East. Among the Peloponnesians most persons lived hard and lay hard; greater refinement and luxury

¹ No. 34.

² Il. ε. 697. δ. 383.

³ Athen. xi. 72.

⁴ Athen. i. 32.

⁵ Xen. Mem. ii. 1. 30.

⁶ Palm. Exercit. in Auct. Græc. p. 191. We find mention in ancient authors of certain tribes who went clad in garments covered with the feathers of birds. Senec. Epist. 90.

prevailed in Attica; but in Ionia and many of the Ægean isles the great—although there were exceptions as in the case of Attalos—fell little short in self-indulgence of Median or Persian satraps. Some idea may be formed of their habits in this respect from the description of a Paphian prince's bed by Clearchos of Soli.¹ Over the soft mattresses supported by a silver-footed bedstead, was flung a short grained Sardinian carpet of the most expensive kind. A coverlet of downy texture succeeded, and upon this was cast a costly counterpane of Amorginian purple. Cushions, striped or variegated with the richest purple, supported his head, while two soft Dorian pillows² of pale pink gently raised his feet. In this manner habited in a milk-white chlamys the prince reclined. Their bolsters in form resembled our own;³ but the pillows were usually square, as in France, though occasionally rounded off at both ends, and covered with richly chequered or variegated muslins. To prevent the fine wool or whatever else they were stuffed with from getting into heaps, mattresses were sewn through as now, and carefully tufted that the packthread might not break through the ticking.⁴

Among the Orientals it is common at present for persons to sleep in their day apparel; but even in the heroic ages it was already customary in Greece to undress on going to bed. When Agamemnon is roused before dawn by the delusive dream, the whole process of the morning toilette is described. First, says the poet, he donned his soft chiton which was new and very handsome; next his pelisse; after which he bound on his elegant sandals and suspended his silver-hilted sword from his shoulder. Thus accoutred he issued forth, sceptre in hand, towards the ships.⁵

¹ Athen. vi. 37.

² Athen. ii. 29, sqq.

³ Gitone, Nozze di Ulisse e Penelope, Il Costume, &c. tav. 67.

⁴ See the mattress on which the statue of Hermaphroditos reclines in the Louvre.

⁵ Il. ε. 42, seq.

In Syria, children luxuriously educated are said to have been rocked in their cradles wrapped in coverlets of Milesian wool.¹ The sheep of Miletos were, in fact, the Merinos of antiquity; and their wool being celebrated for its fineness and softness, it was not only employed in manufacturing the best cloths, but also in stuffing the mattresses of kings and other great personages who thought much of their ease. And as the vulgar imagine they become great by habiting themselves in garments similar to those of their princes, like the honest man who sought wisdom through reading by Epictetus' lamp, the stuffs, couches, and coverlets of Miletos got into great vogue among the ancients. Virgil, Cicero, Servius, Columella, and many other writers speak accordingly of their excellence, and their testimonies have, with wonderful industry, been collected by the learned Bochart.²

But though Miletos had a reputation for this kind of manufacture, it by no means enjoyed a monopoly. The scarlet coverings of Sardis, and the variegated stuffs of Cyprus, produced by the famous weaver Ake-sas and his son Helicon,³ appear in many instances to have obtained a preference over all others. Pathymias, too, the Egyptian, distinguished himself in the same line.⁴

All these bed-coverings were commonly perfumed with fragrant essences,⁵ for which reason the voluptuous poets of antiquity dwell with a sort of rapture on the pleasure of rolling about in bed. Ehippos exclaims:—

“ How I delight
To spring upon the dainty coverlets;
Breathing the perfume of the rose, and steeped
In tears of myrrh !”

¹ Esther i. 6. Lament. iv. 5.
Bochart. Geograph. Sac. i. 6. 30.

² Geog. Sac. i. 6. 28, seq.

³ Eustath. ad Odyss. a. p. 32.

⁴ Athen. ii. 30.

⁵ In old times the whole bedroom was sometimes perfumed.
—Iliad, γ. 382.

Aristophanes, likewise, and Sophron, the mimographer, make mention of these fragrant counterpanes, which were extremely costly, and inwrought, according to the latter, with figures of birds.¹ Elsewhere Athenæus relates that the Persian carpets contained representations of men, animals, and monsters.² Their blankets, like our own, were plain white; but even so far back as the heroic ages, the upper coverings, as being partly designed for show, were of rich and various colours.³

There seems to be good ground for believing, that if the Greeks did not borrow their philosophy from the East, they at least derived from them many of the vain and luxurious habits which at length rendered that philosophy of none effect. No one appears to have paid a single visit to Persia, or Syria, or Egypt, without bringing back along with him some pestilent new freak in the matter of dress or furniture, wholly at variance with republican simplicity. We might adduce numerous anecdotes in proof of this. For the present we confine ourselves to the following. Among the Persians, renowned in all ages for sensual indulgences, it was judged of so much importance to enjoy soft and elegantly arranged beds, that in great houses persons were employed who attended only to this. An anecdote in illustration has been preserved by Athenæus. Timagoras, or, according to Phantias, Entimos of Gortyna, envying Themistocles his reception at the court of Persia, undertook himself a toad-eating expedition to that country. Artaxerxes, whose ear could tolerate more flatterers than one, took the Cretan into favour, and made him a present of a superb marquee, a silver-footed bedstead, with costly furniture, and, along with them, sent a slave, as a Turkish pasha would send a cook or a pipe-lighter, because, in his opinion, the Greeks who prepared

¹ Athen. ii. 30. Aristoph. aub. ad Theoph. Char. p. 172. Frag. incert. 2. Brunck.

³ Feith. Antiq. Homer, iii. 8.

² Deipnosoph. xi. 55. Cas- 4.

sleeping-places for so many Persians at Marathon and Plataea, understood nothing of bed-making.

Entimos evidently excelled the great Athenian in the arts of a courtier. In fact, he was the very prototype of Hajji Baba, and enjoyed even still greater influence over the Shah than the illustrious barber's son of Ispahan. Charmed by his cajolery, Artaxerxes invited him to his private table, where, usually, none but princes of the blood were admitted,¹ an honour, as Phantias assures us, which no other Greek ever enjoyed. For, though Timagoras of Athens performed *kou-tou* before the throne,² whereby he obtained great consideration among a nation of slaves, and was hanged when he got home, he was not invited to hob-and-nob with his majesty, but only enjoyed the distinction of having certain dishes sent him from the king's table. To Antalcidas, the Spartan, Artaxerxes sent his crown dipped in liquid perfume, an agreeable compliment, but which he more than once paid to Entimos, whose extraordinary favour at court in the long run, however, awakened the envy of the Persians. The canopy of the marquee presented to this Cretan was spangled with bright flowers, and, among the other articles of which the imperial gift consisted, were a throne of massive silver, a gilded parasol, several golden cups crusted with jewels, a hundred maple-tables with ivory feet,

¹ Very nearly the same customs prevail in Persia at the present day, except that the rules of etiquette seem to be still more rigidly observed. "It is a general custom with the kings of Persia to eat in solitary grandeur. The late Shah, however, would sometimes have select portions of his family to breakfast with him." On which occasion, "they used to squat round him in the form of a crescent, of which he was the

"centre, and were all placed scrupulously according to rank."
—Fowler, i. 48.

² Athen. vi. 58. Vales. not. in Maussac. p. 282, where he corrects the old reading of the text. Cf. Xenoph. Hellen. vii. 1. 38. Plut. Pelop. § 30. Artax. § 22. Valer. Max. vi. 3. extern. 2. Demosth. de Fals. Leg. § 42, where the orator accuses Timagoras of having received a bribe of forty talents.

a hundred goblets of silver, several vases of the same precious metal, a hundred female slaves, an equal number of youths, with six thousand pieces of gold, besides what was furnished him for his daily expenditure.¹

A gentleman travelling in Ireland witnessed the ingenuity of that ready-witted people in applying the same thing to various uses: first, he saw the table-cloth, on which he had eaten a good supper, transferred as a sheet to his bed, and, next morning, his kind hostess, offering her services to put him in the right way, converted the same article into a mantle, which she wrapped about her shoulders. The Greeks were almost equally ingenious. With them what was a cloak by day became sometimes a counterpane at night,² in addition, perhaps, to the ordinary bed-clothes; for it is clear they loved to be warm, from the somewhat reproachful allusion of Strepisades in the "Clouds" to the five *sisyræ*,³ rolled snugly up in which, his son, Pheidippides, could sleep while thoughts of his debts bit the old man like so many bugs, and roused him hours before day to consult his ledgers. All kinds of stromata were, in Plato's time, divided into two classes, first, coverings for the body, such as cloaks, mantles, and so on; secondly, bed-clothes, properly so called.

The walls of their chambers were frequently hung with Milesian tapestry, a custom to which Amphis alludes in his *Odysseus*:

- A. Milesian hangings line your walls, you scent
Your limbs with sweetest perfume, royal myndax⁴
Piled on the burning censor, fills the air
With costly fragrance.
- B. Mark you that, my friend!
Knew you before of such a fumigation?⁵

¹ Athen. ii. 31.

⁴ Cf. Poll. vi. 105.

² Xen. Anab. i. 5. 5.

³ Nub. 10. Cf. Av. 122. ⁵ Athen. xv. 42. Cf. Meineke. Concionat. 838. ibique not. Pol- Curæ Crit. in Com. Frag. p. 7.

lux, vii. 382, seq. x. 542.

Mention is likewise made among the ancients of purple tapestry, inwrought with pearls and gold.¹

Carthage enjoyed celebrity for its manufacture of carpets and variegated pillows,² a piece of luxury which, as we have seen above, had already been introduced in the heroic ages; for Homer, in innumerable passages, speaks of rare and costly carpets, and these were not only spread over couches and seats, but over the floor likewise.³ Rolled up, they would occasionally appear to have served for pillows. The manufacture of carpets had, moreover, been carried to considerable perfection, for the poet speaks of some with a soft pile on both sides, which were evidently very splendid.⁴ Theocritus,⁵ too, in his *Adoniasæ*, enumerates, among the luxuries of the youthful God,

Carpets of purple, *softer far than sleep*,⁶
Woven in Milesian looms.

But in nothing did the Greeks display a more gorgeous or costly taste than in what may be termed their *plate*, which was not only fabricated of the rarest materials, but wrought likewise with all the elaborateness and delicacy and richness of design within the reach of art. Among the Macedonians, after

¹ Mazois, Pal. de Scaur. p. 103. Tibull. iii. 3, 17, seq. Athen. iv. 29.

² Athen. i. 49.

³ Il. i. 200.—The use of mats first prevailed, (Festus, in v. Scirpus.) but, as luxury increased, superb carpets were substituted.—Æschyl. Agam. 842. Tryphiod. "Ἀλωσις" Ἰλιου. 343, seq. Hemster. Comm. in Poll. viii. 133. p. 287. Cf. Klausen. Comm. in Æschyl. Agam. p. 197, sqq.

⁴ Il. π. 224. Poll. vi. 2. Synes. Epist. 61.

⁵ Eidyll. xv. 125.

⁶ A beautiful simile, which Virgil has imitated—

"Muscosi fontes, et somno mollior herba."—Eclog. vii. 45.

Shakespeare, too, has, without imitation, struck upon a similar thought, where the amorous Troilus thus describes himself:—

"But I am weaker than a woman's tear,
Tamer than sleep, fonder than ignorance."

Troilus & Cressida, i. 1.

their Eastern conquests, gold plate appears not to have been uncommon; for at the grand supper described by Hippolochos in his letter to Lynceus, every guest is said to have used it.¹ The predilection for this sort of magnificence they acquired in Asia, where, at a banquet given to Alexander, the whole dessert was brought in tastefully covered with gold-leaf.² In the reign of his father, Philip, the precious metals were rare in Macedonia. Indeed, that crafty old monarch, possessing but one gold cup in the world, had so good an opinion of his courtiers that, to prevent their thieving it, he slept every night with it under his pillow.³ Gold was, more early, plentiful in Attica. Alcibiades, with tastes and habits unsuited to a democracy, carried so far his love of display as to make use of thuribles, or censers, and wash-hand basins of pure gold.⁴ But the ostentatious son of Clinias, though extravagant, was in this respect only a type of his nation. Every rich citizen of Athens aimed at the same degree of splendour; and, in describing his town-house or favourite villa, might, with little alteration, have adopted the language of the poet:—

——— “ My house within the city
Is richly furnished with plate and gold,
Basins and ewers to lave her dainty hands:
My hangings all of Tyrian tapestry.
In ivory coffers have I stuffed my crowns;
In cypress chests my arras, counterpanes,
Costly apparel, tents, and canopies,
Fine linen, Turkey cushions bossed with pearl,
Vallance of Venice, gold in needle-work,
Pewter and brass, and all things that belong
To house or housekeeping.”

Socrates, in the Republic, speaking of what the prevailing fashion required to be found in a city, makes out a list of good things, not much inferior upon the whole to Shakspeare's,—beds, tables, and

¹ Athen. iv. 2, sqq. Cf. iii. 100.

² Athen. iv. 42.

³ Deipnosoph. *ut sup.*

⁴ Athen. ix. 75.

other furniture; dainties of all kinds; perfumes, unguents, sauces, &c.; to which the philosopher adds apparel, shoes, pictures, tapestry, ivory, and gold:¹ and these rare materials, as farther on he observes, were wrought into utensils for domestic purposes.

One of the most plentifully furnished departments of a Greek house was the *Kulikeion*, or "cupboard," usually closed in front with a curtain,² where they kept their goblets, cups, and drinking-horns, under the protection of a statue of Hermes, who, as god of thieves, would, it was supposed, be respected by his children. The form and workmanship of these materials varied, no doubt, according to the taste and means of the possessor; but they were in general distinguished for the elegance of their outline, the grace and originality of the sculpture, the fineness, delicacy, and minute finish of the execution. It is well known, as an able antiquarian³ has remarked, to what an excess the luxury of the table was carried among the ancients, and how much they surpassed us in the dimensions, the massiveness, the workmanship, the quality, and the variety of their drinking apparatus.

Many persons, however, seem chiefly to have valued their plate as a mark of their wealth and magnificence; among whom may be reckoned Pythias of Phigaleia, who, when dying, commanded the following epitaph to be inscribed upon his tomb:—

Here jolly Pythias lies,
A right honest man, and wise,
Who of goblets had very great store,
Of amber, silver, gold,
All glorious to behold,
In number ne'er equalled before.⁴

Amber goblets not being, I believe, in fashion among the modern nations of Europe, some doubt

¹ Plat. De Rep. i. t. vi. p. 86.
Cf. Tim. t. vii. p. 77.

² Athen. xi. 3. Poll. x. 122.

³ Le Comte de Caylus, Mem.

de l'Acad. des Inscript. t. xxiii. p. 353.

⁴ Athen. xi. 14. Among the Egyptians were vases of papyrus. Bochart. Geog. Sac. i. 240.

may be experienced respecting the veracity of our friend of Phigaleia; but the ancients had other gobletary legends to bring forward in support of it. Helen,¹ it is said, justly proud of her beautiful bosom, dedicated in one of the temples of Rhodes, as a votive offering, an amber goblet, exactly of the size and shape of one of her breasts, which, had it come down to posterity, might have furnished artists with a perfect model of that part of the female form. However this may be, the ancients, in remote ages, set a great value on their cups, particularly such as were considered heir-looms in the family, and laid apart to be used only on extraordinary occasions. Hence Œdipos, in the old Cyclic poet, is seized with fierce anger at his son, who had, contrary to his will, brought forth his old hereditary goblets to be used at an ordinary entertainment.

¹ Bruyerin, De Re Cibaria, l. iii. c. 9. This goblet could by no means have been a diminutive one, if Helen resembled her countrywomen generally, who were celebrated for their large bosoms: *βαθύκολοι*. — Anacr. v. 14. Bruyerin's authority is Plin. Hist. Nat. xxxii. 23. "Minervæ templum habet Lindos, insula Rhodiæ, in quo Helena sacra vitæ calycem ex electo. Adjicit historia, mammæ suæ mensura." This, I suppose, is what Rousseau calls "Cette coupe célèbre à qui le plus beau sein du monde servit de moule."—Nouv. Heloise, 1^{re} partie. Lett. 23. t. i. p. 144, —though, I confess, I am not acquainted with the authors by whom it has been celebrated. Several votive offerings, representing the female breast, may be seen in the British Museum, among the Elgin Marbles. But the most curious relic of the ancient female form is mentioned in the following passage: "In the street just

" out of the gate of this villa I
" lately saw a skeleton dug out;
" and by desiring the labourers
" to remove the skull and bones
" gently, I perceived distinctly
" the perfect mould of every fea-
" ture of the face, and that the
" eyes had been shut. I also saw
" distinctly the impression of the
" large folds of the drapery of the
" toga, and some of the cloth it-
" self sticking to the earth. The
" city was first covered by a
" shower of hot pumice-stones and
" ashes, and then by a shower of
" small ashes mixed with water.
" It was in the latter stratum
" that the skeleton above de-
" scribed was found. In the Mu-
" seum at Portici a piece of this
" sort of hardened mud is pre-
" served; it is stamped with
" the impression of the breast
" of a woman, with a thin dra-
" pery over it. The skeleton I
" saw dug out was not above five
" feet from the surface. It is
" very extraordinary that the im-

Then Polyneices of the golden locks,
 Sprung from the Gods, before his father placed
 A table all of silver, which had once
 Been Cadmus's, next filled the golden bowl
 With richest wine. At this old Œdipos,
 Seeing the honoured relics of his sire
 Profaned to vulgar uses, roused to anger,
 Pronounced fierce imprecations, wished his sons
 Might live no more in amity together,
 But plunge in feuds and slaughters, and contend
 For their inheritance: and the Furies heard.¹

Agathocles, tyrant of Sicily, appears to have been an amateur of cups, and would sometimes while exhibiting his collection to his friends make a good-humoured allusion to his original occupation. "These golden vessels," said he, "have been made out of those earthenware ones which I formerly manufactured."² Drinking-bowls in fact made no inconsiderable figure in ancient times. They were bestowed as the prizes in gymnastic contests, and in Greece men boxed and wrestled for the cup, as horses run for it in England. Parasites, like the jester of Louis XIV., used sometimes to carry home the cups and dishes set before them at dinner; but the tables were often turned when the subject gave and the prince pocketed the dole.

A curious legend has been preserved to us connected with the subject of cups. Several princes uniting, in remote times, to send a colony to Lesbos, were commanded by an oracle to cast a virgin, during their voyage, into the sea, as a sacrifice to Poseidon. Obedience, in those superstitious ages, was seldom refused to such injunctions. The maiden was precipitated into the waves, but Enallos, one of the chiefs, in whom love had quenched the reverence

"pression of the body and face
 "should have remained from the
 "year 79 to this day, especially
 "as I found the earth so little
 "hardened that it separated upon
 "the least touch." — Sir W. Ha-

milton, Acc. of Discov. at Pompeii, p. 15.

¹ Athen. xi. 14.

² Athen. xi. 15. Polyb. xii. 15. 6. xv. 35. 2.

for oracles, immediately plunged in to save her. Neither the chief, however, nor the virgin appeared again, and the fleet proceeded. The remainder of the tradition may be illustrated by an event said to have taken place in the Tonga islands.¹ They were probably near some uninhabited isle, and instead of rising to the surface of the sea, emerged into a cavern elevated considerably above its level, and opening perhaps upon the land. "God tempers the wind to the shorn lamb," says a modern writer, and so Enallos found it. By means unrevealed in the ancient narrative, the hero and his bride continued to subsist on the rock, and many years afterwards, when the colony was already flourishing, he one day presented himself before his old friends at Methymna, and entertained them with a very romantic account of his residence among the Nereids at the bottom of the sea, where he was honoured with the care of Poseidon's horses when sent out to grass. At length, however, getting on the back of a large wave it bore him upwards and he escaped from the deep, bearing in his hand a golden cup, the metal of which was so marvellously beautiful that in comparison ordinary gold appeared no better than brass.²

Even the loftiest and least worldly-minded of the Homeric heroes, Achilles, set great value on a favourite drinking-cup, which he preserved for his own particular use, and for pouring out libations to Zeus alone. Priam³ was careful to include a rare goblet in the ransom of Hector's body, and a similar gift aided in alluring Alcmena from the paths of virtue.⁴ But the most famous bowl of antiquity was that of Heracles, which, more capacious than the barber's basin in Don Quixote, served its illustrious owner in the double capacity of a drinking-cup and a canoe; for when he had quenched his thirst, he could set

¹ See Mariner's Account, chap. 9.

² Athen. xi. 15.

³ Iliad. ω. 234.

⁴ Athen. xi. 16.

his bowl afloat, and, leaping into it, steer to any part of the world he pleased. Some, indeed, speak of it as a borrowed article, belonging originally to the Sun, and in which the god used nightly to traverse the ocean from West to East.¹

To pass, however, over the goblets of mythology. It was fashionable to possess plate of this kind finely sculptured with historical arguments; and history has preserved the names of Cimon and Athenocles, two artists who excelled in this style of engraving. These cups were sometimes of silver gilt, sometimes of massive gold crusted with jewels.² In addition to the two artists named above, we may enumerate Crates, Stratonicos, Myrmecides of Miletos, Callicrates the Lacedemonian, and Mys, whose "Cup of Heracles," celebrated in antiquity, had represented upon it the storming of Ilion, with this inscription,

Troy's lofty towers by Grecians sacked behold!
Parrhasios' draught, by Mys engraved in gold.³

The names by which the ancients distinguished their several kinds of goblets are too numerous to be here given. Some were curious—"Amalthea's Horn," "The Year," &c. Rustics made use of two-handled wooden bowls in which, when thirsty, they drew fresh milk from the cow in the fields.⁴ There was a big-bellied cup with a narrow neck which being shaped like a purse, participated with this very necessary article in the name of Aryballos.⁵

Glass cups of much beauty were manufactured in great abundance at Alexandria. Among these was the *Baucalis*, mentioned by Sopater the parodist, who says:—

¹ Bentley, Dissert. on Phal. i. 175, sqq.

² Plin. xxxiii. 2. Juven. v. 42. Athen. iv. 29.

³ Athen. xi. 19.

⁴ Athen. xi. 25, states this from

Philetas: but Kayser, in his edition of that author's fragments, seems to have overlooked this passage.

⁵ Athen. xi. 36. On the Cantharos, see § 48.

'Tis sweet in early morn to cool the lips
 With pure fresh water from the gushing fount,
 Mingled with honey in the Baucalis,
 When one o'er night has made too free with wine,
 And feels sharp thirst.¹

The glass-workers of Alexandria procured earthenware vessels from all parts of the world, which they used as models for their cups. Even the great sculptor Lysippos did not disdain to employ his genius in the invention of a new kind of vase. Having made a collection of vessels of many various shapes, and diligently studied the whole, he hit upon a form entirely new, and presented the model to Cassander, who having just then founded the city of Cassandria, was ambitious of originating an invention of this kind. He was desirous, perhaps, of recommending by the elegance of his drinking-cups the Mendæan wine exported in great quantities from his city.²

There was a peculiar kind of cup called Grammateion, from the letters of gold chased upon its exterior.³ Alexis mentions one of this sort in the following lines :

- A. But let me first describe the cup ; 'twas round,
 Old, broken-eared, and precious small besides,
 Having indeed some letters on't.
- B. Yes letters ;
 Eleven, and all of gold, forming the name
 Of Saviour Zeus.
- A. Tush ! no, some other god.⁴

A very handsome sort of cup was imported from Sidon. It had two handles, and was ornamented with small figures in relief. Drinking-vases were also formed from the large horns of the Molossian and Pœonian oxen ; and these articles were commonly rimmed with silver or gold.⁵ Small cups were made

¹ Athen. xi. 28.

² Athen. xi. 28.

³ We find in Winkelmann, *Hist. de l'Art t. i. p. 23*, the representation of a glass grammateion, on which are the words :

Bibe Vivas Multis Annis. See a detailed description of this vase by the Marquis Trivulsi, p. 46.

⁴ Athen. xi. 30.

⁵ Theopomp. ap. Athen. xi. 34.

little account of. There was even one kind of bowl which, for its enormous capacity, was called the Elephant.

- A. If this hold not enough, see the boy comes
Bearing the Elephant!
- B. Immortal gods!
What thing is that?
- A. A double-fountained cup,
The workmanship of Alcon; it contains
Only three gallons.¹

A very celebrated cup among the Athenians was the Thericlean,² originally invented by Thericles, a Corinthian potter, contemporary with Aristophanes. This ware was black, highly varnished, with gilt edges;³ but the name came afterwards to be applied to any vessel of the same form from whatever materials manufactured. There were accordingly Thericlea of gold with wooden stands. The cups of this kind, made at Athens, being very expensive, an inferior sort, in imitation, was produced at Rhodes, which, as far more economical, had a great run among the humbler classes. The Thericlean was a species of deep chalice with two handles, and bulging but little at the sides. Theophrastus⁴ speaks of Thericlea turned from the Syrian Turpentine tree, the wood of which being black and taking a fine polish, it was impossible at a glance to distinguish them from those of earthenware. The paintings on these utensils appear to have been various. Sometimes a single wreath of ivy encircled them immediately beneath the golden rim; but it seems occasionally to have been covered with representations of animals, which gave rise to a forced and false etymology of the name.⁵

¹ Athen. xi. 35.

² Cf. Bentley on the Epist. of Phalaris i. 169—189.

³ Alexis, ap. Athen. xi. 42.

⁴ Hist. Plant. v. 4. 2. cum not. Schnei. t. iii. p. 426.

⁵ Athen. xi. 41. ἄλλοι δὲ ἱστοροῦσι, θηρίκλειον ὀνομασθῆναι τὸ ποτήριον διὰ τὸ δορὰς θηρίων αὐτῷ ἐντετυπῶσθαι.

We have already observed, that the use of drinking-horns¹ was not unknown to the ancients. In fact, it seems, in very remote ages, to have been customary to convert bulls' horns into cups with very little preparation; and the practice of quaffing wine from this rude kind of goblet had by some been supposed to have suggested the idea to artists of representing Bacchos with horns, and to poets the epithet of the Bull Dionysos. He was moreover worshiped at Cyzicos under the form of a bull. Afterwards, as taste and luxury advanced, these simple vessels were exchanged for horns of silver, which Pindar attributes to the Centaurs.² Xenophon³ found drinking-horns among the Paphlagonians, and afterwards even in the palace of the Thracian king Seuthes. Æschylus speaks of silver horns, with lids of gold, in use among the Perrhæbians, and Sophocles, in his Pandora, makes mention of drinking-horns of massive gold. Philip of Macedon was accustomed among his friends to drink from the common horn. Golden horns were found among the inhabitants of Cythera. Horns of silver were in use at Athens; and, among the articles enumerated as sold at a public auction, mention is made of one of these vessels of a twisted form.

Mirrors constituted another article of Hellenic luxury. These were sometimes of brass,⁴ whence the proverb:

As forms by brass, so minds by wine are mirrored.⁵

The best, however, until those of glass came into use, were made of silver or of a mixed metal, the exact

¹ Bœckh. Pub. Econ. of Athens, ii. 254.

² Pind. Frag. Incert. 44. i. 244. Dissen. Comm. ii. 659. Jacob. Anthol. vii. 336. Athen. xi. 51. Cf. Damm. v. *κέρας*.

³ Anab. vi. 1. 4. vii. 3. 24, seq.

⁴ Xen. Conv. vii. 4. They were

sometimes square and washed with silver. Caylus, Rec. d'Antiq. t. vi. p. 398. Cf. Cœl. Rhodig. xv. 12, 13. Plat. Tim. t. vii. 52, seq. 61. Lucian. Amor. § 39. Ter. Adolph. ii. 3. 61. Cicero in Pison. c. 29. Poll. vii. 95. x. 126. 164.

⁵ Athen. x. 31.

composition of which is not now known. Another kind was fashioned from a species of carbuncle found near the city of Orchomenos,¹ in Arcadia. Glass mirrors² also came early into use, chiefly manufactured, at the outset, by the Phœnicians of Sidon. The hand-mirrors were usually circular,³ and set in costly frames. To prevent their being speedily tarnished they were, when not in use, carefully enclosed in cases.⁴

There were mirrors, too, of polished silver, fashioned so as to magnify immensely the objects they reflected.⁵ They invented also large cups containing within many diminutive mirrors, so that when any one looked into them, his eye was met by a multitude of faces all resembling his own.⁶ In a temple of Hera in Arcadia, was a mirror fixed in the wall, wherein the spectator could at first scarcely, if at all, discern his own image, while the throne of the goddess and the statues of the other deities ranged around were most brilliantly reflected.⁷ Many sorts of mirrors appear to have been made for the purpose of playing off practical jokes. For example, looking in one of these, a handsome woman would find her visage transformed into that of a Gorgon, so as to appear terrible even to herself. Others again were so very flattering, that a half-starved barber, viewing his figure therein, appeared to be gifted with the thewes of a Heracles. Another sort distorted the countenance, or inverted it, or showed merely the half.

Religion was the nurse of the fine arts, and first gave rise, not only to sculpture and painting, but

¹ Theoph. de Lapid. §. 33.

² It is to be observed, that before the application of quicksilver in the construction of these glasses (which I presume is of no great antiquity) the reflection of images by such specula must have been effected by their being besmeared behind, or tinged through with some dark colour, especially black,

which would obstruct the refraction of the rays of light. Nixon in Philosoph. Trans. t. iv. p. 602. Cf. Plin. xxxvi. 26. § 67.

³ Sch. Aristoph. Nub. 742.

⁴ Sch. Aristoph. Nub. 741.

⁵ Plaut. in Mostell. i. 3. 101.

⁶ Plin. xxxiii. 45. Senec.

Quæst. Nat. i. 4.

⁷ Paus. viii. 37. 7.

also to those private collections of statues and pictures¹ in which we discover the germs of our modern galleries² and museums. The first step was made towards these when the Greek set up the images of his household gods upon his hearth. Thence, step by step, he proceeded, improving the appearance, enriching the materials, increasing the number of his domestic deities, with which niche after niche was filled, till his private dwelling became in some sort a temple. The religious feeling, no doubt, made way, in many cases, for a passion for show, or a nascent taste for the beautiful; so that rude figures in terra-cotta, wood, or stone, were gradually replaced by exquisite statues in ivory, gold, or silver,³ or the fairest marble, breathing beauty and life, with eyes of gems, and clothed with majesty as with a garment. Hence flowed the passion for mimetic representations and all the plastic arts. The gods were transferred from the fireside to the temple, to the agora, to the senate-house, to the innumerable porticoes everywhere abounding in Greece.⁴

On their superb candelabra,⁵ &c., matter for a curious volume might be collected. The lamps in common use,⁶ though sometimes very beautiful in shape, were of course fictile,⁷ such as we find in great numbers among the ruins of Greek cities, both in the mother-country, and in their Egyptian and other colonies. Sometimes, however, they were of bronze, silver, or massive gold. A very beautiful

¹ Plat. de Rep. t. vi. p. 86. Plin. Hist. Nat. vii. 39. xxxv. 36. xxxiii. 56.

² Athen. xi. 3. Menage, Observat. in Diog. Laert. vi. 32. p. 138. a. b.

³ Poll. i. 28.

⁴ Plat. de Rep. t. vi. p. 86.

⁵ An elegant candelabrum, ornamented with the figure of a twisted serpent, and a flight of

birds resting here and there on the branches, is found in the Mus. Cortonens. tab. 80.—They were sometimes of gilt wood.—Winkelmann, i. 34.

⁶ Poll ii. 72. vi. 103. x. 115. Soph. Ajax. 285, sqq.

⁷ Poll. x. 192.—On the brazen ladle (*ἀράρα*) for filling lamps with oil, see Sch. Aristoph. Eq. 1087.

specimen in this last metal was found, by Lord Belmore, among the ruins of an Egyptian temple, a short time before my visit to the Nile. In many houses were magnificent chandeliers, suspended from the ceiling, with numerous branches, which filled the apartments¹ with a flood of light. The most remarkable article of this kind which I remember was that set up as a votive offering to Hestia, in the Prytaneion of Tarentum, by Dionysios the Younger, which held as many lamps as there are days in the year.² Among people of humble condition wooden chandeliers, or candlesticks, were in use.³ In remoter ages they burned slips of pine-branches, the bark of various trees, &c., instead of lamps. They were acquainted with the use of horn and wicker lanterns.⁴

Another kind of decoration of Greek houses we must not overlook,—their armour and implements of war,⁵ with which the poet Alcæos⁶ loved to adorn his chambers, though, like Paris, he cared little to make any other use of them. “My spacious mansion,” exclaims he, “gleams throughout with brazen arms. Even along the ceiling are ranged the ornaments of Ares, glittering helmets, surmounted by white nodding plumes; greaves of polished brass are suspended on the walls, with cuirasses of linen, while, here and there, about my apartments, are scattered hollow shields. Elsewhere, you behold scimitars of Chalcis, and baldricks, and the short vest which we wear beneath our armour.”⁷ Besides the articles enumerated by the poet, there were shield-cases, sheaths for their spears,

¹ Athen. xi. 48. ² Id. xv. 60.

³ Id. xv. 61. ⁴ Id. xv. 59.

⁵ The custom, also, in Lydia. Herod. i. 34.

⁶ Alcæi Frag. vi. p. 95. Anacr. ed. Glasg.

⁷ Κύπασσις of which Pollux furnishes us with an exact description: ὁ δὲ κύπασσις, λίγυ πεποίη-

το, σμικρὸς χιτωνίσκος, ἄχρι μέσου μηροῦ, ὡς Ἴων φησὶ, βραχὺς λίγυ κύπασσις, ἐς μηρὸν μέσον ἐσταλμένος. (vii. 60) That is, “the *kypassis* is a small linen chiton, reaching mid-thigh, according to Ion, who says, ‘a short linen *kupassis*, descending to the middle of the thigh.’”

quivers curiously adorned, feathered arrows, and bows of polished horn, tipped at either end with gold.

From these gorgeous and costly commodities the reader, we fear, will be reluctant to accompany us into the kitchen, where we must pick our way among kneading-troughs, pots and pans, Delphian cutlery¹ and honey-jars.² But as without these the warriors, as Homer himself acknowledges, could make but little use of their weapons, it is absolutely necessary we should inquire into their cooking conveniences. To commence, however, we must allow³ Clearchos of Soli, to enumerate a few of the articles found among the furniture of this important part of the house. There was, first, says he, a three-legged table, then a chytra, or earthen pot, which, as in France, was always preferred for making soup. It was not, however, of coarse brown ware, as with us; for, Socrates, in his conversation with Hippias on the Beautiful, observes that, when properly made, round, smooth, and well-baked, the chytra was very handsome, particularly that large sort which contained upwards of seven gallons. It had two handles, and was evidently glazed.⁴ In stirring the chytra while boiling, the Attic cook made choice of a ladle turned from the wood of the fig-tree, which, it is said, communicated an agreeable flavour to the soup, and, in Socrates's opinion, was preferable to one of gold which, being very weighty, might chance to crack the pot, spill the broth, and extinguish the fire.⁵

There was used in the kitchen a sort of candelabrum, or lamp-stand, which Clearchos merely names. Then followed the mortar, the stool, the sponge, the cauldron, the kneading-trough, the mug, the oil-

¹ Hesych. v. Δελφικὴ μάχαιρα.

² Athen. xi. 50, ὄξινη, a vinegar cruet.—Sch. Aristoph. Eq. 1301. ὑρχη, a pickle-jar.—Vesp. 676.

³ Athen. xiv. 60.

⁴ Plat. Hipp. Maj. t. v. p. 425, sqq.

⁵ Plat. Opp. t. v. p. 429. seq. Schol. Aristoph. Acharn. 244.

flask, the rush-basket, the large knife, the cleaver,¹ the wooden platter, the bowl, and the larding-pin.² Pollux, who had, doubtless, served an apprenticeship to Marcus Aurelius's cook, gives a formidable list of culinary utensils, from which we must be content to select the most remarkable. First, however, we shall show how important a piece of sponge was to an Athenian cook. It often saved him his dinner; for, if any of his stewpans, crocks, or kettles, had suffered from the embraces of Hephæstos, in other words, had got a hole burnt in them, a bit of sponge was drawn into the aperture, and on went the cooking operations as before.³ In some houses culinary utensils were regarded as a nuisance, the presence of which was not to be constantly endured, and, accordingly, when the master desired to treat his friends, cookey was despatched early in the morning to hire pots and kettles of a broker. To this custom Alexis alludes in his Exile :

How fertile in new tricks is Chæriphon,
To sup scot-free and everywhere find welcome!
Spies he a broker's door with pots to let?
There from the earliest dawn he takes his stand,
To see whose cook arrives; from him he learns
Who 'tis that gives the feast,—flies to the house,
Watches his time, and, when the yawning door
Gapes for the guests, glides in among the first.⁴

But we must not pass over the Pyreion or Trypanon,⁵ the clumsy contrivance which supplied the place of our lucifers, phosphorus, and tinder-boxes. This was a hollow piece of wood, in which another

¹ See a figure, probably, of that instrument in Mus. Chiaramont. tav. 21.

² Athen. xiv. 60. Poll. x. 95, sqq.—We find mention, also, of the cheese-rasp.—Schol. Aristoph. Pac. 251.

³ Aristoph. Acharn. 439. Brunck is vastly scandalised at the idea of the Scholiast, that any man should have been so poor in At-

tica as to be driven to mend his pots in the way commemorated in the text; but a German commentator, who had looked more into kitchens, is satisfied that the practice prevailed, and was perfectly rational. In fact, similar contrivances are still resorted to, even in England.

⁴ Athen. iv. 58.

⁵ Theoph. Hist. Plant. v. 9. 7.

piece was turned rapidly till sparks of fire flew out.¹ Soldiers carried these fire-kindlers along with them as a necessary part of their kit.

The ordinary fuel of the Greeks consisted chiefly of wood and charcoal,² (kept in rush or wicker baskets,) though the use of mineral coal was not altogether unknown to them.³ In Attica, where wood was always scarce, they economically made use of vine-cuttings,⁴ and even the green branches of the fig tree with the leaves on.⁵ The charcoal of Acharnæ, the best probably in the country, was sometimes prepared from the scarlet oak.⁶ To prevent the wood, used in their saloons, halls, and drawing-rooms from smoking, it was often boiled⁷ in water or steeped in dregs of oil. The use of the bellows⁸ was known in Hellas from the remotest antiquity. They had likewise a kind of osier flap, with a handle, and shaped like a fan, which at times supplied the place of a pair of bellows.

There were chopping-blocks⁹ both of wood and stone, mortars,¹⁰ fish-kettles, frying-pans, and spits of all dimensions,¹¹ some being so diminutive that thrushes and other small birds could be roasted on them. Their ends in the heroic ages rested on stone hobs, but afterwards andirons were invented, probably of fanciful shape as in modern France. Occasionally they would appear to have been manufactured of lead. To these we may add the ovens, the bean and barley-roasters, the sieves of bronze and other materials, the wine-strainers in the form of colanders, the crate for earthen-ware, and the chafing-dish.¹²

¹ Plat. de Rep. iv. t. vi. p. 194. Pollux. x. 146. vii. 113.

² Cf. Schol. Aristoph. Acharn. 34, 302, 314. Plat. de Legg. t. viii. 116.

³ Theoph. de Lap. § 16.

⁴ Schol. Aristoph. Lysist. 308.

⁵ Schol. Aristoph. Acharn. 312. Cf. Schol. Vesp. 145, 326.

⁶ Sch. Aristoph. Acharn. 587.

⁷ Plin. Hist. Nat. xv. 8.

⁸ Schol. Aristoph. Acharn. 853. Athen. ii. 71.

⁹ Schol. Aristoph. Acharn. 319. Vesp. 238. κρεάγχα a flesh-hook. Sch. Eq. 769.

¹⁰ Schol. Aristoph. Vesp. 924.

¹¹ Schol. Aristoph. Nub. 179.

¹² Aristoph. Acharn. 34. Cooks' tables were made of wicker-work or olive-wood. Etym. Mag. 298. 36, seq.

CHAPTER III.

FOOD OF HOMERIC TIMES — MEAT, FISH, ETC.

HAVING described the implements with which a Greek meal was prepared, let us next inquire of what materials it consisted, and how it was eaten. There will be no occasion in pursuing this investigation to adhere to any very strict method. It will probably be sufficient to make a few broad divisions and a flexible outline which we can fill up as the materials fall in our way.

What the original inhabitants of Hellas ate might no doubt be satisfactorily inferred from the accounts we possess of nations still existing in the same state of civilisation. But it is nevertheless curious to examine their traditions relating to the subject. Ælian, who has preserved many notices of remote antiquity, gives a list of various kinds of food, which, as he would appear to think, constituted the chief, if not the whole, sustenance of several ancient nations. The Arcadians lived, he says, upon acorns; the Argives upon pears, the Athenians upon figs;¹ the wild pear-tree furnished the Tirynthians with their favourite food; a sort of cane was the chief dainty of the Indians; of the Karamanians² the date; millet of the Mæotæ and Sauromatæ; while the Persians³ delighted chiefly in cardamums and pistachio nuts.⁴

¹ Cf. Plut. Quæst. Græc. 51.

² Cf. Dion. Perieg. 1082.

³ These people were great eaters, and held none in estimation but those who resembled them. Aristoph. Acharn, 74. sqq.

⁴ Ælian. Var. Hist. iii. 39.

Perizonius in his note on this passage observes, that *ἄπιος* and *ἄχροας* are but different names for the same thing, both signifying "the pear," the former term prevailing among the Argives, the latter among the Tirynthians and

The tradition that while some degree of civilisation already existed in the East, many tribes of Hellas still subsisted upon acorns, has given rise to much curious disquisition. It is abundantly clear, however, that the fruit of our English oak is not what is meant; for, upon this, no one who has made the experiment will for one moment imagine that man could subsist; but every kind of production comprehended by the Greeks under the term "acorn," (ἐλάανος). Gerard, an old English botanist, enumerates chestnuts among acorns, and Xenophon calls dates "the acorns of the palm-tree." The mast, however, of a tree common in Greece, would, as Mitford thinks, afford a not unwholesome nourishment, though he is quite right in supposing that it could not have been a favourite food in more civilised times.¹ While upon the subject of acorns, this ingenious and able writer appears disposed to make somewhat merry with a certain project of Socrates. If we rightly comprehend him, which very possibly we do not, he means to accuse the philosopher of reducing the citizens of his airy republic to very short commons indeed,² nothing but a little beech-mast, and a few myrtle-berries. This borders strongly on the notion of the comic writer, who describes the Athenians as living on air and hope. But though abstemious enough, Socrates was not so unreasonable as to require even his Utopians to fight and philosophise upon a diet so scanty.

Laconians. By the other Greeks both words were used promiscuously, though ἀπιος was the more common. This able commentator objects to the assertion of his author, that the Hindoos lived on cane, since they also ate millet, rice, &c. But Ælian could really have intended nothing more than that the articles he enumerates were in common use among the nations spoken of. Otherwise

the whole must be regarded as a mere fable. The canes, mentioned by Ælian, are those from which sugar has been from very remote antiquity extracted.

Quique bibunt tenerâ dulces
ab arundine succos.

Lucan. Pharsal. iii. 237.

¹ See Goguet, i. 160, seq.

² Hist. of Greece, i. 9, note.
Cf. Anab. ii. 3.

Before he comes to the mast and the myrtle-berries, we find him enumerating wheaten and barley bread, salt, olives, cheese, and truffles, together with pulse and all such herbs as the fields spontaneously produce. For a dessert he would indulge them with figs, chickpeas, and beans, myrtle-berries, and beech-mast, or chestnuts roasted in the fire. Plato was aware how the luxurious wits of his time would turn up their noses at such primitive diet, and therefore brings in Glaucon inquiring, — “If you were founding a polity of swine, what other food would you provide for them?”¹ Pausanias remarks, however, that acorns long continued to be a common article of food in Arcadia,² but only those of the fagus.³

If we may credit some writers the ancient inhabitants of Hellas made use of food much more revolting than acorns, having been, in fact, cannibals who devoured each other. There, no doubt, existed among the Greeks of later times traditions of a state of society in which human flesh was eaten by certain fierce and lawless individuals, such as Polyphemos, but nothing in their literature can authorise us to infer that the practice was ever general. Superstition seems on very extraordinary occasions to have impelled them into the guilt of human sacrifice, when the officiating priests, and, perhaps, some few others, probably tasted of the entrails, and Galen had conversed with individuals

¹ Plat. de Rep. t. vi. p. 85.

² Cf. Polluc. i. 234.

³ Paus. viii. 1. 6. Pliny observes that the fruit of the fagus is sweet “dulcissima omnium glans fagi.” Hist. Nat. xvii. 6. Cf. Lucian. Amor. § 33. Theophrast. Hist. Plant. iii. 8, 2. This Arcadian dainty is still eaten in Spain. “In some parts (of Navarre) the mountains are girt at their base by forests of chestnut trees or of the Spanish oak cal-

led *encina*, whose acorn roasted, is as palatable as the chestnut.” (A Campaign with Zumalacarregrui, i. 40.) The same writer observes, that the fruit of the ever-green *arbutus*, in shape like a cherry, though insipid and intoxicating in its effects, is also eaten by the omniverous Spaniards, p. 51. See also Laborde’s Itinerary of Spain, iv. 80, and Capell Brooke’s Travels, ii. 72.

who had been led by mere curiosity to sup on man's flesh, and found its flavour to resemble that of tender beef.¹ But instances of this kind prove nothing; for how often does it not happen that mariners are even now driven by distressful circumstances to slaughter and eat their companions at sea! And yet shall we on this account pass for anthropophagi with posterity?

The Greeks, however, were not content with one set of traditions, or upon the whole inclined to give currency to the most gloomy. On the contrary, their poets casting backward the light of their imagination, and kindling up the landscapes of the far past, called up the vision of the golden age, when neither the domestic hearth² nor the altars of the gods were stained with blood, and the fruits of the field,—milk, honey, cheese, and butter sufficed to sustain life. But we must escape from these shadowy times, and come down to the age of beef and mutton.

Food is, with great precision, divided by Aristotle into moist and dry, that is, into meat and drink.³ A classification, the credit of which, as Feith contends, belongs to Homer.⁴ In this poet, bread (*σῆτος*), the principal article of provision, is made indiscriminately both from wheat and barley, though the latter grain is thought to have been first in use.⁵ Herodotus found, in the matter of bread, a peculiar taste among the Egyptians; barley and wheat they despised, though in no country are finer produced

¹ See Bochart. Geog. Sac. i. 309.

² Cf. Plat. De Legg. vi. t. vii. p. 471.

³ Problem. x. 56, 58.

⁴ Iliad. α. 496. β. 432, seq.

⁵ Iliad. ε. 196, et 341. The scholiast on this verse, observes that, before the invention of mills, men used to eat the raw grain. (Cf. on Iliad. α. 449, and Etym.

Magn. v. οὐλόχυραι, 641, 29.) But this is merely an absurd conjecture; for they could, at least, have roasted the young ear as in the East they still do, while it is full of juice, and have eaten it thus with salt, when it is both pleasant and nutritive. Besides, some means of reducing the grain to meal appears to have been known almost from the beginning.

than in Egypt; giving, very strangely, the preference to the *olyra*, by some supposed to be the spelt, but more probably Syrian *dhourra*, ears of which I observed sculptured on the interior of the pronaos of Leto's temple at Esneh. Bread, in the Homeric age, was brought to table in a reed basket, the use of silver bread-baskets, or trays, not having been then, as Donatus thinks, introduced. But in this the learned commentator is mistaken; or, if they had no silver trays, at least they had them of brass and gold, to match their tables of massive silver.¹

Next to bread, flesh, in the heroic ages, was the greatest stay-stomach, particularly beef, kid, mutton, and pork. They had not, however, as yet discovered many ways of cooking it. Nearly all their culinary ingenuity reduced itself in fact to roasting and boiling, a circumstance which led Athenæus,² and the president Goguet to look back with great pity and concern on these unhappy ages when even princes, generally gourmands, were deprived of the supreme felicity of dining on ragouts, soups, and boiled brains. Servius,³ too, and Varro are inclined to participate in this feeling of commiseration, and

¹ Iliad. λ. 629. Odys. κ. 355. See, too, Theocrit. Eidyll. xxiv. 135, sqq. Virgil. Æneid. i. 705.

² Deipnosoph. i. 15. Origine des Loix, ii. 306. "J'ai dit que la simplicité faisoit le caractère distinctif de ses premiers âges. La manière dont on se nourrissoit alors en fait preuve. On ne voit paroître ni sauce ni ragoût, ni même de gibier, dans la description que l'Écriture fait du repas donné par Abraham aux trois anges qui lui appurent dans la vallée de Membré. Ce Patriarche leur sert un veau rôti, ou, pour mieux dire, grillé; du lait de beurre, et du pain frais cuit sous

la cendre. Voilà tout le festin. Ce fait montre que les repas alors étoient plus solides que délicats. Abraham avoit certainement intention de traiter ses hôtes du mieux qu'il lui étoit possible, et il faut observer que ce Patriarche possédoit de très-grandes richesses en or, en argent, en troupeaux et en esclaves. On peut donc regarder le repas qu'il donne aux trois anges, comme le modèle d'un festin magnifique, et juger en conséquence quelle étoit de son tems la manière de traiter splendidement."

³ Comm. ad Æneid. i. 710.

the latter observes, that among their own ancestors people were originally compelled to dine on roast meat, though in the course of time the arts of boiling and soup-making were introduced.¹ With regard to Homer's heroes, however, our sympathies are somewhat relieved by finding, that learned men have overrated the extent of their misfortunes. They were not altogether ignorant of the art of boiling, as Athenæus himself admits, where he mentions the boiled shin of beef which one of the drunken suitors flung at Odysseus's head.

The flesh of young animals was not habitually eaten in those early ages, so that in denominating them public devourers of kids and lambs, Priam accuses his sons of scandalous luxury.² In fact, with the design of preventing a scarcity of animal food, a law was enacted at Athens prohibiting the slaughter of an unshorn lamb, and from the same motive the Emperor Valens forbade the use of veal.³

But there was nothing beyond the difficulty of catching it, to prevent the Homeric heroes from making free with game, such as venison, and the flesh of the wild goat;⁴ and from a passage in the Iliad, Feith infers, that even birds were not spared.⁵ We trust, however, that they feathered and cooked them, and did not devour them *au naturel*, as certain Hindûs do their sheep, wool and all. The Egyptians had a very peculiar taste in ornithophagy, and actually ate some kinds of birds quite raw, as they likewise did several species of fish; and this not in those early ages when Isis and Osiris had not reclaimed the bogs of the Nile, but in times quite modern, when Herodotus travelled in their country, and heard their vain priests

¹ Feith, Antiq. Homer, iii. 1, 3.

² Il. ω. 262.

³ Hieron adv. Jovian. ii. 75.
a. Diosc. ap. Athen. ix. 17. Eus-
tath. ad Il. ω. p. 1481. 12.

Schweigh, Animad. in Athen. t.
vi. p. 96, seq.

⁴ Od. ε. 185. κ. 180.

⁵ Iliad. ψ. 852, seq.

lay claim to having civilised Hellas. Both birds and fish, indeed, underwent a certain sort of preparation. Of the latter some were dried in the sun, others preserved in pickle, and the same process was applied to ducks, quails, and many other species of birds, after which they were eaten raw. We recommend the practice to our gourmands, and have no doubt they would find a pickled owl or jackdaw, devoured in the Egyptian style, altogether as wholesome as diseased goose's liver. It must not, however, be dissembled, that many critics, concerned for the gastronomic reputation of the Egyptians, contend that, by the word which we translate "to pickle,"¹ Herodotus must have meant some kind of cookery; to which Wesseling replies, that, without designing to impugn the taste of those gentlemen, he must yet refuse to accept of their interpretation, since by observing that they roasted or boiled all other species of birds and fish, such as were sacred excepted, the historian evidently intends to say, that these were eaten raw. The learned editor might have added, that Herodotus uses the same term in treating of the process of embalming,² and we nowhere learn that the mummies were cooked before they were deposited in the tombs.

But to return to the Homeric warriors; it seems extremely³ probable, notwithstanding the opinions of several writers of great authority, both ancient and modern, that the demi-gods, and heroes before Troy, admitted that effeminate dainty called *fish* to their warlike tables. At all events the common people understood the value of this kind of food,⁴ and it may safely be inferred that their betters, never slow in appropriating delicacies to their

¹ Πρωραπιχέειν. Herod. ii. 77, edit. Wessel.

² Herod. i. 77, seq. ii. 15. ix. 80.

³ Plato, among others, remarks

that, in the military messes of his heroes, Homer introduces neither fish nor boiled meat. De Rep. iii. t. vi. p. 141.

⁴ Odyss. τ. 113.

own use, soon perceived that fish is no bad eating. Hunger would at least reconcile them to the flavour of broiled salmon, as we find by the example of Odysseus's companions, who devoured both fish and fowl.¹ This is acknowledged by Athenæus;² but Plutarch contends, that they could have been driven to it only by extreme necessity. At all other times he imagines they temperately abstained from food of so exciting a kind,³ though Homer describes the Hellespont as abounding in fish,⁴ and more than once alludes to the practice of drawing it thence with hook and line.⁵ Thus we find that angling can trace back its pedigree to the heroic ages; and the disciple of the rod as he trudges with Izaak in his pocket through bog and mire in search of a good bite, may solace his imagination with reminiscences of Troy and the Hellespont. But the good people of those days did not wholly rely for a supply of fish on this very tedious and inefficient process; they had discovered the use of nets, which Homer describes the fisherman casting on the sea shore.⁶ Though the poet, however, had omitted all allusion to this kind of food, its use might, nevertheless, have been confidently inferred, as may that of milk, common to all nations, though Homer mentions it only, I believe, in the case of the Hippomolgians,⁷ and the cannibal Polyphemus, who understood also the luxury of cheese.⁸ Circe, too, who being a goddess may be supposed to have been a connoisseur in dainties, presents her paramour Odysseus with a curious mixture, consisting of cheese, honey, flour, and wine,⁹ very savoury, no

¹ Odyss. μ . 330. sqq.

² Deipnosoph. i. 47.

³ Plut. Sympos. viii. 8.

⁴ Il. ι . 360.

⁵ Il. π . 407.

⁶ Od. χ . 364, sqq. Eustathius, however, on this passage observes, that though nets are

spoken of in the Iliad, (ϵ . 487,) this is the only place where the poet distinctly mentions their being used in taking fish.

⁷ Il. σ . 6.

⁸ Od. ι . 236, 246. Theoc. Eidyll. xi. 35.

⁹ Od. κ . 234, seq.

doubt, and by old Nestor considered of salutary nature, since Hecamedè, at his order, prepares a plentiful supply of it for the wounded Machaon. Along with this posset, garlic was eaten as a relish.¹

Fruits and potherbs, as may be supposed, were already in use.² Garlic we have mentioned above; and Odysseus, after all his wars and wanderings, recalls to mind with a quite natural pleasure the apple and pear trees which his father, Laertes, had given him when a boy.³ Alcinoös possessed a fine orchard, where, though the process of grafting is supposed to have been then unknown, we find a variety of beautiful fruits, as pears, apples, pomegranates, delicious figs, olives, and grapes; and in his kitchen-garden were all kinds of vegetables.⁴ And the shadowy boughs of a similar orchard, covered with golden fruit, wave over Tantalos in Hades, but are blown back by the wind whenever the wretched old sinner stretches forth his hand towards them.⁵ From this circumstance Athenæus, with much ingenuity, infers that fruit was actually in use before the Trojan war! Apples seem then, as now, to have constituted a favourite portion of the dessert, though among the Homeric warriors they seem sometimes to have formed a principal part of the meal; for Servius⁶ describes the primitive repasts as consisting of two courses, of which the first was animal food, and apples the second.

Salt was in great use in the Homeric age, and by the poet sometimes called divine.⁷ Plato, also, in the *Timæos*,⁸ speaks of salt as a thing acceptable to the gods, an expression which Plutarch quotes with mani-

¹ Il. λ. 623, sqq. This mixture called *κυκεών*, is more than once mentioned by Plato — *De Rep.* iii. t. vi. p. 148.

² Cf. Hom. Il. λ. 629, seq.

³ Od. ω. 339.

⁴ Od. η. 115, sqq. Plut. *Sympos.* v. 8.

⁵ Od. λ. 587, sqq.

⁶ Ad *Æneid.* i. 727.

⁷ Il. ι. 214. In later times it was customary to bruise thyme small, and mingle it with salt to give it a finer flavour. Aristoph. *Acharn.* 772. Suid. v. *θυμικῶν ἀλῶν*. t. i. p. 1336. b.

⁸ *Opera*, t. vii. p. 80.

fest approbation in a passage where he grows quite eloquent in praise of this article, which he denominates the condiment of condiments, adding, that of some it was numbered among the Graces.¹ By the most ancient Greeks salt was, for this reason, always spoken of in conjunction with the table, as in the old proverb, where men were advised “never to pass by salt or a table,” that is, not to neglect a good dinner.² Poor men, who probably had no other seasoning for their food, were contemptuously denominated “salt-lickers.”³ But, in Homer’s time, there existed certain Hellenic tribes who had not yet arrived at a knowledge of this luxury; among whom, accordingly, even the most aristocratic personages were compelled to go without salt to their porridge.⁴ The poet has, indeed, omitted to mention their names; but Pausanias supposes him to have alluded to the more inland clans of Epeirots, many of which had not yet, in those ages, acquired a knowledge of salt, or even of the sea.⁵

It appears to be agreed on all hands, that the primitive races of men were mere water-drinkers. Accordingly they had neither poets nor inn-keepers, nor excisemen, — three classes of persons who never flourish but where wine, or at least beer, is found. Homer more than once alludes to this vicious habit of the old world, where, with a sly insinuation of contempt, — for he was himself partial to the blood-red wine, — he tells us that this or that nation drank, like so many oxen or crocodiles, of the waters of such or such a river. Thus, when enumerating the allies of Ilion, he describes the Zeleians as those who sipped the black waters of the *Æsepos*.⁶ Pindar, too, in the hope of obtaining a reputation for sobriety, says, he was accustomed to drink the waters of

¹ Sympos. v. 9.

² Erasm. Adag. Chil. i. Cent. vi. Adag. 10.

³ “*Ἀλαλείχεν*.” Erasm. Adag. iii. vi. 33, or, as Persius expresses

it, “*digito terebrare salinum*.” Sat. v. 138.

⁴ Od. λ. 122.

⁵ Paus. i. 1. 12.

⁶ Il. β. 824, seq.

Thebes, which, in his opinion, were very delicious,¹ though Hippocrates would unquestionably have been of a totally different way of thinking. The Persian, and afterwards the Parthian kings, appear in many cases to have entertained a temperate predilection for the water of certain streams, of which Milton has given eternal celebrity to one:—

“Choaspes, amber stream,
The drink of none but kings.”²

But evidently through mistake; for though historians pretend that the Parthian monarchs would drink of no water save that of the Choaspes, to which Pliny³ adds the Eulæus, it is by no means said that they enjoyed a monopoly of those streams. Perhaps our great poet confounded the Choaspes with those Golden Waters which, in Athenæus, are said to have been wholly reserved for the use of the king and his eldest son.⁴

Wine, however, was invented very early in the history of the world; and the virtue of sobriety was born along with it; for, until then, it had been no merit to be sober. With whomsoever its use began, wine was well known to Homer's heroes, one of whom speaks of it, in conjunction with bread, as the chief root of man's strength and vigour.⁵ Yet the warriors of those ages by no means exhibited that selfish par-

¹ Pind. Olymp. vi. 85.

² Paradise Regained, iii. 288, seq.

³ Hist. Nat. xxxi. 21. “Parthorum reges,” says this writer, “ex Choaspe et Eulæo tantum bibunt; et eæ quamvis in longinqua comitatur eos.” Hence Tibullus has the following verses in his Panegyric of Messala, iv. 1. 142:

“Nec quæ vel Nilus vel regia
lympha Choaspes

“Profuit.

Herod. i. 188. Æl. Var. Hist. xii. 40. Cf. Strabo. l. xv. c. 3. t. iii. p. 318.

⁴ Athen. xii. 9. Ἀγαθοκλῆς δ', ἐν τρίτῳ Περὶ Κυζίκου, ἐν Πέρσαις φησὶν εἶναι καὶ χρυσοῦν καλούμενον ὕδωρ. εἶναι δὲ τοῦτο λιθάδας ἐξδομήκοντα, καὶ μηδένα πίνειν ἀπ' αὐτοῦ ἢ μόνον βασιλεία, καὶ τὸν πρῶτον αὐτοῦ τῶν παίδων. τῶν δ' ἄλλων ἐάν τις πῖη, θάνατος ἢ ζημία.

⁵ Iliad. i. 702. τ. 161.

simony which led the Romans to debar their matrons the use of wine.¹ In Homer we find women, even while very young, permitted the enjoyment of it: for example, Nausicaa and her companions, who, in setting forth on their washing excursion, are furnished by the queen herself with a plentiful supply of provisions, and a skin of wine.² Boys, likewise, in the heroic ages, met with similar indulgence; for Phœnix is represented permitting Achilles to join him in his potations before the little urchin knew how to drink without spilling it over himself.³ This practice, however, is very properly condemned by Plato, who considered that no person under eighteen should be allowed to taste of wine, and even then but sparingly.⁴ After thirty, more discretion might, he thought, be granted them; though he recommended sobriety at all times, save, perhaps, on the anniversary festival of Dionysos, and certain other divinities, when a merry bowl was judged in keeping with the other ceremonies of the day.⁵

We shall now pass from the primitive aliments of the heroic times to those almost infinite varieties of good things which the ingenuity of later ages brought into use. The reader, not already familiar with the gastronomic fragments of ancient literature, will probably be surprised at the omniverous character of the Greeks, to whom nothing seems to have come amiss, from the nettle-top to the peach, from the sow's metra to the most delicate bird, from the shark to the small semi-transparent aphyæ, caught along the shores of Attica.⁶ Through this ocean of dain-

¹ Athen. x. 33.

² Od. ζ. 77, seq.

³ Iliad. ι. 487.

⁴ Montaigne, whom few things of this kind had escaped, reads *forty*, and thinks that men might lawfully get drunk after that age. Essais, ii. 2. t. iii. p. 278.

⁵ De Legg. ii. t. vii. p. 258, sqq.

⁶ Ass's flesh was commonly eaten by the Athenians. Poll. ix. 48, et Comment. t. vi. p. 938, seq. Their neighbours the Persians, however, enjoyed one dainty not known, I believe, to the Greeks; that is to say, a camel, which, we are told, they sometimes roasted whole. Herod. i. 123. Athen. iv. 6. In the opi-

ties we shall endeavour to make our way on the following plan:—first, it will be our “hint to speak” of the more solid kinds of food, as beef, mutton, pork, veal; we shall then make a transition to the soups, fowls, and fish; next the fruit will claim our attention; and, lastly, the several varieties of wines.

It has already been observed, that in the earliest ages men wholly abstained from animal food.¹ Afterwards when they began to cast “wolfish eyes” upon their mute companions on the globe, the hog is said to have been the first creature whose character emboldened them to make free with him. They saw it endued with less intelligence than other animals; and, from its stupidity, inferred that it ought to be eaten, its soul merely serving during life, as salt, to keep the flesh from putrefying.² The determining reason, however, appears to have been, that they could make no other use of him, since he would neither plough like the ox, nor be saddled and mounted like the horse or ass, nor become a pleasant companion, or guard the house, like the dog.

It was long before men in any country slew the ox for food; his great utility was his protection, and in some parts of the East the well-meaning priesthood at length compassed him round with the armour of superstition, which outlasted the occasion, and in India has come down in nearly all its strength to our own day. It was otherwise in Greece. There common sense quickly dissipated the illusion, which, while it was necessary, had guarded the ox, and beef became the favourite food

nion of Aristotle the flesh of this animal was singularly good: *ἔχει δὲ καὶ τὰ κρέα καὶ τὸ γάλα ἡδίστα πάντων.*—*Hist. Anim.* vi. 26. It was this passage, perhaps, that first induced Heliogabalus to try a camel's foot, which he appears afterwards to have much affected. *Lamprid. Vit. Anton. Heliogab.* § 19. *Hist. Aug. Script.* p. 195.

The same emperor also tried the taste of an ostrich, whose eggs anciently constituted an article of food among certain nations of Africa. *Lucian. de Dipsad.* § 7.

¹ Plato, *De Legg.* vi. t. vii. p. 471.

² Cicero, *De Natura Deorum*, ii. 64. *Dion. Chrysost.* i. 280, cum not. Reisk.

of its hardy and active inhabitants, who likewise fed indiscriminately on sheep, goats, deer, hares, and almost every other animal, wild or tame.

It has been seen that in remote ages fish did not constitute any great part of the sustenance of the Greeks. But public opinion afterwards underwent a very considerable change. From having been held in so little estimation as to be left chiefly to the use of the poor; in the historical ages it became their greatest luxury.¹ And there arose among gourmands, those ancient St. Simonians, whose god was their belly, a kind of enthusiastic rivalry as to who should be first in the morning at the fish-market, and bear away, as in triumph, the largest Copaic eels, the finest pair of soles, or the freshest *anthias*.² On this subject, therefore, our details must be somewhat more elaborate than on beef and mutton. And first, we shall take the reader along with us to the market, whither it will be advisable that he carry as little money as possible, since, according to the comic poets, your Athenian fishmonger, not content with being a mere rogue, dealt a little also in the assassin's trade.³

The first thing which a rich gourmand inquired in the morning was, which way the wind blew. If from the north, and there was anything like a sea, he remained sullenly at home, for no fishing smacks could in that case make the Peiræus;⁴ but if the wind sat in any other quarter, out he

¹ The Pythagoreans, however, must be excluded from this category since they abstained from fish because they kept perpetual silence like themselves.—Athen. vii. 80. Another and a better reason, perhaps, may be discovered in a passage of Archestratos, who, observing that the sea-dog is delicious eating, proceeds to dispose of the objection that it feeds

on human flesh, by saying, that all fish do the same. Id. vii. 85. From this fact the Pythagoreans esteemed fish-eaters no better than cannibals at second-hand.

² Cf. Schol. Aristoph. Acharn. 525.

³ Amphis ap. Athen. vi. 5.

⁴ Athen. viii. 81. Cf. Xenoph. Hellen. v. i. 23.

went eagerly and stealthily with a slave and basket¹ at his heels, casting about anxious looks to discover whether any other impassioned fish-eater had got the start of him on his way to the Agora, who might clear the stalls of the best anthias or thunny before he could reach the spot.

The unmoneyed rogue, however, whose ambitious taste soared to these expensive dainties, approached the market with a rueful countenance. Thus we find a poor fellow describing, in Antiphanes, his morning's pilgrimage in search of a pair of soles:

I once believed the Gorgons fabulous:
But in the agora quickly changed my creed,
And turned almost to stone,* the pests beholding
Standing behind the fish stalls. Forced I am
To look another way when I accost them,
Lest if I saw the fish they ask so much for,
I should at once grow marble.²

Amphis, another comic poet, supplies us with further details respecting the hardships encountered by those who had to deal with fishmongers at Athens. Much of his wit is, I fear, intransferable, depending in a great measure on the vernacular clipping of Greek common in the market-place. But the sense, at least, may perhaps be given:

“ Ten thousand times more easy 'tis to gain
Admission to a haughty general's tent,
And have discourse of him, than in the market
Audience to get of a cursed fishmonger.
If you draw near and say, How much my, friend,
Costs *this* or *that*?—No answer. Deaf you think
The rogue must be, or stupid; for he heeds not
A syllable you say, but o'er his fish
Bends silently like Telephos (and with good reason,
For his whole race he knows are cut-throats all).
Another minding not, or else not hearing,

¹ This basket was usually of rushes, in form like a basin, and with a handle passing over the top.—Antich. di Ercol. tav. 21. tom. i. p. 111.

² Athen. vi. 4.

Pulls by the legs a polypus.¹ A third
 With saucy carelessness replies, ' Four oboli,
 That 's just the price. For this no less than eight.
 Take it or leave it ! ' " ²

Alexis, too, that most comic of comic writers, seems to have imagined, that the humour of his pieces would be incomplete without a spice of the fishmonger. Commencing, like Amphis, with an allusion to the haughty airs of military men, he glides into his subject as follows :—

However, this is still endurable.
 But when a paltry fishfag will look big,
 Cast down his eyes affectedly, or bend
 His eyebrows upwards like a fullstrained bow,
 I burst with rage. Demand what price he asks
 For—say two mullets; and he answers straight
 " Ten obols "—" Ten? That 's dear: will you take eight? "
 " Yes, if one fish will serve you."—" Friend, no jokes;
 I am no subject for your mirth."—" Pass on, Sir!
 And buy elsewhere."—Now tell me is not this
 Bitterer than gall? ³

But if the reader should be disposed to infer from these testimonies that the fishmongering race were saucy only at Athens, he will be in danger of falling into error. Throughout the ancient world they were the same, and we fear that should any poor devil from Grub-street, or the *Quartier Latin*, presume to dispute respecting the price of salmon with one of their cockney or Parisian descendants, he would meet with little more politeness. At all events their manners had not improved in the Eternal city,⁴ for it is *a propos* of the Roman fishfags that Athenæus brings forward his examples of like insolence elsewhere. The poet Diphilos would appear, like Archestratos, to have travelled in search of good fish and civil fishmongers, but his labours

¹ Cf. Chandler, ii. 143. Plin.
 Hist. Nat. ix. 45, seq.

² Athen. vi. 5.

³ Athen. vi. 5.

⁴ Deipnosoph. vi. 4.

were fruitless; he might as well have peregrinated the world in the hope of finding that island where soles are caught ready-fried in the sea. Such at least is the tenour of his own complaint:

Troth, in my greener days I had some notion
That here at Athens only, rogues sold fish;
But everywhere, it seems, like wolf or fox,
The race is treacherous by nature found.
However, we have one scamp in the agora
Who beats all others hollow. On his head
A most portentous fell of hair nods thick
And shades his brow. Observing your surprise,
He has his reasons pat; it grows forsooth
To form, when shorn, an offering to some god!
But that's a feint, 'tis but to hide the scars
Left by the branding iron upon his forehead.
But, passing that, you ask perchance the price
Of a sea-wolf—"Ten oboli"—very good.
You count the money. "Oh not those," he cries,
"Æginetan I meant." Still you comply.
But if you trust him with a larger piece,
And there be change to give; mark how the knave
Now counts in Attic coin, and thus achieves
A two-fold robbery in the same transaction!¹

Xenarchos paints a little scene of ingenious roguery with a comic extravagance altogether Shakespearian, and incidentally throws light on a curious law of Athens, enacted to protect the citizens against stinking fish.² The power of invention, he observes—willing to kill two birds with one stone—had totally deserted the poets in order to take up with the fishmongers; for while the former merely hashed up old ideas, the latter were always hitting upon new contrivances to poison the Demos:

Commend me for invention to the rogue
Who sells fish in the agora. He knows

¹ Athen. vi. 6.

² The longer to preserve fish fresh, the Orientals sometimes cover them with a coating of wax.

Mullets, caught at Damietta, are sent, thus preserved, throughout the Turkish Empire, as well as to different parts of Europe. Pocke's Description of the East.

In fact there's no mistaking,—that the law
 Clearly and formally forbids the trick
 Of reconciling stale fish to the nose
 By constant watering. But if some poor wight
 Detect him in the fact, forthwith he picks
 A quarrel, and provokes his man to blows.
 He wheels meanwhile about his fish, looks sharp
 To catch the nick of time, reels, feigns a hurt :
 And prostrate falls, just in the right position.
 A friend placed there on purpose, snatches up
 A pot of water, sprinkles a drop or two,
 For form's sake on his face, but by mistake,
 As you must sure believe, pours all the rest
 Full on the fish, so that almost you might
 Consider them fresh caught.¹

By a law passed at the instance of the wealthy Aristonicos, himself no doubt an ichthyophagos, the penalty of imprisonment was decreed against all those who, having named a price for their fish, should take less, in order that they might at once demand what was just and no more. In consequence of this enactment, an old woman or a child might be sent to the fish-market, without danger of being cheated. According to another provision of this Golden Law, as it is termed by Alexis, fish-mongers were compelled to stand at their stalls and not to sit as had previously been the custom. The comic poet, in the fulness of his charity, expresses a hope that they might be all *suspended* aloft on the following year, by which means, he says, they would get a quicker sight of their customers, and

¹ Our readers will probably remember the good old Italian marchioness, who having, perhaps, been cajoled, by the blarney of some Hibernian peripatetic, into the purchase of a pair of strong-odoured soles, recommended to our magistrates the adoption of an ordinance passed, as she affirmed, by his grace of Tuscany. In that prince's territories, she assured their worshippers, the man

who has fish to sell, must transact business standing on one leg in a bucket of hot water, a practice undoubtedly calculated to induce despatch and prevent haggling. This Tuscan enactment might evidently have been adopted with great advantage at Athens, where, however, legislation proceeded on exactly the same principles, and attained in this point an almost equal degree of perfection.

carry on their dealings with mankind from a machine like the gods of tragedy.¹

In consequence no doubt of the perpetually increasing demand, fish was extremely dear at Athens. Accordingly Diphilos, addressing himself to Poseidon, who, as god of the sea, was god also of its inhabitants, informs him that, could he but secure the tithe of fish, he would soon become the wealthiest divinity in Olympos. Among those who distinguished themselves in this business in the agora, and apparently became rich, it is probable that many were metoiki, such as Hermaeos, the Egyptian, and Mikion, who, though his country is not mentioned, was probably not an Athenian. In proportion as they grew opulent, the gourmands on whom they preyed became poor, and doubtless there was too much truth in the satire which represented men dissipating their whole fortunes in the frying-pan. There were those also it seems who spent their evenings on the highway, in order to furnish their daily table with such dainties. For this fact we have the satisfactory testimony of Alexis in his Heiress :

Mark you a fellow who, however scant
 In all things else, hath still wherewith to purchase
 Cod, eel, or anchovies, be sure i' the dark
 He lies about the road in wait for travellers.
 If therefore you 've been robbed o'ernight, just go
 At peep of dawn to th' agora and seize
 The first athletic, ragged vagabond
 Who cheapens eels of Mikion. He, be sure,
 And none but he's the thief: to prison with him!²

They had at Corinth a pretty strict police regulation on this subject. When any person was observed habitually to purchase fish, he was interrogated by the authorities respecting his means. If found to be a man of property they suffered him to do what he pleased with his own; but, in the contrary event, he received a gentle hint that the

¹ Athen. vi. 8.

² Athen. vi. 10. 12.

state had its eye upon him. The neglect of this admonition was followed, in the first place, by a fine, and ultimately, if persevered in, by a punishment equivalent to the treadmill.¹ These matters were in Athens submitted to the cognizance of two or three magistrates, called *Opsonomoi*, nominated by the Senate.² With respect to the purchase of this class of viands, everywhere attended with peculiar difficulties, it may be said, that the ancients had considerably the advantage of us; since in Lynceus of Samos's "Fish-buyer's Manual," they possessed a sure guide through all the intricacies of bargaining in the agora.

But before we proceed further with this part of our subject, we will demand permission of Lynceus to hear what Hesiod has to say of saltfish, on which Euthydemus, the Athenian, composed a separate treatise. According to this poet, who boldly speaks of cities erected long after his death, immense quantities of fish were salted on the Bosphoros, sometimes entire, as in modern times,³ sometimes cut into gobbets of a moderate size. Among these were the *oxyrinchos* whose taste proved often fatal, the thunny, and the mackerel. The little city of Parion furnished the best *kolias* (a kind of mackerel), and the Tarentine merchants brought to Athens pickled *oreynos* from Cadiz, cut into small triangular pieces, in jars.⁴ Physicians, indeed, inveighed against these relishes; but the gourmands would consult only their palates and preferred a short life with pickled thunny to that of Saturn himself on beef and mutton.

But the Hesiod of Euthydemus (a creation probably of his own) is but very poor authority compared with Arcestratos, who made the pilgrimage of the world in search of good cheer, and afterwards, for the benefit of posterity, treasured up his experience in a grand culinary epic. In his opinion a

¹ Diphilos apud Athen. vi. 12.

² Athen. vi. 72.

³ Herod. iv. 53.

⁴ Athen. iii. 84.

slice of Sicilian thunny was a rare delicacy, while the saperda, though brought from the Pontos Euxinos, he held as cheap as those who boasted of it.¹ The scombros, by some supposed to be a species of thunny, though others understand by it the common mackerel, stood high in the estimation of this connoisseur. He directs that it be left in salt three days, and eaten before it begins to melt into brine.² In his estimation the horaion³ of Byzantium was likewise a great delicacy, which he advises the traveller, who might pass through that city, to taste by all means. It seems to have been there what macaroni is at Naples.

Alexis, in one of his comedies, introduces the Symposiarch of an Eranos (president of a picnic) accounting with one of the subscribers who comes to demand back his ring, and in the course of the dialogue, where something like Falstaff's tavern-bill is discussed, we find the prices of several kinds of salt-fish. An omotarichos (shoulder piece of thunny) is charged at five chalci; a dish of sea-mussels, seven chalci, of sea-urchins, an obol, a slice of kybion, three obols, a conger eel, ten, and another plate of broiled fish, a drachma. This comic writer⁴ rates the fish of the Nile very low, and he is quite right, for they are generally muddy and ill-tasted, though the Copts, who have considerable experience during Lent, contrive, by the application of much Archaic skill, to render some kinds of them palatable. Sophocles, in a fragment of his lost drama of Phineus, speaks of salt-fish embalmed like an Egyptian mummy.⁵ Stock-fish, as I know to my cost,

¹ Athen. iii. 85.

² Athen. iii. 85. The Scomber Pelamys or mackerel of Pallas, caught in the Black Sea, is pickled in casks and not eaten for a twelvemonth. Travels in Southern Russia, iv. 242.

³ Poterant ὀραία nominari, ut vere vel initio aestatis salita, quo

tempore minus pinguis totus piscis esset. Schweigh. Animadv. in Athen. iii. 85. t. vii. 313. Cf. Plin. Nat. Hist. xxxii. 53. Gesner, De Salsamentis.

⁴ Ap. Athen. iii. 86. Cf. Herod. ii. 77.

⁵ Athen. iii. 86.

is still a fashionable dish in the Mediterranean, especially on board ship, and from a proverb preserved by Athenæus we find it was likewise in use among the Athenians.¹

The passion of this refined people for salt-fish furnished them with an occasion of showing their gratitude publicly. They bestowed the rights of citizenship on the sons of Chæriphilos, a metoikos who first introduced among them a knowledge of this sort of food.² A similar feeling prompted the Dutch to erect a statue to G. Bukel, the man who taught them to salt herrings.³

Without enumerating a tenth part of the other species eaten among the Greeks, we pass to the shell-fish, of which they were likewise great amateurs. Epicharmos, in his marriage of Hebe, supplies a curious list, which, however, might be extended almost ad infinitum. Among these were immense limpets, the buccinum, the cecibalos, the tethynakion, the sea-acorn, the purple fish, oysters hard to open but easy to swallow, mussels, sea-snails or periwinkles, skiphydria sweet to taste but prickly to touch, large shelled razor-fish, the black conch, and the amathitis. The conch was also called tellinè as the same poet in his *Muses* observes. Alcæos wrote a song to the limpet beginning with

“ Child of the rock and hoary sea.”⁴

Boys used to make a sort of whistle of tortoise and mussel shells. These mussels were usually broiled on the coals, and Aristophanes, very ingenious in his similes, compares a gaping silly fellow to a mussel in the act of being cooked.⁵

Like the sepia, of which excellent pilaus are made at Alexandria, the porphyra or purple fish was very good eating, and thickened the liquor in which it

¹ Deipnosoph. iii. 89.

² Athen. iii. 90.

³ Goguet, *Origine des Loix*, i. 254.

⁴ Athen. iii. 30, 31. Cf. Scheigh. *Animadv.* t. vii. p. 68, sqq.

⁵ *Fragm. Babylon.* 2. Brunck. Athen. iii. 33.

was boiled.¹ There was a small delicate shell-fish caught on the island of Pharos and adjacent coasts of Egypt, which they called Aphrodite's ear,² and there is still found on the same coast near Canopus a diminutive and beautiful rose-coloured conch called Venus's nipple. On the same shore, about the rise of the Nile, that species of mussel called tellinè was caught in great abundance, but the best-tasted were said to be found in the river itself. A still finer kind were in season about autumn in the vicinity of Ephesos. The echinos, or sea-chestnut,³ cooked with oxymel, parsley, and mint, was esteemed good and wholesome eating. Those caught about Cephalonia, Icaria, and Achaia were bitterish, those of Sicily laxative; the best were the red and the quince coloured. A laughable anecdote is told of a Spartan, who being invited to dine where sea-chestnuts were brought to table, took one upon his plate, and not knowing how they were eaten put it into his mouth, shell and all. Finding it exceedingly unmanageable, he turned it about for some time, seeking slowly and cautiously to discover the knack of eating it. But the rough and prickly shell still resisting his efforts, his temper grew ruffled; crunching it fiercely he exclaimed, "Detestable beast! Well! I will not let thee go now, after having thus ground thee to pieces; but assuredly I will never touch thee again."

Oysters were esteemed good when boiled with mallows, or monks' rhubarb.⁴ In general, however,

¹ Athen. iii. 30. During their long fasts the modern Greeks also eat the cuttle-fish, snails, &c. Chandler, ii. 143.

² Athen. iii. 35.

³ Athen. iii. 40. The taking of this fish at Sunium is thus described by Chandler: "Meanwhile our sailors, except two or three who accompanied us, stripped to their drawers to bathe, all of them swimming and diving

"remarkably well; some running about on the sharp rocks with their naked feet, as if devoid of feeling, and some examining the bottom of the clear water for the Echinus or sea-chestnut, a species of shell-fish common on this coast, and now in perfection, the moon being nearly at the full." Vol. ii. p. 8.

⁴ Demet. Scep. ap. Athen. iii. 41.

the physicians of antiquity considered them hard of digestion. But lest the shelled-fish should usurp more space than is their due, we shall conclude with Arcestratos' list, in which he couples with each the name of the place where the best were caught:

For mussels you must go to Ænos ; oysters
 You'll find best at Abydos. Parion
 Rejoices in its urchins ; but if cockles
 Gigantic and sweet-tasted you would eat,
 A voyage must be made to Mitylene,
 Or the Ambracian Gulf, where they abound
 With many other dainties. At Messina,
 Near to the Faro, are pelorian conchs,
 Nor are those bad you find near Ephesos ;
 For Tethyan oysters, go to Chalcedon ;
 But for the Heralds,¹ may Zeus overwhelm them
 Both in the sea and in the agora !
 Aye, all except my old friend Agathon,
 Who in the midst of Lesbian vineyards dwells.²

We have already mentioned the magnificent eels of Lake Copais,³ in Bœotia, a longing for which appears to have been Aristophanes's chief motive for desiring an end to the Peloponnesian war. Next in excellence were those caught in the river Strymon, and the Faro of Messina.⁴ The ellops, by some supposed to be the sword-fish,⁵ was found in greatest perfection near Syracuse ; at least, in

¹ The κήρυξ, ceryx, so called because the Heralds (κήρυκες) used its shell instead of a trumpet, when making proclamation of any decree in the agora.

² Athen. iii. 44. Cf. Polluc. vi. 47. The ancients made the most of their fish in every way. They were hawked about the streets in rush-baskets, as with us.—Athen. vii. 72.

³ Sch. Aristoph. Acharn, 845. Lysist. 36. There were in the fountain at Arethusa, as we are told by the philosophical Plutarch,

eels that understood their own names.—Solert. Anim. § 23.

⁴ Arcestratos gives the preference over all other eels to those caught in the Faro of Messina. Athen. vii. 53. Very excellent and large eels are taken in the lake of Korion, in Crete, according to the testimony of Buondelmonte. Pashley, i. 72.

⁵ On the sword-fish fishery in the Strait of Messina, see Spallanzani's Travels in the Two Sicilies, vol. iv. p. 331, sqq.

the opinion of Arcestratos; but Varro and Pliny give the preference to that of Rhodes, and others to that of the Pamphylian sea.¹ The red mullet, the hepsetos, the hepatos, the elacaten, the thunny, the hippouros, the hippos, or sea-horse, found in perfection on the shores² of Phœnicia, the ioulis, the kichlè, or sea-thrush, the sea-boar, the citharos, the kordylos, the river cray-fish, the shark, which was eaten when young, the mullet, the coracinos, the carp, the gudgeon, the sea-cuckoo, the sea-wolf, the latos, the leobatos, or smooth ray, the lamprey,³ the myræna, the anchovy,⁴ the black tail, the torpedo, the mormyros, the orphos, the onos, the polypus, the crab, the sea-perch, the physa, or sea-tench, the raphis, the sea-dog,⁵ the scaros, the sparos, the scorprios, the salpe, or stock-fish, the synodon, the sauros, the scepinos, or halibut, the sciaina, the syagris, the sphyræna, the sepia, the tœnia, the skate, the cuttle-fish, the hyca, the phagros, the perca cabrilla, the chromis, the gilt-head, the trichidon, the thratta, and the turbot;⁶ such is a list of the fish in common use among the Greeks. The species it will be seen has not in many cases been ascertained.

¹ Athen. vii. 57. Animadv. t. ix. p. 220.

² The finest prawns were taken at Minturnæ, on the coast of Campania, exceeding in size those of Smyrna, and the crabs (*αστακοι*) of Alexandria.—Athen. i. 12.

³ See on Crassus's lamprey. Plut. Solert. Animal. § 23.

⁴ Esteemed a delicacy cooked with leeks. Aristoph. Vesp. 494. Cf. Acharn. 901. Av. 76.

⁵ See Spallanzani's Travels in the Two Sicilies, vol. iv. p. 343, sqq.

⁶ Athen. vii. 16—39. Aristot. Hist. Anim. iv. 2—6. viii. 3, 4, 5, 16.

CHAPTER IV.

POULTRY, FRUIT, WINE, ETC.

THE reader by this time will, probably, be willing to escape from fish, though it would be easy to treat him to many new kinds, and along with us take a slice of Greek pheasant, or the breast of an Egyptian quail. In other words, he will hear what we have to say on Hellenic poultry. Chrysippos, in his treatise on things desirable in themselves, appears to have reckoned Athenian cocks and hens among the number, and reprehends the people of Attica for importing, at great expense, barn-door fowls from the shores of the Adriatic, though of smaller size, and much inferior to their own; while the inhabitants of those countries, on the other hand, were anxious to possess Attic poultry.¹ Matron, the parodist, who furnishes an amusing description of an Athenian repast, observes, that excellent wild ducks were brought to town from Salamis, where they grew fat in great numbers on the borders of the sacred Lake.²

The thrush,³ reckoned among the greatest deli-

¹ Athen. vii. 23.

² Athen. iv. 23.

³ The solitary sparrow inhabits the cliffs of Delphi, and the song-thrush is heard in the pine woods of Parnassus. Above these, when the heights of the mountain are covered with snow, is seen the *Emberiza Nivalis*, inhabitant alike of the frozen Spitzbergen, and of the Grecian Alp.—Sibthorpe in

Walp. Mem. i. 76, seq. Homer is said to have written a poem called *Ἐπικικλίδες*, because when he sung it to the boys they rewarded him with thrushes. In consequence of the estimation in which these birds were held *κικλίζω* "to feed on thrushes," came to signify "to live luxuriously."—Payne Knight, Prolegg. ad Hom. p. 8.

cacies of the ancients, generally at grand entertainments formed part of the propoma, or first course, and was eaten with little cakes, called ametiskoi. If we may credit Epicharmos, a decided preference was given to such as fed on the olive. Aristotle divides the thrush into three species, the first and largest of which he denominates *Ixophagos*, or the "mistletoe-eater;" it was of the size of a magpie. The second, equal in bigness to the black bird, he calls *Trichas*,¹ and the third, and smallest kind, which was named *Ilas* or *Tulas*, according to Alexander, the Myndian, went in flocks, and built its nest like the swallow.² Next in excellence to the thrush was a bird known by a variety of names, *elaios*, *pirias*, *sycalis*,³ the *becafico* of the moderns, which was thought to be in season when the figs were ripe. They likewise ate the turtle and the ringdove,⁴ which are excellent in Egypt; the chaffinch, to whose qualities I cannot bear testimony; and the blackbird. Nor did they spare the starling, the jackdaw, or the *strouthanion*, a small bird for which modern languages cannot afford a name. Brains were thought by the ancient philosophers an odious and cannibal-like food, because they are the fountain of all sensation; but this did not prevent the gourmands from converting pigs' brains into a dainty dish,⁵ and their taste has maintained its ground in Italy. Partridges, wood-pigeons, geese, quails, jays, are also enumerated among the materials of an Hellenic banquet.

¹ The red-winged thrush, well known to sportsmen in hard weather.

² *Athen.* ii. 68.

³ *Arist. Hist. Anim.* viii. 3. p. 221. ix. 49. p. 305. Bekk.

⁴ The turtle and the wood-pigeon are found in the woods and thickets. Among the larks, I

observed the crested lark to be the most frequent species, with a small sort, probably the *alauda campestris* of Linnæus. Black-birds frequent the olive grounds of *Pendeli*. — *Sibth. in Walp. Mem.* i. 76.

⁵ *Athen.* ii. 69—72.

Goose's liver was in extreme request both at Rome and Athens.¹ Another dainty was a cock served up with a rich sauce, containing much vinegar. Aristophanes speaks of the pheasant in his comedy of the Birds; and, again, in the Clouds, Athenæus rightly supposes him to mean this bird, where others imagine he alludes to the horses of the Phasis. Mnesilochos, a writer of the middle comedy, classes a plucked pheasant with *hen's milk*, among things equally difficult to be met with, which shows that the bird had not then become common. It obtained its name from being found in immense numbers about the embouchure of the Phasis, and the bird was evidently propagated very slowly in Greece and Egypt, since we find Ptolemy Philadelphos, in a grand public festival at Alexandria, exhibiting it, among other rarities, such as parrots, peacocks, guinea-fowl, and Ethiopian birds in cages.²

Among the favourite game of the Athenian gourmands was the Attagas,³ or francolin, a little larger than the partridge, variegated with numerous spots, and of common tile colour, somewhat inclining to red. It is said to have been introduced from Lydia into Greece, and was found in extraordinary abun-

¹ See the fragment of Eubulos's Garland-Seller, in Athen. ix. 33.

² Athen. ix. 38.

³ No bird appears to have puzzled commentators more than the *attagas*, some supposing it to be the *francolin*, or grouse, which is Schneider's opinion; others, as Passow, the *hazel-hen*; others, again, as Ainsworth, consider it to have been a delicious bird, resembling our wood-cock, or snipe. Mr. Mitchell's edit. of the Acharnæ of Aristophanes, 783.—This learned writer professes not to understand what Schneider means by *francolin*. The word in Ita-

lian is *francolino*, as appears from Bellon. v. 6: Les Italiens ont nommé cet oiseau Francolin, que parcequ'il est franc dans ce pays, c'est-à-dire, qu'il est defendu au peuple d'en tuer: il n'y a que les princes qui aient cette prérogative.—Valmont de Bomare, ii. 739.—Hardouin thinks, that the Attagas is the *gallina rustica*, or *gelinotte de bois*, which Laveaux explains to be a sort of partridge.—Cf. Dict. Franç. in voce, and Plin. Hist. Nat. xi. 68. ed. Franz. Cf. Schol. Aristoph. Vesp. 257. This bird was plentiful about Marathon, Pac. 249.

dance in the Megaris. Another of their favourites was the porphyrion, a bird which might with great advantage be introduced into many countries of modern Europe, since it was exceedingly domestic, and kept strict watch over the married women, whose *faux pas* it immediately detected and revealed to their husbands, after which, knowing the revengeful spirit of ladies so situated, it very prudently hung itself. It is no wonder, therefore, that the breed has long been extinct, or that the remnant surviving has taken refuge in some remote region, where wives require no such vigilant guardians. In the matter of eating it agreed exactly with Lord Byron, loving to feast alone, and in retired nooks, where none could observe. Aristotle describes this half fabulous bird as unwebfooted, of blue colour, with long legs, and red beak. The porphyrion was about the size of a cock, and originally a native of Libya, where it was esteemed sacred.¹

Another bird common in Greece, but now no longer known, was the porphyrus, by some confounded with the foregoing. Of the partridge, common throughout Europe, we need merely remark, that both the gray and the red (the *bartavelle* of the French) were common in Greece.

If we pass from the poultry to puddings and soups,² we shall find that the Athenians were not ill-provided with these dainties. They even converted gruel into a delicacy,³ and it is said, that the best was made at Megara. They had bean soup, flour soup, ptisans made with pearl-barley or groats.⁴ We hear, also, of a delicately-powdered dish or soup

¹ Athen. ix. 40. Aristoph. Hist. Anim. i. 17. viii. 6.

² Schol. Aristoph. Eq. 103.

³ Schol. Aristoph. Eq. 803.— It was thought, also, to deserve a place among the offerings to Asclepius, especially by pious old women, who, having lost their

teeth, could eat nothing else. In lieu of the classical name of *ἀθήρα*, this gruel obtained, in the dialect of the common people, the more homely designation of *κουρκούτη*. Schol. Plut. 673.

⁴ Athen. iii. 101. iv. 30.

which was sprinkled over with fine flour and olives. The polphos, evidently *soupe à la julienne*, is said, by some, to have been composed of scraped roots, vegetables, and flour. Others take it to mean a sort of made-dish, resembling macaroni or vermicelli. Another kind of soup was the *kidron*, which, according to Pollux,¹ they made of green wheat, roasted and reduced to powder.

There was one dish fashionable among the ancient Greeks mistaken by our neighbours, the French, for plum-pudding, which is still found in perfection in the Levant, where I have many times eaten of it. Julius Pollux² has preserved the recipe for making it, and we can assure our gourmands, that nothing more exquisite was ever tasted, even in the best café of the Palais Royal. They took a certain quantity of the finest clarified lard, and, mixing it up with milk until it was quite thick, added an equal portion of new cheese, yolks of eggs, and the finest flour. The whole rolled up tight in a fragrant fig-leaf, was then cooked in chicken-broth, or soup made with kid's flesh. When they considered it well done, the leaf was removed and the pudding soured in boiling honey. It was then served up hissing-hot. All the ingredients were used in equal proportions, excepting the yolks of eggs, of which there was somewhat more than of anything else, in order to give firmness and consistency to the whole.³

Black puddings, made with blood, suet, and the other materials now used were also common at Athens.⁴ Mushrooms and snails were great favourites; and Poliochos speaks of going out in the dewy mornings in search of these luxuries.⁵ In spring, before the arrival of the swallow, the nettle

¹ Onomast. vi. 62.—Made usually from panic seed in Caria.—Schol. Aristoph. Pac. 580, et Eq. 803. Cf. Gouquet, Origine des Loix, i. 212.

² Onomast. i. 237. vi. 57, 69.

³ Vid. Schol. Arist. Eq. 949. Acharn. 1066.

⁴ Aristoph. Eq. 208.

⁵ Athen. ii. 19.

was collected and eaten, it being then young and tender.¹ Leeks, onions, garlic, were in much request, the last particularly, which grew in great plenty in the Megarean territory, and hence, perhaps, the inhabitants were accounted hot and quarrelsome, garlic being supposed to inspire game, even in fighting cocks, to which it was accordingly given in great quantities.²

Among the herbs eaten by his countrymen, Hesiod enumerates the mallow,³ and the asphodel, which are likewise said by Aristophanes to have constituted a great part of the food of the early Greeks. Gœtting, therefore, not without reason, wonders that Pythagoras should have prohibited the use of the mallow. Lupines, pomegranates, horse-radish, the dregs of grapes and olives, all of which entered into the material of an Attic entertainment, were commonly cried about the streets of Athens.⁴ But these edible lupines, (*θέρμοι*) still eaten by the Egyptian peasantry and the poor generally throughout the Levant, must be distinguished from the common species. An anecdote of Zeno, of Cition, will illustrate the character of this kind of pulse, with which the philosopher was evidently familiar. Being one day asked why, though naturally morose, he became quite affable when half-seas-over: "I am like the lupine," he replied, "which, when dry, is very bitter, but perfectly sweet and agreeable after it has been well soaked."⁵ Kidney-beans, too, were in much request, and pickled olives, slightly flavoured with fennel.

The radish⁶ was esteemed a great delicacy, par-

¹ Aristoph. Eq. 422. Brunck.

² Aristoph. Pac. 503.

³ Cf. Lucian. Amor. § 33.

⁴ Cf. Arist. Acharn. 166. Eq. 493. Athen. xiii. 22.

⁵ This is as good as the reply of an English labourer who, being reproached for babbling in his

drink, replied, "Sir, I am like a hedgehog—when I'm wet I "open."

⁶ Hesiod. Oper. et Dies, 41. ed. Gœtting. Aristoph. Plut. 543. Brunck. — Lobeck. Aglaoph. p. 899.

ticularly that of Thasos and Bœotia. And the seeds of the ground-pine,¹ still eaten as a dessert in Italy, entered, in Greece, also into the list of edible fruits.² The tree, I am informed, has been introduced into England, but I have nowhere seen its fruit brought among pears, walnuts, and apples, to table. Hen's milk has already been spoken of among the good things of Hellas;³ but lest the reader should suspect us of amusing him with fables, it should be explained, that the white of an egg was so called by Anaxagoras.⁴ Eggs of all kinds were much esteemed. Sometimes they were boiled hard, and cut in two with a hair; but, many writers, confounding ἄα, the berries of the service-tree, with ᾠὰ, eggs, have imagined that the Athenians, in the capriciousness of their culinary taste, actually ate pickled eggs, an idea which stirs to the bottom the erudite bile of David Ruhnken.⁵ Generally, eggs were eaten soft, as with us, or swallowed quite raw. Those of the pea-hen were considered the most delicate; next to these, the eggs of the chenalopex bergander, or Egyptian goose, and, lastly, those of the hen. This, at least, is the opinion of Epicrates and Heracleides, of Syracuse, in their treatises on cookery.⁶

As when an entertainment was given the host necessarily expected his guests to make a good dinner, they usually commenced the business of the day with an antecœnium or whet, consisting of herbs of the sharpest taste. At Athens, the articles which generally composed this course were colewort, eggs, oysters, œnomel,—a mixture of honey and wine—all supposed to create appetite.⁷ To these even in later

¹ The kernels of the stone-pine are brought to table in Turkey. They are very common in the kitchens of Aleppo.—Russell ap. Walp. Mem. i. 236.

² Tim. Lex. Platon. v. στέμ-φυλα, p. 239. Ruhnken. Athen. ii. 45.

³ Schol. Aristoph. Vesp. 505.

⁴ Athen. ix. 37.

⁵ Not. ad Timæi Lex. Plat. p. 189. Cf. Platon. Conviv. Oper. iv. 404. Bekk. Athen. ii. 50.

⁶ Athen. ii. 50.

⁷ Potter, Archæol. Græc. iv. 20. Stuck. Antiq. Conviv. iii. 11. Petron. Satyr. § 31. 33.

times were added the mallow and the asphodel, king's-spear or day-lily, gourds,¹ melons, cucumbers. The melons of Greece are still delicious, and famous as ever in the Levant. Antioch was celebrated for its cucumbers, Smyrna for its lettuces. Mushrooms were always a favourite dish;² and they had receipts for producing them, which even now, perhaps, may not be wholly unworthy of attention.

The use, however, of this kind of food was always attended with great danger, there being comparatively few species that could be safely eaten. Persons were frequently poisoned by them, and a pretty epigram of Euripides has been preserved, commemorating a mother and three children who had been thus cut off, in the island of Icaros :

Bright wanderer through the eternal way,
Has sight so sad as that which now
Bedims the splendour of thy ray,
E'er bid the streams of sorrow flow?
Here, side by side, in death are laid
Two darling boys, their mother's care;
And here their sister, youthful maid,
Near her who nursed and thought them fair.³

Diocles, of Carystos, enumerates among wholesome vegetables the red beet, the mallow, the dock, the nettle, orach, the bolbos, or truffle, and the mushroom, of which the best kinds were supposed to grow at the foot of elm and pine trees.⁴

The sion⁵ (*sium latifolium*), another of their vegetables, is a plant found in marshes and meadows, with the smallage.⁶

Another plant, of far greater celebrity, was the Silphion,⁷ once extremely plentiful in Cyrenaica, as

¹ The *σίκυα*, or long Indian gourd, so called because the seed was first brought from India to Greece. Athen. ii. 53.

² Schol. Aristoph. Nub. 189. 191. Eccles. 1092. Theoph. Hist. Plant. vii. 13. 8. Dioscor. ii.

200, seq. Athen. xii. 44. 70. Plin. Hist. Nat. xix. 11.

³ Athen. ii. 57.

⁴ Athen. ii. 57. 59.

⁵ Plin. Hist. Nat. xix. 11. Schol. Aristoph. Nub. 191. 199.

⁶ Dioscorid. ii. 154.

⁷ Sch. Aristoph. Eq. 891.

also, though of an inferior quality, in Syria, Armenia, and Media, but afterwards so rare as to be thought extinct. Besides being used in seasoning soups and sauces, and mixed with salt for giving a superior flavour to meat, its juice occupied a high place among the materia medica.¹ A single plant was discovered in the reign of Nero, and sent to Rome as a present to the Emperor. Its seed, according to Pollux,² was called *magudaris*, its root *silphion*, the stem *caulos*, and the leaf *maspeton*. Be this as it may, it communicated to the sauces in which it was infused a pungent and somewhat bitter taste, and was in no favour with Archestratos.³

We come now to the fruit,⁴ and shall begin with that which was the pride of Attica, the fig.⁵ According to traditions fully credited in Athens, figs were first produced on a spot near the city, on the road to Eleusis, thence called *Hiera Sukeè*, "the sacred fig-tree."⁶ Like its men, the figs of Attica were esteemed the best in the world, and to secure an abundant supply for the use of the inhabitants it was forbidden to export them. As might have been expected, however, this decree was habitually contravened, and the informers against the delinquents were called *sycophants*, that is, "revealers of figs,"⁷ a word which has been adopted by most modern languages to signify mean-souled, dastardly persons, such as informers always are. The fig-tree of Laconia was a dwarfed species, and its fruit, according to Aristophanes,⁸ sa-

¹ It is called *laser*, Plin. Hist. Nat. xix. 15. Hard. But Philoxenos, in his Glossary, writes *λάσαριον*. Idem. See Dioscorid. iii. 76; and Strabo, xi. 13. t. ii. p. 452. Cf. Ezek. Spanh. Diss. iv. De Usu et Præstant. Numism. p. 253, sqq. Brotier, in his notes on Pliny, observes, on the authority of Le Maire, that the Silphion is still found in the neighbourhood of Derné, where it is called *cefie* or *zerra*.

² Onomast. vi. 67.

³ Ap. Athen. ii. 64.

⁴ Plat. Tim. t. vii. p. 119. Bruyerin. de Re Cib. l. xi. p. 447, sqq.

⁵ At present the green fig is esteemed insipid in Greece. Hobhouse, Travels, i. 227.

⁶ Athen. iii. 6. Meurs. Lect. Att. v. 16. p. 274.

⁷ Athen. iii. 6.

⁸ Fragm. Γεωργ. iv. t. ii. p. 268. Bekk.

voured of hatred and tyranny, like the people themselves.

There is no kind of fig,
Whether little or big,
Save the Spartan, which here does not grow ;
But this, though quite small,
Swells with hatred and gall,
A stern foe to the Demos, I trow.¹

Aristophanes, in Athenæus, speaking of fruit, couples myrtle-berries with Phibaleian figs.²

According to the ancients, there were certain sorts of fig-trees that bore twice, thrice, and even four times, in the year. Sosibios, the Laconian, attributing the discovery of the fig to Bacchos, observes, that for this reason the god was, at Sparta, worshiped under the name of *Sukites*. Andriscos, however, and Agasthenes, relate that this divinity obtained the name of Meilichios, "the gracious," among the Naxians because he taught them the use of figs. To eat figs at noon was regarded as unwholesome; and they were at all times supposed to be highly prejudicial to the voice, for which reason singers should carefully eschew them.³

The apples of Delphi enjoyed great celebrity, and probably, therefore, were mild, since these were thought superior, or at least more wholesome, than sharp ones. Quinces they esteemed still more salubrious than apples, and, during certain public rejoicings, this fruit, handfuls of myrtle-leaves, crowns of roses and violets, were cast before the cars of their princes and other great men.⁴ The Greeks loved to connect something of the marvellous with whatever they admired. To the quince they attributed the honour of being a powerful antidote, observing that even the Phariac poison, though of extremely rapid operation, lost its virulence if poured into any vessel which had held quinces and retained their odour.⁵ According to

¹ Athen. iii. 7.

² See Schol. Aristoph. Acharn.
707.

³ Athen. iii. 19.

⁴ Stesich. ap. Athen. iii. 20.

⁵ Athen. iii. 21.

Hermon, in his Cretic Glossaries, the quince was called Kodumala, in Crete. Sidoüs, a village of Corinthia, was famous for its fine apples; and even Corinth itself, the "windy Ephyre" of Homer, produced them in great perfection.

"O where is the maiden, sweeter far
Than the ruddy fruits of Ephyre are?
When the winds of summer have o'er them blown,
And their cheeks with autumn's gold have been strown!"¹

Another favourite fruit was the peach, introduced from Persia into Greece.² The citron, too, though supposed by some not to have been known to the ancient inhabitants of Hellas, perfumed in later ages the tables of the Greeks with its delicious fragrance. This is the fruit which, according to King Juba, was called in Africa "the apple of the Hesperides," a name bestowed by Timachidas on a rich and fragrant kind of pear called *epimelis*. The oldest Greek writer who has described the citron tree is Theophrastus,³ who says it was found in Persia and Media. Its leaf, he observes, resembled that of the laurel, the strawberry tree, or the walnut. Like the wild pear tree, and the oxyacanthos, it has sharp, smooth, and very strong prickles. The fruit is not eaten, but together with the leaves exhales a sweet odour, and laid with cloths in coffers protects them from the moth. The citron tree, is always covered with fruit, some ripe and fit to be gathered, others green, with patches of gold; and, in the midst of these, are other branches covered thick with blossoms. It now forms the fairest ornaments of the gardens of He-liopolis, where it shades the Fountain of the Sun.

¹ Antigonos Carystios, ap. Athen. iii. 22.

² Vict. Var. Lect. p. 892.

³ Hist. Plantarum, iv. 4.2. The orange attains great perfection in

Crete. Mr. Pashley speaks of twelve different kinds, and nearly as many sorts of lemons. Travels, i. 96, seq.

Antiphanes observes, in his Bœotian, that it had only recently been introduced into Attica :

- A. 'Twould be absurd to speak of what 's to eat,
As if you thought of such things ; but, fair maid,
Take of these apples.
- B. Oh, how beautiful !
- A. They are, indeed, since hither they but lately
Have come from the great king.
- B. By Phosphoros !
I could have thought them from the Hesperian bowers,
Where th' apples are of gold.
- A. There are but three.
- B. The beautiful is no where plentiful.¹

Athenæus, after quoting the testimony of poets, relates a curious anecdote *à propos* of citrons, which I shall here repeat : it has, probably, some reference to the secret of the Psylli. An opinion, it seems, prevailed in Egypt, that a citron eaten the first thing in the morning was an antidote against all kinds of poison, whether taken into the stomach, or introduced by puncture into the blood, and the notion arose out of the following circumstance. A governor of Egypt, in the time of the Emperors, had condemned two criminals to be executed, in obedience to custom, by the bite of an asp. They were, accordingly, led in the morning towards the place of execution, and on the way the landlady of an inn, who happened to be eating citrons, compassionating their condition, gave them some which they ate. Shortly afterwards they were exposed to the hungry serpents, which immediately bit them, but instead of exhibiting the usual symptoms followed by death, they remained uninjured. At this the governor marvelled much,

¹ Ap. Athen. iii. 27. Mitford, Hist. Greece, i. 154, note 59, misled by Barthelemy (Anacharsis, ch. 59) confounds Antiphanes, the comic poet, born B. C. 407 (Clinton, Fast. Hellen. ii. 81) with

Antiphon, the master of Thucydides, born B. C. 479, and who died in the year 411, four years before the birth of Antiphanes.—Clinton, ii. 31, 37.

and at length demanded of the soldier who guarded them, whether they had taken anything previously to their arrival. Learning what had happened he put off the execution to the following day, and ordering a citron to be given to one and not to the other, they were once more exposed to the bite of the asp. The wretch who had eaten nothing died soon after he was bitten, but the other experienced no inconvenience. Similar experiments were several times afterwards made by others, until it was at length ascertained that this exquisite fruit is really an antidote against poisons.¹

Another fruit of which great use was made, was the damascene plum, sometimes confounded with the brabylon. The cherry,² introduced into Italy by Lucullus, was known to the Greeks³ at a much earlier period, and is described by Theophrastus. The wild service berry,⁴ the dwarf cherry, the arbutus fruit, and the mulberry, formed part of their dessert. Even the blackberry, when perfectly ripe, was not disdained.⁵ In fact, both the mulberry and blackberry were esteemed a preventive of gout, and an ancient writer relates, that this kind of fruit having failed during a period of twenty years, that disease prevailed like an epidemic, attacking persons of both sexes and all ages, and extending its ravages even to the sheep and cattle.

Filberts, walnuts, and almonds,⁶ deservedly held

¹ Athen. iii. 28.

² Theoph. Hist. Plant. iii. 13, 1.

³ It was spoken of by Xenophanes in his treatise *περι φύσεως*. Poll. vi. 46. Now this philosopher was born about the 40th Olympiad, 620 B. C.—Clinton, Fast. Hellen. ii. sub an. 477.

⁴ The berry of the cedar, about the same size as that of the myrtle, had a pleasant taste, and was commonly eaten.—Theoph. Hist. Plant. iii. 12. 3.

⁵ Athen. ii. 33—37. A dainty of a very peculiar character is sometimes seen on the tables of the modern Greeks. "We were served also with some *φασκομῆλια*, or sage apples, the inflated tumours formed upon a species of sage, and the effect of the puncture of a cynops."—Sibth. in Walp. Mem. t. i. p. 62. Cf. Sibth. Flor. Græc. t. i. pl. 15.

⁶ Theoph. Hist. Plant. i. 11. 2.

a high place in the estimation of the ancients. Of almonds, the island of Naxos had the reputation of producing very excellent ones, and those of Cypros also enjoyed considerable reputation. These latter were longer in form than the former; like pickled olives they were eaten at the commencement of a repast, for the purpose of producing thirst; and bitter almonds were considered a preservative against intoxication, as we learn from an anecdote of Tiberius's physician, who could encounter three bottles when thus fortified, but easily succumbed if deprived of his almonds. This fruit being extremely common in Greece, they had their almond-crackers, as we have our nut-crackers, which at Sparta were called *moucerobatos* but *amygdalocatactes* in the rest of Greece.¹

The larger kind of chestnut, sometimes denominated the "acorns of Zeus," appears to have been introduced into Greece from the countries round the Pontos Euxinos, where they were produced in great abundance, particularly in the environs of Heraclea. There was, likewise, a sort of chestnut imported from Persia, and another from the neighbourhood of Sardes, in Lydia. Both these and the walnut were considered indigestible; but not so the almond, of which it was thought great quantities might be eaten with impunity.² The best kinds were produced in Thasos and Cypros, and, when freshly gathered, the almonds of the south are, undoubtedly, of all fruit, the most delicate. The walnuts and chestnuts of Eubœa, in the opinion of Mnestheos, were difficult of digestion, but fattening; and no one can have frequented the eastern shores of the Mediterranean without observing what an important article of food, and how nourishing, they are.³ The pistachio nut, produced from a tree

¹ Athen. ii. 40.

42. Cf. Hippocrat. de Morb. ii. p. 484. Foës.

² Dioscorid. i. 176. Athen. ii.

³ Athen. ii. 43.

resembling the almond-tree, was imported from Syria and Arabia.¹ The *persea*, now no longer known, but supposed to be represented on the walls of the Memnonium,² at Thebes, is, also, said, by Poseidonios, the stoic, to have grown in Arabia and Syria, and I brought home a quantity of leaves, preserved in an Egyptian coffin, which are, probably, those of this tree. Pears, which were brought to table floating in water,³ and service-berries, were grown in great perfection in the island of Ceos, and Bœotia was famous for its pomegranates.⁴

Speaking of this fruit, which the Bœotians call *sidè*, Agatharchides relates the following anecdote: A dispute arising between the Athenians and Bœotians, respecting a spot called *Sidè*, situated on the borders, Epaminondas, in order to decide the question, took out a pomegranate from under his robe, and demanded of the Athenians, what they called it. "*Rhoa*," they replied. "Very good," said Epaminondas; but we call it *Sidè*, and, as the place "derives its name from the fruit which grows there "in abundance, it is clear the land must belong to "us." And it was decided in favour of the Bœotians.⁵

¹ Athen. xiv. 61.

² We find that the *Persea* grew, likewise, in the island of Rhodes, but there, though flowers came, it produced no fruit.—Theoph. Hist. Plant. iii. 3, 5. For a full description of the tree see iv. 2, 5, and Cf. Caus. Plant. ii. 3, 7.—In its original country, Persia, the fruit of this tree is said to have been poisonous, for which reason the companions of Cambyses carried along with them numerous young trees, which they planted in various parts of Egypt, that the inhabitants, eating of the fruit, might

perish. But, through the influence of soil and climate, the nature of the *Persea* was wholly changed, and, instead of a harsh and fatal berry, produced delicious fruit.—Ælian. de Nat. Animal. ap. Schneid. ad Theoph. Hist. Plant. iv. 2, 5. t. iii. p. 284.—Cf. Athen. xiv. 61.—Schweigh. Animadv. t. xii. p. 585. Plin. xv. 13. xvi. 46.

³ Athen. xiv. 63.

⁴ The best pomegranates, however, were grown in Egypt and Cilicia.—Theoph. Caus. Plant. ii. 13. 4.

⁵ Athen. xiv. 64.

We have already observed, that the palm-tree flourished and produced dates in Greece, particularly in Attica and Delos;¹ but it is clear, from a remark of Xenophon, that these dates were small and of an inferior quality; for, speaking of the productions of Mesopotamia, he says, that they set aside for the slaves such dates as resembled those produced in Greece, while the larger and finer kinds,² which were like amber in colour, they selected for their own use. They were also dried, as they still are in the East, to be eaten as a dessert, at other seasons of the year. From which we learn, that the black date, which is larger and finer than the yellow, was not then cultivated in Persia. But neither dates, nor any other fruit, could compare with the grape, which is found in perfection in almost every part of Greece, where, as in Burgundy and, I presume, in the rest of France, the law regulated the period of the vintage, prohibiting individuals from gathering their grapes earlier under a heavy penalty.³ The best kind of grape in Attica, like that of the *Clos Vougeot* in Burgundy, was the *Ni-kostrateios*, supposed to be unrivalled for excellence, though the Rhodians pretended, in their *Hipponion*, to possess its equal.⁴

From the grape we pass naturally to wine, which has of itself formed the subject of many treatises. It will not, therefore, be expected that we should enter into very minute details; though, if we are sparing, it will certainly not be for want of materials. D'Herbelot⁵ relates an oriental tradition which at-

¹ Theoph. Char. pp. 33, 233. Casaub. A very fine palm-tree is at present growing in one of the principal streets of Athens.—Blackwood's Magazine, April, 1838.

² Pollux. i. 73. Herod. i. 28, 172, 193. ii. 156. iv. 172, 183.

³ Plato de Legg. t. viii. p. 106. Bekk. Athen. xiv. 68.

⁴ Athen. xiv. 68. Cf. Bruyerin. de Re Cibaria, xi. 447, sqq.

⁵ Bibliothèque Orientale, Article Giamschid.

tributes the invention of wine to the ancient Persian monarch Giamshid; and Bochart, with some show of ingenuity, attributes to Bacchos, the Grecian inventor and god of wine, an origin which would confound him with the founder of Babylon.¹ A very celebrated wine, called *nectar*, is said to have been produced in the neighbourhood of that city.² But, according to Theopompos, it was the inhabitants of Chios who first planted and cultivated the vine, and from them the knowledge was transmitted to the other Greeks.³

Theophrastus⁴ relates that, in the territory of Heraclea, in Arcadia, there was a wine which rendered men insane and women prolific.⁵ In the environs of Cerynia, in Achaia, grew a vine, the wine of which blasted the fruit of the womb, nay, the very grapes were said to possess a similar quality.⁶ At Thasos were two kinds of wine, of which the one caused stupefaction, while the other was in the highest degree exhilarating.⁷ The wine called *anthosmias*,⁸ according to Phantias of Eresos, was produced by mixing one part of salt-water with fifty parts of wine, and it was considered best when made with the grapes of young vines. The comic poets are eloquent in praise of the wines of Thasos, particularly of that mixed sort, of most agreeable flavour, which was drunk in their Prytaneion. Theophrastus⁹ gives the recipe for making it. They threw, he says, into the jars, a small quantity of flour kneaded with honey, the latter to impart a sweet odour to the wine, the former mildness. A similar

¹ Geog. Sacr. I. ii. 13.

² Chæreas. ap. Athen. i. 58.

³ Athen. i. 47.

⁴ Hist. Plant. ix. 18. 10, seq.

In Athenæus, instead of Heraclea, we find Heræa, i. 57. Cf. Ælian. Var. Hist. xiii. 6.

⁵ The same effect was attributed to the waters of a fountain flowing near a temple of Aphro-

dite upon Mount Hymettos.—Chandler, ii. 164.

⁶ Plin. Hist. Nat. xiv. 18.

⁷ Athen. i. 57.

⁸ Ὁ ἀνθέων ὄσμην ἔχων οἶνος.—Ety. Mag. 108. 41. Cf. Suid. v. ἀνθοσμίας. t. i. p. 289. b. Aristoph. Plut. 808. Ran. 1181.

⁹ De Odor. 51.

effect was produced by mixing up hard inodorous wine with one which was oily and fragrant.¹

The wines of Cos, Myndos, and Halicarnassos, being thought to temper the crudity of rain and well-water, were, therefore, like all others containing a quantity of salt-water, in great request at Athens and Sicily, where the springs were harsh. The Mareotic wine² was made from vineyards on the banks of the lake Mareotis, where the present Pasha has his gardens, in the vicinity of Marea, once a place of considerable importance, but now a small village. Attempts, however, have been made by M. Abro, an Armenian, once more to cover the ancient sites with vineyards, several acres of ground being planted with cuttings imported from the great nursery grounds at Chambéry, in Savoy.

The town of Marea derived its name, according to tradition, from Maron,³ a person who accompanied Bacchos in his military expedition, and, in honour of its founder, surrounded itself with the fruit-tree most agreeable to that god. The grapes here produced were delicious, and the wine, slightly astringent and aromatic, had an exquisite flavour. The Mareotic was white, of delicate taste, light, sparkling, and by no means heady. The best sort was the Tæniotic, so called from the *tania*, "sandy eminences," on which the vineyards were situated. This wine, in its pure state, had a greenish tinge, like the Johannisberg, and was rich and unctuous; but, mingled with water, it assumed the colour of Attic honey. By degrees the vine grew to be cultivated along the whole course of the Nile,⁴ but its produce differed greatly in different places, both in colour and quality. Among the best was that of Antylla, a city near Alexandria,

¹ Athen. i. 56. — Cydonia, in Crete, is conjectured, by Mr. Pashley, to have produced a good wine.—Travels in Crete, i. 23, seq.

² Athen. i. 59.

³ Idem, i. 60. Horat. Carm. i. 37. 14.

⁴ The cultivation of the vine

appears to have flourished in Egypt down to the reign of the Caliph Beamrillah, who commanded all the vineyards both in the valley of the Nile and in Syria to be utterly destroyed. Maured Allatafet Jemaledini, p. 7.

the revenues arising from which the ancient kings of Egypt, and afterwards those of Persia, settled on their queens for their girdle. The wines of the Thebaid, particularly those made about Koptos, were so extremely light as to be given even in fevers, as, moreover, they passed quickly, and greatly promoted digestion.¹

According to Nicander of Colophon, the word *οἶνος*, "wine," was derived from the name of *Oineus*, who having squeezed out the juice of the grape into vases, called it, after his own name, *wine*. Diphilos,² the comic poet, gives us, however, something better than etymologies in that burst of Bacchic enthusiasm in which, in verses fragrant as Burgundy, he celebrates the praises of the gift of Dionysos :

" Oh ! friend to the wise, to the children of song,
Take me with thee, thou wisest and sweetest, along ;
To the humble, the lowly, proud thoughts dost thou bring,
For the wretch who has thee is as blythe as a king ;
From the brows of the sage, in thy humorous play,
Thou dost smooth every furrow, every wrinkle away ;
To the weak thou giv'st strength, to the mendicant gold,
And a slave warmed by thee as a lion is bold."

Nectar, the poetical drink of the gods, was a sort of wine made near Olympos in Lydia, by mingling with the juice of the grape a little pure honey and flowers of delicate fragrance. Anaxandrides, indeed, regards the nectar as the food of the immortals, and ambrosia as their wine ; in which opinion he is upheld by Alcman and Sappho. But Homer and Ibycos take an opposite view of the matter.³

Alexis speaks of those who are half-seas-over as much addicted to reasoning. Nicanetus⁴ considers wine as the Pegasus of a poet, mounted on the wings of which like Trygæos on his beetle he soars "to the bright heaven of invention." At the

¹ Athen. i. 60.

³ Athen. ii. 8.

² Idem, ii. 1, where are collected many other etymologies and curious fables.

⁴ Or Nicarchos. Anthol. Græc. xiii. 29. Athen. ii. 9.

port of Munychia, too, good wine was held in high estimation; indeed, the honest folks of this borough, with small respect for the water nymphs, paid particular honour to the hero *Acratopotes*, that is, in plain English, "one who drinks unmixed wine." Even among the Spartans,¹ in spite of their cothons, and black broth, certain culinary *artistes* set up in the Phydition, or common dining-hall, statues in honour of the heroes *Matton* and *Keraon*, that is, the genii of eating and drinking. In Achaia, too, much reverence was paid to *Deipneus*, or the god who presides over good suppers.²

As the Greeks had a marvellous respect for wine they, like the German paper enthusiast, almost appeared to imagine it could be made out of a stone. They had, accordingly, fig wine,³ root wine, palm wine, and so on; and their made or mixed wines were without number. There was scarcely an island or city in the Mediterranean that did not export its wines to Athens: they had the Lesbian, the Eubœan, the Peparethian, the Chalybonian, the Thasian, the Pramnian, and the Port wine. We have already observed, that wine was drunk mixed with flour,⁴ and in the island of Theræ it was thickened with the yolk of an egg. In the Megaris they prepared with raisins or dried grapes⁵ a wine called *passon*, in taste resembling the Ægosthenic sweet wine, or the Cretan malmsey. But, however exquisite the wines themselves, it was not thought enough in the summer months unless they were brought to table, cooled with ice or snow,⁶ which was accordingly the practice.

¹ Athen. ii. 9.

² Athen. ii. 9. Cf. x. 9.

³ Damm. 2224. βόιον. Athen. x. 67. Plato de Rep. t. vi. p. 144. Xenoph. Anab. p. 54. 138. Cyrop. p. 522. Plin. Hist. Nat. xiii. 4. Diod. Sic. ii. 136. On the οἶνος σικίτης vid. Foës. Cœcon. Hip. in v. Dioscorid. v.

40. Lotus wine. Theoph. Hist. Plant. iv. 3. 1. Herod. iv. 177. Athen. vii. 9—13.

⁴ Plato de Repub. t. vi. p. 144. Bekk. Athen. viii. 1. On the Pramnian cf. Athen. 1, 17.

⁵ Athen. x. 41.

⁶ Athen. x. 56.

CHAPTER V.

ENTERTAINMENTS.

HAVING now gone rapidly through the materials of which Grecian repasts consisted, it will next be necessary to describe the manner in which all these good things were disposed of, first to maintain the energy of the frame, and secondly, for mere pleasure and pastime. Locke, with many other modern philosophers, erroneously supposes the Greeks of remote antiquity to have been so abstemious as to content themselves with one meal per diem. But experience appears to have led all mankind on this point to much the same conclusion; viz., that health and comfort require men to eat at least thrice in the day,¹ which accordingly was the practice of the ancient Greeks, though Philemon and others enumerate four repasts. Our own ancestors, before the introduction of tea and coffee, appear to have been very well content with beer or ale for their morning's meal, so that we could not pity the Greeks even though it should be found that they had nothing better² than hot rolls, muffins, or crumpets, with strawberries, grapes, pears, and a flask of Chian or Falernian. But they soon found the necessity of some warm beverage; and though it does not appear how it was prepared, they had a substitute for tea,³ in use at Athens, in Eu-

¹ Æschyl. Palamed. fr. 168. Klausen. Comm. in Agamemnon. p. 136.

² In modern times a breakfast in the Troad often consists of grapes, figs, white honey in

the comb, and coffee.—Chandler, i. p. 37.

³ Athen. xi. 26, 50. Pollux. ix. 67, sqq. Schol. Aristoph. Acham. 643. Cf. Bœckh. Pub. Econ. of Athens, i. 140.

bœa, in Crete, and, no doubt, in all other parts of Greece. This meal, of whatever it consisted, was called *acratisma*, or *ariston*, and eaten at break of day.¹ Homer's heroes, whose business was fighting, just snatched a hasty meal, and hurried to the field; but at Athens, where people had other employments, they breakfasted early, to allow themselves ample time for despatching their affairs in the city, if they had any, and afterwards at their neighbouring farms or villas.² The second repast, *deipnon*, or dinner, seems to have been eaten about eleven or twelve o'clock: the *hesperisma*,³ equivalent to our tea, late in the afternoon, and the *dorpon*, or supper, the last thing in the evening. But of these meals two only were serious affairs, and the *hesperisma* was often dispensed with altogether. In fact, Athenæus, a great authority on this subject, considers it perfectly absurd to suppose, that the frugal ancients could have thought of eating so often as three times in one day.⁴

As the greater includes the less, instead of confining ourselves to the ordinary daily dinner of a Greek, we shall in preference describe their grand entertainments, introducing remarks on the former by the way. These repasts were divided into three classes, the public dinner, the pic-nic, and the mar-

¹ Which we may infer from a passage of Aristotle, *Hist. Anim.* vi. 8. where describing the habits of birds, he says, τῶν δὲ φαζῶν ἢ μὲν θήλεια ἀπὸ δειλης ἀρξαμένη τὴν τε νύχθ' ὄλην ἐπφάζει καὶ ἕως ἀκρατίσματος ὥρας, ὁ δ' ἄρῃν τὸ λοιπὸν τοῦ χρόνου.—One of the Homeric scholiasts is more explicit:—καὶ τὴν μὲν πρώτην ἐκάλουν ἀριστον, ἣν ἐλάμβανον πρώϊας σχεδὸν ἔτι σκοτίας οὔσης.—In *Iliad* β. 381. Cf. *Athen.* i. 19.

² Xenoph. *Œcon.* xi. 14.

³ Philemon, ap. *Athen.* i. 19. *Suid.* v. δειπνον t. i. p. 671. a. b.

⁴ *Deipnosoph.* v. 20.—τρισι δὲ οὐδέποτε οὔτε μνηστῆρες οὔτε μὴν κύκλωψ ἐχρῶντο τροφαῖς.—*Schol.* II. β. 381. Yet Athenæus i. 19. speaks in one place of a fourth repast in Homeric times.—τῆς δὲ τετάρτης τροφῆς οὕτως "Ὁμηρὸς μέμνηται—" σὺ δ' ἔρχεο δειλιήσας." ὁ καλοῦσί τινες δειλινὸν, ὁ ἐστὶ μεταξὺ τοῦ ὑφ' ἡμῶν λεγομένου ἀρίστου καὶ δειπνου.

riage feast. The last, so far as it had any peculiar features, has been described among the circumstances attending matrimony. We have, therefore, for the present, to do with two only; and, as the Greek contrived to throw much of his ingenuity into all matters connected with feasting and merry-making,* the discussion of this part of our subject should savour strongly of mirth and jollity.

The grand dinner,¹ which they called *eilapinè*, was generally given at the expense of an individual, and its sumptuousness knew no limit but the means of the host. Other kinds of feasts there were at which all the members of a tribe, a borough, or a fraternity, were entertained, not to speak for the present of the common tables of the Cretans, Spartans, or Prytanes of Athens. We now confine ourselves to those jovial assemblages of private citizens whose object in meeting was not so much the dinner, though that was not overlooked, as the elevation of animal spirits and flow of soul produced by the union of a thousand different circumstances.

When a rich man desired to see his friends around him at his board, he delivered to his *deipnocletor*,² a domestic kept for this purpose, a tablet, or as we should say, a card, whereon the names of the persons to be invited, with the day and hour fixed upon for the banquet, were inscribed. With brothers and other very near relations this ceremony was thought unnecessary.³ They came without invitation. So likewise did another class of men, who, living at large upon the public and lighting unbidden upon any sport to which they were attracted by the savour of a good dinner, were denominated⁴ Flies,

¹ On the subject of dining see Pollux, vi. 9, seq. with the notes of Jungermann, Kuhn, Hemsterhuis. &c.

² Athen. iv. 70. Aristoph. Concion. 648, et Schol.

³ For a further account of the

persons usually invited, see Athen. v. 4.

⁴ Plut. Sympos. vii. 6. Each guest was also followed by a footman who stood behind his master's chair and waited on him. Casaub. ad Theophr. Char. p. 219.

and occasionally SHADES or PARASITES. There was at one time a law at Athens, which a good deal nonplussed these gentlemen. It was decreed, that not more than thirty persons should meet at a marriage feast, and a wealthy citizen, desirous of "going the whole hog," had invited the full complement. An honest Fly, however, who respected no law that interfered with his stomach, contrived to introduce himself, and took his station at the lower end of the table. Presently the magistrate appointed for the purpose, entered, and espying his man at a glance, began counting the guests, commencing on the other side and ending with the parasite. "Friend," said he, "you must retire. I find there is one person "more than the law allows." "It is quite a mistake, sir," replied the Fly, "as you will find if you "will have the goodness to count again, beginning "on this side."¹ Among the Egyptians, who shrouded all their poetry in hieroglyphics, a *fly* was the emblem of impudence, which necessarily formed the principal qualification of a Parasite, and in Hume's² opinion is no bad possession to any man who would make his way in the world.

Archbishop Potter,³ in his account of Grecian entertainments, observes, upon the authority of Cicero

To persons of this description the guests delivered the presents that were made them, or if they happened to be bad characters, what they stole. Athen. iv. 2. Plut. Anton. § 28. Lucian. Conviv. seu Lapith. § 46. Rich men then as now were usually haunted by flatterers who would pluck off the burrs from their cloaks or the chaff which the wind wafted into their beards, and try to screw a joke out of the circumstance by saying, they were grown grey! Theoph. Char. c. ii. p. 7. If the patron joked, they would stuff their chlamys into their

mouths as if they were dying of laughter. In the street they would say to the person they met, "Stand aside, friend, and allow "this gentleman to pass!" They would bring apples and pears in their pocket for his little ones and be sure to give them in his sight, with great praise both of father and children.

¹ Athen. vi. 45, seq.

² Nothing, says this philosopher, carries a man through the world like a true genuine natural impudence. Essays, p. 9, quarto.

³ Antiq. iv. 19.

and Cornelius Nepos, that women were never invited with the men.¹ But in this, as has been shown in the proper place, he was misled by those learned Romans; for, in many cities and colonies of Greece, no banquet was given at which they were not present. Even at Athens, where women of character thought it unbecoming to mingle in the convivial revelries of the men,² in which wine constantly overleaps the boundaries of decorum, their place was supplied by hetairæ, whose polished manners, ready wit, and enlarged and enlightened understandings, recommended them to their companions, and caused the laxity of their morals to be forgotten.³ To proceed, however, with our feast: it will readily be supposed, that gentlemen invited out to dinner were careful to apparel themselves elegantly, to shave clean, and arrange their beards and moustachios after the most approved fashion of the day. Even Socrates, who cared as little as most people for external appearances, bathed, put on a pair of new shoes, brushed his chlamys, and otherwise spruced himself up when going to sup at Agathon's with Phædrus, Aristophanes, Eryximachos, and other exquisites. Even in Homeric times the bath was

¹ Plato giving directions for a marriage feast, observes, that five male and five female friends should be invited; along with these, five male and five female relations, who with the bride and bridegroom, with their parents, grandfathers, &c., would amount to 28. De Legg. vi. t. vii. Schweigh. ad Athen. t. vi. p. 60. Among the ancient Etruscans, who, if not Greeks, had many Greek customs, the women reclined at table with the men, under the same cover. Athen. i. 42.

² Isæus, De Pyrrh. Hered. § 2. That among the more simple and old-fashioned citizens of Athens,

however, men and women, when of the same family or clan, dined together, we have the testimony of Menander to prove. He introduces one of his characters, apparently a fop, observing that it was a bore to be at a family party, where the father, holding the goblet in his hand, first made a speech, abounding with exhortations: the mother followed, and then the grandmother prated a little. Afterwards stood up her father, hoarse with age, and his wife, calling him her dearest; while he mean time nodded to all present. Athen. ii. 86.

³ Athen. v. 6.

among the preliminaries to dinner, and guests arriving from a distance were attended through all the operations of the toilette by female slaves.¹ But this general ablution was not considered sufficient. On sitting down to table water was again presented to every guest in silver² lavers or ewers of gold. And since they ate with their fingers, as still is the practice in the Levant, it was moreover customary to wash the hands between every course,³ and wipe them,⁴ in remoter ages, with soft bread, which was thrown to the dogs, and in aftertimes with napkins. The Arcadians, however, about whose mountains all the old superstitions of Hellas clung like bats, found a very different use for the cakes with which they wiped their fingers. They supposed them to acquire some mystic powers by the operation, and preserved them as a charm against ghosts.⁵

But we are proceeding too fast, for the guests are scarcely within doors, and our imagination has jumped to the conclusion. To return then. Immediately on entering, and when the host had welcomed and shaken hands with all, such gentlemen as possessed beards⁶ had them perfumed over burning censers of frankincense, as ladies have their tresses on visiting a Turkish harem. The hands, too, after each lavation, were scented.⁷ Before sitting down to table,

¹ Odyss. δ. 48, sqq.

² Athen. ix. 27. In some luxurious houses wine mingled with spices was presented to the guests in lavers for the purpose of washing their feet. Plut. Phoc. § 20. In the palace of Trimalchio we find Egyptian servants pouring water, cooled with snow, on the hands of the guests. Petron. Satyr. p. 76.

³ Schol. Aristoph. Eq. 412.

⁴ Rich purple napkins were sometimes used. Sappho in Deipnosoph. ix. 79. These articles are still in the Levant elaborately embroidered.

⁵ Athen. iv. 31.

⁶ Hom. Odyss. γ. 33, seq. Athen. xv. 23. Similar customs still prevail in the Levant: "When we visited the Turks we were received with cordiality and treated with distinction. Sweet gums were burned in the middle of the room to scent the air, or scattered on coals before us while sitting on the sofa, to perfume our moustachios and garments, and at the door, at our departure, we were sprinkled with rose-water." Chandler, ii. 150. ⁷ Athen. ix. 77.

and while the cooks were peppering the soup, frying the fish, or giving the roast-meat another turn, politeness required the guests to take a stroll¹ in the picture-gallery and admire the exquisite taste of their entertainer in articles of *virtu*.² Here while the scent of the savoury viands found its way through every apartment, and set the bowels of the hungry parasites croaking, the rogues who had lunched well at home leisurely discussed the merits of Zeuxis or Parrhasios, of Pheidias or Polygnotos, or opened wide their eyes at the microscopic creations of that Spartan artist whose chisel produced a chariot and four that could be hidden under the wing of a fly. At length, however, the connoisseurs were interrupted in their learned disquisitions by the entrance of Xanthos, Davos, or Lydos, with the welcome intelligence that dinner was on the table.

But the appetites of the gourmands had still to encounter another trial.³ The Greeks were above all things a pious people, and regarded every banquet, nay, every meal, in the light of a sacrifice, at which the first and best portion should be offered as an oblation to the gods,⁴ with invocations and prayer, after which it was considered lawful to attend to their own appetites. An altar, accordingly, of Zeus stood in the midst of every dining-room, on which these ceremonies were performed, and libations of pure wine poured.⁵ This done, the guests

¹ Cf. Hom. Odys. δ. 43, sqq.

² Aristoph. Vesp. 1208. Athen. v. 6, where the splendid roofs and ornaments of the court are mentioned. These ornaments, *κρεκάδια*, whatever they were, must have been worth looking at. See the note of Casaubon, Animadv. in Athen. t. viii. p. 27, seq. Consult likewise the note on Aristophanes in Bekker's edition, t. iii. p. 606.

³ Athen. v. 7. Cf. Plat. Symp. t. iv. p. 376, et Xenoph. Conviv.

ii. 1. Schweigh. Animadv. in Athen. viii. p. 26, seq.

⁴ Casaubon mentions this as a thing *nota eruditis*. Ad Theoph. Charact. p. 232; but we must not on that account pass it over. Alexis poetically deplores the miseries of the half-hour before dinner. Athen. i. 42.

⁵ There was in great houses a person whose duty it was to assign each guest his place at table, *ὀνομακλήτωρ*, or nomenclator. Athen. ii. 29.

took their places, in the earlier ages on chairs, but afterwards, when they had become familiar with the East, on rich sofas, arranged round the board.¹ Occasionally, however, even so late as the age of Alexander,² princes and other great men chose to adopt the ancient custom, and, on one occasion, that conqueror himself entertained four hundred of his officers, when seats of wrought silver, covered with purple carpets, were provided for all.

The manner of reclining on the divans was not a little ludicrous. For, at the outset, while the appetite was keen, they stretched themselves flat upon their stomachs, in order, I presume, to command the use of both hands, and putting forward their mouths towards the table looked like so many sparrows with their open bills projecting over the nest. But this they could conveniently do only when they had a large space to themselves. When packed close, as usually they were, one man, the chief in dignity, throwing off his shoes,³ placed himself on the upper end of the divan, that is, next the host, reclining on one elbow supported by soft cushions. The head of the next man reached nearly to his breast,—whence in Scripture, the beloved disciple is said to recline on the bosom of Christ,⁴—while the feet of the first extended down behind him. The third guest occupied the same position with respect to the second, and so on until five individuals sometimes crowded each other on the same sofa.

As the heaven of the poets was but a colossal

¹ Plin. xxxiii. 51. xxxiv. 8.

² At most sumptuous entertainments *tasters* were employed who, as in the East, made trial of the dishes before the guests, lest they should be poisoned. These persons were called *ἑδέατροι* and *πρωθένται*. Athen. iv. 71.

³ Schol. Aristoph. Eq. 825.

⁴ John, xiii. 23. On the cushions, of which there was a great variety, see Pollux, vi. 9, where he reckons among them the *ὑπηρέσιον*, which Mitford confounds with the *ἄσκαμα*, or leathern bags which closed the row-port of war-galleys round the oar, to prevent the influx of sea-water.

picture of earth, we may, from the practice of the gods, infer what took place among mortals, even where supported by no direct testimony. Now, in Homer, we find gods and goddesses mingling freely together at the feast. Zeus takes the head of the table, next him sits his daughter Athena, while the imperial Hera, as Queen of Heaven, takes precedence of all the she Olympians, by placing herself at the head of the secondary divinities, directly opposite her husband. On one occasion we find Athena, the type of hospitality and politeness, yielding up her seat of honour to Thetis, because, as an Oceanid, she was somewhat of a stranger in Olympus.¹ Potter has discussed, with more learning than perspicuity, the question of precedence at table. To render the matter perfectly intelligible would require a plan of the dining-room; but wanting this, it may be observed, that in Persia the king, or host of whatever rank, sat in the middle, while the guests ranged themselves equally on both sides of him.

In Greece, the bottom of the table was the end next the door. Here no one sat, it being left open for the servants to bring in and remove the dishes. From this point, on either side, the seats augmented in value, and consequently the post of greatest honour was the middle of the other extremity.² There were those, however, who made no account of these matters, but suffered their guests to seat themselves as they pleased. This was the case with Timon, who, having invited a very miscellaneous party, would not be at the pains to settle the question of precedence between them; but a pompous individual of aristocratic pretensions, dressed like an actor, arriving late with a large retinue, and surveying the company from the door, went away again, observing, there was no fit place left for him. Upon which the guests, who, as Plutarch remarks, were

¹ Iliad. ω. 100.

² Cf. Plut. Conv. Quæst. i. 3. Pet. Ciacon, De Triclin. p. 44.

far gone in their cups, burst into shouts of laughter, and bade him make the best of his way home.¹

Some persons observed a very different order in arranging their guests, grouping those together whom they considered suited by age or temper to each other, in order by this contrivance to produce general harmony,—the vehement and impetuous being placed beside the meek and gentle, the silent beside the talkative, the ripe and full and expansive minds beside those who were ready to receive instruction. But very often, as at Agathon's, those sat next each other, who were most intimately acquainted or united together by friendship; for thus the greatest freedom of intercourse with the brightest sallies of convivial wit were likely to be produced.

At length, however, we must imagine the guests in their places and every thing in proper train. The servants bring in first one well-covered table, then a second, then a third, till the whole room is filled with dainties. Brilliant lamps and chandeliers poured a flood of light over the crowned heads of the guests, over the piled sweetmeats, over the shining dishes, and all the baits with which the appetite is caught. Then, on silver pateræ, cakes whiter than snow were served round. To these succeeded eggs, pungent herbs, oysters, and thrushes.² Next several dishes of rich eels, brown and crisp, sprinkled thickly with salt, followed by a delicious conger dressed with every rare device of cookery, calculated to delight the palate of the gods. Then came the belly of a large ray, round as a hoop; dishes, containing, one some slices of a sea-dog, another garnished with a sparos, a third with a cuttle-fish, or smoking polypus whose legs were tender as a chicken. While the sight of these dainties was feasting the eyes of the

¹ Sympos. i. 2. 1.

² Probably also the myttotos, a dish flavoured with garlic and

rich spices, formed a part of this course. Schol. Aristoph. Acharn. 173. Vesp. 62.

guests, the noses of the experienced informed them of the approach of a synodon,¹ which perfumed the passages all the way from the kitchen, and, flanked with calamaries, covered the whole table. Shrimps too were there in their yellow cuirasses, sweet in flavour as honey, with delicious varieties of puff pastry bordered with fresh green foliage.² The teeth of the parasites watered at the sight. But while deeply engaged in the discussion of these good things, in came some smoking slices of broiled thunny, a mullet fresh from the fish-kettle, with the teats of a young sow cooked *en ragoût*.

Pleasure of all kinds being supposed to promote digestion, female singers, flute-players and dancers, were meanwhile exercising their several arts for the entertainment of the guests. But as they paid very little attention to them till the rage of hunger was appeased, we shall imitate their example, and proceed with the gourmandize. One of the greatest accomplishments a boon companion could possess, was the power to seize with the fingers, and swallow hissing-hot, slices of grilled fish or morsels of lamb or veal broiled like kabobs, so as to be slightly burnt and cracking externally, while all the juice and flavour of the meat remained within. And the acquirement being highly important, great pains were taken to become masters of it. For this purpose some accustomed themselves daily to play with hot poker, others case-hardened their fingers by repeatedly dipping them in water as hot as they could bear, and gargled their throats with the same, while one famous gourmand, more inventive than the rest, hit upon the ingenious device of wearing metallic fingerlings with which he could have seized a kabob even from the gridiron. These proficient in the art of eating, an art practised indeed by all, but possessed in perfection by very few, enjoyed great advantages over the ignorant and uninitiated. And

¹ Athen. i. 8. vii. 46. 68. 119.
Arist. Hist. Anim. v. 5.

² Pollux, vi. 77.

accordingly, when invited out, they generally succeeded in bribing the cook to send in all his dishes hot as Phlegethon, that, while the more modest and inexperienced guests sat gazing on, they might secure the best cuts, and come again before the others could venture on a mouthful.

Among the articles served up in this scorching state were calf's pluck, pig's harslet, with the chine, the kidneys, and a variety of small hors-d'œuvre. To these may be added the head of a sucking-kid which had tasted nothing but milk, baked between two dishes well luted together; giblets boiled; small, delicate hams with their white sward unbroken; pigs' snouts and feet swimming in white sauce, which the gourmand Philoxenos thought a rare invention. Roast kid and lamb's chitterlings, or the same viands boiled, formed a supplement to the dishes above enumerated, and were usually done so exactly to a turn, that even the gods, Bacchos for example, and Hermes, the parasites of Olympos, might have descended expressly to wag their beards over them. But the Levantines have always been enamoured of variety in cookery. Lady Wortley Montague counted fifty dishes served up in succession at the Sultana Hafiten's table; and this she-barbarian, with all her wealth, could never rival the variety of invention of an ancient Eleian or Sicilian cook, who usually closed the list of his dainties with hare, chickens roasted to the gold-colour celebrated by Aristophanes, partridges, pheasants, wood-pigeons or turtle-doves, which your true gourmand should eat in the Thebaid, immediately after the close of harvest. But the dinner was not yet over. There still remained the dessert to be disposed of, consisting of pure honey from the district of the silver mines, curdled cream, cheese-tarts, and all that profusion of southern fruit of which we have already spoken.¹

It is a well-known rule among modern gourmands,

¹ Athen. iv. 28. There was a kind of cheese, apparently much in use, imported from Gythion, in Laconia. Lucian. Diall. Hecatair. xiv. 2.

that no man should utter a syllable at table till the first course is removed, and precisely the same regulation prevailed among the ancients. Silence, however, was sometimes interrupted by the arrival of some wandering buffoon, who, after long roaming about in search of a dinner, happened, perhaps, to be attracted thither by the wings and feathers ostentatiously scattered before the door. This sort of gentry required no introduction: they had only to knock and announce themselves to ensure a ready welcome; for most men would willingly part with a share of their supper to be made merry over the remainder. The Athenian demos was pre-eminently of this humour. No king, in fact, ever kept up so large an establishment of fools by profession, or, which is much the same thing, of wits, — fellows who grind their understandings into pointed jests to tickle the risible muscles and expand the mouths of sleek junketters, who esteem nothing beyond eating and grinning.

At a feast given by Callias, the famous jester, Philip, a-kin in spirit, I trow, to him of Macedon, presented himself in this way, and, on being admitted, — “Gentlemen,” said he, “you know my profession and its privileges, relying on which I am come uninvited, being a foe to all ceremony, and desiring to spare you the trouble of a formal invitation.” — “Take your place,” replied the host; “your company was much needed, for our friends appear to be plunged up to the chin in gravity, and would be greatly benefited by a hearty laugh.”¹

In fact, the heads of the honest people were filled with very serious meditations, being all in love, and endeavouring to discover how each might excel the other in absurdity. Philip began to fear, therefore, that he had carried his jests to a bad market, and, in reality, made many vain attempts to kindle the spirit of mirth, and call home the imaginations of persons who had evidently suffered them to stray as far as the clouds. Aware that success on this point was indis-

² Xenoph. Conv. i. 13, 14.

pensible to his subsistence, the jester grew piqued at the indifference of his hearers, and breaking off in the midst of his supper, wrapped up his head in his chlamys, and lay down like one about to die. "What, now!" cried Callias. "Has any sudden panic seized on thee, friend?"—"The worst possible, by Zeus!" replied Philip; "for, since laughter, like justice, has taken its leave of earth, my occupation is gone. Hitherto I have enjoyed some celebrity in this way, living at the public expense, like the guests of the Prytaneion, because my drollery was effective, and could set the table in a roar. But it is all over, I see, with me now, for I might as soon hope to render myself immortal as acquire serious habits." All this he uttered in a pouting, desponding tone, as if about to shed tears. The company, to humour the joke, undertook to comfort him, and the effect of their mock condolences, and assurances that they would laugh if he continued his supper, was so irresistibly ludicrous, that Autolychos, a youthful friend of Callias, was at length unable to restrain his merriment; upon which the jester took courage, and apostrophising his soul, informed it very gravely, that there would be no necessity for them to part company yet.¹

The Greeks had, properly speaking, no drawing-rooms, so that, instead of retreating to another part of the house, they had the tables themselves removed immediately after dinner. Libations were then poured out to Zeus Teleios, and having sung a hymn to Phœbos Apollo, the amusements of the evening commenced. Professional singers and musicians were always hired on these occasions. They were female slaves, selected in childhood for their beauty and budding talents, and carefully educated by their owners.² When not already engaged, they stood in blooming beves in the agora, waiting, like the Labourers of Scripture, until some one should

¹ Xenoph. Conviv. i. 15. 16.

² Cf. Luc. Amor. § 10. Schol. Aristoph. Acharn. 1058.

hire them, upon which they proceeded, dressed and ornamented with great elegance, to the house of feasting. But, besides these, there were other *artistes* who contributed to the entertainment of the demos, persons that, like our Indian jugglers, performed wonderful feats by way of interlude between the regular exhibitions of the damsels from the agora.¹

Xenophon introduces into that living picture of Greek manners called the Banquet, a company of this kind. Finding Philip's jokes dull things, he brings upon the scene a strolling Syracusan, with a beautiful female flute-player, a dancing girl who could perform surpassing feats of activity, and a handsome boy, who, besides performing on the cithara, was likewise able, on occasion, to sport the toe like his female companions.

But, where philosophers were present, amusements of this kind were not allowed to occupy their whole attention. Every thing that occurred was made a handle for conversation, so that discussions, more or less lively, according to the temperament or ability of the interlocutors, formed the solid ground-work upon which the flowers of gaiety and laughter were spread. It was usual, immediately after supper, to perfume the guests, and great was the variety of unguents, essences, and odorous oils, made use of by the rich and vain upon these occasions; but when Callias proposed conforming to the mode in this particular, Socrates objected, observing, that the odour of honourable toil was perfume enough for a man.² Women, indeed, to whom every thing sweet and beautiful naturally belongs, might, he admitted, make use of perfume, and they did so most lavishly as we have already shown, when we entered their dressing-room and assisted at their toilette.

The Greeks, however, were careful not to convert

¹ The Indian jugglers themselves became known to the

Greeks in the age of Alexander. /Elian. Var. Hist. viii. 7.

² Xen. Conv. ii. 4.

their pleasure-parties into a mere arena for the exhibition of dialectic power. They from time to time glanced at philosophy, but only by the way, in the moments of transition from one variety of recreation to another. Their conversation was now and then brought to a pause by the rising of dancing girls,¹ robed elegantly, as we beheld them still on vases and on bas-reliefs, in drapery adapted to display all the beauty of their forms. Hoops were brought them, and while musicians of their own sex called forth thrilling harmonies from the flute, they executed a variety of graceful movements, in part pantomimic,—now casting up the hoops, now catching them as they fell, keeping time exactly with the cadences of the flute. Their skill in this accomplishment was so great, that many were enabled to keep up twelve hoops in the air at the same time, while others made use of poniards.²

When the novelty of this exhibition was worn off a little, other different feats followed. A hoop stuck all round with upright swords was placed in the midst of the apartment, into which one of the dancing girls threw herself head foremost, and while standing on her head balanced the lower part of her body round over the naked points, to the infinite terror of the spectators. She would then dart forth between the swords, and, with a single bound, regain her footing without the circle.³ To add to the entertainment of the company, some parasitical buffoon would at times undertake to exhibit his awkwardness as a foil to the grace of the dancers, frisking about with the clumsy heaviness of a bear, and exaggerating his own ignorance of orchestics to excite a laugh. Sometimes the female dancer, like our own fair tumblers, would throw back her head till it reached her heels, and then putting herself in motion, roll about the room like a hoop,⁴ To

¹ Lucian. Amor. § 10.

³ Poll. iii. 134.

² Artemid. Oneirocrit. i. 68.
Xen. Conviv. ii. 8.

⁴ Xen. Conviv. ii. 22.

these, as a relief and a change, would succeed, perhaps, a youth with fine rich voice, who accompanied himself on the lyre with a song.

But nothing could entirely restrain the Greeks from indulging in the pleasure of listening to their own voices. The buzz of conversation would soon be heard in different parts of the room, which, when Socrates was present, sometimes provoked from him a sarcastic reproof. For example, at Callias's dinner, observing the company broken up into knots, each labouring at some particular question in dialectics, and filling the apartment with a babel of confused murmurs; "As we talk all at once," said he, "we may as well sing all at once;" and without further ceremony he pitched his voice and began a song.¹

But when professed jugglers happened to be present, gentlemen were not long abandoned to their own resources for amusement. Trick followed trick in rapid succession. To the pantomimic dances, and the sword circle, succeeded the exhibition of the potter's wheel, in which a young girl seated on this machine, like a little Nubian at a cow's-tail in a *sakia*, was whirled round with great velocity,² but retained so much self-possession as to be able both to write and to read. These, however, were merely sources of momentary wonder. Other amusements succeeded capable of exciting superior delight, such for example, as the mimetic dance, which, like that of the ghawazi, could tell a whole story of love, of adventure, of war, of religious frenzy and enthusiasm, transporting by vivid representations the fancy of the spectators to warmer or wilder scenes, calling up images and reminiscences of times long past, or steeping the thoughts in poetical dreams, filled with the caverned nymphs, the merry Seileni, the frisking satyrs, Bacchos, Pan, the Hours, the Graces, sporting by moonlit fountains, through antique woods,

¹ Xen. Conviv. vii. 1.

² Xen. Conviv. vii. 3.

or on the shelled and sand-ribbed margin of the ocean.¹

On some occasions a slight dramatic scene was represented. Clearing the centre of the banqueting hall, the guests ranged themselves in order as at the theatre. A throne was then set up in the open space, and a female actor, representing Ariadne, entering, took her seat upon it, decked and habited like a bride, and supposed to be in her Thalamos at Naxos. Dionysos, who has been dining with Zeus, comes flushed with Olympian nectar into the harem to the sound of the Bacchic flute, while the nymph who has heard his approaching footsteps makes it manifest by her behaviour that her soul is filled with joy, though she neither advances nor rises to meet him, but restrains her feelings with difficulty, and remains apparently tranquil. The god, drawing near with impassioned looks, and dancing all the while, now seats himself, and places the fair one on his knee. Then, in imitation of mortal lovers, he embraces and kisses her, nothing loth; for, though she hangs down her head, and would wish to appear out of countenance, her arms find their way round his neck and return his embrace. At this the company, we may be sure, clapped and shouted. The god, encouraged by their plaudits, then stood up with his bride, and going through the whole pantomime of courtship, not coldly and insipidly, but as one whose heart was touched, at length demanded of Ariadne if in truth she loved him. Sometimes the mimic scene concealed beneath it all the reality of passion. From personating enamoured characters, the youthful actor and his partner learned in reality to love; and what was amusement to others contained a deep and serious meaning for them. This, Xenophon says, was the case with the youth and maiden who enlivened the banquet of Callias. Absorbed in the earnestness of their

¹ Plat. de Legg. vii. t. viii. p. 55. Bekk. Xen. Conv. vii. 5.

feelings, they seem to have forgotten the presence of spectators, and instead of a stage representation, gave them a scene from real life, where every impassioned look and gesture were genuine, and every fiery glance was kindled at the heart.¹

This, however, may be considered a serious amusement, and something like broad farce was necessary to awaken the guests from the reverie into which the love scene had plunged them. Jesters were, therefore, put in requisition; and, as even they sometimes failed to raise a laugh, their more humorous brethren the wits and jesters of the forests, or, in the language of mortals, monkeys were called upon to dissipate the clouds of seriousness. These were the favourite buffoons of the Scythian Anacharsis,—not the Abbé Barthélemy's,—who said, he could laugh at a monkey's tricks, because his tricks were natural, but that he found no amusement in a man who made a trade of it.² Nor could Euripides at all relish punsters and manufacturers of jokes, whom he considered, with some reason, as a species of animal distinct from mankind.

Many there be who exercise their wits
 In giving birth, by cutting jests, to laughter.
 I hate the knaves whose rude unbridled tongues
 Sport with the wise; and cannot for my life
 Think they are men, though laughter doth become them,
 And they have houses filled with treasured stores
 From distant lands.³

But if Euripides found nothing desirable in laughter, there were those who had a clean contrary creed, and lamented nothing so much as the loss of their risible faculties. On this subject Semos has a story quite *à propos*. Parmeniscos, the Metapontine, having descended, he says, into the cave of Trophonios, became so extremely grave, that with all the ap-

¹ Xen. Conviv. ix. 1—7.

³ Eurip. Fragm. Melanipp. 20.

² Athen. xiv. 2.

pliances, and means to boot, furnished by wealth, and they were not a few, he thereafter found himself quite unable to screw up his muscles into a smile; which taking much to heart, as was natural, he made a pilgrimage to Delphi, to inquire by what means he might rid himself of the blue devils. Somewhat puzzled at the strangeness of the inquiry, the Pythoness replied, —

Poor mortal unmerry, who seekest to know
 What will bid thy brow soften, thy quips and cranks flow,
 To the house of the mother I bid thee repair—
 Thou wilt find, if she's pleased, what thy heart covets, there.

Upon this, Parmeniscos hastened homeward, hoping soon to enjoy a good laugh as the reward of his industry; but, finding his features remain fixed as cast-iron, he began to suspect the oracle had deceived him. Some time after, being at Delos, he beheld with admiration the several wonders of the island, and, lastly, proceeded to the temple of Leto, expecting to find in the mother of Apollo something worthy of so great a divinity. But, on entering and perceiving, instead, a grotesque and smoky old figure in wood, he burst into an immoderate fit of laughter, whereupon the response of the oracle recurred to his mind, and he understood it; and, being thus delivered from his infirmity, he ever after held the goddess in extremest reverence.¹

Even from this story, therefore, it will be seen how highly "broad grins" were estimated in antiquity, particularly at Athens, where there was a regular "Wits' Club," consisting of threescore members, who assembled during the Diomeia,² in the temple of Heracles. The names of several of these jovial mortals have come down to us; Mandrogenes, for example, and Strato, Callimedon, who, for some particular quality of mind or body, ob-

¹ Athen. xiv. 2.

53. Etym. Mag. 277. 24.

² Eustath. ad Iliad. δ. p. 337. Meurs. Græc. Feriat. ii. 96.

tained the *sobriquet* of the *Lobster*, *Deinias*, *Mna-sigeiton*, and *Menæchmos*. The reputation of these gentlemen spread rapidly through the city, and, when a good thing had a run among the small wits, it was remarked, that "the Sixty had said *that*." Or, if a man of talent were asked, whence he came, he would answer, "From the Sixty." This was in the time of Demosthenes, when, unhappily, jesters were in more request in Athens than soldiers; and Philip of Macedon, himself no mean buffoon, learning the excellent quality of their *bon mots*, sent them a present of a talent of gold, with a request that, as public business prevented his joining the sittings of the club, they would make for his use a collection in writing of all their smart sayings, which was, probably, the first step towards those repositories for stray wit, called "Joe Millers," that form so indispensable a portion of a *bon vivant's* library.¹

But we are all this while detaining the company from their wine, and those other recreations which the fertile genius of the Greeks invented to make the wheels of life move smoothly. Though the tables, according to the fashion of the times, were removed with the solid viands, others were brought in to replace them, on which the censers, the goblets, the silver or golden ladles for filling the smaller cups, were arranged in order.² The chairman, or, as he was then called, the king of the feast,³ enjoyed absolute power over his subjects, and could determine better than their own palates, how much and how often each man should drink. This important functionary was not always identical with the entertainer, but sometimes his substitute, sometimes

¹ Athen. xiv. 3.

² Among the Etruscans these ladles were of bronze, and of extremely elegant form, the point ending in a swan's or duck's head.

³ The proceedings of this per-

son were governed by a code of laws, the making and reformation of which employed the wits of no less personages than Xenophanes, Spensippos, and Aristotle. Athen. i. 5.

a person chosen by lot.¹ Capacious bowls of wine,² mingled with water, were placed on a sideboard, whence cup-bearers, sometimes of one, sometimes of the other sex, but always selected for their youth and beauty, filled, with ladles,³ the goblets of the guests, which, when the froth rose above the brim, were, by an obvious metaphor, said to be crowned.⁴ Among the Doric Greeks, female cup-bearers seem to have been always preferred; the Ptolemies of Egypt cherished the same taste; and the people of Tarentum, themselves of Doric race, passing successively through every stage of luxury, came, at length, to be served at table by beautiful young women without a vestige of clothing. In most cases, these maidens were slaves, but, in some countries, and everywhere, in remoter ages, the performance of such offices was not regarded as any way derogatory to persons of noble or princely blood. But, whatever might be their birth, beauty of form and countenance constituted their chief recommendation. For there is a language in looks and gestures, there is a fountain of joy and delight concealed deep in the physical structure, and its waters laugh to the eye of intellect, and reflect into the hearts of those who behold it a sunniness and exhilaration greater than we derive from gazing on the summer sea. Hence, Hebe and Ganymede were chosen to minister at the tables of the gods, even Zeus himself⁵ not disdaining to taste of the pleasures to be derived from basking in the irradiations of beauty.

When the goblets were all crowned with the

¹ Horat. Od. ii. 7. 25.

² Schol. Aristoph. Eq. 1183. Vesp. 1005.

³ Eustath. ad Iliad. γ. p. 333. Schol. Aristoph. Vesp. 855.— A specimen of these ladles (*ἀπὸ-ραυαί*) occurs in Mus. Chiaramont. pl. 2.

⁴ Virgil actually wreaths the

bowls with garlands.—Æneid. iii. 525. — Homer, however, crowns his bowls only with wine.—Il. ε. 471.

⁵ Homer. Iliad. δ. 2. γ. 232. β. 813. Odyss. ο. 327. Juven. Sat. v. 60. Cf. Philo. Jud. de Vit. Contempl. t. ii. p. 479. Mangey.

nectar of earth, the Master of the Feast¹ set the example of good-fellowship by drinking to his guests, beginning with the most distinguished.² Originally, custom required him who drank to the health of another to drain off his cup while his comrade did the same; but, in after ages, they sipped only a portion of the wine, and, as they still do in the East, presented the remainder to their friend. The latter, by the rules of politeness, was bound to finish the goblet, or, where the antique fashion prevailed, to drink one of equal size.³ The Macedonians, who, probably, excelled the Greeks in drinking, if in nothing else, disdained small cups as supplying a very roundabout way to intoxication, and plunged into Lethe at once by the aid of most capacious bowls. It was customary, when the practice of passing round the goblet had been introduced, for the king of the feast to drink to the next man on his right hand, who, in his turn, drank to the next, and so on till the bowl had circulated round the board. But different customs prevailed in the different parts of Greece. At Athens, small cups, like our wine-glasses, were in use; among the Chians, Thracians, and Thessalians, nations more prone to sensual indulgences, the goblets were of larger dimensions; but, at Sparta, where sobriety and frugality long flourished, the practice was to drink from diminutive vessels, which, as often as required, were replenished by the attendants.⁴

Isocrates, in his exhortation to Demonicos, marks the distinction between the true and false friend, by observing, that, while the latter thinks only of those around him, the former remembers the absent, and makes his affection triumph over time and distance. And the Greeks generally had this merit.

¹ There were certain barbarians, who, to cement their friendships, drank wine tinged with each other's blood.—Athen. xv. 47.

² Plut. Symp. i. 2. 2. The first

cup was drunk to the Agathodemon.—Schol. Aristoph. Eq. 85. Athen. xv. 47.

³ Athen. v. 20.

⁴ Athen. x. 39. Plut. Cleom.

§ 13.

Amid the enjoyments of the festive board, they recalled to mind the friends of other days; and, having first performed libations to the gods, those best and purest of friends, drank to the health and prosperity of former associates, now far removed by circumstances,¹ and this they did not in the mixed beverage which formed their habitual potations, but in pure wine.² There was something extremely delicate in this idea, for tacitly it intimated, that their love placed the objects of it almost on a level with their divinities, in whose honour, also, on these occasions, a small portion of the wine was spilt in libations³ upon the earth. The young, in whose hearts a mistress held the first place,⁴ drank deeply in honour of their beloved, sometimes equalling the number of cups to that of the letters forming her name,⁵ which, if the custom prevailed so early, would account for Ægisthos's being a sot. Sometimes, however, taking the hint from the number of the Graces, they were satisfied with three goblets; but, when an excuse for drinking "pottle deep" was sought, they chose the Muses for their patrons, and honoured their mistresses' names with three times three.⁶ This is the number of cheers with which favourite political toasts are received at our public dinners, though every one who fills his bumper, and cries "hip, hip, hip, hurrah!" on these occasions, is, probably, not conscious that he is keeping up an old pagan custom in honour of the Muses.

The number four was in no favour at the drinking-table, not because it was an even number, for they sometimes drank ten, but because some old superstition had brought discredit on it. Our very fox-hunters, however, exhibit an inferior capacity to many

¹ Theoc. Eidyll. vii. 69.

² Cicero in Verr. Act. ii. Orat. i. § 26, and Ascon. Pedan. in loc.

³ Antiphon. Acc. Nec. Ven. § 3.—The third libation was in

honour of Zeus.—Scol. Pind. Isth. vi. 22.

⁴ Theocrit. Eidyll. xiv. 18, et Schol.

⁵ Mart. Epig. i. 78.

⁶ Horat. Od. iii. 19. 11, sqq. Lambinus in loc. p. 143.

of the ancients in affairs of the bottle, though when it is the poets who perform the feat, we may safely consider them to be simply regaling their fancies on "air-drawn" goblets, which cost nothing, and leave no head-aches behind them. On this subject there is a very pretty song in the Anthology, which Potter, following some old edition, completely misrepresents.¹ It deserves to be well translated, and I would translate it well if I could. The following at least preserves the meaning :

Pour out ten cups of the purple wine,
 To crown Lycidicè's charms divine ;
 One for Euphrantè, young and fair,
 With the sparkling eye and the raven hair.
 Then I love Lycidicè more, you say ?
 By this foaming goblet I say ye nay.
 More valued than ten is Euphrantè to me,
 For, as when the heavens unclouded be,
 And the stars are crowding far and nigh
 On the deep deep blue of the midnight sky,
 The moon is still brighter and lovelier far
 Than the loveliest planet or brightest star ;
 So, ' mid the stars of this earthly sphere,
 None are so lovely or half so dear
 As to me is Euphrantè young and fair,
 With the sparkling eye and the raven hair.²

But the Macedonians entertained no respect for poetical goblets: they loved to scent their moustachios with the aroma of the real rosy wine when it sparkled in the cup,—when it moved itself aright, as the wise king of Judah expresses it. Plutarch describes briefly one of their drinking-bouts which took place on the evening of the day wherein old Kalanos, the Hindù Yoghi, burnt himself alive to escape the colic. Alexander, on returning from the funeral pile, invited a number of his friends and generals to sup with him, and, proposing a drinking contest, appointed a crown for the victor. Prodigious efforts were made by all present to achieve so enviable a triumph; but the man who proved himself to possess the most capacious interior was Promachos, who is said to have

¹ Antiq. ii. 394, seq. ² Marc. Argent. ap. Anthol. Græc. v. 110.

swallowed upwards of two gallons. He obtained the prize, which was a golden crown, valued at a talent, but died within three days.¹ Chares, the Mitylenian, relates the matter somewhat differently. According to him, Alexander celebrated funeral games in honour of Kalanos, at his barrow, where horse-races and gymnastic contests took place,² and a poetical encomium was pronounced upon the Yoghi, who, like the rest of his countrymen, was, doubtless, a great toper, and thence the drinking-match instituted in the evening. Chares says there were three prizes; the first, in value, a talent; the second, thirty minæ, or about a hundred and twenty pounds sterling; the third, three minæ. The number of aspirants is not stated, but thirty-five (Plutarch says forty-one) perished in cold shiverings on the spot, and six more died shortly after in the tents.³

Numbers have celebrated the military genius of Alexander; but Athenæus alone has given him due credit for his truly royal power of drinking. Like his father, Philip, who, in his jolly humour, ruffled the Athenian dead at Chæronea, where he could safely beard the fallen republicans, Alexander delighted to spend his evenings among drunken roysterers, whose chief ambition consisted in making a butt of their bowels. One of these worthies was Proteas, the Macedonian mentioned by Ephippos, in his work on the sepulture of Alexander and Hephæstion. He was a man of iron constitution, on which wine, whatever quantity he drank, appeared to make no impression. Alexander, knowing this, loved to pledge him in huge bowls, such as none, perhaps, but themselves could cope with. This he did even at Babylon, where the climate suffers few excesses to be indulged in with impunity. Taking a goblet more like a pail than a drinking-cup, Alexander caused it to be crowned with wine, which, having tasted, he presented the bowl to Proteas. The veteran imme-

¹ Plut. Alexand. Magn. §§ 69, 70.

² Ælian. Var. Hist. ii. 41. Periz.

³ Athen. x. 49.

diately drained it off, to the great amusement of the company, and presently afterwards, desiring to pledge the king, he filled it up again, and sipping a little, according to custom, passed the bowl to Alexander, who, not to be outdone by a subject, forthwith drank the whole. But if he possessed the courage, he wanted the physical strength of Proteas: the goblet dropped from his hand, his head sank on a pillow, and a fever ensued of which the conqueror of Persia, and the rival of Proteas in drinking, died in a few days.¹

But to return from these barbarians: as the presence of sober persons must always be felt by hard drinkers to be a tacit reproach, it was one of the rules of good fellowship, that all such as joined not in the common potations should depart. "Drink, or begone!" said the law, and a good one in Cicero's opinion it was, for if men experienced no disposition to join in the mirth and enjoyment of the company, what had they to do there?²

From the existence of these rules, however, an inference has been drawn unfavourable to the Greek character, as if, because some were merry, the nation generally must of necessity have been wine-bibbers.³ But this is scarcely more logical than the reasoning of a writer, who, because the comic poets speak chiefly of the mirth and lighter enjoyments of the Athenians, very gravely concludes that they busied themselves about little else. The truth is, that like all ardent and energetic people, they threw their whole souls into the affair, whether serious or otherwise, in which they happened to be engaged; and besides, while the careful and industrious applied themselves to business, there was always an abundance of light and trifling people to whom eating and drinking constituted a serious occupation.

¹ Athen. x. 44. ² Tuscul. Quæst. ii. 41. ³ Potter, ii. 396.

CHAPTER VI.

ENTERTAINMENTS.

THE man upon the creations of whose art the principal enjoyments of Greek gourmands were based was the cook,¹ whose character and achievements ought not perhaps to be entirely passed over. We are, indeed, chiefly indebted for our information to the comic poets; but, in spite of some little exaggeration, the likeness they have bequeathed to us is probably upon the whole pretty exact.

The Athenian cook was a singularly heterogeneous being, something between the parasite and the professed jester; he was usually a poor citizen, with all the pride of autochthoneity about him, who considered it indispensable to acquire, besides his culinary lore, a smattering of many other kinds of knowledge, not only for the purpose of improving his soups or ragouts, but in order, by the orations he pronounced in praise of himself, to dazzle and allure such persons as came to the agora in search of an artist of his class. Of course the principal source of his oratory lay among pots and frying-pans, and the wonders effected by his art. Philemon hits off with great felicity one of these worthies, who desires to convey a lofty opinion of himself,—

“How strong is my desire 'fore earth and heaven,
To tell how daintily I cooked his dinner
'Gainst his return! By all Athena's owls!

¹ On famous Cooks see Max. Tyr. Dissert. v. 60. 83. Pollux, vi. 70, seq. Athen. iii. 60.

'Tis no unpleasant thing to hit the mark
 On all occasions. What a fish had I—
 And ah! how nicely fried! Not all bedevilled
 With cheese, or browned atop, but though well done,
 Looking alive, in its rare beauty dressed.
 With skill so exquisite the fire I tempered,
 It seemed a joke to say that it was cooked.
 And then, just fancy now you see a hen
 Gobbling a morsel much too big to swallow;
 With bill uplifted round and round she runs
 Half choking; while the rest are at her heels
 Clucking for shares. Just so 'twas with my soldiers;
 The first who touched the dish upstarted he
 Whirling round in a circle like the hen,
 Eating and running; but his jolly comrades,
 Each a fish worshiper, soon joined the dance,
 Laughing and shouting, snatching some a bit,
 Some missing, till like smoke the whole had vanished.
 Yet were they merely mud-fed river dabs:
 But had some splendid scaros graced my pan,
 Or Attic glaucisk, or, O saviour Zeus!
 Kapos from Argos, or the conger eel,
 Which old Poseidon exports to Olympos,
 To be the food of gods, why then my guests
 Had rivalled those above. I have, in fact,
 The power to lavish immortality
 On whom I please, or, by my potent art,
 To raise the dead, if they but snuff my dishes!"¹

This honest fellow, in the opinion of Athenæus, exceeded in boasting even that Menecrates of Syracuse, who for his pride obtained the surname of Zeus; he was a physician, and used vauntingly to call himself the arbiter of life to mankind. He is supposed to have possessed some specific against epilepsy; but being afflicted with a vanity at least equal to his skill, he would undertake no one's cure unless he first entered into an agreement to follow him round the country ever after as his slave, which great numbers actually did. Nicos-tratos, of Argos, one of the persons so restored, travelled in his train habited and equipped like Heracles; others personated Asclepios, and Apollo, while Menecrates himself enacted in this fantastic

¹ Athen. vii. 32.

masquerade the part of Zeus; and, as the actors say, he dressed the character well, wearing a purple robe, a golden crown upon his head, sandals of the most magnificent description, and bearing a sceptre in his hand.¹

But whatever might have been the conceit of our Syracusan physician, there were those among the cooking race, who certainly lagged not far behind him. They usually stunned such as came to hire them with reciting their own praises, laying claim to as much science and philosophy as would have sufficed to set up two or three sophists. In fact, to take them at their word, there was nothing which they did not know, nothing which they could not do. Painting they professed to comprehend as profound connoisseurs, and, no doubt, the soles they fried tasted all the better for the accomplishment. In astronomy, medicine, and geometry, they appear to have made a still greater proficiency than Hudibras, notwithstanding that—

“ In mathematics he was greater
 Than Tycho Brahe, or Erra Pater ;
 For he by geometric scale
 Could take the size of pots of ale ;
 Discern by sines and tangents strait
 If bread and butter wanted weight ;
 And wisely tell what hour o’ the day
 The clock does strike by algebra.”

In all this he was a fool to the Athenian cooks; for, by the help of astronomy, they could tell when mackerel was in season, and at what time of the year a haddock is better than a salmon. From geometry they borrowed the art of laying out a kitchen to the best advantage, and how to hang up the gridiron in one place, and the porridge-pot in another. To medicine it is easy to see how deeply they must have been indebted, since it not only taught them what meats are wholesome, and

¹ Athen. vii. 33.

what not, but also enabled them by some sleight of art to diminish the appetite of those voracious parasites, who when they dined out appeared to have stomachs equal in capacity to the great tun of Heidelberg.¹

Many individuals, half guests, half parasites, used to extract considerable matter for merriment out of the dinner materials, that they might render themselves agreeable, and be invited again. Thus Charmos, the Syracusan, used to convert every dish served at table into an occasion for reciting poetical quotations or old proverbs, and sometimes, perhaps, suffered the fish to cool while he was displaying his erudition. He had always civil things to say both to shell-fish and tripe, so that a person fond of flattery might have coveted to be roasted, in order that his shade might be soothed with this kind of incense, which even Socrates allowed was not an illiberal enjoyment. It was, however, a common custom among parasites to make extracts from the poets and carry them in portfolios to the tables of their patrons, where they recited all such as appeared to be *à propos*. In this way the above Charmos obtained among the people of Messina the reputation of a learned man, and Calliphanes,² son of Parabrycon,³ succeeded no less ingeniously by copying out the first verses of various poems, and reciting them, so that it might be supposed he knew the whole.

Cleanthes, of Tarentum, always spoke at table in verse, so likewise did the Sicilian Pamphilos; and these parasites, travelling about with wallets of poetry on their backs, were everywhere welcomed and entertained, which might with great

¹ Athen. vii. 37.

² Suidas in v. t. i. p. 1361. c.

³ Athen. i. 6. "Sic ut παράσιτος, et παραμασήτης vel παραμασύντης convivam denotat invocatum, qui absque symbola

"ad convivium venit; sic nomen

"παραβρύκων (à verbo βρύκω,

"mordeo, rodo, deglutio) eum-

"dem habet significatum."—

Scheigh. Animadv. t. vi. p. 54.

propriety have been adduced by Ilgen¹ among his other proofs of the imaginative character of the Greeks.

Archestratos, the Syracusan, belonged no doubt to this class. He composed an epic poem on good eating, which commenced with recommending that no company, assembled for convivial enjoyment, should ever exceed four,² or at most five, otherwise he said they would rather resemble a troop of banditti than gentlemen. It had probably escaped him, that there were twenty-eight guests at Plato's banquet. Antiphanes, after observing that the parasites had lynx's eyes to discover a good dinner though never invited, immediately adds, that the republic ought to get up an entertainment for them, upon the same principle that during the games an ox³ was slaughtered some distance from the course at Olympia, to feast the flies, and prevent them from devouring the spectators.

Besides Archestratos, there were several other celebrated gastronomers among the ancients. Of these the principal were Timachidas, of Rhodes, who wrote a poem in eleven books on good eating,⁴ Noumenios, of Heraclea, pupil to the physician Dieuches, Metreas, of Pitana, the parodist Hegemon, of Thasos, surnamed the *Lentil*, by some reckoned among the poets of the old comedy, Philoxenos, of Leucadia, and a second Philoxenos, of Cythera, who composed his work in hexameter verse. The former, after chaunting the eulogium of the kettle, comes nevertheless to the conclusion at last, that superior merit belongs to the fryingpan. He earnestly recommended truffles to lovers, but would not have them touch the

¹ De Scol. Poes. p. 8.

² Athen. i. 7.

³ Athen. i. 7. This ox was sacrificed to Zeus the Fly-Chaser, in order to prevail on him to drive the swarms of insects, by which the spectators were incommoded,

beyond the Alpheios. Cf. Plin. Nat. Hist. x. 40. ix. 34. Pausan. v. 14. i. viii. 26. 7. Ælian. De Nat. Animal. v. 17. xi. 8.

⁴ Athen. i. 8. Suidas. v. Τιμαχίδας. t. i. p. 899, seq.

barbel. His anger burst forth with great vehemence against those who cut in pieces fish which should be served up whole; and, though he admits that a polypus may occasionally be boiled, it was much better, he says, to fry it. From this man the Philoxenian cakes derived their name; and he it is whom Chrysippos reproaches with half scalding his fingers in the warm bath and gargling his throat with hot water, in order that he might be able to swallow kabobs hissing from the coals.¹ He likewise used, at the houses of his friends, to bribe the cooks to bring up everything fiery hot, that he might help himself before any one else could touch them. A kindred gourmand, in the poet Krobylos, exclaims: "My fingers are insensible to fire like the Dactyls of Mount Ida. And ah! how delightful it is to refresh my throat with the crackling flakes of broiled fish! Oh I am in fact an oven, not a man!"

According to Clearchos it was this same Philoxenos, who used to maraud about rich men's houses, followed by a number of slaves laden with wine, vinegar, oil, and other seasonings. Wherever he smelled the best dinner he dropped in unasked, and slipping sily among the cooks, obtained their permission to season the dishes they were preparing, after which he took his place among the guests where he fed like a Cyclops. Arriving once at Ephesos, by sea, he found, upon inquiry in the market, that all the best fish had been secured for a wedding feast. Forthwith he bathed, and repairing to the house of the bridegroom, demanded permission to sing the Epithalamium. Every one was delighted; they could do no less than invite him to dinner. And "Will you come again to-morrow?" inquired the generous host. "If there be no fish in the market," replied Philoxenos. It was this gourmand who wished nature had bestowed on man the neck of the

¹ Athen. i. 9.

crane that the pleasure of swallowing might be prolonged.¹

Pithylos, another parasite, surnamed "the Dainty," not content with the membrane which nature has spread over the tongue, superinduced artificially a sort of mucous covering, which retained for a considerable time the flavour of what he ate.² To prolong his luxurious enjoyment as much as possible, he afterwards scraped away this curious coating with a fish. Of all ancient gourmands he alone is said to have made use of artificial finger-points, that he might be enabled to seize upon the hottest morsels. An anecdote so good as to have given rise to many modern imitations, is related of Philoxenos, of Cythera. Dining one day with Dionysios, of Syracuse, he observed a large barbel served up to the prince, while a very diminutive one was placed before him. Upon this, taking up the little fish, he held it to his ear and appeared to be listening attentively. Dionysios, expecting some humorous extravagance, made a point of inquiring the meaning of this movement, and Philoxenos replied, that happening just then to think of his Galatea,³ he was questioning the barbel respecting her. But as it makes no answer, said he, I imagine they have taken him too young and that he does not understand me. I am persuaded, however, that the old fellow they have placed before your majesty must know all about it. The king, amused by his ingenuity, immediately sent him the larger fish which he soon questioned effectually.⁴

But the Athenians were not reduced to depend for amusement at table upon the invention of these

¹ Suid. in v. Φιλοξ. t. ii. p. 1058. c. Athen. i. 10.

² Athen. i. 10. Suid. v. Πιθυλλ. t. ii. p. 526. c.

³ Making allusion perhaps to his love for Galatea, the mistress

of Dionysios. Athen. i. 11. Ælian. Var. Hist. xii. 44. Schol. Aristoph. Plut. 290.

⁴ Athen. i. 11. See another anecdote of this gourmand in Ælian. Var. Hist. x. 9.

humble companions. They knew how, when occasion required, to entertain themselves, and, in the exuberance of their hilarity, descended for this purpose to contrivances almost infantine. They posed each other with charades, enigmas, conundrums, and, sometimes, in the lower classes of society, related stories of witches, lamias, mormos, and other hobgoblins believed in by the vulgar of all nations. Among persons engaged in public affairs the excitement of political discussion was often, of course, intermingled with their more quiet pleasures.¹ But with this we have, just now, nothing to do, nor with the enigmas which we shall describe anon. There was another and more elegant practice observed by the Greeks at convivial meetings, which, though not peculiar to them, has nowhere else, perhaps, prevailed to the same extent,—I mean the introduction of music and the singing of songs,² light, graceful, and instinct with wit and gaiety, to the barbitos or the lyre.

Among the Greeks, generally, the love of music and poetry seemed to be a spontaneous impulse of nature. Almost every act of life was accompanied by a song,—the weaver at his loom, the baker at his kneading-trough, the reaper, the “spinners and the knitters in the sun,” the drawer of water, even the hard-working wight who toiled at the mill, had his peculiar song, by the chaunting of which he lightened his labour. The mariner, too, like the Venetian gondolier, sang at the oar, and the shepherd and the herdsman, the day-labourer and the swineherd, the vintager and the husbandman, the attendant in the baths, and the nurse beside the cradle. It might, in fact, be said, that from an Hellenic village music arose as from a brake in spring. Their sensibilities were tremblingly alive to pleasure. There was elasticity, there was balm in their atmo-

¹ Aristoph. Aves. 1189, sqq.

² Sch. Aristoph. Eq. 403.

sphere, and joy and freedom in their souls.—How could they do other than sing?

But, if music and poetry thus diffused their delights over the industry of the laborious, it was quite natural that where men met solely for enjoyment, these best handmaids of enjoyment should not be absent. Accordingly, we find that while the goblet circulated, kindling the imagination, and unbending the mind, the lyre was brought in and a song called for. Nor was the custom of recent date. It prevailed equally in the heroic ages, and, like many other features of Greek manners, derived its origin from religion. For, in early times, men rarely met at a numerous banquet, except on occasion of some sacrifice, when hymns in honour of the gods constituted an important part of the ceremonies. Thus Homer, describing the grand expiatory rites by which the Achæan host sought to avert the wrath of Apollo, observes, that they made great feasts, and celebrated the praises of the god amid their flowing goblets.¹

Yet, though the theme of those primitive songs may have been at first serious, it was, probably, not long before topics better adapted to festive meetings obtained the preference. At all events, they soon came to be in fashion. The first step appears to have been from the gods to the heroes, whose achievements, being sometimes tinged with the ludicrous, opened the door to much gay and lively description. And these convivial pleasures,² so highly valued on earth, were, with great consistency, transferred to Olympus, where the immortals themselves were thought to heighten their enjoyments by songs and merriment.

In the ages following, the art of enhancing thus the delights of social intercourse, so far from falling into

¹ *Iliad.* *a.* 492, sqq. Ilgen,
Disq. de Scol. Poes. p. 55.

² *Conf. Odyss.* *θ.* 72, sqq. *a.*
154. 350.

neglect, grew to be more than ever cultivated. Even the greatest men, beginning from the Homeric Achilles, disdained not to sing. They did not, says a judicious and learned writer, consider it sufficient to perform deeds worthy of immortality, or to be the theme of poets and musicians, or so far to cultivate their minds as to be able to relish and appreciate the songs of others, but included music within the circle of their own studies, as an accomplishment without which no man could pretend to be liberally educated. For this reason it was objected by Stesimbrotos, as a reproach to Cimon, that he was ignorant of music, and every other gentlemanly accomplishment held in estimation among the Greeks;¹ and even Themistocles himself incurred the charge of rusticity, because, when challenged at a party, he refused to play on the cithara.²

A different theory of manners prevailed among the Romans, who, like the modern Turks, considered it unbecoming a gentleman to sing. But to the Greeks, a people replete with gaiety and ardour, and whose amusements always partook largely of poetry, music presented itself under a wholly different aspect, and was so far from appearing a mean or sordid study, that no branch of education was held in higher honour, or esteemed more efficacious in promoting tranquillity of mind, or polish and refinement of manners. The lyre is accordingly said, by Homer, to be a divine gift, designed to be the companion and friend of feasts, where it proved the source of numerous advantages. In the first place, persons too much addicted to the bottle found in this instrument an ally against their own failing, for, whether playing or listening, a cessation from drinking was necessarily effected. Rudeness also and violence, and that unbridled audacity commonly inspired by wine, were checked by music, which, in their stead, inspired a pleasing exalt-

¹ Plut. Cim. § 4. Afterwards, however, we find Cimon represented as singing with great skill. § 9.

² Cicero, Tuscul. Quæst. i. 2. Cf. Ilgen. De Scol. Poes. p. 62.

ation of mind, and joy free from all admixture of passion.¹

It has already been observed that the convivial song soon divested itself of its religious and sombre character; for, as parties are made up of persons differing extremely in taste and temperament, it necessarily happened that when each was required to sing, much variety would be found in the lays, which generally assumed a festive and jocund air. Hymns in honour of the gods were more sparingly introduced,² nor was much stress laid on the praises of heroes;³ the spirit of joviality moulded itself into

Quips and cranks, and wanton wiles ;
Nods and becks, and wreathed smiles.

Every one poured forth what the whim of the moment inspired, — jokes, love-songs, or biting satires, with the freedom and fertility of an improvisatore.⁴

These convivial songs were divided by the ancients into several kinds, with reference sometimes to their nature, sometimes to the manner in which they were chaunted: the most remarkable they denominated *Scolia*, or zig-zag songs,⁵ for a reason somewhat difficult of explanation. Several of the later Greek writers appear to have been greatly at a loss to account for the appellation, which is, no doubt, a singular one; but the learning and diligence of Ilgen⁶ may be said to have fully resolved this curious question. After determining the antiquity of the *Scolion*, which Pindar⁷ supposes to have been an invention of Ter-

¹ Athen. xiv. 24. Ilgen, *Disq. De Scol. Poes.* p. 64.

² The hymn, for example, in honour of Pallas was, in all ages, sung. Sch. Aristoph. *Nub.* 954.

³ Of Harmodios, for example, and Aristogeiton. Sch. Aristoph. *Acharn.* 942. See Ilgen, *Disq. de Scol. Poes.* p. 69.

⁴ Conf. Hom. Hymn. in Herm. 52, sqq. Pind. *Olymp.* i. 24.

⁵ Poll. vi. 108, with the notes of Seber and Jungermann, t. v. p. 142.

⁶ Who has published a collection of these songs, accompanied by very interesting and instructive notes. *Σκολία hoc est, Carmina Convivialia Græcorum.* Jenæ, 1798.

⁷ Apud Plut. de Musica, § 28.

pander, or, at least, the verses of the song; but which Ilgen dates as far back as the heroic period, he observes, that the name itself was known in very remote ages, since they formed a separate class among the works of Pindar, and are mentioned by Aristophanes and Plato,¹ and that, like the Cyclic chorus, it arose out of the circumstances under which it was sung. For as this chorus was called Cyclic, or circular, because chaunted by persons moving in a circle round the altar of Bacchos, so the Scolion, or zig-zag song,² received its name from the myrtle branch, or the cithara, to which it was sung, being passed from one guest to another in a zig-zag³ fashion, just as those who possessed the requisite skill happened to sit at table.

To render this explanation perfectly intelligible, it will, perhaps, be necessary to describe succinctly the whole process of singing in company. At first, it has been conjectured, when manners were rude, and the language still in its infancy, singing, like dancing, required no great art, and was little more than those wild bursts of melody still common among the improvisatori of Arabia and other Eastern countries, but that from these humble beginnings lyrical poetry took its rise, preserving still the freedom of its original state, and rising, unshackled by the rigid laws of metre, to heights of sublimity and grandeur beyond which no human composition ever soared. By degrees some complex forms of verse obtained the preference,—such, for example, as those of Sappho and Alcæos,—and fixed and definite laws of metre were established.

¹ Pind. Fragm. Dissen. t. i. p. 234, with the Commentary, t. ii. p. 639, sqq. Aristoph. Vesp. 1222, 1240. Acharn. 532. Pac. 1302. Plat. Gorg. t. iii. p. 13. Bekk.

² Suidas, v. *σκολιον*, t. ii. p. 759, e. sqq. Etym. Mag. 718, 35, sqq. Eustath. ad Odyss. η. 276, 49.

³ Mr. Müller, however, disap-

proves of this etymology. "It is much more likely," he says, "that in the melody to which the scolia were sung, certain liberties and irregularities were permitted, by which the extempore execution of the song was facilitated." — History of Greek Literature, pt. i. chap. xiii. § 16, seq.

The Scolion, however, always preserved something of its original spontaneous character, at least in appearance, and the same thing may be predicated of all their festive lays. But before they gave loose to their gaiety, the deep religious sentiment which pervaded the whole nation required a pæan, or hymn, to be sung in honour of the gods, and in this every person present joined.¹ While thus engaged, each guest, it is supposed, held in his hand a branch of laurel, the tree sacred to Apollo.² To the pæan succeeded another air, which all present sang in their turn, holding this time a branch of myrtle,³ which, like the laurel bough mentioned above, was called *æsakos*, or the "branch of song."⁴ The singing commenced with the principal guest, to whom the symposiarch or host delivered the Cithara⁵ and *æsakos*, demanding a song, which, according to the laws of the table, no one could refuse. Having performed his part, the singer was, in turn, entitled to call upon his neighbour, beginning on the right hand, and delivering to him the Cithara and the myrtle branch. The second, when he had sung, handed it then to the third, the third to the fourth, and so on until the whole circle of the company had been made. It sometimes happened, though not often, that among the guests an individual, unskilled in instrumental music, was found, and, in this case, he sang without accompaniment, holding the *æsakos* in his hand.⁶

The poets who had the honour thus to cheer the convivial hours of the Greeks were, in remoter times, Simonides and Stesichoros, and, probably, Anacreon, with others of the same grade;⁷ and, if we may credit Aristophanes, songs were also selected from the plays of Æschylus, Sophocles, and Euripides, as

¹ Plut. Symp. i. 1. Athen. xiv. 24.

² Hesych. v. *ἄσασκος*, ap. Ilgen. De Scol. Poes. p. 154.

³ Sch. Aristoph. Nub. 1339, 1346.

⁴ Potter, Antiq. ii. 403.

⁵ Scol. Aristoph. Nub. 1337, seq.

⁶ Ilgen, De Schol. Poes. p. 156.

⁷ Aristoph. Nub. 1358. Conf. Schol. ad Vesp. 1222.

among ourselves from Shakespeare, Beaumont and Fletcher, or Ben Jonson. It may even be inferred that passages from Homer himself¹ were sung on these occasions; or, if not sung, they were certainly recited by rhapsodists introduced for the purpose into the assembly, who, holding a laurel branch while thus engaged, probably gave rise to the practice of passing round the myrtle bough. This branch, therefore, whether of myrtle or laurel,² constituted a part of a singer's apparatus. The latter was originally chosen as sacred to Apollo, the patron of music, and because it was also believed to be endowed with something of prophetic power, the Pythoness eating its leaves before she ascended the tripod, while it was the symbol of ever-during song. Instead of the laurel, myrtle was afterwards introduced, on account, probably, of its being sacred to Aphrodite, whose praises were celebrated in those amatory songs common at feasts. It may, likewise, have been considered an emblem of republican virtue, since Harmodios and Aristogeiton concealed their swords in a myrtle wreath.³

To proceed, however, with the *Scolia*. These lays, like the rest, made the circle of the company, though not by passing in an unbroken series from man to man, but, as has already been said, from one skilful singer to another. In fact, the chanting of the *scolia* was a kind of contest which took place when all the other songs were concluded.⁴ The person who occupied the seat of honour chanted to the *Cithara* a song containing the praises of some mortal or immortal, or the developement of some moral precept or erotic subject, which was comprehended in a small number of verses. When he had finished, he handed the *Cithara* and myrtle, at his own discretion, to some other among the guests, and the

¹ Schol. Aristoph. Nub. 1367.

³ Ilgen, De Scol. Poes. p.

² Dresig. de Rhapsodis. p. 7.

159.

sqq. ap. Ilgen, De Scol. Poes. p. 157. Pind. Isthm. iv. 63.

⁴ Athen. xv. 49.

person thus challenged, who could not refuse without passing for an illiterate clown, must at once take up the same subject, and, without delay or premeditation, break forth into a song in the same metre and number of verses, if possible; and if unfamiliar with the Cithara, he could sing to the myrtle. The second singer now exercised his privilege and called upon a third, who was expected to do as he had done; so that very often the same idea underwent five or six transformations in the course of the evening. When the first argument had thus made the circle of the company, he who concluded had the right to start a new theme, which received the same treatment as the first; so that sometimes, when people were in a singing humour, air followed air, until eight or ten subjects had received all the poetical ornaments which the invention of those present could bestow upon them.

But to sing without wine would have been insipid. I have said the chanting of the scolia was a sort of contest, and, as he who contends and obtains the victory looks naturally for a reward, so the successful performer aspired to his, which, it must be owned, was not inappropriate, consisting of a brimming bowl, called *odos*, or the "cup of song," at once a mark of honour and a reward of skill.¹ All these particulars are inferable from the examples of the scolon, which still remain; and Aristophanes in the "Wasps," presents something like an outline, though dim and obscure, both of the argument and the mode of execution. He imagines a company of jolly fellows,² such as Theoros, Æschines, Phanos, Cleon, Acestor, and a foreigner of the same kidney, and represents them as engaged in performing certain scolia for their own entertainment.

But the idea we should form of this kind of song from the very comic passage in the "Wasps" differs materially from the theoretic view of Ilgen, since Philocleon constantly interrupts his son, terminat-

¹ Athen. xi. 110. ² Vesp. 1220.

ing each sentence for him in a manner wholly unexpected, and of course calculated to excite laughter.

But though musical, the Greeks would not imitate the grasshoppers,¹ who are said to sing till they starve; but, having accomplished the circle above-mentioned, proceeded to other amusements which, though too numerous to be described at length, must not be altogether passed over. In the heroic ages the discovery had not been made that rest after meals is necessary to digestion, which in later times was a received maxim, and accordingly we find from the practice of the Phæacians,² who, if an after-dinner nap had been customary, would certainly have taken it, that the men of those times, instead of indulging in indolent repose out of compliment to their stomachs, sallied forth to leap, to run, to wrestle, and engage in other athletic sports, which by no means appear to have impaired their health or their prowess. As civilisation advances, however, excuses are found for laying aside the habits of violent exercise. Science, in too many cases, fosters indolence and pronounces what is fashionable to be wise. But to the race-course and the wrestling-ring, sedentary, or at least indoor, pastimes succeed, and, instead of overthrowing their antagonists on the palæstra-floor or the greensward, men seek to subdue them at Kottabos, or on the chess-board, or to ruin them at the card-table or in the billiard-room.

The play of Kottabos,³ invented in Sicily, soon propagated itself, as such inventions do, throughout the whole of Greece, and got into great vogue at Athens, where the lively temperament of the people inclined them to indulge immoderately in whatever was convivial and gay. The most usual form of the game was this,—a piece of wood like the upright of a balance having been fixed in the floor

¹ Plato Phædr. t. i. p. 65.

³ Athen. xv. 2, sqq. xi. 22, 58, 75.—Suidas, v. *κορασιζειν*. t. i. p. 1504, b. seq. Etym. Mag. 533. 13, sqq.

² Homer. Odyss. θ. 97, sqq. Eustath. p. 295, 43.

or upon a stable basis, a small cross-beam was placed on the top of it with a shallow vessel like the basin of a pair of scales, at either end.

Under each of these vessels stood a broad-mouthed vase, filled with water, with a gilt bronze statue, called Manes, fixed upright in its centre. The persons who played at the game, standing at some little distance, cast, in turn, their wine, from a drinking-cup into one of the pensile basins, which descending with the weight, struck against the head of the statue, which resounded with the blow. The victor was he who spilled least wine during the throw, and elicited most noise from the brazen head. It was, in fact, in its origin a species of divination, the object being to discover by the greater or less success obtained, the place occupied by the player in his mistress's affections. By an onomatopœa the sound created by the wine in its projection was called *latav*, and the wine itself *latagè*. Both the act of throwing and the cup used were called *ankula*, from the word which expresses the dexterous turn of the hand with which the skilful player cast his wine into the scales.¹

Our learned Archbishop Potter, who has not unskilfully abridged the account of Athenæus, confounds the above with the *kottabos katactos*, another form of the game described both by Pollux and Athenæus.² In this the apparatus was suspended like a chandelier from the roof. It was formed of brass, and a brazen vessel, called the skiff, was placed beneath it. The player, standing at a little distance, with a long wand, struck one end of the *kottabos*, which descending came in contact with the skiff, or rather the manes within, and produced a hollow sound. Occasionally the small vessels at the extremity of the *kottabos* were brought down, as in the former game, by having wine cast into

¹ Potter, ii. 405, 406.

xv. 4. Cf. Flor. Christian ad

² Pollux, vi. 109, sqq. Athen. Aristoph. Pac. 343.

them. Another variety required the skiff to be filled with water, upon which floated a ball, an instrument like the tongue of a balance, a manes, three myrtle boughs, and as many phials. In this the great art consisted in striking some one of these with the kottabos, and whoever could sink most of them won the game. The prize, on these occasions, was usually one of those cakes called *pyramos*¹ or something similar; but instead of these it was sometimes agreed, when women were present, that the prize should be a kiss, as in our game of forfeits. Another kind of kottabos, chiefly practised on those occasions which resembled our christenings, when on the tenth day the child received its name, was a contention of wakefulness, when the person who longest resisted sleep, won the prize. Properly, however, kottabos was the amusement first described; and so fashionable did it become, that persons erected circular rooms expressly for the purpose, in order that the players might take their stand at equal distances from the apparatus which stood in the centre.²

It might, without any authority, be presumed that when people met together for enjoyment they would derive the greater portion of it from conversation, which would, of course, vary and slide

“ From grave to gay, from lively to severe,”

according to the character or fluctuating humour of the company. The Spartans, like all military people, were grievously addicted to jokes, which among them supplied the place of that elegant badinage, alternating with profound or impassioned discourse, familiar to the more intellectual Athenians. The latter, however, though free from the coarseness, possessed more than the mirthfulness of the Dorians, and in the midst of their habits of business and application to

¹ Pollux. vi. 101.

² Athen. xv. 7.

philosophy, knew better than any people how, amidst wine and good-eating, to unbend and enjoy the luxury of careless trifling and an unwrinkled brow. While some therefore retired to the kottabos-room, which occupied the place of our billiard-room, others still sat clustered round the table, extracting amusement from each other. Among these of course would be found all such as excelled in the art of small talk, who could tell a good story or anecdote, scatter around showers of witticisms, or give birth to a pun. Some, like the Spartans, had a Welsh passion for genealogies, and loved to run back over the history of the "Landed Gentry" of old Hellas, to the time of Deucalion or higher; others coined their wisdom and experience into fables, for which they exhibited an almost Oriental fondness; while the greater number, like the princes in the Arabian Nights, exercised their wits in propounding and resolving difficult questions, enigmas, charades, anagrams, and conundrums.

But the principal classes into which these contrivances were divided were two: *enigmas* and *griphoi*,¹ the former comprehending all those terminating in mere pleasure, the latter such questions and riddles as involved within themselves the kernel of wisdom or knowledge,² supposed to have been a dull and serious affair. Casaubon,³ however, vindicates it stoutly from this charge, affirming that in the griphos the *utile* was mingled with the *dulce* in due proportion; so that it must, according to Horace's opinion, have borne away the palm from most literary inventions. In point of antiquity, too, the riddle may justly boast; for, if to be old is to be noble, it has "more of birth and better blood" even than the hungry Dorians of the Peloponnesos, whom Mr. Mitchell

¹ Vid. Clem. Alexan. Protrep. i. 1. Diog. Laert. ii. 33.

³ Animadv. in Athen. x. 15. Cf. Scaliger, Poet. iii. 84, where the distinction made by Pollux is explained.

² Pollux, vi. 107.

prefers, on this account, before all nations of Ionic race. Like everything good also it comes from the East. The earliest mention of the riddle occurs in the book of Judges,¹ where Samson, during his marriage-feast at Timnath, perplexes his guests with the following riddle :

“ Out of the eater came forth meat, and out of the strong came forth sweetness ; ”

To which they, being instructed by his wife, replied :

“ What is sweeter than honey ? and what is stronger than a lion ? ”

The word *griphos*, in its original acceptation, signified a fishing-net, and hence by translation was employed to describe a captious or cunningly contrived question, in which the wits of people were entangled.² As the ancients delighted in this sort of intellectual trifling they were at the pains to be very methodical about it, dividing the riddle into several kinds, which Clearchos of Soli³ made the subject of a separate work. This writer, a sort of Greek D’Israeli, defines the *griphos* to mean “ a sportive problem proposed for solution on condition, that the discovery of the sense should be attended by a reward, and failure with punishment.” His description of the seven classes could scarcely be rendered intelligible, and certainly not interesting to the modern reader. It will be more to the purpose to introduce two or three specimens, prefacing them by a few remarks.

It has been above observed, that philosophical truths were often wrapped up in these sportive pro-

¹ Chap. xiv. vv. 14. 18. Chytræus, in his note on this passage, has several excellent and learned remarks on the subject. Vid. Seber. ad Poll. t. v. p. 141.

² Pollux. vi. 108. Scalig. Poet. iii. 84.

³ Schol. Aristoph. Vesp. 20. Athen. x. 69.

blems, which purposely obscured, so as to afford but dim and distant glimpses of the forms within, necessarily exercised and sharpened the wit and induced keen and persevering habits of investigation. The reward also and the penalty had the same tendency. A crown, an extra junket, and the applause of the company, cheered the successful Œdipos, while the lackwit who beat about the bush without catching the owl, had to make wry faces over a cup of brine or pickle. Theodectes, the sophist, a man distinguished for the excellence of his memory, obtained reputation as a riddle-solver, and denominated such questions the "springs of memory."¹ But whatever the interrogatories themselves may have been, the reward, to which their solution often led, was rather a source of forgetfulness, consisting of a goblet of wine which, when no interpreter could be found, passed to the propounder.²

The riddle was of course a mine of wealth to the comic poets, who could not be supposed to forego the use of so admirable a contrivance to raise expectation and beget surprise. But it is clear, from the examples still preserved, that they oftener missed than hit. Antiphanes's griphoi on "bringing and not bringing;" on the "porridge-pot;" on a "tart," &c., are poor things; but the following from the "Dream" of Alexis is good:

- A. A thing exists which nor immortal is,
Nor mortal, but to both belongs, and lives
As neither god nor man does. Every day,
'Tis born anew and dies. No eye can see it,
And yet to all 'tis known.
- B. A plague upon you!
You bore me with your riddles.
- A. Still, all this
Is plain and easy.
- B. What then can it be?
- A. SLEEP—that puts all our cares and pains to flight.³

¹ Pollux. vi. 108.

Suidas. v. γρῖφος, t. i. p. 628, seq.

² Etym. Mag. 341, 35, sqq.

³ Athen. x. 71.

The following from Eubulos is not amiss :

- A. What is it that, while young, is plump and heavy,
But, being full grown, is light, and wingless mounts
Upon the courier winds, and foils the sight ?
- B. The THISTLE'S BEARD ; for this at first sticks fast
To the green seed, which, ripe and dry, falls off
Upon the cradling breeze, or, upwards puffed
By playful urchins, sails along the air.

Antiphanes, in his Sappho, introduces a very ingenious riddle, partly for the purpose of offering a sarcastic explanation directed against the orators :

There is a female which within her bosom
Carries her young, that, mute, in fact, yet speak,
And make their voice heard on the howling waves,
Or wildest continent. They will converse
Even with the absent, and inform the deaf.¹

The poet introduces the "Lesbian maid," explaining the riddle, and this passage of the Athenian comic writer may be regarded as the original of those fine lines in Ovid, which Pope has so elegantly translated :

Heaven first taught LETTERS for some wretch's aid,
Some banish'd lover, or some captive maid,
They live, they speak, they breathe what love inspires,
Warm from the soul, and faithful to its fires,
The virgin's wish without her fears impart,
Excuse the blush and pour out all the heart,
Speed the soft intercourse from soul to soul,
And waft a sigh from Indus to the pole.

By this time, however, the reader will probably be of opinion, that we have lingered long enough about the dinner-table and its attendant pastimes. We shall therefore hasten the departure of the guests, who after burning the tongues of the animals that had been sacrificed, to intimate that whatever had been uttered was to be kept secret, offered

¹ Athen. x. 73.

libations to Zeus, Hermes, and other gods, and took their leave, in ancient times before sunset; but afterwards, as luxury and extravagance increased, the morning sun often enabled them to dispense with link-boys. Examples, indeed, of similar perversions of the night occur in Homer and Virgil, but always among the reckless or effeminate in the palaces of princes, whence, in all ages, the stream of immorality has flowed downward upon society to disturb and pollute it. The company assembled at Agathon's, also, sit up all night in Plato; and Aristophanes represents drunken men reeling home through the agora by daylight.

CHAPTER VII.

THE THEATRE.

It is far from being my purpose to repeat the information which may be obtained from a hundred authors on the rise and progress of scenic representation in Greece. I shall, on the contrary, confine myself chiefly to those parts of the subject which others have either altogether neglected, or treated in a concise and unsatisfactory manner. It would, nevertheless, be beside my purpose to attempt the clearing up of all such difficulties as occur in the accounts transmitted to us of the Hellenic drama; and, in fact, notwithstanding the laborious investigations into which I have been compelled to enter, I feel that there are many points upon which I can throw no new light, and which appear likely for ever to baffle the ingenuity of architects and scholars.

Dionysos, being a deity connected with agriculture, his worship naturally took its rise, and for a long time prevailed chiefly, in the country. His festivals were celebrated with merriment; and, the power of mimicry being natural to man, the rustics, when congregated to set forth the praise of their tutelary god, easily glided into the enactment of a farcical show. And dramatic exhibitions at the outset were little superior to the feats of Punch, though, so great was their suitability to the national character, that, in the course of time, every town of note had its own theatre, as it had of old its own dithyrambic bard;¹ and dramatic writers were

¹ Schol. Aristoph. Av. 1404.

multiplied incomparably beyond what they have been in any other country.

Both tragedy and comedy,¹ properly so called, took their rise in Attica, and there only, in the ancient world, flourished and grew up to perfection. The theatre, in fact, formed at length a part of the constitution, and, probably, the worst part, its tendency being to foster personal enmities, to stir the sources of malice, and, while pretending to purge off the dross of the passions by the channels of sorrow and mirth, to induce habits of idleness and political apathy, by affording in the brilliant recesses of a mock world a facile refuge from the toils and duties of the real one. Nevertheless, it may be curious to open up a view into that universe of shadows wherein the vast creations of Æschylus, of Sophocles, of Euripides, of Aristophanes, and Menander displayed themselves before the eyes of the Athenians, with a costly grandeur and magnificence never equalled save in imperial Rome.

It has been already remarked, that to the Dionysiac theatre of Athens the architectural speculations of Vitruvius on dramatic edifices apply, this building having constituted the model on which similar structures were afterwards erected.² By carefully studying its details, therefore, we shall be enabled to form a tolerably just conception of all the theatres once found in Greece, though each, perhaps, may have been slightly modified in plan, general arrange-

¹ See Bentley, Dissert. on Phal. i. 251.

² On the form and construction of ancient theatres, see Chandler, Travels, &c., who describes the ruins of the theatre of Teos. i. 110; of Ephesos, 138; of Miletos, (457 feet in length,) 168; of Myos, 191; of Stratonica, 222; of Nysa, built with a blue-veined marble, 245; of Laodicea,

262; of Ægina, ii. 16; of Athens, 113; of Eleusis, 215; on the theatre of Syracuse, see Antiq. of Athens, &c. Supplementary to Stuart, by Cockerel, Donaldson, &c. p. 38.—See a plan of the theatre in the grove of Asclepios at Epidaurus, pl. 1. p. 53, and another of that of Dramyos, near Joannina, pl. 3.—(Compare on the Dionysiac Theatre, Leake, Topog. of Athens, p. 53, sqq.)

ment, and decorations, by the peculiarities of the site, and the science or taste of its architect.

The great theatre of Bacchos, partly scooped out of the rock on the face of the hill at the south-eastern angle of the Acropolis, stretched forth, on solid piers of masonry, a considerable distance into the plain, and was capable of containing upwards of thirty thousand people. The diameter, accordingly, if it did not exceed, could have fallen little short of five hundred feet.¹ For we are not to suppose that, while Sparta,² and Argos, and Megalopolis, cities comparatively insignificant, possessed theatres of such dimensions, Athens, incomparably the largest and most beautiful of Hellenic capitals, would have been content with one of inferior magnitude.³

To determine accurately the various parts of the theatre, and thus affix a distinct meaning to every term connected with it, has exercised the ingenuity of critics and architects for the last three hundred years, still leaving many difficulties to be overcome. I can scarcely hope in every case to succeed where they have failed. But the following explanation may, perhaps, convey of its interior an idea sufficiently exact for all practical purposes.

Supposing ourselves to be standing at the foot of the Katatomè,⁴ a smooth wall of rock, rising perpendicularly from the back of the theatre to the superimpending fortifications of the Acropolis, we

¹ Even a provincial theatre is compared by the rustic in Dion Chrysostom to a large hollow valley, i. 229; what then could the Abbé Dubos be thinking of when he wrote, "Il étoit impossible que les altérations du visage que le masque cache furent aperçûes distinctment des spectateurs, dont plusieurs étoient éloignées de plus de douze toises du comédien qui récitoit!"—*Reflex. Crit.* i. 609.

² Scalig. *Poet.* i. 21.

³ Colonel Leake, *Topog. of Ath.* p. 59. Cf. Wordsworth's *Athens and Attica*, p. 29. The conjecture of Hemsterhuis on the passage of Dicæarchos cannot be adopted. The words must apply to the theatre; for he says the Parthenon charmed the spectators. But this could not apply to the Odeion, which was roofed.

⁴ *Poll.* iv. 123.

behold on either hand, surmounted by porticoes, lofty piers of masonry projecting like horns down the rocky slope into the plain and united at their extremities by a wall of equal height, running in a straight line from one point of the horseshoe to the other. The space thus enclosed is divided into three principal parts, — the amphitheatre for the spectators, the orchestra,¹ filling all the space occupied by the modern pit, for the chorus, and the stage, properly so called, for the actors. Each of these parts was again subdivided. Looking down still from the Katatomè, we behold the benches of white marble, sweeping round the whole semicircle of the theatre, descend like steps to the level of the orchestra, and intersected at intervals by narrow straight passages converging towards a point below.² A number of the upper seats, cut off, by an open space extending round the whole semicircle, from the rest, was set apart for the women. Other divisions were appropriated to other classes of the population, as the tier of seats immediately overlooking the orchestra to the senators, or dicasts, another portion to the youth, another to foreigners and the guests of the state, while the remainder was occupied by the dense mass of citizens of all ages,³ with crowns of flowers on their heads.

Above the level of the most elevated range of seats, and stretching round the whole sweep of the edifice,⁴ arose a spacious portico,⁵ designed to afford

¹ Tim. Lex. Platon. in v. ὀρχή-
στρον. p. 104. Poll. iv. 123.

² Poll. iv. 123.—The Cunei, for greater convenience, had particular marks, numbers, or names to distinguish them: the podium of the diazoma of the theatre at Syracuse has an inscription cut on the fascia of the cornice to each cuneus. — Antiq. of Ath. &c. Supplem. to Stuart, &c., by

Cockerel, Kinnaird, Donaldson, &c., p. 38.

³ For the children, see Plat. de Rep. t. vi. p. 128. Athen. xi. 13. Cf. Aristid. t. i. p. 505. Jebb.

⁴ Vitruv. v. 9. Donaldson, Theatre of the Greeks, p. 139.

⁵ Among the Romans it was customary to carry along with them, as a defence against rain,

shelter to the spectators during the continuance of a sudden shower. Another range of porticoes extended along the small lawn or grove within the limits of the theatre, at the back of the stage, so that there was little necessity for the Athenian people to take refuge, as some have imagined, from the weather in the public buildings, sacred or civil, in the vicinity.

It would appear from an expression in Pollux,¹ that the lower seats of the theatre, appropriated to persons of distinction, were covered with wood,² notwithstanding which, it was usual, in the later ages of the commonwealth, for rich persons to have cushions brought for them to the theatre by their domestics,³ together with purple carpets for their feet. Theophrastus, accordingly, whom few striking traits of manners escaped, represents his flatterer snatching this theatrical cushion from the slave, and adjusting and obsequiously smoothing it for his patron.⁴ To render their devotion to Dionysos still less irksome, it was customary to hand round cakes and wine during the representation, though, like Ho-

thick cloaks, rockets, or mandilions. Buleng. de Theat. i. 15. —The theatre of Regilla, built by Herodes Atticus in honour of his wife, was roofed with cedar.—Philost. Vit. Sophist. ii. 1. 5.—In later ages a velarium appears to have been extended over the great Dionysiac theatre, as was the custom at Rome.—Wordsworth, Athens and Attica, p. 90. Cf. Dion. Cass. xliii. p. 226. a. Hanov. 1606.

¹ Onomast. iv. 122.—To kick the seats with the heel was called *περυκοπεῖν*, which they did when they wanted to drive away an actor, id. *ibid.* Cf. Diog. Laert. ii. 8. 4.

² On the old wooden theatre see Hesych. v. *ικρία*. Suid. v. *ικρία*,

t. i. p. 1234. d. Sch. Aristoph. Thesm. 395.—This theatre fell down whilst a play of Pratinas was acting.—Suid. v. *Παρίνας*, t. ii. 585. d.

³ Upon this practice Dr. Chandler has an ingenious conjecture. After attentively viewing the seats of several ancient theatres, and “considering their height, “width, and manner of arrangement, I am inclined to believe “that the ancient Asiatics sate “at their plays and public spectacles, like the modern, with “their legs crossed or gathered “under them, and, it is probable, “upon carpets.”—Travels, &c. i. 269.

⁴ Charact. c. ii. p. 10. Casaub.

mer's heroes, they were careful to fortify themselves with a good meal before they ventured abroad. We are informed, moreover, that when the actors were bad there was a greater consumption of confectionary, the good people being determined to make up in one kind of enjoyment what they lost in another. Full cups, moreover, were habitually drained on the entrance and exit of the chorus.¹

The orchestra, being considerably below the level of the stage, had in the middle of it a small square platform, called the Thymele,² sometimes regarded as a bema on which the leader of the chorus mounted when engaged in dialogue with the actors; sometimes as an altar on which sacrifice was offered up to Dionysos. That part of the orchestra which lay between the Thymele and the stage was denominated the Dromos, while the name of Parodoi was bestowed on those two spacious side-passages,³ the one from the east, the other from the west, at the extremities of the tiers of seats which afforded the chorus ample room for marching in and out in rank and file, in the quadrangular form it usually affected.

At the extremity of the orchestra a pier of masonry called the Hyposcension, adorned with columns and statues, rose to the level of the stage, where a most intricate system of machinery and decoration represented all that was tangible to sense in the creations of the poet. The stage was divided into two parts; first, the Ocribas or Logeion,⁴ floored with boards, and hollow beneath, for the purpose of reverberating the voice; second, the Proscenion,⁵ a broader parallelogram of solid stone-

¹ Philoch. Frag. Sieb. p. 85. Aristot. Ethic. Nic. 5. Athen. xi. 13.

² Etym. Mag. 653. 7. Cf. 458. 30. 743. 30. et Suid. v. σκηνη t. ii. p. 753, seq. Cf. Thom. Magist. in v. θυμέλη, p.

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458, seq. Blancard. Scalig. Poet. i. 21. Poll. iv. 123.

³ Sch. Aristoph. Acharn. 8. Cf. Vesp. 270.

⁴ Plat. Conviv. t. iv. 411. Tim. i. Lex. v. ὀκρίβας, p. 102. Etym. Mag. 620. 52. Poll. iv. 123.

⁵ Poll. iv. 123.

work, necessary to support the vast apparatus of machinery and decoration required by the character of the Grecian drama. The descent from the stage¹ into the orchestra was by two flights of steps situated at either extremity of the Logeion, at the point where the Parodoi touched upon the Dromos. Beyond the Proscenion arose the Scene,² properly so called, the aspect of which was constantly varied, to suit the requirements of each successive piece. In most cases, however, it represented the front of three different edifices, of which the central one, communicating with the stage by a broad and lofty portal, was generally a palace. Sometimes, as in the *Philoctetes*, this portal was converted into the mouth of a cavern,³ opening upon the view, amid the rocks and solitudes of Lemnos, while in other plays it formed the entrance to the mansion of some private person of distinction, but was always appropriated to the principal actor. The building on the right assumed in comedy the appearance of an inn, through the door of which the second actor issued upon the stage, while the portal on the left led into a ruined temple, or uninhabited house. In tragedy the right hand entrance was appropriated to strangers, while on the left was that of the female apartments, or of a prison.⁴

Upon the stage, in front of the doors, stood an altar of Apollo Agnieus, and a table covered with cakes and confectionary,⁵ which appears sometimes to have been regarded as the representative of that ancient table, on which, in the simplicity of Pro-

¹ It is impossible to adopt Genelli's idea on these flights of steps, by the injudicious position of which in his plan, he entirely breaks up and destroys the beauty of the Hyposcenion, especially as the Scholiast on Aristophanes positively states, that they led from the Parodoi to the Logeion.—Sch. Aristoph. Eq. 149.

² On the stage and scenery, see Casalius.—De Trag. et Com. c. i. ap. Gronov. Thesaur. t. viii. p. 1603.

³ Cf. Sch. Aristoph. Av. i.

⁴ Vid. Scalig. de Art. Poet. i. 21.

⁵ Poll. iv. 123. Vid. Spanh. ad Callim. t. ii. p. 228, seq.

thespian times, the solitary actor mounted when engaged in dialogue with the chorus.

When the stage was fitted up for the performance of comedy, there stood near the house a painted scene representing a large cattle-shed, with capacious double gates, for the admission of waggons and sumpter oxen, with herds and droves of asses, when returning from the field. In the *Akestriæ* of Antiphanes,¹ this rustic building was converted into a workshop. Beyond each of the side-doors on the right and left were two machines,² one on either hand, upon which the extremity of the *periactoi* abutted. The scene on the right represented rural landscapes, that on the left prospects in the environs of the city, particularly views of the harbour. On these *periactoi*,³ were represented the marine deities riding on the waves, and generally all such objects as could not be introduced by machinery. By turning the *periactoi* on the right, the situation was changed, but when both were turned a wholly new landscape was placed before the eye. Of the *parodoi*, or side-passages, that on the right led from the fields, from the harbour, or from the city, as the necessities of the play required, while those arriving on foot from any other part entered by the opposite passage, and, traversing a portion of the orchestra, ascended the stage by the flights of steps before mentioned.

The machinery⁴ by which the dumb economy of the play was developed consisted of numerous parts, highly complicated and curious. To avoid labour, and, perhaps, some tediousness, these might be passed over with such a remark as the above, but this would be to escape from difficulties not to diminish them. I shall descend to particulars.

First, and most remarkable, was that machine called an *Eccyclema*,⁵ much used by the ancients when

¹ Scalig. reads Antipho. De Art. Poet. i. 21.

² Μηχαραι for μίαι. Cf. Annot. Poll. iv. 126.

³ Poll. iv. 126, 130, seq.

⁴ Vid. Buleng. De Theat. c. 21.

⁵ Poll. iv. 127, seq.

scenes within-doors were to be brought to view. It consisted of a wooden structure, moved on wheels, and represented the interior of an apartment. In order to pass forth through the doors, it was formed less deep than broad, and rolled forth sideways, turning round afterwards, and concealing the front of the building from which it had issued. The channels in the floor, which were traversed by the wheels, doubtless concealed beneath the lofty basis, received the name of *Eiscyclema*.¹ Sometimes, as in the *Agamemnon*, it presented to view "the royal bathing apartment with the silver laver, the corpse enveloped in the fatal garment, and Clytemnestra, besprinkled with blood, and holding in her hand the reeking weapon, still standing with haughty mien over her murdered victim."² On other occasions a throne, a corpse, the interior of a tent, the summit of a building, were exhibited; and in the *Clouds* of Aristophanes the interior of Socrates' house was laid open to the spectators, containing a number of masks, gaunt and pale, the natural fruit of philosophy.³ It should be remarked that the *Eccyclema* issued through any of the doors, as the piece required the cells of a prison, the halls of a palace, or the chambers of an inn, to be placed before the eyes of the audience.

That peculiar machine in which the gods made their appearance,⁴ or such heroes as enjoyed the privilege of travelling through the air, — Bellerophon, for example, and Perseus, — stood near the left side-entrance, and, in height, exceeded the stone skreen at the back of the stage. This, in tragedy, was denominated *Mechanè*, and *Kradè* in comedy,⁵ — in

¹ Poll. iv. 128.

² Müller, Dissert. on the *Eu-
menid.* p. 91.

³ Sch. Aristoph. *Nub.* 185.

⁴ Ξενοκλῆς ὁ Καρκίνου δοκεῖ μηχανὰς καὶ τερατείας εἰσάγειν ἐν τοῖς δράμασι. Πλάτων Σοφισταῖς· Ξενοκλῆς ὁ δωδεκαμήχαρος ὁ Καρκίνου παῖς τοῦ Θα-

λαττίου· μηχανοδίφας δὲ εἶπεν αὐτοὺς, ἐπειδὴ πολλακίς ὡς τραγωδοὶ μηχανὰς προσέφερον, ἥνικα Θεοὺς ἐμμοῦντο ἀνερχομένους ἢ κατερχομένους ἐκ τοῦ οὐρανοῦ ἢ ἄλλο τι τοιοῦτον. Schol. Aristoph. *Pac.* 769.

⁵ Poll. iv. 129. *Etym. Mag.* 465. 56. 534. 39.

this case resembling a fig-tree, which the Athenians called *Kradè*. The watch-tower, the battlements, and the turret, were constructed for the use of those watchmen, such as the old man in the *Agamemnon*, who looked out for signals, or indications of the coming foe. The *Phructorion*¹ was a pharos, or beacon-tower. Another portion of the stage was the *Distegia*, a building two stories high in palaces, from the top of which, in the *Phœnissæ* of Euripides,² *Antigone* beholds the army. It was roofed with tiles, (and thence called *Keramos*,) which they sometimes cast down upon the enemy. In comedy, libertines and old women, or ladies of equivocal character, were represented prying into the street for prey from such buildings.

The *Keraunoskopeion*³ was a lofty triangular column, which appears to have been hollow, and furnished with narrow fissures, extending in right lines from top to bottom. Within seem to have been a number of lamps, on stationary bases, from which, as the *periactos* whirled round, sheets of mimic lightning flashed upon the stage from behind the scenes.

The construction of the *Bronteion*,⁴ or thunder magazine, I imagine to have been nearly as follows:—a number of brazen plates, arranged one below another, like stairs, descended through a steep, vaulted passage behind the scene, into the bottom of a tower, terminating in a vast brazen caldron. From the edge of this, a series of metallic apertures,⁵ probably spiral, pierced the tower wall, and opened without in funnels, like the mouths of trumpets.

When some deity was required to descend to earth in the midst of lightning and sudden thunder, the *Keraunoskopeion* was instantaneously put in motion, and showers of pebbles from the sea-shore were hurled

¹ Aristopl. *Av.* 1161, et Schol. Cf. Herod. ap. Const. in v. *φρυκτώριον*. Poll. iv. 127.

² Phæn. 688, cum not. et Schol. Bekk. Poll. iv. 127, 129.

³ Poll. iv. 127. 130.

⁴ Idem, *Ibid.*

⁵ These were called *ἡχεῖα*. Schol. Aristoph. *Nub.* 292.

down the mouth of the Bronteion, and, rolling over the brazen receptacles, produced a terrific crash, which, with innumerable reverberations, was poured forth by the Echeia upon the theatre.¹

In a lofty gallery called the Theologeion, extending over the marble skreen at the back of the stage, appeared the gods, when the drama required their presence; and hence, I imagine, the Hebrew colony which makes its appearance nightly near the roof of our own theatres have obtained the name of gods. Here Zeus, and the other deities of Olympos, were assembled in that very extraordinary drama of Æschylus, the Psychostasia, or weighing in the balance the souls of Achilles and Hector.

They employed in the theatre the machine called a Crane,² the point of which being lowered, snatched up whatever it was designed to bear aloft into the air. By means of this contrivance, Eos, goddess of the dawn, descended and bore away the body of Memnon, slain by Achilles before Troy. At other times strong cords, so disposed as to resemble swings, were let down from the roof, to support the gods or heroes who seemed to be borne through the air.

Though by turning the Periactoi three changes of scene could be produced, many more were sometimes required, and, when this was the case, new landscapes were dropped, like hangings, or slid in frames in front of those painted columns. These usually represented views of the sea, or mountain scenery, or the course of some river winding along through solitary vales, or other prospects of similar character, according to the spirit of the drama.

The position of the Hemicycle is more difficult to comprehend. It appears to have been a retreating semicircular scene, placed facing the orchestra, and masking the marble buildings at the back of the stage, when a view was to be opened up into some distant part of the city, or shipwrecked ma-

¹ Schol. Aristoph. Nub. 292, 294.

² Poll. iv. 130.

riners were to be exhibited buffeting with the waves. Not very dissimilar was the Stropheion,¹ which brought to view heroes translated to Olympus, or on the ocean, or in battle slain, where change of position with respect to the spectator was produced by the rotatory motion of the machine.

The position of the Charonian staircase,² by which spectres and apparitions ascended from the nether world, is exceedingly difficult to be determined; but that it was somewhere on the stage appears to me certain, notwithstanding the seeming testimony of Pollux to the contrary. The hypothesis which makes the ghosts issue from a door immediately beneath the seats of the spectators, and rush along the whole depth of the orchestra, among the chorus and musicians, is, at any rate, absurd. It must have been somewhere towards the back of the stage, near the altar of Loxios, the table of shew-bread and those sacred and antique images which in certain dramas were there exhibited. Here, likewise, was the trap-door, through which river-gods issued from the earth, while the other trap-door, appropriated to the Furies, seems to have been situated in the boards of the Logeion, near one of the flights of steps leading down into the orchestra.

The above synopsis of the machinery and decorations employed by the Greeks in their theatrical shows may, possibly, from its imperfection, suggest the idea of a rude and clumsy apparatus. But, as the arts of poetry, sculpture, painting, and architecture reached in Greece the highest perfection, and, as this perfection was coëtaneous with the flourishing state of the drama, it is impossible to escape the conviction, that the art of scene-painting and the manufacturing of stage machinery, likewise, underwent all the improvements of which by their nature they are susceptible. For, in the first place, it is not easy to suppose, that a people, so fastidious

¹ Poll. iv. 131.

² Id. iv. 132.

as were the Athenians, would have tolerated in the theatre displays of ignorance and want of skill which everywhere else they are known to have overwhelmed with contempt and derision; more especially as, in the first place, the landscapes and objects represented were usually those with which they were most familiar, though the fancy of the poet sometimes ventured to transport them to the most elevated and inaccessible recesses of Mount Caucasus, to the summit of the celestial Olympus, to the palaces and harems of Persia, to the wilds of the Tauric Chersonese,¹ or even to the dim and dreary regions of the dead. The names, nevertheless, of few scene-painters, besides Agatharchos,² have come down to us, though it is known, that, in their own day, they sometimes divided with the poet the admiration of the audience, and, on other occasions, enabled poets of inferior merit to bear away the prize from their betters.

The character, however, of stage-scenery differed very widely in tragedy, comedy, and satyric pieces,³ usually consisting, in the first, of façades of palaces, with colonnades, architraves, cornices, niches, statues, &c.; in comedy, of the fronts or courts of ordinary houses, with windows, balconies, porticoes, &c.; while, in the satyric drama, the fancy of the painter and decorator was allowed to develop before the audience scenes of rural beauty remote from cities, as the hollows of mountains shaded with forests, winding valleys, plains, rivers, caverns, and sacred groves.

Of the Grecian actors,⁴ whose business and profession next require to be noticed, too little by far is known, considering the curious interest of the subject. Their art, however, would appear to have sprung from that of the rhapsodists, who chanted

¹ Cf. *Æsch. Prom.* 2.

² *Vitruv. Præfat. lib. vii. Plut.* 763. 27.

Alcib. § 16.

³ *Vitruv. v. 8. Etym. Mag.*

763. 27.

⁴ *Vid. Casal. c. 2.*

in temples, during religious festivals, and afterwards in the theatres, the heroic lays of Greece. To a certain extent, indeed, the rhapsodist was himself an actor. His art required him to enter deeply into the spirit of the poetry he recited, to suit to the passion brought into play the modulations and inflexions of his voice, his tone, his looks, his gesture, so as vividly to paint to the imagination the picture designed by the poet, and sway the whole theatre by the powerful wand of sympathy through all the gradations of sorrow, indignation, and joy.¹ By some writers, accordingly, the rhapsodist is apparently confounded with the actor, that is, he is considered an actor of epics,² though in reality his imitations of character were partial and imperfect.

Actors formed at Athens part of a guild, or company, called the Dionysiac artificers,³ among whom were also comprehended rhapsodists, citharædi, citharistæ, musicians, jugglers, and other individuals⁴ connected with the theatre. These persons, though for the most part held in little estimation, were yet somewhat more respectable than at Rome, where to appear on the stage was infamous.⁵ Like the rhapsodists, they generally led a wandering life, sometimes appearing at Athens,⁶ sometimes at Corinth,

¹ Plat. Ion. t. ii. p. 183, seq. Wolf. Proleg. p. 95. Cf. S. F. Dresig. Comment. Lips. 1734. Gillies, Hist. of Greece, vol. i. c. 6.

² Diod. Sic. xiv. 109. xv. 7.

³ Philost. Vit. Soph. ii. 16. Vit. Apoll. Tyan. v. 7. Vandale, Dissert. 380, seq.

⁴ Casaub. ad Theoph. Char. p. 121. Athen. v. 49. Animadv. t. viii. p. 196.

⁵ Vandale. Dissert. v. p. 383.

⁶ Plat. de Rep. viii. t. ii. p. 229, seq. Athen. xiii. 44. In Roman times we find an actor travelling from the capital to Seville in Spain, where with

his lofty cothurni, strange dress, and gaping mask, he frightened the natives out of the theatre. — Philost. Vit. Apoll. Tyan. v. 9. Cf. Luc. de Saltat. § 27. A taste for the amusements of the Grecian stage was diffused far and wide through the ancient world, so that we find the princes of Persia and Armenia not only enjoying the representation of Greek tragedies, but themselves, likewise, in some instances, aspiring to rival the dramatic poets of Hellas. Thus Artavasdes, the Armenian prince, is said to have written tragedies, as well as his-

or Sicyon, or Epidaurus, or Thebes, after the fashion approved among the strollers of our own day. In the course of these wanderings they now and then fell in with rare adventures, as in the case of that company of comedians which, on returning from Messenia towards the Isthmus, was met by king Cleomenes and the Spartan army near Megalopolis.¹ To exhibit the superiority of his power and his contempt for the enemy, Cleomenes threw up, probably with turf and boards, a temporary theatre, where he and his army sat all day enjoying the jokes and wild merriment of the stage, after which, he bestowed, as a prize, upon the principal performers, the sum of forty minæ, or about one hundred and sixty pounds sterling.

About this period, however, it was usual for the armies of Greece, republican as well as royal, to be followed by companies of strollers, jugglers, dancing girls, and musicians.² Even in the army of Alexander, when proceeding on the Persian expedition, the "flatterers of Dionysos"³ were not forgotten; in fact, the son of Philip set a high value upon the performances of these gentlemen, and with truly royal munificence allowed them to enjoy their full share of the plunder of the East. Thus, when Nicocreon, king of Salamis, and Pasicrates, king of Soli,⁴ played the part of Choregi in Cyprus, in getting up certain tragedies there performed for the amusement of Alexander, and the actors, Thessalos, and Atheno-

tories and orations, some of which still existed in the age of Plutarch. The Parthian court was engaged in beholding the Bacchæ of Euripides, in which Jason of Tralles was the principal performer, when Sillaces brought in the head of Marcus Crassus, upon which both king and nobles delivered themselves up to immoderate joy, and the actor, seizing upon the Roman's head, ex-

changed the part of Pentheus for that of his mother, who appears upon the stage bearing a bleeding head upon her thyrsus; for this he received a present of a talent from the king.—Plut. Crass. § 33. Polyæan. vii. 41. 1.

¹ Plut. Cleom. § 12.

² Plut. ubi supra.

³ Διονυσοκόλακες. Athen. vi. 56.

⁴ Plut. Alex. § 29.

doros the Athenian, contended for the prize; he was piqued at the victory of the Athenian, and, though he commended the judges for bestowing the prize on him whom they regarded as the best performer, said, he would have given a part of his kingdom rather than have beheld Thessalos overcome by a rival.

Afterwards, when Athenodoros was fined by his countrymen for absenting himself from Athens during the Dionysiac festival, evidently contrary to the statutes in that case made and provided, Alexander paid the fine for his humble friend, though he refused to make application to the people for its remission.

An anecdote related of Lycon of Scarphe, also shows the high value set by the Macedonian prince upon the amusements of the stage, and the influence exercised over his mind by the Dionysiac artificers, though, according to Antiphanes, he wanted the taste to discriminate between a good play and a bad one. The Scarpheote being one day in want of money, as actors sometimes are, introduced into the piece he was performing a line of his own making, beseeching the conqueror to bestow on him ten talents; Alexander, amused by his extravagance, or captivated perhaps, by the flattery which accompanied it, at once granted his request, and thus upwards of two thousand four hundred pounds of the public money were expended for the momentary gratification of a prince.¹

The philosophers, almost of necessity, thought and spoke of these wandering performers with extreme contempt. Plato observes, that they went about from city to city collecting together thoughtless crowds, and, by their beautiful, sonorous, and persuasive voices, converting republics into tyrannies and aristocracies. Aristotle endeavoured to account for their evil character and agency.² They

¹ Plut. Alex. § 29.

² Prob. xxx. 10. They were

likewise corrupted by their profession, since, in female parts,

were worthless, he says, because of all men they profited least by the lessons of reason and philosophy, their whole lives being consumed by the study of their professional arts, or passed in intemperance and difficulties.

Nevertheless, even among them there were different grades, some aiming at the higher walks of tragedy and comedy; while others were content to declaim rude, low songs, seated on waggons like mountebanks during the Lenæan festival.¹ Nor must this fashion be at all regarded as Prothespian, since it prevailed down to a very late period. And as in every thing the Greeks aimed at excellence and distinction, so even here we find that there was a contest between the poets who wrote the comic songs sung by these humble performers from their waggons.²

The various classes of actors known to the ancients were numerous. Among the lower grades were the Magodos, and the Lysiodos,³ who though confounded by some, appear clearly to have been distinct; the former personating both male and female characters; the latter female characters only, though disguised in male costume. But the songs, and every other characteristic of their performances, were the same. The spirit of the coarse satirical farces they acted forbids my explaining their nature fully.

There were even several authors who attained a "bad eminence" in this department of literature, which especially affected the Ionic dialect, as Alexander, the Ætolian,⁴ Pyretos of Miletos, a city noted for its dissolute characters, and Alexos, who obtained

they frequently indulged in immodest gestures, as is particularly related of Callipedes. Id. Poet. v. 2. Cf. Macrob. Saturnal. l. ii. c. 10.

¹ Occasionally, as among ourselves, jugglers were introduced upon the stage, swallowing swords

and performing other fantastic tricks.—Plut. Lycurg. § 19.

² Schol. Aristoph. Eq. 545.

³ Athen. iv. 80. v. 47. vi. 61. Cf. Eustath. ad Odyss. ψ. p. 106; sub fin.

⁴ Suid. v. φλόακες, t. ii. p. 1073. b.

on this account an opprobrious sobriquet. The most remarkable, however, of this vicious brood would appear to have been Sotades¹ the Maronite, and his son Apollonios who wrote a work on his father's poems. Sotades was probably the original imitated by Pietro Aretino, who obtained in modern times a like reputation, though timely penitence may have snatched him from a similar end. The ancient libeller, enacting the part of Thersites, fastened with peculiar delight on the vices of princes, not from aversion to their manners, but because such scandal paved the way to notoriety. Thus at Alexandria, he covered Lysimachos with obloquy, which, when at the court of Lysimachos, he heaped upon Ptolemy Philadelphos. His punishment, however, exceeded the measure of his offences. Being overtaken in the island of Caunos by Patrocles, one of Ptolemy's generals, the obsequious mercenary caused him to be enclosed in a leaden box and cast into the sea.²

The Magodos, then, was a wandering farce actor, not unlike the tumbling mountebanks one sometimes sees in France and southern Europe. He travelled about with an apparatus of drums, cymbals, and female disguises, sometimes impersonating women, sometimes adulterers or the mean servants of vice; and the style of his dancing and performances corresponded with the low walk he selected, being wholly destitute of beauty or decorum. It seems necessary, therefore, to adopt the opinion of Aristoxenos, who considered the art of the Hilarodos as a serious imitation of tragedy; that of the Magodos as a comic parody, brought down to the level of the grossly vulgar. The latter art would appear to have derived its name from the charms, spells, or magical songs chanted by the mountebanks who likewise pretended to develop the secrets of pharmaceuticals.

¹ Cf. Fabric. Bib. Græc. ii. p. 495, seq.

² Athen. xiv. 13.

Superior in every way to the Magodos and Lysiodos was the Hilarodos,¹ who, though a wandering singer like the Italians and Savoyards of modern Europe, affected no little state, and was evidently treated with some respect. His costume, in conformity with the popular taste, displayed considerable magnificence, consisting of a golden crown, white stole and costly sandals, though in earlier ages he appeared in shoes. He was usually accompanied by a youth or maiden who touched the lyre as he sung. The style of his performances was decorous and manly. When a crown was given him in token of approbation by the audience, it was bestowed on the Hilarodos himself, not on the musician.

A class of actors existed, also from very remote times, among the Spartans. They were called Deikelistæ,² and their style of performing showed the little value set upon the drama at Sparta. The poetry of the piece, if poetry it could be called, was extempore and of the rudest description, and the characters were altogether conformable. Sometimes the interest of the play turned upon a man robbing an orchard, or on the broken Greek of an outlandish physician, whom people respected for his gibberish. This weakness, prevalent of course at Athens also, is wittily satirised by Alexis in his Female Opium Eater.

“ Now if a native

Doctor prescribe, ‘ Give him a porringer
Of ptisan in the morning,’ we despise him.
But in some *brogue* disguised ’tis admirable.
Thus he who speaks of *Beet* is slighted, while
We prick our ears if he but mention *Bate*,
As if *Bate* knew some virtue not in *Beet*.”³

¹ Cf. Athen. iv. 57. Salm. Exercit. Plin. p. 76. Voss. Institut. Poet. ii. 21. Rhinthon was the inventor of the Hilaro-tragædi. i. e. Tragi-comedy. Suid. v. Πίθων, t. ii. p. 685. b.

² Schol. Apoll. Rhod. i. 746.

Plut. Ages. 21. Athen. xiv. 15. Etym. Mag. 260. 42.

³ I have substituted this joke, à la Smollett, “for the miserable joke in the original.” Beet, Atticé σευτλίον, became τεύτλιον in the Doric brogue. Athen. xiv. 15.

The Deikelistæ, however, were not confined to Laconia, but, under various names were known in most other parts of Greece. Thus, at Sicyon, they obtained the appellation of Phallophori, elsewhere they were called Autocabdali, or Improvisatori; while in Italy, (that is, among the Greek colonists,¹) they were known by the name of Phlyakes.² By the common people they were called the wise men (*σοφίσται*), upon the same principle that actors in France are known by the name of *artistes*. The Thebans, renowned for the havoc they made in the language of Greece, denominated them the Voluntaries, alluding proleptically perhaps to the "voluntary principle." Semos, the Delian, draws an amusing picture of these Improvisatori. Those performers, he says, who are called Autocabdali made their appearance on the stage, crowned with ivy, and poured forth their verse extempore. The name of Iambi was afterwards bestowed, both on them and their poems. Another class who were called Ithyphalli,³ wore those masks, which on the stage were appropriated to drunkards, with crowns of ivy and flowered gloves upon their hands. Their chitons were striped with white, and over these, bound by a girdle at the loins, they wore a Tarentine pelisse descending to the ankle. They entered upon the stage by the great door appropriated to royal personages, and, advancing in silence across the stage, turned towards the audience and exclaimed,—

"Make way there, a wide space
Yield to the god;
For Dionysos has a mind to walk
Bolt upright through your midst."

¹ Among the mimics of this part of Italy, the most celebrated was Cleon, surnamed the Mimaulos, who dispensed with the use of a mask.—Athen. x. 78.

² Athen. xiv. 15. Cf. Suid. in *φλύακες*; t. ii. p. 1073. b.

³ Vid. Harpocrat. in v. *ιθύφαλλοι*. Mauss. p. 152.

The Phallophori made their appearance unmasked, shading their face with a drooping garland of wild thyme, intermingled with acanthus-leaves, and surmounted by an ample crown of ivy, with violets appearing between its glossy dark foliage. Their costume was the caunacè. Of these actors, some entered through the side-passages, others through the central door, advancing with measured tread, and saying,—

“ Bacchos, to thee our muse belongs,
Of simple chant, and varied lays ;
Nor fit for virgin ears our songs,
Nor handed down from ancient days :
Fresh flows the strain we pour to thee,
Patron of joy and minstrelsy ! ”

After which, skipping forward, they made a halt and showered their sarcasms indiscriminately on whomsoever they pleased, while the leader of the troop moved slowly about, his face bedaubed with soot.¹

The superior classes of performers, whether actors or musicians, seem to have been held in much estimation, and to have been still more extravagantly paid than in our own day. Thus Amœbæos, the Citharœdos, who lived near the Odeion at Athens, received, but at what period of the republic is not known, an Attic talent a day, as often as he played in public.² Music, however, was always in high estimation in Greece, where the greatest men, though they did not seek to rival regular professors in skill, yet learned to amuse their leisure with it. Thus the Homeric Achilles plays on the lyre, the sounds of which could not only cure diseases of the mind but of the body. A similar belief existed among the Israelites, as we learn from the example of Saul.

Though talent must have been always respected in an actor, it appears to me that anciently they

¹ Athen. xiv. 16.

² Athen. xiv. 17.

made comparatively little figure, while there were great poets to excite admiration. But, afterwards, when dramatic literature had sunk very low, the actor usurped the consideration due to the poet, as has long been the case in this country. They then contended for the prize in the tragic contests,¹ and began to entertain a high opinion of their own merits. In fact, the ignorant being better calculated to feel than to judge, the actors often obtained the first prizes in the games, and were held in higher estimation than the poets themselves.²

Thus persuaded of their own importance, they gradually exercised over the poor devils who composed plays for them, much the same tyranny as that in our own age complained of by the poetical servants of the theatre. That is, they despotically interfered with the framing of the plot, with the succession of the scenes, and procured episodes to be introduced, in order that they might show off their peculiar abilities. This is evident from a passage in Aristotle's *Politics*,³ where he observes that the celebrated actor Theodoros would allow no inferior performer to appear before him on the stage, knowing the force of first impressions; from which it is evident that the author was compelled to yield to his caprice.

Antiquity has preserved the names of many celebrated actors, of whom several played a conspicuous though sometimes a dishonourable part in the great theatre of the world. Thus Aristodemos, who performed the first character alternately with Theodoros, became afterwards a traitor and betrayed the state to Philip. Such too was the case with Philocrates and Æschines, both actors,⁴ and both rogues. Satyros, a comedian of the same period, appears to have been a man of high character and honour, who in consequence obtained the friendship of Demos-

¹ Aristot. *Ethic. Nicom.* iii. 4.

³ *Polit.* vii. 17.

² Aristot. *Rhet.* iii. 1.

⁴ *Dem. de Fal. Leg.* § 58.

thenes. But the Garrick of that age seems to have been Theocrines,¹ who by many, however, is supposed to have afterwards degenerated into a sycophant. Callipedes is chiefly known to us from the anecdote which describes the check his vanity received from Agesilaos. Having acquired great reputation as a tragic actor, he appears to have considered himself as equal at least to any king, and therefore, meeting one day with Agesilaos, he ostentatiously put himself forward, mingled with the courtiers and took much pains to attract his notice. Finding all these efforts useless, his pride was wounded, and going up directly to the Spartan, he said,

“Dost thou not know me, king?”

“Why,” replied Agesilaos, “art thou not Callipedes, the stage-buffoon?”²

The account transmitted to us of Æsopos is somewhat puzzling; he is described as one of the actors³ who performed in the tragedies of Æschylus, but is said to have been at the same time a fellow of infinite merriment who turned everything into a jest, a sort I suppose of comic Macbeth. Cægros obtained celebrity in the part of Niobe,⁴ in the tragedy of Æschylus or Sophocles; and Aristophanes enumerates among the pleasures of Dicasts the power, should such an actor appear before them in a court of justice, of requiring him by way of pleading his own cause, to give them a few choice speeches of his favourite tragic queen.

Among the most celebrated actors of antiquity was Polos, a native of Ægina, who studied the art of stage-declamation under Archias, known in his own age by the infamous surname of Phugadotheras, or the “Exile Hunter.”⁵ This miscreant it was, who,

¹ Dem. de Coron. § 97.

² Δεικηλίκτας. Plut. Ages. § 21. Apothegm. Lac. Ages. 57.

³ Sch. Aristoph. Vesp. 566.

⁴ Sch. Christ. ad loc. In Plato's time there were few or no actors who excelled at the same time in

tragedy and comedy. Plat. de Rep. t. vi. p. 123.

⁴ Sch. Aristoph. Vesp. 579.

⁵ Plut. Dem. § 28. Vit. x. Orat. 8. Another actor obtained the name of the Partridge. Athen. iii. 82.

under the orders of Antipater, pursued Demosthenes to the temple of Poseidon in Calauria, where, to escape the cruelty of the Macedonians, the orator put a period to his own life.

Polos appears to have risen speedily to that eminence which he maintained to the last. A striking anecdote is related of the means by which he worked upon his own feelings, in order the more vehemently to stir those of his audience. On one occasion,¹ having to perform the part of Electra, he took along with him to the theatre an urn containing the ashes of a beloved son, whom he had recently lost, and thus, instead of shedding, under the mask of the heroic princess, feigned tears over the supposed remains of Orestes, he sprinkled the urn which he bore upon the stage with the dews of genuine and deep sorrow. He eclipsed in reputation all the actors of his time, and was in tragedy what Theocritus, in the preceding age, had been in comedy. His salary, accordingly, was very great, amounting at one time to half a talent per day, out of which, to be sure, he was required to pay the third actor.

He must have led, moreover, a life of much temperance, otherwise he would scarcely have been able to accomplish what is related of him by Philochorus, who says, that, at seventy years of age, a little before his death, he performed the principal parts of eight tragedies in four days. His devotion to his art did not, however, carry him so far as that of the comic poets, Philemon and Alexis, who breathed their last upon the stage at the moment that the crown of victory was placed upon their heads, and so were literally dismissed for the last time from the scene amidst the shouts and acclamations of the admiring multitude.² But the passion of the Greeks for the arts of imitation did not confine itself to the enacting of human character and human feelings. Every species of mimicry found its patrons among them.

¹ Aulus Gellius, vii. 5.

² Plut. An. Seni. § 3.

There were, for example, persons who, by whistling, could imitate the notes of the nightingale; and Agesilaos, being once invited to witness the performances of one of these artists, replied somewhat contemptuously, "I have heard the nightingale herself."¹ Others, as Parmenion, could counterfeit to perfection the grunt of a pig,² though it is probable, that actors of smaller dimensions were called upon to perform in the comedy of Aristophanes, where the Megarean³ brings on the stage his daughters in a sack, and disposes of them as porkers, having first carefully instructed them in the proper style of squeaking. Other actors obtained celebrity⁴ through their power of imitating by their voice the grating or rumbling of wheels, the creaking of axletrees, the whistling of winds, the blasts of trumpets, the modulations of flutes, or pipes, or the sounds of other instruments. It was customary, too, among this class of performers, to mimic, doubtless, in pastoral scenes, the bleating of sheep, and the bark of the shepherd's dog, the neighing of horses, and the deep bellowing of bulls. They could imitate, moreover, but by what means is uncertain, the pattering of hail-storms, the dash and breaking of water in rivers or seas, with other natural phenomena. It was customary, likewise, as in modern times, to introduce boats and galleys rowed along the mimic waters of the stage, an example of which occurs on an Etruscan Chalcidone, where we behold a little vessel of extraordinary form, with a mariner at bow and stern, paddled along a bank adorned with flowers, while on a platform, occupying the

¹ Plut. Ages. § 21.

² Etym. Mag. 607. 25.

³ Acharn. 834.

⁴ Plut. de Aud. Poet. § 3. Plat. de Rep. t. vi. pp. 125—127. This philosopher, it is clear, entertained a less elevated idea of art than some modern

writers, who define it as follows: "Art is a representation (*μίμησις*), i. e. an energy by means of which a subject becomes an object,"—(Müller, cited by Mr. Donaldson, Theatre of the Greeks, p. 4.)—in other words, by which a nominative becomes an accusative.

boat's waist, two naked dancers are exhibiting their saltatorial powers.¹

Very singular figures were also introduced upon the stage, as wasps, frogs, and birds, of sufficiently large dimensions to be enacted by men; and still stranger personages occasionally made their appearance, as where, in a kind of practical parody of the story of Andromeda,² a whale emerges on the sea beach to snap off an old woman. In another drama the transformation of Argos was represented, after which this luckless male duenna strutted like a peacock before the audience. Io, moreover, was changed into a cow, and Euipe, in Euripides, into a mare. What there was peculiar in the appearance of Amy-mone it is not easy to conjecture; but she was, possibly, represented in the act of withdrawing the trident of Poseidon from the rock, from which gushed forth three fountains. The rivers, and mountains, and cities introduced³ were, doubtless, personifications, such as we still find in many works of art. The giants were simply, in all probability, huge figures of men, made to stalk about the stage, like elephants, with an actor in each leg; and the Indians, Tritons, Gorgons, Centaurs, with other personages of terrible or fantastic aspect, owed their existence, perhaps, to masks, if we may so speak, representing the whole figures.

In what form the Seasons, the Pleiades,⁴ or the nymphs of Mithakos, made their appearance on the stage, we are, I believe, nowhere told, though we possess some information respecting the costume and figure of those other strange persons of the drama, the Clouds,⁵ which came floating in through the Parodoi, enveloped, some in masses of white fleecy gauze, like vapour, others in azure, or many-tinted robes,

¹ Mus. Cortonens. tab. 60.

in the Gemme Antiche Figurate of Agostini.

² Schol. Aristoph. Nub. 548.

⁴ Poll. iv. 142.

³ See the figure of Alexandria

⁵ Vid. Schol. Aristoph. Nub. 289. 343. 442.

or in drapery like piled-up flocks of wool, to represent the various aspects of the skies; while a hazy atmosphere was probably diffused around them, as around the other gods, by the smoke of styrax or frankincense, burnt in profusion on the altars of the theatre. Here and there, through these piles of drapery, a mask with ruddy pendant nose, like the tail of a lobster, peered forth, and a human voice was heard chanting in richest cadence and modulation the lively anapæsts of the chorus.

In the tragedy of *Alcestis*, the grim, spectral figure of Death was beheld gliding to and fro through the darkness, in front of the palace of *Admêtos*, while personifications still, if possible, more strange and wild, made their appearance in other dramas,—as Justice, Madness, Frenzy, Strength, Violence, Deceit, Drunkenness, Laziness, Envy.¹

Plato, who entertained peculiar notions² respecting the dignity of human nature, banished the theatre from his Republic, because he thought it unbecoming a brave man, who had political rights to watch over and defend, to demean himself by low stage impersonations; and, from his account of what he would not have his citizens do, we learn what by others was done. Sometimes, he observes, the actor was required to imitate a woman, (though this task often devolved upon eunuchs,) whether young or old, reviling her husband, railing at and expressing contempt for the gods, either puffed up by the supposed stability of her felicity, or stung to desperation by the severity of her misfortunes and sorrows. Other female characters were to be represented, toiling, or in love, or in the pangs of labour; which shows that there was scarcely an act or passage in human life not occasionally imitated on the stage.

Slaves of course performed an important part in the mimic world of the theatre; and with these, Plato, by some unaccountable association of ideas,

¹ Poll. iv. 141, seq.

² De Rep. t. vi. p. 125.

classes smiths, and madmen, and vagabonds, and low artificers of every kind, and the rowers of galleys, and rogues, and cowards, below which his imagination could discover nothing in human nature.

But it was these very characters, with their low wit, buffoonery, and appropriate actions, that constituted the most effective materials of the comic poet, whose creed was, that

Les fous sont ici-bas pour nos menus plaisirs.

They accordingly hesitated at no degree of grotesque buffoonery and extravagance, introducing not only low sausage-sellers with their trays of black-puddings and chitterlings suspended on their paunches,¹ and drunkards lispng, hiccuping, and reeling about the stage,² but even libertines and profligates carrying on their intrigues in the view of the spectators. An example of this kind of scene occurs on an Etruscan bronze seal dug up near Cortona, which represents an adulterer in conference with his mistress, together with the Leno who brought them together.³

¹ Sch. Aristoph. Eq. 150.

² Athen. x. 33.

³ Mus. Cortonens. tabb. 18, 19.
Cf. p. 26, seq. 1750. Rom.

CHAPTER VIII.

THEATRE (*continued*).

INTO the various questions which have been raised respecting the origin and constitution of the chorus it is not my intention to enter. It undoubtedly appears, however, to have arisen amid the festivities of the vintage, when, after the grapes were brought home and pressed and the principal labours of the season concluded,¹ the rustics delivered themselves up to wild joy and merriment, chanting hymns and performing dances in honour of Dionysos, the protecting god of the vine. At first the number of the persons engaged in these dances could not have been fixed, since it is probable that all the vintagers, both male and female, joined in the sports, as they had previously joined in the labour. And this free and unformal character the Dithyrambic or Dionysiac chorus must have preserved, as long as it remained a mere village pastime. But when afterwards, advancing from one step to another, it assumed something of an artificial form and several chorusses arose which contended with each other for a prize, the performers must have undergone some kind of training,² both in singing and dancing, and then the number of the individuals constituting the chorus was possibly fixed. There appears to be some reason for thinking, that these exhibitions were more ancient than the congregation of the Athenians in one city, and that originally every tribe had its own

¹ Cf. Ficorini, *Degli Masch. Scen.* p. 15.

² On the importance afterwards

attached to the training of the chorus, see the substance of an inscription in Chandler, ii. 72.

chorus,¹ since we find that afterwards, when all the inhabitants of Attica came to regard themselves as one people, the Choreutæ were chosen from every tribe five.

By what gradations, however, the village chorus was transformed into the Dithyrambic, the Dithyrambic into the Satyric, and the Satyric again into the Tragic, it now appears impossible to ascertain; but it seems to be quite clear,² that in many ancient tragedies the number of the chorus was fifty,³ as, for example, in the "Judgment of the Arms," by Æschylus, in which silver-footed Thetis appeared upon the stage accompanied by a train of fifty Nereids.⁴ Again, according to certain ancient authors,⁵ in the Eumenides of Æschylus, the chorus of Furies at first amounted to fifty, which, rushing tumultuously, with frightful gestures and horrid masks,⁶ into the orchestra, struck so great a terror into the people, particularly the women⁷ and children, that their number was afterwards reduced by

¹ Sch. Aristoph. Av. 1404. Schneid. de Orig. Trag. Græc. c. i. p. 2. The Dithyrambic ode was said to have been invented by Arion at Corinth. Schol. Pind. Olymp. xiii. 25, seq. The first choral songs were improvisations. Max. Tyr. Dissert. xxi. p. 249.

² Poll. iv. 108. Sch. Aristoph. Acharn. 210.

³ Cf. Schol. ad Æschin. Tim. Orator. Att. t. xii. p. 376. Tzetz. ad Lycoph. p. 251, sqq. See also Müller, Dissert. on the Eumenides of Æschylus, p. 54. Schol. Aristoph. Eq. 587.—"Nous savons que sur les Théâtres Grecs les femmes dansaient dans les chœurs."—Winkel. Mon. Ined. iii. p. 86. I have found no proof in any ancient author that this was the practice among the Greeks.

⁴ Sch. Aristoph. Acharn. 848.

⁵ Vit. Æschyl. p. vi.

⁶ Bœttiger, Furies, p. 2. Poll. iv. 110. Schol. Aristoph. Av. 298. Eq. 586.

⁷ According to Mr. Bœttiger, however, "chez les anciens Athéniens les femmes n'ont jamais assisté aux représentations théâtrales."—Furies, p. 3, note. But, in addition to the proofs of the contrary, accumulated in the preceding book, the reader may consult the testimony of Aristides, who severely blames his countrymen for allowing their wives and children to frequent the theatres, t. i. p. 518, cf. p. 507.—Jebb. He speaks, indeed, more particularly of the Smyrniotes; but Smyrna was an Ionian colony.—Herod. i. 149.

law. I am aware that several distinguished scholars think very differently on this subject; some maintaining, that the chorus of Furies always consisted of fifteen, while others reduce their number to three. But, though both these opinions have been supported with much learning and ingenuity, it seems difficult to admit either the one or the other. In the first place, since every thing connected with the stage was in a state of perpetual fluctuation, since the masks and costume were repeatedly altered, since the number of the actors was augmented, since almost every arrangement of the theatre, and every characteristic of the poetry, underwent numerous modifications; the chorus, also, it is probable, submitted to the same alterations or reforms till it settled in that tetragonal figure¹ and determinate number which it afterwards preserved, as long as the legitimate drama existed in Greece.

In one point of view the history of the chorus is extremely remarkable. At first, and for some time, it constituted in itself the whole of the spectacle exhibited at the Dionysiac festivals, where its songs and dances, accompanied by such rude music as the times afforded, satisfied the demands of the popular taste, and were consequently supposed to be everything that the god required. By degrees, as experience suggested improvements either in the music, in the manner of dancing, or in the materials and composition of the odes, the movements, singing, and appearance of the Chorus, assumed a more artificial form, which was necessarily carried forward many steps in the career of amelioration by the institution of rival bodies of *Choreutæ*, who, from the natural principle of emulation, endeavoured to excel each other. Next, a detached member of its own body, mounted on a table, enacted the part of a stranger or messenger come to announce something which it imported the servants of Dio-

¹ Cf. Schol. Aristoph. *Acharn.* 209.

nysos to know. This table was doubtless placed directly in front of the altar of Bacchos, on the steps of which the leader of the chorus was probably mounted in after ages, to hold communication with the stranger; and, as this altar ripened through many gradations into the Thymele, so the aforesaid table rose through innumerable changes into the Logeion. It may be remarked, moreover, that the slope of a hill,¹ when any such existed near the village, would naturally be chosen on such occasions to afford the peasants an opportunity of standing behind each other on ascending levels, and thus, without inconvenience, beholding the show; and where such natural aid did not present itself, they probably threw up embankments of turf in the semicircular form, which experience proved to be most convenient, and, out of this rude contrivance, grew those vast and magnificent structures, which afterwards constituted one of the noblest ornaments of Greece.

The single actor, detached in the manner we have said from the Chorus, speedily acquired greater importance, and the aid of poetry was called in to frame and adorn his recitals; and as, during the songs and dances of the Chorus, he necessarily remained idle, the idea soon suggested itself that a second actor² would be an improvement, upon which dialogue and the regular drama sprang into existence.

Among the principal duties of the Chorus was the performance of certain dances, simple enough at the outset, but, in process of time, refined and rendered so intricate by art, that it required no little learning and ability to execute all their varied movements with dignity and grace. Somewhat to assist the eye and memory, the whole pattern, as it were, of the dance seems to have been chalked out on the floor

¹ Cf. Scalig. Poet, i. 21. Le-roy, Ruines des plus beaux Monumens de la Grèce, p. 14.

² Cf. Hesych. v. νέμσεις ὑποκριτῶν.

of the orchestra;¹ while the greatest possible pains were taken in drilling the Choreutæ to open, file off, and wheel through their labyrinthine evolutions, without confusion. The manner in which these persons usually entered the orchestra, that is to say, ranged in a square body, three in front and five deep, or five in front and three deep, has suggested to some the notion that they represented a military *Lochos*;² but besides that this is inconsistent with their Dionysiac origin, they did not always preserve this arrangement, but, on some occasions, came rushing in confusedly, while on others they traversed the *Parodos* in Indian file.

The musicians,³ in the Greek theatre, took their station upon and about the steps of the *Thymele*, which answers as nearly as possible to the position of the orchestra in our own theatres. Here, also, stood the *Rhabduchi*,⁴ or vergers of the theatre, whose business it was to see that order was preserved among the spectators.

With respect to the dances⁵ performed by the Chorus, they were so numerous, long, and intricate, that it would be here impossible to enumerate and describe the whole. They appear to have conceived the idea of representing almost every passion and action in human life by that combination of movements and gestures which the term pantomime, borrowed from their own language, expresses much better than our word dancing.⁶ A taste, in some re-

¹ This, however, I merely conjecture from the practice of marking with lines the station of the chorus. Hesych. v. *γραμμάι*.

² When making their exit, it is said they were preceded by a flute-player. Sch. Aristoph. *Vesp.* 582. These musicians wore, while playing, straps of leather called *φορξείαι*, bound over their mouth in order to regulate the quantity of air transmitted into the pipe.

Id. *ibid.* See Burney, *Hist. of Music*, i. 279.

³ Cf. Torrent. in Suet. *Domit. Com.* p. 390. a. The best *auletæ* were those of Thebes. Dion Chrysost. i. 263.

⁴ Suidas, v. *ῥαβδούχοι*, t. ii. p. 672. f. Scalig. *Pœt.* i. 21.

⁵ See Cahusac, *Traité Historique de la Dance*, ii. i. t. i. p. 61, sqq.

⁶ It is said that certain ancient

spects similar, still prevails among the Orientals, whose Ghawazi and Bayadères, though relying rather upon routine and impulse than on the resources of art, perform at festivals and marriages, and before the ladies of the harem, little love-pieces and pastoral scenes, which evidently belong to the class of mimetic dances described by ancient authors.

In tragedy, such as it existed in the polished ages of Greece, the movements were slow and solemn, and, no doubt, full of dignity. The spirit of comedy required brisk and lively, and frequently tolerated, audaciously wanton dances; while the Chorus of the Satyric Drama would appear to have been rude and clownish rather than indecent, indulging in grotesque movements, ludicrous and extravagant gestures, and that rustic and farcical style of mimicry which may be supposed to have prevailed among the rough peasantry of Hellas.

In classing the various dances, it will, perhaps, be sufficient if we divide them into lively and serious,¹ joining with the latter all such as attempted to embody a symbol or an allegory.

In certain dramas of Phrynichos the Chorus represented a company of wrestlers,² who contrived by the quick, flexible, and varied movements of the dance, to imitate all the accidents of the palæstra. Sometimes they personated a party of scouts in the active look-out for the enemy, each with his right hand curved above the brow: this was one form of the Scops.³ On other occasions the dancer mimicked the habits of the

poets were called orchestric, — as Thespis, Phrynichos, Pratinas, Carcinos, — not only because they adapted the subjects of their pieces to the dances of the chorusses, but, also, because they instructed in dancing the chorusses of other dramatic writers. Athen. i. 39. The above poet, Carcinos, was likewise celebrated for being the father of three sons who danced in the tragic chorusses, and, from their

extremely diminutive stature, obtained the name of Quails. Schol. Aristoph. Pac. 761.

¹ Hesych. v. ἐμμέλεια. Sch. Aristoph. Nub. 532. Poll. iv. 99. Athen. xiv. 27, seq. Luc. de Saltat. § 22. 26. Plut. Sympo- siac. ix. 15. 1.

² Suid. v. Φρονίχων πάλαισμα, t. ii. p. 1092. b. c. d.

³ Poll. iv. 103. Athen. xiv. 27.

Scops, or mocking-owl, twirling about the head, and appearing to be absorbed in an ecstasy of imitation, until taken by the fowler. The performance of a piece like this, by a numerous Chorus, sometimes breaking off into a brisk gallopade, sometimes maintaining the same position, jigging, pirouetting, and ducking the crest, must, no doubt, have appeared infinitely comic; and yet it could have been nothing in comparison with the *Morphasmos*,¹ in which, not the characteristic peculiarities of a single owl, but those of the whole animal creation were "taken off." Thus we may suppose that the Hegemon of the Chorus started as a baboon, his next-door neighbour as a hog, a third as a lion, a fourth as an ass, and so on, each man accommodating his voice to the character he had, *pro tempore*, assumed, and gibbering, grunting, roaring, braying, as he leaped, or gamboled, or bounded, or scampered about the orchestra. Anon the frisky foresters were transformed into slaves, who would seem to have been introduced to the audience pounding something, perhaps onions and garlick, in a mortar.

The *Oclasma*,² a dance borrowed from the Persians, reminds one strongly of the performances of the negroes in the interior of Africa, the whole Chorus alternately crouching upon its heels, and springing aloft, like the frogs of Aristophanes about the fens of Acheron. Not, perhaps, un-akin to this, were those three frenzied dances, alluded to rather than described by the ancients, — that is to say, the *Thermaustris*,³ which seems to have consisted of a series of violent bounds, like the performances of the Hurons and Iroquois;⁴ the *Mongas*, which, from the name, probably represented the friskings and carollings of a jackass; and the *Kernophoros*,⁵ or dance of the first-fruits, wherein the Chorus appeared upon

¹ Poll. iv. 103. Cf. Xenoph. Conviv. vi. 4.

² Poll. vi. 99.

³ Pfeiffer. *Antiq. Græc.* ii. 58. p. 382.

⁴ Cf. Dodwell, *Classical Tour in Greece*, vol. i. p. 133, seq.

⁵ Athen. xiv. 27. Poll. iv. 104.

the stage, some bearing censers, others fruit-baskets, evidently in a character resembling that of Bacchanals.

To this species of dance belonged, also, the Hecaterides, in which the performer interpreted his desires or passion by furious gestures of the hands. The Eclactisma was a female dance,¹ requiring the exertion of great force and agility, its characteristics consisting in flinging the heels backwards above the level of the shoulders. Corresponding, in some measure, to the Eclactisma, was the Skistas,² in which the dancer bounded aloft, crossing his legs several times while in the air. There was a dance, evidently of a very extraordinary description, which they performed to an air called Thyrocopicon,³ or "knocking at doors," possibly representing the frolics of such wild youths as anticipated the scape-graces of our own day. The Mothon was a loose dance, common among sailors; the Baukismos, Bactriasmos, Apokinios, Aposeisis, and Sobas,⁴ were laughable, but lewd dances,⁵ resembling the Bolero and Fandango of the Spaniards.⁶

The Heducomos was a dance expressive of the outbreaks of joy, and the Knismos,⁷ represented the pinching, struggling, and quarrels of lovers. The Deimalea was a Laconian dance performed by Satyrs and Seileni, skipping and jumping about in a circle.⁸ Another Spartan dance⁹ was the Bryallika, of a ludicrous and licentious character, performed by women in grotesque masks, whence a courtesan at Sparta was denominated, Bryallika. The name of Hypogypones,¹⁰ was bestowed on certain performers who imitated old men, flourishing their sticks about

¹ Poll. iv. 10. 2. Aristoph. Vesp. 1492. 1495, et Schol.

² Poll. iv. 105. See, in the Mus. Cortonens. tab. 60, the representation of a group of dancers on a platform in a boat, on the margin of the sea.

³ Athen. xiv. 9.

⁴ Athen. xiv. 27.

⁵ On the character of the old comedy, which tolerated these dances, see Plut. Lucull. § 39. Demet. § 12. Pericl. § 5.

⁶ Poll. iv. 99.

⁷ Id. ib.

⁸ Poll. iv. 104.

⁹ See Müller. ii. 354.

¹⁰ Poll. iv. 104.

the stage, as we are informed they did in the play of *Simermnos*.¹ Akin in spirit to these were the *Gypones*,² who made their appearance in transparent Tarentine robes, and mounted on stilts probably in the form of goats' feet, to give them a resemblance to the *Ægipanes*, worshipped as gods of the woods. A peculiar dance in honour of *Artemis* took its rise in the village of *Carya* in *Laconia*, where its invention was attributed to *Castor* and *Polydeukes*. No description of it, so far as I know, has come down to us; but the maidens by whom it was performed probably bore, and steadied with one hand, a basket of flowers on their heads, thus forming the model of those architectural figures, still from them called *Caryatides*.³ The representation of this performance was, doubtless, a favourite subject among Spartan artists or such as were employed by the Spartans, as may perhaps be fairly inferred from the circumstance, that the device on the ring, which, in return for a comb, was presented by *Clearchus* to *Ctesias* to be shown to his friends at *Lacedæmon*, was a dance of *Caryatides*.⁴

Amid the laxity of morals which prevailed in the later ages of Greece, the *Pyrrhic*,⁵ once supposed to be peculiar to warriors, degenerated into a dance of *Bacchanals*, with thyrsi instead of spears, or carrying torches in one hand, while with the other they sportively cast light reeds at one another. The story told in this mimetic performance referred to remote antiquity, and was both curiously and elaborately intricate, comprehending all the adventures of *Bacchos* and his merry crew during the Indian expedition, and assuming towards the conclusion a tragical form, developing the sad story of *Pentheus*.⁶

Among the dances of a grave character are enu-

¹ Schol. Aristoph. *Nub.* 534.

² Poll. iv. 104.

³ Vitruv. i. 1.—Poll. iv. 104.

⁴ Plut. *Artaxerx.* § 18.

⁵ Duport. ad *Theoph. Char.* c.

6. p. 305, sqq. Poll. iv. 99.—

Athen. xiv. 29. On the Cretan

warlike dances *Orsites* and *Epicredios*,

id. xiv. 26.—*Luc. de Saltat.*

§ 9.

⁶ *Athen* xiv. 29.

merated the Gingra performed like the Podismos to slow and solemn music, the Lion and the Tetra-comos,¹ a warlike measure performed in honour of Heracles and supposed in its origin to have had some connexion with the Tetracomoi of Attica, that is, the Peiræus, Phaleron, Oxypeteones, and Thymotadæ.² We read, moreover, of dances in which the performers represented certain historic or mythological personages, such as Rhodope, Phædra, or Parthenope.³

The Anthema,⁴ or Flower-dance, appears to have been chiefly performed in private parties by women, who acted certain characters and chanted, as they moved, the following verses :

Where is my lovely parsley, say ?
My violets, roses, where are they ?
My parsley, roses, violets fair,
Where are my flowers ? Tell me where.

The Athenians, however, seem to have imagined that there was nothing in nature which might not be imitated in the dance, by the turns and mazes of which they accordingly sought to represent the movements of the stars.⁵ A similar fancy, if Lucian may be credited, possessed the Indian Yoghis, who every morning and evening before their doors saluted the sun, at his rising and setting, with a dance resembling his own,⁶ which, as that luminary no otherwise dances than by turning on its axis, must have been a performance resembling that of the whirling derwishes, whose broad symbolical petticoats are meant, I presume, to represent the disk of the sun. But the dance most difficult of comprehension is that upon which they bestowed the name of

¹ Poll. iv. 99.

² Poll. iv. 105.

³ Luc. de Saltat. § 2.

⁴ Athen. xiv. 27.

⁵ It may possibly have been in this dance that Eumelos or Arc-

tinus, an old Corinthian poet, introduced Zeus himself sporting the toe :—

Μέσσοισιν δ' ὠρχεῖτο πατήρ
ἀνδρῶν τε θεῶν τε. Athen. i. 40.

Cf. Plut. Sympos. ix. 15.

⁶ Luc. de Saltat. § 17.

κόσμος ἐπιύρωσις,¹ or the "Conflagration of the World." Of the figure and character of this performance antiquity, I believe, has left us no account, though it probably represented, by a train of allegorical personages and movements, the principal events which, according to the Stoics, are to precede the delivering up of the Universe to fire.² Scaliger,³ who does not attempt to explain this strange exhibition, observes, however, pertinently, that it was a dance in which Nero might have figured, his burning of Rome deserving in some sort to be regarded as a rehearsal of this piece.

There existed among the Spartans⁴ an elegant dance denominated Hormos, or the Necklace, performed by a chorus of youths and virgins who moved through the requisite evolutions in a row. The line was headed by a young man who executed his part in the firm and vigorous steps proper to his age, and which he would afterwards be expected to preserve in the field of battle. A maiden immediately followed; but, instead of imitating his masculine manner, confined herself to the modest graceful paces and gestures of her sex, and this alternation and interweaving, as it were, of force and beauty, suggesting the idea of a necklace composed of many coloured gems, gave rise to the appellation.

The dance of the Crane,⁵ among the Athenians, in some respects resembled the above. It was, according to tradition, first invented by Theseus, who

¹ Athen. xiv. 27.

² Cf. Lips. Physiolog. Stoic. ii. 22. t. iv. p. 955.

³ De Poet. i. 18.

⁴ Luc. de Saltat. § 12.

⁵ Poll. iv. 101. Spanh. ad Callim. t. ii. p. 513. Plut. Thes. § 21. Cf. Douglas, Essay on some points of Resemblance, &c., p. 123.

"One of the dances still performed by the Athenians has been supposed that which was called the Crane, and was said to have been invented by The-

seus, after his escape from the labyrinth of Crete. The peasants perform it yearly in the street of the Frank convent at the conclusion of the vintage; joining hands and preceding their mules and asses, which are laden with grapes in panniers, in a very curved and intricate figure; the leader waving a handkerchief, which has been imagined to denote the clue given by Ariadne." Chandler, ii. 151.

landing at Delos on his return from Crete, offered sacrifice to Apollo and dedicated the statue of Aphrodite which he had received from Ariadne, after which he joined the young men and women whom he had delivered, in performing a joyous dance¹ about the altar of Horns erected by Apollo, from the spoils of his sister's bow. The Choreutæ, engaged in executing the Geranos, or Crane, formed themselves into one long line with a leader in van and rear, and then, guided by the design on the floor of the orchestra, described by their movements the various mazes and involutions of the Cretan labyrinth, until, having traversed all its intricate passages, they emerged at once, like their great countryman and his companions, into light and safety. Other dances there were, which, however curious they may have been, cannot now be described from the scanty materials left us: such were the dance of Heralds, or Messengers, the dance of the Lily,² the Chitonea, the Pinakides, the dance of the Graces,³ and that of the Hours, in which the performers floated about with a circle of light drapery held over the head by both hands.⁴

If from the dances we now pass to the Choreutæ,⁵ by whom they were performed, we shall find that they generally made their appearance in the orchestra with golden crowns upon their heads, and habited in gorgeous raiment, frequently interwoven or embroidered with gold.⁶ The Chorus, however, like the actors, must have constantly varied its costume, to suit the exigencies of the drama; sometimes to perform the part of senators, sometimes of Nereids, sometimes of female suppli-

¹ Like the Cyclic Chorus. Vid. Izetzes ad Lycoph. i. p. 251, sqq. Sch. Aristoph. Nub. 311.

² Athen. iii. 82. xiv. 27.

³ Poll. iv. 93. Xenoph. Conviv. vii. 5. Plat. De Legg. vii. t. viii. p. 55. Cf. Herm. Comment. ad

Arist. Poet. xxvii. 3. p. 190, sqq.

⁴ Scalig. Poet. i. 18.

⁵ Cf. Buleng. de Theat. c. 55.

⁶ Dem. cont. Mid. § 7, seq. Athen. iii. 62. Animadv. t. vii. p. 215.

ants, sometimes of urn-bearers, sometimes of clouds, or wasps, or birds. When in the tragedy of Æschylus they were required to personate the Furies, their exterior was the most frightful that can well be imagined,—their long but scanty robes consisting, as has been conjectured, of black lamb-skins, slit up below and exposing their tawny withered limbs to sight, while their blood-stained eyes, livid tongue hanging out, and hair like a mass of knotted serpents, easily accredited the belief of their being infernal existences. Thus habited, with fingers terminating in black claws,¹ and grasping a burning torch, they burst upon the view of the spectators, like so many hideous phantoms conjured up by an imagination diseased with terror.

The costume of the actors,² which some modern writers suppose to have been extremely monotonous,³ was in reality, however, as rich, varied, and characteristic as the masks of which we shall presently have to speak. Gods, heroes, kings, chiefs, soothsayers, heralds, rustics, the hetairæ, and their mothers; gay youths, flatterers, libertines, procurers, cooks, satyrs, slaves, &c., had each and all their appropriate dresses and ornaments, modified, no doubt, from time to time by the change in public taste, and the fancy of the poets. The divinities had almost to be wholly framed by the Dionysiac artificers. Conceived to be of superhuman stature, it was necessary that the actors who represented them should, in the first place, be lifted up on Cothurni,⁴ or half-boots, the soles of which were many inches high,⁵ their limbs and bodies were enlarged

¹ Böttiger, *Furies*, p. 28, sqq. and pl. ii. Casaub. ad Athen. xii. 2. Aristoph. *Plut.* 423.

² On the actors' wardrobe, see Poll. iv. 113, sqq.

³ Müller, *Dissert. on the Eumenides*, p. 100. Mr. Donaldson, *Theatre of the Greeks*, p. 132, adopts this opinion.

⁴ Luc. *Jup. Tragœd.* § 41. Cf. Xen. *Cyrop.* viii. 8, 17. Poll. ii. 151. vii. 62.

⁵ See Winkel. *Monum. Ined.* t. iii. p. 84. c. ix. § 1. Les extrémités des Cothurnes étoient ronds et quelquefois un peu aigues; mais on n'en vit jamais de carrés, comme aux gravés sur

by padding, their arms lengthened by gloves, while their countenances, which might be ignoble or even ugly, were concealed by masks of exquisite ideal beauty, rising above the stately forehead in a mass of curls, which at once corresponded with the nobleness of their features and augmented their colossal height: add to all this robes of purple, or scarlet, or azure, or saffron, or cloth of gold, floating about the person in graceful folds, and training along the floor, and we have some faint idea of the celestial personages who with gemmed sceptres and glittering crowns made their appearance on the Grecian stage.

The queens and heroes,¹ who were constantly beheld grouped in converse, or in action, with these sublime dwellers of Olympos, were clad in a costume scarcely less majestic; the former, for example, in times of prosperity, issued forth from their palaces in white garments, with loose sleeves reaching to the elbow, and closed on the upper part of the arm by a succession of jewelled agraffes,² their tresses confined in front by a golden sphenone, or fillet, crusted with gems, while their robes terminated below in long sweeping trains of purple.³ But when their houses were visited by misfortune, the

l'estampe, de Vasali. p. 85. Cf. Luc. de Saltat. § 27. Their height depended first upon the stature of the actor, second, upon that of the character represented. Sometimes they were satisfied with attributing four cubits even to the heroes.—Aristoph. Ran. 1046. Cf. Athen. v. 27. But the ghost of Achilles when it appeared to Apollonios of Tyana, rose five cubits in height, and, no doubt, the spectre was careful to accommodate itself to public opinion.—Philost. Vit. Apoll. Tyan. iv. 16. Aul. Gell. iii. 10. See, also, Scalig. Poet. i. 13. Scaliger

relates *à propos* of the Cothurnus a facetious remark of his father: "Italas mulieres altissimis soccis usas vidimus; quamvis diminutiva dicant voce Soccus. Patris mei perfacetum dictum memini. Ejusmodi uxorum dimidio tantum in lectis frui maritos, alter dimidio cum soccis deposito," p. 53.

¹ Poll. iv. 119.

² Cf. Mus. Chiaramont. tavv. 3. 7. 16.

³ Poll. vii. 60. Böttiger, Furies, p. 32. Luc. Jup. Tragoed. § 41.

milk-white pelisse was exchanged for one quince-coloured or blue, while the purple train was converted into black. The costume of the kings,¹ likewise varied by circumstances, consisted usually of an ample robe of purple, or scarlet, or dark green, descending to the feet, a rich cloak of cloth of gold, or of some delicate colour, adorned with gold embroidery, and a lofty mitre on the head.² When any of these characters, as Tydeus or Meleager, was engaged in hunting or war, he wore the scarlet or purple mantle called Ephaptis,³ which in action was wrapped about the left arm. Athenæus, in describing the horsemen of Antiochos, observes, that these Ephaptides⁴ were embroidered with gold and adorned with the figures of animals. Bacchanals and soothsayers, like Teiresias, generally appeared upon the stage in an extraordinary garment, denominated Agrenon,⁵ formed of a reticular fabric of wool of various colours. Dionysos himself,⁶ in whose honour the theatre with all its shows was created, descended from Olympos in a saffron-coloured robe compressed below the bosom by a broad flowered belt, and bearing a thyrsus in his hand.⁷ This girdle, in the case of other gods, or heroes, was sometimes

¹ On voit parmi les plus belles peintures d'Herculaneum un de ces premiers acteurs, ou protagonistes, avec une large ceinture de couleur d'or, une sceptre dans une main, et l'épée au côté.—Winkelmann. Monum. Ined. t. iii. p. 84. Pitt. Ercol. i. 4. i. 41.—Plutarch observes, that, together with their royal garments, actors assumed the very strut of kings.—Vit. Demet. § 18.—Demetrius moreover, is said to have resembled a tragic actor, because he went clad in cloth of purple and gold, and wore sandals of purple and gold tissue. § 41.

² Aristoph. Av. 512, et Schol.

Nub. 70. Poll. iv. 115. Suid. v. *Ξυστις*. t. ii. p. 264. e.—The actor who personated Heracles made his appearance with club and lion's skin.—Luc. de Saltat. § 27.

³ Poll. iv. 116, 117. Aristoph. Nub. 71, et Schol. Lysist. 1189.

⁴ Deipnosoph. v. 22.

⁵ Poll. iv. 117. Hesych. v. *ἀγρηνόν*.

⁶ Poll. iv. 118.

⁷ It behoved the actors, however, to take care of their gold and jewels, since it would appear that thieves found their way even to the stage.—Aristoph. Acharn. 258.

replaced by one of gold.¹ Persons overtaken by calamity, especially exiles, wore garments dirty-white, or sad-coloured, or black, or quince-coloured, or bluish. The costume of Philoctetes, Telephos, Æneus, Phœnix, Bellerophontes, was ragged. The Seileni appeared in a shaggy Chiton, and the other personages of the Satyric drama in the skins of fawns, or goats, or sheep, or pards, and, sometimes, in the Theraion or Dionysiac garment, and a flowered cloak and a scarlet Himation. Old men were distinguished by the Exomis,² a white Chiton of mean appearance, having no seam or arm-hole on the left side—young men by the Campulè,³ a scarlet or deep purple Himation, — the parasites by bearing the Stlengis and flask (as country people by the Lagobalon) and by black or sad-coloured robes, except in the play of the Sicyonians, where a person of this class, being about to be married, sported a white garment,—the cook by an Himation double and unfulled, — priestesses by white robes, — comic old women by such as were quince-coloured or dusky, like a cloudy morning sky in autumn,—the mothers of the hetairæ wore a purple fillet about the head, —the dresses of young women were white and delicate,—of heiresses the same with fringes. Pornoboski wore garments of various colours, with flowered cloaks, and carried a straight wand, called ἀγέσκος.⁴ There were, likewise, female characters which wore the Parapechu and the Symmetria, a chiton reaching to the feet, with a border of marine purple.

We now come to the masks,⁵ a subject upon which

¹ Poll. iv. 118.

² Dion. Chrysost. i. 231. Scalig. Poet. i. 13.

³ Poll. iv. 119, sqq.

⁴ Scalig. Poet. i. 13.

⁵ When actors displeased the audience they were sometimes compelled to take off their masks and face those who hissed them,

which was regarded as a serious punishment. Duport. ad Theoph. Char. p. 308. We ought, perhaps, to understand Lucian *cum grano*, when he informs us that actors who performed their parts ill were scourged. Piscator, § 33. On the derivation of the word *persona*, Aul. Gell. v. 7. Cf.

much has been written, though very little has been explained. The primary difficulty connected with them is, to determine whether they were so constructed as to resemble a speaking-trumpet,¹ which, by narrowing the stream, and compressing, as it were, the particles of the voice, cast it forth condensed and corroborated upon the theatre,² which it was thus enabled to penetrate and fill, even to its utmost extremities. My own opinion, after bestowing much attention upon the subject, is, that the mask was in reality so constructed as to communicate additional force and intensity to the voice; but whether by roofing or encircling the artificial mouth by metallic plates, or thin laminæ of the stone called Chalco-phonos,³ it is now scarcely possible to determine. Be this, however, as it may, there existed in some theatres other contrivances for conveying and augmenting the volume of the actor's voice; these were the Echeia,⁴ vases generally of metal, finely toned, and arranged according to the musical scale, in a succession of domed cells,⁵ running in diverging lines up the hollow face of the theatre. They rested with one edge upon a smooth and polished pavement, the mouth outward, and the external edge reposing on the summit of a small, blunt obelisk,⁶ while a low opening in each cell enabled the resonances, or echoes, thus created, to issue forth, and fill the air with

Aristoph. Poet. c. 5. Scalig. Poet. i. 13, on the derivation of *πρόσ-ωπον*. Etym. Mag. 691. 1.

¹ Vid. Cassiod. iv. 51. Plin. xlvii. 10. Solin. cxxxvii. Lucian. de Saltat. § 27. De Gymnast. § 23. A tragic poet, Hieronymos, exposed himself to ridicule by introducing into one of his pieces a mask of frightful aspect. Aristoph. Acharn. 390.

² Cf. Suid. v. *φλοίσκος*. t. ii. p. 1073. Diog. Laert. iv. p. 27.

³ Plin. xxxvii. 56.

⁴ See Burney's Hist. of Music,

i. 153. sqq. Scalig. Poet. i. 21. Antiq. of Athens, &c., Supplementary to Stuart, by Cockerell, Kinnaird, Donaldson, &c. p. 39.

⁵ Vitruv. v. 6. Antiq. of Ath. by Cockerell, Donaldson, &c. p. 39. Tectum porticus quod est in summa gradatione, respondet Siennæ altitudinem, ut vox crescens æqualiter ad summas gradationes et tectum perveniat. Buleng. de Theat. c. 17.

⁶ Marinus's edition of Vitruv. t. iv. tab. 81.

sound,¹ which, however the fact may be accounted for, produced no isolated reverberations, no confusion.

The materials wherewith the masks were constructed varied, no doubt, considerably in different ages;² but that they were ever manufactured of bronze or copper is scarcely credible, if we reflect upon the weight of so voluminous an apparatus, covering the entire head and neck, composed of either of those metals. Such metallic specimens as have come down to us are to be regarded simply as model-masks, or as works of art, designed by the statuary as ornaments. The intention, at first, of this disguise being to give additional boldness and self-confidence to the actor, by concealing from his neighbours the shamefacedness which a raw performer would sometimes naturally feel while strutting about in imperial robes, and pouring forth the *sesquipedalia verba* of Pelias and Telephos, they were contented to cover the face with a piece of linen, having openings for the eyes and a breathing-place.³ To this appears to have succeeded a mask manufactured from the flexible bark of certain trees,⁴ shaped, of course, and coloured to resemble the human countenance. The next step was to employ wood, some kinds of which, while possessing the advantage of extreme lightness, might be wrought with all the delicacy and fineness of a statue, while, better than any other material, it would receive that smooth and polished enamel by which were represented the texture⁵ and complexion of the skin. Specimens of masks of this kind have been found among nations in a very rude state; among the

¹ Empty pots were built into the walls of certain public edifices to augment the sound of the voice. Aristot. Prob. xi. 8. i. 1. v. 5. The orchestra was sometimes strewed with chaff, which was found to deaden the voice. 25. Plin. ii. 51.

² Scalig. Poet. i. 14. Poll. iv. 143.

³ Suid. in *θέσπις*, p. 1315. d. Poll. x. 167.

⁴ Virg. Georg. ii. 387.

⁵ Vid. Horat. de Art. Poet. 278. Athen. xiv. 77. Suid. v. *χοιρίλλος*, t. ii. p. 1160. f. Etym. Mag. 376. 47. Poll. iv. 133, sqq. Schol. Soph. Œdip. Tyr. 80.

inhabitants, for example, of Nootka Sound, whose dress, we are told,¹ “is accompanied by a mask representing the head of some animal: it is made of wood, with the eyes, teeth, &c., and is a work of considerable ingenuity. Of these masks they have a great variety, which are applicable to certain circumstances and occasions. Those, for example, which represent the head of the otter or any other marine animals, are used only when they go to hunt them. In their war expeditions, but at no other time, they cover the whole of their dress with large bear-skins.”

But while the above improvements were going on in the national theatre,² the rustic drama continued to preserve its original simplicity, the actors to prevent their being recognised, shading their brows with thick projecting crowns of leaves, and daubing their faces³ with lees of wine. Thus disguised they chanted their songs upon the public roads, sitting in a waggon,⁴ whence the proverb, “he speaks as from the waggon,” *i. e.* he is shamelessly abusive, which was in fact the case with the comic poets.

The masks were divided into three kinds, the Tragic, the Comic, and the Satyric. Those belonging to Tragedy were again subdivided into numerous classes, representing every marked variety of character, and every stage of human life from childhood to extreme old age. In the highly varied range of countenances thus brought into play, the mask-maker enjoyed abundant opportunities of exhibiting his skill. The hair, of course, was real and adjusted on the mask like a wig,⁵ differently fa-

¹ Meare's Voyage, p. 254.

² On the Roman Stage the actors appeared in hats up to the age of Livius Andronicus. Roscius Gallus was the first who put on a mask, which he did on account of his squinting. Ficorini, *Masch. Scen.* p. 15. On the origin of the Mask see Paccichelli

De Larvis, Capillamentis, et Chirothecis. Neap. 1693.

³ Schol. Aristoph. *Nub.* 29. Scalig. *Poet.* i. 13.

⁴ Schol. Aristoph. *Eq.* 545. *Nub.* 29.—Demosth. *De Coron.* § 37. *Ulp.* in. § 5.

⁵ Scalig. *Poet.* i. 13.—Poll. iv. 133; sqq.

shioned and coloured according to the age, habits, and complexion of the wearer. In some cases it was gathered together and piled up on the forehead,¹ in a triangular figure,² adding many inches to the actor's stature; at other times it was combed smoothly downwards, from the crown, twisted round a fillet and disposed like a wreath about the head as we sometimes find it in the figures of Asclepius and the philosopher Archytas. Some characters were represented wholly bald, with a garland of vine-leaves or ivy wreathed about the brow,³ others were simply bald in front, while a third class exhibited a bushy fell of hair, something like a lion's mane. Young ladies displayed a profusion of pendant curls, kept in order by the fillet or sphendone, or gathered up in nets, or twisted about the head in braided tresses. In representing certain characters the eye-sockets were left open, so that the actor's eyes could be seen moving and flashing within;⁴ but on other occasions, when the part of a squinter was to be acted by a performer who did not squint or vice versa, as in the case of Roscius Gallus, the mask-maker must have represented the eyes by glass or some other transparent substance, through which the actor could see his way. This was ne-

¹ Cf. Thucyd. i. 6, et Schol. Ælian. Var. Hist. iv. 22.

² See a beautiful head of Aphrodite with a pole of curls. (ὄγκος) Mus. Chiaramont. tav. 27. Cf. a tragic female mask, with the hair bound by a fillet, in the Cabinet d' Orleans. pl. 52.

³ It may be remarked that persons ridiculed upon the stage were introduced with masks exactly resembling their countenances. They seized, however, upon the ludicrous features, which any one happened to possess, as the eyebrows of Chærephon, and the baldness of Socrates. Sch.

Aristoph. Nub. 147, 224. This applies to living characters. The dead were protected from ridicule by the laws. Sch. Pac. 631. The Comic mask was said to have been invented by Mason. Athen. xiv. 77. The Comte de Caylus, however, attributes the invention of masks to the Etruscans. Recueil d' Antiq. i. 147, seq.

⁴ Cic. de Orat. ii. 46. See in Agostini Gemme Antiche, pl. 17, a representation of one of these masks. For examples of hideous masks see Mus. Florent. t. i. pp. 45—51.

cessarily the case in the part of the poet *Thamyris*,¹ who, like our own *Chatterton*, had eyes of different colours, one blue, the other black, which, as *Aristotle* informs us, was common among the horses of Greece.

The time of acting, as is well-known, was during the *Dionysiac* and *Lenæan* festivals, in the spring and autumn.² The theatres being national establishments, in the proper sense of the word, were therefore open, free of expense, to all the citizens, who were not called together as with us by play-bills,³ but for the most part knew nothing of what they were going to see till they were seated in the theatre, and the herald⁴ commanded the chorus of such and such a poet to advance. Previously to the commencement of the performance the theatre was purified by the sacrifice of a young hog, the blood of which was sprinkled on the earth.⁵

¹ *Poll.* iv. 141. *Dubos*, *Reflex. Crit. sur la Poes. et sur la Peint.* i. 603.

² *Schol.* *Aristoph.* *Eq.* 545. *Acharn.* 336. Cf. *Dem.* cont. *Mid.* § 4, et annot. *Plut.* *Vit.* x. *Rhet.* *Lycurg.*

³ *Winkelmann*, however, supposes they had a kind of play-

bill, *Monum. Ined.* iii. p. 86, founding his opinion upon a misinterpretation of *Pollux*, iv. 131.

⁴ *Aristoph.* *Acharn.* 10, sqq.

⁵ *Sch.* *Æschin.* *Tim.* p. 17. *Orator.* *Att.* t. xiii. p. 377. *Vales.* ad *Harpoec.* 99, 296. *Suid.* v. *καθάρσιον*, t. i. p. 1346. a. *Poll.* viii. 104.

BOOK V.

RURAL LIFE.

CHAPTER I.

THE VILLA AND THE FARMYARD.

IF we now, for a moment, quit the city and its amusements, and observe the tone and character of Hellenic rural life, we shall find, perhaps, that there existed in antiquity a still greater contrast between town and country than in modern times. From the poetry of Athens, rife with sylvan imagery, we, no less than from its history, discover how deeply they loved the sunshine and calm and quiet of their fields. The rustic population confined to the city during the Peleponnesian war almost perished of nostalgia within sight of their village homes. Half the metaphors in their language are of country growth. The bee murmurs, the partridge whirrs, the lark, the nightingale, the thrush, pour their music through the channels of verse and prose. The odours of ripe fruit, of new wine "purple and gushing," the fresh invigorating morning breeze from harvest fields, from clover meadows dotted with kine, the scent of milk-pails, of honey, and the honey-comb, still breathe sweetly over the Attic page, and prove how smitten with home delights the Athenian people were,

"With plesaunce of the breathing fields yfed."

This their manly and healthful taste, however,

constantly, in time of war, exposed them to the malice of their enemies. For the valleys and grassy uplands of Attica, being thickly covered with villas and farmhouses,¹ the first act of an invading army was to lay all those beautiful homesteads in ashes. Thus the Persians, in their two invasions, destroyed the whole with fire and sword. But the gentlemen, immediately on their return, rebuilt their dwellings² with greater taste and magnificence, so that, before the breaking out of the Peloponnesian war, it is probable that, as a scene of unambitious affluence, taste, high cultivation, and rustic contentment, nothing was ever beheld to compare with Attica. Here and there, throughout the land, perched on rocks, or shaded by trees, were small rustic chapels dedicated to the nymphs, or rural gods.³ On the mountains, and in solitary glens, and wherever springs gushed from the cliffs, caverns were scooped out by the hands of the leisurely shepherds,⁴ and consecrated by association with mythology. Fountains, also, and water-courses, altars, statues,⁵ and sacred groves,⁶ protected at once by religion and the laws,⁷ imprinted on the landscape features of poetry and elegance.

Another cause which, in the eyes of the Athenians, imparted sanctity to their lands, was the practice of burying in them their dead. The spot selected for this sacred purpose seems usually to have been the orchard, where, amid fig-trees and trailing vines,⁸ often near the boundaries of the estate, might be seen the ancient and venerable monuments of the dead. All Attica, therefore, in their eyes, ap-

¹ Demosth. in Ev. et Mnes. § 15.

² Thucyd. ii. 65.

³ In the neighbourhood of the Isthmus the shepherds of the present day often pass the winter months in mountain caverns.—Chandler, ii. p. 261.

⁴ Theocrit. i. 143, seq.

⁵ Cf. Iliad. ε. 305, seq.

⁶ On the wild olive and other trees, of which these groves were composed, the eye of the passenger usually beheld suspended a number of votive offerings.—Sch. Aristoph. Ran. 943.

⁷ Cf. Plat. Phæd. t. i. p. 9.

⁸ Eurip. Bacch. 10, seq. Cf. Kirch. de Funer. Rom. iii. 17.

peared holy as a sepulchre; and, as every one guarded his own ancestral ashes, to sell a farm cost a man's feelings more than in countries where people inter those they love in public cemeteries; and this circumstance with many would operate like a law of entail.¹

But it is easy thus to present to the imagination a general picture of the country. What we want is to thrust aside the impediments, to dissipate the obscurity of two thousand years, and lift the latch of a Greek farmhouse, such as it existed in the days of Pericles.

In the first place it was common in Attica to erect country-houses in the midst of a grove of silver firs,² which in winter protect from cold, and in summer attract the breezes that imitate in their branches the sound of trickling runnels, or the distant murmur of the sea. Towards the centre of the grove, with a spacious court in front and a garden behind, stood the house,³ sometimes with flat, sometimes with pointed roof, ornamented with a picturesque porch, and surrounded with verandahs or colonnades. Occasionally opulent persons had on the south front of their houses large citron trees,⁴ growing in pots, on either side the door, where they were well watered and carefully covered during winter.⁵ In the plainer class of dwellings, numerous outhouses, as stables, sheds for cattle,⁶ henroosts, pigstyes, &c., extended round the court, while the

¹ Demosth. in Callicl. § 4.

² Schol. Aristoph. Eq. 406. On the music of the pine-groves, the Schol. on Theocritus, i. 1, has an amusing passage: ἡ πίτυς ἐκείνη, ἧδὺ τι μελουργεῖ, κατὰ τὸ ψιθύρισμα. κ. τ. λ.

³ Called in Latin pagus from πηγὴ, a fountain. Serv. ad Virg. Georg. 182. See also the note of Gibbon, t. iii. p. 410.

⁴ Geop. x. 7. 11. These pots,

like those in which the palm-tree was cultivated, were pierced at the bottom like our own. Theoph. Hist. Plant. iv. 4. 3.

⁵ As the orange-tree is still in Lemnos. Walp. Mem. i. 280.

⁶ The stalls for cattle were built as often as convenient, near the kitchen and facing the east, because when exposed to light and heat they became smooth-coated. Vitruv. vi. 9. Cf. Varro. i. 13.

back-front, generally in the East the principal, opened upon the garden or orchard.

Much pains was usually taken in selecting the site of a farmhouse,¹ though opinions of course varied according to the peculiar range of experience on which they were based. In general such positions were considered most favourable as neighboured the sea, or occupied the summits or the slopes of mountains;² more especially if looking towards the north.³ The vicinity of swamps and marshes, and as much as possible of rivers, was avoided, together with coombs, or hollow valleys, and declivities facing the south or the setting sun. If necessitated by the nature of the ground to build near the banks of a stream, the front of the dwelling was carefully turned away from it, inasmuch as its waters communicated an additional rigour to the winds in winter, and in summer filled the atmosphere with unwholesome vapours. The favourite exposure was towards the east whence the most salubrious breezes were supposed to blow, while the cheerful beams of the sun, as soon as they streamed above the horizon, dissipated the dank fogs and murkiness of the air. Notwithstanding the warmth of the climate, moreover, they loved such situations as were all day long illuminated by the sun, whilst every care was taken to fence out the sirocco, a moist and pestilential wind, blowing across the Mediterranean from the deserts of Africa. In Italy, nevertheless, the farmer often selected for the site of his mansion the southern roots of mountains, further defended from Alpine blasts by a sweep of lofty woods.

According to the fashion prevailing in antiquity,

¹ Geop. ii. 3. Cf. Vitruv. i. 4.

² Petatur igitur aer calore et frigore temperatus, quem fere medius obtinet collis, quod neque depressus hieme pruinis torpet, aut torret æstute vaporibus, neque elatus in summa montium perexiguus ventorum motibus, aut

pluviis omni tempore anni sævit. Columell. De Re Rust. i. 4.

³ The same opinion is held by Hippocrates, De Morbo Sacro. cap. 7. p. 308, ed. Foes. Ὁ Βορέης ὑγιεινότερος ἐστὶ τῶν ἀνέμων. Cf. Plin. ii. 48. Varro. i. 12.

farmhouses were built high, large, and roomy, though Cato¹ shrewdly advises, that their magnitude should bear some relation to that of the domain, lest the villa should have to seek for the farm, or the farm for the villa.

Much, however, would depend upon the taste of the individual; but in a plain farmhouse more attention appears to have been paid to substantial comfort, and something like rough John-Bullism, than to that cold finical elegance which certain persons are fond of associating with whatever is classical. An Attic farmer of the true old republican school was anything but a fine gentleman. He scorned none of the occupations or productions by which he lived. On entering his dwelling you found no small difficulty in steering between bags of corn,² piles of cheeses, hurdles of dried figs³ or raisins, while the racks groaned with hams⁴ and bacon flitches. If they resembled their descendants,⁵ too, even their bedchambers were invaded by some species of provisions, for there in the present day you often behold long strings of melons suspended like festoons from the rafters. In one corner of the ground-floor stood a corbel filled with olive-dregs, recently pressed, in another a wool-sack or a pile of dressed skins.⁶ Yonder in the room looking into the garden, with the honey-suckle twining about the open lattice, were madam's loom and spinning-wheel, and carding apparatus, and work-baskets; and there with the lark⁷ might you see her, serene and happy, suckling her young democrat, and rocking the cradle of a

¹ De Re Rust. 3. "Ita ædifices, ne villa fundum quærat, neve fundus villam. Cf. Colum. De Re Rust. i. 4. It may here by the way be observed that, during the flourishing periods of Roman agriculture, farms were generally rather small than large. Plin. Hist. Nat. viii. 21. Schulz. Antiq. Rustic. § vii.

² Schol. Aristoph. Nub. 45.

³ Philost. Icon. ii. 26. p. 851.

⁴ Cf. Athen. iv. 38.

⁵ Walp. Mem. i. 281.

⁶ Aristoph. Nub. 45, seq. et Schol.—Schol. Eq. 803.

⁷ Plat. De Legg. vii. t. viii. p. 40. Aristoph. Lysist. 18, sqq.

second with her foot, thriftily giving directions the while to Thratta, Xanthia or "the neat-handed" Phillis.¹

The kitchen must sometimes have been in fine disorder; geese and ducks waddling across the floor, picking up the spilled grain, or snatching away the piece of bread and honey which my young master had just put down on the stool to play at a game of romps with Thratta. Up in the dusky corner there, behind a huge armchair or settle, you may discern a very suspicious looking enclosure, from which, at intervals, issues a suppressed grunt; it is the pigsty.² But be not offended; the practice is classical; and pigs, in my apprehension, are as pleasant company as geese and many other animals. Now, that geese were fed even about palaces, we have the testimony of Homer, whose Penelope, the the *beau idéal* of a good housewife, says—

"Full twenty geese have we at home, that feed
On wheat in water steeped."³

But the whole economy of geese-feeding⁴ has been transmitted to us; in the first place, the birds usually preferred were those most remarkable for their size and whiteness.⁵ The ancients esteemed the variegated, or spotted, as of inferior value. The same rule applied to fowls. The chenoboscion,⁶ or enclosure in which the geese were kept, was commonly situated near ponds or freshes,⁷ abounding with rich grass and aquatic plants. Geese, it was observed, are not nice in the article of food, but devour eagerly nearly all kinds of plants, though the chick-pea, and the couch-grass, the laurel and

¹ Aristoph. Acharn. 272. Vesp. 824. Pac. 1138. Thesm. 286, seq. Suid. v. Θάρρα. t. p. 1330. a.

² Ἐπὶ τῆς ἐστίας τρέφονται χοίρου. — Schol. Aristoph. Vesp. 844. Lysist. 1073, Poll. ix. 16.

³ Odyss. τ. 536.

⁴ Cf. Vict. Var. Lect. p. 891.

⁵ Geop. xiv. 22. Varro. iii. 10. Colum. viii. 14.

⁶ Poll. ix. 16. Heresbach. De Re Rust. lib. iv. p. 285. a.

⁷ Cf. Pallad. i. 30. Plin. x. 79. Plaut. Trucul. ii. 1. 41.

the laurel-rose,¹ were by the ancients supposed to be hurtful to them. Of their eggs some were hatched by hens, but such as were designed to be sitten on by the goose herself, (who, during the period of incubation² was fed on barley steeped in water,) were marked by writing or otherwise, to distinguish them from the eggs of their neighbours, which it was thought she would not be at the pains to hatch. For the first ten days after they had broken the shell the young goslings were kept within-doors, where they were fed on wheat steeped in water, *polenta* a preparation of barley-meal dried at the fire, and chopped cresses. This period over, they were driven out to feed and afterwards to water; they who tended them taking great care that they should not be stung by nettles, or pricked by thorns, or swallow the hair³ of pigs or kids, which they imagined to be fatal to them.

When full-grown geese were intended to be fattened, the custom was, to confine them in dark and extremely warm cells.⁴ Their food was scientifically varied and regulated, proceeding from less to more nutritious, until they were judged fit for the table.

¹ Ælian. De Nat. Anim. v. 29. This ingenious writer, anxious to remove from geese the reputation of folly, relates that, when traversing Mount Taurus, conscious of their disposition to cackling, they carry stones in their bills, and thus frequently escape the eagles which inhabit that lofty ridge of mountains. This the poet Phile undertakes to confirm in verse:—

Λίθον δὲ τῷ στόματι μὴ κλάγξῃ
 στέγων
 "Ὀνπερ καλοῦσι Ταῦρον, ἀμίξει
 πάγον
 Τοὺς αἰετοὺς γὰρ φασι τοὺς χηνο-
 σκόπους,
 Εκείσε δεινῶς ἔλλοχᾶν πρὸ τοῦ
 ψύχους.

Iamb. De Animal. Proprietat. c. 15. p. 62.

² Which according to Aristotle was thirty days.—Hist. Anim. vii. 6.

³ Pallad. i. 30. Cavendum est etiam, ne pulli eorum setas glutiant.

⁴ The Quintilian Brothers, ap. Geop. xiv. 22. For the fate of these illustrious authors, Maximus and Condianus, see Gibbon, i. 142. "Sint calido et tenebroso loco: quæres ad creandas adipem multum conferunt." Colum. viii. 14.

At first their diet consisted of a preparation composed of two parts *polenta*, and four parts bran boiled in water. Of this they were permitted to eat as much as they pleased three times a day, and once again at midnight, while water was furnished them in abundance. When they had continued on this regimen for some time, they were indulged with a more luxurious table,—nothing less than the most exquisite dried figs, which, being chopped small, and dissolved in water, were served up as a sort of jelly for twenty days, after which the pampered animal itself was ready for the spit.

Occasionally that delicate and humane device, for the practice of which Germany has, in modern times, obtained so enviable a celebrity, of enlarging preternaturally the dimensions of the liver, was resorted to by the ancients,¹ whose mode of proceeding was as follows: during five-and-twenty days, being cooped up as before in a place of high temperature, the geese were fed with wheat and barley steeped in water, the former of which fattened, while the latter rendered their flesh delicately white. For the next five days certain cakes or balls, denominated *collyria*,² the composition of which is not exactly known, were given them at the rate of seven per day, after which the number was gradually augmented to fifteen, which constituted their whole allowance for other twenty days. To this succeeded the most extraordinary dish of all, consisting of bolusses of leavened dough, steeped in a warm decoction of mallows, by which they were puffed up for four days. Their drink, meanwhile, was still more delicious than their food, being nothing less than hydromel,³ or water mingled with honey. During the last six days dried figs, chopped fine, were added to their leaven, and the process being thus brought to a conclusion, the gourmands for whom they were intended, feasted on

¹ Eupolis, ap. Athen. ix. 32.

Mag. 526. 26. Schol. Aristoph.

² Cf. Suid. v. *κολλύρια*. t. i. p.

Pac. 122.

1489. a. Poll. i. 248. Etym.

³ Cf. Dioscor. v. 30.

the tenderest geese and the largest livers in the world. It should be added, however, that before being cooked the liver was thrown into a basin of warm water, which the *artistes* several times changed. Geese, adds the ingenious gastronomer to whom we are indebted for these details, are, both for flesh and liver, much inferior to ganders. The Greeks did not, however, like the Romans and the moderns, select young geese for this species of culinary apotheosis, but birds of a mature age and of the largest size, from two to four years old, which only proves the superior strength and keenness of their teeth.

Ducks were kept in ponds, carefully enclosed, and, perhaps, covered over that they might not fly away. In the centre were certain green islets,¹ planted with couch-grass, which the ancients considered as beneficial to ducks as it was hurtful to geese. Their usual food, which was cast in the water encircling the islets, consisted of wheat, millet, barley, sometimes mixed with grape-stones and grape-skins. Occasionally they were indulged with locusts, prawns, shrimps,² and whatever else aquatic birds habitually feed on. Persons desirous of possessing tame ducks were accustomed to beat about the lakes and marshes³ for the nest of the wild bird. Giving the eggs to a hen to sit on, they obtained a brood of ducklings perfectly domesticated.⁴ Wild ducks were sometimes caught by pouring red wine, or the lees of wine, into the springs whither they came to drink.

With respect to barn-door fowl, originally introduced from India and Media into Greece, the greatest care appears to have been taken to vary and improve the breeds. For this purpose cocks

¹ Geop. xiv. 23. Varro, iii. 11. Ælian. De Nat. Anim. v. 33. Aristot. De Hist. Anim. viii. 3. Athen. ix. 52. Phile, De Anim. Proprietat. c. 14. p. 59.

² Athen. iii. 64. *Κουρίδες*

καρίδες, ἢ τὰς μικρὰς ἐγγλῶρας, τὰς δὲ ἐρυθρὰς καμμάρους. Heresych.

³ Cf. Philost. Icon, i. 9. p. 776.

⁴ Colum. viii. 15. Heresbach. De Re Rust. lib. iv. p. 288. a.

and hens were imported¹ from the shores of the Adriatic, from Italy, Sicily, Numidia, and Egypt, while those of Attica were occasionally exported to other countries. There appears to have been a prejudice against keeping more than fifty fowls² about one farmyard, some traces of which may also be discovered in the practice of the Arabs.³ The fowl-house furnished with roosts,⁴ as with us, was so contrived and situated as to receive from the kitchen a tolerable supply of smoke, which was supposed to be agreeable to these Median strangers. The food of fowls⁵ being much the same all the world over, it is unnecessary to observe more than that the green leaves of the *Cytisus* were supposed to render them prolific. To preserve them from vermin, the juice of rue, by way I suppose of charm, was sprinkled over their feathers.⁶ The proportion of male birds was one to six. Hens were usually put to sit about the vernal equinox, during the first quarter of the moon, in nests carefully constructed of boards, and strewed with fresh clean straw, into which, as a sort of talisman against thunder, they threw an iron nail, heads of garlic, and sprigs of laurel.⁷ During the period of incubation, the eggs which had previously been kept in bran were turned every day.

The other inhabitants of the farmyard were peacocks,⁸ commonly confined in beautiful artificial islands

¹ Athen. vii. 23. Of these birds the black were esteemed less than the white. ix. 15. On the fighting cocks. Plin. x. 24. Æsch. Eum. 864, 869. Schol. ad Æsch. Tim. Orat. Attic. t. xii. p. 379. Schol. Aristoph. Eq. 492.

² Geop. xiv. 7, 9.

³ Arabian Nights, Story of the Ass, the Ox, and the Labourer, vol. 1. p. 23.

⁴ Ταῖφοι. Sch. Aristoph. Nub. 227.

⁵ Beans, however, were es-

chewed as they were supposed to prevent them from laying.—Geoponic. ii. 35. But cocks were suffered to feed on them, at least when they belonged to poor men.—Luc. Mycill. § 4. ⁶ Dioscor. iii. 52.

⁷ Geop. xiv. 7. 11. Colum. viii. 5.

⁸ Schol. Aristoph. Acham. 63. Petit. Leg. Att. p. 277. Geop. xiv. 18. 1. Athen. xiv. 70. See the poetical description of this bird by Phile: De Animal. Proprietat. c. 8. p. 32, sqq.

provided with elegant sheds; pheasants¹ from the shores of the Black Sea;² guinea-fowls from Numidia,³ though according to other authors they were originally found in Ætolia;⁴ partridges, quails, and the attagas. Thrushes were bred in warm rooms with slight perches projecting from the walls, and laurel boughs or other evergreens fixed in the corners.⁵ Over the clean floor was strewed their food, dried figs, which had been steeped in water, and mixed with flour or barley meal, together with the berries of the myrtle; the lentiscus, the ivy, the laurel, and the olive. They were fattened with millet, panic, and pure water.⁶ Other still smaller birds were reared, and fattened in like manner. Every farmhouse had, moreover, its columbary and dove-cotes,⁷ sometimes so large as to contain five thousand birds. They usually consisted of spacious buildings,⁸ roofed over and furnished with windows closed by lattice work, made so close that neither a lizard nor a mouse could creep through them. In the floor were channels and basins of water, in which these delicate birds⁹ might wash and plume them-

¹ Geop. xiv. 19. Colum. viii. 12. Pallad. i. 28. Athen. ix. 37, seq. Suid. v. *φασιανοί*. t. i. p. 1033. a. b. Aristoph. Nub. 109.

² According to Diogenes Laertius, (i. iv. 51) both pheasants and peacocks were familiar to the Greeks in the days of Solon.

³ Athen. xiv. 71. Ælian. De Nat. Anim. v. 27. Aristot. Hist. Anim. vi. 2. A number of these birds were kept on the Acropolis of Athens.—Suid. v. *μελεαγρίδες*. t. ii. p. 122. a.

⁴ Within the enclosure for these birds pellitory of the wall was probably planted, as they loved to roll in and pluck it up.—Theoph. Hist. Plant. i. 6. 11.

⁵ Cf. Pollux. ii. 24.

⁶ Geop. xiv. 24. 5, seq.

⁷ The king of Tuban, in Java, had formerly his bed surrounded by cages of turtle-doves, which roosted on perches of various coloured glass.—Voyage de La Compagnie des Indes, i. 533.

⁸ Varro. iii. 7. Columell. viii. 8. Pallad. i. 24.

⁹ For the food with which they were supplied, see Geopon. xiv. 1. 5. Occasionally when the birds were permitted to fly abroad, their owners sprinkled them with unguents, or gave them cumin seed to eat, in order that they might attract and bring back with them flights of doves or wild pigeons to their cells.—Id. xiv. 3. 1. So also Palladius: Inducunt alias, si

selves, and adjoining was a chamber into which such as were required for sale, or the table, were enticed. Even jackdaws were kept about farmyards, and like common fowls had perches set up for them.¹

Much pains was taken by the ancients to improve the breed of animals.² Polycrates, tyrant of Samos, introduced into that island the Molossian and Spartan dogs, goats from Scyros and Naxos, and sheep from Attica and Miletos.³ The fineness and beauty of Merinos were also known to the ancients, who purchased from Spain rams for breeding at a talent each, that is, about two hundred and forty-one pounds sterling.⁴

Horses were at all times few, and, consequently, dear in Greece; they were, therefore, seldom employed in agriculture, but bred and kept chiefly for the army, for religious pomps and processions, and for the chariot races at Olympia. Originally, no doubt, the horse was introduced from Asia, and, up to a very late period, chargers of great beauty and spirit, continued to be imported from the shores of the Black Sea.⁵ Princes, in the Homeric age, appear to have obtained celebrity for the beauty of their steeds, as Laomedon, Tros, and Rhesos; and it was customary for them to possess studs of brood mares in the rich pasture lands on the sea-shore. That of Priam, for example, lay at Abydos, on the Hellespont.⁶

The high estimation in which horses⁷ were held in remote antiquity, may be gathered from the nu-

cumino pascantur assidue, vel hirci alarum balsami liquore tangantur, i. 24. Cf. Plin. x. 52.

¹ Schol. Aristoph. Vesp. 129.

² Cf. Arist. Hist. Anim. vii. 6. 5.

³ Athen. xii. 57.

⁴ Strab. iii. 2. t. i. p. 231.

⁵ Aristoph. Nub. 109. Suid. v. φασιανοί. t. ii. p. 1033.

b. Thom. Magist. v. φασιανοί.

p. 885. Blancard. Of the commentators on Aristophanes, however, some by the word φασιανοί understand horses, and some pheasants. The probability is, that they imported both, and that the poet means to play upon the word.

⁶ Iliad. δ. 500.

⁷ See also Iliad. ε. 358. Wolf. Proleg. 80, seq.

merous fables invented respecting them,—as that of the centaurs in Thessaly, of the winged courser of Bellerophontes, and the Muses, and of the marvellous steeds presented by Poseidon to Peleus on his marriage with Thetis. They were reckoned, likewise, among the most precious victims offered in sacrifice to the gods. Thus we find the Trojans plunging live horses into the whirlpool of the Scamander¹ to deprecate the anger of that divinity. The Romans, likewise, in later times, sacrificed horses to the ocean;² and, in many parts of Asia, it appears to have been customary in nearly all ages, to offer up, as anciently in Laconia,³ this magnificent animal on the altars of the sun.⁴ Thus, among the Armenians, whose breed, though smaller than that of the Persians, was far more spirited, this practice prevailed as it still does in Northern India, and Xenophon,⁵ a religious man, observes in the Anabasis, that he gave his steed, worn down with the fatigues of the march, to be fed and offered up by the Komarch, with whom he had been for some days a guest. From Homer's account of Pandarus we may infer, that the possessors of fine horses often submitted to great personal inconvenience rather than hazard the well-being of their favourites. For this wealthy prince,⁶ who possessed eleven car-

¹ Iliad ϕ . 132.

² Fest. v. October, t. ii. p. 521, seq. v. Panibus, p. 555. Lomeier, de Lustrat. cap. 23. p. 292, seq. Propert. iv. i. 20, with the note of Frid. Jacob, in whose edition it is, v. i. 20.

³ Pausan. iii. 20. 4. Fest. v. October, t. ii. p. 520, tells us that this horse was sacrificed to the winds.

⁴ Herod. i. 216. Brisson. de Regn. Pers. ii. 5. The reason why the horse was selected as a victim to the sun, was that its swiftness appeared to resemble that of the

god:—ὡς ταχύτατον τῶν ταχύτατων. Bochart. Hierozoic. pt. i. l. ii. c. 10. Olear. in Philost. Vit. Apoll. Tyan. i. 31. p. 29. Justin. i. 10. Suid. v. μίθρον. t. ii. p. 162, f. This practice is likewise mentioned by Ovid, (Fast. i. 385, seq.)

Placat equo Persis radiis Hyperiona cinctum,

Ne detur celeri victima tarda deo.

Cf. Vigenere, Images des Philostates, p. 773. Par. 1627.

⁵ Anab. iv. 5. 35.

⁶ Iliad. ϵ . 192, seq.

riages and twenty-two steeds, came on foot to the assistance of Priam, lest they should not find a plentiful supply of provender at Troy.

Several countries were famous¹ for their breed of horses, as Cyrene, Egypt, Syria, Phrygia, and the Phasis.² Thessaly, too, particularly the neighbourhood of Tricca, abounded in barbs, as did likewise Bœotia. But one of the most remarkable races was that produced in Nisæon,³ a district of Media, which seems to have been white, or of a bright cream colour,⁴ and of extraordinary size and swiftness. On one of these Masistios⁵ was mounted during the expedition into Greece. Apollo, in an oracle is said to have spoken of the beauty of mares, alluding, perhaps, to those of Elis, which were remarkable for their lightness and elegance of form; and Aristotle celebrates a particular mare of Pharsatis, called Dicæa, which was famous for bringing colts resembling their sires.⁶ Among the Homeric chiefs, Achilles and Eumelos boasted the noblest coursers, as we learn from a picturesque and striking passage in the Catalogue:⁷ “And now, O Muse, declare, which of the leaders and their horses were most illustrious. Excepting those of Achilles, the finest steeds before Troy were those of Eumelos from Pheræ, swift as birds, alike in mane, in age, and so equal in size, that a rule would stand level on their backs. They were both bred by Apollo in Pieria, both mares, and they bore with them the dread of battle. Noblest of all, how-

¹ Sch. Pind. Pyth. iv. 1.

² Sch. Aristoph. Nub. 110.

³ Strab. xi. 13. p. 453. Τούς δὲ Νησαίους ἵππους, οἷς ἐχρῶντο οἱ βασιλεῖς ἀρίστοις ὄσσι καὶ μεγίστοις. Cf. Herod. i. 189, on the sacred horses of Persia.

⁴ Suid. v. ἵππος Νισαῖος. t. i. p. 1271. d. who relates that, according to some, the breed was found near the Erythrean Sea.

⁵ Herod. ix. 20. Cf. Il. ε. 583. δ. 142, seq. In Philostratus we find mention made of a black Nisæan mare with white feet, large patch of white on the breast, and white nostrils.—Icon. ii. 5. p. 816.

⁶ Hist. Anim. vii. 6.

⁷ Il. ε. 760, sqq.

“ever, were the coursers of Achilles. But he, in
 “his lunar-prowed, sea-passing ships remains in-
 “censed against Atreides, the shepherd of his
 “people; his myrmidons amuse themselves on the
 “sea-shore with pitching the quoit, launching the
 “javelin, and drawing the bow; their horses, stand-
 “ing beside the chariots, feed upon lotus, trefoil and
 “marsh parsley; and the chariots themselves, well
 “covered with hangings, are drawn up in the tents
 “of the chiefs, while the soldiers, sighing for the
 “leading of their impetuous general, stroll carelessly
 “through the camp without joining in the war.”

The food of the Homeric horses,¹ was little inferior to that of their masters, since, besides the natural delicacies of the meadows, they were indulged with sifted barley and the finest wheat.² The halter with which, while feeding, they were tied to the manger seems usually to have been of leather. Aristotle,³ remarks, that horses are fattened less by their food than by what they drink, and that, like the camel,⁴ they delight in muddy water, on which account they usually trouble the stream before they taste it.

The Greek conception of equine beauty⁵ differed

¹ Iliad. θ. 560. Cf. ι. 123, seq. 265, 407. κ 565, seq.

² Il. ε 196. On an ancient crystal engraved in Buonaroti a man with cap and short breeches is represented feeding an ass with corn. Osserv. Istorich. sop. alc. Medagl. Antich. p. 345.

³ Hist. Anim. viii. 10.

⁴ Phile applies the same observation to the elephant :

“Υδωρ δὲ πίνει πλῆθος ἄφθονον πάνν”

Πλὴν οὐ καθαρὸν, καὶ διειδὲς οὐ θέλει,

Ἄλλ’ οὖν ῥυπαρὸν καὶ κατεσπιλωμένον.

Iamb. de Animal. Proprietat. c. 39. p. 56, 165, seq.

⁵ Geop. xvi. 2. Philost. Icon. i. 28. p. 804. Notwithstanding the admiration of the Greeks for horses we do not find that they made any attempt to naturalize among them those Shetlands of the ancient world which, according to a very grave naturalist, were no larger than rams. These diminutive steeds were found in India:—Παρά γε τοῖς ψύλλοις καλουμένοις τῶν Ἰνδῶν, εἰσι γὰρ καὶ Λιθῶν ἔτεροι, ἵπποι γίνονται τῶν κριῶν οὐ μείζους. Ælian. de Animal. xvi. 37. Modern writers relate the same thing of a certain breed of oxen in India: “a diminutive breed of oxen in

but little from our own, since they chiefly loved horses of those colours which are still the objects of admiration: as snow-white, with black eyes like those of Rhesos, which Plato thought the most beautiful; cream-coloured, light bay, chestnut, and smoky grey. They judged of the breeding of a horse by the shortness of its coat and the dusky prominence of its veins. As a fine large mane greatly augments the magnificent appearance of this animal, they were careful after washing to comb and oil it¹ while they gathered up the forelock in a band of gilded leather.² The floors of their stables were commonly pitched with round pebbles bound tight together by curbs of iron.³

Horses were usually broken⁴ by professed grooms, who entered into a written agreement with the owners implicitly to follow their directions.⁵ The process was sufficiently simple. They began with the year-and-a-half colts,⁶ on which they put a halter when feeding, while a bridle was hung up close to the manger, that they might be accustomed to the touch of it, and not take fright at the jingling of the bit.⁷ The next step was to lead them into the midst of noisy and tumultuous crowds in order to discover whether or not they were bold enough to be employed in war.⁸ The operation was not completely finished till they were three years old. When, on the course or elsewhere, horses had been well sweated,⁹ they were led into a place set apart for

"Ceylon, and the neighbourhood of Surat, no larger than a Newfoundland dog, which, though fierce of aspect, are trained to draw children in their little carts." Hindoos, i. 23.

¹ Iliad, χ 281, seq.

² Il. ε 358.

³ Xenoph. de Re Equest. iv. 4.

⁴ Plat. de Rep. t. vi. p. 158.

⁵ Xenoph. de Re Equest. ii. 2.

Cf. Econom. iii. 11. xiii. 7.

⁶ Geop. xvi. i. 11.

⁷ Xen. de Re Equest. 10. 6. Poll. viii. 184.

⁸ The swimming powers of the war-horse were probably augmented by exercise, since we find them passing by swimming from Rhegium to Sicily. Plut. Timol. § 19. This feat, however, was nothing to that of the stags which swam from Syria to Cyprus! Ælian. De Nat. Anim. v. 56.

⁹ Sch. Aristoph. Nub. 32. Cf. 25, 28.

the purpose, and, in order to dry themselves, made to roll in the sand. It was customary for owners to mark their horses with the Koppa,¹ or other letter of the alphabet, whence they were sometimes called Koppatias, Samphoras, &c.

The mule and the ass were much employed in rural labours, the former both at the cart and the plough, the latter in drawing small tumbrils, and in bearing wood² or other produce of the farm to the city.³ The wild ass⁴ was sometimes resorted to for improving the breed of mules, which, in the Homeric age, were found in a state of nature among the mountains of Paphlagonia.⁵

But their cares extended even to swine, which, if King Ptolemy may be credited, were sometimes distinguished in Greece for their great size and beauty. He, in fact, observes in his Memoirs, that in the city of Assos he saw a milk-white hog two cubits and a half in length, and of equal height; and adds, that King Eumenes had given four thousand drachmæ, or nearly two hundred pounds sterling, for a boar of this enormous size, to improve the breed of pigs in his country.⁶ So that we perceive those great generals, whom posterity usually contemplates only in the cabinet or in the battle-field, were, at the same time, in their domestic policy, the rivals of the Earls Spencer and Leicester. Superstition, among the Cretans, prevented the improvement of bacon; for as a sow was said to have suckled the

¹ Aristoph. Eq. 601. Nub. 25. Spanh. in loc. Athen. xi. 30.

² In carting wood from Mount Ida in the Troad oxen are at present substituted for asses, and the bodies of the vehicles they draw, in form resembling ancient cars, are constructed of wicker-work. Chandler. i. 47.

³ Lucian. Luc. siv. Asin. §

43. Cf. Artemid. Oneirocrit. ii. 12. p. 97.

⁴ Geop. xvi. 21. Varro ii. 6. 3. To account for this care it may be observed, that rich men sometimes rode, as they still do in the East, on asses superbly caparisoned and adorned with bells. Lucian. Luc. sive Asin. § 48. ⁵ Il. ε. 852.

⁶ Athen. ix. 17. Cf. Steph. De Urb. 184. e.

infant Jupiter, and defended his helpless infancy, they, in gratitude,¹ abstained from hog's flesh.

In all farms the care of cattle necessarily formed a principal employment. The oxen² were used in ploughing, treading out the corn, drawing manure to the fields, and bringing home the produce of the harvest. To prevent their being overcome by fatigue while engaged in their labours, the husbandmen of Greece had recourse to certain expedients, one of which was, to smear their hoofs with a composition of oil and terebinth, or wax, or warm pitch:³ while, to protect them from flies, their coats were anointed with their own saliva, or with a decoction of bruised laurel berries and oil.⁴ Their milch cows, in the selection of which much judgment was displayed,⁵ were commonly fed on cytisis and clover; and, still further to increase their milk, bunches of the herb dittany were sometimes tied about their flanks. The usual milking-times⁶ were, in the morning immediately after the breaking-up of the dawn, and in the evening about the close of twilight; though, occasionally, both cows, sheep, and goats were milked several times during the day. In weaning calves they made use of a species of muzzle,⁷ as the Arabs do in the case of young camels. Their pails, like our own, were of wood,⁸ but somewhat differently shaped, being narrow above, and spreading towards the bottom. When conveyed into the dairy the milk

¹ Athen. ix. 18.

² Scheffer, De Re Vehic. p. 80; et vid. Dickenson, Delph. Phœnicizant. c. 10. p. 116, seq. Heresbach. De Re Rust. p. 236, sqq.

³ Geop. xvii. 9, with the note of Niclas. Aristoph. Hist. Anim. viii. 7. 23. Cato. De Re Rust. 72. Plin. xxviii. 81.

⁴ African. ap. Geop. xvii. 11.

⁵ Geop. xvii. 2. 8.

⁶ Buttm. Lexil. p. 86.

⁷ Hesych. v. *πίσσαχος*.

⁸ Eustath. ad Odys. ε. p. 219. Their milk-cups were sometimes of ivy. Eurip. Fragm. Androm. 27. Athen. xi. 53. Macrob. Sat. v. 21. Cf. on the milk-pans and cheese-vats, Poll. x. 130; Theocrit. Eidyll. v. 87. Milk-pails were sometimes called *πέλλαι*, *ἀμολγοί*, *γαλακτοδόκα*, and out of these they sometimes drank. Schol. i. 25.

was poured into pans,¹ on the form of which I have hitherto found no information.² That they skimmed their milk is evident (whatever they may have done with the cream), from the mention of that thin pellicle which is found on it only when skimmed, whether scalded or not. "Here, drink this!" said Glycera to Menander, when he had returned one day in exceeding ill-humour from the theatre. "I don't like the wrinkled skin," replied the poet to the lady, whose beauty, it must be remembered, was at this time on the wane. "Blow it off," replied she, immediately comprehending his meaning, "and take what is beneath."³ Milk, in those warm latitudes, grows sour more rapidly than with us; but the ancients observed that it would keep three days when it had been scalded, and stirred until cold with a reed or ferula.⁴

The Greeks of classical times appear to have made no use of butter,⁵ though so early as the age of Hippocrates they were well enough acquainted with its existence and properties.⁶ Even in the present day butter is much less used in Greece than in most European countries, its place being supplied by fine olive oil. For cheese, however, they seem to have entertained a partiality, though it is probable that the best they could manufacture would have lost very considerably in comparison with good Stilton or Cheshire, not to mention Parmesan. It was a favourite food, however, among soldiers in Attica, who during war used to supply themselves both with

¹ Cf. Π. π. 642, et Schol. Vernet. Etym. Mag. 659. 41. Athen. xi. 91.

² Even Philostratus, while mentioning these vessels, filled to the brim with milk, on which the cream lies rich and shining, omits to furnish any hint of their form: — ψυκτῆρες γάλακτος, οὐ λευκοῦ μόνον, ἀλλὰ καὶ στιλπνοῦ· καὶ γὰρ στίβειν ἔοικεν, ὑπὸ

τῆς ἐπιπολαζούσης αὐτῷ πιμελῆς. Icon. i. 31. p. 809.

³ Athen. xiii. 49.

⁴ Geop. xviii. 19. 4.

⁵ See Beckman. Hist. of Inv. i. 372, seq. Butter is made at present in Greece by filling a skin with cream and treading on it. Chandler, ii. 245.

⁶ Foes, Œconom. Hippoc. v. πικέριον, p. 306.

cheese and meal.¹ Their cheese-lope or rennet in most cases resembled our own, consisting of the liquid substance found in the ruen of new-born animals, as calves, kids, or hares, which was considered superior to lamb's rennet.² Occasionally they employed for the same purpose burnt salt or vinegar, fowl's crop or pepper, the flowers of bastard saffron, or the threads which grow on the head of the artichoke. For these again, was sometimes substituted the juice of the fig-tree;³ or a branch freshly cut⁴ was used in stirring the milk while warming on the fire. This cheese would seem, for the most part, to have been eaten while fresh and soft,⁵ like that of Neufchatel, though they were acquainted with various means of preserving it for a considerable space of time. Acidulated curds were kept soft by being wrapped in the leaves of the terebinth tree, or plunged in oil, or sprinkled with salt. When desirous of preserving their cheese for any length of time, they washed it in pure water, and, after drying it in the sun, laid it upon earthen jars with thyme and summer savory. Some other kinds were kept in a sort of pickle, composed of sweet vinegar or oxymel or sea-water, which was poured into the jars until it entirely penetrated and covered the whole mass. When they wished to communicate a peculiar whiteness to the cheese, they laid it up in brine. Dry cheese was rendered more solid and sharp-tasted by being placed within reach of the smoke. If from age it were hard or bitter,

¹ Sch. Aristoph. Pac. 394.

² Varro. De Re Rust. ii. 11. 4. Colum. vii. 8. Eustath ad Il. ε. p. 472. Hesych. γ. ὀπός.—Mæris: ὀπός Ἀττικοί, πντία Ἑλληνες, p. 205. Cf. Aristot. Hist. Anim. iv. 21.

³ The cheese made in this manner was called ὀπίας. Eurip. Cyclop. 136. Athen. xiv. 76. Schol. Aristoph. Vesp. 353.

Dioscor. i. 183. Plin. xxiii. 63. Plut. Sympos. vi. 10.

⁴ Geop. xviii. 12. These cheeses were sometimes made in box-wood moulds. Colum. vii. 8.

⁵ Philostratus describes one of these delicate little cheeses freshly made and quivering like a slice of blanc-mânger:—καὶ τρυφαλὶς ἐφ' ἐτέρου φύλλον νεοπαγῆς, καὶ σαλεύουσα. Icon. i. 31. p. 809.

it was thrown into a preparation of barley-meal, then soaked in water, and what rose to the top was skimmed off.¹

That the milk-women in Greece understood all the arts of their profession may be gathered from the instructions which have been left us on the best methods of detecting the presence of water in milk. If you dip a sharp rush into milk, says Berytios, and it run off easily, there is water in it. And again, if you pour a few drops upon your thumb-nail, the pure milk will maintain its position, while the adulterated will immediately glide away!²

Their mode of fattening cattle³ was as follows: first they fed them on cabbage chopped small and steeped in vinegar, to which succeeded chaff and gurgions during five days. This diet was then exchanged for barley, of which for nearly a week they were allowed four cotylæ a-day, the quantity being then gradually augmented for six other days. As of necessity the hinds were stirring early, the cattle began even in winter to be fed at cock-crowing; a second quantity of food was given them about dawn, when they were watered, and their remaining allowance towards evening. In summer their first meal commenced at day-break, the second at mid-day, and the third about sunset. They were at this time of the year suffered to drink at noon and night of water rendered somewhat tepid; in winter it was considerably warmer.

About Mossynos, in Thrace, cattle were sometimes fed upon fish, which was likewise given to horses, and even to sheep. Herodotus, who mentions a similar fact, calls food of this description *χόστρος*, "fodder,"⁴ though hay or dried straw was, doubtless, its original meaning. The provender of cattle in the district about Ænia appears to have been

¹ Geop. xviii. 19.

² Geop. xviii. 20.

³ Geop. xvii. 12. Hereshbach.

⁴ Herod. v. 16. Athen. vii. 72.

Ælian. de Nat. Anim. v. 25.

Cf. Sch. Aristoph. Pac. 891.

so wholesome, that the herds which fed upon it were never afflicted by the mange.¹

Among the animals domesticated and rendered useful by the Greeks we must, doubtless, reckon bees,² which, in the heroic ages, had not yet been confined in hives. For, whenever Homer describes them, it is either where they are streaming forth from a rock,³ or settling in bands and clusters on the spring flowers. So, likewise, in Virgil, they

Hunt the golden dew ;
In summer time on tops of lilies feed,
And creep within their bells to suck the balmy seed.

In that Bœotian old savage, Hesiod,⁴ however, we undoubtedly find mention of the hive where he is uncourteously comparing women to drones—

As when within their well-roofed hives the bees
Maintain the mischief-working drones at ease,
Their task pursuing till the golden sun
Down to the western wave his course hath run,
Filling their shining combs, while snug within
Their fragrant cells, the drones, with idle din,
As princes revel o'er their unpaid bowls,
On others' labours cheer their worthless souls.

As the honey of Attica constantly, in antiquity, enjoyed the reputation of being the finest in the world,⁵ the management of bees naturally formed in

¹ Theoph. Hist. Plant. iv. 14. 3.

² Athen. iii. 59. Sch. Aristoph. Vesp. 107.

³ Il. ε. 87. μ. 67. Odys. v. 106.

⁴ Theogon. 594, seq.—*Πρὸ σίμ-
ελιοισι, quod præbet R. S., cæteri
Mss. σμήνεσσι. Schæferus tamen
malebat σίμελιοισιν ἐπηρεφέεσσι.*
Gœtting. But Goguet, who has
considered this passage, does not
think that "hives" are meant ;
because, if their use had been
known in the times of Hesiod,

he would not have failed to leave
us some directions on the subject.
Origine des Loix, t. iii. p. 399.
Wolff, following in the footsteps
of Heyne, gets easily over the
difficulty by pronouncing the
whole passage, v. 590 — 612,
spurious. Gœtting, p. 55. Cf.
Schol. Aristoph. Nub. 937.
Phile, de Animal. Proprietat. c.
28. p. 87, seq.

⁵ The pasturage of Hymettos,
however, was, by Pausanias, re-
garded as second to that of the

that country an important branch of rural economy. The natural history, moreover, of the bee was studied with singular enthusiasm by the Greeks in general. Aristomachos of Soli, devoted to it fifty-eight years, and Philiscos, the Thasian, who passed his life among bees in a desert, obtained on that account the name of the Wild Man. Both wrote on the subject.¹

This branch of rural economy was carried to very great perfection in Attica. The vocabulary² connected with it was extensive, as every separate operation had its technical term, by the study of which, chiefly, an insight into their practice is obtained. Thus, from certain expressions employed by Aristotle³ and Pollux, it seems clear that bee-managers, whom we may occasionally call *meliturgi*, constituted a separate division among the industrious classes; and these, instructed by constant experience, probably anticipated most of the improvements imagined in modern times. For example, instead of destroying the valuable and industrious little insects for the purpose of obtaining possession of their spoils, they in some cases compelled them by smoke to retire temporarily from the hive, whence their treasures were to be taken; and in the mining districts about Laureion they understood the art, concerning which, however, no particulars are known, of procuring the virgin honey pure and unsmoked.⁴

The grounds of a *melitturgos* or bee-keeper were

Alazones on the river Halys, where the bees were tame, and worked in common in the fields. i. 32. 1.

¹ Plin. Hist. Nat. xi. 9.

² Poll. i. 254. Artemid. Oneirocrit. ii. 22. p. 109.

³ Hist. Anim. v. 22. ix. 40. Etym. Mag. 458. 44.

⁴ Τοῦ δὲ μέλιτος, ἀρίστου ὄντος τῶν πάντων τοῦ Ἀττικοῦ, πολὺ ἐέλτιστόν φάσι τὸ ἐν τοῖς ἀργυ-

ρέοις, ὁ καὶ ἀκαπνίστον καλοῦσιν ἀπὸ τοῦ τρόπου τῆς σκευασίας. Strab. ix. 2. t. ii. p. 246.—

Wheler describes the modern method observed by the Athenians in taking honey without destroying the bee, but in a style so lengthy and uncouth, that I must content myself with a reference to his travels. Book vi. p. 412, seq.

chosen and laid out with peculiar care.¹ In a sheltered spot, generally on the thymy slope of a hill, the hives were arranged in the midst of flowers and odoriferous shrubs. And if the necessary kinds had not by nature been scattered there, they were planted by the gardener. Experience soon taught them what blossoms and flowers yielded the best honey,² and were most agreeable to the bees. These, in Attica, were supposed to be the wild pear-tree, the bean, clover, a pale-coloured vetch, the syria, myrtle, wild poppy, wild thyme, and the almond-tree.³ To which may be added the rose, balm gentle, the galingale or odoriferous rush, basil royal, and above all the cytissus,⁴ which begins to flower about the vernal equinox, and continues in bloom to the end of September.⁵ Of all the plants, however, affected by the bee, none is so grateful to it as the thyme, which so extensively abounds in Attica and Messenia⁶ as to perfume the whole atmosphere. In Sicily too, all the slopes and crests of its beautiful hills, from Palermo to Syracuse, are invested with a mantle of thyme,⁷ and other odoriferous shrubs, which, according to Varro, gives the superior flavour to the Sicilian honey. Box-wood abounded on mount Cytos,os,

¹ On the management of bees in Circassia and other countries on the Black Sea, see Pallas, *Travels in Southern Russia*, ii. p. 204.

² On the coast of the Black Sea bees sucked honey from the grape. *Geop.* v. 2.

³ *Arist. Hist. Anim.* ix. 26, 27.

⁴ *Geop.* xv. 2. 6.

⁵ Varro, *De Re Rust.* iii. 16.

⁶ Sibthorpe in Walpole's *Memoirs*, t. ii. p. 62. *Geop.* xv. 2. 5. Speaking of Hymettos, Chandler observes, that it produces a succession of aromatic plants, herbs, and flowers, calculated to supply the bee with nourishment both in winter and summer, ii. p.

143. "Les montagnes (des îles) sont couvertes de thym et de lavande. Les abeilles, qui y volent par nuées, en tirent un miel qui est aussi transparent que notre gelée." Della Rocca, *Traité sur les Abeilles*, t. i. 6.

⁷ This plant in Greece flowers about midsummer, and those who kept bees conjectured whether honey would be plentiful or not, according as it was more or less luxuriant. *Theoph. Hist. Plant.* vi. 2, 3. The wild thyme of Greece was a creeping plant which was sometimes trained on poles or hedges, or even in pits, the sides of which it speedily covered. *Id.* vi. 7. 5.

in Galatia, and in the island of Corsica, on which account the honey of the latter country was bitter.¹

In selecting a spot for hives, the ancients observed a rule which I do not recollect to have been mentioned by modern bee-keepers, and that was to avoid the neighbourhood of an echo,² which by repeating their own buzzing and murmuring suggested the idea perhaps of invisible rivals. Place them not, says Virgil,³

Near hollow rocks that render back the sound,
And doubled images of voice rebound.

Care was taken to conduct near the hives small runnels of the purest water, not exceeding two or three inches in depth with shells or pebbles rising dry above the surface, whereon the bees might alight to drink.⁴ When of necessity the apiary was situated

¹ Theoph. Hist. Plant. iii. 15. 5. The honey of modern Crete is esteemed of a good quality. Pashley, Travels, vol. i. p. 56.

² Echo, in the mythology, is said to have been beloved of Pan, by which she seems tacitly to be connected with the generation of Panic Terrors Polyæn. Stratagem. i. 2. 1. Offensive smells are often reckoned among the aversions of bees, but I fear without good reason. At least they have sometimes been found to select strange places wherein to deposit their treasures of sweets. In the book of Judges, chap. xiv. ver. 8, seq., it is related that, when Samson, on his way to Timnath, turned aside to view the carcass of a young lion which he had a short time previously slain, "behold, there was a swarm of bees and honey in the carcass of the lion, and he took thereof in his hands and went on eating, and came to his father and mother,

"and he gave them and they did eat, but he told not them that he had taken the honey out of the carcass of the lion." Upon this passage the following may serve as a note:— "Among this pretty collection of natural curiosities, (in the cemetery of Algesiras,) one in particular attracted our attention; this was the contents of a small uncovered coffin in which lay a child, the cavity of the chest exposed and tenanted by an industrious colony of bees. The comb was rapidly progressing, and I suppose, according to the adage of the poet, they were adding sweets to the sweet, if not perfume to the violet." Napier, Excursions on the Shores of the Mediterranean, v. i. 127.

³ Georg. iv. 50, with the commentaries of Servius and Philargyrius; and Varro, De Re Rust. iii. 16.

⁴ Cf. Geop. xv. 2, 3, 4.

on the margin of lakes or larger streams other contrivances were had recourse to for the convenience of the airy labourers.

Then o'er the running stream or standing lake
A passage for thy weary people make,
With osier floats the standing water strow,
Of massy stones make bridges if it flow,
That basking in the sun thy bees may lie
And resting there their flaggy pinions dry,
When late returning home the laden host
By raging winds is wrecked upon the coast.

Their hives were of various kinds and shapes. Some, like the modern Circassians, they made with fine wicker-work, of a round form and carefully plastered on the inside with clay.¹ Other hives were constructed of bark, especially that of the cork-tree, others of fig, oxya, beech, and pine-wood,² others, as now in Spain, of the trunk of a hollow tree, others of earthenware, as is the practice in Russia; and others again of plaited cane of a square shape, three feet in length and about one in breadth, but so contrived that, should the honey materials prove scanty, they might be contracted, lest the bees should lose courage if surrounded by a large empty space. The wicker-hives were occasionally plastered both inside and outside with cow-dung to fill up the cavities and smooth the surface.³ A more beautiful species of hive was sometimes made with the lapis specularis,⁴ which, being almost as transparent as glass, enabled the curious owner to contemplate the movements and works of the bees.⁵ When finished, they were placed on projecting slabs, so as not to touch or be easily shaken. There were generally three

¹ Vir. Georg. iv. 34, seq. Varro, iii. 16. Colum. ix. 2—7. Sch. Aristoph. Nub. 295. Vesp. 241. Callim. Hymn. i. 50. Cf. Wheeler, Travels into Greece. Book vi. p. 411.

² Geop. xv. 2. 7. Cf. Theoph. Hist. Plant. iii. 10. 1.

³ Geop. xv. 2. 8. Varro, iii. 16. Colum. ix. 14. Pallad. vii. 8. Cato. 81.

⁴ Plin. xxi. 47.

⁵ At present the hives, we are told, are set on the ground in rows enclosed within a low wall. Chandler, ii. 143.

rows of hives rising above each other like Egyptian tombs on the face of the wall, and there was a prejudice against adding a fourth.

The fences of apiaries were made high and strong to protect the inmates from the inroads of the bears,¹ which would otherwise have overthrown the hives and devoured all the combs.² Another enemy of the bee was the Merops,³ which makes its appearance about Hymettos towards the end of summer.⁴

There were, in ancient times, two entrances, one on either hand, and on the top a lid, which the Melitturgos could remove when he desired to take the honey, or inspect the condition of the bees. The best of these lids were made of bark, the worst of earthenware, which were cold in winter, and in summer exceedingly hot.⁵ It was considered necessary during spring and the succeeding season for the bee-keeper to inspect the hives thrice a month, to fumigate them slightly, and remove all filth and vermin. He was careful, likewise, to destroy the usurpers if there were more than one queen,⁶ since, in Varro's⁷ opinion, they gave rise to

¹ Phile gives a long list of the bees' foes, which begins as follows:

Ὅφεις, δὲ καὶ σφήξ, καὶ χελιδῶν,
καὶ φρύνος,
Μύρμηξ τε, καὶ σῆς, αἰγιθαλής,
καὶ φάλαγξ,
Καὶ σαῦρος ὄχρος, καὶ φαγεῖν
δεινὸς μέροψ,
Σμήγει μελισσῶν δυσμενεῖς ὄδοσ-
τάται.

Iamb. De Animal. Proprietat. c. 30, p. 104, seq.

² Arist. Hist. Anim. viii. 5. Plin. Nat. Hist. viii. 54.

³ Besides this enemy the bees of America have another still more audacious, that is to say, the monkey, which either carries off their combs or crushes them for the purpose of dipping his tail in

the honey, which he afterwards sucks at his leisure. Schneider, Observ. sur Ulloa, t. ii. p. 199.— See a very amusing chapter on the enemies of the bee in Della Rocca, iii. 219, sqq.

⁴ Sibthorpe in Walp. Mem. i. 75. The practice, moreover, of stealing hives was not unknown to the ancients. Plat. De Legg. t. viii. p. 104.

⁵ Colum. ix. 6. Della Rocca, however, considers this kind as equal to any other, except that it is more fragile. t. ii. p. 17.

⁶ Geop. xv. 2. 15.

⁷ De Re Rust. iii. 16, 18. Colum. ix. 9. 6. Hist. Anim. v. 19, 22. Xenoph. Œconom. vii. 32.

sedition; but Aristotle thinks there ought to be several, lest one should die, and the hive along with it. Of the queen bees there are three kinds, the black, the ruddy, and the variegated; though Menecrates, who is good authority, speaks only of the black and variegated.¹ Aristotle, however, describes the reddish queen bee as the best. Even among the working insects there are two kinds, the smaller, in form round, and variegated in colour, the larger, which is the tame bee, less active and beautiful. The former, or wild bee,² frequents the mountains, forests, and other solitary places, labours indefatigably, and collects honey in great quantities; the latter, which feeds among gardens, and in man's neighbourhood, fills its hive more slowly.³ With respect to the drones, or males, which the working bees generally expel at a certain time of the year, the Attic melitturgi got rid of them in a very ingenious manner. It was observed, that these gentlemen though no way inclined to work, would yet occasionally, on very fine days, go abroad for exercise, rushing forth in squadrons, mounting aloft into the air, and there wheeling, and sporting, and manœuvring in the sun.⁴ Taking advantage of their absence, they spread a fine net over the hive-entrance, the meshes of which, large enough to admit the bee, would exclude the drone. On returning, therefore, they found themselves, according to the old saying, "on the smooth side of the door," and were compelled to seek fresh lodgings.⁵

In late springs, or when there is a drought or blight, the bees breed very little, but make a great deal of honey, whereas in wet seasons they keep more at home, and attend to breeding. Swarms in Greece⁶ appeared about the ripening of the olive.

¹ Cf. Geop. xv. 2, 6.

² On the humble bee, see Sch. Aristoph. Acharn. 831.

³ Varro, De Re Rust. iii. 16.

⁴ Arist. Hist. Anim. ix. 27.

⁵ Arist. Hist. Anim. v. 21.

Cf. Xenoph. Econ. xvii. 14, seq.

⁶ Cf. Sch. Aristoph. Vesp. 425.

In the island of Cuba, where the tame bee was originally intro-

Aristotle is of opinion, that honey is not manufactured by the bee, but falls perfectly formed from the atmosphere, more especially at the heliacal rising or setting of certain stars, and when the rainbow appears. He observes, too, that no honey is found before the rising of the Pleiades,¹ which happens about the thirteenth of May.² This opinion is in exact conformity with the fact, that at certain seasons of the year what is called the honey dew descends, covering thick the leaves of the oak, and several other trees, which at such times literally drop with honey. On these occasions the bees find little to do beyond the labour of conveying it to their cells, and, accordingly, have been known to fill the hive in one or two days. It has been observed, moreover, that autumn flowers, which yield very little fragrance, yield, also, little or no honey. In the kingdom of Pontos there was a race of white bees which made honey twice a month; and at Themiscyra there were those which built their combs both in hives and in the earth, producing very little wax, but a great deal of honey.³

duced by the English, it has been found to swarm and multiply with incredible rapidity, each hive sometimes sending forth two swarms per month, so that the mountains are absolutely filled with them. This rapid increase seems to have taken place chiefly in the neighbourhood of the sugar plantations, which they were long since supposed to deteriorate by extracting too much honey from the cane. Don Ulloa, *Memoires Philosophiques*, &c., t. i. p. 185. In North America where bees are known among the natives by the name of the "English Flies," they betray an invariable tendency for migrating southward. Kalm. t. ii. 427. Schneider, *Observ. sur Ulloa*, ii. 198.

¹ Hist. Anim. v. 22. Orion rises on the 9th of July, Gættling ad Hesiod. *Opp. et Dies*, 598. Arcturus, 18th September. Id. 610.

² A similar opinion has been sometimes maintained also by the moderns:—"I have heard," observes Lord Bacon, "from one that was industrious in husbandry, that the labour of the bee is about the wax, and that he hath known in the beginning of May, honey combs empty of honey, and within a fortnight when the sweet dews fall filled like a cellar."—*Sylva Sylvarum*, 612.

³ Arist. Hist. Anim. v. 22. In the Crimea wild bees are found in great abundance in the clefts

When the time of year arrived for robbing the bee, some hives were found to produce five, others ten, others fifteen quarts of honey, still leaving sufficient for winter consumption.¹ And in determining what quantity would suffice great judgment was required; for if too much remained the labourers grew indolent, if too little they lost their spirits. However, in this latter case the bee-keepers, having ascertained that they were in need of food, introduced a number of sweet figs, and other similar fruit into the hive, as now we do moist sugar in a split cane. Elsewhere the practice was to boil a number of rich figs in water² till they were reduced to a jelly, which was then formed into cakes and set near the hive. Together with this, some bee-keepers placed honey-water, wherein they threw locks of purple wool, on which the bees might stand to drink.³ Certain melitturgi, desirous of distinguishing their own bees⁴ when spread over the meadows, sprinkled them with fine flour. Mention is made of a person

and caverns of the mountains.—Pallas, Travels in Southern Russia, iii. 324. Among the numerous species of wild bees found in America there is one which pre-eminently deserves to be introduced into Europe and brought under the dominion of man. This bee does not, like the ordinary kind, deposit its honey in combs but in separate waxen cells about the size and shape of a pigeon's egg. As the honey of this bee is of an excellent quality, many persons in South America have been at the pains to tame its maker, whose labours have proved extremely profitable.—Schneider, *Observ. sur Ulloa*, ii. 200.

¹ Arist. Hist. Anim. ix. 27. 24. In Attica, the honey was taken about the summer solstice;

at Rome about the festival of Vulcan, in the month of August.—Winkelmann. *Hist. de l' Art*, i. 65. But commentators are not at all agreed respecting the meaning of Pliny, whom this writer relies upon. xi. 15. Cf. Sch. Aristoph. Eq. 797.

² Arist. Hist. Anim. ix. 27. 19. Sch. Aristoph. Eq. 752. Cf. Meurs. Græc. Ludib. p. 13.

³ Varro, de Re Rust. iii. 16.

⁴ A gentleman in Surrey desirous of knowing his own bees, when he should chance to meet them in the fields, touched their wings with vermilion as they were issuing from the hive. Being one fine day in summer on a visit at Hampstead, he found them thickly scattered among the wild flowers on the heath.

who obtained five thousand pounds' weight of honey annually; and Varro¹ speaks of two soldiers who, with a small country house, and an acre of ground left them by their father, realised an independent fortune.

Theophrastus, in a fragment² of one of his lost works, speaks of three different kinds of honey, one collected from flowers, another which, according to his philosophy, descended pure from heaven, and a third produced from canes. This last, which was sometimes denominated Indian honey, is the sugar of modern times. There appear, likewise, to have been other kinds of sugar manufactured from different substances, as Tamarisk and Wheat.³ The honey-dew, on the production of which the ancients⁴ held many extraordinary opinions, was supposed to be superior to the nectar of the bee.

Amyntas, in his Stations of Asia, cited by Atheneus, gives a curious account of this sort of honey which was collected in various parts of the East, particularly in Syria. In some cases they gathered the leaves of the tree, chiefly the linden and the oak, on which the dew was most abundantly⁵ found, and pressed them together like those masses of Syrian figs, which were called *palathè*. Others allowed it to drop from the leaves and harden into globules, which, when desirous of using, they broke, and, having poured water thereon in wooden bowls called *tabaitas*, drank the mixture. In the districts of Mount Lebanon⁶ the honey-dew fell plentifully

¹ De Re Rust, iii. 16.

² Preserved by Photius. Biblioth. cod. 278. p. 529. b.

³ Herod. vii. 31. Cf. iv. 194.

⁴ On the origin of the honey-dew, see the Quarterly Journal

of Agriculture, No. XLIV. p. 499, sqq.

⁵ Theoph. Hist. Plant. iii. 7. 6. Cf. Hes. Opp. et Dies, 232. seq. Cf. Lord Bacon, Sylva Sylvarum. 496.

⁶ Schneid. Comm. ad Theoph. Frag. t. iv. p. 822.

several times during the year, and was collected by spreading skins under the trees, and shaking into them the liquid honey from the leaves; they then filled therewith numerous vessels, in which it was preserved for use. On these occasions, the peasants used to exclaim, "Zeus has been raining honey!"

CHAPTER II.

GARDEN AND ORCHARD.

LORD BACON, who loved to be surrounded by plants and trees and flowers, delivers it as his opinion, that the scientific culture of gardens affords a surer mark of the advance of civilisation than any improvement in the science of architecture, since men, he observes, enjoyed the luxury of magnificent palaces before that of picturesque and well-ordered garden-grounds. This, likewise, was the conviction of the ancient Greeks,¹ in whose literature we everywhere discover vestiges of a passion for that voluptuous solitude which men taste in artificial and secluded plantations, amid flower-beds and arbours and hanging vines and fountains and smooth shady walks. No full description, however, of an Hellenic garden has survived; even the poets have contented themselves with affording us glimpses of their "studious walks and shades." We must, therefore, endeavour, by the aid of scattered hints, chance expressions, fragments, and a careful study of the natural and invariable productions of the country, to work out for ourselves a picture of what the gardens of Peisistratos, or Cimon, or Pericles, or Epicurus, whom Pliny² denominates the *magister hortorum*, or

¹ But see Dr. Nolan on the Grecian Rose, Trans. Roy. Soc. ii. p. 330, and Poll. i. 229.

² Hist. Nat. xix. 4. Dr. Nolan, p. 330. Nic. Caussin. De Eloquent. xi. p. 727, seq. Cic. De Senect. § 17. Ælian. De Nat. Anim. xiii. 18, has a brief but interesting description of the gar-

den of the Indian kings, with its evergreen groves, fish-ponds, and flights of peacocks, pheasants, and parrots, reckoned sacred by the Brahmins. Cf. Xenoph. Œconom. iv. 13, where he celebrates the fondness of the Persian kings for gardens.

any other Grecian gentleman, must in the best ages have been.

That portion of the ground¹ which was devoted to the culture of sweet-smelling shrubs and flowers, usually approached and projected inwards between the back wings of the house, so that from the windows the eye might alight upon the rich and variegated tints of the parterres² intermingled with verdure, while the evening and morning breeze wafted clouds of fragrance into the apartments.³ The lawns, shrubberies, bosquets, thickets, arcades, and avenues, were, in most cases, laid out in a picturesque though artificial manner, the principal object appearing to have been to combine use with magnificence, and to enjoy all the blended hues and odours which the plants and trees acclimated in Hellas could afford. Protection, in summer, from the sun's rays, is, in those southern latitudes, an almost necessary ingredient of pleasure, and, therefore, numerous trees, as the cedar,⁴ the cypress, the black and white poplar,⁵ the ash, the linden, the elm, and the platane, rose here and there in the grounds, in some places singly, elsewhere in clumps, uniting their branches above, and affording a cool and dense shade. Beneath these umbrageous arches the air was further refrigerated by splashing fountains,⁶ whose waters, through nu-

¹ Here sometimes were grown both vegetables, as lettuces, radishes, parsley, &c., and flowering shrubs, as the wild or rose-laurel, which was supposed to be a deadly poison to horses and asses. Lucian. Luc. siv. Asin. § 17.

² Luc. Piscat. § 6.

³ Geop. x. 1. 1. xii. 2.

⁴ The cedar still grows wild on the promontory of Sunium. Chandler, ii. 8.

⁵ Sibth. Flor. Græc. t. i. pl. 4.

⁶ Plato describes, though not in a garden, a fountain and a plane-tree, in language so pic-

turesque and harmonious, that it has captivated the imagination of all succeeding writers, many of whom have sought to express their admiration by imitating it in their own style:—*Ἡ τε γὰρ πλάτανος αὐτὴ μάλ' ἀμφιλαφῆς τε καὶ ὑψηλή, τοῦ τε ἄγνου τὸ ὕψος καὶ τὸ σύσκιον πάγκαλον, καὶ ὡς ἀγμὴν ἔχει τῆς ἀνθης, ὡς ἂν εὐωδέστατον παρέχοι τὸν τόπον· ἢ τε αὖ πηγὴ χαριεστάτη ὑπο τῆς πλατάνου ῥεῖ μάλα ψυχροῦ ὕδατος, ὡς τε γε τῷ ποδὶ τεκμήρασθαι νυμφῶν τέ τινων καὶ Ἀχελώου ἱερόν ἀπὸ τῶν κορῶν τε*

merous fair channels, straight or winding, as the use demanded of them required,¹ spread themselves over the whole garden, refreshing the eye and keeping up a perpetual verdure. Copses of myrtles, of roses, of agnus-castus,² and other odoriferous shrubs intermingled, clustering round a pomegranate-tree, were usually placed on elevated spots,³ that, being thus exposed to the winds, they might the more freely diffuse their sweetness. The spaces between trees were sometimes planted with roses,⁴ and lilies, and violets, and golden crocuses;⁵ and sometimes presented a breadth of smooth, close, green sward, sprinkled with wild-flowers, as the violet and the blue veronica,⁶ the pink, and the pale primrose, the golden motherwort, the cowslip, the daisy, the pimpernel, and the periwinkle. In many gardens the custom

καὶ ἀγαλμάτων ἔοικεν εἶναι εἰ δ' αὖ βούλει, τὸ εὐπνουν τοῦ τόπου ὡς ἀγαπητὸν καὶ σφόδρα ἡδὺν. Φερινὸν τε καὶ λιγυρὸν ὑψηλῆι τῷ τῶν τεττίγων χορῷ, πάντων δὲ κομψότατον τὸ τῆς πύρας ὅτι ἐν ἡρέμα προσάντει ἰκανὴ πέφυκε κατακλινέντι τὴν κεφαλὴν παγκάλως ἔχειν. Phæd. t. i. p. 8, seq. The prevailing image in this passage is thus expressed by Cicero: "Cur non imitamur Socratem illum, qui est in Phædro Platonis; nam me hæc tua platanus admonuit, quæ non minus ad opacandum hunc locum patulis est diffusa ramis, quam illa eujus umbram secutus est Socrates quæ mihi videtur non tam ipsa aquila, quæ describitur, quam Platonis oratione crevisse." De Orat. i. 7. The picture is slightly varied by Aristinætos, who introduces it into a garden:—'Ἡ δὲ πηγὴ χαριεστάτη ὑπὸ τῇ πλατάνῳ ῥεῖ ὕδατος εὖ μάλα ψυχροῦ, ὡς γε τῷ ποδὶ τεκμήρασθαι, καὶ διαφανοῦς τοσοῦτον, ὥστε συν-

επινηχομένων καὶ διὰ διαυγῆς ὕδατιον διαπλεκομένων ἐπαφροδίτως ἀλλήλοισι, ἅπαν ἡμῶν φανερώς ἀποκαταφαίνεσθαι μέλος. Epist. Lib. i. Epist. 3. p. 14. On the epithet ἀμφιλαφῆς, which Ruhnken (ad Tim. Lex. p. 24) observes was almost exclusively appropriated by the ancients to the Plane tree, see Apollon. Rhod. ii. 733. Wellauer. et schol.

¹ Where running water was not to be obtained, they constructed two gardens, the one for winter, which depended on the showers, the other on a northern exposure, where a fresh, cool air was preserved throughout the summer. Geop. xii. 5.

² Used by rustics in crowns. Athen. xv. 12. Prometheus was crowned with agnus-castus. 13.

³ Geop. xi. 7. Plin. xv. 18.

⁴ Geop. x. 1. 3.

⁵ Which delighted particularly in the edges of paths and trodden places. Theoph. Hist. Plant. vi. 6. 1.

⁶ Sibth. Flor. Græc. t. i. pl. 5, sqq.

was, to plant each kind of tree in separate groups, and each species of flower-bed also had, as now in Holland,¹ a distinct space assigned to it; so that there were beds of white violets,² of irises, of the golden cynosure,³ of hyacinths, of ranunculuses, of the blue campanula, or Canterbury bells, of white gilliflowers, carnations, and the branchy asphodel.

One of the principal causes which induced the Greeks to attend to the culture of ornamental shrubs and flowers, was the perpetual use made of them in crowns and garlands.⁴ Nearly all their ceremonies, whether civil or religious, were performed by individuals wearing certain wreaths about their brow.

¹ Laing, Notes of a Traveller, p. 6.

² Geop. xi. 21, 23, sqq.

³ Sibth. Flor. Græc. t. i. pl. 79, pl. 203, pl. 334, &c.

⁴ Πρῶτον μὲν γὰρ ἀφ' ὧν ζῶσιν οἱ ἄνθρωποι, ταῦτα ἢ γῆ φέρει ἐργαζομένοις· καὶ ἀφ' ὧν τοίνυν ἡδυναδοῦσι προσεπιφέρει. — Ἐπειτα δὲ ὅσα κοσμοῦσι βωμοὺς καὶ ἀγάλματα, καὶ οἷς αὐτοὶ κοσμοῦνται, καὶ ταῦτα μετὰ ἡδίστων ὀσμῶν καὶ θιαμάτων παρέχει. κ. τ. λ. Xenoph. Œconom. v. 2, seq.

Pliny has a curious passage on the use of crowns among the Romans, which Holland has thus translated: "Now when these garlands of flowers were taken up and received commonly in all places for a certain time, there came soon after into request those chaplets which are named Egyptian; and after them, winter coronets, to wit, when the earth affordeth no flowers to make them, and these consisted of horn shavings dyed into sundry colours. And so in process of time, by little and little crept into Rome, also the name of corolla, or as one would

say, petty garlands; for that these winter chaplets at first were so pretty and small: and not long after them, the costly coronets and others, corollaries, namely, when they are made of thin leaves and plates and latten, either gilded or silvered over, or else set out with golden and silvered spangles, and so presented." xxi. 2. Pollux affords a list of the principal flowers used in crowns by the Greeks: τὰ δὲ ἐν τοῖς στεφάνοις ἄνθη, ῥόδα, ἰᾶ, κρίνα, σισύμβρια, ἀνεμώναι, ἔρπυλος, κρόκος, ὑάκινθος, ἐλίχρυσος, ἡμεροκαλὲς, ἐλένειον, θρηναλὶς, ἀνθρίσκος, νάρκισσος, μελίλωτον, ἀνθεμὶς, παρθενίς, καὶ τᾶλλα ὅσα τοῖς ὀφθαλμοῖς τέρψιν, ἡρίσιν ἡδέϊαν ὄσφρησιν ἔχει. Cratinus enumerates among garland flowers, those of the smilax and the cosmosandalon. Onomast. vi. 106. Athen. xv. 32. Cf. Theophr. Hist. Plant. vi. 1. 2 — 6. 4. Persons returning from a voyage were sometimes crowned with flowers. Plut. Thes. § 22. Soldiers also going to battle. Ages. § 19. Cf. Philost. Icon. i. 24. p. 799. Plut. Sympos. iii. 1.

Thus the Spartans, during the Promachian festival,¹ shaded their foreheads with plaited tufts of reeds—priests and priestesses, soothsayers,² prophets, and enchanters, appeared in their several capacities before the gods in temples or sacred groves with symbolical crowns encircling their heads, as the priests of Hera, at Samos, with laurel,³ and those of Aphrodite with myrtle,⁴ while the statues of the divinities themselves were often crowned with circlets of these “earthly stars.” In the festival of Europa, at Corinth, a crown of myrtle, thirty feet in circumference, was borne in procession through the city.⁵ The actors, dancers, and spectators of the theatre usually appeared crowned with flowers,⁶ as did every guest at an entertainment, while lovers suspended a profusion of garlands on the doors of their mistresses, as did the devout on the temples and altars of the gods.⁷

Most of the flowers cultivated, moreover, suggested poetical or mythological associations; for the religion of Greece combined itself with nearly every object in nature, more particularly with the beautiful, so that the Greek, as he strolled through his garden, had perpetually before his fancy a succession of fables connected with nymphs and goddesses and the old hereditary traditions of his country. Thus the laurel recalled the tale and transformation of Daphnè,⁸ the object of Apollo’s love—the cypresses or graces of the vegetable kingdom,⁹ were the everlasting representatives of Eteocles’ daughters, visited by death because they dared to rival the goddesses in dancing—the myrtle¹⁰ was a most beautiful maiden of Attica, fairer than all her countrywomen, swifter and more patient of toil than the youth, who there-

¹ Athen. xv. 15.

² Id. xv. 16.

³ Id. xv. 13.

⁴ Id. xv. 18.

⁵ Id. xv. 22.

⁶ Id. xv. 26.

⁷ Athen. xv. 9.

⁸ Geop. xi. 2. Ovid. Metam. 550.

⁹ Geop. xi. 4.

¹⁰ Geop. xi. 6.

fore slew her through envy—the pine¹ was the tall and graceful mistress of Pan and Boreas—the mint that of Pluto—while the rose-campion sprung from the bath of Aphrodite, and the humble cabbage from the tears of Lycurgus, the enemy of Dionysos.²

It has sometimes been supposed,³ that the flower which constitutes the greatest ornament of gardens was wholly unknown in the earlier ages of Greece. But this theory, imagined for the purpose of destroying the claims of the Anacreontic fragments to be considered genuine,⁴ is entirely overthrown by the testimony of several ancient writers, more particularly Herodotus,⁵ who speaks of the rose of sixty leaves, as found in the gardens of Midas in Thrace, at the foot of the snowy Bermios. Elsewhere, too, he compares the flower of the red Niliac lotus⁶ to the rose; and Stesichoros,⁷ an older poet than Anacreon, distinctly mentions chaplets composed of this flower.

Many a yellow quince was there
Piled upon the regal chair,

¹ Geop. xi. 10. Cf. Plut. Sympos. vol. iii. 1, where he assigns the reason why the pine was sacred to Poseidon and Dionysos. The foliage of the pine-forests was so dense in Bœotia as to permit neither snow nor rain to penetrate through. Theoph. Hist. Plant. iii. 9. 6. The shade of such trees, therefore, would be more especially coveted.

² Sch. Aristoph. Eq. 537. Geop. xii. 17. 16.

³ By Dr. Nolan. See his paper on the Grecian Rose. Trans. Roy. Soc. of Lit. ii. 327, sqq.

⁴ Cf. Athen. xv. 11.

⁵ Οἱ δὲ ἀπικόμενοι εἰς ἄλλην γῆν τῆς Μακεδόνης, οἴκησαν πέλας τῶν κήπων τῶν λεγομένων εἶναι Μίδεω τοῦ Γορδῆεω. ἐν τοῖσι φέται αὐτόματα ῥόδα, ἐν ἕκαστον

ἔχον ἐξήκοντα φύλλα ὁμοῦ δὲ ὑπερφέροντα τῶν ἄλλων· ἐν τούτοισι καὶ ὁ Σιληνὸς τοῖσι κήποισι ἦλω, ὡς λέγεται ὑπὸ Μακεδόγων. ὑπὲρ δὲ τῶν κήπων οὖρος κέεται, Βέρμιον οὖνομα, ἄβατον ὑπὸ χειμῶνος. viii. 138. On the arts and manners of this Midas, who, together with Orpheus and Eumolpos was the founder of the Hellenic religion, see J. G. Voss, de Idololat. i. 24, and Bouhier, Dissert. sur Herod. ch. 80.

⁶ Cf. Theoph. Hist. Plant. iv. 87.

⁷ Athen. iii. 21. Stesichoros lived before Christ about 632. Clint. Fast. Hellen. ii. 5. Crowns of roses are mentioned by Cratinus who was born 519 B. C. which shows that roses must have been largely cultivated in his time. Athen. xv. 27.

Many a verdant myrtle-bough,
 Many a rose-crown featly wreathed,
 With twisted violets that grow
 Where the breath of spring has breathed.

Homer,¹ too, it is evident, was familiar with the rose, to whose fragrant petals he compares the fingers of the morning, and not, as has been imagined, to the blood-red flower of the wild pomegranate tree.²

According, moreover, to a tradition preserved to later times, the seasons of the year, which in remote antiquity were but three, they symbolically represented by a rose, an ear of corn, and an apple.³ This division is thought to have been borrowed from the Egyptians, in whose country, however, the apple was never sufficiently naturalised to be taken as an emblem of one of the seasons of the year.

But, at whatever period the rose began to be cultivated, it evidently, as soon as known, shared with the violet the admiration of the Athenian people, whose extensive plantations of this most fragrant shrub recall to mind the rose gardens of the Fay-
 òum, or Serinaghur. The secret, moreover, was early discovered of hastening or retarding their maturity, so as to obtain an abundant supply through every month in the year.⁴ Occasionally, too, numbers of

¹ Il. a. 477. v. 703. Cf. Hesiod. Opp. et Dies, 610. To place the matter beyond dispute, Homer speaks of oils rendered fragrant by the perfume of the rose:—*ῥοδόεντι δὲ χρίεν ἐλαίῳ*. Il. ψ. 186.

² Dioscor. i. 154.

³ “Les Egyptiens, selon le département de leur Roy Horus, n’en mettaient que trois (saisons): le printemps, l’esté, et l’automne: leur attribuant quatre mois à chacune, et les figurant par une rose, une espy, et une pomme, ou rai-

“sin.” Les Images de Platte Peinture des deux Philostrates, par Vigenère, Paris, fol. 1627, p. 555.

⁴ Geop. xi. 18. A species of perpetual rose is said to have been recently discovered in France, where “A Parisian florist, we are told, has succeeded in producing a new hybrid rose from the Bourbon rose and Gloire de Rosomène, the flowers of which he had fertilised with the pollen of some Damask and hybrid China roses. The plant is extremely beautiful, the co-

rosebuds were laid among green barleystalks, plucked up by the roots, in unglazed amphoræ, to be brought forth and made to blow when wanted. Others deposited them between layers of the same material on the ground, or dipped them in the liquid dregs of olives. Another mode of preserving the rose was exceedingly curious,—cutting off the top of a large standing reed, and splitting it down a little way, they inserted a number of rosebuds in the hollow, and then bound it softly round and atop with papyrus in order to prevent their fragrance from exhaling.¹ How many varieties of this flower² were possessed by the ancients it is now, perhaps, impossible to determine; but they were acquainted with the common, the white, and the moss rose, the last, in Aristotle's³ opinion, the sweetest, together with the rose of a hundred leaves,⁴ celebrated by the Persian poets. Even the wild rose was not wholly inodorous in Greece.⁵ Roses were artificially blanched by being exposed while unfolding to powerful and repeated fumigations with sulphur.⁶ The roses which grew on a dry soil were supposed to be the sweetest, while their fragrance was augmented by planting garlic near the root.⁷ To cause them to bloom in January, or in early spring (for even in the most southern parts of

“lour bright crimson shaded with
“Maroon purple, and is further
“enriched with a powerful fra-
“grance.” *TIMES*, March 24th,
1841.

¹ Geop. xi. 18. 12.

² Plinius varia genera commemorat, *Milesia ardentissimo colore, Alabandica albicantibus foliis, Spermonia vilissima, Damascenæ albæ distillandis aquis usurpantur. Differunt foliorum multitudine, asperitate, lævore, colore, odore.*—*Heresbachius, de Re Rustica, lib. ii. p. 121. a.*

³ *Problem. xii. 8. Theoph. Hist. Plant. vi. 6. 5.*

⁴ *Athen. xv. 29. Plin. xxi. 10. Cf. Theoph. Hist. Plant. vi. 6. 4.*

⁵ As Dr. Nolan seems to suppose. On the Grecian Rose. *Transact. Roy. Soc. ii. 328.* Though Theophrastus states the contrary very distinctly. *Hist. Plant. vi. 2. 1—6. 4—7. 5.* The white rose appears at present to be commonly cultivated in Attica.—*Chandler, ii. 181.*

⁶ *Geop. xi. 18. 13.*

⁷ *Geop. xi. 18. 1.*

Greece the rose season only commences in April)¹ various means were resorted to; sometimes, the bushes were watered twice a-day during the whole summer; on other occasions, a shallow trench was dug at a distance of about eighteen inches round the bush, into which warm water was poured morning and evening;² while a third, and, perhaps, the surest, method was to plant them in pots, or baskets, which, during the winter months, were placed in sheltered sunny spots by day,³ and carried into the house at night; afterwards, when the season was sufficiently advanced, these portable gardens were buried in the earth.

Another favorite denizen of Hellenic gardens was the lily, which, probably, introduced from Suza or from Egypt, beheld the virginal snow of its bells compelled, by art, to put on various hues, as deep red and purple,⁴—the former, by infusing, before planting, cinnabar into the bulb,—the latter, by steeping it in the lees of purple wine. This flower naturally begins to bloom⁵ just as the roses are fading; but, to produce a succession of lilies at different seasons, some were set near the surface, which grew up and blossomed immediately, while others were buried at different depths, according to the times at which they were required to flower.

Along with these, about the dank borders of streams or fountains, grew the favourite flower of the Athenian people, purple, double, white, and gold,⁶

“ The violet dim,
But sweeter than the lids of Juno’s eyes,
Or Cytherea’s breath; ”⁷

¹ Pashley, Trav. i. 8, who observes, that the rose is common in February at Malta.

² Geop. xi. 18. 5. Plin. xxi. 4. Pallad. iii. 21. 2.

³ Geop. xi. 18. 4. Cf. xii. 19. 3.

⁴ Geop. xi. 20. Heresbach. de Re Rust. p. 122. b. Theoph. Hist. Plant. vi. 6. 4, 8.

⁵ Plin. xxi. 13.

⁶ Colum. De Cultu Hortorum, x. 102.

⁷ Winter’s Tale, iv. 5.

the pansy,¹ "freaked with jet;" the purple cyperus, the iris, the water-mint,² and hyacinth,³ and the narcissus,⁴ and the willow-herb, and the blue speedwell, and the marsh-marigold, or, brave bassinet, and the jacinth, and early daffodil,

"That come before the swallow dares, and take
The winds of March with beauty."

A netting of wild thyme⁵ tufted with sweet mint, and marjoram,⁶ which, when crushed by the foot, yielded the most delicious fragrance, embraced the sunny hillocks, while here and there singly, or in beds, grew a profusion of other herbs and flowers, some prized for their medicinal virtues, others for their beauty, others for their delicate odour, as the geranium, the spike-lavender, the rosemary,⁷ with its purple and white flowers, the basil,⁸ the flower-gentle, the hyssop, the white privet, the cytissus, the

¹ Sibth. Flor. Græc. t. i. tab. 222, tab. 318. Schol. Aristoph. Eq. 1320. Theoph. Hist. Plant. vi. 6. 4. The finest violets, crocusses, &c., in the ancient world, were supposed to be found in Cyrene. Id. vi. 6. 5.

² Dioscor. ii. 155.

³ On the birth of the Hyacinth, see Eudocia in the Anecdota Græca, i. 408.

⁴ Theoph. Hist. Plant. vi. 6. 9. 8. 2. This flower flourishes after the setting of Arcturus, about the autumnal equinox.— "We were ferried over a narrow stream fringed with Agnus-Castus, into a garden belonging to the convent. A number of vernal flowers now blossomed on its banks; the garden anemone was crimsoned with an extraordinary glow of colouring. The soil which was a

"sandy loam, was further enlivened with the Ixia, the grass-leaved Iris, and the enamel-blue of a species of speedwell, not noticed by the Swedish Naturalist." Sibth. Walp. Mem. i. 282, seq.

⁵ This plant was brought from Mount Hymettos, to be cultivated in the gardens of Athens. The Sicyonians, likewise, transplanted it to their gardens from the mountains of Peloponnesos.— Theoph. Hist. Plant. vi. 7. 2.

⁶ Theoph. Hist. Plant. vi. 7. 4.

⁷ Dioscor. iii. 89. Sibth. Flor. Græc. t. i. tab. 14, tab. 192, seq. tab. 310, tab. 518, tab. 549. Colum. x. De Cult. Hort. 96, sqq.

⁸ The basil-gentle was watered at noon, other plants morning and evening.— Theoph. Hist. Plant. vii. 5. 2.

sweet marjoram, the rose-campion, or columbine,¹ the yellow amaryllis, and the celandine. Here, too,

“ Their gem-like eyes
The Phrygian melilots disclose,”²

with the balm-gentle, the red, the purple, and the coronal anemone,³ the convolvulus, yellow, white, pale pink, and blue, together with our Lady's-gloves, the flower of the Trinity, southernwood,⁴ and summer-savory,⁵ œnanthe,⁶ gith, the silver sage,⁷ Saint Mary's thistle, and the amaranth, while high above all rose the dark pyramidal masses of the rhododendron,⁸ with its gigantic clusters of purple flowers.

How many of the lovely evergreens⁹ that abound in Greece were usually cultivated in a single garden, we possess no means of ascertaining, though all appear occasionally to have been called in to diversify the picture. The myrtle,¹⁰ whose deep blue berries were esteemed a delicacy,¹¹ in some places rose into a tree, while elsewhere it was planted thick, and bent

¹ Dioscor. iii. 114.

² Colum. x. 399, seq. Engl. Trans.

³ The anemone among other flowers beautifies the fields of Attica, so early as the month of February. — Chandler, ii. 211. “ Les campagnes et les collines sont rouges d'anémones.” — Della Rocca, *Traité sur les Abeilles*, t. i. p. 5.

⁴ Cultivated usually in pots, resembling the gardens of Adonis. Theoph. Hist. Plant. vi. 7. 3. Thickets of this shrub constitute one of the greatest beauties of the islands of the Archipelago. “ Les lauriers roses, que l'on conserve en France avec tant de soin, viennent à l'aventure dans les prairies, et le long des ruisseaux qui en sont bordés. Rien n'est plus agréable que de voir ces beaux arbres, de

“ la hauteur de douze à quinze pieds, variés de fleurs rouges et blanches, se croiser par les branches d'en haut, sur un ruisseau ou sur le lit d'une fontaine, et faire un berceau qui dure quelquefois un grand quart de lieue.” Della Rocca, *Traité Complet sur les Abeilles*, t. i. p. 6.

⁵ Schol. Aristoph. *Acharn.* 253.

⁶ Theoph. Hist. Plant. vi. 8. 2.

⁷ Sibth. *Flor. Græc.* t. i. tab. 27.

⁸ Known also by the names of *νηπίον* and *ρόδοδάφνη*. — Dioscor. iv. 82. Geop. ii. 42. 1.

⁹ Theoph. Hist. Plant. i. 9. 3.

¹⁰ Cf. Clus. *Hist. Rar. Plant.* i. 43. p. 65.

¹¹ Plat. *De Rep.* t. vi. p. 85. The berry, both of the myrtle and the laurel, assumed, we are told, a black colour in the garden

and fashioned into bowers,¹ which, when sprinkled with its snowy blossoms, combined, perhaps, with those of the jasmine, the eglantine, and the yellow tufts of the broad-leaved phillyrea,² constituted some of the most beautiful objects in a Greek paradise. Thickets of the tamarisk,³ the strawberry-tree,⁴ the juniper, the box, the bay, the styrax, the andrachne, and the white-flowered laurel, in whose dark leaves the morning dew collects and glistens in the sun like so many tiny mirrors of burnished silver, varied the surface of the lawn, connecting the bowers, and the copses, and the flower beds, and the grassy slopes with those loftier piles of verdure, consisting of the pine tree, the smilax, the cedar, the carob, the maple,⁵ the ash, the elm tree, the platane,⁶ and the evergreen oak which here and there towered in the grounds. In many places the vine shot up among the ranges of elms or platanes, and stretched its long twisted arm from trunk to trunk, like so many festoons of intermingled leaves and tendrils, and massive clusters of golden or purple grapes.⁷ Alternating, perhaps, with the lovely fa-

of Antandros.—Theophrast. Hist. Plant. ii. 2. 6.

¹ Hemsterhuis, Annot. ad Poll. ix. 49. p. 943. Cf. Dion. Chrysost. i. 273.

² Sibthorp. Flor. Græc. t. i. tab. 2, tab. 367, tab. 374, seq.

³ Theoph. Hist. Plant. i. 9. 3.

⁴ The strawberry-tree is found flourishing in great beauty and perfection on Mount Helicon, and its fruit is said to be exceedingly sweet.—Chandler, ii. 290.

⁵ Sibth. Flor. Græc. tab. 361.

⁶ Ἐνθα πλατάνος μὲν ἀμφι-
λαφῆς τε καὶ σύσκιος, πνεῦμα δὲ
μέτριον, καὶ πόα μαλθακῆ, ὥρα
ξέρου ἐπανθεῖν εἰωθυῖα. Aris-
tænet. Epist. lib. i. Epist. 3. p.
13. There was, according to
Varro, an evergreen platane tree

in Crete, i. 7. The same platane is mentioned by Theophrastus, who informs us, that it grew beside a fountain in the Gortynian territory where Zeus first reclined on landing from the sea with Europa, i. 9. 5. Near the city of Sybaris, there is said to have grown a common oak which enjoyed the privilege of being undeciduous. Ibid.

⁷ Ἀρπελοι δὲ παμμήκεις σφό-
δρα τε ὑψηλαὶ περιερίπτονται
κνπαρίττους ὡς ἀνακλῆν ἡμᾶς
ἐπὶ πολὺ τὸν αὐχενᾶ πρὸς θείαν
τῶν κύκλω συναυρουμένων βο-
τρώων, ὧν οἱ μὲν ὀργῶσιν, οἱ δὲ
περκάζουσιν οἱ δὲ ὄμφακες, οἱ δὲ
οἰνάνθαι δοκοῦσιν.—Aristænet.
Epist. lib. i. Ep. 3. p. 13, seq.

vourite of Dionysos, the blue and yellow clematis¹ suspended their living garlands around the stems, or along the boughs of the trees, in union or contrast with the dodder, or the honeysuckle, or the delicate and slender briony. And, if perchance a silver fir, with its bright yellow flowers,² formed part of the group, large pendant clusters of mistletoe, the food sometimes of the labouring ox,³ might frequently be seen swinging thick among its branches. In some grounds was probably cultivated the quercus suber,⁴ or cork tree, with bark four or five inches thick, triennially stripped off,⁵ after which it grows again with renewed vigour. Occasionally, where streams and rivulets⁶ found their way through the grounds, the black and white poplar, the willow, and the lentiscus, with a variety of tufted reeds, crowded about the margin, here and there shading and concealing the waters.

Proceeding now into the orchard we find, that, instead of walls, it was, sometimes at least, if it touched on the confines of another man's grounds, surrounded by hedges⁷ of black and white thorn, brambles, and barberry bushes, as at present⁸ by impenetrable fences of the Indian cactus.⁹ On the

¹ Sibth. Flor. Græc. tab. 516.

² Theophrast. Hist. Plant. i. 13. 1.

³ Dodwell, ii. 455. Sibth. in Walp. Mem. i. 283. There was a species of mistletoe called the Cretan, which found equally congenial the climates of Achaia and Media. Theoph. Hist. Plant. ix. 1, 3.

⁴ That is to say at a late period, for in the time of Theophrastus it would seem not to have been common in Greece, if it had been at all introduced. Hist. Plant. iii. 17. 1.

⁵ Dodwell, ii. 455.

⁶ Even the platane, also, delights in humid places. Theoph.

Hist. Plant. i. 4. 2. The black poplar was said to bear fruit in several parts of Crete. iii. 3. 5.

⁷ Geop. v. 44. Cf. Artemid. Oneirocrit. ii. 24. p. 112.

⁸ Walp. Mem. i. 60.

⁹ The cactus, as most travellers will have remarked, flourishes luxuriantly in Sicily even among the beds of lava where little else will grow; it appears, however, to delight in a volcanic soil. Spallanzani, Travels in the Two Sicilies, "i. 209. In the Æolian Islands it "thrives so well that it usually "grows to the height of ten, "twelve, and sometimes fifteen "feet, with a stem a foot or more "in diameter. The fruits, which

banks of these hedges, both inside and out, were found, peculiar tribes of plants and wild flowers, in some places enamelling the smooth close turf, elsewhere flourishing thickly in dank masses of verdure, or climbing upwards and interlacing themselves with the lofty and projecting thorns, such as the enchanter's nightshade, the euphorbia, the iris tuberosa, the red-flowered valerian, the ground-ivy,¹ the physalis somnifera, with its coral red seeds in their inflated calyces,² the globularia, the creeping heliotrope, the penny-cress,³ the bright yellow scorpion-flower, and the broad-leaved cyclamen or our Lady's-seal, with pink flower, light green leaf, veined with white and yellow beneath. The ancient Parthians surrounded their gardens with hedges of a fragrant, creeping shrub denominated philadelphos or love-brother,⁴ whose long suckers they interwove into a kind of network forming a sufficient protection against man and beast. In mountainous districts, where rain-floods were to be guarded against, the enclosures frequently consisted of walls of loose stones,⁵ as is still the case in Savoy on the edge of mountain torrents.

It was moreover the custom, both in Greece and Italy, to plant, on the boundary line of estates, rows of olives or other trees,⁶ which not only served to

"are nearly as large as turkeys' eggs, are sweet and extremely agreeable to the palate. It is well-known that the fruits grow at the edges of the leaves, the number on each leaf is not constant, but they are frequently numerous, as I have counted two and twenty on a single leaf." iv. 97.

¹ Sibth. Flor. Græc. t. i. tab. 29. tab. 157. tab. 185.

² Sibth. in Walp. Trav. p. 73, seq. On the seasons of these wild flowers see Theoph. Hist. Plant. vii. 9. 2.

³ Dioscor. ii. 186.

⁴ Athen. xv. 29.

⁵ Demosth. in Callicl. § 1. 3, seq.

⁶ Cf. Varro. i. 15. Magii Miscellan. lib. iv. p. 187. b. As the cotton-tree in modern times has been supposed not to thrive at a much greater distance than twenty miles from the sea; so, among the ancients, the olive was supposed not to flourish at a greater distance than three hundred stadia. Theoph. Hist. Plant. vi. 2. 4. Both opinions are probably erroneous, as the olive-tree is found in perfection in the Fayoum, and the cotton-plant in Upper Egypt.

mark the limits of a man's territory, but shed an air of beauty over the whole country. A proof of this practice prevailing in Attica, has with much ingenuity¹ been brought forward from the "Frogs," where Bacchos, addressing the poet Æschylus in the shades, observes "It will be all right provided your anger does not transport you beyond the olives." It may likewise be remarked that in olive-grounds,² the trees, excepting the sacred ones called *moriæ*, were always planted in straight lines, from twenty-five to thirty feet³ apart, because, in order to ripen the fruit,⁴ it is necessary that the wind should be able freely to play upon it from all sides. And further because they delight in a warm dry air like that of Libya, Cilicia,⁵ and Attica, the best olive-grounds were generally supposed to be those which occupied the rapid slopes of hills where the soil is naturally stony and light. The oil of the plains was commonly coarse and thick.

Among these olive grounds in summer, the song of the tettix⁶ is commonly heard; for this musical insect loves the olive, which, like the sant of the Arabian desert, yields but a thin and warm shade.⁷

¹ Vict. Var. Lect. p. 874. But the Scholiast (Aristoph. Ran. 1026) gives a different though less probable interpretation to the passage.

² Cf. Sibth. Flor. Græc. t. i. tab. 3.

³ Cato. De Re Rusticâ 6. They were sometimes also grafted, we are told, on lentiscus stocks. Plut. Sympos. ii. 6. 1.

⁴ In Syria and some other warm countries the olive was said to produce fruit in clusters. Theophrast. Hist. Plant. i. 11. 4. And when this fruit was found chiefly on the upper branches, they augured a productive year. id. i. 14. 2. Geop. ix. 2. 4. The ancients entertained extraordinary ideas concerning the purity of the olive,

which they imagined bore more freely when cultivated by persons of chaste minds. Thus the olive-grounds of Anazarbos, in Cilicia, were thought to owe their extraordinary fertility to the reserved and modest manners of the youths who cultivated them. Id. ix. 2. 6.

⁵ Geop. ix. 3. 1. Virg. Georg. ii. 179. The heads of olive-stocks when freshly planted were covered with clay, which was protected from the wet by a shell. Xenoph. Econom. xix. 14. The pits for the planting of the olive and other fruit-trees were of considerable depth and dug long beforehand. Theoph. Hist. Plant. i. 6. 1.

⁶ Cf. Hesiod. Opp. et Dies, 582, seq.

⁷ Οὐ γίνονται δὲ τέττιγες ὄκου

The tettix, in fact, though never found in an unwooded country, as in the plains about Cyrene, equally avoids the dense shade of the woods.¹ Here likewise² are found the blackbird, the roller, and three distinct species of butcher-bird—the small grey, the ash-coloured, and the redheaded.

In an Attic orchard were most of the trees reared in England, together with many which will not stand the rigour of our climate.—The apple,³ cultivated with peculiar care in the environs of Delphi and Corinth; the pear,⁴ the cherry from Cerasos on the southern shore of the Black Sea,⁵ which sometimes grew to the height of nearly forty feet,⁶ the damascene,⁷ and the common plum. Along with these were likewise to be found the quince,⁸ the apricot, the peach, the nectarine, the walnut, the chestnut, the filbert, introduced from Pontos,⁹ the hazel nut, the medlar, and the mulberry, which, according to Menander, is the earliest fruit of the year.¹⁰ With these were intermingled the fig, white, purple, and red, the pomegranate,¹¹ from the northern shores of Africa, the orange,¹² still planted under artificial shel-

μη δένδρα ἔστιν· διὸ καὶ ἐν Κυρήνῃ οὐ γίνονται ἐν τῷ πεδίῳ, περὶ δὲ τὴν πόλιν πολλοί, μάλιστα δ' οὐ ἑλαΐαι· οὐ γὰρ γίνονται παλίν σκίοι. Aristot. Hist. Anim. v. 30. Cf. Phile, de Animal. Proprietat. c. 25. p. 81.

¹ In Spain, however, these insects exhibit a somewhat different taste, being there found amid the foliage of the most leafy trees. "Every oak in the cork-wood near Gibraltar was the abode if not of harmony, at least of noise, and the concert kept up amidst the foliage by the numerous grass or rather tree-hoppers was quite deafening." Napier, Excursions on the shores of the Mediterranean, ii. p. 2.

² Sibth. in Walp. Mem. i. 75.

³ On the cultivation of the apple see Theophrast. Hist. Plant. i. 3. 3. Geop. xviii. 18.

⁴ Athen. xiv. 63. Etym. Mag. 122. 20.

⁵ Geop. x. 41. Plin. xv. 25. Athen. ii. 35.

⁶ Theoph. Hist. Plant. iii. 13. 1.

⁷ Etym. Mag. 211. 4, sqq.

⁸ Geop. x. 3. 73.

⁹ Geop. xiii. 19. Athen. ii. 38.

¹⁰ Athen. ii. 12. Vid. Cœl. Rhodigin. vii. 15. Bochart, Geog. Sac. col. 629.

¹¹ Theophrast. Hist. Plant. i. 3. 3. The fruit of the pomegranate-tree lost much of its acidity in Egypt. Id. Hist. Plant. ii. 2. 7.

¹² In Greece the orange-tree and the lemon blossom in June, Chandler, ii. 238.

ter at Lemnos, the citron, the lemon,¹ the date-palm,² the pistachio, the almond, the service, and the cornel-tree.

As these gardens were arranged with a view no less to pleasure than to profit, the trees were planted in lines, which, when sufficiently close, formed a series of umbrageous avenues, opening here into the lawn and there into the vineyard, which generally formed part of a Greek gentleman's grounds. And such an orchard decked in its summer pride with foliage of emerald and fruit, ruddy, purple, and gold, the notes of the thrush, the nightingale,³ the tettix, with the "amorous thrill of the green-finch,"⁴ floating through its boughs, and the perfume of the agnus-castus, the myrtle, the rose, and the violet, wafting richly on all sides, was a very paradise.

Not unfrequently, common foot-paths traversed these orchards and vineyards, in which case the passers-by were customarily, if not by law, permitted to pick and eat the fruit,⁵ which seems also from the account of our Saviour to have been the practice in Judæa. The contrary is the case in modern Europe. In Burgundy and Switzerland, where pathways traverse vineyards, it is not uncommon to see the grapes smeared with something resembling white lime which children are assured

¹ Cf. Chandler, ii. 250.

² In Babylonia the palm-tree was by some thought to be propagated by off-shoots. Theophrast. Hist. Plant. ii. 2. 2. In Greece, the fruit seldom ripened completely. iii. 3. 5.

³ Ἐπι δὲ τὸ ἔμπροσθεν τῆς αὐρας λιγυρὸν ὑπηχεῖ τῷ μουσικῷ τῶν τεττίγων χορῷ δι' ἣν καὶ τὸ πνίγος τῆς μεσημερίας ἠπιώτερον ἐγεγόνει ἡδὺν καὶ ἀηδόνει, περὶ πετόμεναι τὰ νάματα, μελωδοῦσιν. ἀλλὰ καὶ τῶν ἄλλων ἡδὺν φῶνων κατακούομεν ὀρνίθων, ὥσπερ

ἔμμελῶς ὁμιλούντων ἀνθρώποις. Aristænet. Epist. lib. i. Ep. 3. p. 17.

⁴ "The amorous thrill of the green-finch was now heard distinctly. The little owl hooted frequently round the walls of the convent. In the river below, otters were frequently taken. On the sides of the banks were the holes of the river-crabs; and the green-backed lizard was sporting among the grass." Sibth. in Walp. Trav. p. 76.

⁵ Plat. De Legg. t. viii. p. 107.

is a deadly poison. This, while in the country, I regarded as a mere stratagem, intended to protect the vineyards from depredation, though there seems after all to be too much reason to believe the nefarious practice to exist in several localities. At least two children were recently killed at Foix by eating poisoned grapes on the way-side.

The Greeks placed much of their happiness in spots like those we have been describing, as may be inferred from such of their fabulous traditions,¹ as relate to the garden of the Hesperides,² the gardens of Midas, with their magnificent roses, and those of Alcinoös,³ which still shed their fragrance over the pages of the *Odyssey*. From the East, no doubt, they obtained, along with their noblest fruit-trees, the art of cultivating them, and, perhaps, that sacred tradition of the Garden of Eden, preserved in the Scriptures, formed the basis of many a Hellenic legend.⁴ The Syrians acquired much celebrity among the ancients for their knowledge of gardening, in which, according to modern travellers, they still excel. Of the manner of cultivating fruit-trees in the earlier ages very little is known. No doubt they soon discovered that some will thrive better in certain soils and situations than in others, and profited by the discovery; but the art of properly training and grafting trees is comparatively modern.⁵

No mention of it occurs in the *Pentateuch*, though Moses there gives directions how to manage an orchard. For the first three years the blossoms were not to be suffered to ripen into fruit, and even in the fourth all that came was sacred to the Lord.

¹ Eudoc. *Ion.* 434.

² Plin. xix. 19. Athen. xi. 39.

³ Bœttig, *Fragm. sur les Jar. des Anciens*, in *Magaz. Encycloped. Ann.* vii. t. i. p. 337. Cardinal Quirini, *Primordia Corcyræ*, c. vii. p. 60, sqq.

⁴ See in Xenophon a brief de-

scription of the gardens of Cyrus. *Econom.* iv. 21. Upon this passage our countryman, Sir Thomas Browne, has written an elaborate treatise.

⁵ On the various methods of propagating trees see Theophrast. *Hist. Plant.* ii. 1. 2.

From the fifth year, onward, they might do with it what they pleased. Of these regulations the intention was to prevent the early exhaustion of the trees. Homer, also, is silent on the practice of grafting, nor does any mention of it occur in the extant works of Hesiod, though Manilius¹ refers to his poems in proof of the antiquity of the practice. By degrees, however, it got into use;² and, in the age of Aristotle,³ was already common, as at present almost everywhere, save in Greece,⁴ since no fruit was esteemed excellent unless the tree had been grafted. Some few of the rules they observed in this process may be briefly noticed.⁵ Trees with a thick rind were grafted in the ordinary way, and sometimes by inserting the graft between the bark and the wood, which was called infoliation.⁶ Inoculation, also, or introducing the bud of one tree into the rind of another, was common among Greek gardeners.⁷ They were extremely particular in their choice of stocks.⁸ Thus the fig was grafted only on the platane⁹ and the mulberry; the mulberry on

¹ Astronomicon, ii. p. 30. l. 4. Scalig. et not. p. 67.

² Cf. Athen. xiv. 68.

³ De Plantis, ii. 6.

⁴ Hobhouse, Travels, i. 227. Thiersch, Etat Actuel de la Grèce, t. i. p. 297.

⁵ Geop. iii. 3. 9. Clem. Alexand. Stromat. l. vi. Opera, t. ii. p. 800. Venet. 1657.

⁶ Geop. xii. 75. x. 75. 19.

⁷ Geop. x. 77. Colum. v. 11. 1. Pallad. vii. 5. 2. Plin. xvii. 26. Cato. 42. Virg. Georg. ii. 73, sqq.

⁸ Geop. x. 76.

⁹ Introduced by Dionysios the elder into Rhegium, where it attained, however, no great size. Theoph. Hist. Plant. iv. 5. 6. The same naturalist speaks of two plane trees, the one at Del-

phi, the other at Caphyæ in Arcadia, said to have been planted by the hand of Agamemnon, which were still flourishing in his own days, iv. 13. 2. This tree attains a prodigious size in Peloponnesos. Chandler, Travels, ii. 308. Our traveller was prevented from measuring the stem by the fear of certain Albanian soldiers who lay asleep under it; but Theophrastus gives us the dimensions of a large platane, at Antandros, whose trunk, he says, could scarcely be embraced by four men, while its height before the springing forth of the boughs was fifteen feet. Having described the dimensions of the tree, he relates a very extraordinary fact in natural history, namely, that this platane,

the chestnut,¹ the beech, the apple, the terebinth, the wild pear, the elm, and the white poplar, (whence white mulberries;) the pear on the pomegranate, the quince, the mulberry, (whence red pears,) the almond, and the terebinth; apples² on all sorts of wild pears and quinces, (whence the finest apples called by the Athenians Melimela,)³ on damascenes, also, and *vice versâ*, and on the platane, (whence red apples.)⁴ Another method of communicating a blush to this fruit was to plant rose-bushes round the root of the tree.⁵ The walnut was grafted on the strawberry-tree only;⁶ the pomegranate on the myrtle⁷ and the willow; the laurel on the cherry⁸ and the ash; the white peach on the damascene and the almond; the damascene on the wild pear, the quince, and the apple; chestnuts on the walnut, the beech, and the oak;⁹ the cherry

having been blown down by the winds and lightened of its branches by the axe, rose again spontaneously during the night, put forth fresh boughs, and flourished as before. The same thing is related of a white poplar in the museum at Stagira, and of a large willow at Philippi. In this last city a soothsayer counselled the inhabitants to offer sacrifice, and set a guard about the tree, as a thing of auspicious omen. Theoph. Hist. Plant. iv. 16. 2, seq. Cf. Plin. xvi. 57. In corroboration of the narrative of Theophrastus, Palmerius relates, that, during the winter of 1624-25, while Breda was besieged by Ambrosio Spinola, he himself saw in Brabant an oak twenty-five feet high, and three feet in circumference, overthrown by the wind, and recovering itself exactly in the manner described by the great naturalist. The vulgar, who regarded it as a mi-

racle, preserved portions of its bark or branches as amulets.—Excercitationes, p. 598.

¹ Plut. Sympos. ii. 6. 7.

² "It is reported," observes Lord Bacon, "that, in the low countries, they will graft an apple scion upon the stock of a colewort, and it will bear a great flaggy apple, the kernel of which, if it be set, will be a colewort and not an apple." Sylva Sylvarum, 453.

³ Geop. x. 20. 1. Varro. i. 59. *Mustea (mala) a celeritate mitescendi: quæ nunc melimela dicuntur, a sapore melleo.*—Plin. xv. 15. Dioscor. i. 161.

⁴ Plut. Sympos. ii. 6. 1.

⁵ Geop. x. 19. 15, cum not. Niclas.

⁶ *Inseritur vero ex fœtu unci arbutus horrida.* Virg. Georg. ii. 69, with the note of Servius.

⁷ Plut. Sympos. ii. 6. 1.

⁸ Plin. xvii. 14.

⁹ *Castanea inseritur in se, et*

on the terebinth, and the peach; the quince on the oxyacanthus; the myrtle on the willow; and the apricot on the damascene, and the Thasian almond-tree. The vine, also, was grafted on a cherry and a myrtle-stock, which produced, in the first case, grapes in spring,¹ in the second, a mixed fruit, between the myrtle-berry and the grape.² When the gardener desired to obtain black citrons, he inserted a citron-graft into an apple-stock, and, if red, into a mulberry-stock.

Citrons were likewise occasionally grafted on the pomegranate-tree. In the present day, the almond, the chestnut, the fig, the orange, and the citron, with many other species of fruit-trees, are no longer thought to require grafting.³

In illustration of the prolific virtue of the Hellenic soil it may be mentioned, that young branchless pear-trees, transplanted from Malta to the neighbourhood of Athens, in the autumn of 1830, were the next year covered thick with fruit, which hung even upon the trunk like hanks of onions.⁴

Notwithstanding the early season of the year at which Gaia distributes her gifts in Greece, numerous arts were resorted to for anticipating the productions of summer,⁵ though of most of them the nature is unknown. It is certain, however, that they

in salice, sed ex salice tardius maturat, et fit asperior in sapore. Pallad. xii. 7. 22. Cf. Virg. Georg. ii. 71. Plutarch speaks of certain gardens on the banks of the Cephissos, in Bœotia, in which he beheld pears growing on an oak-stock: ἦσαν δὲ καὶ δρῦες ἀπίους ἀγαθὰς ἐκφέρουσαι. Sympos. ii. 6. 1.

¹ Geop. x. 41. 3. iv. 12. 5.

² Geop. iv. 4.

³ Thiersch, Etat Actuel de la Grèce, t. i. p. 298.

⁴ Idem. t. i. p. 288. Speaking of

the fertility of the islands, Della Rocca remarks: "Le terroir y est si bon, et les arbres y viennent si vite, que j'ai vu à Naxie des pépins d'orange de Portugal pousser en moins de huit ans de grands orangers, dont les fruits étoient les plus délicieux du monde, et la tige de l'arbre si haute, qu'il falloit une longue échelle pour y monter." — *Traité Complet des Abeilles*, t. i. p. 6.

⁵ On the artificial ripening of dates, Theoph. ii. 8. 4.

possessed the means of ripening fruits throughout the winter, either by hothouses or other contrivances equally efficacious.¹ During the festival celebrated in honour of the lover of Aphrodite, the seeds of flowers were sown in those silver pots, or baskets, called the gardens of Adonis,² and with artificial heat and constant irrigation compelled to bloom in eight days. Among the modern Hindûs corn is still forced to spring up in a few days, by a similar process, during the festival of Gouri.³ To produce rather the figs,⁴ a manure, composed of dove's dung and pepper and oil, was laid about the roots of the tree. Another method was that which is still employed under the name of caprification, alluded to by Sophocles.⁵ For this purpose care was taken to rear, close at hand, several wild fig-trees, from which might be obtained the flies made use of in this process,⁶ performed by cutting off bunches of wild figs and suspending them amid the branches of the cultivated species,⁷ when a fly issuing from the former

¹ Athen. iii. 19. Plut. Phoc. § 3. Xenoph. Vectigal. i. 3.

² Ὁ ροῦν ἔχων γεωργός, ὦν σπερμάτων κήδοιο καὶ ἔγκαρπα βούλοιο γενέσθαι, πότερα σπονδῆ ἂν θέρουσ εἰς Ἀδώνιδος κήπουσ ἀρῶν χαιροὶ θεωρῶν καλοῦσ ἐν ἡμέραισιν ὀκτῶ γιγνομένουσ.—Plat. Phœd. t. i. p. 99. Suid. v. Ἀδωνιδ. κῆπ. t. i. p. 84. b. Theoph. Hist. Plant. v. 7. 3. Caus. Plant. i. 12. 2. Eustath. ad Odys. λ. p. 459. 4.

³ Tod, Annals of Rajast'han, vol. i. p. 570.

⁴ Cf. Athen. iii. 12. Theophrast. Hist. Plant. i. 3. 3. The fruit of the Egyptian sycamore, or Pharaoh's fig-tree, was eaten in antiquity as now. Athenæus, who was a native of the Delta, says they used to rip open the skin of the fruit with an iron

claw, and leave it thus upon the tree for three days. On the fourth it was eatable, and exhaled a very agreeable odour. Deipnosoph. ii. 36. Theophrastus adds, that a little oil was likewise poured on the fruit when opened by the iron. De Caus. Plant. i. 17. 9. ii. 8. 4. In Malta figs are still sometimes ripened by introducing a little olive oil into the eye of the fruit, or by puncturing it with a straw or feather dipped in oil. Napier, Excursions along the Shores of the Mediterranean, vol. ii. p. 144. Cf. Lord Bacon, Sylva Sylvarum, 446.

⁵ Ap. Athen. iii. 10. Cf. Theoph. Hist. Plant. i. 8. 1.

⁶ Aristot. de Gen. Anim. t. i.

⁷ Suid. v. ἐρινεός. t. i. p. 1038. d.

pricked the slowly ripening fruit and accelerated its maturity.¹ In growing the various kinds of fig they were careful to plant the Chelidonian, the Erinean, or wild fig, the Leukerinean, and the Phibaleian² on plains. The autumn-royals would grow anywhere. Each sort has its peculiar excellence. The following were the best: the colouroi, or truncated, the formion, the diforoi, the Megaric, and the Laconian, which would bear abundantly if well-watered.³ Rhodes was famous for its excellent figs, which were even thought worthy to be compared with those of Attica.⁴ Athenæus, however, pretends that the best figs in the world were found at Rome. There were figs with a ruddy bloom in the island of Paros, the same in kind as the Lydian fig.⁵ The Leukerinean produced the white fig.⁶

The fancy of Hellenic gardeners amused itself with effecting numerous fantastic changes in the appearance and nature of fruit. Thus citrons, lemons, &c., were made, by the application of a clay mould, to assume the form of the human face, of birds and other animals.⁷ Occasionally, too, they were introduced, when small, into the neck of a bottle provided with breathing holes, the figure of which they assumed as they projected their growth into all its dimensions. We are assured, moreover, that, by a very simple process, they could produce

¹ Cf. Tournefort, t. ii. p. 23.

² Schol. Aristoph. Acharn. 767

³ Athen. iii. 7. The Laconian fig-tree was not commonly planted in Attica. Frag. Aristoph. Georg. 4. Brunck. This kind of fig requires much watering, which was found to deteriorate the flavour of other kinds. Theoph. Hist. Plant. i. 7. 1.

⁴ Athen. iii. 8.

⁵ Athen. iii. 9. In the fig-tree orchards of Asia Minor the spaces between the trees are sown, as in vineyards, with corn,

and the bushes are often filled with nightingales. — Chandler, i. 244.

⁶ Athen. iii. 10. There was, also, a species which received its name from resembling the crow in colour. Sch. Aristoph. Pac. 611. Philost. Icon. i. 31. p. 809, where figs are enumerated in his elegant description of the Xenia. Cf. Pausan. i. 37. Vitruv.

⁷ Geop. x. 9. Clus. Rar. Plant. Hist. i. 4.

peaches, almonds,¹ &c., covered, as though by magic, with written characters. The mode of operation was this,—steeping the stone of the fruit in water for several days, they then carefully divided it, and taking out the kernel inscribed upon it with a brazen pen whatever words or letters they thought proper. This done, they again closed the stone over the kernel, bound it round with papyrus, and planted it; and the peaches or almonds which afterwards grew on that tree bore every one of them, *mirabile dictu!* the legend inscribed upon the kernel. By similar arts² they created stoneless peaches, walnuts without husks, figs white one side, and black the other, and converted bitter almonds into sweet.³

The rules observed in the planting of fruit-trees were numerous.⁴ Some, they were of opinion, were best propagated by seed, others by suckers wrenched from the root of the parent stock,⁵ others, again, by branches selected from among the new wood on the topmost boughs. A rude practice, too, common enough in our own rural districts, appears to have been in much favour among them,—bending some long pendant bough to the ground, they covered a part of it with heavy clods, allowing, however, the extremity to appear above the earth. When it had taken root it was severed from the tree and transplanted to some proper situation. At other times, the points of boughs were drawn down and fixed in the ground, which even thus took root, and sent the juices backwards, after which the bough was

¹ Geop. x. 14. 60. Pallad. ii. 15. 13.

² Geop. x. 16. 53. 76.

³ Geop. x. 59. Theoph. Hist. Plant. ii. 8. 1. Caus. Plant. i. 9. 1. Plin. xvii. 43. Pallad. ii. 15. 11.

⁴ Geop. x. 3. Cf. Xenoph. Œconom. xix. 3.

⁵ Plin. xvii. 13. When a tree was barren, or had lost its strength in blooming, they split it at the root, and put a stone

into the fissure to keep it open, after which it was said to bear well. Theoph. Hist. Plant. ii. 7. 6. It was customary, moreover, to wound the trunks of almond, pear, and other trees, as the service-tree in Arcadia, in order to render them fertile. Id. ii. 7. 7. The berries of the cornel and service-trees were sweeter and ripened earlier wild than when cultivated. iii. 2. 1.

cut off and a new stock produced. Trees generated by this method, as well as those planted during the waning moon,¹ were supposed to spread and grow branchy, while those set during the waxing moon attained, though weaker, to a much greater height. It ought, perhaps, to be further added, that all seeds and plants were put into the ground while the moon was below the horizon.² Those trees which it was customary to renew by seed were the pistachio, the filbert, the almond, the chestnut, the white peach, the damascene, the pine-tree, and the edible pine, the palm, the cypress, the laurel, the ash, the maple, and the fig. The apple,³ the cherry, the rhamnus jujuba, the common nut, the dwarf laurel, the myrtle, and the medlar, were propagated by suckers; while the quicker and surer mode of raising trees from boughs was frequently adopted in the case of the almond, the pear, the mulberry, the citron,⁴ the apple, the olive, the quince,⁵ the black and white poplar, the ivy, the jujube-tree, the myrtle, the chestnut, the vine, the willow, the box, and the cytissus.

But the thrifty people of Hellas seldom devoted the orchard-ground entirely to fruit-trees. The custom seems to have been to lay out the whole in beds and borders for the cultivation of vegetables, and to plant trees, at intervals, along the edges and at the corners. These beds, moreover, were often, as with us, edged with parsley and rue; whence the proverb, — “You have not proceeded beyond the rue,” for “You know nothing of the matter.”⁶

¹ The ancients believed that the moon ripens fruit, promotes digestion, and causes putrefaction in wood, and animal substances. Athen. vii. 3. Cf. Plut. Sympos. iii. 10.

² Geop. x. 2. 13.

³ Cf. Vigenère, Images des Philostrates, p. 48.

⁴ “Les orangers et les citronniers parfument l’air par la

“quantité prodigieuse des fleurs dont ils sont chargés, et qui s’épanouissent aux premières chaleurs.”—Della Rocca, Traité sur les Abeilles, t. i. p. 5.

⁵ Originally of Crete. Pashley, i. 27. *κοδύμαλον* in the ancient dialect of the country. Athen. iii. 2.

⁶ Schol. Aristoph. Vesp. 480. Geop. xii. 1. 2.

The rustics of antiquity, who put generally great faith in spells and talismans, possessed an extraordinary charm for ensuring unfailing fertility to their gardens; they buried an ass's head deep in the middle of them, and sprinkled the ground with the juice of fenugreek and lotus.¹ Somewhat greater efficacy, however, may be attributed to their laborious methods of manuring and irrigation.²

The aspect of such a garden differed very little, except perhaps in luxuriance, from a similar plot of ground in Kent or Middlesex. Here you perceived beds of turnips, or cabbages, or onions; there, lettuces, or endive, or succory,³ in the process of blanching, or the delicate heads of asparagus, or broad-beans, or lentils, or peas, or kidney-beans, or artichokes. In the most sunny spots were ranges of boxes or baskets for forcing cucumbers.⁴ Near the brooks, where such existed, were patches of water-melons,⁵ the finest in the world; and here and there, clasping round the trunks of trees,⁶ and, suspending its huge leaves and spheres from among the branches, you might behold the gourd,⁷ as I have often seen it in the palm-groves of Nubia. It may be added, that the pumpkin, or common gourd, was eaten by the Greeks,⁸ as it is still in France and Asia Minor.⁹

Lettuces¹⁰ were blanched by being tied a-top, or

¹ Geop. xii. 6. Pallad. i. 35. 16.

² Lucian. Luc. siv. Asin. § 43.

³ Geop. ii. 37. 40.

⁴ These were covered with plates of the lapis specularis, and furnished with wheels, that they might the more easily be moved in and out from under cover. Colum. De Re Rust. xi. 3. p. 461: see also Castell, Villas of the Ancients, p. 4.

⁵ These are found growing at present even in the cemeteries. "Des melons d'eau qui végètent çà et là sur ces tombes abandonnées, ressemblent, par leur

"forme et leur pâleur, à des crânes humains qu'on ne s'est pas donné la peine d'ensevelir." Chateaub. Itin. i. 27. These fruit are considered so innocent in the Levant as to be given to the sick in fevers. Chandler, i. p. 77.

⁶ Colum. De Cult. Hortor. 234.

⁷ Sch. Aristoph. Acharn. 494.

⁸ Athen. iii. 1.

⁹ Chandler, i. 317.

¹⁰ See Strattis's Invocation to the Caterpillar. Athen. ii. 79. Theoph. Hist. Plant. vii. 2. 4. 5. 4.

being buried up to a certain point in sand.¹ They were, moreover, supposed to be rendered more rich and delicate by being watered with a mixture of wine and honey, as was the practice of the gourmand Aristoxenos, who having done so over-night, used next morning to cut them, and say they were so many green cakes sent him by mother Earth.²

The Greek gardeners appear to have delighted exceedingly in the production of monstrous vegetables. Thus, in the case of the cucumber, their principal object appears to have been to produce it without seed, or of some extraordinary shape.³ In the first case they diligently watched the appearance of the plant above ground, and then covering it over with fresh earth, and repeating the same operation three times, the cucumbers it bore were found to be seedless. The same effect was produced by steeping the seeds in sesamum-oil for three days before they were sown. They were made to grow to a great length by having vessels of water⁴ placed daily within a few inches of their points, which, exciting by attraction a sort of nîsus in the fruit, drew them forward as far as the gardener thought necessary.⁵ They were made, likewise, to assume all sorts of forms by the use of light, fictile moulds,⁶ as in the case of the citron. Another method was, to take a large reed,⁷ split it, and clear out the pith; then introducing the young cucumber into the hollow, the

¹ Geop. xii. 13. 3. Pallad. ii. 14. 2.

² Athen. i. 12.

³ Geop. xii. 19. 1, sqq. Pallad. iv. 9. 8.

⁴ Plin. xix. 23. Pallad. iv. 9. 8.

At qui sub trichila manantem
repat ad undam,
Labentemque sequens nimio te-
nuatur amore,
Candidus, effœtæ tremebundior
ubere porcæ.

Colum. x. De Cult. Hortor. 394.

⁵ Lord Bacon, having noticed this fact, adds the following sage remark: "If you set a stake or prop at a certain distance from it (the vine), it will grow that way, which is far stranger than the other: for that water may work by a sympathy of attraction; but this of the stake seemeth to be a reasonable discourse." *Sylva Sylvarum*, 462.

⁶ Theoph. Hist. Plant. vii. 3. 5. Plin. Hist. Nat. xix. 24.

⁷ Plin. xix. 23.

sections of the reed were bound together, and the fruit projected itself through the tube until it acquired an enormous length. It is observed by Theophrastus, that if you steep the seeds of cucumbers in milk, or an infusion of honey, it will improve their flavour.¹ They were, moreover, believed to expand in size at the full of the moon, like the sea-hedgehog.² A fragrant smell was supposed to be communicated to melons³ by constantly keeping the seed in dry rose-leaves. To preserve the seed for any length of time, it was sprinkled with the juice of house-leek.

The Megaréans, in whose country melons, gourds,⁴ and cucumbers were plentiful, were accustomed to heap dust about their roots during the prevalence of the Etesian winds, and found this answer instead of irrigation.⁵ It appears from the following proverb, —“The end of cucumbers and the beginning of pom-pions,” — that the former went out of season as the latter came in.⁶

To procure a plentiful crop of asparagus, they used to bury the shavings of a wild ram's horn, and well water them.⁷ By banking up the stalks, moreover, immediately after cutting the heads, they caused new shoots to spring forth, and thus enjoyed a fresh supply throughout the year. This plant was probably obtained from Libya,⁸ where it was said to attain, in its wild state, the height of twelve, and sometimes even of thirty cubits;⁹ and on the slopes of Lebanon,

¹ Cf. Athen. iii. 5.

² Athen. iii. 27.

³ The best melons at present known in Greece are those of Cephalonia, which lose their flavour if transplanted. Hobhouse, Trav. &c., i. 227. Cf. Chandler, i. p. 14.

⁴ Schol. Aristoph. Acharn. 494.

⁵ Theoph. Hist. Plant. ii. 7.

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⁷ Schol. Aristoph. Pac. 966.

⁸ Geop. xii. 18. 2. Plin. xix. 42. Dioscor. ii. 152. The physician, however, modestly professes his unbelief: *ἐγὼ δὲ ἰστόρησαν, ὅτι ἐάν τις κριοῦ κέρατα συγκόψας κατορύξῃ, φέται ἀσπάραγος· ἐμοὶ δὲ ἀπίθανον.*

⁹ The asparagus, however, has been found, in modern times, growing wild among the ruins of Epidaurus. Chandler, ii. 249.

¹⁰ Athen. ii. 62.

in Syria, it has in our own day been seen from twelve to fifteen feet high.

That kind of cabbage which we call savoys was supposed to flourish best in saline spots, on which account the gardeners used to sift pounded nitre¹ over the beds where it was sown, as was the practice also in Egypt. In and about Alexandria,² however, there was said to be some peculiar quality in the earth which communicated a bitter taste to the cabbage. To prevent this they imported cabbage-seed from the island of Rhodes, which produced good plants the first year, but experienced in the second the acrid influence of the soil.³ Kumè was celebrated for its fine cabbages, which, when full-grown, were of a yellowish green colour, like the new leather sole of a sandal. Broccoli and sea-kale and cauliflowers would appear to have been commonly cultivated in the gardens of the ancients. There was, likewise, among them a sort of cabbage supposed to have some connexion with the gift of prophecy;⁴ and by this, probably, it was, that certain comic personages used to swear, as Socrates by the dog, and Zeno by the caper-bush.

Radishes⁵ were rendered sweet by steeping the seeds in wine and honey, or the fresh juice of grapes: Nicander speaks of preserved turnips.⁶ Parsley-seed was put into the earth in an old rag, or a wisp of straw,⁷ surrounded with manure, and well-watered, which made the plant grow large. Rue they sowed in warm and sunny spots, without manure.⁸ It was defended from the cold of winter by being surrounded with heaps of ashes,⁹ and was sometimes planted in

¹ Geop. ii. 41.

² Athen. ix. 9. Suid. v. *κράμ-*
ἔη. t. i. p. 1518. b. Cf. Foës. *Œco-*
nom. Hippoc. v. *κράμῆτων*. p. 214.
Dioscorid. ii. 146.

³ Cf. Steph. Byzant. de Urb.
p. 488. b.

⁴ Cf. Casaub. *Animadv.* in
Athen. ix. 9. t. x. p. 24.

⁵ Theoph. Hist. Plant. vii. 1. 3.

⁶ Athen. iv. 11.

⁷ Theoph. Hist. Plant. vii. 4.
2. 6. 4. Aristoph. *Concion.* 355,
et schol.

⁸ Geop. xii. 1.

⁹ Geop. xii. 25. 1.

pots, probably to be kept in apartments for the sake of its bright yellow flowers,¹ and because, when smelt, it was said to cure the head-ache. The juice of wild rue, mixed with woman's milk, sharpened the sight, in the opinion of the ancients.² The juice of sweet mint, which was a garden herb, squeezed into milk,³ was supposed to prevent coagulation, even should rennet be afterwards thrown into it.

Both the root and bean of the nymphæa nelumbo or red lotus,⁴ were eaten in Egypt,⁵ where its crimson flowers were woven into crowns which diffused an agreeable odour, and were considered exceedingly refreshing in the heat of summer.⁶ This plant was by the Greeks of Naucratis denominated the melilotus, to distinguish it from the lotus with white flowers. Theophrastus⁷ observes, that it grows in the marshes to the height of four cubits, and has a striped root and stem. This lotus was also anciently found in Syria and Cilicia, but did not there ripen. In the environs of Toronè in Chalcidice,⁸ however, it was found in perfection in a small marsh.

The lupin,⁹ and the caper-bush, probably cultivated for the beauty of its delicate white flowers,¹⁰ deteriorated in gardens,¹¹ as did likewise the mallows,¹²

¹ Cf. Sibth. Flor. Græc. tab. 368.

² Dioscor. iii. 53. Geop. xii. 25. 4.

³ Geop. xii. 24.

⁴ The rose-coloured lotus was said by the poet Pancrates to have been produced from the blood of the lion slain by the Emperor Adrian. Athen. xv. 21.

⁵ Athen. iii. 1.

⁶ Nicander in Georgicis ap. Athen. iii. 1.

Σπείρειας κύαμον Αιγύπτιον, ὄφρα
θερείης

Ἄνθεα μὲν στεφάνους ἀνύης· τὰ
δὲ πεπηῶτα

Ἄκμαιον καρποῖο κισῶρια δαυνο-
μένοισιν

Ἐς χέρας ἡθεοῖσι, πάλαι ποθέου-
σιν, ὀρέξης

Ῥίζας δ' ἐν Δοίρησιν ἀφειψήσας
προτίθημι.

See the note of Schweigh-
æuser, t. vii. 10.

⁷ Histor. Plant. iv. 10.

⁸ It was also found in Thes-
protia. Athen. iii. 3.

⁹ Geop. ii. 39. Apuleius re-
lates that the lupin-flower turned
round with the sun, even in clou-
dy weather, so that it served as
a sort of rural clock. Cf. Plin.
xviii. 67.

¹⁰ The caper-bush blossoms in
June. Chandler, ii. 275.

¹¹ Theoph. Hist. Plant. i. 3. 6.
Cf. Sibth. Flor. Græc. tab. 488.

¹² Athen. ii. 52.

which, together with the beet, were said to acquire in gardens the height of a small tree.¹ The stem of the mallows was sometimes used as a walking stick. Its large pale red flower which

Follows with its bending head the sun,²

constituted one of the ornaments of the garden.

Besides these the ancients usually cultivated in their grounds two species of cistus, one with pale red flowers now called the long rose, the other which about midsummer has on its leaves a sort of fatty dew, of which laudanum is made;³ together with the blue eringo,⁴ rocket, cresses, (which were planted in ridges,) bastard parsley, penny-royal, anis,⁵ water-mint, sea-onions, monk's rhubarb, purslain, a leaf of which placed under the tongue quenched thirst, garden coriander, hellebore, yellow, red, and white, bush origany,⁶ with its pink cones, flame-coloured fox-glove, brank-ursine, or bear's foot, admired for its vast pyramid of white flowers, chervil, skirwort,

¹ Theoph. Hist. Plant. i. 9. 2. Cf. vii. 3, 3. Hesiod reckons the mallow and the asphodel among edible plants. Opp. et Dies, 41. Gættling, therefore, (in loc.) wonders Pythagoras should have prohibited the mallow. Cf. Aristoph. Plut. 543. Suid. v. *θήμως*. t. 1. p. 1336. e. Horat. Od. i. 32. 16.

² Colum. de Cult. Hortor. 253. Cardan in his treatise De Subtilitate having undertaken to assign the cause why certain flowers bend towards the sun, his antagonist, J. C. Scaliger, remarks upon his philosophy as follows:—"De floribus, qui ad Solem convertuntur non pessime ais: tenue humidum ad Solis calorem, se habere, ut corii ad ignem. Cæterum adhuc integra restat quæstio. Rosis enim tenuissimum esse humidum testantur omnia. Non

convertuntur tamen. Platonici flores quosdam etiam Lunæ dicunt esse familiares: qui sane huic Sideri, sicut illi suo canant hymnos, sed mortalibus ignotos auribus." Exercit. 170, § 2. "The cause (of the bowing of the "heliotrope) is somewhat obscure; "but I take it to be no other, but "that the part against which the "sun heateth, waxeth more faint "and flaccid in the stalk, and "thereby less able to support the flower." Bacon, Sylva Sylvarum § 493.

³ Sibth. Flor. Græc. t. 1. tab. 258, seq.

⁴ Colum. x. de Cult. Hortor. 230, sqq. Sch. Aristoph. Nub. 235.

⁵ Theoph. Hist. Plant. i. 72. 2.

⁶ Schol. Aristoph. Acharn. 826, 837.

the mournful elecampane, giant fennel, dill, mustard and wake-robin, which was sown,

Soon as the punic tree, whose numerous grains,
When thoroughly ripe, a bright red covering hides,
Itself did with its bloody blossoms clothe.¹

Other garden herbs were the cumin, the seed of which was sown with abuse and curses,² the sperageberry, the dittander, or pepperwort, turnips,³ and parsnips, (found wild in Dalmatia,)⁴ with onions, garlic, and leeks.⁵ For these last Megara was famous, as Attica was for honey, which suggested to the Athenians an occasion of compliment to themselves,⁶ it having been a saying among them, that they were as superior to the Megareans as honey is to garlic and leeks.

The cultivation of that species of leek called geyllis was carried to great perfection at Delphi,⁷ where it was an established custom, evidently with a view to the improvement of gardening, that the person who, on the day of the Theoxenia,⁸ presented the largest vegetable of this kind to Leto should receive a portion from the holy table.⁹ Polemo, who relates this circumstance says, that he had seen on these occasions leeks nearly as large as turnips. The cause of this ceremony was said to be, that Leto when great with Apollo longed for a leek.

Mushrooms¹⁰ were sedulously cultivated by the ancients, among whose methods of producing them were the following. They felled a poplar-tree¹¹ and

¹ Colum. x. De Cult. Hortor. 374. English Translation. Theoph. Hist. Plant. vii. 12. 1.

² Theoph. Hist. Plant. vii. 3. 3. Cf. Dioscor. iii. 68, seq.

³ Athen. iv. 11.

⁴ Athen. ix. 8.

⁵ Theoph. Hist. Plant. vii. 4. 7, 10, 11. Aristoph. Plut. 283, et schol. Eq. 675. 494. Vesp. 680. Acham. 166, 500. Plut. 283.

⁶ Schol. Aristoph. Pac. 246. 252.

⁷ Cf. Schol. Aristoph. Eq. 675.

⁸ This passage has escaped the diligence of Meursius, Græc. Feriat. p. 150.

⁹ Athen. ix. 13.

¹⁰ Dioscor. ii. 200, seq. Plin. xix. 11.

¹¹ Athen. ii. 57. Schol. Aristoph. Nub. 189, 191. Eccles. 1092. Geop. xii. 36.

laying its trunk in the earth to rot, watered it assiduously, after which mushrooms, at the proper time sprung up. Another method was to irrigate the trunk of the fig-tree after having covered it all round with dung, though the best kind in the opinion of others were such as grew at the foot of elm and pine-trees.¹ Those springing from the upper roots were reckonèd of no value.

On other occasions² they chose a light sandy soil accustomed to produce reeds, then burning brush-wood, &c., when the air was in a state indicating rain, this ambiguous species of vegetable started forth from the earth with the first shower. The same effect was produced by watering the ground thus prepared, though this species was supposed to be inferior. In France, the most delicate sort of mushrooms are said to proceed from the decayed root of the *Eryngium*.

This vegetable appears to have been a favourite dish among the ancients, together with the truffle,³ eaten both cooked and raw;⁴ and the morrille.⁵ That particular kind, called geranion, is the modern crane's bill. The Misu, another sort of truffle,⁶ grew chiefly in the sandy plains about Cyrene, and, as well as the Iton,⁷ found in the lofty downs of Thrace, was said to exhale an agreeable odour resembling that of animal food. These fanciful luxuries, which were produced among the rains and thunders⁸ of autumn, continued to flourish in the earth during a whole year, but were thought to be

¹ A similar observation is made in France respecting the truffles, the best of which are supposed to grow about the roots and under the shadow of the oak. Trollope's Summer in Western France, ii. 352.

² Geop. xii. 41. 2.

³ Sch. Aristoph. Nub. 189.

⁴ This was more particularly the case on the Tauric Cherso-

nese.—Theoph. Hist. Plant. vii. 13. 8.

⁵ Theophrast. Hist. Plant. i. 10. 7.

⁶ Theoph. Hist. Plant. i. 6. 13.

⁷ Athen. ii. 62.

⁸ Plut. Sympos. iv. 2. 1. who relates that the *ὑδρὰ* attained to a very large size in Elis.

in season in spring. Truffle-seed was usually imported from Megara, Lycia, and Getulia; but in Mytelene the inhabitants were spared this expense, their sandy shores being annually sown from the neighbouring coast by the winds and showers. It has been remarked, that neither truffles nor wild onions were found near the Hellespont.¹

What methods the ancients employed for discovering the truffle, which grows without stem or leaf in a small cell beneath the surface of the earth, I have nowhere seen explained. At present² their existence is said to be detected in Greece, not by the truffle hound, but by the divining rod. On the dry sandy downs of the Limousin, Gascogne, Angoumois, and Perigord, as well as in several parts of Italy,³ they are collected by the swineherds; for the hogs being extremely fond of them utter grunts of joy, and begin to turn up the earth as soon as they scent their odour, upon which the herdsmen beat the animals away, and carefully preserve the delicacy for the tables of the rich. At other times they are discovered in the following manner: the herdsmen stooping down, and looking horizontally along the surface of the Landes, observe here and there, on spots bare of grass and full of fissures, clouds of very diminutive flies hatched in the truffle, and still regaling themselves with its perfume. In some parts of Savoy they have been found two pounds in weight.

¹ Vid. Theoph. Hist. Plant. i. 6. 13.

³ Valmont de Bomare, Dict. D'Hist. Nat. t. ii. p. 21, seq.

² Walp. Mem. i. 284.

CHAPTER III.

VINEYARD, VINTAGE, ETC.

ONE of the principal branches of husbandry¹ in Greece was the culture of the vine, probably introduced from Phœnicia.² Long before the historical age, however, it had spread itself through the whole country, together with several parts of Asia Minor, as may be inferred from the language of Homer,³ who frequently enumerates vineyards among the possessions of his heroes. Like most things the origin of which was unknown, the vine furnished the poets and common people with the subjects of numerous fables, some of which were reckoned of sufficient importance to be treasured up and transmitted to posterity. Thus, among the Ozolian Locrians, it was said⁴ to have sprung from a small piece of wood, brought forth in lieu of whelps by a bitch. Others supposed a spot near Olympia⁵ to have given birth to the vine, in proof of which the

¹ The importance of this branch of cultivation in some countries may be perceived from the fact, that in France it is said to afford employment to 2,200,000 families, comprising a population of 6,000,000, or nearly one-fifth of the population of the entire kingdom. *Times*, Aug. 3, 1838. The quantity of land devoted to the culture of the vine was estimated in 1823, at 4,270,000 acres, the produce of which amounted to 920,721,088 gallons, 22,516,220*l.* 15*s.* sterling. Redding, *Hist. of Modern Wines*,

chap. iv. p. 56. In the Greek Budget of 1836, the tax on cattle produced 2,100,000 drachmas, on bees 35,000, olive-grounds 64,776, and on vineyards and currant-grounds 58,269.—Parish, *Diplomatic History of the Monarchy of Greece*, p. 175.

² Or according to Athenæus, from the shores of the Red Sea. *Deipnosoph.* xv. 17.

³ *Iliad.* β. 561. γ. 184. ι. 152, 294. Cf. *Pind.* *Isth.* viii. 108.

⁴ *Paus.* x. 38. 1.

⁵ *Athen.* i. 61.

inhabitants affirmed a miracle was wrought annually among them during the Dionysiac festival. They took three empty brazen vessels, and having closely covered and sealed them in the presence of witnesses, again opened them after some interval of time, not stated, when they were found full of wine. According to other authorities, the environs of Plinthinè, in Egypt, had the honour of being the cradle of Dionysos, on which account the ancient Egyptians were by some accused of inebriety, though in the age of Herodotus¹ there would appear to have been no vineyards in the whole valley of the Nile. In reality,² the vine appears to be a native of all temperate climates, both in the old world and the new, and will even flourish³ and produce fine grapes in various situations within the tropics, where clusters in different stages of ripeness may be observed upon its branches at all seasons of the year.

The opinions of Grecian writers respecting the soil best suited to the cultivation of the vine, having been founded on experience, generally agree with those which prevail in modern times.⁴ They preferred for their vineyards the gentle acclivities of hills,⁵ where the soil was good, though light and porous, and abounding in springs at no great depth from the surface.⁶ A considerable degree of moisture was always supposed to be indispensable, on which account, in arid situations, large hollow sea-shells, and fragments of sandstone⁷ were buried in the soil, these being regarded as so many reservoirs of humidity.

¹ ii. 77.

² Cf. Redding History of Modern Wines, chap. i. p. 2. An interesting and able work.

³ Nienhoff in Churchill's Collection, ii. 264. Barbot, iii. 13. Ulloa, Memoires Philoso-

phiques, t. ii. p. 15. Voyages, t. i. p. 487, 491.

⁴ Virg. Georg. ii. 276.

⁵ "Quòd colles Bacchus amaret." Manil. Astronom. ii. p. 31. 6. Scalig.

⁶ Geop. v. 1.

⁷ Geop. v. 9. 8. Virg. Georg. ii. 348.

By some the vine was even thought to delight in the rich alluvial soil of plains, such as is found in Egypt,¹ where, in later times, the banks of the Nile, from Elephantinè to the sea, seem to have presented one vast succession of vineyards.² But superior vines were produced on a few spots only, as at Koptos, and in the neighbourhood of Lake Mareotis, where showers of sand, pouring in from the desert or the sea-shore, diminished the fatness of the ground. With respect to Koptos, we possess, however, no precise information,³ but are expressly told, that the Mareotic vineyards covered a series of sandy swells, stretching eastward from the lake towards Rosetta.⁴ On the southern confines of Egypt, in the rocky and picturesque island of Elephantinè, the vine was said⁵ never to shed its leaves; but as none grow there at present, the traveller has no opportunity of deciding this question. In Greece the vineyards of the plains were generally appropriated to the production of the green grape, the purple being supposed to prefer the sides of hills, or even of mountains, provided it were not exposed to the furious winds upon their summits. Several sorts of

¹ Καλλίστη δὲ γῆ καὶ ἡ ὑπὸ τῶν ρέοντων ποταμῶν χωσθεῖσα, ὄζειν καὶ τὴν Αἴγυπτον ἐπαινοῦμεν.—Florent. ap. Geop. v. 1. 4.

² Jemaleddin. Maured Allatafet, p. 7. All these vines it will be remembered were cut down by order of the Caliph Beamrillah, even in the province of the Fayoum. Some vestiges, however, of vineyards were here discovered by Pococke. "I observed," says he, "about this lake (Mæris) several roots in the ground, that seemed to me to be the remains of vines, for which the country about the lake was formerly famous. Where there is little moisture in the air, and it rains so sel-

dom, wood may remain sound a great while, though it is not known how long these vineyards have been destroyed." Vol. i. p. 65.

³ Though with regard to the nature of the wine itself we are told, that it was so light as to be given to persons in fevers,—ὁ δὲ κατὰ τὴν Θηβαΐδα, καὶ μάλιστα ὁ κατὰ τὴν Κόπτον πόλιν, οὕτως ἐστὶ λεπτός, καὶ ἐνανάδοτος, καὶ ταχέως πεπτικός, ὡς τοῖς πυρεταίνουσι διδόμενος μὴ βλάπτειν. Athen. i. 60.

⁴ Athen. i. 60. Horat. Od. i. 37. 14. Strab. xvii. 1. t. iii. p. 425.

⁵ Theoph. Hist. Plant. i. 3. 5. Varro, i. 7.

white grape, also, as the Psillian, Corcyrean, and the Chlorian, delighted in elevated vineyards,¹ though it was often judged necessary to reverse these rules, and compel the hill-nurslings to descend to the plains, while those of the plains were in their turn exposed to the climate of the mountains.

Much judgment was thought to be required in selecting the site of a vineyard, though almost everything depended on the climate and general configuration of the district in which it was situated. Thus in warm countries, as in the Pentapolis of Cyrene, the vineyards sloped towards the north; in Laconia, they occupied the eastern face of Mount Taygetos, while in Attica and the islands, the hills often appear to have been encircled with vines. Upon the whole, however, those were most esteemed which looked towards the rising sun and enjoyed, without obstruction, the first rays of the morning.² And this also is the case in the Côte d'Or, where the best wines, as the Chambertin, the Vin de Beaune, and that of the Clos Vougeot, are grown on eastern declivities. In some parts of Greece, the vine was strongly affected by the prevalence of certain winds, as those of the east and the west in Thessaly, which in the forty cold days of winter were attended by frost that killed its upper extremities, and sometimes the whole trunk. At Chalcis, in Eubœa likewise, the Olympias, a western wind, parched and shrivelled, or, as the Greeks express it, burnt up the leaves, sometimes completely destroying the shrub itself.³ In such situations it was accordingly found necessary to protect it by a covering⁴ during the prevalence of cold winds. At Methana, in Argolis, when

¹ Geop. v. 1. 15. Cf. Geop. iii. 2. "The shifting of ground is a means to better the tree and fruit, but with this caution, that all things do prosper best when they are advanced to the better." Bacon, "Sylva Sylvarum," 439.

² Geop. v. 4. 1.

³ Theoph. Caus. Plant. v. 12. 5. Cf. Hist. Plant. iv. 14. 11. And yet the neighbourhood of the sea was considered propitious to the vine. Geop. v. 5.

⁴ Theoph. Caus. Plant. v. 12. 5.

the south-east in spring blew up the Saronic gulf,¹ the inhabitants, to defend them from it, spread over their vines the invisible teguments of a spell; which was effected in the following manner: taking a milk-white cock, and cutting it in halves, two men seized each a part, and then, standing back to back, started off in opposite directions, made the tour of the vineyard, and, returning whence they had set out, buried the cock's remains in the earth. After this the Libs might blow as it listed, since it possessed no power to injure any man's property within the consecrated circle.² The prevalence of the north wind during autumn was considered auspicious, as they supposed it to hasten the ripening of the fruit.

When the husbandman had resolved on the formation of a new vineyard, he first, of course, encircled the spot with a hedge³ which was made both thick and strong for the purpose of repelling the flocks and herds, which, as well as goats, foxes, and soldiers, loved to prey upon the vine.⁴ His next care was to root up the hazel bush and the oleaster, the roots of the former being supposed to be inimical to the Dionysiac tree, while the oily bark of the latter rendered it peculiarly susceptible of taking fire, by which means vineyards would often appear to have been reduced to ashes. So at least says Virgil.⁵

Root up wild olives from thy laboured lands,
For sparkling fire from hinds' unwary hands
Is often scattered o'er their unctuous rinds,
And often spread abroad by raging winds;
For first the smouldering flame the trunk receives,
Ascending thence it crackles in the leaves;

¹ On the prevalence of these winds in winter and spring, together with the causes of the phenomenon, see Aristot. Problem. xxvi. 16.

² Paus. ii. 34. 2. Chandler, Travels, ii. 248.

³ Virg. Georg. ii. 371, sqq.

⁴ Aristoph. Eq. 1073, seq. Küst.

⁵ Georg. ii. 299, sqq. Dryden's Translation.

At length victorious to the top aspires,
 Involving all the wood in smoky fires.
 But most when driven by winds the flaming storm
 Of the long files destroys the beauteous form ;
 In ashes then the unhappy vineyard lies,
 Nor will the blasted plants from ruin rise,
 Nor will the withered stock be green again,
 But the wild olive shoots, and shades th' ungrateful plain.

The next operation¹ was to trench the ground and throw it into lofty ridges, which, by the operation of the summer sun, and the rain and winds and frosts of winter, were rendered mellow and genial. Occasionally a species of manure, composed² of pounded acorns, lentils, and other vegetable substances, was dug in for the purpose of giving to the soil the warmth and fertility required by the vine.

The ground having remained in this state during a whole year, its surface was levelled, and a series of shallow furrows traced for the slips by line, rather close, on rich alluvial plains, but diverging more and more³ in proportion to the elevation of the site. Generally the vine was propagated by slips of moderate length, planted sometimes upright or à l'aiguille,⁴ as the phrase is in Languedoc, sometimes obliquely,⁵ which was generally supposed to be the better fashion. Along with the slip a handfull of grape-stones was usually cast into the furrow,⁶ those of the green grape with the purple vine, and those of the purple with the green, in order to cause it the sooner to take root. With some

¹ Geop. iii. 4. Cf. Virg. Georg. ii. 259, seq. et Serv. ad loc.

² Geop. v. 24.

³ Virg. Georg. ii. 274, seq.

⁴ Skippon in Churchill, Collection of Voyages, vi. 730.

⁵ Πότερα δὲ ὄλον τὸ κλῆμα ὀρθὸν τιθεῖς πρὸς τὸν οὐρανὸν βλέπον ἡγῆ μᾶλλον ἂν ριζοῦσθαι αὐτὸ, ἢ καὶ πλάγιόν τι ὑπὸ τῆ ὑποβεβλημένη γῆ θείης ἂν, ὥστε κείσθαι ὡσπερ γάμμα ὑπτίον;

οὕτω νῆ Δία· πλείονες γὰρ ἂν οἱ ὀφθαλμοὶ κατὰ γῆς εἶεν· ἐκ δὲ τῶν ὀφθαλμῶν καὶ ἄνω ὀρθῶ βλαστάνοντα τὰ φυτὰ. Xenoph. Œconom. xix. 9, seq.

⁶ Geop. v. 9. This practice is noticed by Lord Bacon who advises gardeners to extend the experiment by laying "good store" of other kernels about the roots of trees of the same kind. Sylva Sylvarum, i. 35.

the practice was always to set two slips together, so that if one missed the other might take, and when both grew, the weaker was cut off or removed. Several stones,¹ about the size of the fist, were placed round the slip above whatever manure was used, the belief being, that they would aid in preventing the root from being scorched by the sun in the heats of summer.² Some touched the lower point of the slip with cedar oil which prevented it from decaying, and likewise by its odour repelled vermin.

To produce grapes without stones the lower end of the slip was split, and the pith carefully extracted with an ear-pick.³ It was then bound round with a papyrus leaf, thrust into a sea-onion and thus planted. Vines producing medicinal grapes were created by withdrawing the pith from the lower part of the slip, but without splitting, and introducing certain drugs into the hollow,⁴ closing up the extremity with papyrus and thus setting it in the earth. The wine, the grape, the leaves, and even the ashes of such a vine were thought to be a remedy against the bite of serpents and dogs, though no security against hydrophobia. Another mode of producing stoneless grapes was to cut short all the branches of a vine already growing, extract the pith from the ends of them, and fill up the

¹ Virg. Georg. ii. 348.

² A similar remark is made by Lord Bacon: "It is an assured experience," he says, "that an heap of flint or stone laid about the bottom of a wild tree, as an oak, elm, ash, &c., upon the first planting, doth make it prosper double as much as without it. The cause is for that it retaineth the moisture which falleth at any time upon the tree and suffereth it not to be exhaled by the sun." *Sylva Sylvarum*, 422.

³ Geop. iv. 7. Mention of the stoneless grapes of Persia occurs in many travellers, and, by Mr. Fowler, one of the most recent, are enumerated under the name of *kismis*, among the choicest fruits of that country. *Three Years in Persia*, vol. i. p. 323. It may here be remarked, that certain sorts of vines, among others the Capneion, produced sometimes white clusters, sometimes purple. Theophrast. *Hist. Plant.* ii. 3. 2. Cf. de Caus. *Plant.* v. 3. 1. κ. γ. λ.

⁴ Geop. iv. 8.

cavity once a-week with the juice of sylphion,¹ binding them carefully to props that the liquor might not escape. A method was also in use of producing green and purple grapes on the same cluster.² This was to take two slips as nearly as possible of the same size, the one of the white, the other of the black grape, and, having split them down the middle, carefully to fit the halves to their opposites, so that the buds, when divided, should exactly meet. They were then bound tight together with papyrus thread, and placed in the earth in a sea-onion,³ whose glutinous juice aided the growing together of the severed parts. Sometimes instead of slips, offshoots removed from the trunk of a large vine, with roots attached to them, were used. On other occasions the vine was grafted, like any other fruit-tree, on a variety of stocks,⁴ each modifying the quality and flavour of the grape. Thus a vine grafted on a myrtle-stock,⁵ produced fruit partaking of the character of the myrtle-berry. Grafted on a cherry-tree, its grapes underwent a different change, and ripened, like cherries, in the spring. As the clay encircling the junctures of these grafts grew dry, and somewhat cracked in hot summers, it was customary for gardeners to moisten them every evening with a sponge dipped in water.⁶

The husbandmen of antiquity were often somewhat fanciful in their practices. In order, when forming a nursery,⁷ to coax the young plants to grow, the beds to which they were transferred, were formed of a stratum of earth brought from the vineyard

¹ Geop. iv. 7.

² Geop. iv. 14.

³ It has been remarked also by ancient naturalists that a fig-tree planted in a sea-onion, grows quicker and is more free from vermin. Theoph. Hist. Plant. i. 5. 5.

⁴ Colum. v. 11.

—Adultâ vitium propagine
Altas maritat populos,
Inutilesque falce ramos ampu-
tans
Feliciores inserit.

Horat. Epod. ii. 9, seq.

⁵ Geop. iv. 4, seq.

⁶ Geop. iv. 12.

⁷ Virg. Georg. ii. 265, seq.

whence they also were taken. Another nicety was to take care, that they occupied precisely the same position with respect to the quarters of the heavens¹ as when growing on the parent stock.²

“ Besides to plant it as it was they mark
The heaven's four quarters on the tender bark,
And to the north or south restore the side
Which at their birth did heat or cold abide,
So strong is custom ; such effects can use
In tender souls of pliant plants produce.”

When desirous of extending the plantation in an old vineyard, instead of the methods above described, they had recourse to another, which was to bend down³ the vine branch, and bury it up to the point in the earth, where it would take root, and send forth a new vine, and in this way a long series of leafy arcades⁴ may sometimes have been formed. At the foot of their vines some cultivators were in the habit of burying three goats' horns⁵ with their points downwards, and the other end appearing above the soil. These they regarded as so many receptacles for receiving and gradually conveying water to the roots, and, consequently, an active cause of the vines' fertility.

¹ Lord Bacon gives this experiment a place in his philosophy, observing, that “in all trees when they be removed (especially fruit-trees) care ought to be taken that the sides of the trees be coasted (north and south) and as they stood before.” *Sylva Sylvarum*, 471.

² *Virg. Georg.* ii. 270, seq.

³ An analogous practice is observed in the pepper gardens of Sumatra:—“When the vines originally planted to any of the chinkareens (or props) are observed to fail or miss; instead of replacing them with new plants, they frequently conduct

“one of the shoots, or suckers, from a neighbouring vine, to the spot, through a trench made in the ground, and there suffer it to rise up anew, often at the distance of twelve or fourteen feet from the parent stock.” Marsden, *History of Sumatra*, p. 111.

⁴ *Virg. Georg.* ii. 26. *Serv.* ad loc.

⁵ *Geop.* iv. 2. The nymphs are said to have been the nurses of Bacchos, because water supplied moisture to the vine. The explanation of Athenæus is forced and cold. ii. 2.

Respecting the seasons of planting,¹ opinions were divided, some preferring the close of autumn, immediately after the fall of the leaf, when the sap had forsaken the branches, and descended to the roots; others chose, for the time of this operation, the early spring, just before the sap mounted; while a third class delayed it until the buds began to swell, and the tokens of spring were evident. To these varieties of practice Virgil makes allusion,—

When winter frosts constrain the field with cold,
The fainty root can take no steady hold;
But when the golden spring reveals the year,
And the white bird returns whom serpents fear,
That season deem the best to plant thy vines;
Next that, is when autumnal warmth declines,
Ere heat is quite decayed, or cold begun,
Or Capricorn admits the winter sun.

But the above were not the only rules observed; for, besides the general march of the seasons, they took note of the phases of the moon,² whose influence over vegetation all antiquity believed to be very powerful. Some planted during the four days immediately succeeding the birth of the new moon, while others extended their labours through the first two quarters. The act of pruning³ was performed when that planet was in its wane.

There were in Greece⁴ three remarkable varieties of the vine, created by difference in the mode of cultivation.⁵ The first consisted of plants always kept short, and supported on props, as in France;

¹ Geop. v. 7, seq. Virg. Georg. ii. 323, sqq.

² Geop. v. 10.

³ Geop. iii. 1.

⁴ Cf. Theoph. Caus. Plant. iv. 3. 6.

⁵ The low vines of Asia Minor are now pruned in a very particular manner. "As we approached Vourla the little valleys were all green with corn, or

" filled with naked vine-stocks in
" orderly arrangement, about a
" foot and a half high. The peo-
" ple were working, many in a
" row, turning the earth, or
" encircling the trunks with tar,
" to secure the buds from grubs
" and worms. The shoots which
" bear the fruit are cut down
" again in winter." Chandler, i.
98.

the second of tree-climbers, thence called Anaden-grades; the third sort enjoyed neither of these advantages,¹ but being grown chiefly in steep and stony places, spread their branches over the earth, as is still the fashion in Syra² and other islands of the Archipelago.

Vine-props³ appear to have commonly consisted of short reeds, which, accordingly, were extensively cultivated both in Hellas and its colonies of Northern Africa, where the musical cicada, whose excessive multiplication betokened a sickly year, bored through the rind, and laid its eggs in the hollow within.⁴ From an inconvenience attending the use of this kind of support came the rustic proverb, "The prop has defrauded the vine;"⁵ for these reeds sometimes took root, outgrew their clients, and monopolized the moisture of the soil.

In rich and level lands,⁶ particularly where the Aminian vine⁷ was cultivated, the props often rose to the height of five or six feet; but in hill-vineyards, where the soil was lighter and less nutritive, they were not suffered to exceed that of three feet.

¹ On the cultivation of the Corinth grape, see Chandler, ii. 339.

² Abbé Della Rocca, *Traité Complet des Abeilles*, i. 203. Lord Bacon, who had heard of this manner of cultivating the vine, observes, that in this state it was supposed to produce grapes of superior magnitude, and advises to extend the practice to hops, ivy, woodbine, &c. *Sylva Sylvarum*, 623.

³ *Geop.* v. 22. 27. Reeds delight in sunny spots, and are nourished by the rain. They were cultivated for props, and, if thoroughly smoked, the insects called *ἱπεις* were killed, which would otherwise breed in them, to the great injury of the vine. v. 53. *Plin.* xviii. 78. Cf.

Schol. *Aristoph. Acharn.* 1140. 983. *Varro*, i. 8. In the island of Pandataria the vineyard was filled with traps, to protect the grapes from the mice. *Id. ib.*

⁴ *Aristoph. Hist. Anim.* v. 24. 3.

⁵ Sch. *Aristoph. Vesp.* 1282. Cf. *Thom. Magist.* v. *χάραξ*. p. 911, seq. *Blancard.* cum not. *Stieber. et Oudendorp. Ammon.* v. *χάραξ*. p. 145, with the note of *Valckenaer. Liban. Epist.* 218. p. 104 seq. *Wolf.*

⁶ *Geop.* v. 27.

⁷ Cf. *Geop.* iv. 1. *Dioscor. v.* 6. *Virg. Georg.* ii. 97. *Servius*, on the authority of Aristotle, relates that the Aminian vines were transplanted from Thessaly into Italy. Cf. *Pier. ad loc.*

Where reeds were not procurable, ash-props¹ were substituted, but they were always carefully barked, to prevent cantharides, and other insects hurtful to the vine, from making nests in them. Their price would appear to have been considerable, since we find a husbandman speaking of having laid out a hundred drachma in vine-props.² To prevent their speedily decaying they were smeared a-top with pitch, and carefully, after the vintage, collected and laid up within doors.³

A vineyard, consisting wholly of Anadendrades,⁴ most common in Attica, presented, in spring and summer, a very picturesque appearance, especially when situated on the sharp declivity of a hill.⁵ The trees designed for the support of the vines,⁶ planted in straight lines, and rising behind each other, terrace above terrace, at intervals of three or four and twenty feet, were beautiful in form and varied in feature, consisting generally of the black poplar, the ash, the maple, the elm,⁷ and probably, also, the platane, which is still employed for this purpose in Crete.⁸ Though kept low in some situations, where the soil was scanty, they were, in others, allowed to run to thirty or forty, and sometimes, as in Bithynia, even to sixty feet in height.

The face of the tree along which the vine climbed was cut down sheer like a wall, against which the purple or golden clusters hung thickly suspended,

¹ Sch. Aristoph. Vesp. 1116. Acharn. 1177. In the Æolian islands the vines are supported on a frame-work of poles and trees, over which they spread themselves with extraordinary luxuriance. Spallanzani, iv. 99.

² Sch. Aristoph. Pac. 1262.

³ Virg. Georg. 408, seq.

⁴ Which were pruned in January (Geop. iii. 1), and esteemed the most useful, iv. 1. The solidest and hardest vines were thought to bear the least fruit. Theoph.

Hist. Plant. v. 4. 1. Cf. Chandler, i. 98.

⁵ Dem. in Nicostrat. § 5.

⁶ "Vitem viduas ducit ad arbores."

Hor. Carm. iv. 5. 30.

⁷ Virg. Georg. ii. 361, seq. An amictâ vitibus ulmo. Hor. Epist. i. 16. 3.

⁸ Pashley, Travels, ii. 22. The oak is now used for the same purpose in Asia Minor. Chandler, i. 114.

while the young branches crept along the boughs, or over bridges of reeds,¹ uniting tree with tree, and, when touched with the rich tints of autumn, delighting the eye by an extraordinary variety of foliage. As the lower boughs of these noble trees were carefully lopped away, a series of lofty arches was created, beneath which the breezes could freely play, abundant currents of pure air being regarded as no less essential to the perfect maturing of the grape² than constant sunshine. Sometimes the vine, in its ascent, was suffered to wind round the trunk of its supporter, which, however, by the most judicious husbandmen, was considered prejudicial, since the profusion of ligatures which it threw out in its passage upwards was thought to exhaust too much of its strength, to prevent which wooden wedges³ were here and there inserted between the vine stem and the tree. In trailing the branches, moreover, along the boughs, care was taken to keep them as much as possible on the upper side, that they might enjoy a greater amount of sunshine, and be the more exposed to be agitated by the winds.

These Anadendrades,⁴ which were supposed to produce the best and most lasting wines, probably, as at present, ripened their produce much later than the other sorts of vines on account of the trees by which

¹ Gœtting ad Hesiod. Scut. Heracl. 298.

² Another means of augmenting the fertility of the vine is noticed by Lord Bacon, whose diligent study of antiquity was at least as remarkable as his superior intellect. "It is strange, which is observed by some of the ancients, that dust helpeth the fruitfulness of trees and of vines by name; insomuch as they cast dust upon them of purpose. It should seem that powdering when a shower cometh maketh a kind of soiling to the

"tree, being earth and water finely laid on. And they note that countries where the fields and waies are dusty bear the best vines." Sylva Sylvarum, 666.

³ Geop. iv. 1. 16.

⁴ These vines were likewise called ἀμαμάξνες. Aristoph. Vesp. 325, et Schol. The rustics engaged in pruning them, feeling themselves secure in their lofty station, used to pour their rough raillery and invectives on the passers-by. Horace, Satir. i. 7. 29, seq.

they were shaded. In modern Crete,¹ where, however, they are never pruned, their grapes seldom ripen before November, and sometimes they furnish the bazaar of Khania with fresh supplies till Christmas. The same is the case also in Egypt.

Occasionally, too, more especially in Cypros, the Anadendrades grew to an enormous size. At Populonium, in Etruria, there was a statue of Jupiter carved from a single vine; the pillars of the temple of Hera, at Metapontum, consisted of so many vines; and the whole staircase leading to the roof of the fane of Artemis, at Ephesos, was constructed with the timber of a single vine from Cypros. To render these things credible, we are informed, that, at Arambys, in Africa,² there was a vine twelve feet in circumference, and modern travellers have found them of equal dimensions in other parts of the world.³ In France, for example, the celebrated Anne, Duc de Montmorenci, had a table made with a single slab of vinewood, which, two hundred years afterwards, Brotier⁴ saw preserved at the town of Ecoeu.

To return, however: the wide spaces between the trees were not in this class of vineyards allowed to remain entirely idle, having been sometimes sown⁵ with corn, or planted with beans, and gourds, and cucumbers, and lentils.⁶ The cabbage⁷ was carefully excluded,⁸ as an enemy to Dionysos. In other cases these intervals were given up to the cultivation of fruit-trees, such as the pomegranate, the apple, the quince, and the olive. The fig-tree was regarded as

¹ On the vines of this island cf. Meurs. Cret. c. 9. p. 103.

² Bochart. Geog. Sac. Pars Alt. l. i. c. 37. p. 712. Cf. Plin. Hist. Nat. v. i.

³ Tozzeli, Viaggi. t. iv. p. 208.

⁴ Not. ad Plin. xiv. i. 1.

⁵ Geop. iv. l. v. 7, seq.

⁶ Barley and other grain are still in modern times sown be-

tween the vines in Asia Minor. Chandler, i. 114. The same practice has been partially introduced into the Æolian islands. Spallanzani, iv. 100.

⁷ Suid. v. κράμμη, t. i. p. 1518. b.—παρὰ ἀμπέλῳ οὐ φέται. Etym. Mag. 534. 47.

⁸ So was the laurel. Theoph. Caus. Plant. ii. 18. 4.

pernicious, though often planted in rows on the outside of the vineyard.

Respecting those vines which were cultivated without the aid of props,¹ or trees, we possess little information, except that there were such. But, as they are still found in the country, it is probable, that the mode of dressing them now prevailing nearly resembles that of antiquity. They are generally, in Syria, planted along the steep sides of mountains, where they spread and rest upon the stones, and have their fruit early ripened by the heat reflected from the earth. Frequently, also, they are planted on more level ground, in which case, as soon as the grapes acquire any size, the husbandman passes through the vineyard with an armful of forked wooden props which he skilfully introduces beneath the branches and fixes firmly so as to keep the clusters from touching the mould. The reason for adopting this method is the furious winds which at certain seasons of the year prevail in many of the Grecian islands, preventing the growth of woods and prostrating the fig and every other fruit-tree to the earth. The spaces between the lines are turned up annually by a peculiar sort of plough² drawn by oxen, in front of which a man advances, lifting up the vines and holding them aside while they pass. This destroys the weeds, and, at the same time, all the upper roots of the vine, which compels it to descend deeper into the earth, where it finds a cooler and more abundant nourishment. In this respect the practice of the Syrotes closely resembles that of their ancestors. Some husbandmen were careful, likewise, while weeding,³ to remove the larger stones, though they are often supposed, by preserving moisture, to do more good than harm.

¹ This creeping vine, cultivated *sine ridicis*, was common in Spain. Varro, i. 8.

sur les Abeilles, t. i. p. 203, sqq. Cf. Thiersch, Etat Actuel de la Grèce, t. i. p. 288. 296. Damm. Nov. Lex. Græc. Etym. 1122.

² Della Rocca, Traité Complet

³ Geop. v. 19.

It is a peculiar feature in the character of the ancients that they loved to attribute to the inferior animals the first hints of various useful practices. Thus they maintained it was the ass that, by browsing on the extremities of the vine, which only made it bear the more luxuriantly, taught them the art of pruning as well perhaps as that of feeding on the tendrils and tender branches,¹ which among them were esteemed a delicacy. To manifest their gratitude for this piece of instruction they erected at Nauplia,² a marble statue in honour of this ill-used quadruped, who has seldom, I fear, from that day to this, been so well treated. The rules observed in pruning³ resembling those still in use, it is unnecessary to repeat them, though it may be worth mentioning, that the husbandman, who coveted an abundant vintage, was careful to lop his vines⁴ with his brows shaded by an ivy crown. They esteemed it a sign of a fruitful year when the fig-tree and the white vine put forth luxuriantly in spring,⁵ after which they had only to petition the gods against too much rain, or too much drought,⁶ and those terrible hailstorms which sometimes devastate whole districts. Against this calamity, however, they had a preservative, which was to bind an amulet in the shape of a thong of seal-hide or eagle's wing, about one of the stocks,⁷ after which the whole vineyard was supposed to be secure from injury. The same

¹ Theoph. Caus. Plant. vi. 12. 9. After the vintage the goat and the camel, among the modern Asiatics, are sometimes let into the vineyard to browse upon the vine. Chandler, i. 163.

² Paus. ii. 38. 3. See, however, another interpretation of the passage in the Tale of a Tub, where the author gravely insists, that, by Ass, we are to understand a critic. Sect. iii. p. 96.

³ Cf. Plat. De Rep. t. vi. p. 53.

Schol. Aristoph. Eq. 166. See an exact representation of the pruninghook in the hand of Vertumnus. Mus. Cortonens. pl. 36. This instrument was usually put into requisition about the vespertinal rising of Arcturus. Hesiod. Opp. et Dies, 566, sqq.

⁴ Geop. v. 24.

⁵ Theoph. Caus. Plant. i. 20. 5.

⁶ Sch. Aristoph. Nub. 1117. Küst.

⁷ Geop. i. 14. Cf. Sch. Aris-

effect was produced by striking a chalezite stone with a piece of iron on the approach of a storm, and by hanging up in the vineyard a picture of a bunch of grapes at the setting of the constellation of the Lyre.¹ To repel the ascent of vermin along the trunk it was smeared with a thick coat of bitumen,² imported from Cilicia, while to preserve the branches from wasps a little olive-oil was blown over them.³

While the grapes were growing, the ancients, following in the track of nature, supposed them to need shade, since the leaves at that time put forth most abundantly, to screen the young fruit from the scorching sun; but when they began to don their gold or purple hues, observing the foliage shrivel and shrink from about them, in order to admit the warm rays to penetrate and pervade the fruit they then stripped the branches and hastened the vintage,⁴ plucking moreover the clusters as they ripened, lest they should drop off and be lost. But this partial gathering of the grapes could only take place in their gardens, or where the vine was trained about the house; for in the regular vineyards the season of the vintage was regulated by law,⁵ as in Burgundy and the south of France, in order to protect the public against the pernicious frauds which would otherwise be practised. This, in Attica, usually coincided with the heliacal rising of the constellation Arcturus.⁶

When the magistrate had declared that the season of the vintage⁷ was come, the servants of Bac-

toph. Nub. 1109. Husbandmen were accustomed to nail the heads and feet of animals to the trunks of trees to prevent their being withered by the operation of the evil eye. Sch. Ran. 943.

¹ Geop. ii. 14.

² Theoph. De Lapid. § 49. Schneid. Cf. Sir John Hill, notes,

p. 200. It was likewise obtained from Seleucia Pieria in Syria. Strab. vii. 5. t. ii. p. 106.

³ Geop. iv. 10.

⁴ Xenoph. Œcon. xix. 9.

⁵ Plat. De Legg. t. viii. 106. Geop. v. 45.

⁶ Cf. Geop. i. 9. 9.

⁷ Cf. Plut. Thes. § 22.

chos hurried forth to the vine-clad hills, converting their labours into a pretext for superabundant mirth and revelry. The troops of vintagers, composed of youths and maidens, with crowns of ivy on their heads, and accompanied by rural performers on the flute or phorminx, moved forward with shout, and dance, and song, to the sacred enclosures of Dionysos, surrounded with plaited hedgerows, and blue streamlets.¹ Here, where

“ ————— the showering grapes
In Bacchanal profusion reel to earth
Purple and gushing,”

they at once commenced their joyous task. With sharp pruning-hooks² they separated the luxuriant clusters, gold or purple, from the vine, and piling them in plaited baskets of osier or reed, bore them on their shoulders to the wine-press. In this operation, as I have said, both men and women joined; but the press was trodden by men only,³ who, half intoxicated by pleasure,⁴ and the fumes of the young wine, chanted loudly their ancient national lays in praise of Bacchos.

The wine-press, which stood under cover, sometimes consisted of two upright, and many cross beams,⁵ which descending with great weight upon the grapes squeezed forth all their juices, and these falling through a species of strainer,⁶ upon an in-

¹ Il. *σ.* 561, sqq.

² Scut. Heracl. 291, seq. On the modern modes of gathering the grapes, see Redding Hist. of Modern Wines, chap. ii. 26, et seq.

³ The practice is still the same in the Levant:—“The vintage was now begun, the black grapes being spread on the ground in beds exposed to the sun to dry for raisins; while in another part, the juice was expressed for wine, a man with feet and legs bare, treading the

fruit in a kind of cistern, with a hole or vent near the bottom, and a vessel beneath it to receive the liquor.” Chandler, ii. p. 2.

⁴ Anacreon, Od. 52. See a representation of the whole process in the Mus. Cortonens, pl. 9, where the vintagers are clad in skins; and Cf. Zoëga, Bassi Rilievi, tav. 26.

⁵ Antich. di Ercol. t. i. tav. 35, p. 187.

⁶ Schol. Aristoph. Pac. 527.

clined slab, were poured through a small channel formed for the purpose, into a broad open vessel communicating with the vat. Into the process of wine-making¹ it is unnecessary to enter. It will be sufficient, perhaps, to say that, when made, it was laid up in skins or large earthen jars until required for use. The wines of modern Attica and the Morea² are preserved from becoming acid by a large infusion of resin.³

The sports,⁴ which took place during the vintage, were loud and frolicsome, and distinguished sometimes for their excessive licence. They brought forth a number of wine skins, filled tight, to the village green, and there smearing them liberally with oil the staggering rustics sought, each in his turn, to leap and stand upon one of them with his naked foot.⁵ The missing, slipping, and falling, the awkward figure they sometimes made upon the ground, the jokes, and shouts, and laughter of the bystanders, mingled with the twanging of rustic instruments, and the roar of Bacchanalian songs, constituted the charm of the rural Dionysia, out of which, through many changes and gradations, arose, as we have seen, the Greek drama. In order without shame to give the freer licence to their tongues, they sometimes covered their faces with masks, formed with the bark of trees, which, there can be no doubt, led to those afterwards employed in the theatre. Sometimes a sort of farce⁶ was acted,

¹ For the making of the sweet wine (*βίελλινος οίνος*) which resembled, perhaps, our Constantia or Malaga, and enjoyed extraordinary favour among the ancients Hesiod gives particular directions. Opp. et Dies, 611, sqq. Colum. xii. 39. Plin. Hist. Nat. xiv. 8. Pallad. xi. 19.

² Sibth. in Walp. Mem. ii. 235. Chandler, ii. 251.

³ A few drops of the oil which

ran from olives without pressing were supposed by the ancients to render the wine stronger and more lasting.—Geop. vii. 12. 20. On the boiled wine, *σίραιον*. Cf. Sch. Aristoph. Vesp. 878.

⁴ Virg. Georg. ii. 580, sqq. Hes. Scut. Heracl. 291, sqq. Cf. Schol. Theocrit. i. 48.

⁵ See Book ii. chapter 3.

⁶ Serv. ad Virg. Georg. ii. 389

representing the search of the Athenians for the bodies of Icaros and Erygone. The former, according to tradition, was the person who taught the inhabitants of Attica the use of wine, with which on a certain occasion he regaled a number of shepherds. These demi-savages, observing their strength and their reason fail, imagined themselves to have been poisoned, and falling, in revenge, upon the donor, put him to death. His dog Mœra escaped, and leading Erygone to the spot where her father had been murdered, she immediately hung herself on the discovery of the corpse. Upon this they were all transported to the skies, and changed into so many constellations, namely Boötes,¹ the Dog, and the Virgin, by whose brilliancy we are still rejoiced nightly. Soon afterwards the maidens of Attica were seized with madness and hung themselves in great numbers, upon which the oracle being consulted, commanded the Athenians to make search for the bodies of Icaros and Erygone. Being able to discover them nowhere on earth, they suspended ropes from the branches of lofty trees, by swinging to and fro on which they appeared to be conducting their search in the air; but many of these adventurous explorers receiving severe falls, they were afterwards contented with suspending to the ropes little images after their own likeness, which they sent hither and thither in the air as their substitutes.

But all the produce of the vineyards was not appropriated to the making of wine, great quantities of grapes² being preserved for the table, or converted into raisins.³ The latter were sometimes made by being carefully gathered after the full moon, and put out to dry in the sun, about ten o'clock in the morning, when all the dew was eva-

¹ Æl. de Anim. vi. 25.

² Geop. iv. 15. Cato, 7. Colum. xii. 39. Pallad. 11. 22.

³ In the warm climate of Asia Minor grapes were sometimes turned into raisins, on the stalk, by the sun.—Chandler, i. 77.

porated. For this purpose, there was in every vineyard, garden, and orchard, a place called Thei-
lopedon,¹ which would seem to have been a smooth
raised terrace, where not grapes only, but myrtle-
berries, and every other kind of fruit, were ex-
posed to the sun on fine hurdles. Here, likewise,
the berries of the Palma Christi² were prepared
for the making of castor oil. Another method was
to twist the stem of the cluster³ and allow the

¹ Eustath. ad Odys. η. p. 276.
Schol. Aristoph. Nub. 51. κρε-
μάθρα, fruit-baskets, 219.

² Dioscor. i. 38.

³ Geop. v. 52. This we find
is still the practice in the islands
of the Archipelago, for the pur-
pose of making sweet wine. M. l'
Abbé della Rocca, who mentions
it, enumerates at the same time
the most delicious sorts of grapes
now cultivated in Greece—"On
peut juger si les vins y sont
exquis, et si les anciens eurent
raison d'appeller Naxie l'île de
Bacchus. Les raisins y sont
monstrueux, et il arrive sou-
vent que dans un repas, on n'en
sert qu'un seul pour le fruit ;
mais aussi couvre-t-il toute la
profondeur d'un grand bassin :
les grains en sont gros comme
nos damas noirs. Il y a dans
les îles des raisins de plus de
vingt sortes : les muscats de
Ténédos et de Samos l'empor-
tent sur tous les autres ; ceux
de Ténédos sont plus ambrés ;
ceux de Samos, plus délicats.
Les Sentorinois, pour donner
une saveur plus exquise à leurs
raisins, leur tordent la queue
lorsqu'ils commencent à mûrir ;
après quelques jours d'un soleil
ardent, les raisins deviennent
à demi flétris, ce qui fait un
vin dont ceux de la Cieutat et

de Saint-Laurent n'approchent
pas. Les autres sortes de rai-
sins sont l'*aïdhoni*, petit raisin
blanc qu'on mange vers la mi-
juillet ; le *samia* gros raisin
blanc qu'on fait sécher ; le
siriqui, ainsi nommé parce qu'il
a le goût de la cerise ; l'*astony-
chi*, qui a la figure de l'ongle
d'un aigle, et qui est très sa-
voureux ; le malvoisie, le mus-
cat violet, le corinthe, et plu-
sieurs autres dont les noms
me sont échappés." Traité
sur les Abeilles, t. i. p. 6, seq.
Speaking of the prodigious pro-
ductiveness of vines, Columella
mentions one which bore upwards
of two thousand clusters, De Re
Rust. iii. 3. A vine producing
a fifth of this quantity has been
thought extraordinary in modern
Egypt : "Il n'est pas croyable
combien rapporte un seul pied
de vigne. Il y en a un dans
la maison Consulaire de France,
qui a porté 436 grosses grappes
de raisin, et qui en donne or-
dinairement 300."—De Mail-
let, Description de l'Égypte, p.
17.* In the Grecian Archi-
pelago, however, the vine has
been known to yield still more
abundantly than in Egypt : "On
a compté pendant trois ans
consécutifs, cent trente-quatre
grappes de raisin sur une

grapes to dry on the vine. They were then laid up in vessels among vine leaves, dried also in the sun, covered close with a stopper, and deposited in a cold room free from smoke.

To preserve the grapes fresh some cut off with a sharp pruninghook the clusters separately, others the branches on which they grew, after which, dipping the stem into pitch and removing the damaged grapes with a pair of scissors, they spread them in cool and shady rooms, on layers of pulse-halm, or hay, or straw.¹ The halm of lentils was usually preferred, because it is hard and dry, and repels mice. On other occasions, the branches were kept suspended, having sometimes been previously dipped in sweet wine. Grapes were likewise preserved in pitched coffers, immersed in dry saw-dust of the pitch tree, or the silver fir, or the black poplar, or even in millet flour. Others plunged the bunches in boiling sea-water, or if this were not at hand, into a preparation of wine, salt, and water, and then laid them up in barley straw. Others boiled the ashes of the fig-tree, or the vine, with which they sprinkled the bunches. Others preserved grapes by suspending them in granaries, where the grain beneath was occasionally moved, for the dust rising from the corn settled on the outside of the clusters, and protected them from the air. Another method was to boil rain-water to a third, and then, after cooling it in the open air, and pouring it into a pitched vessel, to fill it with clusters perfectly cleansed. The vessel was then covered, luted with gypsum, and laid by in a cold place. The grapes in this way remained quite fresh, and the water

“souche ; et sur un autre cep
 “de vigne planté dans un terrain
 “très-gras, on a compté jusqu'à
 “quatre cent quatre-vingts
 “grappes ; et l'intendant de
 “l'évêché de notre île m'a plus

“d'une fois assuré qu'on avoit
 “fait soixante-quinze bouteilles
 “de vin, avec le raisin d'un seul
 “cep.” Della Rocca, t. i. p. 65.

¹ Geop. iv. 15 . 4.

itself acquiring a vinous taste was administered to sick persons in lieu of wine. Occasionally, also, grapes as well as apples were kept in honey.

The most extraordinary, and perhaps the most effectual contrivance,¹ however, was to dig near the vine a pit three feet deep, the bottom of which was covered with a layer of sand. A few short stakes were then fixed upright in it, and to these a number of vine branches laden with clusters were bent down and made fast. The whole was then closely roofed over so as completely to keep out the rain, and in this way the grapes would remain fresh till spring.

The labours of the vintage being concluded, the husbandman next turned his attention to olive gathering and the making of oil. This, in Greece, was a matter of great importance. The olives, therefore,² for all the better sorts of oil, were picked by hand, and not, as in Italy, suffered to fall. When as many were gathered as could conveniently be pressed during the following night and day, they were spread loosely on fine hurdles, and not heaped up lest they should heat and lose the delicacy of their flavour. They were, likewise, cleansed carefully from leaves and every particle of wood, these substances, it was supposed, impairing the quality and durability of the oil. Towards evening a little salt was sprinkled over the olives, which were then put into a clean mill,³ and so arranged that they could be bruised without crushing the stones, from the juice of which the oil contracted a bad taste. Having been sufficiently bruised, they were conveyed in small vessels to the press, where they were covered with hurdles of green willows, upon which, at first, was placed a moderate weight, — for that which flows from slight pressure is the

¹ Geop. iv. 11. Pallad. xii.
12.

² Geop. ix. 19. 2.

³ The fruit of the terebinth

was ground, like the olive, in a mill, for the making of oil. The kernels were used in feeding pigs, or for fuel. Geop. ix. 18.

sweetest and purest oil, on which account it was drawn off in clean leaden vessels,¹ and preserved apart. Greater weight was then added, and the mass having been well writhen, the second runnings were laid up in separate vessels. The next step was to cause the precipitation of the lees, which was effected by mingling with the crude oil a little salt and nitre. It was then stirred with a piece of olive-wood, and left to settle, when the amurca or watery part sank to the bottom. The pure oil was then skimmed off with a shell, and laid up in glass vases, this substance having been preferred on account of its cold nature. In default of these, pickle-jars, glazed with gypsum, were used, which were deposited in cool cellars facing the north.²

The Greeks had a variety of other oils besides that procured from the olive,³ as walnut-oil, oil of terebinth, oil of sesamum, oil of violets, oil of almonds, oil of Palma Christi, or castor-oil, oil of saffron, oil of Cnidian laurel, oil of datura, oil of lentisk, oil of mastic, oil of myrtle, and oil of mustard. They had, likewise,⁴ the green and wild-olive oil, and the double-refined oil of Sicyon, together with imitations of the Spanish and Italian oils.

As fruit of all kinds was in great request among the Greeks, they had recourse to numerous contrivances⁵ for ensuring an unfailing supply throughout the year. At many of these our gardeners may, perhaps, smile, but they were, nevertheless, most of them ingenious, and, probably, effectual, though the fruit thus preserved may have been dear when brought to market. Into the details of all their methods it will be unnecessary to enter: the following were the

¹ Cf. Cato, De Re Rust. 66. This clear pure oil, sometimes rendered odoriferous by perfumes, (Il. ψ. 186,) was chiefly employed in lubricating the body. Thus we find the virgin in Hesiod anointing her limbs with olive-oil to defend herself from

the winter's cold. Opp. et Dies, 519, sqq.

² Vitruv. vi. 9.

³ Geop. ix. 18.

⁴ Geop. ix. 19, seq. iii. 13. Dioscor. i. 140.

⁵ Geop. x. 10—70. Cf. Mazois, Pal. de Scaurus, p. 182, seq.

principal and most curious. Walnuts, chestnuts, filberts, &c., were gathered and kept in the ordinary way. They understood the art of blanching almonds, which were afterwards dried in the sun. Medlars, service-berries, winter-apples, and the like, having been gathered carefully, were simply laid up in straw, whether on the loft-floor or in baskets. This, likewise, was sometimes the case with quinces, which, together with apples and pears, were, on other occasions, deposited in dry fig-leaves. For these, in the case of pears and apples, walnut-leaves were often substituted, sometimes piled under and over them in heaps, at other times wrapped and tied about the fruit, the hues and odours of which they were supposed greatly to improve.

Citrons,¹ pomegranates,² apples, quinces, and pears, were preserved in heaps of sand, grapestones, oak, poplar, deal, or cedar sawdust, sometimes sprinkled with vinegar, chopped straw, wheat, or barley, or the seeds of plants, all of which sufficed equally to exclude the external air. Another method with apples³ was to lay them up surrounded with seaweed in unbaked jars, which were then deposited in an upper room free from smoke and all bad smells. When sea-weed was not procurable they put each apple into a small separate jar closely covered up and luted. These apple-jars were often lined with a coating of wax. Figs were, in like manner, preserved green⁴ by being enclosed in so many small gourds. Citrons and pomegranates were often suffered to remain throughout the winter

¹ Palladius, iv. 10.

² We find mention in modern times of a species of pomegranate, the kernels of which are without stones, peculiar apparently to the island of Scio. "It is usual to bring them to table, in a plate, sprinkled with rose-water." Chandler, i. 58.

³ Cf. Philost. Icon. t. 31. p. 809. ii. 2. p. 812.

⁴ *Ficus virides servari possunt vel in melle ordinatæ, ne se invicem tangant, vel singulæ intra viridem cucurbitam clausæ, locis unicuique cavatis, et item tessera, quæ secatur, inclusis, suspensa ea cucurbita, ubi non sit ignis vel fumus.* Pallad. iv. 10.

on the tree, defended from wet and wind by being capped with little fictile vases bound tightly to the branches to keep them steady. Others enclosed these fruits, as well as apples, in a thick coating of gypsum, preventing their falling off by binding the stem to the branches with packthread. Nor was it unusual, even when gathered, to envelope apples, quinces, and citrons, in a covering of the same material, or potter's clay, or argillaceous earth, mixed with hair, sometimes interposing between the fruit and this crust a layer of fig-leaves, after which they were dried in the sun. When at the end, perhaps, of a whole year the above crust was broken and removed the fruit came forth perfect as when plucked from the bough. It is possible, therefore, that, in a similar manner, mangoes, mangusteens, and other frail and delicate fruit of the tropics, might be brought fresh to Europe, and that, too, in such abundance as to make them accessible to most persons. To render pears and pomegranates durable, their stems were dipped in pitch, after which they were hung up. In the case of the latter the fruit itself was sometimes thus dipped; and, at other times, immersed in hot sea-water, after which it was dried in the sun. One mode of preserving figs was to plunge them in honey so as neither to touch each other, nor the vessel in which they were contained; another, to cover a pile of them with an inverted vase of glass, or other pellucid substance, closely luted to the slab on which it stood. Cherries were gathered before sunrise, and put, with summer savory above and below, into a jar, or the hollow of a reed, which was then filled with sweet vinegar, and closely covered. Mulberries were preserved in their own juice, apples and quinces in pitched coffers, wrapped in clean locks of wool, pears by being placed in salt¹ for five days, and afterwards dried in the sun, as were also figs, which were strung by the stalks to

¹ Cato, 7. Varro. i. 59. Colum. xii. 14.

a piece of cord or willow twig, like so many hanks of onions¹ as they are sold in modern times. Elsewhere they were preserved, as dates in Egypt, by being pressed together in square masses, like bricks.² Damascenes were kept in must or sweet wine, as were also pears, adding sometimes a little salt and jujubes, with leaves, above and below. The same course was pursued with apples and quinces, which communicated to the liquor additional durability and the most exquisite fragrance. Quinces, whose sharp effluvia prevented their being placed with other fruit, were often put into closely-covered jars, and kept floating in wine to which they imparted a delicious perfume. The same custom was observed with respect to figs, which were cut off on the bearing branch a little before they were ripe, and hung, so as not to touch each other, in a square earthen jar. Upon the same principle apples were preserved in jars hermetically sealed, which, for the sake of coolness, were plunged in cisterns or deep wells.³

It may, perhaps, be worth while to mention, in passing, that, like ourselves, the ancients possessed the art of extracting perry and cider⁴ from their pears and apples; and from pomegranates a species of wine which is said to have been of an extremely delicate flavour. The Egyptians, also, made wine from the fruit of the lotos.⁵

¹ Schol. Aristoph. Eq. 755.
Sibth. in Walp. Mem. ii. 61.

² Phot. ap. Brunckh. ad Aristoph. Pac. 574.

³ Pallad. iii. 25.

⁴ Pallad. iii. 25. Colum. xii.

45.

⁵ Theoph. Hist. Plant. iv. 3. i.

CHAPTER IV.

STUDIES OF THE FARMER.

IN other branches of rural economy the country gentlemen of Attica exhibited no less enthusiasm or skill. Indeed, throughout Greece, there prevailed a similar taste. Every one was eager to instruct and be instructed; and so great in consequence was the demand for treatises on husbandry, theoretical and practical, that numerous writers, the names of fifty of whom are preserved by Varro,¹ made it the object of their study. Others without committing the result of their experience to writing, devoted themselves wholly to its practical improvement. They purchased waste or ill-cultivated lands, and, by investigating the nature of the soil, skilfully adapting their crops to it, manuring, irrigating, and draining, converted a comparative desert into a productive estate.² We can possibly, as Dr. Johnson insists, improve very little our knowledge of agriculture by erudite researches into the methods of the ancients; though Milton was of opinion, that even here some useful hints might be obtained. In describing, however, what the Greeks did, I am not pretending to enlighten the present age, but to enable it to enjoy its superiority by instituting a comparison with the ruder practices of antiquity.

Already in those times the men of experience and routine,³ had begun to vent their sneers against philosophers for their profound researches into the nature of soils,⁴ in which, however, they by no means

¹ De Re Rusticâ, i. 1. Cf. Colum. i. 1.

² Xenoph. Œconom. xx. 22, sqq.

³ Cf. Plat. De Legg. t. vii. p. 111. t. viii. p. 103.

⁴ Xenoph. Œconom. xvi. 1, sqq.

designed to engage the husbandman, but only to present him, in brief and intelligible maxims, with the fruit of their labours. Nevertheless the practical husbandman went to work a shorter way. He observed his neighbour's grounds,¹ saw what thrived in this soil, what in the other, what was bettered by irrigation, what in this respect might safely be left to the care of Heaven; and thus, in a brief space, acquired a rough theory wherewith to commence operations. An agriculturist, the Athenians thought, required no recondite erudition, though to his complete success the exercise of much good sense and careful observation was necessary. Every man would, doubtless, know in what seasons of the year he must plough and sow and reap, that lands exhausted by cultivation must be suffered to lie fallow, that change of crops is beneficial to the soil, and so on. But the great art consists in nicely adapting each operation to the varying march of the seasons, in converting accidents to use, in rendering the winds, the showers, the sunshine, subservient to your purposes, in mastering the signs of the weather, and guarding as far as possible against the injuries sustained from storms of rain or hail.

There was in circulation among the Greeks a small body of precepts, addressed more especially to husbandmen, designed to promote the real object of civilisation. Quaint, no doubt, and ineffably commonplace, they will now appear, but they served, nevertheless, in early and rude times, to soften the manners and regulate the conduct of the rustic Hellenes. Who first began to collect and preserve them is, of course, unknown; they are thickly sprinkled through the works of Hesiod,² and impart to them

¹ The sight of a rich and thriving neighbour operated likewise as a spur to his industry:—

Εἰς ἕτερον γὰρ τίς τε ἰδὼν ἔργου
χατίζων

Πλουσιον ὅς σπεύδει μὲν ἀρόμμε-
ναι ἠδὲ φυτεύειν,

Οἰκόν τ' εὖ θέσθαι· ζηλοῖ δέ τε
γείτονα γείτων

Εἰς ἀφρον σπεύδοντ' ἀγαθὴ δ'
Ἔρις ἦδε βροτοῖσι.

Hesiod. Opp. et Dies, 21, sqq.

² Opp. et Dies, 298, sqq.

an air of moral dignity which relieves the monotony that would otherwise result from a mere string of agricultural maxims. The chief aim of the poet seems to be, to promote peace and good neighbourhood, to multiply among the inhabitants of the fields occasions of joining the "rough right hand,"¹ to apply the sharp spur to industry, and thus to augment the stores, and, along with them, the contentment, of his native land. Be industrious, exclaims the poet, for famine is the companion of the idle. Labour confers fertility on flocks and herds, and is the parent of opulence. He who toils is beloved by gods² and men, while the idle hand is the object of their aversion. The slothful man envies the prosperity of his neighbour; but glory is the reward of virtue. Prudence heaps up that which profligacy dissipates. Be hospitable to the stranger, for he who repels the suppliant from his door is no less guilty than the adulterer, than the despoiler of the orphan, or the wretch who blasphemes his aged parent on the brink of the grave: of such men the end is miserable, when Zeus rains down vengeance upon them in recompense for their evil actions. Be mindful that thou offer up victims to the gods with pure hands and holy thoughts, — to pour libations in their temples, adorn their altars, and render them propitious to thee in all things. When about to ascend thy couch to enjoy sweet sleep, and when the sacred light of the day-spring first appears, omit not to demand of heaven a pure heart and a cheerful mind, with the means of extending thy possessions, and protection from loss. When thou makest a feast, invite thy friends and thy neighbours, and in times of trouble they will run to thy assistance half-clad, while thy relations will tarry to buckle on their girdles. Borrow of thy neighbour, but, in repaying him, exceed rather than fall short of what

¹ Sch. Aristoph. Pac. 190.

² Καί τ' ἐργαζόμενος πολὺ φίλ-
τερος ἀθανάτοισιν.

"Ἔσσειαι ἠδὲ βροτοῖς" μάλα
γὰρ στυγέουσιν ἀεργούς.
Opp. et Dies. 309, seq.

is his due. Rise betimes. Every little makes a mickle. Store is no sore. Housed corn breaks no sleep. Drink largely the top and the bottom of the jar; be sparing of the middle:¹ it is niggardly to stint your friends when the wine runs low. Do unto others as they do unto you.—These seeds of morality are simple, as I have said, and far from recondite; but they produced the warriors of Marathon and Plataea, and preserved for ages the freedom and the independence of Greece.

The other branches of an Hellenic farmer's studies comprehended something like the elements of natural philosophy,—the influence of the sun and moon, the rising and setting of the stars, the motion of the winds, the generation and effects of dews, clouds, meteors, showers and tempests, the origin of springs and fountains, and the migrations and habits of birds and other animals. In addition to these things, it was necessary that he should be acquainted with certain practices, prevalent from time immemorial in his country, and, probably, deriving their origin from ages beyond the utmost reach of tradition. The source of these we usually denominate superstition, though it would, perhaps, be more proper to regard them as the offspring of that lively and plastic fancy which gave birth to poetry and art, and inclined its possessors to create a sort of minor religion, based on a praiseworthy principle, but developing itself chiefly in observances almost always minute and trifling, and sometimes ridiculous. To describe all these at length would be beside my present purpose, which only requires that I mention by the way the more remarkable of those connected especially with agriculture.

The knowledge of soil was called into play both in purchasing estates and in appropriating their several parts to different kinds of culture. According to their notions, which appear to have been founded on long experience, and in most points, I believe,

¹ Cf. Plut. Sympos. vii. 3.

agree with those which still prevail, a rich black mould, deep, friable, and porous,¹ which would resist equally the effects of rain and drought, was, for all purposes, the best. Next to this they esteemed a yellow alluvial soil, and that sweet warm ground which best suited vines, corn, and trees. The red earth, also, they highly valued, except for timber.

Their rules for detecting the character and qualities of the soil appear to have been judicious. Good land, they thought, might be known even from its appearance, since in drought it cracks not too much, and during heavy and continued showers becomes not miry, but suffers all the rain to sink into its bosom. That earth they considered inferior which in cold weather becomes baked, and is covered on the surface by a shell-like incrustation. They judged, likewise, of the virtue of the soil by the luxuriant or stunted character of its natural productions:² thus they augured favourably of those tracts of country which were covered by vast and lofty timber-trees, while such as produced only a dwarfed vegetation, consisting of meagre bushes, scattered thickets, and hungry grass, they reckoned almost worthless.

Not content with the testimony of the eye, some husbandmen were accustomed to consult both the smell and the taste; for, digging a pit of some depth, they took thence a small quantity of earth, from the odour of which they drew an opinion favourable or otherwise. But to render surety doubly sure, they then threw it into a vase, and poured on it a quantity of potable water, which they afterwards tasted, inferring from the flavour the fertility or barrenness of the soil. This was the experiment most relied

¹ Geop. ii. 9. In these rich loams, particularly on the banks of the Stymphalian and Copaic lakes, wheat has been known to yield a return of fifty-fold. Thiersch, *Etat Act. de la Grèce*. t. ii. p. 17.

Other spots, again, return thirty-fold. Sibth. in *Walp. Mem.* i. 60.

² The pitch-pine indicated a light and hungry soil; the cypress, a clayey soil. *Philost. Icon.* ii. 9. p. 775.

on; though many considered that soil sweet which produced the basket-rush, the reed, the lotos, and the bramble. On some occasions they employed another method, which was, to make a small excavation, and then, throwing back the earth into the opening whence it had been drawn, to observe whether or not it filled the whole cavity:¹ if it did so, or left a surplus, the soil was judged to be excellent; if not, they regarded it as of little value. Soils possessing saline qualities were shunned by the ancients, who carefully avoided mingling salt with their manure, though lands of this description were rightly thought to be well adapted to the cultivation of palm-trees,² which they produce in the greatest perfection,³ as in Phœnicia, Egypt, and the country round Babylon.⁴

Another art in which the condition of the husbandman required him to be well versed was that of discovering the signs of latent springs,⁵ the existence of which it was necessary to ascertain before laying the foundation of a new farm. The investigation was complicated, and carried on in a variety of ways. First, and most obvious, was the inference drawn from plants and the nature of the soil itself; for those grounds, they thought, were intersected below by veins of water which bore upon their surface certain tribes of grasses and herbs and bushes, as the couch-grass, the broad-leaved plantain, the heliotrope, the red-grass, the agnus-castus, the bramble, the horse-tail, or shave-grass, ivy, bush-calamint, soft and slender reeds,⁶ maiden-hair, the melilot, ditch-dock, cinque-

¹ Geop. ii. 11.

² The Grecian husbandman, therefore, when planting palm-trees in any other than a sandy soil, sprinkled salt on the earth immediately around. Theoph. Hist. Plant. i. 6. 2.

³ Geop. ii. 10.

⁴ Xenoph. Anab. ii. 3. 16. The

doom-palm, generally, I believe, supposed to be peculiar to Upper Egypt and the countries beyond the cataract, was anciently cultivated also in Crete. Theoph. Hist. Plant. i. 6. 3.

⁵ Geop. ii. 4, sqq.

⁶ Philost. Icon. ii. 9. p. 775.

foil, or five leaf-grass, broad-leaved bloodwort, the rush, nightshade, mil-foil, colt's-foot or foal's-foot, trefoil or pond-weed, and the black thistle. Spring-heads were always supposed to lurk beneath fat and black loam, as, likewise, in a stony soil, especially where the rocks are dark and of a ferruginous colour. But in argillaceous districts, particularly where potter's-clay abounds, or where there are many pebbles and pumice-stones,¹ they are of rare occurrence.

To the above indications they were in most cases careful to add others. Ascending ere sunrise to a higher level than the spot under examination, they

¹ Spallanzani, in his scientific Travels in the Two Sicilies, describes and explains the cause of the rarity of springs in volcanic countries. In some districts among the roots of *Ætna* the female peasants are compelled to travel ten miles, at certain seasons of the year, in search of water, a jar of which costs, consequently, almost a day's journey. vol. i. p. 299, sqq. In another part of the same work he investigates the origin of springs in the *Æolian* isles, which he illustrates by the example of *Stromboli*. iv. 128. In this island there are two fountains, one of slightly tepid water, at the foot of the mountain, the other on its slope. "Je recon-
"traï," observes Monsieur Do-
"lomieu, "à moitié hauteur une
"source d'eau froide, douce, légère
"et très bonne à boire, qui ne
"tarit jamais et qui est l'u-
"nique ressource des habitans
"lorsque leurs citernes sont épui-
"sées et lorsque les chaleurs ont
"desséché une seconde source qui
"est au pied de la montagne
"ce qui arrive tous les étés." He then adds with reason: "Cette
"petite fontaine dans ce lieu très
"élevé au milieu des cendres

"volcaniques, est très remarqua-
"ble, elle ne peut avoir son ré-
"servoir que dans une pointe
"de montagne isolée, toute de
"sable et de pierres poreuses, ma-
"tières qui ne peuvent point
"retenir l'eau, puisqu'elles sont
"perméables à la fumée." Voy-
"age aux Iles de Lipari, t. i. p.
"120. He then endeavours to ac-
"count for its existence by evapo-
"ration. In the island of *Saline*,
among the same *Æolian* group,
there is another never-failing
spring, which, as some years no
rain falls in these islands during
the space of nine months, has
greatly perplexed the theories of
naturalists. Spallanzani conceives,
however, that the phenomenon
may be explained in the usual
way: "It appears to me," he
says, "extremely probable, that
"in the internal parts of an
"island which, like this, is the
"work of fire, there may be in-
"tense caverns that may be fill-
"ed with water by the rains;
"and that in some of these which
"are placed above the spring,
"the water may always continue
"at nearly the same height." Travels in the Two Sicilies, vol. iv. p. 136.

observed by the first rays and before the light thickened, whether they could detect the presence of any exhalations, which were held unerringly to indicate the presence of springs below. Sometimes inquisition was made during the bright and clear noon, when the subterraneous retreats of the Naiads were supposed in summer to be betrayed by cloudlets of thin silvery vapour, and in the winter season by curling threads of steam. In this way the natives of southern Africa discover the existence of hidden fountains in the desert.¹ Swarms of gnats flitting hither and thither, or whirling round and ascending in a column, were regarded as another sign.

When not entirely satisfied by any of the above means, they had recourse to the following experiment:² sinking a pit to the depth of about four feet and a half, they took a hemispherical pan or lead basin, and having anointed it with oil, and fastened with wax a long flake of wool to the bottom, placed it inverted in the pit. It was then covered with earth about a foot deep, and left undisturbed during a whole night. On its being taken forth in the morning, if the inside of the vessel were covered thickly with globules, and the wool were dripping

¹ Le Vaillant, t. viii. p. 162. Even in the southern provinces of France, the discovery of hidden springs is an art of no mean importance; and the persons who possess it are regarded as public benefactors. Thus, as I learn from my friend M. Louis Froment, of the department of the Lot, M. Paramelle, a curé having a living in that part of the country, is held in high estimation on account of the power he possesses of discovering the lurking retreats of spring-heads. He is able, from a certain distance, and without the least hesitation, to point out the source of

living water, determine the depth at which it is to be found, say, without ever falling into error, what is the quantity and what the quality of the water. Without seeking to penetrate the plan, of which he keeps the secret, his countrymen avail themselves of the advantages offered to them; and the inhabitants of one village, situated on a calcareous table-land, have discovered, by the assistance of M. Paramelle, a source in their market-place, whilst before they were compelled to seek water at a distance of five miles.

² Geop. ii. 4.

wet, it was concluded there were springs beneath, the depth of which they calculated from the scantiness or profusion of the moisture. A similar trial was made with a sponge covered with reeds.

Since most streams and rivers take their rise in lofty table-lands or mountains, which by the ancients were supposed to be richer in springs in proportion to the number of their peaks, it would seem to follow, that scarcely any country in Europe should be better supplied with water than Greece. Experience, however, shows, that this in modern times is not the fact, several rivers supposed to have been of great volume in antiquity, having now dwindled into mere brooks, and innumerable streamlets and fountains become altogether dry; on which account the credit of Greek writers is often impugned, it being supposed that the natural characteristics of the country must necessarily be invariable. But this is an error. For the existence of springs and rivulets depends less perhaps on the presence of mountains than on the prevalence of forests, as Democritos¹ long ago observed. Now, from a variety of causes, still in active operation, the ridges and hills and lower eminences of modern Greece have been almost completely denuded of trees, along with which have necessarily disappeared the well-springs, and runnels, and cascades, and rills, and mountain tarns, which anciently shed beauty and fertility over the face of Hellas, whose highlands were once so densely clad with woods² that the peasants requiring a short cut from

¹ Geop. ii. 6.

² Cf. Hesiod. Opp. et Dies, 233, where he speaks of swarms of wild bees on the slopes of the mountains.

In another passage this poet describes the ravages and devastation of a hurricane amid the fountain forests:

Μῆνα δὲ Ληναίωννα, κἀκ' ἡματα,
βουδώρα πάντα,
τοῦτον ἀλεύσθαι, καὶ πηγάδας,
αἴτ' ἐπὶ γαῖαν
πνεύσαντος Βορέας δυσηλεγέες
τελέθουσιν,
ὅστε διὰ Θρήκης ἰκποτρόφου ἐνρέϊ
πόντῳ
ἐμπνέσας ὠρινε μέμυκε δὲ γαῖα
καὶ ὕλη.

one valley to another, were compelled to clear themselves a pathway with the axe.¹ To restore to Greece, therefore, its waters, and the beauty and riches depending on them, the mountains must be again forested, and severe restraint put on the wantonness of those vagrant shepherds who constantly expose vast woods to the risk of entire destruction for the sake of procuring more delicate grass for their flocks.²

In Attica,³ both fields and gardens were chiefly irrigated by means of wells which, sometimes, in extremely long and dry summers, failed entirely, thus causing a scarcity of vegetables.⁴ The water,

πολλὰς δὲ ὄρνυς ὑψικόμους ἐλάτας
 τε παχείας
 οὔρεος ἐν βήσσης πιλνᾷ χθονὶ
 πουλυβοτείρῃ
 ἐμπίπτων, καὶ πᾶσα βοᾷ τότε
 νήριτος ἄλλῃ.

Opp. et Dies, 504, sqq.

The pine and pitch trees, it is related by Theophrastus, were often uprooted by the winds in Arcadia. Hist. Plant. iii. 6. 4.

¹ Theoph. Hist. Plant. iii. 3. 7. In all countries, small and great, the progress of civilisation has been inimical to forests. Thus in the little island of Strömboli, containing about a thousand inhabitants, attempts were made towards the end of the eighteenth century to enlarge the cultivable ground by clearing away the woods. Spallanzani, Travels in the Two Sicilies. vol. iv. p. 126, seq. The difficulty of extirpating trees is illustrated by Theophrastus who relates that, in a spot near Pheneon in Arcadia, a well-wooded tract was overflowed by the water and the trees destroyed. Next year, when the flood had subsided and the mud dried, each kind of tree appeared in the situa-

tion which it had formerly occupied. The willow, the elm, the pine, and the fir, growing in its own place, doubtless from the roots of the former trees. Hist. Plant. iii. 1. 2. Again: the Nessos, in the territory of the Abderites, constantly changed its bed, and in the old channels trees sprung up so rapidly that, in three years, they were so many strips of forest. Id. iii. 1. 5.

² Thiersch, Etat Actuel de la Grèce. t. i. p. 276. It is remarked by Theophrastus, however, that pine forests, being destroyed by fire, shot up again, as happened in Lesbos, on a mountain near Pyrrha. Hist. Plant. iii. 9. 4.

³ Cf. Chandler, i. p. 261. The apparatus now used in irrigation by the Sciots exactly resembles that of the Egyptian Arabs. Id. i. 315.

⁴ Demosth. Adv. Polycl. § 16. On the supply of water to Athens we possess little positive information, though we cannot doubt that all possible advantage was taken of those pure sources which are still found in its neighbourhood. "In no country ne-

we find, was drawn up by precisely the same machinery as is still employed for the purpose. The invention of these conveniences of primary necessity having preceded the birth of tradition, has, by some writers, been attributed to Danaos, who is supposed to have emigrated from Egypt into Greece. Arriving, we are told, at Argos, he, upon the failure of spontaneous fountains, taught the inhabitants to dig wells, in consequence of which he was elected chief. But where was Danaos himself to have learned this art? He is said to have been an Egyptian, and Egypt is a country so entirely without springs, that two only exist within its limits, and of these but one was known to the ancients. Of wells they had none. Danaos could, therefore, if he was an Egyptian, have known nothing of springs or wells; and, if he had such knowledge, he must have come from some other land.¹

Where there existed neither wells nor fountains, people were compelled to depend on rain-water, collected and preserved in cisterns.² For this purpose troughs were in some farm-houses run along the eaves both of the stables, barns, and sheep-cotes, as well as of the dwelling of the family, while others used only that which ran from the last, the roof of which was kept scrupulously clean. The water was conveyed through wooden pipes³ to the cisterns, which appear to have been frequently situated in

“cessity was more likely to have
“created the hydragogic art
“than in Attica; and we have
“evidence of the attention be-
“stowed by the Athenians upon
“their canals and fountains in
“the time of Themistocles, as
“well as in that of Alexander
“the Great.” Col. Leake, on
some disputed points in the To-
pography of Athens. Trans. Lit.
Soc. iii. 189. Cf. Aristoph. Av.
Schol. 998. Plut. Themist. § 31.
Arist. Polit. vi. 8. vii. 12. We

find, from Theophrastus, that there
was in his time, an aqueduct in
the Lyceum with a number of
plane trees growing near it.
Theoph. Hist. Plant. i. 7. 1.

¹ Mitford, i. 33, seq. In Bœo-
tia, Babylonia, Egypt, and Cy-
renaica, the dew served instead
of rain. Theoph. Hist. Plant.
viii. 4. 6.

² Λακκοί. Machon. ap. Athen.
xiii. 43.

³ Geop. ii. 7.

the front court.¹ Bad water they purified in several ways: by casting into it a little coral powder,² small linen bags of bruised barley, or a quantity of laurel leaves, or by pouring it into broad tubs and exposing it for a considerable time to the action of the sun and air. When there happened to be about the farms ponds of any magnitude, they introduced into them a number of eels or river crabs, which opened the veins of the earth and destroyed leeches.

A scarcely less important branch of the farmer's studies was that which related to the weather and the general march of the seasons.³ Above all things, it behoved him to observe diligently the rising and setting of the sun and moon. He was, likewise, carefully to note the state of the atmosphere at the disappearance of the Pleiades, since it was expected to continue the same until the winter solstice, after which a change sometimes immediately supervened,

¹ Sir W. Hamilton, *Acc. of Discov. at Pompeii*, p. 13.

² Water was cooled by being suspended in vessels over the mouths of wells; and sometimes boiled previously to render the process more complete. For, according to the Peripatetics, *πᾶν ὕδωρ προθερμανθὲν ψύχεται μᾶλλον, ὥσπερ τὸ τοῖς βασιλεῦσι παρασκευαζόμενον, ὅταν ἐψηθῇ μέχρι ζέσεως, περισωρεύουσι τῷ ἀγγεῖω χιόνα πολλήν, καὶ γίνεται ψυχρότερον.* Plut. *Sympos.* vi. 4. 1.

³ *Geop.* i. 2—4. 11. Theophrast. *De Signis Pluviarum et de Ventis*, *passim*. Our own agriculturists, also, were formerly much addicted to these studies. Thus, "The oke apples, if broken in sunder about the time of their withering, do foreshewe the sequel of the yeare, as the expert Kentish husbandmen have

observed, by the living things found in them: as, if they find an ant, they foretell plenty of graine to insue; if a whole worm, like a gentill or maggot, then they prognosticate murren of beasts and cattle; if a spider, then (saie they) we shall have a pestilence or some such like sickness to folowe amongst men. These things the learned, also, have observed and noted: for Mathiolus, writing upon Dioscorides saith, that before they have an hole through them, they conteine in them either a flie, a spider, or a worme; if a flie, then warre insueth; if a creeping worme, then scarcitie of victuals; if a running spider, then followeth great sickness and mortalitie." Gerard, *Herball*, Third Book, c. 29. p. 1158. Cf. Lord Bacon, *Sylva Sylvarum*, 561.

otherwise there was usually no alteration till the vernal equinox.¹ Another variation then took place in the character of the weather, which afterwards remained fixed till the rising of the Pleiades, undergoing successively fresh mutations at the summer solstice and the autumnal equinox. According to their observations, moreover, a rainy winter² was followed by a dry and raw spring, and the contrary; and a snowy winter by a year of abundance. But as nature by no means steadily follows this course, exhibiting many sudden and abrupt fluctuations, it was found necessary to subject her restless phenomena to a more rigid scrutiny, in order that rules might be obtained for foretelling the approach of rain, or tempests, or droughts, or a continuance of fair weather. Of these some, possibly, were founded on imperfect observation or casual coincidences, or a fanciful linking of causes and effects; while others, we cannot doubt, sprang from a practical familiarity with the subtler and more shifting elements of natural philosophy.

As nothing more obviously interests the husbandman than the seasonable arrival and departure of rains, everything connected with them, however remotely, was observed and treasured up with scrupulous accuracy. Of all the circumstances pre-signifying their approach the most certain was supposed to be the aspect of the morning; for if, before sunrise, beds of purpurescent clouds³ stretched along the verge of the horizon, rain was expected that day, or the day after the morrow. The same augury they drew, though with less confidence, from the appearance of the setting sun,⁴ especially if in winter

¹ Cf. Hesiod, *Opp. et Dies*, 486, seq.

² Cf. Lord Bacon, *Sylva Sylvarum*, 675. 812.

³ Cf. Arato. *Prognost.* 102, sqq. But, on the other hand, "purus oriens, atque non fervens, se-

"renum diem nuntiat." Plin. *Hist. Nat.* xviii. 78. Aristot. *Problem.* xxvi. 8.

⁴ The sun-sets of the Mediterranean exhibit, as most travellers will have observed, a variety of gorgeous phenomena, which, as

or spring it went down through an accumulation of clouds or with masses of dusky rack on the left. Again, if, on rising, the sun looked pale, dull red, or spotted;¹ or, if, previously, its rays were seen streaming upwards;² or, if, immediately afterwards, a long band of clouds extended beneath it, intersecting its descending beams; or if the orient wore a sombre hue; or if piles of sable vapour towered into the welkin; or if the clouds were scattered loosely over the sky like fleeces of wool;³ or came waving

betokening certain states of the atmosphere serve as so many admonitions to the husbandman. The sun before going down "assumed," observes Dr. Chandler, "a variety of fantastic shapes. It was surrounded, first, with a golden glory of great extent, and flamed upon the surface of the sea in a long column of fire. The lower half of the orb soon after emerged in the horizon, the other portion remaining very large and red, with half of a smaller orb beneath it, and separate, but in the same direction, the circular rim approaching the line of its diameter. These two, by degrees, united, and then changed rapidly into different figures, until the resemblance was that of a capacious punch-bowl inverted. The rim of the bottom extending upward, and the body lengthening below it, became a mushroom on a stalk with a round head. It was next metamorphosed into a flaming caldron, of which the lid, rising up, swelled nearly into an orb and vanished. The other portion put on several uncircular forms, and, after many twinklings and faint glimmerings, slowly dis-

appeared, quite red, leaving the clouds hanging over the dark rocks on the Barbary shore finely tinged with a vivid bloody hue." *Travels*, i. p. 4. Appearances similar, though of inferior brilliance and variety, are sometimes witnessed in the Western Hemisphere. Describing the beauties of an evening on the Canadian shore, Sir R. H. Bonycastle observes: "First, there was a double sun by reflection, each disk equally distinct; afterwards, when the orb reached the mark x, a solid body of light, equal in breadth with the sun itself, but of great length from the shore, shot down on the sea, and remained like a broad fiery golden column, or bar, until the black high land hid the luminary itself." *The Canadas in 1841*. v. i. p. 34.

¹ Ille ubi nascentem maculis
variaverit ortum
Conditus in nubem, medioque re-
fugerit orbe;
Suspecti tibi sint imbres.

Virg. Georg. i. 441, sqq.

² *Plin. Hist. Nat.* xviii. 78.
Aratus, Prognost. 137, sqq.

³ *Cf. Plin. xviii.* 82. "Si
nubes ut vellera lanæ spargen-
tur multæ ab oriente, aquam

up from the south in long sinuous streaks—the “mares’ tails” of our nautical vocabulary—the husbandman reckoned with certainty upon rain, floods, and tempestuous winds. Among the signs of showers peculiar to the site of Athens may be reckoned these following: if a rampart of white ground-fogs begirt at night the basis of Hymettos; or, if its summits were capped with vapour;¹ or, if troops of mists settled in the hollow of the smaller mount, called the Springless; or, if a single cloud rested on the fane of Zeus at Ægina.² The violent roaring of the sea upon the beach was the forerunner of a gale, and they were enabled to conjecture from what quarter it was to blow, by the movements of the waters, which retreated from the shore before a north wind; while, at the approach of the sirocco, they were piled up higher than usual against the cliffs. Elsewhere, in Attica, they supposed wet weather to be foretold by the summits of Eubœa rising clear, sharp, and unusually elevated through a dense floor of exhalations, which, when they mounted and gathered in blowing weather about the peaks of Caphareus,³ on the eastern shores of the island, presaged an impending storm of five days’ continuance. But here these signs concerned rather the mariner than the husbandman, since the cliffs that stretched along this coast are rugged and precipitous, and the approaches so dangerous that few vessels which are driven on it escape. Scarcely are the crews able to save themselves, unless their bark happen to be extremely light. Another portent of foul weather was the apparition of a circle about the moon,

“in triduum præsentient;” and Virg. Georg. i. 397: *Tenuia nec lanæ per cælum vel- lera ferri.*

¹ If the Mounts Parnes and Brylessus appeared enveloped in clouds, the circumstance was thought to foretel a tempest.

Theoph. de Sign. Pluv. iii. 6. Cf. Strabo. ix. 11. t. ii. p. 253.

² Pausan. ii. 30. 3. Pind. Nem. v. 10. Dissen. — Müll. Æginetica, § 5. p. 19.

³ Dion. Chrysost. i. 222. Cf. Aristot. Prob. xxvi. 1.

while, by the double reflection of its orb north and south, that luminary appeared to be multiplied into three. At night, also, if the nubecula,¹ called the Manger, in the constellation of the Crab, shone less luminously, it betokened a similar state of the atmosphere. A like inference² was drawn when the moon at three days old rose dusky; or, with blunt horns; or, with its rim, or whole disk, red; or blotted with black spots; or encircled by two halos.³

The phenomena of thunder and lightning, likewise, instructed the husbandman who was studious in the language of the heavens: thus, when thunder was heard in winter or in the morning, it betokened wind; in the evening or at noon, in summer, rain; when it lightened from every part of the heavens, both. Falling stars⁴ likewise denoted wind or rain, originating in that part of the heavens where they appeared.

Among our own rustics the whole philosophy of rainbows has been compressed into a couple of distichs :

A rainbow at night
Is the shepherd's delight.
A rainbow in the morning
Is the shepherd's warning.

And upon this subject,⁵ the peasants of Hellas had little more to say; their opinion having been

¹ This is explained by Lord Bacon. "The upper regions of the air," he observes, "perceive the collection of the matter of the tempest and wind before the air here below. And, therefore, the observing of the smaller stars is a sign of tempests following." *Sylva Sylvarum*, 812.

² Similar observations have been made in most countries, as we find from the signs of the weather collected by Erra Pater, and translated by Lilly, Part iv. § 3—5.

³ Cf. Seneca. *Quæst. Nat.* i. c. 2.

⁴ Aristot. *Problem.* xxvi. 24. Alexand. *Aphrodis. Problem.* i. 72. Plin. xviii. 80. Virg. *Georg.* i. 365, sqq.

Sæpe etiam stellas, vento impendente, videbis
Præcipientes cælo labi, noctisque per umbram
Flammarum longos à tergo albescere tractus.

⁵ On the effects of the rainbow the ancients held a curious opinion, which Lord Bacon thus

that, in proportion to the number of rainbows, would be the fury and continuance of the showers with which they were threatened.

Other signs of mutation in the atmosphere they discovered in almost every part of nature; for example, when bubbles rose on the surface of a river they looked for a fall of rain; as also when small land-birds were seen drenching their plumage; when the crow was beheld washing his head upon the rocky beach,¹ or the raven flapping his wings, while with his voice he imitated amidst his croaking the pattering of drops of rain; when the peasant was awakened in the morning by the cry of the passing crane,² or the shrill note of the chaffinch within

expounds:—“It hath been observed by the ancients, that where a rainbow seemeth to hang over or to touch, there breathed forth a sweet smell. The cause is, for that this happeneth but in certain matters which have in themselves some sweetness, which the gentle dew of the rainbow doth draw forth, and the like to soft showers, for they also make the ground sweet, but none are so delicate as the dew of the rainbow where it falleth.” *Sylva Sylvarum*. “832. His Lordship here, as in many other places, adopts the explanation of the Peripatetics while he seems to be himself assigning the cause of the phenomenon. Aristotle (*Problem*. 12. 3) enters fully into the subject, which appears to have been brought under the notice of philosophers by the shepherds who had observed that when certain thickets had been laid in ashes the passing of a rainbow over the spot caused a sweet odour to exhale from it. The same fact is noticed by Theo-

phrastus, *De Caus. Plant.* 6. 17. 7. Cf. *Plin. Hist. Nat.* 12. 52. 21. 18. 2. 60. To many among the older philosophers that comparatively rare phenomenon, the lunar rainbow, was unknown. (*Arist. Meteor.* iii. 2: *νύκτωρ δ' ἀπὸ σελήνης ὡς μὲν οἱ ἀρχαῖοι φῶντο οὐκ ἐγίγνετο*) but in the time of Aristotle it had been observed, and the cause of its pearly whiteness investigated. Cf. *Meteorol.* iii. 4. 5. *Senec. Quæst. Nat.* i. 2, sqq.

¹ Cf. *Ælian. De Nat. Anim.* vii. 7.

² Φράζεσθαι δ', εἶτ' ἂν γεράνου φωνὴν ἐπακούσης ὑψόθεν ἐκ νεφέων ἐνιαυσία κεληγνίης· ἦτ' ἀρότοιό τε σῆμα φέρει, καὶ χείματος ὥρην δεικνύει ὁμῆρηροῦ κραδίην δ' ἔδακ' ἀνδρὸς ἀβούτω.

Hesiod. Opp. et Dies, 448, sqq. To the same purpose, *Homer*: — *Π.* γ 3, sqq.

Ἦύτε περ κλαγγὴ γεράνων πέλει οὐρανῶσι πρὸ, αἶτ' ἐπεὶ οὖν χεიმῶνα φύγον καὶ ἀθέσφατον ὄμβρον,

his dwelling. Flights of island birds flocking to the continent,¹ preceded drought; as a number of jackdaws and ravens flying up and down, and imitating the scream of the hawk, did rain. The incessant shrieks of the screech-owl and the vehement cawing of the crow, heard during a serene night, foretold the approach of storms. The barn-door fowl and the house-dog also played the part of soothsayers, teaching their master to dread impending storms by rolling themselves in the dust. Of similar import was the flocking of geese with noise to their food, or the skimming of swallows along the surface of the water.² Again, when troops of dolphins were seen rolling near the shore, or oxen licking their fore-hoofs, or looking southwards, or, with a suspicious air, snuffing the elements,³ or going bellowing to their stalls; when wolves approached the homesteads; when flies bit sharp,⁴ or frogs croaked vociferously, or the ruddock, or land-toad, crept into the water; when the salamander lizard appeared, and the note of the green-frog was

κλαγγῇ ταίγε πέτονται ἐπ' Ὠ-
κεανοῖο ῥοάων.

And Aristophanes: — (Av. 710,
sqq.)

Πρῶτα μὲν ὥρας φαίνομεν ἡ-
μεῖς ἦρος, χειμῶνος, ὀπώρας·
Σπείρειν μὲν, ὅταν γέρανος
κρῶζουσ' ἐς τὴν Λιεύην μετα-
χωρῆ,
καὶ πηδάλιον τότε ναυκλήρω
φράζει κρεμάσαντι καθεύ-
δειν.

¹ All birds which frequent the sea, more particularly those which fly high, are observed to seek terra firma at the approach of foul weather: — Ἀριστοτέλους ἀκούω λέγοντος, ὅτι ἄρα γέρανοι ἐκ τοῦς πελάγους εἰς τὴν γῆν πετόμενοι, χειμῶνος ἀπειλὴν ἰσχυραὶ ὑποσημαίνουσι τῷ συνιέντι. Ælian. De Nat. Anim. vii. 7.

Before the great earthquake of 1783, which shook the whole of Calabria and destroyed the city of Messina, the mews and other aquatic birds were observed to forsake the sea and take refuge in the mountains. Spallanzani, Travels in the Two Sicilies. vol. iv. p. 158.

² Aut arguta lacus circumvolitat hirundo. Virg. Georg. i. 377. "Hirundo tam juxta aquam volitans, ut penna sæpe percutiat" Plin. xviii. 87.

³ Plin. xviii. 88. Virg. Georg. i. 375. — Ælian, De Nat. Anim. vii. 8, describes the ox before rain snuffing the earth, and adds: πρόβατα δὲ ἐρυττοντα ταῖς ὀπλαῖς τὴν γῆν, εἶσθε σημαίνειν χειμῶνα.

⁴ Cf. Ælian De Nat. Anim. viii. 8.

heard in the trees, the rustic donned his capote, and prepared, like Anaxagoras at Olympia,¹ for a shower. The flight of the storm-birds, *kepphoi*,² was supposed to indicate a tempest from the point of the heavens towards which they flew. When in bright and windless weather clouds of cobwebs,³ floated through the air, the husbandman anticipated a drenching for his fields, as also when earthen pots and brass pans emitted sparks; when lamps spat; when the wick made mushrooms;⁴ when a halo encircled its flame,⁵ or when the flame itself was dusky. The housewife was forewarned of coming hail-storms, generally from the north, by a profusion of bright sparks appearing on the surface of her charcoal fire; when her feet swelled she knew that the wind would blow from the south.⁶ Heaps of clouds like burnished copper rising after rain in the west portended fine weather; as did likewise the tops of lofty mountains, as Athos, Ossa, and Olympos, appearing sharply defined against the sky; while an apparent augmentation in the height of promontories and the number of islands foreshowed wind.

¹ Diog. Laert. i. 3. 5. Ælian (De Nat. Anim. vii. 8) relates a curious anecdote of Hipparchos who, from some change in the goatskin cloak he wore, likewise foretold a rain storm to the great admiration of Nero.

² Probably the storm-finch observed frequently on the wing flying along the Ægean sea, particularly when it is troubled. Sibth. in Walp. Mem. i. 76.

³ Cf. Aristot. Problem. xxvii. 63, where he investigates the causes of the phenomenon; and Plin. Nat. Hist. xi. 28.

⁴ Vid. Aristoph. Vesp. 262. The Scholiast entertains a somewhat different notion: — *φασίν ὅτι ἕτεροῦ μέλλοντος γενέσθαι οἱ περὶ τὴν Ξρναλλίδα τοῦ λύχνου σπινθήρες ἀποπηδῶσιν, οὗς μύκητας νῦν λέγει, ὡς τοῦ λύχνου ἐναντιουμένον τῷ νοτιῷ αἴερι καὶ Ἄρατος “ἢ λύχνοιο μύκητες ἐγείρονται περὶ μύξαν, ἄνκτα κατὰ νοτίην.”*

⁵ Aristot. Meteorol. iii. 4. Seneca, Quæst. Nat. i. 2.

⁶ Cf. Aristot. Problem. xxvi. 17.

CHAPTER V.

THE VARIOUS PROCESSES OF AGRICULTURE.

IF we now pass to the actual labours of the farm, and the implements by which they were usually carried on, we shall find that the Grecian husbandman was no way deficient in invention, or in that ingenuity by which men have in all countries sought to diminish their toils. For the purpose of procuring at a cheap rate whatever was wanted for the use of the establishment,¹ smiths, carpenters, and potters, were kept upon the land or in its immediate neighbourhood; by which means also the necessity was avoided of often sending the farm-servants to the neighbouring town, where it was observed they contracted bad habits, and were rendered more vicious and slothful.² Waggons, therefore, and carts, and ploughs, and harrows, were constructed on the spot, though it was sometimes necessary perhaps to obtain from a distance the timber used for these implements, which was generally cut in winter-time. They exhibited much nicety in their choice of wood. Thus they would have the poplar or mulberry-tree for the felloes of their wheels; the ash, the ilex, and the oxya, for the axle-tree, and fine close-grained maple for the yokes of their oxen,³ sometimes carved in the form of serpents which seemed to wind round the necks of the animals, and project their heads

¹ Geop. ii. 49. Illustrating the wretched condition of a tyrant dwelling in the midst of a nation that abhors him, Plato draws the picture of a man being in a remote part of the country with his wife and children, surrounded by a gang of fifty or sixty slaves, with scarcely a free neighbour at hand to whom, in case of neces-

sity, he might fly. In what terror, he says, must this man live, lest his slaves should set upon and murder him, with all his family! De Repub. t. vi. p. 439.

² Carts were sometimes roofed with skins. Scheffer, De Re Vehic. p. 246, seq. Justin, ii. 2.

³ Theoph. Hist. Plant. v. 7. 6.

on either side.¹ Their harrows, it is probable, were formed like our own. The construction of the plough,² always continued to be extremely simple. In the age of Hesiod³ it consisted of four parts, the handle, the socket, the coulter, and the beam; and very little alteration seems afterwards to have been made in its form or structure, till the introduction of the wheel-plough, which did not, it is believed, occur until after the age of Virgil. The more primitive instrument, however, would seem to have consisted originally of two parts only, one serving the purpose of handle, socket, and share, the other being the beam by which it was fastened to the yoke. In the antique implement⁴ the beam was sometimes made of laurel or elm, the socket of oak, and the handle of ilex.

Before mills were invented, the instrument by which they reduced corn into flour was a large mortar, scooped out of the trunk of a tree, furnished with a pestle upwards of four feet in length, exactly resembling that still in use among the Egyptian Arabs. To give the pestle greater effect it was fixed above in a cross-bar, seven feet long, and worked by two individuals.⁵ By this rude contrivance, it is possible to produce flour as fine as that proceeding from the most perfect boulting machine. In addition to these they possessed winnowing fans, scythes, sickles, pruning-hooks, fern or braken-scythes, saws and hand-saws, used in pruning and grafting, spades, shovels, rakes, pick-axes, hoes, mattocks,—one, two, and three pronged,—dibbles, fork-dibbles, and grubbing-axes.⁶ When rustics were clearing away

¹ Scheffer, *De Re Vehic.* p. 114.

² Pollux. x. 128. Goguet, *Orig. des Lois*, i. 189, seq. *Pallad.* i. 43. *Colum.* ii. 2.

³ *Opp. et Dies*, 467, seq. *Vid. Gœttl. ad v.* 431. *Etym. Mag.* 173, 16. *Poll.* i. 252. The Syrians used a small plough, with which they turned up extremely

shallow furrows. *Theoph. Hist. Plant.* viii. 6. 3.

⁴ *Hesiod, Opp. et Dies*, 435, seq.

⁵ *Idem*, 423, seq.

⁶ *Poll.* x. 129. *Pallad.* i. 51. *Brunckh. not. ad Aristoph. Pac.* 567. *Cf. Eurip. Bacch.* 344. *Sch. Aristoph. Pac.* 558, seq. 620. *Plat. de Repub. t. vi. p.* 81. *Ar-*

underwood or cutting down brakes, they went clad in hooded skin-cloaks, leather gaiters, and long gloves.¹

On the subject of manure² the Greeks appear to have entertained very just notions, and have left behind them numerous rules for using and preparing it. In lean lands which required most the help of art, they were still careful to avoid excess in the employment of manure, spreading it frequently rather than copiously; for as, left to themselves, they would have been too cold, so, when over enriched by art, their prolific virtue was thought to be consumed by heat. In applying it to plants, they were careful to interpose a layer of earth lest their roots should be scorched. Of all kinds of manure they considered that of birds the best,³ except the aquatic species, which, when mixed, however, was not rejected. Most husbandmen set a peculiar value on the sweepings of dovecotes,⁴ which, in small quantities, were frequently scattered over the fields with the seed.

On the preparation of manure-pits they bestowed much attention.⁵ Having sunk them sufficiently deep in places abundantly supplied with water, they cast therein large quantities of weeds, with all descriptions of manure, among which they reckoned even earth itself, when completely impregnated with humidity. When they had lain long enough to be

temid. Oneirocrit. ii. 24. p. 111. Lutet.

¹ Pallad. i. 43. Colum. i. 8.

² Geop. ii. 21, seq. Theoph. Hist. Plant. vii. 5. 1. i. 7. 4. To exemplify the importance of manure, it is remarked by this writer, that manured corn ripens twenty days earlier than that which wants this advantage, viii. 7. 7.

³ Geop. ii. 21. 4. From a speech of the Earl of Radnor, in the House of Lords, May 25, 1841, we learn that our own

farmers have begun to make experiments with this kind of manure on the lands of Great Britain, and that ship-loads of bird's dung have been imported for the purpose from the Pacific. The rocks and smaller islands along the American coast are sometimes white with this substance. Kappel, Life of Lord Keppel, i. 48.

⁴ Geop. xii. 4. 3. v. 26. 3.

⁵ Xenoph. Œconom. xx. 10. Cf. Artemid. Oneirocrit. ii. 26. p. 114.

entirely decayed, they were fit for use. To the above were sometimes added wood-ashes, the refuse of leather-dressers, the cleansing of stables, and cow-houses, with stubble, brambles, and thorns reduced to ashes. In maritime situations sea-weed,¹ also, having been well washed in fresh water, was mingled in large proportion with other materials, and, where possible, a channel was made conducting the muck and puddle² of the neighbouring road into the pit, which at once accelerated the putrescence of the manure and augmented it. The Attic husbandmen had a mode of enriching their lands³ somewhat expensive, and, as far as I know, peculiar to themselves; having sown a field, they allowed the corn to spring up and the blade to reach a considerable height, upon which they again ploughed it in as a kind of sacrifice to the earth. A practice, not altogether unlike, still prevails in the kingdom of Naples, where the husbandmen sometimes bury their beans and lupins, just before flowering, for manure.⁴

In ploughing there was great variety of practice, and in small farms, where the soil was light, they had recourse to what may be denominated spade husbandry. Most lands were ploughed thrice; first, immediately after the removal of the preceding crop; secondly, at a convenient interval of time; and, thirdly,⁵ in the sowing season, when the ploughman scattered the grain in the furrows as they were laid open while a lad followed at his heels with a hoe breaking the clods and covering the seed that it might

¹ Geopon. ii. 22.

² The practice of mingling water with the manure was in great use among the ancients, particularly in the island of Rhodes, in the cultivation of the palm-trees. Theoph. Hist. Plant. i. 6. 3.

³ Xenoph. Œconom. xvii. 10. Cf. Earl of Aberdeen, Walp. Mem. i. 250. In such lands the farmers

suffered their cattle to eat down the young corn to prevent its too great luxuriance. Theoph. Hist. Plant. viii. 7. 3.

⁴ Swinburne, Letters from the Courts of Europe, i. 114.

⁵ Cf. Xenoph. Œconom. xvi. 10, seq. Theoph. Hist. Plant. vi. 5. 1.

not be devoured by the birds.¹ Occasionally, in very hot weather, and in certain situations, the farmer ploughed all night;² first, out of consideration to the oxen, whose health would have suffered from the sun; secondly, to preserve the moisture and richness of the soil; and, thirdly, by the aid of the dew, to render it more pliable. On these occasions, it was customary to employ two pair of oxen and a heavier share in order to produce the deeper furrows, and turn up the hidden fat of the earth. In choosing a ploughman they took care that he should be tall and powerful,³ that he might be able to thrust the share deeper into the ground and wield it generally with facility: and yet they would not, if possible, that he should be under forty years of age, lest, instead of attending to his duties, his eye should be glancing hither and thither, and his mind be roving after his companions.⁴ When in particular haste to complete his task, the ploughman often carried a long loaf under his arm, which, like the French peasants, he ate as he went along.⁵ In this department of rural labour it may be observed, mules were sometimes employed as well as oxen.⁶ Both were directed and kept in order by a sharp goad.⁷

As the Greeks well understood the practice of fallowing, their lands were then, as now, suffered to

¹ Hesiod. Opp. et Dies, 469, seq.

² Geop. ii. 28.

³ Geop. ii. 2.

⁴ Hesiod. Opp. et Dies, 443, sqq.

⁵ Hesiod. Opp. et Dies, 442. "Vide Athenæum, quem Lanzius laudavit, iii. p. 114. e. hæc ex Philemone referentem: βλωμλίους ἄρτους ὀνομάζεσθαι λέγει τοὺς ἔχοντας ἐντομάς, οὓς Ῥωμαῖοι, καθάρτους λέγουσι. ὀκτάβλωμον Spohnius intelligit de servo celeriter edente. Minime verò. Panes rustici incisuras

suas habent, ut servis omnibus æquas partes frangendo possis dirimere. v. Philostrat. Imagg. p. 95. 16. Jacobs." Gættling in loc. p. 173.

⁶ Hesiod. Opp. et Dies, 46. Dickinson. Delphi Phœnicizantes, c. 10. p. 101, sqq.

⁷ Scheffer. de Re Vehic. 186, seq. Schol. Aristoph. Nub. 449. The necks of these animals, when galled by the yoke, were cured by the leaves of black briony steeped in wine. Dioscor. iv. 185.

regain their strength by lying for a time idle;¹ and it seems to have been as much their custom as it is still of their descendants,² for the poor, at least, to roam over these fallow grounds, collecting nettles,³ mallows, the sow-thistle or jagged lettuce,⁴ dandelions, sea-purslain, stoches, hartwort, briony sprouts, gentle-rocket, usually found in the environs of towns, and about the courts of houses, gardens, and ruins, with other wild herbs for salads, or to be eaten as vegetables.

The rules observed in sowing were numerous, and, in many instances, not a little curious. As a matter of course, they were careful to adapt the grain to the soil:⁵ thus rich plains were appropriated to wheat, and in the intervals cropped with vegetables; middling grounds to barley;⁶ while poor and hungry spots were given up to lentils, vetches, lupins, and such other pulse as were cultivated on a large scale. Beans and peas, however, were supposed to thrive best in fat and level lands. The principal sowing-time⁷ was in autumn; for, as soon as the equi-

¹ Xenoph. Œconom. xvi. 13, seq. Cf. Schulz. Antiquitat. Rustic. § 7.

² Sibthorp, in Walp. Mem. v. i. p. 144.

³ Sch. Aristoph. Eq. 420. Hesiod alludes to this diet where he celebrates the inferiority of the half to the whole:—

Νήπιοι, οὐδὲ ἴσασι ν ὄσφ πλέον
ἤμισυ παντός,
Οὐδ' ὄσον ἐν μαλάχῃ τε καὶ ἀσ-
φοδέλω μεγ' ὄνειαρ.

Opp. et Dies, 40, seq.

Cf. on the proverb in the first verse, Diog. Læert. i. 4. 2. Aristot. Ethic. Nicom. i. 7. Ovid. Fast. v. 718.

⁴ Theoph. Hist. Plant. vi. 4. 8.

⁵ Geop. ii. 12.

⁶ A fine kind of barley was cultivated on the plain of Marathon, which obtained the name of Achillean, on account, as Dr. Chandler conjectures, of its tallness. ii. 184. Attica, in fact, produced the best barley known to the ancients. Theoph. Hist. Plant. viii. 8. 2.

⁷ Geop. ii. 14. — Ἐπειδὴν ὁ μετοπωρινὸς χρόνος ἔλθῃ, πάντες που οἱ ἄνθρωποι πρὸς τὸν θεὸν ἀποελέπουσιν; ὁπότε βρέξας τὴν γῆν ἀφήσει αὐτοὺς σπείρειν. Xenoph. Œconom. xvii. 2. There was a second sowing-time in the spring, and a third in summer for millet and sesame. Theoph. Hist. Plant. viii. 1. 2, seq. In Phocis, and other cold parts of Greece, they sowed early, that the corn might be strong before

noctial rains had moistened the earth, the sower immediately went forth to sow, committing to the ground the hopes of the future year. The best time for scattering wheat they placed somewhere in November, about the setting of the constellation called the Crown. They were careful in this operation to avoid the time when the south wind¹ blew, and, generally, all cold and raw weather, as it rendered the earth ungenial, and little apt to fructify that which was entrusted to it. Great skill was supposed to be required in scattering the seed: in the first place, that it should be equally distributed; and, secondly, that none should fall between the horns of the oxen, superstition having taught them the belief that such grain, which they denominated *Kerasbolos*,² if it sprang up at all, would produce corn which could neither be baked nor eaten. A favourite sowing sieve was made of wolf's-hide, pierced with thirty holes as large as the tips of the fingers. In later ages much virtue was supposed to reside in the barbarous term *Phriel*,³ which they accordingly wrote on the plough. The choice of grains for sowing necessarily afforded much exercise⁴ to their ingenuity: seed wheat, they thought, should be of a rich gold colour, full, smooth, and solid; barley, white and heavy; both not exceeding one year old, for they quickly deteriorated, and, after the third year, would not they supposed grow. This, however, was an error, since barley has been known to preserve its vitality upwards of two thousand years.

It was customary often to renew seed by sowing the produce of mountains on plains; of dry places in moist, and the contrary.⁵ To try the compara-

the winter came on. § 7. In ancient Italy corn was chiefly committed to the ground in September and October; though in mild seasons the work of sowing went on throughout the winter. Schulze, *Antiquitates Rusticæ*, § 4. p. 6.

¹ Cf. Aristot. *Problem*, xxvi. 3.

² Plat. de *Legg.* t. viii. p. 119. Tim. Lex. Plat. p. 85. Ruhnck. *Plut. Sympos.* vii. 2.

³ *Geop.* ii. 19.

⁴ *Geop.* ii. 16.

⁵ *Geop.* ii. 17.

tive value of different qualities of grain¹ they took a sample of each, and sowed the whole in separate patches of the same bed, a little before the rising of the Dog-star. If the produce of any of these samples withered, through the influence they supposed of Syrius, the wheat which it represented was rejected. As corn when committed to the earth is exposed to numerous enemies, they had recourse to a variety of contrivances for its preservation: to protect it from birds, mice, and ants,² they steeped it in the juice of houseleeks, or mixed it with hellebore and cypress leaves, and scattered it out of a circle, or sprinkled it with water into which river crabs had been thrown for eight days, or with powdered hartshorn or ivory. Not satisfied with these precautions, they had likewise recourse to scare-crows,³ fixing up long reeds here and there in the fields, with dead birds suspended to them by the feet. This long list of contrivances they closed by a spell: taking a live toad, they carried it round the field by night, after which they shut it up carefully in a jar, which they buried in the middle of the grounds.

When the corn began to spring up it was diligently weeded⁴ a first and a second time. They would not trust entirely, however, to the industry of their hands, but called in to their aid certain characteristic enchantments, some two or three of which may be worth describing. First, to subdue the growth of choke-weed they planted sprigs of rose-laurel, at the corner and in the middle of their fields, or set up a number of potsherds, upon which had been drawn with chalk the figure of Heracles

¹ Geop. ii. 15.

² Geop. ii. 18. "The bunting, the yellow-hammer, and a species of *Emberiza*, nearly related to it, frequent the low bushes in the neighbourhood of corn-fields." Sibth. in Walp. Mem. i. 77.

³ Among the husbandmen of Asia Minor people are employed to drive away the birds as the corn ripens. Chandler, i. 100.

⁴ Geop. ii. 24. Cf. Xen. *Œconom.* xv. 1. 13, seq.

strangling the lion. But the most effectual of all spells, was for a young woman, naked and with dishevelled hair, to take a live cock in her hands and bear him round the fields, upon which, not only would the choke-weed and the restharrow vanish,¹ but all the produce of the land would turn out of a superior quality.²

As the ancients well understood the value of hay, they took much pains in the formation and management of meadows. In the first place, all stones, stumps, bushes, and brambles,³ were diligently removed, together with whatever else might interrupt the free play of the scythe in mowing. They avoided, moreover, letting into them their droves of hogs, which were found to turn up the soil and destroy the roots of the young grass. In moist lands, too, even the larger cattle were excluded, as the holes made by their hoofs⁴ in sinking broke up the fine level of the turf. Old hayfields, in districts where much rain fell, grew in time to be clothed with a coating of moss,⁵ which some farmers sought to remove by manuring the ground with ashes; but the more scientific agriculturists ploughed them up, and took precisely the same steps as in the formation of a new meadow, that is, they sowed the ground with beans, turnips, or rape-seed, which, in the second year, were succeeded by wheat; on the third it was thoroughly cleared out, and sown with hay-seed, mingled with vetches, after which the whole field was finely levelled by the harrow.

The rules observed by them in the regulation of their hay harvest⁶ were, first, to mow before the grass or clover was withered, when it became less rich and nutritive; second, to beware in making the

¹ Cf. Schulz. Antiquit. Rustic. § vii.

² Geop. ii. 42. Theoph. Hist. Plant. vi. 5. 3.

³ Colum. ii. 18. Varro, i. 49.

⁴ Cf. Hesiod. Opp. et Dies, 489.

⁵ Lord Bacon, Sylva Sylvarum, 539.

⁶ Much hay was laid up in Eubœa for consumption during the winter months.—Dion Chrysost. i. 225.

ricks, that it was neither too dry nor too damp, since in the former case it was little better than straw, and in the latter was liable to spontaneous combustion.¹ It may be observed further, that clover² was usually sown in March or April, and though commonly mown six, or at least five, times in the twelve months, did not require to be renewed in less than ten years.³

Harvest usually commenced in Greece about the rising of the Pleiades,⁴ when the corn had already acquired a deep gold colour, though not yet so ripe as to fall from the ear, which in barley happens earlier than in wheat, the grain having no hose.⁵ Among the Romans operations were preceded by the sacrifice⁶ of a young sow to Ceres, with libations of wine, the burning of frankincense, and the offering of a cake to Jove, Juno, and Janus. They, at the same time, addressed their prayers to the last-mentioned gods, nearly in the following words:—
 “O father Janus or Jupiter, in making an oblation of this cake I offer up my prayers that thou wouldst be propitious to me and my children, my house, and my family!”⁷

At Athens, as soon as the season for reaping⁸ had

¹ Colum. ii. 19.

² Καὶ τὴν βοτάνην δὲ, τὴν μάλιστα τρέφουσιν τοὺς ἵππους ἀπὸ τοῦ πλεονάζειν ἐνταῦθα ἰδίως Μηδικὴν καλοῦμεν. Strab. xi. 13. t. ii. p. 453.

³ Pallad. v. 1. Schol. Aristoph. Eq. 604.

⁴ Geop. ii. 25. Hesiod. Opp. et Dies, 383. xiv. cal. June. Cf. Plin. Hist. Nat. xviii. 69.

⁵ Pallad. vii. 2.

⁶ The custom with which the modern Greeks hail the approach of summer is picturesque and beautiful: “On the first of May at Athens, there is not a door that is not crowned with a garland, and the youths of both

sexes, with the elasticity of spirits so characteristic of a Greek, forget or brave their Turkish masters, while with guitars in their hands, and crowns upon their heads,

“They lead the dance in honour of the May.”

Douglas, p. 64.

⁷ Cato, 134.

⁸ The harvest began earlier in Salamis than in the neighbourhood of Athens. Theoph. Hist. Plant. viii. 2. 11. Chandler, vol. ii. p. 230. In Egypt barley was reaped on the sixth month after sowing, and wheat on the seventh. Theoph. Hist. Plant. viii. 2. 7.

come round, those hardy citizens who lived by letting out their strength for hire,¹ ranged themselves in bands in the agora, whither the farmers of the neighbourhood resorted in search of harvesters. They then, in consequence of the hot weather, proceeded half-naked² to the fields, where, taking the sickle in hand, and separating into two divisions, they stationed themselves at either end of the piece of corn to be reaped, and began their work with vigour and emulation, each party striving to reach the centre of the field before their rivals.³ On other occasions they took advantage of the wind,⁴ moving along with it, whereby they were supposed to benefit considerably, avoiding the beard or chaff which it might have blown into their eyes, and having by its action the tall straw bent to their hand.

In Greece, barley required seven or eight months to ripen; wheat still more. This latter grain came to maturity more speedily in Sicily, and returned thirty-fold. § 8. In a district in the island of Rhodes they reaped barley twice in the year. § 9. Harvest was thirty days earlier in Attica than in the Hellespont. 8. 10. There was a kind of wheat in Eubœa which ripened very early; and there was introduced from Sicily into Achaia another kind which was fit for the sickle in two months. Id. viii. 4. 4. Wheat returned in Babylonia, even to negligent husbandmen, fifty-fold, and to such as properly cultivated their lands, a hundred-fold. Id. viii. 7. 4.

¹ Dem. De Cor. § 16.

² Or perhaps wholly so when they happened to be inhabitants of the warm lowlands on the seashore and valleys. At least this is the opinion of Hesiod who counsels the husbandman, *γυμνὸν*

σπείρειν, γυμνὸν δὲ βοιωτῆιν, γυμνὸν δ' ἀμάαν, εἰ χ' ὄρια πάντ' ἐδέλυσθα ἔργα κομίζεσθαι Δημήτερος. Opp. et Dies, 391, sqq. Aristophanes alludes to the same custom. Lysist. 1175.

"*Ἦδη γεωργεῖν γυμνὸς ἀποδοῦς βούλομαι.* And Virgil. "Nudus ara, sere nudus," Georg. i. 299, upon which Servius remarks: "Non dicit nudum esse debere, quasi aliter non oporteat aut possit; sed sub tanta serenitate dicit hæc agenda, ut et amictus possit contemni." Be this, however, as it may, the precept of Hesiod and Virgil is literally observed in Egypt, where the rustics often perform their labour stark naked.

³ Pl. λ. 67, seq.

⁴ *Πότερα οὖν τέμνει, ἔφη, στὰς ἔνθα πνεῖ ἄνεμος, ἢ ἀντίος; οὐκ ἀντίος, ἔφη, ἔγωγε· χαλεπὸν γὰρ, οἶμαι, καὶ τοῖς ὄμμασι καὶ ταῖς χερσὶ γίγνεται, ἀντίον ἀχόρων καὶ ἀέρων θερίζειν.* Xenoph. Œconom. xviii. 1.

In many parts of Greece, though the practice was not general, the women joined in these labours. The reapers, as they advanced, laid the corn behind them in long lines upon the stubble, and were followed by two other classes of harvesters, one of whom bound it into sheaves which the others bore back and piled up into mows. Of the whole of these operations, together with the plenteous feast which interrupted or terminated their toils, Homer has left us a graphic picture in the *Iliad*:¹

There in a field 'mid lofty corn, the lusty reapers stand,
 Plying their task right joyously, with sickle each in hand.
 Some strew in lines, as on they press, the handfuls thick behind,
 While at their heels the heavy sheaves their merry comrades bind.
 These to the mows a troop of boys next bear in haste away,
 Piling upon the golden glebe the triumphs of the day.
 Among them wrapped in silent joy, their sceptered king appears,
 Beholding, in the swelling heaps, the stores of future years.
 A mighty ox beneath an oak the busy heralds slay,
 With grateful sacrifice to close the labours of the day.
 While near, the husbandman's repast the rustic maids prepare,
 Sprinkling with flour the broiling cates whose savour fills the air.

In these remote and unsettled times it behoved the rustic to keep a sharp look-out on the sheaves left behind him on the field, as there were usually prowlers,² lurking amid the neighbouring woods and thickets, ready to pounce upon and carry off whatever they saw unguarded.

The implement used in cutting wheat seems always to have been the sickle, while in the case of barley and other inferior grains, the scythe was commonly employed. In some parts of ancient Gaul, where no value was set upon the straw, corn was reaped by a sort of cart,³ armed in front with scythes, having the edges inclined upwards, which, as it was driven along by an ox, harnessed behind, cut off the ears of corn, which were received into the tum-

¹ σ. 550, seq.

² *Ἡμερόκοιτοὶ ἀνδρες*, an elegant euphonism for "thieves."

Hesiod. *Opp. et Dies*, 605. Cf. the note of Götting on verse 375.

³ *Pallad.* vii. 2.

bril. In this manner the produce of a whole field might be got in easily in a day. Reaping among the ancient inhabitants of Italy¹ was performed in three ways: first they reaped close, as in Umbria, and laid the handfuls carefully on the ground, after which the ears were separated from the straw, and borne in baskets to the threshing-floor. Elsewhere, as in Picenum, they made use of a ripple or serrated hook, having a long handle with which the ears only were cut off, leaving the straw standing to be afterwards collected and raked up into mōws.

In the neighbourhood of Rome they reaped with the common sickle, holding the upper part of the straw in their left hand, and cutting it off in the middle. This tall stubble was afterwards mown and carried off to be used as fodder or bedding for cattle. In Upper Egypt and Nubia, the dhoura stalks are left about two feet in height to support the crop of kidney-beans which succeeds next in order. Among the Athenians² when the corn grew tall the stubble was suffered to remain to be burned for manure; but, when short, the value of the straw led them to reap close.

In separating the grain from the straw the ancients made use of horses, oxen, and mules, which, passing round and round over the threshing-floor, trod out the corn. All the labourer had to do was to guide the movements of the cattle, and take care that no part of the sheaf remained untrodden.³ From

¹ Varro. i. 50.

² Καὶ ἀκροτομοίηε δ' ἄν, ἔφη, ἢ παρὰ γῆν τέμνοις; ἢν μὲν βραχὺς ἢ ὁ κάλαμος τοῦ σίτου, ἔγωγ', ἔφην, κάτῳθεν ἂν τέμνομι, ἵνα ἱκανὰ τὰ ἄχυρα μᾶλλον γίγνηται. Ἐὰν δὲ ὑψηλὸς ἦ, νομίζω ὀρθῶς ἂν ποιῆν μεσοτομῶν, ἵνα μήτε οἱ ἀλωῶντες μοχθῶσι περιττὸν πόνον, μήτε οἱ λακμώντες, ὧν οὐδὲν προσδέονται. Τὸ δὲ ἐν τῇ γῇ λειφθῆν

ἡγοῦμαι καὶ κατακαυθῆν συνωφελεῖν ἂν τὴν γῆν καὶ εἰς κόπρον ἐμβληθῆν τὴν κόπρον συμπληθῆναι. Xenoph. Econom. xviii. 2.

³ Xenoph. Econom. xviii. 4. The same custom still prevails in Southern Europe and in the East. "Corn is trodden out in Granada in circular-formed threshing-floors, in the open fields; the animals employed are mules

a very humane law in the Old Testament we learn, that among some nations it was customary to tie up the mouths of such animals as they employed in this labour, which was forbidden the Israelites: "Thou shalt not," says the Scripture, "muzzle the ox that treadeth out the corn." Nor was it practised among the Greeks in the age of Homer,¹ whom we find describing the oxen bellowing as they made their unwearied round. The threshing-floor, which was of a circular form,² stood on a breezy eminence, in the open field, where, as at present, in modern Greece, and in the Crimea,³ a high pole was set up in the centre, to which the cattle were tied by a cord determining the extent of the circle they had to describe.⁴ The end being nailed, every turn made by the cattle coiled the rope about the pole and diminished their range, until, at length, they were brought quite close to the centre, after which, their heads were turned about, and by moving in an opposite direction the cord was unwound. Great pains were taken in the construction of this threshing-floor, which was somewhat elevated about the centre, in order, as Varro observes, that what rain fell might speedily run off. It was sometimes paved with stone, or pitched with flints, but more commonly coated with stucco, made level by a roller, and well soaked with the lees of oil which at once prevented the growth of weeds

"or oxen." Napier, Excursions, &c., i. 156. Again, in the Troad, "The oxen or horses being harnessed to a sort of sledge, the bottom part of which is armed with sharp flints, are driven over the corn, the person who guides the cattle balancing him or herself with great dexterity whilst rapidly drawn round in revolving circles." Id. ii. 171. Cf. Fowler, Three Years in Persia, i. 173, and Chandler, i. 320. ii. 234.

¹ Iliad, v. 495, seq. Hesiod. Opp. et Dies, 599.

² Suid. v. ἀλωά τ. i. p. 186. c. Philoch. Frag. Siebel. p. 86. Etyim. Mag. 73. 56, seq. Colum. ii. 20. Geop. ii. 26. Senec. Quæst. Nat. i. 2,

³ Earl of Aberdeen in Walp. Mem. i. 150. Pallas, Trav. in South. Russia. vol. iv. p. 148, seq.

⁴ Schneid. ad Xenoph. Œcon. xviii. 8.

and grass, preserved it from cracking, and repelled the approach of mice, ants, and moles, to which oil-seeds are destructive.¹ Though some authorities advise that it should be situated under the master's, or at least the steward's, eye, it was generally thought advisable to keep it at a distance from the house and gardens, since the finer particles of chaff, borne thickly through the air, caused ophthalmia, and often blindness,² and proved exceedingly injurious to all plants and pulpy fruits, more particularly grapes. In some parts of the ancient world, exposed to the chances of summer rains, the threshing-floor was covered; and, even in Italy, an umbracula,³ or shed, was always constructed close at hand, into which the corn could be removed in case of bad weather. But this in the sunnier climate of Greece was judged unnecessary. In obedience to a notion prevalent among Hellenic farmers, the sheaves were piled up with the straw towards the south, by which means they believed the grain was enlarged and loosened from the hose. When the farmer happened to be scant of cattle he made use of a threshing-machine,⁴ which consisted of a kind of heavy sledge, toothed below with sharp stones or iron. Occasionally, too, the flail⁵ was used, especially in the case of such corn as was laid up in the barn and threshed during winter.

In winnowing,⁶ when the breeze served, they simply threw the grain up into the air with a scoop, until the wind had completely cleared away the chaff. In serene days they had recourse to a winnowing machine, which, though turned by the hand, was of great power, as we may judge from its being employed in cleansing vetches, and even beans.⁷ To receive the chaff, which was too valuable to be lost, pits

¹ Varro. de Re Rust. i. 51.

⁵ Colum. ii. 21.

² Geop. ii. 26.

⁶ Plat. Tim. t. vii. p. 65.
Xenoph. Œconom. xviii. 8.

³ Varro. i. 51. Pallad. i. 36.

⁴ Mathem. Vett. p. 85. Theophr. Hist. Plant. iii. 8.

⁷ Il. v. 588.

appear to have been sunk all round the threshing-floor, which, for the passage of the men and cattle, would appear to have been covered, save in the direction of the wind.¹ When the corn was designed for immediate use, one winnowing was deemed sufficient; but that which was intended to be laid up in the granary² underwent the operation a second time.

On the building and preparation of granaries³ the ancients bestowed great pains. Every means which could communicate to grain firmness and durability appears to have been tried by them; and their success was answerable to their diligence, for, in their granaries, wheat was preserved in perfection fifty, and millet a hundred years.⁴ Their methods, however, were various; some laid up their grain in hollow rocks and caves, as in Thrace and Cappadocia; others sank deep pits in the earth⁵ where they found it to be perfectly free from humidity, as in Farther Spain, while others, as in Hither Spain, Apulia, and Greece,⁶ erected their granaries on lofty basements fronting the East, and with openings towards the north and west winds.⁷ There was usually a range of numerous diminutive windows near the roof, to supply

¹ Il. ε. 562.

² See on the vessels in which the produce of the harvest was received, Pollux. x. 129.

³ Cf. Pallad. l. 19. Colum. i. 6. A granary, commonly *σιτοφυλακειον*, was, by Menander, in his Eunuch, denominated *σιτοεθλιον*; among the Siciliotes and Greek colonists of Italy *ρογος*; as in the Busiris of Epicharmos. Poll. ix. 45.

⁴ Varro. i. 57.

⁵ The same practice is still found in several of the Grecian islands. "Ils font dans les champs un trou proportionné à la quantité de bled qu'ils y veulent serrer; il est ordinairement de

"cinq pieds de diamètre, sur deux ou trois de profondeur. On en tapisse l'intérieur d'environ un demi-pied de paille brisée sous les pieds des bœufs; on y serre ensuite le grain, de manière qu'il s'élève par-dessus la terre, à une hauteur à-peu-près égale à la profondeur du trou; on le couvre avec un demi-pied de paille, sur laquelle on met trois ou quatre pouces de terre." Della Rocca, *Traité Complet sur les Abeilles*, t. i. p. 198, seq.

⁶ Geop. ii. 27.

⁷ Cf. Lord Bacon. *Hist. Life and Death*, p. 5.

free vent for the heated air, while the floor, in many cases, contained small apertures for the admission of the cool breezes beneath. The walls were built with suitable solidity, and having, together with the floor, been plastered with rough mortar,¹ made commonly with hair, for which chaff was sometimes substituted, received a coat of fine stucco, on the preparation of which much care was bestowed. It was generally composed of lime, sand, and powdered marble, moistened with the lees of oil, the peculiar flavour and odour of which were supposed effectually to repel the approaches of mice,² weevils, and ants. Instead of this a common stucco, formed of clay, was often used. Occasionally the grain was packed up in baskets or large jars,³ such, it may be presumed, as those still employed for the purpose in Africa, where they are commonly kept in a corner outside the door. Beans and other pulse were preserved in oil-jars rubbed with ashes.⁴

Before the produce of the new year was carried in, the granaries, having been carefully swept, were

¹ But, according to Theophrastus, corn kept best in granaries unplastered with lime. Hist. Plant. viii. 10. 1. In a certain part of Cappadocia called Petra, corn would keep fit for sowing forty years, and for food sixty or seventy, although in that district cloths and other articles decay rapidly. Id. viii. 10. 5.

² Among tame animals designed to protect the farmstead from vermin, the weasel was sometimes used. Hom. Batrachom. 52. Ovid. Met. ix. 323. Luc. Timon. § 21. Perizon. ad Ælian. Var. Hist. xiv. 4. Muncker, ad Anton. Liber. 29. Plin. Hist. Nat. xix. 16. Welcker. ad Simon. Amorg. p. 43.

³ From which they carefully cleansed the spider's webs: ἐκ δ' ἀγγύων ἐλάσας ἀράχνια. Hesiod.

Opp. et Dies, 475. Cf. 600. A similar method still prevails in the islands of the Archipelago when the grain is intended for the market: "Ceux qui veulent porter leurs grains à la ville, les mettent dans des vases de terre cuite, qu'ils remplissent à deux ou trois pouces près; ensuite ils étendent par dessus quelques feuilles de figuier sauvage, appelé *orni*, et en Latin *caprificus*; enfin ils achèvent de remplir les vases avec de la cendre, et les couvrent d'une espèce d'ardoise, mais plus forte et plus épaisse que celle dont on se sert en France pour couvrir les maisons." Della Rocca, Traité Complet sur les Abeilles, t. i. p. 200.

⁴ Varro. i. 57.

smear'd all over with oil-lees. Various other precautions were, likewise, taken to protect the sacred gifts of Demeter from depredation, such as drawing on the floor broad lines of chalk,¹ or strewing handfuls of wild origany round the heaps, or sprinkling them with the ashes of oaken twigs or dry cow's dung, or sprigs of wormwood and southernwood, or, in greater quantity, the leaves of the everlasting. Instead of these, in some cases, they made use of powdered clay² or dry pomegranate leaves, rubbed small, and passed through a sieve, a chœnix of which was sprinkled over a bushel of corn. The favourite plan, however, seems to have been, to spread a layer of half-withered fleabane over the floor, on which were poured about ten bushels of wheat, then a layer of fleabane, and so on, until the granary was full.³

¹ Geop. ii. 29.

² This substance was brought from Olynthos and Cerinthos, in Eubœa. It is said to have improved the appearance of the wheat, though it deteriorated its quality as an article of food. Theoph. viii. 10. 7.

³ The granaries of the island of Syra, with the contrivance by which corn is there preserved at the present day, are thus described by Della Rocca: — “ Les granges, “ appelées en Grec *θεμονεία*, ont “ communément une vingtaine “ de pieds de long, sur huit à dix “ de hauteur et de largeur. On “ les remplit jusqu'à la moitié “ de leur hauteur, de paille bien “ foulée: on pratique un espace “ de trois ou quatre pieds, que “ l'on remplit de grain. A côté “ on en forme un autre, que l'on “ remplit de même, et ainsi de “ suite, selon l'étendue de la “ grange, et la quantité de grain “ que l'on a; cela fait, par des “ ouvertures pratiquées dans la “ couverture, on recouvre de paille

“ tout le bled, jusqu'à ce que la “ grange soit exactement remplie. “ Quand on veut en faire usage, “ on commence par le tas le plus “ voisin de la porte; on enlève “ d'abord la paille avec beau- “ coup de précaution: plus on “ approche, plus cette précaution “ augmente; enfin, pour ôter les “ derniers brins de paille, on se “ sert d'un balai de milleper- “ tuis ou d'autres plantes que “ l'on fait sécher; et si malgré “ tous ces soins, la surface du “ monceau de grain n'est pas bien “ nette, on achève d'en enlever “ toutes les menues pailles en “ la vannant avec un chapeau “ car les paysans de nos îles por- “ tent comme ici, dans les champs, “ des chapeaux ronds de feutre; “ ils en portent aussi de paille, “ que l'on travaille avec beau- “ coup de délicatesse à Sifanto.”
Traité Complet sur les Abeilles. t. i. p. 199, seq. Among the tribes of Northern Africa a more complete system of preserving grain prevails. “ The Arabs, in lieu

Wheat thus layed up was supposed not only to last many years, but also to preserve its weight in bread-making. To render barley durable, they strewed over it laurel leaves, or the ashes of laurel wood, as, likewise, everlasting, calaminth, and gypsum, or placed a tightly-corked bottle of vinegar,¹ in the middle of the heap. To communicate greater plumpness to all kinds of grain, they sprinkled over the piles a mixture composed of nitre,² spume of nitre, and fine earth, which, likewise, acted as a preservative. To render flour more durable, they thrust into it small maple branches, stripped of their leaves, or little cakes of salt and cumin.³

The fruits of the earth having been thus safely lodged within doors, the grateful husbandmen celebrated in honour of their rural gods, Demeter and Dionysos, a festival which may, perhaps, be denominated that of the Harvest Home. In Attica it took place in the great temple at Eleusis, and continued

“ of granaries, preserve all their
 “ grain in pits: forty or fifty of
 “ these are made, each to contain
 “ about a thousand bushels:
 “ the spot selected is a dry,
 “ sandy soil, the hole being formed
 “ in the shape of a large earthen
 “ jug, the sides are plastered
 “ with mortar about a foot in
 “ thickness, and the wheat or
 “ grain filled up to the mouth,
 “ which is left just large enough
 “ for a man to get in at, and
 “ is about three feet below the
 “ surface of the ground; this
 “ is now plastered over also, and
 “ filled with the soil around
 “ to the same level as the surrounding
 “ country. The earth
 “ taken out in forming the pits
 “ is removed to a distance, and
 “ being scattered abroad, in a
 “ month or two the grass grows
 “ over the surface, and no one,
 “ unless those who have buried

“ this treasure, would imagine
 “ that there was anything beneath
 “ their feet. The grain
 “ thus buried preserves for many
 “ years. I have eaten bread at
 “ the Esmaila made from wheat
 “ as old as the Sultan, having
 “ been buried the year of his
 “ birth, and it was as good as
 “ that made of flour from this
 “ year’s crop.” Colonel Scott,
Journal of a Residence in the
Esmaila of Abd-el-Kader. p. 155,
seq. Mandelslo (lib. ii. c. iii.) found
corn-vaults of similar construction
in the Azores; and most travellers
who have visited the island
of Malta will have observed in
the fortifications of Valetta that
series of curious and beautiful
granaries excavated in the form
of a bottle in the solid rock.

¹ Geop. ii. 30, seq.

² Geop. ii. 28.

³ Geop. ii. 30.

during several days. No bloody sacrifices were on this occasion offered up; but, in lieu of them, oblations of cakes and fruit with other rustic offerings, designed at once to express their gratitude for past blessings, and to render the gods propitious to them in future. The first loaf made from the new corn was probably eaten or offered up on this day, since it received the name of Thargelos, or Thalusios, from Thalusia, the denomination of the festival.¹

Before we quit the farm, it may be observed, that the ancients kept a number of slaves, constituting a kind of rural police, whose occupation wholly consisted in guarding the boundaries of estates.² These, among the Romans, were denominated rangers, or foresters. There were others to whom the care of the fruit was entrusted; and both these classes of persons were probably elderly men, remarkable for their diligence and fidelity, who were rewarded, by appointment to this more easy duty, for their honest discharge in youth of such as were more painful and laborious. Boys were sometimes set to keep watch over vineyards,³ as we may see in the first Eidyll of Theocritus, where he gives us a lively sketch of such a guardian plotted against by two foxes.

¹ Vid. Theoc. Eidyll. vii. 3. Etym. Mag. 444. 13. Athen. xiii. 65. iii. 80. Meurs. Græc. Fer. p. 15. p. 142. Dem. adv. Near. § 27, with the authorities collected by Taylor.

² Such of these as had charge of the timber may be denominated wood-reeves, a term which answers very well the Latin Saltuarius. The slave-guards of forests, in Crete, were called Ergatones.

Hesych. ap. Meurs. Cret. p. 190.

³ Casaub. ad Theoph. Char. p. 223, seq. Theocrit. Eidyll. xxv. 27. Cf. Feith. Antiq. Hom. iv. i. 276, sqq. Vineyards in Athens still require guards. Speaking of his approach to Athens from the Peiræus, Chandler observes: — " tree was a kind of couch, sheltered with boughs, belonging to a man employed to watch there during the vintage." ii. 27.

CHAPTER VI.

PASTORAL LIFE.

BUT within the circle of Hellenic country life¹ there was a kind of parenthetical existence, a remnant of the old nomadic habits, once common, perhaps, to the whole race,—I mean the pastoral life, of which we obtain so many glimpses through the leafy glades and grassy avenues of Greek poetry. No doubt, the fancy of imaginative men, thirsting for a degree of simplicity and happiness greater than they find around them in cities or villages, is apt to kindle and shed too glorious a light on approaching the tranquil solitudes, the pine forests, the mountain glens, the hidden lakes, the umbrageous streams that leap and frolic down the wild rocks of a country so rife with beauty as Greece. Nevertheless, adhering strictly to truth and reality, there is, in such regions, much about the pastoral life to delight the mind. In the first place, the occupations of an ancient shepherd left him great leisure, and he was generally, by habit no less than by inclination, led to prize that “*dolce far niente*” which, in all southern climates, constitutes the chief enjoyment of existence.

¹ The charm of that repose and freedom from care supposed to be tasted in the seclusion of the country, appears in all ages to have led to the belief, that there is something more natural in fields and forests than in cities, though it be quite as necessary that man should have dwellings as that he should cultivate the

ground. The paradox, however, is thus expressed by Varro: *Divina natura dedit agros, ars humana ædificavit urbes.* *De Re Rust.* iii. 1, which Cowper, unconsciously perhaps, has thus translated,

God gave the country, but man made the town.

And indeed all the world over, repose, both of mind and body, is sweet. But not entire repose. Accordingly the Grecian shepherd, whose flocks fed tranquilly, whose condition, assured, and pinched by no necessities, left him at liberty to consult his own tastes in his recreations, took refuge from idleness in music and song.¹ At first, and perhaps always, their lays were rude; but nature, their only teacher, infused into them originality and passion, such as we find in the only poet of antiquity, save Homer, in whose verses the fragrance of the woods still breathes. Whether like Paris and Anchises they kept their own flocks or undertook the care for others, they were still on the mountains perfectly free. Their education was peculiar. Abroad much after dark,² in a climate where the summer nights are soft and balmy beyond expression, and where the stars seem lovingly to crowd closer about the earth, they necessarily grew romantic and superstitious.³ Events occurring early in their own lives or handed down to them by tradition, long meditated on, were in the end invested with supernatural attributes. Under similar circumstances their national religion had probably been first formed. They in the same way, in every canton, created a local re-

¹ Travellers find among the modern shepherds of the East much the same tastes and habits. "The hills," observed Dr. Chandler, speaking of Lydia, "were enlivened by flocks of sheep and goats, and resounded with the rude music of the lyre and of the pipe; the former a stringed instrument resembling a guitar, and held much in the same manner, but usually played on with a bow." Chandler, i. p. 85. Cf. Theocrit. Eidyll. i. 7. viii. 9.

² The same habits still prevail: "We could discern fires on Lesbos

as before on several islands and capes, made chiefly by fishermen and shepherds, who live much abroad in the air, to burn the strong stalks of the Turkey wheat and the dry herbage on the mountains." Chandler, i. 11. Cf. p. 320.

³ Among other things we find them putting the strongest faith in dreams—at least we may suppose the fishermen in Theocritus, who lay so much stress on the visions of the night, to hold a creed pretty nearly akin to that of shepherds. Eidyll. 21. v. 29. sqq.

ligion.¹ Their very creed was poetry. Tree, rock, mountain, spring, every thing was instinct with divinity, not mystically, as in certain philosophical systems, but literally; and, as they believed, the immortal race, their invisible companions at all hours, could when they pleased put on visibility, or rather remove from their eyes the film which prevented their habitually beholding them.

It is well known that, in the present day, among the nomadic nations of Asia, the sons of the chiefs still follow their flocks in the wilderness. And this in the heroic ages was likewise the case in Greece,² where youths of the noblest families watched over their fathers' sheep and cattle. Thus Bucolion, son of Laomedon, led to pasture the flocks of his sire, and, in the solitudes of the Phrygian mountains, was met and loved by a nymph.³ Two sons also of Priam pursued the same occupation;⁴ and thus among the Hebrews, David, the son of Jesse, passes his youth in the sheepfold, and his manhood on a throne. In this secluded and solitary life the sights and sounds of nature became familiar to them, the

¹ The gods they principally worshiped were Pan, the Muses, and the Nymphs. To the Nymphs and Pan they sacrificed as to gods presiding over mountains, where they themselves usually wandered. Pan, moreover, was skilled in the pipe, the instrument of their race. The Muses they adored as the goddesses of poetry and music. Schol. Theoc. i. 6. In verse 12 of the same Eidyll. the Nymphs are spoken of where the office of the Muses is in contemplation, which may easily be explained. For the Muses are properly the Nymphs of those fountains which inspire poets with their lays. Cf. Voss. ad Virg. Eclog. iii. 84.

By the Lydians the Muses were denominated Nymphs. Schol. Theoc. Eidyll. vii. 92. Cf. Eidyll. v. 140. Lyc. Cassand. 274. *ibique* Schol. et Potter. Kiessl. ad Theocrit.

² Lycoph. Cassand. 91, seq. in common with Homer and the other ancient poets, represent princes as shepherds. The guarding of flocks was then, in fact, a regal occupation. Didymos, ad Odyss. v. 223, observes, that τὸ παλαιὸν καὶ οἱ τῶν βασιλείων παῖδες πανάπαλοι (i. παναίπολοι) ἐκαλοῦντο, καὶ ἐποίμαινον. Meurs. ad Lycoph. p. 1181. Varr. De Re Rust. ii. 1.

³ Il. ζ. 25. Odyss. ο. 385, seq.

⁴ Il. δ. 106.

voice of sudden torrents rushing from the mountains,¹ the roar of lions springing on their folds, or the sweet moonlight silvering both mountain and valley. It is with the shepherd's life that Homer connects that noble description of the night which Chapman has thus translated :

As when about the silver moon, when air is free from wind,²
And stars shine clear,³ to whose sweet beams high prospects and
the brows
Of all steep hills and pinnacles thrust up themselves for shows,
And even the lonely valleys joy to glitter in their sight,
When the unmeasured firmament bursts to disclose her light,
And all the signs in heaven are seen, that glad the shepherd's
heart.

The glimpses of pastoral life, albeit too few, are still frequent in Homer, who loves, whenever possible, to illustrate his subject by bringing before our minds the image of a shepherd. Thus Hector, lifting a large rock, is compared to a shepherd bearing a ram's fleece.⁴

As when the fleece, though large yet light, the careful shepherd
rears,
With both hands plunged within its folds, so he the rock uptears.

¹ Iliad. δ. 452, seq. ε. 137.
θ, 555.

² The following picture by Milton almost seems to be designed to form a contrast to the above :

As when from mountain-tops the
dusky clouds
Ascending, while the north wind
sleeps, o'erspread
Heaven's cheerful face, the low-
ring element
Scowls o'er the darken'd landscape
snow or shower ;
If chance the radiant sun, with
farewell sweet,
Extend his evening beam, the
fields revive,

The birds their notes renew, and
bleating herds

Attest their joy, that hill and
valley rings.

Parad. Lost, ii. 488, sqq.

Iliad θ. 559, sqq. Here *shepherd*, observes the Scholiast, is used for *herdsman*. Ποιμήν εἶπεν ἀντὶ τοῦ βουκόλου διὰ νεκτὸς γὰρ αἱ βόες νέμονται, in loc. i. 238.

³ On this passage Ἀρίσταρχος τὴν κατὰ φύσιν λαμπρὰν λέγει κἂν μὴ πλήθουσα ἢ εἰ γὰρ πληροσέληνος ἦν, ἐκέκρυπτο ἂν μᾶλλον τὰ ἄστρα. Schol. Bekker. t. i. 238. Cf. Eustath. in Iliad. θ. t. i. p. 621.

⁴ Iliad. μ. 451, seq.

Again, the Trojan forces following their leader, Æneas, suggest to his mind the idea of innumerable flocks bounding after a ram to drink.¹

The people followed, as the flock the shaggy ram succeeds,
Who to the cooling streamlet's bank the woolly nation leads
(While swells the shepherd's heart with joy) from pasture on the meads.

Elsewhere, he describes a troop of hungry wolves attacking the flocks on the mountains:—²

As when the hungry wolves, on folds forsaken by the watch,
Descend, the kids and tender lambs by thievish force to snatch;
Or when the timid browsing crew are scattered far and wide,
And seized, by witless shepherds left upon the mountain side.

But, in another place, they are represented contending with a lion by night for the body of one of their flock.³

Thus the night-watching shepherds strive, but vainly, to repel
The angry lion, whom the stings of want and rage impel,
Upon the carcase fastens he: his heart no fear can quell.

Where the number of the flock required the care of several men a chief shepherd (*ἐπιποιμῶν*) was appointed to overlook the rest.⁴ Among the ancients twenty sheep were thought to require the attention of a man and a boy;⁵ but, in modern times, three

¹ *Iliad*. ν. 491, sqq.

² *Iliad*. π. 354, sqq.

³ *Iliad*. σ. 161, seq.

⁴ *Odys.* μ. 131. The duties of this servant are described by Varro, who likewise states the physical qualities required to be found in shepherds. Contra, pernoctare ad suum quemque gregem esse omnes sub uno magistro pecoris cum esse majorem natu potius quam alios et peritiorem quam reliquos, quod iis qui ætate, et scientia præstant animo æquiore reliquis parent. Ita tamen oportet ætate

præstare ut ne propter senectutem minus sustinere possit labores. Neque enim senes, neque pueri callium difficultatem, ac montium arduitatem, atque asperitatem facile ferunt: quod patiendum illis qui greges sequuntur præsertim armenticios, ac caprinos quibus rupes ac silvæ ad pabulandi cordi. *De Re Rust.* ii. 10. Cf. *Colum.* ii. 1.

⁵ *Geop.* xviii. 1. Yet we find mention in Demosthenes of a shepherd with a flock of fifty sheep under his care. In *Everg.* et *Mnes.* § 15.

men and a boy, with four or five dogs, are sometimes entrusted with a flock of five hundred, of which two-thirds are ewes.¹ The proportion of rams to ewes is at present as four to a hundred.

From very remote ages shepherds had learned to avail themselves of the aid of dogs,² which in farms were usually furnished with wooden collars.³ The breed generally employed in this service, in later ages at least, was the Molossian,⁴ which, though exceedingly powerful and fierce towards strangers, was by its masters found sufficiently gentle and tractable. The shepherd's pipe,⁵ frequently made of the donax, or common river-reed,⁶ likewise used in thatching cottages, formed a no less necessary accompaniment. Another of their instruments of music was the flute crooked at the top, finely polished and rubbed with bees' wax.⁷

As the Arcadians, descendants of the Pelasgians, derived one of their principal delights from music,⁸ it is reasonable to infer that the ancestral nation, preëminently pastoral, was likewise addicted to this science. The feeding of herds and flocks constituted the principal occupation of the Proselenoi,⁹ who were little devoted to agriculture, as may be inferred from their acorn-eating habits; for no nation ever continued to feed on mast after they

¹ Leake, Travels in the Morea, vol. i. p. 17.

² Plat. de Rep. iv. t. vi. p. 204. Columella describes with poetical enthusiasm the character and qualities of the shepherd's dog, which he refuses to class among dumb animals, its bark being, according to him, full of meaning: "Canis falso dicitur
" mutus custos nam quis homi-
" num clarius, aut tanta vocifera-
" tione bestiam vel furem præ-
" dicat quam iste latratu? quis
" famulus amantior domini? quis
" fidelior comes? quis custos incor-

" ruptior? quis excubitor inveni-
" potest vigilantior? quis denique
" ultor aut vindex constantior?
" Quare vel in primis hoc animal
" mercari tuerique debet agricola,
" quod et villam et fructus fami-
" liamque, at pecora custodit."
De Re Rusticâ, 7. 12.

³ Sch. Aristoph. Vesp. 897.

⁴ Aristot. Hist. Animal. ix. 1.

⁵ Luc. Bis Accus. § 11.

⁶ Plat. Rep. iii. § 10. Stalb.

⁷ Theocrit. i. 129. Plat. de Rep. t. vi. p. 132. Mosch. Eidyll. iii. 54.

⁸ Athen. xiv. 22.

⁹ Etym. Mag. 690. 11.

could obtain bread. A report prevailed in the ancient world that the Arcadians were of a poetical temperament, to which Virgil alludes in the well-known verses—

Arcades ambo,
Et cantare pares et respondere parati.

And as improvisatori they may possibly have excelled, though Greece knew nothing of an Arcadian literature. However, chiefly after the example of Virgil, the poets of modern times have always delighted to convert Arcadia into a kind of pastoral Utopia, which is done by Sannazaro, Tasso, Guarini, Sir Philip Sydney, Daniel, and many others. Palmerius à Grentmesnil¹ discovers something like the descendants of the Arcadians among the Irish, whose pastoral taste for music he conceives to be commemorated by the triangular harp in the national insignia.

Their usual clothing consisted of diptheræ, or dressed sheepskins,² just as at the present day among the Nubian shepherds, whom one may see thus clad, roaming through the sandy hollows of the Lybian desert. On the inside of these skins the traitor Hermion wrote the letters which betrayed the designs of his countrymen to the enemy in Læconia.³ Others wore goatskin cloaks, which they likewise used as a coverlet at night.⁴ Euripides introduces his chorus of satyrs complaining of this miserable costume.⁵

¹ " Sic et hodie audio Hibernos, qui pecuariam exercent, musicæ deditos, et triangulari cithara (quam vocamus *harpe*) plerumque se oblectare solere, unde aiunt insignia regni Hiberniæ fuisse olim et esse adhuc tale musicum instrumentum." Desc. Græc. Ant. p. 61.

² Schol. Aristoph. Nub. 73.

Cf. Vesp. 442. Küst.—Eq. 398. Bekk. Luc. Tim. § 8. We find mention also made of a cloak of wolfskin. Philostrat. Vit. Sophist. ii. 6.

³ Suidas. v. *διφθέρα*. t. i. p. 757. e.

⁴ Harless. ad Theocrit. v. 2.

⁵ Cyclop. 79, seq.

“ Much loved Bacchos where dost thou
 Lonely dwell afar,
 Shaking thy gold locks at eve
 Like a blazing star ?
 While I thy minister am fain
 To serve this one-eyed Cyclop swain,
 A slave borne down by fortune's stroke
 In a wretched goatskin cloak.”

And thus simple was ever their appearance in the East. But, as I have hinted above, their very great leisure,¹ the accidents of their occupation, and the grand and regular march of natural phenomena in those countries, often ripened their intellects beyond what the condition of a modern heath-trotter renders credible. Thus, in the mountains of Chaldæa, astronomy and all its parasitical sciences took birth among the shepherd race. From temperament and circumstances, the inhabitants of thinly-peopled tracts, if unvexed by wars, are profoundly meditative. What they behold in serene indistraction gradually rouses their thoughts, and presenting itself again and again, attended always, as the phenomena of the heavens are, by the same accidents, compels them to study.²

¹ Lord Bacon considers the pastoral state preferable in some respects to the agricultural:—
 “ The two simplest and most
 “ primitive trades of life; that
 “ of the shepherd (who by reason
 “ of his leisure, rests in a place,
 “ and living in view of heaven,
 “ is a lively image of a contem-
 “ plative life) and that of the
 “ husbandman; where we see the
 “ favour of God went to the
 “ shepherd and not to the tiller
 “ of the ground.”—*Advancement
 of Learning*, p. 64. Shepherds
 made libations of milk to the
 Muses. *Theocrit.* i. 143, seq.

² Even yet we find the shepherds of Greece retain some smack of classical learning:

“ After dinner I walked out
 “ with a shepherd's boy to her-
 “ barise; my pastoral botanist
 “ surprised me not a little with
 “ his nomenclature; I traced the
 “ names of Dioscorides, and Theo-
 “ phrastus, corrupted, indeed, in
 “ some degree by pronunciation,
 “ and by the long *series annorum*,
 “ which had elapsed since the
 “ time of these philosophers, but
 “ many of them were unmutila-
 “ ted, and their virtues faithfully
 “ handed down in the oral tradi-
 “ tions of the country. My shep-
 “ herd boy returned to his fold
 “ not less satisfied with some
 “ paras that I had given him,
 “ than I was in finding in such
 “ a rustic a repository of ancient
 “ science.”—*Sibth.* in *Walp.* i.

But solitude is less surely the nurse of science than of superstition. The leaven, which in populous cities scarcely swells visibly in the breast, ferments unrestrainedly in the depths of woods, in the high-piled recesses of mountains, in the gloom of caverns, where nature invests itself with attributes which address themselves powerfully to the heart, and appears almost to hold communion with its offspring. Hence the wild mythologies of Nomadic races, which are not loose-hanging creeds, to be put off and on like a cloak, but a belief inwrought into their souls, a part of themselves, and perhaps the best part, since it is from this that springs the whole dignity and poetry of their lives. In all

66, seq. There is in Sir John Fortescue, *De Laudibus Legum Angliæ*, translated by Robert Mulcaster, in the reign of Queen Elizabeth, a passage describing the pastoral habits of our ancestors, and the intellectual superiority they engendered, which appears to me so excellent, that I cannot resist the temptation to introduce it here:—"England is so fertile and fruitfull, that comparing quantity to quantity it surmounteth all other landes in fruitfulnessse. Yea, it bringeth forth fruite of itselſe, scant provoked by mann's industrie and labour. For there the landes, the fieldes, the groves, and the woodes, doe so abundantly springe, that the same untilled doe commonly yield to their owners more profite then tilled, though else they bee most fruitfull of corne and graine. There also are fieldes of pasture inclosed with hedges and ditches, with trees planted and growing upon the same, which are a defence to their herdes of sheepe and cattell,

"against stormes and heate of the sunne; and the pastures are commonly watered, so that cattell shutte and closed therein have no neede of keeping neither by day, nor by night. For there bee no wolves, nor beares, nor lyons, wherefore their sheepe lye by night in the fields, unkept within their foldes wherewith their land is manured. By the meanes whereof, the men of that countrie are scant troubled with any painefull labour, wherefore they live more spiritually, as did the ancient fathers, which did rather choose to keepe and feede cattell, than to disturbe the quietnesse of the minde with care of husbandrie. And heereof it cometh, that menne of this countrie are more apte and fitte to discern in doubtfull causes of great examination and triall, than are menne whollye given to moyling in the ground; in whom that rurall exercise engendereth rudenesse of witte and minde." chap. 29.

countries fables rise in the fields, to flow into and be lost in the cities. Observe the wild picture which Plato, in his Academic Dream, presents to us of a group of Lydian shepherds. It has all the poetical-elements of an Arabian tale.

Tradition, he says, represented Gyges the ancestor of Cræsus as a hired shepherd, who with many others guarded the imperial flocks in the remoter districts of the country. At this time happened a great earthquake, attended by floods of rain, which, in the parts where they were, opened up a vast chasm in the earth. Gyges arriving alone at the mouth of the gap stood amazed at its depth and magnitude, but observing a practicable descent went down, and roamed through its subterraneous passages. Many marvellous things, according to the mythos, did he there see, and among the rest a hollow brazen horse, with doors in its side, through which looking in, he beheld a colossal naked corpse, with a jewelled ring on its hand. Transferring this to his own finger Gyges departed.

Shortly afterwards, still wearing the signet, he went to the assembly of shepherds, which met monthly, for the purpose of selecting a person to bear the usual report of the flocks to the king. Sitting down among the rest he happened to turn the beavil of his ring towards himself, upon which he became invisible to his companions,¹ as he clearly discovered from their discourse, which proceeded as if about an absent man. Smitten with much wonder he returned the gem to its former position and again became visible. He made the experiment over and over and always with success; upon which, like another Macbeth, a vast scheme of ambition darkly shadowed itself upon his mind, and a crown

¹ The reader will in this place perhaps remember the dream of Rousseau, on the enjoyment which the possession of such a ring would have afforded him;

when after pushing his speculations as far as they could go he determines that he was much better without it.—*Rêveries du Promeneur Solitaire*, iii. 137.

tinged slightly with blood swam before him. It does not, however, appear that like the Thane of Cawdor he was perplexed with scruples. He does not say,—

“Why do I yield to that suggestion,
Whose horrid image doth unfix my hair,
And make my seated heart knock at my ribs,
Against the use of nature? Present facts
Are less than horrible imaginings.
My thought whose murder's yet but phantasy,
Shakes so my single state of man, that function
Is smothered in surmise, and nothing is,
But what is not.”

Gyges, with the ruthless resolution of an Oriental, forms his plan at once, and coolly works it out. He procures himself to be elected one of the mission to the king, and on arriving at the capital, dishonours the queen, murders his master, and ascends the throne.¹

This may be regarded as a specimen of the shepherds' tales.² But they moved for the most part in an atmosphere of superstition, had ceremonies of their own, a mythology of their own, and of the whole the pervading spirit was love. In communities highly civilised, this passion commonly degenerates into a plaything, despised when weak, and mischievous when strong. It is otherwise in the early stages of society. There, in proportion to their freedom from the aspirations and anxieties of ambition, men seek happiness in the cultivation of the affections. The society of women is to them all in all. And the evils that infest them, disturb

¹ Plat. Rep. ii. § 3. Cf. x. § 12. Stallb. Among the gods similar powers were attributed to the helmet of Hades. Thus, in Homer, Athena is concealed from Mars by the effect of this enchanted piece of armour.—*Iliad*. ε. 845. Apollod. ii. 4. 2.

² To the same class belongs that tradition of a brazen tablet thrown up by a fountain in Lycia foretelling the overthrow of the Persian monarchy by the Greeks.—*Plut. Alexand.* § 17.

their quiet, and engender crime, spring, too, from the same bitter-sweet fountain, which flows with honey or gall according to the temper of those who drink of it. Consequently, in contemplating the pastoral life of Greece, we must beware not to overlook the shepherdesses,¹ those heroines of Bucolic poetry, whose freshness and nature still survive in Theocritus, and other fragments of antiquity, and may operate as an antidote to that insipid spawn whose loves and lamentations affect us like ipecacuanha in modern pastorals.

In these latitudes of society, at least, women enjoyed their freedom, and the glimpses presented to us of them as they there existed may be regarded among the chief charms of Greek poetry. Only, for example, observe the picture which Chæremon the Flower Poet, has delineated of a bevy of beautiful virgins sporting by moonlight :

“ There one reclined apart I saw, within the moon’s pale light,
 With bosom through her parted robe appearing snowy white;
 Another danced, and floating free her garments in the breeze
 She seemed as buoyant as the wave that leaps o’er summer seas.
 While dusky shadows all around shrunk backward from the place,
 Chased by the beaming splendour shed like sunshine from her face :
 Beside this living picture stood a maiden passing fair
 With soft round arms exposed ; a fourth with free and graceful air,
 Like Dian when the bounding hart she tracks through morning dew,
 Bared through the opening of her robes her lovely limbs to view.
 And oh ! the image of her charms, as clouds in heaven above,
 Mirrored by streams, left on my soul the stamp of hopeless love.
 And slumbering near them others lay, on beds of sweetest flowers,
 The dusky petaled violet, the rose of Paphian bowers.
 The inula and saffron flower, which on their garments cast,
 And veils, such hues as deck the sky when day is ebbing fast ;
 While far and near tall marjoram bedecked the fairy ground,
 Loading with sweets the vagrant winds that frolicked all around.”²

In the ordinary bucolic poets women to be sure are sketched with a rude pencil, though coquettish

¹ Cf. Varr. De Re Rust. ii. 10.

² Athen. xiii. 87.

as queens, of which we have an exemplification in the picture on the shepherd's cup :¹

And there, by ivy shaded, sits a maid divinely wrought,
 With veil and circlet on her brows, by two fond lovers sought.
 Both beautiful with flowing hair, both suing to be heard,
 On this side one, the other there, but neither is preferred.
 For now on this, on that anon, she pours her witching smile,
 Like sunshine on the buds of hope, in falsehood all and guile,
 Though ceaselessly, with swelling eyes, they seek her heart to
 move,
 By every soft and touching art that wins a maiden's love.²

There is here no straining after the ideal. Like Titian's beauties, these shepherdesses are all creatures of this earth, filled with robust health, dark-eyed, warm, impassioned, and somewhat deficient in reserve. They understand well how to act their part in a dialogue. For every bolt shot at them they can return another as keen. Each bower and bosky bourne seems redolent of their smiles; their laughter awakens the echoes; their ruddy lips and pearly teeth hang like a vision over every bubbling spring and love-hiding thicket which they were wont to frequent. Hence the charm of Theocritus. And a still stronger charm perhaps would have belonged to the pages of him who should have painted the shepherd's life of a remoter age,³ when none were above such an occupation, which therefore united at once all the dignity of lofty independence with the careless freedom of manners and unapprehensive enjoyment in which consists the secret source of all the pleasure which rustic pictures afford. Most of his creations, though not all, are in this respect want-

¹ This was the *κισσόβειον*, a goblet or cup turned of ivy wood. It was usually rubbed with wax and polished, for the purpose of bringing out the beautiful carving which adorned it. Cf. Etym. Mag. 515. 33.

² Theocrit. i. 32, sqq.

³ Though even here we detect the presence of hirelings; for Homer observes, that, among the Læstrigons, such shepherds as could do with little sleep received double wages. Odyss. κ. 84, seq.

ing. Ideas of penury¹ slip in, and, in the midst of rich poetry, check the developement of pleasurable feelings. For the musical swains, though apparently ambitious of nought but the reputation of song, permit us to discover, that they are but hirelings tending flocks not their own. The contrast between persons of this class and those who are owners of the sheep they tend, is forcibly pointed out in the sacred language of Christ: "I am the good shepherd: the good shepherd giveth his life for the sheep. But he that is an hireling and not the shepherd and whose own the sheep are not, seeth the wolf coming, and leaveth the sheep and fleeth, and the wolf catcheth them and scattereth the sheep. The hireling fleeth because he is a hireling, and careth not for the sheep. I am the good shepherd and know my sheep and am known of mine. As the Father knoweth me even so know I the Father; and I lay down my life for the sheep."² The same affectionate tenderness is attributed to shepherds in the prophetic writings: "he shall feed his flocks like a shepherd, he shall gather the lambs with his arm, and carry them in his bosom, and shall gently lead those that are with young."³

In the matter of virtues and vices, the shepherds of antiquity were very much, no doubt, like other men. Their habits were such as grew naturally out of their position. Towards whatever their feelings led them they proceeded vehemently, and with that singleness of purpose which belongs to men of simple and decided character.⁴ They were too commonly

¹ In fact black slaves, from Africa, were sometimes employed as shepherds, at least in Sicily. Theoc. i. 24.

² John, x. 11, sqq.

³ Isaiah, xl. 11.

⁴ It has been observed by Gibbon, who had diligently studied the pastoral nations of Asia in their general habits and charac-

teristics, that ambition and the spirit of conquest are powerfully excited by the shepherd's manner of life. "The thrones of Asia have been repeatedly overturned by the shepherds of the north, and their arms have spread terror and devastation over the most fertile and warlike countries of Europe. On this occa-

creatures of mere impulse. From the peculiar form of their communion with nature, which, like the masses of Egyptian architecture, was continued and monotonous, they acquired a peculiarity of mental temperament, warm, as it were, in parts, and cold in parts. Every circumstance around them tended to rouse, pique, and inflame the passion of desire and its concomitants; the pairing of their flocks, of the birds, of the very wild beasts whose courage or ferocity they dreaded; their own leisure combined with the excess of health, the influence of climate, the solicitations of opportunity, impelled them into excess; and, accordingly, their morals in this respect sank to a low standard, and rendered them any thing but models of the golden age. The intellect of course was comparatively little cultivated; and there being no other check upon the feelings, suicides, murders of jealousy, and other evidences of ill-regulated passion would often occur.¹

But, in proportion as we pierce further back into antiquity, these tragical incidents become fewer: not merely because our knowledge of those ages is more scanty, but that in ruder times morality is comparatively lax, and men's taste less fastidious. The rigid laws of marriage were then little observed. Women passed from husband to husband without losing character or caste; and when they produced illegitimate offspring attributed the paternity to some

“ sion, as well as on many others,
 “ the sober historian is forcibly
 “ awakened from a pleasing vision
 “ and is compelled with some re-
 “ luctance to confess, that the
 “ pastoral manners which have
 “ been adorned with the fairest
 “ attributes of peace and inno-
 “ cence are much better adapted
 “ to the fierce and cruel habits of
 “ a military life.” Decline and
 Fall of the Roman Empire, iv. 348.
 Hippocrates in his brief but vigo-

rous manner has presented us
 with a picture of the Scythian
 shepherd's life in ancient times,
 (De Aër. et Loc. § 92, sqq.) and
 from modern travellers we find
 that it differed very little from
 that which they lead at the pre-
 sent day. See the travels of Ru-
 briquis in Hakluyt, i. 101, sqq.
 See also the notes of Coray on
 Hippocrates, t. ii. 280, seq.

¹ Theocritus describes Daphnis
 dying for love. Eidyll. i. 135.

god, and scarcely considered the circumstance a misfortune. Half the princes of the Homeric age were illegitimate; for this is what is always meant by saying they were descended from the gods. Æneas was the son of some young woman whom Anchises met on the mountains, where he pastured his father's flocks and pretended to have been loved by Aphrodite.¹ Persons so circumstanced were, doubtless, capable of much romance. Nymphs and goddesses peopled their imagination, and their imagination let loose its brood upon the woods. Poets afterwards, able to infuse a soul into these rustic traditions, gave a local habitation and a name to every beautiful legend they could collect. Hence that sunny picture, the interview of Aphrodite and Anchises amid the lofty recesses, the grassy slopes, the sparkling leaping brooks, and old umbrageous forests of Mount Ida. Already, however, the force of dress was known, which Montaigne afterwards celebrated; for the Homeric bard, about to record an interview between the goddess and her shepherd-lover, instead of supposing her to have been

“ When unadorned, adorned the most,”

describes all the arts of a luxurious toilette.

The picture, however, of pastoral life which he suggests rather than describes, is worked out with strokes of great simplicity. All the other herdsmen disperse in the execution of their several duties, leaving Anchises alone in the cattle-sheds,² spacious in dimensions, and tastefully erected, where he amuses his solitary leisure with the music of the cithara. While thus engaged he beholds the approach of the goddess,³ and is at once struck with

¹ Hom. Hymn. ad Ven. 54, sqq.

² Compare Trollope, Notes on St. John, x. i.

³ Aleuas, the Thessalian, is said to have been favoured with

the visits of a very different mistress as he pastured his herds on Mount Ossa, near the Hæmonian spring; for a dragon of enormous size, becoming enamoured of his beauty and golden

her beauty and the splendour of her raiment. At the unearthly vision his love is kindled; but the poet, skilled in the mysteries of the heart, chastens his passion by overmastering feelings of reverence, such as necessarily belong to unsophisticated youth. Anchises constitutes, indeed, the *beau idéal* of an heroic shepherd, simple, high-minded, ingenuous, venturous and fearless in contests with man or beast, but in his intercourse with woman gentle, reverent,

“ And of his port as meek as is a maid.”

In fact, the gallant knights of romance seem rather to have been modelled after the heroic warriors of Greece, than from any realities supplied by the chivalrous ages. The author of the Hymn is careful in describing the shepherd's couch, to insinuate with how great strength and courage he was endowed. He reclines, we are told, on skins of bears and lions slain by his own hand, though over these there were cast, for show, garments of the softest texture.¹

Throughout this work it has been seen how the influence of climate and position concurred in the formation of the Greek character. We may ourselves put the doctrine to the proof by observing the effect upon our minds of those reflections of landscapes which appear in language; rude Boreal scenes exciting the spirit of contention and energy; while the soft valleys, groves, and odoriferous gardens of the South produce a calm upon our thoughts favourable to the more benevolent emotions. Hellenic shepherds, therefore, no other causes preventing, may upon the whole be supposed to have been humane.

hair, frequently approached the shepherd with presents of game of her own catching. Having laid her gifts at his feet, she would kiss his locks and lick his face with her tongue, which, as

the fountain was so near it, may be hoped was a work of supererogation. *Ælian. De Nat. Animal. viii. 11.*

¹ Hymn. ad Vener. 158, sqq.

Indeed, the very curious adventures of a sophist,¹ in the mountains of Eubœa, preserved among the literary wrecks of antiquity, open up to our view a picture of pastoral life which, in spite of much rudeness and indigence, exhibits the Greek character in its original roughness and simplicity, full of kindness, full of gentleness, full of hospitable propensities, which would do honour to the noblest Arab Sheikh. And the material scene itself, in every feature Grecian, harmonises exactly with the moral landscape.

The eastern shores of the island of Negropont, beetled over by Mount Caphareus,² and indented by no creeks or harbours, were in antiquity infamous for shipwrecks, notwithstanding that they formed the principal station of the purple fishers.³ Cast away on this coast, the sophist Dion, for his eloquence surnamed of the golden-mouth, fell in with a pastoral hunter who, entertaining him generously, furnished at the same time a complete idea of the rude herdsman, who preserved in the vicinity of the highest civilisation known to the old world the simplicity of the Homeric Abantes.⁴ Nay, this wild sportsman, pursuing with his huge dogs a stag along

¹ Dion Chrysostom. Orat. vii. t. i. p. 219, sqq. Phot. 166. a. 24.

² On this mountain and the mythological legends attached to it, see Virg. Æn. xi. 260, with the note of Servius. Ovid. Metamorph. xiv. 472. Cf. Propert. v. 115, sqq. Jacobs. Plin. iv. 21. An ancient scholiast, quoted by Morell, thus relates the revenge of Nauplios: *Ναύπλιος τοῦ νιέος δὴ τοῦ Παλαμήδους τοῦ φόνου ἀμυνόμενος τοὺς Ἑλληνας τοῦ ἀνέμου αὐτοῖς ἐνστάνας· ἐπεὶ τοῦτον διὰ Θαλάττης ἐγέλων. αὐτὸς οὕτως τὸν Καφηρέα καταλαβὼν εἶτα νυκτὸς πυρσεύων ἀπὸ τῶν ἐκείσε πετρῶδων πάγων, ἠπάτα*

προσχεῖν, ὡς δὴ τινι εὐπροσόδῳ ἀκτῇ τοῖς ἀποτόμοις κρημνοῖς εἰς βάθος ἐρρίζωμένοις καὶ χοιράσι διελημμένοις. καὶ οὕτως ἀπρόοπτως ἀπωλόντο. Schediasm. &c., in Dion. t. ii. p. 580, seq. Cf. Strab. viii. 6. t. ii. p. 195. Apollodor. ii. i. 5. Orph. Argonaut. 204, sqq.

³ On the purple fisheries of Eubœa, cf. Feder. Morell. Schediasm. &c., in Dion. ii. 576. Reiske. and Aristot. Hist. Animal. v. 15.

⁴ A life equally simple is led by the Albanian shepherds of the present day. "They live on the

the cliffs, powerful in limb, hale in colour, and with long hair streaming over his shoulders, appeared to be the natural descendant of those Heroic warriors.¹ Armed with his hunting-knife, he flays and cuts up the stag upon the spot, and taking along with him the skin and choicest pieces of venison abandons the remainder on the beach. As they go along he displays the knowledge wherewith experience stores the rustic mind. He understands the signs of the weather, and from the clouds which cap the summits of Caphareus foretells how long the sea will continue unnavigable.²

Rude as an American backwoodsman, he was precipitated, by the rare luck of meeting with a stranger, into equal inquisitiveness and garrulity. He put questions without waiting for an answer. He gossiped of his own concerns; explained without being asked the whole economy of his life; and exhibited all that enthusiasm of beneficence which belongs to human nature when uncorrupted by the thirst of gold. There is a rare truth in the description; far too much ever to have graced a sophist's tale, unless nature had supplied the model.

"There are two of us," says he, "who inhabit together the same rude nook, having married sisters, by whom we have both sons and daughters. We derive our subsistence principally from the chase, paying but little attention to agriculture, since we have no land of our own. Nor were our fathers better off in this respect than ourselves; for, though freeborn citizens, they were poor, and by their con-

" mountains, in the vale or the
 " plain, as the varying seasons
 " require, under arbours, or
 " sheds, covered with boughs,
 " tending their flocks abroad, or
 " milking the ewes and she-goats
 " at the fold, and making cheese
 " and butter to supply the city."
 Chandler, ii. p. 135.

¹ Iliad. β. 541. δ. 464. The

long hair of these ancient warriors is thus mentioned by the Homeric Scholiast: τὰ ὀπίσω μέρη τῆς κεφαλῆς κομῶντες ἀνδρείας χάριν. ἴδιον δὲ τοῦτο τῆς τῶν Εὐβοέων κορυῆς, τὸ ὀπισθεν τὰς τρίχας εὐθείας ἔχειν. i. i. p. 83. Bekker.

² Cf. Theophr. De Sign. Pluv. i. 22.

dition constrained to tend the herds of another, a man of great property, owning vast droves of cattle, numerous horses and sheep, several beautiful estates, with many other possessions, and all these mountains as far as you can see. This opulence, however, became his ruin. For the emperor, casting a covetous eye upon his domains, put him to death, that he might have a pretext for seizing on them. Our few beasts went along with our master's, and the wages due to us there was no one to pay.

“ Here, therefore, of necessity we remained¹ where two or three huts were left us, with a slight wooden shed in which the calves had been housed in the summer nights.² For, during winter, we had been used to descend for pasture to the plains where, in the proper season, stores of hay were also laid up; but with the re-appearance of summer we returned again to the mountains. The spot which had formed our principal station now became our fixed dwelling. Branching off on either hand is a deep and shady valley, having in the middle a rivulet so shallow as to be easily traversed, both by cattle and their young. This stream, flowing from a spring hard by, is pure and perennial and cooled by the summer wind blowing perpetually up the ravine. The encircling forests of oak stretch forth their boughs far above, over a

¹ Had Bernardin de St. Pierre read this when he wrote his *Indian Cottage*?

² An equal degree of contentment to that which in this recital we find exhibited by the Eubœan herdsmen, is still in our own times displayed by the rough peasants of the Lipari islands, in the midst of far greater privations:—
“ It is incredible at the same time
“ how contented these islanders
“ are amid all their poverty. Ulysses perhaps cherished not a
“ greater love for his Ithaca than

“ they bear to their Eolian rocks
“ which, wretched as they may
“ appear, they would not exchange for the Fortunate islands.
“ Frequently have I entered their
“ huts which seem like the nests
“ of birds hung to the cliffs. They
“ are framed of pieces of lava ill-
“ joined together, equally destitute of ornament within and
“ without, and scarcely admitting
“ a feeble uncertain light, like
“ some gloomy cavern.” Spallanzani, *Travels in the Two Sicilies*, iv. 147.

carpet of soft verdure, which descends with a gentle slope into the stream, giving birth to a few gad-flies,¹ or any other insect hurtful to herds. Extending around are numerous lovely meadows, dotted with lofty trees, where the grass is green and luxuriant throughout the year."

The eloquence of this description, I mean in the original, is not unworthy to be compared with that in the *Phædrus*² which has given eternal bloom to the platane-tree and agnus castus on the banks of the *Ilissos*.

The conversion of these herdsmen into hunters is narrated by *Dion* with a patient simplicity worthy of *Defoe*. An air of solitude, snatched from *Robinson Crusoe's* island, seems to breathe at his bidding over *Eubœa*. The same education operates strange changes both in man and dog; and bringing them into hostile contact with wolves, wild boars, stags, and other large animals, gives the latter a taste for blood, and renders him fierce and destructive. Subsisting by the chase, they pursued it summer and winter, following both hares and fallow-deer by their tracks in the snow. In their intervals of leisure

¹ The absence of these tormentors of cattle was considered a matter of great importance by the ancients. *Virgil*, where he is giving directions respecting the best pastures suited to the youthful mothers of the herds, celebrates the exploits of the gadfly:

Saltibus in vacuis pascant, et plena secundum

Flumina: muscus ubi, et viridissima gramine ripa,

Speluncæque tegant, et saxea probet umbra.

Est lucos Silari circa, ilicibusque virentem

Plurimus Alburnum volitans, cui nomen asilo

Romanum est, œstrum Graii veteres vocantes:

Asper, acerba sonans: quo tota exterrita sylvis

Diffugiunt armenta; furit mugitibus æther

Concussus, sylvæque et sicci ripa Tanagri.

Georg. iii. 143, sqq.

See the note of *Philargyrius* in *loc. Aristot. Hist. Animal, iv. 4. v. 19.*

² *Plat. Opp. t. i. p. 9.* To protect from pollution spots shaded by noble trees they were accustomed to consecrate them to some god, and to erect beneath the overhanging branches statues and altars. *Id. ib.* In *Crete* the fountains are often shaded still by majestic plane-trees. *Pashley, ii. 31.*

they strengthened and beautified their dwellings, saw their children intermarry and grow up to succeed them, without even once approaching any city or even village.

The style of hospitality prevalent among such men in antiquity differs very little from that which one would now find in the hut of a good-natured Albanian.¹ Their industry rendered them independent, and their independence rendered them generous. By degrees their rustic cottages were surrounded by a garden and fruit-trees, their court was walled in, and luxuriant vines hung their foliage and purple fruit over windows and porch. On the arrival of a stranger, the wife takes her station at table beside her husband. Their marriageable daughter, in the bloom and beauty of youth, aids her brothers in waiting at table, where host and guest recline on

¹ Or even in the shed of a Turkish shepherd in Asia Minor. Dr. Chandler has a passage illustrative of the hospitality of pastoral tribes, which is at once so picturesque and concise that I am tempted to transcribe it: "About
" two in the morning our whole
" attention was fixed by the
" barking of dogs, which, as we
" advanced, became exceedingly
" furious. Deceived by the light
" of the moon we now fancied we
" could see a village, and were
" much mortified to find only a
" station of poor goatherds with-
" out even a shed, and nothing
" for our horses to eat. They
" were lying wrapped in their
" thick capotes or loose-coats by
" some glimmering embers, among
" the bushes in a dale under a
" spreading tree by the fold.
" They received us hospitably,
" heaping on fresh fuel and pro-
" ducing calmac or sour curds
" and coarse bread which they

" toasted for us on the coals.
" We made a scanty meal, sitting
" on the ground lighted by the
" fire and by the moon, after
" which sleep suddenly overpow-
" ered me. On waking I found
" my companions by my side,
" sharing in the comfortable cover
" of the Janizary's cloak which
" he had carefully spread over us.
" I was now much struck with
" the wild appearance of the spot.
" The tree was hung with rustic
" utensils, the she-goats in a pen
" sneezed and bleated and rustled
" to and fro; the shrubs, by which
" our horses stood, were leafless,
" and the earth bare; a black
" cauldron with milk was sim-
" mering over the fire, and a
" figure more than gaunt or sa-
" vage close by us was struggling
" on the ground with a kid whose
" ears he had slit, and was en-
" deavouring to cauterise with a
" piece of red-hot iron." Chan-
" dler, vol. i. 180, seq.

highly raised divans of leaves covered with the skins of beasts. The young maiden, like a rustic Hebe, pours out the wine, dark and fragrant, while the youths served up the dishes and then laid out a table for themselves and dined together. And the sophist, versed in the courts of satraps and kings, conceived these rude hunters of the mountains the happiest and most enviable of mankind.

But a pastoral picture is incomplete without love. The youthful beauty of Caphareus, hidden, like another Nouronihar¹ from the world, is accordingly beloved by her cousin, an adventurous hunter like her sire, who joins the family circle in the evening, accompanied by his father, bringing in his hand a hare as a present to his mistress. The old man salutes the guest, the youth offers his present with a kiss, and immediately undertakes the office of the girl, who thereupon resumes her place beside her mother.

Observing this arrangement, the stranger inquires whether she is not soon to be married to some wealthy peasant, who might benefit the family, upon which the youth and maiden blush, and her father replies,

“Nay, but she will take a husband, humble in rank, and like ourselves a hunter,” glancing at the same time at the lover.

“How is it then that you wait?” inquired the stranger. “Do you expect him from the village?”

“No,” answered the father, “he is not far off; and so soon as we can fix upon a fortunate day the nuptials will be celebrated.”

“And by what do you judge of a fortunate day?”

“The moon must be approaching the full, the weather fair, and the atmosphere transparent.”

“And is the youth in reality an able hunter?”

“I am,” said the young man, answering for himself, “in the chase of the stag or boar, as you yourself, if you please, shall judge to-morrow”

¹ History of the Caliph Vathek. p. 102.

“And did you take this hare, my friend?”

“I did,” replied he with a smile, “having set a gin for him by night;¹ the weather being surpassing beautiful, and the moon larger than it ever was before.”

Upon this both the old men laughed, and the lover abashed held his peace.

“But,” observed the father of the maiden, “it is no fault of mine that the solemnity is deferred; we only wait at your father’s desire, till a victim can be purchased; for a sacrifice must be offered to the gods.”

“With respect to the victim,” interposed the maiden’s younger brother, “he has long provided one, and a noble one too, which is now feeding behind the cottage.”

“And is it truly so?” demanded the old man.

“It is,” replied the lad.

“And where,” addressing the youth, “did you procure it?” inquired they.

“When we took the wild sow,² which was followed by her litter,” answered he, “and the greater number, swifter than hares, made their escape; I hit one with a stone, and my companions coming up threw a skin over him. This I secured, and exchanged in the village for a young domestic pig which has been fatted in a sty behind the house.”

“I now understand,” exclaimed the father, “the cause of your mother’s mirth when I would wonder what that grunting could be, and how the barley was disappearing so fast.”

“Nevertheless,” observed the young man, “to be properly fatted our Eubœan swine require acorns.³

¹ Cf. Philost. Icon. ii. 26, p. 851.

² The wild hog is still one of the most common animals in the forests of Greece and Asia Minor. Chandler, i. 77. Even wild bulls

occasionally make their appearance in the latter country. 176.

³ To this best and most economical food for hogs, Homer makes allusion where he introduces the goddess Circe attending

“However, if you will just step this way I will show her to you.”

Upon which off they went, the boys quite at a run, and in vast glee.

In the meantime, the maiden going into the other cottage, brought forth a quantity of split service-berries,¹ medlars,² and winter apples, and bunches of superb grapes, bursting ripe,³ and, brushing down the table, she spread them out there upon a layer of clean fern. Next moment the lads returned bringing in the pig; with much joking and shouts of laughter. Then came, too, the young man’s mother, with two of his little brothers, and they brought along with them nice white loaves, with boiled eggs in wooden salvers, with a quantity of parched peas. Having embraced her brother, with his wife and daughter, she sat down beside her husband, and said,

“Behold the victim, which my son has long fed for his marriage, and the other things also are ready; both the barley-meal and the flour. A little wine, perhaps, may be wanting, but even this we can easily procure from the village.”

And her son standing near her, fixed his eyes wistfully upon his father-in-law.

The latter smilingly observed,—

“All delay now is on the lover’s part, who, perhaps, is anxious to fatten his pig.”

to her sty, which she had filled with the transformed companions of Odysseus :

τοῖσι δὲ Κίρκη
Πάρρ’ ἄκνλον, βάλανον τ’ ἔβαλεν,
καρπὸν τε κρανείης
“Ἐδμεναι, οἷα σύες χαμαιαιανάδες
αἰὲν ἔδουσιν.

Od. κ. 241, sqq. Cf. ν. 409.

Ælian de Nat. Animal. v. 45, celebrates these Homeric dainties as the food of the hog to which

he elsewhere adds the fruit of the ash. viii. 9.

¹ Cf. Theoph. Hist. Plant. ii. 2. 10. ii. 7. 7—iii. 6. 5—vi. 3. 11.

“Οα, ἀκροδρόνων εἶδος μήλοισι μικροῖς ἐμφερές.

Tim. Lec. Platon. in voce with the note of Ruhnken.

² On the three kinds of medlars, Theoph. Hist. Plant. iii. 12. 5.

³ Philost. Icon. i. 31, p. 809. ii. 26, p. 851.

“As to her,” said the youth, “she is bursting with fat.”

Upon this the sophist, willing to aid the lover, interposed, and remarked, —

“But you must take care lest while the pig is fattening he himself grow thin.”

“The stranger’s remark is just,” said his mother; “for already he is more meagre than he used to be; and I have of late observed him to be wakeful at night, and to go forth from the cottage.”

“Oh! that,” said he, “was when the dogs barked, and I stepped out to see what was the matter.”

“Not you!” said his mother, — “but went moping about. Let us, therefore,” continued she, “put him to no further trial.”

And throwing her arms about her sister, the maiden’s mother, she kissed her; whereupon the latter, addressing her husband, said, —

“Let us grant them their desire.”

To which he agreed; and it was resolved, that the marriage should be solemnized in three days, the stranger being invited to remain and witness it, which he did.

The above picture of an obscure herdsman’s life in its naked simplicity, void of all embellishment, will probably be thought more trustworthy than the elaborate descriptions of the poets, notwithstanding that, even in these, it is easy to separate the real from the fictitious.

In the estimation of the Greeks the herdsman¹ commonly ranked before the shepherd, and the latter before the goatherd, — for the dream of rank pursues mankind even amid the quiet of the fields, — and their manners are supposed to have corresponded.

¹ Robust persons, with loud voices, were ordinarily chosen for herdsman, while goatherds were selected for their lightness and agility. Geop. ii. 1. Shepherds

obtained among the Greeks the name of ποιμένες; while the keepers of other flocks and herds were termed αιπόλοι. Schol. Theoc. i. 6.

Pollux,¹ however, reckons the goatherd next after the herdsman, and again inverts the order. Varro, on the other hand, gives precedence to the shepherd as the most ancient, the sheep, in his opinion, having been the animal earliest tamed.

In point of utility the goat, in some parts of the ancient world, rivalled the sheep, producing fine hair which was shorn like wool.² I may remark, too, in passing, that the large-tailed sheep still common in Asia Minor, as well as at the Cape, were anciently plentiful in Syria, where, according to the great naturalist,³ their tails attained a cubit in breadth. In some parts of Arabia another more curious breed was found, with tails three cubits in length, to carry which they were supplied by the ingenuity of the shepherds with wooden carriages.⁴

In most parts of Greece, as well as in the East, it was customary to bring home the sheep from pasture towards evening, and shut them up for the night in warm and roomy cotes, which were surrounded by

¹ Onomast. i. 249.

² Arist. Hist. Anim. viii. 27. 3. Things manufactured from the hair of this animal were called κιλίκια. Etym. Mag. 513. 41.

³ Arist. Hist. Anim. viii. 27. 3. Speaking of the neighbourhood of Smyrna,—The “sheep,” observed Dr. Chandler, “have broad tails, hanging down like an apron, some weighing eight, ten, or more pounds. These are eaten as a dainty, and the fat, before they are full-grown, accounted as delicious as marrow.” Travels, i. 77. Of the broad-tailed sheep mentioned by the ancients the most remarkable were those of India, where, according to Ctesios, of veracious memory, both they and the goats were larger than asses:—τὰ πρόβατα τῶν Ἰνδῶν καὶ αἱ αἰγες μέ-

ζους ὄνων εἰσί, καὶ τίκτουσιν ἀνὰ τεσσάρων καὶ ἕξ ὡς ἐπὶ τὸ πολὺ, ἔχουσι δὲ οὐράς μεγάλας διὰ τῶν τοκάδων ἀποτεμένουσιν ἵνα δύνωνται ὀχεύεσθαι. Phot. Biblioth. Cod. 72. p. 46. b. Bekker. Ælian. de Nat. Animal. iv. 32, relates, without any symptoms of incredulity, precisely the same fact; and then adds a circumstance which may keep in countenance the Abyssinian story of Bruce respecting the carving of a rump-steak from a live cow,—for the Indians, observes Ælian, were in the habit of cutting open the tails of the rams, extracting all the fat, and then sowing them up again so dexterously that in a short time no trace of the incision remained visible.

⁴ Herod. iii. 113. Ælian. Hist. Anim. x. 4.

wattled fences,¹ strong and high, both to prevent them from leaping over, and to exclude the wild beasts which, in remoter ages, abounded in the mountains. They were carefully roofed over, and every other precaution was taken to render them perfectly dry, the floor being usually pitched with stones, and slightly inclined. Their bedding² consisted of calaminth and asphodel and pennyroyal and polion (a sort of herb whose leaves appear white in the morning, of a purple colour at noon, and blue when the sun sets³) and fleabane and southernwood and origany,⁴ all which repel vermin. The more completely to effect the same purpose, they were, likewise, in the habit of fumigating the cotes from time to time, by burning in them several locks of some shepherdess's hair,⁵ together with gum ammoniac, hartshorn, the hoofs or hair of goats, bitumen, cassia, fleabane, or calaminth, for the smell of which serpents were thought to have a peculiar aversion.⁶ Their ordinary food, while in the folds, consisted of green clover and cytissus, fenugreek, oaten and barley straw, and vegetable stalks,⁷ which were supposed to be improved if sprinkled on the threshing-floor with brine, figs blown down by the wind, and dry leaves.

¹ Bound together, probably, by wild succory or eneoron, as in modern times by the withe-wind. Theoph. Hist. Plant. vii. 11. 3. vi. 2. 2.

² Geop. xviii. 2.

³ Plin. xxi. 7.

⁴ Dioscor. iii. 32.

⁵ Geop. xviii. 2.

⁶ Aristoph. Eccles. 644. Geop. xviii. 2.4.

⁷ Geop. xviii. 2. Apropos of Cytissus, it is observed by Æschylides, in Ælian. de Nat. Animal. xvi. 32, that the rustics of Cios, on account of the aridity of the island, possessed few flocks. Those they had, however, were fed entirely on the leaves of the

cytissus, the fig-tree, and the olive, mingled occasionally with the straw and halm of vegetables. The lambs reared on this island were of singular beauty, and sold at a higher price than those of most other parts. In Lydia and Macedonia sheep were sometimes fattened upon fish, which must have given the mutton of those countries a somewhat unsavoury odour. Ælian. De Nat. Animal. xv. 5. Another favourite food of sheep was the leaves of the white nymphaea, the tender shoots of which were eaten by swine, while men themselves fed upon the fruit. Theoph. Hist. Plant. iv. 10. 7. Children, too, it is

In the short and sharp days of winter,¹ they were not led forth to pasture till both the dew and the hoar frost had disappeared; but in summer the shepherds were careful to be a-field with the dawn while the dew was still heavy on the grass. In Attica² and the environs of Miletus, where was produced the finest and costliest wool in the ancient world, the sheep³ were protected from rain and dust and brambles and whatever else could damage their fleeces⁴ by housings of purple leather.⁵ The same practice prevailed also in the Megaris, where Diogenes beholding a flock of sheep⁶ thus clad, while the children, like those of the Egyptian peasants were suffered to run about naked,

said, regarded as a delicacy the stalks of the phleas, the typha, and the butomos. The roots of this fruit were given as food to cattle. Id. *ibid.*

¹ Geop. xviii. 2.

² Cf. Athen., v. 60. Hom. II. ̑. 305, sqq.

³ Those of the neighbouring country of Bœotia are now, however, more highly valued: "Flocks of sheep whose fleeces were of a remarkable blackness were feeding on the plain; the breed was considerably superior in beauty and size to that of Attica." Sibth. in Walp. i. 65. To dream of sheep of this colour was regarded by the ancients as unlucky. Artemid. Oneirocrit. ii. 12. p. 96. The finest black sheep in the ancient world were found in a district of Phrygia in the neighbourhood of the cities of Colossè and Laodicea, the wool of which not only exceeded that of Miletos in softness, but was of a glossy jet colour like that of the raven's wing. *Φέρει δ' ὁ περὶ τὴν Λαοδικεῖαν τόπος προβάτων ἀρετὰς, οὐκ εἰς μαλακότητας μό-*

νον τῶν ἐρίων, ἧ̄ καὶ τῶν Μιλησίων διαφέρει, ἀλλὰ καὶ εἰς τὴν κοραξὴν χροάν ὥστε καὶ προσοδεύονται λαμπρῶς ἀπ' αὐτῶν ὥσπερ καὶ οἱ Κολοσσηνοὶ ἀπὸ τοῦ ὁμώνυμου χρώματος πλησίον οἰκοῦντες. Strab. xii. 8. t. iii. p. 74. Plin. Nat. Hist. viii. 73. Cf. Chandler, Travels in Greece and Asia Minor. i. 262. The country round Abydos also was celebrated for its black flocks among which not a single white sheep was to be discovered. Ælian de Nat. Animal. 3. 32.

⁴ Varro. de Re Rust. ii. 2.

⁵ Horace speaks of the "pel-lites oves Galesi." Od. ii. 6. 10.

⁶ Diog. Laert. vi. 41. The practice is noticed also by Pliny who says, — "Ovium summa ge-
" nera duo, tectum et colonicum;
" illiud mollius, hoc in pascuo
" delicatius, quippe quum tectum
" rubis vescatur. Operimenta ei
" ex Arabicis præcipua." Nat. Hist. viii. 72. Columella also mentions these coverings: — "Molle
" vero pecus, etiam velamen
" quo protegitur, amittit atque
" id non parvo sumptu reparatur.
" vii. 3, seq.

said, "It is better to be a Megarean's ram than his son." Ælian¹ alludes to this saying for the purpose of noticing the ignorance and want of education prevalent among the Megareans. We find likewise in Plutarch² another version of the anecdote taxing these Dorians with avarice and meanness. Augustus imitated the saying of Diogenes and applied it to Herod, hearing of whose cruelty to his family, he said, "It were better to be Herod's hog than his son."³ But if the Megareans lived poorly they built grandly: so that of them it was said, that they ate as if they were to die tomorrow, and built as if they were to live for ever.⁴

Sheep, as most persons familiar with the country will probably have observed, are wont in hot summer days to retire during the prevalence of the sun's greatest heat beneath the shade of spreading trees,⁵ at which time a green sweep of uplands dotted with antique oaks or beeches,⁶ each with its stem encircled by some portion of the flock reposing upon their own fleeces, presents a picture of singular beauty and tranquillity. The picturesque features of the scene were in old times enhanced by the addition of several accompaniments now nowhere to be found, consisting of statues, altars, or chapels, erected in honour of the rural gods or nymphs.⁷ Fountains, moreover, of limpid water⁸ in many places gushed forth from beneath the trees, where there were usu-

¹ Var. Hist. xii. 56.

² De Cupiditate. § 7.

³ Macrob. Sat. ii. 4.

⁴ Tertull. in Apolog. ap. Menag. ad Laert. vi. 41. t. ii. p. 141. b. c.

⁵ Geop. xviii. 2.

⁶ Nor in Asia Minor is the shade of trees always deemed sufficient. "We came," says Dr. Chandler, "to a shed formed with boughs round a tree, to shelter the flocks and herds from the sun at noon." Travels, i. 25.

⁷ Schol. Theoc. i. 21. Cf. Plat. Phædr. t. i. p. 9.

⁸ I cannot resist the temptation to introduce in this place the picture in miniature of a Greek landscape from the picturesque and beautiful journal of Dr. Sibthorpe: "We dined under a rock, from whose side descended a purling spring among violets, primroses, and the starry hyacinth, mixed with black Silyrium and different coloured orchids. The flowering ash hung from the sides of the mountain,

ally a number of seats for the accommodation of the shepherds and shepherdesses. In these retreats they generally passed the sultry hours of the day, playing on the pastoral flute or the syrinx, chanting their wild lays, or amusing each other by the relation of those strange legends which inhabited the woods and lonely mountains of Greece.¹ There prevailed among them a superstition against disturbing by their music or otherwise that hushed stillness which most persons must have observed to characterise the summer noon. At this hour of the day the God Pan,² in the opinion of Greek shepherds, took his rest after the toils of the chase; reclining under a tree in the solitary forest;³ and, as he was held to be of a hasty choleric disposition, they abstained at that time from piping through fear of provoking his anger. The other Gods likewise were believed to enjoy a short sleep at this time, as we find in the case of the nymph Aura, in the Dionysiacs.⁴

From a passage in St. John's gospel it would appear, that the practice prevailed among the Oriental shepherds of distinguishing the several mem-

under the shade of which bloomed saxifrages, and the snowy Isopyrum, with the Campanula Pyramidalis; this latter plant is now called *χαρισσώνη*; it yields abundance of a sweet milky fluid, and was said to promote a secretion of milk, a quality first attributed to it under the doctrine of signatures. Our guide made nose-gays of the fragrant leaves of the *Praxinella*; the common nettle was not forgotten as a pot-herb, but the *Imperatoria* seemed to be the favourite salad. Among the shrubs I noticed our gooseberry-tree, and the *Cellis Australis* grew wild among the rocks." Walp. Men. i. 63.

¹ See Hesiod. Opp. et Dies, 582, sqq.

² To dream of this god was considered auspicious by shepherds. Artemid. Oneirocrit. ii. 42. p. 133.

³ Schol. Theoc. i. 15. Cal. Hymn. in. Lav. Poll. 72. *ibique* interp. Nem. Eclog. iii. 3. Cf. Hom. Il. 7. 13. Od. i. 9. The shepherd in the Anthology (Jacob. t. ii. no. 227. p. 694) is not so religious as Theocritus' goatherd, for he boldly pipes in the morn and at noon *χὼ ποιμὴν ἐν ἄρεσσι μεσαμβρινὸν ἀγγέζει παγὰς σὺπλάδων*. Kiessling, ad Theoc. i. 15.

⁴ Nonn. xlviii. 258, sqq. Cf. Philost. Icon. ii. 11. et J. B. Carpzov. Disp. Phil. De Quietate Dei, p. 16, sqq.

bers of their flocks by separate names: "The sheep hear his voice, and he calleth his own sheep by name and leadeth them out. And when he putteth forth his own sheep he goeth before them, and the sheep follow him, for they know his voice."

We likewise find traces of the same custom in Sicily, Crete, and various other parts of Greece, where goats, and heifers, and sheep, enjoyed the privilege of a name, as Cynœtha, Amalthea, and others. In later times it was judged preferable, that the flock should follow their shepherds by the eye, for which reason they were accustomed to stuff their ears with wool.¹ To prevent rams from butting, they used to bore a hole through their horns near the roots. Sheep were generally shorn during the month of May, and after the wool had been clipped, they were commonly anointed with wine, oil, and the juice of bitter lupins.² In remoter ages the practice prevailed of plucking off the wool instead of shearing it; and this barbarous method, at once so painful to the sheep and so laborious to the shepherd, had not been entirely abandoned in the age of Pliny.³ It was a rule among the pastoral tribes, that the number of their flocks should be uneven.⁴ The shepherds of Greece bestowed the name of Sekitai,⁵ (from *σικτος* an enclosure) upon lambs taken early from the ewes, and

¹ Geop. xviii. 4.

² *Ferocia ejus cohibetur cornu juxta aurem terebrato.* Plin. Nat. Hist. viii. 72. Cf. Geopon. viii. 5. To the same purpose writes also Columella:—*Epicarmus Syracusanus qui pecudum medicinas diligentissime conscripsit affirmat pugnacem arietem mitigari terebra secundum auriculas foratis cornibus qua curvantur in flexu.* Columell. vii. 3.

³ It is observed by the ancients that long lank wool indicated

strength in the sheep, curly wool the contrary. Geop. xviii. 1, seq.

⁴ Geop. xviii. 8.

⁵ *Duerat quibusdam in locis vellendi mos.* Plin. Nat. Hist. vii. 73. *Vellæ unde essent plures accepi caussas inquires quod ibi pastores palatim ex ovibus antea tonsuram inventam vellere lanam sint soliti, ex quo vellera dicuntur.* Varr. de Ling. Lat. iv. Cf. *De Re Rust.* ii. 11. Isidor. xix. 27.

⁶ Geop. xviii. 2.

⁷ Schol. Theoc. i. 9.

led by hand. They were usually kept in a cote apart from the other sheep.

As flocks, in most parts of Greece, were exposed to the rapacity of the wolf,¹ the shepherds had recourse to an extraordinary contrivance, to destroy this fierce animal; kindling large charcoal fires in open spaces in the woods, they cast thereon the powder of certain diminutive fish, caught in great numbers along the grassy shores of Greece, together with small slices of lamb and kid. Attracted by the savour which they could snuff from a distance, the wolves flocked in great numbers towards the fires, round which they prowled with loud howlings, in expectation of sharing the prey, the odour of which had drawn them thither. Stupified at length by the fumes of the charcoal, they would drop upon the earth in a lethargic sleep, when the shepherds coming up knocked them on the head.²

¹ From the relations of travellers it would appear that the method observed by the ancient Greeks in ridding themselves of the wolf is no longer known to their descendants, though the apprehension of their destructiveness and ferocity be as great as ever. Solon, it is well known set a price in his laws on the head of a wolf, which appears to have varied in different ages; (cf. Plut. Solon. § 23. Schol. Aristoph. Av. 369;) but could never have amounted to the sum of two talents. Whatever the ancient price may have been, however, it was paid by the magistrates; but "the peasant now produces

"the skins in the bazaar or market, and is recompensed by voluntary contributions." Chandler, ii. p. 145. Close by a khan on mount Paros, which is covered with pine trees, Sir George Wheeler saw a very curious fountain, to which the wolves, bears, and wild boars commonly descend to drink. Id. p. 197.

² Geop. xviii. 14. Nevertheless, when a wolf bit a sheep without killing it, the flesh was supposed to be rendered more tender and delicate, an effect which Plutarch attributes to the hot and fiery breath of the beast. Sympos. ii. 9.

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