

# 67 ARE RATED FROM AUGUST EXAMS

## CONGRATULATIONS

The outstanding results of the recent tests for advancement in rates has been noted with pride and pleasure by all of us. To my knowledge, this is one of the largest percentages recorded for a large Naval Hospital. I extend my heartiest congratulations to all the recipients and my sincere appreciation to all who rendered assistance and made it possible. I implore everyone to wear their "Crow" in a proud and professional manner.

R. D. NAUMAN  
CAPT, MC, USN

These advancements in rate reflect not only the individual effort of study for the examination, but also reflect the daily performance of assigned duties. This same attention and dedication to duty contributes greatly to the high standard of medical care delivered by the hospital. Congratulations and "well done."

F. M. BARNWELL  
CAPT, MC, USN

My personal feelings of confidence and pride in the members of the Hospital Corps have again been reinforced by their performance here at Naval Hospital Memphis. "Outstanding" is an inadequate superlative to express my opinion of all of you. Well done!

M. D. BERGQUIST, Jr.  
CDR, MSC, USN

The high percentage of our personnel being advanced in grade as a result of the August 1970 examinations stands as a testimonial to the high degree of effectiveness of our instructor/advisor staff as well as the ambition and ability of those taking another step up the ladder of success. Congratulations to all!

P. W. SCHMID  
CAPT, NC, USN

The results of the Navy-Wide Competitive Examinations for Advancement have arrived! The HOSPITAL CLIPPER wishes to express sincere congratulations to members of the hospital staff who were advanced in rate.

The new chevrons for petty officers in the lower four pay grades are effective in six increments on the first of each month from November through April. At this command, 52 of the total personnel rated will sew on their



Crows effective 01 November, six on 01 December, one on 01 January, one on 01 February, two on 01 March, and five on 01 April.

The following statistics concerning personnel rated at this command are as follows:

<u>Exam Rating</u>	<u>Number Examined</u>	<u>Advanced</u>	<u>Passed, not Advanced</u>	<u>Failed</u>
HM3	56	53 (95%)	(00)	03 (5%)
HM2	18	14 (78%)	(00)	04 (22%)
HM1	05	(00)	03 (60%)	02 (40%)
HMC	01	(00)	(00)	01 (100%)
<b>TOTALS:</b>	<b>80</b>	<b>67 (84%)</b>	<b>03 (4%)</b>	<b>10 (12%)</b>

CAPTAIN R. D. NAUMAN, MC, USN.....COMMANDING OFFICER  
 CAPTAIN F. M. BARNWELL, MC, USN.....EXECUTIVE OFFICER  
 COMMANDER M. D. BERGQUIST, JR., MSC, USN....ADMINISTRATIVE OFFICER

DUPLICATED MONTHLY ON GOVERNMENT EQUIPMENT WITH NON-APPROPRIATED FUNDS AND IN COMPLIANCE WITH NAVEXOS P-35 REV JULY 1958. DISTRIBUTED FREE OF CHARGE TO PERSONNEL OF THE NAVAL HOSPITAL MEMPHIS, MILLINGTON, TENNESSEE. THE HOSPITAL CLIPPER SOLICITS NEWS ITEMS FROM ITS READERS.

EDITOR-IN-CHIEF  
 EDITOR  
 MAKE-UP-CREW

LCDR F. D. SAINES, MSC, USN  
 HN DON J. WILLIAMSON  
 MISS GEORGE ANN SOWDERS



Congratulations are extended to HM2 & Mrs. Leonard OBUSEK on the birth of their baby girl, Lenadee Ann, on Saturday, 03 OCT 1970. Lenadee Ann weighed 7 lbs. 10½ ozs. at birth.

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## NAVY DAY REMEMBERED

The following message is from the Secretary of the Navy concerning Navy Day, October 27th 1970: "NAVY DAY IS A TIME WHEN WE THINK OF THE NAVYMEN AND WOMEN WHO HAVE SERVED OUR COUNTRY THROUGH ITS 195-YEAR HISTORY. THE GENERATIONS OF BRAVE AND DEDICATED NAVAL PERSONNEL, WHO SACRIFICED SO MUCH TO PROTECT THIS LAND AND THIS WAY OF LIFE, HAVE EARNED OUR PROFOUND GRATITUDE AND OUR ENDURING RESPECT. CONTINUING THAT PROUD TRADITION TODAY, APPROXIMATELY 700,000 AMERICANS IN NAVY BLUE SERVE IN DEFENSE OF THE UNITED STATES AT HOME AND OVERSEAS. ON THIS NAVY DAY 1970 MANY OF OUR SAILORS ARE FIGHTING IN VIETNAM, OR ARE SERVING FAR FROM HOME IN SITUATIONS THAT TEST THEIR ENDURANCE AND DEVOTION. EACH IS MEETING THE HIGH STANDARD OF THE "U.S. NAVY - MARK OF A MAN"; THEY ARE LIVING SYMBOLS OF THE STRENGTH OF THIS COUNTRY AND OUR DETERMINATION TO SEEK AND TO PRESERVE AN HONORABLE PEACE WITH THE REST OF THE WORLD. THEY FORM THE SHIELD AT SEA THAT PROTECTS THIS NATION AND ITS IDEALS OF FREEDOM AND JUSTICE FOR ALL. ON THIS, OUR 195TH ANNIVERSARY, I AM DEEPLY PROUD OF THE DEDICATED AND OUTSTANDING SERVICE OF NAVYMEN AND WOMEN TO THE U.S. NAVY AND TO THE NATION."

JOHN H. CHAFEE  
 SECRETARY OF THE NAVY

"The sheep and the wolf are not agreed upon a definition of the word liberty."

ABRAHAM LINCOLN

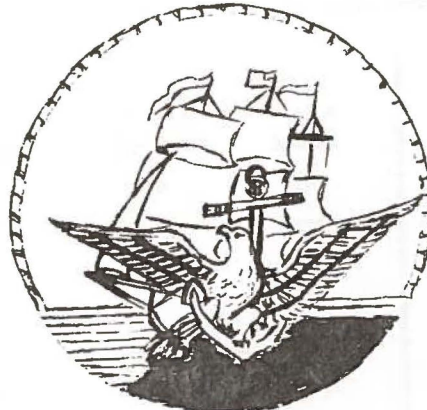
## HOSPITAL SPORTS

### PIGSKIN PREVIEW

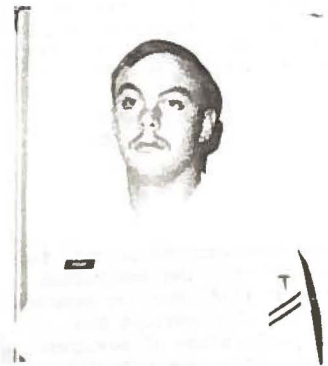
A brief sketch of our own hospital football team is in order. This fall, personnel at this command along with the dispensary staff at the Naval Air Station will be competing with other command groups in eight-man tackle football. Coached by Chief John HIVNER, NAS Dispensary, members of the team attend regular practice sessions, and will don new varsity-type uniforms and equipment for their first game with MATSG-90. The game will be played on the varsity field at NAS, 1930, Tuesday, OCT 13th.

Since the season has not yet officially begun, a complete roster of players or team standings is not available, but this information will be supplied in next month's issue of the HOSPITAL CLIPPER so stand by. Coach HIVNER and the team will greatly appreciate all the spectator attendance it can get so come on out, fans, and support your team this season.

### NAVY DAY



Congratulations are also extended to HM2 & Mrs. Charles RAMSEY on the birth of their baby girl, Wendy, on 13 SEP 1970. Wendy weighed 7 lbs. 7½ ozs.



A pleasing coincidence concerning HN Troy N. HUCKABY, a hospital corpsman who recently reported aboard this command for duty, has come to light. HN HUCKABY, coming here directly from Hospital Corps School, San Diego, requested Naval Hospital Memphis as his first choice for a duty station. He was totally unaware that on June 27, 1952, he was actually born here at this hospital until checking his birth certificate and talking with his mother. The circumstances surrounding this event occurred as a result of his mother living in Millington as a dependent wife while his father, a Staff Sergeant in the Air Force at the time, was stationed in Okinawa. It is indeed a small world!

# DEPARTMENT OF THE MONTH... UP FROM PHARMACY THE LIBRARY



LT Larry Karch is Chief of the Pharmacy Service and as such exercises control over all management aspects of the Pharmacy. He is the representative of, and adviser to, the Commanding Officer concerning all matters pertaining to the Pharmacy.



LT Mel Hamm and LT Paul Gorman are the Assistant Pharmacy Officers. Their primary assignment is to assist the Pharmacy Officer in the efficient operation of the Pharmacy in general and to supervise the dispensing branch in particular.



HMC Tommy ROWE is the senior enlisted man in the Pharmacy and as such is directly responsible, under the Pharmacy Officer and Assistant Pharmacy Officers, for the smooth functioning of all phases of the Pharmacy and its personnel.



These are the men who do the compounding, dispensing, stock control, delivering of ward orders and countless other chores which are required to run a good Pharmacy. Their hardest and greatest job though is their efficiency, diligence, and understanding which helps to "paint a good picture" of the Pharmacy and Naval Hospital Memphis. From left to right: HM2 Ed Cribb, HM3 Jim Dortch, HM2 Ed Lowry and HM2 Al Harrington. Not present for pictures but equally important and esteemed are HM2 John Noel and HM2 Pat Powers.

## WELCOME ABOARD

### RECEIPTS

From HCS, Gt. Lakes, Illinois

CANNON, D. W.	HA
GALVAN, A.	HA
PALMER, O. N.	HA
BORUSHKO, R. W.	HA
SHEENE, A. L.	HN
INGRAM, T. K.	HA
GOODMAN, S. M.	HA
REYES, R. B.	HA
MORCIBALIS, J.	HA
DENDY, W., Jr.	HA
TAYLOR, O. M.	HA

### OFFICERS TO REPORT

LT Sheryl R. LIEBEL, NC, USNR
LTJG Sheila A. CALL, NC, USNR
LTJG Nancy J. BURKS, NC, USNR
ENS Bonnie E. MORROW, NC, USNR
ENS Marilyn E. DODD, NC, USNR

### Fiction

Summer, Keith and others. FIVE FATES.  
BEST DETECTIVE STORIES OF THE YEAR, 1970.  
Ehle, John. TIME OF DRUMS.  
Ellin, Stanley. THE BIND.  
Knight, Damon. ORBIT 7.  
Wain, John. A WINTER IN THE HILLS.  
Woodhouse, Martin. PHIL & ME.

### Non-Fiction

Marah, I. T. BEST SPORTS STORIES, 1970.  
Speer, Albert. INSIDE THE THIRD REICH.  
Kelly, Gerard W. SHORT-CUT MATH.  
Benrey, Ronald. ELECTRONICS FOR EVERYBODY.  
U. S. Labor Department. OCCUPATIONAL OUTLOOK HANDBOOK, 1970-71.  
Armbrister, Trevor. A MATTER OF ACCOUNTABILITY: the true story of the Pueblo Affair.  
Brasch, R. HOW DID SPORTS BEGIN?  
Bush, Vannevar. PIECES OF THE ACTION. The personal record of sixty event-filled years by the distinguished scientist who took an active and decisive part in shaping them.  
Gardner, Richard. !GRITO! Reies Tijerine and the New Mexico Land Grant War of 1967.  
Hillett, Charlie. THE SOUND, the rise of rock and roll.  
Jolden, Harry. SO LONG AS YOU'RE HEALTHY.  
Iriffin, Al. SO YOU WANT TO BUY A HOUSE.  
Jenkins, Dan. THE DOGGED VICTIMS OF INEXORABLE FATE. Funny book about golf and golfers.  
Price, Roger. THE GREAT ROOB REVOLUTION. A nervous, tragicomic account of a newly dominant social being who is relentlessly imposing his curious customs and morality on us all.

## FAREWELL

### TRANSFERS

EWELL, Dana, HN - Lab Asst. St. Albans, N. Y.  
SHADBOLT, R., HN - FMSVS fft 3rd MAW  
ESPORO, A. A., HM3 - X-Ray School, Portsmouth, Virginia

# DEPARTURES



LCOR B. C. ROBERTS



LTJG A. R. BROWN



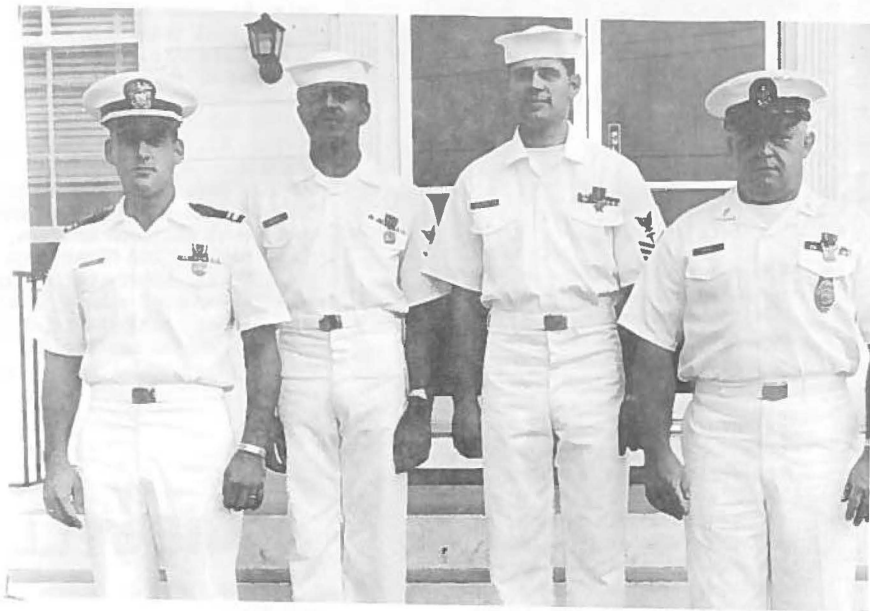
HM3 K. R. MORRIS



HM3 B. R. STORM



SN C. E. RUSH

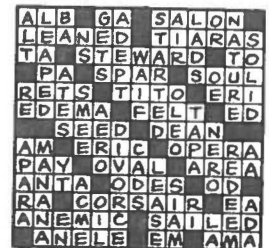


Standing (L-R) are four individuals who received awards during ceremonies at the last personnel inspection. LTJG T. A. BRAITSCH received the Navy Commendation Medal with Combat "V", HM3 P. A. BAYTOP received the Navy Achievement Medal with Combat "V", HM1 C. A. JIMMERFIELD was presented the Bronze Star with Combat "V", and HMCS W. C. GRIMES was awarded the Navy Achievement Medal.

## GUESS WHO



October's Guess Who Mystery Personality is now ready to be solved. As you can see from the striker badge on his sleeve and the two stripes on his cuff, this young man was once a Hospitalman Apprentice Second Class. Test your skills once again, and see if you can identify him. As always, the Education Office, Ext. 540, will supply the answer, but first you must at least venture a guess.



# PROMOTIONS RETIREMENTS AND AWARDS



CDR M. BORING recently ended her naval career as she was "piped ashore" in the presence of fellow shipmates and guests. CDR BORING was Assistant Chief of Nursing Service while on active duty at Naval Hospital Memphis, and will now assume a new residence at Camp Lejune, North Carolina.



Pictured above are members of the Naval Hospital Golf Team who were runner-ups in the recent Station Golf Tournament. CAPT R. D. NAUMAN (front, left) is shown presenting the team trophy to LCDR S. I. ROSENTHAL, who along with (back row, L-R) LCDR D. G. DICHEFF, LCDR B. C. ROBERTS, LCDR C. W. NULL and LT D. L. VOSLOH have received individual trophies.



LCDR S. I. ROSENTHAL (center) is shown presenting individual trophies to LT T. K. YOUNG (left) and LCDR P. J. QUINN III (right) who were also participants on the Hospital Golf Team during the Station Tournament.



CAPT R. D. NAUMAN congratulates HN S. ROGERS and HN G. BARNETT for having a very outstanding room. The room that they share in Willis Hall received the "E" flag for an unprecedented seventh consecutive week.



MRS. L. TURNER, LPN, was awarded a Letter of Appreciation upon retirement "for her exceptional performance of duty while here at the hospital".



HM3 E. PEARCE recently completed on the job training in fulfilling the requirements for his EENT Tech rating, and was presented his certificate of completion by LCDR S. I. ROSENTHAL in the presence of LCDR W. B. ECHOLS.

HM3 C. YOUNG was presented a Letter of Appreciation for her "exemplary performance of duty in the Out Patient Department".

HN S. LAVENDER recently completed on the job training in fulfilling the requirements for his EKG Tech rating, and was presented his certificate of completion by CAPT R. D. NAUMAN in the presence of CDR W. H. WOLFE.

HM2 G. TUER was presented a Letter of Appreciation for "his thorough performance of duty in the Clinical Laboratory".

# Children + Drug Fads Equal Disaster

Remember "aspirin and Coke?" Back in the mid-1940's, it was a solemn article of faith with just about every kid on the block that you could get "high" on the combination. Their faith was rarely diminished by the fact that nobody really did. But some teen-agers thought they were getting tipsy, or acted the part. It was a harmless fad — the first of the "drug-kick" fads — though some of its successors were far from harmless. The popularity of drug fads has spiraled in recent years, and authorities sometimes despair of ever keeping up with the inventiveness of "kick-happy" youths.

Almost every year a new drug fad develops. In 1966 it was glue-sniffing; 1967 was the year of the banana; "Amy Joy" was popular in 1968; kids tried main-lining peanut butter in 1969 and mayonnaise supposedly brought them kicks in 1970. Authorities brace themselves for what 1971 may bring.

Contenders include oregano, apple seeds, green tea, catnip, morning glory seeds, catnip and celery leaves. Like bananas, all are frauds.

But there are other items, easily available from the corner drugstore or the kitchen pantry, that can be dangerous. These are the potential drug fads that authorities worry about.

One such item contains a heart stimulant, which, if taken in sufficient quantity, could be fatal, and another can produce hallucinations in some persons.

Medical and law enforcement authorities agree that about the only preventive measure parents can take is to consider all pills, seeds and spices as dangerous in unusual quantities.

Glue-sniffing is no longer a widespread practice because most teen-agers have gotten "the word."

But it remains the most lethal of the drug fads. It reached its popularity peak in 1966 among boys in the 10-15 age bracket. They'd squeeze a tube or more of model airplane cement into a paper bag, hold the bag to their faces and inhale.

What they inhaled were the fumes of highly toxic solvents—acetone, toluene, xylene, butyl alcohol, hexane and tricresyl phosphate.

The solvent fumes would cause loss of coordination, slurred speech, blurred vision, a ringing in the ears, mild hallucinations and depression.

The price paid by some glue-sniffers has been death or permanent damage to the brain, liver and kidneys.

And recent studies at the Addiction Research Foundation of Ontario have demonstrated that they also cause damage to chromosomes, man's basic genetic matter.

The significance of the chromosome study is that it points to future miscarriages, birth defects and possible leukemia.

Glue-sniffing took a tragic toll before the fad passed.

A number of children died from the toxicity.

Two little Michigan sisters were slain by a 15-year-old boy acting under the influence of glue inhalation.

Detroit's City Council passed an ordinance making glue-sniffing a misdemeanor and prohibiting possession of more than an ounce of glue at a time, and the Michigan Legislature made inhalation of glue illegal.

Many stores, meanwhile, went a step further by voluntarily banning the sale of model airplane cement to minors. Dad or mom had to make the purchase.

The Year of the Banana—1967—was a put-on.

Somebody in the Haight-Ashbury District of San Francisco started the story that banana peels, dried in the oven and then powdered and smoked, would produce hallucinations.

The U.S. Food and Drug Administration soon debunked any such possibility, but the idea was too appealing to be squelched quickly.

In fact, the idea was far more appealing than the practice. Very few extra bananas were sold, according to the United Fruit Co.

But "banana fan clubs" sprang up across the nation; "Mellow Yellow" became a hit song, novelty companies sold thousands of posters that showed nothing but a six-foot banana; and teen-agers paraded with "Chiquita Banana" stickers pasted to their foreheads and schoolbooks.

Police were convinced that hippies smoked dried banana peels in public just to provoke an arrest so they could sue the police.

The police didn't bite.

1968—The Year of "Amy Joy"—was again a year of senseless death.

"Amy Joy" is kid-talk for amyl nitrite.

It is a drug used primarily for the treatment of angina pectoris—pain around the heart. It comes in "pearls," inch-long capsules of fragile glass wrapped in cloth. Angina victims will shatter the glass in their hand, inhale the contents and get relief.

Teen-agers discovered that it also produces a heady feeling—and until recently they could buy it without a prescription.

Amyl nitrite is extremely volatile. From the lungs, it enters the bloodstream rapidly.

Its effect is to relax the smooth muscles that surround a body's blood vessels, causing the veins and arteries to dilate.

The result is a flush that starts in the face and spreads down to the shoulders, a warm feeling in the pit of the stomach and a drop in blood pressure.

A normal dose wears off in five to 10 minutes.

But teen-agers would take as many as a half dozen or more ampules, crush them all at once, and inhale. They became extremely faint, and if they survived they got away with only a severe headache.



For some, the overdose caused such severe dilation of the blood vessels that it produced heart arrest—and death.

Responsible druggists, when they saw what was happening, stopped selling amyl nitrite to youngsters.

Finally, the U.S. Food and Drug Administration ordered that it be sold by prescription only.

It is still too early to assess the damage wreaked by attempts to get high on peanut butter, mayonnaise and other household substances; all the statistics are not yet in. But enough evidence has been gathered to show that the dangers involved—air bubbles in the blood stream, hepatitis, and other hazards—are considerable.

Experts believe that recent teen-age whisperings about getting high on such things as apple seeds and green tea is merely an attempt to revive another form of the banana put-on.

They are more concerned about a trend back to one of the oldest depressants known to man—alcohol. Yes, some teen-agers are forsaking drugs and going back to booze.

Listen for the word "ripple." Children used to mystify their parents by talking about "pot," the once-secret name for marijuana.

"Ripple" the name of a California wine, is fast becoming jargon among teenagers for all alcoholic beverages.

What's the answer? It certainly isn't drugs—mild or hard—and it certainly isn't drug fads, youngsters searching to get drug-like effects from substances that give none. Nor is it alcohol, just as dangerous and deadly, in the hands of irresponsible children, as any drug or hallucinogen.

The beginning of the answer is education, and the rest is strict adherence to both what is morally and legally right. The alternative spells disaster, both for the user, and those with whom he comes in contact. (Reprinted courtesy The Detroit News) (AFPS)



"The men tell me you're a 'rockhound,' Jones!"



## Holiday Mail Schedule Announced

WASHINGTON (AFPS) — The Christmas Holiday mail dates for U.S. Armed Forces serving overseas have been greatly simplified this year, according to military postal officials.

Surface mail from the U.S. to servicemen and women overseas should be mailed between Oct. 12 and Nov. 7 for a guaranteed holiday delivery.

Space Available Mail (SAM) to overseas destinations should be mailed between Oct. 19-Nov. 21; likewise, Parcel Air Lift (PAL) and Air Mail should be posted between Oct. 26-Nov. 28 and Nov. 30-Dec. 12 respectively.

Christmas mail going in the opposite direction, that is, from overseas addresses to the U.S., is slightly different: letter mail from Europe, Africa and Latin America should be posted in sufficient time to arrive at East Coast ports no later than Dec. 16 to reach a West Coast address by Christmas. Air Mail letters entering the East Coast should arrive by Dec. 19. Surface parcels and Air Mail parcels should arrive on the East Coast no later than Dec. 8 and Dec. 15 respectively. For personnel stationed in Alaska and the Pacific, the latest possible surface and Air Mail letter dates for arrival at the West Coast were listed as Dec. 16 and Dec. 19 respectively for Christmas delivery to East Coast addresses; similarly, surface and Air Mail parcel West Coast arrival dates were given as Dec. 12 and Dec. 16. Military postal units will publicize any local variations in the projected holiday mail schedule, spokesmen noted.

## CROSSWORD PUZZLE

Answers on Page 4

- ACROSS**
- 1-Priest's vestment
  - 4-A state (abbr.)
  - 6-Drawing room
  - 11-Inclined
  - 13-Crowns
  - 15-Symbol for tantalum
  - 16-Manager
  - 18-Preposition
  - 19-Parent (colloq.)
  - 21-Meat
  - 22-Spirit
  - 24-Soaks
  - 26-Yugoslav dictator
  - 28-Silkworm
  - 29-Dropsy
  - 31-Sensad
  - 33-Man's nickname
  - 34-Sow
  - 36-College official
  - 38-Part of "to be"
  - 40-Man's name
  - 42-Musical drama
  - 45-Remuneration
  - 47-Egg-shaped
  - 49-Region
  - 50-Pilaster
  - 52-Poems
  - 54-Hypothetical force
  - 55-Sun god
  - 56-Pirate
  - 59-Babylonian deity
  - 61-Lacking vigor
  - 63-Went by water
  - 65-Gravestone
  - 66-Printer's measure
  - 67-Wine cup

- 7-Ventilate
- 8-Young boys
- 9-Conjunction
- 10-Essential character
- 12-Nova Scotia (abbr.)
- 14-Strong
- 17-Street urchin
- 20-The sweetsop
- 23-Faroe Islands
- 24-Note of scale
- 25-Pintail duck
- 27-Butter substitute (colloq.)
- 30-Danish island
- 32-Bark cloth
- 35-Disunite
- 37-Roman tyrant
- 38-Three-banded armadillo
- 39-Spanish for "tomorrow"
- 41-Uncouth persons
- 43-Buy back



- 44-Cooled lava
- 46-Symbol for yttrium
- 48-Rent
- 51-Highest point
- 53-Country of Asia
- 57-Lubricate
- 58-A state (abbr.)
- 60-Girl's name
- 62-Printer's measure
- 64-Note of scale

**DOWN**

- 1-In music, high
- 2-Jumped
- 3-College degree (abbr.)
- 4-Obtains
- 5-Cleaver
- 6-Began

1	2	3	4	5	6	7	8	9	10
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