

t-Testing (Single)

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- 1 Based on
- 2 t Testing

"Understanding Statistics in the Behavioral Sciences" R. R. Pagano

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Student t-Test (1)

- The t-test is any statistical hypothesis test in which the test statistic follows a Student's **t-distribution** under the **null hypothesis**.

Student t-Test (2)

- A **t-test** is most commonly applied when the test statistic would follow a normal distribution if the value of a **scaling term** in the test statistic were known.
- When the **scaling term** is unknown and is replaced by an estimate based on the data, the test statistics (under certain conditions) follow a Student's t distribution.

Student t-Test (2)

- The t-test can be used, for example, to determine if the **means** of two sets of data are significantly different from each other.

Assumptions (1)

- Most test statistics have the form $t = Z/s$, where Z and s are functions of the data.
- Z may be sensitive to the alternative hypothesis (i.e., its magnitude tends to be larger when the alternative hypothesis is true), whereas s is a scaling parameter that allows the distribution of t to be determined.

Assumptions (2)

- As an example, in the one-sample t-test

$$t = \frac{Z}{s} = \frac{\bar{X} - \mu}{\hat{\sigma}/\sqrt{n}}$$

- where \bar{X} is the sample mean from a sample X_1, X_2, \dots, X_n , of size n ,
 s is the standard error of the mean,
 $\hat{\sigma}$ is the estimate of the standard deviation of the population,
and μ is the population mean.

Assumptions (3)

The assumptions underlying a t-test in its simplest form are that

- 1 \bar{X} follows a normal distribution with mean μ and variance σ^2/n
- 2 s^2 follows a χ^2 distribution with $n - 1$ degrees of freedom
- 3 Z and s are independent.

Assumptions (4)

- **Mean** of the two populations being compared should follow a **normal** distribution.
- This can be tested using a **normality test** or it can be assessed graphically using a **normal quantile plot**.

Assumptions (5)

- If using Student's original definition of the t-test, the two populations being compared should have the same variance
- If the sample sizes in the two groups being compared are equal, Student's original t-test is highly **robust** to the presence of unequal variances.

Assumptions (6)

- The data used to carry out the test should be sampled independently from the two populations being compared.
- This is in general not testable from the data, but if the data are known to be dependently sampled (that is, if they were sampled in clusters), then the classical t-tests discussed here may give misleading results.

Unpaired and paired two-sample t-tests (1)

- Two-sample t-tests for a difference in mean involve
 - independent samples (unpaired samples) or
 - paired samples.

Unpaired and paired two-sample t-tests (2)

- **Paired** t-tests are a form of blocking and have greater power than **unpaired** tests when the **paired** units are similar with respect to "noise factors" that are independent of membership in the two groups being compared.

Unpaired and paired two-sample t-tests (3)

- In a different context, paired t-tests can be used to reduce the effects of confounding factors in an observational study.

Unpaired (independent) samples

- The **independent** samples t-test is used
- when two separate sets of independent and identically distributed samples are obtained, one from each of the two populations being compared.

Paired (dependent) samples

- **Paired** samples t-tests typically consist of a sample of matched pairs of similar units, or one group of units that has been tested twice (a **repeated measures** t-test).

One-sample t-test (1)

- In testing the null hypothesis that the population mean is equal to a specified value μ_0 one uses the statistic

$$t = \frac{\bar{x} - \mu_0}{s/\sqrt{n}}$$

- where \bar{x} is the sample mean, s is the sample standard deviation and n is the sample size.

One-sample t-test (2)

- The degrees of freedom used in this test are $n - 1$
Although the parent population does not need to be normally distributed, the distribution of the population of sample means \bar{x} is assumed to be normal.

One-sample t-test (3)

- By the central limit theorem, if the observations are independent and the second moment exists, then t will be approximately normal $N(0; 1)$.

Independent two-sample t-test

- Equal sample sizes, equal variance
- Equal or Unequal sample sizes, equal variance
- Equal or Unequal sample sizes, unequal variance

Equal sample sizes, equal variance (1)

- Given two groups (1, 2), this test is only applicable when:
 - the two **sample sizes** are equal
the number n of participants of each group are equal;
 - it can be assumed that
the two distributions have the same **variance**

Equal sample sizes, equal variance (2)

- The t statistic to test whether the means are different can be calculated as follows:

$$t = \frac{\bar{X}_1 - \bar{X}_2}{s_p \sqrt{\frac{2}{n}}}$$

$$s_p = \sqrt{\frac{s_{X_1}^2 + s_{X_2}^2}{2}}$$

Equal or unequal sample sizes, equal variance (1)

- This test is used only when it can be assumed that the two distributions have the same variance.
- Note that the previous formulae are a special case of the formulae below, one recovers them when both samples are equal in size:
 $n = n_1 = n_2$.

Equal or unequal sample sizes, equal variance (2)

- The t statistic to test whether the means are different can be calculated as follows:

$$t = \frac{\bar{X}_1 - \bar{X}_2}{s_p \cdot \sqrt{\frac{1}{n_1} + \frac{1}{n_2}}}$$

$$s_p = \sqrt{\frac{(n_1 - 1) s_{X_1}^2 + (n_2 - 1) s_{X_2}^2}{n_1 + n_2 - 2}}$$

Equal or unequal sample sizes, unequal variance (1)

- This test, also known as Welch's t-test, is used only when the two population **variances** are not assumed to be equal the two **sample sizes** may or may not be equal and hence must be estimated separately

Equal or unequal sample sizes, unequal variance (2)

- The t statistic to test whether the population means are different is calculated as:

$$t = \frac{\bar{X}_1 - \bar{X}_2}{s_{\bar{\Delta}}}$$

$$s_{\bar{\Delta}} = \sqrt{\frac{s_1^2}{n_1} + \frac{s_2^2}{n_2}}$$

Dependent t-test for paired samples

- This test is used when the samples are **dependent**;
 - when there is only one sample that has been tested twice (**repeated measures**) or
 - when there are two samples that have been **matched** or **paired**.
an example of a **paired difference test**.

$$t = \frac{\bar{X}_D - \mu_0}{\frac{s_D}{\sqrt{n}}}$$

Sampling distribution of t

- a probability distribution of the t values that would occur if all possible different samples of a **fixed size** N were drawn from the null-hypothesis population
- it gives
 - (1) all the possible different t values for samples of size N
 - (2) the probability of getting each value if sampling

estimated standard error the mean

$$s_{\bar{X}} = \frac{s}{\sqrt{N}}$$

z-test vs. t-test

z Test

t Test

$$z_{obt} = \frac{\bar{X}_{obt} - \mu}{\sigma / \sqrt{N}} \quad t_{obt} = \frac{\bar{X}_{obt} - \mu}{s / \sqrt{N}}$$

$$z_{obt} = \frac{\bar{X}_{obt} - \mu}{\sigma_{\bar{X}}} \quad t_{obt} = \frac{\bar{X}_{obt} - \mu}{s_{\bar{X}}}$$

s estimator of σ

$s_{\bar{X}}$ estimator of $\sigma_{\bar{X}}$

degree of freedom (df)

- the degree of freedom for any statistic is the number of scores that are free to vary in calculating static