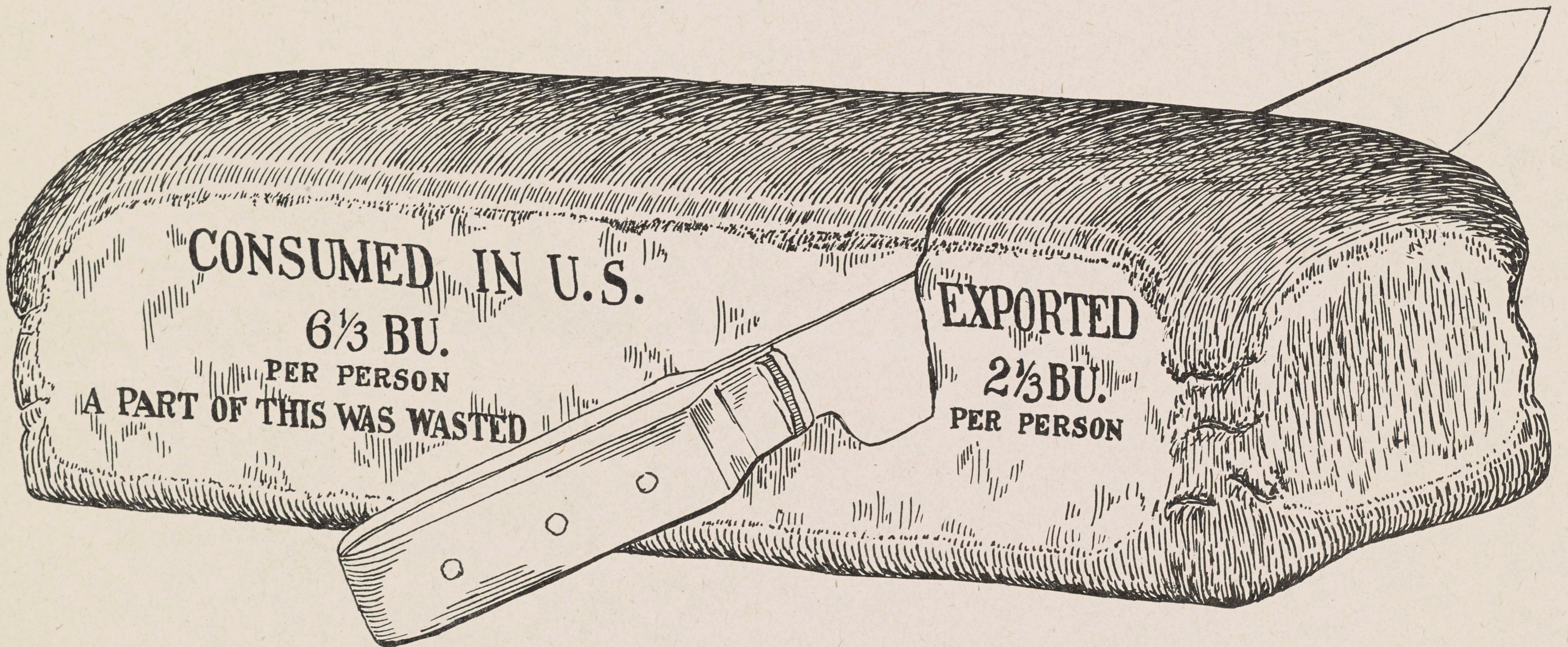


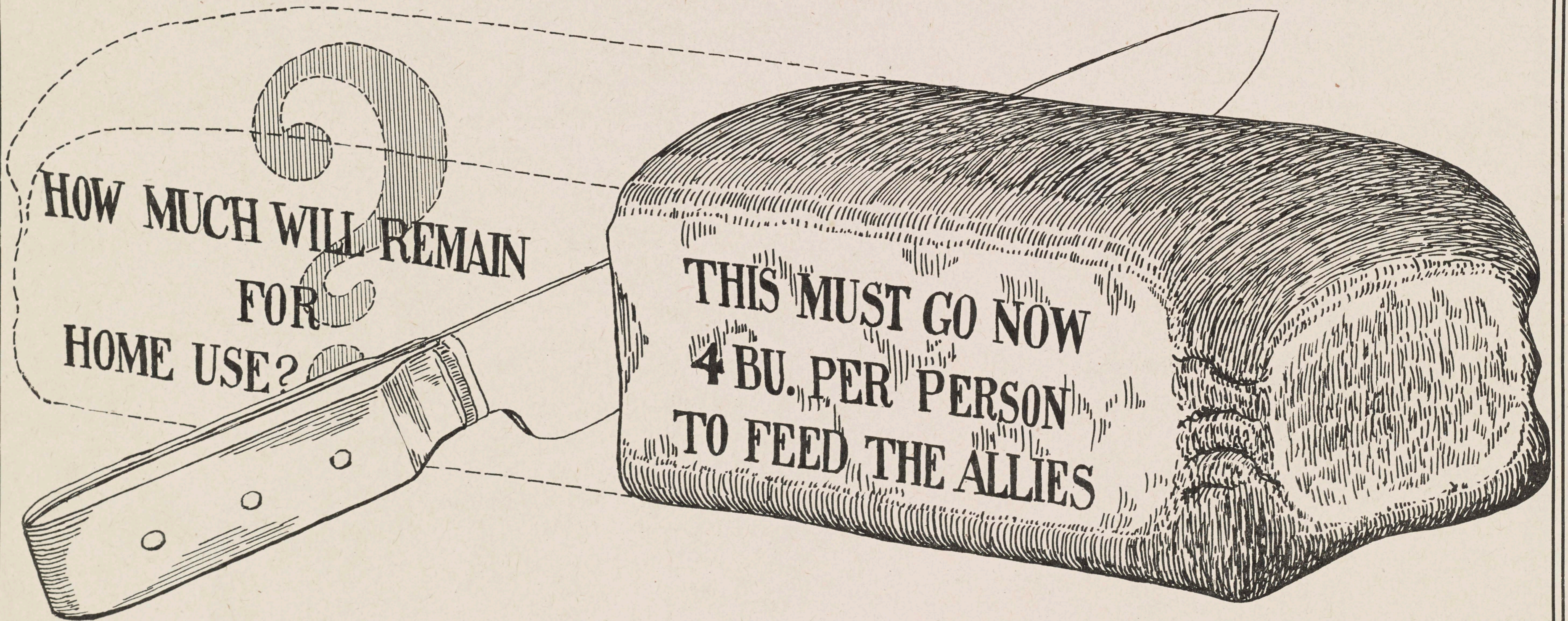
FIRST **BREAD** **FIRST**
IN **WAR** **IN** **PEACE**

THE NATION'S LOAF AND HOW WE USED IT IN 1916



THIS IS THE LOAF THAT MUST WIN THE WAR

WITHOUT IT DEMOCRACY IS DOOMED---PERSONAL SACRIFICE MUST SUPPLANT PREVIOUS EXTRAVAGANCE



Waste of **FOOD** is Disloyalty
Economy of **FOOD** is Patriotism
and Production of **FOOD** is National Service

Kansas State Council of Defense

Committee on Utilization and Economy, Mrs. May Belleville Brown, Chairman

Cooperative Extension Work in Agriculture and Home Economics, Kansas State Agricultural College and U. S. Department of Agriculture Cooperating.
Acts of May 8 and June 30, 1914. Edw. C. Johnson, Director.