

REPORT
OF THE
COMMITTEE OF VISITORS
OF THE
BEDFORD
LUNATIC ASYLUM,
FOR THE YEAR ENDING
THE 31ST OF DECEMBER, 1854.
WITH APPENDIX.

BEDFORD:
PRINTED BY W. C. GRÉY.
1855.

37 477 936

THE COMMITTEE OF VISITORS,

FOR THE YEAR, 1855.

FOR THE COUNTY OF BEDFORD.

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FOR THE BOROUGH OF BEDFORD.

THOMAS BARNARD, Esq., *Mayor.*



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*To HER MAJESTY'S Justices
of the Peace, for the Counties of Bedford,
Hertford, and Huntingdon, in Quarter Ses-
sions assembled, and to the Council of the
Borough of Bedford.*

The Committee of Visitors, in pursuance of the Sixty-second section of the Statute, 16 and 17 Vict., cap. 97, present their Annual Report of the state and condition of the Asylum during the year 1854.

The number of admissions, discharges, and deaths, have been as follows :—

ADMISSIONS.	M.	F.	Total
Patients in the Asylum and absent upon trial, December 31, 1853.....	132	142	274
„ Received during the year.....	31	58	89
Total.....	163	200	363
DISCHARGES AND DEATHS.	M.	F.	Total.
Patients Discharged—Recovered	13	19	32
„ „ Relieved.....	1	5	6
„ Removed to other Asylums	1	1	2
„ Died during the year	10	16	26
„ Absent upon Trial	—	—	—
Total.....	25	41	66
Remaining the 31st December, 1854.	138	159	297
Total.....	163	200	363

Of the Patients remaining in the Asylum on the 31st of December, 1854, the number from each County, &c., are as follows:—

NAME OF COUNTY, ETC.	M.	F.	Total.
Bedfordshire	53	60	113
Borough of Bedford	2	2	4
Hertfordshire	61	68	129
Huntingdonshire	22	29	51
Total.....	138	159	297

The Daily average number of Patients during the year has been 284.

The average number of Patients attending Chapel has been 100.

The average number of Patients employed in household work, cultivation of garden and farm, and handicrafts, has been 147.

The number of Deaths during the year (26) gives a mortality of 7.2 per cent. on the total number of Patients in the Asylum.

The Committee report, that the buildings generally are in a good state of repair; but that the accommodation for the reception of all the lunatics of the united Counties and Borough, is still inadequate. The Committee, however, have diminished the evil which existed when their last Annual Report was presented, to some extent, by the

construction of two new large and commodious day rooms, whereby two other day rooms have been appropriated as dormitories, capable of containing twenty-four additional beds. This alteration was effected at a cost of £97 only, and has been defrayed by the united Counties and Borough, in the proportions fixed by the agreements for union. By this arrangement Herts. is entitled to send 11, and Hunts. 4 additional patients, making the maximum number for Herts. 131, and for Hunts. 52.

The Committee report, that they have agreed with the Rector of St. Mary's, to rent by the year, about 11 acres of arable land, immediately contiguous to the Asylum property, at the yearly rent of £36.17s., inclusive of rates and taxes. The Committee need hardly add, that they have found this arrangement highly advantageous, in affording additional occupation for the use of the Patients, fitted for such employment.

The Committee report, that a great change has taken place in the management of the Asylum, since their last Annual Report. Mr. Matthews, resident Medical Officer, having tendered his resignation of that office, at the May quarterly meeting, the Committee considered that the opportunity should not be lost of taking measures for placing the government and management of this Asylum, upon a more satisfactory basis. Accordingly, a special meeting was called on the 23rd June, ult., when it was unanimously resolved,—

“1. That it is expedient to remodel the system
“ of management on which this Asylum is carried
“ on.”

“2. That a Resident Medical Superintendent
“ be appointed.

“3. That the General Rules be altered so as to
“ adapt them to the foregoing resolutions.”

On the 11th of July ultimo, a sub-committee was appointed, consisting of the Chairman and two Visitors from each county, “to consider the proper steps to be taken in the present emergency,” having in view, the remodelling of the system of management of the Asylum, so as to carry out the resolutions of the 23rd June above mentioned, with power to recommend such alterations in the General Rules, as they might consider necessary. At the August quarterly meeting, the sub-committee presented a report, unanimously recommending the following propositions:—

“1. That a Resident Medical Superintendent
“ be appointed, as soon as existing circumstances
“ will permit.”

“2. That Mr. Harris, be appointed Visiting
“ Surgeon only, at a salary of £85, in consequence
“ of his office of Superintendent having ceased, it
“ being understood that the County of Bedford,
“ gives him a pension of £50, as retiring Superin-
“ tendent.”

“3. That Mr. William Denne be appointed Resident Medical Superintendent, at a salary of £200 per annum, and that Mrs. Denne be appointed Matron, at a salary of £100 per annum, with board and lodging for themselves and family, it being understood, that no additional Building, or material alteration of the present one, be required.”

“4. That a Medical Officer be appointed as dispenser, who will take upon himself the management and superintendence of the farm, garden, and establishment generally, under the direction of the Superintendent, at a salary of not exceeding £80 per annum.

“5. That the present General Rules be cancelled, and that the accompanying General Rules, as revised by the Committee, be adopted.”

And the report having been taken into consideration, by the Committee, at that meeting, the General Rules then submitted were adopted by the Committee, subject to the approval of one of Her Majesty's principal Secretaries of State (16 and 17 Vict., c. 97, s. 53), and the then existing General Rules were directed to be cancelled, from and after such approval, had been certified according to law.

The Committee then communicated to Mr. Harris, how he would be affected by the new

General Rules, in his office of Superintendent, and that it was the desire of the Committee, to make him an allowance, proportioned to his long and faithful services as Superintendent during a period of twenty-six years, upon his consenting to relinquish that office; but inasmuch as it appeared doubtful, whether the Committee could grant him an annuity, by way of superannuation, under the provisions of 16 and 17 Vict., c. 97, s. 16, in consequence of the greater portion of the said period, having been spent in the service of the county of Bedford exclusively, the Committee therefore proposed to continue him in the honorary office of Visiting Surgeon, only, at an annual salary of £85, and that the county of Bedford should grant him a pension of £50 per annum in addition thereto. Mr. Harris at once assented to the terms proposed, it being distinctly understood, that his position and emoluments as Visiting Surgeon, should not be affected hereafter, by the erection of a new Asylum elsewhere.

The Committee, report that Lord Viscount Palmerston, Secretary of State for the Home Department, has duly approved the General Rules submitted to him, and the Committee have accordingly appointed Mr. Harris Visiting Surgeon only, at the salary of £85 per annum. It will therefore be necessary, that the County of Bedford should make provision for payment of the proposed annual pension of £50.

The Committee thereupon appointed Mr. William Denne, late Superintendent of the female department in Hanwell Asylum, as the Resident Medical Superintendent of this Asylum, and Mrs. Lucy Denne, his wife, as Matron, upon the terms recommended by the sub-committee. And the Committee report that Mr. and Mrs. Denne commenced their duties on the 8th of November ultimo, and they anticipate the best results from their appointment. The Committee have appointed Mr. William Edward Musson, Assistant Medical Officer of the Asylum, as recommended by the sub-committee, at a salary of £100 per annum with board, &c.

The Committee further report, that they have made Regulations and Orders, (not inconsistent with the General Rules) setting forth the number, and description of Officers and Servants to be kept, the duties to be required of them, and the Salaries to be paid to them respectively. The General Rules, and the Regulations and Orders, have been printed as directed by the Statute.

The Resident Medical Superintendent is now engaged in carrying out his arrangements, for the improved management of the Asylum; the Committee will therefore refrain, from making any observations in this report, upon that subject. The Committee in offering their remarks and observations, in relation to any other matters connected with the Asylum, desire to point out, the great

inconvenience in many cases occasioned by the Orders, Certificates, and Statements, upon the admission of Patients, being incorrectly filled up, which might be easily avoided, by following the directions in the annotations, which are framed to meet every possible case.

The Committee would also urge upon the Officers of Unions, the importance of strictly adhering to the resolution of the Visitors (August 8, 1854,) requesting, that in all cases previously to the conveyance of a patient to the Asylum, they will cause inquiry to be made by letter, whether there is room for the reception of such patient, at the same time mentioning his or her name and surname.

The important question of building a new Asylum, on a new site, has remained in abeyance during the year. The Committee of Visitors have received the following communications upon the subject:—

Minute of Quarter Sessions for Beds., Epiphany, 1854.

The Clerk of the Peace presented to the Court copies of the proceedings of the United Counties and Borough, received by him since the last Quarter Sessions, as to the extension of the Union, the erection of a new Asylum, the purchase of Land, and the compensation to this County, which proceedings are also set forth in the Annual Report of the Committee of Visitors laid before the Court.

On the motion of Mr. Harvey, seconded by Mr. Lindsell,—

“Resolved,—That all questions in relation to the removal or re-building of the Lunatic Asylum, be postponed to the next Michaelmas Quarter Sessions.”

Minute of Quarter Sessions for Beds., Michaelmas, 1854.

Upon the motion of Mr. Harvey, duly seconded,—

“Resolved,—1st. That the further consideration of the plan proposed by the Committee appointed to confer with the Justices of Hertford and Huntingdon, and held at Hitchin on the 25th November, 1853, for the purpose of building a new Asylum, for the Counties and Boroughs already in union, be for the present postponed.”

“2nd. That the Committee of Visitors be appointed a Special Committee for the purpose of conferring with the Counties of Hertford and Huntingdon, on the best means of providing accommodation for the extra patients of those Counties, and also to consider the inconvenient nature of the present contract with the other Counties and Boroughs, for the reception of their pauper Lunatics, and to enter into such new arrangements as may seem desirable.”

The Commissioners in Lunacy made their Annual visitation of the Asylum on the 11th instant. The following is a copy of the entry of their remarks and observations made by them on their visit :—

“Bedford County Asylum, December 11th, 1854.

Since the Commissioner’s last visit in November, 1853, 98 Patients have been admitted, 33 have been discharged, and 28 have died. The causes of death do not call for any particular remark, except that in the summer diarrhoea and dysentery prevailed to some extent, and 10 deaths are attributed to these causes.

No patient was under restraint at the time of our visit, and we are glad to observe, that no instance of instrumental coercion has been recorded since the month of August.

Some of the females were excited and noisy, but the men were very tranquil and comfortable.

Several patients of each sex were in bed ; but they were not suffering from serious bodily illness, and only 11 Patients, are under medical treatment.

The Wards were clean and well ventilated, but some of them were cold in consequence of the hot water apparatus being under repair.

The Asylum is now quite full, and contains 294 patients. Two new day-rooms have been constructed, which afford good accommodation. In other respects, the building is in the same state as usual.

Dr. Denne who has been appointed Resident Medical Superintendent since the 8th of November last, proposes lowering or removing some of the high walls surrounding the airing courts, and making other improvements calculated to render the Asylum more cheerful. We however agree with the Commissioners who last visited, that it is not desirable to make expensive alterations in the present structure.

With regard to the recommendations of the Commissioners, we find that the number of tieken dresses has been diminished. Shawls have been supplied but the stock of bonnets, &c. is still insufficient.

It is hoped that the number of patients taking exercise beyond the bounds of the Asylum, will shortly be increased. There is still a want of thermometers.

The attendance at Chapel amounts to about 100 patients of both sexes, and, we are informed that about 100 men and 80 women are pretty regularly employed in various ways. A night watch has been established on the male side, but it is not yet fully organised in the female wards.

The patients appear to be well treated, and the Asylum is evidently in an improving condition.

W. G. CAMPBELL, } Commissioners
J. R. HUME, } in Lunacy

The Committee lastly report, that the average rate of payment for the maintenance of patients during the year has been 9s. 9d. The present rate of payment is 10s. per week, which is rendered necessary by high prices, and the extraordinary charges which are placed upon the maintenance account of this Asylum.

Signed on behalf of the Committee of Visitors,

“THO. CHA. HIGGINS, CHAIRMAN.”

Bedford, December 31st, 1854.

The following Documents are appended to this Report :—

Report of the Resident Medical Superintendent.....	A
Report of the Chaplain.....	B
Statistical Tables	C
Abstract Annual Returns, Schedule D.	D
Report of Visitors upon Audit of Accounts	E
Abstract of Receipts and Payments.....	F
Abstract of Garden and Farm Accounts.....	G
Abstract of Accounts with Counties and Unions	H
Comparative Table of Receipts and Expenditure	I

APPENDIX
[A]REPORT
OF THE
RESIDENT MEDICAL SUPERINTENDENT.

To the Committee of Visitors of the Bedford Lunatic Asylum.

GENTLEMEN.

I have the honor to submit to you this my first Annual Report since you conferred upon me the appointment of Resident Medical Superintendent, which I beg most gratefully to acknowledge, particularly, as it was with the view to remodel your Asylum, and I trust that neither in energy nor ability, shall I be found wanting, to carry out to the full your beneficent intentions. Yet it cannot be withheld, that in an Institution which has remained unaltered in system, through the various and great changes that have taken place in the treatment and management of the Insane, over a space of nearly half a century, almost insurmountable difficulties, must from time to time arise, to retard the progress of improvement, and none more so, than the malconstruction of the building. This subject has so lately engrossed your attention, that I am not without hope, ere long, the requisite accommodation for the insane of the Three Counties, will be provided on such a plan, as will place this Asylum, on a level with those of other Counties.

The numbers of Admissions and Discharges, are appended with the Statistical Tables, but from the imperfect information obtained of many cases, their value is much diminished.

Of the Admissions, it is to be deeply deplored, that a large majority of them, are either Idiotic, Paralytic, or Epileptic, in whom there is no chance of recovery.

It appears from the records, that Diarrhœa and Dysentery were prevalent, during the early months of the year—five cases of the former disease, and three of the latter, proved fatal: but during the remainder of the year, the patients have been remarkably healthy.

The alteration in the Dietary of one dinner in the week of 2 oz. of meat in a pie with vegetables, and a second, of the same quantity of meat with vegetables as a stew, in lieu of two soup dinners, has added greatly to the comfort and tranquility of the Patients.

The disuse of Mechanical Restraint, has been mentioned with expressions of gratitude, by several of the poor afflicted inmates; and since I have had the charge, there has not been one case, in which its use would have been justifiable. One prominent fact connected with this subject is, that the amount of clothing destroyed, has been immeasurably less than under the former system, and at present there is not one patient, in a ticking or other strong dress.

The removal of the out-door cells, appears to have had a moral effect upon the class of Refractory Patients, the calm demeanor of the present attendants, being in the greater number of instances, sufficient to allay sudden excitement, or violence of conduct, and in those cases where it has failed, seclusion in their bedrooms for a short period, has been adopted here as elsewhere with benefit.

The addition of 11 acres of arable land, will doubtless prove a great boon to those patients, who follow Agricultural pursuits, already a great part has been trenched by them.

Additional workshops are very much needed, as the one small room, appropriated to the use of the Tailors and Shoemakers, is insufficient; there being several patients, who would willingly apply themselves to these occupations, but for the annoyance of so close an apartment. Such a want, I trust, will not long pass unprovided, as for a trifling expence it might be remedied.

From the above remarks, it will not I hope be taken that I advocate the employment of the Insane, solely with a view to profit ; but as an auxilliary in the restoration of the patient, by diverting the morbid train of thought in a direction that may prove healthful, and induce habits of industry.

The Clothing for the Patients was found to be very deficient in quantity, which may be attributed to the small number of the Females employed in needle-work ; this did not amount at any time to 25 per cent, whereas at present about 70 per cent are so engaged. With a continuous increase, it is likely we may be enabled soon to have the stock complete.

The deficiency in Knives and Forks, having been partially supplied, the remainder are provided with Spoons, and it affords some pleasure to state, that there are few who do not now use them ; Table-cloths are also used throughout on the Female side, and will shortly be supplied on the Male.

Morning and Evening Prayers have been regularly read in the Chapel, and many have expressed their thanks at being allowed to attend this Holy Rite.

Our esteemed and worthy Chaplain, The Rev. Edward Swann has kindly added comfort, by an additional Service on the Wednesday.

I have the honor to remain,

Gentlemen,

Your obedient servant,

W. DENNE.

APPENDIX

[B]

REPORT OF THE CHAPLAIN.

To the Committee of Visitors of the Bedford Lunatic Asylum.

GENTLEMEN,

The past year has witnessed changes in the Asylum, which have affected advantageously the duties of the Chaplain, and his comfort in discharging them.

That I might not be wanting in my endeavours to second the Resident Medical Superintendent in his plans of improvement I have read Prayers in the Chapel for several months, on Wednesday afternoon, and shall continue to do so; trusting that the Visiting Committee will not think me negligent if in occasional short absences at Midsummer and Christmas I omit that additional service.

It has been a great advantage that we have had the use of an Organ in the Chapel, provided, I believe by, Mr. Musson, and played by himself, on Wednesdays as well as Sundays, and I think, every morning and evening, when the household are assembled for family prayers. The great improvement in the musical part of Divine Service, for which we are entirely indebted to him, has led me to hope that we shall not hereafter be without an instrument which contributes so much to the solemnity of public worship, and is attractive and interesting to the patients.

I cannot record any particulars of my intercourse with the patients which would in my opinion be desirable to present in a Report. There are always a few who are of a sober and moral tone of mind, and some to whom religious subjects are a welcome topic of conversation. They read the books which I lay periodically upon the tables of the work rooms, and always expect them, and complain if they are late in coming.

I am unwilling to close my Report without noticing the excellent moral effect produced by the employment of the patients in the Refractory Ward on the female side. The scolding, quarrelling, and foul language, which must otherwise be frequent amongst that class of patients, and which it is utterly impossible to cure, are thus in a great degree prevented, by their time and attention being occupied in such work as skilful observation points out as most interesting to them.

I have the honor to be,

Gentlemen,

Your obedient Servant,

EDWARD SWANN,

Chaplain.

APPENDIX

[c]

STATISTICAL TABLES.

TABLE I.

GENERAL RESULTS OF THE YEAR.

Patients in the Asylum, Dec., 31st 1853.				M.	F.	Total
Curable				2	5	7
Incurable				129	138	267
				131	143	274
Patients Admitted during the year				32	57	89
Total under treatment				163	200	363
Removed during the year.				M.	F.	Total.
Recovered	13	19	32			
Improved	1	5	6			
Not Improved	1	1	2			
	15	25	40			
Died	10	16	26			
				25	41	66
Remaining the 31st December, 1854.				138	159	297

TABLE II.

NUMBER OF ADMISSIONS, DISCHARGES, AND DEATHS, DURING EACH MONTH
IN THE YEAR.

Months	Admissions.			Discharges.			Deaths.		
	M.	F.	T.	M.	F.	T.	M.	F.	T.
January	1	4	5		2	2	3	3	6
February.....	1	2	3		1	1		3	3
March	2	5	7				2	1	3
April	2	3	5		1	1	2	1	3
May.....	6	5	11	2		2	1	1	2
June	4	12	16	1	1	2		2	2
July.....	4	5	9	2	1	3		1	1
August	3	4	7	3	1	4		1	1
September	0	5	5	2	6	8			
October	4	6	10	2	2	4		1	1
November	1	4	5		2	2	2	1	3
December	4	2	6	3	8	11		1	1
Total.....	32	57	89	15	25	40	10	16	26

* * * *The Three following Tables contain the particulars of 57 cases admitted during the year.*

TABLE III.

Age.	M.	F.	T.
Under 10 years.....		1	1
From 10 to 20 years	1	2	3
„ 20 to 30 years.....	7	13	20
„ 30 to 40 years.....	11	8	19
„ 40 to 50 years.....	7	14	21
„ 50 to 60 years.....	4	10	14
„ 60 to 90 years.....	1	9	10
Age not known.....	1		1
Totsl.....	32	57	89

TABLE IV.

Social Condition.	M.	F.	T.
Married	16	27	43
Widowed	1	6	7
Single	15	24	39
Total.....	32	57	89

TABLE V.

Form of Insanity.	M.	F.	T.
Mania	14	16	30
Suicidal	1	2	3
Epileptic	5	2	7
Hysterical		4	4
Puerperal		1	1
Melancholia	1	16	17
Suicidal.....	2	1	3
Imbecility	4	7	11
with Epilepsy	2	2	4
Dementia	1	4	5
with Epilepsy	1	2	3
Idiocy	1		1
with Epilepsy			
Total.....	32	57	89

TABLE VI.

Contains the particulars of 40 cases discharged during the year.

Residence in the Asylum.	M.	F.	T.
Not exceeding 2 months	6	2	8
" 6 months	4	10	14
" 1 year	1	3	4
" 1½ years		2	2
" 2 years		2	2
" 5 years	4	6	10
Total.....	15	25	40

TABLE VII.

TABLE OF THE YEARLY MORTALITY, FOR 1854.

No. in Register.	SEX.		Age.	Form of Insanity.	Duration of Disease.	Assigned Cause of Death.
	M.	F.				
766	1		15	Imbecility	2 years	Epilepsy
159	1		25	Dementia.....	9 years.....	Chronic Diarrhœa
746		1	23	Idiocy	2½ years ...	Dropsy of the heart
750	1		56	Dementia.....	2½ years ...	Dysentery
86		1	74	Melancholia.....	10½ years...	Dysentery
778		1	67	Mania	2 years.....	Diarrhœa
873		1	59	Melancholia.....	2 months...	Gradual exhaustion
884		1	29	Dementia.....	1 month ...	Diarrhœa
790		1	40	Dementia.....	21 months	Serous Apoplexy
368	1		46	Melancholia.....	6½ years ...	Chronic Gastritis
859	1		30	Imbecility	7 months...	General Paralysis
877		1	71	Dementia.....	3 months...	Dysentery
886		1	36	Melancholia.....	2 months...	Syncope
835	1		42	Mania	1¼ year ...	Abscess of Lungs
375	1		24	Melancholia.....	6 years.....	Epilepsy
893		1	23	Melancholia.....	2 months...	Exhaustion
842	1		50	Mania	1¼ year ...	Diarrhœa
904		1	65	Mania	2 weeks ...	Congestion, &c.
913		1	27	Dementia.....	7 days	Phthisis
830		1	61	Melancholia.....	1½ year ...	Diarrhœa
878		1	26	Mania	1½ year ...	Phthisis
654		1	35	Mania	4 years.....	Epilepsy
838		1	40	Mania	1½ year ...	Epilepsy
727		1	79	Dementia.....	3½ years ...	Natural Decay
906	1		50	Dementia.....	6 months...	Apoplexy
529	1		66	Dementia.....	5½ years ...	Destitution
	10	16	Total Number of Deaths during the Year.			

TABLE VIII.

*Contains the particulars of 297 Patients in the Asylum,
December 31st, 1853.*

Mental state of Patients.	M.	F.	T.
Curable.....	9	10	19
Incurable	129	149	278
Total	138	159	297

TABLE IX.

Age.	M.	F.	T.
Under 10 years.....	1	1	2
From 10 to 20 years	5	5	10
„ 20 to 30 years.....	26	27	53
„ 30 to 40 years.....	36	30	66
„ 40 to 50 years.....	25	29	54
„ 50 to 60 years.....	18	31	49
„ 60 to 90 years.....	20	28	48
Age not known.....	7	8	15
Totals.....	138	159	297

TABLE X.

Form of Insanity.	M.	F.	T.
Mania	28	44	72
Suicidal.....	1	1	2
Epileptic	9	6	15
Hysterical.....		8	8
Melancholia	10	16	26
Suicidal.....	3	2	5
Imbecility	41	33	74
with Epilepsy	9	9	18
Dementia	21	25	46
with Epilepsy	2	6	8
Idiocy	11	8	19
with Epilepsy	3	1	4
Total.....	138	159	297

TABLE XI.

Showing the times appointed for the Patient's Rising and Working, Intervals for Recreation, and for going to Bed.

	Time for Rising.	Interval for Breakfast & Chapel.	Time for Work.	Interval for Dinner.	Time for Work	Interval for recreation and chapel &c.	Time for going to bed.*
From 25 Mar. to 29 Sept.	6 o'clock.	halfpast 7 to 8	$\frac{1}{2}$ past 8 to $\frac{1}{2}$ pst 11	half-past 11 to 2	2 to 6	halfpast 6	9 o'clock.
From 29 Sept. to 25th March.	6 o'clock.	halfpast 7 to 8	$\frac{1}{2}$ past 8 to $\frac{1}{2}$ pst 11	half-past 11 to 2	2 to 4	halfpast 6	8 o'clock.

* Those who wish to go to bed earlier are to be allowed to do so.

DIETARY TABLE.

Days of the week.	Breakfast.		Dinner.		Supper.	
	Males.	Females.	Males.	Females,	Males.	Females.
Sunday, ..	8 oz. bread, 1½ pint porridge or 1 pt cocoa.	6 oz. bread, 1 pint porridge or 1 pt. cocoa	6 oz. meat with vegetables.	5 oz. meat with vegetables.	8 oz. bread, ½ oz. butter, 1 pt. tea.	½ lb. plum bread ¾ pint tea.
Monday ..	same	same	1 pint stew with 6 oz. bread.	1 pint stew with 4 oz. bread.	8 oz. bread 1½ oz. cheese ½ pint beer.	6 oz. bread ½ oz. butter ¾ pint tea.
Tuesday ..	same	same	6 oz. meat with vegetables	5 oz. meat with vegetables.	same	same
Wednesday	same	same	1½ pint soup with 8 oz. bread.	1 pint soup with 6 oz. bread.	same	same
Thursday..	same	same	1 lb. meat pie with vegetables.	1 lb. meat pie with vegetables.	same	same
Friday ...	same	same	6 oz. meat with vegetables.	5 oz. meat with vegetables.	same	same
Saturday ..	same	same	16 oz. suet pudding.	12 oz. suet pudding.	same	same

Sick Patients,	whatever is ordered by the Resident Medical Superintendent.
Patients employed in the Galleries or work-rooms	two ounces of bread, half an ounce of cheese, and half a pint of beer for luncheon.
Patients employed in the garden	two ounces of bread, half an ounce of cheese, and half a pint of beer for luncheon, and half a pint of beer in the afternoon.
Patients employed in the wash-house and Laundry	two ounces of bread, half an ounce of cheese, and half a pint of beer for luncheon—six ounces of meat and vegetables for dinner—and half a pint of beer in the afternoon.

APPENDIX

[D]

ABSTRACT OF ANNUAL RETURNS,

16 & 17 VICT-, CAP. 97. SCHEDULE D.

Name of Union.	In County Asylum.		In Licensed Houses or other Asylums		With Friends and in Workhouses.		Totals of both Sexes.	Persons not in confinement.			
	M.	F.	M.	F.	M.	F.		Dangerous to self or others.		Of Dirty Habits.	
								M.	F.	M.	F.
<i>Bedfordshire.</i>											
Ampthill	9	9	4	9	31	1	..
Bedford	15	22	6	9	52	1	1
Biggleswade	14	7	..	1	14	22	58	1	1
Hitchin, part of
Leighton Buz., pt. of	1	2	2	..	5	1	..
Luton, part of	7	10	6	6	29	1	2
Neots St., part of..	1	3	..	1	3	5	13
Wellingboro, part of	1	2	..	3
Woburn.....	6	9	3	5	23
Totals	53	62		3	40	56	214	1	1	4	3
<i>Hertfordshire.</i>											
Albans St.	5	5	..	1	12	23	46
Amersham, part of
Barnet, part of	3	..	2	..	2	7
Berkhampstead pt. of	3	..	1	..	5	11	20
Bishop Stortford pt. of	5	5	4	2	8	13	37
Buntingford	2	6	1	5	14	..	1
Edmonton, part of	1	2	..	1	2	3	9
Hatfield	5	9	3	4	21
Hemel Hempstead..	5	6	1	1	13
Hertford	8	6	1	..	5	4	24	1	..
Hitchin, part of ..	11	12	..	1	13	11	48
Luton, part of
Royston.	1	3	6	10	1
Ware	4	5	1	2	8	11	31
Watford	9	7	..	3	9	13	41	2	1
Welwyn.....	1	2	1	1	5
Totals	59	69	7	12	71	108	326		1	3	2
<i>Huntingdonshire.</i>											
Caxton, part of ...	1	1
Huntingdon	6	10	3	6	6	2	33
Ives, St., part of ..	10	9	1	2	2	..	24
Neots, St., part of..	6	3	3	1	4	6	23
Oundle, part of....	2	..	2
Peterboro, part of	1	3	2	1	1	2	10
Stamford, part of
Thrapston, part of..	3	3
Totals	24	25	9	10	15	13	96				
Grand Totals	136	156	16	25	126	177	636	1	2	7	5

APPENDIX

[E]

REPORT

OF THE

COMMITTEE OF VISITORS

UPON THE

AUDIT OF ACCOUNTS.

The Committee of Visitors in pursuance of Section 60, of the "Lunatic Asylums Act, 1853," report, that they have audited the Accounts of the Treasurer and Clerk of the Asylum, for the year 1854, an Abstract of which is hereunto annexed.

The Receipts have been as follows, viz.—

	£.	s.	d.
Sales—Produce of garden and farm.....	187	3	1
Miscellaneous	12	8	3
From Unions, in the United Counties and Borough.....	7146	6	9
County, Liberty, and Borough Treasurers, for Criminal and Vagrant Lunatics	288	12	10
From Counties of Bedford and Hertford, excess paid for Maintenance of Criminal Lunatics chargeable to Parishes	33	7	4
" County of Bedford, for Ordinary Repairs.....	168	15	7
" United Counties and Borough, expenses of Mr Hill's plans for enlargement of Asylum.....	200	0	0
" Also expenses of constructing new Day Rooms.....	97	0	0
" The County Fire Office, for Return of premium ...	24	3	1
Total Receipts.....	£8157	16	11

The Payments have been as follows, viz.—

By Maintenance account	7010	7	3½
" Funerals, Removals and other separate charges.....	21	6	3
" Building account—ordinary repairs	357	9	10½
" Maintenance of criminal Patients in Fisherton House Asylum	300	17	0
" Garden and Farm	223	18	2
" Mr. Hill's plans	200	0	0
Total Payments.....	£8113	18	7

The Balances due to the Asylum at the end of the year are

From Superintendent.....	50	0	0
„ Counties and Unions	146	13	5
„ County of Bedford, for Repairs	134	4	9½
Total.....	£330	18	2½

The Balances due from the Asylum at the same period are

To Treasurer.....	434	8	7
„ Counties and Unions	53	16	5¼
Total.....	£488	5	0¼

Leaving a net Balance due to the Maintenance Account of ...£157 6 9¾

The result shews a diminution in the Balance due to the Maintenance Account of £225. 10s. 2½d. compared with last year.

The Garden and Farm Account is as follows, viz.—

To Cash received for sales—produce	187	3	1
„ Value of Vegetables, &c. consumed in the House	112	17	6
			300 0 7
The Payments amount to.....	223	18	2
			76 2 5
To which should be added the extra value in the Live and Dead stock compared with last year	93	18	0
Net profit on the year	£170	0	5

This Statement does not show so favorable an account as last year—it may, in a great measure, be ascribed to the outlay consequent upon the occupation of additional Land, which as yet has not been so reproductive as may be anticipated another year.

(Signed,)

JOHN HARVEY, *Chairman.*
 THO. CHA. HIGGINS,
 MARLBOROUGH PRYOR,
 J. M. HEATHCOTE,
 THOS. TYLECOTE,
 CHARLES G. PAYNE,
 JAMES LINTON,
 CHAS. MOORE,
 WM. LYNN SMART,
 JAMES RUST,
 HENRY LITTLEDALE.

Bedford, February 13th, 1855.