

Matthew 12:1-8 (NIV)

Lord of the Sabbath

¹At that time Jesus went through the grainfields on the Sabbath. His disciples were hungry and began to pick some heads of grain and eat them. ²When the Pharisees saw this, they said to him, "Look! Your disciples are doing what is unlawful on the Sabbath."

³He answered, "Haven't you read what David did when he and his companions were hungry? ⁴He entered the house of God, and he and his companions ate the consecrated bread—which was not lawful for them to do, but only for the priests. ⁵Or haven't you read in the Law that on the Sabbath the priests in the temple desecrate the day and yet are innocent? ⁶I tell you that one greater than the temple is here. ⁷If you had known what these words mean, 'I desire mercy, not sacrifice,' you would not have condemned the innocent. ⁸For **the Son of Man is Lord of the Sabbath.**"

Mark 2:23-28 (NIV)

²³One Sabbath Jesus was going through the grain-fields, and as his disciples walked along, they began to pick some heads of grain. ²⁴The Pharisees said to him, "Look, why are they doing what is unlawful on the Sabbath?"

²⁵He answered, "*Have you never read what David did when he and his companions were hungry and in need?*" ²⁶In the days of Abiathar the high priest, he entered the house of God and ate the consecrated bread, which is lawful only for priests to eat. *And he also gave some to his companions.*"

²⁷Then he said to them, "The Sabbath was made for man, not man for the Sabbath. ²⁸So the Son of Man is Lord even of the Sabbath."

Luke 6:1-5 (NIV)

¹One Sabbath Jesus was going through the grainfields, and his disciples began to pick some heads of grain, rub them in their hands and eat the kernels. ²Some of the Pharisees asked, "Why are you doing what is unlawful on the Sabbath?"

³Jesus answered them, "*Have you never read what David did when he and his companions were hungry?*" ⁴He entered the house of God, and taking the consecrated bread, he ate what is lawful only for priests to eat. *And he also gave some to his companions.*" ⁵Then Jesus said to them, "**The Son of Man is Lord of the Sabbath.**"