



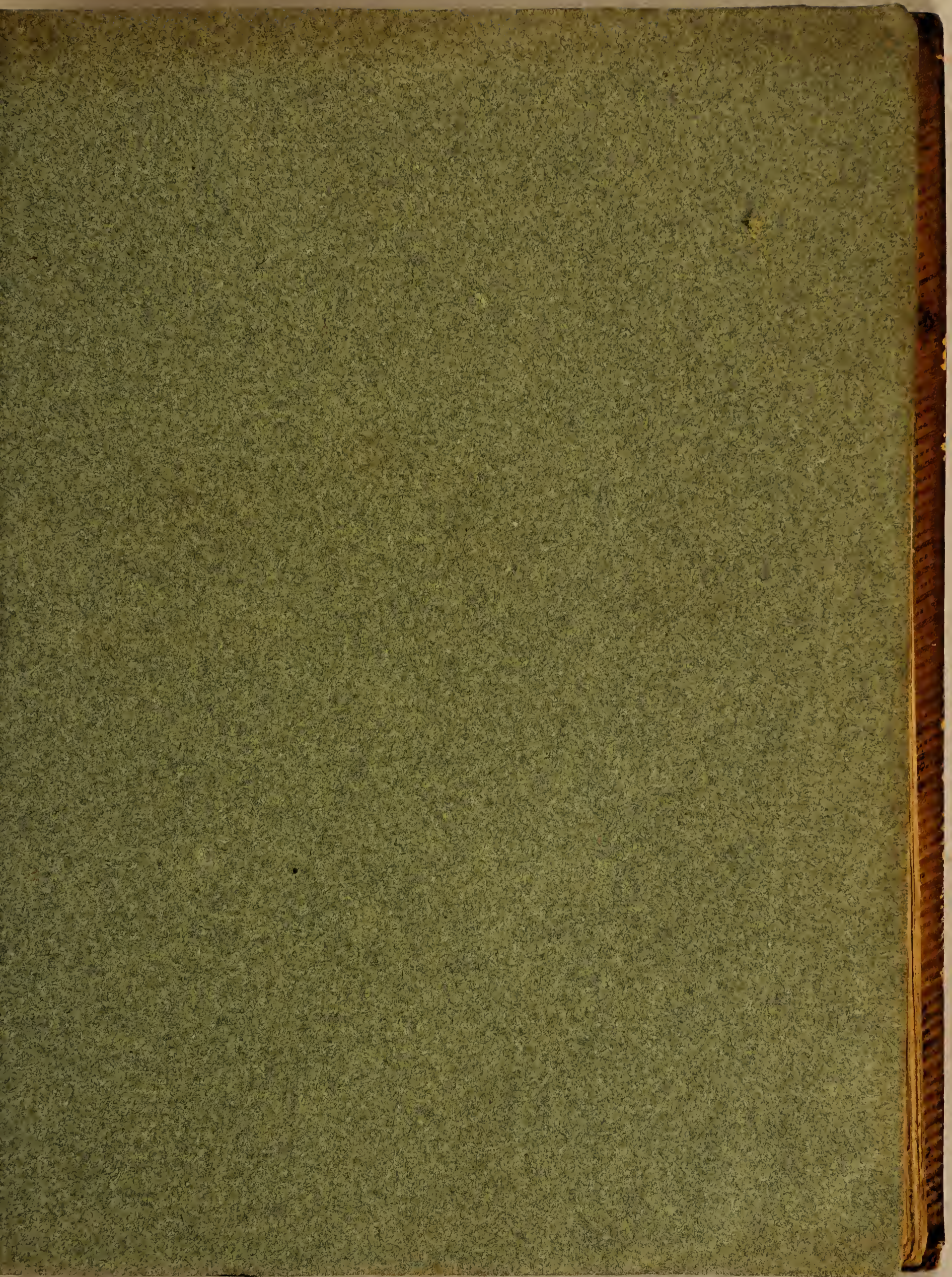


1886



John Carter Brown  
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Brown University







Very rare.

HENRY WHITE.  
CLOSER, LICHTFIELD,  
MAY, XXV  
MDCCCXV.

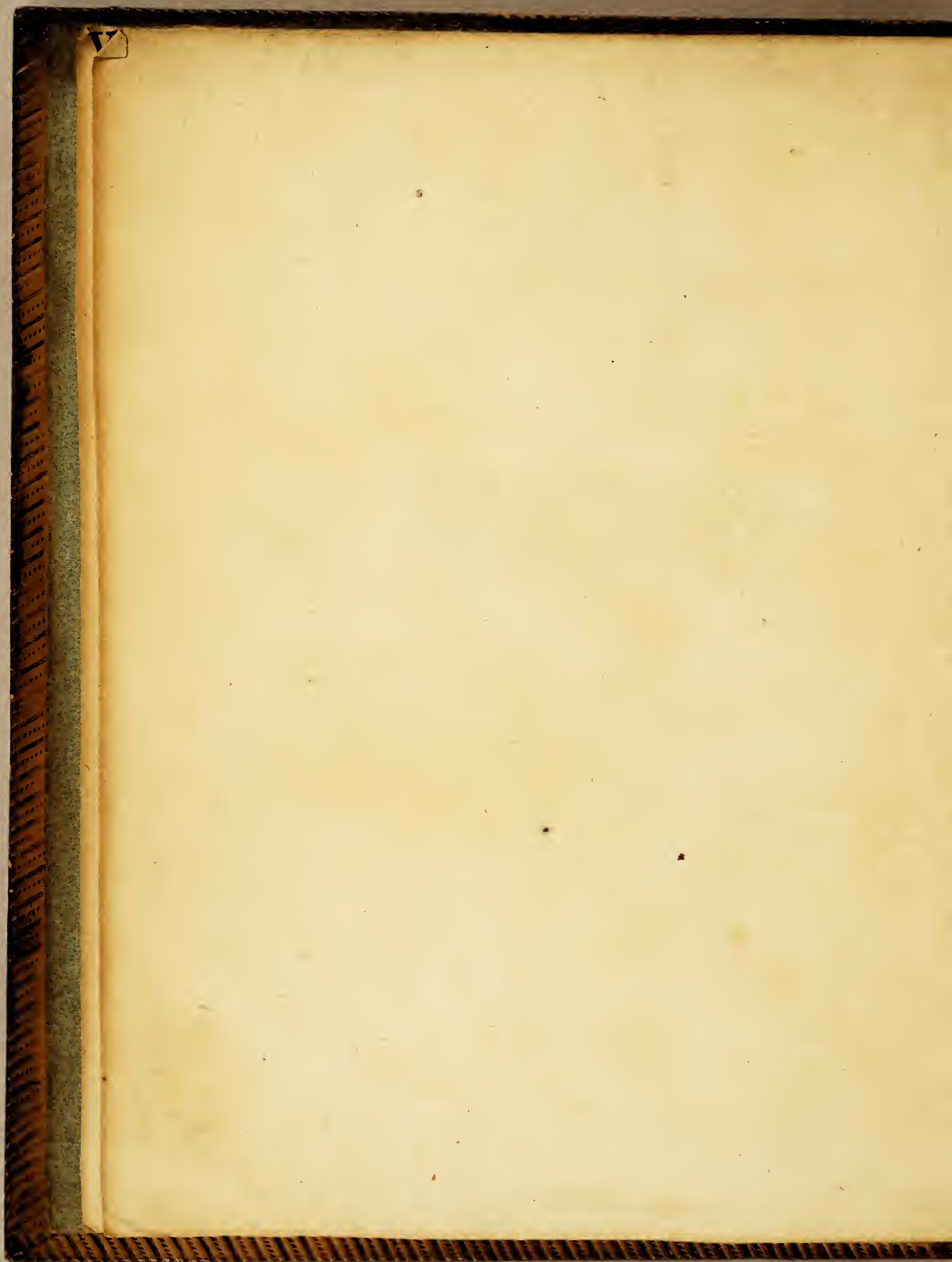


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A thousand

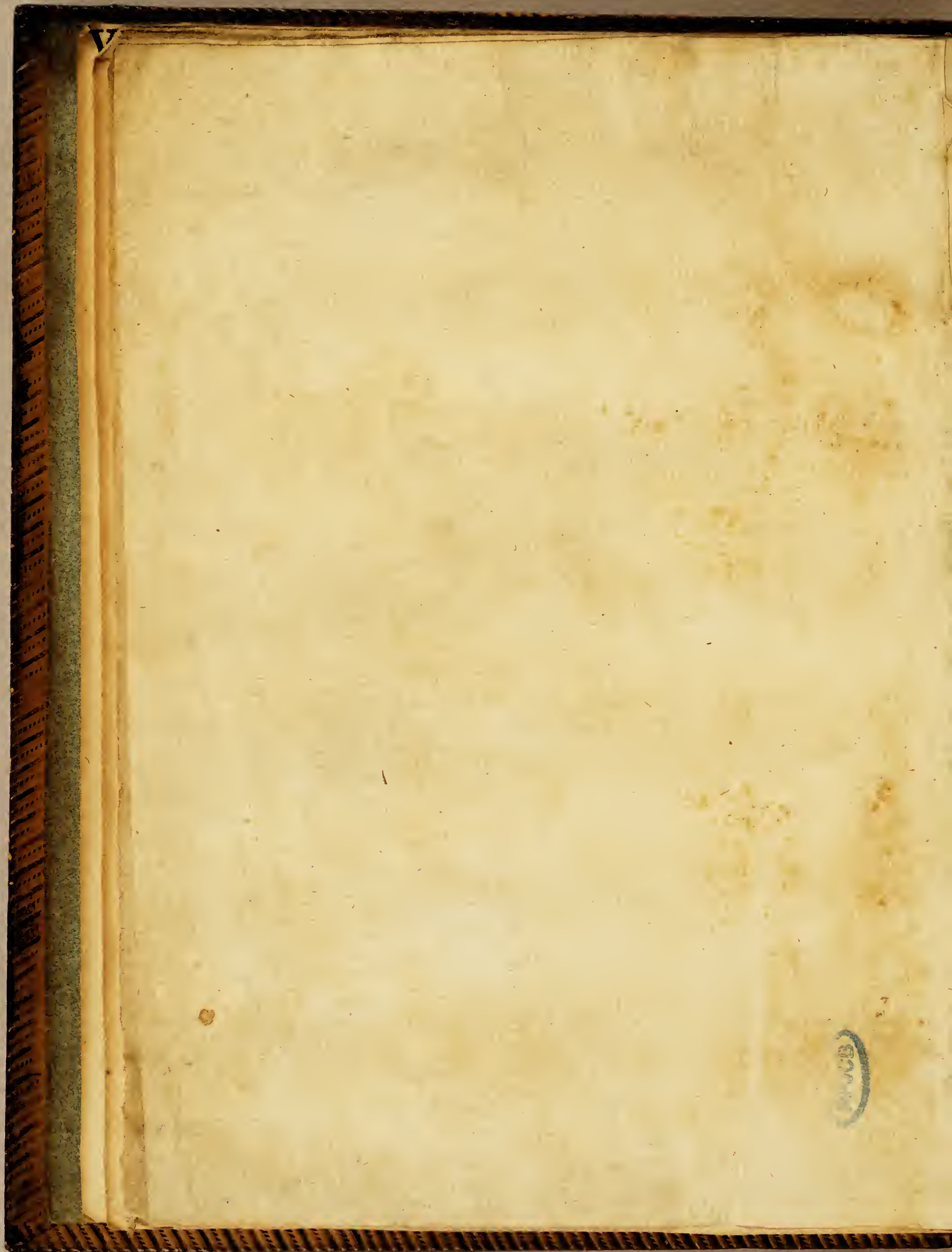
# Notable things of fundrie sortes:

Whereof some are wonderfull,  
some strange, some pleasant, diuers  
necessary, a great sort profitable,  
and many very precious.

*This Booke bewraies that some had rather hide,  
which whoso buyes, their money is not lost:  
For many a thing therein if truely trade,  
will gaine much more then twenty such will cost.  
And diuers else great secrets will detect,  
and other more of strange and rare effect.  
It is not made to please some one degree,  
no, no, nor yet to bring a gaine to few:  
For each thereby, how rich or poore they be,  
may reape much good, and mischiese great eschew.  
The paines and trauell hitherto is mine,  
the gaine and pleasure henceforth will be thine.*

LONDON,  
Printed by E. ALL-DE for N. FOSBROOKE,  
by the Assignes of Io: WRIGHT and  
R. BIRD. 1627.









## The Preface of the Author to the Reader.



If some thinke no shame to displeasure many, for the pleasuring of a few (gentle Reader) then I need not to blush nor feare to profit many by hurting of none: which I hope I haue done by the publishing of this my Booke abroad, not pend without paine, nor drawne without diligence, nor ended with ease: Wherein are such and so many notable, rare, pleasant, profitable and precious things, (meaning one with another) as neuer were yet set forth in any volume in our vulgar English tongue, nay diuers of them were neuer hetherto printed, nor written that euer I knew: but onely that I writ them at such time as I heard them credibly reported. Thinking them such rare things as was worthy to be registred. Marie I must confesse, I haue selected and picked a great sort out of Latin writers: the Authors and writers, whereof I haue named most commonly at the end of the same. And some notable and precious things I gathered out of some old English written Bookes, & some also not long since  
A 2 printed,



## To the Reader.

printed vnworthy to be hid, and great pittie but they should be knowne: which purposely I haue placed herein, whereby I thinke verily, many will read them, heare them, and haue profit by them, that otherwise should neuer haue knowne them. For many (I suppose) will buy this booke for things whereunto they are affectioned, that neuer could or would haue bought or looked on the Bookes, wherein all they are. So that by this meanes, they are like to winne against their wils.

Perhaps you will maruell, that I haue not placed them in better order, and that things of like matter are not joyned together. Truely there are so many of so diuers and sundry sorts, and contrary effects, that it could not be altogether obserued. And in my iudgement, through the strangeness and variety of matter, it will be more desirously and delightfully read; knowing we are made of such a mould, that delicate daintinesse delights vs much: but we lothe to be fed too long with one foode: And that long wandring in strange, pleasant, and contrary places, will lesse weary vs, then short trauell in often troden ground.

This worke might haue beene framed with finer Phrases (more delectable to some, though not so meete for many) but that it is better to profit a great sort, then to feed the fancies of a few, well assured, that the learned eloquent can better perceiue plaine speeches, then the slenderly learned and common sort can vnderstand eloquent Discourses.

Therefore as I haue written it to all indifferently, so wish I to manifest the meaning thereof accordingly:  
ly:



## To the Reader.

ly: especially of such as are to be conceiued : Not ignorant that there are diuers and sundry Astrologi- call Aphorismes, and some other practices besides in this Booke, that many both wise, learned and elo- quent, cannot attaine to the vnderstanding thereof, (much lesse the common sort :) the meaning where- of I commit to the learned therein. But because the Planeti- call power and effect in their houres, (where- of I haue noted some meru- ellous matters in this worke) should not be hid or vnknowne, I hope shortly there will be set forth such a rule or Plat- forme, that they may be thought simple-witted, or slenderly lear- ned, that thereby cannot finde out and know quick- ly, both what houre or time any Planet doth raigne or beare rule, and at what instant the same begins, & how long the force thereof doth last: which once knowne, the things that I haue written herein con- cerning the same (being well marked and diligently obserued) will not onely auoide much mischief and har- me, but also will procure great pleasure and pro- fit. Vntill the publishing whereof, I referre you to a little booke, intituled or called, A briefe Treatise concerning many proper Tables, &c.

In which little booke is contained the Computa- tion of yeares, with the raignes of the Kings of En- gland: also a briefe, necessary and exact Table and rule, whereby any may finde iustly and truely, when and how long any Planet doth raigne, especially such as be of good capacity, and haue pregnant wits for to conceiue the same: But as for the duller sort, whose vnderstanding is vnable to reach the true meaning



To the Reader.

by short instruction, I thinke the same to be both too brieft and too busie for them.

I haue deuided this into ten Bookes, euery one whereof, containes a hundred of the intituled Notables things: which are in all a thousand. Wishing that they may be accepted as thankfully and willingly, as I haue bestowed them friendly and freely. Being bold to affirme this much, that a great deale of gold cannot cōteruaile this giuft: if but some twenty of the said thousand, be diligently marked, faithfully followed, and perfectly practised.

And thus few words, I bid you farewell.

Thomas Lupton.

THE

*Handwritten notes in cursive script, including phrases like 'The flowers of...', '4th book', and '5th book'.*





# THE FIRST BOOKE OF NOTABLE THINGS.

I

**I**n the first beginning hereof, a rare and strange matter shall appear, worthy to be marked, especially of such as loues or vse Sage. A certaine man being in a Garden with his Loue, did take (as he was walking) a few leaues of Sage, who rubbing his teeth and gummes therewith, immediately fell downe and dyed: whereupon his said Loue was examined how he dyed, she said, she knew nothing that he alled, but that he rubbed his teeth with Sage: and shee went with the Iudge and others into the Garden and place, where the same thing happened: and then she toke of the same Sage to shew them how he did, and likewise rubbed her teeth and gummes therewith, and presently she dyed also, to the great maruell of all them that stood by: whereupon the Iudge suspecting the cause of their deaths to be in the Sage, caused the said bed of Sage to be plucked and digged vp, and to be burned, least others might haue the like harme thereby. And at the rootes, or vnder the said Sage, there was a great Loade found, which infected the same Sage with his venomous breath. Anthonius Mizaldus hath written of this maruellous matter. This may be a warning to such as rashly vse to eate rawe and vnwaht Sage: therefore it is good to plant Rue round about Sage, for Loades by no meanes will come nie vnto Rue, (as it is thought of some.)

2

A certaine Poet by the report of Mizaldus, did weare leaden soles vnder his shoes, least the wind should ouer-blow him, his body was so light and so little.



3

If any doe mildly or softly beat the plant or stalkes of an hearbe called Mullen, some call it Hedge taper, in the morning, when the flowers thereof begin to open, all the flowers by little and little will fall and come to one: as though the plant were withered, or blasted, which the ignorant haue thought to be done by Magicall arts, or by some inchantment: especially, if he that doth strike the same Mullen, doth saeme to mumble some words while he doth it. Mizaldus.

4

To increase  
milke in  
Nurses.

The houes of the fore-fete of a Cow dried, & made in fine powder, encreaseth milke in Nurses, if they eat it in their pottage, or vse it in their drinke: and being cast vpon burning coales, the smoake thereof doth kill Lice, or at the least doth driue them away. This Mizaldus writes of the experiment of a certaine Spaniard.

5

Aqua vitæ being outwardly applied, doth helpe very well the sinewes and muscles, and all other parts of the body tormented or pained of a cold cause, with heating strength and swift penetration.

6

To make lips  
smooth.

If one vse to rub chapped or rough lippes with the sweate behind their eares, it will make them fine, smooth, and well coloured. Proued.

7

When infortunate Planets be in Angles, and the Sunne or Moone applies vnto them cozpozally, or by opposition, it signifies that the party then borne, will be either crook-backt, or will halt, or it signifies the destruction or losse of some member, especially, if the Moone be with the Dragons taile in these signes, Aries, Taurus, Cancer, Scorpius, or Capricornus, or in the beginning or end of the signe. Iatromath. Guat. Ryff.

8

Against deaf-  
nesse.

Earth Wormes fried with Goose greace, then strained, and a little thereof dropt warme into the deafe or pained eare, doth help the same: you must vse it halfe a dozen times at the least. This is true.

9

For the  
Spleene.

Anthonyus Beneuinius an excellent Physician, doth glorie, that he with the water wherein Smithes did quench their hot and burning yrons, giuing the same often to drinke, and with



## of Notable things.

With the eating of Cappares, did perfect, ye heale a Citizen of Florence, that had the griepe and swelling of the Spleene seven yeares.

10

Adars tongue w<sup>z</sup>apt in Virgin Claye, and put into the left eare of any Horse, it makes the Horse to fall downe to the ground as though he were dead: & when it is taken out of his eare, it doth not only waken him, or raise him, but also it makes him moze liuely or quicke. Mizaldus w<sup>z</sup>ites this of the repo<sup>r</sup>te of an English man.

11

If a water Snake be tyed by the tayle with a cord, and hangged vp, & a vessell full of water set vnder the said Snake, after a certaine time, he will auoid out of his mouth a stone, which stone being taken out of the vessell, he drinks vp all the water: let this stone be tyed to the belly of them that haue the Drop<sup>sie</sup>, & the water will bee exhausted or drunks vp, and it fully and wholly helps the party that hath the said Drop<sup>sie</sup>, Iacobus Hollerius.

12

oft Thunder doth turne and change Wines maruellously, but, if the Wines be then in Cellers being paved, and the walles of stone, they take lesse harme then in boarded Cellers: Therefore it is good befoze such Tempest or Thunder, to lay a plate of Iron with Salt, or Flint stones vpon the said vesselles with Wine. Leuinius Lemnius by Mizaldus repo<sup>r</sup>t.

13

They will haue the Malley, or be so that they cannot moue themselves, or will be giuen to tremble, in whose Pati<sup>u</sup>ities, if the Moone is an Angle with Saturne: Saturne then being vnder the beames of the Sunne combust. Likewise if the first house, and the Lord thereof be infortuneate of Saturne, without the aspect of a good Planet. Iatromath, Guat. Ryff.

14

Make powder of vnblackt Lyme, and mixe it with blacke Soap, and annoint any Wen therewith, and the Wen will fall away, and when the rofe is come out, annoint it with oyle of Balme, and it will heale it perfectly.

To take away a Wen.

15

If you will make wood of the colour of the wood Hebenus, especially such as be hard, as Bore and Beare tree, and such like

16

like



## The first Booke

4  
like do as followeth: laye the wood you meane to colour in Al-  
lome water, so that it be couered with the said water, and let  
it rest so threē dayes, then lay the said wood against the hot  
Sun, or the fire, that it may only waꝛe warme: then seeth  
the same wood in common Dyle, wherein put as much of Vit-  
trioll Romane, & Brimstone, as a Hasell Nut, let it be dissol-  
ued, the longer you seeth it, the blacker the wood will be, so that  
you keepe a measure therein, and it will be faire and elegant.  
Mizaldus had this of an Itakan a professoꝛ of many experi-  
ments.

16

The iuice of Gullen leaues (of some called Hedgetaper, and  
of some Longwoꝛte) put to any part that is bzaled, or that  
hath had a stroke, & the stamped leaues thereof, then put vpon  
the same, & tyed fast on with a cloth: if you let it lye so a whole  
day & a night vntremoued, it will heale it finely, yea though it  
be a wound, but the soꝛe must be first washt with white wine  
a little warmed, and the iuice and the leaues must be put to it,  
and you will meruell at the effect. Mizaldus had this of one  
that pꝛoued it.

17

If any wood or Iron be deꝛpe in the flesh, and cannot well  
be gotten out, dip a tent in the iuice of Valerian, and put it in-  
to the wound or soꝛe as deꝛpe as you can, and tye the hearb  
Valerian stamped vpon the same with some linnen cloath,  
that it remoue not away: and by this meanes, the wood, Iron,  
or other thing whatsoever, will not only be drawne soꝛth, but  
also the wound will be healed. Mizaldus wꝛites it vpon the  
repoꝛte of an Italian. Alexis also affirmes it.

18

A barren Vine will beare grapes, if you cast old and solyꝛe  
Wine there on, or if you buy the læse of Wine at the rootes  
thereof: but you must take heed that you cast no soꝛe that is  
swept from Chimneys, or Lime, to the roote of the said barren  
Vine, which with their burning heate kil's the Vine, & makes  
the same to wither befoꝛe his time. Mizaldus.

19

In the moꝛning if salt be holden in the mouth vnder the  
tong, vntill it melte or consume into water, and teeth being  
rubbed therewith, it will pꝛeserue the teeth safe and sound: and  
it

To make a  
Vine beare.

To pꝛeserue  
the teeth.



## of Notable things.

it will keepe them from rotting, and that they shall not be worme eaten: pꝛoued.

20

The teeth of a Boze new killed, are so hot, that if one then put them to haire or bristles, they will burne them: which seemes that the Boze is enflamed with ire against them that kill him, that he would be reuenged on them with his tuskes. Zenophon is the authoꝛ, and Mizaldus the repoꝛter thereof.

21

There is no pꝛesenter remedy to cease the toꝛment of the Gout, both in the hands & in the fete, then a young whelp especially of one colour, if the same be put to the graefe. Lemnius Lemnius. But the whelp ought to be cut out, or clouen in two partes through the mids of the backe, and the one halfe with the inner side hot, to be laid vnto the graeued place: and this I know to be an excellent thing.

To ease the  
paine of the  
Gout.

22

Many stinking things doe driue away the contagious and pestiferous ayze, as Castorum, Galbanum, Sagapenum, Brimstone, (all which are to be had at the Apothecaries) the smoke of burned Lether, & of Hornes, and especially the smell of gunpowder. For saith Lemnius, the whole Citie of Tornace infected with the Plague, the Rulers of the Towꝛe and Castle there, caused their Gunnes to be laide and leuelled at the Citie charged with Gunpowder, without pellets or shot, and then morning and eueing in the tyme light, they shot of the said peeces or Guns, so that through the stinking smell of the said smoke, and the great and violent noise of the Gunnes, the infectious and contagious aire was quite put away, and the Cittie deliuered from the Plague.

23

Common Azure is made as followeth, take of Salte Armoniacke, three ounces, of Verdigeer, five ounces, let them be made in powder, and mixe them with water of Tartar, so that it may be something thicke, then put the same into a glasse, & let it be well stopped that no aire may get forth, & let it be laid in very hot hoꝛsedung, for the space of eight daies: & then when you take it out, you shall find it an excellent Azure. Mizaldus.

W 2

At



24

It is to be maruelled at, that a Cocke or Cockrell which doth not feare a Serpent, or a Dragon, is so affraid of the shadow of a Gleade, when he is flying, that sodainely he seekes a place of refuge, and hides himselfe. Mizaldus.

25

Any kinde of Amber being sodden in the greace of a Sow that giues sucke to young Pigges, is not only thereby the clearer, but also much the better. Mizaldus.

26

If any carry about him the seed of Sozrell, gathered of a boy, being a virgin, his sparme or nature shall not goe from him, neither sleeping or waking: therefore it is said to be good against any pollution in the night. Gilbertus Anglicus.

27

A certaine Citizen of Padua, hauing Cantharides, that is to say, French Flies, applyed to one of his knees, did pisse aboue five unces of blood: the like hapned to one, to whose great toe of the same foote the same was applyed, Bartholomeus Monteganus, a notable Phisicion affirmes this: therefore Cantharides is perillous to be taken both inward and outward.

28

The leafe of the greater Wurte, bozne or laid on the top of the head, doth draw the Matrix vptward: but laid vnder the sole of the foote, it draweth downward, which is a notable and excellent remedy against the suffocations, falling, and displacing of the Matrix. This Mizaldus writeth.

29

To helpe  
sores & aches.

Alsod till it be thicke like a salue, helpes all sores and aches applyed thereto, maruellously: a thing often proued.

30

All kinde of docks haue this ppropertie, that what flesh or meat is sod therewith, though they be neuer so old, hard, or tough, they will becoms tender and meet to be eaten: hereupon it comes that they were so vsed in the old time, for that thereby the meate was moze soner concoct and easier digested, and the wound moze soluble. Mizaldus.

When



31

When the ascendent and the Moone are both impedit, and their Lords or Signifiers safe, then the sicknesse is in the body, and not in the minde. And if the ascendent and the Moone be safe, and their Lords or Signifiers impedit or hindred, then the sicknesse is in the mind, and not in the body. And if they all be impedit, then it signifies both sicknesse of the body, and grieffe of minde. Likewise if an infortunate Planet behold the ascendent and not the Moone, then the disease or grieffe is in the mind, & not in the body. And if contrary, then the disease is in the body, and not in the mind. But if an infortunate Planet beholde them both, then the disease and grieffe is in them both. Iatromath Guat. Ryff. 32

If one suspect himselfe to be infect with the Plurisie, let the party hold in his breath as long as he can, and then if he can let his breath goe without coughing, he hath not the Plurisie. If not, he hath the Plurisie, or is in danger thereof.

33

Whosoever hath the Quartaine Ague, shall not be troubled with the falling sicknesse: for if one haue the falling sicknesse first, and after shall haue the Quartaine Ague, the falling sicknes will leaue him. Hippocrates.

34

One may colour Iron or any other bones with an excellent greene colour as followeth: take strong water called Aqua fortis, wherein dissolve as much copper as the said water is able: then let the bones that you would haue colored, lie in the same all night, & they will be like a Smaragdine colour. Mizal.

35

If Dyle be powred vpon Wine or any other licour, it makes that the same shall not waxe musty, or be corrupted. For it excludes or driues forth all ayre that may breed corruption, only with the outward ayre of the Dyle, as with a certaine covering. Notwithstanding, all Herbs or Plants, whereon Dyle is powred or effused, doe putrefie, as Plinie reports.

36

The Coales of a Birche tree made in powder, and put into a wound or great soze, healeth it perfectly without any other thing. To cure wounds.

W 3



thing. It was credibly told me that the Muscottes vse it much and esteemes greatly.

37

A Robin red brest finding the dead body of a man or woman, will couer the face of the same with Mosse: And as some holds opinion, he will couer also the whole body.

38

An Italian, thzough the oft smelling of an hearb called Basil, had a Scorpion bred in his bzeane, which did not only a long time greene him, but also at the last killed him. Iacobus Hollerius a learned Whisition, affirmes it for truth. Take heed cherefore ye smellers of Basil.

39

Great care to be had in cutting a childs Nauill string. If the Nauill string of a Child after it is cut, doth chaunce to touch the ground before it be burned, the same child wil not be able to keep or hold his or her water, neither night nor day. A thing very true and knowne

40

To help such as cannot hold their water. A flaine Mouse rosted, or made in powder and drunke at one time, doth perfectly help such as cannot hold or keep their water: especially, if it be vled thzee dayes in this order. This is very true and often proued.

41

The great loue of a Dogge. It was credibly reported to me for a very truth, that a certaine Ankeper in Ware dyed, which had a dog that loued him so well, that certaine dayes after he mourned & sought for his said Master without eating of any thing: And when he could not find his said Master, he laid himselfe among the hot coales in a chimney: who though he was pulled out of the fire, yet he went in againe & burned himselfe to death. A rare and strange thing as hath bene heard of. I thinke it is hard to finde a seruant so louing to his Lord, as this dog was to his Master.

42

As soone as the child is borne, (especially a boy) there ought to be great heed taken in the cutting of the Nauell string: for the member of generation doth follow the proportion of the Nauell string: and if it be tyed too thort in a wench, it may be a hinderance to her in byrting forth her child. Wherefore it is  
meate



meete that Midwives haue a great regard therein. This is gathered out of Mathias Cornace, an excellent Physician.

43

For the helping of the Coddles or Stones that be swollen pained. The auncient learned did graue in a plate of Copper the figure of a Scorpion, in the houre of Saturne the third face of Aquarie then ascending or rising with Saturne, and for the Colic, the seale of Pisces, and also for the helping or bettering of memozy they made a Ring of pure gold: wherein was closed a Diamond vnder the Coniunction of Saturne and Iupiter in Aries. Hermes.

44

Egidius Herthoge writes a strange maruell of a woman which carried a dead child in her womb thirteene years, which was perceiued of many, that had led her belly: but he writes not what successe she had therewith: for whiles he wrot the same the woman was well, & did her businesse with her husband abroad & also at home.

45

Whitany drunke with water or wine, doth cause a woman to be easely and speedily deliuered, yea, though the childe be dead, or if it be turned contrary to a right course: also it brings forth the after burthen: the like effect hath Penirvall, as some affirmes. And it hath beene proued as saith Mizaldus.

46

Pigeons do so loue the Castrell: that if one close young Castrels in a pot, and stop and couer the same close, & shall hang them in soure corners of the Dove house, it will procure such a loue to the Pigeons of that place, that for the desire of them being so inclosed in the said pots, they will neuer change that place, so much that they loue the Castrels their friends after their death. Collumella reports this as Mizaldus affirmes.

47

The Mint leafe laid on the crowne of the head, draweth vp the Vuula, or the flap in the throat. M. Cato by the report of Mizaldus.

48

If a peece of fine gold, or leaues of pure gold be but into the iuyce of Lemmons, & taken out of it after it haue leine there in a whole day, & the same iuyce then giuen to one that is sicke of the Plague, with a little Wine, and the powder of the roote

A Medicine  
for the  
Plague.

of



of Angelica, or of the decoction of the same root: it is marvell to be tolde what help it brings them, yea, though they be past all hope, or thought past recovery. This Mizaldus writes as proved.

49

If a man be the first that a woman maketh after she comes out of the Church, when she is newly Churched, it signifies that her next child will be a boy, If she make a woman, then wench is like to be her next child. This was credibly reported a to me to be true. But praise it as it proves.

50

To helpe a  
Fellon.

A little bay Salt stamped small, mixt with the yolke of an egge and applyed to a Fellon, & so vsed diuers times, doth not only perfectly heale the same with speed, but also it draws out all the paine of the arme, and ceases the swelling thereof, if any such be by the means of the same. This is perfectly proved.

51

Children are not alwaies like vnto their Parents, as it may appeare in Helides, which did beget a Daughter of an Ethiopian, which Daughter was not of the colour of her mother: but after the said Daughter had a Sonne, which was blacke and like to his Grandmother. So Niceus the Poet did degenerate in colour from his Father and his Mother, and was like his Grandfather being an Ethiopian. Which thing ought well to be considered of such that suspects their wives when they bring forth children unlike to either of them: for it happens many times that the child is like to the Grandfather, or Great-grandfather, and neither like the Father nor Mother. Mizaldus.

52

A Loade stone called Crapandina, touching any part benumbed, hurt or stung with Rat, Spider, Waspe, or any other venemous beast, ceases the paine or swelling thereof, Lemnius.

53

To kill Lice.

The iuyce of Worme mixt with the oyle of Radish or of Mustard, is a very safe remedy for the killing or destroying of Lice.

54

If a woman annoint often her Dugges or Pappes with the iuyce of Succory, it will make them little, round, and hard. For if they be hanging or bagging, it wil draw them together, whereby



## of Notable things.

11

Whereby they shall seme as the dugges of a maide. Mizaldus.

55

If you shall enclose within a peece of thin silke, Galbanum made soft, and shall lay it to the mouth of the Matrice all a night, (the head of that woman having then no foule or stinking cloathes upon it, but onely covered with a Caule, and a cleane or thin Kirchiefe, without any kind of odors) in the morning when the same are loosed from her head, if the crowne of her head smell of Galbanum, it is a sure token that the woman is apt to haue children. Hypocrates.

56

If a stone called an Hemetist, wherein a man is grauen with bended knees, girded about with a Serpent, holding the serpents head in his right hand, & his taile in the left hand, be set in a gold ring, with one leafe of an hearb called Dragons put vnder the said stone, it doth make the bearer thereof safe from all poyson and plague. Hollerius a notable Physician writes it.

57

The fasting spetle of a whole & sound person, doth quite take away all scuruines, sawflame, or rednes of the face, ring-wormes, Watters, & all kind of Pustules or wheales, by smearing or rubbing the infected place therewith. And likewise it cleane puts away therby all painful swellings by the meanes of any venemous thing: As Hornets, Spiders, Woades, and such like. Mizal.

A great vertue of fasting spetle.

58

Pew Chalse wrapt or folded in the dry leaues of Dragons, preserves the same from being mouldy, or from putrifying. Gallen and Plinie.

59

It is certainly and constantly affirmed, that on Midsummer eue, that is, the day before the Nativity of Saint Iohn Baptist, there is found vnder the roote of Mugwort a coale, which preserues or keepes them safe from the plague, Carbuncle, Lightning, the Quartaine Agre, and from burning, that beares the same about them. And Mizaldus the wziter hereof saith, that he doth heare that it is to be found the same day vnder the roote of Planten. Which I know to be of a truth, for I haue found them the same day vnder the roote of Planten. Which is especially and chiefly to be found at none.

C

The



60

The Drosse, or that that is left after the passing out of the oyle of Linsed, is meruellous profitable for the feeding of beasts: & if you shall let a handfull or two thereof steep a while in raine water, & therewith wash your hands, it will not only amend the spots or other deformity of the skin: but also you shall thereby perceine that the same & other members, if they be likewise washd therewith, will be made much faire & moze cleane. Mizaldus.

61

All things that comes out of the earth will swimme vpon quicksiluer, though they be heauy, except gold: & gold though neuer so little, will sincke into it and be swallowed thereof, & his colour will be turned into siluer, which cannot be reduced into the forme of gold againe, but with fire, nor cannot be gotten out. And the quicksiluer, through the fire will be resolved in a smoake, with a perillous smell. Mizaldus.

62

Salt finely stamped and mixed with fasting spettle laid on a fillet (and applyed certaine times) to the place where superfluous haire is, doth cause that haire will grow there no moze. A thing certainly proued. Pigeons dung doth worke the like effect applyed in such sorte.

63

Against the  
cough or  
harshnesse

Aqua vitæ mixt with white Sugar candy finely powdered, so that it be not too thicke thereof, but indifferent, & a spoonfull therof taken last at night for the space of thre or foure nights, doth presently help the Cough & hoarsenesse, and breakes the fleame maruellously, this is a tryed thing. The like effect hath the powder of the root of Enula campana mixt with the powder of Liquorice and of white Sugar candy, if it be often vsed and eaten a spoonfull at one time. Which I haue often proued.

64

They are like to be Cowty, or to haue the Sciatica, or paines in the ioints in whose Pativity Saturne or Mars is in the sixt house, or in the twelfth house infortunating the Lord of the sixt house: especially, if the signe of the sixt house be Capricorne, Aquarie or Pisces. Iatromath. Guat. Ryff.

Whosoever



65

Whosoever haue their feet smell strongly, if they put the scales of Iron, in their shoes wherein they vse to goe, it takes cleane away the euill smell thereof. George Fabricus.

66

You shall stay the bleeding of the nose, if you write with the same blood in the forehead of the party that bleeds, these words, following. Consumatum est. A thing p'oued with many. Miz. To stay bleeding at the nose.

67

If boyes or young men do vse milke and exercise from the cradle, they are thereby moze higher or taller of body, and of moze comely and beautifull stature. Mizaldus.

68

The powder of the tooth of a Woze mixte with the oyle of linsed, doth presently cure the Squinancie, (which is a paine or swelling in the throate) if the grieued place be touched with the end of a feather or pen, smeared with the same mixture. Mizaldus. To cure the Squinancie.

69

The outward part of the Spettle, doth sting, p'ckle, or burne, but the inward part (being the iuice) annointed on the arters, doth mitigate and amend the seauerly heat of the heart. Auicena, & Arnold de villa noua.

70

If the corners of the eyes be annointed with an ointment of Saffron, if after the spettle doth sauer thereof, the partie is not barren: but apt to haue Childzen. Plinie.

71

A Medicine made of a little Honey and of a coale made of a Vine which neuer bare Grapes, if the teeth be often rubbed therewith, doth so cleanse them, and make them so white, that they will be iudged to be of Auozie. To make teeth white.

72

The blood of a white Hen, smeared on a freckled or a spotted face, & thereon suffered to dry, and afterward wiped away, clearely takes away al spots from the same. Mizaldus had this of a certaine Italian.

73

Cantharides w'apt in a Spiders webbe, & hanged ouer one that hath the Quartaine Ague, it is said it cures or deliueres him To helpe a Quartaine Ague.

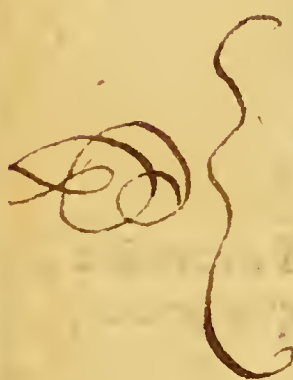


him or her thereof perfectly. Mizaldus.

For the Colicke.

74 The decoction of Holliocke, with Honey and Butter being drunke, doth meruellously ease the paine of the Colicke and of the backe. I haue proued this to be very excellent and true.

75 A plaister made of the powder of burned Swallowes, and of their nest, doth helpe effectually the swelling of the throat, or the Squinancie.



76 If the pizell of a Bull that is all red, be made in powder, & a dram thereof (that is the weight of lxxij. barley cornes) be giuen to a woman in a draught of wine, it will make her loth to haue to doe with a man. (As Basis writes.) And the same powder giuen in meeke medicines to a man, doth contrary fire and make him lust therein. Marcellus Empericus.

77 If dogs chauce to find a cats skin, they will rub and roule themselves vpon it. And they will doe so likewise where it is buried: they delight so much of the thing dead, which they hated aliuie. Cardanus.

78 You shall know good and pure Azure, from sophisticate and naughtie Azure, if some of it be laid vpon a hote burning yron, and if then it will not be burned, neither any little stone is found therein, then it is pure and perfect. Mizaldus had this out of an old written booke.

Mendina

79 The white of an egge well & long beaten mixt with quicke Lime, will ioyne surely broken Glasses, and broken earthen Cups, and will make them hold fast and surely together. But it would be the better if a little of very old Cheese be well mixt therewith. This is very true, and proued.

80 Planten is iudged by Hermes, to be the heaue of Mars, and therefore good against the diseases & paines of the head because that the signe of Aries, which is one of the houses of Mars, doth gouerne the head. And also Planten is very good against the grieffe and diseases of the stones, and the Ulcers of the bladder; and also Gonorrha passio, and Hemerods, because Scorpio the



the other house of Mars, doth rule that part of the bodye. Like  
 iudgements may be had of other hearbs of the Planets. Mi-  
 zaldus.

81

If the right knee of a Bull be very streite eyed, he cannot  
 bull a Cow, although befoze his eyes she allure him thereto  
 with her mooring. Mizaldus.

82

If a married man be let or hindered through Inchantment,  
 Sorcerie or Witchcraft, from the acte of generation, let him  
 make water through his marriage King, and he shall be loosed  
 from the same, and their doings shall haue no further power  
 in him. Guil. Varigniana, and Arnoldus de villa noua affirms  
 the same.

83

Who so vse to rubbe their fingers betweene their toes of  
 their feet when they goe to bed, especially, when they smell  
 most, and then to smell the same at their nose: it is a perfect re-  
 medy to put away the cramp. This was affirmed to me as a  
 tried thing.

For the  
 cramp.

84

A candle burning, holden or put to a house or place wherein  
 a peece of Salpeter is put, the said candle will soddenly be  
 blowne out. And the same candle immediatly put to another  
 place wherein is Wrimstone, will be light & burne againe, to  
 the great meruell of them that stand by, if they be ignorant of  
 the secret. Mizaldus. But the snuffe of the candle must not be  
 cleane out.

85

That writings shall not burne in the fire, take very strong  
 Liniger, and the whites of egges and put them together and  
 put thereto Quickefiluer, mixing & stirring the Quickefiluer  
 well therein, and with the same mixture annoint Paper three  
 times and after euery time, dry the same well: and after that  
 write what ye list on the same paper, & then cast the same writ-  
 ting into the fire it will not burne. This Mizaldus had out of  
 an old booke.

86

Cut or breake a white loafe in the mids when it comes  
 hote out of the Duen, and lay it to the eare of such as haue any  
 quicke thing in their head, and it will bring it out, shifting it  
 fill with hot bread, vntill all the quicke things be come  
 forth. This is proued to be true.



87

For the  
Crampe.

The little bone in the knée joint of the hinder legge of an Hare doth presently help the Cramp, if you touch the græued place therewith. Often proued.

88

A little péece of the tung of a For, being moistened & made softe in Vinegar, (if it be drie) draweth out a thorne or any other thing deep in the flesh, if it be laid vpon the place where it is. It is an excellent and true thing.

89

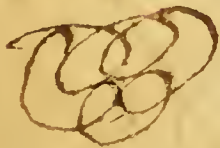
When the signe of the sixt house is Libra, and Mars in the same house: it signifies grieffe and paines of the eye. Iatromathematica. Guat. Ryff.

90

Iulius Viator a Knight of Rome, (Plinie being the Authoꝝ) who in his childhood had the Dropsie, therefore then forbidden of the Physicians to vse moist things, did so ouercome Nature, through continuance or long vse, that all the time of his life after he liued without drinking any thing.

91

To stanch  
blood.



The thre coznerd stone of a Carpe, which is to be found in the hinder part of the head, nie vnto the neck, beaten small, & blowne into the nose, doth stay the bleeding of the nose, by his binding faculty: which may be perceiued by the tasting therof. This hath beene proued, and I know it to be true. Mizaldus.

92

The head of a Cat that is all blacke, burned in a new pot, & fine ashes or powder made thereof, & some of the same thrice euery day, blowne out of a quill into the eye that hath either web or pearle, or any other euil or grieffe in the same, is a most excellent helpe & remedy therfore. But if the party, feele any burning in his or her eye (especially in the night) let three or foure Daken leaues steeped or moistened in water, be laid together vpon the soze or grieued eye, and let the same be afterward turned and laid on againe. The Authoꝝ of this secret, said: that the sight is restozed with this remedy, after a whole yeares blindness. This was told to Mizaldus.

What



93

That Salt will helpe fecundity, or make women more apt to bring forth Childzen, It may be an argument: because of the great number of Mice and Rats that are wont to breed in Ships of the Sea. And because women that are louers of Salt and salt meats, are more prone, and haue more childzen. Lemnius.

94

Asses that are much cumbered with melancholy, doe gladly eate Citterach, or Scaleferne, that they may mend & helpe the diseases of the Spléne: Goldfinches Cibright, & Viperys Fenel, for the mending of their sight. So Goates by a certaine property of nature, doe hate or cannot abide mans spittle, nor they will eate any thing wherof man hath first tasted. But the nature of Lizards is contrary: for they licke vp the same greedily. Plinius Theophrast.

95

Annibal made a passage for him and his Souldiers through the hard rocks of the Alpes to passe into Italy. For by heating & burning the stones with fire, & sprinkling Vinegar thereon, he made them so softe, that they might fall easily in peeces, & that they might be sooner broken a sunder. Titus Linius. Plutarchus.

96

Here followes an excellent remedy for all wounds & easie to be made. Take grecke Witch, Wymstone, & white Olibanum, which is a kind of Frankencense, of all a like quantity: let them be stamped & mixt with the whites of Egges, then (the wound being first washt, and the lippes thereof well ioyned together) lay the same mixture on a linnen cloath, and apply it to the wound, & tye the same fast on with cloathes, or broad bands: and let it lye so certaine daies vntremoued, proued saith Mizal.

97

White Lillies will wax red, as Florentinus hath taught: if warily & diligently you open the clefts of the roots, and fill the same with any red colour: & so then set the same in a fat dunged earth. Mizaldus.

98

Women that vse to lye and sleep on their right side, seldom or neuer bring forth any wenches. Rasis wrytes this.

99

Whosoever is annointed for the Neapolitane disease  
(com)



(commonly called the French-pox) if he hold in his mouth a King of gold, or else another peece of gold, & rowles the same about his mouth with his tongue, the Quicksilver that is in his body by the meanes of the ointment, is drawne of the said gold, & is so wrapt about the said ring or gold, that when the same is taken out of his mouth, it shall seeme as though it were all silver. And the same King or other gold will not be reflected to his former brightnesse or colour, except it be put into the fire. Lemnius.

100

Snailles without their shells, or otherwise with their shells stamped and mixed sometimes with Cheslep or rennet, doe draw out thornes, or any other thing out of the flesh though neuer so deepe, if they be applyed to the place. And also being laid to the belly of them that haue the dropsie, they suck out the water. But the same must not be losed from the belly, untill all the humours or water be sweate forth, or else the same plaster of Snailles doth fall away of himselfe. Iacob Hollerius.

The end of the first Booke.

## The second Booke of Notable things.

1



When the Moone is in Coniunction with the Sunne, or in any euill aspect with him, and in any Angle, and beholden of euill Planets with an euill aspect, in any bodie's nativity. It signifies that the child then borne, shall haue inseparable diseases or griefes in the eyes. Iacromath. Guat. H. Ryff. Argent.

2

It is manifest by experience, that the seauenth Male child by iust order (neuer a Girl or Wench being borne between,) doth heale onely with touching, (through a naturall gift,) the Kings Quill: which is a speciall gift of God, giuen to Kings or Queenes. As daily experience doth witnesse.

Erasstratus



3

Erastrotus a Physicion, did perceiue by the feeling of the pulse, that Antiochus the sonne of King Seloucus, did so pine for the loue of Stratonices his mother in law, that vlesse he might haue his desire, with the good will and pardon of his Father, he would die. These are the Authozs thereof, Valerius Maximus, and Galenus. Which also by the like, did knowe that Iusta the Wife of Boetius, a Counsellor of Rome, did languish for the loue of one Pylas dauncing in the Theater. Mizaldus.

4

Celandine with the hart of a Mount or a Houldwarp, laid vnder the head of one that is greuously sicke, if he be in danger of death, immediatly he will cry with a loude voyce, or sing: if not, he will weepe. Mizaldus.

5

The iuice of Henbane, mixt with the blood of an Hare, & sod within the skinne of a Hare, it is said that all the Hares will gather to gether, which be within that trace where it is buried. As the Matrix of a Witch will gather Dogges together. This was affirmed for truethe to Mizaldus.

6

Many women wich child of the sodaine or vnlooked for, mee- ting, or sodaine seeing of an Hare, or for the desire or longing to eate of the same: doe bring forth Children with a clouen ouer- lip, and forked wise called an Hare lippe. Daily experience con- firmes it. Mizaldus.

7

That disease or sicknes will be great which takes one when the Moone is in that signe, wherein an euill Planet was in the time of his birth, either in a quartile or opposite aspect: and if an euill Planet doth then behold her, it will be very perillous. But then if the Moone be in a place where a good Planet was in the time of the birth, that sicknes wil be without any danger. Hermes Trismegistus, Ptolomeus, and Claudius Galenus, Au- thors.

8

An Egge layd in strong Vineger, thre dayes or a little longer: it makes the shel therof so tender and soft, that one may

D

draw



draw it through a King. Cast the same into warme water, and let it lye therein, and it will be hard againe. Mizaldus.

9  
A flint Stone lying in Vineger the space of seauen dayes: may be resolued into powder by rubbing betweene the fingers. Wherefoze it is no matuaile though Anniball did dissolue the stones of the Alpes with Vineger. Mizaldus.

10  
Water wherein the leaues and seedes of Hempe is sodden: being cast or sprinkled on the earth will make the wormes to come out of the ground if any be there. Mizaldus.

11  
Take the oyle of Tartar, made of the Lees of excellent wine, it doth take the spots from yron, the yron being clesed from all rustinesse, and doth make him of an excellent brightnesse if the yron be rubbed therewith. Mizaldus.

For the Gout.

12  
The roote of Henbane stamped, and applyed warme to the paine of the Goute of the fete or Siatica. It is said that it helps maruellously, because the hearbe belongs to Iupiter, which is onely Lord of Sagitarie, which gouernes the huckle-bone. And of Pisces which challengeth the fete. Mizaldus. had this out of an olde booke of secrets.

To keep Ink  
from freezing

13  
If some droppes of Aqua vita, be mixt with writing inke, the same inke will neuer be frozen. proued.

14  
Whosoever is apt to any thing: hath certainly that Starre or Planet, by whome that thing is signified verve strong in his birth. Mizaldus. As thus for example ( I may saye by the way. ) He that is apt to martiall feates, or Warlike affayres, hath vndoubtedly Mars strong in his birth. And whosoever is apt or enclined to planting, drawing, writing, siphoning, or to the Science of Arithmeticke, or to any wittye or notable inuentions, without all doubt hath Mercurie very strong in his birth. Which by daylye proufe is infallible. And so you may knowe of the rest.



15

The wood of the Sycamore tree, is neuer dry in the Ayre or hye ground, and in the bankes of Riuers, and where waters run ouer, it dries very quickly. Mizaldus.

16

The soles of the feete anointed with the fat of a Dormouse doth procure sleepe. As Aetius doth say.

17

They will haue paines in the stomack, or be weak stomack, in whose Natiuities, Mars and Saturne are in the first house: or in the twelfth house, infortunating the Moon, or the Lord of the Ascendent: especially if the signe of the first house be Cancer, Iatromath, Guat. Ryff.

18

This following is an excellent remedy for them that bee broken bellyed or bursten. Take nine red Snayles, and put them betweene two Wyle stones, so that they slide not away, and dry them in an Oven, so that you make them in powder: then giue to the diseased the powder of one of them in white wine euery other day in the morning, til all be done, which will be in eighteen dayes. The party must take it fasting, and neither eate nor drinke of two houres after. And if the disease bee so long rooted that the nine times will not suffice: then begin immediately againe with other nine Snayles, and do as before is declared in all pointes. I had this out of an olde Booke wherein was many Secrets, and I heard one affirme it to bee a true and tryed thing.

19

Hempe seebe giuen to Hennes in winter, will make them lay Egges apace. Candanus. To make Hennes lay.

20

The Oyle of Tartar, doth take away cleane al spots, freckles, and filthy wheales, of the face, chin or forehead, with his cleansing strength. This is proued.

21

When thou wilt driue a waye Flies from anye place, that there shall none bee scene there againe, make the image of a Flye in the stone of a King: or as my booke saith Mizaldus, in a plate of Brasse or Copper, or of Tinne, make the image of a



Flie, of a Spyder, or of a Serpent, the second face of Pisces, then ascending. And whiles you are making & grauing of them, say: This is the image which dooth clean rid all Flies for ever. Then bury the same in the mist of the house, or hang it in anie place of the house, (but if thou hast foure such plates, and burie or hang them in foure corners of the house, or hide them within the walles, that no body take them away, it were farre better.) But this laying of them must be when the first face of Taurus dooth ascend. And so no Fly will come in there, nor tarry there. Ptolomie saith, that he saw the triall heerof in the house of King Adebarus: who was very wise, and was maruailous expert in naturall Magicke, in whose Palace or Place, there was neither Flye nor any other hurting worme. And that I might search it out sayth he: I brought in thither lye Flies, which presentlie died. Mizaldus.

22

Sixe or seauen whites of eggs put into troubled or thicke Wine, and the same being wel moued and stirred with a sticke makes the Wine sayre and cleere.

23

It is dangerous to stricke: especially, to cut that part of the body, when the Moone is in that signe that gouerns the same: as daily experience sheweth by many, and a thing euery where feared and doubted, through the dangers that folloves thereof. And it was credibly told me, that one that was by chance prickt in the finger with a thorne: the Moone in Gemini, died without any remedy thereof. And I knew a tall man and a scout, that in fighting had a little cut with a sword vnder the arcle, as it seemed to me, seeing the same, a thing of small harme, yet notwithstanding, hee dyed within halfe an houre after the stroke was giuen. This may be verified by many examples. So that by this and by many other things, it is manifest that the Moone and other Celestiall bodies: haue maruailous power in our earthlie bodies. As in this Booke and in diuers and many places, the same is manifest.

24

If a Rat, Mouse, or Weasel, or any other thing, sodenlie leap or fal on the body of a woman with child: or els any Cheries



or a cluster of Grapes, or other thing whatsoever chance to fall or hit any part of her body, by and by it happens that the childe is marked with some speciall noat or marke on that part, whereon they did fall or hit: (except happily the woman on whose body the same did chance,) wipe with her hand sodainly the part or member therewith touched, & lay her said hand on some other part further of. Lemnius. There are fewe women; but knowe this to be true, and many haue found it too true. As two or three strange examples in this booke doe shew most wonderfully.

## 25

Burning water called Aqua vitæ, is of a meruailous force, in preserving of things and keeping them from putrifying. For flesh or meates whatsoever moystened therewith, will be safe from corruption and wormes.

## 26

If young beastes eate of the leaues of an Iuie tree, they die. But if they that chaw the cudde doe eate thereof, they feele no harme. This is the opinion of Theophrastus. But Plinie dooth ascribe it to the Ash tree. But the likelihood and nearenes of the words might deceiue him. For the Ash tree in the Greeke tongue is, Milean, and the Iuie tree is Millon. Mizaldus.

## 27

A maruailous matter, and a thing worthy to be remembred is written by Aelinus, that a great mighty Wolfe did come to a schoole, and did snatch the writing Tables out of the hands of a boy, called Gelon of Syracuse. Whereat the sayd childe Gelon, rising from his seat, did diligently and sharply without any fear follow the said wilde beast, earnestly to plucke the sayde Tables from his mouth. But after that Gelon was out of the schoole, the same with a sodaine ruine fell upon the rest of the schollers, and killed, & oppressed with the Scholemaster, aboue a hundred boyes. Onely Gelon by Gods prouidence, of all his fellowes remayning aliue. And because hee was not killed of the Wolfe, but rather reserued, it cannot be without great admirations, partly for shewing his kingdom and rule, and partly that he was preserved from so imminent a perill.



28

Who soeuer will preserve Chesnuttes, and keepe them safe and sound, let them lay and mixe them with Walnuts: for they will drinke vp and consume such humors wherby they corrupt. And they will not suffer them to waxe moldy. Mizaldus.

29

Knottgrasse is thought to be the hearb of the Sunne, wher vpon it helpes greatly all the diseases of the heart, and the mouth of the stomacke. Wherof Leo the Lyon is gouernour, which is the house of the Sunne. And it is very good against the great grieues of the backe, the Stone and the Collicke, by drin- king of it, or by infection. It was affirmed to Mizaldus, that it was found true by experience.

30

A hearbe called Houndstonges, ioyned with the Matric of a Wytch, being so tyed to the necke of a Dogge, that he can not get it awaye: you shall see him turne about so long, that he will fall do wne and seeme to be halfe dead. Albertus.

31

When the Scythians were constrained to sustayne hunger for any certaine matter or vrgent cause: they girded in their bellies with broad bands that no emptynes left in theyr belly or guttes, their hunger might the lesse grieue them. For through the hard binding in of the belly, hunger is the more to- lerable. Wherupon it is seene that they that eate much, do lose or vnbutton their doublets, and lose their garters. Phauorinus.

32

The Elephant seeing a Ram is by and by tame, and leaues his fiercenes. With which pollicy the Romanes caused the Elephants of King Pirrus to returne and goe backward. And so the Romanes obtained a worthy victory. Mizaldus.

33

The paring of an Apple cut something thicke, the inside whereof laide to hote burning or running eyes, at night when the partye goes to bed, and tyde or bound to the same, dooth help, the same very speedily, and contrary to expectation. An excellent secret.



34

A certaine Priest hauing a louing Dogge, was killed for his money, and thron among bushes or some other priuy place. Which dog so mourned for his said Master, that he would not depart from him, but howled: so that the dead body was found. Which dead body was brought afore certain men to be viewed, to which place diuers people resorted. Amongst whom the murderer must needs shewe himselfe (lamenting outwardlye the matter, with the rest of the standers by, as though hee had bene as guiltlesse as the best,) whom when the sayde Dog perceiued: he barked and did runne at him fiercely, and by no meanes would leaue his barking, howling and running at him. And following after him, and at none other: shewing (in his maner) that that was he that killed his Master. Whereupon being suspected he was examined, who forthwith confessed his wicked fact: and therefore was executed. Saint Austine affirmes this, as I do remember.

35

If both the lights, (that is to say, the Sunne and the Moone) be in the first house infortunate, they that be then borne without doubt will be blinde. And if but one of them be there and infortunate: then the childe will be blinde but of one eye. And likewise it will be, if either the said lightes be Lord of the first house infortunate. And vniuersally, their eyes cannot escape great hurt, in whose Natiuity the said lightes are impedit. Iatro.

36

This followinge will presently ease the paynes of the To ease the  
Bowt, Fry out the grace of Shoemakers spetches, 12 peeces of Gout.  
Leather: and lay some of it vpon a browne paper, warming it a little at the fire: then apply the same to the græfe, and it will take away the paines in one night. I had this of them that haue proued it often to be true.

37

If Sheepe chaunce to eate of an hearbe called Knotgrasse, it will make their bellies swell: and they will auoid out of their mouthes a thinne stinking froth, therefore they must be let blood vnder the tayle next to the buttocke. Columella.

38

There is many doo things in their sleepe, that they that be awake vse to doo. For they will walke about the house and Chamber.



Chamber, and will goe to other folkes beddes, and dare do any thing without feare. Whereof there are many dayly examples. But one among all the rest, (which was credibly tolde me) was maruelous strange, & almost incredible. Which was: that two men lying in bed together, the one of them being fast asleep, took the keys and unlocked the doores, and the gate of the house, and so took his Bowe & Arrowes, and went to a wood or Chase about a myle from thence, and killed a Bucke or a Doe, and then did couer and hide the same in the Wood: and then came home againe, unlocking and locking the gates & doores agayne and layd the keyes where he had them, and so went to bed. The other man that lay with him being awake, followed him & did see all that he did. But he would not goe to bed, but stayde a while in another place, to see the ende thereof. And as soone as the other was in his Bed, he took his Dagger, stabbing and thrusting therewith in the Bed, where the other man did lye, and by and by after awaking, sayde: alas what haue I done, I haue killed him. The other answered, nay, I am not kild yet, thankes be to God. Then saide he: for I was a dreamed that I killed a Bucke in such a place, and that thou didst see me where I did kil him, & hide him: & thing thou wouldst betray me I thought to kill thee. But I am glad said he, that it was but a Dreame. Then the other saide, if it were a Dreame thy Dreame is the true. For thou hast performed all thy Dreame, except the killing of me, which he would not beleue untill the next day: when he that lay with him arried him to the place where he himselfe tolde that he did hide the said Buck. Where indeede they found the Buck killed as he befoze told in his Dreame. A marueilous matter if it were true.

39

The Greekes and Romanes did keepe Snowe till Summer in Caves of the earth, couered with Oken bowes or chaffe. Which made Saint Austine say: who gave Chaffe such a cold strength to keepe and preserue Snowe, or such a hot strength, to heate and ripen unripe Apples.

40

Wine will bee pleasant in taste and in saucour and colour: it will much please thee, if an Orange, or a Lymon (stucke round



round about with Cloaves) be hanged within the vessell that it touch not the Wine. And so the Wine will be preserved from spoistines and euill sauoz. Mizaldus.

41

They will haue paines or diseases in their Liner, in whose natiuitie Iupiter is Lord of the sixt house, being euill aspected of an infortunate planet. Iatromath.

42

If the Snayles be rosted and dyled at the fire or in an Oven, and made in powder: and a spoonefull thereof drunke in Ale at one time and so taken nine or ten dayes together: it dooth perfectly helpe and cure the black Jaundies, Proued.

43

If you stamp earth wormes, and then strain them through cloth, and then put to the same as much of the oyle of Kaidish a cotes, and betweene the beating or framing of swords, kniues, or Daggers, when they be hotte: you doo quench them twice or thrise therein, the same shall cut Iron after, as though it were Lead. This Mizaldus had of a Phisition that was cunning in that Arte.

44

Stinking and corrupt Wine will be marueilously mended, if according to the bignes of the vessell, a sufficient quantity of cleane Wheate in a bagge be hanged in the sayde vessell, and after be taken out of the same. For whatsoever is vncleane, or naught in the Wine, the Wheate will draw the same to it, and so will leaue the Wine pure and cleare. Pistorius.

45

The uttermost or last ioynt of the tayle of a young whelpe, after he is forty dayes old, being wythen off: the same Dogge will neuer be madde. Besides that his tayle will be thereby of a comely length. Mizaldus.

46

If you boze holes in Bay berries, and put into euery hole the seedes of Artichokes, and wrappe them with dung: and sput them into the earth, thou shalt haue so swete and pleasant smelling Artichokes: that nothing can be of a moze swet & pleasant smell. Varro. the same will happen, if you do steepe seedes three dayes in swete smelling water. Mizaldus.

Ⓞ

Better,



For a fitch.

46  
Butter, Aqua vitæ, and Beasts gall, of each a like quantity mixt together. And any ache or fitch annointed therewith some thing hot, euery morning, and euening, for seven or eight, daies both perfectly helpe the same. Proued.

48  
All Wheate that is sowne in continuall moyst grounde, after the third sowing, will be come the purest Wheate & make the finest and best bread that can be made. Collumella.

49  
Galen saith, that he knewe certaine men in his time, that gaue the powder of mans bones burned, to them that had the falling sicknesse: they not knowing of it, least their minde should stand against the midicine, and many was cured with the same Gesuerus hath proued it with the scull.

50  
If the little Perue vnder a Whelpes dung, (commonly called the greedy worme) be taken away, it keepes the same safe after from being mad: and he will not be giuen somuch to barking after. And also it is thought they will not be giuen to greedines after.

51  
If you prick the head of a Leake, with a Knede or a stick sharped, and put within the same, the seedes of Rape, or of Cucumbers, the saide Leakes head will so swell: that it will seeme monstrous.

52  
Ecites, called the Eagles stone, tyed to the left arme or side: it brings this benefit to Women with Childe, that they shall not be deliuered before their time. Besides that, it brings loue betwene the Man and the wife. And if a woman haue a painefull trauille in the birth of her Childe, this Stone tyed to her thigh, brings an easie and light birth: but you must take it away quickly after the birth. The same Stone as the Caldeans report, if it bee mixt with meates enuened: it forbids or lets that the same meat be swallowed downe. Euax. & Alb.

53  
The people of Astomores (as Plinie reports) haue no mouth: and are cladde with a woolly mosse growing in India, and liue onely with smelling of Odours at their Nose of Knotes, and

of



of flowers, and Apples that grow in the woods: which they carry with them in their long iournies to sustaine and nourish them withall. lest they should want thereof to smell.

54

The powder of Stone Witch, drunke in small drinke once euery day, for the space of foure or five dayes: is a very good remedy For a Bruise, medy for them that are brused through falling, or otherwaies.

55

When the sunne is in the day time, and the Moone in the night, in a Nativitye is corporally coniunct with any euill Planet: the Childe that is then borne will be blinde. And if this be in an Angle, or if the Lord of the Ascendent be with them then they will be blind in their youth. And if the said light so infortunate be not in an Angle, nor with the Lord of the Ascendent, then they will be blind in their age. Iatromath. Guat Ryff.

56

Three Payles made in the vigill of the Nativitye of Saint Iohn Baptist, called Widsomer Cue, and driuen in so deep, that they cannot be scene, in the place where the party dooth fall that hath the falling sicknes, and naming the saide parties name while it is doing: doo driue awaye the disease quite. Which Mizaldus writes of the reporte of one that proued it.

57

If you will presently turne Wine into Wineger, cast therein Salt with Pepper, mixt with solwe leuen and it wil performe it quickly. Mizaldus.

58

The roote of Meruaine hanged at the necke of such as haue the Kings Cull: it brings a marueilous and an vn hoped help. Which is Venus hearbe, that hath power of the neck: because of Taurus the Bull, being her house. Mizaldus.

59

Whosoever falles sicke in that yere wherein there is an Eclipse, and the Signifiers of the saide Eclipse be in the Ascendant of the Nativitye of him that so falles sicke, or in the Ascendent of his Revolution, or in the place of his Dilect, or of the Signifier of his life. That disease then taken, will be very perillous and deadly. Mizaldus.



60

Geese, Duckes, and other water Fowles, helpe their diseases with wall Sage, Hennes with Withwind, Geese with Varritch, the Cranes with Squinant, the Panther with mans dung, the Bozes with Iuy, the Hartes with Arthechokes, the dogs with grasse. Also Plinie sayth: that the smell of Crabbes will kill Bees, especially: if one see the them nye vnto their Hives. For they abhorre stinking smelles. Therefore they followe them fiercely that smell of stinking smelles.

61

To kil worms  
in Children.

If Children eate Raisins fasting, that haue wormes without any other meate, it will kill and auoide the wormes. For as bitter things are noysome vnto them: euen so is sweete things. For with the oft eating of sweet things, it makes them to swell and burst.

62

If the tender hornes of young Buckes, that is couered with a thin hairy Skinne, be cut in peeces, and then put into a newe potte well couered, and set in an Ouen or other place that is hot: wherby the same may be made into powder, & some of the same giuen with Pepper and Myrthe, to them that are tormented with the Collicke, in good wine: it will helpe them maruelously of the same disease. Scribonius Largus.

63

Pellitory of the wall stamped, and so layde to the Coddies, and vnder the Pauell. And so vsed foure or fve times helpes the Collicke and the paines of the Bladder and Coddies. A thing often proued.

64

They will be diseased in the Splene, in whose Patuinity the Moone is Lady of the first house, being Infortunate of Saturne. Or if the Lord of the Ascendent be infortunate in the seuenith house: or if Saturne be Lorde of the Ascendent, and infortunate of Mars: or if Saturne be infortunate by any meanes vnder the earth. Iatromath. Guar. Ryff.

65

Go rdes, Peares, Apples, Quinces, Cytrons, Wardens or such like fruite: wherupon you desire to haue some prettie, or other forme on the out side. If when they haue cast the flowers.

AND



and begins to haue any foyme or proportion: enclose them with in some wood, or other thing of stone, or of any other thing, and within of what foyme you list: and tye the same fast about the said fruite. But make not the said instrument on the inside bigger, then the fruit will be within it. And when you thinke that the fruite is full ripe: take the same with the fruit in it from the tree, and the fruit will be of that fashion and foyme as you desire. Mizaldus.

66

It is sayd that Alphons King of Castile, gaue to certayne Mathematicians a hundreth thousand peeces of golde: which were called or sent for out of Araby, Affricke, or other places for the making & framing of the Astronomical Tables (which shewes the continuall course and place of the Starres and Planets) which work is to be had euery where throughe his great liberality, to his perpetuall praise.

67

Galbanum made softer, and spred vpon a linnen cloth, and so applyed and layde vpon a plague soze: if the disease be curable, it wil so stick & cleane to the same, that it cannot be pluckt away: vnlesse it bring away the roote of the soze with it. But if the disease be incurable, it will not cleaue. Arnold de villa noua.

68

The little Sparrow hath a strength and vertue worthy of great maruaile. For if the Sparrow be condite or well powdered with salt and eaten raw, it doth expell and driue forth the stone by the vrine, and cures the disease so perfectly: that the same shall neuer breede againe: The Sparrowes maye be condite very wel, if when their fathers be pluckt off: that then they be powdered and couered well with salt, and so dyed and eaten: if you haue many Sparrowes, they maye be sodden as other birdes be. And also they may be burned in a pot close couered with the feathers and all: and the powder of one of them so burned with a little pepper and Synamon, may be given to them that are greued with the Stone. There be which condite them (their feathers being pluckt off aliue) with Salt, which is better. Some doo eat them roasted whole, so that they cast nothing away of them but their feathers. They that will know moze hereof: let them take counsaile of Aetius and Paulus Egeneta, Mizaldus.

C 3



69

To make ones  
hands white.

If any will make their hands white, let them mixe the dung of Sparowes in warme water, and wash them therewith: or let them see the the rootes of Nettles in that water, and therewith wash their hands.

70

Aliquis writes, that the quilles or penne of an Eagle, mixt with the quilles or penne of other Fowles or Birbes, both consume or waste them with their odour, smell or ayre.

71

To help the  
rednes of the  
face.

The rootes of Lillies sodden in water, doth take away the rednesse of the face: if certaine mornings and evenings, the same be washt and rubbed therewith. This hath bene often proued.

72

Beastes that bee stubborne or wilde, and also Horses, that will wince or kick, or otherwise be unruly: wil suffer themselves to be dress, or els to be shod. If you put into one of their eares a little round Flint Stone, and then hold the eare hard with your hand, and it will make them quiet, though they be fierce. But if you put into either eare one, you shall haue them as milde as a Sheepe. Mizaldus had this as proued, of one of the king of Nauarres Stable.

73

Any stones will easily be made soft, if you lay them al night in the hot blood of an Oxe, the fat of a weather and strong Vineger mixt together. Iohan. Baptista porta, de Magia Naturali. As Mizaldus writes.

74

Apples that are frozen, if they bee put or cast into colde water and suffered to lye therein a while: will come to their nature againe. For thereby all their frozen congealing will bee resolued. Lemnius.

75

When you see the Mulberrie tree begin to budde, then thinke that the chæse cold is past. Plinius as Mizaldus affirmes.

76

To separate golde from siluer, do thus. Anoint the siluer that is guiltd with the Oyle of Linseed, and sprinckle thereon the powder of Roch Allom, and salte Armoni ack mixt together: which being well heated in the fier, quench in water: and the separate gold will remaine therein. Mizaldus had this of a cunning Goldsmith.



77

A Greene Jasper Stone hanged at the necke, dooth helpe and strengthen the stomacke, and the mouth of the stomacke very well. Which Galen affirmes by the reporte of Mizaldus. If they be hanged like a cheine about the necke : that the same stones do touch the mouth of the stomacke.

78

If the head of a Wolfe bee hanged in a Dove house, neither Cats, Weasells, nor any thing that will hurt Pigeons, will enter therein. Rasis & Albertus.

79

They are like to haue paines or diseases in the Lychtes, or Linges : or will haue the Tylich, or bee short breathed : that haue in their Patiuitie, the Moone in the Angle of the earth, (which is the fourth house) in coniunction with Mars or Saturne, or is infortunate by them. And likewise if Venus be the Ladie of the sixt house, and infortunate in a fierye signe. Iarromath. Guar, Ryff.

80

If you stampe Bariffe a little, and lay it in faire spring water for the space of 24. howers, and then wash any soze or scabie place therewith : it will heale it wonderfully. This is proued true. To help Itchings of scabs.

81

A Precious and a proued medicine, for the Stone. Soethe in white Wine, Tyme and Parrely very well, then straine it, and into a good draught thereof, shau a spoonfull of white sope, and giue it to them that are greued with the stone : and it will make them make water with speede.

82

The great number of Spydres doe foreshewe that the Summer following will be pestiferous and plaguic. Mizaldus.

83

There were scene two Brethren at one birth in Austria, that if they did set the sides of their bodies to wardes gates or doores that were lockt, the locks would then open. Iohannes Langius.

84

Carduus Benedictus stamped, and then well sodden with sewet or Swines grease, Wine and Wheate flowze, until it



It be like an ointment: is an excellent medicine for sores and blisters whatsoever. Beas, though the bones therewith be bare: but you must anoint the sores twice euer yday: washing first the corruption from the sores with white wine. Arnoldus.

85

Saint Austine reportes, that he did heare, whiles he travelled in Italy, that certain women were transformed into young Beasts of certaine travellers, by the eating of Chæse, that they might carry their burthens.

86

A present ease  
against  
the Gout.

Take one handfull of Mugwort, and see the it in swæte Dyle Cliffe, untill the third part of the Dyle be consumed: then anoint therewith any part that is tormented or pained with the Gout, and the paine thereof will be quickly gone or put away. This is an experiment of a Kings Surgeon, against the Gout of the fete and the hands. Mizaldus.

87

It is found by obseruation, that rats & Dormise, wil forsake olde and ruinous houses, thre moneths before they fall: for they perceiue by an instinct of nature, that the ioynts and fastning together of the postes and timber of the houses, by little and little will be loosed, and so therby that all will fall to the ground. Plinius, & Lemnius.

88

To cease bleeding at the nose.

If one blæde on the right side of the nose, bowe and presse hard the parties right little finger, that blæds: if on the left side then the little finger in like case: for therewith the bleeding will cease. This is a common and proued remedy. Mizaldus.

89

If you giue halfe a scruple (which is the weight of 12. Barly cornes) of pure Currall, made first in fine powder, with the nurse milke, to a childe that is newly born, before it taste any other thing, the same child will neuer haue the falling sicknesse. Arnoldus de villa noua.

90

One Baldus of Trydent Doctor of both Lawes, as hee was playing with a little Whelp of his owne, the same did bite him a little in the nether lip, who being ignorant that his sayde Dogge



Dogge was infected with madnesse : he himselfe within foure moneths after, became mad, and at the last being past remedy did dye miserably. Andreas Matheolus, in diascoridem, Which let them mark and consider that haue such pleasure in little puppets. Mizal.

91

Whosoever is tormented with the Sciatica, or the Colic, For the Gout let them take an hearbe called Speregrasse, and stampe it and lay a little thereof vpon the greese : but put vpon it a Cockle or a Walnut shel, and tye something on it, that the hearbe be not remoued: and within sixe or eight houres at the most, it will make a great blister on the same place. Then lay a Clot leafe, or else a Wozt leafe on the same : but first let the water out of the blister with a pinne, and it will draw out all the water that causeth the paine or greese. This helpt one that was pained therewith twenty yeres.

92

Boetius after Oppianum doth affirme, that Belles couered with the skinne of a Wolfe, do drowne the sound of other Belles that are couered with the skinne of a Lambe.

93

Put two or moe quicke Mice in a long or deepe Earthen pot, and set the same nye vnto a fire made of Ash wood : and when the pot begins to ware hot, the mice therein will cherpe or make a noyse : whereat all the Mice that are nye them will run towards them, and so will leap into the fire, as though they should come to help their poor imprisoned friends and neighbours. The cause wherof Mizaldus ascribes to the smoke of the Ash wood.

94

If you see the dregges or mother, or some of Dyle to the halfe : and therewith anoint the bottome, corners, and fete of any Chest or Presse, the clothes that you lay therein, shal neuer be hurt with Mothes. So that it be day before you put therein your clothes. M. Varro. and Cato. To Keepe Cloathes from Mothes.

95

If one aske the Astrologian which part of his life is like to be the most fortunat. Let him giue the first quarter of his lifets the Ascendent, the second quarter of his life to the tenth house : the third quarter to the seauenth house : and the fourth part of his life, to the fourth house. And marke in which of them there

is

is



is fortunate Planets, and the part Fortune, and the Men from Infortunate Planets, and not combrst. Judge that, that part of the life is or will be most fortunate. Haly Abenragel.

96

If you would not haue haire to growe, pluck them first by the rootes, then vse to rub the same place with A qua fortis diuers times, a little at once: and it will stay the haire from growing there any more. A woman told mee this for a great secret.

97

Make a Plaster of Potters clay mixt with Vineger, and the white of an Egge, and apply it to the Coddies of him that bleedes at the Nose, and straightway his bleeding will stay or cease. This is a sure proued medicine.

98

Giue to a woman, that suspects her selfe, to be with child, at night when she goes to bed, a clove of Garlick to eat: and if she feele any saour thereof in the morning when she riseth then she is not with child. If she feele no saour thereof, then shee is with child. This I had out of an old written booke.

99

They will haue weake or feeble hartes, or will be much giuen to swoounding, in whose Natinitie the Sunne is Lord of the sixt house, or Lord of the part of infirmity, being impedit, or Infortunate. Iatromath. Guat. Ryff.

100

An excellent and approued thing to make them slender, that are grosse. Let them eate thre or foure cloues of Garlick, with as much of Bread and butter every morning and euening, first and last, neither eating nor drinking of thre or foure howres after their taking of it in the morning, for the space of fourtene dayes at the least: and drinke every day thre draughts of the decoction of Fennell: that is, of the water wherein Fennell is sod, and well strained, fourtene dayes after at the least, at morning, noone and night. I knewe a man that was marueilous grosse, & could not go a quarter of a mile but was enforced to rest him a dosen times at the least: that with this medicine tooke away his grossnesse, and after could iourney very well on fote.

The end of the second Booke.

To make a  
grosse body  
slender.



The third Booke of Notable things.

1



Two Eggs laid in the evening, in strong and tart vinegar, and taken out of the same the next morning: so that you perceiue their shelles therewith to be something soft, els let them lie longer therein: and then put or thrust them downe into the throate of a horse that hath the cough, his tongue being holden all that while out of his mouth, will helpe him perfectly of the same.

2

The Turtle Doves haue such a loue one to another ( being makes ) that when one of them is dead, the other will neuer after haue any other make. Aristo.

3

If one aske Astrologian, which part of the Land or Country is best for him. Or if one would go out of the place he dwels in, to dwel in another, and doth aske in what quarter or part were best for him to goe? Marke in what part of the heanens the good Planets be, from his Ascendent, and iudge that, that part where they are found is best for him: but consider that from the degree ascending, to the beginning of the tenth house, is for the East part, and from the Cuspe of the tenth house, to the beginning of the seventh house, is for the South part: and from the Cuspe of the seventh house, to the beginning of the fourth house is for the west part: and from the Cuspe, or beginning of the fourth house, to the Cuspe of the Ascendent, is for the North part. Haly Abenragel. And as these quarters and parts are good to remoue vnto, where the good Planets are placed: euen so those quarters where euill Planets are placed, are euill to dwell in.

4

A certaine woman, a Florentine, was so pulled and gryped in her stomack with such torments, that no Physicion could helpe: which woman of a sodaine, did vomit long and crooked nayles, needles of brasse, with ware, and lumpes of haire, and at



last she auoided out of her mouth, a great fleshie pæce, such a one as a Giant could not swallow. The Authoz hereof is Beniu-  
nius de admirãdis morborum causis. But he saith, that the sayd  
woman was possess of a wicked spirit. Mizaldus. ( Which I be-  
leeue was done by the deuill. )

5

Plinie reports, that men in ancient ttime, did fasten vpon the  
gates of their Townes, the heades of Wolves: thereby to put  
away witchery, sorcerie, or Enchantment. Which manie Hun-  
ters obserues, or doo at this day, but to what vse they know not.

6

A Moule or Mount enclosed in an earthen pot, if you set there  
the powder of Wymstone on fire, she will call other Moules or  
Mounts to helpe her, with a very mourning voyce. Mizaldus.

7

If you take an Dake Apple from an Dake tree, and open  
the same, you shall find a little worme therein, which if it doth  
flye away, it signifies warres: if it creepe, it betokens scarce-  
nes of Corne: if it runne about, then it foreshewes the Plague.  
This is the Country mans Astrologie: which they haue long  
observed for truth. Mizaldus.

8

If a man be sick, marke his eyes when hee sleepe: for if any  
white thing appeare betwixt the eye-lids, and the Patient haue  
no great laze, nor receiued any purgation before: it is a terrible  
and deadly signe. Aphor. Hippoci.

9

Whosoever is troubled with the Cough, or shortnesse of  
breath, let them drinke a good draught something warmed of  
this following, thrice euery day first and last, and one holwe  
after dinner, for the space of seauen or eight daies: & it wil helpe  
them (God willing) for it is an excellent and often pꝛcued thing.  
Take of the rotes of Enulacampana, rut in small pæces, of  
Hyssop and Peniryall, & also of good scraped Liquorice, of each  
two handfull. Seth them all in a gallon of pure and faire wa-  
ter, vntill the watre come to one pottell, then straine it wel, and  
keepe it in a cleane vessell, close stopt or couered, and so vse it.



10

Hope mixt with a little Salt, helpeth perfectly a Fellon, An-  
come, or other soze or swolne finger, with speed. I knowe that  
this hath bene well proued.

11

The white of an Egge well beaten and mixed with the pow-  
der of Masticke, helps chapt hands: if they be anoynted there-  
with.

12

Houfeare, any maner of way ministred to Hozes, brings  
this helpe vnto them, that they cannot be hurt whiles the smith  
is shewing of them. Therfoze it is called of many, Herba clauo-  
rum. The hearbe of nayles. Mizaldus.

13

If a Firre tree be touched, withered or burned with Light-  
ning, it signifies that the Master or Mistres thereof shal short-  
lie die. Seruius.

14

Galen sayth, that he hath found by experiences, (following  
the opinions of many) when any shall fall sick, and the Moone  
then be in the signe wherein a good Starre (or Planet) was  
found in the time of his birth, without doubt he shall escape from  
such sicknesse. If in the place of an euill Starre (or Planet) hee  
will not escape. Iohannes Tayfnier.

15

Soeth the leaues of an Dake, and the middle rinde thereof in  
water, and wash the head that is soze, or ful of Bustules there-  
with, and it will helpe it presently. This hath been oft proued.

16

Ganiuetus sayth, that in the yere of our Lord 1418. the 24.  
day of August, before foure a clock at afternoone, in the hower  
of Saturne, a certaine Priest called Iohanes Morterius, did aske  
him for a certain brother of his, which was sick: What should  
be the ende of his disease, death or health? Who after hee had  
erected the celestiall figure therfore, espying Mars within one  
degree of the ascendant in a moueable signe, beholding also the  
part fortue of a quartile aspect, with diuers other testimonies  
euill signes. And also Mercury being the Lord of the house of that  
Moone, in the 8. house, both retrograde and combust. Judged  
that the party would be madde, and so die within a day after:

A 3

which



which the messenger did declare vnto his friends, and to the ma-  
ster of him that was sicke, being his brother. Which happened  
so. For about foure of the cloke the next morning, he was so  
franticke, that he had like to haue killed his Master and others:  
But they were preserved through Gods speciall gift. And after,  
being close in a Chamber, did breake a poste, and so cast him-  
selfe headlong downe, and dyed.

17

The Rote of Belletter of Spayne, chewed betwene the  
teeth a good while: will purge the head and gummes very well,  
and fasten the teeth. So that it will helpe the headache and tooth-  
ache: if it be vled foure or five times in a day, two or three daies  
together. It is very true and often proued.

18

Take that, that is thorne from Scarlet, into powder by  
drying it at the fire, or in an Ouen, and then giue to the party  
that hath the bloudy fluxe to drinke: halfe a spoonfull thereof  
in red wine. Use this five or sixe times, and it will helpe him, or  
her shortly and surely God willing. This is well proued.

19

The gall of a Partriche, anoynted once a month on the  
Artyres of the temples of the head: So that it may penetrate  
and sinke in, doth profit very much, for the confirming of the  
memozy. Simeon Sethi.

20

If the tayle of a Wolfe be buried or put in the ground of  
any Towne or Village: no Wolfe will enter in that Towne  
or Village. Rasis.

21

Albertus makes mention of a Well, that whatsoever is  
throwne into the same: is turned into a stone. Whereof proufe  
was made by Frederick the first, who because he would not be  
deceiued, he threw into the same one of his Gloues, whereto first  
he put ware and sealed it with his owne King, and the one halfe  
of the gloue which was vnder the water, became stone: the other  
part aboue the water remained as it was before.

22

If one goe to any body, and doth aske them being learned in  
Astrologie, whether he shall finde him or speak with him, or not.

Marke



Marke the Lord of the seventh house, whom if thou finde in an Angle: say that he is at home. If in a Succedent house, then hee is nigh at home. And mark if between the Lord of the ascendent and the Lord of the seventh house, there be any application, or if there be any Planet beholding the seventh house, and carries the light of the one to the other, or that doth ioyne their two lights, and it be thus: then tell him that he shall finde him. If not, then he shall not Haly Abenragel. Which is true, so that the party doth goe to his Wife, or to his enemy or to any other common person. But according to Guido Bonatus: if he goe to a King, or to his master: then you must take the tenth house, and the Lord thereof: if to a Priest, or a Prelate, or a Bishop, then you must consider of the ninth house, as Haly biddes you doe by the seventh house: if to your sonne or Daughter, then the first house, if your father, the fourth house: if to your brother, then you must iudge as before, by the third house. And so of the rest, according to the significations of euery house. Wherefore the learned in Astrology are not ignorant: and this is a very true rule thoroughly and many times obserued. And the Lord of the seventh house, or the house that the party trauels vnto, doth signifie be in the Cadent house: then the partie is farre from home, so that hee is not like to speake with him.

23

Many haue proued that a Saphire tied to the Arter doth put away the heat in an Ague. And the same stone born against the hart, doth preserue the bearer thereof from the Plague, and from venemous things. Rasis & Albertus. and other.

24

If one that hath eaten Garlick or Comminsced, breath on the face of a woman that is painted, the colour will vanish away straight, if not: then her colour remaines as it did before. Lang.

25

The Leanes of an Elme Tree, or of Peach Tree falling before their time: doth foreshew or betokens a murrian, or death of Cattell. Cardanus.

26

Tiberius Cæsar, who was Emperoz of Rome when Christ suffered, when he awaked out of sleepe: did see in the darke as Cats do. Suetonius.

Whosoever



27

Whosuer eateth two Walnuts, two Figs, twenty leaues of Kew, and one graine of Salt, all stampt and mixt together, fasting: shall be safe from poyson and Plague that day. Which Antidote King Methridates had used so much, that when he drunke poyson purposely to kill himselfe: it could not hurt him. Plinius.

28

If you will enclose seedes of diuers kindes, either in Wax or in some other fast matter, made something thinne or small, shooting out of length, (that is) as long as you would haue the same to growe, and then putting the same in the ground well dunged: a merueilous hedge will spring therof. This is the workmanship and experiment of the Kings Gardiner. Mizaldus.

29

The Elephants haue sence and vnderstanding next vnto man and it seems they know, and keepe the course of the Stars: for at the change of the Moone they breake downe bowes from the trees and holded them, then mowing them by & downe, and they are marueilous docible. Gelius, and Plinie haue left it witnessed by Mutianus that was thise Consull, also Plutarch: that an Elephant did write the Greeke Letters. And Alianus saith, that an Elephant did write all the Latin Letters in order with other things incredible.

30

Grind Mustard with Vineger, and rub it well and hard on the plants or soles of the feete: and it will helpe and quicken forgetfull persons. Petrus Hispanus.

31

A most notable and proued water to clarifie the dimnes of the eyes, or sight, dooth follow. Take the iuice of Fennell, of Celedine, of Kew, and of Cybright, of eache two ounces Honey one ounce and a halfe, Aloes, Tutte, and Sarcacoll, of eache half an ounce: the gall of a Capon, chicken, or Cock, two drams: Nutmegs, Cloues, and Saffron, of each one dram, Sugar candy six drams, put all into a Limbeck of glasse, and distill it: and put of this water into your eyes once in the day, two or three drops at a time. And there cannot be a more pretious thing for the eyes then this. I know it by pzoofe, and therfoze I am the bolder both  
to



to praise it and publish it abroad to the great comfort of other.

32

The thre score and third yere of ones age is counted to be a dangerous and perilous time: for that it doth passe seldome without daunger of life, or without some other great misfortune. And it is obserued in many examples. Whereof Augustus Cæsar, (as Gellius reporteth) was marvellous glad, that he had escaped that yere of his age. The cause may be that the seuenth yere, and the ninth yere (being Anni climacterici & critici, which are Judicial yeres) multiplied together: makes the said number of. 63. Mizaldus.

33.

Sethe Iuy berries in Aleeger, or in white Wine, and when they be well sodde, sup of the same hot licour, and when it is cold spit it out, and sup more thereof. Whosoever doth thus, it helpeth the tooth ache.

34

They in whose Natiuity Venus is impedit or infortunate of Saturne. Are like to haue paines or griefes in their stones, especially, if she be in the Ascendent. And likewise, if Venus be with Mars in the eight house: or if the Downe Venus and Mars be coniunct, or in the euil aspect of Saturne, Iatromath. Guat. Riff.

35

Whosoever is lame, & can neither goe nor stirre their ioynts: Let them take of good Aqua Composita, and oyle of Roses, of either a like much, mixe them both together, and anoynt the greened place therewith Morning and euening, untill it be well. Which will be within a while after, but rubbe the place with warmed Cloathes well before. A thing often proued.

36

Whosoever hath Mars in the Horoscope, or the Ascendent at the time of his birth: certainly he will haue a speciall scarre or marke in his face. Pro. Which I haue tryed in many, and yet neuer haue found it false.

37

The circles of Cart wheelles, empty Carts, and the combe on a Cocks head: do maruelously feare a Lyon, (being a most hardy, or fierce beast:) but of all things he feares fiers, Tozhes  
light,

G



light, or firebrands. Plinius, Elianus & ali,

38

That Wiggins see not hunted or killed of Cats at the windows & a every passage, and at every Wiggins hole, hang or put little bratches of Kewe: for Kewe hath a marvellous strength against wilde beasts. As Didimus dooth say.

39

If the taile of a Wolfe be hanged in a house, no Wolfe will enter therein, neither any flies will flye into the same, Rasis.

40

If a mad man vse to laugh, it is a laudable signe, but if hee be very sad it is perillous. Aphor. Hipocratis.

41

for digestion

This medicine following will procure a good stomacke to meate. Take three drammes of good Sinamon, one dramme of Gallick, one dram of the parings of Pomegranets, and halfe a dram of Galingale, and stampe all these together, and temper it with clarified Honny: and then vse to eate as much thereof as a put euery day during ten dayes, fasting: and it wil procure a good stomacke, and also preserue and keepe the same from any euill humors to breede therein. This is an excellent medicine and often proued, and easie to be made.

42

If you marke where your right foote dooth stand at the first time that you do heare the Cuckoe: and then graue or take vp the earth vnder the same, wheresoeuer the same is sprinckled about: there will no fleas breede. Plinie by Mizaldus report. And I knowe it hath proued true.

43

To make the counterfeit Wandrag, which hath been sold by deceiuers, for much money Do thus as followeth. Take the great vsuble roote of Wziony, newly taken out of the ground, and with a fine sharpe knife, frame the shape of a Man or Wiceman of the same, with his stones and Cods, and other members there to. And when it is clean done, prick all these places with a sharpe steele, as the head, the eye browes, the chin, and the priuities, and put into the saide holes the seedes of Myllet, or any other that brings forth other small roots, that do resemble haire (which)



( which Leekeseedes will do very well ) or else Barly, after this put it in the ground, and let it be couered with earth vntill it haue gotten vpon it a certayne little skin : and then thou shalt see a monstrous Doll, and hairie, which will become the parties well : if it be workmanly or cunningly made or figured. Mizaldus. Another trim way for the like, is in the naturall and artificiall conclusions Englished by Thomas Hill.

44

Whosoever anoints his feete or hands, with the grease of a Wolfe : hee shall not bee hurt with any cold of his hands or feete so annoynted. Mizaldus.

45

Five leaved grasse, through Iupiters force, doth resist venim or payson. Whereof, if one leafe twice every day, morning and euening be drunken with wine. It is said to put away the Dusstidian ague. Thre leaues the Tercian ague. And foure leaues the Quarten ague. Marcilius Ficinus.

46

If in the beginning of the sicknesse, or at the tyme of asking of the question for the sicke : the Lord of the Ascendent, and the Moone, be in the fourth or eight house, Combust or Cadent, or coniuinct with the Lord of the eight house : they haue a certaint testimony of death. And if one of them onely, that is the Lord of the Ascendent or the Moone be so, it is a testimony of death : as is befoze said. Ioannes, Caniuet.

47

Uaruin stampd and strayned with Wine, water or Wineger, and then giuen to a woman that trauels, or is in her labour, and cannot be deliuered : it causeth speedy deliuerance. Trotula de passionibus mulierum. And Gilbertus affirmes the like, if it be drunke with water.

48

A Strange medicine and a rare secret, for consuming the webbe in the eye : oftentimes proued. Take nine little woormes with many feete of some called swine lyce ( if they bee thouched they become round as a button, they are to bee found betwene the barke and the wood of old Timber or Trees, ) stampe them with a little iuice of Woodbinde, or Betony, then straine the



same well, and let the party that hath the web in his eyde, sinke it in a morning some thing warmed. Do this thre mornings together, and it will cure it perfectly, ( God willing. ) This was told me for a very truth, by one that had proued it diuers times.

*for fainting 49 and Rounding*

This that followeth is a speciall medicine for them that swoond, or are faint at the heart. Take Rosemary, Sage, betony, & Marjoram, of each one handfull, and seeth them in a gallon or more of faire water till halfe the quarter be consumed: then take away the hearbes, and put to the said water a good pinte of Honey, and then skum it well, and then put thereto an ounce of Stycados, tyed in a faire linnen cloth, and let it seeth a little while, and then take it out of the said water, and then put thereto an ounce of Cinamō, thre quarters of an ounce of Nutmegs, and as much of Ginger in powder: And vse to drinke a good draught thereof twice euery day something warme, first and last for the space of five or seven dayes: And then it helps perfectly.

50

That childe will bee deafe, that is borne when Mercury is Lord of the sixt house, and infortunate by euill aspects with Saturne, chiefly: if he be in the sixt house. Likewise they will haue great impediment in their hearing: in whose natiuitie Iupiter and Saturne bee both impedit or infortunate aboue the earth. That is, if they be Retrograde, or Combust in euill places. Iatromath.

51

They that haue any paines, or swelling in the throate, let them take a Jewes eare, ( which is to be had at the Apothecaries ) and lay it to steepe in Ale, a whole night, and let the party drinke a good draught thereof euery day, once or twice, untill they perceiue themselves amended. A proued thing.

52

A strange matter and a thing followeth worthy of memory. Whosoever hath the Kings Cuill, and lookes vpon a certaine Bird, called Galgulus, of a marueilous sharpe and quick sight, by and by the same byrde doth draw to her the yellowe vapours of choler, and heales the party perfectly through a certaine great benefite of nature. But where as through a secret gift of nature



nature she doth perceiue or smel the diseased party to come toward her, she will close her eyes, & hide her head vnder her wings not that she doth enuie the parties health, or loath to help him of his disease: But because she doth greatly feare the sharpnes of the humoz, which the more the party infected comes to her, the more it will paine her, and he the more eased. Therefore they were wont to sell this Birde to such as had that disease, in some close thing, or couered: least the party should bee healed for nothing. The Authozs herof are Hiliodorus, Plutarchus, Elianus, Suidas, and Plinie; with other. And Kirannides, and after him Albertus reposes: that if this Birde refuse to looke vpon the diseased partie, it is a token that he shall dye therof. But if she look euen vpon him, she drawes the disease to her self, and then by and by or sone after, she flying against the Sunne, doth vomit it out of her. And thus she doth cure the sick party, and deliuer her selfe from the same, through a certaine marueilous benefite of Nature. But learned men do much dissent in taking of his Birde. Plinie contends that it is Icterus, some do think that it is Chlorus, or Chlorio, which the French men call Lorion & Lorient, the best part of the Physicians defendes that it is Charadrius: some affirmes that is Oriolus: others say that it is Galbulus or Galbula or Chloris which Gesner likes not. And Mizaldus leaues it to the iudgement of the Doctors or learned, vntill experience shall try the truth therof. Mizaldus in suis Mirabilius seu arcanis.

Orpheus and Archelaus affirme, by the report of Plinie, that if the lippes of them be smeared with mans blood, that are fallen of the falling sicknes by and by they wil be deliuered from the traunce or fitte, or if their great iawes be then next pulled or pincht.

54

The middle rinde of a Cherry tree, stamped and strayned, and the said iuice put into a little white Wine warmed, & then giuen to drinke to them that haue the stone, or cannot make water, it auoides the grauell or stone, and makes them to make water presently. Use it three or foure times.

55

One may make beyonde sea Azure as followeth, and counterfite it very well, Take common Azure, and beat or stampe

G 3.

it.



it well with vineger, and auoint therewith a thin plate of pure siluer, and put the same ouer a vessell ful of vrine, which set ouer hote ashes and coales, and let it be moued and stirred, until it be like beyond sea Azure. This is the best way. Mizaldus affirmes that he had this out of an old written Booke.

56

If you do put Quicksilver into a pot amongst something of hote Pease, the pease will leape out of the pot: except the vrine or mouth of the pot be too high, or the fire too small. Mizaldus sayth that this is proued.

57

If in the degree of the Ascendent, or neer vnto it, within two degrees, there is an euill Planet. It is an argument of the death of the party that did fall sick at that time, or for whom the question is then asked, for the state of his sicknesse. And if it be in a moueable signe, it betokens that the sick shall die within so many dayes, as the said euill planet is degrees from the degrees of the Ascendent, if in a fixed signe, then it signifies a long time: (that is, as I haue tryed, euery degree a month,) if in a common signe, it signifies a meane time between both (that is as I haue found, euery degree a weeke,) Iohanes Caniuetus. But you must beware, if the said Planet be direct, that he doth applie to the degree ascending.

58

If any doubt, or feare any thing whatsoever it be, and asketh thee hauing knowledge in Astrologie thereof marke and consider the Lord or Alinuten of the Ascendent, whome if thou dost finde pure and safe from infortunes, and he beholding the Ascendent, the feare is needlesse. For no harme shall happen according to the feare. Haly Abenragei.

59

Sauery beaten and sodden in Vineger, and layd in manner of a plaitter to the hinder part of the head: doth merrely awaken those that are heavy asleepe.

59

Here followeth the making of a pleasant Dyle of Cloues. Take of Cloues one pound, which beate to powder in a bra-



zen mortar, then adde thereto thre pound of Almonds scraped and beaten in a mortar : and when they bee well mixed together, sprinkle thereon foure ounces of the best white Wine : letting it so lie in a masse, for the space of eyght dayes at the least: after that stampe the whole ouer againe, and then put it into a newe Earthen pan, which heate ouer the fire so long, that you cannot suffer your hand in it : then put it by into square bagges, and wring the same hard in a Presse, untill all the whole substance of the Dyle be come.

61

Take a Frogge, and cut her through the middes of the back with a knife, and take out the Liuer, and folde it in a Colewoort leafe, and burne it in a newe earthen pot well closed, and gyue the ashes therof vnto him or her, that hath the falling sicknesse to ozinke with Wine, and it will helpe him, And if the partie be not healed at once : then doe so by another Frogge, and so doe still, and without doubt it wil helpe him, if hee vse it. This was told me for a sure experiment. And it is also affirmed by Petrus Hispanus.

62.

A wonderfull thing, passing all credite chaunced in the Bishoppricke, or Dyoces of them of Eistertence, in Germany: but that it was seene of diuers credible witnesses. A certayne Husbandman there called Vlricke Neucesier being tormented with cruell paines in one of his sides, sodaiuely tooke hold of a nayle that was vnder the skinne vnbut: which cut by a Surgeon, he tooke out the nayle: yet for all that the paines did not cease. Wherefore the miserable man suspecting that there was no remedy to be had for his paine, but by death, he tooke a knife and cut his throate. And the third day after, hee being carried to burying, there was thre present, one Eucharius, Rosenbader, of Wessemburge, and Iohn of Ettenstet, Surgeons, in the presence of many, which did cut or open the belly and maw of the saide dead Husbandman. Wherin was found being marvellous and prodigious, a long and round peece of wood, foure kniues of Steels partly sharpe, and partly nickt like a Sawe, and two sharpe instruments of irou, that were longer then a span: and they had therein also, haire rowled together as it were a round

Bowie



Bowle or Ball. This was laid or put into his Pawe, by none other arte, but onely by the craft and subtiltie of the deuill. This hath Ioannes Langius written in the first part of his medicinall Epistles. Epistol. 38. de prodigijs & præstigijs dæmonum in morbis. Mizaldus reports it also.

63

In many Ponds, all the water and mudde taken out, by and by Celes doe bꝛeede, if raine water come into them, for that with the dewe, they doe liue and are nourished. Arist. Plutarch. And other.

64

If the right knee of a Bull be tyed with a broade band, it will make him tame. Alianus.

65

Let the party that bleedeth, chaw the roote of a Pettle in his month, but swallow it not downe: and without doubt the blood will stench: for if one keepe it in his mouth, he can loose no blood. Petrus Hispanus.

66

If a man mad find ease in sleeping, it is good: but if his rage encrease, it is to be feared. Hippocrates in suis Aphor.

67

If the Lord of the Ascendent or the Heaue, or the Lord of the first house be Combust, or Retrograde, and the Lord of the Ascendent be in the eight house coniunct to Mars or Saturne: the sicke must die of that disease. Ioannes Ganiuetus. (But God can restore health past all hope.)

68 to breake wind

This medicine following, doth marueilously breake wind in the belly. Take Commin seede, Fenneil seede, and Annis seede, of each a like much: beate them to powder, then seethe the same in Wine, and drink a good draught thereof first and last, foure or five dayes together, and you shall finde a great helpe thereby: for it hath bene often proued to their great ease and comfort that take the same.

69

Take a spoonfull of Aqua vitæ, and two spoonfulls of the water of Arsemart, and anoint any ache therewith twice euerie day, morning & euening: for the space of five or six dayes at the most,



most, and it wil heale it for ever. I had this out of an old written Booke.

70

He will be weake in the acte of generation, in whose Patri-  
uitie Venus is ioyned with Saturne, especially in the tenth or  
eight house: or that the Moone is ioyned with Saturne, is an evil  
aspect of Venus: or if Saturne be in the first or twelfth house, in a  
moyst signe infortunat ing Venus. Iatromath.

71

This following is an excellent medicine for the Stone. *for the Stone*  
Take an handfull of Holly berries in a pinte of good Ale, till halfe  
the Ale be consumed: then straine it, putting then a little butter  
to it, and let the partie drinke thereof five or sixe spoonfull: and  
within halfe an hower after, the party will make water (if ever  
any medicine will caue it.) This was told me for a very true se-  
cret.

72

The learned and wise among the Persians affirme, that if  
sage be putrifid or laid to rotte in Hoedung, while the Sunne  
and Moone do both occupy the second face of Leo: thereon will  
bryede a Bird like an Dovesell, or Blacke Bird: the ashes whereof  
being burned, and strewed or cast into a burning Lampe, will  
make the house seeme to be full of Serpents, Hermes.

73

If the eares of Cats be stowd or cut off, it wil make them keep  
home the better. For that then the water (which they cannot a-  
bide) will drop into their eares being open. And if they be gelded,  
especially the male Cat, they will not onely be more tamer and  
fatter, but also therby they will range abroad the lesse, Mizaldus.

74

It is said that Cockles and Dyffers in great Thunders, do  
vomit and cast out then pearles. Whereupon many are found  
in the Sands, Mizaldus.

When any drawes nye toward their death, and not  
their members lacke blood and vitall heate: then fleas and Lice  
leauie them quite, or else draw to that part of the body where  
the said heate carries the longest: which is in the hole in the  
necke vnder the chin. &c, This is a token that death is at hand,  
Lemnius.

H

The



76

The leaues of **Walwoyt** sod with **Wine**, doth maruelous-ly mitigate the paines of them that are tormented with the gout, if they be applyed to the place where the griefe or paine is. There be that preferres and extolles with maruellous praises the iuice expressed out of the leaues and rootes thereof, sodden with **Wine** and **Bay butter** : and in the steade of a **Liniment**, anointed still on the græued member, that is, thre or foure times every day, Mizaldus learned this of one that proued it.

77

A **Rush** dreyed and put into **Wine**, if there be any water therein, drawes it to it, (the **Wine** left alone, or together:) Which is good and profitable for trying of **Wine**. Mizaldus.

78

A notable medicine to heale lame members, doth followe. Take of oyle **Oliffe**, **Aqua vitæ**, **Oyle of Creter**, and of a **Beasts gall**, of each a like much, mixt all together, and anoynt the lame members therewith twice every day morning and evening, the space of a fortnight, being well rubbed before : and it will helpe the same of a certainty. An old woman in **Worcester-shire** did helpe many therewith.

79

If out of one pound of excellent **Wine**, with as much **Salt** as you can holde in your hand, and the **Leese** of pure wine you doe distill a water, you shall finde that it wilbe the hottest water of all other. Mizaldus had this of a certaine **Alchymist**.

80

It is said that **Harts** in **Crete**, being strooken with darts enuemenomed, doo eate of a certaine hearbe called **Dittany** : and thereby the pricke or any other thing that tickes in them is driuen forth. Mizaldus.

81

There was a certaine woman great with **Childe** in **Pago**, not farre from **Andernacus**, a **Towne** of the **Bishop** of **Cullen**, desiring or longing to eate or to feede on her husbands flesh, and although she loued him intirely, shee killed him in the night, and being satisfied with the half of his flesh, she powdered the rest with **Salt** ; but after when her great longing did cease, and that shee  
did



did repent the dæde, she did confesse it to her frændes that sought for her husband. Iohannes Langius, in his medicinall Epistles. Therefore it is good for the husbands to take hæde, while their wiues haue such inordinate longing vpon them.

82

Many haue beene helped that haue had foule and leproous faces, onely with the washing the same with distilled water of Strawberries: the Strawberries first put into a close glasse, and so putrified in Horse dung. Conradus Gesnerus.

83

If in the time of the birth of any, Mercurie bee Occidentall from the Sunne, not vnder his light, or his beames: (except in Aries or Leo) nor Retrograde: being then in any of the foure Angles, strong, and well affected: dooth shew that the childe then born, shal be hie minded, strong, and famed for his strength, and liberality, and shewes also that he shall be an Astronomer. For Mercurie Occidentall in Leo is wont to make Astronomers. And Mercurie Orientall of the Sunne, and strong, dooth shew great knowledge, wisdom of handy workes, chiefly if he be with the Moone, or in the house of the Moone that is Cancer, and if it be in a moueable signe: it signifies inconstantnesse both of dæde and mind, but in a fixed signe constancy. Taismar.

84

Primrose leaues stamp, and laid in the place that blædeth, stancheth the blood. This hath been proued.

58

Take Blacke Soap, and almost as much Ginger in powder, and mire them well together, then anoynt therewith any Wethers or Kingwoorme every day, for the space of foure, or five daies together, and it will heale it. certainly proued.

86

Take Aloes Epaticum foure drammes, Bizony, Masick, Myrhe, Asarrabacca, Scamony, of each a dramme mix: the same made in powder, with the iuice of Fennell, and a little clarified Hunny to preserve them: take a dramme thereof, which is the weight of thre score and twelue. Eatly comes at the most early in the morning, and neither eate nor drinke of thre or foure howers after: If they bee giuen nine dayes together, they

W 2

helpe



helpe marueilously : and they are very excellent for all manner of heas-ache, approued (though neuer so long rooted.) They purge all humors, they bring gladnes, they are good for the eyesight, they preserve the minde, lettng or hindring the hoarinesse of haire: they helpe the swimming of the head, and the Begrim, and heale the sounding of the eares. But to the weaker persons giue the lesser quantity. Make it in five or six little round pills or balles, and swallowe them one after another at one time. They are proued to be very good, I found this in a very olde written Booke.

87

If Mercurie be impedit of Saturne in a Childes Patiency, it doth hinder the tung. But it is worse when they be corporally coniunct together, especially, in the Ascendent, or in the seventh house, and in the same signe with the Sunne, (Mercurie being then Occidentall:) or if Mercurie be above the earth corporally coniunct with Saturne, or else in an euill aspect of Saturne, and in a dumbe signe called signum mutum, and also is infortunate: that is to say in an euill place, Retrograde or combust, and peregrine: That party then born, will haue great impediment in his tung, or else will be dumbe, and cannot speake, Iatromath. Guat. Ryff.

88

Iohannes Langius an excellent Phisicion saith, that he heard it reported of certaine Horsemen of the County Valentine, that they did see in Austria, a man, which with barking, and with swift running: contended and strived with Dogs, and was hunted of them unhurt in the Woods.

89

The eyes of young Swallowes being in the nest, prickt with a needle or a pin, and so made blinde, within foure or five daies after they will see againe: Which is very true, for I haue proued it. But how they recover their sight I knowe not. But diuers write, if their eyes be hurt, the old Swallowes restore their sight againe with the iuice of Celendine.

90

White Poppie and Henbane seede, a litle stamped, and tempered with the white of an Egge, and laide to the forehead prouoketh



provokeeth sleepe, This hath bene often proved.

91

This following will heale lame members. Seth Kelle, and Rosemary, of each two handfulls, with common Oyle, and Galmesey, of either one quart together, for the space of halfe an houre: then let the lame members be washt and bathed there-with, (but before the sa. d member or greened place must be well chafed with a hote cloth,) then when it is well bathed (which will be within halfe an houre, (wrap and keepe the member or place so bathed with a Lambe skinn, (the wool-side inward,) and doo thus every nig it before or at going to bed, three weekes at the least, and he will be whole and sound thereof. Doctor Owen hel ft one therewith, and with none other thing, that coulde neither stand nor goe, but was very lame. They that sawe the p. ose thereof, told it, me, which were persons of good credit.

92

It was a hainous offence with the Egyptians, either willing-lye or by chance to kill a Catte. And Diodours tels a pretty sto-rie thereof, lest it might be thought to be a fable. In the time of Ptolomie, a league or amitie being begun betweene him and the Romanes: A certaine Romane then against his will, had killed a Cat: whereupon the Egyptians gathered together, and did beset the house where hee was, requiring to have him to be executed for his great offence, (no whit regarding the power of the Romanes, nor yet their league or friendship with them: ) When had not the King and Rulers bene, they would have dravone him out of the house and killed him. Diodorus.

93

To keepe harnesss or any thing made of yron or Steele from rusting. Let the same be rubd ouer with Vineger mixt with Ceru'e, or the marrow of a Hart, (which is saure better then Oyle) and it will keepe them saire and bright.

94

If the Lord of the second house, be in the first house, and for-  
tunate, the Child then borne shall possesse riches without labor.  
And by the nature of the Planet thou maist knowe, wher by the  
riches will come. And if it be the Sunne, it will come to him by  
power,



Power, that is, the riches will happen by help or fauour of great Power: if Mars, then by warres or by theft, if Saturne, of the inheritance of the dead, if Iupiter, of faith (religion) or of Masters of faith, or of the Lawe and such like appertayning vnto Iupiter, if Venus, by women, if Mercurie, by learning, wisdom or marchandize, if the Moone, by the workes of handes or by iourneyes, but if the Lord of the second house (so placed) be not fortunate, and an euill Planet beholding him, he shall lose all his goods, Tailhier.

95

A notable Oyle or medicine for the Colicke and ioynt aches, very true and often proued. Take the iuice of sage, of Aquavitæ, of oyle Debay, of Vineger, Mustard and of a Beasts gall, of each a like much: put them all together into a great Bladder, and chafe it well vp and downe with your hands for the space of an hower and a halfe, and keepe it then to your vse, and anoynt the griued place therewith euery morning and euening: and you shall finde your selfe healed within a short time. This is a sure and often proued thing.

96

This precious medicine following, doth preserve and keep them that take it, safe from poyson or plague. Take of Juniper berrie s two drams, of earth of Lemnie, called the Physicians Terra Lemnie, as much, and one scruple more which is the weight of 24. barley Cornea. When you haue made them in fine powder, mire them with Honny, & keepe it to your vse in a cleane vessell: giue as much thereof at one time as a Hasell nut, in three ounces of Aqua Mulsa, which is made with water and Hunny, that is, of one pound of Hunny, and eight pound of water sobben and skimmed over an easie fier, untill the fourth part be consumed. This excellent Antidote did King Nicomedes vse, when any did bid him to Banquet or any other chære, that he did suspect. If there be no poyson taken before it, it will remaine quietly in the stomacke: but if there be any poyson, it will procure vomit: so that thereby the poyson and medicine will both come forth. Mizaldus.

97

A notable thing to cause one to sleepe immediately. Take of the iuice of Henbane, of Lettice, of Plantane, of Poppie, of the



the leaues of Mandrag, of Iuie leaues, of Hulbery loaues, and of Hemlocke, of eache one dram, of Opium, and of Iuie berries, of either as much: stampe the Iuie berries and the Opium together, and mixe the iuices and them well together: then dip a Spunge into the same, and let it drinke it all vp, and then lay the same Spunge in the Sun to dry: after lay the said Spunge to the parties Nose whome you would haue to sleepe, and he will sleepe quickly. And when you will awake him, dippe another Spunge in Vineger, and hold it to his nose, and he will awake within a while after. This is an excellent thing and true.

98

Beware that nothing binde thy body hard, when thou bledest, and then hold thy hand full of Shepheards Purse, and stedfastly looke vp to the Sunne, and the bleeding will cease. This is proued.

99

To make a powder that will drawe out a tooth without any instrument. Take Spurge, Belliter of Spaine, Smalledge, the dung of a Kauen, or of a Crowe, Galbanum, the brayne of Partridges, and also a Frogge, of each a like much: burne all these together in a newe Earthen pot all to powder, and with a little of the same powder touch the tooth that you would haue fal out: and doubtlesse within a quarter of an houre it wil fal out: But you must take heede that you touch none other tooth there with. This I had out of an old witten booke.

100

Seethe Gallowes and red Nettles together in faire water, and let the party that is costiffe, or cannot goe to the stoule, sit close ouer the same, and receiue the fume thereof vp into his fundament: and it will helpe him certainly, and speedily, (God willing.) A thing often proued.

Here endeth the third Booke:



The fourth Booke of Notable  
thinges.

I



Take Dreale as followeth, which makes one to  
asleepe while he be cut or burned be. Cauterizing,  
as followeth, Take the gall of a barrowe swine,  
or the gall of a Boze, the iuice of Hemlocks thre  
sponeful, and of the iuice of wilde Sep thre spo-  
full, of iuice of Lettice, of the iuice of Poppie, of the iuice of Hem-  
bane, and Risell, of each thre spoonful: mixe them together, and  
boile them well, and do them in a Glasse vessell well stopped,  
and put thre spoonfuls thereof in a quart of good wine or Ale,  
and mixe them well together: and let him that shall be cutte or  
Cauterized sit against a good fire, and giue him drinke thereof  
till he fall asleepe. This I had also out of an old written booke.  
Use it warilie, and proue it aduisedly: if you begin with a little  
quantitie, you may encrease it when you will: but if you giue  
too much at once, you cannot diminish it when you list.

2

They will be hindered in their smell, or will haue diseases  
or grieues in their Noses, In whose Patiuitie Mars and Venus  
are impeditie aboue the earth. Iatromath.

3

Dye the rootes of red Pettles, and make them in powder,  
and drinke a spoonfull of the powder thereof in a draught of  
white wine something warme, & it will breake the stone, though  
it be neuer so great, and that with speede. Use it every day un-  
till the stone and grauell be all broken and consumed. A thing of  
small price, and great vertue.

4

A combe made of the right horne of a Ram, doth take away  
the head-ache, being on the right side of the heade, if the pained  
head be combed therewith. If the paine be on the left side of the  
head, then a Combe made of the left horne of a Ram, doth take  
it away: if the pained head be combed therewith. This I had



of Notable things.

out of an olde Booke.

5

Thebet the Philosopher doth teach, that to get the vertue of any Starre, you must take a Ring, when the Moone doth behold happily by a Tryne or Sextile aspect the same Starre placed in the middes of the Heauens, or in the Ascendant: but the matter or substance of the ring must be made of that metall that belongs to that Starre: and likewise an hearbe ascribed to the said Starre, must be included or put vnder the Ring.

6

Dippe a silken thred in the blood of a Goose, and then let the Patient swallow it that hath the Squynancie, or swelling, or paines in the throate, and it will helpe him.

7

This following is a notable medicine for the Colic. Take the roote of wilde Pepper, and the roote of the wilde Docke first sodden by themselves, then pare off the skinnes, and cut them into peeces, and stampe them both together, as small as can be: then put thereto a quantitie of Soote of a Chimney, and temper them with the Milke of a Cow that hath the haire of one colour, then take vrine of a man that is fasting, & make a plaister thereof, and boyle all together, and as hote as the party can suffer it, lay it to the place pained or greued, and a day or a night without removing, and then lay another plaister of the same to it, and let it lie thereto as long as the other. And do thus nine times, and it will helpe him on warranties (God willing.) Proued.

8

If yron that is made cleane or polished, be tinted or rubbed ouer with Aqua fortis, wherein the filings or scrapings of brasse is dissolued: that yron will haue the colour of Brasse, Bap. Porta.

9

A horse that casts or holdes his eares back ward: for the most part is deaffe. And that horse that doth not ney in the company of a great number of other Horses is dumb. Simoneta Cardinalis.

10

The best thing of all other to keepe harnesse, or any other thing made of yron or steele from rustines, is this. Stampe the filing or dust of Lead, finely in a Leaden or yron mortar, putting

3



thereto a little Oyle of Spike (which besides makes it smell trimly) and therewith rubbe ouer the Harnis or any other thing as is before said made of iron or Steele. By this meanes you may carry your Harnis or other things so rubbed therewith, in watery places, and in moyst ayres safe from rusting. Mizaldus had this of a cunning Armourer.

## II

If one come to giue thee counsaile, and thou wouldst know whether hee meane well, or bee a deceiuer: Marke the tenth house, and if a good and fortunate Planet be found there, his counsaile is good, and true. But if there be an euill or vnfortunate planet there, he is a deceiuer and a liar. Which (saith Haly, as one that haue proued it) doo confirme, and doo say: if one come to counsaile thee, and the Ascendent be of common signes, or the Lord of the Ascendent, and the Sonne be in common signes: doo say that he is then a deceiuer, and will deceiue thee: Therefore harken not to him. Haly Abenragel.

## 12

One knot of the root of a Mullen, giuen to drinke, doth binde the loosenes of the belly. Proued.

## 13

He that wareth deafe through an Ague and bleedeth at the nose, shall recouer his hearing. Hippocrates in Aphor.

## 14

This medicine following, is proued by experience, and as a certaine diuine thing, doth cure euery pluxisie, and doth releaue the sicke from death: which ought not to be applyed vnto the sicke party, vntill the fourth day be past. Take of Dealtha two ounces, (which is to be had at the Apothecaries:) the oyle of sweete Almonds halfe an ounce, mire them together: with which ointment (beeing warme) let the greued place bee anoynted: then sprinkle vpon the anoynted place halfe an ounce of powder of Cummin finely ceased, (which done) take a Colewortt leafe made hotte vpon burning ashes, and anoint it with olde butter (not salted) and lay it hot vpon the anoynted and powdered place (tying it on with cloathes that it remoue not,) and a marueilous effect will appeare vnto you in the ceasing of the paine of the pluxisie: and in resoluing of the matter of the impostume. This remedy







19

Out of the Figge tree, there comes ~~saides~~ <sup>saides</sup> ~~or~~ <sup>or</sup> vapor, that if a Hen be hanged thereon, it will so prepare her, that she will be soone and easily roasted. Plut. And the like will be if the feathers be pluckt off from Fowles and Birds, and the skins pulled off from Beastes, and then layd or couered a day or two in a heape of Wheate. It is confirmed by experience, saith Mizaldus.

20

The professor of naturall Magicke affirmes, that Marueine being taken up or gathered, when the Sunne is in Aries, the Ram: and stampt with the seedes of Hyonie, and strained with white Wine and drunke, doth maruailously heale them that haue the falling sicknes. Oftentimes proued saith Mizaldus. Which he had out of a verie olde Booke of the seven hearbes of the Planets, witten to Hermes.

21

When any of the thre higher Planets, and the Sunne is in any of the Angles, the child then borne (being a boy) shall bee chiefe of his brethren. Or if there be any borne before him, they will die, and he shall holde the chiefe rule in his Fathers house. Tayfnier.

22

Salt dissolved in water or Wine, presently with his strength dooth put away the paines, and the heate of any burning, whether it be with gunpowder, or with oyle, pitch, scalding water, burning coles, burning yron, or any other meanes whatsoever, especially if it be bathed with linnen clothes, wet or dipt in the same, and a linnen cloth therein wet, and layd or applied to the place burned. Lemnius.

23

Take Sal armoniack, Roch Allom, Allom plume, Sal gem, Caytar, and Romane Vitrioll, of each equall parts, all which seuerally made in fine powder, mixt together, and dissolve it in faite clere water, then put siluer or siluer plate therein, and let it lie, and set it ouer the fire that it may be very hote: and you shall see that your siluer or plate will be maruailous white and faire. Mizaldus.

24

The roote of Zedoie (but be sure it be perfect & good) mixt  
with



With Keyfins, and a little Liquoris, champed with the teeth and swallowed, preserues them that doe so, vnhurt or without the danger of the plague, if they goe to any that are infected with the plague, or that are constrained to speake with them that haue the plague. Mizaidus.

25

The roote of Pyonie, (which is the hearbe of the Sunne) being pulled out of the earth on a Sunday, in the howze of the Sunne, the Sunne then being in Leo called the Lyon, and the Moone encreasing in light, (which is from her change to the full) deliuereth them of the falling sicknesse, that beare it vpon them. Marcellus Ficinus.

26

If at the first tyme of the falling sicke of one, or at the time of the question for the sick, the Moone be in the fourth house, with Mars, and good Planets be Cadent: It is signe of death. Iohannes Ganiuetus.

27

Let the woman that trauels of her childe, (or is in her labor) be girded with the skinne that a Serpent or Snake castes off, and then shee will quickly be deliuered. Tortula.

28

A maruailous rare secret, to draw out the oyle of Sinamon after an easie manner: which oyle preserueth the stomacke from corruption, by taking it by the mouth, and applying of it to the stomack. Take of Sinamon one pound, which stampe and beate finely: then mixe and impart it with the oyle of sweet Almonds, vnto the forme of an oyntment: then heate the same in an earthen pan somewhat, which after let stand (close couered) for foureteen daies, or twelue at the least: at the ende of which time, heate the whole againe sufficiently, (that is, vntil it be very hote) then put it into a bag, and wring out the oyle in a Presse, vntill the whole Sinamon remaine through dreye therein: then that which is come forth, will be of the colour, sauour and taste of the Sinamon. A secret, known to fewe to be wrought in this order.

29

The powder of Pellyfer of Spayne, mixt with the milke of Martwort or Spurge, and Galbanum, and a little thereof applied to any rotten or aking tooth: will breake it, or plucke it out,



out, and the paine thereof will cease. This I had out of an olde written booke.

30

If you would knowe whether one shall escape or not, that is infected with the Plague, (having the plague soze) give the party some excellent Treacle with white Wine, (so that hee be not troubled with an Ague, or then give the Treacle with Scabius or Planten water,) and also anoynt the Plague soze with the like Treacle: and if the same be dyed or burned, and remaine fixed, (the party thereby not releued or eased) it is a very euill signe: but contrary, if the party be eased, it is a great signe that the party shall escape. Arnoldus.

31

In the common place where the Censors of Venice sit, there neuer enter any Flies. Candent. Merula. And in the flesh Shambles of Toledo, a Cittie in Spaine, is not seene but one Flie in all the whole yeere. As Leo Papist. saith. And in Westminster Hall, in the Timberwozke, there is not to be found one Spyder, nor a Spydres webbe. Because (as it is thought) the Timber wherewith the roofe is builded, was brought out of Ireland, and did grow there. In all which Countrey of Ireland, I haue not onely heard it credibly tolde, that there is neither Spyder, Wode, nor any other venemous thing: but also that some of the earth of that Countrey hath bene brought hither, whereon a Wode being layd, she hath dyed presently. Though this be marueilous and strange, yet it is true.

32

It is proued (saith Taysnier) if Iupiter be in the fifth or in the twelfth house, whether hee be Orientall or Occidentall, of the Sunne, or whether hee be in a Masculine signe or Feminine, the first childe of him or her then borne, will be a boy.

33

The iuice of ground Iuie, snufft vp into the nose out of a spoon or a sawcer, purgeth the head marueilously, and takes away the greatest and eldest paine thereof that is. This medicine is woorth gold, though it be very cheape. I haue knowne them that haue had marueilous paine in their head, almost intolerable, for the space of a dozen yeeres: and this hath helpt them presently, and neuer had the paine since they toke this medicine.

This



34

This medicine following will kill wormes in the belly. Take the gall of an Oxe or of a Cowe, & so much of the flower of Lappes (which are to be had at the Apothecaries) as will thicken the same, mixe them well together, and lay it on wool, and so plaister it to his belly where the greese is, and about the nauell, and after twelue howers lay thereon another plaister. Doe thus foure or five dayes and it will helpe him.

35

How greatly is the sicke party to be feared (or iudged) not to escape, if in the time of the question, or the first beginning of the sicknes, both the Luminaries are vnder the earth, &c. Iatromath M. Guat. Ryff. Argent.

36

If hote burning golde be quenched in pure Wine, (the same Wine being drunke) it procures strength to the cheefe members, and to the vitall partes. And it makes strong the naturall faculties, and doth help the diseased part, with strength and vitall spirit. And this liquour is thought to be very good in the time of Plague. And if the same be mixed with a little Tarre, it doth quite put away from any place of the body, all spots though they be neuer so foule. Yea, it helpes a leproous face, a red nose, and any other deformity of the same, if the place infected be washed and rubbed oftentimes therewith. Lemnius.

37

The water that drops out of the Wine, or the gumme that is found there, being drunke with white wine, doth break and expell the stones in the reynes maruailously. And also being rubbed upon Kingwormes, Letters and leproous places: it doth cure them, but they must be rubbed before with Aiter. This was tolde to Mizaldus, as a proued thing.

38

If his spittle which hath a consumption, being cast vpon the coales doth stinke, and the haire fall from his head, it is signe of death. Hippocrates in Aphor.

39

There is a certaine Eleduary of life, of Arnoldus de villa noua, in a little booke of his, of the putting backe of olde age: described



described of the five kindes of Myrabolanes, made for the conser-  
 uing or keeping of health, and prolonging of life. And it is a per-  
 fect and approved thing. For it doth not onely comfort, but also  
 it doth purge superfluous humors remaining of nutriment past:  
 And the vse thereof doth let or hinder gray hayres, and it makes  
 one come to the last olde age. It strengthneth the stomacke, and  
 the vse thereof maketh a good colour in all the body. And this  
 is the description thereof. Take of great Rayfins clesed of their  
 stones and stalkes, two pound, Liquorice made cleane and bea-  
 ten, one ounce, let these be put into two pound & a halfe of faire  
 water, and let them seeth wel, and let them then be strained wel,  
 and in that that is strained, let there be put of Myrabolanes,  
 Rebule, Citrine, and Indy, beaten in a mortar, their stones ta-  
 ken away, of each two ounces, of Embelick, and Bellericke, of ei-  
 ther of them two drammes: Let them be sod, strained & pressed,  
 or well wrung: then put thereto white Sugar, one pound, and  
 seeth all together to the thicknes of a Syrup, & in the ende, adde  
 thereto of good Sinamon halfe an ounce, Cloues and Calengal,  
 of each two drammes, Nutmegs, Hartarom, and Annisseedes,  
 of either one ounce: and make thereof a Lectuary, and keepe it in  
 a pure vessell. In this Lectuary, be medicines of the principall  
 members (that is to say) of the heart, head, stomack, Liuer,  
 Splene and of the generatiue members, and it is first hote, after  
 moist, then colde, and last dry. Iohannes Ganiuctus also  
 describes it.

40

Certaine wormes that shine in the night called Glowwormes,  
 being well stopped in a glasse, & covered within hote horse dung,  
 standing there a certen time, will be resolved into a liquor, which  
 being mixt with like proportion of Quicksiluer, first clesed and  
 purged: which will be within halfe a dozen times washing in  
 pure Vineger, mixt with bay salt, which after euery washing  
 and rubbing, must be cast away, and then hote water put to the  
 Quicksiluer, and therewith washed, and then put and closed in a  
 fayre bright and pure glasse, and so hanged vp in the midst of a  
 house, or other place or roome: will giue such a light in the dark,  
 as the Moone doth, when she shines in a bright night. Iohan-  
 nes Baptist.







bowes or braunches of a Tree that beares but little fruit: It is said, that it will make the tree to beare well and to be maruelous fruitfull. Mizaldus.

46

Ware the nayles of one that hath the quartane Ague, which being put into a Linnen cloth, and so tyed about the necke of a quicke Cele, and the same Cele put into the water, thereby the Ague will be dziuen away. Geber & Alber.

47

If any list to sleepe, & lay by him the branches of moist Hemp: Gnats will not trouble him noz come neere him. Mizaldus.

48

If the Lord of the twelfth house be in the twelfth house, many debates and enormities will happen vpon the day belonging to that planet, to the child then borne. Taysnier.

49

† Culuer dung stamp and vled for a plaister with strong vineger, and applyed to the Pauell, bindeth incontinent all fluxes of the belly. Macer.

50

The roote of a Wood, tyed to the ripenes of the backe of women that are in labour or trauell of childe, doth cause speedy deliuerance thereof. But let it be taken away as soone as the childe doth come forth, lest the Matrix goe out after the childe. Tortula de passionibus mulierum.

51

Here followeth an Electuary of a wonderfull vertue in the time of Pestilence: this electuary is of so great vertue, in them that doe receiue it once in xxiiij. houres, that they may bee sure from all euill infections of corrupt and contagious aires, all the day after. But in them that are infect already, and are taken with the Pestilence, if they drinke of it but one spoonfull, as shall be said here after, (especially after letting of blood, if it bee conuenient to the patient,) and lay him downe and sweate vpon the same, if the venome hath not vtterly ouercome the heart: he shall vndoubtedly recouer. It hath been lately proued, that after drinking of the same medicine, when the patient made his water in an vrinall, the glasse hath burst in pæces, by reason of the venome that it purged out. This is the making of the said Electuary.



tuary. Take Sinnamon elect, one ounce, Terra sigillata, sixe drammes, fine Myrrh, thre drammes, Unicornes horne, one dramme, the seede and rinde of Citron, rootes of Dypenny, Burnet, Turmentill, Zedoary, red Currall, of each two drams, yellow Saunders, foure scruples, red Saunders, two scruples, white Waxen and red, flowers of Marygoldes, of each one dram, Ivory rasd, Scabius, Vero incitunici, seede of Basill, the bone of a Stagges heart, Saffron, of each two scruples, make a fine powder, & adde vnto it of bole Armoniacke pzeperate two ounces, white Sugar thre pound, and with a sirrup of Acetositate citri: make a good Eiectuary, and keepe it in a glasse. If the Pestilence commeth with great excesse of heate, drink it in Rose water and Vineger: but if you feele it cold, take it in a draught of Wine, and couer you with cloathes, so that you may sweate as long as is possible: for without doubt it is a present remedy, as I my selfe haue now of late proued. Thus much Thomas Phayre in his Treatise of the Pestilence.

52

The teeth of a mad Dog, that hath bitten a man or woman, tied in leather, and then hanged at the shoulder, dooth pzeferue and keepe the party that beares it, from being bitten of any mad Dogge. Dioscorides, by the report of Mizaldus.

53

The Seedes of Carduus Benedictus stamped, and drunke, dooth helpe the græfe, paines, prickings, and stiches of the side, and the griping in the guts, and the lower parts of the belly. This is proued for trueth.

54

If any do sprinckle his head with the powder of the skinne that a Snake dooth cast off, gotten or gathered when the moone is in the full, being also in the first part of Aries, the Ram, he shall see terrible and fearefull dreames. And if hee shall haue it vnder the plant of his foote, he shall be acceptable befoze Magistrates and Princes. Cardanus.

55

Whosoever beginnes their iourney in the hower of Venus, he shall haue good and profite on the behalfe of women or some such like thing. Haly Abenragel.



56

If wormes gnaw vpon or hurt the mouth of the stomacke, put Hony combes into the mouth fasting, & hold them there, and the wormes will draw vnto the Hony, and so voyd by the mouth. It hath beene proued.

57

If in the first begining of any sicknes, or at the time of any question for the sick, if the Moone be Orientall, nie to the Sun, within twelue degrees, it is signe of death, and the nearer to the Sunne; and in Combustion, the worse. Iohannes Ganiuctus.

58

With this secrete following, Benedictus Victorius had alwaies good successe, in passions and griefs of the heart. Take of the iuyce of Buglosse, censed or purified at the fire, two ounces, of white Sugar two drams, mixe them together, and let the patient or diseased party drinke it euery night going to bedde: and there will not tenne daies passe, but the party will be cured of the passion or grieffe of the heart.

59

This following is a notable tried medicine for the Colicke, and for the swelling of ioynts, and for knobs and knots comming of the French pocks. Take May butter a quarter of a pound, halfe a pound of Commin seede beaten in fine powder, a quarter of a pound of blacke Soap, one handfull of Hearbegrace, halfe a handfull of clarified sheepe sewet: stampe all these together in a Morter, then take the gall of an Oxe, and a spoonefull of bay salt, and fry them all together til it be thick, then lay it on a Woollen cloth, and so apply it to the ache as hotte as may bee suffered: and let it lye vntremoued a whole weeke: and then lay another plaister thereof to it, and let it lye vntremoued as long: then lay the third plaister thereto, and let it lye thereto as long as the other, which will be the whole threë weekes, and without doubt it will helpe him. I haue seene it proued. This I had out of a very old booke.

60

There be (and truly with proued successe) that doe hang rootes of Sorrell at their neckes for the Swine pocks: and also in like case of Planten. Miraldus.

Who



61

Whosocuer hath the bloody Flire, (be it neuer so great or greuous) let them drinke the wine wherein the rootes of Hollocks cut in peeces are sodden and strained: if the party haue an ague, then let the roots be sodde in water with some Plantain leaues, and so strained, which is an approued and sure medicine for that disease: whether the party haue an ague or not.

62

A ring made of an Ore or a Cowes horne, and worne or carried vpon them that haue the Cramp, it puts the same away. This is proued to be true of many. Mizaldus.

63

If the Lord of the seventh house bee in the third or ninth house, and any euill Planet behold him; he that is then borne, will fall from some building, or els he will die of something that shall fall vpon him. Ptolo.

64

If you seeth Bziony in water, and vse to drinke the same, it helpes and cureth them that haue the Dropsie. Proued.

65

Maruelous and notable vertues of the Cybright doe followe. Let the leaues, stalkes & flowres with the whole substance be distilled, when it beareth flowres, the water thereof skilled, droped and streaked about the eyes, causeth cleere eyes, and sharpeneth the sight, & ceaseth the paines of the eyes, the water droped into the eyes an hower before night, and striked about them, and drunke to the quantity of thre ounces at one time, comforteth, strengthneth, and preserueth the sight, especially in aged persons, and in flegmatick complexions. The hearbe dyed and brought to powder, and eaten euery day in a potched egge cere, for a certain time together, restozeth sight lost, the water mixed with halfe a dram of the powder, and drunke euery euening for a month or forty dayes together, recouereth a weake sight.

66

This precious medicine following, will bring forth a Canker, and plucke it vp by the rootes, out of any soze where euer it be either in man or woman. Take Roseagler, and make powder therof: then take Barrowes or Hogges greace, that is new and fresh (first melted and after colde) then mixe the powder there-

¶ 3

with



with very well: then put thereof vpon a peece of white leather, which may couer the soze: then sprinkle on the said plaister, fine flower of pure wheate: then vpon the same spread Honny, and then put vpon the said Honny womans milke: and when all this is done, put the said plaister vpon the soze, where the Canker is, and put the neather crust of a newe white loafe vpon the said plaister, and tye it fast vpon the same, that it remoue not: And in the morning thou shalt finde the canker dead on the said plaister. This is most true. This I copied out of an old written booke.

67

Let a woman make water in a Urinall that is faire and cleane, or rather new, vpon certaine Cornes of Barly: and set the same in a cold place for the space of eight daies, and if the sayd Barley Cornes will grow againe, or bring forth newe Corne, then the fault is not in the woman that shee conceiues not, but rather in the man. If otherwise, then the let of conception is in her.

68

Stamp Chyistal in a stone mortar of marble, and make therof a very fine powder, then put thereto so much of the white of an Egge that you may write therewith, mixe them well together with a litle gumme or gumme water, then write therewith in paper what you will, then rubbe the same letters with what metall you will, and the writing will be of the colour of that metall wherewith you rubbed them. This I had out of an old booke, and Mizaldus affirmes it without the gumme water.

69

The iuice of Lylly Rootes, and Vineger, of either like much mixed together, and the salucessame or red pimples face anoynted therewith euery euening for the space of nyne or tenne dayes, doth helpe it perfectly.

70

You shall know whether the Dropsie be hot or cold by this that followeth: If the swelling begin first at the feete, and goe vppward, then it comes of a hotte cause: If the swelling beginne first in the face, and goe downward, then it comes of a cold cause. This likewise I had out of an old written Booke, wherein were many things credible.

Call



Cast the water of any sicke person newly made at night on redde Pettles, and if the Pettles be withered and dead in the morning after, then the sicke party is like to dye of that disease, if they be greene still, then he is like to liue.

72

A certaine wicked fellow that killed his Father, did sit in company with his companions, eating and drinking, ouer whose head there was a Swallowes nest, with yong Swallows in the lame, at which time the said Swallows made a great noyse, and chattering, when suddenly the said wicked fellowe got a long powle, and burst the Swallows nest: whereby the Swallows fell downe, and he trode on them and crushed them in peeces. Being asked of one of them, why he did so: I haue good cause so to doe, sayd hee: for did you not heare, said hee, how they told that I killed my father. Whereupon he was suspected, examined, and so confessed, and therefore executed. Plutarchus.

73

Dry a Goates, Shæpes, or Peates bladder, and make powder thereof, and let them drinke thereof with Vineger or water when they goe to bed, that cannot hold their water, and it wil helpe them. Galen affirmes this.

74

If the Sunne, the Moone, the Alumen, or the Lord of the Ascendent be all safe, and not with the Lord of the eight house, or in his aspect: without doubt the sicke person shall be ridde of his diseases, and recover the same. If two of them be so, he is like to escape likewise. If contrary, then he is like to dye thereof, Iatromathematica. M. Guat. Ryff.

75

To kill Serpents in your Dreame, signifies victory: to see Sailes of Ships is euill, to dreame that all your teeth are bloody, it signifies the death of the Dreamer: but that the teeth is drawne out, signifies the death of another: that Birdes enter into a house, signifies losse, to weepe, betokens ioy, to handle money, signifies anger, to see dead horses, signifies a lucky euent of things. Artemidorus.

76

You shall make a Sword, Knife, or any other Instrument to haue an excellent edge, if you doe as followeth. Put into a pound



pound of the Urine of a yong Man, as much Scote as ye may take in your hand, putting thereto foure ounces of the Dyle of Linseed: all being mixt together, let them seeth on the fire, and betweene the beating or striking of the Sword or the Knife, whiles it is red or burning hote, quench in this mixture, and according to Art let it be well tempered. Mizaldus.

77

If you stampe Lupines (which are to bee had at the Apothecaries) and therewith rub round about the bottome or lower part of any tree, no Ants or Pyssempres will goe by and touch the same Tree. Mizaldus.

78

If Mercurie (being Lord of the sixt house) be impedit of Saturne, it threatens to the child then borne, continuall blindness: and so much the more, if the Moone behold the Sunne & Saturne in that sort. Taisnier.

79

Rub the leafe of a Marigold betwene your fingers, and put the same into your nose, and let it stay there a little while: and it will bring forth abundance of humours out of your head, and it will help the rheume within a litle while, if you vse it. This I had of a friend as an excellent secret.

80

The eating of two drams of great Raisons (the stones taken out) in the morning fasting, doth profit for concerning youth, because they make better digestion, and flegme is diminished by them, they comfort the Liver, and make it fatte, because they are friends of the stomack and of the Luer, and they encrease blood and make it thick, and when they are taken after meate, they strengthen and moysten the belly. Iohannes Ganiuerus.

81

The eyes be not onely instruments of enchantment, but also the voice and euill tongues of certain persons. For there are found in Affricke, as Gellius saith, Families of men, that if they chaunce exceedingly to praise faire trees, pure seedes, goodlie children, excellent horses, faire and well liking Cattell, soone after they will wither & pine away, and so die. (No cause or hurt knowne of their withering or death.) Thereupon the custome came,



came, that when any do praise any thing, that we should say, God  
blesse it or keepe it. Aristot. in Prob. By the report of Mizaldus.

82

Stop both your eares with your fingers, and the hickop will  
goe away within a while after. Proved.

83

Many that are born at that time, when the earth doth quake,  
are alwaies fearefull: in the time of thunder, they are for the  
most part faint and fearefull: in the time of the change of the  
Moone, either they liue not long or else they bee weake and of-  
tentimes, as Aristotle saith, haue Melancholike diseases, or else  
are out of measure Melancholike: which makes them to be wai-  
ward, fretting, and seldome merry. Mizaldus.

84

There is a marueilous strength in Spermaceti, for if it be pure  
and right, it will penetrate and goe through the bores or things  
wherein it is kept, with a certaine moisture or sweating droppes.  
Mizaldus.

85

If Mercury be coniunct with Saturne, or in an euill aspect of  
him, and neither Iupiter nor any other good Planet doth behold  
Mercury, it doth note, that they then borne, shall haue an impe-  
diment in their tongue or shall stut: chiefly, if it be found aboue  
the earth. Taisnier.

86

The rootes of Eldern sod and streined, and drunk thirty daies  
together, thrice euery day, at morning, noone, and night: doth  
cure the droppe perfectly. Proved.

87

If the paps of a woman, which is with childe of two, doe  
waxe little, she shall lose one of them, and if it be the right pappe,  
it is a man childe that will be lost: and if it be the left, a woman  
childe. Hipocrates in Aphor.

88

Take Garlicke, and Houslicke, of each like much, and stamp  
them both together, and plaister the same either to a hot or cold  
golwe: and it will helpe and ease it marueilously. This was re-  
ported to me to be excellent therefore.



90

The Flowre of Dintments, called Flos vnguentorum, is made as followeth. Take of Rosen, and Berrosin, of each halfe a pound, Virgin waxe, and Olybanum, of eyther a quarter of a pound, Masticke one ounce, Hartes tallow, or Sheepes tallowe, a quarter of a pound, Camphere two drams: make your gums in fine powder, and seare them: then melt the waxe and tallowe, and mixe the powders therewith well, and boile them well together, then streine through a canvas bagg into a pottle of white Wine: then let it keele untill it be blood warme, then put thereto the Campher, and a quarter of a pound of Turpentine, by little and little, evermore stirring it well, till it be through colde: Then make it vp in rowles, and keepe it to your vse, for the best salve for al things following, that euer was made, by the sufferance of God. Wherefore esteeme of this salve aboue any other, for it hath been put in experience and substantially proved: It heales wounds, old and new, it clenseth very well, and gathereth good flesh: It healeth headache, and impostume in the head, or in the body: Swolne eares or cheekes, salwisleams in the face, Sinewes cut, sterke or sprained in Tranel: It drawes out iron and thorne: it helpes venomous biting and pycking, it healeth all manner of botch, all swelling and ache in the Cods, and all other members: it ceases the fluxe of the Emroids, and it is speciall good to make a seare-cloth, for all manner of griefes. This was written and cast into the Recluse or Anker, at the Red hill in Almaine, wherewith he wrought many maruels and neuer vsed other medicine but this. This I copied out of a very old booke: and I haue proued it many times to be precious.

91

When the Alunten or the Lord of the Ascendent is Infortunate in his fall, or combust with thre other testimonies or else two: It signifies that the sicke person shall dye: And it is so much the worse, if he be vnder the Beames of the Sunne. Iatromath. Guat. Ryff.

92

Who soeuer hath the grieffe or swelling of the Spleene neuer so much, and hath had it of a long time, and doth heate the ends of a paire of tongs in the fire, untill they bee glowing  
and



and red hot, and then quencheſh the ſame in halfe a pinte of white Wine. and drinke the ſame Wine: It will helpe them thereof perfectly. This was credibly told me for very truth. But it is more certaine, if they be ſo heated and quenched ſiue or ſixe times and then drinke: and to take the ſame ſoure or ſiue mornings together. Which I know to be excellent: the like vnto this is affirmed to be moſt true, and proued by Auth. Beneuenius.

93

It is a great token of health when the Stones or Coddens begins to itch: though the other parts of the body be weak. But then take heed of Venereous aces, leſt you pay for your pleaſure. This out of Mizaldus.

94

Coziander ſeede made in powder, and mixt with Honny, and implaſtred vpon a Carbuncle, or other grieuous Biles, deſtroyes the ſame quite. Arnoldus de villa noua.

95

The blacke Sea-Cole, mixed with Dyle, will be made ſoft. Wherewith if one anoint Vines, it will deſtroy wormes which deſtroy or eat the buddes of the Vines. Seruerinus Gebelius.

96

The geome of a Cherry diſſolued in white Wine, and ſo giuen to them that are grieued with the Stone: it will helpe them marueilouſly. Mizaldus affirms that it is certainly proued.

97

It was credibly told me for a truth, that there was a very poore woman being brought to bed of a Childe, hauing many children before, to whom a ſiſter of hers (being rich, & that neuer as yet had any childe) came to ſee her, who ſaid vnto her as followeth, Ah ſiſter, ſiſter, here are many mouthes and litle meate. To whom her poore Siſter answered, Content your ſelfe, Siſter: God neuer ſends mouth, but he ſendeth meate. After it chaunced the rich Siſter to be with childe: which, when it was born, had neuer a mouth. So that there was much meate, and no mouth. A worthy and rare example to make all couetous greedy and carefull worldlings to caſt their whole care on the Lord, and not to depend on their owne prouiſion or worldly wealth. If it were not



not for the great goodnes of God, we should haue no moze meate for our mouthes, then this womans childe had a mouth for meate. But if we haue both mouthes & meate, and lack good stomackes for the same: what are we the neere? So that both mouth and meate and stomacke, are not in our willes to haue when we list: but are Gods gifts to bestowe as he will.

98

Hermes saith, if in the natiuitie of the Husband, Venus be combust, the wife shall dye befoze the husband. If in the Pativity of the wife, Mars be combust, the Husband shal dye befoze the wife.

99

Water or Wine wherein Malwort is sod (if a good draught thereof be drunke euery day first and last, for the space of twenty dayes at the most,) doth perfectly helpe them that haue the dropse. It is an excellent medicine for the same.

100

Cast or instill certaine droppes of Baulme into cleere water, and then with a stick labour well the water, and if the water then be troubled, the baulm is not perfect. But if the water abide cleare, then the same is good and perfect baulme. For the good and true baulme, doth gather it selfe alwayes into one place. And thus you may try a true and good baulme from a false and sofisticate baulme.

101

If the root of Diony (especially of the male Diony) be hang'd at the neck of a childe or a boy, that hath the falling sicknesse, it doth helpe very much. Likewise doth Welleter, and the haire of a Dog that is all black.

The end of the fourth booke.



The first Booke of Notable things.

1



Ware will bring forth a foale of diuers colours, if she be covered with a cloth of diuers colours, whyles she is taking the horse. For such colours as be before the eyes of the horse, whyles he doth see her, without doubt the foale will be of the same colours. The same may be proued with dogges and other Beastes. Mizaldus.

2

The berries of *Halicacabus* (called winter Cherries) being stamp, and the iuice prest or wrung out of the same, and then dyed in the shadow: the same (if it be giuen to such as haue the Stone, or cannot make water, and also to them that haue the Dropie,) it will prouoke vrine, or driue forth the water, and also expell the *Hidropicall* humors. Mizaldus.

3

Hortus Apollo doth say that a wolfe doth feare greatly stones: therefore when he is constrained to go by stony places, he treads very demurely or softly. For being hurt with a very little stroke of a stone, it breeds worms, whereof at length he is consumed, or brought to his death. Therefore he doth flye from a trauello, that layes wait to strike him with stones.

4

If the *Mone* and *Venus* be ioined together, and both be combust: he that is then borne, shall lack a wife, or neuer marry. Ptolomeus.

5

If the leaues of *Elderne*, first made hot betwene two Tile Stones, and then applyed hot to the forehead and the temples, if any paine lye there: it helpeth the ach of the head maruellously. This is very good and well proued.

6

Here followeth a marvellous water to prouoke sleepe. Take of *Opium thibaicum*, and *Garlicke* heads pilled, of each



two ounces, beate the Garlicke heads in a mortar with a wooden pestell, and put thereto the Opium grinded: incorporate these well together, that it may bee like a sauce. Distill this in a Kest, with a most soft and slow fire in ashes: with this water distilled, when neede shall require, anoint the temples, the fore-head, and pulses of the wrists. And beware you minister not vñe this, but vpon a great necessity, and on franticke persons, (as you shall thinke it good,)

7

+ The iuice of the buddes, leaues, inner rinde, or of the yong branches of Elderne, (something warme) put into the eare, dooth not onely breake the Impostume thereof within foure or five times, but also dooth marueilously helpe the deafenelle. This was told mee for a great secret: and I haue tryed it to be an excellent thing in such a case.

8

To see Bunckes in ones dreame, dooth pretend death or calamity: to see fat Dren betokens plenty of things, to lose an eye or a tooth, signifies the death of a friend, or of a kinsman, or some other euill lucke, to dreame to be dumme, foreshewes speeche by gladnesse: to see Dren plowe, betokens gayne: to enter into waters, betokens euill. Artemidorus.

9

This following makes a soft beard, and dooth beautifie the chin with a fine haire. Take Butter without Salt, the iuice of a red Onyon, the greace of a Gray or a Badger, the roote of Wisny, of Beetes, of Radish, and of white Lillies, whereof make a Liniment, and anoint the chin often therewith, being shauen. Mizaldus.

10

+ Put vp an old Gander into a house, and let him bee there thre dayes without meate, then cast vnto him peeces of an Ele newly killed, then gather the dung that comes from him, after he hath eaten the peeces of the Ele: which dung being layde to any Impostume or swelling: is a present remedy therfore,

11

He that slepeth in a Sheepes skinne, shall see trus dreames, or dreame of things that be true. Mizaldus.

The



12

The braine of a Welsell dreyed, and drunke with vineger, doth helpe them that haue the Falling sicknesse. Mizaldus.

13

Jupiter and Venus or the one of them in the eight house, not Combust, nor Retrograde, doth signifie the childe then borne, shall dye naturall, and no violent death. Taysnier.

14

Take a little sticke, and tye about the end thereof old Oken leaues, then cut them something round, and hold the same leaues in your mouth as deepe and as farre in as you may suffer it well, (holding the sticke betwene your teeth) and so hold your mouth ouer a Bozenger or a dish and there will great abundance of humors auoid out of your mouth: and within a while wash in faire water the said leaues on the sticke, and then hold it in your mouth so againe. Do thus for the space of halfe an houre, and vse this thre or foure times a day, for thre or foure daies together: or untill you haue auoided as much watery humors as you thinke good. This is the best and the presentest remedie for helping of the Rewme, that euer I knew or heard of. I had it of a Gentleman, that esteemed it as a Treasure. And who soeuer proues it, shall finde it an excellent thing.

The rewme.

15

Mirabolanes ehebuli, preserued with his Sirrop, vsed dayly, and eaten: preserueth your mouth excellently well.

16

This following is an excellent Gargarisme to purge the head and the brest. Take of Stanesacre, thre drammes, Peliter of Spaine and Huskard seede, of either two drammes, long Pepper, Ginger, and Allomgem, of each one dram, make powder of them that are to be powdered, and stamp the rest, and mix all well together, and put as much thereof as a Beane in a little linnen cloth, and tye the same fast with a thread, that it may be round: then hold the same in your mouth, and champe it softly betwene your teeth: and it will bring forth water and steame abundantly. Use this daily until you thinke your head be well purged.

31



17

If the Lord of the Ascendent be in the eight house, receiued of the Lord of the eight house, so that he receiue not the Lord of the eight house, it signifies that the sicke party shall escape without all hope. Iatromath. Guat. Ryff.

18

*For blacke*  
*and*  
*white*  
Earth wormes sit and clenfed, and washt from their stomy and earthly matter (halfe a dozen of them, at the least) and cut in peeces or chopped, and a good messe of pottage made thereof with Otemeale and water, and so much euery day eaten by them that hane the blacke Jaundies, for the space of twelue dayes or longer: no doubt it will perfectly cure them thereof, though it bee neuer so long rooted, or thought to be past cure. Or else a ipone full of the powder made of them in March, or any other time, when you can get them taken euery day so long in a little draught of any drink: doth likewise perfectly cure the same. This is very true, and hath beens oftentimes proued. It hath helpt some in fower or fve daies.

19

*It for*  
*o*  
Olibanum (which is a kinde of Frankincense) in powder mixt with as much of Swines greace, and boyled together, wherewith if childzens heads that are full of lice, or that are giuen to bꝛeede Lice, be anoynted, they shall afterwards be free from Lice. This is better and more safe, then to vse oyntments mixt with quicksiluer, which is very dangerous: therefore let Mothers or Nurses rather vse this.

20

Whereas euery Beast (the act of generation ended or soon) is wont to be sad: only the Cock reioyceth, for he sheweth his gladnesse then by crowing.

21

If Mars be in the eight house, and in a humane signe, or in the second face of Taurus, or in the first face of Leo: It doth shewe the childe then borne, shall dye of iron. Taisnier.

22

*+*  
It is proued by experience, that to vse customably in the dinner, and immediatly before Supper, half an ounce of the flower of Cassia newly drawne, doth forbid the engendring of the inflammation of the stomacke. Truly I say vnto thee, that who doth



both use such taking of Cassia, shall be preserved from every euill affection of the stomack. Emperica bened.

23

Wine of the decoction of Tormentill, drunke daily without any other drinke, and the hearbe thereof sodden, and euery euening plaistered ouer the eyes, the space of thre or foure moneths or more, restozeth the sight, yea to those that haue their eyes as though they did see, and yet are blinde, and see nothing at all. Petrus Hispanus.

24

Andreas Mattheolus knew a woman, that euery day for a whole yeres space, was greuously troubled with the paynes of the Mother, which was helped very well of that disease, by drinking once a weeke at her going to bed, of white Wine, wherein an ounce of the roote of Bryony was heated: and she vsing this medicine a whole yere in such sort, she felt no more harme thereof.

25

If you will destroy or put away warts, cut off the head of a quicke Cele, and rub the warts all ouer well with the same blood then as it runnes from the Cele: then bury the head of the said Cele deepe in the ground, and when the head is rotten, then they will fall away. I thinke the Authoz hereof is Iohannes Baptista Porta. Mizaldus.

26

About the rising of the little Dog, (being in Summer) an old Cocke dooth lay an Egge, round speckled, and of diuers colours: whereof many doo thinke that the Basyliske, or Cockatrice doth come (which is a most pernicious and venemous Serpent,) especially, if that Egge be sit vpon and hatched by a Toad: Which whether it be a fable or not, let others iudge. Mizaldus.

27

Mars in the eight house, with the head of the Dragon, betokenes that the childe then borne, shall dye of a roape, or be hanged. Taisnier.

28

The iuice of Coleworts, put or snuff into the nosethilles: doo purge the head marueilous well, and helpes the ancient paine of the head. Often proued,

29

Blacke flees like to filthy blood, are wonderfull euill, whether they bee with an Ague, or without an Ague. And the darke colour



colours they haue, the worse they be: but if these signes come through a Purgation, they be more laudable. And although they be of diuers colours, they be not euill. Hippocrates.

30

This following is an excellent and often proued thing for the Collicke, Strangury, and the Stone, take the seedes of Careaway, Fennell seede, Spicknard, Annis seede, of Commin seede, Sinamon, and Galingale: of each halfe an ounce, Cromell seede, and Liquorice, of either of them an ounce, and beate them all to powder, and drinke halfe a spoonfull of the same powder in Ale, a little warmed, and walke vp and downe an hower after, before you eate or drinke any other thing. Doe thus five or sixe dayes together at the least, and you shall finde it of a notable operation. This was taken out of a learned practisers Booke: besides since it hath bene many times proued.

31

Young children, whose gummes are appointed with the braine of an Hare do breede their teeth easily. Mizaldus. And it hath been proued with the braine of a cunnie.

32

A Walnut put fast in a Chicken, that it fall not out in the roasting thereof: it makes that the same Chicken will be the sooner roasted. Mizaldus.

33

If a round large vessell, with one hole in the top thereof, be filled full with quick Lime and Brimstone, of both equall portions, and then the hole well stop, that no ayre nor any thing may goe out, and so put into some standing water, or a little pit of water or into some Cesterne full of water, it will keepe the said water hot a long time, or for many dayes. Proued of many saith Mizaldus. And I found the same also in an old written Booke.

34

Hennes dung mixt with meate that is giuen to be eaten of mad Dogs, will take away their madnesse from them: (As it is thought,) Mizaldus.

35

If a worme that is found in the Grasse, before it touch the ground, be hanged alieue at a womans necke that is with child,

it



it is thought she shall keepe the childe until the due time of the birth. Plinius. As Mizaldus.

36

If one giue any thing for Wartes, to them that haue them, be it neuer so small a thing, as thre or foure haire, (a rag of linnen Cloth, or some other thing of no value the sooner it will rot, so much the better,) & let the party that would bee rid of the Wartes, wrap the same in some thing, and put it into the ground and cover the same with earth againe. Cruely, as the same thing doth rotte in the earth, so will the wartes weare and consume away. This is perfectly proued.

37

If Mars be in Gemini, and the Sunne in Pisces, in a quartile aspect, in the day time, or the Moone in the night time: (it doth signifie that) the childe then borne will be hangd. Tayfnier.

38

They that vse to receiue thre Billes made of Aloes De succo citrino, made in powder, (which is to be had at the Apothecaries) and mixt with the iuice of Colewortes of the bignes of a Beane: shall neuer be troubled with paine in the head. Petr. Hisp.

39

A Strange medicine for the Colic. Take a good handfull of Arselmart, and wrappe and tye the same in a Butte leafe and lay it first in cold ashes, then compasse the same with hot embers and coales, and so roste the same well: then apply the same rosted Arselmart to the greued place, and doo thus euening & morning for two or thre dayes: and thou shalt find a present help thereof. This was told me for a great secrete, and as a proued thing.

40

If you put or stop fast within a Put, quick Brimstone, Salt peter, and quick silver; the same being put into a loafe of bread, and then the same loafe of bread put into some hot place, where it may heat, as soone as it wareth hotte, you shall see the loafe of bread so leape, that it will be very pretty spozt to them that sees it. Mizaldus had this of one that proued it.

41

A most excellent Oyle of Saint Johns Wort, is made as followeth. Infuse or keepe for the space of thre dayes the tops



of Saint Iohns Wort, in pure and excellent Wine, then in a double vessell let them heat easly ouer the fire, and then straine them easly: then againe put as many of the tops of Saint Iohns wort in that strained liquor, as you had before, and let them keepe therein thre dayes or thre nights as before, then heat and straine them as before, then adde thereto thre ounces of Turpentine, and sixe ounces of old Dyle, and of Saffron the weight of xxii. Barly Cornes: mixe all together, and then seeth all together in a double vessell, untill the wine be consumed, and that that remaines, put into a glased or leaded vessell, and keepe it safely for your vse. This Dyle is of a marueilous vertue and propertie, as well chiefly against venemous Ulcers as many other diseases and cold griefes: well knowne to many Women. Mizaldus.

42

If you rub slightly any kinde of Beasts or Cattell, with the iuice of Wortes, in hot weather, no kinde of Flies will then hurt or molest them, nor yet annoy them. A thing desired of many and very necessarie for such as rides in the hot wether. Mizaldus.

43

If Mars be opposite to Iupiter, and the one of them be the Lord of the eight house: (it is like) the Child then borne shall die by the commandement of the Judge. Taisnier.

44

The leaues of wilde Ivy sod in wine, and layd vpon any cancer, dooth kill and heale the same. Tortula.

45

This water following is very precious for franticke and mad men, ~~proued~~ <sup>proued</sup> very often. Take of the flowers of Rosemary, of Burrage, and of the rootes of Boglosse, of each halfe a pound, of Saffron two drams, of Quinces foure ounces, of the best White Wine, two pintes, mixe them all together, and then let them stand so the space of a naturall day: after that bury the glasse body wherin all the same is, in horsedung for fiftene dayes: and then take it out and distill a water thereof according to arte, two or thre times ouer. Keep this water as the apple of your eye, for it is very precious and well proued in all melancholy sicknesses very effectuously, and in the paine and trembling of the heart the quantity to be giuen at one time is a dram, which is the weight of

*is for  
men*



of Ixxij. barley cornes. If you proue it, you will praise it. And this is in the newe Jewell of Health, with many other moe excellent things.

46

They are not like to lose their senses, nor their understanding, in whose Patiuitie the Moone doth apply to Mercury either by coniunction or by aspect. Iatromath. Guat. Ryff. Argent.

47

Set a round glasse full of water against the hot Sunne, that it may stand fast, and then hold some thing that is very dry, and will take fire easily, nye to the same glasse, betwene the glasse and the Sunne, and it will set the same thing there holden, on fier. Which is very strange to behold. And the rather, because fire a hot & dry element, is procured out of water, a cold and moist element, Iohan. Baptist. Porta.

48

Didimus writes, that Sheepe are wont to followe them that stoppe their eares with their wooll.

49

If any doth aske thee (having knowledge in Astrology) what hee did see in his dreame: marke the Ascendent, when the question is made: and if thou dost finde Saturne in the Ascendent (or first house,) tell him that hee did see in his dreame Religious persons: as Fryers, Hermites, or such like, or places of prayer, &c. But if thou finde Mars in the Ascendent, say that hee saw in his dreame, Captaines, Knights, Murtherers, Thæues, Harnesse or Battels, or such like. If the Sunne be in his first house, he did see Gardens, Trees with Fruites, Gold or a King. If Venus be in the Ascendent, hee did see a faire Virgin, or some eating or drinking, or one lying with a woman, or that haue things wherein they are delighted, or els to play, or to walke abroad, or white or red garments. If Mercurie be in the first house, then he did see handsome and eloquent men reasoning, or Palaces decked with Curtens and ritch hangings or Cloathes, Bookes or writings of saluation, or of accomptes. If the Moone be in the first house, hee did see Riuers or water, or precious stones, or some that did eat or drinke, or his Mother, or his Aunt, or his Mothers Sister. This saith Haly Abenragell. But Messanala, and Alhaylat and Abrier Fotsall haue said, Looke in the signe of the ninth house.



house from t e Ascendit, and if thou dost finde in the same house any of the seuen Planets, iudge that the vision or dreame was of them as is before, when they are found in the first house. And adde to the signification of the Sunne, (that is, if the Sunne bee in the ninth house,) that he did see himselfe flying betwene heauen and earth, or that he did see a great light: and if there bee no Planets in the ninth house: then marke him that is in the first house, if none bee there: then marke who is in the thyrd house: if none bee there: then looke in the fourth house, if none be there: looke in the seuenth house: if none bee there, then looke in the tenth house. And iudge according to the signification of euery planet and thou shalt be certified God willing, Haly Abenragell.

50

Against the quarter ague, take all the Urine that the party makes at one time in his fitte, and kneade flower therewith: and when the same is baked, then giue it to a Dogge of the same house. And when you haue done this thrice: the party will bee whole, and ridde of that disease. And in his steade the Dogge will be sicke. But for a man that is sicke, a Dogge must be chosen. If a woman, a Witch must be had. This was taken out of an often proued experiment of an Italian, by the report of Mizaldus.

51

Whosoever desires to see the Sunne Eclipsed without hurting their eyes: Let them beholde the shadow thereof in a vessell, wherein Dyle is put: Where they may beholde and see it without danger. For a fatter humoz is not easily troubled. And what shapes or formes it dooth receiue, it representeth the same truely. Mizaldus.

52

A Lamen, or thinne plate of Gold, borne on the seame of the braine, doth strengthen the braine. The same hanged against the Region or place of the heart, doth helpe the beating of the hart and encrease the gladnes. And if it bee put vpon the reines of the backe, it strengthens the reynes, and cooles the same, and ceaseth the paines of the backe. But Mizald wisheth that the same plate be beaten and made of pure and fine Gold, when the Sunne is in Leo called the Lyon: And Iupiter and the Moone beholding each other happily. Herm. Arnoldus villa nouanus & alij.



53

If the Lord of the Horoscop be in the seventh house Com-  
bust, and the Sun hath no essentiall dignity in the same: then hee  
(that is then borne,) shall perith by the hands of many, which  
will rise agaynst him. But if the Sunne haue then any power in  
the seventh house: hee shall dye by the Kings commaundement.

Taymner.

54

It is proued and a secret: that if threë graynes of Mallicke  
bee given to the patient to be swallowed euery night at his going  
to bed, it doth pzeferue him from the paines in the stomacke, and  
doth cure him. Emperica benedicti victorij. I know by pzoofe, it  
helpes the stomack merueilously.

55

This water following, breakes the Stone in the bladder,  
and in the Keynes. Take of the iuice of Saxifrage, two pintes,  
of Cromell, and of the iuice of Parcely of either one pinte, of the  
best Vineger of a pleasant Wine, eight ounces, distill all these  
together, and let the liquour distilled be kept in a Glasse with a  
narrow mouth: Of which, minister in the morning one ounce  
at a time, as much at noone, and as much at euening going to  
bed. This is a proued water, as saith Fumanellus.

56

To dreame that Eagles flye ouer your head, doth betoken  
euill fortune. To dreame that you see your face in the water sig-  
nifies long life. To follow Bees, betokens gaine or profit, to be  
married, signifies that some of your kinsfolkes is dead: to dreame  
that you worship God, signifies gladnesse, to looke in a glasse,  
doth portend some issue or a childe: to haue Dyle powred vpon  
you: signifies ioy. Michal Scotus and Artemidorus.

57

If you would haue Copper to melt quickly, and runne easily,  
put the hoves of a Horse into the same, betweene the melting  
and powring out thereof. Mizaldus had this secret of an expert  
Italian.

58

Goates will not stray nor wander, if you cut off their beards.  
Florentinus.

If you put a Loade in a new earthen pot, and the same be co-  
uered in the ground in the mids of a cozne-field, it is said there  
will.



will be no hurtfull tempests or stormes there. As Archibius did write to Antiochus King of Syria. Plinio Authore.

60

If the Lord of the eight house be found in the twelfth house, with an euill Planet, or in his euill Aspect, (it shewes,) the child then borne, will die a captiue, (that is) in prison, or as one that doth fly away. Taisnier.

61

† Whosoever anoints their belly with this ointment following, it easeth the paine of the head, it purgeth the stomacke, it comforteth the appetite, and clarifieth the eyes. Take of the iuice of Smallege two ounces, of the iuice of Mercury foure ounces, of Goose greace and Hens greace, of either of them a pound, of Rosen two ounces, of Galticke, and Frankincense, of either five drams, of Cassia fistula two drams, and put thereto iuice of Malwort, and of the inner rinde of Elderne, and mixe them all well together, and make thereof an ointment. This if it be well made, is a very good thing.

62

The Squinancy, or any other paine of the throate will be helpt with this following. Marke where a Swine doth rub him, and then rubbe your hand on the same wood, post, or stone, with which hand rubbe your soze or swolne throate. And as some say that haue proued it: cut off a piece of the same wood, where the Swine did rubbe himselfe, and rub the swolne or grieued place therewith. But the rubbing of the Swines necke, is the best for the necke: the legge for the legge, and so that part of the Swine, for the like part of the person grieued or diseased. This is a very true and often proued thing.

63

Take a pinte of white Wine, one handfull of Woodbine leaues, or two or three ounces of the water of Woodbine, and a quarter of a pound of the powder of Ginger, seethe them altogether vntill they be something thicke, and anoynt a red pimpled face therewith five or sixe times, and it will make it faire. Proued.

64

Ludouicus Viues doth write, that within the memozy of his Ancestours or Fathers, there was a Sepulchre or Tombe pluckt



pluckt by wherein a burning Candle was found, made (as was witnessed by writing) five hundred yeeres before. And when it was touched or handled, by and by it was resolved into powder. Iohannes Langius.

65

If you would haue a deepe Well made, it is best to digge the same when the Sunne is in the last parts of Virgo, before the Autumnall Equinoctiall, (which is about the beginning of September, or immediatly after,) for then through the great heat and drynesse of the Summer the earth wants raine. Mizaldus had this of one that was skilfull in such things, which was a master Carpenter.

66

If any be bitten or stricken of a Scorpion, which shall eat Basil the same day, he shall be made whole thereof. Aphri. reports it.

67

If any fall sicke in the houre of the Sunne, he will haue a strong Fever or Ague: And many times shall be bered in his minde: which shall bring no small hurt vnto him. Hali Abenragel.

68

The iuice of Coriander, giuen to them that haue the falling Cuill to drinke: will not suffer the humour to ascend into the head, and it worketh great helpe to the diseased. This was written in an old Booke.

69

Whosoever is brought weake, either by some grieuous sickness or disease, or long continuance, or by woundes receiued, or any other way, and thereupon haue a Siege of Melancholy, like to blacke blood, he shall doubtlesse dye the next day after. Hipocrates in suis Aphor.

70

A sawneame or red pimpled face, is helped with this medicine following. Take Enula Campana, foure ounces, and leeth it with vineger, till the vineger be sodden in, then stampe it small, and then put thereto quicke siluer & brimstone, of either foure drams, and Barrowes greace, foure ounces, and beate them alltogether, and make thereof a plaister, and lay it to the infected or spotted place in the face all night: and on the morrow wash it off with warme water. Doe thus five or seven nights, and it will helpe it without doubt.

A

The



71

The first seeds that the We, or Male Piony brings forth ( being round and blacke, ) dos maruelously recreate or helpe them that haue the falling sicknesse : If some thereof be stampd and taken with Oximell scilliticke, which is to be had at the Apothe- caries: and with the Sirrop of Sticados, and a little Putmeg: which Lemnius doth witnessse for a very truth.

72

Whosoever is stricken or hurt of any venemous worme, or other thing: or else bitten with a mad Dog, let them take heed diligently that the same thing that did hurt them, see them not, untill they be perfectly whole. For the Hebrew Physicians say, that the party hurt, shall then dye, or else be in perill afresh: yea though they begin to waere whole when they see them. Mizaldus.

73

One handfull of Basill, with ten Sea Crabs, stampd or beaten together, doth make all the Scorpions to come to that place, that are nye to the same. Aphri. as Mizaldus saith.

74

If the Lord of the eight house, be afflicted in the fourth house, it signifies, the child then borne, shall die in prison. Taysnier.

75

Wine wherein the rinde of an Ash tree hath bene sodden, drunke fasting, sixe or seuen mornings together, doth perfectly helpe them that are tormented with the paines of the spleene. ( Which makes one to haue a great paine in the left side, and their most grieue is after meat. ) And if you anoint the grieved place, so long with an ointment called Deathea, euery morning and euening, it is an excellent thing likewise.

76

Behold a singular Oyle or baulme drauene out of Ware and Turpentine, which drieth and mightily pearceth where the same is applyed, taken out of the secrets of Fallopius. Take of the purest and clearest Turpentine that can be gotten, one pound and two ounces, of new yellow Ware that is odoriferous, twelue ounces, of Putmegs and Cloues: of either one ounce, of common Ashes, sixe ounces, beate all these well together, then put the same into a Retorte, fenced with Lute of wisdom, and set



set in ashes, and distill it with a slow fire at the first, and after encrease the fire vntill all be distilled, which gathered, distill the second time in a Glasse body with an head and receiver, putting vnto it before the distilling foure ounces of the powder of Bucke or Tiles. Which diligently luted in the ioynts, maintaine fire vnder it, vntill no more will come, then haue you purchased an Oyle of a Rubine colour, which worketh miracles in wounds, especially where sinnewes be harmed. This also helpeth any manner of Rume proceeded of a cold cause, it helpeth besides the cough, by anoynting the Region of the Brest therewith: and it is also of great importance vnto many other griefes, inuented and proued by the abovesaid Authoz many times. This excellent Oyle I had out of that worthy Booke, called the new Jewell of health: which many perhaps shall read in this my booke, that otherwise should neuer haue seene that booke. Which makes me describe herein some notable things therein offered.

77.

A notable and often proued plaister, to destroy any impostume swelling, and Itch, in what place of the body seuer it be: is now described as followeth. Take of the Rote of Hollyocke, (cleane washed and cut in peeces,) two good handfull, and seethe the same in faire water, vntill the said rot be something tender. Then take out the said rot, and put into the same water, of Fenecreeke and Linseed, of either one handfull, (something stamped and bruised,) and seethe them together vntill the water be roping like birdlime: then stampe the said rot of Hollyocke beforesaid. And put it to the said Fenecreeke and Linseed, with an handfull of Barly meale, and fry them together with Bozes greace, and Barrowes greace: and need be, you may take Sheepe suet,) then lay a plaister thereof to the soze, or griued place, as hot as the party may suffer it: and let the same lie twelue houres vnto-ued at the left, and after apply another plaister of the same thereto, in such order, and within nine plaisters it will worke the full effect. It hath helpt and dissolved the Pluresie, with the applying of thre or foure plaisters. A thing of small cost, and great vertue.

78

When the Lord of the ascendent is impedit or infortunate of the Lord of the second house: it signifies that the sick



Shall not be healed, and with great expences of money, or else dye. And vniuersally, marke what Planet doth infortunate the Lord of the ascendant. The sicke is like to haue harme, or hindrance by such things, as that house doth signifie whereof that infortunate Planet is the Lord or signifier. Iatromath. Guat. Ryff.

79

Egge Shells dyed and beaten to powder, and giuen in white Wine, breaketh the Stone. It is a tryed medicine, as one affirmed to me.

80

Sugar, (especially Valentia Sugar,) made in powder and put into a wound or cut, doth not onely cleanse all corruption from it, and consumes all superfluous flesh or matter in it, but also heales it maruellously. If you list you may mire a little fresh butter therewith, whereby it will not be of the lesse vertue. This is a sure, excellent, easie, and a ready medicine, who list to try it, shall finde it a singular thing.

81

A certaine wench was borne within firtene miles of London, who within a yere and a halfe after her birth did begin to eate earth, stones byicke, and grauell: and so continued therein, (having all her delight in eating of such baggage) also she did eate the wollen fleues that were on her armes, besides that she did eate a gloue. And on a time her mother did feed her with milke: there chanc't to fall a great piece of soote, out of the Chimney into the said milke, which soote, the said childe took out of the dish with her fingers, and did eate it most greedily. She abhorred then bread and butter, & other such naturall food. Whereby she was maruellously consumed with a sure, and she yet liueth, hauing nothing on her but skin and bone. I sawe her in June 1577. She was borne in Charsey, within two or thre miles of Stanes, at which time she was full thre yeres of age.

82

It is said, that Hise dung, with the ashes of burned Alaps, and of Hasell nuts, and a little Wineger of Roses put thereto, doth trimly decke a bald place with haire, if the same place be often rubbed or anointed therewith. Mizaldus.

83

If any Beast of the female kinde doth pisse vpon the wine of a Wolfe.



Wolfs newly made: the same Beast shall neuer conceiue,  
Pythagoras. 84

Aetius giues counsell, that that Dog be buried or put into  
the ground in any wise, which is dead by taking his disease  
from a man: for it is certaine (saith he) that dangerous and ma-  
ny effects (the man being escaped,) are turned or ouerpowred in,  
to him. 85

The troublesome or vnpleasant noyse of Frogs in the night,  
will cease: if you set a Candle burning on the bancke-side nee  
the water where they be. Or else many lights according to the  
greatnes of the place where they be. Africanus Geopon. And this  
was proued at Paris, by the meanes of a President there, that  
therewith was troubled. Mizaldus.

86

It is the opinion of many, that an hearbe called Leucanthus,  
that is white Thorne (euen as the Bay tree,) is neuer stricken  
nor touched with lightning, nor is not touched with any euill  
from Heauen.

87

Zael saith, that he hath proued in many Partimities, where  
the Moone is in Virgo, opposite with the Sunne: that the Child  
then borne, hath bene drowned.

88

Sixe cloues of Garlicke stamp and strained into a draught of  
Rhemish wine and so drunke: is a present remedy for the Col-  
licke, Stone and Strangury. An excellent tryed medicine, if you  
take it three dayes.

89

Take powder of the floures of Elder, gathered on Midsummer  
day, being before well dryed, and vse a spoonefull thereof in a good  
draught of Borage water, morning and euening, first and last, for  
the space of a month: and it will make you seeme young a great  
while. This I had out of an old written booke, as proued.

90

Take Horseleaches, and burne them to powder, & mire them  
with Eysell, then vse to rubbe the place therewith where you  
would haue haire grow no moze: and there will no haire grow  
in that place. This was a secret of a notable Practiser.

R 3

Whosoener



96 The fifth Booke

91

Whosoever vses to drinke butter milke, they will be laxatiue, although they be very much bound, and cannot goe to stoule: pꝛoued.

92

They are like to haue the falling sicknesse, in whose Patiuities the Moone and Mercury doe not behold the one the other. Where neither of them doe behold the ascendent: and whereas in the day time Saturne is the signifier of the qualities of the mind, and then being in an Angle, and Mars in Patiuities of the night.

93

That young Beasts be not hurt of their fetters, or that being hurt of them, they may be cured: Tie vnto their neckes a Date Stone boꝛed thꝛow. Mizaldus.

94

If you giue to them that haue the falling sicknesse, this medicine or antidote following thꝛee dayes, whiles the Moone is coniunct to Iupiter, it will helpe him. Take of Hare, the seeds of Biony and the roots of the same halfe a dram, the leaues of Biliflowres, and of Primroses, (which some takes to be Daisie) one dram, Stamp them and giue it to drinke with white wine, the party being fasting. Mizaldus.

95

A certaine Country man did sleepe open-mouthed in the fields, a Serpent crept in at his mouth, and so into his body: but after the same man cured himselfe thereof with eating of Garlick. But he infected his wife with poyson, by hauing to doe with her carnally, whereof she dyed, which was very rare and strange. Volaceranus.

96

Powder made of the stone of a Swallow, giuen to drinke to them that haue the Falling sicknes, healeth them without doubt, for it is a sure experiment. Petrus Hispanus.

97

If you would know whether a Woman be conceiued with Child or no: giue to her two spoonfulls of water, and one spoonfull of clarified Hony, mingled together to drinke, when she goeth to sleepe: and if she feele gripings and paines in her belly in the night, she is with childe, if she feele none, she is not. This is very true and often pꝛoued.



98

He will neuer be p<sup>ro</sup>ze, of whose P<sup>at</sup>ivity Iupiter is ruler, or Lord Gelienarrant : the Autho<sup>r</sup> of which worke is vnknowne.

99

This following will take spots out of the face, & beautifie the same. Put seven whole Eggs in most pure and strong Vineger, and let them lye therein so long, vntill their shells be as soft as their inward skins, and mixe thereto foure ounces of Mustard seed, befoze made in powder (or stamp) then stamp or grinde them together, and therewith let the face be anointed. This hath beene p<sup>ro</sup>ued. And Torru<sup>la</sup> affirmes it also for the like purpose.

100

Greene Pettles layd in the v<sup>in</sup>e of one that is sicke, and so steeped therein for the space of xxiij. houres, if after the same time they be taken out green and fresh, it betokens the sicke party will recouer of that sicknesse : if they be withered, it is a great token of death. Mizaldus.

The end of the fifth Booke.

## The sixt Booke of Notable things.

1

If you would haue any Beast, or any part of the same, (of what colour soeuer he be) to be turned into white, shau<sup>e</sup> off the haire, and smok the same that is shauen with the same of brimstone, and white haire will grow there. You may p<sup>ro</sup>ue the same in flowres. Mizaldus.

2

The Berries of white Thorne, taken with white Wine, is of great force, for destroying or expelling of the Stone. It is knowne by the practice or experience of the Country men. Mizaldus.

3

In a question of a vision or dreame, marke the Lord or the Alunten of the Ascendent, and the Moone, and consider if thou findest either of them in the ninth, or third house : but if you finde none of them there, then marke, if thou finde either of them



them in the Ascendent or first house, or in any of his angles: and if you so find either of them, and the same be separate from a good Planet, and applyed to a good Planet: It signifies that the dreame is good and pleasant, and of a good signification, and is of the condition of that good Planet, to whome he applyes: and the profit or commodity of his dreame, shall be of the condition of the house where he is in the figure, and of the condition of that house which he doth behold with a good aspect. But if it be separate from an euill Planet, and applies also to an euill Planet: then the vision or dreame is euill, and to be feared, and is of an euill signification. Which euill and harme shall be according to the nature of the Planet, to whom the same applies, and according to the nature of the house wherein he is in the figure, and according to the nature of that euill Planet. But if it be separate from a good Planet, and applyes to an euill Planet: say that the vision or dreame was good and pleasant, but he hath an euill signification. But if it be separate from an euill Planet, and doth apply to a good Planet: say that the vision or dreame was foule and euill, but it hath a good signification, and the profit or successie thereof, will be according to the nature of the Planet, to whom he doth apply, and according to the nature of the house wherein he is in the figure, (As we haue said) Therefore according to this way and rule, consider the visions or dreames: and conferre one to another, and thou shalt be certified, God willing. Haly Abenragel.

4

It is proued, and a secret; that if you giue to them that haue the Wickop, euery morning thre houres before meate, one roote of greene Ginger, and immediatly after drinking two draughts of Balmesey, you shall see that he will be soone cured. Emperici benedicti victorij.

5

A sword wherewith a man is killed, the blood being cleane wipt from it, and put into a hot fire, which being taken out of the same doth manifestly shew the murder: for so farre as the sword was in the wounded person, so farre it will be of a contrary colour to the sword. It was told me that a Bishop did try it to be true, by one of his men.



6

If the blood of a Cocke be dyled, and made in powder, and mixt in Wine, wherein there is water. it makes the water swim a boue. This was the relation of a learned Hunke. Mizaldus.

7

Planten hath a maruelous vertue, to deliuer them of the plague that are infected therewith: giuen any manner of way. Proued.

8

The more liuely and quicke that a Horse is, the more deeper he will thrust his nose into the water, when he dzyntes. Plinius.

9

Swine & Elephants doe hate white garments, Bulls and Oxen hate maruelously garments that be of purple colour, which many vnder such apparell haue sometimes proued to their great grieffe. Plinius.

10

If the Lord of the eight house, be in the eight house, or behold the same happily: the childe then borne will die in his Country, or nye the same. Taysnicr.

11

The white of an Egge, and the iuyce of Pelitory of the wall, well beaten together, and skimmed: and then one drop of that liquoz put into the eye, doth heale the web in the eye. This is true and proued.

12

A proued Oyle which is very good for the Dropfie, called Ascites, if all the belly or paunch be anoynted therewith. Take of Turpentine one pound, of Frankincense, Masticke, Birch, of each two drams, Landanum, one dram, Nutmegs, Cloues, Calengal, Zedoary, of each one dram and a halfe, of the iuyce of Malwort, and the iuyce of Cucumber, (called Cucumis asininus) of either one ounce: Let them be powdered, that are to be powdered, and let them be mixed together, and put them in a Limbecke, and let an Oyle be distilled thereof, and it is a most secret thing, not onely to take away the swelling of the belly in the Dropfie, called Ascites, but also any flegmaticke swelling of any other member of mans body, and it is maruelous for the paines of ioynts, and members of a cold cause. Emperici benedicti.

D

A cer' aine



13

A certaine Butchers wife being with child, as she was stirring the blood of a Beast newly killed, a little thereof did chance to sprinkle, or spurt on her face: which she with her hand suddenly wiped off, and then wiped the same hand on her left thigh: Who after being brought to bed of a Boy, the same Boy had, and hath the like marke, or blood: put on the left thigh. They that knew both the Father, Mother, and the Child, told this for a very truth. Therefore it is not good to hit a woman suddenly, being with child, on the face, or otherwise: lest the child she is withall, be so marked, as is declared in other places of this booke.

14

The sicke person cannot escape, when the light of the time, (that is) the Sunne in the day, and the Moone in the night, and the Aluarten of the Ascendent, are both impedit, or euill affected of the Lord of the eight house, or of the Lord of the fourth house. Iatromath. Guat. Ryt.

15

If you will take the haire from any place of the body, & would haue it to grow there no more: stampe Ants Egges with the iuice of Henbane and Hemlocks, or with the blood of a Bat, or Keremouse: and anoint the place therewith. Mizaldus.

16

If you cut the liner of a Beast in pieces, and put into the same pieces, the powder of Nux vomica, called the Spuing Nut, (which is to be had at the Apothecaries,) the same pieces being strowed or laid in an open place, where Ravens & Crows may resort thereto: the Crows or Ravens that eat thereof, cannot flie away: whereby you may take them easily. This I know to be certaine and true.

17

The little Bird called Linaria, begins to leaue singing, and also to be sicke, when the Starre called the little Dog, doth rise, and will plucke off her feathers. Which chanceth about the middell of July: as we haue proued by one another, (saith Mizaldus) the space of ten yeres: And thereupon haue shewed to many, that then that Starre did surely rise. And in a Lake we haue obserued the same, (saith he,) in the rising of Arcture with  
the

To catch  
Crows.



the Sunne. And it is not to be doubted, but that other Birds, and All liuing  
 liuing things, haue their peculiar Starre, whereby they are things haue  
 moued to sing, or to hold their peace, to sadnesse or gladnesse, their starre  
 which I desire the diligent searchers of secrets to obserue.

Thus much Mizaldus.

18

The Lord of the Ascendent in the twelfth house, in a humane  
 signe, without the beames of good Starres: the Child then borne,  
 will be imprisoned. This is true and often proued: and also  
 Taysnier affirmer it.

19

This following is a sure and proued Medicine for the Tooth-  
 ache. Take a handfull of ground Iuy, as much of Spere-mint, Tooth-ach  
 and as much of Salt, stampe them all a little together, then put  
 all the same into a pint of Vineger, and sethe all well ouer the  
 fire, then straine it well, and put the same into a close glasse ves-  
 sell, or bottle: and when you will occupy it, take a spoonfull  
 thereof, and put it into the side of the mouth that aketh, and hold  
 downe your cheek, that it may descend to the rootes of the aking  
 teeth, and it will take the ache and paine away presently. This  
 was taught me by a woman, to whom many resorted for helpe,  
 who v'ed onely this medicine therefore.

20

An Oyntment made of the Oyle of bitter Almond, Hun-  
 ny, the rootes of Lillies, and of Ware: is an excellent thing to  
 anoint the face withall, to get away wrinkles, spots, and other  
 deformities of the face. Mizaldus.

21

You may take Foxes with this Oyle following. Anoint  
 the soles of your shoes, with a piece of fat Swines flesh as broad  
 as your hand, newly tosted, or a little broyled at the fire, when you  
 goe out of the Wood homeward. And in euery of your steps,  
 cast a piece of the Liver of a Swine roasted, and dipt in Honny,  
 and draw after your backe the dead carcas of a Cat, and when  
 the foxe following thee, comes neere vnto the Steps, be sure  
 to haue a man nye thee with Bow and shafts to shoot at him:  
 or by some other meanes to hit him. Mizaldus had this of an ex-  
 pert Hunter.

A Trayne for  
 a Foxe.

22

Women that haue double apples in their eyes, or strales,  
 doe euery where hurt with their looking. Which is called of

D 2

some



some ouerlooking. Cicero.

23

Bodies that are strucken with Lightning, doe remaine uncorrupt: therefore in ancient time they did neither burne nor bury the bodies of such as were strucken or killed with Lightning: whereupon it is plaine to all men, that the same bodies are not corrupt as others. Mizaldus.

24

If the Lord of the eighth house, be in the third or ninth house: it signifies, the child then borne, shall dye among Strangers, or out of his native soyle. Taysnier.

25

Moxmelwood newly stamped with the white of an Egge, and laid ouer the eyes, taketh away the blood and rednesse thereof: of what humour soeuer it come. This hath bene often proued.

26

If one doe take this confection following fasting, he shall neuer fall into the paines of Collicke nor Illiac. Take the outward rindes of Radishes being taken or pared thick, two pound: white Hunny foure pound: let them boile together, vnto the consumption of halfe the Hunny: then put thereto of the powders of Sinnamon, Cloues, Nutmegs, Gace, blacke Pepper, of each two drams: mixe them together and let them be put vp in a cleare vessell, and let the Patient take and eat euery morning halfe an ounce of the said rindes of the Radishes. Benedictus victorius Fauentinus.

27

If you take the powder of Brazel, & mingle it well with milk, but so that it be very red, and put therein either staffe, wood, or bone, letting it lye therein eight dayes: it will make the same wood or bone red for ever. I had this out of an old written booke.

28

To dreame that you goe ouer a broken bridge, betokens feare: to haue your head cut off for a hainous offence, signifies the death of friends: to make cleane the hands, betokens trouble: to see hands filthy or soule, doth signifie losse and danger: to see a Lambe, signifies grieffe or paine: to take flies, signifies wrong or injury. Mizaldus.



29

A Garland made of Iuy leaues, and laid vpon womens papz, oz dugz, that hangs flagging downe: it gathers them together, and makes them round. Iuy leaues stampt and applyed thereto, workes the like effect. Mizaldus.

30

A Tode being strucken of a Spider, oz of a Serpent, doth helpe her selfe by eating of Planten. Plinius. For confirmation whereof, a Tode being on the ground, hard by a wall, a Spider did suddenly strike the said Tode on the backe: which when the Tode felt, beginning to swell, did eat of Planten nye vnto the place. Whereof being well, the Spider againe did poyson the Tode with her venome as before. Which done, the Tode preserved her selfe with the said Planten as before: but one that chanc't to behold the same, did then cut vpon the said Planten, and toke it away from that place. Which Tode the third time being strucken oz rather poysoned of the Spider, as before, immediately searched for the said Planten, (for as it should seeme) there was no more Planten nye to that place, which when shee could not finde, did swell so soze, that soone after shee did burst withall. The party that did take away the same Planten, & did see this strange and maruelous matter, did tell me this for a very truth. Whose credit I know to be such, that I am bold here to place the same, hauing such good occasion. And I heard that a noble man of this Realme, did see the like.

31

Whosoener is soze grieued with the Stone, and cannot make water, let them drinke a spoonfull of the powder called Puluis chiriticus, in a draught of white wine, (which you may haue made at the Apothecaries) and vse it thre or foure mornings together, oz something lesse if you list. Giue halfe so much to a child, and without doubt it will make them auoid the Stone, & to make water presently. I haue proued it oftentimes to be a soueraigne thing in this case. And there was one from whom I had it, that got therewith aboue a hundred pound by the yeere. If it be truly and well made, you will praise it well as I haue done, & because it is such a notable thing, I would haue it better knowne, and more vsed.



32

Take Dyle of Paper, by burning faire paper on a cleane pewter dish or sawcer : or hold a piece of faire paper folded on a knives point, and set fire on the nethermost end thereof, and hold the same nye unto the sawcer, & out thereof wil come a little moill Dyle, and be on the sawcer. Take a little thereof on a cleane feather, and put it into the eye that is soze or dimme of sight : and it will helpe the same maruelously. It hath bene proued in many to be excellent. And Euonimus doth praise it therefore.

33

If the Lord of the Ascendent be in the eighth house infortunate it signifies that the sicke party will kill himselfe through euill guiding him, Iat.

34

A Spirit came nye unto M. Brutus, leading an Army of men from Asia ; when Brutus asked him who he was : he answered, I am thy euill Angel, whom thou shalt see in the fields of Philoppis in Thessaly, and there Brutus dyed in conflict. Plutarchus.

35

Agrimony sod in red wine, wherewith if wounds bee washd, it clenseth all filth and corruption from them. And the leanes of Agrimony beaten, or stampd, and tyed on wounds that be ill ioyned or knit together, by and by doth open them. A Spaniard told this to Mizaldus.

36

He that receiueth a summe of money in the houre of Venus, he will spend the same with Women, in pleasures and wantonnesse.

37

The iuice of Kew mixt with Honey, that hath bene skummed, and a little thereof put into the eye at once, riddeeth them that vie it, of an ancient dimnesse of the sight. Proued often.

38

If a woman hath not conceived, and thou wilt know whether she shall conceiue or not, let her be well couered with cloathes, and beneath let a fumigation be made of hot things, and odoriferous, or sweet smelling : for if the smell come by thoroow her body to the nose, and mouth : be sure that she is not barren of her selfe. Hippocrates Aphor.

39

Whosoever is grieued and tormented with the Stone, let



let them take an ounce of the rootes of Radish, cut in slices : and lay the same to steepe in halfe a pint of good white Wine all night, then straine the same well, and put thereto of the Cleary, called Lithontriphon, of the description of Nicholas : and also Iuttinum, one dram, mixe them with the said white Wine, wherein the Radish was infused, and let him that is grieued with the Stone, receiue all the same at one time, and you shall see a maruelous worke thereof. If need be, let him receiue the like quantity thereof thre or foure dayes together. This is proued to be sure and an excellent thing, for breaking and auoiding the Stone, and Grauell. We sure that the Apothecaries make it of good stuffe.

40

A head of Garlike. (the skinnies pulled off, and a little bzuisfed) laid by equall parts to the hollow parts of the soles of their feet, that are grieuously tormented with the Tooth-ach, especially if it come of a cold cause, and be on the nether iaw, it will helpe them with speed, by drawing the humors out of the soles of the feet. I haue knowne them that haue taken this Medicine, and haue not bene troubled with the Tooth-ach of seuen yeeres after.

41

That man is like to haue few children, in whose Nativity Saturne is in the Ascendent, opposite to Venus, or if Venus be in a barraine signe, infortunate of Saturne : or if Venus be in the house of Saturne, especially, infortunate of him. Iatromath. Guat. Ryff.

42

If you rub or touch Warts with the leaues of a Figge-tree, the Warts will consume and vanish away : so that the said leaues be buried within the earth, or ground : Some ascribes the same to the heart of a Pigeon. Mizaldus.

43

Elephants of all other beasts, doe chiefly hate the Mouse : So that if they shall see, or perceiue that a Mouse hath once touched their meat that is before them, they loath the same, and will not eat a bit thereof. Plinius.

44

If the Lord of the Ascendent be Combust in the twelfth house, hee that is then borne, will dye in prison or captiuitie. Taysnier.



45

The powder of the Berries of Bryony, drunke in the water wherein water-Cresses are sod, doth maruelously heale the Strangury.

46

If any Woman great with child shall take this drinke following, euery other day in the morning, thre houres before she eat any meat, beginning the same about ten dayes, or a fortnight before the time of the birth, the birth shall not onely be made more easie, but also she shall bring forth her child without paine. Take of the great Treacle one scruple, (which is y<sup>e</sup> weight of 24. barley cornes, the powder of Licorice, and the powder of Cinamon, of either thre graines: of good white wine one ounce and a halfe: mixe all together, and make thereof a drinke, & let it be giuen to the woman with child, in such manner as is before said. Benedictus Victorius Fauentinus, in his booke called Emperica.

47

This following will stop the bloody fluxe. Take Parrow and Planten, of either a like much, stampe them wel together, & put thereto red Wine, and straike it well, and drinke a good draught thereof first and last, thre or foure daies together; and certainly it will stay it. It is an easie and p<sup>r</sup>ecious thing.

48

If you will proue whether a Woman be with child or no, let her make water in a Copper or Brazen Uessel, and let a Needle lie therein a whole night, that is bright and cleane, and if she be with child, the Needle will haue red spots on it: if not, then it will be blackish, or rusty. It is proued, as Mizaldus was informed.

49

If a Crow chance to eate of the rest of the flesh whereof a Wolfe hath eaten before: the same Crow will die soone after. Aelianus and Philes.

50

Neither falling sicknes, neither Deuill, will infect or hurt one in that place whereas a Bay tree is. The Romanes call it the Planet of the good Angel, &c. Mizaldus.

51

Writing Inke tempered with water, wine, or vinegar, wherein Wormewood hath bene steeped, Lice will not eat the Papers,

or



Letters written with that Inke. And also clothes wherein  
Wormwood is layde or wrapt, is safe from moths: and if there  
be any there, it will dye them away. Dioscorides.

52

The houre of Mars is to be abhord in all things, both in  
the beginning, and when the thing is done. Haly Abenragell.  
Therefore you were best to take heed, that you take no notable  
thing, or great matter in hand, or begin any long iourney in the  
houre of Mars, if you can by any meanes know when it is. But  
whosoever puts their whole trust in God and guides their life by  
the rule of his holy Word, (be hee neuer so simple and vnlearned)  
he will so guide them, and so instruct them, that they shall auoid  
all such dangers, and perillous times. And contrary, the wick-  
ed learned, (yea though they knowe the times) shall not haue  
power to auoid them, as I haue seene in many: which after-  
ward they did well consider, though too late. And as I haue sayd  
of Mars, so I say of Saturne: For there is neuer a good of them  
both. Yet doo I not thinke, that Saturne or Mars shewes such  
harne to them, in whose Nativities they are Signifiers, or beare  
rule in the Ascendent: but chiefly to such in whose Nativity they  
are Lordes of the 12. 7. 5. or 8. house. But surely I haue markt  
it long, and yet I neuer sawe any notable thing begun in the  
houre of Mars or Saturne, that came to a good end. Which they  
shall well finde, that begin to set forward towards the Sea, in  
Saturnes houre. I speake by tryall as well as Haly doth: which  
I should not haue considered so much, but by his counsaile and  
proue.

53

Oxen, Kine, Bullockes, or Horses, shall not be troubled with  
any disease, if you hang a Harts horne vpon them. Absyrtus.

54

If you ioyne a Lyons Skin, to the Skin of a Wolfe or any  
other beast, it will make them without haire, or cause their haire  
to fall or consume away. Mizaldus.

55

Colewortes, and Kewe (called hearbe Grace,) are so con-  
trary in nature the one to the other, that they ought not to be  
lowne nigh together. Fracastorius.



56

If any Sheepe, or else hairy Beast, or else Man or Woman be full of wormes in any wound or soze, take of the wolle of the same Sheepe, or haire of that Beast, or some of the haire of the Man or woman, and hide the same before the rising of the Sunne, under the barke of a Tree, called Trembla, (which is a kinde of blacke Poplar tree.) Doe thus certaine dayes, and thou shalt see the wormes fall out of the wound or soze miraculously: or else they will dye or leaue that place. Where bee that ascribe the same to the Birch tree, and also to the roote of wilde Succory hanged at the neck in manner of a Crosse. Which Mizaldus saw obserued in a Dog, one of whose eares was almost eaten off with wormes.

57

It is proued oftentimes by experiment, that many being born in Coniunction of the Sunne and Moone, doe dye in the opposition: (that is, in the full of the Moone:) and they that be born in the full of the Moone, are dead in the coniunction, (that is in the new Moone.) Taysnier.

58

Put two or thre of the seedes of Oculus Christi into your eye, and within a while after you shall not feele them. Whereby you will thinke they are not there. But at the last they will drop or fall out of themselves, compassed about with slimy matter, which hinders the sight. Which if you vse, they will cleanse and cleare your eyes marueilously. This I know to be very true.

59

If one both buy Warts of them that haue them, and giue them a pinne therfoze: if the party that hath the Warts, pricke the same pin vpon some garment that he weares dayly, or commonly, the Wart or Warts without doubt will diminish and weare away priuily, and be cleane gone in short time. This was told me for an often tryed and proued thing: yea, and by such a one as had scene the experience thereof. Also Warts rubbed with a piece of raw Waxe, and the same Waxe being buried within the ground, the Warts will weare and consume, as the Waxe both rotte in the ground. Proued.

60

Salt Armoniack stamp, and mixt with water, doth make white.



White Letters, nothing differing from the colour of Paper, but if you hold the same Paper to the fire, the Letters will waxe black. Mizaldus.

61

A thing to be marvelled at, and worthy to be remembered both fellow, declared by Iouianus Pontanus. A certaine Caetane Woman, (saith he) was married to a Fisher, whom he did vie as his Wife, according to the order of Marriage, many yeeres (as Anthonius Panthormita, being a friend of the same Fisher, was wont to tell to the said Iouianus Pontanus, when he was young :) which woman after she had been married fourtene yeeres, did become to be a man, and suddenly there sprung out the members of man, in the naturall place of the Woman. Which being so ashamed of her condition, as one that thought she should be mockt or laught to scozne both of Men and women, became a Religious woman, and liued in a Monastery, where hee knew her the rest of her life. And she was buried at Rome, in the Temple of Marie or Minerua. And another woman called Aemilia, was married to one Anthony a Citizen of Epula, and after she was married twelue yeeres, she was changed into a Man, and was conuersant with men, vsing then the artes and trades of men, in that Country, and married a Wife. This writes he in the tenth booke De rebus coelestibus, &c. Mizaldus.

62

If the Lord of the Ascendent be Combust in the Ascendent, or in the first house, it signifies short life to the childe then borne, Tayfner.

63

Take the inner rinde of an Oake tree, and seethe it well in faire water, and then bathe any soze old or newe therewith, halfe a dozen times together, twice euery day, and at euery time when it is thus bathed, then anoint it with Butter and Brimstone mixt well together, and within nine or ten dayes, it will be whole, (God willing.) A true and tryed medicine.

64

This following will helpe the yellow Jaundies with speede. Take a Burre roote, the greater the better, scrape it cleane: then take a pot of new Ale, and put your roote therein, and the Ale well boyle, and let it be therein one day and one night well stopped, the let the patient drinke a good draught, two or thye times, and he

P 2

will



Will be whole certainly. Proved.

65

The sick is much to be feared, if in the Ascendent, or in the eighth house, or with their Lords, there be euill Starres or Planets. But if good Planets be there, it is safe enough. Iacromath. Guat. Ryff.

66

Aristotle and Auicen do affirme, that of the round and short Egge, the Cocke chicken doth come, of the long and sharpe Egge, the Hen chicken. Mizaldus.

67

If you put yellow Amber into hot melted ware, (before wel skimmed) it will be then as soft as clay, so that you may make things thereof, in what forme or fashion you will, it will be so fractable and soft. Mizaldus had this secret of a certaine cunning Lapidary.

68

There is nothing better to driue away Serpents. or snakes, then the smoke of olde Leather, or olde shoes burned, or else to bring them out of ones body, before crept into them by sleeping open mouthed. Wherof Marc. Gatinatica an excellent Physicion doth write, that the like did happen to a certain man in his time: to whom when many medicines were giuen in vaine, the said man receiued the smoke of old Leather at his mouth by a funnel so that it went into his body, and as soone as the venemous thing in his body felt the saide smoke, it came out at his fundament. Which was a marueilous great Wyper, to the great maruel and feare of all them that were present.

69

See the inner rinde of the yong branches of a Hasell tree in small Ale, untill halfe be consumed, and let them that haue the Strangury drink a good draught thereof first and last for the space of eight or nine dayes together, and it will helpe them certainly, for it neuer failes. Therefore proue it and praise it.

70

In the first beginning of any sicknes, or at the time of a questi- on for the state of the sick person, if the Moon be corrupt or afflict- ed of Saturne in the three first degrees of Scorpio, it betokenes death, Iohannes Ganiuctus.



71

A notable medicine for the Siatica doth follow. Take Dre dung and Pigeons dung, of either one pound, and mix them well together, with one pottle of white wine, and let them boyle together until half the wine be consumed, then straine it throught a linnen cloth: then put thereto halfe a pound of Hunny, & twelue yolkes of Eggs, and halfe a pound of melted Ware: and mixe all together with as much Barley meale as will suffice for the making of it in a plaister, and put it hot to the painefull place. This was proued by King Henry the fift, as the writing did witness, out of the which I had this. Besides it hath bene since proued.

72

Let the Physicion take heed of his first visiting of the sicke in the houre of Saturne and Mars: if he come to him in the houre of Saturne, either the sicke will dye, or else the Physicion shall haue great labour, doubts, and slacknesse in the curing of him. Neither shall he helpe him, except it bee euen to desperation, or out of all hope. And if he be sent for, or goe to him first in the houre of Mars, there will be chidings and brawlings betwixt him and the sicke party, and small gaine. The houres of Iupiter and Venus are much praised. The houres of the other Planets are indifferent. Iatromathematica. Guat. Ryff.

73

A greene Lizard hath a great delight to behold a man in the face, for hee will louingly fastene vpon him as a Dogge, with the mouing of his tayle. And as much as in him lyes, will defend him from a Serpent that lyes lurking in the heards to hurt him. Lemnius.

74

The iuice or water strayned out of Radish rootes before stamped, mixt with white wine, and the powder of Turpentine burned, or dyed in the Sun, and so receiued, is an excellent medicine to break and driue forth the Stone. And it is giuen with happy successe. A thing proued, much better then gold. Mizaldus.

75

If the Lord of the Ascident be found in the ninth house, he that is then horne, shall of his owne will, goe farre and long iourneys. And if there be a good Planet in the same ninth house with him, or else doth behold him with a happy Aspect, then it shall

P 3.

happen.



happen well to him in his iournyes. If an euill Planet, then contrary. Taysnier.

76

Lay a thinne piece of raw Beefe to the forehead of them that haue lost their voice, and let it lye thereto all night vntremoued, and it will helpe them presently, or at least within thre or foure seuerall applications.

77

Take the benes of Beasts which be found in the fields, and chiefly of Horses (because they be best therof) and let them be well washed: after let them be dreyed at the Sun, then put them into a great Caldron with water, and let them seethe long, and gather the fat that swims aboue, wherewith anoint the gowte or Palsey, of whatsoeuer cause they come, and it will be helped.

78

Seeth Iuy, Bugwort, Wallwort, and the inner rinde of Elderne, in water with much Salt, and bathe therewith any Sciatica, twice or thrice a day for eight or nine dayes together: and the party grieued will be made whole. This I had out of an old witten Booke, wherein were many excellent things.

79

If you sprinkle the powder of Saffron round about the towes vpon the Dyle in a faire Greene and bright Lampe of Glasse, and let the same burne, (so that there be none other light in the same Chamber:) it will beautifie all things in the same place, with a faire Pellow colour. You may proue it by other colours likewise.

80

The dung of a Wolfe, being hidden in a Stable or house, where Cattell bee, especially Sheepe, it will not only make them leaue from eating of their meat, but also it will cause them to sturre vp and downe, and to bleat, or to make a noise, and also to quake and tremble, as though their deusuring enemy the Wolfe were there present. Neither will they cease from doing thus, vntill they feele or perceiue, that the said dung is taken away. Mizaldus.

81

There is nothing better to draw forth Thornes, pricks or any other thing whatsoeuer, in any parts of the body wheresoeuer it be, then blacke Sope applyed to the place, letting the same lye thereto twelue houres without remouing the same.

A



82

A certaine noble Matrone in the parts of Spaine, had a strong imagination of a great Ethiopian, painted in her chamber, with other, in the time of the act of generation. Which Lady afterward was deliuered of a Boy, like to the great Ethiopian painted, before named. Which child being bozne, euery one beleued, that she had layne with some one of the slaues of the Sarasins, for that the child was like none of his Parents. Whereupon the ministers of Justice, with consent of her Husband, and other, did decree, that she should be burned after the months end. But before the ministracion of this Justice or execution, certaine wise men were called, wheresof one desired, that he might see the place where the Child was begot: which when hee had seene, hee considered that that generation was by the strength of the imaginatiue vertue: And then he said, that that great Ethiopian was the Father of the child: Bringing forth for the confirmation thereof, that place of the Bible, where Iacob put speckled Rods before the Sheepe: by which imagination the Cwes brought forth speckled Lambes, which when hee had spoken, the Lady was deliuered from burning. Wherefore as I haue witten in other places of this Booke. men ought not rashly to mislike their wiues, (having none other occasion,) because their Children are unlike to their Parents. For as you see here and in Iacobs Lambes, Imagination is of marueilous force in the time of generation, which doth not onely worke in men, but in Beasts. Ganiuetus wites this History, who as it should seeme, hath it out of Lyra.

83

The flowers of Marigolds, as also of Succory, and of certaine other hearbes, doe begin to open at the rising of the Sunne, at none they are fully and wholly opened, but they are closed, or are shut, when the Sunne doth set. Therefore some call it, and such other, Sponsus Solis, the Spouse of the Sunne. Because they sleepe, and are awakened with him, &c. Mizaldus. And the dayly triall thereof affirms it.

84

If Asses doe eate much of Hemlockes, they will be cast thereby into a dead and deepe sleepe, that they will seeme to be dead.

Which



which hath deceiued the Countrymen being ignorant thereof: for as they haue bene slaying off their skins, (thinking that they were dead) the silly Asses haue stirred and wakened out of their sleepe, to the great terrour of them that did slay them, or cut off their skinnes, and to the great laughing of them that did behold them, as Andreas Matthiolas, (that learned Physicion,) hath witten in his commentaris vpon Dioscorides.

85

But the ashes of a burnt Snail, vpon the Spot in the eye: and within threë dayes it will take it away. Barth.

86

If one comes to aske or enquire the Astrologian, for any thing in the houre of an euill Planet, that is, of Saturne or Mars, it is a suspition rather to euill then to good And chiefly, if that euill Planet be any where impedit, Retrograde, or Combust, or in his fall, or Cadent from an Angle. And this is to bee understood likewise of the comming of any on the behalf of any that is sicke, or bringing the vaine of the sicke, or of any that doth aske counsaile, or enquire of the estate of the sicke, (though the vaine be not seene,) it is a suspition of euill for the sicke, though it be not a full testimony thereof. Ganiuetus.

87

If a woman, that is too much weakened with her monthly course, doth cast the same, or let the same run into a hole made in the ground with a threë squared Stake, (the same Stake immediately after being put or driuen into the same hole, and so remaine therein vntremoued:) her said fluxe will stay or cease, being thought before to be vncurable. An honest woman reuealed this strange secret to me, which proued the same to be true: and she learned it of a poore Woman, that required almes of her at her poore.

88

In the Lake called Larius (which now is called Comensis), certaine Fishers in the winter did draw with their Nettles to the dry land, a great sort of Seamewes, seeming to be dead, which were ioyned together with their bills or nebs in one another's tayle or fundament: and being warmed with their guts, were found aliue. Garuas. Tibellefius.

The



89

The leaues of Dockes doe loose the belly, and makes one lax:  
atiue: but the seeds being taken, doe bind and are restrictive

90

If Wine haue taken any tartenesse, or solwrenesse, take a pot  
filled with good water, and let it be well covered, then set the  
same pot with water in the vessell with Wine, (so that the pot  
stand vnder, or within the Wine,) and at the thre dayes end, if  
the Wine haue gotten his former strength, the water will smel,  
and then the wine will like the. Tarentinus.

91

A piece of raw Beefe, not too thicke, nor too thin, ) being layd +  
or steeped all the night before in good Aqua Composita, and ap-  
plied to the temples of the forehead, without remouing all the  
night: and thus doing thre or foure nights, ( dooth helpe the  
watering and paines of the eyes, and all distillations and rumes  
that come from the head or braine. One told me this, which had  
often proued it to be most true, as a great secret.

92

When Mercury is in the tenth house not impedit, the childe  
then borne, will be mighty, wise, and a great Philosopher, Coeli  
enarrent.

93

Anoint young Swallowes with Saffron, and scoue after  
the old Swallowes will bring a Stone vnto them, wherewith  
the Drop sic will be cured. This I had out of a booke of secrets.

94

An Egge laid on a Thursday, and emptied and filled with  
Salt, and so set it in the fire, remaining there vntill it may be  
made in powder, and then cankered teeth rubbed with the pow-  
der thereof, it both killeth the canker, and the wormes that eat  
the teeth, and destroies them. Proued for truth.

95

This following will destroy Kingwormes, Letters & Scales  
in the handes, Take white Coprice, the quantity of two  
Beanes, and put it into a pinte of cleare water, till it be resolved  
or melted: and with that water wash the place or hands, till  
they be whole. Proued.

96

Stamp Parsly in white Wine, then straine it well, & drinke a

D.

good



Good draught thereof, and it will cause thée to make water, and  
b<sup>r</sup>eake the Stone, vse it five or sixe times. This hath beene well  
proued.

97

The wise and learned men in olde time did thinke, that a  
Toade put into a new earthen pot, and set it within the ground,  
and so couered with earth in the midst of a field, will driue away  
Crowes or Birds from Corne that is sowed there. But about  
Haruest time they will that it be digged vp, and so cast forth  
of the limits of the fieldes, lest the Corne be bitter thereby.  
Plinie.

98

X A little piece of the Nauell-string of a childe, that is newly  
borne, enclosed in a King, and so borne that it may touch the flesh  
or bare skinne, is a most sure helpe and remedy, against the  
great paines and torments of the Collicke, Mizaldus.

99

They whose hairs of the eye-browes do touch or meete toge-  
ther, of all other are the worst. They doe shew that he or she is a  
wicked person, and an entiser of seruants, and giuen to vnlaw-  
full and naughty Artes: which Iohannes Indagnies saith, he  
hath obserued in old women being Witches, which were led to  
be burned, whose eye-browes were such. As Thaddeus Hagec-  
cius hath also noted.

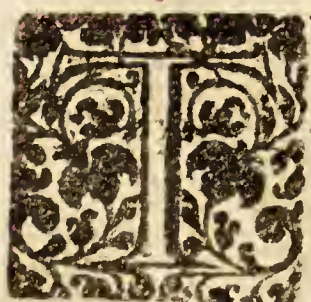
100

Saturne in the ninth house, doth signifie feares in iourneyes,  
but more in the Sea chiefly, in a watry signe, and in Cancer the  
house of the Moone. Taysnier.

The end of the sixt booke.

## The seventh Booke of Notable things.

Y



The water wherein the leaues of Planten, y<sup>e</sup> growes  
close to the ground, and nere the roote, is sod, being  
drunk twice every day, morning and evening, first  
and last, halfe a pint at a time, for the space of foure  
or five dayes, helpes perfectly all griefes and dis-  
eases of the bladder. A true medicine, and often proued.

A



2

A notable water for breaking of the Stone. Take of the +  
 iuice of Saxifrage, two pound, of the iuice of Bzomell, and of the  
 iuice of Parsie, of either one pound, of the iuice of Betony, of  
 the iuice of Pettles, and of the iuice of Ramsens, of each halfe a  
 pound, of strong white Vineger, ten ounces, of the flowres and  
 seedes of Bzome, and of the Rootes of Radish, of each two hand-  
 fulles, stamp the last rehearsed well, then mixe the same with all  
 the iuyces besoze mentioned, and thereof distill a water, with a  
 gentle fire: of which water giue to them that haue the Stone,  
 one ounce at one time, with Oximell Diuriticke, (which you The best help  
 may haue at the Apothecaries, ) vsing the same nine or ten dayes for the Stone  
 ( if need be: ) and it will breake and auoyde the Stone wonder-  
 fully. There cannot be a better medicine for the Stone: proue it  
 when you will.

3

In the Ilands of Ireland, and Orkades, in certaine places  
 there, there bee certaine Trees, much like vnto willow Trees,  
 out of which come forth certaine little haire, encreasing by  
 little and little into Birds, hauing shape of Duckes, hanging  
 vpon the bough by their nebs or bills: and when they are come  
 to full perfectnesse, they fly away of themselves, or fall into  
 the next Seas, which Birds we call Barnacles. This is rela-  
 ted by the people that dwell there. Mizaldus.

4

+ If one be bewitched of any, put Quicksilver into a quill, and  
 stoppe it, or else into a hollow Patshel, enclosed fast with ware,  
 and lay the same vnder the pillow of the party bewitched, or vn-  
 der the Threshold of the doore where he enters into the house,  
 or Chamber. Iohannes Weckerus.

5

Hee that will deliuer a Summe of Money in the houre of  
 the Doyne, he shall haue much adoe to get it againe: And at last  
 shall mistrust of the recovering thereof: but at length he shall re-  
 couer it, but not all. Abablez filius Zaed.

6

Betony stampd and made in a plaister, and laid to the eye,  
 healeth a stripe in the eye. And if the eyes be washed with the wa-  
 ter wherein Betony is sodden, they will be whole without dim-  
 nesse



nesse or other blemish. And if you drinke a Dramme of the powder of Betony, with the water of Betony, it will bring down and heale the cloudinesse and bloodinesse of the eyes. And if betony be eaten, it dryeth up the teares of the eyes. All this and more hath bene proued of Betony.

7

+ Marke on what day any doth fall sick, and number the dayes from the first Calends of July, (which is the 26 day of June) vntill the day when the party did first begin to be sick: and deuide that whole number by thre, and then if at the last, one remaine, he will quickly escape, if two remaine, he wil be long sicke, if thre remaine, then it is to be feared he will die of that sickness. This I had out of a booke of secrets.

8

A maruailous cure of a woman that was swolne, done by one John Ardern, whose words thereof were these: I John Ardern did see a certaine Woman at Newmarke, whose whole body was suddenly swolne, and also the face, necke and legges, who did lye as though she were half dead: to whom I gaue the roots of Daffadill stamp, & mixt with water & Saffern, which being drunke, she was quickly whole. I wrote this out of an old written booke.

9

Take heed in letting of blood or giuing of Purgations, or strong medicines, that the Lord of the eight house be not with the Moon or with the lord of the Ascendent. Likewise that the Moon nor the Lord of the Ascendent be in the fourth or eight house, nor that the Lord of the eight house be in any Angle, and it is not good that the Moon be in the Ascendent. Iatromath. Guat. Ryff.

10

A Winde rising in the North in the beginning of the night, or in the twy-light, by and by hee ceaseth, and leaueth his place. Therefore it is, that the Mariners (having iust tryall therof) wil not set forth in that winde, vnles it hath continued thre dayes. The South winde is contrary, which if it rise or begin in the beginning of the day, it brings hope to the Mariners that it wil continue, and not quickly depart out of that place. Mizaldus.

11

The skin of the right heele of a Vultur laid to the right foote, &

of



of the left heele, to the left foote, of them that are pained with the Bowt: It is said that it doth mitigate the grieffe, and ease the paines. Mizaldus.

12

Lute strings or Harpe strings cut in little pieces, and cast upon flesh newly sodden or roasted, will seeme to be Wormes. Whereby they that know not therof, will refuse the same meat. Mizaldus.

13

† If the Pard doth swell and be greivously pained, mingle ware, Oyle, and the iuice of Purslane together, & apply it to the swollen Pard, and it will helpe it. It is often proued.

14

Iohannes Ganiuetus writes, that in the yeere of our Lord, 1431 the seuenth day of August ( being Tuesday ) about seuen of the clocke in the morning, one Master Henricus Amici, a Doctor of Physicke, borne at Buxels in Brabant, did aske him for the Lord Deane of Viennens. then being sick. whether he should die or recouer that sicknes. In the figure of wherh question, he found that the Moone was going in coniunction to the Sun, vnder the beames of the Sun, which was a testimony of death with diuers other liklyhoods of the same. But espying Mercury beginning to be retrograde, within one degree of the Ascendent ( corruption the degree ascending ) did iudge that he should shortly fall into a frensie, at the farthest within a naturall day: although he was a very wise man: And so it came to passe, for within lesse then a naturall day, he became franticke, and dyed within two daies after.

15

† Take Cloues of Garlicke, and burne them in a pot all to powder, and if you vse to eat of that powder in your pottage, doubtlesse it will procure you to make water, if you are troubled with the Stone.

16

If you put the powder of Allom in water, whatsoever you write therewith, the writing or letters will not appeare, vnlesse you put the same paper in water, and then you may read it perfectly. Bapt. porta.

17

This that followeth is a most excellent true and sure proued medicine for a great and old grieffe and paine in the head. Take of bay Salt stamped by it selfe, as much Comin seede stamped by it selfe, as much broome Fennell, and then stamp them all together,

Q 3

then



then with as much pure vineger and a little Rose water, mix and stir them all together in a dish, ouer a chafindish of hot coles, and then lay some of the same hot vpon a cloth, and apply it so to the hinder part of the head at night, and tye it fast thereto that it fall not away. And also lay on another plaster thereof hot thereto the next night, & so doe nine nights together, one after another: and it will not onely helpe the same, (perhappes within three or foure times so doing:) but also it will cleere the sight, and drawe the humors, cleane away, that runne out of the head into the eyes, and dry by the same. This Medicine neuer failes. Therefore it is a precious thing, and worthy to be esteemed.

18

A good way to get the stone called Cranpaudina, out of the Tode. Put a great or euergrowne Tode, (first brused in diuers places) into an Earthen pot, and put the same in an Ants hillocke, and couer the same with Earth, which Tode at length the Ants will eate: So that the bones of the Tode and Stone will be left in the Pot, which Mizaldus and many other (as hee saith) hath oftentimes proued.

19

It is said, that the Female Vipser doth open her mouth to receiue the generatiue sparre of the Male Vipser, which he doth, by putting his mouth into her mouth, which re ceiued, she doth bite off his head. This is the manner of the forward generating of Vipers. And after that, the young Vipers that spring of the same, doe eate or gnaw asunder their mothers Belly, thereby comming or burking forth. And so they being reuengers of their Fathers iniury, doe kill their owne Mother. Galen de Theriaca ad Pisonem. You may see, they were a towardly kind of people, that Christ called the generation of Vipers.

20

See the Sage, and drinke it, either Stamp it, and lay it to the matrix: for both waies it proueketh the flowes and afterburthens. Pet. Hisp.

21

The girdle woone of a Child, being vnder seven yeeres of age, some sayes twelue yeeres of age, taken and tyed about the middle of one that hath the falling sicknes, and then presently taken from the said party, and cut in nine pieces, and euery piece throwne nine severall waies, is a present and perfect remedy to heale



heale and helpe the same party thereof, without saying of any words. They that told it to mee, did see it proued: a thing no doubt very strange, and almost incredible. Some thinkes that this will not preuaile, but at the first falling of the party.

22

The tongue of a Dog laid vnder the great Toe within the shoe, doth cease the barking of Dogs at the party that so weares the same. Mizaldus.

23

The skin of an Ass being tanned, and Shoes made of that part of the Hide, wheron the burthens did lie that the Ass carried, they will neuer teare nor be worne. No although you goe continually among stones and thornes, and with the oldnesse thereof, they will ware hard, that one canuot suffer to weare them, as Cardanus hath written.

24

To stop the bleeding of the Nose: take nine or ten fresh new Leekes, and put a threed throow the mids of them, but cut off the toppes of the Leaues, then hang them about the parties necke that bleedes, so that the leaues be vppward to the Nose, and the heads of them downeward. It is good also to smell to Camphire dissolued in vineger, and also to put the roote of Piony vnder the tongue. Iaco. Holle,

25

If you take of mouth glue and Allome, equall parts, mixing them together, and then powze vineger to them, what thing so euer you shall cast into the fire, being rubbed, or all ouer anointed therewith, it will not be burned. Mizaldus.

26

Mars in the ninth House, doth threaten in long iourneyes, chiefly on the land, feare and euill hap or successe: but not in Capricorne, seeing it is his exhalation. Taysnier.

27

It is credibly reported, that whosoever is sicke, and at the point of death, though they be marueilous old, lying or being in a certaine place in Ireland; the same party cannot dye, vntill hee or she shall be remoued out of this place: And many that haue been there, being very old and weary of their liues, haue earnestly desired to be remoued from thence: who as soone as they haue bene out of the place, haue dyed presently. A very strange thing, if it be true.



28

X Stamppe Kew with oyle of Koses, and lay the same something thicke vpon the crowne of the head, of one that is sicke the same being first shauen, and if the same party do nase within six houres after, he will escape that sicknes. If not, he will dye thereof.

29

To make a green that it will not bade away. Take the flowers of flowredeluse, stamppe them and strain them, then put the iuice thereof into gum-water, and dry it in the Sunne.

30

To make Letters of gold: Take gum of Almonds and temper it with Vermilion finely ground, let the gum be dissolved in the white of an Egge, then write therewith and it will belike Gold. Proued.

31

If you will knowe in what yere Wheate will be deare or cheape, and what time in the yere, and what moneth the same will chance: Elect or chuse twelue faire Cornes of Wheate, in the Kalends of January, which is the first day of January, then sweepe the fire hartly cleane, and make a fire: then take a yong wench, or boy of the house, or else one that dwels nye you, and bid the same boy or wench lay one of the same Cornes on the same being hot and made cleane: and when that is done, marke diligently, whether the said Corne abide still in the place, or leape: If it be still, then say that the price will continue: If it leape a little, the price will abate a little: If it leape much, then perswade thy selfe, that it will ware very cheape: if it leape towards the fire, it will be dearer in the first month, and so moze or lesse, for the greater or lesser accesse of the same to the fire. Do so with the second Corne, and it will presage for the second month, that is for February: And so you may iudge all the rest. That is, the third Corne for March: the fourth for Aprill, and so for the other. Mizaldus hath heard that it hath bene proued of many.

32

The Lyon is moze fierce against Men, then women: for Nature hath taught him that women are to be moze mildely vnto then Men: as Plinie affirmez. And Aristotle saith, that it is moze wicked to kill a woman then a man, &c. And the Poet saith: Quod foemina in poena nullū est memorabile nomen. Which is true



True. A man also can get no praise nor honesty by beating of a woman. Which let butcherly beaters and cruell tormentors of their wives marke well and consider. Mizaldus.

33

A spoonfull or more of the powder of Pettie seed, drinke in good wine, doth allwaie all paines of the Matrix, and takes away the windines thereof, or the grieue of the Mother. Per. Hisq.

34

By this meanes following, you may put an Egge into a narrow mouthed glasse. Lay an Egge in strong Vineger, till it be tender: then fill the glasse almost full with water, then put the windie Egge into the Glasse: and anon it will be hard. Proved.

35

To roast a dish of butter. Take fine grated white bread, and mix the same well with Sugar, then put a rumpe of butter vpon a Spit, and turne the Spit at the fire, & still cast the grated bread and the Sugar vpon the butter, and it wil be a fine and trim dish of meat. Proved.

36

If a certain worme with many feet, which will become round like a pease if shce be touched, of some called a Swine-loae, be prickt with a Needle, and then any aking tooth touched with the same needle the paine therofe will ceace immediatly. This I got out of an old booke.

37

They are possess with diuels, that haue not in their Patiuities Mercurie, with the Moone in some aspect, if neither of them behold the Ascendent: Which is the more certain, if Saturne be there in the Patiuitiy of the day, and if Mars be there in the nightly Patiuitiy: And if either of them be in an Angle, such is the Patiuitiy of Diuels. Alpohazen. And they are or will be mad, that haue Mercury and the Moone in this sort, except that Saturne contrary must be in an Angle in the Patiuitiy of the night, and Mars in an angle in a Patiuitiy of the day. Iatromath.

38

There is a certaine well at Gratianapolis, which although it hath not hot or warme water therein: yet oftentimes there comes out of the same together with the water flames of fire, two contrary Elements at one time, out of one place flowing out together. Mizaldus writes this of the report of the Inhabitants of

R.

that



that place.

39

If you stary Hollocks with the whites of Eggs, and therewith anoint your hands, and throw then vpon the same the powder of Allom, you may handle fire without any harme. Alber. Braise it as it proues.

40

Drinke no medicine in the houre of Saturne, neither enter or begin then any iourney on the Sea. Haly Abenragel.

41

White Wine, wherein Lapis Calaminaris is seuen times quenched, first made very hot in the fire, doth marueilously stop the running of the eyes, and cleareth the sight, if you put a few drops thereof into them, and vse to wash them therewith. This is a tryed thing.

42

If you would allure or bring Pigeons to a Doue-house, take a fat Dog and slay him, and fill his belly full of the Seedes of Cummin, then rost him dry, wash also the Pigion holes in the Doue-cote with water wherewith the Cummin is sodde: but first cleanse the said holes from all filthinesse, then lay the roasted Dog vpon a broad stone in the Douehouse, and hang a great Glasse in the toppe of the Loucar, and three or foure little looking Glasse within the Douehouse, by some of the holes. Also take good clay and mingle it with bay salt and Cummin, and make thereof a great lumpe like vnto a Sugar Loafe, then put it into an Ouen and make it hard, and set it by the dead Dog. Beware of Owles, Buzzards, and Starlings, see the house be close that no vermine come therein, as Polecats, Wezels, or Ferrits, and you shall haue Pigeons enow. Also make a shrape by the Douehouse, draw Chaffe there, then lay therein a good quantity of Warly, but it must first be laid to steepe in Hony three dayes, and then cast it among the Chaffe, and then a great sort of Pigeons will resort to the Douehouse.

43

Linsede put into the rootes of Radish, and by and by put into fatte or dunged earth: it will bring forth an hearbs like Dragons, whose taste will seme like Vineger and Salt: therefore it is marueilously desired in Satores: for hauing this, you neede neither vineger nor salt: as one that is chiefe of the kings Gardens told me, saith Mizaldus.

Fines



44

Fires being sod, or cut in pieces, and then giuen to Hens or Geese amongst their meate, it makes them safe from being hurt of any Foxes after, for the space of two monthes. Mizaldus.

45

The seeds of Docks, tyed to the left arme of a woman, doth helpe barrenesse, sterilitie, Africanus.

46

The Merne and the Ascendent, are generally Signifiers of the whole Ship, and of the state thereof: and the Lord of the Ascendent is the Signifier of them that sayle in the same, wherof if all they be infortunate, the Ship is broken, and they that sayled in her are drowned, vnesse some one of them be receiued, that is of the said Signifiers, and then the Impediment will chaunce in the drowning, and some climbers of the Ship will escape: but if all they be fortunat, all shall escape and be saued, that is, both Ship and men, chiefly if there be any reception. Furthermore, if the Ascendent and the Merne be both fortunat, and the Lord of the Ascendent infortunate, the Ship is safe, and the Sayers in her are destroyed: but if the Ascendent and the Merne be infortunate, and Lord of the Ascendent fortunat, the Ship is ouerwhelmed, or lost, and the Sayers in her are safe. Haly Abe.

47

Goates dung mingled with Vineger and Bran, and applied as a plaister to a soze brest, looseth wonderfully all swellings of the brest. It hath bene proued.

48

Betony stamp and applyed to any wound of the head, doth not only draw out the broken bones, but also doth heale the same with speed.

49

A speciall medicine to strengthen the backe. Take a quart of white wine, and the pith that runneth in an Ore backe, and halfe a quarter of a pound of Dates, and of Harigolds, Planten, Betony, Parsly rootes, and Fennell rootes, of all two handfuls: boyle all these together, vntill the wine be halfe wasted away: then strain them thozow a cloth, and drinke nine or ten spanfuls therof euery morning & euening for the space of nine or ten daies: and it will strengthen the backe marueilously.



50

Five leaved grasse sod in water, which if it be drunk and gulped by and downe into the throat, is an excellent help for sore throats.

51

They are diuellish or peccēt with Diuels, in whose Paticularities Saturne is Lord of the place of the Moone: and the Moone then vnder the beames of the Sonne: or if Mars be Lord of the place of the Moone opposite to the Sun, especially in Sagitary. Haly Abenragell

52

To keepe Beasts safe that the blinde Mouse called a Shroto do not bite them. Enclose the same Mouse quick in Chalke, which when it is hard, hang the same about the necke of the beast that you would keep safe from byting; And it is most certaine that he shall not be toucht nor bitten, as it is aforesaid. Vegetius.

53

I heare (saith Mizaldus) that it is obserued and proued, that a Cow, a Cwe, a shee Asse, a Bich, a shee Cat and such other domesticall & tame Beasts of the female kind, wil cast their Calf, Lamb, Colt or that they goe withall, if the Male, by whom they conceived, be killed while they went with the same. Such a strong and behement concord or agreement of nature is betweene or among them.

54

If the ninth house begin in a fixed signe, or if Saturn be found in the same (except it be Aries) they that be then bozne, shall for the most part see true Dreames, but if in a moueable signe, his Dreames will be without effect, &c. Taisnier.

55

A notable oyntment for the headache, comming of any cause, wherewith you must anoint the pulses of the temples and all the forehead. Take of the iuice of fresh Camomil foure ounces, of the iuice of fresh Roses two ounces, of the iuices of fresh Kew and Betsyony, of either one ounce and a halfe, of the iuice of the roots of holioc two ounces, of oyle Rosate Omqhacine, one pound & a halfe of the best & purest Alabaster, three ounces, powder of Alabaster finely beaten, then put into the oyle, and let it ly therein a day & a night, then mix them all together, and with sufficient white ware: make it into an oyntment, which oyntment, is good for any paine of the head, proceeding of any matter or cause. And it may be used at a



ny time of the fit or paine except the beginning. Emperica Benedicti Victorij Fauenti.

56

An excellent distilled water for hearing followeth. Take of the iuice of Betony, of the iuice of Onions, of either of them six ounces, of the leanes of Rosemary stamped one handfull, of the oyle of bitter Almonds three ounces, and one white Cele grosse chopt and cut in small pieces: mixe them all together and distill them, and the liquor which cometh thereof, keep in a glasse, drop two or three drops thereof into your eare four or five nights together, and it will help the deafenes.

57

It is much to be marueiled at the little bird called a Wren, being fastned to a little sticke of Hasell newly gathered, doth turne about and roste himselfe. Cardanus and Mizaldus.

58

Thou maist make faire pictures, Gossels and many other fine things with small cost and expences as followeth. Scethe the bark of the Elm tree and the tops of the Poplar tree, and whiles they are very hot, put thereto most pure and fine Lime, vntill all the same be like Curds of milke. Afterwards put thereto the whitest Marble that is well and finely beaten into powder, & serced: and then cast the same in what forme you will: then dry them in the shadow. Hieronymus Cardanus.

59

Hermes doth say, that an euill Planet in Cancer, doth threaten short life and continuall sicknes to the mother of the Childe then borne.

60

Brimstone stampd with wine, and plaistered ouer the Dugs or Paps of Women, breakes the hardnes of them. Isaac.

61

Water Mint stamped and laide to the midst of the brow, and to the nape of the neck of one that is mad, will much helpe and releue him. But first tickle him on the brow, and it will dispose him to sleepe: and then apply it to him as is before said. But if he be far gone, that it will not help him then take a Leach and cleaue it in the midst, and so warme, lay the one part to his brow, and the other to the nape of his necke: and without doubt it will help him, if euer he shall haue help. This I tooke out of an excellent written Booke.

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62

For burning with fire. Take Dyle Oliff, and put it into cold water, and stir it well together, till it be well mixed: then anoint the burned place therewith, and lay a Moxz leaf upon it, and it will helpe it speedily. Proued.

63

Stampes Ballowes and Garlike together, and mingle it well with white Wine, then straine it well, and drinke a good draught thereof nine times, and it will make thee make water, or what occasion soever the same is kept. This is affirmed for truth.

64

If you will bring forth or hatch Egges without a Hen, couer your Egges in hot Horse dung, ( so that the bigger part of the Egge be upward ) but euery fifth or six day, shift them with new Horse dung, with a temperate heate as the heate of a Hen. But remember that the egges must be turned, and about the time of the hatching or when they should come forth of the shell, put them vnder a Hen. Mizaldus.

65

Although the fruit of a Medler Tree by nature be restrictive or binding, neuertheless the powder of him doth vehemently breake the stones in the reynes, and driues them forth. Which Anthonias Musa an excellent Physicion doth witness, that he hath proued with most happy successe on himselfe. Mizaldus.

66

The blood of an Hare dyled and made in powder, and thrown vpon flesh newly roasted or sodden, makes the same flesh seeme to be bloody and corrupt. So that they that be present, and sees the same, vnlesse such as know the secret thereof, wil loath to eate therof. Mizaldus.

67

The ancient Wise men haue said, that he that is taken prisoner in the houre of the Sunne, shall escape within the space of one moneth: and in the houre of Venus, he shall escape at the end of forty dayes: and in the houre of Mercury, he shall haue long imprisonment, and he that is taken prisoner in the houre of the Moone, his businesse and state shall be changed, according to the applications which the Moone hath with fortunate and infortunate planets: whereby the easinesse and stownesse of his deliuering shall be esteemed. Also, he that is taken prisoner in the houre



houre of Saturne, he shall indure long imprisonment: and he that is taken prisoner in the houre of Iupiter, he shall be delivered quickly. And they that be taken prisoner in the houre of Mars, many sorowes and troubles shall happen to them during their imprisonment. For he shall be put in fetters, and shall be beaten, and he shall suffer great sorowes and labours. Haly Abentageli.

68

This medicine following, will surely heale a scald head. Take oyle Olive, and put it into a dish with faire water, and beate or stirre them well together, as you would make Butter, then take it up, and put it into a vessell, and put powder of brimstone and May Butter thereto, and make an oyntment thereof, wherewith anoint the forehead, and doubtlesse it will heale it.

69

Redbinde leaves stampt, and laid upon warts, (using the same halfe a dozen times,) wil quite destroy them.

70

Frauncis Marques of Mantua, did so instruct or teach a Dog, that he used him as a very good servant, in calling of such of the Court as he would. Blondus.

71

Abenzeor an excellent phisicion among the Arabians, declares that once there was such a famine in the Country, that the people was driven to plucke the dead bodies out of their graues, and did suck the marrow of their bones. A thing horrible to be heard, but more horrible to be done: from which need or hunger, I beseech God keepe vs.

72

If the seedes that are found in the round knobbes of the lesser Burre leafe, be made in very fine powder, and so given with a little good and pure White Wine, it purgeth the sand marvellous effectually from the reynes, but more speedily, if it be drunk with Aqua vitæ. Mizaldushad this of one that proued it.

73

If you see the Hugelwort in water, and plaiſter it hot upon the Pauell and thighes of a woman labouring with childe, it causeth both Child birth and the after burthen also: but if it tarry long there, it will cause the Matrix to follow. Rogerius.



47

calding and  
burning.

For scalding and burning that it be not seene. Take th' oxes suet, and th' oxes dung, and the inner rinde of Elderne, and boyle them alltogether, then straine them thozow a cooze canuas cloth, and to keep it in some cleane vessel, which when you doe use, you must melt in a Saucer, or some other thing, and lay it on the burned place with a feather. Proved.

75

To draw out a tooth, fill an earthen pot with Emets & Ants and their eggs, and let the same pot in hot embers so long, until all be burned into ashes: and when any doth ake, which you would draw forth without paine, then take of the same powder, and touch the tooth therewith, and it will fall out.

76

Freckled face.

Unoint the freckled face with the blood of a Hare or of a Bull, and it will doe them away, and make the skinne faire. Proved.

77

This following will helpe the hardnes of the side, called the Elfecake. Take the roote of Gladen, and make powder thereof, and give the diseased party halfe a spoonfull thereof to drinke in white Wine, and let him eat thereof so much in his pottage at one time, and it will helpe him within a while. This was told me for a very truth.

78

Hugwort steeped in Roeswater, doth helpe trembling or shaking hands, if they be wash't therewith. Mizaldus.

79

The Stone in  
the Toades  
head.

You shall know whether the Toadstone called Crapandina, be the right and perfect stone or not. Hold the stone before, a Toad so that he may see it, and if it be a right and true stone, the Toad will leap toward it, and make as though hee would snatch it from you: hee envieth so much that a man should have that stone. This was credibly told Mizaldus for truth, by one of the French Kings Physicians, which affirmed that he did see the triall therof.

80

Garlicke being sowne when the Moone is under the earth, and pluckt up when the Moone is aboue the earth, it is said, that then his stinking smell wil be gone, Socion Grecus, and Palladius report, that Garlick will be made the sweeter, if in the planting thereof



theresof, you do set the stones of Oliues round about it, Or else if you set the Garlike bzused.

81

Lay a Spunge vpon any ache Goutte, dipt in warme Wine of the decoction of Cummin, and it will draw out the hurtfull humors. It hath bene proued. Pet. Hisp.

82

Take the iuyce of Elder berries, and anoint Warts therewith, and it will destroy them.

83

If you take the outward rinde of the Madish root, and the hearb Mercury, of either one ounce, of Saffron three graynes, of Cassia Lignia, finely powdred, one dram, the iuyce of Sauiue, two drams, and then mire them, and let them all be beaten together, and then tye the same in a fine Linnen cloth, that is thinne, and then ioyne it to the neck of the Matrix of a woman that is in her trauell, and in the houre of the birth: (which else should bring forth her Childe with difficultie,) by and by she will be brought to bed. It is a secret. Benedictus Victorius Fauent.

84

He in whose Patinity Venus is coniunct, or ioyned with Mercury, and they both being vnder the beames of the Sun, shall be gelded. Iatromath. Guat. Riff.

85

If you plucke out one of the eyes of a blacke Dogge, whyles he is liuing, and will carry it with you, it wil make that no Doggs shall barke at you: yea, though you walke among them. But it will be more sure, if you put thereto a little of the hart of a Wolfe. Sextus Platonius and Albertus.

86

The iuyce of Knotgrasse, dranke with the powder of seuen Pepper cornes, before the fit, doth quite put away the quartan Ague. But it is said, that the hearbe must be gathered vpon a Thursday, and the iuyce then likewise thereof must be gotten and strained (the Moone decreasing, which is betwene the full Moone and the change. (Mizaldus had this out of an old booke of secrets, written with the hand of one called Ianus or Faunus.

S.

A



87

A bath wherein Emets, or Ants and their Egges, (bring stamp) haue been sodden, doth quickly heale an old, and almost incurable ioynt sicknesse. Proued.

88

If they that haue the falling sicknesse, doe vse to receiue twice or thrice in the weeke, at their going to bed, one of these little pilles following, without doubt they will be whole thereof how soeuer it comes. Take of the best Castorum, Assafetida, of either halfe a dram, of the root of Piony finely powdered one dram, Aromaticum Rosatum, two drams: mixe them together with the Scrap of Gints, and make thereof seven pilles, (you may haue all this at the Apothecaries.) This is a proued secret. Emperica Benedicti.

89

An excellent ointment for the gowte. Take three pounds of Tallow, and stampe it well, then melt one pound of Bay Butter, and put thereto: and let them stand se nine dayes together, then boyle the same halfe an houre on the fire, then strain it throug Canvas, and so anoynt the payned place therewith. It is a notable and proued thing, not much unlike to one in this booke, to that effect, described by Mizaldus.

90

This medicine following will destroy the itch in any part of the body. Take of Oyle Debay, one ounce, and one ounce of Quicksilver first killed with fasting spettle, which must be a killing therein with stirring of them together, halfe an houre: Then therewith anoynt the Palmes of your hands, and the soles of the fete, and within three or foure times so doing it will kill the itch.

91

If you will make a Candle that wil not be put out, fill a cane with the powder of Brimstone, and with a Linnen cloth broken in very little pieces, then couer the same with ware, and so set it on fier: and then it will not be put out, neither with Bellowes nor winde.

92

Oyle wherein Frogges be sodden, untill the flesh be gone from the bones, doth marvellously helpe all effects of the sinewes and the ioynts, and also all parts of the body that is cold, or benumbed, if the places affected be anoynted therewith, being first made warme.

Falling sick-  
nesse.

A Candle.



warne. This is gotten out of the secretes of Ianus.

93

If you will bring into one place, or else kill all **Wormes**, and **Beasts** that are hurtful in a garden: take the belly or paunch of a **Weather** newly killed, with all the filth or dung that is in it, and bury the same in the place where they be, and cover it a litle with earth: & then within two daies thou shalt see all the **wormes** and **bermine** gathered thither: if you doo this twice or thrice, you shall make all the hurtfull **wormes** & things to gather together there: And then you may cast earth upon them, or else kill them as you list. Mizaldus did understand that this was proved.

94

An euill Planet in Leo, doth shew or betoken that life, of the Father of that Childe then borne. Taisnier.

95

The iuice of **Betony**, put into the eare something hot or less warme, will both put away paines and the deafenes of the eares, (if there be any) and also other impediments of the same. I have **Deafnesse** proved this diuers times, and found it excellent good in this case.

96

This water following is both proues, and precious against **Fistulaes**: and also it so hardeneth yron, that you may cut another piece of **Yron** therewith, as easily as if the same were **Wood**. Take of earth **wormes**, and draw of them a water by distillation, and likewise draw water of **Radish** rootes, both which waters mixed together, then put therein an edged yron **Knife**, made red hotte: the same thus heated and quenched for three or foure times by an equall quantity, bled at each time, and the **Knife** tempered with the edge: then dip it red hot againe into the same water, and then after you may cut away **Yron** safely and easily therewith: and this water is also maruelous in **Fistulaes**. **To harden Iron.**

97

It is said, that if horses be thod with that yron wherewith one hath bene before killed, it makes the same Horses very liuely and quicke. And if of the same you make a **Bitte** or a **Snaffle**, that horse that hath it in his mouth, will be made tame & easie to be handled, yea, though he be neuer so wilde, stubborne, or giuen to biting. Rasis & Albertus.



98

If a Horse can not stalle or pisse, or else doth the same hardly, or with much griefe or paine, beate his body all aboutz, easly, mildly, or gently, with the bowes of Elderne full of leaue: then after couer his head, neck, and all the body with the same leaues, and it will helpe him very much. Simoneta Cardinalis.

99

A Water wherby the Whisicion doth maruailles, and is reputed as a Prophet. Take the filings of Siluer, or Brasse, Iron, of Leade, of Steele, of Gold, of Spume of Siluer and Gold, of Stozar, according to the riches and pouertie of the patient: first of all let them be put into the vrine of a Boy that is a virgin, the second day in warme white Wine, the third day in the iuice of Fennell, the fourth day put them in the whites of Egges, the fifth day in womans milke, that giues suck to a boy, the sixt day in red wine, the seventh day in seven whites of Eggs, and put that onely into a Styll at an easie fire, and that that shall distill keepe in a vessell of Gold or Siluer. Silence is to be kept of the praise of this water, because it may not be bought. For his vertue doth pallie leproous persons: it heales and destroyes a pure leproie, it wipes away, or takes away euery spot, it conserues youth, it makes the eye faire. I cease to speak of the secrets of this water: for because, I feare, lest they that haue it should be pufft vp with pride. Trotula de passionib Mulier.

100

This following is a proued thing, for the sounding of the eares or winde in the same. Take Almonds and the kernels of Peaches, and let them be cleane pilled in hot water, then stampe them, and get Dyle out of them, and put of the same Dyle with tents wet in the same into the sounding eares, or otherwise grieued, which tents must be made of fine linnen Cloth, and do thus with newe Tents euery day once for the space of nine or tenne daies, and it will put away the sounding and other paines of the eares. This I learned of one that came out of Spaine. And I proued it to be very true.

The end of the seventh booke.

Th



The eyghth booke of Notable  
things.

1

**Y**ou shall make Vineger by and by, and if you possesse pure  
and good Wine halfe sodde, into a new earthen vessell To make V  
then well covered and stopt: and so the same Pot set in hot neger.  
scalding water.

2

A Wolfe first seeing a Man, doth lift by his voice, and as a  
victor doth despise him. But if he perceiue that the Man hath es-  
pied him first, he layes away his fiercenes, and cannot runne.  
D. Ambrosius. Virgil. Plato. Sextus Platon. and other.

3

There is a deadly warre betwixen the Hawke and the Eagle,  
who sometimes are so fast together in their fight: that they are  
both taken or catcht thereby. Plinius.

4

To take the Birds that eate the Seedes that are sowne: To catch  
See the Garlike, that it may not growe againe: for it is said birds.  
to profit maruelously, if it be throwne vnto them: for they that  
shall eate of it, will be taken with your hand. Mizaldus.

5

He that takes his iourney on the Sea in the houre of Saturne,  
he shall haue many waues, and diuers windes, which will cast  
him to vnknowne places. Haly Abenragel.

6

If you giue one of these Willes following euery night going  
to bed, to him that hath the Palsey, it will helpe him, for it is pro-  
ued. Take of hearbe Iuy, Cowslips, Betony, of the flowers of  
Sticados Arabici, of each one dram: let them be dyled in the shad-  
dow, and make them in fine powder, then take good Turbith,  
one dram of the best Agarick, two drams, Colloquintida halfe a  
dram, Ginger, Salgem, of either ten graines, good and chosen  
Kewbarbe, one dram and a halfe Spikenard, seuen graines, the  
powder of Hiera simplex Galeni, halfe an ounce, Scamony pre-  
pared, one dram: let them all be made in fine powder, and with



the iuice of hearbe Iuy, make a masse of Pilles. The weight to be giuen at one time is, one Pill of one scruple. And marke, if he that hath the Palsey, take this ordinary Pill, (not once every day, but twice in the wake at the least: ) you shall see a sudden help in the Palsey. These Pilles may worthily be called glorious Pilles in the Palsey. Emperica Benedicti Victorij Fauētini.

7

A certaine man finding or catching a Mouse, did hit his wife therewith on the left cheek being with childe, who after was deliuered of a Wench: which wench had, and it hath the mark of a Mouse on her left cheek. This was told by a credible woman, who said moreouer that the name of this wenches Father was, Thomas Buckman, dwelling at that time in Norfolk in a certain Towne called Dyse. This affirms my other writing herof.

8

You may turne white Wine into redde, without any hurt or detriment by and by: if the powder of Honny, (that is first sod into a stony substance, and then dyed, and so made in powder,) be cast into white Wine, and mixing it well in the same with rowling it by and downe together. The roots of any kinde of Dockes, eithter new or dyed, put into the Wine, will performe the same with lesse businesse.

9

Garlick being stampd with Hogs or Barobres greace, and made something thicke like an ointment, doth maruelously helpe them that haue the cough, and haue taken cold, if the soales of their feete and their back bone befoze the fire be anointed therewith.

10

Whosoeuer hath any fixed Starre, of the first honoz, or magnitude, in the degree of their horoscope, or in the degree of their Cuspe of the tenth house, or in the degree of the Sonne by day, or in the degree of the Moone by night, he shall possesse greater riches & honozs, then his Ancesters haue done of the Nature of that fixed Starre. Indede this is true, if that fixed Starre be of small Latitude: but if it be of a great Latitude, his strength will smally appeare in the Patiuitie of the Child. Tassier.

11

This water following is excellent good to cleare a dim sight, if  
two

A woman  
with child

To make  
white Wine  
red.

For the  
cough.



Two or three drops thereof be put into the eyes, at a time, using it certaine dayes together. Take of the water of Weruein, the water of Roses, and the water of Fennell, of each foure ounces, white strong Wine three ounces, Luty preparate, and Sugar Candy, of either three drams, Aloos Hepaticke, two drams, let all them be beaten in fine powder that are to be powdered, and put them into Waters and Wine, mixing all together, and let them remaine and stand a whole day, then straine them easily, and keepe the liques in a faire glasse, and vse it as is beforesayd. This is a precious thing for the sight and the eyes.

12

A marueilous medicine for wounds and sores. Take a handful of Arsmart, wet in faire water: then lay it in the wound or sore. After bury the same Arsemart in some moist ground: and the saide wound or sore will afterward miraculously heale, as the same hearb doth rotte and consume. This I had of one that affirmed it to be true. I think it is written by Paracelsus.

To heale  
sore or  
wound.

13

The bodies of drowned or dead men, doe flæte on the water, with their faces and bellies upward, but dead women do flæte on the water groueling, or with their faces downward, contrary to their procreation. But they doe flæte or swim about the water, out of whome the Lungs is taken, &c. Mizaldus.

Drowned  
people.

14

The water of Marygolde doth helpe all diseases of the eyes, and take away all paines of the head. And smoake of the flowres thereof taken or received by a fundible into the secret parts of a Woman, or else otherwise taken, doth bring forth easily the after burthen. This secret Mizaldus did get of an old Midwife, which had neede of his helpe otherwise.

15

The head of a Gleade unfeathered, burned and so much thereof taken with water, and drunke, as you may take up with three fingers, helpes them that haue the Colic. Galenus.

16

If any come or send to thee in the houre of Iupiter, it is for no harme: but rather for good. Therefore doubt it not, and though it should seeme to be some harme or lesse at the first, yet in length



it will turne to good. The oftner one tryes it, the truer hee shall finde it, so that he be not Retrograde or Comblast.

17

The ferne, (called Polypodium,) stampd and plaistred vpon the feete of a woman trauailing at childe, causeth the birth of the Childe, either aliue or dead. This was told me for a great secret.

18

Take of the greace of a Swine or Hog, and rub therewith the body of any that is sicke, against the heart, or the soales of his feete, then giue that greace to a Dogge, which if he eate, the party will escape: if not, it is a token that he will dye thereof.

19

Deafnesse.

This following will helpe them that be deafe. Take a piece of greene Cline, or Ash, and lay it in the fire, and receiue the water that commeth out of the ends thereof: and take also a spoonfull of the greace of an Gele that is red beneath the Paul: boyle all these together a little on the fire, and put it into a glasse, and whē he goeth to bed, put some therof into his eare lukewarm, and in two or thre daies, he wil be whole, and heare wel, proued.

20

Tooth ache.

To draw out a tooth without any paine. Take the gum of Iuy, and greene Iuy leaues, of each a like weight, and burne them to powder in a new earthen pot, & when it is made in fine powder, mix it together with the milke of Spurge, and put some therof into the tooth that you would haue out, if it be hollow: if not, touch the Tooth therewith, and it will fall out: but beware you touch no other tooth therewith.

21

Aelianus doth report, that no sicke person of the Locranes, should vpon paine of death drinke any Wine, without the consent and knowledge of the Physicion, or any other giue it the, without the commandement of the physicion.

22

To try whether the wine be not mixt.

If you wil proue whether there be any water mixed with wine or not, put an Egge into the Wine, and if the Egge sinke into it, there is water mixt with it, if the Egge swim, then it is pure Wine.

23

If the scull of an aged man be hanged in a Dove-house:  
Pige



Regions will be encreased there, and will line quietly as Albetrus To encrease  
and Mizaldus doe write. 24 Regions.

The iuice of Bay-leaues distilled into the eares, dooth not  
permit deafnesse, noz other strange sounds to abide in the eares.  
Pet. Hisp. 25

A Question was asked of the state of certaine person being  
sick, and of what condition the disease was, and whether he  
should recouer thereof, or not, &c. It seemed at the first sight, that  
the party was whole for whome the question was made, because  
the Sun was in the tenth house, and the part Fortunate in the  
Ascendent, but many other Testimonies shewed the contrary:  
And also Mars did corrupt Venus, Lady or Alumten of the As-  
cendent, and Venus also was vnder the beames of the Sunne,  
and began to be Combust, distant from the Sunne ten degrees:  
for Venus was in the 28. degree of Sagitary, and the Sunne in  
the 8. degree of Capricorne: which two degrees in Sagitary did  
signifie two moneths, being a common signe, and the 8. degrees  
in Capricorne being a moueable signe, did signifie 8. dayes:  
therefore it was to be doubted of the death of the sicke person, a-  
bout two months and eight dayes: after the question was made,  
as God would ordaine, and so it happened right by the appoynt-  
ment of God, to whom it belongs to cure infirmities and griefes,  
to raise vp the dead, and to moderate the earthly bodies, by the  
heavenly bodies, and to dispose inferior things by meanes, to  
whom be glory. Amen. Galielmus Anglicus in suo tractatu de  
vrina non vifa. 26

An excellent medicine for the ache in the bones, or armes, or  
any other place of the body. Anoint the place where the paine or An ache.  
ache is with good and pure Aqua composita by the fire, and let it  
driue in: do thus thre or foure times together, then at the last  
time while it is wet, cast vpon the wet place where the ache is,  
the powder of Olibanum, (which is the fairest and the whitest of  
the Frankinsence;) and so lay a linnen cloth vpon the powder, and  
sewe it fast, and so let it lye thre or foure dayes, until it be well  
and whole. Which will be by that time, God willing. Proued.

27  
Eunuchus, that is, he that is gelded, is neuer bald noz gouty.  
Hippocra.



It is a thing worthy of memozy, that Lampridius writes of Heliogabalus, the Romane Emperour: who saith, he had foure Harts in his Charet that carried him, & so many Dogs, calling himselfe Diana, and foure Tygers, calling himselfe Bacchus, and foure Lyons, calling himselfe Sibel: and hee ioyned foure women to his Chariot, as Sesostris King of Egypt did with foure Kings. O proud presumptuous Prince! he might ride a good while in that Chariot, ere it would bring him to heauen.

It is not good to bury any too hastily, especially, such as haue had the Apoplexy, the Falling sicknesse, and that are suffocate with the Strangulation of the wombe, called the Mother. For such may seeme to be dead, and yet reuiue againe within thre daies: for it was the fourth day after Lazarus died, ere Christ did raise him from death to life: lest any should falsely report, that Lazarus had had the Apoplexy, or the Falling sicknesse, or such like, and therefore but in a traunce, or not perfectly dead: where by the iust merit of Christs maruelous miracle thereof might be darkened. This is the meaning of Lemnius in his second Booke of the secret miracles of Nature. Therefore it is very meete to know, whether any such be perfectly dead or not, which you may doe by holding a little burning Candle at the parties nose, whose mouth is open: or else by setting some little Cup or glasse full of water to the brim, vpon the said parties belly or navel: for by the mouing of the flame of the Candle, or of the vessel with water, you shal perceiue his secret breathing, and whether there be any life in him or not. Camillus.

An approued medicine doth followe for the shortnes of breath, and doth maruellously helpe the same: for if half an ounce thereof be giuen to the patient, thre in a naturall day, that is, thre houres before dinner, two houres before supper, & about midnight: continuing the same thre or foure daies and no more you shal see the diseased healed. Take of Manna elect or chosen called Manna Granata, two ounces, the flowre of Cassia newly drawne, halfe an ounce, Penyedes thre ounces, oyle of swete Almonds being new, one ounce, the Lights or Lungs of a Hare finely beaten and powdered.



powdred, two ounces, (make the rest in powder that are to be powdred,) then mixe all together, and make thereof a Lectuare with the Sirrop of Hysop. Emperica Benedicti Victorij Fauent. You may haue it well made at the Apothecaries. I haue tryed it to be an excellent thing in this case.

31

If you will breake the great heat of Wine in the vessell, cast into the same a little piece of Chese: and then you shall see a marvellous thing: And why that is, Georgius valla placentinus doth teach.

32

If you anoint your hands or other parts of your body with a Linement made of Nettles Dyle, and a little Salt, it will defend the party therewith anoynted from the bitterest cold that is. Mizaldus.

33

There be branches of a Bay tree, wrapt up or layde among cloathes and books, wil keepe the same safe from Moths, worms, and other corruption. Against Moths. Dioscorides.

34

If you stampe Ants Egges, and strain them throu a cloth, and put thereto the iuice of Swines grasse, or Knotgrasse, and distill it into the eares, it helpes a long continued deafenesse.

35

A powder to conserue the sight. Take, Betony, Kete Celondine, Sarsifrage, Louach, Annis seedes, Sinamon, Eyebright, of eache one handfull, Cardamomum, Ginger, Fennell, Petroseline, Hysop, Organy, Sylet mountaine, of eache one dram, Balingal an ounce, Sugar one ounce: Let a powder be made of these, and let it be taken continually with meat, and the sight will be restored and kept. This powder was ordeyned by Master Gerald: whose tryall an old man did proue, which vsed Spectacles twelue yeeres, so that without them he could not see great letters: but after hee had vsed this powder onely one forty daies, he was free, in so much that all the time of his life, hee did see, and read the least letter that was. This Trotula hath wrytten in the later end of his Booke, De passionibus mulierum.

36

An excellent way to get out the water out of swoln legges, whereby to make them as tender as they were befoze. See the



Swolne legs.

Wtes in water untill they be tender: then let the party diseased hold his legge that is swolne ouer the vessell, that it may receiue the fume or smoake of the sodde Wtes, and couer the party with some thing that it may goe about round about the vessell, and then blisters will come vpon the legge or swolne place, out of which wil ranne much water and corruption, then after anoint the place with Butter. Do thus foure or fve seuerall times if neede be. This is well proued.

37

Two or thre droppes of pure Aqua Composita, put into the eyes morning and evening, euery other day, for the space of foure or fve dayes, will cleare the sight, and helpe the eyes, of a cold cause marueilously. An old Gentlewoman that tryed it on her self, did reueale it to me.

38

The hearbe Dandelion well sod in water, is counted to be a chiefe helpe for the ioyning or knitting of wounds. It is good against ruptures, or for them that be broken or bursten, &c. Mizaldus.

39

A marueilous Water that soone and easily may be prepared, moze precious then Gold, is made as followeth. Put faire and cleare water into a vessell, wherein there was neuer before any liquour, or before neuer occupied: and when the water is very hot, powze it to quicke Lime, being before in another newe and cleane vessell: and let it remaine, and rest so long, untill you haue taken all the foule spume that flectes aboue from the same, and that al the Lime be lettled to the bottome, and the water very cleare, then powze out the water very softly, without mouing the Lime to the bottome, and keepe the same water in a sayze cleane glasse, or some other cleane vessell well couered or stoppt, untill you vse the same. It will scantly be beleued, what a maru- culous vertue and power it hath in all kinde of Ulcers, and chief- ly such as spring of the French Pockes: For the same being bathed in moysted with a linnen cloth dipt or wet in the sayde water some thing warme a pretty while, and then a linnen cloth well wet in the same, and so laid vpon the Ulcer or soze in maner of a plaister, and after renewed againe: it wipes cleane away all the filth or corruption: it ceaseth the paines, it filles the Ulcer with flesh, and it quite quenbeth the heate or inflammations in a  
small



small time, not without a great miracle: for otherwise quicke Lime doth burne with vehemency of his heate. Let them inioy this most excellent Secret, which for great prayer and price to many I haue refused to vtter. Thus much Mizaldus.

40

Myrriuen given to drinke in warme Wine, the quantity of a bigg Nut, causeth the deliuerance of the childe, either quicke or dead. Pettus Hispanus.

41

Here followeth a blessed water for the Bowte. Take of Romane Vitriall two pounds, of distilled Honny foure pintes, distill these together, (making the Vitriall first in powder,) and when it is distilled, adde to the same the third part thereof, of Aqua vitæ, rectified: which diligently mixed keepe to your vse, and anoint the sore or grieued place therewith: doo this morning and euening, untill you feele your selfe well, which will be (God willing) within seuen or eight dayes at the furthest. I wrote this out of an old Booke. I think it be also in the newe Jewell of Health, which is a woorthy Booke and full of many strange and excellent things.

42

The smoak of Iuy burned, doth driue away Bats or Heremice, from that place, where the same smoak is.

43

If any doth aske thee, (having knowledge in Astrologie) for any thing wherein he hath a hope to haue: marke if the Lord of the eleuenth house apply to the Lord of the Ascendent, or the Lord of the first house, to the Lord of the eleuenth house: iudge that he shall haue the thing, which he hopes to get or haue, and he shall come to it. And if the aspect be of a Trine: or Sextile, he shall quickly and easily and by a good meane obtaine it: but if it be by a quartile or opposite Aspect, he shall get it with tediousnes and labour. Furthermore, if thou doest finde the Lord of the eleuenth house in an Angle and receiued: then iudge that hee shall haue the thing which he so hopes to haue, euen as he desires. Haly Aben.

44

A piece of the roote of Crowfoose, either put into the hollow tooth, if there bee any, or applyed to the tooth that akeeth, will helpe the same presently. A sure proued and often tried medicine.

L 3

Whosoever



45

Whosoever hath a sozenesse in the thyoate, or else any hard swelling there, called the Squinancy, or Angina, and perhaps thereby sooth hardly draw his breath, let them apply this following often times in a day, and it wil soften it and resolve it; for it is proved. Take of the rootes of Hollock cut in small pieces, and made cleane, Camamill, the flowers of Violets, the flowers of Mallores, with the rootes, of each one handfull, let them boile all in a sufficient quantity of water, until the water be consumed: then put to the same, the flowze of Barly, Linsede, and Fene-creeke, well stamp and beaten, of each one handfull, the greace of a Hen, one ounce, oyle of Camamill, and oyle of sweete Almonds, of either a like much, which wil be enough to make the plaister fat. This I knowe to be an excellent remedy in this case: which I learned of Benedictus Victorius Fauentinus, in his Booke called Emperica Benedicti.

46

This medicine following, will helpe any paines or weakenes of the backe. Take a quarte of Balmesey, of Balm, Pep and Haydwæd, ( which Haydwæde is a stinking hearbe, having a flower like a Dayly, ) of each one handfull: stampe the hearbes well, and strayne them well into the Balmesey, or put some of the Balmesey in the stamping, to them, and strayne it into the rest of the Balmesey, and drinke a good draught thereof eve by morning fasting, and at night when you goe to bed: and within thre or saure dayes it will helpe you perfectly, God willing. A notable and often proved medicine.

47

Drinke the iuice of Centory, once euery morning, foure daies together, and it wil make thee to sing cleare, and speake with a good voice. It clenseth the brest marueilously. Often proved.

48

Hints doth abhorre yron, as Kew doth Basill: for if Hints be giuen to one that is wounded, he will not easily waxe whole: if Hints be mixt with Milke, and after taken from the same, and the Kennet or Cheslip put in the same Milk, the same Milk will neuer gather together, or come to crud. Floren. in suo Georgico.



49

Whosoever falles sicke in the hours of Saturne, his infirmitie or disease will be prolonged, (or he will be long sicke) and after will dye (of the same sicknesse.) Haly Abenragel.

50

Fill a hollow tooth with Crows dung: and it will bzeake the tooth, and take away the paine. Pet. Hisp.

51

Guido Bonatus, writes a strange thing, which he found out by the science of Astrologie, in the Revolution of Henry the Emperour: who had of the said Emperour a yeerely stipend, for that he was a man of famous knowledge: which Emperour had many Astrologians, as well Physicians, as other in his owne house, who for a certaine yeere did traueyl for the Calculation of the Revolution of the sayd Natiuity of the said Emperour. And euery one of them did draw out a Figure thereof alike, and they found Mars in the same figure of the Revolution in the Angle of the earth, which is the fourth house vnder the earth: and they iudged Mars then to be of an enill influence, and thereby they iudged that the Emperour that yeere should haue hot Feuers of the nature of Mars. And they agreed all in that opinion to the Emperour. Guido Bonatus being there, had drawne the Emperours Revolution likewise, and he found Mars going towards the fourth house, being then of an euill influence, iudged thereby that peyson should be ministred to the Emperour to kill him. Therefore he counsailed the Emperour, that if any did whisper, or had any priuy talke together, or were found meeting or hauing conference together in his Court, they should be apprehended. Or if any should come to the Kitchin not wont, or appointed, that some faithfull man of his Court should watch the same. Which charge was committed to the Master of the Emperours Household: which being very diligent therein, espyed and found two Knights of the Emperours Court, that were very busie in talke together, and had not onely mutuall conference together, moze then they were wont: but also oftentimes required to come into the Kitchin. Whereupon the Master of the Household committed them to prison, and then one of them called Iohannes Franciscus, was soze tormēted, but yet he would confesse nothing.

So:



So that they devised a letter in the name of the said Iohanne & Franciscus, confessing therein the matter, and shewd it to his fellow: which when he saw, straightway said, that the said Iohannes Franciscus was the chiefe procurer thereof, and entised him to it. Which uttered, they had their desire, wheretoze they were secretly executed. Iohannes Ganiuetus likewise describes it.

52

A certaine Woman that used Mizaldus for her Physicion, had a belly did so swell, that it seemed she was not able to carry her burthen: from whom (about the end of nine months) there came an euill shapen masse or piece: whereunto were two eares like the handles of a cup fastened, like armes, with feeling: after that there did fall from her wombe, a monster with a crooked bill or beake, with a long and round necke, with brandishing eyes, a sharpe tayle, maruelous quicke of foot: and so soone as it saw any light, it filled the Parlor or place with noyse, and so did runne from place to place: but at the last, the Women following it, did smother or choke it to death with pillowes. After, the Woman almost worryed, not without great danger of her life, did bring forth a Boy, which was so tormented of the monster, that they had much to do to Chrysten it with life. Leuius Lemnius is the Authoz.

53

If Saturne be in the tenth house in a watry signe, and hath any dignitie in the Ascendent, the Childe then borne will bee a Shipman or a Sayler, or else he will abide gladly on the water, and will delight in fishing. Taysnier.

54

Culuer dung sodden in Wine, til the wine be consumed, and then emplaiſteed hotte to the Cowt, healeth the same perfectly. Use it morning & euening foure or five dayes together. Pe. Hisp.

55

To restore the deafe to hearing, Take the root of Houndstong out of the earth, and make a hole in the roote, as long and deepe as you can, and fill the same hole with Salt, and couer it well that nothing can come within it: then set it in the earth againe as it was & couer it with earth, and let it be there so thzee dayes, at the thzee dayes end take it vp, and that which you finde therein, keepe it in some cleane glasse, and put some thereof in-

to



to the deafe eare. Let him vse it euery euening at his going to bed, vntill he heare clearely: which will be within a fortnight at the furthest, ( God willing, ) And when you doe it into his eare, let him lye in his bed that the liquor may enter. This I had out of an old written Booke. Praise it as it proues.

56

Take two little pieces of a good Licorice ( the barke scraped away, of the length of a pin, and of the bignes of two Barly strawes, and put either of them into your mouth, betwene your gums and your cheekes, that is, on either side one, and so let them lye all the whole night. Use this euery night for a fortnight at the least, and without doubt it will stop or stay the Reum. For it conceales the thin Reum into thicke fleame: so that you may spit it out. This helpt one that was without all hope to be helpt.

57

To helpe the Pockes in the eyes. Take Saffron, and lay it in a Sawcer with faire water, and let it stand whiles it be yellow, and then drop some of it into the eye with a feather: and it will destroy the Pockes, and saue the sight. This I had out of an old booke.

58

When thou dost finde the seventh house, and the Lord of the same to be afflicted or impedit, in the time of the question for the sicke, change the Physicion, for he shall not profit the sicke party, either through his owne error, or through the negligence of the sicke person, or through them that bee about the body. The house is afflicted, if Saturne or Mars be therein, or being beholden of their quartile or opposite aspect: and contrary, if the seventh house be well affected, as if Iupiter or Venus is there, take the Physicion to whom you make the question, or whom you are determined to take: for he shall profit the sick much, and hee will quickly cure the sicke to his great praise. Therefore marke the first, or suddaine calling or sending for the Physicion: for if at that time the seventh house, and the Lord thereof be euill affected, the Physicion then called, or sent for, will not profit the sicke: But it followes not therefore that the sicke shall dye. But the Physicion, if he take him in hand, shall goe away without honour. Therefore as soone as thou art called to goe to the sicke, take counsaile of thy Ephemerides, and the celestiall Fi-



gure being erected, marke whether the seventh house be well or ill affected: and so thou mayest either refuse, or take the sicke in hand. Iatro. G. Ryff.

59

Put the powder of red Corall in the hole of the tooth, and it will fall out by the root. Petrus Hispanus.

60

An excellent Medicine, and a noble restorative for Man or Woman that is brought very low with sicknesse. Take two pound of Dates, and wash them cleane in faire Ale, then cut them and take out the stones and the white Skinnes, then cut them small, and beate them in a Morter till they begin to worke like ware, then take a quart of clarified Honny or Sugar, and halfe an ounce of the powder of long Pepper, as much of Mace, of Cloves, Nutmegs, and Sinamon, of each one dram, as much of the powder of Lignum Aloes: beat all these spices together, and seethe the Dates with the Sugar or Honny with an easie fire, and let it seethe, and as it seethes, cast in thereto a little powder, by little and little, and sturre it with a Splatter of wood, and so doe untill it come to an Eleduary, and then eate every morning and evening thereof one ounce at one time, and it will renewe and restore againe his complexion, be he neuer so low brought. This hath been proued, and it hath done good to many a man and woman.

61

A Noble Receit for the black Jaundise. Take a gallon of Ale, a pint of Honny, and two handfuls of red Pettles, and take a pennyworth or two of Saffron, and boyle it in the Ale, the Ale being first skimmed, and then boyle the Honny and the Pettles therein all together, and straine it wel: and drink every morning a good draught thereof, for the space of a fortnight. For in that space, God willing, it will cleane and perfectly cure the black Jaundise.

62

Whosoever in the first nine dayes in May drinks every morning fasting a little dish full of the iuice of Betsyng, it will do him marueilous much good for the gobt: Which hee shall perceyue the next yeere following, (if he liue so long.)

63

Whosoever hath the Pluresy, or, is stuffed in the stomack with tough or hard cleame, let him take a scruple, that is, the weight of



of rryff. Warly Cornes of the powder of the Seedes of Nettles, with the Syrop of Violets, and swallow the same, as by licking it by little and little, and hee shall spit out the viscus and tough humoꝝ easily. A secret of a Parisian Physician.

64

Goates will giue much milke, if you tye Dittany about their bellies. Africanus.

65

If Saturne be in the tenth house, in an earthly signe, and hath power oꝝ dignitie in the Ascendent, and is Orientall of the Sun: he that is then borne, will be a Master Carpenter, oꝝ else he will delight in Carpenter ship: but if he be Occidentall, hee will be a cleanser of Wells oꝝ pits, oꝝ else a digger. Taisnier.

66

If the grieffe of the gowt oꝝ ache be too outragious, take of Opium, one dram, of Saffron two drams, mingle them with foure oꝝ five yolks of Eggs, and plaister the same vpon the grieffe: for it mightily awageth the paines, and dissolueth the corruption.

67

A most approued medicine for the Emerods oꝝ Wyles. Take two oꝝ thre Bricks, and burne them red hotte, and put them in some Pan vnder a close scoule, and sprinkle them with Vineger, and let the party grieued sit vpon the said scoule, that the fume thereof may ascend vward to his fundament. Doe thus thre oꝝ foure times if neede be, and certainly it will helpe it.

68

If you will make Birds drunk that you may catch them with your hands, take such meate as they loue, as Wheate oꝝ Beanes, oꝝ such like, and lay the same to steepe in Lees of wine, oꝝ in the iuice of Hemlocks; and sprinkle the same in the place where the Birds vse to haunt: and if they doe eate thereof, straightwayes they will bee so giddy, that you may take them with your hands. I wrote this out of an old wꝛitten booke, wherein I know many true things were wꝛitten.

69

A present helpe for a woman that trauelleth of Childe. Take Hisop, Meruein and Dittany, of each one handfull, stampe them small, and temper them with old Ale, then straine it, and wꝛing out the iuice, and giue a good draught thereof to her that

U 2

trauelleth



travelleth of Childe to drinke, & she wil be delinered with speede, and the Childe saved and the both, so that the child be alive when she drunks it.

70

A true medicine for the gowte: Take the iuice of the flowres of Worme, and the iuice of Scali cœli, and Honny, as much of one as of another, and seethe it all together, till it bee of the thickeesse of Honny, and anoint the gowty place therewith. I knewe (saith the writer hereof,) a good Priest in London that healed all men & women therewith for the most part, that came to him. This, for the great good like hood of the medicine, & for the faithfull affirming, I thought good to register it among the rest.

71

If of one pound of Ware, two ounces of quicke Wrimstone, and as much of quick Lime, (putting thereto a little ounce of the Dyle of Putts,) a Candle be made with a weck of Wimbast, and so put into the water, as soone as euer the quicke Lime begins to burne, it will moue the rest of the things, apt for the fire, to burne, even in the midst of the water. Mizaldus.

72

A Ram will not put noz ranne at one, if his hoznes be boord thozoto, nye vnto his eares. Mizaldus.

73

Whosoeuer falles sick in the howze of Iupiter, he will recouer his health quickly. Haly Abenragel. This haue I proued to bee true many times: and in the howze of Iupiter is an excellent howze to doe any thing, or to take any good thing in hand.

74

A little Gunpowder put into a piere of fine linnen cloth, and the same put into the hollow tooth, or holden betwene the teeth, so that it touch the aking tooth, it puts away the tooth-ach presently. This is very true.

75

If you distill hearbe Iuy, & give the water therof to be drunken of them that are griued or tormented with the gowt, anointing also therewith the gowty or griued place, it will heale or helpe them assuredly. Great warrantize was made of this medicine, where I had it.

76

A speciall medicine for all sudden sicknesse, and especially of the stomack or best. Take a spoonfull of Aqua vitæ, and put ther



in halfe a spoonfull of the powder of Licorice, & let it remain there, in three houres, and drinke it fasting, or at euen when you go to bed. It is a soueraigne thing for the stomack or breast.

77

Lay Saffron on the Pavell of them that haue the yellois Jaundie, and it will helpe them. This was affirmed to me as proued.

78

This following is an excellent medicine to purge the head of naughty humors, and to helpe the headache, the swimming of the head, and megrim. Wash the roots of Beetes, and cut away the vppermost bark, then stamp the same, and wring out the iuice thereof, then snuffe some of it out of a sponge, into your nose, and a marueilous effect will follow, and a speedy remedy thereof. A Gentleman a friend of mine told me this, as a proued thing in this case.

79

Cockes that eate Garlicke, are most stout to fight: therefore trauellozs doe often bite thereof, and also such as follow warres: because it increaseth agility, strengtheneth them, and makes them bold. It is giuen to Horses with bread and Helyne, at the houre of battell or confict, to make them more fierce, lively, and to suffer more easily their labour and traaille. Mizaldus.

80

There were young Mice found with the Persians, in the bellies of Mice, that had young Mice in their bellies. Aristoteles as Mizaldus wrytes.

81

If the fete of a great living Tode be cut off, the Moone voyd of course, that is, aspecting none, and hastens towards the conjunction of the Sunne, and hanged about the necke of him or her that hath the Kings Cuill, it so profits, that oftentimes it deliueres the party from the disease. Hieronymus Caican.

82

If Iupiter be in the eleuenth house well affected, and not retrograde, nor combust, nor in his fall, as in Capricorne, but in Cancer, Sagitary or Pisces, it signifies the childe then borne, shalbe fortunate, happy, and haue a common loue in all things, chiefly if he haue any dignity in the Ascendent, or the place of the sunne, in the Natiuity of the day, or in the place of the Moone, in the Natiuity of the night. Taisnier.



83

This maruelous Water following, will recover the sight agayne hindred of any cause: wherewith Constantine the Emperour receiued his sight. Take thre dramms of Tutie, made in very small powder, as much of Aloe Epaticum in powder, two dramms of fine Sugar, five ounces of Rosewater, as much of pure white wine, mixe all together, and put it in some cleare vessell of glasse, and being well closed and stoppt, set it in the Sunne a month together, stirring it together once enery day: then take of the same water foure or five droppes in your eyes morning and euening, and with this continuing a certaine space, it will cause the sight to come agayne as faire as euer it was before. This I knowe is proued for an excellent water for the eyes, for it cleareth them maruellously. I knew one that could not thred a Needle without spectacles, which put not past two or thre drops of the same into their eyes at night, and the next morning the same party did see well to threde a Needle without Spectacles.

*D*  
For lost  
sight.

84

To make a light that neuer shall fayle. Take the Wormes that shine in the night, called Glowwormes, stamp them, and let them stand till the shining matter be aboue, then with a feather take of the same shining matter, and mingle it with quicksilver, and so put it into a Wyall and hang the same in a darke place and it will giue light. This I had out of an old booke, which is not much vnlike the description of Mizaldus.

A prettie  
kinde of  
light.

85

If the Liuer of a Goose be giuen in a Fig to a Swine, that Swine will follow the giuer thereof. Mizaldus.

A Hoſ.

86

The sound of an Eccho is thought to driue away Bees, therefore their Hives ought to be plasse where the Eccho or the voyce doth not sound agayne. M. Varro.

Euill for  
Bees.

87

Whosoener takes his iourney in the houre of Iupiter, he shall haue good gaine in his substance, and in his busines: and he shall haue profit and gladnes in things beleeued for. Haly.

88

If a Spider be put in a linnen cloth a little byased, and holden  
to



to the Nose that bleedes, ( but touch not the nose therewith, but smell to the same, ) by and by the blood wil stay, and the nose wil leaue bleeding. This is very true, for the venomous Spider is so contrary, and such an enemy to mans blood, that the blood drawes back, and thunneth the Spider presently. A maruelous thing.

To stoppe bleeding.

89

Write what you will on faire white Paper, with the iuice of a red Onyon, well mixed and tempered with the white of an Egge, which being dry, will appeare as though it were onely plaine Paper, without any writing. But if you hold it against the fire, you may then easily read it, or perceiue the Letters.

90

To gild Iron or Copper. Take the gall of a Bull, and rub the Iron or Copper well therewith, so that the same befoze be well burnished all about, that you would haue gilded, and let it after dry in the Sunne, foreseeing that there come no dust thereto, and when it is dry, gild vpon it as you would doe vpon Siluer.

To gild.

91

Seethe an Egge in strong Vineger untill it be very hard, then let the same Egge lye thre dayes in Urine, then dry it, and it will be marueilous hard. Or let an Egge lye thre dayes in Vineger, then dry the same at the Sunne thre dayes, and it will be very hard.

92

Cast brimstone in a Chafingdish with hot burning coales, and hold a red Rose ouer the smoake thereof, and it will be white.

To make a red Rose white.

93

To separate Gold from any thing gilded. Seethe pure sulphure reuiue (called quick Brimstone) in water, untill halfe the water be consumed, then wet the part gilded with that water, then dry it at the fire, then strike the same gilded place with a little Iron, and the gold will fall from it. This I had out of an old written booke.

94

To proue or finde out the euent of any that is sicke. Count the daies from the beginning of his or her sicknesse, and take the roote of an hearb which hath so many leaues, as the number of the same daies be: tie it or hang it vp, and if the disease be curable, the party will be much recreated. If not, then the party will be sad. But if you can not finde an hearb that hath so many leaues,

put



put the roots of diuers hearbs together, the leaues wherof together doe perfectly make by thenumber of the said daies, from the beginning of the parties sicknes, and vse them as before. This Mizaldus had of an Italian. 95

Against the  
bloodie  
Flixie.

The blood of a Hare dried doth help and stay the bloody flux, or any other lax, though it be neuer so sore or extreme. So doth the bones of a man or woman made into fine powder, and taken in red Wine. 96

An easie plaister for the Gowte, but not a little effectuall, because, I (saith Iohn Arderne) haue oftentimes applyed it as well to women as to men, and haue taken away their great paines, with once applying it as well in the fete as in the knees, and other ioynts. But take hærde it be not perceiued of the patient, nor of any other: but it ought to be kept more secret & deare: and let it be reuealed to none: but to thy sonne, or to any well-beloued friend. I doe think it preuailes aboue all other medicines for the gowte, and easeth the paine sooner: and ought to lye five or six daies without any mouing of it: if it can be so applied, it is made thus. Take of blacke sope as much as is sufficient, wherunto adde of the yolkes of raw Eggs, halfe as much as the sope, and mix the well together in a dish, untill the sope hath lost his proper colour: which down, lay therof vpon fine flaxe, and spread it like a plaister, and then apply it to the grieued place, then take the whites of Eggs mixed with Wheate flower, and wet a linnen cloth well in the same, and lay the same vpon the said plaister, and tye it wel vpon it, that the plaister remoue not away of all the said time, vnlesse there be some great occasion. This is proued. 97

Against the  
Gowte.

If you see the Barly, dry Beanes, and Licorice cut in pieces, of each a like much, all together in faire water, and drinke a good draught thereof with some Sugar every morning fasting, and at night when you goe to bed, five or six daies together, or more, it will destroy an Impostume, and shal thereby auoid or cast out the same. Proued. 98

To breake an  
Impostume.

He will be a good Physicion, in whose Patiuitie Mars & Venus are corporally, or by any good Aspect coniunct. Euen so if Venus & Mercury be ioyned, or in coniunction together. Also he will be a perfect Physicion in whose Patiuitie Mars & Venus are coniunct



found in the first house. Iatro. 99

A very little bird called Aegithus, doth marvellous disagree with the Ass, who in thorny places doth scratch or rub his ulcers or sores: whereby he doth destroy or breake the nests, of this Bird: whereupon it comes, that as soone as the bird heares the voice of the Ass, she doth not onely cast the Eggs out of her nest, but also her young ones (if she haue any,) doe fall from the same astonied with feare. So that the said bird flies vnto the ulcers or sores of the Ass, and pickes and thrusts at them with her bill, that she may drive him away from thence. Aristotle, Plin. & Oppianus.

100

If the Lord of the Ascendent be combust in the fourth house, or in the eighth house, it signifies, that he that is then borne, shall dye in prison. And if he be combust in the fifth house, in a watry signe, it shewes he wil be giuen to be drunk. In the sixth house, it shewes that he will dye of a long sicknesse. Taisnier.

The end of the eighth Booke.

## The ninth Booke of Notable things.

1

**F**ill an Egge full of the iuyce of Egremony, and giue it vnto the patient to drinke, whom you suspect to haue drunken poison, and it will mightily purge vpward all the poyson, and with a wonderfull facility healeth the biting of serpents and other venemous beasts. Petrus Hispanus.

2

This Dyle or Balme following is of a marvellous vertue against trembling and the Palsey, and it helpeth the memory, anointing the hinder part of the head therewith. Which a most singular Physicion kept priuy to himselfe for a time, as a most precious secret: which in the end reuealed it to the Authoz, whereof the making followeth. Take of Galbanum one pound, (in another place I haue read it halfe a pound,) of Gum, Amy, three ounces: these surely beaten apart, mixe together, which after

Æ

put



put into a Glasse body with an head, and distill it in Balneo Mariae. After it is distilled, mixe therewith one ounce of the Oyle of Bayes, and one pound of good Turpentine: then let the whole be distilled, and separate the water from the Oyle, and keepe the Oyle as a precious Baulme. The vse of this is, that the patient tormented with the Palsey, Convulsion, the Crampe, and trembling of members, be laid by right, and the Oyle temperately hot, must be poked vpon the belly, into the hollow and bottome of the Pa- uell, and you shall see after, a marueilous working, that may rather be counted diuine then naturall, and very much helpeth the Pal- sey, and strengtheneth the memory, vned as befoze. A certaine Practitioner applyed one drop of this Oyle on the patients fore- head that had the Palsey, & another on his Pauer, & hee incontinent arose as amazed, and was, after one houre, deliuered of the grie- uous paine of a wound in a certaine place of his body, and the thynkened sinewes being anointed with this Oyle, the patient was suddenly healed, &c. This Oyle helpeth deafenes and any sicknesse proceeding of a cold cause, and helpeth besides the losse of smelling. Arnoldus de villa noua, I take to be the Authoꝝ here- of.

3.

The Hoofe of a Beast called Alces, which is a wilde beast like a fallow Deere, hauing no ioynts in his legges, hath a marue- lous vertue and strength against the falling euill: for a little piece thereof enclosed in a Ring, and the same Ring put vpon the finger next the little finger, so that the same piece of the hoofe be turned toward the palme of the hand, it dooth recreate them maruelous much, that are fallen, and immediatly makes them rise vp. A little piece of the same bare, and put in the hand, by and by closed into a fist, suddenly it driues away the disease, and raiseth the party that is fallen therewith. Which Lemnius saith he proued once or twice. And Mizaldus saith that he proued it, putting in a little piece of the same in the left eare, (mouing it, as scratching a little) of one that had the falling sicknes, and it had very good successe, and it was counted for a miracle. Iohannes Agricola doth say the like is done, if a little piece of the same Hoofe bee hanged vpon one that hath the same disease, so that it may touch the skin. I see heare, saith Mizaldus, that scrapings or filings thereof are giuen in Polonia for the same disease. The Hoofe of the right hinder



hinder scote is to be chosen. But you must take heed of false decei-  
uers, which sell the Hooles of Dren or Rine, for the true Hooles of  
Alces.

4

It is a most sure and proued remedy, as well in curing of spit-  
ting of blood, as also in preserving from the same: every day in the Spitting of  
morning fasting to eate a scruple, which is the weight of foure <sup>blood.</sup>  
and twenty barley cornes of Arabarbe tosted at the fire, Emperica  
Benedicti Feuentini.

5

Bay Salt well beaten into powder and sifted, and incorporated  
or mixed well with the yolke of an Egge, and so laid vpon any Car-  
buncle, Plague soze, Botch, Byle, or impostume, assuredly (by the  
grace of **GOD**, ) it will draw to it selfe all the venome of the <sup>To breake a</sup>  
Plague, or the Soze, and breake any Byle, or other thing, so that <sup>Byle.</sup>  
in short time the same will be healed. A tried thing.

6

If the forehead of the sick ware red, and his browes fall downe,  
and his nose ware sharpe and cold, and if his left eye become lit-  
tle, and the corner of his eye runne, if he turne to the wall, if his  
eares be cold, or if he may suffer no brightnesse, & if his womb fall, <sup>Tokens of</sup>  
if he pull strawes or the clothes of his bed, or if he pick often his <sup>Death.</sup>  
nostrils with his fingers, and if he wake much, being a young  
man, being an old man sleep much, these are most certaine tokens  
of death.

7

Pottage made of the leaues and rootes of Strawberies, being  
eaten fasting certaine dayes of them that haue the Jaundise, both  
helpe them perfectly. This was the secret of a certaine Monke, <sup>Jaundise.</sup>  
wherewith he got maruelous much mowey.

8

A Serpent doth so hate the Ash tree, that she will not come nye  
the shadow of them. And therefore she goes farre from them,  
both morning and evening: because then they give the longest sha-  
dowes. And P.inie saith that he hath proued it, that if one compass a  
place about with the branches of an Ash tree, so that there be a fire, <sup>Ash tree an</sup>  
and a Serpent enclosed in the same, the Serpent will rather goe <sup>enemie to</sup>  
into the fire, then he will seeke to escape ouer, or throow the said <sup>Serpents.</sup>  
Ashen branches, &c. Mizaldus.

9

If the Lord of the Ascendent be found in the twelfth house,  
X 2 he



he that is then byne, shall procure his olone exortie. Taisnier.

IO

Juniper berries are medicinable against poyson: for there is none of like operation onto it. And Dioscorides saith also, that they do helpe against poysons, and stinginges of Serpents. Pet. Hip.

II

To try whether p[re]cious stones be pure or not. Heat plate of Iron on the fire, then anoint the same with Oyle, and cast or strew on the same, the powder of Glasse, whereupon lay quick burning coales, and then hold the stone that you would try, a good while ouer the same coales, that the stone may bee hot, not touching the fire, and then if the stone lose his colour, he is not good or pure, but if he keepe his colour, he is then perfect and right.

I2

As principall a medicine as euer was ordayned for the boneache, either in Woman or man, in what place soeuer it be. Take a pennyworth of Aqua vitæ, and another of oyle de Bay, and mix them well together, and anoint the griened place therewith, not by the fire, & it will doe away the paine for euer, vsing it often. But you must warme the ointment a little in a Saucer, before you lay it on, and chafe it well, until it be dzyed in, and couer it warme at all times until it be whole. Thus I found it wozitten.

I3

Wegremony, Bugwort, and Betony, both leaues and roots, stamp with old Breace and Vineger, or Veriuce, and a plaister thereof applyed to the griened or soze pained back, will quite put away the paines and grieffe thereof, so that you vse it thre or foure times. A sure and p[ro]ued medicine.

I4

If you will catch Howles or Mouts, put Garlick, Lækes, or an Onion in the mouthes of their holes, or in their entrings into the ground, and you shall see them come, or leap out quickly, as though they were amazed or affraid. Albertus.

I5

If the Fistula be outward, put into it the iuice of Culuerfoot: for it healeth it. If it bee inward, drinke it, and it healeth also. This is true, for it hath been p[ro]ued.



16

For them that haue surfeited, or eaten too much, let them stamp Betony, and temper it with hot Water, and a little wine, then straine it well, and drinke a good draught thereof morning and evening first and last, three daies together, & it wil thoroughly help them, God willing. This was told me for a trueth.

17

The two hornes of a Snayle, bozne vpon a man, will pluck away carnall or fleshy lust from the bearer thereof. I had this out of an old written Book. But how true it is, I know not.

18

For all euils of the stomack, & for them that cannot eate: Take an hearbe called Centory, and see the it well in stale Ale, and when it is well sodden, then stampe it, after that see the it againe in the same Ale, let there bee two handfuls of Centory, to three quartes of Ale, and let them see the as is beforesaid, to three pintes, then put thereto one pinte of pure Honny, and boyle them together, and keepe it in some cleane vessell, and giue to the party grieued, three spoonesfuls thereof fasting euery day, till hee bee whole and well: for it drues away all the steame and corruption from the stomack, & makes him haue a great desire to his meate within foure or five dayes. Often proued.

19

The powder of Betony put in Wine, that is, a spoonfull of the powder to a draught of Wine, a little boyled on the fire being drunk, doth presently help such as haue drunk poyson befoze. And whosoever drinks the same in a morning fasting, no poison taken after, the same day, can hurt him. This is a proued medicine.

20

The dung of a Cat dried, and so mixed with strong Vineger, that it may be something thick, and therewith any hairy place rubbed oftentimes, or anointed in a day, it will cause that haire will growe no more in that place. Proued of a Countryman. Mizaldus.

21

If the Lapwing doe sing befoze the Vines doe bud, it is said that it foreshewes great plenty of Wine. Mizaldus.

22

Whosoever deliue is a sum of money in the house of Jupiter, he:

23



he shall receive it againe well w<sup>th</sup> gaine. Haly Aben<sup>a</sup>.

23

This potion or drinke following is wonderfull, and very often proved of me, sayth Petrus Hispanus: for it killeth the Fistula, in what place severce it be, and draweth out the corrupt and broken bones. Take the rootes & leaves of Planten Strawberry leaves, the leaves or seedes of Herpe, the leaves or seedes of Mustard, the tops of Herpe Decke, red Colewort leaves, and Tansey; let them all sooths in a good quantity of white wine: after strayne all the whole, and put into the straying as much Honny as shall be thought meete: give thereof unto the patient early and late, untill such time as the cleare potion or drinke come forth by the mouth of the Fistula: which allowaies must be kept open with a silver Pipe put into it, and keep upon it alwaies a red Colewort leafe. It is of a wonderfull operation, Pet. Hisp. And I my selfe have proved it, and healed in such manner as is befoze declared: it is a precious thing.

24

Dragons bound to the privities of a Woman in labour, causeth her to be deliuered incontinent. But there must be heed taken that it be quickly remoued, lest it draw forth the Matric withal. Pet. Hisp.

25

Here followeth an excellent Oyle which maketh faire colour in the face. Take of Almonds scraped ten pounds, of red Sanders in powder sixe ounces, of Cloves one ounce, of white Wine foure ounces, of Rose water thre ounces: these, after they be grossly beaten together, let them lye in a Marble mortar close covered, for eight or nine dayes, beating the same ouer once a day: then beate it all in an earthen vessell, untill it begin to fume and be thozow hot, and after that put it into a newe square bagge of Linnen cloth, then put the same bagge into a Presse, betwene two smooth plates of yron, scathing hot: for out will come a red Oyle, wherewith women may anoint their faces: for it causeth a comely red fine beautifull skime. A secret, and practised of fewe. This is in the newe Jewell of Health: a Work of much value and small price.

26

The grease of an Cole, and the iuice of Singreene mixed together,



together, of each a like much, boyled a little, and a little thereof put into the deafe eare, nine nights together, will bring the hearing againe, as well as euer it was.

27

Take salt Armoniacke, Allom, and Salt Nitre, of each a like quantity, with a little filings of Silver, let all bee mixt together, then put them vnto the fire, that they may be hot: and when they shal cease to smoak, then with the same powder alone, or else mixt or moistened with the spittle of your mouth, let copper or brasse be rubbed therewith: and straightway it will haue the colour of Silver.

28

Serpents being within a Circle made of Betony, they cannot go out of the same, but rather will dye with beating themselves. Plinius.

29

If the Lord of the second house be in the twelfth house, enemies will come many times to him that is then borne, for many or through money. Fairmier.

30

Planten Stamp, and the iuice wrung out, and put into the hollowelle of an Ulcer, with a spowte, healeth the same. So doth Betony Stamp, & applyed to a fistula, healeth it. Petrus Hispanus. The iuice of Cinquefoyle, doth heale the fistula likewise, if it be put into the same with a spawte.

31

To separate Gold from any thing that is gilded. Take Borace and temper it in water, then boyle it ouer the fire, and with the same water anoint the thing that is gilded, and cast thereon a little of the powder of quick Wrimstone: after put it into the fire that it may be made red, then quench it in running water, and you shall finde the gold in the bottome of the vessell.

32

For any paines of the eares, and for them that cannot heare. Take a great Dnyon, cut a hole therein, and set it in the embers to roast, then fill it full of Dyle Olive, and euer as it dryeth, fill it by againe till it be roasted well, then take away the uppermost skin thereof, then strayne the Dnyon throu a cloth, and keepe it in some close glasse, and when you will occurre thereof, put some of it into the whole eare, and let him lye on his soze eare

when



When he goes to bed: and if he vse this nine nights at the furthest, it will helpe him. Proued.

33

For the fundament that goeth forth. Take the toppes of red Nettles, and stamp them in a mortar, then put it into an earthen pot, then put thereto a good portion of white Wine, and set it ouer the fire, and let it seethe till halfe the liquour be consumed, and giue the party diseased a good draught thereof something hot to drinke morning and evening, first and last, for the space of ten daies. And also apply the hearbes something warm to his fundament: and it will helpe him perfectly. Proued.

34

For the eyes that be chafed and the liddes turned vp, bleared eyes. Take Arment, Honny, and the white of Egges, of each a like much, temper them wel together: then take flaxe & lay the same thereon, then apply the same vpon the soze eyes, and it will draw the euill blood out of them, and perfectly heale them. This Medicine hath bene proued.

35

It is said that a Hart dooth so abhor a Ram, that he cannot abide the sight of him. Aristotle, Pliny, and other.

36

When foure or fve Planets bee coniunct or ioyned together in the Ascendent, or first house, of any Childe that is borne, that Childe will not liue long. Expositor dooth say, The King of our Cittie did call me, because one of his Women had borne a Sonne, and the Ascendent was the eighth degree of Libra, the terme of Mercury, & Iupiter was in the same, and also Venus, Mars and Mercury: and the company of the Astrologians did meet together there, and euery one of them did tell his opinion, and I held my peace. The King sayd vnto mee, Say what thou canst: why dost thou not speake? To whome I answered, Giue me respit for thre dayes, for if your Sonne shall passe the third day, you shall see a great miracle of him. And after 24. heures was ended, the Childe did rise vp to sit, and he spake and gaue signes with his hand, whereof the King was greatly afraid. And I sayd, that he would speake some prophesie, or some miracle. When the King went to the Childe, and we with him, to heare what he



with him, to heare what hee would say. And the Infant sayd, I am the Infortunate borne Childe, and I am borne to shewe the losse of the Kingdome of Azdexit, and the destruction of the people of Almanaz. And straightway the Childe fell downe, and died.

Hale Aden.

37

This following is a secret, and an approued thing for the Palsey, wherof if you giue thrice in the day to him that hath the Palsey, halfe an ounce, that is, in the morning thre houres before meate, and two houres before Supper, and at his going to Bed, it wil help him thereof. Take of the new and fresh braine of an Hare, broyled or fried, one pound, the iuices of Sage, of hearbe Iuy, and the iuice of the root of Acorns, of each thre drams, of pure Sinamon, Cloues, black pepper, of each halfe a dram, Turpentine washt with the water of hearbe Iuy, thre ounces, Sugar dissolved in the water of hearbe Iuy, as much as doth suffice: And thereof make a Lectuary according to art, and know that it is maruelous. Emperica Benedicti Victorij Fauentini.

38

To help swolke leggs. Take Wallowes, and seethe them in water, then stampe them well, and straine them: then put thereto Barrowes greace, and fry them together, untill it bee something thicke, and like an oyntment: lay some thereof vpon a cloth, and make a Plaster, and apply it to the soze and swolne legge, and lay a new plaster thereto twice every day, morning and euening, thre or foure dayes together: and by that time it wil be adwaged, and as small as the other. This was told me by a Woman that had tryed it many times.

39

One neuer hath the Cobote, until he hath known a woman carnally. Hippocrates.

40

Alexandrinus Iouinus Pontanus both say, that he saw a man was grieuouly stung or stricken of a Scorpion, which presently was deliuered and helped thereof, with drinking of Frankincense, wherein was sealed the Signe of Scorpij or of a Scorpion: being after made in powder. But it must be grauen in the stone of a King, (Scorpio ascending) the Moone then being there, and plasse in the Angle, and the Frankincense must be sealed with  
that



that seale, when the Stone is in Scorpio, and found in an Angle. And let it be given in powder as is before said, either in water, or in white wine, or in any other mixte liquor.

## 41

Here ensueth the making of a miraculous Oyle, called Oyle incombustible. Take of white Sape the best that may be gotten: and after you haue beaten it well and fine, put it into a great Retort, on which put so much weight of Aqua vite seven times distilled ouer, then set the Retort into ashes, firing a large receiuer to it, and very well luted in the ioynts: this done, make vnder it a soft fire in the beginning, and encrease the fire by little and little, vntill all be issued forth that will come, which together will be an Oyle and Water, then draw away the receiuer, & separate the water from the oyle, which Oyle is incombustible and miraculous in sundry matters, in the worke of Alchemy: for this greatly auaieth in firing the medicine Volatile, and serueth well to incorporate with all metals, and seasoneth such as be crude, and likewise sweetneth when they be eger. This also dissolueth all paines and swellings caused of grosse and clammy humors, and healeth in a manner all sorts of wicked Ulcers. And in this, (saith the Author) I conceived a great delight, as to work such a matterie, to see so many strange fumes and varieties: but a more pleasure I took in the practice, as to see how the same auailed in euery matter whereto it was applyed. By which I proue this to be a diuine substance, and an oyle worthy of eternall memory. And this was the greatest secret, with which that singular Mathews the Hungarian did so many great miracles in Padua: for he healed with it the Colicke, the quartane Ague, the paine of the French disease, and the dry scab on the head, with sundry other griefs, for which while he remained in Padua, he was highly esteemed & wondered at. And at the last in his departure from Padua, he revealed it to me, that the onely medicine which he vsed to all the griefes, was this Oyle and none other. The making of which, he vttered vnto me at his departing: which before he would not teach to any man. And the same I haue many times made, and haue also scene such strange practices of it, that to repeat them, I should scantily be believed. Hæc de secretis Falopij.



42

To put a Schedule, or little writing in an Egge, lay an Egge certayne dayes in strong Wineger, untill it be soft, and write your name or what you list in a piece of paper, and fold the Paper as hard together as you can: then with a Rasor cut the said Egge in the toppe finely, and advisedly: thozow the which put the little Paper into the Egge circumspectly, and then put the Egge into cold water, and immediatly the Shell will be hard as it was befoze. A proper secret.

43

The quieter Beasts have the lesser Galls: the fearefuller, the greater hearts: the lighter the moze leaping, the moze Liver: the merrier the moze pleasant, the greater Spleene: and the greater voice, the moze Lights: much like to these verses following.

Cor ardet, Pulmo loquitur, Fil commouet Iras,

Splen ridere facit, cogit amare Iecur. That is,

The heart doth burne, the Lungs doo speake,  
the Gall to ire dooth moue:

The Spleen or Bilt dooth make vs laugh,  
the Liver makes vs loue. Mizaldus.

44

Cauda Draconis in the second house, called the house of Substance, signifies the childe then borne, shall wastefully consume and spend his goods, or signifies the losse thereof, and that he shall come to pouerty and open misery. Haly Aben.

45

Agrimony is of wonderful profit in medicine, especially, against hollow wounds and vlcers, Petrus Hispanus. And Trotula saith, that though the Fistula that penetrates to the eyes, is incurable: yet some doo witnesse that such a fistula may be cured by Agrimony alone, by often vsing it, either in drinks or powder. Filipendula is good for the same, & the grains or little round things, that are found in the end of the roote. Cordonius alleadgeth Agrimony to be the best and surest medicine for the curing of a fistula.

46

For the web or spot in the eye. Take the great bone of the Goose wing, the elder the better, for though it be a yere old, it is not the worse, bzeake it, and take out the marrow that is within it:



then put some of it vpon the web, or spot, and it wil break it, and saue the sight. **Proued.**

47

**The vertues of Tormentil.** This hearbe comforteth the sight, and clenseth the body of diuers maladies: the powder thereof is good to clarifie the sight of the eyes, though one be blinde. And this hearbe is drest on this manner. Take the Hearbe with the roote, and see the it with white Wine, till the third part be sodden away, and giue him that is blinde, to drinke of this liquour nine dayes in the morning cold, and at night blood-warme, and within that time he will recouer his sight ( by Gods grace. ) But if the sight of the eye be hurt, take also the hearbe and stampe it, and see the it in white Wine, with a little water put into the Wine, then lay or spreade the hearbes on a linnen cloth, and binde it vpon his eye or eyes, and it brings a wonderfull helpe, if thou stampe this hearbe with the roote, a good quantity, and put it into a little vessell full of Wine, and let it remaine therein thre moneths. Whosoever drinkes often of this Wine, though hee hath bene blinde nine yeers, he wil recouer his sight again. This I had out of an old written booke, which doth much agree with Petrus Hispanus in this case: whose minde thereof I haue mentioned in another place of this booke.

48

If the part of Fortune be cadent from the Ascendent, and doth not behold there the light or Luminary of the time, and his Lord be weak, and infortunate, and remoued from an angle, not beholding the part of Fortune, and the Lord of the house of substance be euill affected of euill Planets, or of the beames of the sunne, which destroyes and scatters, it signifies that he or shee that is then borne, shalbe poore, a wretch, and that he will not bee able to get his owne living, and that he is like to liue of Almes. Haly. A-benragel.

49

This following is a secret and approued medicine for them that are short-breathed, very good for the poore, because it is not costly. Take of the rootes of Hollyocke dyled in the shadowe, one pound, made in fine powder, clarified Honny, foure pound: see the them ouer a fire, and stirre them together untill it be in the forme of a Lectuary, whereof let the patient take often, and he will be whole. **Imperica Benedicti Victorij Fauent.**



50

A perfect and most sure and proued remedy, and a rare secret for the helping of Womens breasts that be swolne, and full of paine: which was reuealed vnto mee by an old Woman, who said that the Lady Owen, Doctoꝝ Owens wife, vsed it to women in this case very much, who kept it as a good secret. The medicine followeth. Stamp oꝝ bruse nine little woꝝmes, of some called Swine lye, (which commonly will be found betwene the barke and the wood of old oꝝ dry trees, which haue many feete, and being touched, they become as round as a Button,) in eyght oꝝ nine spoonfuls of drinke, let them remaine therein all night, and the eighth morning straine the same drinke, and let the diseased woman drinke the same a little warmed, at one draught, and then let her lay to her breast, a two oꝝ thꝛee fold Linnen cloth warmed: the next morning, let her take eight of the same little woꝝmes in drinke, in such order as befoꝛe, and the third morning, seuen, and the fourth morning, sixe, and so euery morning following one lesse: decreasing one euery morning, vntill nine mornings be ended, on which ninth morning she must take but one of them, as it will fall out by the decreasing one euery day: and if she be not then thꝛoughly whole of her breast, let her encrease euery morning one immediatly following, vntill she hath receiued nine at one time, according to the order befoꝛe appointed. A rare and notable thing, if it be true: foꝝ I neuer proued it.

51

For the swelling of armes, legges, oꝝ feete. Take Linseed, Wheate bran, Brooklime, Chickenweede, Groundsell, of each one handfull, and one pottle of white Wine: seth them all together, till it be thick, and lay a plaister therof to the place that is swolne, as hot as the party can suffer the same: and it will take it away, and help him within thꝛee oꝝ foure plaisters. Proued.

52

To help a stinking breath that comes from the stomack: Take two handfulls of Cummin seed, and beat it to powder, then seth it in a pottle of white wine, vntill a quart thereof be wasted away: then giue the party a good draught thereof, first and last, as hot as he may suffer it, and it will make him haue a sweete breath within fiftene dayes. This is proued.

P 3

Marke



53

Marke what Planet is ruler of the twelfth house, and the day that bears the name of that Planet, will be unlucky to the childe borne at that time, and many times will haue mishaps of that day. Which by long experience is found true.

54

Put the feete of Hens in hot embers, till the scales or skinne thereof be separated and shrunke from the Legs; and with the same skin warme, rub Marcs thre or foure times or moze, and it will drie them away. Petrus Hispanus.

55

If you will doe away or consume a Wen, doe as followeth: binde fast the Wen, then take Verdigrase, Brimstone, Sope, oyle of Eggs, Allom and Honny, of each a like much, and temper them together, and lay it thereto, and it will doe away the Wen, and heale it.

56

A singular Oyle and very rare, which causeth a comely face, and maketh the person merry which vseth it, yea, strong and hardy to fight: the making thereof dooth follow. Take one pound or two of Hempseede, which after the finely beating thereof, sprinkle and wet it with a little Wine, then put all the same into a new earthen pan glased, and set it ouer the fire: heate it so long, untill you cannot suffer your hand in it, after put the same substance hot into square bagges, which wring hard out, in a Presse, and an Oyle will come forth very profitable: whereof if any drinketh to the quantity of an ounce at a time, it maketh him pleasant and merry: and if a Souldier drinke it, it will make him both fierce and hardy to fight, without any feare or doubt of his enemy. And also it is profitable to women, in that it maketh them merry, and comely to see to, and in this manner you may draw out an Oyle out of all seedes. This is in the newe Jewell of Health.

57

A notable and often proued medicine for a Sciatica, ache, gout, or other paine or griefe. Take a pinte of pure Aqua Composita, one Beasts gall, and one ounce of Pepper beaten into powder, boyle them all together, untill halfe the Aqua vitæ be consumed: then lay some thereof in a cloth like a plaister, and apply it something hot to the grieued place, & let it lye twelue houres vntremo-  
ued,



ues, and do thus foure or fve times if need be: for it is a sure helpe.

58

A precious water for eyes that be faire and clere, and yet are blinde. Take Smalledge, red Fennell, Kew, Merueyn, Bettony, Egremony, five-leaved Grass, Pimpernell, Eyebright, Sage, Celendine, of each one quarter of a pound, wash them cleane, and stamp them in a faire Brazen Morter, or in a pan, then take the powder of fiftene Pepper Cornes finely searced, and a pinte of good white Wine, and do them to the hearbes, and also take thre sponesfuls of life Humy, and fiftene sponesfuls of the brine of a Boy that is an innocent, and mixe them all together, and boyle them ouer the fire a little while, and strayne all thoro a cloth, and keep it in a glasse well stoppt, untill you occupy it: and with a Feather do it into the sore eyes, and if it dry away, temper it with white Wine againe. This is a medicine for all manner of euils of sore eyes, to make a man see, if euer he shall see, within fiftene dayes on warrantize, by the grace of God. This I took out of an ancient written booke.

59

Euery one that is borne, whose degree of the seventh house is the terme of an euill Planet, he shall dye a foule death. And if it be the terme of a good Planet, he shall dye a faire and good death. Haly Abenragel.

60

If you rubbe Warts with Egremony, stamp and mixt with Vineger, and also plaistred vpon them, it taketh them away cleane. And also if Purslaine be rubbed vpon them, it pulleth them by by the rootes. Petrus Hispanus.

61

For the Cottes that be swolne. Take the powder of Cummin seede, Barly meale, and Honny, of each a like much, fry them together with a little Sheepe suet, and binde the same as a plaister all about the Cots, and it will helpe. Proued.

62

This following will breake a Wyle, Wotch, or a Fellon. Lay first thereto some Pisset curd, and let it not be removed of twelue houres, and that will gather the matter together, and make it tender. But if once applying of the Pisset Curd do it not, then apply thereof to it twice or thrice: then take ynquencht Liane,



Lime, and cast vpon it some faire Spring water, and mixe the same with black Sope, and lay to the soze a piece thereof, according to the greatnes that you would haue the hole of the soze, and when it is broke, then wash it in white Wine a little heated: and so heale it with Butter and powder of Sugar mixed together. This is a sure and approued thing.

63

A Noble Secret for all incurable aches and paines in the ioynts where euer they be. Take all the whole hozne that a Buck casts off, the later the better, cast away the scawpe, take nothing but the hozne, cut the same in shiners or pieces, then sethe the same in a gallon of faire water, vntill all bee come to a pinte, or something more: then cast away the pieces of the hozne, and then let that in the vessell stand vntill it be cold, which then will be like a Jelly: and when you will occupy thereof, warme some of it in a Sawcer, or some other conuenient thing, and then anoynt the griued place therewith by the fire, morning and euening, and let it drinke in by the heate of the fire: and it will help and heale it thozoughly for euer, (God willing) within nine or ten dyssings. This is very true, and wel proued: which a friend of mine told me, that helped himselfe of such an ache therewith, that neither counsaile of Physicions, practice of Surgions, nor yet the long vsing of the Bathes could ease: whereby he spent much money in vaine, vntill a Wench by chance told him this excellent remedy. Which as she said, a Nobleman of this Realm did learne beyond the Seas, who hath reuealed it since to the great commodity and helpe of many.

64

For swolne and soze throates, a rare and sure remedy. Rub your hand on the bare earth or ground, and then therewith rub the soze or swolne throte, if presently you do thus thre severall times, the swelling and paine wil marueilously goe away. This was taught me by a friend of mine, that did know it too bee true by proufe.

65

An excellent remedy for a great heat and pricking in the eyes. Fil an Egghel newly emptied with the iuice of Singraene, and set it in hot embers, and scum off the greene baggage from it, and then it wil be a water, then strain it, and keep it in a glasse,  
and



and put some of it into the hot eyes, foure or five nights together, and it will cease the burning and pricking thereof quickly.

66

He will scantly or neuer dye an euill death, that hath a good Planet in his eighth house. Haly Abenra.

67

A wonderfull drinke agaynst brusings, and it helpeth such maruileously that are bruised through falling. Take Egremony, Bettony, Sage, Planten, Iuy leaues, Roseparsie, Stamp them together, and mixe Wine thereto: giue the patient it often to drinke, till he be whole. A true & tryed medicine. I thinke that Pet. Hisp. hath the same.

68

If you burne foure ounces of Turpentine, vpon a hot or burning plate of Iron, vntill it may be made in powder, and then mixe two drams thereof, with foure ounces of the water of Saxifrage, and giue it twice in a weeke, earely in a morning, to them that haue the Stone in their Blather, and so continue it two months, he shall not onely be preserved from breeding of the Stone in the Blather: but also it will burst and driue forth the Stone bred there already. This is proued, and a secret, and is to be kept well in minde. Emperica Benedicti Victorij Fauentini.

69

If Lauender be well sod in water, and then strayned, and halfe a pinte thereof drunke dayly first and last, for the space of a fortnight, it will heale them that haue the Palsy. This was found in an old written booke.

70

An excellent and speedy remedy for many diseases, and chiefly for the stomack. Mixe two spoonfuls of Sallet oyle with two spoonfuls of pure Aqua vitæ, and drinke all the same in the morning at one time: doe so sixe or seuen mornings together. It is a notable and often proued remedy.

71

For the Strangury a strange medicine. Take a pinte of good Aqua Composita, and put a good handfull of Iuy leaues therein, and keepe the vessell well stopt, and the Iuy leaues will consume therein, vse to drinke of the same three or foure spoonfuls at one time, morning and euening, first and last, five or sixe dayes together: and you shall see a maruileous help thereof.

Z

This



72

This following is a proued medicine for the ache in the huckle bone, called the Sciatica. Take a pound of good blacke Soap, one pinte of good Aqua vitæ, halfe a pinte of Sallet Oyle, and a quarter of a pinte of the iuyce of Kew, seethe them and scur them all together ouer an easie fire, untill it be something thicke, and that it may be made in a plaister: then spread some thereof vpon a piece of Leather, and apply it to the ach or pained place, and let it lye thereon vnrremoued thre dayes and thre nights, and if the paine be not then gone, then apply such another plaister thereto, and remoue it not of so long, and it wil help it certainly. This was told by one that knew it often proued.

73

The powder of white hard Sugar, put into a bloodshotten eye, or that is something dim of sight, it helpes the same, and mends the sight very well. Especially if you put afterward a little Rose-water into the eye. This I haue proued oftentimes to be true. Yea, and I think if it were vsed, it would consume the web of the eye, at length.

74

Haly saith, that he that begins to set forward his iourney in sayling, or enters to goe to the Sea in the houre of Saturne, he will be drowned: or else will be lost by the inuasion of Pirates, or other: or else the fiercenes or great raging of the Sea wil thzow him to the land where he shall suffer shipwack: or else into farre Ilands he shall be carried, (perhaps vnknowne to him.) Which of trueth hath alwaies hapned to that ship that then sets forward as the booke of Nature did containe: which as he hath diligently proued, and read, which chiefly entreats of the iudgements of houres. And the said Haly saith further, as followeth: When a certaine Ship did set forth or forward in the houre of Saturne, I sayde to one of my fellowes, which vnderstood something in this Science, All these men are giuen to be lost. And within a while after they all perished. Thus much saith Haly. And in the beginning of long iourneys as well by Land as by Sea, in this houre I haue knowne much harme and mischiese to follow: which although many doe not, nor wil beleue to be true, because they know neither this excellent Science, neither the proofs of these things: yet many that be wise and learned, and that haue paid  
full,



full dearely for the prouing thereof, doe think this no lye. But if some of them did knowe the same houre, and should practise some such like thing therein, the euent thereof would teach them, I thinke, not to be so incredulous. I know (I thank God therfore) that no harme shal happen to the children of God: for he wil so guide them, that neither man nor Deuill, nor any other thing can destroy them, though in this world they may seeme to hurt them. And as he doth preserue them from harme, euen so he appoints them their times to walke in, and the beginning of their iournies: Assured I am, and fully satisfied, that he by his diuine prouidence, makes them auoyd that houre, and other euil times: and the wicked and vngodly haue hapned of that time, to their destruction. Therfore for my part, I attribute nothing to the time, but all honour to God, that made the time: whose glory and power is to be extold, that foreshewes such things to man, by such houres or times.

75

Blacke Sheepes wool, mixt and chafed by the fire, with fresh butter, and the deafe eare stopt therewith at night, and thus used nine or ten nights together, it helpeth deafenesse perfectly, and speedily. A proued thing.

76

Here followeth a notable and excellent Aqua vita. Take Castengale, Cucubarum, Ginger, Putmegges, Cloues, Sinamon, of euery one an ounce, fresh Sage, feure ounces, water that is distilled fire times out of pure and good wine, ten ounces: put them all together, and let them remaine so in a close cleane vessell three daies: then distill the same, and keepe that that is distilled in a cleane and close vessell. Whosoever drinks a Nut-shell full of this water euery day, it wil preserue their bodies maruellously, and keep them from many diseases, and bring them to old age. It is said that M. Gallus, Physicion to Charles the Emperour, used this water, and liued a hundred and foure and twenty yeeres. Georg. A lapide deuised this water.

77

If you desire to haue sweet water forthwith, or by and by, put two or three droppes of Oyle of Spike, in a good deale of pure water, and chafe it together in a Glasse with a narrowe mouth. Euonimus.



78

An excellent oyle for cold aches. Take the wood of Iuy dyed, cut the wood in little pieces, and of the berries, and gum of Iuy, of each a like weight: let them be put in an earthen vessell, bozed thowse in the bottome in two or thre places: and then let an other pot be set vnder it in the earth, and ioyne the bottome of the vpper pot vnto the mouth of the nether with clay or paste, and the vpper pot must stand wholly aboue the ground: then make a fire on euery side, and the Oyle will distill blacke into the nether vessell. This oyle before all oyles ceaseth the griefs of the ioynts of a cold cause. This is proued to be a notable oyle in this case. Rogerius seemes to be the Authoz hereof, as appeares in Euonimus.

79

If you put out the white of an Hens Egge, and fill vp the same egge with the iuice of flowerdeluce, and mix the yolke and it well together, then warming it a little in the hot ashes, and so giue it in the morning to them that haue the Droisie, it will auoide downward the Droisie water aboue measure. This is proued to be true. Such like vnto this, Benedictus Victorius Fauentinus writes this for the same cause: but he appoints the iuycto be giuen with Mellirate.

80

A proper practice to make a Capon to bring vp young Chickens. Take a Capon and pull his belly bare of feathers, and after rub the naked place with Nettles, then setting young Chickens vnder him, he will maruelously cherish them then, and bring them kindly vp. And the rather if you vse him thus for a time: for by that meanes he is moued the more willingly to cherish, bring vp, and feede, yea, and to loue them, as the Hen would doe naturally. And the reason thereof is, for that by pricking of the Nettles, he is the rather desirous to couch on the soft downe and feathers of the young Chickens, sitting vnder him. This I had out of the Naturall and Artificiall conclusions of the Schollers of Padua. Translated into English by Thomas Hill.

81

One Aeschilus was foretold by an Astronomer, that he should be killed by some ruine, or something that should fall vpon him vpon a certaine day or time: who (to prevent the same,) did walke abroad a certaine space about the warned time, and would  
by



by no meanes come into any house, thinking thereby to auoyde the danger, vnlesse the heauens should chance to fall: but mark how hard it is to auoide ffate or Gods determined appointment. About the said time foretold by the Astronomer, an Eagle did flie ouer his head, from whom a stone did fall vpon Aeschilus head, and killed him. Whereby we may not onely see that mans wisdom and policie is not able to frustrate Gods prouidence: but also that there is a maruelous certainty in the Astrological foretelling of euents, especially by directions: which Cyprianus Leouitius seemes to affirme by this and other notable examples. And sure I am by many proofes and trials, that the euents will assuredly happen at the time promised by directions: that when the Signifier comes to the very place and minute of the Promissor, accounting for euery degree betwene them one yeere, and euery minute about sixe dayes, if the Signifier be to be directed by the direct Ascensions: but if the Signifier be to be directed by the oblique Ascensions, (or else Intermixtim) which is not very easily or soone done, then they signifie sometimes moze, sometimes lesse, according to their swift or slow ascending, which directions to be infallible, the learned and expert heerein cannot chuse but affirme. For that they are found as perfect by profe, and as true by triall, as the break of the day dooth assure vs of the rising of the Sunne.

82

In Lamberge a towne of Schelesia, as Iohannes Langius writes, a certaine Woman great with childe did follow a Priest that had newly washed or bathed his feete: who being taken with such a longing or lust with the sudden sight of his bare feete, that she priuily behind his backe, did hold his legge with her hands, and out of the same pluckt a piece of flesh with her teeth: Nothing regarding the cry of the poore Priest, which cryed out both of God and Man.

83

If the foote or legges of an Ox, Cowe or Horse be swolne by chance, marke the ground where the same swolne leg or foote dooth stand, and take or graue vp with a knife or dagger, a turf or piece of earth in the same place where the same foote did stand, and hang the same Turf or piece of earth vpon the bough of a white thorne, or some other tree, (if it be faire or dry weather,) if not, then hang it in some Chimney where fire is made, and af-



ter as the turfe or earth dooth dry, so will the swelling cease and the paine go away. This I have proued to be true diuers times. And it is practised of many, especially, for Dren or Kine. But the suddaine swelling and grieffe of my Horse legge hath bene helpt therewith, within two or three dayes, and by none other meanes. Who list to proue it, shall finde it true: although it be farre vn-  
likely.

84

The water wherein Lauender is sod, doth quite put away any spot or staining in any cloth, Cap or Hat, if the stained place or spotted be washed or rubbed therewith. It is very true, proue it who list.

85

To make any fowle, of what condition the same be, to haue the feathers all white. Take the Egges of what Bird or Fowle you will, role them in the iuice of the hearbe called House-eare, or in the iuice of Houslæke, or otherwise in oyle (after the minde of Cardanus,) and after put the Egges againe in the nest: for after the hatching, the feathers will growe white. This is taken out of the Naturall & Artificiall conclusions of the Schollers of Padua, translated into English by Thomas Hill.

86

If the figur of a Lyon be graued in a thin plate of Gold, when the Sunne is in Leone, (that is the signe called the Lyon:) so that the Moone behold not then the sixt house, nor the Lord of the Ascendent behold Soturne or Mars, and the Moone then separate or rather free from them, it doth put away the intolerable paines and torments of the backe: if it hang at the reynes of the backe, or touch the same. And if Tropisks be made of the powder of pure Olibanum and Goates blood, and after sealed with the same Lyon, and after dzyed, and then being dissolved in white Wine and drunke fasting, it workes a maruelous effect against the stone of the reynes and of the Blather. Andreas Cordubensis to Gregory the Bishop of Rome.

87

This confection following is a most excellent medicine and remedy for many inward effects: especially, for all fluxes of blood from whencesoever they flow, and also other fluxes: moreouer, for them that haue great paynes in their backes, and also paynes in their Liuer, or whose Liuer is not altogether well.

And



And Galen the Authoꝝ hereof sayth, (belike foꝝ the excellency thereof,) Giue not this, befoꝝe thou hast receiued a reward therefoꝝe: the making whereof doth follow: Take of Sinamon, Cassia lignea opium, of each two dzams, Mirth, both Peppers, Galbanum, of each one dram, let them be stamped, and then mixed with a little clarified Honny, and made in a lump oꝝ masse, giue thereof at night two round Billes, something bigger then Reason, in the soft of a rested Apple, and let not the party drinke of two houres after, and if his grieffe and paines be neuer so great, he will be in marueilous ease and quietnes, within an houre oꝝ two after, and so remaine the most part of all the night: yea, and perhaps sleepe soundly and well. You may giue it two oꝝ thꝛee nights together, if the party be strong, but if he be very weak, giue it euery other night, thꝛee oꝝ foure times: and if the party be in extreme paine, then giue it when you list. But if the stomack be full of meate oꝝ fleame, it wil shew the lesse effect. Who euer shall pꝛoue it, shall finde it a worthy thing. I haue pꝛoued it aboue a hundꝛeth times.

88

A fine way to make Corall by art, which followeth. Make the Hornes of Goates (first shauen oꝝ scraped,) into powder, and let the same steep in strong Læ, made of the Ashes of the wood of an Ash, fiftēue dayes together: after ward take it out of the said Læ, and mixe it with Cinabrium, dissolved in water, and hang it ouer an easie fire, untill it be thick, and if it haue then the colour of right Corall, make it in the forme oꝝ fashion you thinke good, dry it, and publish it according to art. This doth Mizol. describe.

89

The iuice gotten out of a red Dnyon, and thꝛee oꝝ foure drops thereof put into the deafe eare eod, thꝛee oꝝ foure nights when the party goes to bed, helpeth the deafnes be it neuer so great oꝝ ancient. Feare not, though it put you to much paine at the first time: foꝝ at the second time it will be moꝝe easie. This was taught me by one that knew it by pꝛofe.

90

To make a woman that hath a dead childe within her, immediately to be deliuered thereof. Take the quantity of an Almond of a Bulls gall, mixe it with two spoonesfull of Wine, and let her drinke:



Drinke it: and she shall auoide it straight, Iacobus Weckerus.

91

Deuide an Apple in the midst, and in the one halfe of the Apple in the midst of it make a round hole, by cutting a piece out of it, then into the same hole put a blacke Beetle, and so lay the flat side on the table: and the Apple will moue, by the meanes of the Beetle, to the maruaile of them that behold it.

92

Take an Apple of Colloquintida, and lay the same to steepe in water a whole night, and after boyle wormewood in the water: which water being cast about the Chamber, killeth all the Fleas therein. Also anoint a staffe with the greace of a Hedgehog, and lay the same in the midst of the Chamber, and all the Fleas there will come and cleave to that staffe.

93

A certaine young Gentlewoman or Lady, trimming and dressing her selfe, holding then in her mouth a few Pins, was suddenly and priuily strucken betwæene the shoulders, by a certaine Kuller or Prince, (being her Louer,) wherewith she was so suddenly feared and amazed, that she swallowed the pins which she did hold in her mouth: which pinnes she auoided in her vrine within two dayes after without any harme. Iohannes Langius.

94

If Roses and Lillyes be sown ny together, or that they touch one another, the flowres of them will smell the more pleasantly, and will growe the better, Mizaldus.

95

One Apsius got much money with this most excellent Oyle following, and was marueilously esteemed therfore: after whose death the King of Spaine did giue vnto his wife five hundred Crownes, for the vttering and disclosing the making thereof, as is manifest in a booke made of the same at large by one George Baker, in the English toung: which hath manifestly shewed his honest heart and naturall loue to his Country. The same Apsius in his life time, and his wife after his death, did helpe all wounds, old vlcers, aches, paines of the back & Emrods therewith, & it is maruelous good for the golfe, the making of the oyle is thus. Take of the most purest and oldest white Wine, one quart of the



the oldest oyle Olive three pounds, Cardus Benedictus (called the Blessed Thistle) Valerian, and the lesser Sage, with the flowers, if you can get them, of each a quarter of a pound, of the leaves and flowers of Saint Johns Wort, halfe a pound, let the hearbe and flowers be infused or steeped in the said wine and oyle 24. houres, then the next day let all be put into an earthen vessell leaded, or a vessell of brasse upon an easie fire, untill the wine be consumed, moving it still being over the fire: then being taken from the fire and strayned, put thereto of Venice Turpentine, a pound and a halfe: then let all boyle together a quarter of an houre, then put thereto Olibanum, five ounces, Myrrh three ounces, Sanguis Draconis, one ounce, and let all boyle untill the Myrrh be dissolved, then put it into a vessell of glasse stopped, & let it stand in the hot Sunne ten dayes, before you vse this oyle: you must wash the sores or wounds with white wine, wherein must be the powder of Olibanum. I have written this here, because I think, thereby many shall haue knowledge of this precious Oyle, which otherwise should neuer haue heard of it.

96

A swete water and unknowne, whereof one part mixt with ten quarts of pure water, maketh the whole most swet. Take Nutmegs, Cloues, Galingale, Spikenard, graines of Paradise, Mace, Sinamon, of euery one an ounce, pound or stampe them all, adde thereto twenty graines of Muske, or lesse, as you delight in the smell thereof, powre into them a pound and halfe of Rosewater: let them so remaine together in a close vessell foure or five dayes; then put thereto thrice as much Rosewater, and distill all the same in a Pot or Kettle full of water, seething as in Balneo Mariae, and keepe the distilled water in a glasse well stoppt, to the vse beforesaid. Euoni.

97

If an Egge be painted with sundry colours, and the same set vnder a Henne which sits to bring forth Chickens, she will hatch thereof a Chicken, hauing the like feathers vnto the colours painted on the Egge. Thomas Hill, out of the naturall and artificiall conclusions of the Schollers of Padua, affirmes this.

98

If one make a little rope of the guts of a wolfe, and then bury



the same vnder the Sand or earth, there will neither Horse nor Sheeps goe that way, though you beat them with a staffe. Albertus.

99

It is said that a Hare doth liue ten yeres, the age of a Cat is so much, a Goat doth liue eight yeres, an Ass thirty yeres, a Sheepe tenne yeres, but the Wellweather many times doth liue 15. yeres, a Dog 14. but sometimes 20. a Bull 15. but an Oxe, because he lacks his stones, doth liue 20. a Swine and a Peacock 25. a Horse 20. and oftentimes 30. there haue bene Horses that liued 50. yeres, Pigeons liue naturally 8. yeres, a Turtle and a Partrich 25. yeres, and also a Kingdome, which oftentimes liues 40. yeres. Mizaldus.

100

The body of a Birch tree, cut or scorched, the spring time going before, doth yeld great plenty of water, which water being drunke, hath a maruelous strength to breake the stones in the reins. Matheolus vpon Dioscorides writes it.

The end of the ninth booke.

## The tenth Booke of Notable things.

I

**T**here is an euident familiarity betwene the Oliue tree, and the Myrt tree, for as Andronicus reports, the branches of the Myrt tree doe pleasantly extend or spread by the Oliue tree, and the rootes of them doe mutually embrace each other, nor any other plant but the Myrt tree wil grow wel, nye the Oliue tree. This also Mizaldus doth affirme.

2

The smell of Bitumen raw, or the smoak thereof burning, received by the Nose of such as are grieuously tormented with the paines of the mother, is a present helpe or remedy. It is most certainly proued. Wherefore many Women which are grieued with that disease, doe hang it about their necks in woll, that they may driue away their fit by the oft smelling thereof. Mizaldus writes this. And the learned Doctor Monardus affirms the like thereof.

The



3

The Sparrowe Hawke is a fierce enemy to all Pigeons, but they are defended of the Castell, whose sight and voyce the Sparrowhawk both feare, which the Pigeons or Doves know well inough: for where the Castell is, from thence will not the Pigeons go (if the Sparhawk be nigh) through the great trust they hath in the Castell her defender. Iohannes Baptista Porta hath written this.

4

The leaves of a Willow tree, as also the bark thereof sod in Wine, dooth helpe them that have the gowt, if they be fomented or bathed therewith.

5

Stoflerus an excellent Astronomer, knowing by his Patiuitie, that he should be in danger to be hurt about a certaine day or time, kept himselfe then within his owne house, assured that it was strong inough. The same day or very nye unto it that the event should hap, certaine of his learned friends & he, as they were reasoning together, did vary in some certaine opinion, about the tryall whereof as it should seeme, he reached to take downe Booke a off his shelve (being placed there among diuers other,) when through the lacke of a naile, the whole classe or shelve where the Booke was, fell vpon his head, and wounded his head very sore. Which dooth not only shew the worthines & excellency of Astrologie, especially in a learned and skillfull person therein: but also our folly in flying from Fate, for that our Wisdome dooth leade vs into it, when most of all we meane for to shun it. Therefore perfect prayer passeth policy, in preventing of perils.

6

Three halfpenny weight of the powder of an Adamant stone, drunk with the iuyce of Fennell, drawes the water from them that haue the Dropsie. And the same stone put to the head, takes away quite all the paynes thereof. Iacobus Hollerius an excellent Physicion affirmes it.

7

It is a manifest thing and proued by dayly experience, that the bodies of them that be murthred, when they be found, if any of their kinned be then present, or the party or parties that killed or murthred them, or was the cause thereof, immediatly blood will burst forth suddenly, either of the wound, or nose, or out



of some other part of their body. I would alleage here a great sort of examples for the verifying thereof, but I omit them: for it is a thing found true by dayly experience, besides that Lucretius, Philip Melancton, Iohannes, Langius, and Leumius Lemnius write thereof.

8

Pieces of Amber being put or tyed to the hinder part of the head, doe helpe the running or watrinesse of the eyes, with a marvellous successe: and hanged about the necke, doth hinder distillations, that they goe not downe by the throate, Mizaldus. Besides that, it is proued to be true.

9

A certaine Woman went with a dead Childe in her wombe aboute foure yeres, which by the counsaile of learned Physicians and expert Surgions, was done from her piéce meale, and the mother did not onely liue, but also conceaued another Childe, as Mathy Cornace a noble & learned Physician hath affirmed, who was present when the said Woman was cut for the getting out of the said dead Childe. Mizaldus reportes this.

10

If Celes be suffocated in Wine, whosoever shall drinke of that wine, though they haue bene very much giuen to wine before, and could scantly abstaine from the same, they will loath wine, and not be desirous to drinke Wine after. The greene Frogges which be or leape about Springs, if they be suffocated in wine, wayke the like effect. Mizaldus.

11

If Mus aranëus called a Shrew, I take it to be the blind mouse, with chance to goe ouer any part of any beast, that part of the beast will after be lame. This I know to be true.

12

Whosoever would haue a very white and delicate Skinne, let them boyle or heate a pcharge of Siluer in Vineger distilled: and wash therewith their Skin which they desire to haue fayre, trim and white. This I took out of Mizaldus.

13

In the time of Traiane the Emperour, a certaine man hauing a disease called the Distury, did pisse with much adoe, a knotted Barly Urine. Anthonius Mizaldus hath written this. And I knewe



of Notable things.

knewe a Gentleman, that after his death being opened, had a pious feather sticking in his heart: which feather was shewed me by the Surgeons that did cut and open him.

14

Wtes sodden and the hotte fume thereof close receiued on any lame members, either armes, legs or any otheer: the said members put and holden a good while in the same sodden Wtes, when they may be suffred therein, and the same order vled scure or five times, if neede be, doth helpe them perfectly that be lame. This was told me for a very truth by them that knew it, & saw it tryed.

15

The tooth of a man hanged at the necke of the party that is tormented with tooth ache, doth take away the paine thereof, especially if a Beane be put thereto, wherein there is a hole boored, and a Louse put therein, and the same Beane wrapt in a piece of silk, & then hanged about the parties neck, as is befoze said. Mizal.

16

The whitest Frankincense made in very fine powder, and drunke with Wine, (if it be in cold weather or in winter,) or in water wherein Keysons are sodde, if it be hotte weather, (or in Summer,) in the encreasing of the Moone, at the rising of the Sunne, at noone, and at the setting of the Sunne, doth maruelously helpe and encrease the memozy, and is very profitable for the bzaine and stomack. Rasis the Authoz hereof, by the report of Mizaldus.

17

Any part or piece of the Bone of a mans Arme, with the highest part or end of a Goose wing, being carried or borne of them that haue the quartan Ague, doth cure the same. Mizaldus fathers this of Geber.

18

If one that hath the Droopie or Jaundise, shall drinke their owne bzyne for certaine dayes together, it will helpe maruelously. This Hermes saith. But Benedictus Victorius Fauentinus in his practices affirmes for truetly, and saith, it is certainly proued, that five ounces of the bzyne of a Boy not polluted, and of a sanguine complexion, mixt with halfe an ounce of good white Sugar, being drunke euery morning early fasting, for the space of ten dayes, doth helpe certainly the Jaundise, and also much drunke at once, a moneth together in such order, doth helpe the



Dropsie perfectly.

19

Take a threed in oyle of Brimstone mixt together, and compass a glasse with that threed in that place where you would have it broken even, or parted, and after kindle the same threed with fire, and do thus so often untill the place of the glasse be hot, and after compass the same with a threed wet in cold water: and it will part so cleane asunder, as though it had been cut with a sharpe pointed Diamond.

20

If they that be swolne and are full of Dropsie, do lye three dayes and nights in their beds well covered round about in sodden Barley, it helpes and cures them perfectly. This was proued by them that came very much swolne from Ginny. And one of them that was helpt therewith, revealed it vnto me: which I am content to publish, to the common commodity of many.

21

The earnest searchers of naturall things, say and set forth, that certaine worms are bred in the bowels or guts of the Hart, and they are destroyed by the eating of serpents, which the Hart doth allure with the breath of his nose to come out of their hole or denne: and lest the poyson of them should hurt him, he goes apace to some fayre Spring of water, and whiles all his whole body is therein vnto the lippes, little drops or teares distill out of his eyes, which at length encrease to a thing, as bigge as a Walnut, and are in manner of a stone, and when he perceiues he hath thereby auoyded all the poyson, and being come forth of the water, with the rubbing of his eyes at a tree, the same lump or Stone (being a hinderance to his sight,) he gets away. Which matter or Stone is a thing most effectually against any venome or poyson. Many Physicians of great authority and antiquity, are witnesses hereof. Iulius Scaliger, and Amatus Lucitanus do boast that they saw such a thing, and they affirme that it may be given effectually with a little wine to them that are infected with the plague: for by the strength and helpe thereof, so much sweate will come forth of the body, that you would thinke the whole body will turne or consume into moysture, with which once giuing, all the poyson or venome is thrust out of the body. The Arabian Physicians call the Stone, Bosoard: And thereof Alexipharmaca, a remedy against venomes, Bezoardica. This Anthonius



thorius Mizaldus writeth. These Befaar Stones, being of a most excellent, notable and precious vertue, are now gotten in Peru, in the West Indians, and found about ten yeeres past, in certaine kinde of Beasts that goe in the Mountaines of that Country, which are much like to sheepe or Kids that are in the Portugall Indians, by a worthy Spanish Gentleman, called Peter de Ofima, who killed some of those Beasts purposely, for the said Befaar Stones, which he thought to finde in them: but although he looked and searched therefore in the belly, and in other places of one of the greatest and eldest of them: yet he could finde none of them, neither would the Indians tell him in what place of the Beast they were, saying they knew no Stones, being loth he should knowe that secret. But at the last an Indian Boy, of twelue yeeres of age, told him where to finde them. Wherefore the other Indians would haue killed the Boy, because the Indians doe much esteeme those Stones, for they doe offer them vnto their gods, or befoze their Idols, as one of the most precious things they haue. So that by the said boyes reuealing, the sayd Gentleman found the Stones in a certaine little purse that the maw of the beast hath, wherein the hearbs doe lye when he cheweth the cud. The said Gentleman giues a maruelous commendation of them in a Letter, which he wrote to Doctor Monardus an excellent learned Physicion of Siuill in Spayne: saying, that they are maruelous good against all venom, and against all sorts of poyson, as well in meates as otherwise, and to euils of the heart, and to expell and kill woormes, and that they haue healed such diseases with this stone, that it is wonderfull to be seene, both of Ladies, Gentlemen, and many others; naming many of their names in that Letter: saying further, that as a newe thing all such take it in powder, as haue diseases which cannot be healed by medicine, and many do heale: and so with many other things he praised God, for the great benefits receiued by the vertues of this Befaar Stone. And the said Doctor Monardus hauing receiued of the said Stones from the sayd Gentleman, both maruelously praise and extoll the said Stones in a worthy worke or booke made by him of certaine Trees, Dyles, Plants, and Stones of wonderfull great and marueilous effects, whose very words thereof, (as much as shall seeme needfull therefore) I here doe offer.



utter. If I would (saith he) put here the great effects, and the diseases which the Stones of Peru haue healed, that they which doe come from thence doe tell me, and that Gentlemen doe write me, it would make a great Booke. I will put that onely which I haue experimented, and the effects that I haue vnderstood that they doe, and these that haue past by my hands, whereby all credit may be giuen vnto it, and as a thing certaine: seeing that there is experience of it, with all assurance and trust, it may bee vied. Our Occidentall Belsaar Stones haue great vertues, principally they doe remedy many persons which be sicke of the heart, for the which I haue giuen great quantity of them that haue beens brought me, and they haue made maruelous effects: so much, that to many persons which did swoone, by taking it away from them, they were deliuered from death. It must be giuen when they did swoone, and befoze it come, taking it in the morning fasting with Rosewater, if the party haue great heate, if not, then with the water of Flowers of Oranges, the quantity of foure graines, euery time made in powder. In all kinde of venoms it is the most principal remedy that we know now, and that which hath done best effect, in many that haue bene poisoned, which haue taken it, as well by venome taken at the mouth, as by biting of venemous wormes, which are full of poyson. It doth truly a marueilous and manifest worke vnto them that haue drunke water standing in a stinking Lake, being infected with Beasts or vermine which are full of poyson, and being swolne immediatly after they had drunke it, by taking of this Stone three or foure times, they were remedied, as I haue seene them after, &c.

In Pestilent Feuers I haue giuen it many times, and surely it doth extinguish and kill the malice of them, which is the principall thing that the Physician should procure in the like diseases. And although he doth take away the cause, and doth withdraw the putrifaction, yet if hee doe not extinguish and take away the malice, the cure is neuer at an end. For that is it which killeth, and doth the principall hurt. And where there are certaine spots in the body like vnto flea-bitings, which doe appere in the like Feuers, the Belsaar Stone of our Indians doth make maruelous effects. Of those which they haue brought mee, I haue spent the most part, in giuing them for the like diseases, and surely  
it



It hath remedied many with maruelous successe, and in that which some of them haue bene spent by me, hath bene in soundings, and surely I haue scene in these Stones the effects so great, that it seemeth a thing of wonder. And especially, I haue scene these causes moze remedied in women, then in men: it is a maruelous thing to be taken, and it hath done manifest effects: where there is melancholy humor, it doth repaire him much. And it doth in him and in all things which doe result of him a great worke, bee it vniuersall or particular, in the head, or that as they call Mirarchia, and also in them that haue Leprosie: of the Arabienssor, Elephanciadis, of the Brækes. It doth profit much in Scabbes in itchings, in Scruineffe, and in all parts of the body that is infected, it maketh a very good worke, and doth remedy the evils manifestly. For that the Stone hath proprietie to heale them, I haue ginen it in quartane Agues, and although it taketh not away the quartane, it taketh away the accidents of it, the faintnes and sadnesse, and the grieffe of the heart: which in these Feuers are common. Surely they doe feele with the vse of it notable profit, in all large and importunate diseases, &c. It is good to cast into Burges, some graynes of it, that if the purge doe carry venomous medicines, it may rectifie and amends them: And if not, it giueth force and strength to the heart, and they worke the better. In the Orientall Indians, they haue a custome to purge themselves two times euery yere, and especially, the Noble people of estimation. And after they haue purged themselves, they take euery morning fasting, foure graynes of the Besaar Stone with Rosewater, or with water made for the purpose, and they say that this doth conserue the youth, and doth strengthen the members, and doth preserue them from diseases. And it is a good vse, for it cannot but doe them much good. I haue ginen it to many people, and especially to Children and boyes, that are tormented with Wormes: and I haue scene such works as are not to be believed, if they were not scene. This and moze hath Doctor Monardus witten to his sayd booke of this Stone, and other worthy and wonderfull things, which Booke is diligently and truly translated into our English tongue, by one Iohn Frampton Merchant: Which Booke is tituled and called, Joyfull newes out of the new-found World; who deserueth great thanks, and



continuall commendations, for publishing such a common commodity to his Country. 22

A Water which will heale certainly the Fistulaes. Take two pound of water that is distilled out of good white Wine, as you will Aqua vita: put thereto of the water of Sage, and of the water of Rosemary, of either five pound, Sugar two pound, distill them together, and when they are distilled, put to the water distilled, one ounce of Sage, and as much of Rosemary, & when they are kept together eight dayes, straine it and vse it in curing of Fistulaes, Euonimus. In which Booke are many excellent things. 23

If you lay the wicke of a Candle to infuse or steepe in the oyle of Hempseede, and after make a tallow Candle thereof, which if you doe light after it be cold, the same Candle will not goe out with any winde, so long as the whole Candle lasteth. And in like sort may lights be made to serue in the night time, if that fine linnen rags be first soaked in the oyle of Hempseede, and dipped into molten tallow, being so bound or wrought on a staffes end, or otherwise lying in an Iron or plate at the end of a staffe. This is taken out of the naturall & Artificiall Conclusions of the Schollers of Padua. 24

The young Swallowes of the first brood that a Swallow hath, being cut and opened befoze the full of the Moone, two Stones will be found in their mawes: whereof one is of one colour, the other is of diuers colours: if these Stones (so that it be befoze they touch any ground,) be wrapt or inclosed in a Harts skinne, and be tyed to the arme, or about the necke of them that haue the falling-sicknes, it doth heale them of the same disease. Mizaldus writes this by the report of an Italian, which affirmed to him, that he had proued it to be true. 25

Whosoener shall, especially the first Friday in May, and euery other Friday in May, befoze the rising of the Sunne, graue vp two turffes of new growne grasse with the dew vpon the same, and then doth tye the grasse sides of them together, and shall then lay the same in the water in the side of a Pond, or in some other water, so that the vehemency of the water doth not remove the said turffes from the place, where they be layd, and so besting



lettung them lye there vnremoued nine or ten dayes: if at the ten dayes end, he shall take vp the saide turfes, and vnty or loose the same, he shall finde a great sort of young Celes within the same, although there be not one Cele in the same water at the laying there of the sayd turfes: And then if he tye the sayd turfes with the young Celes together againe, & lay them ag aine in the same water, a great increase of Celes will after come thereof. This was credibly told me for a very trueth, of one that did try the same. I think they breed of the same dewe.

26

The Wine tree doth not agree with the Bay tree, for with his odour or smell he is the worse, wherefore when the branches of the Wine drawes nere to the Bay tree, he will drawe backward, bring the smell of his enemy. Euen so the Burre is enemy, or both not agree with Lentils. Iohan. Pet. Port.

27

An Image of a Ram grauen or molten in Gold, the first degree of Aries ascending, and Iupiter plasse in the same, not impedit by an euill Starre or Planet, so that the Sonne and Venus behold him friendly; is a marueilous helpe and remedy to them that haue a continuall headache, (if they weare the same Image of Gold.) Laurencius Miniatus, by the report of Iunianus Pentanus, did with the same helpe a friend of his of a continuall headache, Mizaldus.

28

If you will colour or paint the bristles of a Swine with diuers colours when they be wel washt, and sod in Allen-water, let them be put whiles they be warm, in water coloured with Saffron, if you will haue them yellow: or in the iuice of Elberis or Walwort berries, if you will haue them of a blue colour: or in water mixt with Flos aris or Verdegrease, if you will haue them of a greene colour, and so of other colours. You may proue them with the feathers of Birds. Mizaldus.

29

The powder of Earth-wormes, of Hice dung, or of a Harts tooth, put into the holes of teeth that be worme-eaten, doth pluck them vp by the rootes, or makes them fall out without any other Instrument.

B b 2

28



30

If the Stone that is found in the head of a long Swaile be made in fine powder, and blowne in the eye, it puts quite away all the spots thereof, and it destroyes the catar in the eye, and any other euill in the same. Mizaldus affirmes this.

31

In the Winter time, a spoonfull of Aqua vitæ sweetned with good Sugar, with a little piece of the purest white bread put into it, lest it should trouble the braine, or do some harm to the Liuer, is healthfully giuen to grosse and flegmatick bodies, that it may concoct the humors, and defend their bodies from the Lethargie, which is a forgetfulness, and a losing almost of the senses, and from the Apoplexy, which is a ceasing as wel of the inward senses as of the outward, and from cold diseases. Lemnius.

32

To make a Candle burn vnder the water. Take ware, Wyimstone, and Vineger, of each a like much, boyle all these together ouer the fire, vntill the Vineger appeare all consumed, and then after of that that remaines, make a Candle, and you shall see the proper effect as aboue is written. This is taken out of the Naturall and artificiall conclusions of the Schollers of Padua. Translated by Thomas Hill.

33

Take a Ring that is hollow round about, into which put quicksilver and stop the same fast, that it run not forth, after heate the Ring somewhat in the fire, which being hot, lay on a table or stole, and soon after it will leape or daunce of it self vntill it be cold. Proceed.

34

Quench hot Iron in the iuice of Hemlockes, three or foure times, letting it remaine therein euery time vntill it be cold, and the Iron will be soft. Also Cardane writeth that if you take Dyle, putting it into molten Leade, seven times together, and after quench Iron red hot in that Dyle foure or five times together, it will make it soft.

35

A certaine Woman with Child, seeing a Bakers Shoulder naked or bare whiles he did put bread into the Oven, did long or desire so much to eate of the said Bakers Shoulder, that she abhorred or loathed all other meate. Her husband hauing pittie of his louing Wife, did agree to giue the Baker certaine money for e-  
uery



every bit that his said wife would bite of his shoulder, and the same Baker suffered the sayd woman to haue two bites at his shoulder: but when she began to bite the third time, he was so grieued with paine, that he would suffer her no more to bite at his shoulder. Immediately after the woman trauelyed, and brought forth three Children, two of them aliuie, and the third dead. Iohannes Langius is the Authoꝝ hereof.

36

A notable distilled water as followeth, worthy to be compared to gold. Take one part of Gentian, and two parts of Centoꝝ, stamp them together, and put wine to them, and let them soke together five dayes, then distill them, keepe the water distilled in a close cleane vessell: this water drunke morning and euening, preserveth the body from all kinde of diseases, it putteth away all Impostumes, it maketh good colour, it resisteth the Plague, it healeth the sicke of the Ptiticke, it auordeth the stuffed stomacke, it breaketh the Stones in the reynes, it separateth and putteth away the watery humoꝝ of the Spleene, it helpeth forward the flowꝝes, if it be drunke nine dayes together in the morning, and purge the belly: also it purge the choller, and all corrupt blood, it healeth all wounds within the belly, it cleareth the sight, it cureth paysoned bitings. To the healing of the wounds, the powder of Centoꝝ ought to be put to them, Iulius his booke of waters. Euanimus describes this, which is a worthy work.

37

Put Quicksilver in a Bladder, and lay the bladder in a hot place, and it will skip from place to place without handling.

38

An excellent water for purifying or cleansing the skinne of the face or other parts of the body, which is a secret and unknowne. Take six new-layd egges, halfe a pound of Malmesey, a young Pigeon not wholly feathered, halfe a pound of new Cheese, coming from the presse made of unskimmed milke, eight Dren- ges, Oyle of Tartar three ounces, one ounce of Ceruse made in powder, gum of Arabicke, and Mastick, of either halfe an ounce, water of Beane flowꝝes, eight ounces, Rice foure ounces, steeped first a whole day and a night in halfe a pinte of Cream: cut the Dren- ges in pieces, and stampe them a little, then put all together.



gether with the Creame and Rice also, and distill the same also with an easie fire; & keepe the water therewith distilled in a cleare close stopped Glasse, and vs to rub or wet the face therewith euery euening before you goe to bed: and euery morning wash it cleane with water distilled of Beane flowers. Use this for a fortnight or thre weekes together, and you shall finde it a notable thing.

39

To make a Glew to hold or ioyne things together, as hard or fast as a Stone, and an excellent secret. Take vnslackt Lime, and quench the same with Wine, and beate the same into fine powder, mixing therewith both Figs and Swines grease, and after labour them well together: for this (as Plinie writeth) passeth the hardness of a Stone, with which ioyne broken parts or any thing together. Also take Creeke Pitch, Rosen, and the powder of little Stones, these mire together, and when you will occupy of the same, then heate it ouer the fire, and worke therewith, (that is, ioyne any thing therewith) and it holdeth them together as hard as any Paile. Also take of Spuma ferri, one pound, of Tyle shardes in powder, two pound, of vnslackt Lyme seure pound, of Dyle of Linseede, as much as shall suffice to prepare, mire and worke them together: this Glew is marueilous strong, which neither feareth nor yeldeth to water nor fire. This is of the naturall and Artificiall Conclusions of the Schollers of Padua. Translated into English by Thomas Hill.

40

An Angelike water of a maruelous vertue against blearednes of the eyes, Canker, and burning with fire. Take thre ounces of vnslackt Lyme, and halfe a pound of Rayne water, let them stand together in a vessell of Glasse or Tin thre dayes, then mire and stirre them together, and let them settle againe a whole day and a night, in a vessell well couered, afterward strayn them tenderly throu a Linnen cloth, vntill it be cleere, then put into it ten drams of Sall Armoniacke, the whitest you can get, beate it finely, and let it be dissolved with long standing, and oft mouing in the sayd water. And when it is settled, strayne the cleane water that standeth aboue certaine times, or else distill it by a filter. This water healeth the spot and web in the eye, if you drop thre drops thrice euery day into them, continuing so vntill the eyes be



be whole, it taketh away also the teares of the eyes, the rednes and the blearednes of the eyes, and also the Canker and burning: It taketh away all spottes and staynes of the cloth, both of Silke and Wollen, if they be washed with it a little warmed. Furnerius by the report of Euonimus. Besides I haue proued it in the like case: Wherefore I am bold to say it is an excellent thing.

41

An excellent water called the Golden water, & Balme and a blacke Dyle doth followe. Take of pure Turpentine, seven ounces, wash it well with white Wine, after take good white Hunny 3 pound, clarify it with a little white wine suet an easie fire, and take off the skim still from it: then put the Turpentine to it, mixing them well together: Then poure thereto of Aqua vitæ foure pound, and mixe them well in a body of Glasse, luting it (or stopping it well,) then take Buglosse, Bozage, Balme, Sage, Lauender, of each one handfull, Wormwood one dram, Rosemary two handfulls. Then take wood of Aloes, Xilobalsamum, the thre Saunders, of each one dram, Gace, Nutmeg, Sinamon, Galenga, Cloues, Cucubes, white and long Pepper, Saffron, Spykenarde, Braynes of Paradise, Cardomum: of each thre drams, Zedoary, halfe an ounce, Squinant, halfe a dram, the pilles or rindes of Limons, the seeds of Limons, Sticados Arabike, of each one dramme, Calamus Aromaticus, halfe a dram, Carlinæ cardopacij, two ounces, Bistort, two drams, the roote of Flowre Deluce, halfe an ounce, Bayberries, Valerian, Polypody, of each halfe an ounce, Licorice, Annes seedes, of either halfe a dram, of Radish, two ounces of Cozian der correct, halfe an ounce Sylex mountaine, one dramme blanched Almonds, halfe a pound, small Keysons, halfe a pound, being washd with Wine. All these (being beaten or stayned,) put into the said body of Glasse, to the Hunny and other things: and if there be not inough of Aqua vitæ, put thereto more, and let them stand so seuen dayes well couered and stopt: then after distill the same in Ashes with an easie fire, (all being well luted) for the space of foure houres, (lest the Hunny boyle,) then there will come out a cleare water, then encrease the fire, and when you see the water yellow, then put to another receiver of Glasse, which you must lute also with the beake of the Syll, and keepe the



the first water by it selfe, and encrease the fire untill there come no more yellow water, and when you see it come blacke, then take away the receiuer, and put another thereto, and lute it likewise, and when you see a smoake come, then it is inough, and keepe also these thre seuerally, and let the Still stand untill it be cold. In the first water put Folij Indi, five drammes, Amber halfe a dram, Rosche, halfe a scruple, which is twelue graynes, and also fiftene leanes of Gold. If you will vse it for the head, take one ounce of the water of Bettony, and of the first water one spoonfull: mixe them together and drinke it all fasting. The vertue of this doth strengthen all the members. Take one ounce of Palmesey, or of other good Wine in a little Glasse, and put one spoonfull of this first white water thereto, mixe them together, and it will be white as Milk: which drinke with a fasting stomacke, and neither eat nor drinke of two houres after: and it will preserve all thy members. For a cold Liver take a spoonfull of the white water, with an ounce of the water of Sage. For the best, and the cough of a cold Reum, take it with the water of Slope, Louache or Fennell. For the Heart, with the water of Buglosse, Burrage or Balme. For the Stomack, with the water of Wormewood. For the Lightes, with the water of Maydenhaire, or Polypody. For the Splene, with the water of Harts-tongue. For the Vertigo (a giddines of the head) or the Apoplexie, with the water of Piony, of Fennell or of S. Iohn Wort. For the Stone, with the water of Radish, or winter Cherries. For the retayning or holding of the water, with the Water of Cresses, some Parsly, or Sarifrage. For the eyes, with the water of Fennell, or Eyebright. For the retayning or withholding of Menstrues, with the water of Bugwort, or with water of Radish. For the too much fluxe of the Menstrues, with the water of Plantaine, or Nightshade. For the Matrix hurt by the Sickness, or of any cold cause, whereby she doth conceiue no more, let it be used without the water of Valerian or Bettony. Against the Spottes of the Face, take of the water of Pimpernell, four parts, of this white or first water, one part: mixe them together, and anoint the Face morning and evening: and drinke it twice or thrice in the weeke, with Endiue water. It cures the Canker, being anoynted therewith, and the Fistula: if a  
 droppe



droppe thereof many times put into it. It helpes a cold colic, if it be anointed therewith. For the paine of the Matric, let this water be taken with the water of Mugwort. Also it is good against the Quartane and Quotidian Fevers. The Cytirne Oyle hath many vertues, as the Oyle of Balme: if any griefe be anointed therewith. The black Oyle is of great vertue in the Gout, if it be anointed therewith, as the Mother of balm being white, called the Golden Water. Gratarolus.

42

Here followeth an excellent Medicine that will heale old rotten and incurable Ulcers, very quickly. Take of Turpentine three times washed, first in faire spring or Well water, and after in Rose or Plantayne water, three ounces, the Yolke of an Egge, Oyle of Roses, an ounce and a halfe, Mercury sublimate made in powder, halfe a dramme, and let them all be mixed well together, and make thereof an Ointment, and wash the Ulcers or Sores with white Wine: then spreade some of that Ointment or Salve vpon flaxe, and apply it to the soze, and dresse it with new Salve twice every day: but before every dressing, anoynt it with this following, three or foure fingers breadth about the Soze. Take of the Oyle of Roses, two ounces, of Vineger halfe an ounce, of the powder of Wole Armoniacke, a little, mixe them together, and anoint it as is beforesaid. And when all the rotten or putrified flesh is eaten out, then anoynt the Ulcer with Butter, and you shall see a wonderfull effect. Proued.

43

For the burning or great intolerable heate of the brine. Take of the seedes of Purslaine, of the seedes of Lettice, of the seedes of Cindie, of the seedes of white Poppy, two ounces of euery of them, of the seedes of Henbane, half a dram, Sebaften, two ounces, Safferne, one dramme, Licorice five drams, Pineapple kernels, tenne drams, fountaine or spring water. sixe pound, mixe them all together, and let them be sodde vntill the consuming of the third part of the water: then let it be strayned. Whereof take one ounce in the morning mixed with one ounce of Iulep of Violets, and the fourth day the effect worthy of maruell, will appeare. This is proued.

44

A notable and an excellent Balme. Take of Turpentine, one  
C c pound



pound and a halfe, Galbanum, two ounces, Aloes cicotrine, Mastick, Cloues, Galengals, Sinamon, Nutmegs, Cubebs, of every one of them an ounce, gum of Iuy halfe an ounce: when all is well beaten, mixe them together, and distill them in a glasse, with a slow fire first, and receiue the first water by it selfe severally, then encrease the fire, & a water more reddish will come, then encrease the fire more, and an Oyle will come of a red colour, receiue that as long as any will come: you must change the receiuer thrice. This oyle hath all the vertues of true Balme, for it burneth in the water, and curdeth Milke by and by: for if one drop of it warm, be put into a pinte of Milke, it will forthwith become curded The first liquour is called The water of Balme, the second, Oyle of Balme, the third, Balme artificial. The first is profitable against the running of the eares, if two droppes morning and evening be put into them: dropt into the eyes, it amendeth the blearednes, and consumeth the teares: it doth maruelously restraine superfluous humors in any part of the body: it taketh away the toothache, if they be washt therewith, and killeth the wormes, if there be any in them. The third liquour will suffer no venom, it is an vtter enemy and destruction to Spiders & Serpents: two or three dropps thereof layd vpon any venomous biting, doth make it whole straight. If thou draw a circle with this liquour, and shut a venomous Beast therein, it will dye there, rather then get out of it: to be short, it doth all the same things that Treacle doth, but all things more effectually: being powred or put vpon any Impostume, within nine dayes healeth them, and likewise a Fistula, be it neuer so euill, and also Noli me tangere. All diseases byes of fleame, and of cold humors, it healeth, if a Linnen cloth dipped in it, be laide vpon the place, where the grieve is. It putteth away vtterly the Balley, & all trembling of members: It strengtheneth maruelously the Sinewes, it is hotter then the first or the second. If a man pat a drop of it in his hand, it pearceth straight without grieve. To conclude, it doth many other things, and all diseases risen of a cold cause it healeth, if they vse it right. Lullius in his booke of waters. But this is taken out of Euonymus.

45.

If you take the Gall of an Oxe, mans Urine, Mercurye, and the iuyce of Nettles, of each a like quantity, and mixe them very diligently



vilgently together, and after quench Steele red hot therein, scoure  
or five times together: the same Steele will after become as soft  
as paste. This is affirmed by the Schollers of Padua in their na-  
tural and Artificiall Conclusions, &c.

46

A most present remedy for them that are infect with the plague,  
for Carbuncles, pestilentiall Bubbles, holy fire, and other of that  
kinde. Take the ripe berries of Jug, being dzyed in the shadow, Against the  
Plague.  
then stampe them and make them in powder, of which powder  
take halfe a dram in two or three ounces of the water of Planten,  
and remaine still in the bed, vntill you haue sweat very well, and  
after you haue sweat, put on a cleane shirt wel aired at the fire:  
and if you may conveniently, let the sheets and the Clothes of the  
bed be shifted. There hath bene some healed with this order in  
one night. This is proued. Alexis of Pyemount saw one helped  
with taking this powder twice, that is, at morning, and Euening,  
having two Sores appearing, which with this powder, broke the  
next day after, and so recovered.

47

Doctor Monardus, in his booke before mentioned, among other  
marueilous matters hath declared at large of two wonderfull  
and strange Stones, in these words following: They doe bring  
(saith he) from the new Spaine, two Stones of great vertue,  
the one is called The Stone of the blood, and the other is, A Stone  
for the disease of the Stone in the kidneies and reynes. The  
blood Stone is a kinde of Jasper of diuers colours, somewhat  
darke, full of sprinkles like to blood, being of colour red, of the  
which Stones the Indians doe make certayne Warts, both  
great and small. The vse thereof both here and there, is for  
all fluxe of blood, of what parts soener it be, of the nose, or of the  
Menstrues, or of the Pyles, and of wounds, or of that which is  
cast out of the mouth. The stone must be wet in cold water, and  
the sicke man must take it in his right hand, and from time to  
time wet it in cold water. In this sort the Indians doe vse them.  
And as touching the Indians, they haue it for certaine, that tou-  
ching the same Stone in some part where the blood runneth,  
that it doth restraine, and in this they haue great trust, for that the  
effect hath bene scene. It doth profit also, hauing it holden, han-



ged or tyed in the same part where the blood runneth, so that it touch on the flesh. Of this Stone we haue seene great effects in stanching of blood. And some that doe suffer the Hemeroidall fluxe, haue remedied themselues with making of Rings of this Stone, and wearing them continually on their fingers, and also in Menstruall fluxe of Women.

The other Stone, which is for the disease of the Stone in the kidneyes or reynes, the finest of them are like unto Plasma of Emeralds, which is likened to greene, with a milky colour; the greatest is the best: they bring them made in diuers formes and fashions: for so the Indians had them in old time, some like to fishes, other like to heads of Birds, other like to bills of Popagies, other like to round Beadstones: but all pierced thozow, for that the Indians did vse to weare them hanging, for the effect of the griefe of the Stone or Stomack: for in these two sicknesses it doth marvelous effects.

The chiefe vertue that it hath, is in the paine of the Stone in the kidneyes, and in expelling of sand and Stone. Insonmuch that a Gentleman which had one of them here, the best of them that I haue seene, hauing put it to his arme, it doth make him to expell and cast out so much sand, that many times he doth take it away: for he thinketh that it doth hurt him for to put out so much: and in taking it away, he ceaseth to cast any from him. When he feelth the paine of the Stone, then putting it to againe, it doth take away the paine incontinent, with expelling of much Sand and small Stones. I haue seene it carried to persons, that haue bene grieued with great griefe and paine of the sayd disease, and putting it to them, they doe forthwith expell the sand and the little Stones, and remaine cleare thereof. The Stone hath a property hidden, by the which meanes he doth great effects, to preserue that they fall not into the paine of the said diseases. And after it is come, it taketh it away, or diminisheth it. It doth make the sand to be expelled with great abundance, and likewise Stones. It taketh away the heate from the reynes of the back: it profiteth in griefes of the Stomack put to it, and aboue all, it preserueth from the said griefe. My Lady the Dutches, (a Dutches in Spaine) for that she had a short time thre times, exceeding paines of the Stone, she made a Bracelet of them, and she vsed to weare it at her arme,  
and



and if there she put them to her arme, she neuer had more paines of the stone. And so it hath happened to many other that had the like benefit, for the which they are much esteemed, and now they be not so soone had as at the beginning: for that these stones onely the Gentlemen and Rich men haue them. And with reason: because they do such maruelous effect. This much hath the learned Doctor Monardus declared of the excellencies of the two aforesaid Stones, which are brought from the West Indians, with diuers other precious Dyles, Woods, Gums, and other things, as are most plainely and largely set forth in this said booke with many credible proofes: lately Englished and published in print by the said Iohn Frampton, therefore worthy of great commendation, called, Joyfull Jewes out of the new-found World. Which is of a small price, but yet very precious: for in my iudgement, whosoever doth buy it, doth not pay therefore the hundredth part that it is worth.

48

The making of a Stone, which moisted with spettle, will burne. Take of quicke Lyme, pure Salniter, Tutie Alexandrine, not preparate, Calamita, of each one part, quicke Brimstone, and Camphire, of either two parts: let them all be made in very fine powder and searced, then tye the same powder hard in a linnen cloth, then put it into a Crucible, and couer the same with another Crucible, and wrap it fast with wyers, and close it well with Lute of wisdom, that nothing may respire out: then let it be dzyed at the Sunne: which done, cast the same Crucibles into the fire of a byicke-Hill vntill the matter be well burned, which taken out, you shall finde a perfect matter of the colour of a tyle: which if it be wet or moistened with a drop of water, or with spettle, putting Brimstone to it, then it will burne: which with blowing, or a blast, is put out. Iacobus Weckerus.

49

To make an Egge ascend into the ayre. In the month of May, fill an Egge shell cleane emptied, with Dew, and stoppe the hole well, wherein you did put the Dew, then lay the Egge in the hot Sunne about Noone, and it will be lift vp. But if you set a staffe by it, it will ascend the more easily, Iacobus Weckerus,



50

To make a thinne Clew, a uimme secret; Take the Clew made of Fishes, and beat the same strongly on an Anvile, till it be thin: which after lay to seke in water, untill it become very soft and tender, which will be within five or six houres, and then worke it like paste, to make small rowles thereof, which being like paste, stretch it or draw it out very thinne: and when you will worke with it, then put some of it into an Earthen pot with a little water ouer the Embers, and skim the same very cleane, and let it so seethe a little while, then after worke with the same, keeping it still ouer the hot Embers, untill you haue done with it, for so it fastneth and bindeth the stronger: and in such sort, that it fastneth pieces of glasse together.

51

If you would destroy Caterpillers, doe thus: Anoint all the bottome of the Tree round about with Tar, then get a great sort of Ants or Pysemyses, and put them in some bagge, and draw the same by a Cord vnto the Tree, and so let it hang there, so that it touch the body of the tree, and the Ants lefted to goe downe from the tree by the means of the Tar, will for want of food eate and destroy all the Caterpillers there, without hurting any of the fruit: this was told me for a very truth.

52

Make a hole in the end of a Goose egge, and put all the white and yolk out of it, then put into the shell a Wattle that flies about in the euening, and then glew or close it fast on the top, and you shall see the Wattle flye away with the same egge shell, to the great maruaile of them that knowes it not.

53

It is very euill for them that fall sicke, when the Moone is applying in coniunction to the Sunne, and worse, when she is within five degrees of the Sunne. This I know to be true by often practise and tryall. And Abraham Auencstra affirms the same, writing de criticis diebus.

54

Rub any precious Stone vpon Leade, and if then it change the colour, then it is a counterfeite Stone. If it change not, then it is a naturall and good Stone.

Stamp



55

Stampe Celandine, & lay it to any Tetter or Kingworm, or any other such like, called Imperigo or Spermigo, shifting it twice every day with new for the space of a fortnight: and it will quite destroy & kill them. And also it will put away any black spots with the like using thereof, in what part of the body soever they be.

56

Take pure Ware and fine Brimstone purified, of each a like much, melt them together, making thereof a Candle, & after take the powder of a Coale finely beaten, and as much of Brimstone in powder. These sift thorow a Searse or Linnen cloth, and after heating the said Candle, smear it about with this powder so long, untill it haue, as it were, a thick crust round about the same, like unto the thicknesse of a back of a Knife: which after couer about the head of it, with a Paper, and then hang the same at the mouth of a gutter that droppeth fast in a frosty evening, untill it be covered with yce, a finger thicke: then light the same, and it will burn as it were all Ware. This is taken out of the naturall and Artificiall Conclusions of the Schollers of Padua. Translated into English by Thomas Hill.

57

The Coniunction of the Moone with Saturne (in the first beginning of sicknesse,) both signifie euill and long sicknesse. But if Saturne be of a slow course, it augmeneth the euill. If of a swift course, then it diminisheth the euill. If he be Retrograde, applying by opposition to the Sunne, after he is cured, he will fall sicke againe: but if he be Retrograde, and separate by opposition from the Sunne, the euill is diminished. Abraham Auenestra de criticis diebus.

58

A very good laxative Dredge powder, whercof you may take a spoonfull when you need in your Pottage, or Broth: it will make you to goe to the scoole. Take of pure Turbite, one ounce, Ginger, Sinamon, Bastick, Annis seed, Vermocactils, Diagredion, of each halfe an ounce, of the leaues of Seny, two ounces, of Sugar, foure ounces, beat all into fine powder, and let them be mixed together. Leonardus Fuchsius.

59

That signe and degree wherein the Moone is in the houre and time:



time of the birth of any, the same signe and degree did ascend at the very time of the conception of the same Childe. And that signe and degree wherein the Sonne is at the time of the conception, the same signe and degree, or the opposite to the same, doth ascend at the very time of the birth, Hermes & Ptolomcus: Therefore according to this rule of the ancient and famous Authors: (Whereunto Guido Bonatus, Iohannes Gauuetus, Sconerus and Taynierus, notable and learned Astronomers, with diuers other, doe consent and agree.) Diuers Women haue diuers times betwene the conception and birth of their Children: for the place of the Sonne at the time of the conception, and her vncertaine course after, doth plainely manifest that some women goe with Childe not aboue 37. weekes, some others 38. weekes, and vnder: some 39. weekes, and something lesse: some againe goe forty weekes, and a few daies lesse, and sometimes certaine daies more: yea, and sometimes forty and one weeke, and one day, which is the longest time, as the learned in the same science can perfectly finde out. Wherefore they are much deceiued, that thinke euery Woman goes but iust forty weekes with Childe: which fond false opinion hath made many an honest woman falsly suspected, wrongfully slandered, and without iust cause from their Husbands separated. Therefore it were good and very meete for euery one, not to giue too much credit to this fond reckoning of iust forty weekes: which is more common then true. Which fore-described excellent rule, (according to the minde of the worthy and learned Mizaldus,) is of no small weight, for the triall of the fidelitie and honesty of women to their Husbands, and to finde out the very right time of the Patiuity or birth, so that the very day and hoare of the conception be certaine.

60

Take the stones out of Kalfins of the Sunne, then stampe the same Kalfins, and apply a plaister thereof to any grieffe for ache, and it will cease it presently, and if you vse it fve or sixe times in such order, it will thoroughly helpe and cure the same. I haue seene this well proued.

61

If you gather græne Beanes from the stalkes, when they be ripe, fully growne and ready to eate, and then immediatly cut off the sayd stalkes within a handfull of the roote, then new and

more

*To make a crop of Beanes out of*



more branches will shortly after spring out of the same. And hereupon will spring forth new Beanes, and more plentiful then before, and as good as the first. Whereby you may haue more then double increase, & two severall gatherings of Beanes in one yeare. But in any wise, take heed that the first gathering and cutting away of the stalkes, be when the sayd stalkes be greene. I haue seene it proued, therefore I write and publish it for an vndoubted truth. It is credibly told me, that if you vse Peason in the same order, the like effect will followe. Which I beleue to be true as well in the one as in the other.

61

Take a little Kew, or Herbegrace, and stampe the same, then straine out the iuyce thereof, and after you haue thus done, let the party that is pained with the toothach, droppe three or foure drops of the same iuyce into his eare, on that side the paine is, and let him lie on his other side an houre or two, and it wil not onely take away the present payne, but also the party that tryeth it, shall neuer be troubled with the toothach afterward. This was reported vnto mee for truth, by one which had proued the same.

62

Lay a dish ouer hot sodden Milke, and there will a water bee on the inside of the dish, which water keepe in some glasse: whereof if a little be put into sore payned or dim eyes, it will helpe them marueilously. This was affirmed to me for a truth.

63

Here followeth the description of a notable Dyle of Balmie. Take of Turpentine, one pound, and put it into a body of Glasse, and warme it at a soft easie fire, vntill it wax liquid, and put therein by little and little, with mixing or stirring it, the powder of Frankincense five drammes, of Lignum Aloes, Basticke, Cloues, Galingal, Sinamon, Gace, Quibbs, of each one dram, all well powdered together, gum of a figge tree six drams likewise made in powder, and all mixed together, and mixe them all with the said Turpentine made liquid, as is before sayd, and when they be well incorporated together, set on the head of the Limbecke, and lute all the ioynts of the same well, and set it in ashes, and put vnder it an easie fire. And when it be gins to distil,

D d

let



let it drop away a little, for the first drops are little worth, then put the receiver to the nose of the Limbecke, and close and lute them well together that no ayre goe forth: for then the vertue of it would goe away. Then know that at the first will come forth a white and cleare water, which keepe by it selfe. Then will come forth the second water, which is better, of a heauenly and ayry colour, which keepe by it selfe. Then receiue the third, which is the best, which will be yellow and thicke as Hunny: keepe this also by it selfe. The first of these is called The water of Balme: the second, The oyle of Balme: the third is called, Balme. His proefe to all examinations is, that you take one drop of the same, and let it be put in a vessell full of water, as you doe of naturall Balme, for the saide drop will goe to the bottome of the water, and it will stand there whole, as though it were pure Balme. This is maruailous, and is of great vertues, and it is called of some, Mother of Balme.

The first vertue thereof is, that it burnes: the second is, that if you wash your face and nose therewith, and that thrice in a day, it cures and helps the Rheume. It cleareth the sight, and it comforteth the Sinnewes: and if you wash therewith the hinder part of the head, then it comforts the memory, and all the vertues of the minde. This also doth purifie both Fish and Flesh, and if they be putrified or corrupt: whatsoeuer therfore is corrupt or putrified, it takes and consumes it away, and it keepes that that is good and sound, so that you may eat them as though they were new and fresh. It brings againe an appetite, it comforteth the stomacke, and if you take thereof morning and evening, it consumes the fleame in the stomacke. It helps or cures a stinking breath, as well comming of the stomack, as of the braine: if you take foure or five drops thereof once a day in a little Wine. No cold venemous thing may come nere it, as Frogs, Toades, Serpents and Scorpions. If a cloth be dypt in the same, and compassed a toade or Serpent, compassed therewith, they will die, although they touch it not, and so it doth in all kinde of cold venoms: as the biting of a Toade, or of a Serpent. For it heales, if you wash oftentimes therewith the grieued place. And if you seeth an Egge in it, it will sooner be sod therein, then in any boyling water. It heales and dyes by any kinde of Scab or tetter quickly, if you wash



Wash it therewith twice in a day: and if you put three or foure drops of this into the eare, and suffer the same there as long as you can, it helpes and cures all noyse & soundings of the eares. If you mixe herewith an equall portion of the iuyce of Germanander, and put three or foure drops thereof in the eare, foure times in the day, then it helps and cures all de afnes, of what cause soeuer it comes: watering eyes, & bleared eyes it doth cure, clarify, restraine and comfort, if you wash them therewith twice or thrice. All Impostumes, Ulcers, and all other superfluities it doth restraine, cure, and rectifie. And it is a thing more repercussive and consumptive against cold humors, then the Sapphire or Planten. All paines of the teeth, or running humors, it doth help, restraine, fortifie: and it makes the teeth white, if therewith you doe wash the rootes of the teeth. All wounds of the head, though they be deepe, are cured with this same Dyle, if therewith you wash it twice or thrice a day: yea, though the braine-pan be broken, so that Pia mater be not hurt. It heales and cures all Fistulaes, Cankers, Noli me tangere, the Kings Cuill, and euery other eating soze, if you wash the same therewith twice or thrice a day. It heales and cures all kinde of Sowres, if you wash or anoynt them therewith, so that they come of a cold cause: and laying also a linnen cloth dipt therein vpon the grieued place. It helpeth also all strokes with staues or other brusing, either by falles or otherwise, if you anoynt the brused or grieued place therewith, and heales them perfectly and well. It helpes the Emerods and fundament that goes forth, and makes it tart in his place, if you anoynt the same therewith. It helpes the Palsie; and all weakenesse of the members, it doth strengthen, if you anoynt the same therewith. Know that it is most hot, and is of such penetration and heate, that if you put one drop thereof in your hand, by and by it penetrates the hand without any hurt. And you shall not feele any swelling of the fete or of the legges, or any paines of the ioynts, if you wash or anoynt the same therewith, and it will helpe it, if you dip a linnen cloth therein, and plaister it thereto. And briefly, if you will vse it, it profits, helps, and cures all cold griefes, and all diseases comming of a cold cause, of fleame, or of putrified or corrupt blood. It hath yet many other vertues here left out, & it is called, The mother of balm,



because it is better then Balme in many of his effects. And if you will proue that it be a true Balme, take a Chicken (the feathers pluckt off, and guts taken away,) and see that it be well washt and made as cleane as can be, & dry the same at a soft fire, so long as you may well hold it in your hand, then anoint the same Chicken well within and without, with the sayd Balme, twice or thrice: then afterwards lay the sayd Chicken against the Sunne, for the space of two houres, suffering it a little to dry at the Sunne, and afterwards lay by the said Chicken where you will: for it wil' neuer putrishe nor receiue any corruption, so long as the world doth indure. And know further, that this Dyle hath eightene other vertues, which are written: but not here. This notable Dyle of Balme, I copied out of a very old written Booke, which came out of the Abbey of Elyam in Lincolnshire: And now by me conuerted out of Latine into English, to the profit of many, I hope.

64

A Fly drowned in water, Wine, Ale or Beere, and so thoroughly dead, being layd in warme Ashes: (but they must not be burning or very hot,) the same Fly wil recover and liue again. This is very true.

65

If you do gather Roses when they be fully ripe, and immediatly cut away the new springs, tops, and the vppermost branches of that yere, you shall haue new and fresh Roses grow againe out of the same, the same yere, about Michaelmas. I know this to be true: and for a trueth I haue published it abroad.

66

The Indians doe vse the Tobacco (a notable hearbe) for to indure the drowth, and also for to suffer hunger, and to passe dayes without hauing neede either to eate or drinke, by any Desert or dispeopled Countrey, where they shall finde neither Water nor meate. They doe vse of these little balles, which they doe make of this Tabacco, they take the leaues of it, and doe chewe it, and as they goe chewing of them, they mingle with them certaine powder made of the shelles of Cockles burned, and they mingle it in their mouth all together, vntill they make it like to Dowe, of the which they make certaine little balles, little greater then Reason: and they put them to dry in the shadowe, and after they

kepe



keepe them and vse them, for the auoyding of hunger and thirst in their trauaile, without any meate and drinke, for the space of three or foure dayes. This Doctor Monardus hath written, with many other wonders and notable vertues thereof, in his Booke before mentioned, intituled, Joyfull newes out of the new-found World. This Tabacco is a marueilous and wonderfull hearbe, growing in the west Indians, called, The new Spaine: and through the bringing of the Seedes thereof from thence, it growes now both in Spaine and France.

67

Wormes and other venemous Beasts are driuen away from any place, with the smock or fume of other Beasts of the same kinde, as Ralis writes.

68

Quicksiluer killed, burned Lead, the scales of Iron, or black Hellebor, mixed with some pleasant meat that Mice loue: if any Mice eat thereof, it will kill them. Mizaldus.

69

There is a certaine Gum brought from the firme land of the Peru, which helps the Colic with purging the cause thereof, if you put of it as much as a Put in distilled water, which water ought to be the quantity of two ounces, and giue the same to the patient, (the same party forbearing meate untill the middest of the day.) This Monardus affirms to be proued, manifesting the same at large in his book, called, The Joyfull Newes out of the new-found World. The name of the Gum he names not.

70

The Rotes of Roses or their slips with their knots, remoued and set amongst Worme, will bring forth yellow Roses, Iohannes Baptista Porta.

71

That Cheese that is made with Chesser or Kennet, wherein a little of the brayne of a Weasel is put or mixt, will not putrifie, neither be eaten of Mice. Pictorius.

72

There is a certaine Tree growing in Peru, a bough whereof if one doth hold fast in his left hand a good while, that would know whether one that is sicke shall liue or dye (of that disease, or at that time,) if the sicke shall liue and escape, the party that

D D 3

holds



holds the same, shall shew much gladnesse. If the sicke shall dye, then the party that holds the same, shall be very sad. Monardus writes of this tree in his said Booke, and shewes that the same was proued true by a Gentlewoman that was marueilous sad, whiles shee did hold the same, whose Husband dyed soone after accordingly.

73

A rare and strange kinde of fruite, as great as a Nut, with maruailous round and hard blacke stones in them, is brought out of the new Spayne, by the report of the sayd worthy Doctoz Monardus, whereof two or thre with hot water, doth more effect for to wash and to make cleane clothes, then one pound of Sope doth: whereof, as well as of many other strange and most excellent things you may read, described at large in his said booke, called, The Joyfull Newes out of the new-found World: A booke no doubt worthy of great estimation and commendation.

74

If a handfull of Figges be stamp, till the kernels be broken, then tempered with a little fresh grease, and so a plaister thereof layd to a womans brest that is soze, as hot as shee may suffer the same, it will take away the swelling and paine thereof; and if it be ready to breake it will breake it, or else not. This is an excellent and a sure tryed thing.

For a sore  
breast.

75

Take two ounces of Sulphur viue, called quick Wymstone, beat it in powder, and mire the same well with as much of black Sope that is of the most stinking smell, and tye the same in a Linnen cloth, and let it hang in a pynt of strong Wine Vineger, for the space of nine dayes, and then vse to wash any kinde of scurui-nes or Moxphew therewith, though neuer so old or rooted, being eyther on the face, or in any other part of the body, with a linnen cloth dipt, or wet therein, and so let the same Vineger dry in of it selfe, and doe thus, as long as the sayd Vineger lasteth: and therewith the deformitie or Moxphew will be perfectly healed. And whosoever vseth to drinke the water of Strawberries distilled, it will certainly kill the roote of any Moxphew that is within the body. All this is well proued.

To kill the  
Moxphew or  
any kinde of  
scuruiness  
in the face  
or body.

76

An excellent preservative against the Plague, which was proued



proved and used in the great Plague time in England, in the  
 yeere of our Lord 1548. For every one that used it then, escaped.  
 Take Aloes, Hepaticke, pure Sinamon, Myrrh, of each 3. ozams,  
 Cloves, Gace, Wood of Aloes, called Lignum Aloes, Masticke,  
 Sole Armoniacke, of each halfe an ounce, mixe them all together,  
 and make thereof a very fine powder, whereof take early in the  
 morning, with white Wine mixt with a little water, and by the  
 grace of G D, you shall be preserved safe from the Plague,  
 Weckerus.

Against the  
 Plague.

77

If you burne the shelles of Snayles with Styacks, and then  
 sprinkle thereof vpon an Ants hill, thereby they will be driven  
 forth of the ground, or place where they are.

78

Take of English Saffron beaten in fine powder, and as much  
 of pure and good black Sope, which when they be well mingled  
 together, spread it vpon the fleshy side of a piece of Leather, then  
 lay it vpon the nauell of them, whose urine or water is stoppt, and  
 it will procure the water to come forth, and thereby they shall  
 make water within an houre. This was told me for a true and  
 tryed secret, whereof I dare make no warrantise, but fauour it as  
 you finde it.

79

Make a lute or clay with the dregs or mother of Dyle, and mixe  
 therewith a little chaffe, then let it lye two or thre daies, then  
 dawbe with the sayd thicke lute or clay, your Garner, or come  
 where you will lay your Come, then sprinkle the dregs or mother  
 of Dyle, all ouer where you haue dawbed, and when it is dry, lay  
 wheate therein, and there shall neither Weasell nor Mice hurt,  
 touch, or come nere that Wheate. This I had out of an old  
 Booke. And Iacobus Weckerus also affirms the same.

70

When you first see the Cuckowz, marke well where your  
 right foote doth stand: for you shall finde there an hayze, which if  
 it be blacke, it signifies that you shall haue very euill luck all that  
 yeere following. If it be white, then it signifies very good luck;  
 but if it be gray, then indifferent. It is certaine such a hayze  
 hath bene found accordingly, but what euent did follow thereof  
 I am yet vncertaine. But this was affirmed vnto me for a very  
 trueth. It was also credibly reported to me, that the like hayze  
 will



will be found vnder the right foote, at the first seeing of the Swallow, after they are come at the Spring time: so that you looke after the said Swallow, as long as you can see her.

81

A quantity of Hempe seede stamp, and drayned throow a cloth, when it is well sodden with running water, and a good draught thereof drunke last going to bed, and so vsed, will make one lasciuie, and loose-bellyed. This is a proued thing therelofe.

82

Alexander the great, being desirous that the long life of Harts might be knowne to his posteritie, causeth golden Chaines to be made fast vnto many Harts (about their necks, I thinke:) the time when the same was done, being exprest or marked in the same, and they which were taken off the same Harts, an hundredth yeres after, did not yet seem to be of the age of old Harts. Mizaldus writes this, who affirmes that Plynny is the Authoꝝ therelof.

83

Quicke Lime mixt with old Cheese, and well beaten together, will fasten and glew strongly together broken Stone vessels, and also broken Glasses. This was very credibly told me for a very great secret, by one that proued it.

84

Whosoeuer hath an extreme heate, or soze burning Feuer, let them vse to drinke foure or fise times in one day, a good draught of the distilled water of wild Poppy, that is, Papauer erraticum, which growes among Corne, with a red flower, much like the leafe of a Rose, it is called of some, Red corne Rose. This haue I tryed to be true.

85

They in whose natiuity Saturne is Lord of the seventh house, are not like to marry, before they be thirty yeres of age: or else vntill Saturne (from that time,) hath compassed the whole Zodiacke, (which differs not much.) This is proued true by long experience, and I haue seene many, whose seventh house is Capricorne or Aquary (the houses of Saturne,) and yet I neuer knew any of them, but eyther died vnmarrried, or else married after they were thirty yeres of age. And as I remember, Cardanus agrees herein.

86

If the bottome of a seething pot with meat newly taken from  
the

A good  
Glew, &c.

A gainst  
extreme  
heate.

Marriage.



the fire, may be touched or felt without harme or danger of burning, then certainly the same meate is boyled enough. But if it be hot and not sufferable, then it is not sufficiently sod. This I know to be true: for I have seene the tryall thereof.

87

Lay a greene Iuy leafe in a dish, or other vessell of faire water, either for your selfe or for any other, on Pewyeres even at night, and cover the water in the said vessell, and set it in a sure or safe place, untill Twelke even next after, (which will be the fifth day of January,) and then take the sayd Iuy leafe cut of the sayd water, and marke well if the sayd leafe be faire and greene as it was befoze: for then you or the party for whom you laid it into the water, will be whole and sound, and safe from any sicknesse all the next yeere following. But if you finde any blacke spots thereon, then you or the party for whom you laid it into the water, will be sicke the same yeere following. And if the spots be on the upper part of the leafe towards the stalk, then the sicknes or paine will be in the head, or in the necke, or thereabout. And if it be spotted nye the midst of the leafe, then the sicknesse will be about the stomacke or heart. And likewise iudge that the disease or griefe will be in that part of the body, according as you see the black spots vnder the same in the leafe: accounting the spots in the nether or sharpe end of the Leafe to signifie the paines or diseases in the fete. And if the leafe be spotted all ouer, then it signifies, that you or the party shall dye that yeere following. You may proue this for many, or few, at one time, by putting in the water, for every one a leafe of greene Iuy, (so that every leafe be dated or marked to whom it doth belong.) This was credibly told me to be very certaine, who affirmed to mee faithfully, that it was diuers times proued for a very truth. But because I neuer tryed it, therefore I referre every one that shall read it, to the tryall thereof.

88

Brufonius writes, and Georgius Fabricus affirms the same, that the bones of Venues, mixed with melted gold, doe consume the same gold into themselves.

89

The water of distilled Hunny makes faire and comely colour

C e

ced



red Haire, if it be often moystned, or spunged therewith. This is  
proued.

90

The rootes of Hollyockes, stamp and mixt with the greace of  
an old Hogge, and plaistred to the Gout, helpeth it in three dayes.

Petrus Hispanus.

91

Mercurie sod, untill it be very hot, and then put into a tinnen  
Bottell with a narrow mouth, and then holden to, or in the eare,  
that the fume thereof may enter into the head: it will helpe the  
headache maruelously, and the sounding of the eares. And if there  
be any quicke things in the head, it will bring them forth with  
great speede. A Gentleman taught this to a woman that was sore  
tormented in her head, esteeming it as a precious Secret: but I  
neuer tryed it: therefore as it proues, so praise it.

92

If one be wounded that hath the Droopie, it is hard to heale him.  
Hippocrates. Therefore this is worth the marking.

93

You shall know how many daies old the Moone is, if you doe  
as followeth, (especially the being in the first quarter,) hold before  
your eyes a piece of fine Laine, and looke thozow it straight vpon  
the Moone, and so many daies old as the Moone is, so many Moones  
shall you see, or at the least, they will seeme so many in your sight.  
As soone as you try it, you will say it is true: For I haue seene the  
prose thereof.

94

I heard it told for a very trueth by diuers persons, that in a  
Plague time, in the Cittie of Cullen, there was a certaine wo-  
man dyed, and was buryed, with a Ring of gold on her finger,  
for the greedinesse whereof, a couetous fellow within a while  
after she was buryed, digged her Graue, and opened the Coffin  
wherein she did lye, thinking thereby to take away the Ring  
from her finger: but immediatly the sayd woman did sudden-  
ly stirre and moue, and began to sit vp: which when the sayd  
fellowe saw, with great feare he did runne away, and then  
the woman by some meanes did teare or vnloose the sheete where-  
in she was wrapt, and then she went straight home to her Hus-  
band, and called vpon him to let her into the house: whom when  
he heard, he thought it had bene a Spite. But at last, though

hor

gainst the  
lowe.

thing got-  
in into ones  
are.

To know  
how many  
daies old the  
Moone is.



her importunate calling, he receiued her into the house, & thus wonderfully she recovered and liued: which Woman, after that, had three or foure children, of whom it is sayd, there is a Monument at this present, in the sayd Cittie of Cullen. Therefore too hastie or quicke buriall is not to be vsed, as not onely this rare example may sufficiently teach vs: but also for such causes as I haue alleadged in another place of this Booke.

95

If you graft the Sips of a Wylding or sowze Apple, vpon the Grafting of a Locke of a Hawthorne, you shall haue Medlers grow thereof. Medlers This I haue seene proued: therefore I affirme it for a very trueth.

96

A little Bird, called, The Kings Fisher, being hanged vp in the ayre by the necke, his nebe or bill will be alwayes direct or straight against the winde. This was told me for a very trueth by one that knew it by proufe, as he said.

97

Whosoever shall weare about their middle such a girdle as followeth, tying it fast that it fall not away, they shall not neede to feare Drowning, though the Boate they are in should miscarrie, whereby they may passe ouer any water safely, and without any danger, though it be neuer so deepe: For so long as they haue it about them, they cannot sinke. Take two pieces of good Deates leather well tanned and dressed, such as Foote-balles be made of, (eithere piece being of the breadth of five or sixe fingers) and of such a length as will make a sufficient gyrdle for you, let a Shoemaker sew them very strongly, thick-stitched, and surely together, and likewise at both the ends, and in the middle thereof fasten a Pype like to a Bagpype, wherewith blow the same girdle as full of winde as you can possible: then vnder the nether end of the Pype, tye the leather very fast and sure, that ioynes the pype and the girdle together, with a strong pack hed, or with some other sure and strong thing, lest the winde should come out of the girdle, (wherof you must take great heede.) Also blowe three Ox bladders full of winde, and tye them hard that the winde goe not forth of the same, and sewe each of them strongly and surely within good strong Deates leather, round like vnto a Foote-ball, and make three strong loopes vpon the sayd



girdle, one against the middelt of the backe, and against either of the sides one, and then tye fast and surely one of the said bladders sewed in the leather, to euery of the said loopes, and then tye the same girdle about your middle very fast and sure, and then you cannot sinke into the water, and so you may passe safely ouer, if the water be not too broade and too rough. Nicholaus Michauell hath written of such a like girdle in his excellent Booke of the Arte of Warres, for the sauing of Souliours and Fishers ouer waters. In which Booke, there are other notable Engines, and woorthy matter beside, concerning Warres.

98

A Ladder made of the wood of a figge tree, hath a maruelous propertie: for if flesh in the seething thereof, be often stirred there with, or if it be in the pot while it is seething, it makes the flesh to be sooner sodden.

99

A Partrich will cry aloud, and will teare or breake the Cage or Coope where she is fed, if there be any deadly medicine or poyson prepared within the same house, which she doth seele presently, and also hath knowledge thereof, through a wonderfull speciall and rare gift of Nature. *Etius ex Pisone.*

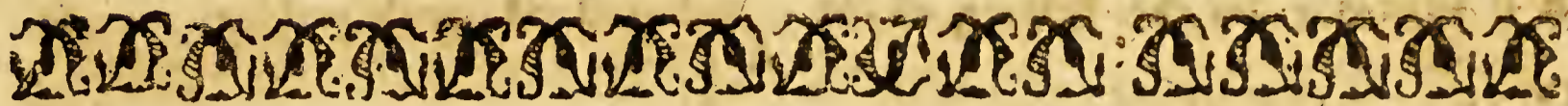
100

Gellius writes, that the Hedgehogge makes the mouth of her Hole, Cabben, or Caue, alwaies contrary to the winde: for through a marueilous naturall gift, she hath foreknowledge in what quarter the winde will be, and thereupon she changeth the mouth or entring in of her Hole or Caue, whereby Mariners haue learned afozehand, the place of the winde.

The end of the tenth and  
last Booke.

A





A speciall Table for the finding out of any  
matter in this Booke, whereof the Table of the  
first Booke doth follow.

<b>A</b> Strange Historie of two Louers that were poysoned by eating of Sage, page 1 aph. 1	deliuered from the Plague, by the shooting off of Gunnes, 22
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To increase milke in Nurises, 4	To make Amber cleerer and better, 25
Aqua vitæ helps sinnewes and Muscles, aph. 5	A rare way to stay the fluxe or sparme, aph. 26
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To know who shall bee crookebackt or halt, 7	A strange vertue of the Bur-leafe, 28
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+ To take away a wen, 14	Oyle keeps wine from corrupting, 35
To make wood of the colour of Hebe- nus, 15	The coales of a Birch tree heale and cure wounds, 36
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Moone is, a very strange thing.		A Ladle that makes flesh sooner to be	
aph.	93	fod.	98
A maruelous matter of a woman that		Poyson is described by a Partrich.	99
was buried.	94	To know where the winde will bee.	
To bring forth Medlers out of a Haw-		aph.	100

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*FINIS.*

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